

**2016
Indoor
Track & Field**

University of
New Mexico

Wolftracks
Newsletter



News, Views,
Previews, Reviews



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**MOUNTAIN WEST CONFERENCE
INDOOR CHAMPIONSHIP**

MEN FINAL SCORE

1. Air Force 142
2. Utah State 141
3. Colorado St. 138
4. New Mexico 101
5. Wyoming 70
6. Boise State 64

WOMEN FINAL SCORE

1. Colorado State 115
2. San Diego State 105
3. Boise State 71
4. New Mexico 65
5. Wyoming 59
6. UNLV 56
7. Nevada 52
8. Fresno State 49
9. Utah State 33
10. Air Force 30
11. San Jose State 27

**Hamilton
Repeats Long
Jump
Championship
& Earns 2016
MWC Men's
Outstanding
Performer
Award**

Senior sprinter/
jumper **Allan**



*Allan Hamilton
leaping to
victory in the
Long Jump*



Photo courtesy of Michael Mulcahy

Hamilton (Edinburgh, Scotland) the 2015 MWC Long Jump Champion had been struggling this indoor season, first with back spasms and then with a sore hamstring which came from the back issues. But leading up to the conference championship he had finally started to get healthier and looked forward to contributing as much as he could for the team. Scheduled to be the last jumper of the 12 men competing Allan waited for all the other men to take their first round attempt. Teammate **Yannick Roggatz (Birkenau, Germany)**, jumping sixth took the early lead when on his first attempt he went 24' 10 1/2". When it came time for Allan he flew down the runway,

COMMENTARY: After three straight men's MWC indoor track & field championships, and two straight on the women's side, the fourth place finishes seemed.....well strange. It certainly is a lot more fun taking team pictures at the end of the meet when there is a giant trophy being held! And the Lobo team has been fortunate to have had the opportunity to experience that in recent memory. From the outside the 2016 fourth place finishes might seem like a step backward, and maybe it could be construed that way, but a closer examination always tell a somewhat different story. Those five conference championships were fueled by well-rounded teams, that had both talent and production across a wide spectrum of events. In other words, to win team titles you need talent, plain and simple, but the second part of that equation is you have to have that talent at the meet competing. Colorado State women won

the team title this year and they scored in 16 of the 17 events contested indoors. That is balance and talent. This year as in all athletic team cycles there were lots of Lobo points not competing in the MWC Championship meet. The team has All Americans who didn't have any indoor eligibility remaining but will join the team outdoors, athletes with scheduled red-shirts, there were the dreaded injuries and the like that prevented scoring team members from competing, and there were athletes who honestly just didn't do all the things necessary to get ready for the season. Any one of those doesn't negatively affect the program a lot, but in concert they can significantly reduce point production. When looking at the athletes who actually did compete in the 2016 MWC Championship the Lobos had a pretty good meet. The men especially did a great job. In track & field its quite easy to see the pre-meet ranking in every event and add up the points and see where each team falls. When doing that the Lobo men were predicted to possibly finish dead last with maybe 55-60 points. Well, the men combined for 101 points, and looked powerful in spots. Last year the men scored a whopping 58 points in just the distance races alone, and if you added that to this year.....it indicates another team championship which tells how close it might have been. So all in all the men did a nice job and should hold their heads high for maximizing what they could do. The women's team didn't score quite that many points but did have a nice meet also. One factor that is very present as Coach Franklin spoke to in the post-meet team meeting is how strong the conference has become. Take several examples to illustrate that point. Last year Holly Van Grinsven won the 400 meters with a fine 54.80. This year she runs faster (54.53) and finishes 4th! Two years ago 48.36 won the men's 400.....this year Mark Haywood ran 48.11 for an all-time best.....and finished sixth!!! It went 46.26, 46.95, 47.14, 47.29.....yikes. There are five men who have run 4:00 for the mile or faster and it goes to so many other events as well. The message has been sent loud and clear.....the Mountain West Conference is improving by leaps and bounds every year, and it has gotten very difficult to score "cheap points" which means every member of the Lobo team needs to be on the starting line or in the field to maximize team points.



