

University of New Mexico 2010 - 2011

**Cross Country
Indoor Track & Field
Outdoor Track & Field**





University of New Mexico Cross Country “Wolftracks” News, Views, Reviews, Previews

SEPTEMBER 4, 2010 LOBO CROSS COUNTRY INVITATIONAL

Each year across the country sports teams come into a new season ready for the excitement of that season. In the sport of cross country athletes report back to school after a long summer of logging lots and lots of miles, and then put in several weeks of pre-season practice. For these athletes the first competitive meet is an opportunity to go to the starting line and race against other colored jerseys. The start of each season is the beginning of a new journey and provides a baseline test of where a team is at. Athletes go through asking themselves questions like, “Did I run hard enough or long enough over the summer”, or “How good will everyone around me be”, or for the rookies in the program, “Do I have the right stuff to run with the big boys or girls”. Coaches often ask, “Are we going to be good, great, or somewhere in between”. The 2010 edition of the Lobo cross country team was bolstered by a terrific recruiting class for both genders which has increased the talent pool immensely. The team is comprised of experienced veterans sprinkled with exciting newcomers and the possibilities for this years group are endless. The possible end results almost makes one salivate! For the Lobo Invitational not everyone on the roster was racing, and even some of the team that were racing were not all wearing the Cherry & Silver uniform of UNM. A few of the athletes had some minor injuries and were held out just to be cautious, while others were still being cleared by the NCAA. Several of the Lobo athletes competed, but did not wear a UNM uniform as the contest was an open meet and if a decision is made to red-shirt the season it will not affect their eligibility. A total of five other collegiate institutions made their way to Albuquerque. From College Station, Texas the Aggies of Texas A&M were in attendance, along with in-state rival, the Aggies of New Mexico State. The UTEP Miners, from El Paso, Texas and New Mexico Highlands, from Las Vegas, New Mexico returned to the meet, and newcomer Navajo Technical Institute from Crownpoint, New Mexico brought their contingent to the Duke City. The men’s 8000 meter (4.97 miles) race was first up and the Lobos sent 17 runners to the starting line, eight who were competing for UNM and nine who were unattached. The 85 runners lined the starting area in anticipation of the gun. Pictured is the UNM team with eventual winner junior **Nicholas Kipruto** (Dine College/Kenya) #1159 on the starting line. Nicholas was one of the UNM athletes competing unattached. At the gun the group got away

solidly and Nicholas immediately surged away from the main pack. NK put in a torrid first kilometer coming through in 2:40. **Sr. Rory Fraser** (Leicester, England) had latched onto a NM Highlands runner and they were running together about 10 seconds behind Nicholas. Then there was another gap and a small pack of six runners which included two UTEP athletes, NM Highlands second runner, a NM State Aggie, and srs. **Alex Willis** (Lake County, Leadville, CO) and **Keith Gerrard** (Isle of Man, United Kingdom). Then another gap existed to the next pack and this group was quite large. The UNM north golf course which hosts the cross country meet is a great spectator course as the course traverses up one side of a long fairway and then turns and loops back along the other side before moving on to the next fairway. The 1 Mile mark is halfway up a gradual uphill on the fourth fairway which leads the runners to cresting a hill and taking a sharp left hand turn into the next fairway. The first picture shows Rory starting to pull away from the athletes he was running with. The second picture is Keith (#1204) with Alex (#1211) right behind. The third picture is the start of the large main pack group with quite a few Lobos included. **Sr. Cory Kalm** (Sandia, ABQ, NM) (on the right), and junior **Matt Everett** (La Cueva, ABQ, NM) are running side by side. The fourth picture



shows jr. **Patrick Ortiz** (Pecos, NM) (#1208) with soph. **Sean Stam** (Rio Rancho, NM) right behind. In the yellow jersey (#1171) running to Patrick's right is froshie **Vincent Montoya** (Cibola, ABQ, NM) and twin bother Chris immediately be-

hind. Both were running unattached. Off Vincent's right shoulder the picture shows junior **Allen Pittman** (Los Alamos, NM). Finally just off the back of this group there were three other Lobos, all competing unattached. #1142 is sophomore **Sam Evans** (Warwickshire, England)(#1142) trailing froshie **Michael Asay** (Manhattan, Montana) with



fellow froshie **Kyle Pittman** (Los Alamos, NM) (#1177) rounding out the group. A mile and a half into the race the athletes started to string out as the tempo of the race (along with the altitude) began to exercise its effect. Nicholas continued with his hard tempo and Rory, now in sole possession of second place continued to put a surge to close the

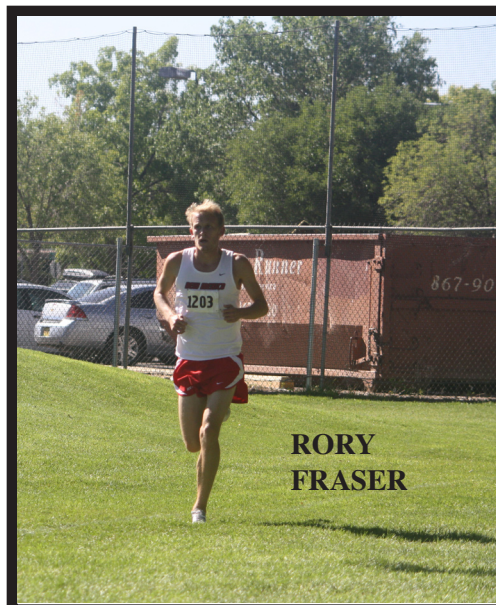


gap between him and NK. Keith is shown in pursuit of a UTEP athlete a couple of meters in front of Alex. Alex is shown getting instruction and encouragement from Coach Franklin as he tries to stay in contact with Keith. Just as they had at the 1 Mile point the large group of Sean,



Cory, Patrick, Michael, Vincent, Chris, Matt, Allen, and Kyle were close by each other as they pursued 3000 kilometers. Once passing the 3k mark Nicholas and Rory were running almost identical kilometer splits while Keith was very consistent in his kilo's. The next photo shows Rory all by himself, just cruising along, enjoying a beautiful day in front of the large spectator turnout. With over 1000 high school athletes competing, and many bringing a parent or two, the crowd was estimated to be well over 2000 people. Great for cross country!!! The picture after that shows Patrick leading a long line of Lobos as they dig down to maintain contact with each other. At the finish Nicholas

crossed the line in a new course record of 23:50, becoming the first athlete to dip under 24:00 in the 11 year history of the meet. In 2008 while running for Dine College he won the race with a 24:09. Rory maintained his comfortable pace and finished with a 24:31 over 30 seconds in front of Keith who finished third in 25:05. Rookie Michael Asay made a huge push in the last 2000 meters and moved up to finish 6th overall with a 25:19. To put that into perspective, last year at this meet he would have been UNM's #2 finisher with that time. Next in for the Lobos was Alex Willis who clocked 25:23 good for 9th place. Last



year at this meet AW clocked 26:01 so he has shown great progress in the last 12 months. The biggest loser on the day (which is a great thing in cross country....lose time!!!) was Sean Stam. Last year SS clocked 26:52 while this year he hit 25:31, good for 12th place. That is a drop of 1 minute and 21 seconds or put another way, 16 seconds per mile faster over the five miles!!!! Great progress! Rounding out the top seven for the Lobos was froshie Vincent Montoya who finished 14th in 25:35. One of the ways in which to compare team progress is to take a look at last year at this time and see what the results were at that point. This year the 12th Lobo runner (Kyle Pittman, 26:06) ran almost as fast as the 5th Lobo finisher last year (Alex Willis, 26:01). Eight Lobo runners ran faster than the second fastest Lobo runner last year (Lee Emanuel, 25:48). Five Lobo runners who ran both last year and this year (Willis, Kalm, Ortiz, Stam, Everett) combined to run 4:27 faster this year than last year. Each of them should be proud of the hard training and positive attitude that has allowed that to happen. So in sum, the 2010 Lobo men's team looks very solid. They have three great front-runners, and some serious depth. Later in the month when the team goes to Minnesota for the challenging Roy Griak Invitational against some of the best teams in the country it should highlight the strengths of the program.

The 2010 Lobo Invitational women's race was a good one on paper. Back was 2009 Lobo champion Risper Kimaiyo from UTEP who finished 9th in the NCAA Championships. Last year Kimaiyo cruised around the UNM North Golf course in 17:21. UTEP's team, which finished fourth in the NCAA Regional Championship (one place in front of UNM) came back with four of their top five from that team. But the 2010 edition of the Lobo harriers is much more talented, and much deeper than one year ago. In fact, while this year's meet was non-scored, if one scored UNM and UTEP in a dual meet the Lobos



would have prevailed, 25-34. As expected, when the race began, UTEP went to the front with their five runners controlling the pace. It is easy to pick out the Miners as they all wear the bright orange Nike spikes to match their uniforms. Through the first kilometer there was a lead group of seven runners with UTEP having their first four in front of the Lobos #3. Running unattached newcomer **Sarah Waldron** (Pudleston, England) was right alongside the first two Miners and then sr. **Emma Reed** (Clevdon, England) was at the back of that first group, right behind UTEP's #3. There was a slight gap of maybe 10 meters and then sr. **Vanessa Ortiz** (Cibola, ABQ, NM) was running right in front of UTEP's #4. There was another gap of about 10 meters and then a group of four Lobos. Sr. **Alex Darling** (La Cueva, ABQ, NM), transfer **Kaitlyn Barry** (Liberty Christian, Flower Mound, Texas) who was running unattached, sr. **Delyth James** (Morpeth, England), and junior newcomer **Nicola Hood** (Glasgow, Scotland) also who was running unattached. Then closing fast on that group was sr. **Ruth Senior**

(Norwich, England) and jr. **Lacey Oeding** (Jasper, IN) who was running unattached. Both had gone out quite conservatively. The picture shows from right to left, Darling, Barry, James, Hood, Senior, Oeding.



Then just a few paces back was the twosome of soph. **Laura Lavezo** (La Cueva, ABQ, NM) and newcomer **Kirsty Milner** (Loughborough University, England) who was unattached. Sarah Waldron got to the 1000 meter mark in 3:22, roughly 5:20/mile pace. The picture with Sarah next to the two UTEP runners was taken at the 1 Mile point and the rest of the group has made a surge to the front. In order after Sarah was Ruth, Vanessa, Kirsty, and Delyth. As the race contin-



ued on to the 2000 meter mark it started to string out as the front pack kept pounding away, and the middle of the pack tried hard to maintain that cadence. The picture shows Coach Franklin imploring sophomore **Ashlee Smalley** (West, Greeley, CO) to keep plugging



away at the runners in front of her. Sarah went with the two UTEP runners who were blistering the course and the three of them opened up a huge gap on Ruth and Kirsty. The good news was that of the top 15 in the race UNM had seven of those spots. While SW got the 2000 in around 7:00 RS & KM got there around 7:09. As the runners made their way around the sixth fairway, which is the greenest and lushest of all the golf course they passed the 2 Mile mark. Coach Franklin is shown in the picture giving instructions to Sarah as she was all by



SARAH WALDRON

herself. The relentless pace set by the two UTEP athletes finally took a little out of her legs and she dropped back slightly. In the background of the picture one can see Ruth & Kirsty chasing after Sarah. The next close up shows Ruth & Kirsty with the next Lobos (Vanessa, Nicola)



**RUTH
&
KIRSTY**

about 40 meters back. Sarah had passed 3000 meters in a quick 10:31, while Ruth/Kirsty had gotten there in 10:45. Both made a huge surge forward over the last two kilometers trying to see if they could pull in the first two UTEP runners. They ended up getting right behind one of them, but Kimaiyo was too far gone. Kimaiyo ended up winning in 17:00, the fastest anyone has ever run the course in. At the finish Ruth placed third with a 17:18 far superior to last year when she finished in 18:01. Kirsty was right on her heels finishing in 17:20, good for fourth place. Sarah who came from sea level learned how insidious racing at altitude can be finished in 17:34, good for fifth place. Then Nicola flashed across the finish line in 17:45 followed by Vanessa in 11th place overall, with 17:52. VO improved from 18:31 in last years race. Then rounding out the top Lobo top seven were Delyth in 18:07 and Lacey in 18:12.

THE FINISH LINE



Anyone who says racing on a hot day at 5000 feet altitude doesn't hurt a little only needs to see the expression on Delyth James face as she is about 50 meters from the finish line and reaching down for everything she has left.



Laura Lavezo (#1195) and Janna Mitsos (#1128) come into the finish line together. They finished 18th (JM) & 19th (LL) overall both being timed in 18:32.



Shawna Winnegar (Santa Fe, NM) and Sarah Higgins (Center Grove, Greenwood, IN) stuck together like good teammates do. They finished in 18:54 and 18:55.



64 runners total	<u>1000m</u>	<u>2000m</u>	<u>3000m</u>	<u>4000m</u>	<u>5000m</u>
3. Ruth Senior	3:28	7:09 (3:41)	10:45 (3:36)	14:23 (3:38)	17:18 (2:55)
4. Kirsty Milner (UNATT)	3:30	7:09 (3:39)	10:45 (3:36)	14:24 (3:39)	17:20 (2:56)
5. Sarah Waldron (UNATT)	3:22	7:00 (3:38)	10:31 (3:31)	14:19 (3:48)	17:34 (3:15)
7. Nicola Hood (UNATT)	3:28		11:05		17:45
11. Vanessa Ortiz	3:24	7:14 (3:50)	10:55 (3:41)	14:44 (3:49)	17:52 (3:08)
13. Delyth James	3:27	7:15 (3:48)	11:00 (3:45)	14:55 (3:55)	18:07 (3:12)
14. Lacey Oeding (UNATT)		7:21	11:10 (3:49)	15:05 (3:55)	18:12 (3:07)
15. Kaitlyn Barry (UNATT)	3:28	7:21 (3:53)	11:15 (3:54)	15:07 (3:52)	18:19 (3:12)
18. Janna Mitsos (UNATT)	3:30	7:22 (3:52)	11:16 (3:54)	15:17 (4:01)	18:32 (3:15)
19. Laura Lavezo	3:29	7:22 (3:53)	11:23 (4:01)	15:17 (3:54)	18:32 (3:15)
22. Shawna Winnegar 3:30		7:27 (3:57)	11:36 (4:09)	15:42 (4:06)	18:54 (3:12)
23. Sarah Higgins	3:36	7:43 (4:07)	11:43 (4:00)	15:44 (4:01)	18:55 (3:11)
26. Emma Reed	3:23	7:16 (3:53)	11:15 (3:59)	15:34 (4:19)	19:04 (3:30)
28. Ashlee Smalley	3:40	7:45 (4:05)	11:45 (4:00)	15:49 (4:04)	19:07 (3:18)
32. Kirsten Follett			11:52	16:04 (4:12)	19:19 (3:15)
35. Alex Darling	3:28	7:21 (3:53)	11:24 (4:03)	15:54 (4:30)	19:49 (3:55)
50. Margaret Raskob					21:37

82 runners total	1000m	2000m	3000m	4000m	5000m	6000m	7000m	8000m
1. Nicholas Kipruto (UNATT)	2:40	5:44 (3:04)	8:46 (3:02)	11:54 (3:08)	14:59 (3:05)	18:05 (3:06)	21:16 (3:11)	23:50 (2:34)
2. Rory Fraser	2:52	6:05 (3:13)	9:07 (3:02)	12:16 (3:09)	15:25 (3:09)	18:33 (3:08)	21:49 (3:16)	24:31 (2:42)
3. Keith Gerrard	2:59	6:09 (3:10)	9:20 (3:14)	12:36 (3:16)	15:50 (3:14)	19:06 (3:16)	22:22 (3:16)	25:05 (2:43)
6. Michael Asay (UNATT)		6:21		12:50	16:03 (3:13)	19:20 (3:17)	22:38 (3:18)	25:19 (2:41)
9. Alex Willis	3:00	6:10 (3:10)	9:22 (3:12)	12:39 (3:17)	15:56 (3:17)	19:15 (3:19)	22:35 (3:20)	25:23 (2:48)
12. Sean Stam	3:05	6:21 (3:16)	9:33 (3:12)	12:50 (3:17)	16:03 (3:13)	19:20 (3:17)	22:43 (3:23)	25:31 (2:48)
14. Vincent Montoya (UNATT)	3:05	6:21 (3:16)	9:33 (3:12)	12:55 (3:22)	16:09 (3:14)	19:25 (3:16)	22:47 (3:22)	25:35 (2:48)
17. Cory Kalm	3:05	6:20 (3:15)	9:33 (3:13)	12:55 (3:22)	16:11 (3:16)	19:32 (3:22)	22:58 (3:26)	25:39 (2:41)
21. Sam Evans (UNATT.)								25:53
22. Patrick Ortiz	3:05	6:21 (3:16)	9:33 (3:12)	12:50 (3:17)	16:10 (3:20)	19:35 (3:25)	23:05 (3:30)	25:55 (2:50)
28. Allen Pittman	3:05	6:23 (3:18)	9:35 (3:12)	12:57 (3:22)	16:19 (3:22)	19:44 (3:25)	23:15 (3:31)	26:04 (2:49)
30. Kyle Pittman (UNATT)	3:05	6:23 (3:18)	9:35 (3:12)	12:57 (3:22)	16:19 (3:22)	19:44 (3:25)	23:15 (3:31)	26:06 (2:51)
39. Chris Montoya (UNATT)	3:05	6:21 (3:16)	9:34 (3:13)	13:00 (3:26)	16:27 (3:27)	20:02 (3:35)	23:38 (3:36)	26:29 (2:51)
42. Alex Herring (UNATT)				13:03	16:33 (3:30)	20:07 (3:34)	23:51 (3:44)	26:46 (2:55)
44. Matt Everett	3:05	6:20 (3:15)	9:40 (3:20)	13:19 (3:39)	16:46 (3:25)			27:02
54. Gabe Aragon (UNATT)								28:09.



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SEPTEMBER 25, 2010

MINNESOTA/ROY GRIAK INVITATIONAL

MEN'S TEAM SCORES

1. Duke (#19)	83
2. North Carolina St (#11)	92
3. NEW MEXICO (#11)	93
4. BYU (#16)	118
5. Minnesota (#27)	136
6. Navy	199
7. Iowa State (#21)	200
8. Colorado State	206
9. Penn State	221
10. Boise State	255
11. McNeese State	368
12. Utah Valley	375
13. Baylor	380
14. Arizona	392
15. South Dakota State	451
16. Toledo	457
17. Drake	480
18. Central Michigan	505
19. Loyola (IL)	516
20. South Dakota	596
21. Alberta	620
22. North Dakota	636



The 2010 edition of the Roy Griak Invitational hosted by the University of Minnesota at their Les Bolstad Golf Course drew over 300 high school and Division I, II, and III collegiate teams totaling over 3000 competitors in nine races on the day. Entering the meet the Lobos men's cross country team was ranked 11th, their highest ranking ever, while the ladies were ranked #18th. This was the first major test of the 2010 season as there were 6 ranked men's program and 7 ranked women's teams in attendance. The weather was typical Minnesota fall weather, cool, light drizzle in the early morning, and a crispness to the air. But that is standard Midwest cross country racing weather so everything was fine. The men's race was the first on the day. The Les Bolstad course at the “U” is very deceiving. When first looking at it, it looks rather flat. But once out on the course the undulating terrain never gives the runners a chance to float and catch their breathe, and most athletes feel it is one of the tougher courses in the country. Senior stalwart **Rory Fraser** (Leicester, England) exclaimed after the race, “That clearly is the hardest course I have run in NCAA competition” so that gives one the sense of its challenge. At the crack of the gun the 213 male runners took off and by 400 meters into the race jr **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya) had gracefully glided to the front, along with eventual winner Stephen Sambu from Arizona. The men ran the same first 3000 meters as the women before splitting off to a different version of the 8000 meter (4.97 miles) course. Early on it was pretty clear it would be a two person race between Kipruto and Sambu as they sprinted away from the field. By the kilometer mark sr. **Keith Gerrard** (Isle of Man, United Kingdom) was in third all by himself running with no one around. Classmate Rory Fraser was at

the lead of a large chase pack which included maybe 100 runners at that point in the race. About five seconds behind Rory was sr. **Alex Willis** (Lake Country, Leadville, CO), sr. **David Bishop** (Cippenham, England) and in tow with those guys was soph. **Sean Stam**



Nicholas Kipruto away quickly at the start



Nicholas before 2000 meters with Keith just getting to the top of the hill.



Keith cresting the hill with Rory just at the top before the 2000m point.

(Rio Rancho, ABQ, NM), jr. **Allen Pittman** (Los Alamos, NM), and jr. **Pat Ortiz** (Pecos, NM). UNM had done a nice job of getting out early in the race and the team score at that point was UNM 66, NC State 71, BYU 111, Duke 152, and Minnesota 208. Through the second and third kilometers Nicholas and Sambu extended their lead while the chase pack Rory was leading had pulled Keith in a little bit. Nicholas got to 3000 meters in 8:42 while Keith got there in 8:59 and Rory 9:02. Dave was still in the middle of the chase pack with Alex hanging on to the end of that large group. Pat, Sean, Allen, and froshie **Mike Asay** (Manhattan, Montana) were running in a group that was in the 40's place-wise. At 3000 meters UNM maintained the lead with 72 points, with NC State at 86, BYU at 104, Duke at 128, and Minnesota 183. By the

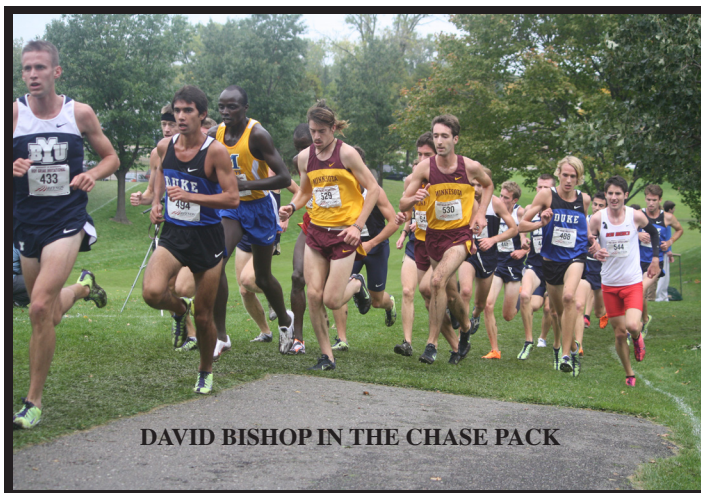


Nicholas & Sambu battling it out as they cross the timing mat for 3000 meters



Rory alongside long-time MWC rival Miles Batty of BYU at the 3000 meter mark.

5000 meter point Nicholas was still right behind Sambu but was working hard to maintain position as he got to 5K in 14:36. Keith had gotten reeled in by MWC foe Miles Batty from BYU, while Rory was trying to pull in Batty. Keith's split was 15:02 and Rory was 15:04. Overall in



DAVID BISHOP IN THE CHASE PACK

the race UNM was 2nd, 4th, and 5th. Dave was still in the chase pack but had gotten to the back of that group. Dave came through the 5K in 34th slot and Alex was doing everything he could to keep his sight line on Dave. Alex ran by the 5K 15:28 which was good for 40th. BYU had done a nice job of pushing hard from the 3K to the 5K and took the lead over UNM by one point, 84-85 with NC State at 97, Duke at 101, and Minnesota at 137. Sean, Pat, and Allen were still working together as a Lobo group which is so critical in large races. They all hit right around 15:35ish for the 5000 meter split. The last 3000 meters of the Griak

course is truly a test of character and the muddy, soft conditions didn't help. Nicholas lost Sambu but was comfortably away from all other runners so he could just

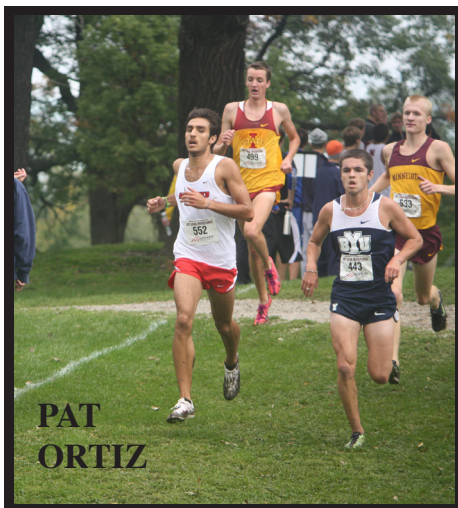
shut it down and run a maintenance finish. Rory finally caught Keith after chasing him for almost 5000 meters and they formed a tandem to push forward, chasing the top NC State runner. Dave continued to maintain his place in the race while Allen and Sean finally caught up



Alex Willis with Sean Stam just over the hill trying to catch him



RORY CATCHES KEITH



**PAT
ORTIZ**

to Alex, and the three of them worked hard to assist each other. Sr. **Brock Hagerman** (Markleville) got rolling the last 3000 meters of the race and suddenly appeared to be moving up quickly. The finishing terrain forces the athletes up a slight, but nasty incline, then immediately down into a muddy bowl, right back up a short, but challenging incline, before cresting the hill and

racing into a 200 meter slightly downhill to flat finish line. Nicholas finished 2nd in the race while Rory caught the NC State runner and had a spirited battle over the last 150 meters, coming up just slightly short at



Sr. Brock Hagerman
rolling by people the last 3000
meters



Dave Bishop over the final hill and sprinting to the finish line

the line. Keith maintained one place behind Rory to finish in 6th place with a 24:24, five ticks off the clock of RF. Dave was with a nice group of runners and he was trying like mad to get to the front of the the group, knowing full well that there were lots of important team points at stake. He would get to the line in 33rd place. Alex, Sean, and Allen came across near each other

with Alex getting the fifth UNM runner nod at 47th place. When the timing company started posted results it caused quite a stir as the Blue Devils of Duke had quietly moved throughout the race to come out with a surprise victory with 83 points. NC State finished with 92 points, and the Lobos were one agonizing point back at 93. Duke had taken advantage of BYU in the last 2000 meters as the Cougars fell to 118 point, 18 points in front of the host Gophers. So in the end it was important for NCAA at-large qualifying point to defeat Minnesota who always gets to the NCAA out of their region, along with the Cyclones of Iowa State....and of course, its always nice to beat MWC foe BYU, even though they are in the same region as UNM, and don't serve the purpose of inter-regional qualifying points.

PICTURE OF THE MEET



Head Coach Joe Franklin is always telling the team after a race how hard he ran all over the course to yell encouragement and instructions to them, and what a toll on his old body it takes to do that. Weeeeeellll, we think Coach is fibbing a little as he is caught in the act riding on the back of a golf cart shuttling him from point to point. So Coach, you mean all that huffing and puffing after the meet isn't real?



The women's race of 29 teams was second on the day and after the carnage of watching so many men take a beating the Lobo ladies held back. Well, that would be an understatement. Head Coach Joe Franklin

WOMEN'S TEAM SCORES

1. Arizona (#24)	76
2. NEW MEXICO (#18)	102
3. Iowa State (#15)	113
4. Duke (#7)	119
5. Providence (#14)	139
6. Boston College	165
7. Minnesota (#28)	185
8. North Carolina State	226
9. Penn State (#27)	260
10. Arizona State	267
11. Colorado State	268
12. Rice	272
13. Toledo	285
14. Baylor	346
15. Connecticut	417
16. Central Michigan	441
17. Utah Valley	505
18. Boise State	574
19. South Carolina	581
20. Coastal Carolina	608
21. Oregon State	622
22. Drake	667
23. South Dakota State	701
24. Navy	728
25. Alberta	796
26. Loyola (IL)	799
27. South Dakota	805
28. Northern Illinois	833
29. North Dakota	888



START OF WOMEN'S RACE



FINAL MEET INSTRUCTIONS

had wanted them to go out conservatively but they took that statement both literally and figuratively. The picture below shows the Lobo team getting swallowed up at the start and getting crushed to the middle of the race. At the 1000 meter point of the race of the 300 runners in the field there was nary a Lobo in the top 50. Coach Franklin would have preferred that UNM's entire top five all been in the top 50 at that point so the ladies had gone out with caution. At the 1000 meter point jr. **Natalie Gray** (Loughborough University, England)) was the first for UNM as she passed in 57th pace at 3:26, nine seconds off the leaders. Next



for the Lobos was jr. **Sarah Waldron** (Puddleston, England) in 75th at 3:28. Then came sr. **Ruth Senior** (Norwich, England) in 113th at 3:31, jr. **Kirsty Milner** (Loughborough University, England) 147th in 3:34, and sr. **Delyth James** (Morpeth, England) 159th in 3:35. So at the first kilometer the Lobo ladies were in about 15th place with 550 points. After the 1000 meter point of the race Natalie sensing she was too far back made a concerted surge forward and Sarah responded to her joining forces moving forward. From the 2000 meters to the 3000 meters Ruth and Kirsty who had



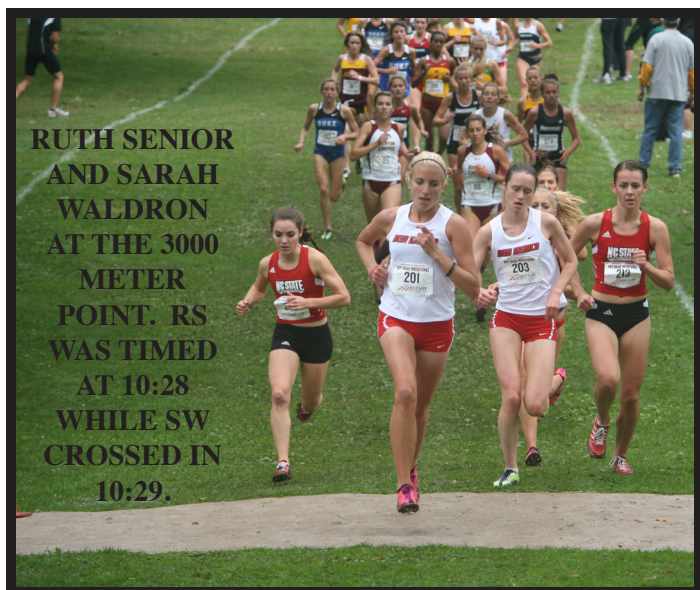
NATALIE GRAY & SARAH WALDRON

KIRSTY MILNER

EMMA REED

Early race action around the 2000 meter point of the race. Left to right: Natalie Gray is followed closely by Sarah Waldron, then Kirsty Milner is running with three others slightly behind, then Emma Reed is part of a large chase pack.

been stuck in the middle of a huge pack of runners finally got free and took off, racing by people right and left. Just before 3000 meters Ruth caught Natalie and Sarah and went by them pulling Sarah with her. That is good as its so important for teammates to feed off of each other. At the 3000 meters Ruth had moved up to 14th place, a huge improvement of 99 places in the previous 2 kilometers. Ruth passed the 3K in 10:28. Sarah was right on her tail with a 10:29, then Natalie in 10:34 which was good for 23rd. Kirsty was at 10:38 (40th) while Delyth was at 10:48 (57th). That meant the Lobo ladies top five totaled 149 points, an impressive improvement of over 400 places from the one kilo to the three kilo. Jr. **Nicola Hood** (Glasgow, Scotland) emerged from the depths of the race as she was 177th at the one kilometer mark, while at the three kilometer mark she was 65th, running that two kilometer section of the race in 7:15. Sr. **Vanessa Ortiz** (Cibola, ABQ, NM) was 189th at one kilometer and had surged forward to 66th place at 3000 meters. Sr. **Emma Reed** (Clevdon, England) who had been 206th at the one kilo mark had moved forward to 119th at three kilo. After 3000 meters Ruth kept banging away trying to move forward and gain on the leaders. Sarah kept pressing on, doing all she could to stay in contact with Ruth. Meanwhile behind the Lobo lead contingent Kirsty and Nicola were running out of their mind flying by runners trying to get a bead on the first three. On a course like Griak once runners get to the 3000 meters not a lot will change on the positive side, but much can change on the negative. In other words, it is very difficult to make major advances, most of the passing is done via runners decelerating and others who



**RUTH SENIOR
AND SARAH
WALDRON
AT THE 3000
METER
POINT. RS
WAS TIMED
AT 10:28
WHILE SW
CROSSED IN
10:29.**

*Sarah just
after the
3000 meter
point looking
for her
teammates
in front of
her >>>*



are maintaining going by them. Ruth moved to the front of the chase pack, while Sarah was at the end of that same pack. Natalie had gotten separated from the chase pack and Kirsty finally pulled in NG and for a brief while Kirsty helped Natalie maintain her tempo. Nicola got up to Delyth around the 4000k and assisted her forward. Emma meanwhile ran much of the race without other Lobos around her and she hunted far and wide for a teammate. Over the last kilometer Ruth was unable to pull in the front front group of 5-6 runners and was busy meanwhile trying to fend off pursuers from behind. Sarah continued to hold on to the back of the pursuit group but not without great effort. Kirsty put in



***Delyth at the 3000 meter mark with Vanessa
just getting to the timing pad.***



*Nicola
Hood
weaving
her way
through
the pack*

a great last 600 meters of the race taking advantage of runners in distress and she must have passed 10-12 runners in that span. Natalie rallied and was able to maintain her position. Nicola taking a cue from Kirsty also took advantage of people around her, passing a good dozen and half in the last 3:00 of the race. Delyth maintained her position throughout the last kilometer as did Vanessa. Emma had a strong kick and moved up slightly at the end. **Shawna Winnegar** (Santa Fe, NM) finished with an excellent last 2000 meters as she kept moving by runners the entire way. At the halfway point of the race the team scores were Iowa State



Vanessa Ortiz after the midway point of the race



<<<<< Laura Lavezo at the front of a chase pack.

THE LAST 400 METERS - guts & glory !!!



Ruth in a fierce contest with an Arizona runner & Providence athlete for a top 10 finish.....want to bet who got to the line first? Of course, our tranquil senior put the smack on them:)



Natalie showing how to run fast with eyes closed



Nicola beat everyone in this picture by at least five seconds! Way to go Hoodie*****



Sarah Waldron finished 17th overall



Kirsty Milner locked in a race to the finish with a Duke Blue Devil. KM got to the line seven seconds before the Dooookie.



Shawna Winnegar was rolling over the last part of the race and blew by everyone in the picture

110, Arizona 116, Providence 124, Boston College 143, New Mexico 149 and Duke 194. At the finish line it was Arizona 76, New Mexico 102, Iowa State 113, Duke 119, Providence 139, Boston College 165, and Minnesota 185. The Lobo women had run a great second half of the race to pull up all the way to second place in the meet. Important at-large qualifying points were earned by defeating Iowa State, Duke who was the pre-season #7, Providence who almost always auto qualifies out the Northeast, Boston College who has qualified on a consistent basis, Minnesota who typically qualifies out of the Midwest region, and NC State who usually gets out of the Southeast region.

Final Results – Overall Winner: Stephen Sambu, Arizona 23:40

	<u>1000m</u>	<u>3000m</u>	<u>5000m</u>	<u>8000m</u>
2. Nicholas Kipruto	2:44	8:42 (5:58)	14:36 (5:54)	23:59 (9:23)
5. Rory Fraser	2:55	9:02 (6:07)	15:04 (6:02)	24:19 (9:15)
6. Keith Gerrard	2:50	8:59 (6:09)	15:02 (6:03)	24:24 (9:22)
33. David Bishop	2:57	9:07 (6:10)	15:22 (6:15)	25:09 (9:47)
50. Alex Willis	2:57	9:10 (6:13)	15:28 (6:18)	25:22 (9:54)
51. Allen Pittman	2:57	9:15 (6:18)	15:35 (6:20)	25:24 (9:49)
52. Sean Stam	2:58	9:13 (6:15)	15:34 (6:21)	25:24 (9:50)
73. Brock Hagerman	3:01	9:22 (6:21)	15:51 (6:29)	25:39 (9:48)
94. Pat Ortiz	2:58	9:13 (6:15)	15:35 (6:22)	25:57 (10:22)
117. Cory Kalm	3:02	9:23 (6:21)	15:52 (6:29)	26:12 (10:20)
130. Mike Asay	3:00	9:13 (6:13)	15:38 (6:25)	26:27 (10:49)

Final Results – Overall Winner: Laura Hoer, North Carolina State, 20:38

	<u>1000m</u>	<u>3000m</u>	<u>6000m</u>
8. Ruth Senior	3:31	10:28 (6:59)	21:21 (10:53)
17. Sarah Waldron	3:28	10:29 (7:01)	21:29 (11:00)
19. Kirsty Milner	3:34	10:38 (7:04)	21:34 (10:56)
25. Natalie Gray	3:26	10:34 (7:08)	21:43 (11:09)
33. Nicola Hood	3:36	10:51 (7:15)	21:50 (10:59)
55. Delyth James	3:35	10:48 (7:13)	22:12 (11:24)
70. Vanessa Ortiz	3:36	10:52 (7:16)	22:26 (11:34)
79. Emma Reed	3:38	11:07 (7:29)	22:36 (11:29)
95. Shawna Winnegar	3:40	11:15 (7:35)	22:47 (11:32)
134. Alex Darling	3:43	11:23 (7:40)	23:11 (11:48)
136. Sarah Higgins	3:39	11:17 (7:38)	23:11 (11:54)
173. Laura Lavezo	3:40	11:29 (7:49)	23:42 (12:13)
186. Ashlee Smalley	3:48	11:54 (8:06)	23:50 (11:56)



University of New Mexico Cross Country

“Wolftracks”

News, Views, Reviews, Previews

OCTOBER 1, 2010 NOTRE DAME INVITATIONAL

WOMEN'S FINAL

1. Villanova (#1)	64
2. Oregon (#5)	118
3. Florida State (#2)	129
4. NEW MEXICO (#12)	143
5. Stony Brook (31)	153
6. Washington (#3)	185
7. Princeton (#8)	214
8. Tulsa	232
9. Arkansas (#33)	293
10. Penn State (#34)	295
11. BYU (#21)	302
12. UCLA	338
13. Iowa (#24)	366
14. UC Santa Barbara	368
15. Weber State	375
16. Ohio State	390
17. Butler	393
18. Notre Dame (#30)	402
19. UTEP (#19)	418
20. Alabama	478
21. Utah State	574
22. Southern Utah	607
23. SMU (#23)	636
24. San Diego	712

MEN'S FINAL

1. Oregon (#3)	69
2. NEW MEXICO (#16)	78
3. Florida State (#21)	99
4. Tulsa	196
5. Penn State	205
6. UCLA (#30)	206
7. Notre Dame	208
8. Alabama (#5)	242
9. UTEP	260
10. Indiana State	288
11. Arizona State (#18)	289
12. Butler (#27)	292
13. Villanova (#14)	306
14. Utah State	326
15. American	361
16. Weber State	388
17. Fresno State	397
18. Oakland	413
19. Washington (#34)	431
20. Southern Utah	607
21. San Diego	649

The Notre Dame Cross Country Invitational had been going on for 54 years, and in all that time there may never been a collection of highly ranked teams like 2010 had. On the men's side #3 Oregon, #5 Alabama, #14 Villanova, #16 UNM, #18 Arizona State, #21 Florida State, #27 Butler, #30 UCLA, and #34 Washington went to the starting line. On the women's side #1 Villanova, #2 Florida State, #3 Washington, #5 Oregon, #8 Princeton, #12 UNM, #19 UTEP, #21 BYU, #23 SMU, #24 Iowa, and #30 Notre Dame were in attendance. Wow, what a great collection of athletes and teams. Last week at the Minnesota/Roy Griak Invitational the Lobo men and women were faced with one of the most challenging cross country courses in the country, with its constant up and down inclines, and twists and turns. This week the course presented something diametrically opposite as the Burke Golf Course where Notre Dame runs its home meets is perfectly flat. No, not somewhat flat..... absolutely perfectly flat. About the biggest incline on the Burke course is some blades of grass that might have grown longer than others around them! At Minnesota athletes had to be cautious to not go out too hard and get into serious lactate debt, where at Notre Dame once the gun goes off runners bolt out of the starting area like scalded cats! There is little strategy at Notre Dame since runners must get out hard, press hard throughout, and maintain that intense pacing the entire way. For the men's team, after a good, but not great Minnesota meet this competition became very important. The NCAA qualifying procedure is that during the regular season a team must accumulate wins against teams that will end up in the national championships. The Lobo men earned a few points, but did not earn "enough" wins at Minnesota, so they had to come up with a big race. For the Lobo women they did earn some good qualifying wins at Minnesota, but could really pad their resume with a good showing. In the end both teams they did the job they needed to do, and walked away from the Notre Dame meet able to take a deep breath, get into a nice consistent training rhythm for the next four weeks, and head to Laramie, Wyoming for the Mountain West Conference Championships. Unless there was a total collapse at the NCAA Regional meet (which there won't be) the Lobo men and women will be heading to Terre Haute, Indiana for the 2010 NCAA Championships. The weather in South Bend, Indiana on the campus of the Fighting Irish couldn't have been any better, sunny, in the 60's, and almost no clouds in the sky. When standing in the shade it was actually a little cool. The northern part of the Indiana area had not received any rain in the past week, so the ground was hard, and firm, and presented good conditions to run fast. The women's race was the first up on the day. From the gun jr. **Sarah Waldron** (Puddleston, England), classmate **Natalie Gray** (Invicta School, England), and sr. **Ruth Senior** (Norwich, England) made the commitment to somehow get to the lead

PICTURE #1



PICTURE #2



pack and mix it up from that point. Picture #1 shows the pure sprint at the start with Sarah on the left with Ruth following her out. Picture #2 shows the leaders at about 1/2 mile and Natalie can be seen at the front of the first 35 or so runners. Picture #3 shows Natalie just before the 1 mile mark right at the lead with Ruth just at the back of the group. Picture #4 is of **Kirsty Milner** (Loughborough University, England) in the chase pack just off the pace the front group set. At the 1 Mile they all came through in 5:15/5:16ish in the top 16 of the race. The front end of the group looked like a parade of All American' given the talent level. Kirsty was in close contact with the major lead group as she crossed the mile point in 5:18. Then the fifth scoring position for the Lobo ladies was a trio at that point as sr. **Delyth James** (Morpeth, England), sr. **Vanessa Ortiz** (Cibola, ABQ, NM), and jr. **Nicola Hood** (Glasgow, Scotland) were all at 5:26ish. Picture #5 is of Vanessa and picture #6 is of Delyth while #7 is

Nicola. If anyone was expecting for the pace to slow down they were in for a shock as the entire race kept hammering away. Natalie & Ruth got to the 2 mile point in 10:44 while Sarah got there six ticks later.



PICTURE #3



PICTURE #4



PICTURE #9



PICTURE #16



PICTURE #5



PICTURE #6



PICTURE #11



PICTURE #12



PICTURE #7

Kirsty was ten seconds back of Sarah and Vanessa 12 seconds back of Kirsty. Picture #8 is about 2 ½ miles into the race with Ruth trying to stay attached to Natalie. The dust from the dry ground is still evident after the lead golf cart went through. Picture #9 shows the effort on Sarah's face as she passed 2 ½



PICTURE #8

miles. Picture #10 is Ruth about 200 meters from the finish line. She would finish 16th overall in 17:00 six places behind Natalie who cranked out a 16:47. Picture #11 shows Sarah trying to get every ounce out of her legs as she sprints to the finish line where she placed 27th



PICTURE #13



PICTURE #14

overall in 17:13. Picture #12 is Kirsty flying between Stony Brook and UC-Santa Barbara runners (she finished ahead of both) to record a 36th place finish with a 17:23 time. Vanessa was the fifth finisher for the Lobo women as she captured 54th place with a 17:33. Nicola is captured in Picture #13 right before the finish where she clocked 17:39. Delyth finished 91st with a 17:59 while **Emma Reed** (Clevdon, England) clocked 18:09. Jr. **Shawna Winnegar** (Santa Fe, NM) had one of her best collegiate races and is shown finishing in Picture #14. SW clocked a solid 18:13. In the women's open race held prior to the

start of the championship race **Sarah Higgins** (Center Grove, IN) is seen enjoying being back on home turf in Picture #15 where she finished with a 18:36 time. When all the dust had settled (literally)



PICTURE #15

the Lobo women had totaled 143 points finishing behind defending NCAA Champion Villanova who had 64, Oregon with 118, and Florida State with 129. Certainly the UNM women had a fine race, but one they all know they can improve on. Picture #16 is the post race discussion with Coach Franklin where he talked about the importance of team sacrifice, and enjoying the moment.....and the



PICTURE #1



PICTURE #16



PICTURE #2



PICTURE #17

possibilities that can happen at the NCAA Championship in November. Picture #17 is sr. Ruth Senior intently listening to the important points Coach Franklin is talking about. Picture #18 is a great post-race smiling fest with Nicola, Vanessa, and Kirsty. Ahhhh, the happiness of racing well as a TEAM. Once the women's race was done the men went to the starting line eager to follow up on a great spectacle. Just as in the women's race when the gun went off..... boom...people took off like madmen. Picture #1 is the UNM men side by side with national power Oregon just after the gun. Picture #2 shows the UNM fearsome foursome right at the



PICTURE #18

front of the race. Sr. **Keith Gerrard** (Isle of Man, Great Britain) is #633 on the left and classmate **Rory Fraser** (Leicester, England) is just off KG's left shoulder. You can just see the sunglasses of **David**

Bishop (Cippenham, England) and then on the other side of the tall Oregon runner (eventual champion Luke Puskedra) is jr. **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya). At the 1 mile checkpoint the four of them came through in about 4:45 with sr. **Alex Willis** (Lake County, Leadville, CO) just a couple of seconds back. Picture #3



PICTURE #3

shows the front four continuing to lead by example controlling the tempo of the race. Picture #4 shows **Pat Ortiz** (Pecos, NM) hunting for his teammates in the race. One of the positive parts about the Notre Dame course is that an athlete can get a visual cue of where his teammates are during the race, something that some courses do not offer. At the 2 mile mark the front four got there in 9:37 with Pat seven seconds back with Alex and jr. **Allen Pittman** (Los Alamos, NM) three seconds back of that. Picture #5 shows the select group of lead runners trying to apply pressure to the race. At this point the runners were



PICTURE #4



PICTURE #5



PICTURE #9

and a program that legendary distance runners have come out of. If this doesn't excite you check your pulse!!!! At four miles it was too close to call. Nicholas and Puskedra had finally spurred away from Rory and they both clocked 18:55 with Rory at 18:59. Picture #9 is Alex Willis. Picture #10 shows NK and the

Oregonian just past the four mile point while Picture #11 shows Rory churning along. Picture #12 is Keith who came through eight seconds after Rory. Keith is chasing after Matt Centrowitz, who was Oregon's #2 runner and an All American on the track. The real interesting

development for the Lobo men was the fifth and final scoring runner. Brock had taken over for Pat and was trying to pass everyone in his path as shown in Picture #13. He was rolling by people right and left. Then hot on his heels was soph **Sean Stam** (Rio Rancho, NM) who is still learning the intricacies of Division I ranking. SS had gone out conservatively and was making a concerted effort to get up with Brock. Picture #14 shows Sean with about 1/2



PICTURE #10



PICTURE #6

picking up the tempo trying to get themselves clear of the major group. By three miles the trio of Rory, Nicholas, and Puskedra had opened up a slight gap on the next two runners as Picture #6 indicates. The trio crossed three miles in 14:17. Keith was still banging away but had gotten separated by just about 3 seconds at three miles as Picture #7 shows. David Bishop came through three miles in 14:26 and is pictured around that point in Picture #8. By this point of the race it had pretty much gotten condensed down into a two-team race, Oregon and New Mexico. Doesn't that sound good? The Lobos running side by side with the most storied program in NCAA history, a program that Nike founder and owner Phil Knight competed for, supports and loves,



PICTURE #7



PICTURE #8



PICTURE #11

mile to go. At the finish Oregon took first place with Nicholas finishing off a great run to grab second place with a 23:45 for the five miles. Oregon then took third place with Rory chasing UO's #3 right to line ending up with fourth place recording a 23:53. Next in for the Lobo men



PICTURE #12



PICTURE #13



PICTURE #14

was Keith who claimed 6th place with a 24:03 while Dave who had a sterling last 600 meters snagging quite a few people finished 11th in 24:10. UO's third runner came in 18th and their fourth finisher 20th. So through four runners UNM was 2-4-6-11 for a total of 23 while Oregon was 1-3-18-20 for 41 points. Everyone was searching for UO's fifth and final runner and he showed up in 27th spot.....and then all attention turned to UNM's fifth who was Brock in 55th place. So after counting up the points Oregon had a total of 69 while the Lobo's had 78. Florida State with 99 points was a distant third. While the Lobo men fell a little short on this day what it did show the world is that Albuquerque does produce some fine distance runners and later in the season when the team gets to the NCAA Championships they will be have to be taken seriously.

RACE SPLITS

WOMEN'S RACE - OVERALL WINNER, LUCY VAN DALEN, STONY BROOK, 16:22

194 RUNNERS

<u>PLACE</u>	<u>1 MILE</u>	<u>2 MILE</u>	<u>3 MILE</u>	<u>5000 METER</u>
10. Natalie Gray	5:15	10:44 (5:29)	16:09 (5:25)	16:47 (:38)
16. Ruth Senior	5:16	10:44 (5:28)	16:21 (5:37)	17:00 (:39)
27. Sarah Waldron	5:16	10:50 (5:34)	16:33 (5:43)	17:13 (:40)
36. Kirsty Milner	5:18	11:00 (5:42)	16:45 (5:45)	17:23 (:38)
54. Vanessa Ortiz	5:26	11:12 (5:46)	16:53 (5:41)	17:33 (:40)
62. Nicola Hood	5:26	11:20 (5:54)	17:04 (5:44)	17:39 (:35)
91. Delyth James	5:26	11:24 (5:58)	17:18 (5:54)	17:59 (:41)
103. Emma Reed	5:32	11:30 (5:58)	17:30 (6:00)	18:08 (:48)
109. Shawna Winnegar	5:39	11:44 (6:05)	17:34 (5:50)	18:13 (:39)

MEN'S RACE - OVERALL WINNER, LUKE PUSKEDRA, OREGON, 23:39

160 RUNNERS

<u>PLACE</u>	<u>1 MILE</u>	<u>2 MILE</u>	<u>3 MILE</u>	<u>4 MILE</u>	<u>5 MILE</u>
2. Nicholas Kipruto	4:45	9:37 (4:52)	14:17 (4:40)	18:55 (4:38)	23:45 (4:50)
4. Rory Fraser	4:45	9:37 (4:52)	14:17 (4:40)	18:59 (4:42)	23:53 (4:54)
6. Keith Gerrard	4:45	9:37 (4:52)	14:20 (4:43)	19:07 (4:47)	24:03 (4:56)
11. David Bishop	4:46	9:37 (4:51)	14:26 (4:49)	19:18 (4:42)	24:10 (4:52)
56. Brock Hagerman	4:50	9:50 (5:00)	14:46 (4:56)	19:48 (5:02)	24:54 (5:06)
64. Sean Stam	4:51	9:51 (5:00)	14:51 (5:00)	19:57 (5:06)	25:06 (5:09)
88. Allen Pittman	4:48	9:47 (4:59)	14:47 (5:00)	20:10 (5:23)	25:25 (5:15)
94. Alex Willis	4:48	9:47 (4:59)	14:51 (5:04)	20:07 (5:16)	25:31 (5:24)
99. Patrick Ortiz	4:50	9:44 (4:54)	14:48 (5:04)	20:07 (5:19)	25:35 (5:28)



University of New Mexico Cross Country Wolftracks News, Views, Reviews, Previews

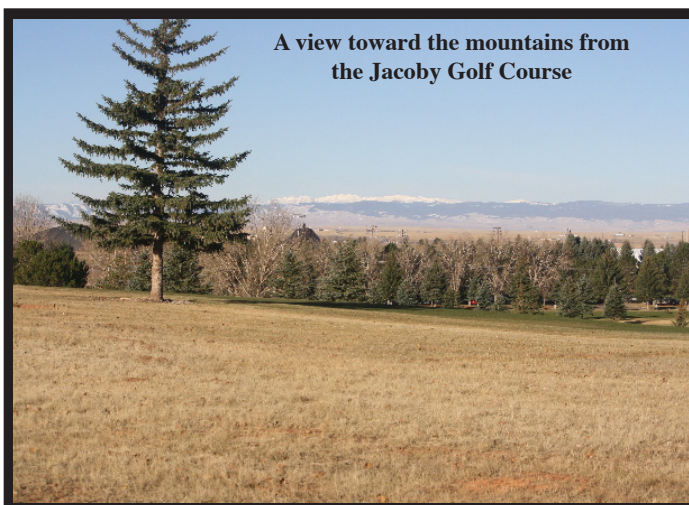
OCTOBER 29, 2010

MOUNTAIN WEST CONFERENCE CHAMPIONSHIP

1. NEW MEXICO	20
2. Colorado State	60
3. BYU	72
4. Air Force	132
5. Utah	139
6. Wyoming	141
7. San Diego State	214
8. UNLV	216
9. TCU	219

DOMINATION WOMEN RUN TO A THREE-PEAT

The Webster's New Collegiate Dictionary defines the word domination as, "supremacy or preeminence over another or the exercise of mastery or preponderant influence". Well.....that about sums up the Lobo women and the 2010 Mountain West Conference Championship. But before we get to the actual meet, lets digress. For the first time in the 12 year history of the Mountain West Conference the cross country championship came to the beautiful state of Wyoming, and the campus of the University of Wyoming

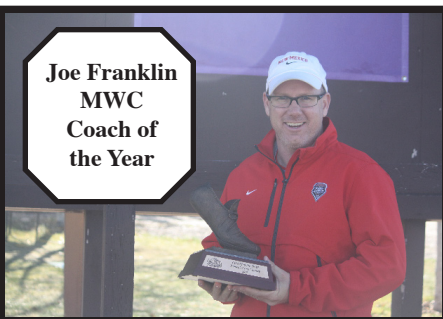


A view toward the mountains from
the Jacoby Golf Course

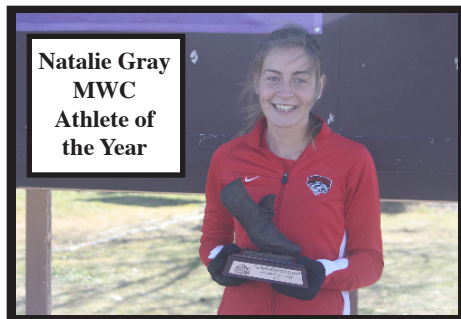


Looking at the starting straightaway from the chute

in Laramie. Situated in the southern part of the state Laramie is a small collegiate town of about 27,000 folks and sits at 7200 feet above sea-level (more about that later). Laramie has many leftover characteristics of the old western town that it used to be and as the team dined downtown the night before the meet there were actual cowboys in long tan coats, and spurs on their boots walking around the streets (yes, and carrying guns and such). It would be hard to explain the sheer beauty of Laramie and the expansiveness of the area. Earlier in the week Laramie had temperatures in the 30's with snow coming down. By the time the meet rolled around the sun came out, the ground was dry, but the wind blew strongly all day, and temperatures hovered in the mid to high 40's. The Jacoby golf course where UW hosted the meet is primarily flat with several sneaky and intense hills. The course which was set up



Joe Franklin
MWC
Coach of
the Year



Natalie Gray
MWC
Athlete of
the Year

as a huge 3000 meter loop around the boundaries of the golf facility had the women running two complete circuits totaling 6000 meters. As the picture shows, runners started the race going down a long and straight path into the outskirts of the course. Now, on to the meet and the fun which ensued. The 2010 Lobo women had shown flashes of brilliance all season long, but had not put together that dominating, teeth-rattling, in your face performance, where they knock the wind out of the competition. Prior to the meet, the 10th ranked Lobos looked at the Cougars of BYU as their main competition.



Vanessa & Ruth with Sarah & Natalie right behind at 1400 meters

five came through the first mile of the race in 5:52 which was a good 30 seconds off their normal pace. Sr. **Delyth James** (Morpeth, England) was one tick back at 5:53 alongside froshie **Nicola Hood** (Dumfries, Scotland). Just off NH's pace was jr. **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) and class-mate **Alex Darling** (La Cueva, ABQ, NM). As the runners made the big loop around the facility they encountered the first hill of the day at about 2400 meters. Picture #2 show the Lobo front



Lobo Power L-R: Milner, Ortiz, Gray, Senior, Waldron

five still clinging to each other as from left to right its Milner #14, Ortiz #16, Gray #11, Senior, and Waldron #13. Once the runners crested the hill they passed by the starting line and the 3000 meter (1/2 way) point, then headed down the long straight again passing the 3200 meter (2 mile) split. At the halfway point of the race there was strangely something happening, and that was BYU only had one runner in the top 15 of the race. After UNM's top six in the lead pack there were more Colorado State runners than anyone else. So where were the Cougars? While the race is never over until its over, for all practical purposes, unless the Lobo ladies walked off the course and sat down victory was looking pretty darn good at that point. The only question that seemed left to answer was how big the gap would be between first place team and second place team? At

BYU has a fine program, and they have won 8 of the 12 MWC titles. BUT - New Mexico had won the last two and both teams had their sight set on each other. By and large, UNM was healthy and ready to race, and put a powerful line-up on the starting line. As stated earlier, the altitude in Laramie is 7200 feet, and that sent a cautious attitude through all the runners. For those who might not understand why that is important here is the daily science lesson. The concentration of oxygen at sea level is about 21% and the barometric pressure averages 760 mmHg. As altitude increases, the concentration remains the same but the number of oxygen molecules per breath is reduced. As an example at 12,000 feet (3,658 meters) the barometric pressure is only 483 mmHg, so there are roughly 40% fewer oxygen molecules per breath. Therefore in order to properly oxygenate the body, a persons breathing rate (even while at rest) has to increase to take in extra O₂. This extra ventilation increases the oxygen content in the blood, but not to sea level concentrations. Since the amount of oxygen required for running and racing stays the same, the body must adjust to having less oxygen. Soooooooo, basically what that really said was its much harder to race at higher altitudes than sea-level and if you go into lactate debt you are toast! Whew. As the race started it was apparent from the gun the pace would be conservative and everyone just grouped together. The Lobo contingent got right to the front and UNM's top five was packed at, or near the lead. Picture #1 which was taken at about 1400 meters into the race shows sr. **Vanessa Ortiz** (Cibola HS, ABQ, NM) with classmate **Ruth Senior** (Norwich, England) off her right shoulder. Just behind the Wyoming runner is jr. **Sarah Waldron** (Pudleston, England) and right behind SW is jr. **Natalie Gray** (Invicta School for Girls, England). Somewhere in this front group was jr. **Kirsty Milner** (Rivington and Blackrod, Bolton, England). The front



**PICTURE
#3**

Natalie & Sarah ahead with Ruth and Vanessa chasing

the 2 Mile split Natalie and Sarah had opened up a four or five second gap on Vanessa, Ruth, Kirsty (11:43 – 11:48). The 4000 meter point of the race is halfway up the backstretch of the course and Picture #3 shows Natalie/Sarah side by side with Ruth in the background followed closely by Vanessa. It was

clear Vanessa was having her greatest MWC day ever. As a froshie in 2006 VO finished 18th and then

duplicated that place in 2007.

In 2008 she red-shirted before last year moving up to All MWC honors and 8th place. Picture #4

shows Kirsty searching hard for any of her teammates while

Picture #5 is Delyth locked in a fierce battle with two other runners all of whom were vying for a top 10 finishing place. At the 4800 meter point in the race (3 miles) Natalie and Sarah were still side by side

hitting that mark in 17:27 with



PICTURE #6

Natalie at the bottom of the final hill climbing to the finishing area with Sarah rounding the bend



PICTURE #7

Ruth at 17:37, Vanessa in 17:42 and Kirsty in 17:55. After the 3 mile mark Natalie turned up the pace and when she got to the bottom of the large hill she was about 2-3 seconds up on Sarah. Picture #6 shows the bottom of the hill. Picture #7 shows Ruth just cresting the final hill holding off a CSU runner. Over the course of the final ½ mile of the race UNM just exerted its power and as the runners flashed across the finish line it was just like the old baseball song, “And its one, two, three strikes you’re out at the old ball game” as Lobos crossed first (Natalie), second



Shawna on the left & Alex on the right on the downhill section that leads to the finish line.

(Sarah), and third (Ruth). Vanessa cruised in at 6th while Kirsty place 8th. As the digital scoreboard started flashing the results everyone just looked on in awe as the team point totals became apparent. The Lobo ladies had amassed a remarkable 20 points with Colorado State coming in second with 60 points while BYU dropped to third with 72 points. The victory was so



**PICTURE
#4**

Kirsty doing what all good teammates do.....she is looking around a corner searching for her teammates



**PICTURE
#5**

Delyth battling for a top 10 spot with a BYU & Wyoming runner

dominating that if the first five non-UNM finishers places were totaled up (CSU-4th, BYU-5th, Utah-7th, Wyoming-9th, CSU-10th) that group could not have matched the Lobo women! Natalie & Sarah, even though they are new to the MWC have formed a seriously strong tandem, which will make it hard on any other conference program. Ruth, always the strong and steady one has clearly established herself as a force to be reckoned with. Vanessa....what can you say for our quiet, but intense racer! Kirsty, who had not been feeling 100% still came

up with a brilliant race. Delyth moved up two spots from last year and was a key to pushing everyone in front of her. So all in all the women created something very special this season. At the awards ceremony Natalie Gray was voted as MWC Athlete of the Year, while fourth-year head coach **Joe Franklin** was voted by his peers as Coach of the Year, the third COY honor during that span. During the last three year cycle the Lobo women have turned up the success rate to unprecedented levels for the program. In the nine year span from 1999 - 2007 there were eight Lobo women who placed in the top 10, while in the last three years there have been 14! Getting runners to commit to run in the top 10 is imperative to high level success, and this group has clearly understood that dynamic. So now the highly rated Lobo ladies turn their attention to the NCAA Regional Championship which will be hosted by Utah two weeks hence. At that meet the women will look to qualify a team to the NCAA's and continue to positive momentum they have established. At this time of year each consecutive meet gets harder, and everyone must continue to work together for the common good.



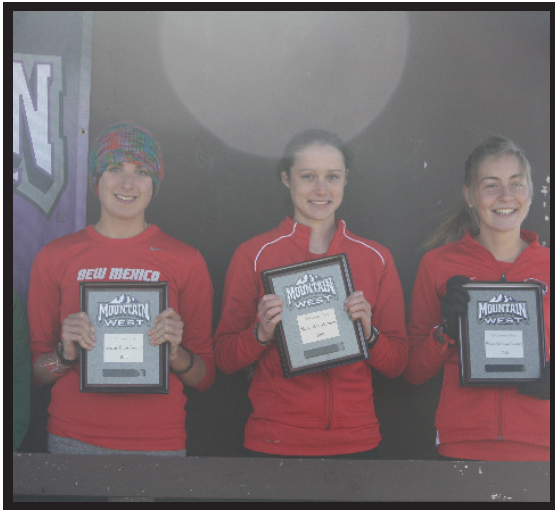
Just moments after the completion of the race the Lobos realize they have won the meet

L-R

Ruth
Sarah
Natalie

IS THIS A
POWER-
FUL TRIO
OR WHAT?

The top 3
finishers in
the race all
have BIG
smiles



MEN'S TEAM SCORES

1. NEW MEXICO	40
2. BYU	53
3. Air Force	68
4. Wyoming	96
5. Colorado State	110
6. TCU	166

MEN REPEAT AS CHAMPIONS IN ANOTHER EPIC (and last) BATTLE WITH BYU

Coming into the MWC meet the Lobo men were ranked 12th in the country, while the Cougars of BYU were ranked 13th. The two teams had met once before this season as UNM had finished 3rd at the Minnesota/Roy Griak Invitational, while BYU had been right behind in 4th. The teams were very evenly matched, just like last year when the Lobo men scratched out a victory in the conference meet to snap BYU's five year championship streak. Last years edition was so close that it took UNM's eventual winner Jacob Kirwa outsprinting BYU's #1 runner in the last 200 meters of the race, and Ross Millington passing two Cougars in the last kilometer to seal the victory 29-34. This year was no different as Coach Joe Franklin implored his charges to understand the importance of every point, and one person could, and most likely would affect the final outcome of the race. Just as in the women's race just about every athlete was concerned about the altitude effect and once the race started the pace was relaxed. The first mile went in 5:01, quite easy for this level of talent. On the first 3000 meter loop



Shawna, Natalie, Vanessa & Sarah having fun with Pistol Pete, the University of Wyoming mascot after the race.



straight past the starting line, the group re-formed as one big running club. The 2 Mile split was on the way down the hill and the leaders got there in 10:21, which means the second mile was a 5:20. By the 4000 meter point of the race which was on the backstretch of the big loop Picture #2 shows the group was still a huge one with the top five Lobo men and Cougar men in the



mix. Basically each team was stalking each other, on the constant look-out for where the other was. Interesting part is that Air Force was slowly, but quietly getting their top five into the mix and while no one thought they had enough firepower to unseat either the Lobos or Cougs, they were not going to give up without a fight. From the 4000 meter point to the 6000 meter point a little break began as Picture #3 shows Keith and Rory bookending Miles Batty from BYU with Nicholas tucked in behind, then BYU's #2 and #3 in tow. Right after that Picture



Rory & Keith side by side with BYU's #1 at 6K

#4 shows Ross, sr. **David Bishop** (Cippenham, England) and sr. **Brock Hagerman** (Markleville, Indiana) at the 6000 meter point close on the tail of BYU's #3. At the 6k split the meet was



PICTURE #4



THE START

of the 52 total runners in the race, 20-25 were grouped together like a training run, maybe just 10 or so meters ahead of another large pack. As the lead pack got to the bottom of the first hill sr. **Rory Fraser** (Leicester, England) was trying to see if anyone wanted to pick up the pace a little and get out of the jogging mentality. He quickly found out that no one was interested in running faster, so he went back into the main pack. As Picture #1 shows Rory is at the head of the pack with jr. **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya) tucked in behind with sr. **Keith Gerrard** (Isle of Man, United Kingdom) on one wing and jr. **Ross Millington** (Stockport, England) on the other.

PICTURE #1

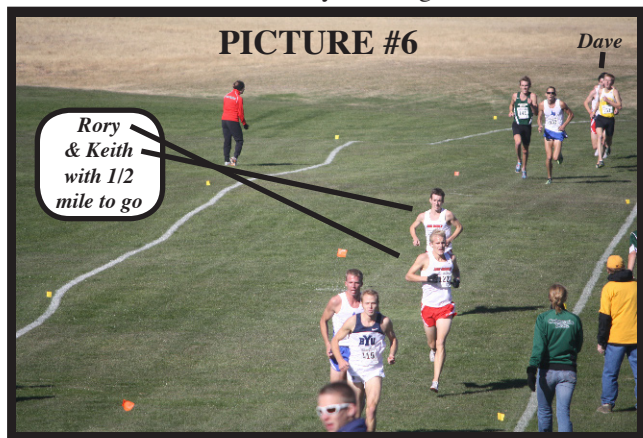


Coming up the first hill Rory leads with Nicholas right behind him, and Keith to the left of the main pack and Ross to the right.
As the main pack crested the hill, and started down the long

close between BYU & UNM with UNM seeming to have just a small lead of about 8-10 points, although many athletes were in close proximity to each other and the point swing could change rapidly. Case in point, Picture #5 shows #131 Justin Tyner from



the Air Force at the 6k split running in 13th place, behind all six Lobos, yet in the last 2000 meters he moved all the way to 2nd place! This is why you must focus on the entire race. The order at the 6k was Rory, Batty-BYU, Keith, Nicholas, Ward-BYU, Ogdon-BYU, Miller-Wyoming, Ross, Dave, Kigen-TCU, Brock, CSU, Tyner-AF, Walmsley-AF. Once the men pass the completion of the second loop at 6K they went out for a shorter 2000 meter loop to the finish. This is where everyone before the race thought the men would get separated from the boys. Rounding the course with about 1/2 mile to go, and having one last uphill section to traverse BYU's Batty had surged forward to a com-



fortable lead on the race. Then as Picture #6 shows in second was another BYU runner closely followed by AF's Tyner. Then about five meters behind was Rory with Keith in tow. Then there was a gap of about 30 meters and AF's #2 (Rock) was alongside CSU's #1. The AF tandem was really moving well as Rock was not even in the top 15 at the 6000 meter point. Right behind these two was Wyoming's #1 and Bish/Ross right in his slipstream (Picture #7). For Ross this was an incredible race. He had gotten a nasty foot infection earlier in the season, and was only able to start running about 2 weeks before the meet. For him to be gutting it out like this shows the true grit and character he possesses. Then after Ross there was another 20 meter or so gap with Nicholas, TCU's #1, BYU's #3, Brock, and Wyoming's



#3 (Picture #8). It is clearly evident the strain on each runners face as they navigate the final hill. Picture #9 shows Alex Willis (Leadville, CO) taking aim at a Colorado State runner. Alex fin-



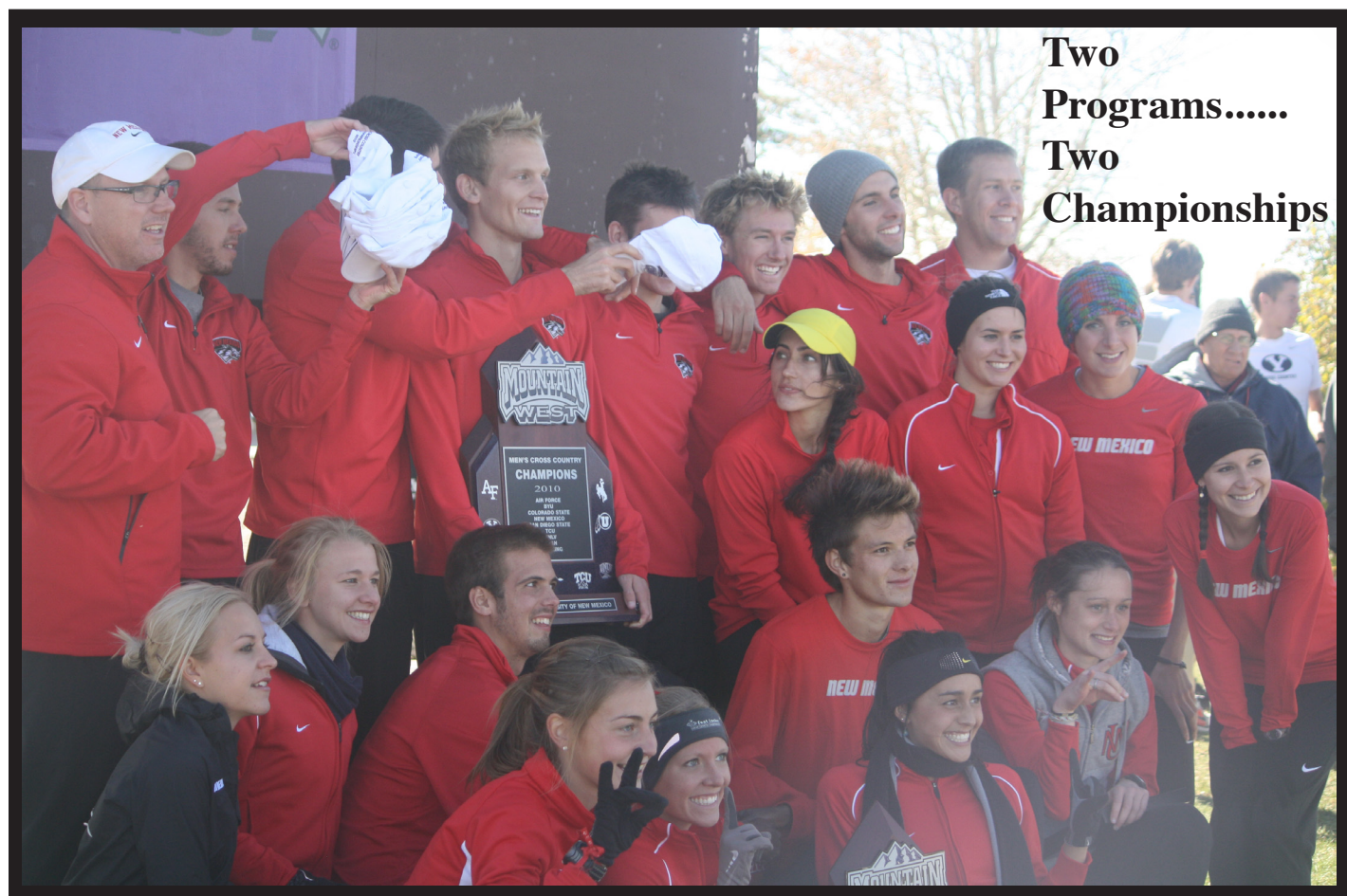
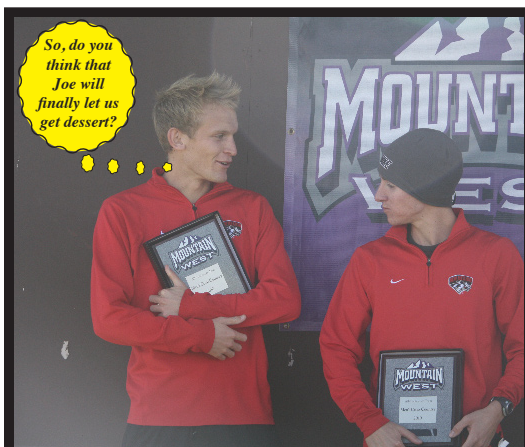
Brock & Nicholas straining to get up the final hill climb
ished off that CSU runner by the end. In the background is Sean Stam (Rio Rancho, NM). After that it was another UW runner and two more AF's runners. So at this point all UNM needed



Alex Willis followed by Sean Stam

to do was slam the door shut and the title was coming back to Albuquerque. At the finish the Lobo strongmen went 4 (Rory), 5 (Keith), 8 (Ross), 9 (Bish), and 14 (Brock). That totaled 40 points and the victory was sealed. Rory ran his usual great race from the front and was rewarded with moving up from last years

8th place. Keith, who has trained this season on a different stratosphere than last year moved all the way up from 22nd last year. He is locked and loaded for success. Then Ross was brilliant moving up two spots from last year despite the difficulty in training. Bish ran his always steady, tough race and is a far different animal than he was two years ago when he finished 19th in the conference. Rarely does DB let the team down. After an 11th place finish in 2007, and a 27th place finish in 2008, Brock red-shirted last year, before coming back with his most successful MWC finish. He is starting to peak at just the right time. Special note on Alex Willis. After finishing 43rd as a frosh, 30th as soph, and 36th as a junior, AW saved his best for the senior year as he crossed 21st. Good things do take time! Just as on the women's side over the last two years the men have created an environment where running to the front of the race is crucial. In the first eight years of the MWC there were 8 Lobo men who finished in the top 10. During the last two years alone, the Lobo men have accounted for 9 top ten finishes. Success is quite simple when you break it down.....find great people who understand the importance of listening to great coaching, and instill in them a philosophical underpinning that embraces success. Now, what lies next for the Lobo men? Its on to the NCAA Regionals in Salt Lake City where they will battle against the Mountain regions best teams. Then its on to the NCAA Championships where they will lay their sights on improving the program-best 8th place finish last year. It should be a fantastic ending to the season.





