



2016 MW Outdoor Track & Field Championships
UPDATED Schedule of Events
Veterans Memorial Stadium, Clovis, CA

Wednesday, May 11, 2016

4:00 p.m. Men's Decathlon (100 Meters, Long Jump, Shot Put, High Jump, 400 Meters)
 4:30 p.m. Women's Heptathlon (100 Hurdles, High Jump, Shot Put, 200 Meters)

Thursday, May 12, 2016

1:00 p.m. Pre-Championship Coaches Meeting

4:00 p.m. Men's Decathlon (110 Hurdles, Discus, Pole Vault, Javelin, 1500 Meters)
 4:30 p.m. Women's Heptathlon (Long Jump, Javelin, 800 Meters)
 8:15 p.m. Men's 10,000 Meters Finals
 9:00 p.m. Women's 10,000 Meters to follow Finals

Friday, May 13, 2016

Field Events

3:30 p.m.	Women's Hammer	Trials & Finals
4:00 p.m.	Men's Long Jump	Trials & Finals
4:00 p.m.	Women's Long Jump	Trials & Finals
4:00 p.m.	Men's Shot Put	Trials & Finals
5:00 p.m.	Women's Pole Vault	Finals
6:00 p.m.	Men's High Jump	Finals
6:00 p.m.	Men's Hammer	Trials & Finals
6:00 p.m.	Women's Shot Put	Trials & Finals

Track Events

4:30 p.m.	Men's 1500 Meters	Qualifying
4:45 p.m.	Women's 1500 Meters	Qualifying
5:00 p.m.	Men's 110 Hurdles	Qualifying
5:15 p.m.	Women's 100 Hurdles	Qualifying
5:30 p.m.	Men's 400 Meters	Qualifying
5:40 p.m.	Women's 400 Meters	Qualifying
5:50 p.m.	Men's 100 Meters	Qualifying
6:00 p.m.	Women's 100 Meters	Qualifying
6:10 p.m.	Men's 800 Meters	Qualifying
6:25 p.m.	Women's 800 Meters	Qualifying
6:40 p.m.	Men's 400 Hurdles	Qualifying
6:55 p.m.	Women's 400 Hurdles	Qualifying
7:10 p.m.	Men's 200 Meters	Qualifying
7:25 p.m.	Women's 200 Meters	Qualifying
7:40 p.m.	Men's Steeplechase	Finals
8:00 p.m.	Women's Steeplechase	Finals

Saturday, May 14, 2016

Field Events

3:30 p.m.	Women's Discus	Trials & Finals
4:00 p.m.	Men's Triple Jump	Trials & Finals
4:00 p.m.	Women's Triple Jump	Trials & Finals
4:00 p.m.	Men's Javelin	Trials & Finals
5:00 p.m.	Men's Pole Vault	Finals
6:00 p.m.	Women's High Jump	Finals
6:00 p.m.	Women's Javelin	Trials & Finals
6:00 p.m.	Men's Discus	Trials & Finals

Track Events

5:00 p.m.	Men's 4x100 Relay	Finals
5:10 p.m.	Women's 4x100 Relay	Finals
5:20 p.m.	Men's 1500 Meters	Finals
5:30 p.m.	Women's 1500 Meters	Finals
5:40 p.m.	Men's 110 Hurdles	Finals
5:50 p.m.	Women's 100 Hurdles	Finals
6:00 p.m.	Men's 400 Meters	Finals
6:10 p.m.	Women's 400 Meters	Finals
6:20 p.m.	Awards Ceremony	
6:35 p.m.	Men's 100 Meters	Finals
6:45 p.m.	Women's 100 Meters	Finals
6:55 p.m.	Men's 800 Meters	Finals
7:05 p.m.	Women's 800 Meters	Finals
7:15 p.m.	Men's 400 Hurdles	Finals
7:25 p.m.	Women's 400 Hurdles	Finals
7:35 p.m.	Men's 200 Meters	Finals
7:45 p.m.	Women's 200 Meters	Finals
7:55 p.m.	Men's 5000 Meters	Finals
8:20 p.m.	Women's 5000 Meters	Finals
8:45 p.m.	Men's 4x400 Relay	Finals
8:55 p.m.	Women's 4x400 Relay	Finals

Awards Ceremony to immediately follow completion of events.