

Lobo Track & Field

- New Mexico Cherry & Silver Invitational Saturday, January 18-19, 2013

COACHES CORNER

Its always nice to be home and the Lobos began a series of four straight weekends where they can compete in front of family and friends. Quite a few of the Lobo team got a chance to compete for the first time undercover as there was a limited squad that traveled to Northern Arizona last week. There were 54 members of the Cherry & Silver that were representing their school. This year 15 women on the team competed in the exact same events as they did in last year's Cherry & Silver. Of those 15 ten improved from last year and one equalled what they did last year. So that was a nice progression. On the men's side 13 athletes did the same exact event last year and this year. Of those 13 seven improved in the last year. The vast majority of the powerful distance squad did not compete, but are prepping for entering the competitive wars next week at the New Mexico Collegiate Invitational. It will there that the coaching staff can finally get a good evaluation on how the team will fare this indoor season. From the current Mountain West Conference rankings it appears that the men are primed for competing for the championship title, while the women are near the top. This is exciting stuff. Stay tuned.



Gabe fending off JP's surge

Albuquerquean Milers Take Over Spots 1-3-5 in Mountain West

Local products Jr. Gabe Aragon (Valley, ABQ, NM), JP Cordova (Hope Christian, ABQ, NM) and Alex Herring (Academy, ABQ, NM) ran very well for early season. The three took control of the 1 Mile just after the start and it stayed that way for 1400 meters. At that point they all went for it with Alex losing contact with 100 meters to go but still looking good. With about 70 meters to go JP came up on Gabes shoulder and they sprinted like crazy down the homestretch. Gabe got the nod, crossing in a six second PR of 4:09.16. JP finished second also noticing a HUGE PR of 4:09.57, cutting eleven seconds off his previous best. Alex crossed in 4:13.08 his best mile run since high school. Watch out for them!!!



Menke Takes Second in Pole Vault in 7th Highest Height All Time

School record holder sr. Amber Menke (Cibola, ABQ, NM) set the indoor standard last year when she cleared 13' 5 3/4" at the conference championship. Of the highest ten jumps in Lobo indoor history AM currently owns four of them but will certainly add to that resume this indoor season. She opened up at 11' 11 3/4" easily clearing on her first attempt. She duplicated that at 12' 5 1/2" before needing three attempts at 12' 11 1/2". She could not scale the next bar which was at 13' 5 1/4". Notching PR's in the competition were jr. Nathalie Busk (Procivitas, Malmo, Sweden) and soph. Emily Heisler (Desert Vista, Phoenix, AZ) who both cleared 11' 11 3/4" which moves them to #8 all-time indoors in Loboland.



Caught in the Act

Coach Franklin - we are sorry but you have to raise that hurdle as high as the other ones for De'Vron. The NCAA rules say that you can't lower it down so he can run faster. So yes, you do have to raise it up or you can't have any doughnuts today.



Van Grinsven Goes Triple PR

Freshman Pentathlete/Heptathlete Holly Van Grinsven (Brentwood, TN) got in some valuable technical work as she readies for her first collegiate pentathlon. In the 60 meter Hurdles HVG is shown lowering her best from 8.97 to 8.78. That time moves her to #4 all-time at UNM. In the Long Jump Holly extended her all-time best as she cracked the 18' barrier with her final leap of 18' 1/4". To end her day she toured two laps of the Convention Center track with the 4x400 Relay and a 57.7 PR.



Turner Scores PR in Long Jump: Soph. Yeshemabet Turner (Pecos, NM) ranks seventh all-time indoors with her PR of 18' 11 3/4" set last year. On her very first attempt of the 2013 season she spanned 18' 10 3/4" which is currently the fourth best distance in the Mountain West Conference. YT also clocked a nice PR in the 60 meter sprint lowering her best from 8.11 to 7.91.



Lobo Athletes get Opportunity to compete against World-Class Competition

The Lobo coaching staff is always telling high school recruits that since UNM has a world-class indoor track facility, and host the USA Indoor Championships, and next year the NCAA Indoor Championships world-class athletes always want to compete in Albuquerque. This picture shows multiple NCAA, U.S Olympic Trials, and Olympic 400 meter gold medalist Jeremy Warner racing over the 200 meter distance as he begins his indoor season. Pictured behind JW is froshie Carlos Wiggins who is getting valuable experience racing against world-class athletes. What most people didn't notice is that at 120 meters into the 200 meter race CW is running real tight to JW and as he matures and gets stronger hopefully some day he can run head to head with the best.



Freshman Yannick Roggatz (MLK, Birkenau, Germany) got his Lobo LJ career off to a good start as he sailed out over 7.00 meters (23') fourth best in the MWC.