There is something special about the smile of champions as Brock Hagerman shows us along with Shawna Winnegar (headband) and Kirsty Milner. Victory IS contagious!

“What is the recipe for successful achievement? To my mind there are just four essential ingredients: Choose something you love... give it the best there is in you.....Seize your opportunities.....And be a member of the team”

*Benjamin F. Fairless, 1960
CEO, U.S. Steel*



RACE SPLITS

WOMEN'S RACE

PLACE	1 MILE	2 MILE	3 MILE	6000 METER
1. Natalie Gray (Jr.)	5:52	11:43 (5:51)	17:27 (5:44)	21:20.7 (3:53)
2. Sarah Waldron (Jr.)	5:52	11:43 (5:51)	17:27 (5:44)	21:32.9 (4:05)
3. Ruth Senior (Sr.)	5:52	11:48 (5:56)	17:37 (5:49)	21:38.8 (4:01)
6. Vanessa Ortiz (Sr.)	5:52	11:47 (5:55)	17:42 (5:55)	21:51.7 (4:09)
8. Kirsty Milner (Jr.)	5:52	11:48 (5:56)	17:55 (6:07)	22:09.1 (4:14)
11. Delyth James (Sr.)	5:53	11:57 (6:04)	18:03 (6:06)	22:17.4 (4:14)
19. Shawna Winnegar (Soph)	6:00	12:17 (6:17)	18:37 (6:20)	22:54.8 (4:17)
22. Nicola Hood (Fr.)	5:53	12:15 (6:22)	18:41 (6:26)	22:58.6 (4:17)
33. Alex Darling (Jr.)	6:02	12:30 (6:28)	19:12 (6:42)	23:44.0 (4:32)

MEN'S RACE - OVERALL WINNER - Miles Batty, BYU - 25:01

PLACE	1 MILE	2 MILE	3 MILE	4 MILE	8000 METERS (* last mile short)
3. Rory Fraser (Sr.)	5:01	10:21 (5:20)	15:44 (5:23)	20:48 (5:04)	25:14.8 (4:26)
4. Keith Gerrard (Sr.)	5:01	10:21 (5:20)	15:44 (5:23)	20:48 (5:04)	25:15.4 (4:27)
8. Ross Millington (Soph)	5:01	10:21 (5:20)	15:45 (5:24)	20:50 (5:05)	25:22.9 (4:32)
9. David Bishop (Sr.)	5:02	10:21 (5:19)	15:44 (5:23)	20:55 (5:11)	25:29.4 (4:34)
14. Brock Hagerman (Sr.)	5:02	10:21 (5:19)	15:45 (5:24)	20:55 (5:10)	25:37.2 (4:42)
17. Nicholas Kipruto (Jr.)	5:01	10:21 (5:20)	15:44 (5:23)	20:50 (5:06)	25:45.4 (4:55)
21. Alex Willis (Sr.)	5:02	10:21 (5:19)	15:46 (5:25)	21:13 (5:27)	26:07.8 (4:54)
24. Sean Stam (Fr.)	5:04	10:21 (5:17)	15:46 (5:25)	21:16 (5:30)	26:19.0 (5:04)
26. Allen Pittman (Jr.)	5:03	10:26 (5:23)	15:58 (5:32)	21:36 (5:38)	26:25.1 (4:49)



University of New Mexico Cross Country Wolftracks News, Views, Reviews, Previews

NOVEMBER 13, 2010

NCAA MOUNTAIN REGION CHAMPIONSHIP

WOMEN TEAM SCORES

1. NEW MEXICO (#10)	53
2. Texas Tech (#3)	55
3. Colorado (#8)	59
4. BYU (#35)	156
5. Colorado State (#34)	175
6. Montana	215
7. UTEP	218
8. Weber State	243
9. Idaho State	252
10. Utah Valley	287
11. Southern Utah	291
12. Utah	307
13. New Mexico State	313
14. Air Force	335
15. Northern Arizona	347
16. Wyoming	358
17. Utah State	364
18. Nevada	486
19. Montana State	536

MEN TEAM SCORES

1. NEW MEXICO (#10)	45
2. Colorado (#9)	66
3. BYU (#15)	80
4. Northern Arizona (#7)	88
5. Air Force	155
6. Wyoming	205
7. Utah State	209
8. UTEP	210
9. Montana State	217
10. Colorado State	245
11. Utah Valley	289
12. New Mexico State	311
13. Texas Tech	341
14. Weber State	356
15. Idaho State	412
16. Montana	440

***LOBOS TAKE
NCAA
REGIONAL
TITLES FOR
FIRST TIME
EVER***



L-R: Delyth James, Ruth Senior, Vanessa Ortiz, Sarah Waldron, Shawna Winnegar, Nicola Hood, Natalie Gray, Kirsty Milner



L-R: Alex Willis, David Bishop, Keith Gerrard, Rory Fraser, Ross Millington, Brock Hagerman, Sean Stam

The 2010 NCAA Mountain Region Championship was one of nine held around the country on Saturday, November 13th. As the qualifying meet for the NCAA Championship what a team did during the regular season was important, but if the team couldn't get the job done on regional day, most likely they would sit home. In the regional system the first two teams in each of the nine regionals automatically qualify, and then an additional thirteen teams are selected through an at-large process. Last year the Lobo men took 3rd place earning an at-large berth in the NCAA meet, while the women finished 5th and also were given an at-large berth. With quite a few regular season wins over highly ranked teams this season, both teams were confident that if they came and finished in the top three, they were guaranteed a spot in the 2010 NCAA Championship field. If not, then it would be up to the NCAA Committee to select them based on their body of work. The University of Utah played host to the



The view of mountains from around the cross country course were stunning

meet on the Rose Park Golf Course, which has hosted multiple regional championships over the years. The course was set as a series of winding loops around the fairways and it was an excellent spectator course as one had to do little more than walk quickly from side to side of the fairway to pick up the athletes. The weather was just about perfect for cross country running as there was little to no wind, and temperatures in the mid-40's. The course was flat and the footing excellent so all in all it was a great day for racing. The Lady Lobos were first up and most prognosticators felt that the 10th ranked harriers would be in a three way battle with Texas Tech ranked #3 and Colorado ranked #8. Texas Tech has improved their program significantly over the last several years as until 2006 they had not even



Coach Haynes & Coach Franklin

made the meet. Then they reeled off NCAA finishes of 6th, 18th, 7th, and 4th. Colorado has been a perennial NCAA contending team and for the five year stretch from 2002 – 2006 they went 5th, 5th, 1st, 2nd, and 2nd. Always a well-coached group they would be a formidable competitor. UNM countered with a very talented and ever-improving group. At the beginning of the year the UNM women were obviously talented, but not working cohesively as a team, which is common when there are many new faces. Team chemistry is something that evolves over the course of a season, and the Lobos were a work in progress, starting to jell at the just the right time. Having trained at a very high level for the last month of the season they seemed primed for a great race, even performing higher than they did two weeks before in winning the Mountain West Conference title. At the start of the race the pace was not scorching and the three main contending teams slowly got into good position relatively near the front of the race. TTU as is their style went right to the front with their entire scoring five, while UNM was in the large lead pack, but not overly pressing the pace, content to bide their time as the race developed. Colorado as is their style hung back a little and grouped together trying to figure out if the pace would increase early or late. The leaders came through the first kilometer in a modest 3:15. Jr. **Natalie Gray** (Invicta School for Girls,



Early in the race Texas Tech had lots of red jerseys upfront as Natalie Gray (#131) is closely followed by Sarah Waldron.



Shawna Winnegar moving through the pack during the first 1000 meters

Maidstone, England) was running in the front of the race flanked by all five TTU runners. Right behind in the midst of that action was classmate **Sarah Waldron** (Tring School, Puddleston, England). Then sr. **Ruth Senior** (Norwich, England) was just about four seconds back surrounded by three Colorado runners, and tucked in right behind Ruth jr. **Kirsty Milner** (Rivington & Blackrod, Bolton, England), sr. **Vanessa Ortiz** (Cibola, ABQ, NM) and sr. **Delyth James** (Morpeth, England), so UNM had all five scorers in the top 25 or so of the race. This was very good positioning early in the competition. As the runners finished the first big loop of the course which measured 1600 meters (about a mile), and entered into the inner section of the course, there was a small surge from the kilometer (1000 meters) to the mile.



Kirsty & Vanessa doing exactly as they have been coached to do: work with a teammate for their mutual benefit.



The front group starts to get smaller and smaller with Natalie & Sarah remaining in the front group that comprised places 2-7.

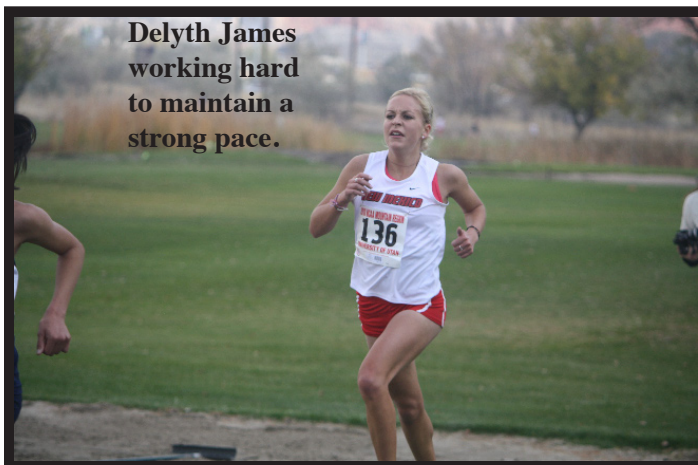


Natalie & Sarah with about 600 meters to go



Ruth all alone trying to pick up ground on the lead group.

At the mile the front group had been whittled down to about eight athletes with Natalie and Sarah being in that group although one TTU runner and one UTEP athlete had put about five meters on both of them. Then after Natalie & Sarah a gap of about two or three seconds was present to the next group of runners which included Ruth. Then Vanessa and Kirsty were teamed up running together trying to work their way through the crowd. By the 3000 meter point the race had taken shape with only the little details to be worked out. What that means is that it was readily apparent at 3K the Lobos, Red Raiders, and Buffaloes were going to finish 1-2-3 as teams, but the order of finish



Delyth James working hard to maintain a strong pace.



Kirsty heading to the finish line

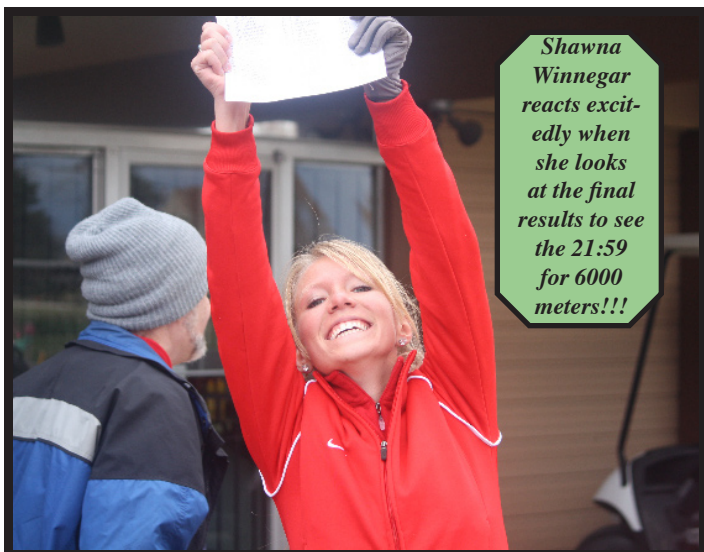
edge, with UNM clearly second, and Colorado clearly third. The unofficial score at 3000 meters was Texas Tech 29, UNM 51, Colorado 77. But historically both UNM and Colorado have been great second half teams, while Texas Tech has not been as successful in that part of the race. The race course took the runners way out and around the large fairway and the next time they appeared was with about 800 meters to go. At that point UTEP's All American Risper Kimaiyo had pulled away and was heading for an easy victory while TTU's #1 was just as clearly going to finish #2. Then around the bend and through a row of large trees came Natalie and Sarah with Colorado's #1 hot on their tail and then TTU's #2 just off that group. Then about five meters back was Ruth trying like crazy to pull in the Red Raider. About three seconds later appeared a group of five runners comprised of three Colorado Buffalo's, one Utah runner and a BYU athlete. Then back behind them

about 15 meters was TTU's #3 and #4 along with UTEP's #2 and three other athletes before Vanessa came into view. VO was clearly having her best collegiate day and looked powerful and confident coming through the tree's. After Vanessa came two other athletes before Kristy



Vanessa finishing off her best collegiate race to date

came into view. The last 600 meters is a straight shot right back into the starting area and athletes were pulling out all the stops to try to squeeze every last bit of energy out of their legs. At the finish Natalie crossed in fourth place with Sarah in fifth and Ruth in sixth. Ruth had run down the athletes in front of her and gained an invaluable couple of extra places. RS also improved from last years 11th place finish. Vanessa crossed in 18th place and Kirsty in 20th. Vanessa improved greatly on her 40th place finish from one year ago. Delyth came flying across the line in 30th place matching exactly what she did last year. The final finisher was **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) who came through the line in a career best 21:59.7 good for 50th place. One of SW's goals had been to run under 22:00 for the 6000 meter distance and its nice to see when hard work and perseverance pays off. So everyone just stopped and looked at the results board as it calculated the scores. It finally flashed an ever-so-close victory as New Mexico finished with 53, Texas Tech with 55, and Colorado with 59. So during the second half of the race UNM was rock-solid and maintained its positioning as things changed during the race while TTU lost 26 places and Colorado picked up 28 places. Whew.....now that's exciting. With its first NCAA Regional title ever the Lobos were rewarded with an automatic berth in the NCAA Championships. On to Terre Haute, Indiana and more exciting opportunities for success!!!!



Shawna Winnegar reacts excitedly when she looks at the final results to see the 21:59 for 6000 meters!!!



Sarah & Natalie doing a little post-race victory dance



HAPPY FACES: Ruth, Sarah, Natalie on the award stand. This trio is one of best threesomes in the country and will be a force to be reckoned with at the NCAA Championships.



PICTURE OF THE WEEK: Coach Franklin felt "bullish" about the teams chances and he tried to show that in his bull imitation.....ehhh, Coach.....don't quit your day job if you think this will work in Hollywood.

The second race of the day was the men's championship and just as in the women's race there appeared to be a small number of teams with a legitimate chance of winning, or auto qualifying. The Northern Arizona Lumberjacks were the highest ranked team coming in at a #7 national spot, and the Buffs of Colorado held down the #9 ranking. Next came the Lobos one spot back of Colorado at #10, and then MWC rival (for now) BYU was holding down the 15th spot. The only other Mountain region team to get votes in the last coaches poll was Montana State way down at 38th. So for all practical purposes it looked like a four way battle for the two auto spots. This would be a repeat of last years regional as the same four teams



Early in the race during the first kilometer it almost seemed as all 111 runners were grouped together. UNM was in good position as the first six Lobo runners were right at the head of the field.



Little changes during the second kilometer as Dave, Keith, and Rory are right at the front.



Ross is pictured just gliding along lurking off the lead pack. Brock is just a few meters back and Alex is just off of Brocks shoulder.

finished 1-4 with BYU narrowly winning with 54 points to Colorado's 55. UNM finished that race with 77 points and NAU with 86. The 10,000 meter race (6.2 miles) started out the same way that the ladies race did as a very large portion of the 111 man field clumped together at the lead, no one wanting to extend themselves until they knew what the big dogs were going to do. Six of the seven UNM runners were right off the lead at the 1 Mile point as the group came through in 4:49. The UNM contingent was sr. **Rory Fraser** (Leceister, England), classmates **Keith Gerrard** (Isle of Man, United Kingdom) and **David Bishop** (Cippenham, England), sophomore **Ross Millington**

(Stockport, England), and then seniors **Brock Hagerman** (Markleville, Indiana) and **Alex Willis** (Lake County, Leadville, CO). Rory, Keith, and Dave were running together in the front pack staying relaxed and letting others lead, a wise decision as the race is over 10,000 meters



Alex working hard to keep the lead pack within reach

and while the altitude was a "low" 4200 feet, it still has an effect on the body. Ross, Brock and Alex were all near the front surrounded by a sea of runners. It was remarkable how many runners were packed in at the front. **Sean Stam** (Rio Rancho, NM) was in the middle of the huge pack and it was almost impossible to pick him out of the crowd. As the race continued to the 2 mile mark, and even through the 3 mile mark little was changing. Keith, Rory, and Dave all hit the 3 mile mark around the 14:25 point with Ross four seconds back, and Brock two seconds behind Ross. As the lead pack continued past the 3 mile mark they pulled a huge group which was intent on staying together



As the race wears on there is still plenty of company at the front of the race.

through 4 miles. The team scores were very close between the top 4 teams at this point. Ross was maintaining his position just off of the pack with Brock and Alex hot on his heels. And then finally the ante got upped as just after 4 miles there was a break as potential national champion David McNeil of Northern Arizona took the lead and started pushing gradually and more gradually. Keith was quick to react and jumped right into the lead pack of 4 runners. Rory and Dave missed the break and were stuck between the front runners and the chase group. For folks that don't understand the difficulty of high level racing when a lead runner throws in a surge spectators wonder why the rest just don't increase their tempo to pull him in. Runners at this level are racing close to maximum effort the entire race, and thus trying to put in a hard surge is incredibly difficult. While the runners glide across the ground and sometimes look effortless, that is only an illusion, they are really working very hard to stay biomechanically efficient. Ross was in the chase group and really started moving at mile



THE BREAK: This picture shows the small group putting the hammer down and increasing the tempo. Eventual winner David McNeil is #311 while Deigo Estrada #312 went on to finish 3rd (both from NAU) with the BYU runner Miles Batty who finished 2nd. Right behind is Rory, Dave, and Keith.



Little Battles #1 - True race fans can appreciate that little pieces of the race pay big dividends. Here, Dave and Rory are running behind a Colorado runner with about 600 meters to go. Both stayed in his slipstream until just before the finish and then whizzed by him, gaining one valuable point.



5. With Ross' move, New Mexico finally started to emerge as the clear leaders of the meet with Brock being the key man to determine victory. Ross who always has a strong last kilometer and can be counted on for fast finishes improved over 10 places better at the finish than where he was at mile 5. Keith who has been running at a



Little Battles #2 - Ross is about 600 meters from the finish and in that distance passed three athletes in front of him as there are few in the country who can match his late race tempo. Big point swing to the Lobos.



Keith on his way to the final 600 meters of the race



Little Battles #3 - Brock Hagerman during the final stage of the race gritting his teeth and flying by anyone in front of him. More point swing to the Lobos.

Ross' kick brought him up behind UNM's top 3 and gives the Lobos a great 4-5-6-7 finish that is hard to beat. Brock refuses to give way during the last ½ mile and finishes 23rd earning all regional honors and becoming the #5 runner for UNM. The Lobos total of 45 points easily takes the measure of Colorado at 66 and just like the women

gives them an automatic berth in the NCAA Championships. Alex ran a solid race to finish 35th overall and the sixth UNM placer. The importance of that depth is if Brock had caught a cramp or something, or worse yet, stepped in a hole and couldn't finish, Alex's placing would still have allowed UNM to walk out with the victory. That is why the sixth and seventh runners on a team ARE important and need to stay invested in the process.





University of New Mexico Cross Country Wolftracks News, Views, Reviews, Previews

NOVEMBER 22, 2010

NCAA CROSS COUNTRY CHAMPIONSHIP

WOMEN TEAM SCORES

1. Villanova (#1)	120
2. Florida State (#2)	154
3. Texas Tech (#10)	165
4. Georgetown (#3)	167
5. NEW MEXICO (#5)	227
6. Colorado (#8)	314
7. Stony Brook (#14)	334
8. Iowa State (#12)	341
9. Providence (#15)	343
10. Syracuse (#11)	347
11. Arizona (#9)	372
12. Oregon (#6)	378
13. Stanford (#7)	402
14. North Carolina (#18)	405
15. Princeton (#25)	411
16. Washington (#4)	413
17. Duke (#21)	416
17. Oklahoma State (#19)	416
19. Boston College (#20)	432
20. Texas (#24)	441
21. Virginia (#13)	460
22. Michigan (#17)	476
23. Michigan State (#16)	481
24. North Carolina St. (#28)	487
25. Kansas State	547
26. Penn State (#23)	550
27. Minnesota (#22)	555
28. Toledo (#27)	572
29. Florida (#29)	635
30. Tulsa (#26)	653
31. Rice	656

WOMEN EARN BEST FINISH EVER BEHIND TWO ALL AMERICAN PERFORMANCES

The 2010 NCAA Cross Country Championship was once again hosted by Indiana State University in Terre Haute, Indiana at the LaVern Gibson Cross Country facility. Unlike some past years athletes were greeted by unseasonably warm temperatures that got into the 60's by race time. Unfortunately, the warm weather brought very stiff winds that sometimes gusted into the 30mph range. But with no rain the previous week the course was in excellent condition and provided all athletes with firm footing, and a fair race path. Given the NCAA meet has been at ISU for eight years the crowds are starting to get larger and larger, and this year there was a big tailgating section, which is great for cross country. Throughout the championship the roar of the crowd was deafening, and at several points in the course, runners went through a corridor of people with the energy flow strong. For athletes who have the privilege of competing at the NCAA Cross Country meet it is an experience they will never forget. Both UNM teams were coming to Terre Haute with big expectations having captured Mountain West Conference and NCAA Mountain Regional championships, which resulted in them moving into the top 5 of the NCAA rankings. While not getting the pre-meet publicity that Oklahoma State and Stanford on the men's side, or Villanova on the women's side received both teams were at least part of the discussion for having the chance to get on the podium (top four). It is significant that due to the hard work the Lobo men and women have put in they are now getting

mentioned in those discussions. Besides the individual team discussions New Mexico was trying to improve on the combined team scores of both genders. Last year UNM was one of a select group of programs that had both men's and women's teams qualify, and when the dust settled had the fourth best combined team score of all programs, a credit to the overarching philosophy



Road Warriors

In building a true team everyone associated with the team must be invested in one vision. At the NCAA Championships only seven athletes are allowed to run but nine Lobos who weren't able to compete still felt strongly enough about "their" program to drive 1300 miles to cheer on their friends and teammates. We would like to say a special THANK YOU for these great teammates being present. Bottom row L-R: Sarah Higgins, Kirsten Follett, Laura Lavezo. Middle row L-R: Margaret Raskob, Alex Darling, Janna Mitsos, Michael Asay, Pierre Malherbe. Back row: Patrick Ortiz.

driving the Lobos. This year there were 17 programs that qualified both men's and women's teams and UNM moved up one place closer to the top with the third best point total behind Florida State and Oklahoma State. At 12:08pm the women were brought to the starting line and all 255 runners (217 representing teams and 38 that qualified as individuals) tensed for the starting gun. As the picture shows the starting line is stretched 100 meters end to end and the runners have almost 1000



meters (2 ½ laps around an outdoor track) of straight running before they reach the first turn. At the NCAA Championships there are so many great runners they tend to pack together and even as athletes reach 1000 meters they are clumped together tightly and it seemed half the field was running together. After traversing a series of inner loops on the Gibson course which takes the runners past 2000 meters they run



Even 2000 meters into the race athletes are shoulder to shoulder. Sarah Waldron is up close in the lower right hand section of the picture.

The starting line stretching 100 meters across



wide along the outer backstretch of the layout with a wooded forest on their left the entire way. This section of the course is probably a straight section of approximately ½ mile and allows the athletes to start to stretch out and get into a running rhythm. The next turn on the course is when the race approaches 3000 meters which is preceded by a wide sweeping right-hand turn. When the race got to this section all the pre-meet favorites for the individual title were right near the front of the race which one would assume. If an athlete is not near the front of the race by the 3K mark, then it's usually difficult to make up ground on the world-class athletes who are at the front. **Jr. Natalie Gray** (Invicta School for Girls, Maidstone, England) was right in that group! About 10 meters back was **Sarah Waldron** (Tring School, Puddlestone, England) and then after that it was tough to find the Lobo contingent with everyone being packed together. The lead group got to the 3000 meter point in about 10:11/10:12 and the electronic timing pads indicated about 30 runners were essentially given the same split time,

**Natalie
& Sarah**

600 meters into the race the 255 runners are stretched across the LaVern Gibson course



Of the 17 Programs that Qualified
BOTH a men's and women's team here
is the combined team score

1. Florida State	347 pts.
2. Oklahoma State	489
3. NEW MEXICO	603
4. Stanford	639
5. Oregon	667
6. Villanova	670
7. Colorado	680
8. Syracuse	712
9. Princeton	762
10. Georgetown	811
11. Virginia	846
12. Providence	853
13. Duke	891
14. North Carolina State	923
15. Texas	1036
16. Minnesota	1163
17. Penn State	1209

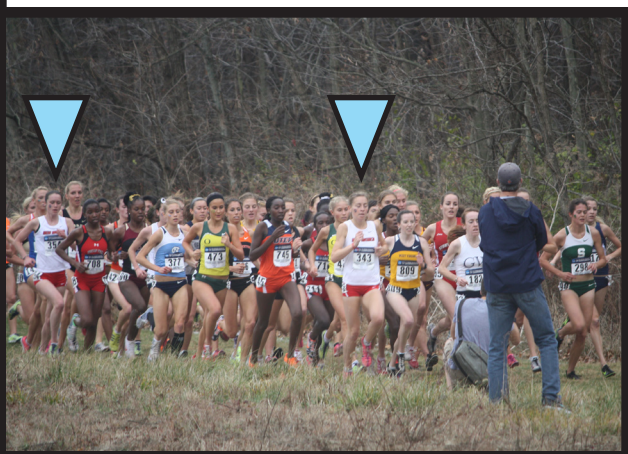
which means they were really packed together. Both Natalie and Sarah were given about the same time (10:11/10:12) with sr. **Ruth Senior** (Norwich, England) also given a 10:12 split although no picture showed Ruth at this point since she was engulfed in the middle of the race. Jr. **Kirsty Milner** (Rivington & Blackrod, Bolton, England) was the fourth Lobo as she came through the 3K point in 10:18. Sr. **Delyth**



The front group starting to push the pace with Natalie doing all she can to go with them.

James (Morpeth, England) was in the fifth scoring spot for the Lobos as she crossed the 1/2 way point in 10:30. While the team scoring was very, very close at the 3000 meter point it appeared Texas Tech held a slight lead over Villanova with Georgetown third just slightly off the mark. The race for the final place on the podium was too close between UNM, Colorado and Florida State. The second half would determine that final slot on the award stand. Once the race takes the right hand turn by the 3K point, they then run a counterclockwise inner loop which spans about 1000 meters so when they swing back to the outer side of the course the runners will approach the 4000 meter mark. Its at this point of the race that the "easy" early pace starts to become more challenging, and athletes try to find teammates to help them

Reflections on the Half-Way Point of the Race



Natalie & Sarah are pictured to the left, while Ruth is shown on the right.



Vanessa Ortiz on the left & Shawna Winnegar on the right.





Ruth & Sarah leading a huge pack of runners on one of the inner loops of the course.

through difficult spots. For Natalie, she could see no teammates since she was the Lobo leader so she was trying to stay connected with the major front pack. There had been a breakaway by a UTEP runner and then there were about ten other runners jockeying for position. Behind Natalie the tandem of Ruth & Sarah were staying within close proximity to each other as they were followed by a huge throng of runners. If either slowed down they would be swallowed up and lose 30-40 places within seconds. Since so many runners in the NCAA meet are very close in ability, small changes in running



Delyth battling a Duck from Oregon, and a Cyclone from Iowa State around the 4000 meter mark.

velocity yield huge shifts in scoring place. Kirsty was moving very well through the field and picking off runners with each 400 meters of the course she ran. At least through the first 4k it appeared that KM was on her "A" game. Delyth was also trying to weave her way through the crowd and was only separated from **Vanessa Ortiz** (Cibola, ABQ, NM) by a small distance, but they weren't really able to know each other was around. Over the course of the final 2000 meters the runners go one more inner counterclockwise loop before heading past the starting line, and into the finish chute. During the 2000 meter stretch (five laps of an outdoor track) defending national champion Villanova started to flex her muscles and got out to a slight lead. At that point Nova had four runners in the top 25 of the race which pretty much assures a victory at an NCAA event. Then it appeared Florida State, Texas Tech, and Georgetown were too close to call for spots 2-4. Those three teams had a nice battle going on and the final 400-600 meters of the race would determine places. Then a gap had sprung up and the Lobos were clearly fifth, quite far behind those three teams, but way ahead of the sixth place and down teams. As the runners came screaming down the finish chute a Villanova runner crossed first in 20:05, off last years winning time of 19:46. For the Lobos Natalie got to the finish line in 15th place with a time of 20:29, earning All American in the process. Then came Ruth who crossed in 33rd overall, thirteen spots higher than she finished last year. Ruth's time of 20:46 was slightly better than her time from last year of 20:50. Finishing third for the Lobos was Sarah who grabbed 44th place overall with a 20:55. Then came Kirsty, who ran a great second half of the race finishing 56th in 21:02. The fifth scoring slot for UNM was Delyth as she came across the finish line in 21:43, 146th place overall. That meant the Lobos totalled 227 teams points (after all the individuals are taken out of the scoring) and a fifth place team slot. Vanessa was the next Lobo in as she crossed the finish line in 156th place a huge improvement from last years 228th placing. VO ran 45 seconds faster than last year! The final Lobo was **Shawna Winnegar** (Santa Fe Pre, Santa Fe, NM) who tallied 224th in her first national championship. The fifth place as a team is a great team finish and one that every single member of the team should be proud of. To say that one is part of the fifth best team in the nation is something special and after last years 13th place team finish shows the promise the Lobo program has. Now, after two years of competing in the national championships the Lobo women know they can compete with the best in the country, and can set their sights on higher things for 2011 when the NCAA meet will be hosted by Oregon.



Sr. Vanessa Ortiz hanging on to a group that included the bright orange outfit of Oklahoma State, the blue uniform of Toledo, and a partially hidden Cardinal of Stanford.



Kirsty Milner running with four other runners. KM finished ten places higher than all these runners which shows the excellent second half of the race she had.



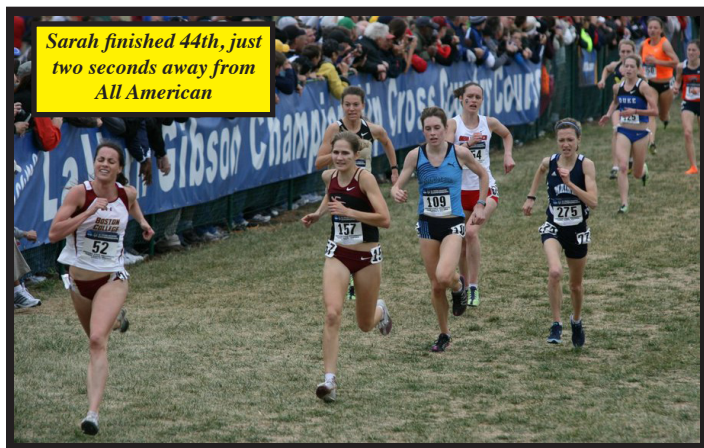
Natalie earns All American with her 15th place finish!

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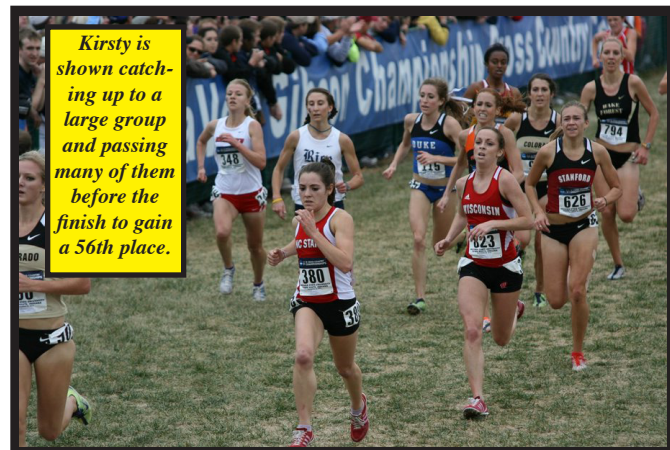
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Ruth also gets All American honors with her 33rd place.



Sarah finished 44th, just two seconds away from All American

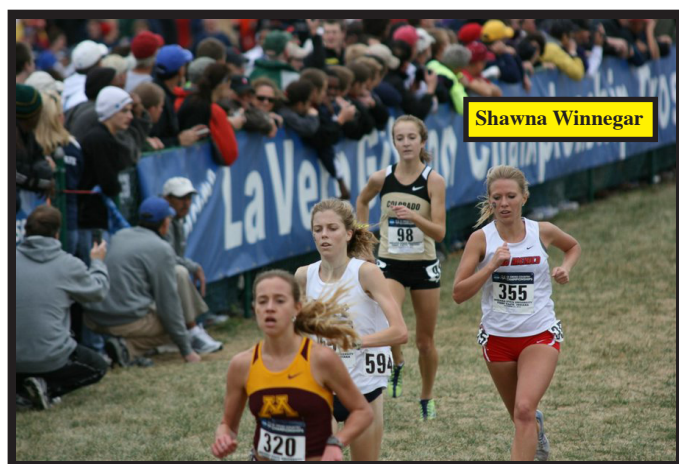


Kirsty is shown catching up to a large group and passing many of them before the finish to gain a 56th place.



Vanessa

Vanessa finishes the final cross country race of her fine career.



Shawna Winnegar



Natalie Gray's All American Smile

Assistant Coach Havahla Haynes waits anxiously for the runners to appear over the hill by the 5000 meter point of the race





BOTTOM ROW L-R: Vanessa Ortiz, Shawna Winnegar, Nicola Hood, Natalie Gray. **TOP ROW L-R:** Coach Franklin, Sarah Waldron, Kirsty Milner, Delyth James, Ruth Senior, Coach Haynes



MEN'S TEAM SCORES

1. Oklahoma State (#2)	73
2. Florida State (#11)	193
3. Wisconsin (#4)	223
4. Stanford (#1)	237
5. Oklahoma (#6)	281
6. Oregon (#3)	289
7. Indiana (#13)	298
8. Iona (#7)	303
9. Northern Arizona (#14)	317
10. Arkansas (#9)	329
11. Alabama (#12)	338
12. Princeton (#17)	351
13. Portland (#19)	362
14. Syracuse (#10)	365
15. Colorado (#7)	366
16. NEW MEXICO (#5)	376
17. Virginia	386
18. BYU (#15)	414
19. William & Mary (#16)	420
20. North Carolina State (#21)	436
21. Duke (#20)	475
22. Providence (#24)	510
23. Villanova (#22)	550
24. Richmond (#28)	554
25. Notre Dame (#26)	571
26. Texas (#30)	595
27. Minnesota (#23)	608
28. Louisville (#29)	622
29. Georgetown (#25)	644
30. Penn State (#26)	659
31. California (#18)	678



Moments before the starter called athletes to the set position for the beginning of the race

***LOBO MEN FINISH 16TH
BEHIND GERRARD'S ALL
AMERICAN RACE***

600 meters into the race all the Lobo men were out cleanly and without trouble



David (in sunglasses) and Rory early in the race



The men's team was making UNM's sixth appearance all-time in the NCAA Cross Country meet. In 1966 the Lobo men finished 11th out of 22 teams, while the 1975 team finished 14th. In 1988 the Cherry & Silver harrier squad finished 20th of 22 teams. In 2004 the Lobo men finished their highest place ever, tallying 9th place out of 31 teams until last years squad improved to 8th place. On an individual basis UNM had produced a total of eight All Americans, Lionel Ortega in 1975, Kip Koskei in 1979, Ibrahim Hussein in 1981, Ibrahim Kivina in 1982, Matt Gonzales in both 2001 and 2004, Shadrack Kiptoo-Biwott in 2004, Jeremy Johnson in 2007, and Jacob Kirwa in 2009. Four of last years 8th place squad returned to compete again, seniors **Rory Fraser** (Leicester, England), **David Bishop** (Cippenham, England), and **Keith Gerrard** (Isle of Man, United Kingdom), plus sophomore **Ross Millington** (Stockport, England). Seniors **Brock Hagerman** (Markleville, IN) and **Alex**

Brock & Ross worked together the entire day to help each other.

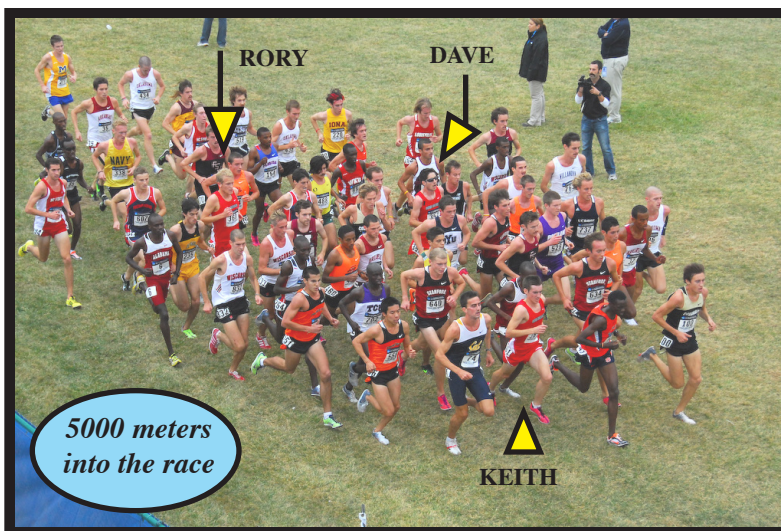


ALEX WILLIS

Willis (Lake County, Leadville, CO) joined the foursome this year along with junior **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya). Nicholas had not been able to run since the conference meet due to a leg injury, so he was trying to pull off a magical performance. Earlier in the year NK had been lighting up the cross country courses, and most thought he would be a top 10 contender at the NCAA meet in his first year running for the Lobos. But not being able to train for a month put him in a deficit situation against the ample talent pool at the NCAA meet. After last years 8th place finish the expectations were very high for this group and they had done a remarkable job in the conference (winning) and NCAA Regional (winning) without Nicholas helping. But at an NCAA Championship the margin of error between teams is so miniscule that any weakness is usually exposed. In men's or women's basketball, or soccer, baseball, or any other NCAA sport that has some type of qualifying system, if a team makes the Sweet 16 in their tournament it is a time to rejoice. Think of the joy when the Lobo basketball team makes the sweet 16.....there is pandemonium within the entire city and fans act crazy! So its important to place into context what the Lobo squad did this year. Even though the men's team finish was 16th, which is lower than what they had hoped for, it is still a time for appreciation for a job well done. At the start of the year almost 300 teams set out to try and get one of the 31 team slots at the national championships, and to earn one is a successful year! So lets all make sure we focus on the glass half-full and not be one to look at the opposite view. Onto the race! The Lobo men who were in box 3 got off the starting line in a good position and did what they needed to do in order to avoid trouble

Dave caught in the middle of a large pack



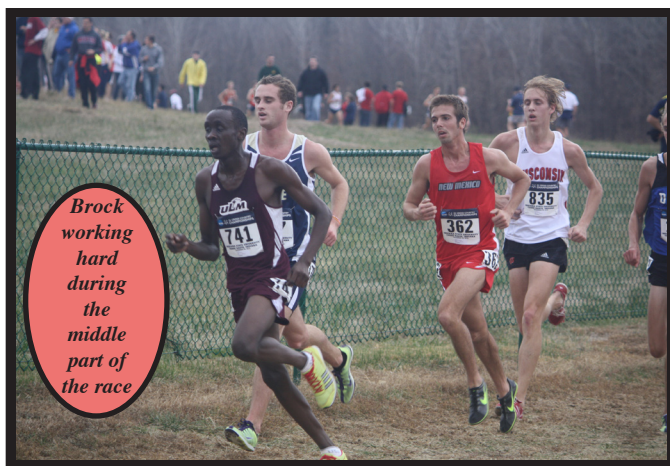


during the first 600 meters of the race. During the early stages of the race athletes are so close to each other that getting spiked in the shin, or losing one's shoe is common, and there is a lot of bumping and shoving. But none of that affected UNM which was good. The men's course is slightly different than the women's in that they don't go inside to an inner loop until past the 2000 meter point. The men just race around the outskirts of the course in a clockwise direction which allows them lots of opportunity to wind it up and get into a hard running rhythm. The first check-point is the 2000 meter split which is right at the start of the first inner loop where they will run 1000 meters in distance counterclockwise. As the runners came to the 2K split Keith was right with the front group. Three runners, the eventual top three finishers had put in a little early surge and were away from the main pack, but then there were quite a few runners packed in together. Keith was at 5:49 for 2000 meters which had him around 10th place (although the timing pads pick up lots of runners with the same time), while David was at 5:51 and around 20th. Rory was around 5:52 (39th place), Ross 5:55 (76th) and finally Brock at 103rd with a 5:59 split. At the 2000 meter mark the big videoboard flashed up the team scores to that point in the race; Oregon 100, Florida State 124, Oklahoma 139, Northern Arizona 142, Stanford 226, New Mexico 249, and Oklahoma State 265. So overall the Lobos had put themselves into the top tier of teams which is what a coach wants to happen in the early going. The object in the early going is to get all five scoring members of a team into good running position, preferably in contact with each, but more importantly in the front part of the race so there can be reactions to whatever happens in the race. In other words, get into a good position so as to allow a good solid move forward during the next 2000 to 3000 meters. As soon as the runners exit the first inner loop, they make a sharp right-hand turn and enter the second inner loop and again run it counterclockwise. This inner loop is about 800 meters (1/2 mile) in length. Once

the runners exit that second inner loop they head right by the starting line, and are directed straight ahead, going over the opening 1000 meters of the course again and past the finish chute area. When the athletes get alongside the finish chute they will pass the 5000 meter, or 1/2 way split of the race where the second timing pad is located. Keith who was still the Lobo leader was at the front of a group of about 50 runners that comprised just about the top 60 places in the race. Six runners had clearly broken away and the couple of leaders were 20-25 seconds ahead of the chase pack, with a couple of others about ten seconds in front of the chase pack. Keith's split at the 1/2 way point was 15:06. Dave and Rory were right behind Keith in the chase pack so the Lobos were solid up front with their top three. Ross and Brock were running as a tandem and they came through the 5K split with a time of 15:26. When the videoboard flashed the new team scores at



the halfway juncture of the race the picture had shifted. Oklahoma State, one of the two pre-meet favorites (Stanford being the other) had put in a huge team surge and were now under 100 total points (81) with Florida State still maintaining second with approximately 180 points, the same as Wisconsin. Northern Arizona was still hanging tough as they had 197 points. It's important to note that a 20-30 point swing in points at the halfway point is easy to make up in a hurry, and even if a team is 40-50 points behind that can be made up. During the second half of any 10,000 meter race there is significant fatigue that occurs, and athletes can go off the back of the pack real quickly, which will swing the total team points. If each runner picks up (or loses) just five places that is 25 right there. Oregon which had gotten out quickly had slid back from their early perch and were fifth with about 216 points.



Then came co-favorite Stanford with 252, Arkansas with 280, Colorado with 301, and New Mexico with 303. The second 5000 meters of the course is one big loop around the outside, then racing through all three inner loops which presents lots of sharp turns, which stings a runners legs. As the runners approached the next timing pad check-point, which was at 8000 meters the Lobos had not made the move forward they had hoped for. The team totals



saw Oklahoma State keep their solid lead at 74 points, then the Badgers of Wisconsin had moved into second position with 110 points, while Florida State dipped to 199. Then came Stanford at 233, Oregon at 262, Arkansas at 291, Northern Arizona at 301, Indiana at 306, Colorado at 317, Iona and Alabama at 331, then New Mexico, 12th at 334 points. The Orange from Syracuse were breathing down the Lobos neck as were Princeton and Portland. Keith maintained his leadership role as he was clocked at 24:18, which was good for 36th place overall. Next in 40th place was David, who had made a nice move to pull in Keith during that 3000 meter section of the race. DB's time was 24:20. The next Lobo was in 56th place and that was Rory



Late in a race there is all sorts of discomfort runners are going through. The facial expression on Dave's face says it all as he tries to maintain the quick tempo. The bottom picture shows Keith turning around to see where Dave was and encouraging him to get up alongside him. This teamwork is invaluable during a race.



at 24:25. The fourth and fifth positions were then Ross at 94th (24:54) and Brock at 108th (25:01). Nicholas and Alex were then together at 137th/139th in 25:15. Over the final 2000 meter section there was surging and falling back, straining and conserving energy, and an all-out push to just somehow get to the finish line. At the finish line Keith grabbed the final All American spot at 40th with his finishing time of 30:32. Just to place that into perspective, last year Keith finished 161st with a 31:27. Certainly that 121 place move forward is solid improve-



FUTURE LOBO?

Former UNM distance coach Erin Howarth now the head coach at Eastern Illinois University in Charleston, Illinois along with husband Paul brought their son Ryan to his first NCAA Championship. Ryan would be part of the entering Lobo class of 2026. With both Paul & Erin having been successful distance runners at Butler University for Coach Franklin young Ryan may have the right gene pool to handle the famous "tempo" runs! So, Coach Franklin, are you planning on sticking around for another 16 years so Ryan can be a Lobo?

ment at the NCAA meet! Dave, who had latched onto Keith during the second half of the race finished in maybe the worst spot of all, 41st, one spot away from All American status, but still a huge improvement from 2009. Dave's time this year was 30:33 where last year he finished 142nd and 31:19. Next in for the Lobos was Ross, who flashed across the finish line in 96th place with a 31:08 clocking. Last year Ross finished 150th with a 31:23 time. So between the first three finishers they improved a total of (121, 101, 54) 276 places from where they finished the year before. In the fourth Lobo spot was Brock who crossed the finish area in 126th position, in 31:24. The fifth placer was Rory who finished 152nd with a 31:35 clocking. The Lobos team total was 376 points, which was the 16th best total on the day.

RACE SPLITS

WOMEN'S RACE - OVERALL WINNER, SHEILA REID, VILLANOVA 20:06

PLACE	3000 METER	6000 METER
15. Natalie Gray (Jr.)	10:11	20:29 (10:18)
33. Ruth Senior (Sr.)	10:12	20:46 (10:36)
44. Sarah Waldron (Jr.)	10:12	20:55 (10:43)
56. Kirsty Milner (Jr.)	10:18	21:02 (10:44)
146. Delyth James (Sr.)	10:30	21:42 (11:12)
156. Vanessa Ortiz (Sr.)	10:32	21:47 (11:15)
224. Shawna Winnegar (So)	10:49	22:40 (11:51)

MEN'S RACE - OVERALL WINNER - SAMUEL CHELANGA, LIBERTY 29:22

PLACE	2000m	5000m	8000m	10,000m
40. Keith Gerrard (Sr.)	5:49	15:06 (9:17)	24:18 (9:12)	30:32 (6:14)
41. Dave Bishop (Sr.)	5:51	15:06 (9:15)	24:20 (9:14)	30:33 (6:13)
96. Ross Millington (Soph)	5:55	15:26 (9:31)	24:54 (9:28)	31:06 (6:12)
126. Brock Hagerman (Sr.)	5:57	15:23 (9:26)	25:01 (9:38)	31:24 (6:23)
152. Rory Fraser (Sr.)	5:52	15:07 (9:15)	24:25 (9:18)	31:35 (7:10)
176. Nicholas Kipruto (Jr.)	5:59	15:34 (9:35)	25:15 (9:41)	31:56 (6:41)
178. Alex Willis (Sr.)	5:59	15:33 (9:34)	25:15 (9:42)	31:57 (6:42)



University of New Mexico Indoor Track & Field Wolftracks News, Views, Reviews, Previews

JANUARY 15, 2011

LOBO OPEN

Lobos Begin 6th Season in Albuquerque Convention Center

On January 15, 2005 the Lobo track & field team held their first indoor track & field meet on the newly purchased Mondo banked facility. Now six years later the Cherry & Silver continue to build to make Albuquerque one of the premier indoor track sites in the country. The history of the track facility is unique. During the spring, 2004 the city found out that a new Mondo track was in storage in Canada. The track had been ordered by the Staples Center in Los Angeles (the home of the Lakers) but then later declined. With a purchase price of over \$1,000,000 the city was able to buy the track for only \$500,000. In the 1960's Albuquerque was one of the hottest places in the country to host indoor meets as an old wooden banked track was housed in Tingley Coliseum. Meets at Tingley sometimes drew over 10,000 spectators and averaged well over 2000 per event.

Tucker & Menke Move Up All-Time Ranks in Pole Vault

Froshie **Margo Tucker** (Indianapolis, IN) and jr. **Amber Menke** (Cibola, ABQ, NM) finished their first meet in 2011 ranked #3 and #5 all-time. For Margo she passed until 11' 7" then cleared that on her first attempt as well as 12' 1 1/2", before missing once at 12' 5 1/2 before clearing it. The height of 12' 5 1/2" ties her with just graduated Kelly Fortner for fifth on the ranking list. Amber, who came into the indoor campaign with an all-time indoor best of 11' 11 3/4" cleared 12' 1 1/2" which ties her with teammate Lauren Jaramillo for fifth.

Margo Tucker



Aragon & Senior Snag Big PR's in Mid-Distance Show

Last year sophomore **Gabe Aragon** (Valley, ABQ, NM) redshirted the indoor season. He showed the one year maturation process was well worth it as he ripped off a very fine 1:51.23 clocking in the 800 meters to move to #5 all-time indoors at UNM. Gabe had the benefit in this early season meet to have former Lobo NCAA Champion and current professional runner Lee Emanuel in the race. As Lee wanted to get a fast early season effort to ascertain his fitness he didn't let the race dawdle (not like he ever let that happen anyway). Gabe, knowing a good thing when he saw one simply tucked in behind Lee and got dragged to his all-time PR. In the women's 1 Mile **Ruth Senior** (Norwich, England) wanted an early season test to see how well she had transitioned from her outstanding cross country season. Coming into the year with an indoor PR of 4:54.87 RS blasted over seven seconds off her best as she clocked a fine 4:47.28. She currently ranks #2 all-time at UNM with the four fastest time ever (just graduated Ashley Gibson has the first three and is the school record holder at 4:43.78). Pictured is the women's 1 Mile with cross country bookends and top ranked runners Natalie Gray and Sarah Waldron serving as pace-setters for Ruth. Natalie and Sarah did not race the entire distance stopping after their work was completed. Just coming into the picture is **Alex Darling** (LaCueva, ABQ, NM) who also set a new PR of 4:55.02 which moves her up to #3 all-time at UNM! Thanks to Lee, Natalie and Sarah for helping their teammates achieve a high level.



Pitts Moves to #6 All-Time in 200 Meters

Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) came into the indoor season with an indoor best of 25.33 set last year at Air Force. She showed that the strength training and extra training this fall has paid off as she cruised around the track for a nice PR of 24.94.

The Old & New = Strength in Pole Vaulting

Last year upperclassman **Kyle Walker** (Rio Rancho, NM) had an outstanding outdoor season, moving to #4 all-time as a Lobo with his 17' 4 1/2" clearance which also ranked him #23 in the NCAA. This year KW is joined by last years #2 ranked high school vaulter **Logan Pflibsen** (Streator, IL) who has also been over 17 feet. One year ago Kyle went 15' 7" at the Lobo Open and this year both he and Logan cleared 16' 3/4". Both passed through 15' 7" and LP made it on his first attempt while KW took two. Both cleared 16' 3/4" on their first attempt before going out at 16' 6 3/4". Stay tuned for more pole vault excitement to come! The pictures below are L-R: Kyle, Logan, and Coach Zuyderwyk (and family) giving instructions.



Happiness Is?

Running a good race and having your coach pleased with what you did. Here froshie Julie Brasher (Eldorado, ABQ, NM) is seen with mid-distance coach Jimmy Butler (a former Eldorado state champion & coach) after finishing her first Lobo race.



They're Baaaaack

All American senior jumpers **Alesha Walker** (Ellison, Killeen, TX) and **Deanna Young** (Highland, ABQ, NM) red-shirted last indoor season but they are back in Lobo Cherry & Silver and will be a tremendous force within the MWC and beyond. Both hold the Lobo school records in their respective events, Alesha in the Long Jump (20' 1 1/2") and Deanna in the Triple Jump (43' 1 3/4"). They have been dominant in their events as AW has 6 of the 10 longest jumps in Lobo history while DY has 5 of the longest 10. They started off their 2011 season with the top collegiate marks in the Lobo Open as Alesha spanned 19' 1 1/2" and Deanna 41' 6 1/2". Watch out for some real nice fireworks from the sand crew this season.

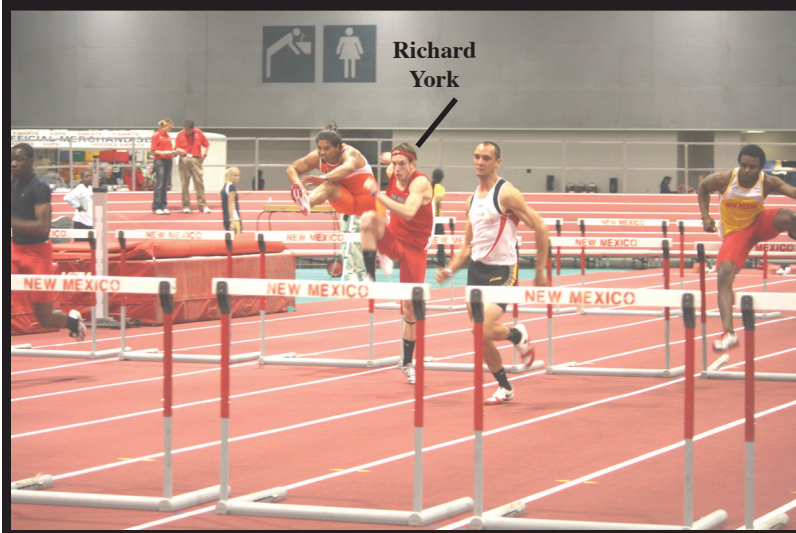


Alesha on the left and Deanna on the right go through a mental checklist as they visualize what they want to do when they get to the take-off board. Given the bio-mechanical response is happening at lightning speed athletes must pre-set their central nervous system to react in a sequential manner in order to have success.

<<<< Head Coach Joe Franklin doing what all head coaches do during a meet.....err, Coach.....what exactly are you doing?

York Begins Pursuit of National Berth

Last year froshie **Richard York** (St. Clair, Missouri) ended up the outdoor season ranked as one of the top 30 Decathletes in all the land and the top freshman in the country. Unfortunately he came up one spot short of being accepted into the NCAA Championships. With a solid summer and fall of preparation RY has his sights set on competing in the indoor NCAA meet in the Heptathlon. RY is seen competing in the 60 Hurdles where he clocked 8.86. He also landed at 22' 3 1/2" in the Long Jump just slightly off his all-time indoor best of 22' 8 1/2" which was set one month later last year. The biggest advancement which is typical for young combined event athletes was in the Shot Put where Richard eclipsed his all-time best with a 36' 11" effort, over one foot farther than he threw all last season.



Richard York

Maestas Throws BIG PR in 35 Lb. Weight

Sophomore **Brad Maestas** (Cibola, ABQ, NM) took his lumps last year in adapting to the 35 lb. Weight Throw. No matter how big one is, or how strong one is, the men's weight throw is a beast to handle and no one coming out of high school is prepared. It would be safe to say last year the weight handled Brad, he was merely hanging on around a circle.

Now, one year later, with lots of hard work and preparation, Brad is starting to handle the weight, and understand the complex biomechanical principles that go into this circular throwing event. Coming into the indoor campaign BM had thrown 43' 6" last year at Air Force which ended up his seasonal best. At the Lobo Open Brad tossed a huge PR of 47' 10"



Sophomore Precious Selmon (Crystal City, MO) is shown enroute to a first place effort in the 60 Hurdles.

EVANS MOVES TO #6 ALL-TIME IN 1 MILE

Redshirt froshie **Sam Evans** (Stafford, England) came to UNM last January and used the indoor season to acclimate to American distance running and especially higher level training. Now, one year later Sam is poised to help fill the void from recently graduated national-class miler Lee Emanuel. In his first test of the season (and first ever mile) Sam showed the miles he logged during the fall and preparation are now ready to be used. Sam was to be assisted in this mile race by none other than Lee Emanuel who agreed to come back after his 800 and pace both Sam and just graduated national class distance runner Chris Barnicle, who is now racing the professional circuit. Pictured is Sam tucked in behind Chris with 400 to go. Standing just to the inside of the track is Lee after his work was done. Going out in 63 for the first 400 SE looked comfortable and he maintained that through 800 which was at 2:05. Hitting the 1200 in 3:11 Sam just used Chris to cross the finish line in a sterling 4:05.07 effort, the #4 fastest time in the NCAA as of this weekend. While it is early in the season Sam should team up with David Bishop (who has run 4:00) and Ross Millington (who has run 4:02) to form a strong triumvirate!



Rachel Kelchner (St. Pius, ABQ, NM) is shown coming out of the blocks on her way to a new PR in the 400 meters (58.21), knocking off her old best of 58.70.



Jr. Thomas Trujillo (Rio Rancho, NM) on the left, and sophomore Kendall Spencer (San Mateo, CA) get set to enter the starting blocks for the 60 meter sprint.

Unattached Trio Shows They Are Ready

For many freshman men across the country one always important decision to make is whether to red-shirt the first year. The purpose of red-shirting is the NCAA provides an athlete with four seasons of competition within a five year period. So theoretically, if an athlete red-shirts they should be stronger, faster, better their fifth year. It also sometimes allows freshmen to easily adapt to college life in general (academically & socially). Three of the Lobo team were competing unattached (not representing UNM) at the Lobo Open to see if they were prepared to handle the rigors of Division I competition since it is very different than high school. Most DI athletes were highly successful in high school, but the big-boy division is a completely different animal. There are no patsy's in DI and unlike high school where one only has to be good the last 2-3 weeks of the season, in DI you better be prepared each week of the season! Middle distance runner **JP Cordova** (Hope Christian, ABQ, NM) first had to make the team this fall as a walk-on, and he impressed all with his hard work and positive attitude (psst - he made the team). In his first true test JP screamed around the track to finish the 800 in 1:52.57 just missing the all-time top 10 indoors at UNM if he was running for the Lobo's. And sure, its early season, and many teams haven't competed yet, but JP would have one of the top 30 fastest times in the country right now! And this is why coaches love walk-ons.....they come ready to show their stuff and never come with inflated ego's. In the Triple Jump **David Brown** (Cameron Yoe, Cameron, TX) spanned 49' 3 3/4" in his first meet, which would put him at #8 all-time indoors as a Lobo, and #29 in the NCAA with that distance. Oh, and by the way, that would be the #1 jump in the Mountain West Conference so far. Finally, **Warrick Campbell** (Highland, ABQ, NM) High Jumped just a couple of times last year but this year has taken a more serious interest in the event. In his first outing, with a defined starting mark, and specific stride pattern he cleared 6' 4 1/4" and just missed at 6' 6 1/4". The clearance would rank WC #7 in the MWC. So each has stated their case in a very positive manner - good job guys!!!!

WHAT DO ALL THE SYMBOLS MEAN?

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WOMEN

60	Kayla Fisher-Taylor 7.98	<i>Kim Perkins 8.08 (unattached)</i>	
60H	Precious Selmon 8.74 (1st)		
200	Shirley Pitts 24.94 (3rd) (6,x) PR	<i>Kim Perkins 25.78 (unattached)</i>	
400	Rachel Kelchner 58.21 (3rd) PR	Julie Brasher 62.42	Samantha Salaz 66.08
1Mile	Ruth Senior 4:47.28 (1st) (2,4) PR	Alex Darling 4:55.02 (2nd) (3,9) PR	Janna Mitsos 5:20.18 (6th)
LongJ	Alesha Walker 19' 1 1/2" (1st)	Precious Selmon 18' 3" (3rd)	Deanna Young 17' 8 3/4" (6th)
TripleJ	Deanna Young 41' 6 1/2" (1st)		
HighJ	Marin Schweigert 5' 3" (5th)		
PoleV	Margo Tucker 12' 5 1/2" (1st) (3,9)	Amber Menke 12' 1 1/2" (2nd) (5,x) PR	Julia Cook 11' 1 3/4" (3rd)
	Lauren Jaramillo 11' 1 3/4" (4th)	Nathalie Busk 11' 1 3/4" (5th)	
Shot Put	Precious Selmon 32' 3"		

MEN

60	Thomas Trujillo 7.98 (2nd)	Kendall Spencer 7.22 (4th)	
60H	Richard York 8.86 (1st)	<i>Dakari McCoy 9.32 (unattached)</i>	
400	Josh Lovato 51.73 (unattached)	<i>Chaz Lewis 51.77 (unattached)</i>	
800	Gabe Aragon 1:51.23 (1st) (5,9) PR	<i>JP Cordova 1:52.57 (unattached)</i>	Cory Kalm 1:59.37 PR Matt Everett 2:01.23
1Mile	Sam Evans 4:05.07 (1st) (6,x)	<i>Kyle Pittman 4:18.20 (unattached)</i>	Allen Pittman 4:19.18
4x400	Richard York (50.8), Thomas Trujillo (48.9), Gabe Aragon (49.8), Sam Evans (50.5)	3:20.43 (1st)	
	<i>Chaz Lewis (51.5), Yusuf Muhaamad (50.0), Dakari McCoy (56.7), Chad Clark (53.3) unattached</i>		
LongJ	David Brown 23' 6" (unattached)	Kendall Spencer 22' 6 1/2" (1st)	Richard York 22' 3 1/2" (2nd)
	Warrick Campbell 21' 8" (unattached)	<i>Dakari McCoy 20' 11 1/4" (unattached)</i>	
TripleJ	David Brown 49' 3 3/4" (unattached)		
HighJ	Warrick Campbell 6' 4 1/4" (unattached)		
PoleV	Logan Pblisen 16' 3/4" (1st)	Kyle Walker 16' 3/4" (2nd)	Chris Dodds 14' 1 1/4" (3rd) Dane Bevins NH (unattached)
Shot Put	Brad Maestas 41' 3 1/4" (2nd)	Richard York 36' 11" (3rd) PR	Matthew Henry-Marshall 34' 7 3/4" (4th) Sam Potter 30' 10 1/4"
	<i>Dakari McCoy 30' 3/4" (unattached)</i>		
WtThrow	Matthew Henry-Marshall 52' 10" (2nd) (x,9)	Brad Maestas 47' 10" (3rd) (8,x) PR	



University of New Mexico Indoor Track & Field Wolftracks News, Views, Reviews, Previews

JANUARY 21-22, 2011

CHERRY & SILVER INVITATIONAL

Trujillo Speeds to 200 PR in Hot Action

The men's 200 meters was one of the most anticipated events of the two day meet. Kirani James, the University of Alabama sophomore from Gouyave, Grenada was intent on running a fast time, and maybe having a chance to set the NCAA collegiate record which was held by Wallace Spearman (Arkansas) in 20.10. He has great credentials as he was the 2008 Commonwealth Junior champion and has run 45.45 in the 400 breaking the CARIFTA record of none other than Olympic champion and current world record holder Usain Bolt. James was running out of lane five with junior **Thomas Trujillo (Rio Rancho, NM)** inside him in lane four. At the gun James rocketed away around the turn of the banked 200 meter track and for a split second TT got left behind. Up the backstretch James poured it on and then at about 100 meters into the race Thomas came alive. He looked strong coming around the turn and into the homestretch exhibited excellent form. Pictured is TT about 50 meters from the finish pulling on a Stanford runner. At the tape, TT flashed across in 21.77, taking down his old PR from 2009 of 21.83. That performance moves Thomas to #8 all-time at UNM.

Oh, by the way James ran the fastest time in the world this year 20.58.



Pitts Races to Quick Time in Seldom Run 600 Meters

The 600 meters is an off event in NCAA protocol, but may be the most telling distance of all on the indoor circuit. It is long enough to take an athlete into serious lactic acid debt, but must be run like its a 400. Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) had put in lots of extra work on the longer repetitions in the fall, and this was the type of distance that would show whether it was productive. Following her very fine 1:34.02 clocking, finishing second to Nike's Leslie Cole's facility record performance of 1:32.12, it looks like the fall program served her well. That time is well under the old UNM record of 1:38.31, which was held by Andrea Wright from 2009.

Dipping under 1:40 is resurging frosh **Julie Brasher** (Eldorado, ABQ, NM) who clocked in at 1:39.47.



Tucker & Menke Scale PR's in Pole Vault

Froshie **Margo Tucker** (Indianapolis, IN) cracked the 13' barrier as she finished with a final height of 13' 1 1/2" to place fourth and move to #3 all-time at UNM. MT came into the competition at 11' 7 3/4" missed once then cleared, and then cleared 12' 1 1/2" and 12' 7 1/2" on her first attempts. Margo needed two attempts to clear her final height. Behind Margo and pictured to the left clearing a new PR of 12' 7 1/2" was junior **Amber Menke** (Cibola, ABQ, NM). AM came into the meet with a best of 12' 1/2" and moves to #8 all-time as a Lobo. She also entered at 11' 7 3/4" and cleared on her first bar as she did at 12' 1 1/2". At 12' 7 1/2" Amber needed two attempts to clear.



York Improves on Pole Vault PR

Sophomore decathlete **Richard York** (St. Clair, MO) came into the meet with an all-time best of 15' 1". But after a monster practice session during the week he transitioned that good karma into a new PR of 15' 7". Pictured is RY preparing for the vault, then accelerating down the runway, planting and getting inverted, and finally getting a good push-off over the crossbar. As in all combined event athletes minds the difference between 15' 1" and 15' 7" is an important 44 points....and often that type of point differential is the determining factor between qualifying for the NCAA Championships or missing the cut.

Young 400 Runners Have Good Success

The trio of red-shirt froshie **Gabe Aragon** (Valley, ABQ, NM), and true froshies **Yusuf Muhammad** (Chandler, AZ) and **Chaz Lewis** (Highland, ABQ, NM) all produced solid two lap efforts. For GA he entered the meet with a previous all-time best of 50.85 run last year at his initial indoor meet. Showing excellent speed development the half-miler turned in a 49.85 clocking. This is crucial as Gabe has



designs on running sub-1:50 this year and one must be able to turn over a 49 second quarter to do that. Yusuf, running his first open 400 after running a 4 x 400 relay leg last week is shown getting out well, and riding that early momentum to a 49.94 effort. Chaz, who last week got indoctrinated to Division I competition in a tough way (51.77) dropped over one full second to a solid 50.41.

Exciting Finish to Women's 1 Mile

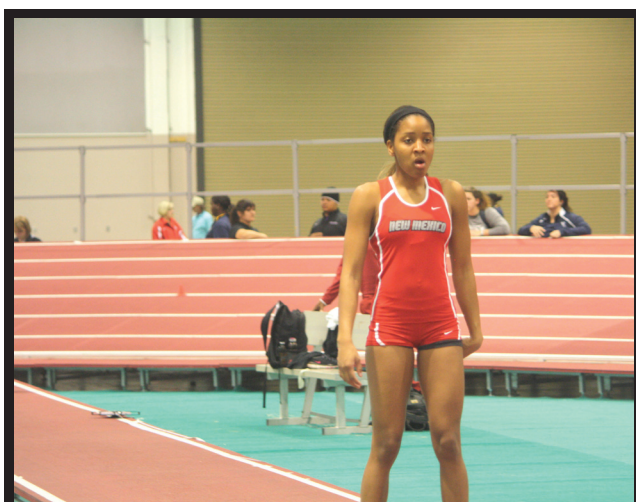
Throughout the 1 mile run jr. **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) and a runner from Arizona played cat and mouse, with very little space separating them. Going past the 1200 meter point SW started to put the hammer down and drive hard trying to shake the Wildcat. Building up a 3-4 meter lead going into the final 200 meter stretch Shawna was working real hard. Coming off the final turn the Arizona runner dug down and rallied, picking up that 3-4 meters. All the way down the homestretch they ran neck and neck and both leaned hard at the finish line. SW came up on the short-end of the lean, 5:07.53 to 5:08.03. but was rewarded with a five second PR, so overall it was a good run.



Freshman **Dave Brown** (Cameron Yoe, TX) is shown clearing 6' 4 1/4" in his first collegiate High Jump competition.



35 LB WEIGHT REPORT
Matthew Henry-Marshall (Albuquerque, NM) is shown during the circular and rotational movement in the 35 pound weight throw. MHM placed 8th with a 51' 3/4" effort. Brad Maestas (Cibola, ABQ, NM), who last week hit a nice PR, came up just shy of that mark as he finished with a 47' 8 1/2" toss.



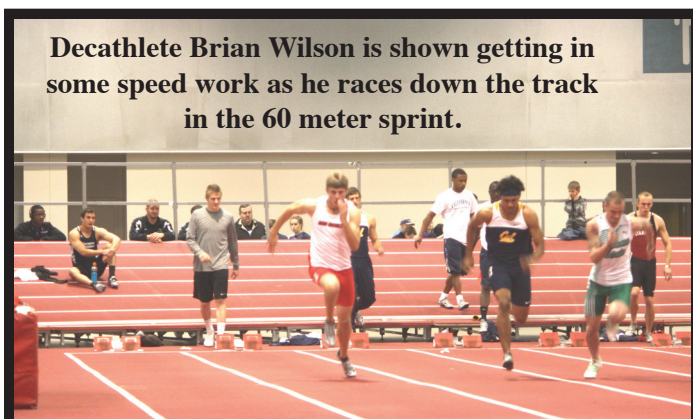
Young Bounds to 8th Longest Distance All-Time

Sr. Deanna Young (Highland, ABQ, NM) holds the UNM Indoor Triple Jump Record at 43' 1 3/4". She also has the #2, #4, #6, #8, and #10 longest bounds all-time. She opened with a 40' 7" (a distance that only two others in history have topped), then followed with a 41' 3 1/4", a 41' 10" and went into the finals trailing one athlete from Stanford. In the finals she went 41' 2", 40' 7", and 40' 9". DY averaged 41' 1/4" for her six legal jumps.



Brown Continues Solid Triple Jumping

Freshman David Brown hopped, stepped, and jumped over 49 feet last week when he was competing unattached. If that distance was made while in a Lobo uniform he would still be leading the Mountain West Conference in the TJ. This week, his first in uniform DB got involved in a very good early season Triple Jump competition, where two athletes went over 50 feet, another two went over 49 feet, two more over 48 feet, and two others topped 47 feet. David finished his Triple Jump series with a best of 47' 7 3/4" to place 8th overall, with a mark that has him ranked 4th best in the MWC.



Decathlete Brian Wilson is shown getting in some speed work as he races down the track in the 60 meter sprint.



Yusuf,
Chaz,
Tawsha
Brazley

Walker Skirts 60 Hurdles to #6 fastest performance all-time in first race of 2011.

Sophomore De'Vron Walker (Los Angeles, CA) had a very successful season last year, and if any indications are to be taken from his first race, 2011 will be more of the same. DW skimmed the barriers to an 8.23 clocking, the sixth fastest performance ever at UNM. Of course DW has six of the top ten fastest times ever in the 60 Hurdles, so he is always racing against himself.

Willis, Stam, Kalm All Hit Nice PR's in 1 Mile Race - Sr. Alex Willis

(Lake Country, Leadville, CO), soph. Sean Stam (Rio Rancho, NM), and sr. Cory Kalm Sandia, ABQ, NMO all had nice races in the eight lap event. Alex came into the meet with a PR of 4:28.00 set last year in February. He whacked a huge chunk of time (17 seconds) to finish in 4:11.65. Sean came into the meet with an all-time best of 4:17.55 and he lowered that to 4:14.28. Cory who had a best of 4:26.97 dropped to 4:19.06. All told the trio combined for over 27 seconds of lost time.

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WOMEN

60	Kayla Fisher-Taylor 7.98@	Kim Perkins 8.03@ (unattached)	
200	Kayla Fisher-Taylor 25.57	Kim Perkins 25.69 (unattached)	
400	Samantha Salaz 68.26		
600	Shirley Pitts 1:34.02 (2nd)	Julie Brasher 1:39.47	Samantha Salaz 1:49.42
1Mile	Shawna Winnegar 5:08.03@ (2nd) PR	Laura Lavezo 5:17.21@ (4th)	Sarah Higgins 5:26.86@ (6th)
3000	Kirsten Follett 10:12.98@ (unattached)		
4x400	Shirley Pitts (56.5), Kayla Fisher-Taylor (61.5), Julie Brasher (60.4), Shawna Winnegar (64.3)		4:02.90
LongJ	Alesha Walker 19' 4 1/4" (3rd)	Deanna Young 17' 9 3/4"	Asal Salepoor 15' 9 3/4" (unatt)
TripleJ	Deanna Young 41' 10" (2nd) (x,8)		
HighJ	Marin Schweigert 5' 3"		
PoleV	Margo Tucker 13' 1 1/2" (4th) (3,3) PR	Amber Menke 12' 7 1/2" (6th) (8,x) PR	Julia Cook 11' 1 3/4"
	Lauren Jaramillo 11' 7 3/4"	Nathalie Busk 11' 7 3/4" PR (10,x)	

MEN

60	Brian Wilson 7.43@	Sam Potter 7.46	Dakari McCoy 7.65 (unattached)
60H	De'Vron Walker 8.23@ (x,=6)	Brian Wilson 8.53@	Richard York 8.59@
200	Thomas Trujillo 21.77 (6th) (8,x) PR	Chaz Lewis 22.51	Chad Clark 8.81@
400	Gabe Aragon 49.85 PR	Yusuf Muhammad 49.94 PR	Dakari McCoy 9.15@ PR (unatt.)
600	Derek Montoya 1:25.91 (unattached)	Chad Clark 1:30.44	Warrick Campbell 22.92
1Mile	Alex Willis 4:11.65@ (4th) PR	Sean Stam 4:14.28@ PR	Chaz Lewis 50.41 PR
	Matt Everett 4:19:90@	Patrick Ortiz 4:25.83@	JP Cordova 50.9
3000	Kyle Pittman 8:31.29@ (unattached)	Pierre Malherbe 8:58.60@ (unattached)	Cory Kalm 4:19.06@ PR
4x400	Yusuf Muhammad (52.3), Thomas Trujillo (48.7), Gabe Aragon (49.5) PR , Warrick Campbell (51.)		Chris Montoya 9:02.92@ (unattached)
	Chaz Lewis (50.8) PR , JP Cordova (49.9), Chad Clark (51.9), Cory Kalm (51.7)		3:21.57 (6th)
LongJ	Sam Potter 21' 1/2"	Dakari McCoy 19' 3/4" (unattached)	3:24.41
TripleJ	David Brown 47' 7 3/4" (8th)	Warrick Campbell 44' 3 1/4"	
HighJ	Richard York 6' 4 1/4"	David Brown 6' 4 1/4"	
PoleV	Logan Pflibsen 15' 7"	Brian Wilson 6' 1/2"	Sam Potter NH
	Chris Dodds 14' 7 1/4"	Kyle Walker 15' 7"	Dakari McCoy NH (unatt)
		Brian Wilson 12' 7 1/2"	Richard York 15' 7" PR
Shot Put	Brian Wilson 36' 11"	Sam Potter 32' 1/4"	
WtThrow	Matthew Henry-Marshall 51' 3/4" (8th)	Brad Maestas 47' 8"	Dakari McCoy 29' 10 3/4" (unattached)



University of New Mexico Indoor Track & Field “Wolftracks” News, Views, Reviews, Previews

JANUARY 28-29, 2011

New Mexico Invitational



Action Heats Up in Convention Center

As the 2011 indoor track & field season continues the University of New Mexico track facility which is housed in the city convention center is producing world-class results. Just three weeks ago one professional athlete high jumped the highest height in the world at that time. Last week a collegiate athlete ran the fastest 200 meters in the world, and then this week another professional athlete rocketed to the fastest 60 meter sprint time in the world. Albuquerque - one of the worlds best indoor track sites.