Photo courtesy of Michael Mulcahy

Yannick
Roggatz

hit the board perfectly and came down in the sand at 25' 1/2". Yannick came back in the third round to jump the exact same distance, which for him was a new all-time PR, so going into the final round of three jumps they were tied. Allan extended his best jump out to 25' 3 1/2" in the fifth round, and no one else in the field could match that distance, which took him to a top 20 NCAA ranking. The Lobos got a 1-2 finish from Allan and Yannick matching the result they produced in 2015.

CONNOR & THACKERY STAGE GREAT BATTLE IN 1 MILE

Seniors **Sophie Connor (Hertfordshire, England)** and **Calli Thackery (Yorkshire, England)** have been competing against each other for many, many years. This year they entered the MWC Championship ranked 1st and 2nd in the conference one mile distance, and then 9th (Sophie) and 30th (Calli) in the NCAA with Calli having a better ranking in the 3000 (5th). Both got through the preliminary round on Friday with ease, Sophie running a 4:49.03 and Calli a 4:51.78 in a different section. Also

squeezing into the final slot of the 10 woman final was froshie **Mackenzie Everett (La Cueva, ABQ, NM)** who clocked a PR of 4:57.50. In the final Sophie went out and pushed the pace with Calli content to stay in her slipstream as they toured the red Mondo track facility. Through 1200 meters of the 1609 meter race it stayed that way, then the competitor in both of them took over and Calli moved up to Sophie's right shoulder, and Sophie feeling that pressure increased the tempo. Hitting the bell lap they were in full flight and up the backstretch everyone could see Calli getting ready for her patented hard sprint to the finish. As they came around the final bank of