Lewis Breaks New School Record

The indoor 400 Hurdles started in France in 2002 and then became part of their university competition in 2006. Last year for the very first time on American soil UNM hosted the 400 Hurdle race. Unlike outdoors where there are ten hurdles and they are spaced 35 meters apart, indoors they are 30 meters apart and there are only eight hurdles, two on each side of the straight. Given the distance is different than what the normal stride pattern is, it gives great advantage to hurdlers who can hurdle with either leg. Jr. Chaz Lewis (Highland, ABQ, NM) ran the event for the first time clocking 54.48 to erase the 55.92 that Chad Clark set last year as the first Lobo 400 Hurdler. For good measure CL came back the next day to record a PR in the flat 400 as he sped to a 49.14 clocking, fourth best in the MWC.



Bowe Improves in Two Events

Soph. Samantha Bowe (La Cueva, ABQ, NM) does the Pentathlon indoors and the Heptathlon outdoors. Two of the events on the docket for her to do are the High Jump and Shot Put. SB came into the meet with a collegiate best of 5' 2 1/2". To score really solid points in a combined event an athlete has to get at least 5' 4". So what does Sam do? Go out and nail a 5' 6" clearance and move to tied for 10th best all-time indoors in Lobo history. Plus it is worth 830 points in the combined events scoring tables where 5' 2 1/4 was worth 712 points.! She then took a turn tossing the spherical ball (shot put) around and launched a BIG PR taking her previous best from 34' 3" all the way to 39' 9 3/4". That is worth 670 points where the 34' 3" is only worth 559. So in one day Samantha improved her potential scoring by 229 points which may be worth one or two places in the MWC Pentathlon Championship.



Pitts Begins 2013 Season in 600 Meters

Sr. Shirley Pitts the defending MWC indoor 400 meter champion began her racing calendar over the three lap race. SP's finishing time of 1:35.32 was her second fastest performance ever. Of the top five times ever run at UNM Shirley has #s 2-4-5 while teammate Josephine Moultrie holds down #s 1 & 3. Shirley went out conservatively hitting a comfortable 29 for the first 200 and then 31 for the second lap. She finished off her three lap escapade with a 35 second closer.



At Northern Arizona the week before sr. Derek Montoya (Highland, ABQ, NM) tweaked his hamstring in the 60 meter sprint race. During the lead up to the Cherry & Silver he wasn't even sure if he would be ready to race. So the simple plan was to go out conservatively to see how it felt, and then build throughout the race. So what does he do???? Go out looking fluid and strong racing to an easy victory in his section of the race as the picture shows. DM's final time of 50.03 is seventh best in the MWC. Hmmm, I guess he is ready to be a finalist again in the 400.



Freshmen sprinters Ridge Jones (Desoto, TX) on the left and Carlos Wiggins (West, Plano, TX) on the right are shown during the prelims of the 60 meter sprint. Currently they rank #1 (Ridge) and #4 (Carlos) in the Mountain West Conference.



Early in the women's 1 Mile Samantha Sheppard (Bosque, ABQ, NM) led teammate Julie Brasher (Eldorado, ABQ, NM). At the finish Julie sped to a 5:09.96 clocking which places her fifth in the Mountain West Conference rankings. SS finished in 5:20.46 a nice five second PR.



Froshie 400 Runners Turn Up the Intensity

In the seeded 400 sections Zoe Howell (Socorro, NM) pictured on the left who last week clocked 57.86 in her first collegiate race lowered that to a fine 57.49 which moves her into 9th best position ever on the all-time indoor ranking sheet. It also ranks her fourth in the Mountain West Conference. Classmate Jasmin McCray ran in the unseeded 400 sections on Friday evening. Not pleased with her 59.74 time she waited one day before unleashing the fastest 400 relay split of the year. The 4x400 clocked a nice 3:53.95 and that was done without the services of Shirley Pitts the fastest 400 runner in the conference. Zoe led off the 4x400 with a solid 58.2 and handed to Holly Van Grinsven who clocked 57.7. Taking the baton from Holly was Jasmin and she flew around the turn and looked powerful and strong the entire way handing off to classmate Haley Sanner (Cajon, San Bernadino, CA). JM's split was 57.3.



The highly successful Lobo women's distance crew came to watch and pound on the track for their teammates and bide their time until they get out on the Mondo for some touring of the Convention Center track. L-R: Kendra Schaff, Nicola Hood, Lacey Oeding, Joanne Harvey, Charlotte Arter, Chloe Anderson, Imogen Ainsworth, Shawna Winnegar, Josephine Moultrie.....everyone IS a Lobo.....woof, woof, woof.