Ruth Senior Breaks Lobo 3000 Meter Record

The 3000 meters at the New Mexico Invitational was sure to be a good race. Even if no one else entered the race it was bound to be very, very good. Sr. **Ruth Senior** (Norwich, England), juniors **Natalie Gray** (Maidstone, England) and **Sarah Waldron** (Pudleston, England) along with froshie **Kirsty Milner** (Bolton, England) had designs on a quick tempo. With a solid pace-setter in the race the women were aiming for a 5:04 first mile to ensure a fast finish. During the early stages of the race, as the picture shows Kirsty led both Sarah and Ruth. The runners were led to their desired pace, hitting the mile in 5:05. Sometime after the mile Ruth pulled away from everyone and maintained a hard driving tempo which no one could match. Ruth looked powerful and fluid, and crossed the finish line in a magnificent 9:17.09 clocking taking down the existing Lobo record which was 9:33.11, and improving on her old PR by a whopping 30 seconds. That performance is #10 in the NCAA rankings. Natalie also clocked in under the old Lobo record as she hit 9:27.25 to move to #2 all-time at UNM and a #21 national ranking. Sarah finished in 9:40.02 and ranks #4 all-time in UNM annals. It was such a fast race that sr. **Delyth James** (Morpeth, England) PR'd to a fine 9:53.92

Millington Becomes Second Lobo to Run a Sub-4:00

Indoor Mile - Sophomore **Ross Millington** (Stockport, England) and classmate **Sam Evans** (Stafford, England) traveled to the Indiana Relays (Bloomington, Indiana) for a special invitational 1 mile race. Indiana has the same track facility as the Albuquerque convention center but is about 760 feet above sea level, where Albuquerque is 5000 feet above sea level, which is very important to a distance runner. But the most important aspect was the specially chosen competition. With a pre-scheduled pace-maker who would take the field out in a quick tempo and the world leader from IU in the field it almost seemed guaranteed for a good race. At the gun the group took off and Ross and Sam settled comfortably in the back section of the race. The first 200 was covered in 31 seconds by the Lobo tandem and they stayed together through the first 400 which they crossed in 60.1. Staying together they hit the 600 point in 1:30 and got to the 800 meter split in 2:00.4. Continuing to work together they then got to the 1000 split in 2:30.7 and the 12000 point in 3:01.6. At this juncture, Ross who had been running right off Sam's shoulder took off with a hard surge. Everyone in the race was in full flight and Ross picked up steam with one lap to go. He was clearly the quickest runner in the field over the last 200 meters and he went from the middle of the race to flying down the homestretch pulling in the leader. Ross would flash across the finish line in 3:59.86 placing second and become only the second Lobo to get under the 4:00 threshold. Former NCAA champ Lee Emanuel holds the school record of 3:57.62. Sam would finish in 4:07.59. Ross is currently the #5 runner in the NCAA rankings.



Kirsty, Sarah, a UTEP runner, and Ruth shown in early action.

Below, Ruth is interviewed by Lobo Sports Network and flashes those pearly whites!

(a 22 second PR) but seemed to almost get lost in the race. **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) PR'd as she hit 10:04.55 a new best by 24 seconds. **Alex Darling** (La Cueva, ABQ, NM) in her first 3K just missed the coveted 10:00 barrier as she finished in 10:00.38.



Aragon Dips Under 1:50 Mark in 800

Soph. **Gabe Aragon** (Valley, ABQ, NM) came into the meet looking for a sub-1:50 effort, and jr. Thomas Trujillo helped him achieve it. Thomas, who was not going to race this week offered to help pace Gabe through the first 400 of the race, so he would be set up for the second half of the distance. It always helps to have someone leading the race, and cutting through the air flow, which allows an athlete to conserve energy. Pictured is Thomas coming around the turn enroute to the 400 point of the race where he brought Gabe through in about 52 seconds. Tucked in behind TT is Gabe, and then off Gabe's shoulder is sr. **David Bishop** (Cippenham, England) and froshie **JP Cordova** (Hope Christian, ABQ, NM). All came through the halfway point of the race looking good and they continued to push hard. Coming around the final homestretch Gabe was laboring, but holding strong, while Bish was making one of his late race drives. JP, still a rookie, but improving quickly, was just trying to hang on to Bish. As Gabe flashed across the finish line the big clock stopped at 1:49.68 the second fastest 800 ever in UNM history. GA is only the second Lobo runner ever to dip under 1:50 indoors. Flying across the line was David in 1:50.97, a new PR by about a second and a half. Finally, JP crossed in 1:52.27, knocking 3/10ths off his old PR.



Lovett Moves to #5 All-Time in High Jump (in first UNM competition)

Froshie Django Lovett (Brookwood Secondary, Langley, British Columbia) started classes at UNM just two weeks ago, and in his first Lobo competition soared over the 7' barrier, moving all the way to fifth best all-time indoors. DL passed all the way to 6' 8" before making his first attempt and he easily cleared that bar. Then he cleared 6' 10 1/4" on his first attempt and the bar was raised to 7' 1/4". Just as he had in his two previous attempts, DL cleared on his first attempt. Then as the only jumper remaining Django had the bar raised to 7' 2 1/2". He was not able to scale that height but if his first UNM competition is any indication of things to come, then it certainly will be good things for the Lobo tracksters.



Pitts Moves to #4 All-Time with PR's in both 200 & 400



Sophomore Shirley Pitts (Bonanza, Las Vegas, NV) moved up the all time ranking by performances of 24.66 in the 200 and 57.01 in the 400 placing 8th in the shorter dash and 7th in the longer sprint. The marks she put up at the UNM Invt. replace her old PR's of 24.94 set earlier this season, and 57.16 set last year at Air Force.

Walker Lowers Seasonal Hurdle Best to Fifth Fastest Performance All-Time

Sophomore **De'Vron Walker** (Los Angeles, CA) who had been nursing a sore hamstring the previous two weeks showed he is rounding into form and ready to take on the best in the conference with his 8.16 60 meter Hurdle clocking. After not competing at the Lobo Open DW skimmed the barriers to 8.23 at the Cherry & Silver. This week De'Vron opened up with an 8.24 in the prelims before coming back to hit a 8.16 in the finals, good for second place. That time is the fifth fastest performance all-time and slightly off DW's school record of 8.09.

Willis Rides Hot Streak in Distance

Races Last week at the Cherry & Silver Invitational sr. **Alex Willis** (Lake County, Leadville, CO) lowered his 1 Mile all-time best from 4:28.00 to 4:11.65, a significant drop by any standard. This week AW took aim at the 3000 meter race where he entered with a PR of 8:33.94 set at the MWC meet in 2010. Willis used a hard-driving pace to finish with a third place effort and time of 8:21.11. Pictured is Alex in the lead and the picture shows how hard a distance runner must work to establish, and then maintain a hard pace.



Julie Brasher (Eldorado, ABQ, NM) is shown in the white top during her first 800 of the season. JB finished 6th overall with a solid 2:18.91 clocking.

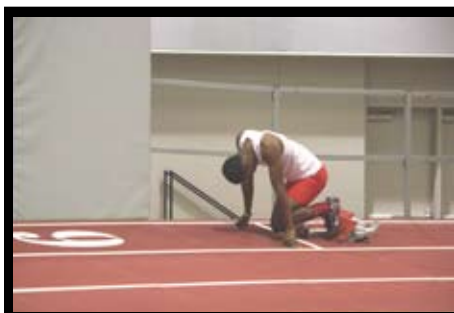


Tucker Places Second & Vaults to 7th Highest Performance All-Time

Froshie Margo Tucker (Indianapolis, IN) had scaled 13' 1 1/2" at the Cherry & Silver one week ago, which moved her to the third best all-time performer with the #3 highest height ever. This week she cleared 12' 9 1/2" which is the 7th highest performance all-time.



Kayla Fisher-Taylor (Denver, CO) is shown during the 60 meter sprint. KFT lowered her PR in the 200 meters from 25.57 to 25.36.



Froshie **Yusuf Muhammad** (Chandler, AZ) is shown in the starting blocks just before the starter fires the gun in the 400 meters



Freshman Chaz Lewis (Highland, ABQ, NM) who is a 400 Hurdler ran the demanding 600 meters for the first time, covering the three laps of the indoor facility in 1:24.96.

York Adds Two More PR's to Resume - Sophomore Richard York (St. Clairsville, MO) has been prepping for his inaugural Heptathlon of the season next week and has achieved PR's in the Pole Vault, Shot Put, and just missed his PR in the High Jump by 1/4" so far this season. At the UNM Invt. he again PR'd in the Shot Put raising his best to 38' 11" adding slightly more than two feet to his old best. In the Long Jump, he sailed to a 23' 3/4" distance adding four inches to his best. All these progressions bode nicely for what will come in the first combined event of the year.

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Results from New Mexico Invitational, January 28-29, 2011

WOMEN

60	Kayla Fisher Taylor 8.91@ PR	Marin Schweigert 8.57@ PR	
200	Shirley Pitts 24.66 (8th) (4,8) PR	Kayla Fisher Taylor 25.36 PR	
400	Shirley Pitts 57.01 (7th) (4,x) PR	Rachel Kelchner 58.35	Kim Perkins 59.15 Samanth Salaz 67.70
800	Julie Brasher 2:18.91@ (5th)		
1 Mile	Nicola Hood 5:06.32@ (unattached)	Laura Lavezo 5:22.14@	Sarah Higgins 5:26.39@
3000	Ruth Senior 9:17.09@ (1st) (1,1) PR (New UNM School Record)		Natalie Gray 9:27.25@ (3rd) (2,2)
	Sarah Waldron 9:40.02@ (4th) (4,4)	Kirsty Milner 9:53.49@ (5th)	Delyth James 9:53.92@ (6th) PR
	Alex Darling 10:00.38@ (7th)	Kaitlyn Berry 10:04.73@ (unattached)	Shawna Winnegar 10:04.55@ PR
	Janna Mitsos 10:20.98@	Margarett Raskob 12.29.22@	
4x400	Shirley Pitts (57.9), Rachel Kelchner (59.5), Kim Perkins (58.3), Kayla Fisher Taylor (63.2)		3:59.09
HJ	Marin Schweigert 5' 2 1/4"		
PV	Margo Tucker 12' 9 1/2" (2nd) (x,7)	Amber Menke 12' 3 1/2" (5th)	Lauren Jaramillo 11' 3 3/4"
	Nathalie Busk 11' 3 3/4"	Julia Cook 11' 3 3/4" PR	

MEN

60	Richard York 7.30@	Ty Kirk 7.39@ (unattached)	Dakari McCoy 7.69@ (unattached)
60H	De'Vron Walker 8.24 8.16@ (2nd) (x,5)	Richard York 8.69@	Chad Clark 8.87@ Dakari McCoy 8.97@ PR
400	Yusuf Muhammad 50.30	Chad Clark 51.95	
600	Derek Montoya 1:24.15 (7th)	Chaz Lewis 1:24.96	Josh Lovato 1:25.57
800	Gabe Aragon 1:49.68@ (1st) (2,2) PR	David Bishop 1:50.97@ (2nd) (5,9) PR	JP Cordova 1:52.27@ (3rd) PR
3000	Alex Willis 8:21.11 (3rd) PR	Allen Pittman 8:22.69@ (5th) PR	Sean Stam 8:23.57@ (7th) PR
	Patrick Ortiz 8:31.08	Cory Kalm 8:32.54 PR	Vincent Montoya 8:47.76@ (unattached)
	Chris Montoya 8:48.64@ (unattached)	Matt Everett 8:49.12@	
4x400	Chaz Lewis (50.3), Derek Montoya (50.2), Chad Clark (51.7), Yusuf Muhammad (52.4)		3:24.85
HJ	Django Lovett 7' 1/2" (1st) (5,x)	Dakari McCoy 5' 6 1/2" (unattached)	
PV	Kyle Walker 16' 1 3/4" (3rd)	Logan Pflibsen 16' 1 3/4" (3rd)	Sam Potter 15' 1 3/4"
	Chris Dodds 14' 8"	Dane Bevins 14' 8" (unattached)	
LJ	Richard York 23' 3/4" (4th) PR	Dakari McCoy 19' 10 3/4"	Warrick Campbell NM
Shot	Richard York 38' 11 1/2" PR	Dakari McCoy 34' 4 1/4" PR	Mike Ellis 33' 4 1/2" (unattached)
Wt.	Matthew Henry-Marshall 55' 7 3/4" (4th) (x,7)	Brad Maestas NM	



University of New Mexico Indoor Track & Field "Wolftracks" News, Views, Reviews, Previews

FEBRUARY 4-5, 2011

NEW MEXICO CLASSIC & COMBINED EVENTS

YORK SMASHES LOBO HEPTATHLON RECORD, MOVES TO #14 NATIONALLY

Sophomore **Richard York** (St. Clair, MO) entered his first 2011 seven-eventer very well prepared. After doing all the events individually during the first three weeks of the season, he had set PR's in many of them. His ultimate goal for the UNM Classic Combined Event was to take a shot at the NCAA automatic qualifying standard of 5675 points, or at least get close enough to rank high nationally, and put his name

RICHARD PREPARES HIS THOUGHTS



SAM READY FOR 60 METERS

into the discussion for an at-large qualifying position. Joining RY in his first-ever Heptathlon was soph. **Sam Potter** (Cibola, ABQ, NM) who had only started training for the combined event over the last several months. At the end of the two days Richard destroyed his old Lobo record of 5294 points set last year at this meet, while Sam scored an impressive 4831 points. The first event on Friday is the 60 meter sprint, where RY entered with an all-time best of 7.15. He got away cleanly and sprinted to a 7.08 clocking, earning 854 points. Sam recorded a 7.29 for 782 pts. The second event, the Long Jump found RY extending his all-time best out to 23' 1 3/4", adding about 1 inch

RY extends for every inch



a PR as he tossed the sphere to a 34' 0" distance upping his prior best of 32' 1/4". The fourth and final event of the first day, the High Jump had RY with an all-time and Heptathlon best of 6' 4 3/4" set last year at

the UNM Classic. He had no problems clearing all the way through 6' 4 1/4", but just nicked 6' 5 1/2" off so he got 749 points. Sam, who only had a couple of high jump practices in his life, cleared 5' 8 1/2", which was a solid effort. At the conclusion of the first day Richard totalled 3028 trailing the leader by 139 points. Sam sat in 12th place after day one with 2599 points, but with his specialty, the Pole Vault on the second day he was sure to catapult up the scoring chart. Day #2 began with the 60 Hurdles, an event that had been giving Richard fits so far this season, but he came up with his seasonal best of 8.54 good for 851 points. With that effort he narrowed down the leaders margin to 40 points. Sam clicked off a 9.20 clocking good for 702 points but still sat in 12th. RY came into the meet with an all-time best of 15' 7" set two weeks ago at the Cherry & Silver Invitational, and a Heptathlon best of 15' 1". He took the bar all

RY over 15' 5"



the way to 15' 5" clearing for 819 points and a grand total of 4698 and the lead. Sam, who had looked forward to this event with glee had the highest height on the day, 16' 3/4" which equalled his all-time best. It was good for 880 points and vaulted him all the way up to seventh place out of the 16 athletes. The seventh and final event, the 1000 meters is always a good one for RY. He entered the meet with a best of 2:49.18 and exited with a new PR of 2:43.12, good for 839 points and the final tally of 5537. Sam clocked 3:01.06 for a total of 4831 points, and an eighth place in his first Heptathlon. Both athletes will get one more chance at improving their scores at the Mountain West Conference Championship which New Mexico will be hosting on Thursday, Friday, Saturday, February 24, 25, 26 with the combined event being contested on Thursday and Friday.

Richard clearing 6' 4 1/4"





CAMPBELL BOOMS BIG JUMP IN TRIPLE, MOVES TO #10 ALL-TIME AT UNM

All freshman athletes in every sport struggle as they move from being the “big dog” at the high school level to just another athlete at the Division I level. It happens on every college team. The intense competition in Division I can break the athlete and sometimes they are never the same. But as one great philosopher said, “The true character of people is defined not in how they handle success, but in how they grow and adapt during difficulty” so when froshies work through their struggles, and come out better it is a great thing to see. Froshie **Warrick Campbell** (Highland, ABQ, NM) pictured above was last years NMAA state Triple Jump champion at 47’ 6 3/4”. He entered the meet with a seasonal-best of 44’ 3 1/4”, and just couldn’t quite get comfortable in his approach and technique. But he was determined to keep plugging away. On his first jump he went 46’ 11 1/2” for a seasonal-best, and looked much better than he had over the first three weeks of the season.. He followed that up with a 48’ 1 1/4” seasonal-best, before fouling on his last attempt in the prelims. In the finals WC fouled, fouled, before collecting his thoughts, and hitting a beautiful 49’ 1/4” effort, which moves him into the all-time top ten. That distance placed him 3rd collegiately in the meet, and moves him all the way up to fifth in the Mountain West Conference. Backing up Warrick was classmate **David Brown** (Cameron Yoe, Texas) who went 48’ 4”, good for fourth place. DB has a seasonal-best of 49’ 3 3/4” so these two youngsters form a strong tandem, and will cause lots of headaches for opposing teams.



Junior Rachel Kelchner (St. Pius, ABQ, NM) enroute to a new indoor PR in the 400 where she clocked 58.16 bettering her old best of 58.21.

Pflibsen Moves To #8 All-Time

Freshman **Logan Pflibsen** (Streator, IL) came into the UNM Classic with a seasonal best of 16’ 1 3/4”. Starting off at 15’ 7 1/4 LP easily made it on his first attempt. Going to 16’ 1 1/4” Logan missed once before clearing on his second attempt. He duplicated that at 16’ 7 1/4” before taking three attempts at 17’ 1”. LP currently sits fifth in the MWC rankings and now ranks #8 at UNM.



Selmon Clocks #8 Fastest Performance in 60 Hurdles

Sophomore **Precious Selmon** (Crystal City, MO)

had to sit out the previous week with a sore quad, but she showed she is back in the groove after skimming to the 8th fastest time ever at UNM. In the prelims PS came out with the fifth fastest overall time (3rd collegian) at 8.81. In the finals she locked down her technique and lowered her seasonal best to 8.65 which placed fourth overall, third collegiately.



Henry-Marshall Cracks 60 Foot Barrier

In all track & field events there are thresholds that define certain parameters. For example in the High Jump 7’ 0” is a threshold and in the mile its 4:00. In the 35 Lb Weight Throw it is 60’ and sr. **Matthew Henry-Marshall** (ABQ, NM) crossed that with his PR toss of 60’ 3” erasing his old PR from two years ago at this meet (58’ 11 1/4”). That distance moves MHM to #6 in the Mountain West Conference.



Evans Scampers to Quick 600 Meters

Middle distance runner Sam Evans (Stafford, England) entered the off-distance 600 meters to get in some good anaerobic work. The last time Sam had run this race was exactly one year ago, after he had just started his freshman year at UNM. In that race he clocked 1:23.64. One year later Sam went out well, but finished with a flurry as he crossed the line in 1:19.28 second overall.

Bishop Takes Crack at Sub-4:00 Mile

Sr. **David Bishop** (Cippenham, England) traveled to South Bend, Indiana to take part in the annual Meyo Mile at the University of Notre Dame. This race typically produces multiple NCAA qualifiers and it was a great situation for DB. The race went out exactly as needed as the front of the pack came through the 400 in 59, with Dave just a few strides off that pace. They slowed just slightly as they clocked 2:01 for the 800. By the 1200 which the leaders passed in 3:01 DB had set himself up well, right near the lead. Over the last 400 of the race as everyone was trying to sprint hard Dave didn't have his usual high-octane final gear and had to settle for a good 4:03.83 effort.

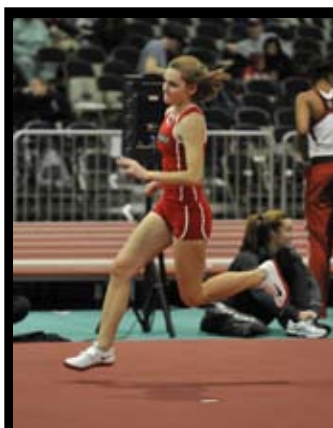


Busk Moves Into Pole Vault All-Time Top 10

Froshie Nathalie Busk (Provivitis, Sweden) entered the Classic with a seasonal-best of 11' 7 3/4". She improved on that seasonal-best as she cleared 11' 9 3/4", to move to #9 all-time indoors at UNM. She is steadily moving toward her indoor PR which was set in January, 2007 in Malmo, Sweden when she scaled 12' 10 1/4". NB passed the first two heights (10' 4" and 10' 10") before missing once at 11' 3 3/4" then clearing. She took all three attempts at 11' 9 3/4" before attempting 12' 3 1/2".

Walker Just Misses School Record

Sophomore **De'Vron Walker** (Los Angeles, CA) tied the indoor school record last year when he clocked 8.09 on February 13, 2010 at the Air Force Invitational. In the prelims DW nailed a couple of hurdles and finished seventh in 8.36 just barely making the eight-man final. In the final De'Vron cleaned up his race and powered to a fine 8.10 to finish fourth overall, but the top collegian. DW now owns seven of the ten fastest times in UNM Lobo history.



Sophomore Marin Schweigert (Robertson, Las Vegas, NM) improved her seasonal best to 5' 4 1/4" and just missed on a new indoor PR of 5' 6".



Gabe Aragon (Valley, ABQ, NM) and JP Cordova (Hope Christian, ABQ, NM) trying the 1 Mile race for enjoyment.



4x400 Relay Runs Fastest Time in Two Years

The 4x400 Relay of lead-off Thomas Trujillo (Rio Rancho, NM) who clocked 49.4, second runner Gabe Aragon (49.0), JP Cordova (49.5), and anchor Sam Evans (48.5) clocked 3:16.58 the best relay time in the last two years. During the entire 2010 season the best time the relay could produce was 3:17.08, so this years edition which can run much faster should be excited for the MWC meet.



Why is this Man Smiling?

After two seasons of on and off hamstring issues which prevented him from running the 60 meter hurdles, jr. **Chad Clark** (LaCueva, ABQ, NM) is finally healthy and able to race over the highs. He clocked a seasonal-best 8.71 at the UNM Classic.

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Results from New Mexico Classic, February 4-5, 2011

WOMEN

60	Kayla Fisher-Taylor 8.05@	Marin Schweigert 8.54@ PR
60H	Precious Selmon 8.81 8.65@ (2nd) (x,8)	
200	Kayla Fisher-Taylor 25.63	
400	Rachel Kelchner 58.16 PR	Kim Perkins 58.24 Julie Brasher 62.93
1 Mile	Nicola Hood (Unattached) 5:00.83@	Kaitlyn Berry (Unattached) 5:01.68@ Vanessa Ortiz 5:08.62@
	Ashlee Smalley 5:33.74@	
3000	Emma Reed 10:01.17@ (4th)	
5000	Margaret Raskob 20:32.14@	
LJ	Asal Salepoor (Unattached) 16' 9 3/4"	
HJ	Marin Schweigert 5' 4 1/4"	
PV	Margo Tucker 12' 9 1/2" (4th) (x,=8)	Amber Menke 11' 9 3/4" Nathalie Busk 11' 9 3/4" (9,x) PR
	Lauren Jaramillo 11' 9 3/4"	Julia Cook 11' 3 3/4" = PR

MEN

60	Lamaar Thomas 7.04@	Thomas Trujillo 7.06@
400	Chaz Lewis 50.43	Chad Clark 51.76
600	Sam Evans 1:19.28 (2nd) PR	Josh Lovato 1:25.41 Derek Montoya 1:25.52
1 Mile	Gabe Aragon 4:15.23@ (8th)	Brock Hagerman (unattached) 4:17.77@ Cory Kalm 4:18.46 PR
	JP Cordova 4:20.23@ Matt Everett 4:21.02@ Chris Montoya (Unattached) 4:25.14@	
	Vincent Montoya (Unattached) 4:26.45@	
3000	Pierre Malherbe (Unattached) 8:44.40 PR	
4x400	Thomas Trujillo (49.4), Gabe Aragon (49.0), JP Cordova (49.5), Sam Evans (48.5)	3:16.58 (4th)
PV	Logan Pflibsen 16' 7 1/4" (4th) (8,x) PR	Kyle Walker 16' 1 1/4" (6th) Chris Dodds 14' 7 1/4"
LJ	Ty Kirk 21' 7 1/4"	Warrick Campbell 20' 10"
TJ	Warrick Campbell 49' 1/4" (3rd) (10,x) PR	David Brown 48' 4" (4th)
WT	Matthew Henry-Marshall 60' 3" (4th) (2,3) PR	Brad Maestas NM
Hept.	Richard York 5537 (1st) (1,1) NEW LOBO INDOOR RECORD, OLD RECORD, YORK 5294, 2010	
	(60 - 7.08 PR ; LJ - 23' 1 3/4" PR ; Shot - 38' 11 3/4" PR ; HJ - 6' 4 1/4"; 60H - 8.54; PV - 15' 5"; 2:43.12 PR)	
	Sam Potter 4831	
	(60 - 7.29; LJ - 21' 9 1/2" PR ; Shot - 34' 0" PR ; HJ - 5' 8 1/2"; 60H - 9.20; PV - 16' 3/4" = PR ; 3:01.06)	

Results from Notre Dame/Meyo Invitational, February 4-5, 2011

1 Mile	David Bishop (59-2:02-3:01) 4:03.83 (7th)
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University of New Mexico Indoor Track & Field “Wolftracks” News, Views, Reviews, Previews

FEBRUARY 11
FEBRUARY 11-12

DON KIRBY INVITATIONAL
WASHINGTON HUSKY CLASSIC

Records Fall, NCAA Qualifying Marks Achieved in Husky Classic

Each February the University of Washington (Seattle, WA) puts on their annual Husky Classic. Over the last 2-3 years this event has started to attract most of the top distance runners in the country who want to get on a 300 meter oversized track and race against the best of the best. Prior to this years meet four of the top ten all-time fastest Lobo men's 5000's were done at the Husky Classic while five of the women's top ten marks were done in Seattle. This year lived up to all the hype as when the dust settled for the Lobos three NCAA automatic qualifying marks were attained, while one Lobo school record broken, eight PR's, and twelve all-time top ten performances. Wow.....what a two day trip. On Friday evening the men's and women's 5000's were contested. There were four sections of the women's race with about 20-25 athletes in each section, each section getting faster and faster based on seed times. The first section was won in 16:56, the second section in 16:38, the third section in 16:11, and the fourth and final one in 15:39. In the second section seniors **Vanessa Ortiz** (Cibola, ABQ, NM) and **Delyth James** (Morpeth, England) ran to nice PR's of 16:50.94 and 16:54.58 earning them the #7 & #8 ranking on the all-time Lobo top ten lists. In the third race jr. **Sarah Waldron** (Pudleston, England) finished fourth in the race and ran a sterling 16:16.73 destroying the old UNM school record of 16:34.58 held by former All American Michelle Corrigan. Also in the race froshie **Kirsty Milner** (Bolton, England) clocked a 16:56.26 to move to #9 all-time at UNM. But Sarah's school record only lasted about 20 minutes as once the final section started it was a lightning fast race. In the final race were jr **Natalie Gray** (Maidstone, England) and sr. **Ruth Senior** (Norwich, England). The tandem went out at the back of the 20

person race and stayed there for most of the first mile (5:05) content to bide their time and not get caught up in the bumping and shoving. After the 1 mile Natalie made a concerted effort to surge a little and get up in the race and by the 2000 meter point she was running sixth. Ruth was still running near the back waiting for her chance to surge forward. By the 2800 meter point Natalie was right off the lead group of four while Ruth had made her move, and was just two seconds back of the leader. The race stayed that way until 4000 meters when the three leaders threw in a hard 75 second quarter and dropped the field. Natalie and Ruth were separated from each other at this point but still looked good. Natalie would get to the finish line in a fantastic 15:54.29 clocking while Ruth came across in 16:02.38, both NCAA automatic qualifying efforts that get them a ticket to the 2011 NCAA Championships at Texas A&M. At the conclusion of the event the Lobo all-time top ten rankings had six new listings. The men's 5000 meters was right after the women. **Rory Fraser** (Leicester, England) led the group with his 14:06.93 clocking while **Keith Gerrard** (Isle of Man, United Kingdom) hit a PR of 14:09.31, moving to #7 all-time at UNM. Redshirt froshie and hardworking walk-on **Sean Stam** (Rio Rancho, NM) making his first effort in the 5000 meters ran to an outstanding 14:18.83 clocking, moving to #9 all-



*Natalie Gray earlier in
the indoor season*



**David
Bishop**

time. This is a great example to all young distance runners that if you listen to good coaching and work hard on a daily basis one can find success. On Saturday in the men's 3000 meters sophomore **Ross Millington** (Stockport, England) toured the Dempsey Indoor facility to the tune of 7:54.08 just under the NCAA automatic qualifying standard so Ross gets to join Natalie and Ruth in College Station, Texas. For RM that was an 18 second PR and moves him to #2 all-time at UNM. Sr. **David Bishop** (Cippenham, England) making his debut in the 3K finished in 8:06.63, #4 all-time at UNM. Finally, in the women's 1 Mile run sr. **Alex Darling** (La Cueva, ABQ, NM) lowered her PR to 4:53.81 which moves her up to #3 all-time while classmate **Emma Reed** (Clevdon, England) lowered her PR by 20 seconds to finish in 4:57.20, #7 all-time.



WALKER DESTROYS LOBO 60 HURDLE RECORD

Sophomore
De'Vron Walker
(Los Angeles, CA)
already had eight
of the ten fast-
est times in Lobo
history over the
60 meter hurdles

and this race cemented his place in history. In the prelims of the 60 Hurdles DW clocked 8.11 the fourth fastest time ever at UNM. But that was just a prelude to the final where he had to face the #1 ranked collegiate hurdler in the country from Texas. At the gun De'Vron was out quickly and ran an aggressive technically sound race to flash across the line in 7.96 seconds, the first Lobo ever under 8.00!



Selmon Bashes Women's 60 Hurdle Record

Sophomore Precious Selmon (Crystal City, MO) already shared the 60 Hurdle record with former Lobo great and Canadian Olympian Angela Whyte. Now PS can say she has the record all to herself. In the prelims of the hurdle race as pictured above Precious got out well, drove hard through every barrier and looked effortless as she clocked an eye-catching 8.43 race. That performance moves her to the top of the Mountain West Conference rankings.



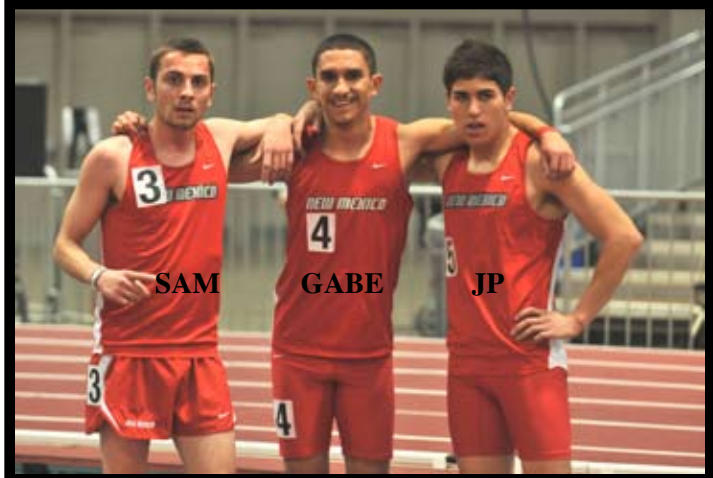
800 Meters Produces Top Ranked Performances

With former 400 meter All American and Lobo great Jarrin Solomon agreeing to lead the race to ensure a fast first 600 meters the threesome of redshirt froshies **Gabe Aragon** (Valley, ABQ, NM) and **Sam Evans** (Stafford, England) along with true froshie **JP Cordova** (Hope Christian, ABQ, NM) were excited for the race. Jarrin who already had run 46 seconds in the 400 this indoor season is pictured coming off the first turn, about 150 meters into the race leading the trio. They came through right on target, around 26ish for the first 200 and continued on through about 52 in the 400. They needed to get to the 600 meter point in 1:19-1:20 and that they did. The last lap of the race was every man for himself and Gabe got to the line first in a new PR of 1:49.48, the second fastest performance ever at UNM. Sam was right on his tail crossing in 1:49.52 moving to #3 all-time at UNM. Finally, JP, who barely made the team in the fall, but has developed as much as anyone on the team lowered his seasonal best to 1:51.11, becoming the seventh fastest all-time in Loboland. They now sit #2, #3, #8 in the MWC while Gabe/Sam are #26 and #27 in the NCAA rankings.



A VIEW FROM THE TOP

This unique photo of redshirt froshie Julia Cook (Lake Central, Dyer, Indiana) setting a new PR of 11' 10" was taken from the rafters of the convention center by former Lobo letterwinner and Javelin thrower, and now professional photographer Dave Benyak. It gives everyone a view of how the pole bends and the process of inversion a vaulter goes through. Most of the photo's in this edition of the newsletter were taken by Dave and we are grateful for his keen track eye. JC moved to #9 all-time with her clearance. Also snagging a PR in the Pole Vault was jr. Amber Menke (Cibola, ABQ, NM) who upped her best from 12' 7" to 12' 10", which ranks her as the #3 all-time performer with the sixth highest height in Lobo history.



Pitts Lowers PR Again

Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) had already lowered her 400 meter PR this season but she took a big chunk off it this time as she cruised to a 56.34, lowering her best from 57.01. That time ranks Shirley as the #3 fastest of all-time and also #6 in the Mountain West Conference.

The Dynamic Sand Duo - Walker & Young

Walker Comes Up Just Shy of Indoor Long Jump Record

Sr. **Alesha Walker** (Ellison, Killeen, TX) already owns the indoor UNM Long Jump record of 20' 1 1/2". After missing last week with a tight hamstring, she came back with a purpose wanting to cement her place at the top of the MWC. AW got out of the gate quickly as on her first jump she spanned 19' 11 1/2" and followed with a 18' 9 3/4". She hit another 19' 11 1/2" jump on her third and final attempt in the prelims. In the finals she went 19' 2 3/4", 19' 4 3/4", before ending the night with a 19' 8 1/4" effort. AW now owns eight of the ten longest jumps in Lobo indoor history. Backing up AW with a huge PR was Precious Selmon, who upped her previous best of 18' 7" all the way to 19' 2 3/4", which gets her the #6 all-time ranking.

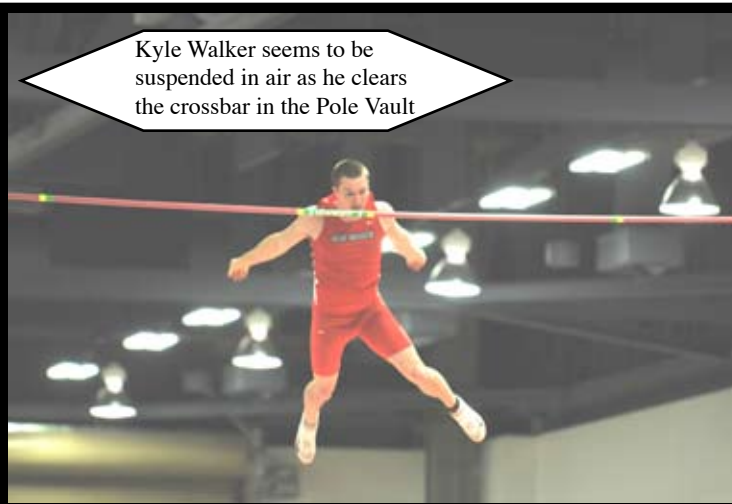


ALESHA WALKER

Young Bounds to Second-Longest Jump in History Sr. **Deanna Young** (Highland, ABQ, NM) came into the Don Kirby Invitational as the school recordholder in the Triple Jump with an all-time best of 43' 1 3/4" which she achieved at the Mountain West Conference Championship in 2009 at Air Force. Her seasonal best in 2011 was 41' 10". But with San Diego State's fine jumper, who was vying to take her thrown in the house, DY got back to serious business. On her first jump in the prelims she hopped, stepped, and jumped to a 38' 6" distance. The SDSU athlete came up with a 39' 3" effort. Deanna then produced a 41' 1" jump next. The SDSU jumper matched that with a 41' 3". Hmmm. Deanna then matched that with a 41' 3" distance while the SDSU jumper fouled. In the finals Deanna started off with a 41' 10 1/2" effort while her competitor went 42' 1 1/2". DY fouled on her fifth attempt while the SDSU athlete did the same. So with one jump left Deanna had to come up with her best effort, and that she did producing a fine 42' 5 1/4" distance while the SDSU athlete finished with a foul. So Deanna takes over the top ranking in the MWC and her distance is the second longest of her outstanding career. DY has seven of the 10 longest jumps all-time.



Kyle Walker seems to be suspended in air as he clears the crossbar in the Pole Vault



Pflibsen Becomes Fifth Lobo Vaulter Over 17' **Froshie Logan Pflibsen** (Streator, IL) cleared 17' last year as a high school senior and he duplicated that feat scaling 17' 1 1/2" to become only the fifth Lobo athlete to clear that height. LP passed on the first four heights (13' 8", 14' 2", 14' 8", 15' 2") before opening up at 15' 7 3/4" easily clearing on his first attempt. He took two jumps to clear 16' 1 3/4", before nailing 16' 7 3/4" on his first attempt. At 17' 1 1/2" he needed two attempts before exiting the competition at 17' 7 1/2". Logan sits #5 all-time at UNM. He also moves up to #3 in the MWC and #22 nationally.

Maestas Grabs Big PR in 35 Lb. Weight Throw - Sophomore **Brad Maestas** (Cibola, ABQ, NM) had added four and a half feet to his 2010 PR on January 15th at the Lobo Open. He went from 43' 6" all the way to 47' 10". He added another major increment to his PR as he twirled the ball to 49' 3/4". He had a good solid series getting his best distance on his sixth and final toss of the evening. Throwing partner **Matthew Henry-Marshall** (ABQ, NM) matched his PR with a toss of 60' 3" and backed that up with a 60' 1 1/4" toss. MHM now has the #3-4-5-6 longest tosses all-time at UNM.

Thomas Scoots to 4th fastest time in 60

Soph. **Lamaar Thomas** (Friendly, Ft. Washington, MD) a Lobo footballer ran his first 60 meter sprint race last week where he clocked 7.04. With one more week of preparation LT lowered that to 6.88 in the prelims. In the finals he almost matched that with a 6.89 finishing third in the race. The 6.88 is the fourth fastest time ever at UNM, while the 6.89 is the fifth fastest time.



Froshie Chaz Lewis (Highland, ABQ, NM) leads a parade of Lobo 400 runners to the line. CL clocked a PR of 50.14. Right behind Chaz is Derek Montoya (Highland, ABQ, NM), Josh Lovato (Gallup, NM) and Chad Clark (La Cueva, ABQ, NM) CC also notched a PR of 51.52.



Brown & Campbell, Then Campbell & Brown

Froshie sand leapers **David Brown** (Cameron Yoe, Texas) and **Warrick Campbell** (Highland, ABQ, NM) traded off leading the way for the Lobos in the Long Jump & Triple Jumps. In the Long Jump David pictured above got off a nice 23' 5 1/4" distance on his last attempt of six, just missing his seasonal best of 23' 6". That placed him fourth in the meet, while Warrick finished sixth. In the Triple Jump DB finished 5th with a best of 48' 5 1/4" while Warrick led the way with his PR equaling distance of 49' 1/4".



Marin Schweigert Clears 5' 3" in the High Jump



Heptathlete Brian Wilson notched a nice PR in the 60 Hurdles lowering his best from 8.49 to 8.38.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol.

Results from Don Kirby Invitational, February 11, 2011

WOMEN

60	Megan Economides 8.98@		
60H	Precious Selmon 8.43@ (1,1) PR New UNM School Record	8.94@ (6th)	
200	Kayla Fisher-Taylor 25.75	Kim Perkins 25.82	
400	Shirley Pitts 56.34 PR (3,x)	Kim Perkins 58.95	
HighJ	Marin Schweigert 5' 3"		
LongJ	Alesha Walker 19' 11 1/2" (2nd) (x,2)	Precious Selmon 19' 2 3/4" (5th) PR (6,x)	
	Deanna Young 18' 10 3/4" (7th)	Asal Salehpoor 17' 8 3/4"	
TripleJ	Deanna Young 42' 5 1/4" (2nd) (x,2)	Asal Salehpoor NM	
PoleV	Margo Tucker 12' 10" (2nd) (x,10)	Amber Menke 12' 10" (3rd) PR (4,x)	Julia Cook 11' 10" PR (9,x)
	Lauren Jaramillo 11' 10"	Nathalie Busk 11' 4 1/4"	

MEN

60	Lamaar Thomas 6.88@ (4,x) 6.89@ (3rd) (5,x)	Thomas Trujillo 7.05@	Deon Long 7.08@
60H	De'Vron Walker 8.11@ (4,x) 7.96@ (3rd) PR (1,1) New UNM School Record		
	Brian Wilson 8.41@ 8.38@ (7th) PR (4,x)	Richard York 8.52@	
200	Thomas Trujillo 21.86 (3rd)		
400	Chaz Lewis 50.14 PR	Derek Montoya 50.37	Josh Lovato 51.27
800	Gabe Aragon 1:49.48@ (1st) PR (2,2)	Sam Evans 1:49.52@ (2nd) (3,3)	JP Cordova 1:51.11@ (3rd) PR (7,x)
	Cory Kalm 1:59.24 (6th)		
4x400	Gabe Aragon (50.2), Sam Evans (48.8), Richard York (48.8) PR , Chaz Lewis (49.7) PR	3:17.81 (4th)	
	Chad Clark (51.8), Derek Montoya (50.6), Josh Lovato (52.5)		
LongJ	David Brown 23' 5 1/4" (4th)	Warrick Campbell 21' 8 3/4" (6th)	Ty Kirk 20' 11 1/4"
TripleJ	Warrick Campbell 49' 1/4" (3rd)	David Brown 48' 5 1/4" (5th)	
HighJ	Sam Potter 5' 10 1/2" (3rd) PR	Brian Wilson 5' 10 1/2" (4th)	
PoleV	Logan Pflibsen 17' 1 1/2" (2nd) PR (5,x)	Kyle Walker 16' 1 3/4" (4th)	Chris Dodds NM
ShotP	Brian Wilson 38' 4"	Sam Potter 34' 3/4" PR	
Wt.	Matthew Henry-Marshall 60' 3" (3rd) (x,3)	Brad Maestas 49' 3/4" (7th) PR (8,x)	

Results from Washington Husky Classic, February 11-12, 2011

WOMEN

1 Mile	Alex Darling 4:53.81 PR (3,8)	Emma Reed 4:57.20 PR (7,x)	
5000	Natalie Gray 15:54.29 (4th) (1,1) New UNM School Record	Ruth Senior 16:02.38 (6th) PR (2,2)	
	Sarah Waldron 16:16.73 (4,4)	Vanessa Ortiz 16:50.94 PR (7,10)	Delyth James 16:54.58 PR (8,x)
	Kirsty Milner 16:56.26 (9,x)	Janna Mitsos 17:11.37	Shawna Winnegar 17:56.81

MEN

3000	Ross Millington 7:54.08 PR (2,2)	David Bishop 8:06.63 (4,6)	
5000	Rory Fraser 14:06.93	Keith Gerrard 14:09.31 PR (7,x)	Sean Stam 14:18.83 (9,x)
	Alex Willis 14:39.16 PR	Patrick Ortiz 14:40.91	Allen Pittman 14:52.52
HighJ	Django Lovett 6' 9 1/2" (3rd)		



University of New Mexico Indoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

FEBRUARY 24 - 26, 2011
MOUNTAIN WEST CONFERENCE INDOOR TRACK & FIELD CHAMPIONSHIP



Men's Team Scores

1. BYU	193
2. Air Force	122
3. New Mexico	100
4. TCU	94
5. Wyoming	80
6. Colorado State	67

Women's Team Scores

1. BYU	181.5
2. TCU	107
3. New Mexico	90
4. San Diego St.	84.5
5. Utah	71.5
6. Wyoming	46
7. UNLV	39
8. Colorado State	26
9. Air Force	17.5

Young Bounds to MWC Title and New UNM Indoor Record

All American **Deanna Young** (Highland, ABQ, NM) came into the championship as the #1 ranked Triple Jumper in the competition. But her main rival from San Diego State had given her a good jumpfest several weeks ago at one of UNM's home meets. DY started off with a 41' 3" and followed with a 40' 6" which left her in second place to the Aztec. But on her third effort in the prelims she went to 41' 9 1/4" to take the lead. In the finals the SDSU jumper improved to 41' 7 3/4" while Deanna fouled. But on DY's fifth jump she went 43' 2 1/2" to seal the victory. Deanna is currently ranked #7 in all the land.



Selmon Takes MWC Crown in 60 Hurdles

Sophomore **Precious Selmon** (Crystal City, MO) came into the championship with the #1 conference ranking in the 60 meters hurdles based on her 8.43 school record effort at the Don Kirby Invitational February 11th. In the prelims on Friday Precious was still recovering from the Pentathlon on Thursday and looked sluggish, running an 8.62 and qualifying sixth out of eight. But with another day recovery her legs got refreshed by Sat-

urdays final, and she rocketed to an 8.43 victory. That time equals her all-time best and the top time ever run in Lobo history. It also is the third fastest time ever run in MWC Championship history.

Oh So Close

The 60 meter sprint is always an exciting race for fractions of a second determine victory. In the prelims of the 60 sprint



Men 60 Meter Dash		
Heat # 1		
Place	Name	Mark
1	Harris Wyomin	6.792
2	Thomas New Mex	6.799
3	Silmon TCU	6.824
4	Barnes TCU	6.869
5	Knotts TCU	6.898
6	Dungey TCU	6.904
7	Gormley BYU	6.907
8	Stoneham TCU	6.935
		6.80

junior **Lamaar Thomas** (Friendly, Ft. Washington, MD) clocked the third fastest time of the day, a 6.83 but had a serious calf cramp after the race. Getting constant treatment LT showed up the next day for the final not knowing what to expect. At the gun Lamaar got out well and came down the sprint straight neck and neck with a Wyoming athlete. At the finish line they both leaned hard and as the picture to the left shows the timers had to go to the thousandth of a second to determine the winner. Only 7/1000ths of a second between Lamaar and victory. That performance is the second fastest of all time after LT's 6.77 from last year.



Distance Medley Relay Runs 7th Fastest Time in NCAA

Both BYU and UNM had powerful Distance Medley Relay teams (1200-400-800-1600) and both felt they could qualify for the NCAA Championship which meant they had to run 9:32.00 or faster. Leading off for the Lobos was sr. **David Bishop** (Cippenham, England) who is a 4:00 miler in his own right. At the gun DB was content to stay off the shoulder of the Cougar coming through the 200 in 26 and the 400 in 57 before getting to the 600 in 1:29. At the 800 point of the race Dave turned up the intensity and took the lead coming through in 1:59ish. He held that lead with the BYU athlete right on his heels through 1000 meters which he hit in 2:28. At the 1000 point the BYU runner swung around Dave passing him, and up the backstretch DB increased his tempo to match the Cougar. He handed off to soph/fr **Sam Evans** (Stafford, England) just after the BYU exchange with a 2:57 split. Sam who is a miler, but has great speed showed that range as he chased the BYU athlete around the track for two laps, handing off with a sterling 48.0 split. Sophomore **Gabe Aragon** (Valley, ABQ, NM) took the baton from Sam and gave chase being about 8 meters down. Slowly but surely Gabe started to pull in the Cougar, moving to seven meters behind, then six meters, then five meters until he was right off the shoulder of the BYU runner with one lap to go. He fought tooth and nail the last 200 meters to get as close as possible for the anchor leg. Gabe handed off running a fantastic 1:48.1 split. **Ross Millington** (Stockport, England) had a tough task because even though he is a sub-4:00 miler, BYU was running their anchor leg who had run 3:55 recently and was in top shape. Ross gave chase the entire way running a converted 1600 meters (9 meters less than a mile) in the 4:01.5 range. BYU finished first with the Lobo team coming across second in a 9:32.50 clocking, just missing the automatic standard, but being high on the national list anyway. That performance moves the quartet into #2 all-time at UNM.



**GABE
ARAGON**

RUTH SENIOR



Senior & Waldron Dominate 3000 Meters

Sr. **Ruth Senior** (Norwich, England) and jr. **Sarah Waldron** (Pudleston, England) showed patience and strength as they easily handled the field over the 15 lap race. In the early stages of the race both were content to stay back in the pack and run smoothly and efficiently, letting a CSU runner lead the race. It wasn't until

after the one mile point that Ruth gracefully surged up to the head of the chase pack, with Sarah dropping in right behind her. They waited until the 6:30 point of the 9:30 race to finally surge one more time up to the CSU runner, and then in an instant they were gone. They stayed one behind the other all the way to the finish line with Ruth clocking 9:30.82, a new MWC record and Sarah a 9:33.10. For Ruth that is the third fastest performance in Lobo history while Sarah moves to #3 performer all-time with the #4 fastest performance. Finishing in seventh was froshie **Kirsty Milner** (Bolton, England) who clocked 9:48.63 moving to #10 all-time at UNM.

Distance Medley Relay Destroys School Record

Coming into the championship the fastest that any DMR had ever run was 11:55.46 and that was last year at the MWC meet. The quartet that would be toeing the line this year were Kirsty Milner leading off

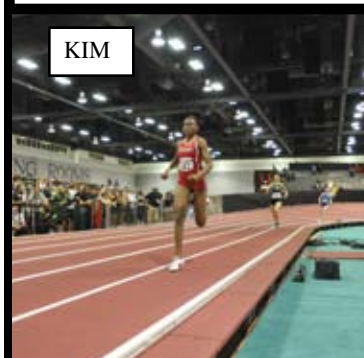
and running the 1200, sr. Kim Perkins (Clovis, NM) sprinting the 400, Alex Darling (La Cueva, ABQ, NM) pacing the 800,



Kirsty

and Ruth Senior finishing off with the 1600. Kirsty led the group off with her 3:38.6 effort and then Kim raced a new PR of 57.7 for her leg. Alex raced the four laps of the track to a fine 2:12.1 before handing off to Ruth. Ruth ran her 8 laps in an outstanding

4:49.5 to tally 11:34.71 busting the old record by a whopping 20 seconds. They relay finished second overall in the race.



KIM



Walker Takes Runner-Up Slot in 60 Hurdles

Sophomore **De'Vron Walker** (Dominguez, Los Angeles, CA) had taken over the conference lead in the 60 Hurdles several weeks ago. There is an old adage that if you are going to get beat, make the person you are racing against run the fastest of their life....and that is just what happened. In the prelims of the hurdles DW had the second fastest time on the day (8.07) only trailing a freshman from CSU who clocked the fastest of his life. In the finals the question was could this athlete do it again? Pictured is De'Vron and the CSU athlete neck and neck at the second hurdle. De'Vron stayed right alongside as they both got to the finish line about the same time. When the videoboard showed the results DW had run the second fastest time of his life (8.01) but came up just a nick short (8/100ths). So DW improved from the 2010 MWC meet where he finished second in 8.09 to 8.01 but got runner-up again.

Alesha Walker Takes Second in Long Jump

Sr. **Alesha Walker** (Ellison, Killeen, Texas) had a seasonal-best jump this year of 19' 11 1/2", which ranked her second in the conference. AW got right to work spanning 19' 11" on her first attempt in the preliminary round and followed that with a 19' 0" effort. She hit another 19' 11" on her third attempt in the prelims showing good consistency. In the finals Alesha hit 19' 10 1/2, fouled, and then a 18' 9 1/4" distance. Her best mark on the day, the 19' 11" distance left her in second place just about five inches away from the title. The 19' 11" distance is the third longest performance in Lobo history. Backing up Alesha was Precious Selmon, who grabbed sixth place at 18' 10". Pictured is Alesha trying to squeeze every inch out of her jump.



Sophomore Shirley Pitts (Bonanza, Las Vegas, NV) is shown in the finals of the 400 meters where she placed sixth with a 54.89 clocking, her first foray below the 55 second threshold. That performance moves SP all the way up to #2 all-time indoors at UNM.



Pole Vault Report

Freshman **Logan Pflibsen** (Streator, IL) came into the championship with a seasonal-best of 17' 1 1/2" which ranked him fourth in the conference. Opening up at 16' 1" LP had no problems. At 16' 6 3/4" again, no problem as he cleared on his first attempt. At 17' 0" Logan could not get over the bar and had to settle for a fifth place in his first MWC championship.



Millington Runs an 8:07.88 in 3000 Meters - Sophomore Ross Millington had already qualified for the NCAA in the 3000 earlier this year when he clocked a sparkling 7:54.08. In the 15 lap race he finished third with an 8:07.88 time which is



the eighth fastest performance all-time at UNM. Ross is pictured to the left in all red just after crossing the finishing line to earn 6 points for the team.



Freshman **Django Lovett** (Brookswood Secondary, Langley, British Columbia) placed third in his first MWC Championship. DL passed the first two heights of 6' 4 1/4" and 6' 6 1/4" before coming into the competition at 2.04m or 6' 8 1/4", which he made on his first attempt. At the next bar height, 6' 9 3/4" he was not able to scale the crossbar and had to settle for 6 team points.

HIGHJUMP HIGHJUMP HIGHJUMP

Last year at the MWC Indoor Championships then froshie **Marin Schweigert** (Robertson, Las Vegas, NM) had a tough experience clearing 5' 2 1/4". She came back to score in the outdoor championships clearing 5' 6 1/2" to place fourth. This year as an experienced veteran Marin knew what she had to do. During the regular season she had not been able to crack the top 12 rankings as her seasonal-best was 5' 4 1/4". To score MS figured it would take at least a bar clearance at 5' 5" with no misses. Opening up at 5' 3" Marin easily cleared it and moved on to 5' 5". At 5' 5" she missed the opening attempt before coming back to skyrocket over the bar but with a miss, she put herself into difficulty as typically misses determine places. The bar then went to 5' 7" a height she had not cleared while at UNM. On her first attempt she approached the pit with consistency and had a good plant, extended well through her center of gravity, and had good rotation over the bar. It stayed up! At 5' 8" she had one good attempt at the bar but didn't have the umph on this day. After all the jumpers were done the officials indicated that Marin placed 6th.



Trujillo Speeds to 6th Place & New PR in 200 Meters
Jr. Thomas Trujillo (Rio Rancho, NM) came into the meet with a lifetime best of 21.77. In the prelims TT sped around the banked Mondo track to produce a solid 21.64 clocking earning a lane in the final with the performance. That time moves TT up to #4 all-time at UNM. In the final Thomas placed sixth as he clocked a 21.95



**MARGO
TUCKER**

Tucker & Menke Grab Pole Vault Points

Froshie **Margo Tucker** (Indianapolis, IN) and jr. **Amber Menke** (Cibola, ABQ, NM) came in ranked in the top eight. After the competition was completed Margo placed 4th and Amber 8th. Amber chose to vault at 11' 5 3/4" while Margo passed that height. AM easily cleared it on her first attempt. At 11' 11 3/4" Amber cleared it on her first attempt while Margo came into the competition and cleared it also. At 12' 5

1/2" Amber again scaled the bar on her very first attempt while Margo duplicated that. At 12' 10 1/4" Amber exited the competition while Margo took two attempts to get over the bar. The bar then went up to 4.02m or 13' 2 1/4", just 1/4" shy of the UNM Indoor Record held by Bridgid Isworth set in 2003. Margo got after it pretty well, but couldn't quite get the height on this day.



Distance Points

In the final MWC regular season ranking of the top 11 fastest men's milers there were either BYU runners or UNM runners on that list. So it wasn't a surprise when the men's mile became a two team race between the Lobos and the Cougars. When it was all done BYU went 1-4-5, while UNM went 2-3-6. Sam Evans attempted to push the pace and gave BYU's top rated runner all he could handle. But in the end Sam finished second while David Bishop finished 3rd. **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya) who had been out for several months with a leg injury ran his first race of the indoor season and took a surprising sixth in the process. In the 5000 meters sr. **Rory Fraser** (Leicester, England) was the only Lobo to make the top eight as he clocked a 14:24.75 for the 25 lap race. RF grabbed 7th place.



CAMPBELL SAVES BEST FOR LAST

Froshie **Warrick Campbell** (Highland, ABQ, NM) had a seasonal-best in the Triple Jump of 49' 1/4" but had been dealing with the concept of maximum controllable velocity on the approach. Most people just assume that an athlete runs as fast as possible, then when they get to the take-off board they just jump. Nothing could be farther from accurate. WC is fast and strong, but putting those two facets together to hit the take-off board precisely is just not as easy as folks think. Warrick opened up his series with a 46' 7" effort which put him in fourth place. On his second attempt he fouled. On his third jump in the prelim round he could only manage 43' 1/2". So going into the nine man final WC held down the fifth position five feet from first place and three feet from second place. His first jump in the finals was a 44' 7" effort which didn't help as he slid to sixth place. Warrick's fifth jump was his best so far as he extended out to 48' 3 1/2" which got him one place higher on the chart. So going into his sixth and final jump Warrick had to dig down and remember everything that Coach McDonnell was telling him, relax, be patient, let your technique work for you, and have fun. Warrick came down the runway with excellent speed, hit the take-off board perfectly and looked graceful and powerful as he went through his phases. As he hit the sand everyone in the place knew it was a good jump.....but would it be good enough? When the official placed the marker in the sand and read 15.18 meters the Lobo faithful erupted as that translates into a jump of 49' 9 3/4", which moved him all the way to second place. That jump also moves Warrick up to eighth on the all-time UNM indoor list.

York Claims Heptathlon Crown and Earns Outstanding Performance of Meet Award

The men's Heptathlon is seven events spread over two days. Last year in his inaugural season **Richard York** (St. Clair, MO) took runner-up honors with a point total of 5224. This year he had already tallied 5537 at the UNM Classic on February 4-5. Getting right to work RY clocked a near-PR of 7.09 in the 60 meter sprint (PR - 7.08). He then hit a lifetime best in the Long Jump as he spanned 23' 4 3/4". Sophomore **Sam Potter** (Cibola, ABQ, NM) in his first MWC Championship combined event also hit a big PR as he went 22' 4 1/2", more than five inches better than his previous PR. Sr. **Brian Wilson** (Estancia, NM) made it three for three as he also hit a nice PR of 21' 8 3/4". In the Shot Put RY came up with another PR as he extended his best out to 39' 3 1/4" while BW did the same getting the 16 lb. ball to 39' 7 3/4". In the final event of day



The men's 60 with Sam on the left and Richard in lane three

one, the High Jump Richard came up with his all-time collegiate best of 6' 5 1/2" while Sam shocked everyone by scaling a solid 6' 2". At the end of day one RY had 3077, while Sam had 2779 and Brian 2710. In day two RY clocked a seasonal-best of 8.44 in the 60 Hurdles (his PR is 8.42). The Pole Vault found Sam leading the Lobo men with his 15' 7" clearance while Richard scaled 14' 11". The big PR was set by Brian who upped his all-time best from 13' 7" all the way to 14' 3 1/4"! The final event, the 1000 had RY clocking 2:46.09. So his total score over the two days was 5533, the third best score ever in MWC Championship history. Sam improved his score from 4831 to 5002 points, good for fourth place while BW PR'd

Sam spanning a new PR of 22' 4 1/2"



going from 4895 to 4946.

Selmon Takes Fourth Place in Pentathlon

Precious Selmon was competing in her first collegiate combined event and her fourth place effort was solid all along the way. In the 60 Hurdles, which leads off the competition PS scampered to the fastest time on the day, a UNM record equaling 8.43. She then took on the High Jump and did fantastically as she cleared all the way through 5' 4 1/2" which was huge. The third event, the Shot Put is something that will take time for her to learn and she tossed the 4K ball out to 29' 4 1/2". The fourth event, the Long Jump had Precious going out to 19' 1/2", her second-longest jump ever. Finally, Precious completed the competition with a 2:55.91 800 meters to total 3469 points. That moves her to #3 all-time at UNM.



RY scaling 6' 5 1/2" in High Jump



WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol.

Results from Mountain West Conference Championships, February 24-26, 2011

WOMEN

60	Kayla Fisher-Taylor 7.78@ (10,x) PR				
60H	Precious Selmon 8.64@ 8.43@ (1st) (=1,=1) =PR				
200	Shirley Pitts 24.68 25.53	Kayla Fisher-Taylor 25.14 (10,x) PR			
400	Shirley Pitts 55.41 PR 54.89 (6th) (2,7) PR				
800	Julie Brasher 2:29.01@				
1 Mile	Ruth Senior 4:49.85@ (5th) Alex Darling 4:51.93@ (6th) (3,7) PR Kirsty Milner 5:00.17@ Emma Reed 5:11.00@				
3000	Ruth Senior 9:30.82@ (1st) (x,3) Sarah Waldron 9:33.10@ (2nd) (3,4) PR Kirsty Milner 9:48.63@ (7th) (10,x) PR				
	Delyth James 9:58.53@ Vanessa Ortiz 10:04.44@ PR Shawna Winnegar 10:10.97@ Janna Mitsos 10:20.28@ PR				
	Sarah Higgins 10:32.32@				
5000	Sarah Waldron 16:54.55@ (6th) Vanessa Ortiz 17:01.06@ (7th) Delyth James 17:23.94@				
	Shawna Winnegar 17:34.02@ PR Janna Mitsos 18:09.57@ Sarah Higgins 18:12.54@ Laura Lavezo 18:43.45@				
4x400	Kim Perkins (57.0) PR , Shirley Pitts (58.4), Precious Selmon (59.8), Alex Darling (59.1) PR 3:54.69 (7th)				
DMR	Kirsty Milner (3:38.6), Kim Perkins (57.7), Alex Darling (2:12.1), Ruth Senior (4:49.5) 11:34.71@ (2nd) (1,x)				
	<i>New UNM Indoor Record, Old Record Senior Brazley, Martin, Gibson, 11:55.46@, 2010</i>				
HighJ	Marin Schweigert 5' 7" (6th) (8,x) PR				
LongJ	Alesha Walker 19' 11 (2nd) (x,3) Precious Selmon 18' 10" (6th) Deanna Young 17' 9" Asal Salehpoor 16' 8 1/2"				
TripleJ	Deanna Young 43' 2 1/2" (1st) (1,1) PR New UNM Indoor Record Asal Salehpoor NM				
PoleV	Margo Tucker 12' 10 1/4" (4th) (x,9) Amber Menke 12' 5 1/2" (8th) Julia Cook 11' 5 3/4"				
	Lauren Jaramillo 11' 5' 3/4" Nathalie Busk 11' 5 3/4"				
Pent	Precious Selmon 60H - 8.43 HighJump - 5' 4 1/2" ShotP 29' 4 1/2" LongJ - 19' 1/2" 800 - 2:55.91 3469 (4th) (3,x)				

MEN

60	Lamaar Thomas 6.83@ 6.82@ (2nd) (x,2) Thomas Trujillo 7.06				
60H	De'Vron Walker 8.07@ 8.01@ (2nd) (x,2) Brian Wilson 8.47@				
200	Thomas Trujillo 21.64 (4,5) PR 21.95 (6th)				
400	Derek Montoya 49.92 PR Chaz Lewis 49.95 PR				
800	Gabe Aragon 1:50.66@ (5th) JP Cordova 1:53.02@ (8th)				
1 Mile	Sam Evans 4:11.84@ (2nd) David Bishop 4:14.14 (3rd) Nicholas Kipruto 4:16.17@ (6th)				
3000	Ross Millington 8:07.88 (2nd) Rory Fraser 8:17.37@ (6th) Keith Gerrard 8:22.69@ Nicholas Kipruto 8:26.65@				
	Sean Stam 8:27.42@ Alex Willis 8:33.40@ Patrick Ortiz 8:35.37@ Cory Kalm 8:43.22@				
	Allen Pittman 8:44.15@ Matt Everett 8:51.36@				
5000	Rory Fraser 14:24.75@ (7th) Alex Willis 14:35.24@ PR Patrick Ortiz 14:45.74@ Sean Stam 14:47.962				
	Keith Gerrard 14:51.47@ Cory Kalm 15:23.29@ Allen Pittman 15:30.02@ Matt Everett 15:48.81@				
4x400	Derek Montoya (50.0), Warrick Campbell (48.5), Chaz Lewis (50.0), JP Cordova (49.4) 3:17.94				
DMR	David Bishop (2:57.5), Sam Evans (48.0), Gabe Aragon (1:48.1), Ross Millington (4:01.5) 9:32.50@ (2nd) (x,2)				
LongJ	Warrick Campbell 22' 3" (8th) PR Ty Kirk 21' 7 1/4"				
TripleJ	Warrick Campbell 49' 9 3/4" (2nd) (8,x) PR				
HighJ	Django Lovett 6' 8 1/4" (3rd) Warrick Campbell 6' 4 1/4" =PR				
PoleV	Logan Pflibsen 16' 6 3/4" (5th) Kyle Walker 16' 3/4"				
Wt.	Matthew Henry-Marshall 58' 3 1/4" (x,8)				
Hept	Richard York 60 - 7.09 LJ - 23' 4 3/4" PR SP - 39' 3 1/4" PR HJ - 6' 5 1/2" PR 60H - 8.44 PV - 14' 11" 1000 - 2:46.09				
	5333 points (1st) (x,2)				
	Sam Potter 60 - 7.19 PR LJ - 22' 4 1/2" PR SP - 33' 4 3/4" HJ - 6' 2" PR 60H - 9.01 PR PV - 15' 7" 1000 - 3:02.02				
	5002 points (4th) (4,x) PR				
	Brian Wilson 60 - 7.37 LJ - 21' 8 3/4" PR SP - 39' 7 3/4" PR HJ - 5' 10 1/2" 60H - 8.51 PV - 14' 3 1/4" PR 1000 - 3:00.18 PR				
	4946 points (7th) (6,x) PR				



University of New Mexico Indoor Track & Field “Wolftracks” News, Views, Reviews, Previews

MARCH 4-5, 2011 NOTRE DAME LAST CHANCE QUALIFIER
WASHINGTON LAST CHANCE QUALIFIER

DISTANCE MEDLEY RELAY AUTO QUALIFIES TO NCAA AT NOTRE DAME LAST CHANCE

Even though the Lobo Distance Medley Relay (1200-400-800-1600) had run the seventh fastest time in the country at the Mountain West Conference Championships (9:32.50) they had missed the automatic qualifying time by .50 in the process. The NCAA accepts somewhere between 10-12 teams each year, so there was the thought to just sit tight and wait for an at-large berth. But what happened two years ago at the Notre Dame Last Chance was in Coach Joe Franklin's mind. In 2009 fifteen DMR's auto qualified at the meet, and pushed all the close-but-not-quite qualified teams out of the mix. So even though the team members were a little fatigued from the MWC meet, and would have preferred to get in some good training instead of flying to South Bend, Indiana they got on a plane and traveled to the midwest. The Notre Dame meet does not place all the fast teams in one section, but rather splits the teams into two equally divided sections. The Lobo men were in the first section and there were a total of seventeen teams. In the section with New Mexico was Texas, Virginia, Penn State, Princeton, UCLA, Duke, and Utah State. **Sam Evans** (Stafford, England) who has shown remarkable range this season sprinting a 48 second 400 yet running a 4:05 mile led off the quartet with a 1200 meter leg.



Sam was content to let the runner from Texas lead through the early going but kept very close to the Longhorns shoulder. The entire pack was very tight until about the 800 meter point and then suddenly the Virginia runner tried to drop the pack by spurting to a quick lead, but Sam was cat-like as he pounced as soon as this happened and covered the move by the Cavalier. As the group started to sprint the last 200 meters in anticipation of handing off Sam hung right behind the leader refusing to give any ground. Sam handed off to **Richard York** (St. Clair, MO) and was clocked in a fine 2:56.5 for the 1200



meters which is sub-4:00 mile pace. Decathlete RY got the baton second but was immediately passed by the UVa sprinter and it seemed like Richard struggled to maintain the hot early pace of the 400. But once he got to about 300 meters, while others were starting to decelerate quickly, all the strength work he does paid off. As he came around the turn and up the backstretch to hand off to **Gabe Aragon** (Valley, ABQ, NM) for the 800 meters he lengthened his stride and put his head down churning up the track of the Loftus

Center 320 meter facility. RY clocked a very fine PR of 48.0 for his 400 split. Gabe, who had had an excellent indoor campaign showed solid race maturity as he did not try to make up ground immediately, instead choosing to just slowly but efficiently pull the leaders in. Even when Penn State and Princeton came up on his right shoulder and went around him he didn't panic. Gabe just tucked in behind them and let them do the work until about 500 meters into the race when he increased his stride frequency and swung out around first the Princeton runner, then the Texas runner and gave chase to the Penn State and Virginia athletes. Gabe fought hard the entire way and handed off to **David Bishop** (Cippenham, England) with a fine 1:48.3 split. DB took the baton and looked up to find himself in third place, about five meters back. But during the first lap (320 meters) he slowly worked to get right behind the two leaders and stayed that way looking effortless in the process as the three teams separated themselves from the rest of the pack. At 600 meters it remained Virginia, Penn State, and New Mexico in that order. At 800 meters the Virginia runner tried to break the other two by throwing in a hard surge. He could get no more than about five meters away from the



**Gabe
Aragon**

Nittany Lion and Lobo and neither seemed concerned. At 1000 meters DB suddenly sped up, swung out around the Penn State runner and then around the Virginia runner to take the lead. He did it so effortlessly that it almost looked as he was jogging. Coming down the homestretch approaching the bell lap DB was in the lead with the other two teams right on his heels. Around the turn heading to the backstretch the Penn State athlete came to life and swung

around David and took the lead. Boy, was this a great race. Up the backstretch DB put his head down and dug deep staying right behind the PSU runner and then just before the final turn the Virginia runner swung out around both the PSU runner and Dave and took the lead. Well, that was enough for Dave as he increased his tempo, got right off the UVA runners shoulder and halfway around the turn boom, he was gone. Down the homestretch David was pumping his arms furiously and driving as hard as he could. No one was going to match his speed or strength today and he hit the finish line 2.4 seconds ahead of the second place team after having been together with 100 meters remaining. As soon as Dave crossed the finish line everyone turned and looked at the wall where the times were being shown. It was about 10 seconds and then it flashed 9:31.95, just under the automatic qualifying standard. David's outstanding 1600 meter leg was 3:58.9 the equivalent of a 4:00.1 mile and the team needed all his great abilities to pull that off.

So now, the quartet can get a few days recovery time and start the planning process for their next meet.....The NCAA Championships! Their time is the second-fastest in Lobo history after the 2009 DMR at Notre Dame that ran 9:30.38 (which DB led off the 1200).



**David
Bishop**

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Notre Dame Last Chance Qualifier

60 Hurdles	Precious Selmon 8.59 8.48 (x,2)
Triple Jump	Warrick Campbell 49' 7 1/4"
DMR	Sam Evans (2:56.5), Richard York (48.0)
	Gabe Aragon (1:48.3), Dave Bishop (3:58.9)
	9:31.95 (2,x)

University of Washington Last Chance Qualifier

Long Jump	Alesha Walker 19' 9" (x,10)
Pole Vault	Logan Pflibsen 16' 8"

WHAT IS A LAST CHANCE WEEKEND?

The NCAA allows a small number of last chance qualifying meets one week after the completion of conference championships. This is a final chance to either attain an NCAA qualifying performance, or improve the performance mark already held. The NCAA limits the number of final qualifying meets to about 6 across the country, so it is somewhat like a chess match as coaches try to figure out where the top people will be in any particular event. For the Lobos they split between two meets, one at the University of Notre Dame, and the other at the University of Washington.

UNIVERSITY OF NEW MEXICO INDOOR TRACK & FIELD

2011 FINAL BEST PERFORMANCES (updated 3/15/11)

An @ denotes a performance that has been adjusted based on the NCAA altitude conversion

2011 BEST

ALL TIME BEST or PREVIOUS BEST

60 METERS (WOMEN)

Kayla Fisher-Taylor	Fr.	7.78@
Kim Perkins	Sr.	8.03@
Marin Schweigert	Soph.	8.54@
Megan Economides	Soph.	8.98@
Precious Selmon	Soph.	
Deanna Young	Sr.	
Tawsha Brazley	Soph.	
Shirley Pitts	Soph.	
Asal Salehpoor	Sr.	
Christine Ostler	Soph.	

UNM Record - Kristan Matison, 7.58, 2007		NCAA Auto - 7.26
MWC, 2/25	7.91@	1/29/11, UNM Invt.
Cherry & Silver, 1/22	8.08	1/15/11, Lobo Open
New Mexico Classic, 2/5	8.57@	1/29/11, New Mexico Invt.
Don Kirby Invt., 2/11		
	7.69	12/2/09, Northern Arizona
	7.78	1/30/09, UNM Invt.
	7.82	1/15/10, Lobo Open
	8.08	12/2/09, Northern Arizona
	8.07	1/30/09, UNM Invt.
	8.71	12/2/09, Northern Arizona

60 METERS (MEN)

Lamaar Thomas	Jr.	6.82@
Thomas Trujillo	Jr.	7.03@
Richard York	Soph.	7.08
Deon Long	Fr.	7.08@
Sam Potter	Soph.	7.19
Kendall Spencer	Soph.	7.24@
Brian Wilson	Sr.	7.37
Ty Kirk	Jr.	7.37@
Dakari McCoy (unatt)	Fr.	7.48@
De'Vron Walker	Soph.	
Zach Smith	Soph.	
Chad Clark	Soph.	