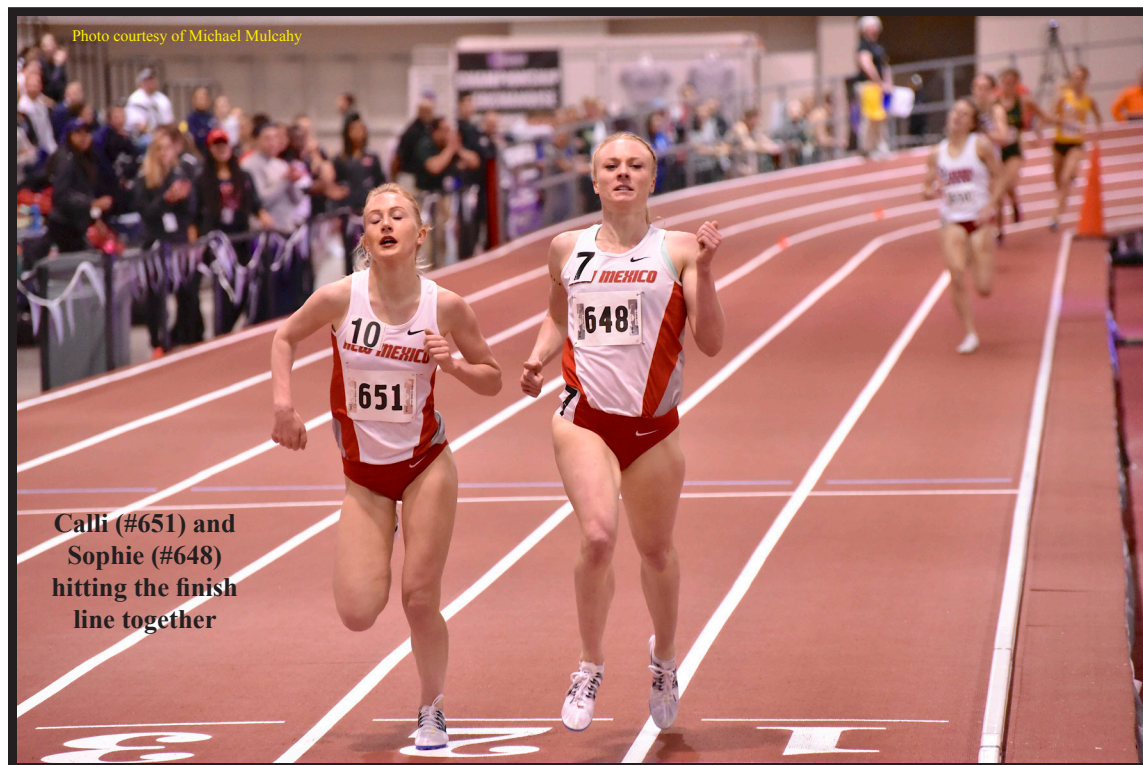


Photo courtesy of Michael Mulcahy

Calli (#651) and
Sophie (#648)
hitting the finish
line together

the track, Calli swung out wide and when they hit the final straight they were side by side. About 30 meters from the finish line it appeared that Calli took about a 6 inch lead and as they approached the white line they seemed to hit in unison. As the above picture shows it looks like they tied. When the finish clock showed the final results Sophie was credited with a 4:39.54, while Calli got a 4:39.56. They gave each other a big hug and smiled knowing the most important thing was the 18 team points they just got. Those two performances while not their best all-time indoor PR's still rank as the #9 and #10 fastest times ever run in Lobo history. Mackenzie who fell way behind early, running dead last, never gave up and kept pushing and pushing, and finally worked her way up to place 8th with another new PR of 4:55.10!

HADNOT TAKES THE TRIPLE JUMP WITH EASE

Junior **Jannell Hadnot (Tokay, Lodi, CA)** last year finished runner-up in the indoor conference meet to teammate Aasha Marler. This year Jannell has risen to national prominence in the Triple Jump, currently ranked #13 in all the land with her seasonal best of 43' 2 1/2". Leading the conference by feet, not inches, Jannell came down on her very first attempt and hit a conservative 41' 1 1/2 distance, which meant she could have stopped right there. But she kept going, working on technical parameters in preparation for the NCAA Championships. In the second round she extended her best to 41' 6", and then on her third she finished off

with a 42' 2" distance which ended up winning the competition by a foot and a half. That distance is the 10th longest jump (distance) in UNM Lobo history.



Jannell Hadnot

Colorado State, who had clocked 6.67. In the preliminary round of 13 men, with 8 advancing to the final Ridge finished second in his heat to the CSU sprinter, 6.66 to 6.77, which in the sprint world is huge. So Ridge would have to come up with a great technical plan for the final. In the final Ridge was scheduled to run out of lane three with the Ram in lane four. In the area of sprint starts milliseconds are critical to success. When up in the set position in the blocks the central nervous system is heightened and ready to explode upon command. Muscle fiber is tense and ready to fire when necessary, and it's a fine line between aggression and patience, waiting for the starting gun. To be a great starter in the sprint races an athlete must be confident, exhibit courage, and in some ways be a little crazy. If the sprinter flinches milliseconds before the gun, the athlete is disqualified for a false start. If the sprinter misses the start by even a couple of milliseconds they can never catch up in such a short distance. So all in all the sprinter must balance two different worlds. Ridge had decided to "push the envelope" given that was the only way to equal the playing field against the 41st ranked sprinter in the NCAA. In the set position Ridge was wired, and he timed the start as perfectly as a human being can. The IAAF world standard for a false start is when reaction time is less than 100/1000ths of second. With how perfectly Ridge's start was he had to be 101/1000ths!!! When Ridge got away it almost shocked the field, and it definitely affected the CSU athlete, and by 30 meters the race was over. Ridge flashed across the finish line in 6.71 with the second place Utah State Aggie at 6.73 and the CSU sprinter 3rd in 6.76. Backing up Ridge as the picture shows is Allan Hamilton who took fifth, and Carlos Wiggins (Plano, TX) in 6th.