Mia Weaver (Los Alamos, NM) took on the demanding 600 meters for the first time and moved to #6 all-time at UNM with her 1:41.18 clocking.



Tyler Jackson (Harlingen, NM) enjoys the rise down after clearing a height in the Pole Vault



Alex Herring hanging out in the stands with the Lobo faithful that support the men's and women's track & field program. Thank you for your support.

Lack of Third Clock Robs Lobo Sprinter Of Possible 9.1 Mark

By LeROY BEARMAN Journal Sports Editor

For the want of a watch New Mexico's Rene Matison might have dethroned Bob Hayes as the world's fastest human Saturday.

As things stand, Rene now unofficially shares that title with the former Florida A&M sprinter who is currently a flanker back with the Dallas Cowboys.

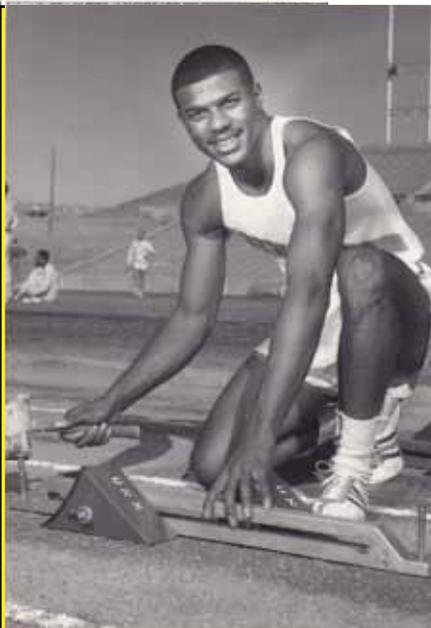
Matison, unofficially, tied Hayes' world record in the 100-yard dash with a time of 9.1 seconds. Unofficially because there were only two watches clocking his sensational sprint.

But None Around

The second watch caught Rene in :09.0, and if there had been a third watch to confirm that time, Matison could claim the title of world's fastest human as his alone.

Matison's tremendous performance came in the first state Amateur Athletic Union championships in four years. A slim crowd of about 250 was on hand to view this and other excellent performances at University Stadium on a sun-warmed day which was battered by wind gusts up to 25 miles per hour.

When Matison thundered down the straightaway, the wind reading was 1.3 meters per second, well under the 2 meters allowed.



Rene Matison
back in the day

Some Lobo History

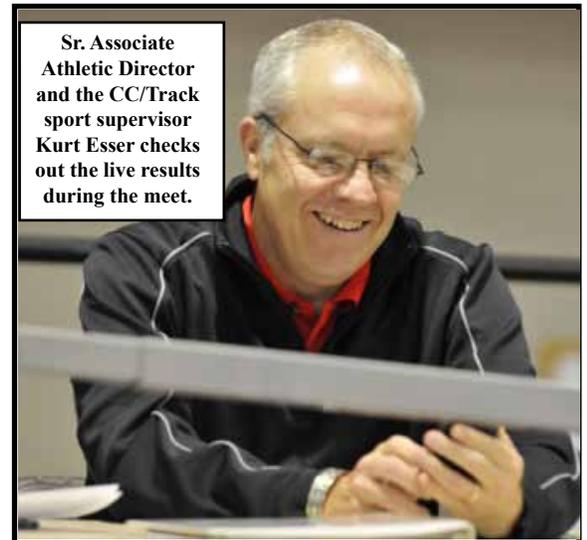
Often present day athletes do not know their sport history. So here is some assistance. Pictured below is Rene Matison speaking with Carlos Wiggins and Coach Joe Franklin after CW ran at the Cherry & Silver. But I bet Carlos doesn't know of Rene's history. Since his graduation from UNM Rene has gone on to be a successful businessman and a passionate and tireless supporter of the Lobo track & field program. He has raised funds for improvements in the program and now he assists with officiating and mentoring young students at UNM. In the 1960's when Rene was a football/track athlete he was one of the top sprinters in the NCAA. Prior to the 1970's the standard outdoor track distance for sprinters was the "100 yard" dash. After that time period the standard became the 100 meter sprint. Of the top 20 fastest 100 yard dash times in all of Lobo history Rene has 10 of them. He holds the official Lobo record of 9.4 seconds. And during the 1960's New Mexico was a sprint power dominating across the land. The article to the left speaks about Rene, and how he might have "lost" the World Record due to there not being a third stopwatch at the finish line. During those years before computer based electronic timing there needed to be three watches on each place for record consideration. Unfortunately on that day there were only two.