UNM Record - Lamaar Thomas, 6.75, 2010		NCAA Auto - 6.60
MWC, 2/26	6.77@	2/27/10, MWC (UNM)
Lobo Open, 1/15	6.96@	2/26/09, MWC (Air Force)
New Mexico Classic Hept, 2/4	7.15	2/5/10, UNM Classic Hept.
Don Kirby Invt., 2/11		
MWC Heptathlon, 2/24	7.31	UNM Classic Hept, 2/4
Lobo Open, 1/15	6.87@	1/23/10, UNM Cherry/Silver
MWC Heptathlon, 2/24	7.35	2/25/10, MWC (UNM)
New Mexico Invt., 1/29	7.17@	1/15/10, Lobo Open
New Mexico Classic, 2/5	7.65@	1/22/11, Cherry & Silver
	7.01@	1/15/10, Lobo Open
	7.25	1/15/10, Lobo Open
	7.27@	2/14/09, Washington

60 HURDLES (WOMEN)

Precious Selmon	Soph.	8.43@
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UNM Record - Precious Selmon, 8.43, 2011		NCAA Auto - 8.14
Don Kirby Invt., 2/11	8.47	12/3/09, Northern Arizona

60 HURDLES (MEN)

De'Vron Walker	Soph.	7.96@
Brian Wilson	Sr.	8.38@
Richard York	Soph.	8.44
Chad Clark	Jr.	8.58@
Dakari McCoy (Unatt)	Fr.	8.97@
Sam Potter	Soph.	9.01

UNM Record - De'Vron Walker, 7.96, 2011		NCAA Auto - 7.70
Don Kirby Invt., 2/11	8.09@	2/12/10, Air Force Invt.
Don Kirby Invt., 2/11	8.49@	2/12/10, Air Force Invt.
MWC Heptathlon, 2/25	8.42@	1/23/10, Cherry & Silver
Don Kirby Invt., 2/11	8.52@	1/17/09, Lobo Opener
New Mexico Invt., 1/29	9.15@	1/22/11, Cherry & Silver
MWC Heptathlon, 2/25	9.20	2/5/11, UNM Classic Hept.

200 METERS (WOMEN)

Shirley Pitts	Soph.	24.66
Kayla Fisher-Taylor	Fr.	25.14
Kim Perkins	Sr.	25.69
Tawsha Brazley	Soph.	
Alecia Walker	Sr.	
Deanna Young	Sr.	
Rachel Kelchner	Jr.	
Ashley Miknis	Soph.	
Christine Ostler	Soph.	

UNM Record - Adwoa Gyasi-Nimako 24.08, 2000		NCAA Auto - 23.20
New Mexico Invt., 1/28	24.94	1/15/11, Lobo Open
New Mexico Invt., 1/28	25.36	1/28/11, UNM Invt.
Cherry & Silver, 1/21	25.29	1/30/09, UNM Invt.
	25.53	2/12/10, Air Force Invt.
	24.74	2/23/07, MWC
	25.79	1/30/09, UNM Invt.
	26.47	1/15/10, Lobo Open
	26.76	1/15/10, Lobo Open
	27.70	2/6/10, New Mexico Classic

2011 BEST**ALL TIME BEST or PREVIOUS BEST****200 METERS (MEN)**

Thomas Trujillo	Jr.	21.64
Chaz Lewis	Fr.	22.51
Warrick Campbell	Fr.	22.92
Kendall Spencer	Soph.	
Richard York	Soph.	
Derek Montoya	Soph.	
De'Vron Walker	Soph.	
Chad Clark	Jr.	
Brian Wilson	Sr.	
Ty Kirk	Jr.	
Derek Halladay	Jr.	
Josh Lovato	Soph.	

UNM Record - Larry Davis, 21.44, 2001

MWC, 2/25	21.77	1/21/11, Cherry & Silver
Cherry & Silver, 1/21		
Cherry & Silver, 1/21		
	21.79	2/26/10, MWC (UNM)
	22.31	1/15/10, Lobo Open
	22.41	2/6/10, UNM Classic
	22.79	1/15/10, Lobo Open
	22.93	1/30/09, UNM Invt.
	23.19	1/15/10, Lobo Open
	23.25	2/6/10, UNM Classic
	23.33	1/24/09, UNM Ch/Silver
	23.53	1/30/10, UNM Invt.

400 METERS (WOMEN)

Shirley Pitts	Soph.	54.89
Rachel Kelchner	Jr.	58.16
Kim Perkins	Sr.	58.24
Julie Brasher	Fr.	62.42
Samantha Salaz	Fr.	66.08
Tawsha Brazley	Soph.	
Ashley Miknis	Soph.	
Alex Darling	Jr.	
Christine Ostler	Soph.	

UNM Record - Ariel Burr, 53.73, 2007

MWC, 2/26	55.41	2/25/11, MWC Prelims
New Mexico Classic, 2/5	58.21	1/15/11, Lobo Open
New Mexico Classic, 2/5	58.17	2/7/09, UNM Classic
Lobo Open, 1/15		
Lobo Open, 1/15		
	58.35	1/29/10, Lobo Challenge
	59.85	1/23/10, Cherry & Silver
	60.32	1/24/09, UNM Ch/Silver
	61.98	1/30/10, UNM Invt.

400 METER RELAY SPLITS (WOMEN)

Shirley Pitts	Soph.	56.5	Cherry & Silver, 1/22	55.8	2/13/10, Air Force Invt.
Kim Perkins	Sr.	57.0	MWC, 2/26	58.3	1/29/11, UNM Invt.
Alex Darling	Sr.	59.1	MWC, 2/26	60.4	1/23/10, Cherry & Silver
Rachel Kelchner	Jr.	59.5	New Mexico Invt, 1/29	59.1	2/13/10, Air Force Invt.
Precious Selmon	Soph.	59.8	MWC, 2/26		
Julie Brasher	Soph.	60.4	Cherry & Silver, 1/22		
Kayla Fisher-Taylor	Fr.	61.6	Cherry & Silver, 1/22		
Shawna Winnegar	Jr.	64.3	Cherry & Silver, 1/22		
Tawsha Brazley	Soph.			55.9	2/27/10, MWC (NewMexico)
Ashley Miknis	Soph.			59.0	2/27/10, MWC (NewMexico)
Emma Reed	Sr.			64.5	1/23/10, Cherry & Silver

400 METERS (MEN)

Gabe Aragon	Soph.	49.85
Derek Montoya	Soph.	49.92
Yusuf Muhammad	Fr.	49.94
Chaz Lewis	Fr.	49.95
JP Cordova	Fr.	50.98
Josh Lovato	Soph.	51.27
Chad Clark	Jr.	51.52
Derek Halladay	Jr.	

UNM Record - Jarrin Solomon, 46.33, 2009

Cherry & Silver, 1/22	50.85	1/15/10, Lobo Open
MWC, 2/25/	49.98	2/26/10, MWC (UNM)
Cherry & Silver, 1/22		
MWC, 2/25	50.14	2/11/11, Don Kirby Invt.
Cherry & Silver, 1/22		
Don Kirby Invt., 2/11	50.49	1/29/10, Lobo Challenge
Don Kirby Invt., 2/11	51.67	2/12/10, Air Force Invt.
	50.52	1/29/10, Lobo Challenge

400 METER RELAY SPLITS (MEN)

Sam Evans	Fr.	48.0	MWC, 2/25	48.5	2/5/11, UNM Classic
Warrick Campbell	Fr.	48.5	MWC, 2/26	51.0	1/22/11, Cherry & Silver
Richard York	Soph.	48.8	Don Kirby Invt., 2/11	50.2	1/23/10, Cherry & Silver
Thomas Trujillo	Jr.	48.9	Lobo Open, 1/15	48.0	2/27/10, MWC (UNM)
Gabe Aragon	Soph.	49.0	New Mexico Classic, 2/5	49.5	1/22/11, Cherry & Silver
JP Cordova	Fr.	49.4	MWC, 2/26	49.5	2/5/11, UNM Classic
Chaz Lewis	Fr.	49.7	Don Kirby Invt., 2/11	50.3	1/29/11, UNM Invt.
Yusuf Muhammad	Fr.	50.0	Lobo Open, 1/15		
Derek Montoya	Soph.	50.0	MWC, 2/26	49.1	2/27/10, MWC (UNM)
Cory Kalm	Sr.	51.7	Cherry & Silver, 1/22		
Chad Clark	Jr.	51.7	New Mexico Invt., 1/29	51.8	1/30/10, UNM Invt.

Josh Lovato	Jr.	52.5	Don Kirby Invt., 2/11	49.8	2/27/10, MWC (UNM)
Dakari McCoy (unatt)	Fr	56.7	Lobo Open, 1/15		
Derek Halladay	Jr.			50.3	2/6/10, UNM Classic
Brian Wilson	Sr.			51.9	1/23/10, Cherry & Silver

2011 BEST

ALL TIME BEST or PREVIOUS BEST

600 METERS (WOMEN)

Shirley Pitts	Soph.	1:34.02
Julie Brasher	Fr.	1:39.47
Samantha Salaz	Fr.	1:49.42

Cherry & Silver, 1/21
Cherry & Silver, 1/21
Cherry & Silver, 1/21

600 METERS (MEN)

Sam Evans	Fr.	1:19.28	New Mexico Classic, 2/4	1:23.64	2/6/10, UNM Classic
Derek Montoya	Soph.	1:24.15	New Mexico Invt., 1/28	1:25.91	1/22/11, Cherry & Silver
Chaz Lewis	Fr.	1:24.96	New Mexico Invt., 1/28		
Josh Lovato	Soph.	1:25.41	New Mexico Classic, 2/4	1:24.66	2/6/10, UNM Classic
Chad Clark	Jr.	1:30.44	Cherry & Silver, 1/22	1:28.35	2/6/10, UNM Classic
Gabe Aragon	Fr.			1:20.43	2/6/10, UNM Classic
Derek Halladay	Jr.			1:27.26	2/6/10, UNM Classic

800 METERS (WOMEN)

Julie Brasher	Fr.	2:18.91@
Alex Darling	Jr.	
Emma Reed	Sr.	
Christine Ostler	Soph.	

UNM Record - Sue Vigil, 2:09.54, 1979 NCAA Auto - 2:05.00

New Mexico Invt., 1/29		
	2:12.35@	2/27/10, MWC (UNM)
	2:18.75@	2/26/10, MWC (UNM)
	2:28.10@	1/23/10, Cherry & Silver

800 METERS (MEN)

Gabe Aragon	Frosh.	1:49.48@
Sam Evans	Fr.	1:49.52@
David Bishop	Sr.	1:50.97@
JP Cordova	Fr.	1:51.11@
Cory Kalm	Sr.	1:59.37@
Matt Everett	Sr.	2:01.23@
Ross Millington	Jr.	
Rory Fraser	Sr.	
Sean Stam	Frosh	
Chad Clark	Jr.	

UNM Record - Sammy Kipkurgat, 1:48.74, 1977 NCAA Auto - 1:48.00

Don Kirby Invt., 2/11	1:49.68@	1/29/11, UNM Invt.
Don Kirby Invt., 2/11		
New Mexico Invt., 1/29	1:52.31@	1/29/10, Lobo Challenge
New Mexico Invt., 1/29	1:52.27@	1/29/11, UNM Invt.
Lobo Open, 1/15	2:05.03@	1/15/10, Lobo Open
Lobo Open, 1/15		
	1:53.71@	1/29/10, Lobo Challenge
	1:54.13@	1/23/10, Cherry & Silver
	2:00.61@	2/6/10, UNM Classic
	2:13.97@	1/23/10, Cherry & Silver

HEPTATHLON 1000 METERS

Richard York	Soph.	2:43.12	New Mexico Classic Hept, 2/5	2:49.18	2/6/10, UNM Classic Hept.
Brian Wilson	Sr.	3:00.18	MWC Heptathlon, 2/25	2:55.69	2/6/10, UNM Classic Hept.
Sam Potter	Soph.	3:01.06	New Mexico Classic Hept, 2/5		

1 MILE (WOMEN)

Ruth Senior	Jr.	4:48.24@
Alex Darling	Soph.	4:51.93@
Emma Reed	Sr.	4:57.20
Kirsty Milner	Fr.	5:00.17@
Nicola Hood (Unatt)	Fr.	5:00.83@
Kaitlyn Berry (Unatt)	Fr.	5:01.68@
Shawna Winnegar	Jr.	5:08.03@
Vanessa Ortiz	Sr.	5:08.62@
Laura Lavezo	Soph.	5:17.21@
Janna Mitsos	Fr.	5:20.18@
Sarah Higgins	Fr.	5:26.39@
Ashlee Smalley	Fr.	5:33.74@
Lacey Oeding	Jr.	
Delyth James	Sr.	

UNM Record - Ashley Gibson, 4:43.78, 2010 NCAA Auto - 4:37.00

Lobo Open, 1/15	4:54.87@	1/23/10, Cherry & Silver
MWC, 2/26	4:53.81	2/12/11, Washington Classic
Washington Husky Classic, 2/12	5:17.84@	1/30/10, UNM Invt.
MWC, 2/26		
New Mexico Classic, 2/5		
New Mexico Classic, 2/5		
Cherry & Silver, 1/22	5:13.50@	1/30/10, UNM Invt.
New Mexico Classic, 2/5		
Cherry & Silver, 1/22		
Lobo Open, 1/15	5:18.87@	1/23/10, Cherry & Silver
New Mexico Invt., 1/29	5:21.76@	1/23/10, Cherry & Silver
New Mexico Classic, 2/5	5:32.57@	1/23/10, Cherry & Silver
	5:04.76@	2/6/10, UNM Classic
	5:10.98@	2/6/10, UNM Classic

2011 BEST**ALL TIME BEST or PREVIOUS BEST****1 MILE (MEN)**

Ross Millington	Jr.	3:59.86
David Bishop	Sr.	4:03.83
Sam Evans	Fr.	4:05.07@
Alex Willis	Sr.	4:11.65@
Sean Stam	Fr.	4:14.28@
Gabe Aragon	Fr.	4:15.23@
Nicholas Kipruto	Soph.	4:16.17@
Kyle Pittman (Unatt)	Fr.	4:18.20@
Cory Kalm	Sr.	4:18.46@
Allen Pittman	Jr.	4:19.18@
Matt Everett	Jr.	4:19.90@
JP Cordova	Fr.	4:20.23@
Chris Montoya (Unatt)	Fr.	4:25.14@
Patrick Ortiz	Fr.	4:25.83@
Vincent Montoya (Unatt)	Fr.	4:26.45@
Rory Fraser	Sr.	
Keith Gerrard	Sr.	

UNM Record - Lee Emanuel, 3:57.62, 2010**NCAA Auto - 3:59.00**

Indiana Relays, 1/28	4:02.02	2/6/10, Notre Dame
Notre Dame/Meyo Invt., 2/5	4:00.38	2/14/09, Washington
Lobo Open, 1/15		
Cherry & Silver, 1/22	4:28.00@	2/6/10, UNM Classic
Cherry & Silver, 1/22	4:17.55@	2/6/10, UNM Classic
New Mexico Classic, 2/5		
MWC, 2/26/		
Lobo Open, 1/15		
New Mexico Classic, 2/5	4:19.06@	1/22/11, Cherry & Silver
Lobo Open, 1/15		
Cherry & Silver, 1/22	4:10.25@	2/27/10, MWC (UNM)
New Mexico Classic, 2/5		
New Mexico Classic, 2/5		
Cherry & Silver, 1/22	4:19.66@	1/23/10, Cherry & Silver
New Mexico Classic, 2/5		
	4:04.72@	2/27/10, MWC (UNM)
	4:13.20@	1/23/10, Cherry & Silver

3000 METERS (WOMEN)

Ruth Senior	Jr.	9:17.09@
Natalie Gray	Jr.	9:27.25@
Sarah Waldron	Jr.	9:33.10@
Kirsty Milner	Fr.	9:48.63@
Delyth James	Sr.	9:53.92@
Alex Darling	Jr.	10:00.38@
Emma Reed	Sr.	10:01.17@
Vanessa Ortiz	Jr.	10:03.44@
Shawna Winnegar	Jr.	10:04.55@
Kaitlyn Berry (Unatt)	Fr.	10:04.73@
Janna Mitsos	Fr.	10:20.28@
Sarah Higgins	Fr.	10:31.32@
Margaret Raskob	Jr.	12:24.49@
Lacey Oeding	Jr.	
Ashlee Smalley	Fr.	

UNM Record - Ruth Senior, 9:17.09, 2011**NCAA Auto - 9:13.00**

New Mexico Invt., 1/29	9:49.48@	2/27/10, MWC (UNM)
New Mexico Invt., 1/29		
MWC, 2/26	9:40.02@	1/29/11, UNM Invt.
MWC, 2/26	9:53.49@	1/29/11, UNM Invt.
New Mexico Invt., 1/29	10:16.77@	1/30/10, UNM Invt.
New Mexico Invt., 1/29		
New Mexico Classic, 2/5		
MWC, 2/26	10:03.64@	2/27/10, MWC (UNM)
New Mexico Invt., 1/29	10:28.76@	1/29/10, Lobo Challenge
New Mexico Invt., 1/29		
MWC, 2/26	10:20.98@	1/29/11, UNM Invt.
MWC, 2/26		
New Mexico Invt., 1/29		
	9:48.20@	2/27/10, MWC (UNM)
	10:28.94@	1/30/10, UNM Invt.

3000 METERS (MEN)

Ross Millington	Soph.	7:54.08
David Bishop	Sr.	8:06.63
Rory Fraser	Sr.	8:17.37@
Alex Willis	Jr.	8:21.11@
Allen Pittman	Soph.	8:22.69@
Keith Gerrard	Jr.	8:22.69@
Sean Stam	Frosh.	8:23.57@
Nicholas Kipruto	Soph.	8:26.65@
Patrick Ortiz	Soph.	8:31.08@
Kyle Pittman (unatt)	Fr.	8:31.29@
Cory Kalm	Jr.	8:32.54@
Pierre Malherbe (unatt)	Fr.	8:44.40@
Vincent Montoya (Unatt)	Fr.	8:47.76@
Chris Montoya (Unatt.)	Fr.	8:48.64@
Matt Everett	Soph.	8:49.12@
Chris Montoya (unatt)	Fr.	9:02.92@

UNM Record - Lee Emanuel, 9:51.20, 2010**NCAA Auto - 7:54.50**

Washington Husky Classic, 2/12	8:12.13	2/13/10, Washington Classic
Washington Husky Classic, 2/12		
MWC, 2/26/	7:56.31@	1/30/10, UNM Invt.
New Mexico Invt., 1/29	8:33.94@	2/27/10, MWC (UNM)
New Mexico Invt., 1/29	8:42.07@	1/30/10, UNM Invt.
MWC, 2/26/	8:19.82@	2/27/10, MWC (UNM)
New Mexico Invt., 1/29	8:33.92@	1/30/10, UNM Invt.
MWC, 2/26		
New Mexico Invt., 1/29	8:28.24@	1/30/10, UNM Invt.
Cherry & Silver, 1/22		
New Mexico Invt., 1/29	8:34.19@	1/30/10, UNM Invt.
New Mexico Classic, 2/5	8:58.60@	1/22/11, Cherry & Silver
New Mexico Invt., 1/29		
New Mexico Invt., 1/29		
New Mexico Invt., 1/29	8:24.94@	1/30/10, UNM Invt.
Cherry & Silver, 1/22		

2011 BEST**ALL TIME BEST or PREVIOUS BEST****5000 METERS (WOMEN)**

Natalie Gray	Jr.	15:54.29
Ruth Senior	Sr.	16:02.38
Sarah Waldron	Jr.	16:16.73
Vanessa Ortiz	Sr.	16:50.94
Delyth James	Sr.	16:54.58
Kirsty Milner	Fr.	16:56.26
Janna Mitsos	Fr.	17:11.37
Shawna Winnegar	Jr.	17:34.02@
Sarah Higgins	Fr.	18:12.54@
Laura Lavezo	Soph.	18:43.45@
Margaret Raskob	Jr.	20:32.14@
Lacey Oeding	Jr.	

UNM Record - Natalie Gray, 15:54.29, 2011 NCAA Auto-16:07.50

Washington Husky Classic, 2/11		
Washington Husky Classic, 2/11	16:39.02	2/13/10, Washington Classic
Washington Husky Classic, 2/11		
Washington Husky Classic, 2/11	17:27.29	2/13/10, Washington Classic
Washington Husky Classic, 2/11	17:10.70	2/13/10, Washington Classic
Washington Husky Classic, 2/11		
Washington Husky Classic, 2/11		
MWC, 2/25	17:41.58	2/13/10, Washington Classic
MWC, 2/25		
MWC, 2/25		
New Mexico Classic, 2/4		
	17:00.95	2/13/10, Washington Classic

5000 METERS (MEN)

Rory Fraser	Sr.	14:06.93
Keith Gerrard	Sr.	14:09.31
Sean Stam	Fr.	14:18.83
Alex Willis	Sr.	14:35.24@
Patrick Ortiz	Jr.	14:40.91
Allen Pittman	Soph.	14:52.52
Cory Kalm	Sr.	15:23.29@

UNM Record - Chris Barnicle, 13:43.20 NCAA Auto - 13:47.00

Washington Husky Classic, 2/11	13:48.24	2/12/10, Washington Classic
Washington Husky Classic, 2/11	14:19.27	2/12/10, Washington Classic
Washington Husky Classic, 2/11		
MWC, 2/25	14:39.16	2/11/11, Washington Classic
Washington Husky Classic, 2/11	14:39.25	2/12/10, Washington Classic
Washington Husky Classic, 2/11		
MWC, 2/25	14:49.51	2/12/10, Washington Classic

4 x 400 RELAY (WOMEN)

Perkins, Pitts, Selmon, Darling	3:54.69
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UNM Record-Burr, Matison, Fortner, Zarrella, 3:47.66, 2007 NCAA Auto-3:34.00

MWC, 2/26

4 x 400 RELAY (MEN)

Trujillo, Aragon, Cordova, Evans	3:16.58
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UNM Record-Servizio, Serna, Wood, Hussein, 3:11.64, 1983 NCAA Auto-3:06.5

New Mexico Classic, 2/5	3:20.43	1/15/11, Lobo Open
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DISTANCE MEDLEY RELAY (WOMEN)

Milner, Perkins, Darling, Senior	11:34.71@
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UNM Record-Milner, Perkins, Darling, Senior, 11:34.71@, 2011 NCAA Auto-11:05.50

MWC, 2/25

DISTANCE MEDLEY RELAY (MEN)

Evans, York, Aragon, Bishop	9:31.50
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UNM Record-Bishop, Roberts, Steadman, Emanuel, 9:30.38, 2009 NCAA Auto-9:32.00

NCAA Championships, 3/11, Texas A&M

LONG JUMP (WOMEN)

Alesha Walker	Sr.	19' 11 1/4"
Precious Selmon	Soph.	19' 2 3/4"
Deanna Young	Sr.	18' 10 3/4"
Asal Salehpoor	Jr.	17' 8 3/4"

UNM Record - Alesha Walker, 20' 1 1/2", 2008 NCAA Auto - 20' 11 1/4"

Don Kirby Invt., 2/11	20' 1 1/2"	3/8/08, Washington
Don Kirby Invt., 2/11	18' 7"	2/12/10, Air Force Invt.
Don Kirby Invt., 2/11	19' 2 3/4"	1/15/10, Lobo Open
Don Kirby Invt., 2/11	18' 5 3/4"	1/29/10, Lobo Challenge

LONG JUMP (MEN)

David Brown	Fr.	23' 6"
Richard York	Soph.	23' 4 3/4"
Kendall Spencer	Soph.	22' 6 1/2"
Sam Potter	Soph.	22' 4 1/2"
Warrick Campbell	Fr.	22' 3"
Brian Wilson	Sr.	21' 8 3/4"
Ty Kirk	Jr.	21' 7 1/4"
Dakari McCoy (Unatt)	Fr.	20' 11 1/4"
Zach Smith	Soph.	

UNM Record - Dwayne Rudd, 25' 7 1/4", 1983 NCAA Auto - 25' 11"

Lobo Open, 1/5		
MWC Heptathlon, 2/24	23' 1 3/4"	2/4/11, UNM Classic Hept.
Lobo Open, 1/5	24' 3 3/4"	2/26/10, MWC (UNM)
MWC Heptathlon, 2/24	21' 9 1/2"	2/4/11, UNM Classic Hept.
MWC, 2/25	21' 8 3/4"	2/11/11, Don Kirby
MWC Heptathlon, 2/24	21' 1/2"	2/4/11, UNM Lobo Classic
New Mexico Classic, 2/4	23' 0"	2/6/10, UNM Classic
Lobo Open, 1/5		
	22' 11"	1/15/10, Lobo Open

TRIPLE JUMP (WOMEN)

Deanna Young	Sr.	43' 2 1/2"
Asal Salehpoor	Jr.	

UNM Record - Deanna Young, 43' 2 1/2", 2011 NCAA Auto - 43' 7 3/4"

MWC, 2/26	43' 1 3/4"	2/26/09, MWC (AirForce)
	36' 4 3/4"	2/13/10, Air Force Invt.

TRIPLE JUMP (MEN)

Warrick Campbell	Fr.	49' 9 3/4"
David Brown	Fr.	49' 3 3/4"
Ty Kirk	Jr.	
Zach Smith	Soph.	

UNM Record - Dwayne Rudd, 54' 3", 1984 NCAA Auto - 53' 0"

MWC, 2/26	49' 1/4"	2/5/11, UNM Classic
Lobo Open, 1/15		
	50' 2"	2/13/10, Air Force Invt.
	44' 11 1/2"	1/15/10, Lobo Open

2011 BEST**ALL TIME BEST or PREVIOUS BEST****HIGH JUMP (WOMEN)**

Marin Schweigert	Frosh.	5' 7"
Precious Selmon	Soph.	5' 4 1/2"

HIGH JUMP (MEN)

Django Lovett	Fr.	7' 1/4"
Richard York	Soph.	6' 5 1/2"
Warrick Campbell	Fr.	6' 4 1/4"
David Brown	Fr.	6' 4 1/4"
Sam Potter	Soph.	6' 2"
Brian Wilson	Sr.	6' 1/2"
Dakari McCoy (Unatt)	Fr.	5' 6 1/2"

POLE VAULT (WOMEN)

Margo Tucker	Fr.	13' 1 1/2"
Amber Menke	Jr.	12' 10"
Lauren Jaramillo	Sr.	11' 10"
Julia Cook	Fr.	11' 10"
Nathalie Busk	Fr.	11' 9 3/4"

POLE VAULT (MEN)

Logan Pflibsen	Fr.	17' 1 1/2"
Kyle Walker	Sr.	16' 1 3/4"
Sam Potter	Jr.	16' 3/4"
Richard York	Soph.	15' 7"
Chris Dodds	Soph.	14' 8"
Dane Bevins (Unatt.)	Fr.	14' 8"
Brian Wilson	Sr.	14' 3 1/4"

SHOT PUT (WOMEN)

Precious Selmon	Soph.	32' 3"
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SHOT PUT (MEN)

Bradley Maestas	Soph.	41' 3 1/4"
Brian Wilson	Sr.	39' 7 3/4"
Richard York	Soph.	39' 3 1/4"
Matthew Henry-Marshall	Sr.	34' 7 3/4"
Dakari McCoy (Unatt)	Fr.	34' 4 1/4"
Sam Potter	Soph.	34' 3/4"

WEIGHT THROW (WOMEN)**WEIGHT THROW (MEN)**

Matthew Henry-Marshall	Sr.	60' 3"
Brad Maestas	Soph.	49' 3/4"

PENTATHLON (WOMEN)

Precious Selmon	Soph.	3469 pts.
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HEPTATHLON (MEN)

Richard York	Soph.	5537 pts.
Sam Potter	Soph.	5002 pts.
Brian Wilson	Sr.	4946 pts.

UNM Record - Margaret Metcalf, 5' 11", 1979 NCAA Auto - 6' 3/4"

MWC, 2/26	5' 5"	2/13/10, Air Force Invt.
MWC Pentathlon, 2/24		

UNM Record - Ivan Hella, 7' 3", 1992 NCAA Auto - 7' 4 1/4"

New Mexico Invt., 1/29		
MWC Heptathlon, 2/24	6' 4 3/4"	2/5/10, UNM Classic Hept.
Lobo Open, 1/15		
Cherry & Silver, 1/21		
MWC Heptathlon, 2/24	5' 10 3/4"	2/11/11, Don Kirby Invt.
Cherry & Silver, 1/21	6' 3 1/2"	2/25/10, MWC Hept.
New Mexico Invt., 1/29		

UNM Record - Bridgid Isworth, 13' 2 1/2", 2003 NCAA Auto - 14' 1 1/4"

Cherry & Silver, 1/22	12' 5 1/2"	1/15/11, Lobo Open
Don Kirby Invt., 2/11	12' 7 1/2"	1/22/11, Cherry & Silver
Don Kirby Invt., 2/11	12' 1 1/2"	1/29/10, Lobo Challenge
Don Kirby Invt., 2/11	11' 1 3/4"	1/15/11, Lobo Open
New Mexico Classic, 2/4	11' 7 3/4"	1/21/11, Cherry & Silver

UNM Record - Simon Arkell, 18' 1 1/2", 1991 NCAA Auto - 18' 1/2"

Don Kirby Invt., 2/11	16' 7 1/4"	2/5/11, UNM Classic
New Mexico Invt., 1/29	16' 6 3/4"	2/6/10, UNM Classic
New Mexico Classic Hept, 2/5	16' 3/4"	2/27/10, MWC (UNM)
Cherry & Silver, 1/21	15' 1"	2/6/10, UNM Classic Hept.
New Mexico Invt., 1/29	15' 1"	2/12/10, Air Force Invt.
New Mexico Invt., 1/29		
MWC Heptathlon, 2/25	13' 7 1/4"	1/23/10, Cherry & Silver

UNM Record - Amanda Barnes, 49' 4 1/2", 2005 NCAA Auto - 55' 5 1/2"

Lobo Open, 1/15		
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UNM Record - Darren Crawford, 60' 8 3/4", 1988 NCAA Auto - 63' 4"

Lobo Open, 1/15	41' 1 1/2"	1/15/10, Lobo Open
MWC Heptathlon, 2/24	39' 4"	2/25/10, MWC (UNM)
MWC Heptathlon, 2/24	38' 11 3/4"	2/4/11, UNM Classic Hept.
Lobo Open, 1/15		
New Mexico Invt., 1/29	30' 3/4"	1/15/11, Lobo Open
Don Kirby Invt., 2/11	34' 0"	2/4/11, UNM Classic Hept.

UNM Record - Amanda Barnes, 60' 10 3/4", 2005 NCAA Auto - 68' 10 3/4"**UNM Record - Darren Crawford, 65' 6 3/4", 1990 NCAA Auto - 70' 6 1/2"**

New Mexico Classic, 2/4	58' 11 1/4"	2/7/09, UNM Classic
Don Kirby Invt., 2/11	47' 10"	1/15/11, Lobo Open

UNM Record - Sandy Fortner, 4005, 2008 NCAA Auto - 4075 pts

MWC Pentathlon, 2/24		
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UNM Record - Richard York, 5537 pts., 2011 NCAA Auto - 5675 pts

New Mexico Classic Hept, 2/4-5	5294 pts.	2/5-6/10, UNM Classic
MWC Heptathlon, 2/24-25	4831 pts.	2/4-5/11, UNM Classic Hept.
MWC Heptathlon, 2/24-25	4895	2/25-26/10, MWC

UNIVERSITY OF NEW MEXICO MEN'S INDOOR TRACK & FIELD

ALL TIME TOP TEN (1958 - 2011) (REVISED MARCH 13, 2011)

PLEASE NOTE: These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

HOW TO READ THE RANKINGS.

PERFORMERS: THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

PERFORMANCES: THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

Conversions used in these rankings

TRACK SIZE: The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in BOLD/ITALICS has been converted.

ALTITUDE: The NCAA converts distance performances (800, 1 Mile, 3000, 5000, Distance Medley Relay) based on altitude due to the difficulty of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

YARDS: Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

****** In the 55, 55 Hurdles, 60, 60 Hurdles all performances are the actual "raw" performances with no conversions made.

55 METERS - INDIVIDUAL				55 METERS - TIMES				55 METERS - INDIVIDUAL				WHERE PERFORMANCE HAPPENED			
1.	Phil Miller	6.32	1985	1.	Phil Miller	6.32	1985	1.	Phil Miller	6.32	1985				
2.	Gabriel Okon	6.35	1987	2.	Gabriel Okon	6.35	1987	2.	Gabriel Okon	6.35	January 31, 1987 @ Northern Arizona				
3.	Jim Boswell	6.49	1998	3.	Jim Boswell	6.49	1998	3.	James Martin	6.49	February 27, 1998 @ WAC (Air Force)				
	James Martin	6.49	1998		James Martin	6.49	1998		Jim Boswell	6.49	February 27, 1998 @ WAC (Air Force)				
	Karlos Kirby	6.49	1991		Karlos Kirby	6.49	1991		Karlos Kirby	6.49	February 22, 1991 @ WAC (Air Force)				
6	Carl King	6.51	1996	4	Carl King	6.51	1996	6	Carl King	6.51	February 2, 1996 @ Northern Arizona				
7.	Jeramie White	6.52	2005	5	Jeramie White	6.52	2005	7.	Jeramie White	6.52	January 29, 2005 @ Texas Tech				
	Stacey Blackmore	6.52	1991		Stacey Blackmore	6.52	1991		Stacey Blackmore	6.52	February 9, 1991 @ Northern Arizona				
9.	Ahmed Raji	6.53	2005	6	Ahmed Raji	6.53	2005	9.	Ahmed Raji	6.53	January 29, 2005 @ Texas Tech				
10.	Willie Goldsmith	6.54	1985	7	Stacey Blackmore	6.54	1991	10.	Willie Goldsmith	6.54	1985				
					Willie Goldsmith	6.54	1985								

55m HURDLES - INDIVIDUAL				55m HURDLES - TIMES				55m HURDLES - INDIVIDUAL				WHERE PERFORMANCE HAPPENED			
1.	Willie Goldsmith	7.30	1985	1.	Willie Goldsmith	7.30	1985	1.	Willie Goldsmith	7.30	1985				
2.	Shawn Taylor	7.44	1988	2.	Shawn Taylor	7.44	1988	2.	Shawn Taylor	7.44	February 26, 1988 @ WAC (Air Force)				
3.	Kwane Stewart	7.56	1992	3.	Shawn Taylor	7.47	1988	3.	Kwane Stewart	7.56	February 15, 1992 @ Air Force				
4.	Chris Barella	7.64	1988	4.	Kwane Stewart	7.56	1992	4.	Chris Barella	7.64	February 26, 1988 @ WAC (Air Force)				
5	Chuck Warner	7.76	1987	5.	Kwane Stewart	7.64	1991	5.	Chuck Warner	7.76	January 31, 1987 @ Northern Arizona				
	Ed Ford	7.76	1985		Chris Barella	7.64	1988		Ed Ford	7.76	1985				
7.	Kelly Woyewodzic	8.00	1998	6	Kwane Stewart	7.66	1991	7.	Kelly Woyewodzic	8.00	February 27, 1998 @ WAC (Air Force)				
8.	Chuck Clark	8.03	1987	7	Chuck Warner	7.76	1987	8.	Chuck Clark	8.03	January 31, 1987 @ Northern Arizona				
9.	Mike Pergerino	8.22	1999		Ed Ford	7.76	1985	9.	Mike Pergerino	8.22	January 30, 1999 @ Texas Tech				
10				8	Chuck Warner	7.92	1987	10.							

60 METERS - INDIVIDUAL				60 METERS - TIMES				60 METERS - INDIVIDUAL				WHERE PERFORMANCE HAPPENED			
1.	Lamaar Thomas	6.77@	2010	1.	Lamaar Thomas	6.77@	2010	1.	Lamaar Thomas	6.77@	February 27, 2010 @ MWC (New Mexico)				
2.	Kendall Spencer	6.87@	2010	2.	Lamaar Thomas	6.82@	2011	2.	Kendall Spencer	6.87@	January 23, 2010 @ New Mexico Cherry & Silver				
3	Aaron Brack	6.88@	2006	3.	Lamaar Thomas	6.83@	2011	3.	Aaron Brack	6.88@	February 23, 2006 @ MWC (New Mexico)				
4.	Jeramie White	6.89@	2004	4.	Lamaar Thomas	6.86@	2010	4.	Jeramie White	6.89@	February 14, 2004				
5.	Chris Garofola	6.92@	2004	5.	Lamaar Thomas	6.86@	2010	5.	Chris Garofola	6.92@	February 26, 2004 @ MWC (Air Force)				
6.	Larry Davis	6.95	2001	6.	Kendall Spencer	6.87@	2010	6.	Larry Davis	6.95	February 22, 2001 @ Air Force				
7.	Jermaine McQueen	6.96@	2009	7.	Kendall Spencer	6.87@	2009	7.	Jermaine McQueen	6.96@	January 31, 2009 @ New Mexico				
	Thomas Trujillo	6.96@	2009	8.	Aaron Brack	6.88@	2006		Thomas Trujillo	6.96@	February 28, 2009 @ MWC (Air Force)				
9.	Terence Brown	6.99@	2007		Lamaar Thomas	6.88@	2011	9.	Terence Brown	6.99@	February 10, 2007 @ New Mexico				
10.	Brenton Laws	7.00@	2007	7.	Aaron Brack	6.89@	2006	10.	Brenton Laws	7.00@	February 9, 2007 @ New Mexico				
	Ahmed Raji	7.00@	2005						Ahmed Raji	7.00@	February 24, 2005 @ MWC (Air Force)				

60 HURDLES - INDIVIDUAL				60m HURDLES - TIMES				60 HURDLES - INDIVIDUAL				WHERE PERFORMANCE HAPPENED			
1.	De'Vron Walker	7.96@	2011	1.	De'Vron Walker	7.96@	2011	1.	De'Vron Walker	7.96@	February 11, 2011 @ UNM Don Kirby Invt.				
2.	Chris Garofola	8.11@	2004	2.	De'Vron Walker	8.01@	2011	2.	Chris Garofola	8.11@	February 26, 2004 @ MWC (Air Force)				
3.	Mark Lamb	8.17@	2007	3.	De'Vron Walker	8.07@	2011	3.	Mark Lamb	8.17@	February 9, 2007 @ New Mexico				
4.	Brian Wilson	8.38@	2011	4.	De'Vron Walker	8.09@	2010	4.	Brian Wilson	8.38@	February 11, 2011 @ UNM Don Kirby Invt.				
5.	Richard York	8.42@	2010	5.	De'Vron Walker	8.09@	2010	5.	Richard York	8.42@	January 23, 2010 @ New Mexico Cherry & Silver				
	Justin Massey	8.46	2001	6.	De'Vron Walker	8.10@	2010		Justin Massey	8.46	February 10, 2001 @ Northern Arizona				
7.	Mark Johnson	8.49	2004		De'Vron Walker	8.10@	2011	7.	Mark Johnson	8.49	February 26, 2004 @ MWC Hept. (Air Force)				
8.	Matt Bishop	8.54	2001		Chris Garofola	8.11@	2004	8.	Matt Bishop	8.54	January 27, 2001 @ Air Force				
9.	Derek McDonald	8.55@	2005		De'Vron Walker	8.11@	2010	9.	Derek McDonald	8.55@	February 5, 2005 @ Northern Arizona				
10.	Chad Clark	8.56@	2009		De'Vron Walker	8.11@	2010	10.	Chad Clark	8.56@	January 17, 2009 @ New Mexico				

200 METERS - INDIVIDUAL			200 METERS - TIMES		
1.	Larry Davis	21.44 2001	1.	Larry Davis	21.44 2001
2.	Chris Garofola	21.54 2004	2.	Chris Garofola	21.54 2004
3.	Ian Stewart	21.61 2001	3.	Larry Davis	21.57 2001
4.	Thomas Trujillo	21.64 2011	4.	Ian Stewart	21.61 2001
5.	Karlos Kirby	21.66 1991	5.	Thomas Trujillo	21.64 2011
6.	Stacey Blackmore	21.68 1991	6.	Larry Davis	21.66 2001
7.	Jermaine McQueen	21.69 2009	7.	Karlos Kirby	21.66 1991
8.	David Lloyd	21.75 2002	8.	Stacey Blackmore	21.68 1991
9.	Kendall Spencer	21.79 2010	9.	Jermaine McQueen	21.69 2009
10.	Ahmed Raji	21.88 2005	10.	Chris Garofola	21.70 2004

400 METER - INDIVIDUAL			400 METER - TIMES		
1.	Jarrin Solomon	46.33 2009	1.	Jarrin Solomon	46.33 2009
2.	Mike Solomon	47.54hy 1977	2.	Jarrin Solomon	46.55 2009
3.	Ian Stewart	47.61 2001	3.	Jarrin Solomon	46.69 2009
4.	Willie Garcia	47.95 1992	4.	Jarrin Solomon	46.84 2009
5.	Dominick Roberts	48.00 2009	5.	Jarrin Solomon	46.85 2009
6.	David Lloyd	48.34 2002	6.	Jarrin Solomon	46.95 2009
7.	Rene Matison	48.54yh 1968	7.	Jarrin Solomon	47.00 2009
8.	Charles Dramiga	48.59y 1978	8.	Jarrin Solomon	47.17 2009
9.	Mike Kedda	48.62 1996	9.	Mike Solomon	47.54hy 1977
10.	Taylor Siemon	48.82 2007	10.	Ian Stewart	47.61 2001

800 METERS - INDIVIDUAL			800 METERS - TIMES		
1.	Sammy Kipkurgat	1:48.74hy 1977	1.	Sammy Kipkurgat	1:48.74hy 1977
2.	Gabe Aragon	1:49.48@ 2011	2.	Gabe Aragon	1:49.48@ 2011
3.	Sam Evans	1:49.52@ 2011	3.	Sam Evans	1:49.52@ 2011
4.	Lee Emanuel	1:50.15@ 2009	4.	Gabe Aragon	1:49.68@ 2011
5.	Roger Moore	1:50.84h 1983	5.	Lee Emanuel	1:50.15@ 2009
6.	David Bishop	1:50.97@ 2011	6.	Lee Emanuel	1:50.26@ 2010
7.	JP Cordova	1:51.11@ 2011	7.	Lee Emanuel	1:50.30@ 2009
8.	Rich Martinez	1:51.21 1985	8.	Lee Emanuel	1:50.31@ 2010
9.	Peter Serna	1:51.71 1983	9.	Sammy Kipkurgat	1:50.46y 1977
10.	Raffi Cote	1:51.78@ 2010	10.	Roger Moore	1:50.84h 1983

1 MILE - INDIVIDUAL			1 MILE - TIMES		
1.	Lee Emanuel	3:57.62 2010	1.	Lee Emanuel	3:57.62 2010
2.	Ross Millington	3:59.86 2011	2.	Lee Emanuel	3:57.91 2009
3.	David Bishop	4:00.38 2009	3.	Lee Emanuel	3:59.26 2010
4.	Ibrahim Hussein	4:04.44 1984	4.	Ross Millington	3:59.86 2011
5.	Rory Fraser	4:04.72@ 2010	5.	Lee Emanuel	4:00.36 2009
6.	Sam Evans	4:05.07@ 2011	6.	David Bishop	4:00.38 2009
7.	John Allison	4:05.51@ 1973	7.	Lee Emanuel	4:00.53@ 2010
8.	Rich Martinez	4:06.10@ 1985	8.	David Bishop	4:00.74 2010
9.	Jacob Kirwa	4:06.18@ 2010	9.	David Bishop	4:01.18 2009
10.	Dave Roberts	4:06.31@ 1971	10.	Lee Emanuel	4:01.61 2009

3000 METER - INDIVIDUAL			3000 METER - TIMES		
1.	Lee Emanuel	7:51.20 2010	1.	Lee Emanuel	7:51.20 2010
2.	Ross Millington	7:54.08 2011	2.	Ross Millington	7:54.08 2011
3.	Rory Fraser	7:56.31@ 2010	3.	Rory Fraser	7:56.31@ 2010
4.	David Bishop	8:06.63 2011	4.	Lee Emanuel	7:56.35 2009
5.	Chip Smith	8:07.01 1993	5.	Rory Fraser	8:03.75@ 2009
6.	Jeremy Johnson	8:08.61 2007	6.	David Bishop	8:06.63 2011
7.	Jacob Kirwa	8:10.58@ 2010	7.	Chip Smith	8:07.01 1993
8.	Ibrahim Hussein	8:11.35@ 1984	8.	Chip Smith	8:07.55 1993
9.	Matt Gonzales	8:11.96@ 2005	9.	Ross Millington	8:07.88@ 2011
10.	Matt Ashton	8:13.08 2009	10.	Ross Millington	8:08.40 2011

5000 METERS - INDIVIDUAL			5000 METERS - TIMES		
1.	Chris Barnicle	13:43.20 2010	1.	Chris Barnicle	13:43.20 2010
2.	Matt Gonzales	13:45.72 2005	2.	Matt Gonzales	13:45.72 2005
3.	Rory Fraser	13:48.24 2010	3.	Chris Barnicle	13:47.12 2010
4.	Jacob Kirwa	13:55.75@ 2010	4.	Rory Fraser	13:48.24 2010
5.	Matt Ashton	14:00.30 2008	5.	Matt Gonzales	13:49.06 2005
6.	Ben Ortega	14:08.70@ 2005	6.	Rory Fraser	13:49.57 2009
7.	Keith Gerrard	14:09.31 2011	7.	Jacob Kirwa	13:55.75@ 2010
8.	Brock Hagerman	14:15.24 2010	8.	Chris Barnicle	13:56.06@ 2010
9.	Sean Stam	14:18.83 2011	9.	Jacob Kirwa	13:59.11 2010
10.	Jeremy Johnson	14:21.86@ 2007	10.	Matt Ashton	14:00.30 2008

4x400 RELAY - TIMES		
1.	Servizio, Sema, Wood, Hussein	3:11.64 1983
2.	James, Matt Henry, Skinner, Solomon	3:12.64h 1974
3.	Solomon, Reid, Roberts, Steadman	3:12.80 2009
4.	Solomon, Reid, Roberts, Steadman	3:13.59 2009
5.	James, Henry, Skinner, Solomon	3:13.74h 1974
6.	Siemon, McCain, K. Henry, Solomon	3:13.79 2007
7.		3:14.06 2006
8.	Massey, Stewart, Lott, Bishop	3:14.95 2001
9.	Johnson, Williams, Cole, Ericson	3:15.04h 1970
10.	Matison, Mitchell, Head, Carroll	3:15.14.h 1965

200 METERS - INDIVIDUAL		WHERE PERFORMANCE HAPPENED	
1.	Larry Davis	21.44	February 24, 2001 @ MWC (Air Force)
2.	Chris Garofola	21.54	February 26, 2004 @ MWC (Air Force)
3.	Ian Stewart	21.61	January 26, 2001 @ Air Force
4.	Thomas Trujillo	21.64	February 26, 2011 @ MWC (New Mexico)
5.	Karlos Kirby	21.66	February 22, 1991 @ WAC (Air Force)
6.	Stacey Blackmore	21.68	February 22, 1991 @ WAC (Air Force)
7.	Jermaine McQueen	21.69	January 31, 2009 @ New Mexico
8.	David Lloyd	21.75	February 21, 2002 @ MWC (Air Force)
9.	Kendall Spencer	21.79	February 26, 2010 @ MWC (New Mexico)
10.	Ahmed Raji	21.88	February 24, 2005 @ MWC (Air Force)

400 METER - INDIVIDUAL		WHERE PERFORMANCE HAPPENED	
1.	Jarrin Solomon	46.33	March 7, 2009 @ Iowa State Last Chance
2.	Mike Solomon	47.54hy	1977 @ Idaho State
3.	Ian Stewart	47.61	February 10, 2001 @ Northern Arizona
4.	Willie Garcia	47.95	February 8, 1992 @ Northern Arizona
5.	Dominick Roberts	48.00	February 28, 2009 @ MWC (Air Force)
6.	David Lloyd	48.34	February 9, 2002 @ Northern Arizona
7.	Rene Matison	48.54yh	February 10, 1968 @ UNM (176yd)
8.	Charles Dramiga	48.59y	March 10, 1978 @ NCAA (Detroit)
9.	Mike Kedda	48.62	February 3, 1996 @ Northern Arizona
10.	Taylor Siemon	48.82	February 9, 2007 @ New Mexico

800 METERS - INDIVIDUAL		WHERE PERFORMANCE HAPPENED	
1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Gabe Aragon	1:49.48@	February 11, 2011 @ UNM Don Kirby (raw-1:50.10)
3.	Sam Evans	1:49.52@	February 11, 2011 @ UNM Don Kirby (raw-1:50.14)
4.	Lee Emanuel	1:50.15@	February 28, 2009 @ MWC (Air Force)
5.	Roger Moore	1:50.84h	1983 @ Tennessee
6.	David Bishop	1:50.97@	January 29, 2011 @ UNM Inv. (raw - 1:51.39)
7.	JP Cordova	1:51.11@	February 11, 2011 UNM Don Kirby (raw-1:51.74)
8.	Rich Martinez	1:51.21	1985
9.	Peter Serna	1:51.71	1983
10.	Raffi Cotte	1:51.78@	January 29, 2010 @ UNM Lobo Chall.(1:52.30-raw)

1 MILE - INDIVIDUAL		WHERE PERFORMANCE HAPPENED	
1.	Lee Emanuel	3:57.62	January 29, 2010 @ Indiana Relays
2.	Ross Millington	3:59.86	January 28, 2011 @ Indiana Relays
3.	David Bishop	4:00.38	February 14, 2009 @ Washington
4.	Ibrahim Hussein	4:04.44	1984 @ East Tennessee State
5.	Rory Fraser	4:04.72@	February 27, 2010 @ MWC (New Mexico) (4:10.04 raw)
6.	Sam Evans	4:05.07@	January 15, 2011 @ UNM Lobo Open (raw4:10.53)
7.	John Allison	4:05.51@	February 23, 1973 @ WAC (Salt Lake City)
8.	Rich Martinez	4:06.10@	February 22, 1985 @ WAC (New Mexico)
9.	Jacob Kirwa	4:06.18@	January 29, 2010 @ UNM Lobo Chall (4:11.50-raw)
10.	Dave Roberts	4:06.31@	February, 1971 @ WAC (Salt Lake City)

3000 METERS - INDIVIDUAL		WHERE PERFORMANCE HAPPENED	
1.	Lee Emanuel	7:51.20	February 13, 2010 @ Washington Huskie Classic
2.	Ross Millington	7:54.08	February 12, 2011 @ Washington Husky Classic
3.	Rory Fraser	7:56.31@	January 30, 2010 @ UNM Inv. (8:08.29 - raw)
4.	David Bishop	8:06.63	February 12, 2011 @ Washington Husky Classic
5.	Chip Smith	8:07.01	1993 NCAA Prelim @ Indianapolis RCA Dome
6.	Jeremy Johnson	8:08.61	March 2, 2007 @ Arkansas
7.	Jacob Kirwa	8:10.58@	February 27, 2010 @ MWC (New Mexico) (8:22.56 raw)
8.	Ibrahim Hussein	8:11.35@	1984 @ Northern Arizona
9.	Matt Gonzales	8:11.96@	February 24, 2005 @ MWC (Air Force)
10.	Matt Ashton	8:13.08	February 7, 2009 @ Notre Dame

5000 METERS		WHERE PERFORMANCE HAPPENED	
1.	Chris Barnicle	13:43.20	March 12, 2010 @ NCAA (Arkansas)
2.	Matt Gonzales	13:45.72	March 11, 2005 @ NCAA (Arkansas)
3.	Rory Fraser	13:48.24	February 12, 2010 @ Washington Huskie Classic
4.	Jacob Kirwa	13:55.75@	February 26, 2010 @ MWC (New Mexico)(14:18.22 raw)
5.	Matt Ashton	14:00.30	February 16, 2008 @ Washington
6.	Ben Ortega	14:08.70@	February 24, 2005 @ MWC (Air Force)
7.	Keith Gerrard	14:09.31	February 11, 2011 @ Washington Husky Classic
8.	Brock Hagerman	14:15.24	February 12, 2010 @ Washington Huskie Classic
9.	Sean Stam	14:18.83	February 11, 2011 @ Washington Husky Classic
10.	Jeremy Johnson	14:21.86@	February 22, 2007 @ MWC (New Mexico)

4x400 RELAY		WHERE PERFORMANCE HAPPENED	
1.		3:11.64	1983 @ Northern Arizona
2.		3:12.64h	February 9, 1974 @ Idaho State
3.		3:12.80	February 28, 2009 @ MWC (Air Force)
4.		3:13.59	January 31, 2009 @ New Mexico
5.		3:13.74h	March 1, 1974 @ WAC (New Mexico) (176yd)
6.		3:13.79	February 22, 2007 @ MWC (New Mexico)
7.		3:14.06	February 23, 2006 @ MWC (New Mexico)
8.		3:14.95	February 10, 2001 @ Northern Arizona
9.		3:15.04h	February 21, 1970 @ WAC (Salt Lake City)
10.		3:15.14h	January 29, 1965 @ New Mexico (176yd)

HEPTATHLON - INDIVIDUAL			
1.	Richard York	5537 (7.08, 23' 1 3/4", 38' 11 3/4", 6' 4 1/4", 8.54, 15' 5", 2:43.12)	2011
2.	Mark Johnson	5263	2004
3.	Dan Feltman	5145	2006
4.	Sam Potter	5002 (7.19, 22' 4 1/2", 33' 4 3/4", 6' 2", 9.01, 15' 7", 3:02.02)	2011
5.	Derek McDonald	4966 (7.18, 22' 9 1/4", 32' 2", 6' 4 3/4", 8.81, 14' 5, 3:07.05)	2005
6.	Brian Wilson	4946 (7.37, 21' 8 3/4", 39' 7 3/4", 5' 10 1/2", 8.51 14' 3 1/4" 3:00.18)	2011
7.	Rodney Hocker	4462	2004
8.	Jason Bigott	4462 (7.44, 19' 11", 33' 6 3/4", 5' 6", 8.70, 12' 5 1/2", 2:53.86)	2005
9.	Jeremy Lee	4265 (7.53, 18' 11 1/4", 33' 1 3/4", 5' 10 3/4", 9.02, 11' 3 3/4", 2:56.9c)	2010
10.	Chris Lutz	3938	2009

PENTATHLON - INDIVIDUAL			
1.	Mark Johnson	3650 (8.50, 21' 5 1/2", 38' 9", 6' 4 3/4", 2:53.11)	2002
2.	Ryan Voge	3478	2003
3.	Dan Feltman	3287	2003
4.			
5.			
6.			
7.			
8.			
9.			
10.			

LONG JUMP - INDIVIDUAL			
1.	Dwayne Rudd	25' 7 1/4"	1983
2.	Clarence Robinson	25' 6 3/8"	1965
3.	Bob Nance	25' 3 3/4"	1976
4.	Phil Quinet	25' 1"	1970
5.	Fidelis Ndyabagye	24' 10"	1985
6.	Chuck Steffes	24' 8"	1972
7.	Kendall Spencer	24' 3 3/4"	2010
8.	Ira Robinson	24' 3 3/8"	1965
9.	Detric Cofield	23' 11 1/4	1995
10.	Mikael Bernhardt	23' 10 1/4	1976

LONG JUMP - DISTANCES			
1.	Dwayne Rudd	25' 7 1/2"	1983
2.	Clarence Robinson	25' 6 3/8"	1965
3.	Clarence Robinson	25' 6 1/4"	1966
4.	Clarence Robinson	25' 4 1/2"	1965
5.	Bob Nance	25' 3 3/4"	1976
6.	Dwayne Rudd	25' 2"	1984
7.	Dwayne Rudd	25' 1 3/4"	1983
8.	Phil Quinet	25' 1"	1970
9.	Dwayne Rudd	25' 0"	1984
10.	Fidelis Ndyabagye	24' 10"	1985

TRIPLE JUMP - INDIVIDUAL			
1.	Dwayne Rudd	54' 3"	1984
2.	Chuck Steffes	52' 1 1/2"	1972
3.	Arthur Ogdebie	51' 6 1/4"	1988
4.	Mikael Bernhardt	50' 10"	1975
5.	Art Baxter	50' 3 1/2"	1968
6.	Ty Kirk	50' 2"	2010
7.	Fidelis Ndyabagye	50' 1/2"	1985
8.	Warrick Campbell	49' 9 3/4"	2011
9.	David Brown	49' 3 3/4"	2011
10.	Dominick Meadows	49' 3 1/2"	2009

TRIPLE JUMP- DISTANCES			
1.	Dwayne Rudd	54' 3"	1984
2.	Dwayne Rudd	53' 11"	1984
3.	Dwayne Rudd	53' 8"	1984
4.	Dwayne Rudd	52' 5 1/2"	1983
5.	Chuck Steffes	52' 1 1/2"	1972
6.	Chuck Steffes	52' 1 1/2"	1972
6.	Dwayne Rudd	51' 10"	1984
7.	Dwayne Rudd	51' 9"	1982
8.	Arthur Ogdebie	51' 6 1/4"	1988
9.	Chuck Steffes	51' 1 1/2"	1972

HIGH JUMP - INDIVIDUAL			
1.	Ivan Hella	7' 3"	1992
2.	David Llamas	7' 1 1/2	1997
3.	Mike Foster	7' 1 1/2	1987
4.	Fernando Abugattas	7' 1 1/2"	1971
5.	Ingemar Nyman	7' 1/4"	1972
6.	Django Lovett	7' 1/4"	2011
7.	Ramani Harper	6' 10 3/4	1993
8.	Bob Marchetti	6' 10 3/4"	1993
9.	Josh Cosio	6' 10 1/4"	2009
10.	Chris Warner	6' 10"	1986
	Stuart St. Louis	6' 9 1/2"	2006

HIGH JUMP - HEIGHTS			
1.	Ivan Hella	7' 3"	1992
2.	David Llamas	7' 1 1/2	1997
3.	Mike Foster	7' 1 1/2	1987
4.	Fernando Abugattas	7' 1 1/2"	1971
5.	Ingemar Nyman	7' 1 1/4"	1986
6.	David Llamas	7' 1/4"	1997
7.	Ingemar Nyman	7' 1/4"	1972
8.	Django Lovett	7' 1/4"	2011
9.	Fernando Abugattas	7' 0"	1972
10.	Ivan Hella	6' 11 3/4	1992
	David Llamas	6' 11 1/2"	1997
	Fernando Abugattas	6' 11 1/2	1973
	Fernando Abugattas	6' 11 1/2	1971

POLE VAULT - INDIVIDUAL			
1.	Simon Arkell	18' 1 1/2	1991
2.	Derek Mackel	17' 11"	2006
3.	Robert Caldwell	17' 7 1/4"	2006
4.	Brandon Bennett	17' 6 1/2"	2003
5.	Logan Pflibsen	17' 1 1/2"	2011
6.	Dan Holton	16' 9 1/2"	1991
7.	Mark Johnson	16' 9 1/4"	2004
8.	Darrin Bryant	16' 8"	1992
9.	Ingemar Jernberg	16' 7"	1974
10.	Kyle Walker	16' 6 3/4"	2010

POLE VAULT - HEIGHTS			
1.	Simon Arkell	18' 1 1/2	1991
2.	Derek Mackel	17' 11"	2006
3.	Simon Arkell	17' 10 1/2	1989
4.	Robert Caldwell	17' 7 1/4"	2006
5.	Derek Mackel	17' 7 1/4	2006
6.	Brandon Bennett	17' 6 1/2"	2003
7.	Robert Caldwell	17' 6 1/2	2006
8.	Derek Mackel	17' 5 1/2"	2005
9.	Simon Arkell	17' 4"	1990
10.	Simon Arkell	17' 3 1/2	1987

SHOT PUT - INDIVIDUAL			
1.	Darren Crawford	60' 8 3/4"	1988
2.	Randy Withrow	57' 3"	1973
3.	Jason Barkermeyer	56' 9 1/4"	2004
4.	Bob Sadler	56' 2"	1999
5.	Ervin Jaros	55' 11 1/2	1970
6.	Larry Kennedy	55' 10 1/2	1965
7.	Kerry Eskeli	55' 2 1/2	1970
8.	Greg Rees	54' 1 1/2"	1991
9.	Jordan Parker	54' 1"	2004
10.	Anthony Harlin	53' 6 3/4"	1977

SHOT PUT - DISTANCES			
1.	Darren Crawford	60' 8 3/4"	1988
2.	Darren Crawford	58' 11 1/2	1987
3.	Darren Crawford	58' 10 3/4	1988
4.	Randy Withrow	57' 3"	1973
5.	Jason Barkermeyer	56' 9 1/4"	2004
6.	Randy Withrow	56' 6 1/2	1974
7.	Jason Barkermeyer	56' 6"	2004
8.	Darren Crawford	56' 5 1/4"	1987
9.	Randy Withrow	56' 3"	1974
10.	Randy Withrow	56' 2 1/2	1972

HEPTATHLON			WHERE PERFORMANCE HAPPENED
1.	Richard York	5537	February 4-5, 2011 @ UNM Classic Hept.
2.	Mark Johnson	5263	February 26, 2004 @ MWC (Air Force)
3.	Dan Feltman	5145	February 23, 2006 @ MWC (New Mexico)
4.	Sam Potter	5002	February 24-25, 2011 @ MWC (New Mexico)
5.	Derek McDonald	4966	February 24, 2005 @ MWC (Air Force)
6.	Brian Wilson	4946	February 24-25, 2011 @ MWC (New Mexico)
7.	Rodney Hocker	4462	February 26, 2004 @ MWC (Air Force)
8.	Jason Bigott	4462	February 24, 2005 @ MWC (Air Force)
9.	Jeremy Lee	4265	February 25-26, 2010 @ MWC (New Mexico)
10.	Chris Lutz	3938	January 31, 2009 @ New Mexico

PENTATHLON			WHERE PERFORMANCE HAPPENED
1.	Mark Johnson	3650	2002
2.	Ryan Voge	3478	January 24, 2003 @ Air Force
3.	Dan Feltman	3287	January 24, 2003 @ Air Force
4.			
5.			
6.			
7.			
8.			
9.			
10.			

LONG JUMP			WHERE PERFORMANCE HAPPENED
1.	Dwayne Rudd	25' 7 1/4"	1983 @ New Mexico
2.	Clarence Robinson	25' 6 3/8"	January 23, 1965 @ New Mexico
3.	Bob Nance	25' 3 3/4"	February 28, 1976 @ WAC (Salt Lake City)
4.	Phil Quinet	25' 1"	February 21, 1970 @ WAC (Salt Lake City)
5.	Fidelis Ndyabagye	24' 10"	1985
6.	Chuck Steffes	24' 8"	February 18, 1972 @ WAC (Salt Lake City)
7.	Kendall Spencer	24' 3 3/4"	February 26, 2010 @ MWC (New Mexico)
8.	Ira Robinson	24' 3 3/8"	January 23, 1965 @ New Mexico
9.	Detric Cofield	23' 11 1/4	February 4, 1995 @ Northern Arizona
10.	Mikael Bernhardt	23' 10 1/4	January 23, 1976 @ Air Force

TRIPLE JUMP			WHERE PERFORMANCE HAPPENED
1.	Dwayne Rudd	54' 3"	1984 @ Northern Arizona
2.	Chuck Steffes	52' 1 1/2	January 19, 1972 @ New Mexico
3.	Arthur Ogdebie	51' 6 1/4"	February 26, 1988 @ WAC (Air Force)
4.	Mikael Bernhardt	50' 10"	February 8, 1975 @ WAC (New Mexico)
5.	Art Baxter	50' 3 1/2"	February 10, 1968 @ New Mexico
6.	Ty Kirk	50' 2"	February 12, 2010 @ Air Force Invitational
7.	Fidelis Ndyabagye	50' 1/2"	February 22, 1985 @ WAC (New Mexico)
8.	Warrick Campbell	49' 9 3/4"	February 26, 2011 @ MWC (New Mexico)
9.	David Brown	49' 3 3/4"	January 15, 2011 @ UNM Lobo Open
10.	Dominick Meadows	49' 3 1/2"	January 24, 2009 @ New Mexico

HIGH JUMP			WHERE PERFORMANCE HAPPENED
1.	Ivan Hella	7' 3"	March 6, 1992 @ Wyoming
2.	David Llamas	7' 1 1/2"	January 25, 1997 @ Northern Arizona Quad
3.	Mike Foster	7' 1 1/2"	1985 @ New Mexico
4.	Fernando Abugattas	7' 1 1/2"	1971
5.	Ingemar Nyman	7' 1/4"	February 5, 1972 @ New Mexico
6.	Django Lovett	7' 1/4"	January 29, 2011 @ UNM Invnt.
7.	Ramani Harper	6' 10 3/4"	February 13, 1993 @ Air Force
8.	Bob Marchetti	6' 10 3/4"	February 26, 1993 @ WAC (Air Force)
9.	Josh Cosio	6' 10 1/4"	January 17, 2009 @ New Mexico
10.	Chris Warner	6' 10"	February 23, 1986 @ WAC (Air Force)

POLE VAULT			WHERE PERFORMANCE HAPPENED
1.	Simon Arkell	18' 1 1/2"	February 8, 1991 @ Nebraska
2.	Derek Mackel	17' 11"	January 21, 2006 @ New Mexico
3.	Robert Caldwell	17' 7 1/4"	February 23, 2006 @ MWC (New Mexico)
4.	Brandon Bennett	17' 6 1/4"	March 1, 2003 @ MWC (Air Force)
5.	Logan Pflibsen	17' 1 1/2"	February 11, 2011 @ Don Kirby Invnt.
6.	Dan Holton	16' 9 1/2"	February 22, 1991 @ WAC (Air Force)
7.	Mark Johnson	16' 9 1/4"	February 26, 2004 @ MWC (Air Force)
8.	Darrin Bryant	16' 8"	February 15, 1992 @ Air Force
9.	Ingemar Jernberg	16' 7"	February 9, 1974 @ Idaho State
10.	Kyle Walker	16' 6 3/4"	February 6, 2010 @ New Mexico Classic

SHOT PUT			WHERE PERFORMANCE HAPPENED
1.	Darren Crawford	60' 8 3/4"	February 26, 1988 @ WAC (Air Force)
2.	Randy Withrow	57' 3"	1973 @ Idaho State
3.	Jason Barkermeyer	56' 9 1/4"	February 26, 2004 @ MWC (Air Force)
4.	Bob Sadler	56' 2"	February 20, 1999 @ Air Force
5.	Ervin Jaros	55' 11 1/2	February 21, 1970 @ WAC (Salt Lake City)
6.	Larry Kennedy	55' 10 1/2	January 23, 1965 @ New Mexico
7.	Kerry Eskeli	55' 2 1/2	January 17, 1970 @ New Mexico
8.	Greg Rees	54' 1 1/2"	February 22, 1991 @ WAC (Air Force)
9.	Jordan Parker	54' 1"	February 26, 2004 @ MWC (Air Force)
10.	Anthony Harlin	53' 6 3/4"	January 22, 1977 @ Air Force

35 LB WEIGHT THROW - INDIVIDUAL				35 LB. WEIGHT THROW-DISTANCES				35 LB. WEIGHT THROW				WHERE PERFORMANCE HAPPENED			
1.	Darren Crawford	65' 6 3/4	1990	1.	Darren Crawford	65' 6 3/4	1990	1.	Darren Crawford	65' 6 3/4	1990				
2.	Matthew Henry-Marshall	60' 3"	2011	2.	Darren Crawford	63' 9"	1990	2.	Matthew Henry-Marshall	60' 3"	February 4, 2011 @ UNM Classic				
3.	Tom Ferrier	57' 7"	1984	3.	Matthew Henry-Marshall	60' 3"	2011	3.	Tom Ferrier	57' 7"	1984 @ Air Force				
4.	Steve Dunbar	56' 4"	1999	4.	Matthew Henry-Marshall	60' 3"	2011	4.	Steve Dunbar	56' 4"	February 6, 1999 @ Northern Arizona				
5.	Jason Barkermeyer	52' 4"	2004	5.	Matthew Henry-Marshall	60' 1 1/4	2011	5.	Jason Barkermeyer	52' 4"	February 26, 2004 @ MWC (Air Force)				
6.	Jordan Parker	50' 4 3/4	2004	6.	Matthew Henry-Marshall	58' 11 1/4	2009	6.	Jordan Parker	50' 4 3/4	February 14, 2004				
7.	Ted Crouch	50' 3"	1985	7.	Darren Crawford	58' 10 3/4	1988	7.	Ted Crouch	50' 3"	1985				
8.	Brad Maestas	49' 3/4"	2011	8.	Matthew Henry-Marshall	58' 3 1/4"	2011	8.	Brad Maestas	49' 3/4"	January 15, 2011 @ UNM Lobo Open				
9.	Matt Kraft	47' 7 1/4"	2002	9.	Matthew Henry-Marshall	58' 3	2011	9.	Matt Kraft	47' 7 1/4	February 21, 2002 @ Air Force				
10.	Bob Sadler	47' 3 1/2"	1999	10.	Matthew Henry-Marshall	58' 1/2"	2011	10.	Bob Sadler	47' 3 1/2	January 23, 1999 @ Northern Arizona				

DISTANCE MEDLY RELAY - TIMES				WHERE PERFORMANCE HAPPENED			
1.	Bishop, Roberts, Steadman, Emanuel	9:30.38	2009	9:30.38	March 6, 2009 @ Notre Dame Last Chance		
2.	Evans, York, Aragon, Bishop	9:31.50	2011	9:31.50	March 11, 2011 @ NCAA Championships (TAM)		
3.	Evans, York, Aragon, Bishop	9:31.95	2011	9:31.95	March 4, 2011 @ Notre Dame Last Chance		
4.	Bishop, Evans, Aragon, Millington	9:32.50@	2011	9:32.50@	February 25, 2011 @ MWC (UNM) (raw-9:41.30)		
5.	Bishop, Trujillo, Cote, Millington	9:46.21	2010	9:46.21	March 5, 2010 @ Notre Dame Last Chance		
6.	Kiptoo-Biwott, Clarke, McCain, Gonzales	9:46.26@	2005	9:46.26@	February 24, 2005 @ MWC (Air Force) yards		
7.	Bishop, Roberts, Steadman, Ashton	9:52.43	2009	9:52.43	March 15, 2009 @ NCAA (Texas Tech)		
8.	Fraser, Lovato, Millington, Emanuel	9:52.96@	2010	9:52.96@	February 26, 2010 @ MWC (New Mexico)(10:01.74 raw)		
9.	Martinez, Jackson, Clarke, Gonzales	9:57.38@	2004	9:57.38@	February 26, 2004 @ MWC (Air Force) yards		
10.	Names not known	9:57.83@	2008	9:57.83@	February 28, 2008 @ MWC (Air Force) yards		

UNIVERSITY OF NEW MEXICO WOMEN'S INDOOR TRACK & FIELD

ALL TIME TOP TEN (1976 - 2011) (REVISED MARCH 13, 2011)

PLEASE NOTE: These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

HOW TO READ THE RANKINGS.

PERFORMERS: THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

PERFORMANCES: THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

Conversions used in these rankings

TRACK SIZE: The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in BOLD/ITALICS has been converted.