Daniel Lam

Heptathlon
Sophomore Daniel Lam (Amsterdam, Netherlands) took fourth place in 2015 in the seven event Heptathlon. Daniel got right to work with PR's in the first two events (60, LJ) and finished off the first day (four events) in good shape. Hitting a new PR in the first event of the second day and then getting 834 points for his



Ridge, Allan, and Carlos

Jones Repeats in 60 meter Sprint

Senior Ridge Jones (DeSoto, TX) was the 2015 MWC Champion, and in the process ran fast enough to advance to the NCAA Championships. This year Ridge entered the championship in an unfamiliar position, ranked #4 in the MWC with his seasonal best of 6.81, way off the regular season leader from



Beau Clifton

15' 7" Pole Vault which was his biggest point earner of the competition left him with a new overall PR of 5241 points, which was good for second place overall. His total is the #3 all-time in Lobo history. Classmate Beau Clifton (Farmington, NM) used six PR's enroute to his sixth place finish of 4945 points, which moves him to #8 all-time at UNM. Beau's biggest event for points was the very first one of the competition, the 60 meter sprint. Beau hit a huge PR of 6.98 which provided 897 points.



Photo courtesy of Michael Muleahy



Photo courtesy of Michael Muleahy



Photo courtesy of Michael Muleahy

Engholm Crushes Huge 800 PR

Senior **Elmar Engholm (Hasselby, Sweden)** was the 2015 MWC mile champion when he cruised to a 4:04 victory but this year he just didn't have the turnover over the last 400 meters and finished an uncharacteristic seventh. Still upset with that happening he came back later in the day to run the 800 meters, an event he had finished seventh in last year. Over the first 200 meters EE looked sluggish as he hit 28 seconds, a second and a half behind the leaders. By the 400 point Elmar started to look refreshed and had pulled to within one second of the leader (54.3-55.3). He kept that through the 600 meters getting to that split in 1:22. Over the final 200 meters only two men, the Utah State athlete and Elmar ran that one lap in 27 seconds. Elmar pictured above straining for every inch crossed the finish line in a massive new PR of 1:49.42 cutting almost two seconds off his previous best. That performance moves him to #3 all-time at UNM.

Top Photo: Haley Sanner hands off to Zoe Howell.

Bottom Photo: Chris Kline hands off to Isaac Gonzales

4 x 400 Relays Both Run to 3rd Place Finishes and All-Time Top Ten Rankings

The women's 4x400 quartet of **Haley Sanner (San Bernadino, CA)**, **Zoe Howell (Socorro, NM)**, **Larimar Rodriguez (Cleveland, Rio Rancho, NM)**, and **Holly VanGrinsven (Brentwood, TN)** were primed for a good race. Three members of the group (Haley, Zoe, Holly) ran on last years school record setting relay of 3:43.35 and they had prepared well for the 2016 conference championship. Haley ran the lead-off and did a great job of getting the group off to a solid start as she handed off in third place after her 55.7 split. Zoe taking the baton had about a ten meter deficit to second place and she couldn't put much of a dent in that until the backstretch of the second lap where she made a huge push forward and passed into second place. Zoe handed off to Larimar after her fastest ever split of 55.2. Larimar was running by herself for the first 300 meters, but at that point a UNLV runner came up on her shoulder, and that got her to find one more gear and she held on to hand off second to Holly after a 56.4 split. Holly looking momentarily leg fatigued from her 400 meters early in the afternoon had to work very hard over the first 200 meters of the race. She nevertheless still was able to come up with a 55.2 split to get the relay team to third place in 3:43.51, just missing out on a new indoor record. But it is the second fastest relay in school history. Zoe finishes her Lobo indoor career having been on six of the ten fastest relay squads in history while Haley represented five of the fastest relays in history. Over on the men's side the foursome of **Cheyne Dorsey (Cleveland, Rio Rancho, NM)**, **Chris Kline (West Mesa, ABQ, NM)**, **Isaac Gonzales (Taos, NM)**, and **Mark Haywood (Alamogordo, NM)** were trying to get something in the 3:13 range for a total time. Cheyne led off and right off the bat Utah State and Air Force were away with their tremendous lead off legs, so Cheyne and the other three squads were left to fend for themselves. Cheyne hit a solid lead off leg with his 48.6 split and handed off to Chris in third place. Chris took the baton and all the way fought off the Wyoming, Colorado State, and Boise State athletes that were nipping at his heels. Chris did not let up and split 48.5 handing off to Isaac in third place. Isaac, who had never split under 49 seconds ran a great leg putting some distance between him and the chasing teams. Isaac ended up splitting 48.9 for a new PR. Mark finished up the relays work flying around the track with his all-time PR of 47.2. When the results were tabulated the relay ended up with a 3:13.94,



