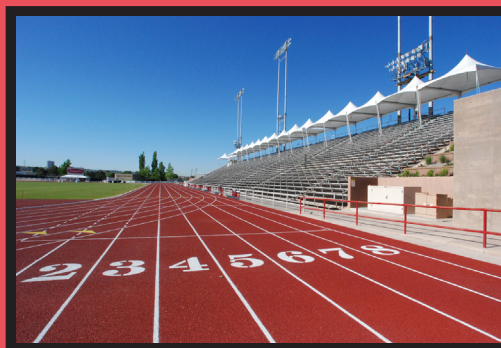


*University of New Mexico
Cross Country Track & Field
2009 - 2010*





University of New Mexico Cross Country “Wolftracks” News, Views, Reviews, Previews

OCTOBER 31, 2009 - MOUNTAIN WEST CONFERENCE

MEN'S FINAL RESULTS

1. New Mexico	29
2. BYU	34
3. Air Force	72
4. Colorado State	118
5. Wyoming	132
6. Texas Christian	186



The Goal

WOMEN'S FINAL RESULTS

1. New Mexico	24
2. BYU	45
3. Colorado State	64
4. Air Force	124
5. Wyoming	165
6. Utah	195
7. Texas Christian	196
8. San Diego State	207
9. UNLV	210

The 2009 Mountain West Conference Cross Country Championship was hosted by BYU at the beautiful Cascade Golf Center in Orem, Utah, with their lush green course sitting at the base of 11,749 ft. Mt. Timpanogos. It provided a scenic site for the Lobo



men and women to do battle in their quest to win conference titles. The men's race was scheduled at 10:00am and the sun was just getting high enough, but the race began under cool, blustery conditions. Cross country is a sport of conquering obstacles like weather, possible soft grass or mud, turns, uphill, and downhill. But the Lobo men had more than just those to address. UNM's men's team was ranked #19 in the latest NCAA poll, but BYU was ranked #7, and had a powerful contingent ready to race. BYU, which has been the dominant team since the conference was formed 10 years ago had won nine of those previous editions. Given that dominance,

and the fact they were running on their home course, with a large and loud crowd present provided a significant challenge for the Lobos. From the starting gun, BYU's strategy was apparent.....surround seniors **Jacob Kirwa** (Eldoret, Kenya) and **Chris Barnicle** (Newton, MA) with their entire top seven, and force the Lobos to play the Cougars game. Early in the race, through the first mile, that strategy seems to



be working, as BYU was looking powerful, and in control. Jacob and Chris were doing battle right up front, with **David Bishop** (Chippenham, England) and **Rory Fraser** (Leicester, England) at the back of a pack of about 12-14 runners. Then there was a small gap of about 10 meters in the race, with **Lee Emanuel** (Hastings, England) in that group. Then another 10-15 meters back was another group which

included freshman **Ross Millington** (Stockport, England). By the 2 kilometer mark everyone in attendance could see the race was going to be a close contest between BYU and UNM, with the other four teams not in the mix for a title. Other than a couple of Air Force guys, and a Colorado State runner, the entire front section of the race was either Red & White of UNM, or Navy & White of BYU. Most coaches and trained spectators will try to score the meet (add the places of the top five of each team) as



David Bishop
Surrounded
by Cougars

it progresses, and the lead was changing back and forth within every minute. One minute everyone thought BYU was ahead by one or two points, but then the next minute it swung toward UNM. Regardless, everyone knew that a point or two would separate these two fine teams. At the three mile point in the race, the race within the race was set. In the picture, Lee running 5th for UNM was right in front of a BYU runner (partially hidden), with an Air Force runner in the background, and Ross just off his shoulder. What the picture doesn't show is the two BYU runners right in front of Lee running



Lee
with
Ross
in hot
pursuit

Redshirt freshman Allen Pittman (Los Alamos, NM) driving to catch the main pack. While AP would go on to finish 7th for the Lobos, in 20th place overall, he would have been the #1 runner for both Wyoming and TCU!