ALTITUDE: The NCAA converts distance performances (800, 1 Mile, 3000, 5000, Distance Medley Relay) based on altitude due to the difficulty of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

YARDS: Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

**** In the 55, 55 Hurdles, 60, 60 Hurdles all performances are the actual "raw" performances with no conversions made.**

55 METERS - INDIVIDUAL		
1. Barbara Bell	6.85	1984
2. Pam Posey	7.02	1987
3. Terrian Florence	7.06	1990
4. Natanya Jones	7.12	1990
5. Annette DiLorenzo	7.14	1987
6. Nicole Oates	7.18	1998
7. Stacey Thompson	7.18	1993
8. Nichelle Milner	7.21	1995
9. Patty Mack	7.27	1984
10. Natalie Dalton	7.30	1996

55 METERS - TIMES		
1. Barbara Bell	6.85	1984
2. Barbara Bell	6.90	1984
3. Barbara Bell	6.92	1983
4. Pam Posey	7.02	1987
5. Terrian Florence	7.06	1990
6. Pam Posey	7.08	1987
7. Pam Posey	7.09	1987
8. Terrian Florence	7.11	1990
9. Terrian Florence	7.11	1988
10. Natanya Jones	7.12	1990

55 METERS - INDIVIDUAL	WHERE PERFORMANCE HAPPENED	
1. Barbara Bell	6.85	March 1, 1984
2. Pam Posey	7.02	February 21, 1987 @ Northern Arizona
3. Terrian Florence	7.06	February 24, 1990 @ Northern Arizona
4. Natanya Jones	7.12	February 24, 1990 @ Northern Arizona
5. Annette DiLorenzo	7.14	February 21, 1987 @ Northern Arizona
6. Nicole Oates	7.18	February 27, 1998 @ WAC (Air Force)
7. Stacey Thompson	7.18	February 26, 1993 @ WAC (Air Force)
8. Nichelle Milner	7.21	February 4, 1995 @ Northern Arizona
9. Patty Mack	7.27	January 28, 1984 @ Northern Arizona
10. Natalie Dalton	7.30	February 3, 1996 @ Northern Arizona

55m HURDLES - INDIVIDUAL		
1. Angela Whyte	8.15	1999
2. Tonya Thompson	8.26	1987
3. Lisa Teasdale	8.28	1997
4. Monica Crittenden	8.32	1993
5. Darcy Ahner	8.41	1990
6. Felecia DeVargas	8.42	1997
7. Debbie Berger	8.51	1987
8. Mary Goodwin	8.57	1983
9. Joni Dobbins	8.60	1995
10. Kitrain Martin	8.64	1993

55m HURDLES - TIMES		
1. Angela Whyte	8.15	1999
2. Tonya Thompson	8.26	1987
3. Lisa Teasdale	8.28	1997
4. Monica Crittenden	8.32	1993
5. Lisa Teasdale	8.33	1997
6. Tonya Thompson	8.36	1987
7. Monica Crittenden	8.37	1994
8. Monica Crittenden	8.40	1995
9. Felecia DeVargas	8.42	1997
10. Felecia DeVargas	8.44	1997
Monica Crittenden	8.44	1995

55m HURDLES - INDIVIDUAL	WHERE PERFORMANCE HAPPENED	
1. Angela Whyte	8.15	January 30, 1999 @ Texas Tech
2. Tonya Thompson	8.26	February 21, 1987 @ Northern Arizona
3. Lisa Teasdale	8.28	February 7, 1997 @ Texas Tech
4. Monica Crittenden	8.32	February 26, 1993 @ WAC (Air Force)
5. Darcy Ahner	8.41	February 24, 1990 @ Northern Arizona
6. Felecia DeVargas	8.42	January 25, 1997 @ Northern Arizona Quad
7. Debbie Berger	8.51	February 21, 1987 @ Northern Arizona
8. Mary Goodwin	8.57	February 12, 1983 @ Northern Arizona
9. Joni Dobbins	8.60	February 4, 1995 @ Northern Arizona
10. Kitrain Martin	8.64	February 13, 1993 @ Air Force

60 METERS - INDIVIDUAL		
1. Kristan Matison	7.58	2007
2. Angela Whyte	7.59	2000
3. Adwoa Gyasi-Nimako	7.64	2000
4. Alesha Walker	7.66	2008
5. Precious Selmon	7.69	2009
6. Dayna McMillen	7.70	2001
7. Tabitha Shaw	7.74	2006
8. Ariel Burr	7.77	2009
9. Deanne Young	7.78	2009
10. Kayla Fisher-Taylor	7.78@	2010

60 METERS - TIMES		
1. Kristan Matison	7.58	2007
2. Angela Whyte	7.59	2000
3. Kristin Matison	7.62	2006
4. Adwoa Gyasi-Nimako	7.64	2000
5. Kristin Matison	7.67	2007
6. Alesha Walker	7.66	2008
7. Alesha Walker	7.66	2008
Adwoa Gyasi-Nimako	7.66	2000
8. Precious Selmon	7.69	2009
Angela Whyte	7.69	2000

60 METERS - INDIVIDUAL	WHERE PERFORMANCE HAPPENED	
1. Kristin Matison	7.58	January 9, 2007 @ New Mexico
2. Angela Whyte	7.59	February 25, 2000 @ MWC (Air Force)
3. Adwoa Gyasi-Nimako	7.64	February 26, 2000 @ MWC (Air Force)
4. Alesha Walker	7.66	January 19, 2008 @ Northern Arizona
5. Precious Selmon	7.69	December 3, 2009 @ Northern Arizona dual
6. Dayna McMillen	7.70	February 24, 2001 @ MWC (Air Force)
7. Tabitha Shaw	7.74	February 11, 2006 @ New Mexico
8. Ariel Burr	7.77	January 17, 2009 @ New Mexico
9. Deanne Young	7.78	January 31, 2009 @ New Mexico
10. Kayla Fisher-Taylor	7.78@	February 25, 2011 @ MWC (New Mexico)

60 HURDLES - INDIVIDUAL		
1. Precious Selmon	8.43@	2011
2. Angela Whyte	8.49	2000
3. Sandy Fortner	8.63@	2008
4. Lisa Coleman	8.79	2001
5. Felecia DeVargas	9.00	1999
6. Keren Sari-Bentzur	9.10@	2002
7. Amber Nolte	9.13@	2002
8. Nicole Hanson	9.14@	2004
9. Suzanne Nguyen	9.22@	2003
10. Kisha Smith	9.25@	2001

60m HURDLES - TIMES		
1. Precious Selmon	8.43	2001
2. Precious Selmon	8.43@	2011
3. Precious Selmon	8.43@	2011
4. Precious Selmon	8.48	2011
5. Angela Whyte	8.49	2000
Angela Whyte	8.49	2000
Precious Selmon	8.49@	2009
Precious Selmon	8.49@	2010
4. Precious Selmon	8.56@	2010
5. Precious Selmon	8.57@	2010

60 HURDLES - INDIVIDUAL	WHERE PERFORMANCE HAPPENED	
1. Precious Selmon	8.43@	February 11, 2011 @ UNM Don Kirby Invnt.
2. Angela Whyte	8.49	February 25, 2000 @ MWC (Air Force)
3. Sandy Fortner	8.63@	February 28, 2008 @ MWC (Air Force)
4. Lisa Coleman	8.79	February 24, 2001 @ MWC (Air Force)
5. Felecia DeVargas	9.00	January 23, 1999 @ Northern Arizona
6. Keren Sari-Bentzur	9.10@	January 25, 2002 @ Air Force
7. Amber Nolte	9.13@	January 25, 2002 @ Air Force
8. Nicole Hanson	9.14@	February 26, 2004 @ MWC (Air Force)
9. Suzanne Nguyen	9.222	February 8, 2003 @ Northern Arizona
10. Kisha Smith	9.25@	February 24, 2001 @ MWC (Air Force)

200 METERS - INDIVIDUAL

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Ariel Burr	24.13	2009
3.	Arlene Smith	24.54	2001
4.	Shirley Pitts	24.66	2011
5.	Alesha Walker	24.74	2007
6.	Terrian Florence	24.91	1988
7.	Tabitha Shaw	24.97	2006
8.	Natanya Jones	25.00	1990
9.	Kristan Matison	25.13	2007
10.	Kayla Fisher-Taylor	25.14	2011

200 METERS - TIMES

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Adwoa Gyasi-Nimako	24.12	2000
3.	Ariel Burr	24.13	2009
4.	Ariel Burr	24.43	2009
5.	Adwoa Gyasi-Nimako	24.50	2000
6.	Arlene Smith	24.54	2001
7.	Ariel Burr	24.55	2007
8.	Shirley Pitts	24.66	2011
9.	Alesha Walker	24.74	2007
10.	Arlene Smith	24.80	2001

200 METERS - INDIVIDUAL

1.	Adwoa Gyasi-Nimako	24.08	February 26, 2000 @ MWC (Air Force)
2.	Ariel Burr	24.13	February 7, 2009 @ New Mexico
3.	Arlene Smith	24.54	February 24, 2001 @ MWC (Air Force)
4.	Shirley Pitts	24.66	January 28, 2011 @ UNM Invt.
5.	Alesha Walker	24.74	February 22, 2007 @ MWC (New Mexico)
6.	Terrian Florence	24.91	February 20, 1988 @ Northern Arizona
7.	Tabitha Shaw	24.97	February 23, 2006 @ MWC (New Mexico)
8.	Natanya Jones	25.00	February 19, 1990 @ Northern Arizona
9.	Kristan Matison	25.13	January 13, 2007 @ New Mexico
10.	Kayla Fisher-Taylor	25.14	February 25, 2011 @ MWC (New Mexico)

400 METER - INDIVIDUAL

1.	Ariel Burr	53.73	2007
2.	Shirley Pitts	54.89	2011
3.	CatherineMcKinney	55.99	1990
4.	Sue Vigil	56.64yh	1978
5.	Stacey Thompson	57.10	1993
6.	Kamillia Davis	57.16	2004
7.	Shakira Williams	57.39	2006
8.	Arlene Smith	57.56	2002
9.	Kadrina Coffee	57.68	1999
10.	Regina Dramiga	57.84yh	1979

400 METER - TIMES

1.	Ariel Burr	53.73	2007
2.	Ariel Burr	54.05	2009
3.	Ariel Burr	54.27	2006
4.	Ariel Burr	54.38	2009
5.	Ariel Burr	54.54	2009
6.	Ariel Burr	54.86	2009
7.	Shirley Pitts	54.89	2011
8.	Ariel Burr	55.02	2009
9.	Ariel Burr	55.15	2007
10.	Ariel Burr	55.23	2007

400 METER - INDIVIDUAL

1.	Ariel Burr	53.73	February 22, 2007 @ MWC (New Mexico)
2.	Shirley Pitts	54.89	February 26, 2011 @ MWC (New Mexico)
3.	CatherineMcKinney	55.99	February 24, 1990 @ Northern Arizona
4.	Sue Vigil	56.64yh	1978
5.	Stacey Thompson	57.10	February 26, 1993 @ WAC (Air Force)
6.	Kamillia Davis	57.16	February 26, 2004 @ MWC (Air Force)
7.	Shakira Williams	57.39	February 11, 2006 @ New Mexico
8.	Arlene Smith	57.56	February 21, 2002 @ MWC (Air Force)
9.	Kadrina Coffee	57.68	January 30, 1999 @ Texas Tech
10.	Regina Dramiga	57.84yh	1979

800 METERS - INDIVIDUAL

1.	Sue Vigil	2:09.54yh	1979
2.	Regina Dramiga	2:12.04@	1980
3.	Andrea Wright	2:12.25@	2009
4.	Alex Darling	2:12.35@	2010
5.	Ashley Gibson	2:13.28@	2010
6.	Margaret Metcalf	2:13.37@	1983
7.	Jackie Gallegos	2:14.01 @	2005
8.	Cindy Ashby	2:14.04hc	1977
9.	Bianca Martin	2:14.14@	2010
10.	Riann Lucy	2:14.18 @	2006

800 METERS - TIMES

1.	Sue Vigil	2:09.54h	1979
2.	Sue Vigil	2:10.26	1979
3.	Regina Dramiga	2:12.04@	1980
4.	Sue Vigil	2:12.04yh	1978
5.	Andrea Wright	2:12.25@	2009
6.	Alex Darling	2:12.35@	2010
7.	Alex Darling	2:12.88@	2010
8.	Alex Darling	2:13.14@	2010
9.	Ashley Gibson	2:13.28@	2010
10.	Margaret Metcalf	2:13.37@	1983

800 METERS - INDIVIDUAL

1.	Sue Vigil	2:09.54yh	1979
2.	Regina Dramiga	2:12.04@	February 16, 1980 @ New Mexico
3.	Andrea Wright	2:12.25@	February 28, 2009 @ MWC (Air Force)
4.	Alex Darling	2:12.35@	February 27, 2010 @ MWC (New Mexico) (2:13.05 raw)
5.	Ashley Gibson	2:13.28@	January 29, 2010 @ UNM Lobo Chall.(2:13.98-raw)
6.	Margaret Metcalf	2:13.37@	February 12, 1983 @ Northern Arizona
7.	Jackie Gallegos	2:14.01 @	February 5, 2005 @ Northern Arizona
8.	Cindy Ashby	2:14.04hc	1977
9.	Bianca Martin	2:14.14@	January 29, 2010 @ UNM Invt. (2:14.84 - raw)
10.	Riann Lucy	2:14.18 @	February 23, 2006 @ MWC (New Mexico)

1 MILE - INDIVIDUAL

1.	Ashley Gibson	4:43.78	2010
2.	Ruth Senior	4:48.24@	2011
3.	Alex Darling	4:51.93@	2011
4.	Nicky Archer	4:55.59 @	2009
5.	Bianca Martin	4:55.71	2010
6.	Michelle Corrigan	4:56.98	2010
7.	Emma Reed	4:57.20	2011
8.	Edna Lankry	4:57.80	1991
9.	Timmie Murphy	4:58.24 @	2006
10.	Jackie Gallegos	4:58.76 @	2004

1 MILE - TIMES

1.	Ashley Gibson	4:43.78	2010
2.	Ashley Gibson	4:44.58	2009
3.	Ashley Gibson	4:45.41	2010
4.	Ashley Gibson	4:47.48	2009
5.	Ruth Senior	4:48.24@	2011
6.	Ruth Senior	4:49.85	2011
7.	Ashley Gibson	4:51.08	2010
8.	Alex Darling	4:51.93@	2011
9.	Ashley Gibson	4:52.36@	2010
10.	Alex Darling	4:53.81	2011

1 MILE - INDIVIDUAL

1.	Ashley Gibson	4:43.78	February 13, 2010 @ Washington Huskie Classic
2.	Ruth Senior	4:48.24@	January 15, 2011 @ UNM Lobo Open (raw-4:54.66)
3.	Alex Darling	4:51.93@	February 26, 2011 @ MWC (UNM)(raw-4:58.43)
4.	Nicky Archer	4:55.59 @	February 7, 2009 @ New Mexico
5.	Bianca Martin	4:55.71	February 12, 2010 @ Washington Huskie Classic
6.	Michelle Corrigan	4:56.98	February 6, 2010 @ Notre Dame Meyo Invt.
7.	Emma Reed	4:57.20	February 12, 2011 @ Washington Husky Classic
8.	Edna Lankry	4:57.80	February 8, 1991 @ Nebraska
9.	Timmie Murphy	4:58.24 @	February 11, 2006 @ New Mexico
10.	Jackie Gallegos	4:58.76 @	February 14, 2004

3000 METER - INDIVIDUAL

1.	Ruth Senior	9:17.09@	2011
2.	Natalie Gray	9:27.25@	2011
3.	Sarah Waldron	9:33.10@	2011
4.	Timmie Murphy	9:33.11	2006
5.	Nicky Archer	9:40.71@	2009
6.	Ashley Gibson	9:43.20	2009
7.	Michelle Corrigan	9:45.26	2008
8.	Jackie Gallegos	9:45.99	2005
9.	Lacey Oeding	9:48.20@	2010
10.	Kirsty Milner	9:48.63@	2011

3000 METER - TIMES

1.	Ruth Senior	9:17.09@	2011
2.	Natalie Gray	9:27.25@	2011
3.	Ruth Senior	9:30.82@	2011
4.	Sarah Waldron	9:33.10@	2011
5.	Timmie Murphy	9:33.11	2006
6.	Nicky Archer	9:40.71@	2009
7.	Nicky Archer	9:41.54@	2009
8.	Ashley Gibson	9:43.20	2009
9.	Michelle Corrigan	9:45.26	2008
10.	Jackie Gallegos	9:45.99	2005

3000 METERS - INDIVIDUAL

1.	Ruth Senior	9:17.09@	January 29, 2011 @ UNM Invt. (raw - 9:31.16)
2.	Natalie Gray	9:27.25@	January 29, 2011 @ UNM Invt. (raw - 9:41.58)
3.	Sarah Waldron	9:33.10@	February 26, 2011 @ MWC (UNM)(raw-9:47.57)
4.	Timmie Murphy	9:33.11	March 4, 2006 @ Washington Last Chance
5.	Nicky Archer	9:40.71@	January 31, 2009 @ New Mexico
6.	Ashley Gibson	9:43.20	February 14, 2009 @ Washington
7.	Michelle Corrigan	9:45.26	February 8, 2008 @ Notre Dame Meyo Invt.
8.	Jackie Gallegos	9:45.99	February 12, 2005 @ Arkansas
9.	Lacey Oeding	9:48.20@	February 27, 2010 @ MWC (New Mexico)(10:02.17 raw)
10.	Kirsty Milner	9:48.63@	February 26, 2011 @ MWC (UNM)(raw-10:03.05)

5000 METERS - INDIVIDUAL

1.	Natalie Gray	15:54.29	2011
2.	Ruth Senior	16:02.38	2011
3.	Sarah Waldron	16:16.73	2011
4.	Michelle Corrigan	16:34.58	2009
5.	Jackie Gallegos	16:35.83@	2005
6.	Nicky Archer	16:40.64	2009
7.	Vanessa Ortiz	16:50.94	2011
8.	Delyth James	16:54.58	2011
9.	Kirsty Milner	16:56.26	2011
10.	Lacey Oeding	17:00.95	2010

5000 METERS- TIMES

1.	Natalie Gray	15:54.29	2011
2.	Ruth Senior	16:02.38	2011
3.	Sarah Waldron	16:16.73	2011
4.	Ruth Senior	16:18.38	2011
5.	Michelle Corrigan	16:34.58	2009
6.	Jackie Gallegos	16:35.83@	2005
7.	Ruth Senior	16:39.02	2010
8.	Nicky Archer	16:40.64	2009
9.	Nicky Archer	16:42.29	2010
10.	Natalie Gray	16:44.36	2011

5000 METERS

1.	Natalie Gray	15:54.29	February 11, 2011 @ Washington Husky Classic
2.	Ruth Senior	16:02.38	February 11, 2011 @ Washington Husky Classic
3.	Sarah Waldron	16:16.73	February 11, 2011 @ Washington Husky Classic
4.	Michelle Corrigan	16:34.58	February 14, 2009 @ Washington
5.	Jackie Gallegos	16:35.83@	February 24, 2005 @ MWC (Air Force)
6.	Nicky Archer	16:40.64	March 7, 2009 @ Notre Dame Last Chance
7.	Vanessa Ortiz	16:50.94	February 11, 2011 @ Washington Husky Classic
8.	Delyth James	16:54.58	February 11, 2011 @ Washington Husky Classic
9.	Kirsty Milner	16:56.26	February 11, 2011 @ Washington Husky Classic
10.	Lacey Oeding	17:00.95	February 12, 2010 @ Washington Huskie Classic

4x400 RELAY - TIMES

1.	Burr, Matison, S. Fortner, Zarrella	3:47.66	2007
2.		3:49.48	2006
3.	Bell, Maxwell, Hren, Vessup	3:50.54	1984
4.		3:50.84	2000
5.		3:51.46	1999
6.	Burr, Perkins, Matison, Zarrella	3:51.64	2007
7.		3:52.30	1988
8.	Burr, Perkins, Pritchard, Zarrella	3:52.42	2007
9.	Brazley, Kelchner, Pitts, Fortner	3:53.28	2010
10.	Brazley, Kelchner, Miknis, Pitts	3:53.61	2010

4x400 RELAY

1.		3:47.66	February 22, 2007 @ MWC (New Mexico)
2.		3:49.48	February 23, 2006 @ MWC (New Mexico)
3.		3:50.54	January 28, 1984 @ Northern Arizona
4.		3:50.84	February 26, 2000 @ Air Force
5.		3:51.46	February 6, 1999 @ Northern Arizona
6.		3:51.64	February 3, 2007 @ New Mexico
7.		3:52.30	February 20, 1988 @ Northern Arizona
8.		3:52.42	February 9, 2007 @ New Mexico
9.		3:53.28	February 13, 2010 @ Air Force (3:54.48 yards)
10.		3:53.61	January 30, 2010 @ UNM Invt.

PENTATHLON - INDIVIDUAL

1.	Sandy Fortner (8.70,5' 7 1/4",42 10 3/4", 19' 6", 2:25.41)	4156	2010
2.	Keren Sari-Bentzur (8.99-5' 7 1/4"-35' 7"-18' 11 3/4"-2:29.65)	3845	2003
3.	Precious Selmon (8.43, 5' 4 1/2", 39' 4 1/2", 19' 1/2", 2:55.91)	3469	2011
4.	Hedi Anderson	3442	1990
5.	Susanne Oravainen (8.66(55h), 5' 3 1/4", 32' 11 1/4", 17' 1,2:31.49)	3352	1997
6.	Anita Marsland (9.9h,28', 5' 6 1/2", 15' 9", 2:41.64)	3222	1980
7.	Billie Colborne	3138	1979
8.	Kelly Fortner 9.68,4' 11 1/2, 37' 7 3/4", 17' 4 1/2", 2:54.59)	3091	2009
9.	Melissa Guanella (55h-8.77-4'10 1/2"-31'8"-15'9 1/2"-2:32.26)	3083	1998
10.	Felecia DeVargas (55h-9.00-4'10 1/2-29'8 1/4-15'10 1/4-2:40.21)	3070	1998

LONG JUMP - INDIVIDUAL

1.	Alesha Walker	20' 1 1/2"	2008
2.	Keren Sari-Bentzur	19' 11"	2001
3.	Sandy Fortner	19' 8"	2008
4.	Tara Spurlock	19' 5"	1984
5.	Monique Harris	19' 1 1/4"	2002
6.	Precious Selmon	19' 2 3/4"	2011
7.	Mary Goodwin	18' 11"	1983
8.	Deanna Young	18' 9 3/4"	2009
9.	Lavern Clarke	18' 8"	1990
10.	Hagit Salamon	18' 7 3/4"	2008

LONG JUMP - DISTANCES

1.	Alesha Walker	20' 1 1/2"	2008
2.	Alesha Walker	19' 11 1/4"	2011
3.	Alesha Walker	19' 11 1/4"	2011
3.	Keren Sari-Bentzur	19' 11"	2001
4.	Alesha Walker	19' 11"	2011
4.	Alesha Walker	19' 10 3/4"	2011
5.	Alesha Walker	19' 10 3/4"	2008
5.	Alesha Walker	19' 9 1/2"	2008
6.	Alesha Walker	19' 9"	2011

TRIPLE JUMP - INDIVIDUAL

1.	Deanna Young	43' 2 1/2"	2011
2.	Lavern Clarke	42' 3 1/4"	1990
3.	Monique Harris	41' 9 3/4"	2002
4.	Hagit Salamon	40' 3/4"	2007
5.	Susanna Orvainen	39' 5"	1996
6.	Lisa Oliver	38' 9"	1998
7.	Keren Sari-Bentzur	38' 7"	2003
8.	Brittany Smith	37' 11 3/4"	2007
9.	Jai McBride	37' 8 1/2"	2007
10.	Suzanne Nguyen	36' 11 1/2"	2004
	Porchia Graham	36' 11 1/2"	1996

TRIPLE JUMP - DISTANCES

1.	Deanna Young	43' 2 1/2"	2011
2.	Deanna Young	43' 1 3/4"	2009
3.	Deanna Young	42' 5 1/4"	2011
4.	Deanna Young	42' 4 1/4"	2009
5.	Lavern Clarke	42' 3 1/4"	1990
6.	Deanna Young	42' 2"	2009
7.	Lavern Clarke	42' 1/4"	1992
8.	Deanna Young	42' 0"	2009
9.	Lavern Clarke	41' 11 1/4"	1990
10.	Deanna Young	41' 11 1/4"	2011

HIGH JUMP - INDIVIDUAL

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	2007
3.	Sandy Fortner	5' 9 1/4"	2010
4.	Aura Cook	5' 8 3/4"	1993
5.	Khristina Curtis	5' 7 3/4"	2006
6.	Keren Sari-Bentzur	5' 7 1/4"	2003
7.	Darcy Ahner	5' 7 1/4"	1987
8.	Marin Schweigert	5' 7"	2011
9.	Kelli Myers	5' 6 3/4"	2002
10.	Anita Marsland	5' 6"	1980

HIGH JUMP - HEIGHTS

1.	Margaret Metcalf	5' 11"	1979
2.	Margaret Metcalf	5' 10 1/2"	1980
3.	Tiyana Peters	5' 10"	2007
3.	Tiyana Peters	5' 10"	2007
4.	Margaret Metcalf	5' 10"	1979
4.	Margaret Metcalf	5' 10"	1979
5.	Sandy Fortner	5' 9 1/4"	2010
5.	Margaret Metcalf	5' 9"	1980
6.	Tiyana Peters	5' 8 3/4"	2007
7.	Margaret Metcalf	5' 8 1/2"	1979
	Sandy Fortner	5' 8 1/2"	2008
	Margaret Metcalf	5' 8 1/2"	1980

POLE VAULT - INDIVIDUAL

1.	Bridgid Isworth	13' 2 1/2"	2003
2.	Whitney Johnson	13' 1 3/4"	2006
3.	Margo Tucker	13' 1 1/2"	2011
4.	Amber Menke	12' 10"	2011
5.	Kelly Fortner	12' 5 1/2"	2010
6.	Lauren Jaramillo	12' 1 1/2"	2010
7.	Nicole Huyge	12' 3/4"	2006
8.	Amber Nolte	11' 11 1/2"	2002
9.	Julia Cook	11' 10"	2011
10.	Nathalie Busk	11' 9 3/4"	2011

POLE VAULT - HEIGHTS

1.	Bridgid Isworth	13' 2 1/2"	2003
2.	Whitney Johnson	13' 1 3/4"	2006
3.	Whitney Johnson	13' 1 3/4"	2006
3.	Bridgid Isworth	13' 1 1/2"	2003
4.	Margo Tucker	13' 1 1/2"	2011
4.	Bridgid Isworth	13' 1 1/2"	2003
5.	Whitney Johnson	13' 1/4"	2005
5.	Bridgid Isworth	12' 11 1/2"	2003
6.	Margo Tucker	12' 10 1/4"	2011
7.	Bridgid Isworth	12' 10"	2003
	Margo Tucker	12' 10"	2011
	Amber Menke	12' 10"	2011

SHOT PUT - INDIVIDUAL

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Myra Smith	46' 11"	1992
3.	Briana Paxton	46' 3 1/4"	2008
4.	Sandy Fortner	44' 8 3/4"	2010
5.	Terry Helleck	43' 7"	1980
6.	Bobbi Hall	43' 0"	2002
7.	Lynn Keck	41' 11"	1984
8.	Sarah Swartwood	41' 3 3/4"	2007
9.	Debbie Davis	41' 2 1/4"	1979
10.	Missy Wyant	40' 9 3/4"	1990

SHOT PUT - DISTANCES

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Amanda Barnes	49' 3 1/2"	2004
3.	Amanda Barnes	49' 2 1/2"	2005
4.	Amanda Barnes	48' 11"	2005
5.	Amanda Barnes	48' 7 1/2"	2005
6.	Amanda Barnes	48' 7 1/4"	2005
7.	Amanda Barnes	48' 2"	2005
8.	Amanda Barnes	47' 8"	2005
9.	Amanda Barnes	47' 4 1/2"	2005
10.	Amanda Barnes	47' 1/4"	2003

20 LB WEIGHT THROW - INDIVIDUAL

1.	Amanda Barnes	60' 10 3/4"	2005
2.	Jamie Fishencord	55' 1"	2005
3.	Briana Paxton	48' 10"	2008
4.	Tami Williams	47' 11"	2010
5.	Sarah Swartwood	47' 6 1/2"	2009
6.	Chelsea Stephens	47' 1 1/2"	1996
7.	Erin Manning	42' 9 1/2"	2007
8.	Vanessa Frangos	41' 10 1/2"	2006
9.	Melissa Page	32' 6"	1996
10.			

20 LB. WEIGHT THROW-DISTANCES

1.	Amanda Barnes	60' 10 3/4"	2005
2.	Amanda Barnes	55' 3 1/2"	2005
3.	Jamie Fishencord	55' 1"	2005
3.	Amanda Barnes	55' 1"	2005
4.	Jamie Fishencord	54' 7 1/4"	2005
5.	Amanda Barnes	54' 1"	2005
6.	Jamie Fishencord	53' 11 3/4"	2004
7.	Amanda Barnes	53' 9 3/4"	2004
8.	Jamie Fishencord	53' 9 1/4"	2005
9.	Amanda Barnes	53' 8 1/2"	2005

PENTATHLON

1.	Sandy Fortner	4156	March 13, 2010 @ NCAA Champ. (Arkansas)
2.	Keren Sari-Bentzur	3845	February 27, 2003 @ MWC (Air Force)
3.	Precious Selmon	3469	February 24, 2011 @ MWC (UNM)
4.	Heidi Anderson	3442	February 3, 1990 @ Air Force
5.	Susanne Oravainen	3352	February 22, 1997 @ WAC (Air Force)
6.	Anita Marsland	3222	January 26, 1980 @ New Mexico
7.	Billie Colborne	3138	1979
8.	Kelly Fortner	3091	February 28, 2009 @ MWC (Air Force)
9.	Melissa Guanella	3082	February 27, 1998 @ WAC (Air Force)
10.	Felecia DeVargas	3070	February 27, 1998 @ WAC (Air Force)

WHERE PERFORMANCE HAPPENED**LONG JUMP**

1.	Alesha Walker	20' 1 1/2"	March 8, 2008 @ Washington Last Chance
2.	Keren Sari-Bentzur	19' 11"	February 10, 2001 @ Northern Arizona
3.	Sandy Fortner	19' 8"	February 9, 2008 @ Air Force
4.	Tara Spurlock	19' 5"	January 28, 1984 @ Northern Arizona
5.	Monique Harris	19' 1 1/4"	February 2, 2002 @ Nevada
6.	Precious Selmon	19' 2 3/4"	February 11, 2011 @ UNM Don Kirby Invt.
7.	Mary Goodwin	18' 11"	February 22, 1983 @ New Mexico
8.	Deanna Young	18' 9 3/4"	February 29, 2009 @ MWC (Air Force)
9.	Lavern Clarke	18' 8"	February 10, 1990 @ Northern Arizona
10.	Hagit Salamon	18' 7 3/4"	February 1, 2008 @ Air Force

WHERE PERFORMANCE HAPPENED**TRIPLE JUMP**

1.	Deanna Young	43' 2 1/2"	February 26, 2011 @ MWC (New Mexico)
2.	Lavern Clarke	42' 3 1/4"	February 24, 1990 @ Northern Arizona
3.	Monique Harris	41' 9 3/4"	February 2, 2002 @ Nevada
4.	Hagit Salamon	40' 3/4"	February 9, 2007 @ New Mexico
5.	Susanna Orvainen	39' 5"	February 22, 1996 @ WAC (Air Force)
6.	Lisa Oliver	38' 9"	February 28, 1998 @ WAC (Air Force)
7.	Keren Sari-Bentzur	38' 7"	March 1, 2003 @ MWC (Air Force)
8.	Brittany Smith	37' 11 3/4"	February 22, 2007 @ MWC (New Mexico)
9.	Jai McBride	37' 8 1/2"	January 20, 2007 @ New Mexico
10.	Suzanne Nguyen	36' 11 1/2"	January 31, 2004 @ Texas Tech
	Porchia Graham	36' 11 1/2"	January 26, 1996 @ Air Force

WHERE PERFORMANCE HAPPENED**HIGH JUMP**

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	February 16, 2007 @ New Mexico
3.	Sandy Fortner	5' 9 1/4"	February 25, 2010 @ MWC Pent. (New Mexico)
4.	Aura Cook	5' 8 3/4"	February 26, 1993 @ WAC (Air Force)
5.	Khristina Curtis	5' 7 3/4"	February 23, 2006 @ MWC (New Mexico)
6.	Keren Sari-Bentzur	5' 7 1/4"	February 27, 2003 @ MWC (Air Force)
7.	Darcy Ahner	5' 7 1/4"	February 21, 1987 @ Northern Arizona
8.	Marin Schweigert	5' 7"	February 26, 2011 @ MWC (New Mexico)
9.	Kelli Myers	5' 6 3/4"	January 25, 2002 @ Air Force
10.	Anita Marsland	5' 6"	February 16, 1980 @ New Mexico

WHERE PERFORMANCE HAPPENED**POLE VAULT**

1.	Bridgid Isworth	13' 2 1/2"	February 27, 2003 @ MWC (Air Force)
2.	Whitney Johnson	13' 1 3/4"	March 3, 2006 @ Air Force Last Chance
3.	Margo Tucker	13' 1 1/2"	January 22, 2011 @ Cherry & Silver
4.	Amber Menke	12' 10"	February 11, 2011 @ UNM Don Kirby Invt.
5.	Kelly Fortner	12' 5 1/2"	February 26, 2010 @ MWC (New Mexico)
6.	Lauren Jaramillo	12' 1 1/2"	January 29, 2010 @ UNM Lobo Challenge
7.	Nicole Huyge	12' 3/4"	February 23, 2006 @ MWC (New Mexico)
8.	Amber Nolte	11' 11 1/2"	February 9, 2002 @ Northern Arizona
9.	Julia Cook	11' 10"	February 11, 2011 @ UNM Don Kirby Invt.
10.	Nathalie Busk	11' 9 3/4"	February 4, 2011 @ UNM Classic

WHERE PERFORMANCE HAPPENED**SHOT PUT**

1.	Amanda Barnes	49' 4 1/2"	February 24, 2005 @ MWC (Air Force)
2.	Myra Smith	46' 11"	February 29, 1992 @ WAC (Air Force)
3.	Briana Paxton	46' 3 1/4"	February 29, 2008 @ MWC (Air Force)
4.	Sandy Fortner	44' 8 3/4"	February 5, 2010 @ UNM Combined Event
5.	Terry Helleck	43' 7"	March 7, 1980 @ AIAW (Missouri)
6.	Bobbi Hall	43' 0"	February 21, 2002 @ MWC (Air Force)
7.	Lynn Keck	41' 11"	January 28, 1984
8.	Sarah Swartwood	41' 3 3/4"	February 22, 2007 @ MWC (New Mexico)
9.	Debbie Davis	41' 2 1/4"	1979
10.	Missy Wyant	40' 9 3/4"	February 24, 1990 @ Northern Arizona

WHERE PERFORMANCE HAPPENED**20 LB. WEIGHT THROW**

1.	Amanda Barnes	60' 10 3/4"	February 24, 2005 @ MWC (Air Force)
2.	Jamie Fishencord	55' 1"	February 24, 2005 @ MWC (Air Force)
3.	Briana Paxton	48' 10"	February 28, 2008 @ MWC (Air Force)
4.	Tami Williams	47' 11"	February 26, 2010 @ MWC (New Mexico)
5.	Sarah Swartwood	47' 6 1/2"	February 7, 2009 @ New Mexico
6.	Chelsea Stephens	47' 1 1/2"	February 22, 1996 @ WAC (Air Force)
7.	Erin Manning	42' 9 1/2"	February 10, 2007 @ New Mexico
8.	Vanessa Frangos	41' 10 1/2"	February 23, 2006 @ MWC (New Mexico)
9.	Melissa Page	32' 6"	February 3, 1996 @ Northern Arizona
10.			

WHERE PERFORMANCE HAPPENED

DISTANCE MEDLEY RELAY - TIMES		DISTANCE MEDLEY RELAY - WHERE PERFORMANCE HAPPENED	
1.	Milner, Perkins, Darling, Senior	11:34.71@ 2011	11:34.71@ February 25, 2011 @ MWC(UNM)(raw-11:45.39)
2.	Senior, Brazley, Martin, Gibson	11:55.46@ 2010	11:55.46@ February 26, 2010 @ MWC (New Mexico)
3.	Luna, Zarrella, Lucy, Murphy	11:56.70@ 2006	11:56.70@ February 23, 2006 @ MWC (New Mexico)
4.	Swann, Hansen, Lucy, Gallegos	12:07.34@ 2004	12:07.34@ February 26, 2004 @ MWC (Air Force) yards
5.		12:08.80@ 2009	12:08.80@ February 28, 2009 @ MWC (Air Force)
6.	Gallegos, Burr, Lucy, Hall	12:26.83@ 2005	12:26.83@ February 24, 2005 @ MWC (Air Force) yards
7.		12:30.59 2008	12:30.59@ February 27, 2008 @ MWC (Air Force)
8.		12:35.05 1997	12:35.05 February 22, 1997
9.		12:54.96@ 2002	12:54.96@ February 2, 2002 @ Nevada
10.	McCabe, Pritchard, Candelaria, Brasher	12:55.54@ 2007	12:55.54@ February 22, 2007 @ MWC (New Mexico)



University of New Mexico Outdoor Track & Field “Wolftracks” News, Views, Reviews, Previews

March 25-26 Stanford Invitational
March 25-26 Arizona State Invitational

The 2011 outdoor season got underway as the Lobo team split between the Stanford Invitational and the Arizona State Invitational. At the Stanford meet in Palo Alto, California which has become the best distance running mecca in the NCAA ten athletes competed. Sr. **Alex Willis** (Lake County, Leadville, CO) won his section of the 3000 Steeplechase in exciting fashion and earned a new PR of 8:59.85 in the process. The 14 athletes in the race stayed together for the first four laps (1600 meters) running laps of around 71 seconds. After the 1600 meter point the race split with about 6 runners putting a gap between themselves and the following group. Alex stayed in the front group and did not look in difficulty. It stayed that way until 1800 meters when a Colorado State runner spurted away from everyone and put about 30 meters on the chase pack. At about 2400 meters Alex pushed to the lead of the chase pack taking over second place, but was still about 30 meters behind the leader. Going into the bell lap that gap stayed the same and it looked like AW would settle for second. But with about 300 meters to go Alex came to life and started pushing up the backstretch. His turnover was significantly better than the leader, but he was still quite a way back from the Ram. He narrowed the lead to about 20 meters at the water jump, and came off with renewed energy. AW got within about 10 meters at the last barrier at the top of the homestretch and when he came off picked up another gear and came flying down the straight. With about 15 meters to go Alex got alongside the CSU runner and went by him crossing in a lifetime best and moving to #7 all-time at UNM. Over in the ladies steeplechase froshie **Nicola Hood** (Glasgow, Scotland) ran within the group almost the entire way collecting a fine 10:33.57 effort in the process and moving to #3 all-time at UNM. For an early season competition that time is very promising as her PR was set in June, 2009 when she ran 10:24.23 at the Aviva World Track & Field Trials in Birmingham, England. The 5000 found sr. **Vanessa Ortiz** (Cibola, ABQ, NM) leading the trio of Lobos across the line as her 17:07.57 just missed her PR by a scant 27/100ths. Froshie **Kaitlyn Barry** (Liberty Christian, Flower Mound, Texas) was right on Vanessa's heels with her 17:08.50. Snagging a huge PR was **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) who clocked a 17:15.76 well under her old best of 17:42.96. Sr. **Brock Hagerman** (Markleville, IN) was the top Lobo in the men's 5000 as he clocked 14:14.55 well under his old PR of 14:27.34. Also grabbing a new PR was soph. **Sean Stam** (Rio Rancho, NM) who finished in 14:36.52 besting his old PR of 14:39.84. In the longest race of the evening jr. **Sarah**

Waldron (Pudleston, England) toured the 25 laps to the tune of 33:51.08 moving all the way to #2 all-time at UNM. Sarah ran comfortably and conservatively in the race which shows she has lots of gas left in the tank for later on in the season. Classmate **Kirsty Milner** (Rivington and Blackrod, Bolton, England) moved to #7 all-time at UNM with her first ever 10,000 meters. KM clocked a fine 34:37.38.



Sophomore Zach Smith powers down the runway in the Long Jump

In Tempe, Arizona the two-day ASU Invitational was highlighted by wonderful sunny skies and warm temperatures during the few events contested in the afternoon, then cool conditions at the major part of the meet at night. The wind negated many fine performances as athletes tried to adjust to the consistent winds. The Pole Vault found **Amber Menke** (Cibola, ABQ, NM) hitting a big PR as she took her former best of 12' 1/2" and added nine inches to it. Amber opened up at 11' 3 3/4" and cleared on her first attempt before moving on to 11' 9 3/4" where it took her two jumps to clear. She then nailed 12' 3 1/2" on her first attempt before moving on to 12' 9 1/2". It took AM three attempts to clear her new PR before moving the crossbar up to 4.05m (13' 3 1/2"). She didn't clear that height and settled for second place in the competition clearing the same height as the winner. Amber



Soph. De'Vron Walker (Dominguez, Los Angeles, CA) led the Lobos in the 110 Hurdles with a 14.80 clocking run into a 1.1 meter headwind.



moves to #3 all-time at UNM with her performance. In the men's Pole Vault froshie **Logan Pflibsen** (Streator, IL) was able to place fifth with his best height of 16' 2 3/4". One of the top stories of the meet was the return of sophomore **Zach Smith** (Kentlake, Kent, WA). Last year during the indoor season Zach seriously hurt his knee during a competition and had to undergo surgery. After a long rehab process all summer long, that carried on during the fall, Zach had to undergo



Sr. Alesha Walker powering off the Long Jump board

another knee surgery setting him back further. But not to be denied his hard work and focus on competing this outdoor season were realized as he came out and led the Lobo Long Jumpers with a 23' 1 1/4" effort, two inches better than his longest during the 2010 indoor season. His outstanding return should send a clear message to all that if one stays focused, stays positive, stays diligent good things can come their way. Welcome back Zach! Keeping with sand stories froshie **Warrick Campbell** (Highland, ABQ, NM) placed fourth in his specialty, the Triple Jump with a solid 48' 8" effort. By the time the TJ was contested the winds were quite strong and kept all the jumpers guessing at how best to control the currents, and WC did a solid job adapting to those conditions. Froshie **David Brown** (Cameron Yoe, Texas) who had been off for almost a month with a foot injury came back to grab sixth place with his 47' 1" effort. For having had his foot in a boot and not being able to practice for several weeks that was a solid jump. In the women's Long Jump senior **Alesha Walker** (Killeen, Texas) spanned a solid opening competition jump of 19' 10 1/4" which placed her second on the day, while sophomore **Precious Selmon** (Crystal City, MO) took seventh with an 18' 10 3/4" PR. Precious also hit a PR in the 100 Hurdles as she recorded a 14.33 clocking with only a slight 0.8 tailwind. Sophomore **Shirley Pitts** (Bonanza, Las

Decathlete Richard York snagged a PR in the 110 Hurdles lowering his best from 15.37 to 15.25.....which in Decathlonese means more points for the total!



Vegas, NV) clocked a 56.89 which seems to place her slightly ahead of where she was last year as she did not run faster than that (56.62) until the UTEP meet on April 10th, which was run under ideal sunny conditions.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol.

Results from Stanford Invitational, March 25-26, 2011

Women

1500	Emma Reed 4:45.13		
3000SC	Nicola Hood 10:33.57 (2,5)		
5000	Vanessa Ortiz 17:07.57	Kaitlyn Barry 17:08.50	Shawna Winnegar 17:15.76 PR
10,000	Sarah Waldron 33:51.08 (2,2)	Kirsty Milner 34:37.38 (7,x)	

Men

3000SC	Alex Willis 8:59.85 (7,x) PR	
5000	Brock Hagerman 14:14.55 PR	Sean Stam 14:36.32 PR

Results from Arizona State Invitational, March 25-26, 2011

Women

100	Kayla Fisher-Taylor 12.37		
200	Kayla Fisher-Taylor 25.33	Marin Schweigert 28.68	
400	Shirley Pitts 56.89	Julie Brasher 63.06	
100H	Precious Selmon 14.33 (7,x) PR		
400H	Kim Perkins 63.51		
4x400	Kim Perkins 59.9, Tawsha Brazley 58.0, Brasher 61.5, Kelchner 62.6	4:02.49	
LongJ	Alesha Walker 19' 10 1/4" (2nd)	Precious Selmon 18' 10 3/4" (7th) PR	Deanna Young 18' 1/2"
	Asal Salehpoor 17' 7 1/2"		
TripleJ	Asal Salehpoor 36' 3 1/2" (6th)		
HighJ	Marin Schweigert 5' 2 1/4" (7th)		
PoleV	Amber Menke 12' 9 1/2" (2nd) (3,5) PR	Julia Cook 11' 3 3/4"	Margo Tucker NM

Men

100	Richard York 11.37		
200	Thomas Trujillo 22.47	Derek Montoya 22.79	
400	Brian Wilson 52.25		
110H	De'Vron Walker 14.80	Brian Wilson 15.02	Richard York 15.25 PR
	Sam Potter 16.12		
400H	Yusuf Muhammad 54.41	Chaz Lewis 54.65	Chad Clark 56.68
4x400	Chaz Lewis 50.0, Yusuf Muhammad 50.3, Chad Clark 50.3, Sam Potter 51.6	3:22.48	
LongJ	Zach Smith 23' 1 1/4" (5th)	Sam Potter 22' 7 3/4" (8th)	Richard York 22' 4 1/4"
	David Brown 21' 11 1/2"	Warrick Campbell 20' 7 3/4"	
TripleJ	Warrick Campbell 48' 8" (4th)	David Brown 47' 1" (6th)	
PoleV	Logan Pflibsen 16' 2 3/4" (5th)		
Hammer	Matthew Henry-Marshall NM		
Discus	Matthew Henry-Marshall 144' 2"		
Javelin	Mike Ellis 168' 1"		



University of New Mexico Outdoor Track & Field “Wolftracks” News, Views, Reviews, Previews

April 1-2, 2011 University of New Mexico Tailwind Invitational

Home-Tastic

The only home outdoor meet on the 2011 Lobo track & field schedule produced record high temperatures, intense sunshine, and a bevy of outstanding performances. One would always hope that a team gets jacked for a home contest as family, friends, and the comforts of home all play into the possibility of good things happening. With the very short outdoor season many of the athletes needed to step up and have a good day as meets coming up on the schedule have qualifying standards to participate. When all was said and done the Lobo teams definitely took a step forward in the development of a program that will go to the Mountain West Conference Championship in six weeks and score lots of points.



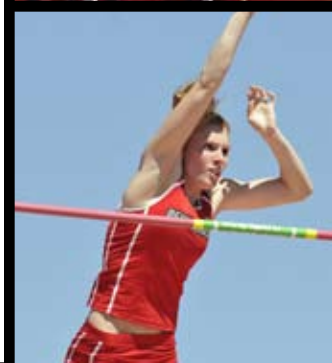
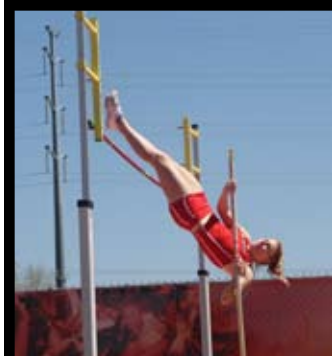
Sophomore sprinter Tawsha Brazley had to get her Winnie-the-Poo umbrella out to try to stay cool under the intense sun

Women's School Record - Pole Vault

Coming into the Tailwind Invitational jr. **Amber Menke** (Cibola, ABQ, NM) had an outdoor best of 12' 9 1/2" set last week at the Arizona State Invitational. Froshie **Margo Tucker** (Indianapolis, IN) had cleared 13' 1 1/2" during the indoor season. Both were taking aim at the outdoor school record of 13' 1/4" set in 2006 by Whitney Johnson who set her mark on April 29th at the Don Kirby Invitational. With a nice tailwind of between 1-3 meters per second at their back it was an ideal time to fly high. Both athletes passed the early low heights and entered the competition at 11' 1". Amber missed once, while Margo cleared the bar. At 11' 7" both missed their first attempt, but made the second one. Raising the bar to 12' 6 3/4" Margo nailed it on her first attempt while Amber took two tries. Then the bar was raised to 3.98m or 13' 3/4", just above the existing school record. Amber came down the runway, got a solid plant, and soared over the bar. Margo missed her first attempt, but then scaled the bar on her second attempt. Then the bar was raised to 13' 3 1/2" which neither of them could attain. Amber was awarded the higher finish place in the meet due to her no miss at 13' 3/4" and Margo's one miss but they will share the new school record.



**AMBER
MENKE**



Selmon Clicks Off Hot Hurdle Race to Move to #2 All-Time

Sophomore Precious Selmon (Crystal City, MO) entered the Tailwind meet with a 100 Hurdle best of 14.33 set last week at Arizona State. In that race she had just a slight tailwind of +0.8 (for a record the

aiding wind cannot exceed 2.0 meters per second). The 100 Hurdle race was turned around by Head Coach Joe Franklin so all athletes could take advantage of the slight aiding wind which was blowing between +0.9 to +1.8mps. Precious, who had had a good practice during the week used that technical advancement to blast out of the starting blocks, and get into a fast, consistent rhythm over the hurdles. PS is shown halfway through the race which she won in an altitude adjusted time of 13.66, a big PR. That time also is well under the final qualifying performance accepted last year into the NCAA First Round Qualifying meet (13.93). It also moves Precious up to the #2 all-time fastest performer with the #5 fastest performance behind former Canadian Olympian Angela Whyte who clocked a blazing 13.41 in her time at UNM.



Henry-Marshall Takes Discus Title

Sr. Matthew Henry-Marshall (Albuquerque, NM) did not have a productive Hammer competition on Friday afternoon throwing three sector fouls and not getting a legal mark. But each day is a new beginning and in Saturday's Discus MHM focused on the resiliency needed to rebound from the previous event. His second round toss of 156' 7" ended up being the top throw of the day, outdistancing second place by about four feet.



Spencer Hits HUGE Jump

For those that follow NFL football the name Darrelle Revis of the New York Jets is common. Most experts believe Revis, a cornerback for the Jets is the best athlete in the NFL. After a protracted contract dispute this past summer Revis finally signed with the Jets and started the season after missing all of training camp. But right off the bat Revis strained his hamstring and had to miss games and practice. Then after coming back from rehab he again strained the hamstring on September 19th trying to cover All Pro wide receiver Randy Moss. After missing more games rehabbing for a second time Revis returned to competition. He stated that in the back of his mind

he wondered if the hamstring would hold up, and that the psychological barrier of the injury was sometimes more difficult to deal with than the physiological, just waiting for it to go again. And why is this story important? Sophomore **Kendall Spencer** (San Mateo, CA) burst on the scene last year as a froshie and during the indoor season ran very fast over the 60 meter sprint distance, and also Long Jumped 24' 3". But then Kendall injured his hamstring and had to miss last years outdoor season. After rehabbing all summer and fall he re-injured it again this indoor season just as he was starting to get back into top level competition. So KS had to return to rehab and the doubts that come with it. Each week teammates would ask Kendall, "Hey are you going to compete THIS week" and he would say, no, I'm not ready. Some probably thought he might never compete again. Kendall wasn't even entered in the Tailwind meet since he wasn't sure if he was ready for competition. But on Thursday he stated that he simply had to beat the demon of the injury and if he had a good practice on Friday, would enter the meet. So on Saturday KS entered the Long Jump as a late entrant. And how did it go? On his first jump Kendall came down the runway, hit the board, and sailed to a 23' 8 1/4" distance. That would have won the meet right there but he took three more jumps and on his fourth attempt nailed a 24' 9 1/4" monster which unfortunately was aided by a +4.2 non-legal wind. But that is secondary to the important return of a key cog in the Lobo machine. Froshie **David Brown** (Cameron Yoe, TX) upped his seasonal best in the Long Jump as he went from last weeks 21' 11 1/2" to this weeks 23' 4 3/4" PR. DB placed third in the competition with that jump. Last weeks team leader **Zach Smith** (Kentlake, Kent, WA) also improved to a new seasonal best of 23' 2 1/2", good for fourth place.



KENDALL SPENCER

Kendall Spencer is shown leading teammates Warrick Campbell, Yusuf Muhammad, and David Brown in a clap trying to get the crowd energized for teammate Zach Smith as ZS gets ready to jump.

Walker Back Over 20' in Long Jump

Sr. **Alesha Walker** (Ellison, Killeen, TX) is one of only five Lobo women who have ever jumped over 20' in the Long Jump, and she leads that elite group with her school record 21' 4" distance from April 12th, 2008 at UTEP. AW has gone over the 20' barrier on six different occasions and she added another to her resume with a 20' 4 1/4" effort, which ended up second place in the meet, just a scant 3/4" away from the lead. Alesha got that jump on her sixth and final jump in the competition which shows good concentration on the task at hand and the philosophy that all you need is one jump. Backing up Alesha was Precious Selmon who PR'd at 19' 11" adding over one foot to her previous PR and moving all the way up to #7 all-time at UNM. Pictured is Alesha reaching for every inch she can muster and then a picture of classmate **Asal Salehpoor** (La Cueva, ABQ, NM) doing likewise. AS hit a seasonal best of 18' 3 3/4".

ALESHA WALKER



GABE ARAGON LEADING OFF



4 X 400 RELAY TEAMS END MEET ON HIGH NOTE

There is always good natured banter on a men's Track & Field team as testosterone sometimes gets in the way of common sense but its all in fun (hopefully). This year UNM has a large group of athletes who all want to be on

ASAL SALEHPOOR



the 4x400 Relay. Selection to the relay is an honor as the event always closes out a competition and is a source of pride for many. Baylor University has made the 4x400 Relay something they have staked their track resume on for years and if you asked most people in the profession what BU is known for they would instantly say the relay. Given UNM has so many talented individuals the coaching staff decided to enter three teams and pit the groups against each other to find out which four were the fastest. The one team was comprised of all 400 Hurdlers with Yusuf Muhammad leading off, then **Chad Clark** (La Cueva, ABQ, NM), **Derek Halladay** (Strongsville, OH), and **Josh Lovato** (Gallup, NM). The second team was made up of mid-distance runners **Gabe Aragon** (Valley, ABQ, NM) leading off then handing to **JP Cordova** (Hope Christian, ABQ, NM), followed by Sam Evans, and anchored by decathlete **Sam Potter** (Cibola, ABQ, NM). The final team was an all Albuquerque group of sprinters with Thomas Trujillo leading off, then Derek Montoya, Warrick Campbell, and Chaz Lewis. On paper the relay quartets were very evenly matched and the entire team was talking about the event all week long. At the gun Gabe, Thomas, and Yusuf took off with Gabe and Thomas getting a slight lead over Yusuf by the halfway point. When they handed off both Gabe and Thomas split identical 48.7's, with Yusuf just a nick back at 49.2. The second leg was handled by JP, Derek, and Chad. Again, JP and Derek ran stride for stride, with Chad trying to put a dent in their slight lead. When they handed off JP split 48.9 with Derek at 49.0 and Chad at 49.6. What an exciting race. The third leg was handled by roomies Sam and Warrick with Derek Halladay running for the hurdle group. Somehow Derek got jolted at the exchange and the baton went rolling on the ground.....oops. When they received the baton Sam got off to a small lead and he and Warrick went up the backstretch just as their teammates had done on the previous two legs, going stride for stride no one seeming to be able to break the other. Down the homestretch it was neck and neck and at the handoff Sam split a superlative 47.9, while Warrick clocked a 48.3. Derrick who had to stop and pick up the baton lost significant ground before handing to Josh. The first two teams had anchor legs Chaz and Sam Potter. They both ran well with Chaz getting his fastest split ever, a 48.0 with Sam dropping his best to 49.2. Josh who couldn't get back in the mix still ran a fine 49.9. So in the end the first two teams ran 3:14.96 and 3:15.37. Last year the very best 4x400 UNM could put together was 3:17.04 so its nice to see the Lobos have some firepower this season. A good job done by all.

Weeee.....look at me.....Emma's first ever water jump..... and the best part.... she survived:)

Senior Emma Reed (Clevdon, England) ran her first 3000 steeplechase ever and ended up winning the race. An athletes first steeple is always fun since they are initially terrified of the barriers, especially the water jump, and then as the race goes on they start to feel as if they aren't going to die during the race. ER did a nice job navigating the 7 1/2 laps clocking 11:13.32, #6 in UNM Lobo history.





Women's Short Sprint Action

In the 100 meters Alesha Walker competed in the event for the first time since the MWC meet, May 15, 2009 where she ran 12.00. AW did have a 11.93 from March 29th, 2008 at UTEP.

At the Tailwind meet Alesha ran to a windy (3.3mps wind) third place effort of 11.84 while froshie **Kayla Fisher-Taylor** (Montbello, Denver, CO) clocked a PR of 12.00, good for fifth place. Kayla came back in the 200 (pictured) to record another PR as she sprinted to a second place effort of 24.72, dropping off 66/100ths from her previous best. In just her first year KFT is already knocking on the door of the all-time top ten in both sprint events.



Sophomore Tawsha Brazley (Bosque School, ABQ, NM) on the left and classmate Shirley Pitts (Bonanza, Las Vega, NV) on the right coming down the homestretch of the 400. Shirley would run a seasonal-best of 56.05 moving closer to her all-time best of 55.13 in finishing runner-up, while TB clocked a fifth place effort of 57.10.

In the 100 Thomas ran to his fastest legal time since 2009 when he clocked 10.80, good for third place. Derek sped to a lifetime best of 10.88 surpassing last years best of 11.16. Both were only aided by a 1.0mps tailwind.



**CHAD
CLARK**

**CHAZ
LEWIS**

400 HURDLERS TAKE FIVE OF TOP SEVEN SLOTS

Froshies **Chaz Lewis** (Highland, ABQ, NM) and **Yusuf Muhammad** (Chandler, AZ) led the Lobo group of long hurdlers with their lifetime bests of 53.28 and 53.77 even though they ran completely opposite races. Chaz, who likes to get out strong was neck and neck with the eventual winner from Northern Arizona, a fellow freshman from Saudi Arabia who had previously qualified for the IAAF World Junior Championships. It wasn't until the homestretch that the Lumberjack pulled away from CL and Chaz's stride pattern was rock solid until hurdle #10 where the fatigue of the hot early pace caused him to chop his steps. Yusuf on the other hand got behind early in the race and was far off the pace until coming to life once he hit the homestretch. YM came roaring down the straightaway looking like he was as fresh as a daisy. Their second and third place finishes were just ahead of the other three Lobos. For Chaz the 53.28 takes down his previous best of 53.60 done last year at the Junior Olympic championships. Yusuf, who came into this year with a best of 56.67 clocked 54.41 last week at ASU. Those performances move them up to #4 & #5 in the MWC.



Ellis Improves Seasonal-Best in Javelin

Freshman Michael Ellis (Mayfield, Las Cruces, NM) opened up his rookie campaign last week at ASU when he tossed the spear 168' 1". This week he had already exceeded that by his third throw (169' 0") but his last two throws were 174' 9" and his final throw a rock solid toss of 181' 2" which moves him into the top 8 of the MWC.



Thomas Trujillo (Rio Rancho, NM) looks the baton right into the hand of **Derek Montoya** (Highland, ABQ, NM) EXACTLY as one is supposed to do in the 4x100 Relay.

David Brown



Campbell Booms Big Triple Jump with Aiding Tailwind

Froshie **Warrick Campbell** (Highland, ABQ, NM) hit the 49 foot threshold during the indoor season (49' 9 3/4") and then opened up the outdoor season last week with a 48' 8" effort with only a +0.8 wind. This week WC only had one legal jump of the four he attempted but that one was a doozy. Warrick extended his all-time best out to 51' 0" to easily take first place. The jump which should qualify him for the NCAA first-round competition, and take over the MWC lead was pushed by a +3.6 mps tailwind. If the jump had been under the 2.0mps rule Warrick would have moved to #6 all-time at UNM. Pictured is fellow froshie David Brown who upped his seasonal-best to 48' 1 1/4", good for second place. DB's jump only had a +0.8 wind, so it will count as a PR. That added one full foot to his opening distance of last week.

4x400 Runs to Solid Early Season Time

Last year the best the Lobo women's 4x400 could do was a 3:48.44 at the MWC Championship. This years edition wanted to surpass that early and then build off of the performance the rest of the season. Tawsha Brazley led off for UNM and split a solid 56.4, handing off to Shirley Pitts. SP sped around the track cruising to a 54.7 effort. Jr. **Rachel Kelchner** (St. Pius, ABQ, NM) was next for the quartet and she clocked a 60.0.

Anchor leg **Kim Perkins** (Clovis, NM) who is pictured during her race finished off the event with her split of 57.4 which gave the group a 3:49.20. The time was good for third place overall in the race.



Winnegar Takes Exciting 1500 Meters - Jr. **Shawna Winnegar** (Santa Fe Prep, Santa Fe, NM) came into the meet with a lifetime best of 4:50.99 done last year at the UTEP Invitational. Early in the race SW let teammates Delyth James, Vanessa Ortiz, and Nicola Hood lead. SW hung around near the front, but not leading. The race went comfortably until 500 meters to go when Shawna slowly moved up, then with 450 meters to go she sprung to the lead. She slowly increased her cadence, and then with 300 meters to go dug down and threw in a hard surge to put about 20 meters between her and the pack. With 200 to go it looked like an easy finish, but then a Utah State runner took aim at SW and started to pull her in. Pictured is Shawna having to drive hard all the way to the finish to hold off the Aggie. Shawna got a PR of 4:35.87.

YOUNG DESTROYS FIELD IN TRIPLE JUMP

Sr. **Deanna Young** (Highland, ABQ, NM) made sure no one in the meet had any idea of taking first place as on her very first attempt she went a windy 43' 2 1/2" more than 2 1/2 feet beyond second place. With the blowing winds kicking up there was no chance of DY getting a legal jump and the big distances will have to wait to another day.

Dodds Hits New PR in Pole Vault
While froshie Logan Pflibsen (Streator, IL) was taking first place with a vault of 16' 2 3/4", sophomore Chris Dodds (Wilson, Westlawn, PA) was upping his outdoor PR from 15' 1" to 15' 3". CD's old PR came last year at the UTEP Invitational.

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Results from University of New Mexico Tailwind Invitational, April 1-2, 2011

WOMEN

100	Alesha Walker 11.84@ (3rd) PR	Kayla Fisher-Taylor 12.00@ (5th) PR	
200	Kayla Fisher-Taylor 24.72@ (2nd) PR	Shirley Pitts 24.79@ (4th)	Marin Schweigert 28.02@ PR
400	Shirley Pitts 56.05@ (2nd)	Tawsha Brazley 57.10@ (5th)	Rachel Kelchner 59.62@ PR
800	Alex Darling 2:13.31@ (2nd) PR	Julie Brasher 2:19.91@ (8th)	Nicola Hood 2:24.33@
1500	Shawna Winnegar 4:35.87@ (1st) PR	Nicola Hood 4:40.00@ (6th)	Delyth James 4:40.31@ (7th)
	Vanessa Ortiz 4:42.02@	Kaitlyn Barry 4:53.92@	
3000SC	Emma Reed 11:12.32@ (1st) (6,x)	Sarah Higgins 11:22.71@ (2nd) (9,x)	
100H	Precious Selmon 13.66@ (1st) (2,5) PR		
400H	Kim Perkins 62.73@ (3rd)		
4x100	Kayla Fisher-Taylor, Tawsha Brazley, Precious Selmon, Alesha Walker	DNF	
4x400	Tawsha Brazley (56.4), Shirley Pitts (54.7), Rachel Kelchner (60.0), Kim Perkins (57.4)	3:49.20@ (3rd)	
LongJ	Alesha Walker 19' 11 1/2" (+1.9) - 19' 10 1/4" (+2.2) - F - 19' 3/4" (+1.3) - F - 20' 4 1/4" (+2.6) (2nd)		
	Precious Selmon 19' 8" (+2.3) - 19' 11" (+1.1) - 19' 2 3/4" (+1.6) 19' 5 1/4" (+1.8) - P - P (4th) PR		
	Deanna Young F - F - 19' 3/4" (+1.6) (5th)		
	Asal Salehpoor F - 18' 1/2" (+1.6) - 18' 3 3/4" (+1.8) (7th)		
TripleJ	Deanna Young 43' 2 1/2" (+5.4) - F - 42' 6" (+3.5) - F - F - F (1st)		
	Asal Salehpoor F - 35' 3 1/4" (+1.6) - F		
HighJ	Marin Schweigert 5' 2 1/4"		
PoleV	Amber Menke 13' 3/4" (2nd) PR	Margo Tucker 13' 3/4" (3rd)	<i>(Both set New UNM Outdoor Record)</i>
	Nathalie Busk 11' 7" (6th)	Julia Cook 11' 7" (6th) PR	Lauren Jaramillo 11' 1"

MEN

100	Thomas Trujillo 10.80@ (3rd)	Derek Montoya 10.88@ (5th) PR	
200	Brian Wilson 23.02@ (7th)		
3000	Allen Pittman 8:49.37		
110H	Brian Wilson 14.93@ (2nd)	Chad Clark 15.79@ (7th)	Sam Potter 15.93@ PR
400H	Chaz Lewis 53.28@ (2nd) PR	Yusuf Muhammad 53.77@ (3rd) PR	Chad Clark 55.02@ (5th)
	Josh Lovato 55.83@ (6th)	Derek Halladay 56.53@ (7th)	
4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Richard York	DNF	
4x400	Thomas Trujillo (48.7), Derek Montoya (49.0), Warrick Campbell (48.3), Chaz Lewis (48.0)	3:14.96@ (2nd)	
	Gabe Aragon (48.7), JP Cordova (48.9), Sam Evans (47.9), Sam Potter (49.2)	3:15.37@	
	Yusuf Muhammad (49.2), Chad Clark (49.6), Derek Halladay (???), Josh Lovato (49.9)		
LongJ	Kendall Spencer 23' 8 1/4" (+1.4) - 23' 5 1/4" (+2.8) - F - 24' 9 1/4" (+4.2) (1st)		
	David Brown 21' 8" (+2.3) - 21' 3 1/4" (+0.2) - 22' 5 3/4" - 23' 4 3/4" (+0.1) - 22' 11 3/4" (+2.4) - F (3rd) PR		
	Zach Smith F - 21' 7 1/2" (+2.7) - F - 23' 2 1/2" (+2.7) - F - F (4th) PR		
TripleJ	Warrick Campbell F - 51' 0" (+3.6) - P - F - P - F (1st)		
	David Brown 46' 10 1/4" (+2.2) - P - F - 48' 1 1/4" (+0.8) - P - P (2nd) PR		
HighJ	Sam Potter 5' 8 1/2" (7th)		
PoleV	Logan Pflibsen 16' 2 3/4" (1st)	Chris Dodds 15' 3" (3rd) PR	
ShotP	Richard York 37' 3"		
Discus	Matthew Henry-Marshall 135' 1" - 156' 7" - F - F - F - F (1st)		
	Brian Wilson 117' 1" - 117' 11" - 122' 8" - P - P - P (8th)	Brad Maestas F - 118' 8" - F	
	Richard York 116' 8" - 109' 8" - 109' 10"	Sam Potter 93' 4" - F - 101' 9"	
Hammer	Brad Maestas 152' 11" (7th)	Matthew Henry-Marshall NM	
Javelin	Mike Ellis 164' 4" - 153' 0" - 169' 0" - 159' 11" - 174' 9" - 181' 2" (3rd) PR		



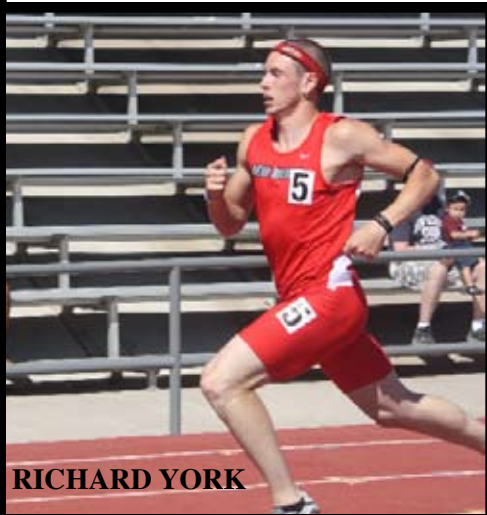
University of New Mexico Outdoor Track & Field "Wolftracks" News, Views, Reviews, Previews

April 6-8, 2011 TEXAS RELAYS
April 14-15 MT. SAC RELAYS

April 8, 2011 SUN ANGEL INVITATIONAL
April 16 UTEP INVITATIONAL

TEXAS RELAYS

The Texas Relays is always one of the nations top track & field meets, and a large percentage of NCAA qualifying marks during the year come from the four day competition. The Decathlon is one of those premier events as other than conference championships which account for 2/3rds of the NCAA spots, the Texas Relays combined event is just about the best place to score high points. Soph. **Richard York** (St. Clair, MO) went to the competition in hopes of exceeding his last

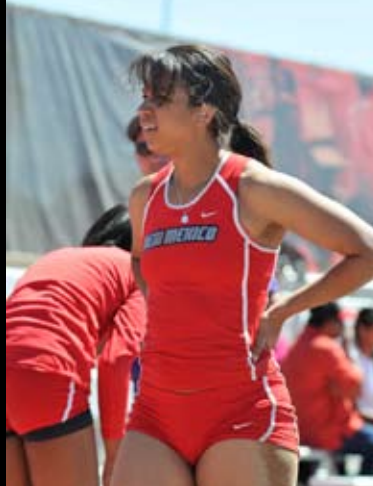


RICHARD YORK

years best total of 7292 done at the MWC Championships, a performance that left him only 21 points shy of qualifying to the NCAA Championships as a froshie. RY got right to work getting better performances than last year in the 100 meters (10.85), Long Jump (23' 3 1/2"), and Shot Put (38' 1/4") building up a 111 point

bulge over last years total after three events. But in the fourth and fifth events of the first day he ran into some difficulty as he couldn't get the High Jump (6' 2 3/4") and 400 meters (49.50) to go his way.

ALESHA WALKER



But at the end of the first day of competition he totalled 3866 points, 56 points better than last year. On the second day he started with a slightly off 110 Hurdle race (15.62), but then got a nice Discus toss (119' 5") and Pole Vault (14' 9") before ending with the Javelin (186' 3") and 1500 (4:36.06). That brought him to a point total of 7389, fourth best in school history, and a point total that has never NOT got into the NCAA Championships. It currently ranks him in the Top 10 of the NCAA. In the Long Jump sr. **Alesha Walker** (Killeen, TX)

back on home soil mixed it up with some of the top women in the nation and came out with a nice fourth place showing with a solid 20' 10 3/4" distance which was aided (as were all the jumps in the competition) by an over-the-allowable 4.9 mps tailwind. Still it was her fourth longest of all time. One week after teammate Amber Menke raised the UNM outdoor Pole Vault record to 13' 3/4" at the UNM Tailwind Invitational, froshie **Margo Tucker** (Indianapolis, IN) added 3" to that mark as she cleared 13' 3 3/4".



MARGO TUCKER

SUN ANGEL INVITATIONAL @ ARIZONA STATE

Instead of the hot sun of the desert the meet should have been called the dark, dreary invitational as an all-time record low for Phoenix on that date greeted athletes from all over the country. With rain and wind it was a most uncomfortable day and night of track & field, but every track & field athlete knows there are days like this, and must learn to deal with the elements in a positive manner. In the 400 meters **Derek Montoya** (Highland, ABQ, NM) lowered his all-time best to 49.29 while froshie **Yusuf Muhammad** (Chandler, AZ) competing in front of a loud home crowd lowered his best over the 400 Hurdles to 53.27. Sr. **Alexandra Darling** (La Cueva, ABQ, NM) dipped under 11:00 in the 3000 Steeplechase as she recorded a 10:52.49, #4 fastest time in Lobo history. She was backed up

DEREK MONTOKA





YUSUF MUHAMMAD



ALEX DARLING

by sr. **Emma Reed** (Clevdon, England) who dropped eight seconds off her previous best to hit 11:05.00, #6 all-time at UNM. The men's middle distance lads had a good evening as jr. **Ross Millington** (Stockport, England) had an exciting battle with a MWC foe over the 1500 meters and ended up second in 3:42.90, just off his all-time best of 3:42.15. Placing third was sr. **Rory Fraser** (Leicester,

England) who clocked his all-time best over the metric mile of 3:44.12, #9 all-time at UNM. 10,000 meter runner **Keith Gerrard** (Isle of Man, United Kingdom) dropped down to do a little speed session and he found his legs under him as he clocked a solid 3:47.52, the equivalent of a 4:05 mile. In the 800 meters sr. **David Bishop** (Cippenham, England) worked on his speed development in preparation for the big 1500 meters at Mt. Sac the following weekend and ran to a PR of 1:51.25, a three second all-time best.

MT. SAC RELAYS

The Mt. Sac Relays on the campus of Mt. San Antonio College in Walnut, California which is about 30 miles east of Los Angeles, has been one of the premier distance carnivals in the country for 53 years. The site has been home to two Olympic Track & Field trials along with 20 World records and each year thousands of collegiate and post-collegiate athletes descend on the meet with one goal in mind - run fast! Fifteen members of the Lobo distance squad made way to the relays with hopes of fast times to place their names alongside the best in the United States. In the 25 lap around the oval 10,000 meter race sr. **Ruth Senior** (Norwich, England) and jr. **Kirsty Milner** (Rivington & Blackrod, Bolton, England) toed the starting line. The race started out fairly quickly as both Ruth and Kirsty started near the back but quickly moved up after two laps. Up front, the eventual winner, Emily Brown from New Balance established herself early and then ran by herself for the remainder of the race without anyone challenging her. Ruth established herself in the second pack of runners and ticked off 80-81 seconds nearly every lap. Kirsty stayed with her for most of the first 5000 but couldn't quite maintain that rhythm after the halfway point. From 5000 to 8000 Ruth and another runner

battled back and forth until Ruth finally pulled away and finished the last 2000 on her own. RS continued to tick off 81's with a fast final lap, and seemed strong and under control the whole way. Ruth's finishing time of 33:42.10 is the second fastest in Lobo lore and she was the top collegiate runner in the race! Ruth's performance places her 15th on the NCAA rankings. For the two Lobo halfmilers, **Gabe Aragon** (Valley, ABQ, NM) and **JP Cordova** (Hope Christian, ABQ, NM) along with 1500 meter runner **Sam Evans'** (Stafford, England) it was flat out hot on the track for their races. All the other races were under pretty much ideal distance running conditions. In Gabe's section of the 800 he went out aggressively with the first 200 in 26 which found him in the lead. The pace slowed and went through 400 in 54.8 with Gabe still in the lead but a large pack immediately behind him. GA continued to lead until 550 meters into the race when he was passed before the turn. With 100 left he was starting to labor slightly but relaxed and finished strong in the last 50 to cross the line in 1:50.93. In another section of the 800 JP ran similar to Gabe in that he went out aggressively and found himself in the lead with the pace slowing after that. At 450 JP was passed but at 500 he immediately moved back to the lead and opened a small gap. He slowed slightly down the stretch and was passed by 1 runner to finish 2nd in 1:52.17. For Sam's section of the 1500 the pace was fast for the first 200 as the group clocked 28 but then the whole pack suddenly slowed. The 400 was passed in 61 with Sam right behind the leader. The pace continued to be slow at the 800 meter point as the leaders passed in 2:04. At this juncture Sam took the lead and pushed the pace back down. SE passed the 1200 split in 3:04, and kicked hard the last 300 but got caught by 1 runner finishing in 3:47.30 a PR. Sam clocked a swift 43 seconds for the last 300 meters of the race. In another section 1500 which was tabbed as the "elite" section sr. **David Bishop** (Cippenham, England) ran to a very fine 3:41.12 clocking which moves him to #5 all-time at UNM but more importantly #7 in the NCAA rankings. DB has been on a terror since the NCAA Indoor meet and looks to be establishing himself as a serious contender for any meet that he enters. In the fast section of the 5000 meters **Rory Fraser** (Leicester, England) and **Ross Millington** (Stockport, England) went out somewhat conservative but established their desired positions immediately with Rory up near the first 1/3rd of the pack and Ross staying out of trouble near the back. The pace quickened to 64s with both Rory and Ross maintaining their positions, and then about halfway through the race both started to move up. Ross did so by picking off people that were falling off the pace and Rory by establishing himself in the top 6 positions. In the last 800 meters of the race Rory started to tie up and lost contact with the leaders while Ross unleashed a furious kick passing many runners. In the end they ended up finishing close to each other with Rory hitting a new PR of 13:39.37 (#4 all-time at UNM) and #3 in the NCA, while Ross was just 5 seconds back in 13:44.10 (#6 all-time at UNM) and #6 in the NCAA. Sr. **Keith Gerrard** (Isle of Man, United Kingdom) was seeded in a different section of the 5000 meters and this race also went out somewhat conservative and Keith found himself boxed in early near the back. Eventually the pack strung out as the pace improved to 65-66 seconds per lap. Keith used this opportunity to move up to front pack and then remained there for a few laps before getting shuffled back. He threw in another surge to establish himself at the 2 mile mark but the effort seemed to take its toll on him and he started to fade. Keith gathered himself well over the last 600 and moved up passing several people in the last lap finishing in 13:58.33. Sophomore **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya) did not have a fast seed time to get into one of the top 5000 sections so he found himself in a slower heat. After

a first two laps of 69 per lap, Nick knew he would have to do all the work if he was going to run a fast time, so he took the lead and started ticking off 65-66 second laps. This quickly strung out the pack with only a few in the race feeling able to keep up with his pace. Nick continued to lead the race until 800 meters remaining at which point there were only a few runners left up front. The pace slowed just a little and a runner went by Nick and he immediately attached himself to this runner. At this point the race was on with both drastically quickening the pace and dropping the remaining runners. Nick closed his last lap in 62 to finish just under 14 minutes (13:59.63) breaking 14 minutes the hard way having to run from the front for 9 of the 12 1/2 laps. Over in the women's 5000 meters sr. **Delyth James** (Morpeth, England) and **Vanessa Ortiz** (Cibola, ABQ, NM) found themselves at the front of the race at the beginning as they seemed to be the only ones hitting a consistent pace early. Both ran side by side for the first mile at 80 seconds per lap before Vanessa started to drift back just a little. Delyth continued to lead through two miles and Vanessa stayed strong running a few seconds back of the lead pack. At this point the front runners moved around Delyth as she slipped to 81-82 second 400's. Vanessa moved up with the second pack and found herself near Delyth with 400 to go. Both kicked hard and maintained their positions through to the finish with Delyth in a PR of 16:40.45 (#9 all-time at UNM), and Vanessa in a PR of 16:41.99 (#10 all-time at UNM). Finally, jr. **Natalie Gray** (Invicta School for Girls, Maidstone, England) toed the line for the fast "elite" section of the 5000 meters. It can be summed up this way..... after an opening lap she ran the next four laps in a 4:53 mile (very, very fast) which propelled her to a lightning fast finishing time of 15:52.73 which establishes a new school record in the event! NG moves all the way up to #5 in the NCAA rankings with that performance.