Photo courtesy of Michael Mulcahy

Sophie
Connor

Connor Breaks Record



Great track accomplishments come at the strangest times as Sophie Connor illustrated. On Friday, in the preliminary 800 race there was no need for Sophie to run hard as she was clearly one of the two or three fastest athletes in the field, and usually the object of the prelim is to advance to the final with the least possible effort. Well Sophie just glided around the track and looked like she was jogging, but when she finished everyone looked at the finish clock and said.....Huh! The finish clock read 2:07.71 which was faster than the existing Lobo school record of 2:08.14 set last year by Sammy Silva. Guess when you are highly fit, you are highly fit!

Hamilton & Trigg Go 2-3 in Triple Jump

Senior Allan Hamilton doesn't Triple Jump often given he is usually focusing on his main two events, the Long Jump and 60 sprint. Plus the TJ puts a large strain on the knee joint, which can be a problem for someone jumping and sprinting all the time. In fact, Allan hadn't TJ'ed indoors since last year's MWC Championship. But when he does do the hop, step, and jump, he usually does it very, very well. After an opening foul, Allan boomed out to a 50' 4" PR to take the lead. Junior **Sam Trigg (Plymouth, England)** responded on his third jump to move right behind Allan with a 50' 3/4" distance. After all the prelims were completed Allan went into the finals with the top jump and Sam was third with a Wyoming Cowboy inbetween. In the finals Allan boomed another new PR of 50' 10 3/4" while Sam followed suit as he extended out to 50' 4 3/4". Unfortunately, the Cowboy athlete rallied for a huge jump of 51' 8 1/2" to seal the victory. Still the second and third place showings added an important 14 points to the team total. Allan ends his indoor Lobo career ranked #6 all-time in the Triple Jump, while Sam, who is just starting his time in Loboland ranks #8 all-time.



Photo courtesy of Michael Mulcahy

Sam
Trigg



Photo courtesy of Michael Mulcahy

25 Laps Around the Red Mondo

Senior **Dan Milechman (Mill Valley, CA)** is shown to the left keeping pace through a 4:50 first mile in the 25 lap, 5000 meter competition. It stayed as a very large pack through two miles where Dan hit 9:45, just slightly off the lead pacer. Once the runners got past two miles all heck broke loose and everyone started picking up the tempo trying to get some clear space. Over the last 1000 meters of the race it was a tough go for all the athletes, and Dan ended up finishing seventh with his 14:34.28 clocking. That is certainly a promising time given Dan ended his outdoor season last year at Harvard clocking 14:34.57 in Boston so good things should happen this 2016 outdoor season.

Photo courtesy of Michael Mulcahy



Whiting Grabs Scoring Slot in Pole Vault
Sophomore Katherine Whiting (Santa Cruz, CA) pictured above improved her PR for the third week in a row as she cleared 12' 5 1/2" to finish 8th overall in the competition. That height also moves her to #8 all-time at UNM.