5th & 6th. That is a huge potential swing of points. Lee gave Ross a great target to chase as its always easier to dig down to get up with a teammate, someone that you have trained with each and every day. That is the code and sort of inner sanctum of cross country running, the ability to sacrifice for a teammate! At the 7000 meter point of the 8000 meter (4.970969537899 miles for those that don't like the metric system) race everyone seemed to be preparing for the mad dash to the finish. With perhaps 400-600 meters to go UNM was down by one (31-32) and then it happened. Lets start at the front. Jacob, running right off the shoulder of pre-meet favorite Miles Batty, unleashed a torrid sprint to the finish that allowed him to cross the line a scant one second in front of his outstanding BYU



Jacob just
starting to
unleash his
sprint kick

competitor. Chris who had maintained his fourth place standing for much of the last half of the race finished in that place. Then just like Jacob, David Bishop, UNM's third runner became a real chancer reaching down and swinging around BYU's third runner flashing to the finish, taking sixth place overall. Rory, running fourth for the Lobos was right in front of BYU's fourth man, and RF



had enough in the tank to hold off the Cougar. Then coming like a house a fire was Ross, who must have passed 6-7 runners over the last 2k of the race.

RM burst across

the line 10th overall (UNM's fifth) having scampered by two BYU runners in the process (BYU's 5th & 6th). For good measure Lee came through in 14th, earning all conference honors in the process. Immediately after the race there was a little confusion who had won. It was quite hectic around the finish area, and just a couple of minutes after UNM's top seven came through the chute the scoreboard flashed the score.....Lobos by five. Rory reacts to the

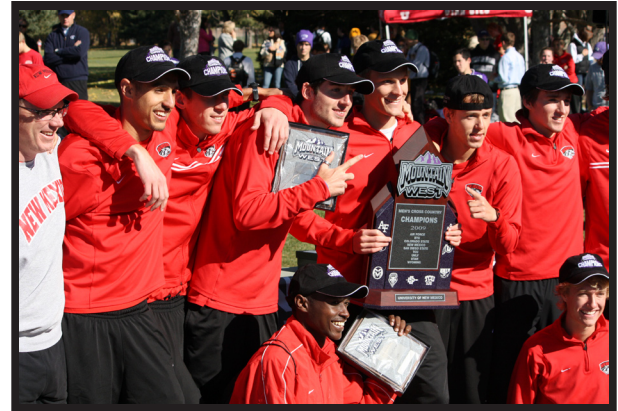
announcer showing deft multi-tasking skills..... flashing the victory sign, holding a glove in his teeth, and talking



on a cell phone!!! It certainly was a day for Lobos to accomplish anything. Athletic contests are often decided by the smallest of margins, with little details being the difference between victory or defeat. How close was the meet? Totalling the Lobos first five's individual times into an aggregate comes out to 2:00.02. When totalling BYU's scoring five it came to 2:00.26. Just 24 seconds difference between five guys on each team. Looked at another way UNM's scoring five placed 1-4-6-8-10 while BYU's five placed 2-5-7-9-11. Each of the Lobo men beat their counterpart from BYU by one place! Now that is getting it done when it counts. In the post meet award ceremony, Lobos took home most of the honors with Jacob being named Athlete of the Meet, Ross being honored as the top froshie, and Joe Franklin being honored by his colleagues as 2009 Men's Coach of the Year. There can be no greater honor for a coach than to be honored by his or her peers.



Coaches Joe Franklin & Erin Howarth UNM's quintessential distance duo!!!