UTEP INVITATIONAL

The annual UTEP Invitation was a picture-perfect day for track & field. UTEP had a brand new Mondo track that was fast and it was classically sunny, with hardly any wind. The conditions yielded many fine performance by the Lobo athletes. If anyone has ever been to a track meet there are a multitude of sounds, smells, and behaviors which are unique to the competition. Just walk around a meet and ones nose will pick up the smell of hot balms, or like products. Or the sound of a shot putter releasing the ball and a huge grunt comes out. Another unique sound is a phenomenon called the "whoosh" factor or maybe the whoooooooooow factor. As runners in any race come off the final turn heading down the homestretch and someone from the back of the pack starts to make a furious rally and start to catch people, going by one after another, the crowd often in unison will exhale a loud, and big.....whoooooooooow. Well the women's 4x100 Relay team got a nice whoooooooooow from the UTEP crowd. The quartet of froshie **Kayla Fisher-Taylor** (Montbello, Denver, CO), sophomores **Tawsha Brazley** (Bosque School, ABQ, NM), **Precious Selmon** (Crystal City, MO), and anchor leg sr. **Alesha Walker** (Ellison, Killeen, TX) were trying to learn the rhythms of each other and pass the baton effectively. KFT got out well and had a conservative exchange with TB. TB is shown passing to PS. PS ran a good turn and had to use every inch of the exchange zone to get the baton to AW. But by this time happened, the Lobo relay was just about in dead last. Taking off like a scalded rabbit Alesha started churning her legs like never before, and all of a sudden started pulling up on the group and passing one after another. She ran furiously all the way to the finish line leaning hard to take first place. The quartet combined for a 46.23 winning effort, #10 fastest all-time in Lobo history. For those that were there it was a very exciting race and a happy ending. Sophomore **Kendall Spencer** (San Mateo, CA) had a windy 24' 9 1/4" long jump at the UNM Tailwind meet two weeks ago,



**Tawsha passing
the baton to
Precious**

but it was aided by an over-the-allowable 4.2 mps tailwind (hence the name of the meet). This week he got a solid 24' 8 1/4" leap, but with a legal 0.2 mps wind. KS, who leads the MWC in the Long Jump by over eight inches is slowly rounding into form. In the women's Pole



**KENDALL
SPENCER**

Vault soph. **Julia Cook** (Lake Central, Dyer, IN) and froshie **Nathalie Busk** (Provititis, Sweden) both cleared the 12' foot barrier as they PR'd with clearances of 12' 2". That height clearance moves them both to #7 all-time outdoors at UNM. Nathalie is shown on the runway using excellent speed to prepare herself for the plant into the box. Froshie High Jumper **Django Lovett** (Brookwood Secondary, Langley, BC) opened up his outdoor season with a nice early season clearance of 6' 11 3/4" which moves him to #7 all-

time at UNM. DL had a nice approach and excellent plant step/block on his jump and as he is able to get in more repetitions in practice will move well past the 7' 0" barrier. Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) ran the 200 meters and clocked a new PR of 24.61. SP has looked very sharp over the 200 distance and now will turn her



**Froshie Nathalie Busk is flying down the runway as she heads
to a new PR of 12' 2"**

attention to running a fast 400. In the 100 Hurdles sophomore **Precious Selmon** (Crystal City, MO) sprinted to a winning effort of 13.76, the 7th fastest time ever in Lobo history. PS came back later in the day to finish second in the Long Jump with her leap of 19' 8 1/4" just a little shy of her PR of 19' 11". Spear chucker **Mike Ellis** (Mayfield, Las Cruces, NM) didn't get off his best distance of the season, but still ended up placing second in the competition with a best distance



The UTEP scoreboard flashed just what we like - a Lobo on top (Precious Selmons winning effort in the 100 Hurdles).

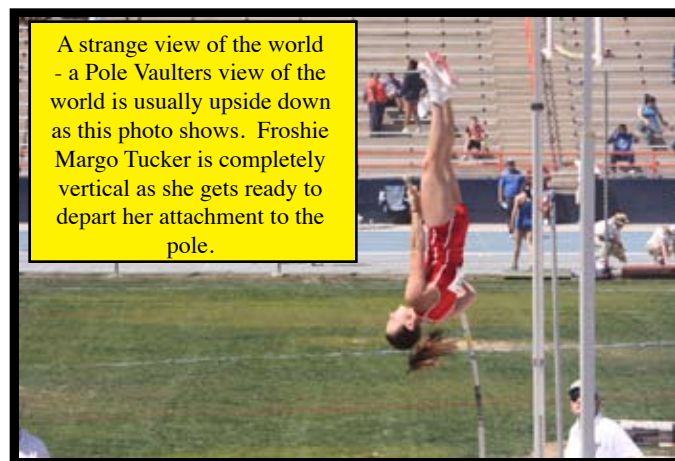
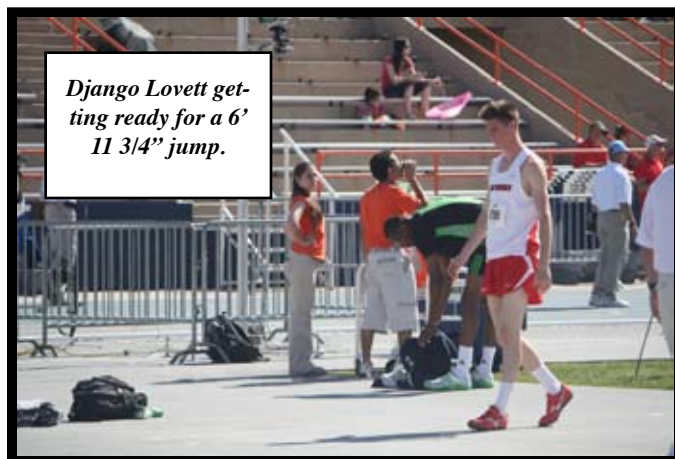
of 177' 9". ME currently ranks #9 in the Mountain West Conference. After the 4x100 Relay was done Kayla Fisher-Taylor came back later in the afternoon to sprint a PR of 11.99 in the 100 meters, which placed her sixth on the day. In the Triple Jump froshie **Warrick Campbell** (Highland, ABQ, NM) got off his best legal jump of the season as he hopped, stepped, and jumped to a 49' 9" distance. The wind was only 1.7mps, under the 2.0 necessary for any legal standing. While he



struggled in the early rounds, sr. **Matthew Henry-Marshall** (Albuquerque, ABQ, NM) got off his seasonal-best in the Hammer with a 171' 3" distance, which placed second in the meet. MHM is currently #8 in the MWC. Finally, in the Pole Vault **Kyle Walker** (Rio Rancho, NM) got untracked and into the groove as his 16' 3 3/4" effort was the top of the day. Froshie **Logan Pblibsen** (Streator, IL) cleared the same height as KW, but had one more miss than his teammate. KW moves up to #8 in the MWC rankings.



Kyle Walker heading for payday in the Pole Vault



WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. As per NCAA protocol no record can be established in the sprints or jumps with an aiding tailwind over 2.0 meters per second (mps).

Results from Texas Relays, April 6-8, 2011

WOMEN

100H Precious Selmon 14.02 (+4.4)
LongJ Alesha Walker 19' 8 1/2" (+3.0), 20' 1 3/4" (+5.7), 20' 3 3/4" (+4.9), 19' 7 3/4" (+1.6), F - **20' 10 3/4" (+4.9)** (4th)
Deanna Young F - 18' 4 1/2" (+1.9) - F

TripleJ Deanna Young 40' 9 3/4" (+3.), 38' 5" (+1.9), **42' 4 1/4" (+1.8)**, 41' 8 1/4" (+3.3), F, P

PoleV Margo Tucker 13' 3 3/4" (1,1) **UNIVERSITY OF NEW MEXICO OUTDOOR RECORD**
Amber Menke 12' 2"

MEN

PoleV	Logan Pflibsen 16' 6 3/4" PR	Kyle Walker NM		
Dec	Richard York 7389 (8th) PR	100 10.85 (+4.4)	110H 15.62 (+2.0)	
		LongJ 23' 3 1/2" (+2.7)	Discus 119' 5"	
		ShotPut 38' 1/4"	PoleVault 14' 9"	
		HighJ 6' 2 3/4"	Javelin 186' 3"	
		400 49.50	1500 4:36.06	

RESULTS FROM SUN ANGEL INVITATIONAL @ ARIZONA STATE, April 8, 2011

WOMEN

100 Kayla Fisher-Taylor 12.45 (-1.2)
200 Shirley Pitts 24.81 (-1.2)
400 Tawsha Brazley 58.54
3000SC Alex Darling 10:52.49 (5th) (4,10) **PR** Emma Reed 11:05.00 (6,x) **PR**
400H Kim Perkins 63.18
4x400 Kim Perkins (59.9), Shirley Pitts (58.0), Kayla Fisher-Taylor (60.9), Tawsha Brazley (60.7) 3:59.70

MEN

400 Derek Montoya 49.29 **PR**
800 Sam Evans 1:50.72 (8th) David Bishop 1:51.25 **PR**
1500 Ross Millington 3:42.90 (2nd) Rory Fraser 3:44.12 (3rd) (9,x) **PR** Keith Gerrard 3:47.52
Nicholas Kipruto 3:47.98
110H De'Vron Walker 15.32
400H Yusuf Muhammad 53.27 (7th) **PR** Chaz Lewis 54.01
4x100 Thomas Trujillo, Derek Montoya, De'Vron Walker, Warrick Campbell 42.17 (5th)
4x400 Thomas Trujillo (49.6), Warrick Campbell (52.1), Sam Evans (49.6), Chaz Lewis (49.6) 3:21.23
LongJ Kendall Spencer 21' 11 1/2" Warrick Campbell 20' 2 1/4"

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Results from Mt. Sac Relays, April 14-16, 2011

MEN

800	Gabe Aragon 1:50.93	JP Cordova 1:52.17	
1500	David Bishop 3:41.12 PR (5,x)	Sam Evans 3:47.30 PR	
3000SC	Sean Stam 9:14.78 PR		
5000	Rory Fraser 13:39.37 (2nd) PR (4,4)	Ross Millington 13:44.10 (4th) PR (6,8)	Keith Gerrard 13:58.33
	Nicholas Kipruto 13:59.63	Alex Willis 14:28.97 PR	

WOMEN

5000	Natalie Gray 15:52.73 (5th) (1,1)	UNIVERSITY OF NEW MEXICO OUTDOOR RECORD
	Delyth James 16:40.45 (9,x) PR	Vanessa Ortiz 16:41.99 (10,x) PR
10,000	Ruth Senior 33:42.10 (1st) (2,2)	Kirsty Milner 35:09.37

Results from Long Beach State Invitational, April 16, 2011

1500 Shawna Winnegar 4:40.00

Results from UTEP Invitational, April 16, 2011

WOMEN

100	Kayla Fisher-Taylor 11.99 (6th) PR			
200	Shirley Pitts 24.61 PR	Tawsha Brazley 25.13	Kim Perkins 25.62 PR	Marin Schweigert 27.97 PR
400	Rachel Kelchner 58.15	Kim Perkins 59.76		
800	Julie Brasher 2:22.46 (7th)			
3000SC	Sarah Higgins 11:40.20 (2nd)			
100H	Precious Selmon 13.76 (1st) (x,7)			
4x100	Kayla Fisher-Taylor, Tawsha Brazley, Precious Selmon, Alesha Walker	46.23 (1st) (10,x)		
LongJ	Precious Selmon 19' 8 1/4" (2nd)	Asal Salehpoor 17' 8 1/4"		
HighJ	Marin Schweigert 5' 1 1/4" (3rd)			
PoleV	Amber Menke 12' 11 3/4" (2nd) (x,4)	Margo Tucker 12' 11 3/4" (4th) (x,4)		
	Julia Cook 12' 2" (5th) (7,x) PR	Nathalie Busk 12' 2" (6th) (7,x) PR		Lauren Jaramillo 11' 8" PR

MEN

100	Zach Smith 11.30			
200	Thomas Trujillo 21.73	Derek Montoya 21.99 PR		Chaz Lewis 22.21
	David Brown 22.70	Yusuf Muhammad 22.93		
400	Chaz Lewis 48.91	Yusuf Muhammad 49.00		Derek Montoya 49.75
1500	Allen Pittman 4:00.61 (6th)			
110H	De'Vron Walker 14.82 (3rd)	Brian Wilson 14.85 (4th)	Chad Clark 15.36 (8th) PR	Richard York 16.16
400H	Chad Clark 55.63	Derek Halladay 56.23		Josh Lovato 57.70
4x100	NM			
LongJ	Kendall Spencer 24' 8 1/4" (1st)	Zach Smith 22' 7" (7th)		Sam Potter 20' 8 1/2"
TripleJ	Warrick Campbell 49' 9" (5th) (8,x)	David Brown NM		
HighJ	Django Lovett 6' 11 3/4" (1st) (7,x)	Brian Wilson NM		
PoleV	Kyle Walker 16' 3 1/4" (1st)	Logan Pflibsen 16' 3 1/4" (2nd)		Chris Dodds NM
ShotP	Richard York 38' 1 1/4" PR	Brian Wilson 38' 1/4"		Sam Potter 36' 4 1/4"
Discus	Matthew Henry-Marshall 142' 11" (1st)	Brian Wilson 121' 9"		Richard York 119' 9" PR
	Brad Maestas 115' 10"	Sam Potter 110' 0" PR		
Hammer	Matthew Henry-Marshall 171' 3" (2nd)	Brad Maestas NM		
Javelin	Mike Ellis 177' 9" (2nd)			



University of New Mexico Outdoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

April 22-23, 2011 BRUTUS HAMILTON INVITATIONAL

@ UNIVERSITY OF CALIFORNIA (BERKELEY)

COACHES CORNER:

As the 2011 outdoor season is past the halfway point, and the team is starting final preparations for the Mountain West Conference Championship 39 members of the Lobo team traveled to their annual test at the Brutus Hamilton Invitational held on the campus of the University of California (Berkeley). Many positive performance outcomes were achieved at the meet but perhaps the most important outcome was one that had little to do with times, heights, or distances. In any sport team dynamics are critical to the success of the organization. There seemed to be a real sense of finally understanding the importance of each individual being totally committed to contributing to the bigger picture of the team. This was highlighted by a team meeting after the meet was over where Coach Franklin had each person tell something positive that happened to them at the meet. Almost all of the responses were built around the concept of team unity. That sense of team accomplishment will be vital as the conference championship rolls closer and closer and the Lobos must enter the 2011 championship with an "us versus the world" mentality.



Sophomore Shirley Pitts (above) coming off the final turn in the 400 meters while froshie Kayla Fisher-Taylor is pictured to the right in the 100 meters.

Pitts Scoots to Quick Double in 400 & 200

Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) came into the meet with PR's of 55.13 and 24.61 in the 400 and 200 respectively. But with excellent training over the last month and a great facility to race on she clocked fine efforts. In the 400 SP went out strong, but not foolish in the first 200 meters of the race, knowing that her strength could pull in runners ahead of her over the last half of the race. At about 250 meters into the race she started a long, sustained surge that brought her right to the heart of the race with only the final straightaway to traverse. All down the homestretch it was a battle of who could maintain the most rhythm and least amount of deceleration and Shirley got to the finish line in third place with a fine 54.55 clocking, moving all the way to #3 fastest all-time in Loboland. In the 200 meters Shirley, classmate **Tawsha Brazley** (Bosque School, ABQ, NM) and froshie **Kayla Fisher-Taylor** (Montbello, Denver, CO) all were in the same section of the two section race. KFT came out of the block and around the turn like a shot and was leading at the head of the straightaway. All down the straight the three Lobos churned for home and they flashed across the finish line in 24.32 (Shirley), 24.38 (KFT), and 24.94 (Tawsha). Those performances would hold up to place third, fourth, and seventh. Unfortunately, the wind was just a tad over the 2.0 meter per second aiding wind allowed for PR's or records (+2.4) but regardless it was a darn good race.



EVANS HAS SPIRITED BATTLE IN 800

The trio of 800 runners were hoping for a strong field in order to run seasonal-best efforts. Lining up for the Lobos were sophomores **Sam Evans** (Stafford, England), **Gabe Aragon** (Valley, ABQ, NM), and froshie **JP Cordova** (Hope Christian, ABQ, NM). During the first 300 meters of the race Gabe followed right behind the pace-setter while Sam and JP got caught at the back of the 12-man race. As the runners passed the halfway point Sam was making his move forward. Going up the backstretch both Sam and Gabe were at the front of the race side by side. With 200 meters to go the first four had separated themselves by a couple of meters and both Lobos along with an Aggie from Utah State and a Cardinal from Stanford were neck and neck. With 150 meters to go (the picture was taken at that point) Sam has jumped out to a slight lead over an Aggie with Gabe holding on with a slight edge over the Stanford Cardinal and another Aggie. Down the homestretch it



was nip and tuck all the way as Sam battled the blue-clad USU athlete. The Aggie got to the line first with Sam second in a seasonal-best effort of 1:50.15

Henry-Marshall Extends Hammer PR

Sr. **Matthew Henry-Marshall** (Albuquerque, ABQ, NM) came into the meet with a personal best of 174' 7" set two years ago at the Mountain West Conference Championships at Wyoming. That mark moved him into the all-time UNM top 10. On his very first toss of the Brutus Hamilton competition he extended that PR to 174' 11" which ranks him #9 all-time at UNM and moves him up to the #8 position in the current MWC rankings.

This is critical as only the top 8 place at conference.



Froshie **David Brown** (Cameron Yoe, TX) is pictured on the runway on his way to a second place finish in the Long Jump where he sailed to a near PR of 23' 4 1/2" (has a PR of 23' 4 3/4") but he had his best jump while going into a headwind of 1.8 mps, so that could have been a near 24' leap with a tailwind of the same speed.

Walker & Wilson Turn Up Speed in 110 Hurdles

Sophomore **De'Vron Walker** (Dominquez, Compton, CA) came into the Brutus Hamilton with an all-time PR of 14.41, set last year at the Don Kirby Invitational. Sr. **Brian Wilson** (Estancia, NM) had a PR of 14.80 which he did at the same race as De'Vron. In the prelims of the 110 Hurdles DW went 14.53 with just a slight +0.6 tailwind. BW, who was in the same race ran to a 15.19, which qualified him to the eight man final as well. In the final (pictured to the left) De'Vron finished third collegiately with a 14.60 while Brian finished right behind with a PR equalling 14.80 with just another little tailwind measured at +0.7.





RUN-UP



TAKE-OFF



PHASE ONE



PHASE TWO



PHASE THREE

Young Continues Top Placing in Triple Jump
Pictured to the left is a sequential series showing senior Deanna Young (Highland, ABQ, NM) first coming down the runway, then taking off from the board, followed by extension into Phase 1 of the jump, then holding her position in Phase 2, before executing the final jump of the series. As has happened so many times DY ended up at the top of the event, taking it with an easy 41' 2 1/2" effort done into a 1.2 headwind.



4x100 Relay Runs to Seasonal-Best Effort
Pictured is the final hand-off between De'Vron Walker and froshie Chaz Lewis (Highland, ABQ, NM) enroute to a 41.81 clocking.



What are they doing? During a track meet there is lots of down time, so athletes create reaction games to keep them mentally sharp. Here PV'er Kyle Walker is dropping a dollar bill between the fingers of Thomas Trujillo with the object to react and squeeze in time to grab the bill. If one grabs it they keep it.....so do you think he got it or not?

WHAT DO ALL THE SYMBOLS MEAN?

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Results from BRUTUS HAMILTON INVITATIONAL, APRIL 22-23, 2011

WOMEN

100	Kayla Fisher-Taylor 12.24		
200	Shirley Pitts 24.32 (3rd)	Kayla Fisher-Taylor 24.38 (4th)	Tawsha Brazley 24.94 (7th)
	Precious Selmon 25.52	Kim Perkins 25.58	Marin Schweigert 28.14
400	Shirley Pitts 54.55 (3rd) (3,x) PR	Tawsha Brazley 56.92	Rachel Kelchner 59.21
800	Julie Brasher 2:18.44 PR		
1500	Alex Darling 4:26.84 (6th) (10,x) PR	Emma Reed 4:44.38	
100H	Precious Selmon 13.76 (x,7) 14.05 (3rd)		
400H	Kim Perkins 62.53 (4th)		
4x100	Kayla Fisher-Taylor, Tawsha Brazley, Precious Selmon, Shirley Pitts 47.19 (4th)		
LongJ	Alesha Walker 19' 8" (1st)	Precious Selmon 18' 10 1/2" (4th)	Deanna Young 17' 6 3/4" (6th)
	Asal Salehpoor 17' 4 1/4"		
TripleJ	Deanna Young 41' 2 1/2"	Asal Salehpoor 33' 10 1/4"	
HighJ	Marin Schweigert 5' 2 1/4"		
PoleV	Amber Menke 12' 8" (4th)	Margo Tucker 12' 2" (6th)	Julia Cook 12' 2" (7th)
	Nathalie Busk 11' 8"	Lauren Jaramillo 11' 2"	

MEN

100	Derek Montoya 11.11	Thomas Trujillo 11.12	
200	David Brown 23.50		
800	Sam Evans 1:50.15 (2nd)	Gabe Aragon 1:51.64 (7th)	JP Cordova 1:53.68
110H	De'Vron Walker 14.53 14.60 (3rd)	Brian Wilson 15.19 14.80 (5th) = PR	Richard York 15.42
	Chad Clark 15.73	Sam Potter 15.96	
400H	Chaz Lewis 53.70 (3rd)	Yusuf Muhammad 56.23 (5th)	Chad Clark 55.09
	Josh Lovato 56.09	Derek Halladay 57.01	
4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Chaz Lewis 41.81 (4th)		
4x400	Yusuf Muhammad (48.9) PR , Derek Montoya (49.3), Chaz Lewis (48.1), Richard York (40.2)		3:16.14 (1st)
	Derek Halladay (50.7), Chad Clark (49.7), Brian Wilson (52.0), Josh Lovato (50.9) 3:23.84		
LongJ	David Brown 23' 4 1/2" (2nd)	Kendall Spencer 22' 8" (5th)	Zach Smith 22' 1 1/2" (6th)
	Sam Potter 20' 6 1/4"	Brian Wilson NM	
TripleJ	David Brown 45' 5" (5th)		
HighJ	Django Lovett 6' 9 1/2" (3rd)	Richard York NM	
PoleV	Kyle Walker 15' 11" (5th)	Logan Pflibsen NM	
Discus	Matthew Henry-Marshall 145' 11" (5th)	Brian Wilson 12' 3" (6th)	
Javelin	Mike Ellis 189' 4" (2nd) PR		
Hammer	Matthew Henry-Marshall 174' 11" (2nd) (9,x) PR		



University of New Mexico Outdoor Track & Field

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News, Views, Reviews, Previews

APRIL 30 & MAY 1, 2011

STEVE SCOTT INVT. @ CALIFORNIA (IRVINE)

PAYTON JORDAN INVITATIONAL @ STANFORD

PAYTON JORDAN/STANFORD INVITATIONAL

In the men's 800 **Gabe Aragon** (Valley, ABQ, NM) and sr. **David Bishop** (Cippenham, England) were in different sections of the race.

Gabe was up first with six other runners in his section over the two lap race. He went out at the back of the pack as he hit 26 for the first 200 then 53.7 for the 400. Still running at the back GA made a push up the backstretch to try to narrow down the gap with the lead runner and he got to the 600 in 1:21.6, before working real hard to try to get around the folks in front of him down the straight. As Gabe hit the line the clock read 1:49.99, a new PR by almost 1 full second. David coming right behind in the next section ran a very similar race to Gabe going out at the back of the pack hitting 26 and 53.9. DB seemed to lose cadence going up the backstretch as the seven runners in front of him started to pull away. DB got to the 600 meter point in 1:22.0. But coming off the last turn Bish used his strength to press the pace and started to reel in the runners ahead of him. With 50 meters to go DB was almost up to the group and with each step catching them. He would flash across the finish line in second place turning in a 1:50.38 just missing his PR of 1:50.15. In the women's 3000 meter Steeplechase sr. **Alex Darling** (La Cueva, ABQ, NM) came into the meet with a PR of 10:52.49 and exited the meet with a nice new PR of 10:39.79, which moves her all the way up to #4 all-time at UNM and #5 in the Mountain West Conference. In the 5000 and 10,000 meter runs **Ruth Senior** (Norwich, England) and **Natalie Gray** (Invicta School for Girls, Maidstone, England) both ended up crossing the finish line with new UNM school records. Ruth had run the 5000 meters last year dipping under 16:00 with her 15:57.32 clocking which at that time was a UNM record. In this meet she cruised to the top collegiate performance with a 15:48.29. In the longest race of the day, the 10,000 meters Natalie took aim at the UNM school record of 33:32.83 and got just about twelve seconds under with her 33:20.31 clocking which moves her all the way up #8 in the NCAA. On the men's side srs. **Keith Gerrard** (Isle of Man, United Kingdom) and **Rory Fraser** (Leicester, England) took on the 25-lap 10,000 meters. Keith had run a top national time last year when he cruised to a 28:42.51 while Rory was doing his first 10K on the track. Both ran excellent races as Keith clocked 28:27.03 which moves him all the way to #4 in the NCAA, while Rory clocked 28:41.01 which gets him to #8 nationally. Those performances also get them to #6 and #8 all-time at UNM.



HURDLE DUO TAKE OVER TOP SPOTS IN CONFERENCE

The froshie duo of **Chaz Lewis** (Highland, ABQ, NM) and **Yusuf Muhammad** (Chandler, AZ) were slowly, but steadily moving up the conference ranking chart in the 400 Hurdles. They first made the top 10, then moved to #4 & #5 with times of 53.28 and 53.27 respectively. With a solid week of technical practice they came into the Steve Scott Invitational with designs on hitting a big performance. Yusuf, who has been getting out slowly over the first 200 meters of the ten-hurdle race got out quickly and was leading the race at the halfway point. Chaz, who usually get out very fast, was about 3-4 meters off the pace that Yusuf was setting. Their stride pattern was consistent and it seemed like they were both locked into the rhythm necessary to run fast. As they came around the turn before the homestretch they, along with one other runner were almost side by side. Coming down the homestretch Chaz picked up a little speed and inched ahead of Yusuf. With 50 meters to go they were stride for stride and about five meters from the finish the runner in the lane between them just dipped at the line to win the race. Still Chaz clocked 52.27, while Yusuf got 52.39. They are #1 & #2 in the MWC, #42 & #47 in the NCAA West region, and are the #10 and #14 fastest freshman hurdlers in the country. Those performances also qualified them for the USA Junior Track & Field Championships in June at Oregon.



Reed Runs to Big PR in 3000 Steeplechase

Sr. **Emma Reed** (Clevdon, England) moved into the steeplechase this outdoor season and lowered her PR each time she competed in the event. From 11:15 to 11:05 to this weeks 10:52.54, which placed second in the race. ER went out conservatively during the early going, but picked up the pace in the middle portion. Emma moves to #7 in the conference and very close to the standard necessary for inclusion in the NCAA first-round championship.

CORDOVA IN EXCITING DUEL TO FINISH

Froshie **JP Cordova** (Hope Christian, ABQ, NM) came to the Steve Scott meet with the intention of winning the race, and getting a new PR. One out of two isn't bad! The race started off with a nice pack of runners taking it out with JP near the end of the race. He made a nice surge forward to get up near the

lead and throughout the first 600 meters was in good position. Coming off the final turn JP was maybe in 3rd or 4th position but ready to make a move. All down the homestretch JP kept coming and coming and he leaned at the finish line coming up only 3/100ths of a second away from the victory. But he did lower his PR to 1:52.04 and move up slightly in the MWC rankings.



BIG Toss in Hammer
Sr. Matthew Henry-Marshall (Albuquerque, ABQ, NM) was delighted to find out that the meet was giving the premier group six throws. On his first toss of the competition he extended the ball and chain out to 184' 6", a new PR by almost 10'. After a foul, he came back in the third round with another bomb, out to 186' 9". In the finals he threw two fouls, before unleashing a massive toss on his final attempt, which just landed inches outside the sector line. MHM moves all the way up to #5 all-time at UNM following this meet, and 7th in the MWC rankings.



Pitts Flies in 200 Meters

Sophomore **Shirley Pitts** (Bonanza, Las Vegas, NV) had run quite quickly last week at Cal-Berkeley in the 4x100, 400, and 200, but this week was focusing only on one race, the 200 meters. With almost perfect conditions SP cranked out a nice turn, but a more im-

pressive power surge down the homestretch to cross the finish line in a fastest-ever 24.19, good for fourth place. Unfortunately, Shirley's heat (out of 11 heats of the 200) was one of only two that had an over-the-allowable aiding wind (+3.0) which negates any record consideration.



Brian Wilson



Walker Comes Back from Snafu

Sophomore **De'Vron Walker** (Dominquez, Los Angeles, CA) pictured to the left was supposed to run in the fastest section of the 110 Hurdles with all the other top seeded athletes. But due to a check-in mix-up DW got placed in the slowest section of the race, and had to watch all the quick guys run. But he focused on the task at hand and clicked off a solid 14.95 clocking to finish third into a massive 4.8 meter per second headwind. That type of wind smacking you in the face is tough to handle and according to the experts would slow an athlete down up to .40 seconds. Given De'Vron's PR is 14.41 done with a 2.0 tailwind (worth about .11 to the good), this could have been his fastest ever 110 Hurdle race. Sr. **Brian Wilson** (Estancia, NM) who did get to run in the fast section of the race clocked a 15.37, good for seventh place.



**DEREK
MONTOKA**

Derek Montoya took a huge chunk off his 400 meter PR as he lowered it from 49.29 to 48.54.



Lamaar Thomas (center) finished 3rd in the 100 meters.



4x100 Relay Finally Puts Stick-Work Together

The 4 x 100 Relay is a precise animal where four sprinters must work as one to get the aluminum baton around the track. So far this season the relay had had difficulty doing that as their 41.81 seasonal-best was lackluster. Leading off for the Lobo quartet was Thomas Trujillo (Rio Rancho, NM) who had a good, but not their usual great exchange with sophomore Derek Montoya (Highland, ABQ, NM). Still it was solid and put them into the thick of the race. Derek is pictured getting ready to pass the baton to De'Vron Walker, who then transported it to jr. Lamaar Thomas (Friendly, Ft. Washington, MD).

Pictured is DW getting ready to hand off the baton to LT. When all was said and done the relay clocked a much better 40.88, just missing entry into the all-time top ten Lobo performances and getting second place in the meet.



**Tawsha Brazley flies up
the backstretch in the
4x100**

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Results from STEVE SCOTT/CAL-IRVINE INVITATIONAL APRIL 30/MAY 1, 2011

WOMEN

100	Kayla Fisher Taylor 12.16	Alesha Walker 12.19	
200	Shirley Pitts 24.19 (4th)	Rachel Kelchner 26.33	Marin Schweigert 27.73 PR
3000SC	Emma Reed 10:52.54 (2nd) (5,x) PR		
100H	Precious Selmon 14.32 (3rd)		
4x100	NM		
LongJ	Alesha Walker 19' 2 1/2" (2nd)	Deanna Young 19' 1/2" (4th)	Precious Selmon 18' 7 3/4" Asal Salehpoor 17' 6 1/4"
TripleJ	Deanna Young 42' 2 1/4" (1st)		
PoleV	Margo Tucker 11' 9" (5th)	Amber Menke 11' 9"	Julia Cook 11' 2 1/4"
HighJ	Marin Schweigert 5' 1"		
Jav	Lexi Ross 119' 3" (4th)		

MEN

100	Lamaar Thomas 10.97 (3rd)	Thomas Trujillo 11.21	Zach Smith 11.55
200	Thomas Trujillo 21.80 (4th)	Derek Montoya 22.08	
400	Derek Montoya 48.54 (5th) PR		
800	JP Cordova 1:52.04 (2nd) PR		
110H	De'Vron Walker 14.95 (3rd)	Brian Wilson 15.37 (7th)	Chad Clark 15.77
	Richard York 15.77	Sam Potter 16.08	
400H	Chaz Lewis 52.27 (4th) PR	Yusuf Muhammad (6th) 52.39 PR	Chad Clark 56.77
4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas 40.88 (2nd)		
LongJ	David Brown 23' 0" (3rd)	Richard York 22' 9 3/4" (5th)	Warrick Campbell NM
TripleJ	Warrick Campbell 49' 5 3/4" (3rd)	David Brown 47' 3 1/2"	
PoleV	Logan Pflibsen 16' 7 1/2" (3rd) (7,x) PR	Kyle Walker 16' 7 1/2" (4th)	
Hammer	Matthew Henry-Marshall 186' 9" (4th) (5,x) PR		
Jav	Mike Ellis 165' 11" (8th)		

PAYTON JORDAN/STANFORD INVITATIONAL, APRIL 30/MAY 1, 2011

WOMEN

3000SC	Alex Darling 10:39.79 (4,x) PR	
5000	Ruth Senior 15:48.29 (1st) (1,1) PR	UNM OUTDOOR RECORD
	Vanessa Ortiz 17:07.20	Delyth James 17:11.01
10,000	Natalie Gray 33:20.31 (1st) (1,1) UNM OUTDOOR RECORD	

MEN

800	Gabe Aragon 1:49.99 PR	David Bishop 1:50.38
1500	Nicholas Kipruto 3:45.39 PR	
3000SC	Alex Willis 8:59.84 PR	
5000	Allen Pittman 14:57.80	
10,000	Keith Gerrard 28:27.03 (4th) (6,8) PR	Rory Fraser 28:31.01 (6th) (8,x) PR



University of New Mexico Outdoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

MAY 11-14, 2011 MOUNTAIN WEST CONFERENCE CHAMPIONSHIP

@ COLORADO STATE UNIVERSITY

MEN'S SCORES

1. BYU	212
2. NEW MEXICO	177
3. AIR FORCE	139
4. TCU	131
5. COLORADO STATE	101
6. WYOMING	40

WOMEN'S SCORES

1. BYU	191
2. NEW MEXICO	129
3. TCU	98
4. SAN DIEGO STATE	87
5. UNLV	82
6. COLORADO STATE	69
7. UTAH	68
8. WYOMING	56
9. AIR FORCE	35

****MEET RECAP****

Ft. Collins, Colorado: The 2011 Mountain West Conference Championship is what every athlete in the conference prepares for all season long. It is the culmination of one year of hard work and each athlete expects to come to the championship and have great things happen. But mother nature certainly didn't help the championship as on Wednesday when the Decathlon began the state of Colorado was hit with a freak winter storm which delivered snow, rain, sleet, hail, and cold temperatures. That was not exactly the conditions to have athletic excellence in. Thursday was not much better as the cold rain and wind kept coming and coming affecting the second day of the Decathlon. Friday, all the athletes got a major reprieve as warm sunshine graced the entire day, which allowed those athletes to achieve outstanding results in the events that had finals, and most of the running event preliminary rounds. But on the fourth and last day of the championship cold, overcast skies returned affecting everyone's performance. Even though there were many, many fine performances one was left to wonder what would have happened if the sunshine had remained for Saturday's finals. The second place team finishes for both genders is the best combined effort all-time for the Lobos and duplicates the men's finish from last year, and improves on the women's fourth place from 2010. The Lobo men and women tracksters had an exceptional meet but could not take down BYU which on the men's side completed their tenure in the MWC taking every one of the 12 MWC championships they competed in. BYU men are a perennial top-10 NCAA program and the Lobos gave them everything they could. Each time the Cherry & Silver would get within 15-20 points, BYU would come up with another point producer and get the lead back up to 20-25 points. On the ladies side BYU was only 9 points ahead after the completion of day two, but then put on a huge burst Saturday to haul in major points, and put the meet out of reach. For the Lobo athletes more than two dozen of them will now turn their attention to the NCAA first-round qualifying championship at the University of Oregon on May 26-28. It is at this meet they will attempt to finish in the top 12, and get a chance to travel to Des Moines, Iowa and Drake University for the NCAA finals.

YORK DEFENDS DECATHLON TITLE

Defending champion **Richard York** (St. Clair, MO), along with **Brian Wilson** (Estancia, NM), and **Sam Potter** (Cibola, NM) were the three Lobo entrants in the 10-event marathon. In the opening event, the 100 meters despite the conditions Richard peeled off a 10.88 clocking, just off his seasonal best of 10.85, but that 10.85 was done with a whopping +4.4 tailwind at the Texas Relays. Other than that windy Texas race the 10.88 is his fastest ever and also ended up the top performance of all eight decathletes. Sam clocked 11.12 in his first ever 100 while BW finished in 11.25 a new PR. So even though the weather was not cooperating the three men did a fantastic job of putting that aside, and going out and performing at their highest. In the second event, the Long Jump Richard again led the contingent as his leap of 22' 10 3/4" was just slightly off his Texas PR of 23' 3 1/2". but the 809 points he earned for that distance kept him in the lead. Sam hit 21' 11 3/4", while BW went 20' 6 1/2". Right before the third event, the Shot Put hail started falling from the sky, and the large pellets bounced off the red polytan track as the athletes tried to warm up. Obviously, no one in the event tossed the 16 lb metal ball very far under those conditions but RY did enough (35' 4 1/2") to keep the overall lead. Following the hail storm the meet referee made the decision to move the fourth event on the docket (High Jump) indoors for safety reasons, so



RICHARD IN THE
DECATHLON 400

(DECATHLON CONTINUED) at least for one event the athletes got a reprieve from the elements. While it wasn't always artistic Richard scaled a new PR of 6' 5" to claim top honors in the vertical leap. Given how cold everyone was it took a while for the athletes to warm-up and get into the flow of the event. RY started lower than he normally would clearing 5' 10" then scaling 5' 11 ¼", 6' ½", 6' 1 ½", 6' 2 ¾", 6' 4" and then 6' 5". He had one great attempt at 6' 6 ¼" but got 767 points for the effort. Both Brian and Sam cleared a fine 6' 1 ½", which for Sam is an outdoor PR and one bar away from BW's PR. In the final event of day one, the 400 meters the rain had almost stopped, but the wind kept whipping around, so it was not ideal for a fast sprint-oriented race. The New Mexico boys did all they could going 1-2-3, with RY clocking 50.78, Sam 52.19, and BW 52.32. At the conclusion of Day 1 Richard had the overall lead with 3776 points, while Sam was fourth with 3504 and Brian sixth with 3397 points. Day two on Thursday started off just like the day before with cold rain, winds, and just miserable conditions. In the first event of the second day which is the 110 Hurdles the athletes were fortunate to have a +3.6 meter tailwind which at least helped them offset the cold and rain. Brian looked great as he led the entire field with a 14.51 clocking, a huge PR for him albeit windy. Richard clocked a solid 15.27, just slightly off his all-time best of 15.25 while Sam clocked 16.02. The seventh event, the Discus posed problems for everyone as it was so cold and wet the athletes had a hard time gripping the metal rim which is around the platter. There were only two good throws of the entire decathlon field (24 total throws) and Brian happened to get one of those as he spun the plate 123' 9". Richard really struggled to get the disc to fly aerodynamically and he could only manage a 97' 8" distance, well shy of his usual distance. After the completion of the Discus, and for the first time in the competition Richard fell from first place as a BYU athlete climbed to 5067 points with RY at 5053. But that momentary occurrence didn't last long. The Pole Vault was also moved indoors for safety reasons so the athletes got to warm-up and stay dry for a period of time. In the PV Richard came roaring back with an outdoor season PR (15' 1 ¾") to go right back into the lead by 15 points over his Cougar competitor. That exemplifies what focus and competition is all about! Brian had a good vault day as he hit an all-time PR of 14' 2" bringing him up to third place overall. Sam got a nice 15' 1 ¾" clearance but aggravated a leg injury and was having difficulty moving freely after the event was over. In the ninth event of the competition (Javelin) Richard put the competition away



It wasn't until this throw that Richard put the Decathlon competition away.

with a monster 193' 10" toss, which was over 10' farther than anyone else could come up. And that person in second was Brian who came up with a near-PR of 182' to solidify his third place position. Sam meanwhile gutted it out to get off one throw but the spear sailed outside the sector line and it was a foul so he gained no points from the Javelin. Going into the tenth and final event (1500) Richard just had to finish in order to win the championship, while the fourth place athlete could not catch Brian no matter what he did, so a 1-3 finish was locked in. For Sam, he came to the line, tried to run a few meters after the start, but then had to stop due to the pain. Still, he finished seventh in the competition which is remarkable given he got no points for the last two events! When the results were announced Richard came up with a total of 7212 which the history books will show as not his best score to date, but clearly it was his best competition to date given the tough conditions. Brian just surpassed his old PR of 6762 with his 6772 and Sam totaled 5436. The 18 points gained from the Decathlon was a nice jump-start for the men's team.



Brian Wilson came up with a sterling second day to finish his career with his best decathlon score ever.



SELMON TAKES 100 HURDLE TITLE

Soph. Precious Selmon (Crystal City, MO) is shown enroute to a narrow 13.68 to 13.75 victory in the 100 Hurdles over her two main competitors from BYU and Utah. PS came out of the prelims with the fastest clocking of all 16 athletes (13.78) which was done into a negative 0.7 headwind.



L-R: Delyth James, Sarah Waldron, Ruth Senior, Natalie Gray, Kirsty Milner



5000 WOMEN SWEEP RACE GO- ING 1-2-3-4-5

Never done before in MWC history the distance ladies competely and utterly destroyed the field in the 5000 meter race taking the top five scoring places and amassing a massive 33 team points. In order at the finish line were **Natalie Gray** (Invicta School, Maidstone,

England) who clocked 16:23.64 #5 fastest time in UNM history, **Sarah Waldron** (Pudleston, England) who finished in 16:27.61 and moves to the #5 all-time performer with the #7 fastest performance, **Ruth Senior** (Norwich, England) who crossed the line in 16:30.20, #10 fastest performance time all-time,

Kirsty Milner (Rivington & Blackrod, Bolton, England) with a 16:32.66 (#8 all-time) and **Delyth James** (Morpeth, England) with a 16:48.25. Pictured left are four of the ladies in the middle stages of the race just coasting along



SPENCER TAKES LONG JUMP CROWN

Kendall Spencer (San Mateo, CA) lost last outdoor track season with an injury, and this year could not be denied winning an exciting Long Jump competition. Only nine inches separated the first six jumpers, and it wasn't until KS's final jump that he could breathe a sigh of relief. Kendalls' winning effort of 23' 10 3/4" was just four inches better than the runner-up. Grabbing 6th place was froshie **David Brown** (Cameron Yoe, TX) who sailed over the 23' barrier with his 23' 1 3/4" distance, just a tad under his seasonal best effort.



Kendall above reaching for every inch, and David, below flying down the runway.



Alex Darling placed 6th in the 1500 with a 4:30.08



4x100 Takes Runner-Up Slot

The one lap sprint relay of Thomas Trujillo (Rio Rancho, NM), Derek Montoya (Highland, ABQ, NM), De'Vron Walker (Dominguez, Los Angeles, CA) and Lamaar Thomas (Friendly, Ft. Washington, MD) came into the championship with a seasonal best of 40.88 and hopes of getting the baton around the track in about 40.15 to get a chance to challenge the powerful unit of TCU and run at the NCAA first-round championship. With the cool temperatures the best they could do was a 40.93 which was enough for the 8 points. Shown is anchor leg Lamaar Thomas chasing the TCU anchor.



Young Takes Outdoor Triple Jump Title to Match Indoor One

Sr. Deanna Young (Highland, ABQ, NM) had a spirited battle with a San Diego State athlete during the indoor conference meet before finally getting off a big winner and this time she had a repeat performance with the Aztec jumper. Jumping with a slight tailwind DY was able to extend out to 41' 10 3/4", just a scant two inches better than her rival. Deanna finished sixth in the TJ as a froshie, fourth as a sophomore, second last year and now takes the title in her last go-around in the Mountain West Conference.



LOVETT TAKES HIGH JUMP IN PR

Froshie **Django Lovett** (Brookwood Secondary, Langley, BC) came into the championship seeded second, but he made short work of the competition. After the opening bar of 6' 2" two of the ten jumpers were already out. When the bar went to 6' 6" two more exited after that height. With the bar at 6' 8" only four could clear, while at 6' 9 1/2" only three could scale that height. At 6' 11" only Django and a BYU athlete were left in the field, and even though the Cougar got over it, he was not going to go one bar higher. As the only jumper left DL moved the crossbar to 2.18m or 7' 1 3/4", his highest ever. With a smooth approach, excellent plant staying away from the bar, and a nice vertical thrust, he gave himself a chance to clear which he did. The pictures show that sequence of events leading to the victory. Django moves to #5 all-time outdoors at UNM with the clearance and a #7 ranking in the NCAA West regional.



**RUTH
SENIOR**

SENIOR TAKES 3000 STEEPLECHASE TITLE

Practice, who needs practice? One year ago Ruth Senior (Norwich, England) was one of the top steeplers in the country ranking 10th nationally, and qualifying to the NCAA Championships with a 10:09.14 clocking. This year Ruth decided to focus more on the 5000 and 10,000 meter distances where she is highly ranked in both, and had not run a steeple all year. But for the conference meet and the points they bring she entered the event, and ran to a ridiculously easy 10:18.24 finish time, moving all the way up to 25th in the NCAA. This is a solid point for all distance runners.....when you are highly fit and motivated for success, many good things can happen. Finishing in fifth place with a new PR was Alex Darling (La Cueva, ABQ, NM) who lowered her best from 10:39.79 to 10:35.69, a time fastest enough to qualify for the NCAA First-Round Championship.



Kipruto Takes 25 Lap Beast

The 10,000 meters in a conference championship is always an interesting race. Given all the athletes are usually coming back to run either the steeplechase or the 5000 meters later in the meet everyone is always concerned about running just fast enough to do well. But this year's edition of the 6.2 mile race took that to another level. In the picture if it looks like the athletes were smiling and laughing it's because they were. For the first part of the race the athletes were jogging at 6:00 mile pace instead of racing like they would at the NCAA's in 5:00 mile pace. Soph. Nicholas Kipruto (Sugar Academy, Kericho, Kenya) in the white top and sr. Keith Gerrard (Isle of Man, United

Kingdom) in the red jersey were having a ball talking, telling jokes and just fooling around. But once the race got serious after the 5 mile mark the top four runners, two from BYU and Nicholas/Keith flew around the track. It came down to an all out assault over the last two laps and NK was able to outlast a Cougar, winning in 31:38.90 with KG finishing fourth in 31:49.80

A Nice Success Story: Jr. Amber Menke (Cibola, ABQ, NM) came to UNM to be a long jumper, but the coaches at the time thought she could be better at the Pole Vault. Last year, Amber slowly crept up the 11' ranks until she got over the 12' threshold at the Brutus Hamilton Inv. But then at the MWC meet she didn't clear opening height. This year, through hard work and perseverance AM has steadily climbed up the 12' ranks and at the New Mexico Tailwind meet eclipsed the 13' barrier, going 13' 3/4", which at the time was a UNM record. At the 2011 MWC meet Amber dealt with the meet in a very consistent manner clearing 12' 3/4", then 12' 6 3/4", before scaling 13' 3/4". She exited the competition at 13' 4 1/2" which got her second place. Good things always happen to good people!!! Backing up Amber finishing fifth was yearly leader Margo Tucker (Indianapolis, IN) who scaled 12' 3/4".



**AMBER
MENKE**

Walker Takes Runner-Up in Long Jump

Sr. Alesha Walker (Ellison, Killeen, TX) finished second at the MWC Indoor meet with a 19' 11" leap. She improved that distance for the outdoor championship as she flew to a 20' 2 1/4" distance but still took second. But there is an old saying that if you are going to get beat make the other person do good things and Alesha did as she forced the eventual winner to jump a new stadium record. Backing up Alesha grabbing third and fifth were Precious Selmon (19' 4 1/4") and Deanna Young (18' 10 3/4").



ALESHA
WALKER

Getting Your Ducks In A Row

For sophomore **Sam Evans** (Stafford, England) he was in desperate need of getting his ducks in a row. Teetering on the verge of not making it to the NCAA West first-round competition in the 800 meter SE had to come up with a great effort. In the prelims Sam easily qualified for the finals with his 1:49.71. In the finals Sam forced the race right to the finish line as he finished third with an improved 1:49.59 time which most likely will advance him on to Eugene, Oregon.



SAM
EVANS

FOURTEEN TEAM POINTS

There are several events at the collegiate level which are not done at the high school level which means the athletes take time to adjust and learn. The 3000 Steeplechase, the Hammer, 10,000, and the 400 Hurdles are collegiate events, where the Shot Put goes from 12 lbs to 16 lbs, and the Javelin goes up in weight. Throughout the year athletes in these disciplines spend as much time learning about their new endeavor as anything else. For froshies **Chaz Lewis** (Highland, ABQ, NM) and **Yusuf Muhammad** (Chandler, AZ) the 400 Hurdles was a learning experience. Both had been excellent 300 Hurdlers in high school but the transition to the longer race is not always a smooth one. Both had had ups and downs during the outdoor season trying to figure out the rhythm and consistency needed to excel. At the home Tailwind meet both had made nice breakthroughs going 53.28 (Chaz) and 53.77 (Yusuf). Several weeks later at the California (Irvine) meet they again made advancements going 52.27 (Chaz) and 52.39 (Yusuf). Those marks moved them to the top of the MWC rankings, and in contention for an NCAA first-round nod. In the prelims of the MWC meet Chaz got off a solid 52.54 to easily qualify for the final and Yusuf followed suit with his 53.13. They were seeded #2 and #3 in the final running out of lanes 3 and 5. In the final both ran solid technical races and coming off the final turn Chaz was neck and neck with an Air Force Cadet leading the race and Yusuf was several strides back. All down the homestretch CL matched his counterpart stride for stride and off the last hurdle the Cadet picked up several hundredths of a second and used that margin to the finish line. Chaz flew across in a new PR of 51.49 moving to #8 all-time at UNM with Yusuf right behind in third at 52.12 (#10 all-time). Those performances also mean that Chaz is currently the #3 fastest froshie in all the land with Yusuf being #11.



THE HOMESTRETCH BATTLE



Happy faces on the award stand in the 400 Hurdles

Froshie Bounders Take 11 Points in Triple Jump

Newbies **Warrick Campbell** (Highland, ABQ, NM) and **David Brown** (Cameron Yoe, TX) came into the championship with solid chances of scoring and they made sure they carried out their plan to accomplish that team goal. On the cold and windy day which was not great for jumping just about everyone struggled with getting good distances. In fact, only two jumpers extended over 50' and that was only by two inches and one inch. Warrick finished third in his first MWC meet hopping, stepping, and jumping to a 49' 1 3/4" distance. David came up with his longest jump of the year as he sailed out to 49' 1/4". They were the top two froshie finishers in the event. The pictures to the right show the top one where David is getting every inch of the take-off board as he starts his first phase, while the bottom picture shows Warrick holding onto his second phase trying to sail as far as possible.



TIME

Sr. Matthew Henry-Marshall (Albuquerque, ABQ, NM) went into the MWC Championship Hammer event with one goal.....find a way to score! After competition was completed MHM's toss of 180' 3" got 8th place and one valuable point. As was discussed the night before at the team meeting EVERY point in a championship meet is vital!



Pflibsen Clears 17' in Pole Vault

Froshie Logan Pflibsen (Streator, IL) had cleared 17' in high school so he knew the feeling of hitting it solid. Only four men could clear the 17' threshold and LP finished fourth with a new PR of 17' 1 1/2" which moves him to fifth all-time at UNM.



Lamaar Thomas is shown winning his heat of the 100 sprint in 10.62. He came back to place third in the finals with his seasonal best effort of 10.54



Soph. Shirley Pitts (Bonanza, Las Vegas, NV) just missed her PR in the prelims of the 400 as she recorded a 54.90 and then came back in the finals to place fifth with a 55.19.



1500 Meters Finishes Fast & Furious

Just as all the other distance races the 1500 meters was a sit and kick competition where everyone in the race grouped up and ran easily for the first 1000 meters of the event, then **Ross Millington** (Stockport, England) steadily picked up the tempo until the last 300 was an all-out crazy mano-a-mano sprint to the finish. Pictured is NCAA leader Miles Batty of BYU leading the Lobo trio of **David Bishop** (Cippenham, England), Ross and **Rory Fraser** (Leicester, England) down the homestretch to the finish line. That is exactly how the final places were so the Lobo men accounted for 19 team points with the race.

Oeding & Ortiz Place in 10,000
Sr. **Vanessa Ortiz** (Cibola, ABQ, NM) is shown early in the race right near the front, while jr. **Lacey Oeding** (Jasper, IN) is shown cruising at the back of the pack. For Vanessa it was her first 25 lap race while LO placed runner-up in last

years MWC meet. The race was a constant ebb and flow of pacing and by the 8000 meter point (5 miles) Vanessa was caught out all by herself while LO was trying to put a dent into the lead of the BYU runners. Lacey would go on to finish third in the race with a time of 35:13.10 and Vanessa would finish fifth in 35:48.19.



Walker Clocks All-Time Best in 110 Hurdles

Soph. De'Vron Walker (Dominguez, Los Angeles, CA) came into the championship with a PR of 14.41, run during the 2010 outdoor season. In the prelims on Friday under bright sunshine DW sped to a 14.35 effort, easily qualifying him for the final, and also moving him up to #6 all-time at UNM. In the final under gray, cool skies De'Vron came back with a 14.40, good for fourth place.



Willis Steeples to 6th Place: Sr. **Alex Willis** (Lake County, Leadville, CO) came into the MWC meet with a seasonal-best run of 8:59.84 run at the always cozy confines of Stanford University. He is shown in the middle of the race enroute to a 9:07.35, good for three points.



UNM volleyball player turned javelin thrower Lexi Ross (Lakeridge, Lake Oswego, OR) is shown hurling the spear out to a 137' 10" distance, which ended up fifth in the competition. That also moves her to #6 all-time at UNM.



Anchor leg **Alesha Walker** is shown bringing the baton home in the 4x100 Relay where the quartet of Kayla Fisher-Taylor, Tawsha Brazley, Precious Selmon, and Walker combined for a third place finish in 46.41

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. As per NCAA protocol no record can be established in the sprints or jumps with an aiding tailwind over 2.0 meters per second (mps).

Results from MOUNTAIN WEST CONFERENCE CHAMPIONSHIPS @ COLORADO STATE MAY 11-14, 2011

WOMEN

100	Kayla Fisher-Taylor 12.27@	Alesha Walker 12.34@	
400	Shirley Pitts 54.90@ 55.19@ (5th)		
1500	Alex Darling 4:30.08@ (6th)	Kaitlyn Barry 4:40.96@ PR	Shawna Winnegar 4:41.66@
3000SC	Ruth Senior 10:18.24@ (1st) (x,3)	Alex Darling 10:35.69@ (3rd) (x,7)	Emma Reed 11:14.19@ (7th)
5000	Natalie Gray 16:23.64@ (1st) (x,5)	Sarah Waldron 16:27.61@ (2nd) (5,7)	Ruth Senior 16:30.20@ (3rd) (x,10)
	Kirsty Milner 16:32.66@ (4th) (8,x)	Delyth James 16:48.25@ (5th)	
10,000	Lacey Oeding 35:13.10@ (3rd)	Vanessa Ortiz 35:48.19@ (5th)	
100H	Precious Selmon 13.78@ (x,9) 13.68@ (1st) (x,7)		
400H	Kim Perkins 61.68@		
4x100	Kayla Fisher-Taylor, Tawsha Brazley, Precious Selmon, Alesha Walker	46.41@ (3rd)	
4x400	Tawsha Brazley (56.8), Rachel Kelchner (58.3), Shirley Pitts (56.7), Kayla Fisher-Taylor (60.8)	3:53.15@ (8th)	
HighJ	Marin Schweigert 5' 3"		
PoleV	Amber Menke 13' 3/4" (2nd) (x,2)	Margo Tucker 12' 3/4" (5th)	Nathalie Busk 11' 7"
	Julia Cook 11' 7"	Lauren Jaramillo 11' 7"	
LongJ	Alesha Walker 20' 2 1/4" (2nd)	Precious Selmon 19' 4 1/4" (3rd)	Deanna Young 18' 10 3/4" (5th)
	Asal Salehpoor 16' 5 1/4"		
TripleJ	Deanna Young 41' 10 3/4" (1st)	Asal Salehpoor 34' 11 3/4"	
Javelin	Lexi Ross 137' 10" (5th) (6,x) PR		

MEN

100	Lamaar Thomas 10.62@ 10.54@ (3rd)	Thomas Trujillo 10.87@ 11.08@ (7th)	
200	Thomas Trujillo 21.71@ 21.78@ (6th)		
400	Derek Montoya 48.93@		
800	Sam Evans 1:49.71@ 1:49.59@ (3rd)	Gabe Aragon 1:50.22@ 1:51.05@ (7th)	
	David Bishop 1:50.60@ 1:54.70@ (8th)	JP Cordova 1:50.81@ PR	
1500	David Bishop 3:51.75@ (2nd)	Ross Millington 3:52.89@ (3rd)	Rory Fraser 3:54.19@ (4th)
3000SC	Alex Willis 9:07.35 (6th)	Sean Stam 9:18.85@ (8th)	
5000	Nicholas Kipruto 13:48.06@ (2nd) (10,x)	Keith Gerrard 13:50.77@ (3rd) PR	
	Ross Millington 14:02.66@ ((7th)	Rory Fraser 14:11.57@ (8th)	
10,000	Nicholas Kipruto 31:38.90@ (1st)	Keith Gerrard 31:49.80@ (4th)	Alex Willis 32:41.51@
110H	De'Vron Walker 14.35@ PR (6,x) 14.40@ (4th)	Brian Wilson 14.91@ 14.76@ (6th)	
400H	Chaz Lewis 52.54@ 51.49@ (2nd) (8,x) PR	Yusuf Muhammad 53.13@ 52.12@ (3rd) (10,x) PR	
4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas	40.93@ (2nd)	
4x400	Derek Montoya (49.3), Chaz Lewis (47.5)PR, Yusuf Muhammad (48.5)PR, Sam Evans (48.5)	3:14.51@ (5th)	
HighJ	Django Lovett 7' 1 3/4" (1st) (3,4) PR		
PoleV	Logan Pflibsen 17' 1 1/2" (4th) (5,x) PR	Kyle Walker 15' 5 3/4" (6th)	
LongJ	Kendall Spencer 23' 10 3/4" (1st)	David Brown 23' 1 3/4" (6th)	Richard York 22' 9 3/4" Zach Smith 22' 7 3/4"
TripleJ	Warrick Campbell 49' 1 3/4" (2nd)	David Brown 49' 1/4" (4th) PR	
Hammer	Matthew Henry-Marshall 180' 3" (8th)		
Javelin	Richard York 178' 7" (5th)	Mike Ellis 178' 4" (6th)	
Dec	Richard York 10.88 (888 pts) 22' 10 3/4" (809) 15.27 (817)	35' 4 1/2" (533) 6' 5" (767) PR 50.78 (779) 15' 1 3/4" (796) PR 193' 10" (724) 4:46.58 (639) 7212 (1st)	3777 first day total
	Brian Wilson 11.25 (806) 20' 6 1/2" (644) 14.51 (910) PR	36' 3" (549) 6' 1 1/2" (687) 52.32 (711) 123' 9" (618) 14' 2" (708) PR	3397 first day total 6770 (3rd) PR
	Sam Potter 11.12 (834) 21' 11 3/4" (743) 16.02 (730)	34' 11" (524) 6' 1 1/2" (687) 52.19 (716) 15' 1 3/4" (796) NM NT	3504 first day total 5436 (7th)



University of New Mexico Outdoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

MAY 26-28, 2011 NCAA WEST FIRST-ROUND QUALIFYING

@ UNIVERSITY OF OREGON

When someone mentions the northwest part of the country most times folks immediately think about gray skies, rain, cool temperatures, and such. Well, at the 2011 NCAA West First-round qualifying meet at the University of Oregon (Eugene, Oregon) that is exactly what the athletes got. The three day affair began with rain, rain, and more rain.....and oh yeah, temperatures that never got above the 50's and were in the 40's by the end of the meet, and rain each and every day until the meet was concluded. The first-round competition brought about 1700 athletes from the western half of the country to Tracktown USA to try to finish in the top 12 of each event, and earn a ticket to the NCAA finals two weeks later at Drake University in Des Moines, Iowa. This is a curious set-up in that the goal is not to win, but to simply finish in the top 12 of each event, and advance on. Most of the events were predictable with a large percentage of the qualifying spots going to those athletes who were highly ranked all season long. But all competitions have surprises and there were plenty of those. At the end of the competition nine Lobo athletes had made their reservations for Iowa and along with Decathlete Richard York, who did not compete in the first-round will go with a sizable group. The Cherry & Silver stood toe to toe with some of the finest programs in all the land, and came away with many outstanding performances.

Men's Magnificent 5000 Meters

Coming into the meet only 10 men had run under 13:40 in the 3.12 mile, 12 1/2 lap race around the oval. One of those was the Lobo senior **Rory Fraser** (Leicester, England) who clocked in at 13:39. When reviewing the list of entrants there were no less than 20 who had a legitimate shot at finishing in the top 12, and advancing forward to Des Moines. Also entered for the Lobos were junior **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya) and sophomore **Ross Millington** (Stockport, England). The races were divided so that each race had 24 men with the top five finishers in each section and the next two overall fastest times qualifying. Rory was up first and the race went exactly as expected with a large group gathering together and clicking off lap after lap together. In essence, the top athletes want to see who falls off the pace first and then maybe 2/3rd of the way through the race look around and see who hasn't been affected by attrition. Knocking off laps of about 67 seconds still had 14 runners in the pack at the 9:00 mark of the 14 minute race. It only changed



Even at 9:00 into the race there was still a large group around Rory.

slightly by the 11 minute mark as 12 runners stayed in the lead pack. Rory had made the commitment to stay right in the mix, and he was near the front of the pack. When the race got to 2 laps to go (800 meters) the front group changed speed and threw in a 64 second lap, which started to string out the front grouping, although there were still 10 runners going strong. Clearly the exertion was showing on all the faces of the runners as they prepared for one last ditch surge to try and gain one of the valuable finishing spots. With one lap to go everyone was in full throttle and Rory was digging deep to maintain his speed. He ran a fantastic (or had to



*3 day total
attendance
was over
20,000!!!*



Sr. Deanna Young (Highland, ABQ, NM) opened up her Triple Jump series with a 40' 6 1/4" leap which was only one of eight jumpers who could span the 40' threshold given the cold and damp conditions. She extended that out to 41 3/4" on her second attempt before booming a 42' 2 3/4" effort moving her all the way up fifth position (top 12 qualify). In the finals she went over 40' all three times but could not add any distance to the mark she got in the third round. The 42' 2 3/4" distance placed ninth overall on the day and got DY a ticket to Des Moines.

BISHOP ADVANCES TO NCAA FINALS IN 1500 METERS

Sr. **David Bishop** (Cippenham, England) came into the meet with the tenth best time in all of the NCAA and the fourth best seasonal time from the West region in the 1500 meters. In the first round of the 1500 meters DB, a veteran of high-level racing moved to near the front of the race and never let go, making sure he always had a clear path to surge forward if he needed to. His 3:45.22 prelim effort looked easy and was the third fastest of all runners, advancing him forward to the quarterfinal round on Saturday. In Saturday's race Dave did the exact same thing, placing himself in the top half of the race and near the front to make sure he always had the ability to surge forward if needed. The first 300 meters was covered in 44 seconds (sub 4:00 mile pace) and then predictably slowed during the next 400 as the runners cruised around in about 65 seconds. This was the proverbial "calm before the storm" as DB was right in the middle of the 12 man race. Then from the 700 meter point to the 1100



In the prelims Dave always stayed right near the lead.



meter point of the race (the next 400 meters) the intensity turned up as the lead group split a 56 second lap, preparing for the final onslaught of speed. Everyone was up on their toes surging forward and up the backstretch DB pulled near the front of the pack quickening his tempo with each passing stride. Around the final turn and then into the homestretch DB was in full flight legs churning at a high rate. Coming down the homestretch David put his head down and drove hard for the finish line crossing in 3:44.69 (third place) with a scintillating 56.6 final lap. That time would end up as the third fastest time of all runners and gain him a return ticket to the NCAA's.

DB is shown coming down the homestretch in the final 100 meters of the 1500 Final. At this point everyone is maxed out on speed.

LOVETT GAINS NCAA BERTH IN HIGH JUMP

Froshie Django Lovett (Brookwood Secondary, Langley, BC) entered the meet with the seventh best jump (7' 1 3/4") and with the top twelve advancing one would think it would have been easy. That would be a mistake as the cool, damp, sometimes wet conditions negated the highly technical jumpers advantage, and reduced the competition into a free-for-all. Opening height was only 6' 7" yet 11 of the 48 jumpers no-heighted, something that shouldn't have happened based on the talent level. DL easily made his first attempt which placed him in good shape as nine of the jumpers missed at least once at 6' 7" before making it, so Django was already ahead on misses. At 6' 9" another 12 did not clear which when added to the 11 that didn't make opening height meant 23 of the 48 jumpers were already gone. At 6' 9" DL missed once before composing himself to make it on his second attempt. The bar then went to 6' 11", a height which everyone knew would be the height needed to advance to the NCAA's. Just as the previous bar DL missed once before clearing on his second attempt. Thirteen jumpers made 6' 11" so the event had to continue as only 12 were needed to advance. Almost everyone missed 7' 1" so when taking misses into account Django finished 10th.



A successful clearance at 6' 11"

100 METERS

Jr. **Lamaar Thomas** (Friendly, Ft. Washington, MD) was not ranked in the top 48 national ranking list after the Mountain West Conference meet so no one thought he would get into the regional, and he boarded a plane and went home to the Baltimore area. But four days later when final declarations were done, so many athletes scratched that LT moved up to the 46th position and a spot in the meet. So Lamaar hurriedly got on a plane and flew across the country. In the prelims of the 100 meters LT clocked 10.56 finishing third in his heat, advancing him to the next round. LT's performance was the 20th fastest overall. In the quarterfinal round, where 24 athletes are competing for the coveted 12 spots it took 10.55 to qualify which was a time that LT just couldn't muster on this day.



MEN'S & WOMEN'S LONG JUMP

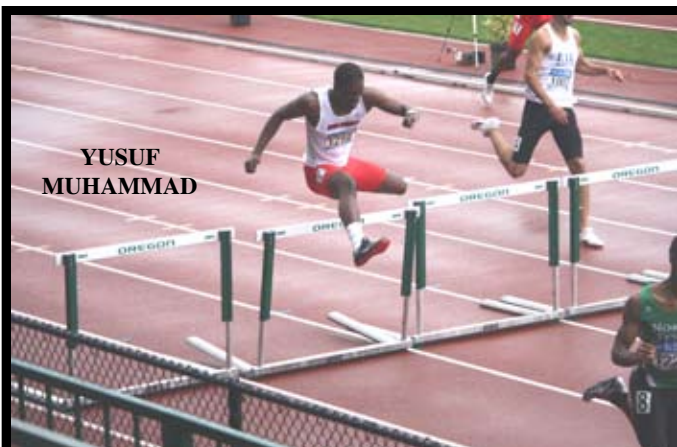
The men's Long Jump started on Thursday with sophomore **Kendall Spencer** (San Mateo, CA) coming in as the 22nd best leaper based on his 24' 8" regular season mark. But with the weather everyone's PR went right out the window. KS opened up with a 22' 3" jump then followed that with a 23' 1 3/4" distance. Sitting about 30th after two jumps KS knew he had to get off a big jump as 24' 3" was the 16th mark. Trying to get all the board Kendall fouled the last jump leaving him shy of getting a bid to the big dance. As soon as the men were done the women long jumpers came onto the track with two Lobos, sophomore **Precious Selmon** (Crystal City, MO) and senior **Alesha Walker** (Ellison, Killeen, TX) entered. PS was first up and she finished with a best of 18' 9 3/4" which didn't qualify for the 16 woman final for three additional jumps. In the second grouping Alesha started off with a 19' 6" effort and followed with a 19' 5 1/2" in the second round. Getting ready for her third attempt in the prelims AW was faced with a "do or die" situation. She was just outside the top 16 which meant she would not advance for three more attempts unless she could jump farther. Despite the cold rain Alesha steadied herself, came down the runway, hit the board nicely, and got off a 19' 9 1/2" leap which moved her up. Whew.....disaster averted. In the finals she started off with a 19' 3" jump before nailing it on her second one, getting out to a fine 20' 3 1/2" distance, moving into the 10th position of all 48 jumpers. That distance assured AW of one more trip to the NCAA Championships!



**Kendall
Spencer
prepares
for his last
attempt**



**Alesha
Walker
generating
top speed
down the
runway**



**YUSUF
MUHAMMAD**



**DE'VRON
WALKER**



**PRECIOUS
SELMON**

HURDLES

Sophomore **De'Vron Walker** (Dominguez, Los Angeles, CA) came into the meet ranked in the mid 40's in the 110 Hurdles but he was focused on advancing from the field of 48 to the quarterfinals of 24. He got out well and made a nice push in the middle of the race, and maintained a hard driving tempo all the way through the finish line. The clock showed a 14.25 which would have been a PR if not for a just slightly over the allowable tailwind of 2.2mps. Regardless it was a good race. When all the races where done the final results showed DW an agonizing 1/100th of a second off qualifying for the next round. In the women's short hurdles soph. **Precious Selmon** (Crystal City, MO) usually gets a rocket start and leads through the first 2-3 hurdles, but for some reason she did not get her usual start and this level of talent doesn't wait around, so PS did not advance. In the 400 Hurdles froshie **Yusuf Muhammad** (Chandler, AZ) came in ranked 38th and finished 37th with a 53.45 clocking as he was one of only 8 first-year hurdlers to make the qualifying standard for the regional championship.

NCAA QUALIFIERS IN 25 LAP BATTLE

The 10,000 meters is one of the most unique events in the first-round qualifying process as all 48 runners run in one race, and the top 12 advance to the NCAA finals. Rarely does one find races of this size and given so many runners are on the track at the same time, strategy and tactics play a huge role in the advancement procedure. Basically if one could sum up the strategy employed by the runners it is run as easy as possible for as long as possible, then kick like crazy over the last 800-1200 meters of the race. This is done for several reasons, mostly the athletes in the race probably ran their conference 10ks just 10 days before, and anyone who does advance has to run another 10,000 in 14 days at the national championships, which is a significant amount of racing within that short window of time. There is a serious attempt at energy conservation going on within the first-round qualifying. In the women's 10,000 meters UNM had five athletes competing, **Ruth Senior** (Norwich, England), **Natalie Gray** (Invicta School, Maidstone, England), **Sarah Waldron** (Pudleston, England), **Kirsty Milner** (Rivington & Blackrod, Bolton, England), and **Lacey Oeding** (Jasper, Indiana). As expected the race went out conservatively and 90% of the entrants just grouped together and ran as one huge pack for the first half of the race. Once the runners got to about the 16 minute mark it started to stretch out, and slowly the main contenders started to exert their influence. Ruth made a nice surge and put herself with the top six runners as they pulled away with each stride. Sarah was with another pack that held positions 8-16 in the race, although they were only separated by a couple of seconds from the lead pack. At the 8000 meter point there was a sustained surge by the leaders and Ruth maintained her position within that group, while Sarah was doing all she could to run within the chase group. At the finish Ruth crossed in a comfortable 33:33.23, good for sixth place, the sixth fastest time ever at UNM, and the grand prize, a ticket to the NCAA. Sarah finished in 34:00.72, just slightly off the mark needed for advancement. In the men's 10,000 meters **Keith Gerrard** (Isle of Man, United Kingdom) was the only Lobo entrant and the race mirrored what the women had just done. A large group of almost 20 men ran together lap after lap and it wasn't really until the 8000 meter mark that people in the lead group started picking up the pace. But once that was done then it was hold on to your shorts! Each lap the cadence picked up and the noise from the crowd clapping and stomping their feet was intense. Keith had made the commitment early on to simply stay near the lead and cover any moves. He did that and when it got to two laps left (800 meters) Keith was flying around the track as fast as he could go. At the end KG crossed the finish line in a fine sixth place with a clocking of 29:14.67. On to the NCAA's.



The upper left picture shows the huge number of runners on the track at the same time. The middle top picture shows Ruth Senior in the middle of the race, while the upper right picture shows the small group that broke away from the pack. The picture to the left is Ruth sprinting to stay attached to the final group of leaders.



The picture to the upper right is Keith in the middle of the race just bidding his time, still packed in. The picture to the left is the large group still together at 8000 meters. The picture to the right shows Keith crossing the finish line in sixth place.





Sophomore Shirley Pitts (Bonanza, Las Vegas, NV) is shown coming down the homestretch in the 400.



Senior Alex Darling (La Cueva, ABQ, NM) is shown getting ready to traverse a barrier in the 3000 meter Steeplechase. AD clocked a fine 10:36.69 the #8 fastest performance in UNM history, and just off her all-time PR of 10:35.69.



The men's 800 prelims found sophomores Gabe Aragon (Valley, ABQ, NM) and Sam Evans (Stafford, England) as the 32nd (SE) and 46th (GA) seeded athletes. In the first heat of the 800 Gabe clocked a 1:52.34 while Sam finished in 1:53.90, neither advancing to the next round. Pictured is Sam battling down the homestretch.

Campbell Comes Oh-So-Close in Triple Jump

The advancement procedure for the jumps was all 48 jumpers would take three attempts, and then the

best 16 would get three additional jumps, with the top 12 advancing to the NCAA Championships. WC opened up with a sub-par 47' 8" leap which left him in about 35th place. He improved on his second attempt to 48' 5 1/4" which moved him up to about 30th place. So he was faced with coming up with a big jump or not advancing. Warrick came down, hit the board well and extended out to a 50' 9 1/2" effort, his second best leap of the season. The question was....would it be enough? After the officials tabulated all the jumps 16th place was announced as 50' 10 1/4", just a slight 3/4" farther than what Warrick leaped, so WC ended up 17th.



Pole Vaulters Amber Menke on the left and Margo Tucker on the right getting ready to be introduced to the crowd. Both cleared 12' 1 1/2" which did not advance.