Photo courtesy of Michael Mulcahy



Van Grinsven Nails 3rd in 60 Hurdles

Senior Holly Van Grinsven is shown above in the preliminary 60 Hurdle race where she clocked 8.49, which advanced her into the eight woman final as the third seed. In the finals she got out well and three athletes separated themselves from the field by the second hurdle. Holly made a late rush toward the front but ran out of space, finishing third in her best time of the season, an 8.38. That performance is the 4th fastest time ever at UNM, and Holly ends her Lobo indoor career with the seven fastest hurdle clockings ever.



Yannick Roggatz

Photo courtesy of Michael Mulcahy

Heeee Baaaack

In Punxsutawney, Pennsylvania there is a wonderful tradition that has been celebrated since 1887. On February 2nd (Groundhog Day) each year, the town of Punxsutawney celebrates the legendary groundhog with a festive atmosphere of music and food. During the ceremony, which begins well before the winter sunrise, Phil (the groundhog) emerges with his "wife" Phyllis and "daughter" Phelicia from his temporary home on Gobbler's Knob, located in a rural area about 2 miles (3 km) east of town. According to the tradition, if Phil sticks his head out of the hole and sees his shadow and then returns to his hole, he has predicted six more weeks of winter-like weather. If Phil sticks his head out and does not see his shadow, he stays outside since he has predicted an "early spring" for the United States and Canada. **What you ask is this all about and what does it have to do with track & field????** Well each year about the last week in February there is a sighting in Albuquerque, especially when the conference High Jump comes around. Senior Yannick Roggatz, who

only leaps when the conference meet occurs almost seems to come out of nowhere. We think he must stick his head inside the Albuquerque Convention Center and look around, and if the high jump pits are set up and the MWC banners are set up, he dons his uniform and high jump spikes, and gets ready to jump. If there is no MWC conference meet, then he quietly skitters away and keeps his high jump spikes in hibernation. Yannick delighted the crowd again with his excellent jumping skills as he finished sixth overall with a clearance of 6' 8 3/4". After missing once at 6' 4" it took YR all three attempts to get over 6' 6". He then took two attempts to clear 6' 7 3/4" but then went on to easily make 6' 8 3/4" on his first attempt. He finally ran out of height at 6' 9 3/4" missing all three attempts. While not scoring graduate student **Joseph Kloeppel (Bernalillo, NM)** improved his PR to 6' 7 1/2".



Photo courtesy of Michael Mulcahy

Sophomore **Kyra Mohns (Eldorado, ABQ, NM)** is shown above during the 60 Hurdle race of the Pentathlon. Kyra had a strong performance in the 60 Hurdles gaining 895 points with her 9.09 clocking. That spurred her on to a 3617 point total which placed sixth overall in the competition.



Photo courtesy of Michael Mulcahy

Track & Field....A great Sport

Collegiate athletics has many wonderful aspects to it, and especially the sport of track & field. Unheralded athletes can come into the sport, work hard, have a great attitude, and find a way to make a difference on a team. It is always nice success stories which fuel good feelings. Froshie **Jason Atencio (Hope Christian, ABQ, NM)** pictured above in the Pole Vault is such a story. Last year as a high school senior Jason won the New Mexico boys 4A state championship with a clearance of 14' 0". To put that into perspective....the opening height in the Mountain West Conference Championships is usually around 14'! Jason worked hard during the fall track training program and entered the conference meet ranked 8th with his 15' 1 1/2" jump at the UNM Team Invitational. In all four of his regular season meets he had jumped at least 15'. Opening up at 14' 3 1/2" Jason easily cleared and then duplicated that effort at 14' 9 1/2". At 15' 1 1/2", a height that would end up scoring he was money again, clearing on his first attempt. Moving up to 15' 5 1/2" Jason ran into trouble on his first two attempts, but got things straightened out on his third to clear with a new PR. The crossbar was raised to 15' 9 1/4" and Jason wasted no time as he came down the runway and boomed over the fiberglass crossbar to set another PR. Finally, at 16' 1 1/4" the magic ran out, and Jason could not get his body over the bar. Regardless, the sixth place finish in his first conference championship is a great testament to guys making a contribution to the team. Well done!