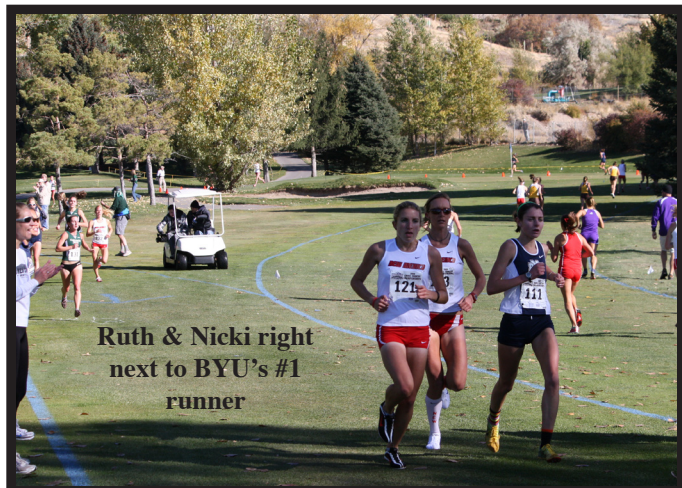
At 11:00am the ladies of UNM toed the starting line ready for their 6000 meters (3.72 miles) of fun. Just as in the men's race, the most significant challenge would come from the host Cougars. UNM was ranked #19, while BYU was ranked #20, so all things being considered, both teams were evenly matched. The biggest question was could the Lobo women match the excitement of what had just happened not more than 30 minutes prior? It certainly would be a tough act to follow but they seemed up to the challenge. At the start BYU raced to the



BYU's entire team at the front of the race shortly after the start.

front of the pack, with all nine of their athletes immediately leading. It seemed a little odd to see an entire team out front of a race given after the first 3-5 runners on a team, no one is capable of leading

an outstanding conference like the MWC. But the nice thing was UNM's front runners, junior **Ruth Senior** (Norwich, England) and senior **Nicki Archer** (Cheshire, England) did not panic, and followed their coaches instructions. Once things settled down during the first kilometer of the race three individuals started to exert their strength and break away from the main field. By the two kilo point Cecilly Lemmon from BYU, the eventual champion along with Ruth and Nicki were separated from the next group by 30-35 meters. In that next group was last



years MWC freshman of the year **Lacey Oeding** (Jasper, IN) running near two Colorado State athletes. Behind her senior **Ashley Gibson** (Newcastle, England) had junior **Delyth James** (Morpeh, Eng-



land) attached to her shoulder, and **Vanessa Ortiz** (Albuquerque, NM) right behind her. That gave UNM

six deep from a pool of the top fifteen runners in the race. As the runners circled the loops around the course it appeared at the halfway point it was a toss-up between UNM and BYU. Just like in the men's race!!! But after that things began to change in the Lobos favor as they started to show their strength and depth. While most people focus on the individual winner, great teams are successful because of their overall strength, something UNM



is very good at. And that is a credit to the entire team who believe in each other and support each other so it doesn't make a difference who gets to the line first, as long as its someone in cherry



& silver. Successful teams have interchangeable parts, where one meet one runner may be fifth, while another meet someone else may be fifth. Froshie **Janna Mitsos** (Lockport, IL) who finished 8th for the Lobos in her first MWC meet would have been the #1 runner for Air Force, San Diego State, Wyoming, Utah and UNLV, while being #2 on TCU's squad. Senior **Laura Bowerman** (Tampa, FL) who was returning to competition after losing time with illness finished 9th for UNM and 32nd overall yet she would have been the #2 runner for Wyoming, UNLV, TCU, San Diego State, and #3 for Utah. Now that is what we call great depth!!!! Pictured above are Ruth and Nicki just after the halfway point of the race. BYU's leader had spurted out to a slight lead, but Ruth/Nicki hung on with just a few meters separating them. But the big story was behind them as Lacey, Vanessa, and Ashley were making a big



Lacey & Vanessa bookend three of their challengers. Lacey would pull away from everyone in the picture, while Vanessa would get one of the CSU & one of the BYU runners.

push. No one may have been passing more people though than **Carolyn Boosey** (London, England). CB got out slowly, but once she got things rolling she was flying by people right and left. So when



Erin shouting instructions to Delyth & Carolyn

one looked at the #3-7 runners for UNM they were pushing hard and making BYU get uncomfortable, and that sensation late in a race can be