Sr. Alex Willis (Lake County, Leadville, CO) would have needed an all-time PR of at least 8:52 to make the top 12 of the 3000 Steeplechase and he could not surpass his existing PR of 8:59.



Natalie Gray in the white top and Kirsty Milner in the all red during the 5000 meters.

New Mexico Lobos Rank in top of NCAA Qualifiers

The UNM track & field team has 10 NCAA qualifiers. This is the ranking of number of qualifiers throughout the NCAA. 1. Texas A&M 34, 2. LSU 28, 3. Oregon 27, 4. Texas 26, 5. Florida 26, 6. Arkansas 23, 7. USC 20, 8. Stanford 20, 9. Clemson 19, 10. Arizona 19, 11. Florida State 19, 12. Virginia Tech 18, 13. Nebraska 18, 14. Oklahoma 17, 15. Texas Tech 16, 16. Arizona State 15, 17. BYU 15, 18. Georgia 15, 19. Penn State 14, 20. North Carolina 13, 21. Baylor 13, 22. Mississippi 13, 23. Kansas 12, 24. Indiana 11, 25. Mississippi State 11, 26. Houston 11, 27. UCLA 11, **28. NEW MEXICO 10**, 29. Iowa 10, 30. Washington 10, 31. Ohio State 10, 32. Kansas State 10, 33. Illinois 10

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. As per NCAA protocol no record can be established in the sprints or jumps with an aiding tailwind over 2.0 meters per second (mps).

Results from NCAA FIRST-ROUND QUALIFYING MEET @ OREGON MAY 26-28, 2011

WOMEN

400 Shirley Pitts 56.41
3000SC Alex Darling 10:36.69 (x,8)
5000 Ruth Senior 16:15.94 (x,4) Natalie Gray 16:40.51 Kirsty Milner 16:45.36
Vanessa Ortiz 17:06.76
10,000 Ruth Senior 33:33.23 (6th) (3,3) **PR NCAA QUALIFYING MARK** Sarah Waldron 34:00.72 (x,6)
Kirsty Milner 34:56.46 Lacey Oeding 36:19.91 Natalie Gray NM
100H Precious Selmon 14.57
PoleV Amber Menke 12' 1 1/2" Margo Tucker 12' 1 1/2"
LongJ Alesha Walker 19' 6" - 19' 5 1/2" - 19' 9 1/2" - 19' 3 1/2" - 20' 3 1/2" - 18' 10 1/4" (9th) **NCAA QUALIFYING MARK**
Precious Selmon 18' 9 3/4"
TripleJ Deanna Young 40' 6 1/4" - 41' 1/4" - 42' 2 3/4" - 40' 9" - 41' 5 3/4" - 41' 10" (9th) **NCAA QUALIFYING MARK**

MEN

100 Lazaar Thomas 10.56 10.84
800 Gabe Aragon (26.88 - 56.35 - 1:24.65) 1:52.34 Sam Evans (25.71 - 52.66 - 1:21.19) 1:53.90
1500 David Bishop [(45.70 - 1:47 (61.2) - 2:46.75 (59.7)] 3:45.01 [44.54 - 1:50.23 (65.6) - 2:48.04 (57.7) - (56.6)] 3:44.69 (3rd)
NCAA QUALIFYING MARK
3000SC Alex Willis 9:09.38
5000 Ross Millington [31-1:36(65)-2:41(65)-3:49(67)-4:56(67)-6:00(64)-8:11(65)-9:16(65)-10:23(67)-11:32.(68)-12:37(64)-13:36.39(59.2)] (6th) (4,4) **PR NCAA QUALIFYING MARK**

Nicholas Kipruto [31-1:35(64)-2:40(65)-3:48(67)-4:54(67)-6:00(65)-7:05(65)-8:10(65)-9:16(65)-10:22(66)-11:30(67)-12:38(67) 13:41.90 (63.8)] (7th) (7,9) **PR NCAA QUALIFYING MARK**

Rory Fraser [32-1:41 (68) - 2:49(68)-3:55(66)-5:02(67)-6:12(69)-7:19(67)-8:26(67)-9:33(67)-10:41(67)-11:48(67)-12:53(64)-13:48.74 (55.5)] **NCAA QUALIFYING MARK**

10,000 Keith Gerrard 29:14.67 (6th) **NCAA QUALIFYING MARK**
110H De'Vron Walker 14.25
400H Yusuf Muhammad 53.45 Chaz Lewis 55.00
HighJ Django Lovett 6' 11" (10th) **NCAA QUALIFYING MARK**
LongJ Kendall Spencer 23' 1 3/4"
TripleJ Warrick Campbell 50' 9 1/2"



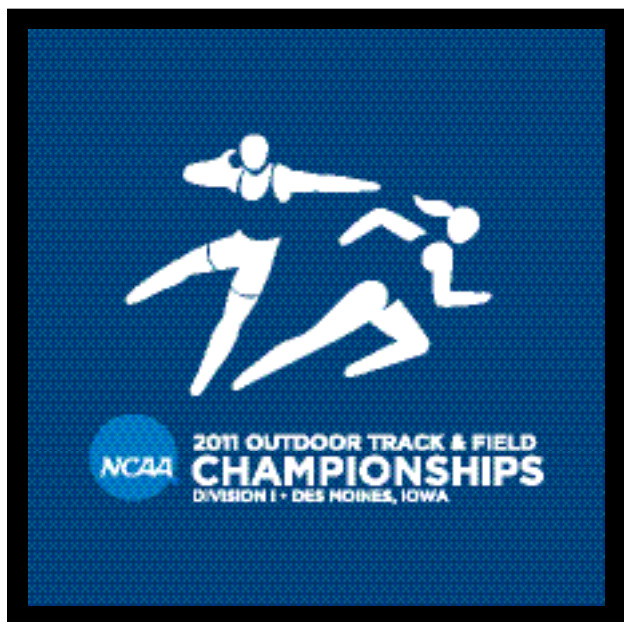
University of New Mexico Outdoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

JUNE 8 - 11, 2011 NCAA CHAMPIONSHIPS

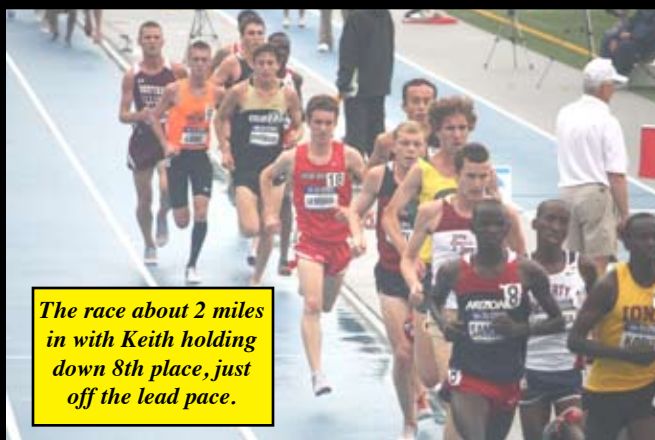
DRAKE UNIVERSITY, DES MOINES, IOWA



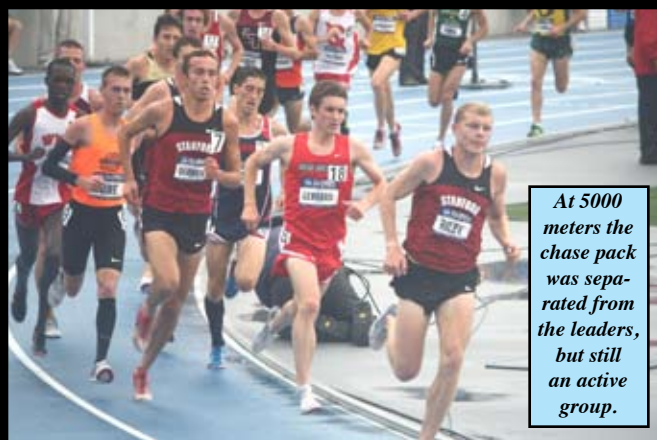
The 2011 NCAA Outdoor Track & Field Championship returned to Drake University and Des Moines, Iowa for the first time since 2008. Unfortunately, the same weather that affected the 2008 meet was present in the 2011 edition. In both meets rain, wind, and most of all lightning caused havoc with the meet schedule, and athletes and spectators were sent scrambling for cover on multiple occasions. Races like the men's 10,000 meters had to be moved from one day to the next, while the Decathlon took three days instead of the usual two. It wasn't until the final day of the four day competition that the sun came out and provided all with the weather that would have been nice to have all four days. For the 10 member Lobo contingent it was a mixed bag of All American finishes and learning experiences that will help next time around. Competing against the best in the United States, and sometimes the world can be a humbling experience, but in the end a wonderful experience to test oneself. There were many Top 10 world-ranked performances, and a bevy of collegiate records and top American performances. The NCAA Outdoor Track & Field Championships is always one of the top meets in the world, and this year was no different.

GERRARD EARNS SECOND ALL AMERICAN HONOR THIS YEAR

Sr. **Keith Gerrard** (Isle of Man, United Kingdom) was the only Lobo to earn All American honors during the fall cross country season and he duplicated that effort with a seventh place finish in the 10,000 meters. As one of 24 qualifiers for the final event he came in with the 18th best time based on his regional finish of 29:14.67. But Keith had run the fourth fastest time in the country during the regular season when he clocked 28:27.03 at the Payton Jordan/Stanford Invitational on May 1st. The men's 10K was scheduled for 8:50pm on Thursday, but the poor weather kept rolling in, so about two hours before the race meet management had to postpone it. They thought they might be able to get the race in about 11:00pm that night, but the lightning just never left the area. So the race was scheduled for 4:00pm the next day, then moved to 5:30pm when lightning came back again in the early afternoon. Finally, after waiting about 20 hours to do their thing the 24 runners toed the line. The race was guaranteed to be fast since in NCAA history only four men had ever run faster than 27:30 for the 25 lap extravaganza and three of those four were in the race! The 24 runners went out in a 4:32 first mile with over half of the runners grouped together right behind the leader, defending champion Samuel Chelanga from Liberty via Kenya. Chelanga, not known for his great speed wanted the race to be an



The race about 2 miles in with Keith holding down 8th place, just off the lead pace.



At 5000 meters the chase pack was separated from the leaders, but still an active group.

(10,000 meter CONTINUED): honest paced competition so he clicked off lap after lap trying to maintain a consistent pace. Keith had placed himself in the top 10, about 2-3 seconds off the leader. Chelanga with other Kenyan heavyweights Leonard Korir from Iona (indoor 5000 champion) and Stephen Sambu of Arizona were locked into a tight battle at the front as the trio got to the 2 mile mark in about 9:00 with a 4:28 second mile. Still in tow with about five other runners KG maintained his commitment to run to place in the top 8. At about 2 1/2 miles the front three surged away from the chase pack that Keith was in leaving the five or six guys to fend for themselves. Getting to the 5000 meter point (3.12 miles) in about 14:05 the lead runners were pouring it on while Keith was probably about 5 seconds behind the leaders still running with the same guys. With the lead group away it became an interesting micro-race with Keith, two Stanford runners, a Duck from Oregon, and a Colorado Buffalo jostling for position. Then a small break was between the gang of five and the next group with a Saluki from Southern Illinois and a Cowboy from Oklahoma State. Keith and the group kept pounding away making sure the group behind didn't have a chance to catch up, and become part of the race. By 8000 meters it was a dog eat dog race with fatigue showing on everyone's face. For the last 2000 meters Keith simply dug down and ran on guts trying to do his best to not let anyone get away. While the attention of the crowd went to the front trio since they were having a fantastic affair, the race behind was no less scintillating. The mind games that are being played is a wonderful exercise in mental warfare on the track. Each runner is listening to the others breathing pattern trying to decipher if there is any change or clue about when to surge. One guy will surge to see if the other can go with him. This is really the man to man battle that takes place in a 10,000 race. The eventual winner Leonard



The race starts to split apart just after the halfway point.



With just a couple of laps to go Keith is trying to summon the energy to get by the Colorado Buffalo



Korir clocked a speedy 56.1 last 400 meters (after running 9600 meters at a tough pace) to win the race in 28:07, the fastest winning time in over 25 years, just ahead of Chelanga then Sambu. For Keith the two Stanford runners made a surge that he couldn't cover and they finally got away by about five seconds enroute to a 4th and 5th place showing. But he was still locked in combat with the Buffao and the Duck. Over the last two laps the Oregonian sprinted away, while Keith did ended up doing the same thing to the Buff. KG's finishing time was 28:36.33, just off his all-time best (28:27) but still the tenth fastest performance in UNM history. So Keith will end his fine Lobo career holding down multiple All American awards and the 8th & 10th fastest performances all-time over the longest NCAA distance.

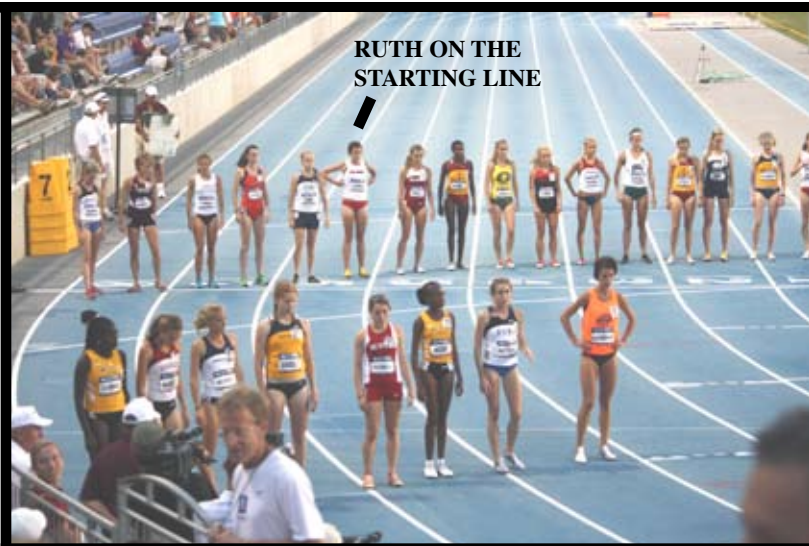


1500 METERS - Sr. **David Bishop** (Cippenham, England) entered the championship as the third seeded athlete but that was deceiving. There were only a few tenths of a second that separated at least a dozen guys, and on any given day someone could run well. There were two prelim races of 12 athletes each with the top five finishers in each race qualifying for the final along with the next four fastest times. Running in the first prelim the race went according to plan as the race was tactical with the leaders only reaching the 300 meter point in 47 seconds, then running the next two laps in 2:07, seriously slow by their standards. Then over the last 400 meters of the race came the sprint for the qualification spots. The leaders zoomed to their sprinting mechanics with the first two finishers clocking a masterful 53.4 and 54.1 for that last lap. Dave who has always had a great kick simply couldn't summon his legs to turn over when the front group went for it, and ended up not being one of the 14 qualifiers for the final.

SENIOR GOES FOR THE VICTORY IN 10,000 METERS

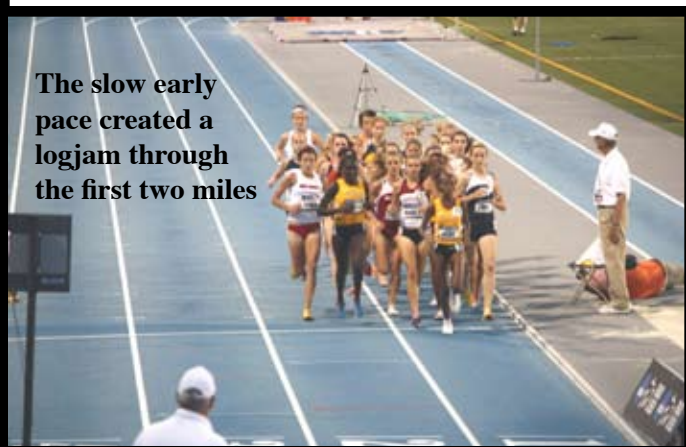
Sr. **Ruth Senior** (Norwich, England) had had a fantastic year of racing for the Lobos. First an All American finish in cross country before an NCAA qualifying performance indoors, to ranking #5 in the NCAA in the outdoor 5000 and #18 in the 10,000. Choosing to run the 10,000 meters Ruth came into the meet seeded sixth but only six seconds separated seven ladies, a drop in the bucket over the 25 lap distance. Typically, 10,000 meter races are slow, tactical affairs at the NCAA and Ruth did not want it to become that as her strength is not to wait and kick over the last 400-800 meters of a race. So her plan going in was to see how the pace went over the first two miles and if the pace was too slow, go to the lead and try to press the pace to 78-80 second laps in hopes of dropping a large portion of the group. One of the elements which the athletes had to deal with was the very warm conditions,

85 degrees with 40% humidity. The race was slow and laborious through the first mile which was covered in 5:46 led by Wichita State teammates Aliphine Tuliamuk from Kenya and Tonya Nero from Trinidad and Tobago. Ruth was tucked into the large group as not one of the 24 athletes had been left behind. The pace did not improve through the 2 mile mark as the group clocked a 5:56 (average of 89 seconds per lap) to get to that juncture in 11:43. This is where Ruth took over and proceeded to turn the intensity up as she ran laps of 78-79-79-81 to crank out a 5:18 third mile which reduced the front group from 24 to about 14 or 15 athletes. Ruth was leading the race and she hit three miles in a total time of 17:01. From the 2 mile point until almost the end of the race the



RUTH ON THE STARTING LINE

The slow early pace created a logjam through the first two miles



pace would stay consistent with Ruth always at the front of the pack making sure it was an honest race. The fourth mile was no different than the third as Ruth ran 81-82-82-82 (a 5:27 mile) and led the race with a 22:29. The rapid pace and heat/humidity was starting to take its toll as many runners were dropping off the pace and the lead pack had been reduced to 10 runners. Right with Ruth were the two Shockers from WSU along with two Cyclones from Iowa State, a Cardinal from Stanford, a Dookie (Duke Blue Devil), a Wildcat from Arizona, a Boston University Terrier, and a Mountaineer from West Virginia. No one seemed to want to press the pace further so Ruth kept doing what she was doing clicking off laps of 81-81-81-83 (a 5:26 fifth mile) keeping the pace honest. At 8000 meters (5 laps left) there were still an incredible 10 folks in the race and one could sense the tension as everyone in the stands wondered who would bolt out of the pack. At 8700 meters into the race suddenly one of the pre-race favorites Kenyan Betsy

Saina from Iowa State collapsed to the track and was out of the race, the heat and humidity getting the best of her. At 8800 meters finally the pace quickened to 80 seconds upfront and Ruth could not respond with a small gap opening up. After doing much of the work for 12 consecutive laps she suddenly ran an 83 lap followed by an 86. So everything changed between 8400 meters and 8800 meters for our senior stalwart. At 9,000 meters there were still 8 runners in the lead pack and there was going to be a rarity in NCAA women's 10,000 races - many women battling it out for an NCAA crown!!! Ruth gritted her teeth and remained focused on trying to salvage an All American finish (top 8) but no one from that front eight was coming back to her. While RS was gamely trying to get to the finish line upfront there was a masterful race as the Dookie finally unleashed a torrid kick covering the final lap in a blistering 67 seconds to win in 34:25. Ruth crossed the line in 35:04.52 good for a ninth place effort. While it was not the end result that Ruth wanted we should respect that she didn't want the race to be anything other than an honest, hard competition, and she was willing to go out and lay her heart and soul on the line to make that happen - just as we want all Lobos to do!



<<<< Coach Butler & Franklin observe one of the races.

The NCAA group.>>>



Richard York points the way back to New Mexico



FRASER - ALL AMERICAN IN 5000 METERS

Sr. **Rory Fraser** (Leicester, England) had a lot to prove. Last year during his junior year he flew to an indoor All American honor in the 3000 meters with his sixth place finish. Then outdoors he had an excellent outdoor season but finished an excruciating 24/100ths of a second out of the last NCAA qualifying spot for the 5000 meters at the NCAA regional championship. During cross country he had a solid season, earning both all conference and all region honors and went into the NCAA Championships with high hopes of an All American (top 40 finish). But at 8000 meters of the 10,000 meter race he struggled and finished a harsh 152nd. In distance running the mental edge is just as important as the physiological one and to say our mirthful Brit was down in the dumps would be an understatement. This past indoor season was just so-so by Rory's lofty standards as he finished seventh in the 5000 at the conference championships. So going into his last season he had much to prove. During the regular season he put up the 9th best performance in the country in the 5000 (13:39) and the 8th fastest in the 10,000 (28:41) so some would say he was getting payback. But as anyone in the sport will tell you, its what you do at the NCAA Championships which count. Based on the regional qualifying meet placing RF entered with the 11th overall best time, but in championship races all that data gets thrown out the window. It was one race of 24 athletes "mano a mano" for the right to say I'm All American. Also running the 5K was junior **Nicholas Kipruto** (Sugar Academy, Kericho, Kenya). Nicholas has many Kenyan friends at other colleges and several of them were competing in the 5000. A few days before they had sent a warning to NP - be ready to run hard from the gun as we are going to make this race a tough



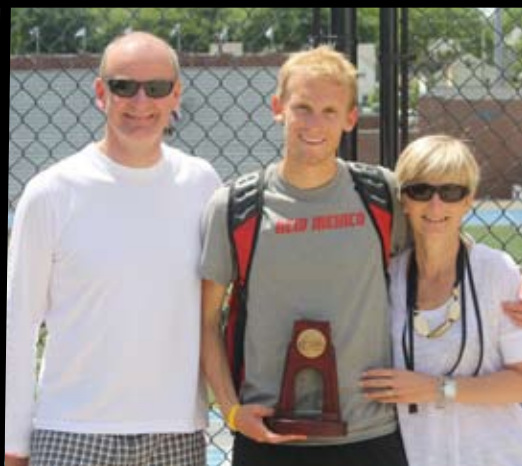
From left to right: Nicholas went out hard with the leaders pressing the pace from the onset while the middle picture shows Rory being more conservative running from the middle of the pack. The picture to the right shows the first of a series of hard break-away surges around the 1 Mile point with Nicholas in fifth place.

one. With the incredible talent pool in the race this one was sure to be good. The race was on the last day of the championship so the 5000 athletes got a chance to run in brilliant sunshine with about 75 degree temperatures. Several of the athletes were coming back from the previous nights 10,000 meters so those fresh in the race didn't want it to be slow. At the gun Northern Arizona's Diego Estrada who was fresh took off and led for the first mile (1600 meters) of the race as he clocked a 4:20 with Arizona's Lawi Lalang (also fresh) right off his shoulder. Nicholas, feeling frisky went out with the leaders while Rory adopted a more conservative approach running about 14th or in the middle of the pack. The front group at about 3000 meters made a concerted effort to push the pace and suddenly there were only two at the front, Chelanga and Lalang, with Nicholas, Leonard Korir the previous nights 10k winner, Estrada, and a Southern Utah runner making chase. Rory was still biding his time as he slowly moved up to 7th place and crossed the 3000 meter point in 8:10.9 where he caught Nicholas. NP was in obvious distress having paid the price for the hot early pace. It is times like this that a distance runner will slow down, collect his thoughts, and try to rally for the last mile of the race. Chelanga was trying to throw in some quick surges to eliminate Lalang and with 1600 meters left (four laps) the Liberty and Arizona runners had opened up a two second gap on Korir. The chase pack of Estrada, a Stanford Cardinal (Chris Derrick), the Southern Utah athlete (Cameron Levins), and Rory started to close the gap to the front slightly, and with 1200 meters to go the group was only about two seconds behind. Nicholas was desperately trying to improve on his tenth place at that time but was running out of real estate. At the 4600 meter point (one lap to go) it was a great race for places 3-7 as four of the runners (Korir, Derrick, Estrada, Fraser) hit that point in 12:35, while Levins was just behind. Korir noted for his blazing speed crushed a 60.38 last 400 to finish third in 13:35, while Derrick finished in 61.07 good for



fourth place (13:36). Estrada and Rory had a great last 400 going toe to toe with the Lumberjack running 62.73 (13:38) while Rory sprinted in with a 63.54 (13:39.40). Levins made a late rush at Rory with a 62.64 last 400 but came up just short (13:40). Rory's 13:39.40 just missed his all-time PR and gave him an All American honor in his last race. It is the sixth fastest performance in Lobo history, just off RF's fifth place ranking with a 13:39.37. He also has another top 10 performance of 13:39.85 run in 2009 and RF's three ranking performances are more than anyone in UNM history. Nicholas finished 10th with a 13:48.52

From left to right: The last 300 meters of the race was all out guts. The middle picture is RF with 200 meters left. Rory's mother and father flew over from England to see him in his last collegiate race.



Jump Squad

The three jumping events that the Lobos were qualified in were the women's Long Jump, the women's Triple Jump, and the Men's High Jump. First up was sr. **Alesha Walker** (Ellison, Killeen, Texas) in the Long Jump. During the regular season AW had the 41st longest jump in the country when she spanned 20' 4 1/4" but she had done a great job at the NCAA Regional qualifying meet moving up to being ranked 16th of those that qualified with a 20' 3 1/2" effort. With all 24 jumpers getting three attempts, then the top nine getting three more Alesha had to have a good day. On her very first jump she hit one of her longest ever-opening efforts as she leaped 20' 2 1/4". That would stand up as her best effort on the day, and would end up 18th as it took a whopping 20' 10 1/4" to make the nine-woman final. In the Triple Jump sr. **Deanna Young** (Highland, ABQ, NM) ranked 24th nationally with a seasonal-best of 42' 8". After the NCAA Regional she was seeded 13th with an entry mark of 42' 2 3/4". DY opened up with a 40' 5 1/2" and then extended that out to 40' 6 3/4" before finishing with a foul. It took 42' 7 1/2" to make the final grouping. In the men's High Jump rookie **Django Lovett** (Brookwood Secondary, Langley, BC) ranked 18th nationally with his 7' 1 3/4" clearance. After the regionals he had the 19th best leap of 6' 11". DL made the opening height of 6' 8 3/4" on his first attempt, but then ran into trouble at 6' 10 3/4" and couldn't get the rhythm necessary to clear. He ended up 22nd.



Clockwise: Alesha comes down the approach, hits the board in good position, and extends for every inch she can. Deanna readies herself, comes down the approach and gets into her jumping phase. Django is in his transition phase, then take-off.



DECATHLON

Sophomore Richard York (St. Clair, MO) was making his first appearance in the NCAA Championships. He entered the meet as the 24th and final qualifier based on his 7389 points during the regular season, the highest point total in NCAA history to “just” make it in. In combined events sometimes all 10 events just “flow” from one event to the other and athletes build from one event to the next, and what they do in one event has carry-over to the next event. This is great when it happens since it takes a lot less energy. But other times athletes must grind it out and work their butt off in each event to make something happen and stay in the game. This takes a hard-nosed approach since its tough to stay positive when events are not turning out the way they are planned. Richard experienced the second of those two and had to grind and push and make things happen all the way to the end of the competition. Several times he walked on the edge of disaster but each time he rebounded giving his coaches a sigh of relief. But lessons learned in these type of competitions pay huge dividends in the following years as it gives the athlete the knowledge that no matter what happens they can stay in the game. RY showed a lot of moxie and what he did in 2011 will become very important in 2012 as he continues his ascent up the national ranking list. The first day of the combined event brought very hot conditions with high humidity and right away that started causing problems for the athletes. With little shade on Drake’s track each athlete was getting pounded by the heat. The first event on the docket was the 100 meters where Richard had an all-time legal best of 10.98. He had run a windy 10.85 at the Texas Relays but that was aided by a huge +4.4 wind. RY got out well, lifted in the middle of the race, and sprinted across the finish line to an 10.99 clocking with a legit wind at his back. For that effort he scored 863 points and it was the 12th best overall time. He then moved to the Long Jump where

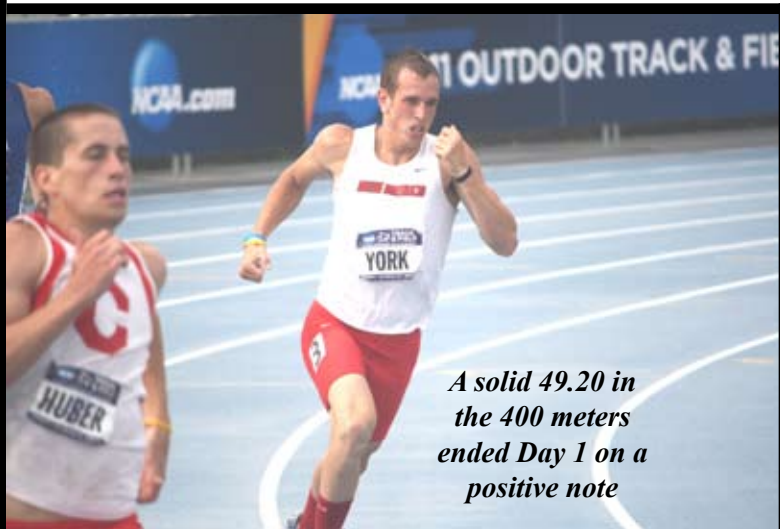


The finish of the 100 meter sprint



Take off in the Long Jump

his all-time and Decathlon best is 23' 3 1/2". Very few of the Decathletes seemed to jump far and everyone seemed to struggle. Perhaps it was the heat or just the overall conditions but Richard could only manage a 22' 3" which earned him 762 points and the 16th best jump. His total of 1625 points left him in 16th place overall after two events. Moving to the Shot Put Richard had an indoor best of 39' 3" but only had thrown 38' 1 1/4" outdoors. Inexplicably RY fouled his first throw and did the same on his second. So he was faced with no points if he did the same thing on his third and final toss. Richard steadied himself and got off a safe throw of 37' 1 1/4" which only got him 565 points and dropped him to 21st with 2190 points. Heading to the High Jump everyone was sweating profusely and Richard was no exception. After having been in the sun for 4 hours many of the athletes were bright red. During warm-ups it was apparent that the High Jump would not be easy for RY as he couldn't seem to get the rhythm down in his approach. Opening up at a safe 5' 11 1/4" RY missed his first attempt before coming back and clearing it on his second. The bar then went to 6' 1/2" and Richard made sure he cleared it on his first attempt. But it wasn't pretty. The



A solid 49.20 in the 400 meters ended Day 1 on a positive note

bar then was raised to 6' 1 1/2" and RY had to dig down to make it on his third attempt. The bar then went to 6' 2 3/4" and again he missed his first two attempts before making it on his third. The bar then was raised to an even 6' 4" and again he missed his first two attempts. The announcer even made note that he was making heights on his third attempt so the crowd gave him some clapping and attention. Richard quickened up his approach, was very aggressive in his last 3 strides to the bar, and nailed it, sailing over. The bar then went to 6' 5" which is his PR but after 13 jumps his legs were dead and he couldn't get over that height. Usually, a decathlete would like to take no more than 7-9 jumps in a competition so Richards 16 jump event sucked precious energy out of his body. He amassed 740 points for the High Jump finishing 14th. His total of 2930 points placed him 20th overall. The final event on the schedule for Day 1 was the 400 meters. RY had an all-time PR

of 48.98 which was done in 2010. He clocked 49.20 to earn 852 points and conclude Day 1 with a total of 3782, good enough to remain in 20th place. The start of Day 2 was delayed due to weather but when it began Richard clicked off a 15.95 in the 110 Hurdles earning 738 points that kept him in 20th. But during the race RY felt a sharp pain in his side under the rib cage. During the next event, the Discus it was evident that something was not right with his side, but he did a great job of equaling his all-time Decathlon PR of 119' 5" to grab 592 points for a total of 5112 sliding him back to 23rd place. The Pole Vault was hurried up with fast approaching bad weather but that wasn't a factor as Richard could only manage one clearance at the opening height of 13' 1 1/2" before passing to 13' 9" which he couldn't navigate. The side was too painful to plant the pole over his head. He only got 617 points for that event moving him to a total of 5729 and 23rd place. Trying to gather himself before the Javelin he had several hours to sit around and watch the rest of the Pole Vault competition. Once the Javelin got started there was threatening weather all around. Focusing on one throw since that is what he thought he could handle Richard stepped up with an all-time PR of 195' 0". On



The start of Day 2 - 110 Hurdles



A new PR in the 1500 meters ended the meet on a high note.

his first throw he unleashed a monster effort that sailed out to a fantastic 202' 1". Wow, what an effort. He had already decided to pass his other two throws to save as much as he could before the 1500 meters but the rain and lightning hit the area and completion of the Javelin had to be postponed until Friday. He continued to pass his remaining throws ending up with the second-best overall toss earning 762 points and a total of 6491 which moved him up one place to 22nd. The 1500 meters has been a solid event for RY and he entered the competition with an all-time best of 4:34.55. He went out in 53.7 for the first 300 meters which had him in 17th before clocking a 74.4 on his next lap to move up one place to 16th. His third quarter was a 76 which moved him up to 14th and he sprinted the fifth fastest last 400 (66.6) to move all the way up to 10th with a new PR of 4:31.07 good for 738 points and a total of 7229. While the point total wasn't his PR there is no doubt he had to work harder in this combined event than others.....a good learning process for the future.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. As per NCAA protocol no record can be established in the sprints or jumps with an aiding tailwind over 2.0 meters per second (mps).

Results from NCAA CHAMPIONSHIPS JUNE 8-11, 2011 @ Drake University, Des Moines, Iowa

Women

10,000	Ruth Senior	(79-2:48-4:18-5:47-7:18-8:48-10:16-11:43-13:01-14:2015:40-17:01-18:23-19:45-21:07-22:29-23:51-25:12-26:34-27:57-29:21-30:47-32:15-33:42) 35:04.52 (9th)
LongJ	Alesha Walker	20' 2 1/4" - 19' 3 1/2" - 18' 10"
TripleJ	Deanna Young	40' 5 1/2" - 40' 6 3/4" - F

Men

1500	David Bishop	(47.8 - 1:55.7 (67.8) - 2:54.9 (59.2) - 3:52.40 (57.3)
5000	Rory Fraser	13:39.40 (6th) (x,6) ALL AMERICAN STATUS
	Nicholas Kipruto	13:48.52
10,000	Keith Gerrard	(68-2:16-3:24-4:32-5:39-6:45-7:52-9:01-10:10-11:20-12:27-13:36-14:44-15:55-17:05-18:15-19:25-20:35-21:44-22:53-24:03-25:12-26:22-27:33) 28:36.33 (7th) (x,10) ALL AMERICAN STATUS
HighJ	Django Lovett	6' 8 3/4"
Deca	Richard York	100 10.99 110H 15.95
		LongJ 22' 3" Discus 119' 5"
		Shot Put 37' 1/4" Pole V 13' 1 1/2"
		High J 6' 4" Javelin 202' 1" PR
		400 49.20 1500 4:31.07 PR

TOTAL 7299



University of New Mexico Outdoor Track & Field

"Wolftracks"

News, Views, Reviews, Previews

JUNE 23-25, 2011 USA NATIONAL CHAMPIONSHIPS

University of Oregon, Eugene, Oregon

Four Lobos Represented at USA Championships

The 2011 USA Championships returned to Hayward Field at the University of Oregon for a trio of meets. The USA Senior Championships, the USA Junior Championships, and the Nike High School Team Championships were all held during a four day competition that highlighted the top high school talent in the country along with top young collegiate talent and the best the USA has to offer in the senior championship. Four Lobos were represented in two of the meets as freshmen **Chaz Lewis** (Highland, ABQ, NM), **Warrick Campbell** (Highland, ABQ, NM), and **Yusuf Muhammad** (Chandler, AZ) competed in the junior championships (ages 14-19) while former Javelin All American **Katie Coronado** competed in the senior championship. Lewis and Muhammad competed in the 400 Hurdles where they qualified for the USA meet via their 51.38 and 52.01 performances at the MWC Championships, while Campbell qualified via his 51'0" jump at the UNM Tailwind Invitational. Coronado qualified when she tossed the spear 175' 11" at the UNM Tailwind meet also. On Friday the prelims of the 400 Hurdles took place with Muhammad in the second section lane seven, with Lewis in the third section lane seven. The qualification process was that the first two in each of the three heats would qualify for the final along with the next two fastest times. Yusuf who usually starts out conservatively but has a big finish did the same thing and was in sixth place at the halfway point of the race. He then started to surge picking up steam as he came around the turn to the homestretch. All the way down the homestretch he kept coming and coming and crossed the finish line in third place at 53.89 which was faster than the third place from the first heat so he was good...but now he had to wait for the last section. Chaz was up next in the third and final section and he got out very quickly and took the lead. Up the backstretch he looked quick over the hurdles and as he rounded the final turn over hurdle #8 was leading the race. At hurdle #9 his steps were off and he had to pull back and almost come to a stop and suddenly people caught up to him. He regained his composure, got over hurdle #10 and sprinted to the finish line in 53.31. When all the results were tabulated Yusuf came up just short of making the final as his time was 9th overall. For Chaz the news was good and bad as he did make the final but due to his performance would be seeded in lane one, the worst possible lane to draw for a 400 Hurdler as it is the tightest turns on the track. In Saturday's final Chaz came out of lane one and immediately took the lead over the first five hurdles. He worked real hard around the turn and was still leading at hurdle seven. Given how hard he had to work out of lane one that energy drain caught up to him at hurdle #8 and he relinquished the lead. He fought all the way down the homestretch to regain that speed and ended up finishing sixth in 53.28. Earlier in the day Katie had tossed the javelin to a 152' 7" distance finishing 12th. In the Triple Jump WC came out and boomed a nice 50' 2" distance to move to third place. In the second round he extended that to 50' 11" which moved him briefly up to second place. The third and final round in the prelims ended with a 50' 6" distance and the prelims ended with WC in third place overall. In the finals he did not jump farther so he ended up on the podium with the bronze medal for the championships.



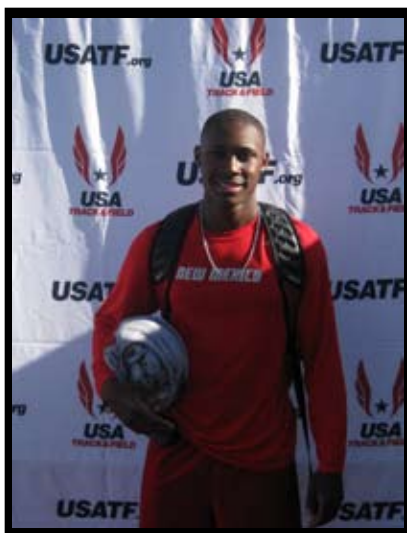
Chaz lined up in lane one for the 400 Hurdle final



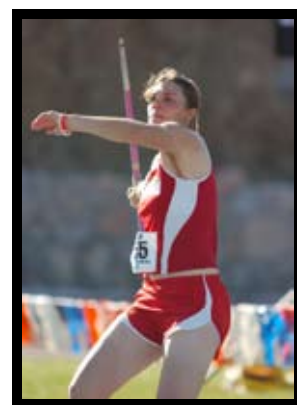
Warrick pictured preparing for the T.J.



Yusuf earlier in the season over the 400 Hurdles



Chaz is all smiles after his first USA National Championship experience



Katie during her Lobo days

UNIVERSITY OF NEW MEXICO OUTDOOR TRACK & FIELD

2011 BEST PERFORMANCES (Final - updated 6/15)

An @ after a performance denotes it has been adjusted based on the NCAA altitude conversion

2011 BEST

ALL TIME BEST or PREVIOUS BEST

100 METERS (WOMEN)

Alesha Walker	Sr.	11.84@ (+3.3)	New Mexico Tailwind Invt, 4/2	11.93@	3/29/08 at UTEP
Kayla Fisher-Taylor	Fr.	12.00@ (-0.5)	UTEP Invitational, 4/16	12.00@ (+2.7)	4/2/11, UNM Tailwind Invt.
Asal Salehpoor	Jr.			12.56	3/22/08 at Arizona State
Deanna Young	Sr.			12.71	3/19/10 at Arizona State

100 METERS (MEN)

Lamaar Thomas	Jr.	10.54@ (-0.2)	MWC Championships, 5/14	10.36@ (+1.4)	5/15/10, MWC (UNM)
Thomas Trujillo	Jr.	10.80@ (+1.0)	New Mexico Tailwind Invt., 4/2	10.71@	5/2/09 at New Mexico
Richard York	Soph.	10.85 (+4.4)	Texas Relays Decathlon, 4/6	10.98	5/12/10, MWC Decathlon
		10.99 (+1.6)	NCAA Championships, 6/8		
Derek Montoya	Soph.	10.88@ (+1.0)	New Mexico Tailwind Invt., 4/2	11.16@	3/27/10, UTEP Springtime
Sam Potter	Soph.	11.12	MWC Decathlon, 5/11		
Brian Wilson	Sr.	11.25	MWC Decathlon, 5/11	11.38	3/31/10, Texas Relays Dec.
Zach Smith	Fr.	11.33@ (-0.4)	UTEP Invitational, 4/16		

100 HURDLES (WOMEN)

Precious Selmon	Soph.	13.66@ (+2.0)	New Mexico Tailwind Invt, 4/2	14.33 (+0.8)	3/26/11, Arizona State Invt.
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110 HURDLES (MEN)

De'Vron Walker	Soph.	14.35@ (0.4)	MWC Championship, 5/14	14.41@ (+2.0)	5/1/10, Don Kirby Invt.
Brian Wilson	Sr.	14.55@ (+3.6)	MWC Decathlon	14.80@ (-1.9)	5/1/10, Don Kirby Invt.
Richard York	Soph.	15.25	Arizona State Invt, 3/26	15.37	4/23/10, Cal Invt.
Chad Clark	Jr.	15.40@ (+0.2)	UTEP Invitational, 4/16	15.61	3/28/09, UTEP Springtime
Sam Potter	Soph.	15.93@ (+1.9)	Arizona State Invt, 3/26	16.12	3/26/11, Arizona State Invt.

200 METERS (WOMEN)

Shirley Pitts	Soph.	24.19(+3.0)	Steve Scott/Cal-Irvine, 5/1	24.32 (+2.4)	4/23/11, Brutus Hamilton
Kayla Fisher-Taylor	Fr.	24.38 (+2.4)	Brutus Hamilton Invt., 4/23	24.72@ (0.0)	4/2/11, UNM Tailwind Invt.
Tawsha Brazley	Soph.	24.94 (+2.4)	Brutus Hamilton Invt., 4/23	24.81@	3/27/10, UTEP Springtime
Precious Selmon	Soph.	25.52 (-1.3)	Brutus Hamilton Invt., 4/23		
Kim Perkins	Sr.	25.58 (+3.6)	Brutus Hamilton Invt., 4/23	25.62 (+3.3)	4/16/11, UTEP Invt.
Rachel Kelchner	Jr.	26.33(+2.1)	Steve Scott/Cal-Irvine, 5/1		
Marin Schweigert	Soph.	27.73(+0.1)	Steve Scott/Cal-Irvine, 5/1	27.97 (+3.3)	4/16/11, UTEP Invt.

200 METERS (MEN)

Thomas Trujillo	Jr.	21.71@ (-0.6)	MWC Championship, 5/14	21.42@	5/16/09 at MWC (Wyoming)
Derek Montoya	Soph.	22.06@ (+0.5)	UTEP Invitational, 4/16	22.56@	3/27/10, UTEP Springtime
Chaz Lewis	Fr.	22.28@ (+2.1)	UTEP Invitational, 4/16		
David Brown	Fr.	22.77@ (+2.1)	UTEP Invitational, 4/16		
Yusuf Muhammad	Fr.	23.00@ (+0.0)	UTEP Invitational, 4/16		
Brian Wilson	Sr.	23.02@ (-1.3)	New Mexico Tailwind Invt. 4/2		

400 METERS (WOMEN)

Shirley Pitts	Soph.	54.55	Brutus Hamilton Invt, 4/24	55.13@	5/15/10, MWC (UNM)
Tawsha Brazley	Soph.	56.61@	MWC Championship, 5/13	55.09@	5/15/10, MWC (UNM)
Rachel Kelchner	Jr.	58.26@	UTEP Invitational, 4/16	59.62@	4/2/11, UNM Tailwind Invt.
Kim Perkins	Sr.	59.87@	UTEP Invitational, 4/16	58.54@	4/11/09 at New Mexico
Julie Brasher	Fr.	63.06	Arizona State Invitational, 3/26		
Ashley Miknis	Soph.			60.35	4/23/10, Cal Invt.

2011 BEST**ALL TIME BEST or PREVIOUS BEST****400 RELAY SPLITS (WOMEN)**

Shirley Pitts	Soph.	54.7	New Mexico Tailwind Invt, 4/2	55.8	5/15/10, MWC (UNM)
Tawsha Brazley	Soph.	56.4	New Mexico Tailwind Invt, 4/2	55.7	5/15/10, MWC (UNM)
Kim Perkins	Sr.	57.4	New Mexico Tailwind Invt, 4/2		
Rachel Kelchner	Jr.	58.3	MWC Championships, 5/14	60.0	4/2/11, UNM Tailwind Invt.
Kayla Fisher-Taylor	Fr.	60.8	MWC Championships, 5/14	60.9	4/9/11, ASU Sun Angel Invt.
Julie Brasher	Fr.	61.5	Arizona State Invt, 3/26		
Ashley Miknis	Soph.			58.5	5/15/10, MWC (UNM)
Alex Darling	Sr.			58.0	5/15/10, MWC (UNM)

400 RELAY SPLITS (MEN)

Chaz Lewis	Fr.	47.5	MWC Championship, 5/14	48.0	4/2/11, UNM Tailwind Invt.
Sam Evans	Soph.	47.9	New Mexico Tailwind Invt, 4/2	48.8	5/15/10, MWC (UNM)
Warrick Campbell	Fr.	48.3	New Mexico Tailwind Invt, 4/2		
Yusuf Muhammad	Fr.	48.5	MWC Championship, 5/14	48.9	4/22/11, Brutus Hamilton
Gabe Aragon	Soph.	48.7	New Mexico Tailwind Invt, 4/2	49.2	4/10/10, UTEP Invt.
Thomas Trujillo	Jr.	48.7	New Mexico Tailwind Invt, 4/2		
JP Cordova	Fr.	48.9	New Mexico Tailwind Invt, 4/2		
Derek Montoya	Soph.	49.0	New Mexico Tailwind Invt, 4/2	49.6	5/15/10, MWC (UNM)
Sam Potter	Soph.	49.2	New Mexico Tailwind Invt, 4/2	51.6	3/26/11, Arizona State Invt.
Richard York	Soph.	49.2	Brutus Hamilton Invt., 4/22		
Chad Clark	Jr.	49.6	New Mexico Tailwind Invt, 4/2	50.6	5/1/10, Don Kirby Invt.
Josh Lovato	Jr.	49.9	New Mexico Tailwind Invt, 4/2		
Derek Halladay	Jr.	50.7	Brutus Hamilton Invt., 4/22		
Brian Wilson	Sr.	52.0	Brutus Hamilton Invt., 4/22		

400 METERS (MEN)

Derek Montoya	Soph.	48.54	UNM Record - Adolph Plummer, 45.14h, May 25, 1963 at WAC Champ (Arizona St.)		
Chaz Lewis	Fr.	49.02@	Steve Scott/Cal-Irvine, 5/1	49.29	4/9/11, ArizonaSt/Sun Angel
Yusuf Muhammad	Fr.	49.11@	UTEP Invitational, 4/16		
Richard York	Soph.	49.20	UTEP Invitational, 4/16		
Sam Potter	Soph.	52.19	NCAA Championships, 6/8	48.98	5/12/10, MWC Dec. (UNM)
Brian Wilson	Sr.	52.25	MWC Decathlon, 5/11		
Gabe Aragon	Soph.		Arizona State Invt., 3/26	51.25	5/12/10, MWC Dec. (UNM)
Josh Lovato	Jr.			49.44@	5/1/10, Don Kirby Invt.
Chad Clark	Jr.			50.91	4/23/10, Cal Invt.
				50.26	4/25/09 at Cal-Berkeley

400 METERS HURDLES (WOMEN)

Kim Perkins	Sr.	61.68@	UNM Record - Shannon Vessup, 58.10@, May 12, 1984 at High Country Champ (BYU)		
Ashley Miknis	Soph.		MWC Championship, 5/13	59.88	4/25/09 at Cal-Berkeley
Christine Ostler	Soph.			61.80@	5/15/10, MWC 5/15/10
				68.27@	3/27/10, UTEP Springtime

400 METERS HURDLES (MEN)

Chaz Lewis	Fr.	51.49@	UNM Record - Fatweil Kimaiyo, 50.15, April 1978 at Texas Relays		
Yusuf Muhammad	Fr.	52.12@	MWC Championship, 5/14	52.27	5/1/11, Cal (Irvine)
Chad Clark	Jr.	55.02@	MWC Championship, 5/14	52.39	5/1/11, Cal (Irvine)
Josh Lovato	Jr.	55.83@	New Mexico Tailwind Invt., 4/2	53.76	4/25/09 at Cal-Berkeley
Derek Halladay	Jr.	56.34@	New Mexico Tailwind Invt., 4/2	54.91@	5/1/10, Don Kirby
			UTEP Invitational, 4/16	55.70	4/4/09 at Pomona-Pitzer

800 METERS (WOMEN)

Alex Darling	Jr.	2:13.31@	UNM Record - Susan Vigil, 2:04.34h, 1979 at Michigan State		
Julie Brasher	Fr.	2:18.44	New Mexico Tailwind Invt., 4/2	2:14.85@	5/2/09 at New Mexico
Nicola Hood	Fr.	2:24.33@	Brutus Hamilton Invt., 4/23	2:19.91@	4/2/11, UNM Tailwind Invt.
Emma Reed	Sr.		New Mexico Tailwind Invt., 4/2		
Janna Mitsos	Soph.			2:15.95@	4/11/09 at New Mexico
Shawna Winnegar	Jr.			2:22.35@	5/1/10, Don Kirby
Ashlee Smalley	Soph.			2:24.40@	4/10/10, UTEP Invt.
Kim Perkins	Sr.			2:26.00@	4/10/10, UTEP Invt.
				2:27.27@	3/27/10, UTEP Springtime

2011 BEST**ALL TIME BEST or PREVIOUS BEST****800 METERS (MEN)**

Sam Evans	Soph.	1:49.59@
Gabe Aragon	Soph.	1:49.99
David Bishop	Sr.	1:50.38
JP Cordova	Fr.	1:50.81@
Rory Fraser	Sr.	
Matt Everett	Sr.	
Sean Stam	Soph.	
Cory Kalm	Sr.	
Patrick Ortiz	Sr.	
Allen Pittman	Jr.	

UNM Record - Sammy Kipkurgat, 1:46.02@, 1977

MWC Championship, 5/14	1:49.42@	5/15/10, MWC (UNM)
Payton Jordan/Stanford, 5/1	1:50.93	4/15/11, Mt. Sac Relays
Payton Jordan/Stanford, 5/1	1:51.25	4/9/11, ArizonaSt/Sun Angel
MWC Championship, 5/14	1:52.04	5/1/11, Cal (Irvine)
	1:52.58@	4/11/09 at New Mexico
	1:56.31@	5/1/10, Don Kirby
	1:59.31@	5/1/10, Don Kirby
	1:59.95@	4/10/10, UTEP Invt.
	2:04.05@	4/10/10, UTEP Invt.
	2:04.15@	4/10/10, UTEP Invt.

1500 METERS (WOMEN)

Alex Darling	Jr.	4:26.84
Shawna Winnegar	Jr.	4:35.87@
Nicola Hood	Fr.	4:40.00@
Delyth James	Sr.	4:40.31@
Kaitlyn Barry	Fr.	4:40.96@
Vanessa Ortiz	Sr.	4:42.02@
Emma Reed	Sr.	4:44.38
Ruth Senior	Jr.	
Janna Mitsos	Soph.	
Ashlee Smalley	Soph.	
Laura Lavezo	Soph.	

UNM Record, Kristi Leonard, 4:20.38, 1985

Brutus Hamilton Invt, 4/24	4:31.38	4/23/10, Cal Invt.
New Mexico Tailwind Invt., 4/2	4:50.99@	4/10/10, UTEP Invt.
New Mexico Tailwind Invt., 4/2		
New Mexico Tailwind Invt., 4/2		
MWC Championship, 5/14	4:53.93@	4/2/11, UNM Tailwind Invt.
New Mexico Tailwind Invt., 4/2		
Brutus Hamilton Invt, 4/24	4:39.06	3/26/10, Stanford Invt.
	4:26.24	4/15/10, Mt. SAC Relays
	4:37.68@	5/10/10, Don Kirby
	4:51.59@	4/10/10, UTEP Invt.
	5:05.73@	4/10/10, UTEP Invt.

1500 METERS (MEN)

David Bishop	Sr.	3:41.12
Ross Millington	Jr.	3:42.90
Rory Fraser	Sr.	3:44.12
Nicholas Kipruto	Soph.	3:45.39
Sam Evans	Soph.	3:47.30
Keith Gerrard	Sr.	3:47.52
Allen Pittman	Jr.	3:56.95@
Alex Willis	Sr.	3:58.91
Richard York	Soph.	4:31.07
Brian Wilson	Sr.	5:16.84
Matt Everett	Sr.	
Sean Stam	Soph.	
Cory Kalm	Sr.	
Patrick Ortiz	Sr.	
Brock Hagerman	Sr.	

UNM Record - Lee Emanuel, 3:37.25, May 2, 2009 at Stanford Invitational

Mt. Sac Relays, 4/14	3:42.01@	5/15/10, MWC (UNM)
Sun Angel Invt, April 9	3:42.15@	5/15/10, MWC (UNM)
Sun Angel Invt, April 9	3:46.09	5/2/09 at Stanford
Payton Jordan/Stanford, 5/1	3:47.98	4/9/11, ArizonaSt./Sun Angel
Mt. Sac Relays, 4/16	3:49.35	4/15/10, Mt. SAC Relays
Sun Angel Invt, April 9		
UTEP Invitational, 4/16	3:59.59	4/23/10, Cal Invt.
Beach Invt., 4/16	3:53.67@	5/1/10, Don Kirby Invt.
NCAA Championships, 6/9	4:34.55	3/31/10, Texas Relays Deca.
MWC Decathlon, 5/12	5:07.99	3/31/10, Texas Relays Deca.
	3:51.78@	5/15/10, MWC (UNM)
	3:57.03@	5/1/10, Don Kirby Invt.
	4:02.14	4/23/10, Cal Invt.
	4:03.92	4/23/10, Cal Invt.
	4:06.16@	5/1/10, Don Kirby Invt.

3000 STEEPLE (WOMEN)

Ruth Senior	Jr.	10:18.24@
Nicola Hood	Fr.	10:33.57
Alex Darling	Sr.	10:35.69@
Emma Reed	Sr.	10:52.54
Sarah Higgins	Soph.	11:22.71@

UNM Record, Ruth Senior, 10:09.14, May 1, 2010 at Payton Jordan/Stanford Invt.

MWC Championship, 5/13	10:09.14	5/10/10, Payton Jordan/Sta.
Stanford Invt, 3/25		
MWC Championship, 5/13	10:39.79	5/1/11, Payton Jordan
Steve Scott/Cal-Irvine, 4/30	11:05.00	4/9/11, ArizonaSt/Sun Angel
New Mexico Tailwind Invt, 4/2		

3000 STEEPLECHASE (MEN)

Alex Willis	Sr.	8:59.84
Sean Stam	Soph.	9:09.12

UNM Record - Harrison Koroso, 8:33.44h, April 2, 1977 at Texas Relays

Payton Jordan/Stanford, 5/1	8:59.85	3/25/11, Stanford Invt.
Payton Jordan/Stanford, 5/1	9:14.78	4/14/11, Mt. Sac Relays

2011 BEST**ALL TIME BEST or PREVIOUS BEST****5000 METERS (WOMEN)**

Ruth Senior	Jr.	15:48.29
Natalie Gray	Jr.	15:52.73
Sarah Waldron	Jr.	16:27.61@
Kirsty Milner	Jr.	16:32.66@
Delyth James	Jr.	16:40.45
Vanessa Ortiz	Sr.	16:41.99
Kaitlyn Barry	Fr.	17:08.50
Shawna Winnegar	Jr.	17:15.76
Lacey Oeding	Jr.	
Janna Mitsos	Soph.	
Ashlee Smalley	Soph.	
Laura Lavezo	Soph.	

UNM Record - Ruth Senior, 15:48.29, May 1, 2011 at Payton Jordan/Stanford Invt.

Payton Jordan/Stanford, 5/1	15:57.32	3/26/10, Stanford Invt.
Mt. Sac Relays, 4/14		
MWC Championship, 5/14		
MWC Championship, 5/14		
Mt. Sac Relays, 4/14	17:12.23	5/1/10, Payton Jordan/Stanf.
Mt. Sac Relays, 4/14	17:07.30	4/15/10, Mt. SAC Relays
Stanford Invt., 3/25		
Stanford Invt., 3/25	17:42.96	4/23/10, Cal Invt.
	16:45.58	4/15/10, Mt. SAC Relays
	16:48.50	3/26/10, Stanford Invt.
	17:41.53	4/23/10, Cal Invt.
	17:48.35	4/23/10, Cal Invt.

5000 METERS (MEN)

Ross Millington	Jr.	13:36.39
Rory Fraser	Sr.	13:39.37
Nicholas Kipruto	Soph.	13:41.90
Keith Gerrard	Sr.	13:50.77@
Brock Hagerman	Sr.	14:14.55
Alex Willis	Sr.	14:28.97
Sean Stam	Soph.	14:36.32
Allen Pittman	Jr.	14:57.80
Patrick Ortiz	Sr.	
Cory Kalm	Sr.	

UNM Record - Lee Emanuel, 13:31.56, April 15, 2010 at Mt. SAC Relays

NCAA West Regional, 5/28	13:44.10	4/14/11, Mt. SAC Relays
Mt. Sac Relays, 4/14	13:39.85	4/10/09 at Mt. SAC Relays
NCAA West Regional, 5/28	13:48.06@	5/14/11, MWC (ColoradoSt)
MWC Championship, 5/14	13:58.33	4/14/11, Mt. Sac Relays
Stanford Invt., 3/25	14:27.34	4/15/10, Mt. SAC Relays
Mt. Sac Relays, 4/14	14:35.34	3/26/10, Stanford Invt.
Stanford Invt., 3/25	14:39.84	4/23/10, Cal Invt.
Payton Jordan/Stanford, 5/1	14:43.70@	5/15/10, MWC (UNM)
	14:46.64	4/23/10, Cal Invt.
	14:49.08	4/23/10, Cal Invt.

10,000 METERS (WOMEN)

Natalie Gray	Jr.	33:20.31
Ruth Senior	Jr.	33:33.23
Sarah Waldron	Jr.	33:51.08
Kirsty Milner	Jr.	34:37.38
Lacey Oeding	Jr.	35:13.10@
Vanessa Ortiz	Sr.	35:48.19@
Ashlee Smalley	Soph.	
Delyth James	Jr.	

UNM Record - Natalie Gray, 33:20.31, May 1, 2011 at Payton Jordan Stanford Invt.

Payton Jordan/Stanford, 5/1		
NCAA West Regional, 5/26	33:42.10	4/14/11, Mt. SAC Relays
Stanford Invt., 3/25		
Stanford Invt., 3/25		
MWC Championship, 5/13	35:19.43	3/26/10, Stanford Invt.
MWC Championship, 5/13		
	38:13.05@	5/14/10, MWC (UNM)
	38:40.61@	5/14/10, MWC (UNM)

10,000 METERS (MEN)

Keith Gerrard	Sr.	28:27.03
Rory Fraser	Sr.	28:41.01
Nicholas Kipruto	Soph.	31:38.90@
Alex Willis	Sr.	32:41.51@
Brock Hagerman	Sr.	
Allen Pittman	Jr.	
Patrick Ortiz	Sr.	

UNM Record - Ibrahim Kivina, 28:05.24h, 1984

Payton Jordan/Stanford, 5/1	28:42.51	3/26/10, Stanford Invt.
Payton Jordan/Stanford, 5/1		
MWC Championship, 5/13		
MWC Championship, 5/13		
	29:20.09	3/26/10, Stanford Invt.
	32:01.33@	5/14/10, MWC (UNM)
	33:05.06@	5/14/10, MWC (UNM)

4 x 100 RELAY (WOMEN)

Fisher-Taylor, Brazley, Selmon, Walker	46.35@
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UNM Record - Gyasi-Nmako, Whyte, McMillen, Smith, 45.26@, 2000

UTEP Invitational, 4/16	46.68	5/15/10, MWC (UNM)
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4 x 100 RELAY (MEN)

Trujillo, Montoya, Walker, Thomas	40.88
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UNM Record - Rivers, Caminiti, Head, Matison, 40.24yh, March 26, 1966 at Fresno

Steve Scott/Cal-Irvine, 5/1	41.81	4/23/11, Brutus Hamilton
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4 x 400 RELAY (WOMEN)

Brazley, Pitts, Kelchner, Perkins	3:49.20@
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UNM Record - Gyasi-Nmako, Matthews, Smith, Whyte, 3:41.11@, 2000

New Mexico Tailwind Invt, 4/2	3:48.44@	5/15/10, MWC (UNM)
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4 x 400 RELAY (MEN)

Montoya, Lewis, Muhammad, Evans	3:14.51@
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UNM Record - Ongwae, Dramiga, Kipkurgat, Solomon, 3:05.74yh, May 7, 1977 at WAC (BYU)

MWC Championship, 5/14	3:14.96@	4/2/11, UNM Tailwind Invt.
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2011 BEST**ALL TIME BEST or PREVIOUS BEST****LONG JUMP (WOMEN)**

UNM Record - Alesha Walker, 21' 4", April 12, 2008 at UTEP

Alesha Walker	Sr.	20' 4 1/4" (+2.6)	New Mexico Tailwind Invt. 4/2	21' 4"	5/12/08 at UTEP
		20' 10 3/4" (+4.9)	Texas Relays, 4/8		
Precious Selmon	Soph.	19' 11" (+1.1)	New Mexico Tailwind Invt. 4/2	18' 10 3/4" (+1.9)	3/26/11, Arizona State Invt.
Deanna Young	Sr.	19' 3/4" (+1.6)	New Mexico Tailwind Invt. 4/2	20' 7 1/4" (+2.3)	5/13/10, MWC (UNM)
Asal Salehpoor	Jr.	18' 3 3/4" (+1.8)	New Mexico Tailwind Invt. 4/2	17' 7 1/2" (+1.6)	3/26/11, Arizona State Invt.

LONG JUMP (MEN)

UNM Record - Clarence Robinson, 26' 9 1/4", April 23, 1965 at Drake Relays

Kendall Spencer	Fr.	24' 8 1/4" (+0.2)	UTEP Invitational, 4/16		
		24' 9 1/4" (+4.2)	New Mexico Tailwind Invt. 4/2		
David Brown	Fr.	23' 4 3/4" (+0.1)	New Mexico Tailwind Invt. 4/2	21' 11 1/2" (-0.1)	3/26/11, Arizona State Invt.
Richard York	Soph.	23' 3 1/2" (+2.7)	Texas Relays Decathlon, 4/6	22' 4 1/2"	4/23/10, Cal Invt.
Zach Smith	Fr.	23' 2 1/2" (+2.7)	New Mexico Tailwind Invt. 4/2	23' 1 1/4" (+1.3)	3/26/11, Arizona State Invt.
Sam Potter	Soph.	22' 7 3/4" (+2.1)	Arizona State Invt., 3/26		
Warrick Campbell	Fr.	20' 7 3/4" (-0.7)	Arizona State Invt., 3/26		
Brian Wilson	Sr.	20' 6 1/2"	MWC Decathlon, 5/12	21' 2 1 1/2"	5/12/10, MWC Deca (UNM)
Ty Kirk	Jr.		Mountain West Conf., 5/14	23' 7 1/4" (+4.2)	5/14/10, MWC (UNM)

TRIPLE JUMP (WOMEN)

UNM Record - Deanna Young, 43' 10 1/4", March 31, 2010 at Texas Relays

Deanna Young	Sr.	43' 2 1/2" (+5.4)	New Mexico Tailwind Invt. 4/2	43' 10 3/4"	3/31/10, Texas Relays
		42' 2 1/4" (+0.2)	Steve Scott/Cal-Irvine, 5/1		
Asal Salehpoor	Sr.	36' 3 1/2"	Arizona State Invt.	38' 9 3/4"	5/16/09 at MWC (Wyoming)

TRIPLE JUMP (MEN)

UNM Record - Dwayne Rudd, 54' 8 3/4", June 1, 1984 at NCAA Championship (Oregon)

Warrick Campbell	Fr.	49' 9" (+1.7)	UTEP Invitational, 4/16	48' 8" (+0.8)	3/26/11, Arizona State Invt.
		51' 0" (+3.6)	New Mexico Tailwind Invt. 4/2		
David Brown	Fr.	49' 1/4"	MWC Championship, 5/14	48' 1 1/4" (+0.8)	4/2/11, UNM Tailwind Invt.
Ty Kirk	Jr.			50' 11"	5/2/09 at New Mexico

HIGH JUMP (WOMEN)

UNM Record - Margaret Metcalfe, 5' 11", 1979 at New York City

Marin Schweigert	Soph.	5' 3"	MWC Championship, 5/13	5' 6"	4/20/10, TCU Invt.
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HIGH JUMP (MEN)

UNM Record - Bob Marchetti, 7' 3", May 22, 1993 at WAC (UTEP)

Django Lovett	Fr.	7' 1 3/4"	MWC Championship, 5/13	6' 11 3/4"	4/16/11, UTEP Invt.
Richard York	Soph.	6' 5"	MWC Decathlon, 5/11	6' 4 1/4"	5/12/10, MWC Decathlon
Sam Potter	Soph.	6' 1 1/2"	MWC Decathlon, 5/11	5' 8 1/2"	4/2/11, UNM Tailwind Invt.
Brian Wilson	Sr.	6' 1 1/2"	MWC Decathlon, 5/11	6' 2 1/4"	5/13/09 at MWC Dec.

POLE VAULT (WOMEN)

UNM Record - Margo Tucker, 13' 3 3/4", April 8, 2011 at Texas Relays

Margo Tucker	Fr.	13' 3 3/4"	Texas Relays, 4/8	13' 3/4"	4/2/11, UNM Tailwind Invt.
Amber Menke	Jr.	13' 3/4"	New Mexico Tailwind Invt. 4/2	12' 9 1/2"	3/26/11, Arizona State Invt.
Nathalie Busk	Fr.	12' 2"	UTEP Invitational, 4/16	11' 7"	4/2/11, UNM Tailwind Invt.
Julia Cook	Fr.	12' 2"	UTEP Invitational, 4/16	11' 7"	4/2/11, UNM Tailwind Invt.
Lauren Jaramillo	Sr.	11' 8"	UTEP Invitational, 4/16	11' 6 1/2"	4/23/10, Cal Invt.

POLE VAULT (MEN)

UNM Record - Simon Arkell, 18' 2", 1991

Logan Pflibsen	Fr.	17' 1 1/2"	MWC Championship, 5/14	16' 7 1/2"	5/1/11, Cal (Irvine)
Kyle Walker	Jr.	16' 7 1/2"	Steve Scott/Cal-Irvine, 5/1	17' 4 1/2"	5/14/10, MWC (UNM)
Chris Dodds	Soph.	15' 3"	New Mexico Tailwind Invt., 4/2	15' 1"	3/27/10, UTEP Springtime
Sam Potter	Soph.	15' 1 3/4"	MWC Decathlon, 5/12	16' 4 3/4"	5/14/10, MWC (UNM)
Richard York	Soph.	15' 1 3/4"	MWC Decathlon, 5/12	14' 9"	4/7/11, Texas Relays Deca.
Brian Wilson	Sr.	14' 2"	MWC Decathlon, 5/12	13' 9 1/4"	5/13/10, MWC Decathlon

SHOT PUT (WOMEN)

UNM Record - Amanda Barnes, 52' 9 1/2", April 23, 2005 at UC-San Diego/Triton Invitational

2011 BEST**ALL TIME BEST or PREVIOUS BEST****SHOT PUT (MEN)**

Richard York	Soph.	38' 1 1/4"
Brian Wilson	Sr.	38' 1/4"
Sam Potter	Soph.	36' 4 1/4"

UNM Record - Darren Crawford, 61' 4", April 2, 1989 at UNM vs. Arizona dual

UTEP Invitational, 4/16	38' 1/4"	4/6/11, Texas Relays Deca.
UTEP Invitational, 4/16	38' 11"	5/12/10, MWC Decathlon
UTEP Invitational, 4/16		

DISCUS (WOMEN)

UNM Record - Amanda Barnes, 166' 11", April 30, 2005 at Don Kirby/UNM Invitational

DISCUS (MEN)

Matthew Henry Marshall	Sr.	156' 7"
Brian Wilson	Sr.	124' 3"
Richard York	Soph.	119' 9"
Brad Maestas	Soph.	118' 8"
Sam Potter	Soph.	110' 0"

UNM Record - Ervin Jaros, 188' 5", 1970 at Modesto Relays

New Mexico Tailwind Invt., 4/2	163' 1"	4/4/09 at Pomona-Pitzer
Brutus Hamilton Invt., 4/23	139' 9"	5/1/10, Don Kirby
UTEP Invitational, 4/16	119' 5"	4/6/11, Texas Decathlon
New Mexico Tailwind Invt., 4/2		
UTEP Invitational, 4/16	101' 9"	4/2/11, UNM Tailwind Invt.

JAVELIN (WOMEN)

Lexi Ross	Fr.	137' 10"
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UNM Record - Katie Coronado, 181' 0", April 2009 at Texas Relays

MWC Championship, 5/14	119' 3"	5/1/11, Cal (Irvine)
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JAVELIN (MEN)

Richard York	Soph.	202' 1"
Mike Ellis	Fr.	189' 4"
Brian Wilson	Sr.	182' 0"

UNM Record - Anthony Fairbanks, 225' 9", May 29, 2009 at NCAA Regional (Oklahoma)

NCAA Championships, 6/9	195' 0"	5/13/10, MWC Decathlon
Brutus Hamilton Invt., 4/24	181' 2"	4/2/11, UNM Tailwind Invt.
MWC Decathlon, 5/12	182' 6"	5/15/09 at MWC (Wyoming)

HAMMER THROW (WOMEN)

UNM Record - Jamie Fishencord, 192' 6", April 30, 2005 at Don Kirby/UNM Invitational

HAMMER THROW (MEN)

Matthew Henry Marshall	Sr.	186' 9"
Brad Maestas	Soph.	152' 11"

UNM Record - Stephen Dunbar, 212' 5", May 5, 2000 at Don Kirby/UNM Invitational

Steve Scott/Cal-Irvine, 4/30	174' 11"	4/22/11, Brutus Hamilton
New Mexico Tailwind Invt., 4/2		

HEPTATHLON (WOMEN)

UNM Record - Sandy Fortner, 5723, May 12-13, 2010 at MWC Championship (UNM)

DECATATHLON (MEN)

Richard York	Soph.	7389 pts.
Brian Wilson	Sr.	6770 pts.
Sam Potter	Soph.	5436 pts.

UNM Record - Gary Kinder, 7959, 1985 NCAA Championships at Texas

Texas Relays, 4/6-7	7292 pts.	5/12-13/10, MWC
MWC Championship, 5/11-12	6762 pts.	5/12-13/10, MWC
MWC Championship, 5/11-12		

University of New Mexico Men's Outdoor Track & Field

All Time Top Ten (1958-2011) (Revised June 15, 2011)

Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.

HOW TO READ THE RANKINGS

PERFORMERS	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
PERFORMANCES:	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

NOTES

ALTITUDE: The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".

WIND READING: For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.

YARDS: Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.

RETIRED EVENTS: Certain events are no longer contested in the NCAA and those rankings have become "retired", but I wanted to list them to show the excellence achieved by those men. Those events are: 100 yards, 1 Mile, 2 Miles, 3 Miles, 120 yard Hurdles.