Photo courtesy of Michael Mulcahy

Haywood Finishes 6th in 400

Soph **Mark Haywood (Alamogordo, NM)** pictured above finished 8th last year in the 400 meter sprint race. This year after clocking a new PR of 48.27 in the prelim race, he lowered that down to 48.11 in the final which ended up sixth overall. That performance moves Mark to #6 all-time indoors at UNM



Photo courtesy of Michael Mulcahy

Local Athletes Help Lead Distance Medley Relay to #5 Fastest All Time

Froshies Mackenzie Everett (La Cueva, ABQ, NM) pictured to the left leading off the DMR with a 1200 meter leg and Larimar Rodriguez (Cleveland, Rio Rancho, NM) running a huge PR of 55.9 in the 400 leg of the DMR contributed to an 11:35.80 clocking which ranks #5 all-time at UNM. The other two on the relay were Zoe Howell and Emily Hosker-Thornhill who ran the 800 and 1200 legs respectively.



Photo courtesy of Michael Mulcahy

WHAT DO ALL THE SYMBOLS MEAN????? In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or professional athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top Ten Indoor Track & Field PERFORMER AND PERFORMANCE list. The number on the LEFT indicates how that athlete is ranked as far as individual PERFORMERS are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor track & field history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the top ten during their four year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while on x on the RIGHT (8,x) tells us it doesn't make the performance list. **PR indicates a PERSONAL RECORD) (their best ever in that event).** An @ indicates the performance has been altitude adjusted based on the NCAA protocol.

MOUNTAIN WEST CONFERENCE CHAMPIONSHIP

FEBRUARY 25-27, 2016

MEN

60	Ridge Jones 6.77@ 6.71@ (1st) (x,5)	Allan Hamilton 6.83@ 6.86@ (5th)	Carlos Wiggins 6.90@ 6.89@ (6th)
	Scott Bajere 6.92@ 6.87@ (7th)		
60H	Yannick Roggatz 8.35@	Parker Jones 8.54@ PR (9,x)	
200	Ridge Jones 21.75@ 21.88@ (8th)	Scott Bajere 22.16@	
400	Mark Haywood 48.27@PR 48.11@ (6th) PR (6,x)	Cheyne Dorsey 49.22@	
800	Elmar Engholm (55.5) 1:50.35@ (55.3) 1:49.42@ (2nd) PR (3,3)	Adam Cotton (55.7) 1:51.76@ (58.5) 2:05.98@ (8th)	
	Adam Monroe (55.7) 1:54.50@	Dave Banwell-Clode (54.8) 2:00.47@	
1mile	Elmar Engholm (68-2:15-3:16) 4:11.26@ (7th)	Adam Cotton (68-2:16-3:17) 4:20.24@	
3000	Zac Castillo (67-2:20-3:31-4:38-5:47-6:57-8:09) 8:28.51@	Dan Milechman 8:33.72@	Julian Florez 8:42.38@
5000	Dan Milechman 14:34.28@ (7th)	Julian Florez 14:48.37@	Zac Castillo 14:56.16@
4x400	Cheyne Dorsey (48.6), Chris Kline (48.5), Isaac Gonzales (48.9)PR, Mark Haywood (47.2)PR	3:13.94@ (3rd) (8,x)	
DMR	Adam Monroe (3:10.5), Isaac Gonzales (49.2)PR, Dave Banwell-Clode (1:54.6), Chris Graham (4:26.6)	10:11.97@ (6th)	
LongJ	Allan Hamilton 25' 3 1/2" (1st) (x,10)	Yannick Roggatz 25' 1/2" (2nd) (7,x) PR	Sam Trigg 23' 2 1/2" (5th)
TripleJ	Allan Hamilton 50' 10 3/4" (2nd) (6,x) PR	Sam Trigg 50' 4 3/4" (3rd) (8,x)	
HighJ	Yannick Roggatz 6' 8 3/4" (6th)	Joseph Kloeppel 6' 7 1/2" PR	
PoleV	Jason Atencio 15' 9 1/4" (6th) PR	John Harari 15' 5 1/2" (7th)	Daniel Lam 15' 1 1/2" (8th)
Hept	Daniel Lam	60 7.30@PR	Beau Clifton 60 6.98@ PR
	LongJ 22' 10"PR		LongJ 20' 4 1/4"PR
	Shot Put 42' 8"		Shot Put 43' 1/2"
	HighJ 5' 11 1/4"		HighJ 6 1/2"PR
	60H 8.67@ PR		60H 9.05@ PR
	PoleV 15' 7"		PoleV 13' 3 1/2"PR
	1000 2:57.41 5241 points (2nd) PR (3,x)		1000 2:55.21 PR 4945 points (6th)PR (8,x)