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First year athletes Christina Clark on the left and Mackenzie Kerr on the right are playing a game during warm-up on who can get their foot up the highest. Mackenzie was saying to Christina - go ahead and try to get higher than this.



Sr. Associate Athletic Director and the CC/Track sport supervisor Kurt Esser checks out the live results during the meet.

WHAT DO ALL THE SYMBOLS MEAN????? In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tell us that they have achieved a better performance before, while an x on the RIGHT (8,x) tell us it doesn't make the performance list. PR indicates a PERSONAL RECORD (their best ever in that event). An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

UNIVERSITY OF NEW MEXICO CHERRY & SILVER - JANUARY 18/19, 2013

WOMEN

60	Kayla Fisher-Taylor 7.84@ Brianna Chirpas 8.42@ (unattached)	Aasha Marler 7.91@ Gabby Rivera 9.18@ (unattached)	Casey Dowling 7.96@	Tawsha Brazley 8.02@
60H	Holly Van Grinsven 8.82@ 8.78@ PR (4,x)	Precious Selmon 9.27@		
200	Kayla Fisher-Taylor 25.27@ Christina Clark 28.03@	Tawsha Brazley 25.95@ Neigelle Francisco 28.41@ (unattached)	Mackenzie Kerr 27.54@ Gabby Rivera 30.43@ (unattached)	
400	Zoe Howell 57.49@ PR (9,x) Christina Clark 62.76@	Jasmin McCray 59.74@ Mackenzie Kerr 63.48@	Haley Sanner 62.12@	
600	Shirley Pitts (29-60) 1: 35.32 (2nd) (x,4)	Mia Weaver 1:41.19 (6,x)		
1 Mile	Janna Mitsos 5:07.12@ (unattached) Sophia Torres 5:28.45@	Julie Brasher 5:09.96@ Nancy Holguin 5:28.47@ PR	Samantha Sheppard 5:20.46@ PR Rebecca Chow 5:54.16@ PR (unattached)	
4x400	Zoe Howell (58.2)PR, Holly VanGrinsven (57.7)PR, Jasmin McCray (57.3)PR	Haley Sanner (60.2)PR	3:53.95@	
LongJ	Yeshemabet Turner 18' 10 3/4" (6th) Aasha Marler 17' 2 1/4"	Holly VanGrinsven 18' 1/4" Samantha Bowe 16' 8"	Casey Dowling 17' 3 1/4"	
HighJ	Samantha Bowe 5' 6" (8th) (10,x) PR	Marin Schweigert 5' 4 1/2"		
PoleV	Amber Menke 12' 11 1/2" (2nd) (x,7) Annie Stirling 11' 5 3/4" PR	Nathalie Busk 11' 11 3/4" PR (8,x) Julia Cook 10' 11 3/4"	Emily Heisler 11 11 3/4" PR (8,x)	
ShotP	Samantha Bowe 39' 9 3/4" PR	Holly Van Grinsven 27' 1 1/4"		

MEN

60	Ridge Jones 6.91@ Thomas Trujillo 7.18@ (unattached) Ty Kirk 7.36@	Kendall Spencer 6.95@ Zach Smith 7.37@	Carlos Wiggins 7.10@ Richard York 7.26@ (unattached) Nolan Paranto 7.68@ (unattached)	Will Carter 7.13@ PR Floyd Ross 7.29@ PR Richard York 9.01@ 8.72@ (unattached)
60H	De'Vron Walker 8.30@ 8.29@ (3rd)	Yannick Roggatz 8.61@ 8.74@	Richard York 9.01@ 8.72@ (unattached)	
200	Carlos Wiggins 22.07@ (5th)	Ridge Jones 22.19@ PR	Nolan Paranto 23.93@ (unattached)	
400	Chaz Lewis 49.14@ (6th) PR	Derek Montoya 50.03@		
400H	Chaz Lewis 54.48@ New Indoor Standard			
800	Sam Evans 1:52.07@ (2nd)	Logan Rosenberg 1:57.63@		
1Mile	Gabe Aragon 4:09.16@ (3rd) PR	JP Cordova 4:09.57@ (4th) PR	Alex Herring 4:13.08@	
LongJ	Kendall Spencer 23' 10" (3rd) Will Carter 20' 10"	Floyd Ross 23' 1/2" (8th) PR Zach Smith 20' 9 1/4"	Yannick Roggatz 23' 0" Ty Kirk 20' 7 3/4"	
HighJ	Markus Miller 6' 4 1/4"			
PoleV	Rob Warensjo 16' 2 3/4" (3rd)	Logan Pflibsen 16' 2 3/4" (4th)	Tyler Jackson 14' 9"	Richard York 13' 9 1/4" (un)