DATES OF RANKING: Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

100 METERS - INDIVIDUAL

1.	Gabriel Okon	10.17@	April 19, 1986 at New Mexico (raw 10.14)
2.	Lamaar Thomas	10.36@	May 15, 2010 at MWC (New Mexico) (raw 10.33)
3.	Jermaine McQueen	10.37@	May 15, 2009 at MWC (Wyoming) (raw time of 10.31)
4.	Dwayne Rudd	10.44	May 7, 1984 at WAC Champ. (San Diego State)
5.	Kevin Evans	10.51@	1979
6.	Quincy Wright	10.53@	May 18, 2002 at MWC (Air Force)
7.	Aaron Brack	10.56@	May 12, 2006 at MWC (BYU) (raw time of 10.53)
8.	Rishard Stafford	10.57	April 11, 1998 at Lobo Twilight
9.	David Lloyd	10.57@	May 17, 2003 at MWC (New Mexico) (raw 10.54)
10.	Reginal Johnson	10.58	May 2, 1998 at New Mexico Don Kirby

100 METER - PERFORMANCES

1.	Gabriel Okon	10.17@	1986
2.	Gabriel Okon	10.27	1987
3.	Gabriel Okon	10.34hw	1986
4.	Gabriel Okon	10.36	1986
5.	Lamaar Thomas	10.36@	2010
6.	Jermaine McQueen	10.37@	2009
7.	Lamaar Thomas	10.41	2010
8.	Dwayne Rudd	10.44	1984
9.	Gabriel Okon	10.44h	1986
10.	Jermaine McQueen	10.46	2009

200 METERS - INDIVIDUAL

1.	Gabriel Okon	20.44h(+1.1)	1987
2.	Bernie Rivers	20.74yh	March 19, 1966 at San Diego State
3.	Tony Eziuka	20.74h	1990
4.	Adolph Plummer	20.84yh	March 24, 1962 UNM vs. BYU at New Mexico
5.	Jermaine McQueen	20.95@	May 16, 2009 at MWC (Wyoming) (raw time of 20.83)
6.	Ahmed Raji	20.95@	2003
7.	Larry Davis	20.96	May 18, 2001 at MWC (San Diego)
8.	Art Carter	21.04yh	April 3, 1965, UNM vs. USC at New Mexico
9.	Dick Howard	21.14yh	March 28, 1959, UNM vs. Arizona/Wyoming at UNM
10.	Rene Matison	21.34yh	May 4, 1968, UNM vs. UTEP at New Mexico
11.	Jim Whitfield	21.34yh	May 20, 1961 at Skyline East Champ. (Denver)
12.	Walter Henderson	21.34yh	April 22, 1972 at BYU

200 METER - PERFORMANCES

1.	Gabriel Okon	20.44h (+1.1)	1987
2.	Gabriel Okon	20.51@	1986
3.	Gabriel Okon	20.65	1986
4.	Gabriel Okon	20.73	1986
5.	Tony Eziuka	20.74h	1990
6.	Bernie Rivers	20.74yh	1966
7.	Gabriel Okon	20.84h	1986
8.	Bernie Rivers	20.84yh	1964
9.	Bernie Rivers	20.84yh	1964
10.	Adolph Plummer	20.84yh	1962

400 METERS - INDIVIDUAL

1.	Adolph Plummer	45.14yh	May 25, 1963 at WAC Champ. (Arizona State)
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	May 16, 2009 at MWC (Wyoming) (raw time 45.68)
4.	Tony Eziuka	45.97	1990
5.	Charles Dramiga	46.14	1978
6.	Jeremiah Ongwae	46.25@	1977
7.	Art Carter	46.54yh	May 1, 1965, UNM vs. BYU/ACU at New Mexico
8.	Ian Stewart	46.59	May 2, 1998 at New Mexico Don Kirby
9.	Ken Head	46.64yh	April 23, 1966, UNM vs. Arizona/Arz. St at ASU
10.	Silver Ayoo	46.66	1980

400 METER - PERFORMANCES

1.	Adolph Plummer	45.14yh	1963
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	2009
4.	Michael Solomon	45.94h	1977
5.	Tony Eziuka	45.97	1990
6.	Michael Solomon	46.04h	1977
7.	Charles Dramiga	46.14	1978
8.	Michael Solomon	46.15	1976
9.	Michael Solomon	46.19	1976
10.	Tony Eziuka	46.20	1991

800 METERS - INDIVIDUAL			800 METER - PERFORMANCES		
1.	Sammy Kipkurgat	1:46.02@ 1977	1.	Sammy Kipkurgat	1:46.02@ 1977
2.	Jeremiah Ongwae	1:46.35 1979	2.	Jeremiah Ongwae	1:46.35 1979
3.	Pete Serna	1:48.02 1983	3.	Sammy Kipkurgat	1:46.54h 1977
4.	Mark Romero	1:48.25@ 1977	4.	Sammy Kipkurgat	1:46.56 1977
5.	Jim Dupree	1:48.34yh 1960 at Stanford	5.	Sammy Kipkurgat	1:46.64 1978
6.	Richie Martinez	1:48.54@ 1986	6.	Sammy Kipkurgat	1:47.83 1977
7.	Lee Emanuel	1:48.80@ May 15, 2010 at MWC (New Mexico) (raw 1:49.46)	7.	Sammy Kipkurgat	1:47.97 1978
8.	Tomas Ericson	1:49.04yh April 17, 1971, UNM vs. ASU at New Mexico	8.	Pete Serna	1:48.02 1983
9.	Roger Moore	1:49.14 1980	9.	Mark Romero	1:48.25@ 1977
10.	Sam Evans	1:49.42@ May 15, 2010 at MWC (New Mexico)(raw 1:50.08)	10.	Jim Dupree	1:48.34yh 1960

1500 METERS - INDIVIDUAL			1500 METER - PERFORMANCES		
1.	Lee Emanuel	3:37.25 May 2, 2009 at Stanford Invitational	1.	Lee Emanuel	3:37.25 2009
2.	Kip Koskei	3:38.66@ 1979	2.	Lee Emanuel	3:37.99 2009
3.	Sammy Kipkurgat	3:40.87@ 1977	3.	Kip Koskei	3:38.66@ 1979
4.	Greg Keith	3:41.07@ 1986	4.	Lee Emanuel	3:38.79 2010
5.	David Bishop	3:41.12 April 15, 2011 at Mt. Sac Relays	5.	Lee Emanuel	3:38.81 2010
6.	Ross Millington	3:42.15@ May 15, 2010 at MWC (New Mexico)(raw 3:47.48)	6.	Lee Emanuel	3:39.66 2009
7.	Richie Martinez	3:42.64h 1986	7.	Lee Emanuel	3:39.66@ 2010
8.	Matt Gonzales	3:42.83 May 31, 2003 at NCAA Regional	8.	Lee Emanuel	3:39.91 2009
9.	Rory Fraser	3:44.12 April 9, 2011 at Sun Angel Invt @ Arizona State	9.	Kip Koskei	3:39.94h 1979
10.	Nicholas Kipruto	3:45.39 May 1, 2011 at Payton Jordan/Stanford Invt.	10.	Lee Emanuel	3:40.77 2008

3000 STEEPLE - INDIVIDUAL			3000 STEEPLE - PERFORMANCES		
1.	Harrison Koroso	8:33.44h April 2, 1977 at Texas Relays	1.	Harrison Koroso	8:33.44h 1977
2.	Ibrahim Hussein	8:37.77 May 31, 1983 at NCAA (Houston)	2.	Harrison Koroso	8:33.84h 1978
3.	Tom Glass	8:38.64h 1986	3.	Ibrahim Hussein	8:37.77 1983
4.	Jay Miller	8:44.74h April 4, 1975 at Texas Relays	4.	Ibrahim Hussein	8:38.05 1983
5.	Adrian DeWindt	8:50.24h 1968	5.	Tom Glass	8:38.64h 1986
6.	Web Loudat	8:50.43@ 1967	6.	Harrison Koroso	8:42.45 1978
7.	Alex Willis	8:59.84 May 1, 2011 at Payton Jordan/Stanford Invt.	7.	Jay Miller	8:44.74h 1975
8.	Adam Kedge	9:00.73@ 1988	8.	Adrian DeWindt	8:50.24h 1968
9.	Pat Mulkey	9:04.24h April 6, 1991 at Arizona State	9.	Web Loudat	8:50.43@ 1967
10.	Phil Armijo	9:06.64h 1984	10.	Tom Glass	8:53.44h 1986

5000 METERS - INDIVIDUAL			5000 METER - PERFORMANCES		
1.	Lee Emanuel	13:31.56 April 16, 2010 at Mt. Sac Relays	1.	Lee Emanuel	13:31.56 2010
2.	Matt Gonzales	13:35.59 May 30, 2004 at Payton Jordan/Stanford Open	2.	Matt Gonzales	13:35.59 2004
3.	Chris Barnicle	13:36.02 April 16, 2010 at Mt. Sac Relays	3.	Chris Barnicle	13:36.02 2010
4.	Ross Millington	13:36.39 May 28, 2011 @ NCAA West Regional (Oregon)	4.	Ross Millington	13:36.39 2011
5.	Rory Fraser	13:39.37 April 14, 2011 at Mt. Sac Relays	5.	Rory Fraser	13:39.37 2011
6.	Ibrahim Kivina	13:39.45 1984	6.	Rory Fraser	13:39.40 2011
7.	Nicholas Kipruto	13:41.90 May 28, 2011 @ NCAA West Regional (Oregon)	7.	Ibrahim Kivina	13:39.45 1984
8.	Bill Mangan	13:44.24h March 20, 1986 at Cal St LA	8.	Rory Fraser	13:39.85 2009
9.	Ibrahim Hussien	13:45.84h 1984	9.	Matt Gonzales	13:40.57 2005
10.	Jacob Kirwa	13:48.85 May 1, 2010 at Payton Jordan/Stanford Invitational	10.	Nicholas Kipruto	13:41.90 2011

10000 METERS - INDIVIDUAL			10000 METER - PERFORMANCES		
1.	Ibrahim Kivina	28:05.24h 1984	1.	Ibrahim Kivina	28:05.24h 1984
2.	Kip Koskei	28:06.24h 1979	2.	Kip Koskei	28:06.24h 1979
3.	Ibrahim Hussein	28:10.24h 1984	3.	Ibrahim Hussein	28:10.24h 1984
4.	Chris Barnicle	28:10.59 May 1, 2010 at Payton Jordan/Stanford Invitational	4.	Chris Barnicle	28:10.59 2010
5.	Matt Gonzales	28:17.46 May 1, 2005 at Stanford	5.	Matt Gonzales	28:17.46 2005
6.	Keith Gerrard	28:27.03 May 1, 2011 at Payton Jordan/Stanford Invitational	6.	Matt Gonzales	28:22.77 2004
7.	Jeremy Johnson	28:33.08 May 4, 2008 at Stanford	7.	Matt Gonzales	28:26.88 2003
8.	Rory Fraser	28:41.01 May 1, 2011 at Payton Jordan/Stanford Invitational	8.	Keith Gerrard	28:27.03 2011
9.	Matt Ashton	28:50.93 May 2, 2009 at Stanford	9.	Jeremy Johnson	28:33.08 2008
10.	Lionel Ortega	29:07.46 1976	10.	Keith Gerrard	28:36.33 2011

110 HURDLES - INDIVIDUAL			110 HURDLES - PERFORMANCES		
1.	Fatweil Kimaiyo	13.68 June 1, 1978 at NCAA Championships	1.	Fatweil Kimaiyo	13.68 1978
2.	Willie Goldsmith	13.80 1985	2.	Fatweil Kimaiyo	13.70 1977
3.	Shawn Taylor	14.07@ 1987	3.	Willie Goldsmith	13.80 1985
4.	Kwane Stewart	14.18@ May 1, 1993 at UNM (Don Kirby) (14.14 raw)	4.	Shawn Taylor	14.07@ 1987
5.	Chris Barela	14.25@ May 12, 1988 at New Mexico (14.22 raw)	5.	Kwane Stewart	14.18@ 1993
6.	De'Vron Walker	14.35@ May 14, 2011 @ MWC Champ (CSU) (14.31 raw)	6.	Shawn Taylor	14.20 1988
7.	Marlon Gates	14.42@ 1975	7.	Shawn Taylor	14.21 1988
8.	Chris Garofola	14.48 May 12, 2004 at MWC (UNLV)	8.	Chris Barela	14.25@ 1988
9.	Brian Wilson	14.55@ May 12, 2011 @ MWC Decathlon (CSU) (14.51 raw)	9.	Kwane Stewart	14.27 1992
10.	Trini Avila	14.56@ 1988	10.	Kwane Stewart	14.29 1993

400 HURDLES - INDIVIDUAL			400 HURDLES - PERFORMANCES		
1.	Fatweil Kimaiyo	50.15	April, 1978 at Texas Relays	1.	Fatweil Kimaiyo 50.15 1978
2.	Mel Powers	50.57	May 8, 1976 at WAC Championship	2.	Fatweil Kimaiyo 50.22 1978
3.	Dick Howard	50.74yh	1959 in Denmark	3.	Mel Powers 50.57 1976
4.	David Lloyd	50.75@	March 30, 2002 at UTEP	4.	Fatweil Kimaiyo 50.65 1978
5.	Silver Ayoo	51.17	1980 at Texas Relays	5.	Dick Howard 50.74yh 1959
6.	Bobby Lewis	51.34h	1985	6.	David Lloyd 50.75@ 2002
7.	Ken Ohman	51.44yh	April 7, 1972 at Texas Relays	7.	Fatweil Kimaiyo 50.81 1979
8.	Chaz Lewis	51.49@	May 14, 2011 @ MWC Champ (CSU) (51.38 raw)	8.	Dick Howard 50.94yh 1959
9.	Daniel Dramiga	51.94h	1985	9.	Silver Ayoo 51.17 1980
10.	Yusuf Muhammad	52.12@	May 14, 2011 @ MWC Champ (CSU) (52.01 raw)	10.	Mel Powers 51.24yh 1975

4 x 100 RELAY		
1.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.24yh March 26, 1966 at Fresno
2.	Thomas Trujillo, Jarrin Solomon, Phil Reid, Jermaine McQueen	40.30@ May 16, 2009 at MWC (Wyoming) (raw time 40.06)
3.	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas	40.35 May 29, 2010 at NCAA Regional (Texas)
4.	Chris Garofola, David Lloyd, Rashawn Jackson, Ahmed Raji	40.47 May 30, 2003 at NCAA Regional (Nebraska)
5.	Harvey Blair, Walter Little, Ed Lloyd, Bernie Rivers	40.54yh May 9, 1964 at New Mexico vs. Southern Cal Striders
6.	Art Carter, Steve Caminiti, Rene Matison, Bernie Rivers	40.54yh May 1, 1965 at New Mexico vs. BYU & Abilene Christian
7.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.54yh May 13, 1967 at West Coast Relays
8.	TEAM MEMBERS NAMES UNKNOWN	40.61 May 2, 1998 at New Mexico Don Kirby
9.	Art Carter, Billy Thompson, Ed Lloyd, Adolph Plummer	40.74yh May 10, 1963 at New Mexico vs. Abilene Christian
10.	Stacey Blakemore, Willie Garcia, Everett, Tony Eziuka	40.80@ 1990

4 x 400 RELAY		
1.	Jeremiah Ongwae, Charles Dramiga, Sammy Kipkurgat, Michael Solomon	3:05.74yh May 7, 1977 at WAC (BYU)
2.	Art Carter, Rene Matison, Bernie Rivers, Ken Head	3:06.84yh May 7, 1966 at UNM vs. Houston/ACU/Texas Western
3.	Art Carter, Joe Garcia, Ed Lloyd, Adolph Plummer	3:08.34yh May, 1963 at UCLA
4.	David Lloyd, Nick Lott, Chris Garofola, Ahmed Raji	3:10.63 April 12, 2003 at LSU
5.	Fred James, Matt Henry, Reid Cole, Keith Ohman	3:10.64yh May 13, 1973 at WAC
6.	Taylor Siemen, Kurt Henry, Jarrin Solomon, Randle McCain	3:10.72 March 31, 2007 at Arizona
7.	Bernie Rivers, Walter Little, Ed Lloyd, Art Carter	3:11.44yh April 11, 1964 at Abilene Christian
8.	Lott, Larry Davis, Ian Stewart, Matt Bishop	3:11.80 2001
9.	TEAM MEMBERS NAMES UNKNOWN	3:11.87@ 1987
10.	Ulf Nilsson, Reid Cole, Tom Ericson, Jesse Johnson	3:12.04yh April, 1970 at Texas Relays

LONG JUMP - INDIVIDUAL			LONG JUMP - PERFORMANCES		
1.	Clarence Robinson	26' 9 1/4"	April 23, 1965 at Drake Relays	1.	Clarence Robinson 26' 9 1/4" 1965
2.	Fidelis Ndyabagye	26' 1 3/4"	1985	2.	Fidelis Ndyabagye 26' 1 3/4" 1985
3.	Dwayne Rudd	25' 10"	1984	3.	Dwayne Rudd 25' 10" 1984
4.	Skip Peterson	25' 9 1/2"	1975		Clarence Robinson 25' 10" 1965
5.	Del Blanks	25' 7"	May 27, 1961 at Skyline Championship (BYU)	4.	Skip Peterson 25' 9 1/2" 1975
6.	Ken Medley	25' 5 3/4"	1962	5.	Clarence Robinson 25' 7 1/2" 1965
7.	Ira Robinson	25' 5 1/4"	May, 1966 at New Mexico (AAU Championship)	6.	Fidelis Ndyabagye 25' 7" 1985
8.	Bob Nance	25' 3 3/4"	April 13, 1974 at Texas Relays		Del Blanks 25' 7" 1961
9.	Chuck Steffes	25' 2"	April 22, 1972 at BYU	7.	Clarence Robinson 25' 6 1/4" 1965
10.	Mikael Bernhardt	24' 10"	1976	8.	Clarence Robinson 25' 6" 1965

TRIPLE JUMP - INDIVIDUAL			TRIPLE JUMP - PERFORMANCES		
1.	Dwayne Rudd	54' 8 3/4"	June 1, 1984 at NCAA (Oregon)	1.	Dwayne Rudd 54' 8 3/4" 1984
2.	Mikael Bernhardt	53' 1"	1975	2.	Dwayne Rudd 54' 4" 1984
3.	Chuck Steffes	53' 0"	June 2, 1972 at NCAA (Oregon)	3.	Dwayne Rudd 53' 8" 1984
4.	Clarence Robinson	52' 8 1/4"	May 22, 1965 at UNM (WAC)	4.	Mikael Bernhardt 53' 1" 1975
5.	Art Baxter	52' 8"	May 19, 1967 at UNM (WAC)	5.	Chuck Steffes 53' 0" 1972
6.	Ty Kirk	50' 11"	May 2, 2009 at UNM (Don Kirby Invt.)	6.	Dwayne Rudd 52' 10" 1984
7.	Ira Robinson	50' 1/4"	1967	7.	Chuck Steffes 52' 9" 1972
8.	Warrick Campbell	49' 9"	April 16, 2011 at UTEP Invitational	8.	Clarence Robinson 52' 8 1/4" 1965
9.	Charles Bishop	49' 7 3/4"	April 15, 1995 at Air Force	9.	Art Baxter 52' 8" 1967
10.	Fidelis Ndyabagye	49' 7"	1984	10.	Mikael Bernhardt 52' 7 1/4" 1975

HIGH JUMP - INDIVIDUAL			HIGH JUMP - PERFORMANCES		
1.	Bob Marchetti	7' 3"	May 22, 1993 at WAC (UTEP)	1.	Bob Marchetti 7' 3" 1993
2.	David Llamas	7' 2"	March 15, 1997 at New Mexico	2.	David Llamas 7' 2" 1997
3.	Ivar Hella	7' 1 3/4"	1992	3.	Ivar Hella 7' 1 3/4" 1992
	Django Lovett	7' 1 3/4"	May 13, 2011 @ MWC Championship (ColoradoSt)	4.	Ivar Hella 7' 1 3/4" 1992
5.	Mike Foster	7' 1 1/2"	1985		Django Lovett 7' 1 3/4" 2011
6.	Ingemar Nyman	7' 1"	March 25, 1972 at New Mexico vs. Colorado	5.	Ivar Hella 7' 1 1/2" 1989
7.	Kimani Harper	7' 1/2"	May 18, 1994 at WAC (Fresno State)		Mike Foster 7' 1 1/2" 1985
8.	Vic Del Frate	6' 11 1/2"	1988	6.	Ingemar Nyman 7' 1" 1972
9.	Hank Baskett	6' 11"	May 14, 2004 at MWC (UNLV)	7.	Kimani Harper 7' 1/2" 1994
10.	Josh Cosio	6' 10 3/4"	March 25, 2006 at Arizona	8.	David Llamas 7' 1/4" 1997
	Alfred Neale	6' 10 3/4"	April 2, 2005 at UTEP		

POLE VAULT - INDIVIDUAL

1.	Simon Arkell	18' 2"	1991
2.	Derek Mackell	18' 1"	May 28, 2006 at NCAA Regionals (Texas)
	Robert Caldwell	18' 1"	May 14, 2008 at MWC (TCU)
4.	Kyle Walker	17' 4 1/2"	May 15, 2010 at MWC (New Mexico)
5.	Logan Pflibsen	17' 1 1/2"	May 14, 2011 @ MWC Champ. (Colorado State)
6.	Ingemar Jernberg	17' 3/4"	1972 at Karlstad, Sweden
7.	Randy Bryant	16' 8"	1988
8.	Marty Niebauer	16' 6"	1982
9.	John Mattinson	16' 5 1/2"	May 7, 1988 at WAC (BYU)
10.	Mark Johnson	16' 5 1/4"	May 29, 2004 at NCAA Regional (Texas A&M)

POLE VAULT - PERFORMANCES

1.	Simon Arkell	18' 2"	1991
2.	Derek Mackell	18' 1"	2006
	Robert Caldwell	18' 1"	2008
3.	Simon Arkell	18' 1/2"	1990
	Simon Arkell	18' 1/2"	1991
4.	Simon Arkell	17' 10 1/4"	1989
5.	Simon Arkell	17' 9"	1989
6.	Derek Mackell	17' 8 3/4"	2005
7.	Simon Arkell	17' 7"	1990
8.	Robert Caldwell	17' 6 3/4"	2008

SHOT PUT - INDIVIDUAL

1.	Darren Crawford	61' 4"	April 2, 1989 at UNM vs. Arizona
2.	Larry Kennedy	58' 10"	April 3, 1965 at UNM vs. USC
3.	Randy Withrow	57' 6"	April 12, 1975 at Arizona State
4.	Greg Reese	57' 2 1/4"	1990
5.	Darrell Rich	57' 0"	May 7, 1966 at UNM vs. Houston/Abilene Christian
6.	Ervin Jaros	56' 10 1/4"	April 11, 1970 at UNM vs. Arizona
7.	Jason Barkemeyer	56' 9 1/2"	March 27, 2004 at UTEP
	Burt Marks	56' 9 1/2"	1966
9.	Henry Stephens	55' 4 1/4"	May 15, 2000 at MWC (BYU)
10.	Jordan Parker	55' 3"	March 18, 2005 at Arizona

SHOT PUT - PERFORMANCES

1.	Darren Crawford	61' 4"	1989
2.	Darren Crawford	61' 2"	1990
3.	Darren Crawford	60' 6"	1989
4.	Darren Crawford	60' 5"	1989
5.	Darren Crawford	59' 10 1/2"	1986
6.	Darren Crawford	59' 9 3/4"	1989
7.	Darren Crawford	59' 5"	1989
8.	Darren Crawford	59' 4 1/2"	1987
9.	Darren Crawford	59' 4"	1986
10.	Darren Crawford	59' 1 1/2"	1990

DISCUS - INDIVIDUAL

1.	Ervin Jaros	188' 5"	1970 at Modesto, CA
2.	Larry Kennedy	185' 2 1/2"	1964 NCAA Championships
3.	Steve Dunbar	183' 2"	April 12, 1997 at New Mexico (Don Kirby)
4.	Mike Jeffery	176' 7"	April 13, 1968 at Oklahoma Relays
5.	Steve Dudley	176' 4"	1987
6.	Greg Rees	175' 1"	May 18, 1991 at WAC (San Diego State)
7.	Jason Barkemeyer	173' 2"	March 31, 2004 at Texas Relays
8.	Lennart Andersen	172' 6 1/2"	April 28, 1973 at Utah
9.	Burt Marks	171' 10"	1965
10.	Jordan Parker	171' 0"	April 30, 2005 at UNM (Don Kirby)

DISCUS - PERFORMANCES

1.	Ervin Jaros	188' 5"	1970
2.	Ervin Jaros	185' 9"	1968
3.	Larry Kennedy	185' 2 1/2"	1964
4.	Ervin Jaros	184' 8 1/4"	1970
5.	Larry Kennedy	183' 5 1/2"	1964
6.	Steve Dunbar	183' 2"	1997
7.	Ervin Jaros	182' 11 1/2"	1970
8.	Ervin Jaros	180' 1/2"	1969
9.	Ervin Jaros	179' 0"	1970
10.	Ervin Jaros	178' 7 1/2"	1970

JAVELIN (NEW - FROM 1986 TO THE PRESENT) - INDIVIDUAL

1.	Anthony Fairbanks	225' 9"	May 29, 2009 at NCAA Regional (Oklahoma)
2.	Donnie Lujan	225' 4"	May 17, 1991 at WAC (San Diego State)
3.	Matt Keeran	218' 8"	March 25, 2006 at Arizona
4.	Robbie Gallegos	211' 8"	1988
5.	Jon Vigil	211' 0"	May 6, 1989 at UTEP
6.	Adrian Romero	205' 5"	May 1, 1993 at UNM
7.	H.R. McAdams	205' 1"	1987
8.	Jimmy Minner	204' 0"	May 3, 2003 at UTEP Twilight
9.	Dan Feltman	202' 9"	May 9, 2007 at MWC (San Diego)
	Tyler Nunn	202' 9"	April 16, 2000 at Pomona Pitzer

JAVELIN (NEW) - PERFORMANCES

1.	Anthony Fairbanks	225' 9"	2009
2.	Donnie Lujan	225' 4"	1991
3.	Anthony Fairbanks	224' 11"	2008
4.	Anthony Fairbanks	223' 7"	2009
5.	Anthony Fairbanks	220' 11"	2008
6.	Anthony Fairbanks	219' 1"	2009
7.	Matt Keeran	218' 8"	2006
8.	Anthony Fairbanks	218' 4"	2009
9.	Anthony Fairbanks	217' 9"	2007
10.	Anthony Fairbanks	216' 9"	2008

HAMMER - INDIVIDUAL

1.	Stephen Dunbar	212' 5"	May 5, 2000 at New Mexico (Don Kirby)
2.	Greg Farmer	205' 8"	1978
3.	Ted Crouch	201' 1"	1985
4.	Leo Archer	193' 4"	May 6, 1989 at UTEP
5.	Matthew Henry-Marshall	186' 9"	April 30, 2011 at Steve Scott/Cal-Irvine Invitational
6.	Darren Crawford	184' 3"	1989
7.	Willie McKee	183' 3"	1987
8.	Tom Ferrier	176' 1"	1985
9.	Josh Parra	175' 7"	May 1, 2004 at UNM (Don Kirby)
10.	Andre Meurer	166' 11"	1990

HAMMER - PERFORMANCES

1.	Stephen Dunbar	212' 5"	2000
2.	Stephen Dunbar	208' 4"	1998
3.	Greg Farmer	205' 8"	1978
4.	Stephen Dunbar	202' 0"	1998
5.	Stephen Dunbar	201' 6"	2000
6.	Stephen Dunbar	201' 1"	2000
	Ted Crouch	201' 1"	1985
7.	Ted Crouch	198' 0"	1985
8.	Ted Crouch	196' 8"	1985
9.	Stephen Dunbar	196' 4"	1997

DECATHLON - INDIVIDUAL

1.	Gary Kinder	7959	1985 NCAA at Texas (11.22w-22' 3" - 49' 10 1/2" - 6' 6 3/4" -51.04 - 15.1w - 162' 6" - 15' 9" - 222' 9" - 4:52.01)
2.	Marty Niebauer	7572	June 2-3, 1982 at NCAA (BYU) (11.22-21' 7 1/4"-41' 9"-6' 3 1/4"-49.29-15.74-118' 0"-15' 8 3/4"-214' 3 3/4"-4:27.36)
3.	Chris Warner	7525	1987 WAC Championship (UTEP)
4.	Richard York	7389	April 6-7, 2011 at Texas Relays (10.85-23' 3 1/2"-38' 1/4"-6' 2 3/4"-49.50-15.62-119' 5"-14' 9"-186' 3"-4:36.06)
5.	Mark Johnson	7325	May 13, 2004 at MWC (UNLV) (11.22 - 22' 7 3/4" - 41' 8" - 6' 7" - 50.47 - ??????????????)
6.	Dan Feltman	7278	April 14, 2005 at Mt. Sac Relays (11.33-22' 5 3/4"-45' 10 1/2"-5' 10 3/4"-50.24-15.50-125' 4"-15' 1"-189' 6"-4:46.29)
7.	H.R. McAdams	6922	March 19, 1988 at Occidental
8.	Frank Joseph	6837	1974
9.	Brian Wilson	6770	May 11-12, 2011 at MWC (CSU) (11.25-20'6"-36'3"-6' 1 1/2"-52.32-14.51-123' 9"-14'2"-182' 0"-5:16.84)
10.	Scott Steffan	6705	May 5, 1988 at WAC (BYU) (11.13-22' 3 1/4"-39' 7 3/4"-6' 3 1/2"-51.81-15.39-116' 9 -12' 3 1/2"-172' 11"-5:14.85)

RETIRED EVENTS (NCAA EVENTS THAT ARE NO LONGER CONTESTED)

100 YARDS - INDIVIDUAL

1.	Rene Matison	9.4	March 19, 1966 at San Diego State
	Bernie Rivers	9.4	April 18, 1964 at San Jose State
	Steve Caminiti	9.4	April 15, 1967 at UNM vs. Texas A&M & Kansas
	Walter Henderson	9.4	March 23, 1974 at UTEP
5.	Jim Whitfield	9.5	May 20, 1961 at Skyline Conference East (Denver)
	Jesse Johnson	9.5	March 31, 1970, at Abilene Christian
7.	Ed Lloyd	9.6	April 3, 1965 at New Mexico vs. USC
	Dick Howard	9.6	March 21, 1959 at New Mexico vs. BYU
9.	Ivory Moore	9.7	March 29, 1969 at Colorado
	Don Hanosh	9.7	April 12, 1969 at Arizona
	Adolph Plummer	9.7	March 26, 1960 at Texas Tech
	George Heard	9.7	May 20, 1961 at Skyline Conference East (Denver)
	George Gardner	9.7	April 20, 1963 at Abilene Christian

100 YARDS - PERFORMANCES

1.	Rene Matison	9.4	1966
	Bernie Rivers	9.4	1964
	Steve Caminiti	9.4	1967
	Walter Henderson	9.4	1974
	Rene Matison	9.4	1965
	Bernie Rivers	9.4	1965
	Bernie Rivers	9.4	1964
	Rene Matison	9.4	1968
	Rene Matison	9.4	1968
2.	Jim Whitfield	9.5	1961
	Jesse Johnson	9.5	1970
	Rene Matison	9.5	1965
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1967
	Rene Matison	9.5	1967
	Steve Caminiti	9.5	1966
	Walter Henderson	9.5	1971

1 MILE - INDIVIDUAL

1.	Dave Roberts	4:02.5	1971 at Fresno
2.	Kip Koskei	4:03.28	April 28, 1979 at Drake Relays
3.	Web Loudat	4:04.1	April 24, 1969
4.	Mike Thornton	4:04.4	April 9, 1966 at Abilene Christian
5.	John Baker	4:05.4	April 23, 1966 at Arizona State
6.	Ron Eller	4:06.0	March 16, 1968 at Arizona State
7.	Sammy Kipkurgat	4:06.2	April 9, 1977 at New Mexico Inv.
8.	John Allison	4:07.34	April 15, 1972 at Arizona State
9.	Chuck Schuch	4:09.5	March 1, 1969 at Houston
10.	Lionel Ortega	4:10.76	1976

1 MILE - PERFORMANCES

1.	Dave Roberts	4:02.5	1971
2.	Kip Koskei	4:03.28	1979
3.	Web Loudat	4:04.1	1969
4.	Mike Thornton	4:04.4	1966
5.	John Baker	4:05.4	1966
6.	John Baker	4:05.8	1966
7.	Dave Roberts	4:06.8	1971
8.	Web Loudat	4:06.8	1966
9.	Mike Thornton	4:07.0	1966
10.	John Baker	4:07.4	1966

2 MILES - INDIVIDUAL

1.	George Scott	8:51.1	April 29, 1967 at Drake Relays
2.	Web Loudat	9:00.7	April 5, 1969 at Oklahoma Relays
3.	Chuck Schuch	9:03.5	April 5, 1969 at Oklahoma Relays
4.	Ron Eller	9:03.6	March 12, 1966 at New Mexico
5.	Ed Coleman	9:09.2	March 20, 1965, NM vs Wyoming & Adams State
6.	Lloyd Burson	9:23.8	April 2, 1964
7.	Faustino Salazar	9:26.4	March 31, 1973 at Arizona
8.	John Allison	9:26.9	March 31, 1973 at Arizona
9.	Lloyd Goff	9:30.6	May 25, 1963 at WAC Championship (Arizona St.)
10.	Dean Johnson	9:39.2	April 14, 1962 at Abilene Christian

3 MILES - INDIVIDUAL

1.	Lionel Ortega	13:33.9	1976 at Texas Relays
2.	Chuck Schuch	13:34.6	April, 1970
3.	Ron Eller	13:46.2	1968
4.	Blair Johnson	13:49.2	April 12, 1975 at Arizona State with Cal
5.	George Scott	13:51.7	April 9, 1966 at Abilene Christian
6.	Web Loudat	14:02.4	March 1, 1969 at Houston

6 MILES - INDIVIDUAL

1.	Ibrahim Kivina	28:06.00	June 1, 1984 at NCAA (Oregon)
2.	Lionel Ortega	28:37.0h	1976
3.	Blair Johnson	29:35.8h	April 19, 1974 at Kansas Relays
4.	Matt Segura	29:53.6h	1976
5.	Faustino Salazar	31:14.9	May 11, 1973 at BYU

120 YARD HURDLES - INDIVIDUAL

1.	Melvin Powers	13.9	March 29, 1975 at Arizona
	Fred Knight	13.9	April 3, 1965 at New Mexico vs. USC
3.	Roosevelt Williams	14.0	May 10, 1969 at West Coast Relays
4.	Marlon Gates	14.1	March 29, 1975 at Arizona
	Rich Mauck	14.1	April 17, 1971 at New Mexico
	Harold Bailey	14.1	May 7, 1966 at New Mexico
7.	Dick Howard	14.2	April 16, 1960 at Abilene Christian
8.	George Loughridge	14.5	May 22, 1965 at WAC Championship (UNM)
9.	Bob Little	14.6	May 24, 1963 at WAC Championship (Arizona St.)
10.	Del Blank	14.7	April 15, 1961 at Colorado

JAVELIN (OLD - THROWN UP TO 1985) - INDIVIDUAL

1.	Ake Nilsson	284' 11"	1968 at Modesto, CA
2.	Per Eric Smiding	264' 7"	1972
3.	Ulf Johansson	256' 4"	March 7, 1970 at UNM vs. Eastern New Mexico
4.	Frank Burgasser	245' 9 1/2"	April 3, 1965 at New Mexico (UNM vs. USC)
5.	Buster Quist	244' 9"	July 9, 1959 at Philadelphia (USA vs. USSR)
6.	Gary Kinder	241' 9"	March 4, 1985 at Arizona
7.	Dave Benyak	234' 8"	April 9, 1977 at New Mexico
8.	Don Brodus	231' 2"	April 20, 1963 at Abilene Christian
9.	John McMahon	225' 7"	May 26, 1962 at Denver (Mountain State Conf.)
10.	Eric Christianson	219' 7 1/2"	1965

220 YD LOW HURDLES - INDIVIDUAL

1.	Dick Howard	22.8	March 26, 1959 at New Mexico vs. Minnesota
2.	George Heard	23.4	May 27, 1961 at Skyline Championship (BYU)
3.	Jim Blair	23.8	May 11, 1962 at New Mexico vs. ACU
4.	Bob Schnurr	24.5	March 31, 1958 at New Mexico vs. Wyoming
5.	Fred Knight	24.5	March 2, 1963
6.	John Ramsey	25.5	

330 YD HURDLES - INDIVIDUAL

1.	Fred Knight	36.8	May 23, 1964 at WAC Championship
2.	Steve Caminiti	37.8	March 20, 1965 at UNM vs. Wyoming/Adams St.
3.	Wayne Vandenberg	38.0	May 10, 1963 at New Mexico vs. Abilene Christian
4.	Bob Little	38.9	March 16, 1963 at New Mexico vs. Arizona State
5.	Ed Lloyd	38.9	March 14, 1964 at Arizona State
6.	Ken Medley	39.5	May 16, 1964 at New Mexico vs. Abilene Christian

120 YARD HURDLES - PERFORMANCES

1.	Melvin Powers	13.9	1975
	Fred Knight	13.9	1965
2.	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
3.	Marlon Gates	14.1	1975
	Rich Mauck	14.1	1971
	Harold Bailey	14.1	1966
	Roosevelt Williams	14.1	1969
	Roosevelt Williams	14.1	1969

JAVELIN (OLD) - PERFORMANCES

1.	Ake Nilsson	284' 11"	1968
2.	Ake Nilsson	274' 11"	1971
3.	Ake Nilsson	273' 1"	1971
4.	Ake Nilsson	269' 9 1/2"	1971
5.	Ake Nilsson	264' 11 1/2"	1971
6.	Per Eric Smiding	264' 7"	1972
7.	Ake Nilsson	261' 7 1/2"	1971
8.	Per Eric Smiding	260' 6 1/2"	1973
9.	Per Eric Smiding	260' 0"	1972
10.	Ake Nilsson	257' 4 1/2"	1968

University of New Mexico Women's Outdoor Track & Field

All Time Top Ten (1971-2011) (Revised June 15, 2011)

Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.

HOW TO READ THE RANKINGS

PERFORMERS	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
PERFORMANCES:	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

NOTES

ALTITUDE: The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".

WIND READING: For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.

YARDS: Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.

DATES OF RANKING: Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

100 METERS - INDIVIDUAL

1.	Barbara Bell	11.42	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	11.48	April 5, 1981 at Texas Relays
3.	Pam Posey	11.53@	1985
4.	Amanda Fields	11.54h	May 2, 1981 at Kansas State
5.	Natanya Jones	11.63@	May 18, 1990 at WAC (Colorado State)(11.61 raw)
6.	Nicole Oates-Lee	11.69@	April 11, 1998 at New Mexico Twilight (11.66 raw)
7.	Terrian Florence	11.71@	May 18, 1990 at WAC (Colorado State)(11.69 raw)
8.	Kristian Matison	11.79@	May 13, 2006 at MWC (BYU) (11.76 raw)
9.	Dayna McMillen	11.81@	2001
	Adwoa Gyasi-Nmako	11.81@	May 5, 2000 at New Mexico (Don Kirby)

100 METER - PERFORMANCES

1.	Barbara Bell	11.42	1984
2.	Michelle Matthias	11.48	1981
3.	Barbara Bell	11.49	1983
4.	Barbara Bell	11.52	1984
5.	Pam Posey	11.53@	1985
6.	Amanda Fields	11.54h	1981
	Barbara Bell	11.54h	1984
7.	Michelle Matthias	11.55	1981
8.	Barbara Bell	11.57	1983
9.	Barbara Bell	11.58	1985

200 METERS - INDIVIDUAL

1.	Barbara Bell	23.44h	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	23.62	May 7, 1981 at AIAW Regionals (Utah)
	Adwoa Gyasi-Nmako	23.62@	May 17, 2000 at MWC (BYU)
4.	Ariel Burr	23.73@	April 28, 2007 at UNM (Don Kirby)(raw 23.66)
5.	Terrian Florence	23.77@	May 19, 1990 at WAC (Colorado State)(raw 23.70)
6.	Arlene Smith	23.85	May 18m 2001 at MWC (San Diego)
7.	Natanya Jones	23.95@	May 16, 1990 at WAC (Colorado State)(raw 23.88)
8.	Tabitha Shaw	24.03@	2006
9.	Angela Whyte	24.05	May 5, 2000 at New Mexico (Don Kirby)
10.	Pam Posey	24.28@	May 6, 1987 at High Country Champ (UTEP)(raw 24.21)

200 METER - PERFORMANCES

1.	Barbara Bell	23.44h	1984
2.	Barbara Bell	23.59	1983
3.	Michelle Matthias	23.62	1981
	Adwoa Gyasi-Nmako	23.62@	2000
4.	Michelle Matthias	23.64h	1981
5.	Michelle Matthias	23.73	1981
	Ariel Burr	23.73@	2007
6.	Michelle Matthias	23.77	1981
	Terrian Florence	23.77@	1990
7.	Barbara Bell	23.82	1983

400 METERS - INDIVIDUAL

1.	Ariel Burr	52.85	May 26, 2007 at NCAA Regionals.
2.	Arlene Smith	54.24	May 19, 2001 at MWC (San Diego)
3.	Shirley Pitts	54.55	April 23, 2011 at Brutus Hamilton Invnt. (Cal)
4.	Adwoa Gyasi-Nmako	54.60@	April 1, 2000 at UTEP
5.	Shannon Vessup	54.75@	1983
6.	LeiAnna Matthews	54.88	May 17, 2000 at MWC (BYU)
7.	Tecia Chemabawi	55.03@	1977
8.	Barbara Bell	55.06@	March 31, 1984 at Texas Tech (54.95 raw)
9.	Tawsha Brazley	55.09@	May 15, 2010 at MWC (New Mexico) (raw 54.98)
10.	Kimilia Davis	55.28	May 15, 2004 at MWC (UNLV)

400 METER - PERFORMANCES

1.	Ariel Burr	52.85	2007
2.	Ariel Burr	52.93	2006
3.	Ariel Burr	53.04@	2006
4.	Ariel Burr	53.17	2007
5.	Ariel Burr	53.36	2006
6.	Ariel Burr	53.47@	2006
7.	Ariel Burr	53.48	2006
8.	Ariel Burr	53.98	2008
9.	Ariel Burr	54.00	2005
10.	Ariel Burr	54.02	2008

800 METERS - INDIVIDUAL				800 METER - PERFORMANCES			
1.	Susan Vigil	2:04.34h	1979 at Michigan State	1.	Susan Vigil	2:04.34h	1979
2.	Tecia Chemabawi	2:05.04h	1977	2.	Susan Vigil	2:04.64h	1979
3.	Regina Dramiga	2:05.54h	1982	3.	Tecia Chemabawi	2:05.04h	1977
4.	Margaret Metcalf	2:07.49	1982	4.	Regina Dramiga	2:05.54h	1982
5.	Cindy Ashby	2:07.84h	1978	5.	Susan Vigil	2:07.14h	1977
6.	Joan Sterrett	2:08.83	May 11, 1985 at High Country Champ. (UNM)	6.	Susan Vigil	2:07.44h	1978
7.	Monique Harris	2:09.82@	May 17, 1996 at WAC (7.	Margaret Metcalf	2:07.49	1982
8.	Riann Lucy	2:10.36	April 15, 2005 at Mt. Sac Relays	8.	Susan Vigil	2:07.84h	1979
9.	Edna Lankry	2:11.04	April 29, 1990 at Cal Irvine		Cindy Ashby	2:07.84h	1978
10.	Kristi Leonard	2:11.34h	March 9, 1985 at New Mexico	9.	Regina Dramiga	2:07.85	1981

1500 METERS - INDIVIDUAL				1500 METER - PERFORMANCES			
1.	Kristi Leonard	4:20.38	1985	1.	Kristi Leonard	4:20.38	1985
2.	Carole Roybal	4:21.02@	1985	2.	Carole Roybal	4:21.02@	1985
3.	Cynthia Herhahn	4:22.34	April 23, 1988 at Mt. Sac Relays	3.	Cynthia Herhahn	4:22.34	1988
4.	Edna Lankry	4:22.63	May 18, 1991 at WAC (San Diego State)	4.	Edna Lankry	4:22.63	1991
5.	Ashley Gibson	4:23.23	May 2, 2009 at Stanford Invitational	5.	Ashley Gibson	4:23.23	2009
6.	Susan Vigil	4:23.34h	1979 at Texas Relays	6.	Ashley Gibson	4:23.96	2009
7.	Sylvia Velay	4:25.53	1982	7.	Ashley Gibson	4:23.99@	2009
8.	Ruth Senior	4:26.24	April 16, 2010 at Mt. Sac Relays	8.	Ashley Gibson	4:24.28	2010
9.	Kelly Dix	4:26.28	1991	9.	Ashley Gibson	4:24.94	2010
10.	Alexandra Darling	4:26.84	April 23, 2011 at Brutus Hamilton Invt. (Cal)	10.	Sylvia Velay	4:25.53	1982

3000 STEEPLE - INDIVIDUAL				3000 STEEPLE - PERFORMANCES			
1.	Ruth Senior	10:09.14	May 1, 2010 at Payton Jordan/Stanford Invt.	1.	Ruth Senior	10:09.14	2010
2.	Nicola Hood	10:33.57	March 25, 2011 at Stanford Invitational	2.	Ruth Senior	10:15.46	2010
3.	Alex Darling	10:35.69@	May 13, 2011 @ MWC (Colorado St) (raw 10:52.41)	3.	Ruth Senior	10:18.24@	2011
4.	Kara Henry	10:38.20	April 25, 2008 at Oregon Relays	4.	Ruth Senior	10:20.45	2010
5.	Emma Reed	10:52.54	May 1, 2011 at Steve Scott/Cal-Irvine Invitational	5.	Ruth Senior	10:31.58@	2010
6.	Carolyn Boosey	10:56.74	April 5, 2008 at Stanford Invitational	6.	Nicola Hood	10:33.57	2011
7.	Stasia Ploskonka	11:13.79	April 25, 2009 at Cal/Brutus Hamilton Invt.	7.	Alex Darling	10:35.69@	2011
8.	Kelly McCabe	11:15.58	April 21, 2007 at UC-San Diego Triton Invt.	8.	Alex Darling	10:36.69	2011
9.	Sarah Higgins	11:22.71@	April 2, 2011 at UNM Tailwind Invt.	9.	Kara Henry	10:38.20	2008
10.	Hannah Radzinski	12:11.42	May 18, 2001 at MWC (San Diego State)	10.	Kara Henry	10:38.58	2008

5000 METERS - INDIVIDUAL				5000 METER - PERFORMANCES			
1.	Ruth Senior	15:48.29	May 1, 2011 at Payton Jordan/Stanford Invitational	1.	Ruth Senior	15:48.29	2011
2.	Natalie Gray	15:52.73	April 14, 2011 at Mt. Sac Relays	2.	Natalie Gray	15:52.73	2011
3.	Kathy Pfiefer	16:17.14h	1984	3.	Ruth Senior	15:57.32	2010
4.	Timmie Murphy	16:25.21@	May 25, 2007 at NCAA Regional	4.	Ruth Senior	16:15.94	2011
5.	Sarah Waldron	16:27.61@	May 14, 2011 @ MWC (ColoradoSt) (raw 16:55.54)	5.	Kathy Pfiefer	16:17.14h	1984
6.	Michelle Corrigan	16:29.26	May 2, 2009 at Stanford/Payton Jordan Invt.	6.	Natalie Gray	16:23.64@	2011
7.	Nicky Archer	16:32.42	April 16, 2010 at Mt. Sac Relays	7.	Timmie Murphy	16:25.21	2007
8.	Kirsty Milner	16:32.66@	May 14, 2011 @ MWC (ColoradoSt) (raw 17:00.74)	8.	Sarah Waldron	16:27.61@	2011
9.	Ashley Gibson	16:35.67	March 26, 2010 at Stanford Invitational	9.	Timmie Murphy	16:28.03	2007
10.	Tangi Galloway	16:37.72@	1996	10.	Michelle Corrigan	16:29.26	2009

10000 METERS - INDIVIDUAL				10000 METER - PERFORMANCES			
1.	Natalie Gray	33:20.31	May 1, 2011 at Payton Jordan/Stanford Invitational	1.	Natalie Gray	33:20.31	2011
2.	Nicky Archer	33:32.83	March 26, 2010 at Stanford Invitational	2.	Nicky Archer	33:32.83	2010
3.	Ruth Senior	33:33.23	May 26, 2011 at NCAA West Regional (Oregon)	3.	Ruth Senior	33:33.23	2011
4.	Sarah Waldron	33:51.08	March 25, 2011 at Stanford Invitational	4.	Ruth Senior	33:42.10	2011
5.	Tangi Galloway	34:07.01	May 29, 1996 at NCAA (Oregon)	5.	Sarah Waldron	33:51.08	2011
6.	Kathy Pfiefer	34:07.04h	1984	6.	Sarah Waldron	34:00.72	2011
7.	Michelle Corrigan	34:12.30	April 10, 2009 at Mt. Sac Relays	7.	Tangi Galloway	34:07.01	1996
8.	Timmie Murphy	34:17.47	April 13, 2007 at Mt. Sac Relays	8.	Kathy Pfiefer	34:07.04h	1984
9.	Kirsty Milner	34:37.38	March 25, 2011 at Stanford Invitational	9.	Michelle Corrigan	34:12.30	2009
10.	Kelly Champagne	34:42.24h	1985	10.	Kathy Pfiefer	34:16.46	1984

100 HURDLES - INDIVIDUAL				100 HURDLES - PERFORMANCES			
1.	Angela Whyte	13.41@	May 17, 2000 at MWC (BYU) (13.37 raw)	1.	Angela Whyte	13.41@	2000
2.	Precious Selmon	13.66@	April 2, 2011 at New Mexico Tailwind Invt. (13.62)	2.	Angela Whyte	13.42	2000
3.	Monica Crittenden	13.88	April 20, 1996 at Baylor/Dr. Pepper Invt.	3.	Angela Whyte	13.43	2000
4.	Tonia Thompson	14.08@	April 14, 1985 at New Mexico		Angela Whyte	13.43	1999
5.	Sandy Fortner	14.09	June 9, 2010 at NCAA Heptathlon (Oregon)	4.	Angela Whyte	13.58	2000
6.	Lisa Teasdale Coleman	14.16@	March 15, 1997 at New Mexico (14.12 raw)	5.	Precious Selmon	13.66@	2011
7.	Keren Sari-Bentzur	14.32	2002	6.	Angela Whyte	13.67	1999
8.	Jackie Bailey	14.34	May 10, 1985 at High Country Conference (UNM)	7.	Precious Selmon	13.68@	2011
	Darcy Ahner	14.34	April 28, 1990 at Cal Irvine	8.	Precious Selmon	13.76	2011
10.	Kitrian Martin	14.69@	1990	9.	Precious Selmon	13.78@	2011
				10.	Precious Selmon	13.80	2011

400 HURDLES - INDIVIDUAL				400 HURDLES - PERFORMANCES			
1.	Shannon Vessup	58.10@	May 12, 1984 at High Country Conf. (BYU)(57.99 raw)	1.	Shannon Vessup	58.10@	1984
2.	Catherine McKinney	59.79	1986	2.	Shannon Vessup	58.94	1983
3.	Kim Perkins	59.88	April 25, 2009 at Cal/Brutus Hamilton Invt.	3.	Catherine McKinney	59.79	1986
4.	Regina Dramiga	60.23@	1980 (60.06 raw)	4.	Kim Perkins	59.88	2009
5.	Lisa Teasdale Coleman	60.49	May 19, 2001 at MWC (San Diego)	5.	Catherine McKinney	60.14h	1990
6.	Michelle Richardson	60.69	April 20, 1986 at UTEP	6.	Regina Dramiga	60.23@	1980
7.	Natanya Jones	60.89@	May 20, 1989 at New Mexico (60.78 raw)	7.	Catherine McKinney	60.26	1988
8.	Kisha Smith	61.54	May 18, 2001 at MWC (San Diego)	8.	Regina Dramiga	60.34	1980
9.	Felicia DeVargas	61.68@	May 17, 2000 at MWC (BYU)		Catherine McKinney	60.34	1990
10.	Ashlev Miknis	61.80@	May 15, 2010 at MWC (New Mexico) (raw 61.69)	9.	Shannon Vessup	60.46	1984

4 x 100 RELAY			
1.	Adwoa Gyasi-Nmako, Anglea Whyte, Dayna McMillen, Arline Smith	45.26@	2000
2.	Amanda Fields, Michelle Matthias, Peggy Mallory, Charlotte Zepherin	45.49@	1981
3.	Sandy Fortner, Alesha Walker, Ariel Burr, Kristan Matison	45.70@	May 3, 2008 at New Mexico (Don Kirby)
4.	Pam Posey, Barbara Bell, Shannon Vessup, Patty Mack	45.71@	May 12, 1984 at High Country Conf. (BYU)(45.59 raw)
5.	Amanda Fields, Michelle Matthias, Pam Gutierrez, Charlotte Zepherin	45.74@	1981
6.	Pam Posey, Tonia Thompson, Jackie Bailey, Barbara Bell	46.04	1985
7.	NAMES OF TEAM MEMBERS UNKNOWN	46.05@	May 22, 1999 at WAC (Colorado State)
8.	Kristan Matison, Ariel Burr, Tabitha Shaw, Shakira Williams	46.09@	April 29, 2006 at New Mexico (Don Kirby)
9.	Catherine McKinney, Natanya Jones, Rene Hodgson, Terrian Florence	46.22@	May 19, 1990 at WAC (Colorado State)
10.	Ariel Burr, Alesha Walker, KC Pritchard, Kristan Matison	46.26	April 21, 2007 at UC San Diego Triton Invt

4 x 400 RELAY		
1.	Adwoa Gyasi-Nmako, LeiAnn Matthews, Arline Smith, Angela Whyte	3:41.11@ 2000
2.	Morine Laughlin, Natanya Jones, Terrian Florence, Catherine McKinney	3:44.14@ 1990
3.	NAMES OF TEAM MEMBERS UNKNOWN	3:44.79@ 1985
4.	Tina Hodge, Michelle Richardson, Terrian Florence, Catherine McKinney	3:45.05@ 1988
5.	Ariel Burr, Sandy Fortner, KC Pritchard, Christine Zarrella	3:45.40@ May 12, 2007 at MWC
6.	Ariel Burr, Kristan Matison, Sandy Fortner, Christine Zarrella	3:45.71@ April 28, 2007 at New Mexico (Don Kirby)
7.	Ariel Burr, Shakira Williams, Sandy Fortner, KC Pritchard	3:46.45 April 1, 2006 at Cardinal & Gold Invt.
8.	Shannon Vessup, Joan Sterrett, Michelle Richardson, Barbara Bell	3:46.65@ May 12, 1984 at High Country Conf. (BYU)
9.	Susan Vigil, Etta Linton, Margaret Metcalf, Regina Dramiga	3:47.14yh May 12, 1979 at AIAW Regionals (Utah State)
10.	Shannon Vessup, Barbara Bell, Joan Sterrett, Margaret Metcalf	3:47.64@ May 7, 1983 at High Country Conf. (BYU)

LONG JUMP - INDIVIDUAL				LONG JUMP - PERFORMANCES			
1.	Alesha Walker	21' 4"	April 12, 2008 at UTEP	1.	Alesha Walker	21' 4"	2008
2.	Lavern Clarke	20' 11 3/4"	April 14, 1990 at New Mexico	2.	Alesha Walker	21' 0"	2008
3.	Deanna Young	20' 6 1/4"	March 29, 2008 at UTEP	3.	Lavern Clarke	20' 11 3/4"	1990
4.	Sandy Fortner	20' 4 1/2"	April 1, 2010 at Texas Relays Heptathlon		Alesha Walker	20' 11 3/4"	2009
5.	Keren Sari-Bentzur	20' 3"	April 21, 2001 at Baylor	4.	Alesha Walker	20' 6 1/2"	2008
6.	Jackie Davis	19' 11 3/4"	1980	5.	Alesha Walker	20' 6 1/4"	2009
7.	Precious Selmon	19' 11" (+1.1)	April 2, 2011 at New Mexico Tailwind Invt.		Deanna Young	20' 6 1/4"	2008
8.	Tara Spurlock	19' 8 1/4"	May 12, 1984 at High Country Conf. (BYU)	6.	Lavern Clarke	20' 5 1/4"	1990
9.	Mary Goodwin	19' 7 3/4"	1983 at Texas Tech	7.	Alesha Walker	20' 5"	2008
10.	Monique Harris	19' 7 1/2"	2000	8.	Sandy Fortner	20' 4 1/2"	2010

TRIPLE JUMP - INDIVIDUAL				TRIPLE JUMP - PERFORMANCES			
1.	Deanna Young	43' 10 3/4"	April 3, 2010 at Texas Relays	1.	Deanna Young	43' 10 3/4"	2010
2.	Lavern Clarke	43' 1 1/2"	April 14, 1990 at New Mexico	2.	Deanna Young	43' 7 3/4"	2010
3.	Monique Harris	42' 2"	April 6, 2001 at Texas Relays	3.	Deanna Young	43' 4 1/2"	2010
4.	Annette DiLorenzo	40' 11 1/2"	May 20, 1989 at High Country Conf. (New Mexico)	4.	Deanna Young	43' 4 1/4"	2010
5.	Hagit Salamon	40' 1 1/2"	April 28, 2007 at New Mexico (Don Kirby)	5.	Deanna Young	43' 3 1/4"	2010
6.	Susanna Oravainen	38' 11 1/2"	March 30, 1996 at New Mexico (Don Kirby)		Deanna Young	43' 3 1/4"	2010
7.	Asal Salehpoor	38' 9 3/4"	May 16, 2009 at MWC (Wyoming)	6.	Deanna Young	43' 3"	2010
8.	Jai McBride	38' 9"	April 28, 2007 at New Mexico (Don Kirby)	7.	Lavern Clarke	43' 1 1/2"	1990
9.	Keren Sari-Bentzur	38' 6 3/4"	2003	8.	Deanna Young	43' 1/4"	2010
10.	Lachelle Coleman	38' 4 3/4"	1992	9.	Deanna Young	42' 11 3/4"	2010

HIGH JUMP - INDIVIDUAL				HIGH JUMP - PERFORMANCES			
1.	Margaret Metcalf	5' 11"	1979 at New York City	1.	Margaret Metcalf	5' 11"	1979
2.	Kelli Myers	5' 10 3/4"	May 4, 2002 at UTEP Twilight	2.	Kelli Myers	5' 10 3/4"	2002
	Heidi Anderson	5' 10 3/4"	May 7, 1990 at New Mexico		Heidi Anderson	5' 10 3/4"	1990
	Darcy Ahner	5' 10 3/4"	April 13, 1989 at Lobo Heptathlon		Darcy Ahner	5' 10 3/4"	1989
5.	Tiyana Peters	5' 10 1/2"	May 31, 2008 at NCAA Regional	3.	Tiyana Peters	5' 10 1/2"	2008
6.	Kim Werner	5' 9 1/4"	1987	4.	Darcy Ahner	5' 10"	1989
7.	Aura Cook	5' 8 3/4"	1992		Tiyana Peters	5' 10"	2007
8.	Anita Marsland	5' 8"	1979	5.	Heidi Anderson	5' 9 3/4"	1989
9.	Sandy Fortner	5' 7 3/4"	June 9, 2010 at NCAA Heptathlon (Oregon)	6.	Kim Werner	5' 9 1/4"	1987
10.	Kari Sari-Bentzur	5' 7"	May 29, 2002 at NCAA Heptathlon	7.	Kim Werner	5' 9"	1986
	Erin Johnson	5' 7"	May 3, 2003 at UTEP		Kim Werner	5' 8 3/4"	1985
					Kim Werner	5' 8 3/4"	1986

POLE VAULT - INDIVIDUAL

1.	Margo Tucker	13' 3 3/4"	April 8, 2011 at Texas Relays
2.	Amber Menke	13' 3/4"	April 2, 2011 at New Mexico Tailwind Invitational
3.	Whitney Johnson	13' 1/4"	April 29, 2006 at New Mexico (Don Kirby)
4.	Bridgid Isworth	12' 11 3/4"	May 16, 2003 at MWC (New Mexico)
5.	Kelly Fortner	12' 9 1/2"	May 14, 2010 at MWC (New Mexico)
6.	Krissy Owen	12' 4"	1999
7.	Katie Coles	12' 2"	April 23, 2005 at UC San Diego Triton Invt.
	Nathalie Busk	12' 2"	April 16, 2011 at UTEP Invitational
	Julia Cook	12' 2"	April 16, 2011 at UTEP Invitational
10.	Stefany Setliff	12' 1 1/2"	May 11, 2007 at MWC

POLE VAULT - PERFORMANCES

1.	Margo Tucker	13' 3 3/4"	2011
2.	Amber Menke	13' 3/4"	2011
	Amber Menke	13' 3/4"	2011
	Margo Tucker	13' 3/4"	2011
3.	Whitney Johnson	13' 1/4"	2006
4.	Bridgid Isworth	12' 11 3/4"	2003
	Margo Tucker	12' 11 3/4"	2011
	Amber Menke	12' 11 3/4"	2011
5.	Whitney Johnson	12' 11 1/2"	2006
	Whitney Johnson	12' 11 1/2"	2006
	Whitney Johnson	12' 11 1/2"	2009
	Whitney Johnson	12' 11 1/2"	2005

SHOT PUT - INDIVIDUAL

1.	Amanda Barnes	52' 9 1/2"	April 23, 2005 at UC San Diego Triton Invt.
2.	Myra Smith	47' 5"	1994
3.	Terry Helleck	47' 2 1/4"	1982
4.	Sandy Fortner	46' 0"	May 14, 2008 at MWC Heptathlon
5.	Bobbi Hall	45' 7 3/4"	May 17, 2002 at MWC (Air Force)
6.	Briana Paxton	44' 11 1/2"	April 28, 2007 at New Mexico (Don Kirby)
7.	Misty Wyant	44' 2 1/2"	May 21, 1992 at WAC (Air Force)
8.	Chelsea Stephens	43' 4 1/2"	1996
9.	Sarah Swartwood	42' 9 3/4"	April 21, 2007 at UC San Diego Triton Invt.
10.	Lisa Longerot	42' 7"	March 26, 1988 at New Mexico

SHOT PUT - PERFORMANCES

1.	Amanda Barnes	52' 9 1/2"	2005
2.	Amanda Barnes	52' 1 1/4"	2005
3.	Amanda Barnes	51' 11 1/4"	2005
4.	Amanda Barnes	51' 7 3/4"	2005
5.	Amanda Barnes	51' 1 1/2"	2005
6.	Amanda Barnes	50' 11"	2004
7.	Amanda Barnes	49' 5"	2004
8.	Amanda Barnes	48' 10 3/4"	2004
9.	Amanda Barnes	48' 6 1/4"	2003
10.	Amanda Barnes	48' 1 1/4"	2003

DISCUS - INDIVIDUAL

1.	Amanda Barnes	166' 11"	April 30, 2005 at New Mexico (Don Kirby)
2.	Briana Paxton	158' 10"	April 10, 2010 at UTEP
3.	Jamie Fishencord	152' 10"	April 30, 2005 at New Mexico (Don Kirby)
4.	Myra Smith	147' 4"	March 19, 1994 at New Mexico
5.	Sue Qualls	144' 8"	1983
6.	Lisa Longerot	144' 7"	April 9, 1988 at New Mexico
7.	Misty Wyant	144' 4"	1991
8.	Barbara Butler	142' 5"	1971 AIAW National Championship
9.	Bobbi Hall	142' 4"	March 23, 2002 at New Mexico (Lobo Open)
10.	Amy Ottinger	140' 10"	1992

DISCUS - PERFORMANCES

1.	Amanda Barnes	166' 11"	2005
2.	Briana Paxton	158' 10"	2010
3.	Briana Paxton	157' 4"	2010
4.	Jamie Fishencord	152' 10"	2005
5.	Jamie Fishencord	151' 9"	2004
6.	Amanda Barnes	151' 8"	2004
7.	Briana Paxton	151' 3"	2010
8.	Amanda Barnes	149' 8"	2005
9.	Jamie Fishencord	149' 5"	2005
10.	Briana Paxton	149' 4"	2010

JAVELIN - INDIVIDUAL (NCAA began competition with "new" javelin in 2000)

1.	Katie Coronado	181' 0"	April, 2009 at Texas Relays
2.	Veronica Gonzales	152' 1"	May 1, 2004 at New Mexico (Don Kirby)
3.	Jessica McIntyre	144' 10"	March 18, 2005 at Arizona State
4.	Kayla Brown	142' 5"	March 19, 2004 at Arizona State
	Vanessa Strobbe	142' 5"	March 31, 2007 at Arizona
6.	Lexi Ross	137' 10"	May 14, 2011 @ MWC (Colorado State)
7.	Sandy Fortner	133' 7"	May 14, 2008 at MWC Heptathlon
8.	Jessica McCall	127' 0"	April 15, 2005 at Mesa Track Classic
9.	Susanna Oravainen	122' 9"	May 15, 2000 at MWC Heptathlon (BYU)
10.	Amanda Grover	122' 7"	March 19, 2004 at Arizona State

JAVELIN (NEW) - PERFORMANCES

1.	Katie Coronado	181' 0"	2009
2.	Katie Coronado	179' 9"	2009
3.	Katie Coronado	179' 6"	2008
4.	Katie Coronado	178' 11"	2008
5.	Katie Coronado	178' 7"	2008
6.	Katie Coronado	177' 6"	2008
7.	Katie Coronado	176' 1"	2008
8.	Katie Coronado	174' 6"	2009
9.	Katie Coronado	171' 5"	2008
10.	Katie Coronado	169' 10"	2007

HAMMER - INDIVIDUAL

1.	Jamie Fishencord	192' 6"	April 30, 2005 at New Mexico (Don Kirby)
2.	Sarah Swartwood	160' 10"	May 14, 2010 at MWC (New Mexico)
3.	Amanda Barnes	155' 3"	April 9, 2004 at Mesa Track Classic
4.	Tami Williams	150' 11"	April 23, 2010 at Brutus Hamilton (Cal-Berekley)
5.	Chelsea Stephens	149' 11"	1997
6.	Briana Paxton	137' 7"	April 29, 2006 at New Mexico (Don Kirby)
7.	Nicole Manning	132' 0"	April 14, 2007 at UTEP
8.	Angelica Bernaert	119' 0"	March 24, 2001 at New Mexico (Don Kirby)
9.	Vanessa Frangos	117' 1"	March 25, 2006 at Arizona
10.	Sarah Nichol森	103' 9"	March 2, 1996 at Arizona State

HAMMER - PERFORMANCES

1.	Jamie Fishencord	192' 6"	2005
2.	Jamie Fishencord	184' 0"	2006
3.	Jamie Fishencord	183' 9"	2005
4.	Jamie Fishencord	180' 10"	2005
5.	Jamie Fishencord	180' 5"	2005
6.	Jamie Fishencord	179' 4"	2004
7.	Jamie Fishencord	179' 2"	2004
8.	Jamie Fishencord	178' 11"	2004
9.	Jamie Fishencord	178' 6"	2006
10.	Jamie Fishencord	177' 8"	2006

HEPTATHLON - INDIVIDUAL

1.	Sandy Fortner	5723	May 13, 2010 at MWC (New Mexico)	(14.19-5' 7"-44' 2 3/4"-24.97-20' 6 1/4"-124' 9"-2:28.59)
2.	Darcy Ahner	5419	April 19, 1990 at Cal Irvine	(14.43-5' 7 1/4"-35' 5 3/4"-26.95-18' 1 3/4"-153' 0"-2:21.09)
3.	Keren Sari-Bentzur	5371	April 19, 2002 at Mt. Sac Relays	
4.	Heidi Anderson	4955	May 15, 1990 at WAC (Colorado State)	(15.33-5' 8 1/2"-33' 3 1/2"-26.29"-17' 5 1/2"-95' 3"-2:19.32)
5.	Susanna Oravainen	4861	March 15, 1997 at Lobo Multi	
6.	Kitrian Martin	4753	May 15, 1990 at WAC (Colorado State)	(14.99 - 5' 5" - 30' 0" - 26.65 - 18' 6" - 97' 2" - 2:30.34)
7.	Melissa Guanella	4481	May 16, 2000 at MWC (BYU)	
8.	Stefany Setliff	4433	May 13, 2004 at MWC (UNLV)	(15.6 -5' 4 1/2"-29' 2 3/4"-27.79-17' 2 1/4"-99' 2"-2:30.88)
9.	Lynn Schreyer	4355	1984	
10.	Bridgid Isworth	4298	May 13, 2004 at MWC (UNLV)	15.62-5' 4 1/2"-29' 1 3/4"-26.15-17' 8 3/4"-73'10"-2:45.84)

UNIVERSITY OF NEW MEXICO MEN'S DECATHLON LIST (1958 - 2011)

This listing is of all Decathlon meet results that could be found.

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Gary Kinder, 1985 at NCAA Championship (Texas)	7959	11.22w	22' 3"	49' 10 1/2"	6' 6 3/4"	51.04	15.1w	162' 6"	15' 9"	222' 9"	4:52.01
Marty Niebauer, 1982	7572	11.22	21' 7 1/4"	41' 9"	6' 3 1/4"	49.29	15.74	118' 0"	15' 8 3/4"	214' 3 3/4"	4:27.36
Chris Warner, 1987 at WAC (UTEP)	7525										
Gary Kinder, May 11, 1985 at WAC (New Mexico)	7440										
Richard York, April 6-7, 2011 at Texas Relays	7389	10.85 (+4.4)	23' 3 1/2"	38' 1/4"	6' 2 3/4"	49.50	15.62	119' 5"	14' 9"	186' 3"	4:36.06
Mark Johnson, May 13, 2004 at MWC (UNLV)	7325	11.22	22' 7 3/4"	41' 8"	6' 7"	50.47	?	?	?	?	?
Chris Warner, 1987 at NCAA Championship	7293	11.12	21' 11 3/4"	40' 11 1/2"	6' 8"	49.49	14.76	130' 11"	12' 5 1/2"	170' 9"	4:38.79
Richard York, May 12-13, 2010 at MWC (New Mexico)	7292	10.98	22' 3 1/4"	37' 5"	6' 4 1/4"	48.98	15.55	108' 11"	14' 5 1/4"	195' 0"	4:35.52
Dan Feltman, April 14, 2005 at Mt. Sac Relays	7278	11.33	22' 5 3/4"	45' 10 1/2"	5' 10 3/4"	50.24	15.50	125' 4"	15' 1"	189' 6"	4:46.29
Mark Johnson, June 12, 2004 at NCAA Champ (Sacramento St.)	7277	11.13	21' 9 1/2"	40' 7 3/4"	6' 2"	50.20	14.89	126' 11"	15' 9"	143' 8"	4:31.02
Dan Feltman, May 11, 2005 at MWC (UTEP)	7250	11.07	21' 5 1/2"	44' 1 1/4"	6' 1/2"	49.94	15.30	138' 7"	14' 9"	180' 11"	4:57.09
Richard York, June 8-9, 2011 at NCAA Championships (Drake)	7229	10.99	22' 3"	37' 1 1/4"	6' 4"	40.20	15.95	119' 5"	13' 1 1/2"	201' 1"	4:31.07

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Richard York, May 11-12, 2011 at MWC (Colorado State)	7212	10.88	22' 10 3/4"	35' 4 1/2"	6' 5"	50.78	15.27	97' 8"	15' 1 3/4"	193' 10"	4:46.58
Mark Johnson, April 1, 2004 at Texas Relays	7141	11.30	22' 5 1/4"	37' 6 1/2"	6' 3 1/2"	51.36	15.32	127' 1"	16' 4 3/4"	144' 4"	4:44.46
Dan Feltman, May 13, 2004 at MWC (UNLV)	7022	11.38	22' 3 1/2"	43' 2 1/2"	6' 1 1/4"	49.94	?	?	?	?	?
Chris Warner, May 8, 1986 at WAC (BYU)	6934										
H.R. McAdams, March 19, 1988 at Occidental College Invt.	6922										
Frank Joseph, 1974	6837										
H.R. McAdams, April 22, 1988 at Kansas Relays	6827										
Mark Johnson, April 22, 2004 at BYU	6799	11.41	22' 4 1/2"	36' 5"	6' 1 1/4"	50.46	15.48	126' 0"	15' 1"	134' 2"	4:59.15
Dan Feltman, June 11, 2005 at NCAA Champ (Sacramento St.)	6794	11.55	21' 5"	44' 0"	5' 9 1/4"	51.80	15.90	130' 0"	13' 9 1/4"	188' 5"	5:00.67
Mark Johnson, May 15, 2002 at MWC (Air Force)	6773	11.48	21' 10 3/4"	37' 8 1/2"	6' 2 1/4"	50.72	15.16	121' 5"	14' 5 1/4"	141' 2"	4:58.70
Brian Wilson, May 11-12, 2011 at MWC (Colorado State)	6770	11.25	20' 6 1/2"	36' 3"	6' 1 1/2"	52.32	14.51	123' 9"	14' 2"	182' 0"	5:16.84
Brian Wilson, May 12-13, 2010 at MWC (New Mexico)	6762	11.39	21' 2 14/16"	38' 11"	6' 2"	51.25	14.79	117' 5"	13' 9 1/4"	172' 2"	5:11.87
Scott Steffan, May 5, 1988 at WAC (BYU)	6705	11.13	22' 3 1/2"	39' 7 3/4"	6' 3 1/2"	51.81	15.39	116' 9"	12' 3 1/2"	172' 11"	5:14.88
Derek McDonald, May 12, 2005 at MWC (UTEP)	6580	11.19	22' 8 1/2"	27' 6"	6' 5"	52.70	15.22	104' 3"	141' 4 1/4"	146' 10"	4:56.50

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Mark Johnson, May 15, 2003 at MWC (New Mexico)	6525	11.36	22' 2 1/2"	36' 10"	6' 4"	51.78	15.51	111' 3"	13' 9 1/4"	136' 8"	5:14.05
Ryan Voge, May 15, 2003 at MWC (New Mexico)	6448	11.35	22' 2 1/2"	36' 11 1/2"	6' 7 1/2"	51.70	16.46	99' 5"	12' 9 1/2"	149' 5"	5:07.63
Ryan Voge, April 17, 2003 at Cal/Brutus Hamilton	6399										
Scott Steffan, April 22, 1988 at Kansas Relays	6376										
Brian Wilson, April 1, 2010 at Texas Relays	6347	11.38	19' 5 1/2"	36' 9 1/2"	6' 1/2"	52.96	15.44	127' 1"	12' 1 1/2"	168' 7"	5:07.99
H.R. McAdams, May 5, 1988 at WAC (BYU)	6306	11.47	22' 3"	38' 11 1/2"	6' 6"	51.39	15.79	137' 5"	NH	189' 0"	5:13.32
Richard York, April 1, 2010 at Texas Relays	6224	10.85	21' 8"	35' 8 3/4"	6' 4"	50.11	16.34	100' 9"	NH	173' 11"	4:34.55
Brian Wilson, May 13, 2009 at MWC (Wyoming)	6189	11.53	20' 5 1/4"	34' 4 1/4"	6' 2 1/4"	54.13	15.23	106' 4"	12' 7 1/2"	163' 9"	5:19.42
Dan Feltman, April 22, 2004 at BYU	6006	11.47	22' 5 3/4"	41' 11 1/4"	6' 0"	51.93	15.54	NM	13' 1 1/2"	174' 0"	5:30.36
Scott Steffan, March 17, 1991 at Occidental College	5997	12.0	20' 10"	38' 3 1/2"	6' 3/4"	55.8	15.8	122' 3"	12' 7 1/2"	156' 3"	5:21.2
Jeremy Lee, May 12-13, 2010 at MWC (New Mexico)	5920	11.81	19' 1 1/2"	35' 4"	5' 11 1/2"	52.38	16.18	111' 3"	12' 1 1/2"	133' 7"	5:01.04
Dan Feltman, May 15, 2003 at MWC (New Mexico)	5912	11.23	22' 1"	45' 4"	5' 11 1/4"	50.47	16.40	NM	12' 5 1/2"	177' 3"	5:50.84
Ryan Voge, March 20, 2003 at New Mexico Multi	5898										
Ryan Voge, March 21, 2002	5898	11.34	22' 6"	37' 2"	6' 3 1/2"	51.90	16.3	110' 0"	NH	151' 7"	4:59.10

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Jason Bigott, May 11, 2005 at MWC (UTEP)	5897	11.66	19' 11"	31' 7 1/4"	5' 6 1/2"	53.66	16.05	101' 6"	11' 5 3/4"	171' 8"	4:51.22
Jim Parker, May 8, 1986 at WAC (BYU)	5735										
Adam Frangos, March 21, 2002	5672	11.68	18' 6"	39' 4"	5' 7 1/4"	51.80	17.8	118' 11"	10' 3 1/2"	128' 3"	4:49.40
Robert Gunn, ??? at MWC	5662	11.24	21' 2 1/2"	33' 5 1/4"	6' 2 3/4"	51.13	16.91	64' 6"	11' 1 3/4"	150' 3"	5:47.79
Robert Gunn, March 21, 2002	5610	11.31	22' 3"	30' 1"	6' 1 1/4"	52.66	17.0	74' 10"	11' 3 1/2"	131' 10"	5:28.80
Sam Potter, May 11-12, 2011 at MWC (Colorado State)	5436	11.12	21' 11 3/4"	34' 11"	6' 1 1/2"	52.19	16.02	88' 7"	15' 1 3/4"	NM	NM
Scott Steffan, May 18, 1991 at WAC (San Diego State)	4830	12.04	17' 9 1/4"	39' 10"	5' 11 1/2"	58.57	17.10	121' 6"	NM	152' 5"	6:04.71