WOMEN

60	Peri Moran 7.81@		
60H	Holly Van Grinsven 8.49@ 8.38@ (3rd) (x,4)		
200	Samantha Woodman 25.47@		
400	Holly Van Grinsven 55.18@ 54.53@ (4th) (x,7)	Haley Sanner 56.00@ PR (6,x)	
800	Sophie Connor (64.1) 2:07.71@ PR (1,1) (New UNM Indoor School Record)	(65.1) 2:08.27@ (5th) (x,5)	
	Emily Hosker-Thornhill (64.9) 2:13.62@		
1mile	Sophie Connor (73-2:27-3:43) 4:49.03@ (73-2:26-3:38) 4:39.54@ (1st) (x,9)		
	Calli Thackery (76-2:33-3:48) 4:51.78@ (74-2:27-3:39) 4:39.56@ (2nd) (x,10)		
	MacKenzie Everett (75-2:31-3:47) 4:57.50@ PR (75-2:30-3:47) 4:55.10@ (8th) PR		
3000	Calli Thackery 74-2:36-3:54-5:13-6:29-7:46-9:05) 9:28.99@ (4th)	Heleene Tambet 9:38.26@ PR (9,x)	
	MacKenzie Everett 9:58.32@ PR	Lindsey Andrews 10:04.37@ PR	
5000	Heleen Tambet 17:03.54@ (8th)	Lindsey Andrews 17:59.23@	
4x400	Haley Sanner (55.7), Zoe Howell (55.2), Larimar Rodriguez (56.4), Holly VanGrinsven (55.2)	3:43.51@ (3rd) (2,x)	
DMR	MacKenzie Everett (3:40.7), Larimar Rodriguez (55.9)PR, Zoe Howell (2:11.9), Emily Hosker-Thornhill (4:57.5)	11:35.80@ (6th) (5,x)	
LongJ	Casey Dowling 18' 4 1/4" (7th)	Jannell Hadnot 17' 9 1/2"	Kyra Mohns 17' 2 1/4"
TripleJ	Jannell Hadnot 42' 2" (1st) (x,10)		
HighJ	Kyra Mohns 5' 4 1/2"		
PoleV	Katherine Whiting 12' 5 1/2" (8th) PR (8,x)	Alissa Soderberg 12' 1 1/2"	Annie Stirling 12' 1 1/2"
ShotP	Ali Mady 41' 3 3/4"		
20LbWt	Amaris Blount 52' 7 1/4"		
Pent	Kyra Mohns	60H 9.09 HighJ 5' 3 3/4"	ShotP 35' 10" LongJ 17' 4"
		800 2:25.76@PR	3617 points (6th)