Ashley pulling away on the last loop from two BYU runners



Laura Bowerman

devastating. At the 3 mile mark the coaches counted UNM ahead by about four points. If one looks at the final score, UNM beat BYU by 21 points (24-45). That is the kind of job the ladies did over the final 3/4 mile of the race. Their carefully crafted training program had been developed to address just that part of the race, maintaining a hard pace when it is most difficult.....and gosh did they execute it well. Ruth came across the finish line in second place overall, with Nicki right behind in third, four spots higher than she placed last year. Then Lacey finished fourth overall, to go with her runner-up finish from last year. Now that is a great start to a career! Next for the Lobos was Ashley at #7 overall, an improvement of 19 places from last years 26th.....that is great improvement and a testament to hard, consistent training. Vanessa was hot on her heels in 8th place, ten places higher than she placed in the 2007 championship. Unfortunately for the ladies they didn't make it quite as exciting as the men since once the scoring five crossed the finish line everyone in attendance knew UNM had won the conference crown. But that was not a bad thing since they took it easy on Coach Franklins heart, so they were just looking out for his good health!





MEN'S 8000 METER RESULTS (50 runners)

Overall Place	Time
1. Jacob Kirwa	23:34
4. Chris Barnicle	23:51
6. David Bishop	24:03
8. Rory Fraser	24:14
10. Ross Millington	24:18
14. Lee Emanuel	24:44
20. Allen Pittman	25:07
22. Keith Gerrard	25:31
25. Patrick Ortiz	25:37

WOMEN'S 6000 METER RESULTS (73 runners)

Overall Place	Time
2. Ruth Senior	21:10
3. Nicki Archer	21:14
4. Lacey Oeding	21:17
7. Ashley Gibson	21:31
8. Vanessa Ortiz	21:36
12. Carolyn Boosey	21:56
13. Delyth James	22:02
19. Janna Mitsos	22:30
32. Laura Bowerman	22:59

WHATS NEXT?

On Saturday, November 14th the University of New Mexico will play host to the NCAA Regional Championship at the UNM North Golf Course. At this meet both Lobo teams will be attempting to qualify for the NCAA Championships which will be held at Indiana State University, Terre Haute, Indiana on Monday, November 23rd. Here is how it works. Division I is divided into 9 regions, Mid Atlantic, Great Lakes, Northeast, Southeast, South, South Central, Midwest, Mountain, and West. In the regional championship the top two finishing teams automatically qualify for the NCAA meet. Then 13 more teams will be chosen from an at-large pool to reach the 31 teams. At-large teams are chosen based on their regional

finish, and the number of wins they accumulated against teams already in the championship during the regular season. The 20 teams in the Mountain region that sponsor women's cross country: BYU Cougars, Colorado Buffalo's, Colorado State Rams, Idaho State Bengals, Montana Grizzlies, Montana State Bobcats, **Nevada Wolfpack**, New Mexico Lobos, New Mexico State Aggies, Northern Arizona Lumberjacks, Northern Colorado Bears, South Utah Thunderbirds, Texas Tech Red Raiders, Texas (El Paso) Miners, U.S Air Force Falcons, **Utah Utes**, Utah State Aggies, Utah Valley Wolverines, Weber State Wildcats, Wyoming Cowboys. Men's competition will be minus Nevada & Utah as they do not sponsor men's cross country.

Mountain West All Conference 1st & 2nd Team (Began in 1999)

MEN

2001	Matt Gonzales	1st
	Ben Ortega	2nd
2002	Cameron Clarke	1st
	Mat Gonzales	1st
2004	Shadrack Kiptoo-Biwott	1st
	Matt Gonzales	1st
	Cameron Clarke	2nd
2005	Cameron Clarke	2nd
2006	Juan Ortega	1st
	Jeremy Johnson	1st
2007	Jeremy Johnson	1st
	Matt Ashton	2nd
	Brock Hagerman	2nd
	Brian Vallie	2nd
2008	Jacob Kirwa	1st
	Rory Fraser	2nd
	Mat Ashton	2nd
2009	Jacob Kirwa	1st
	Chris Barnicle	1st
	David Bishop	1st
	Rory Fraser	2nd
	Ross Millington	2nd
	Lee Emanuel	2nd

WOMEN

2003	Sarah Gonzales	1st
2004	Jacquelyne Gallegos	1st
2005	Timmy Murphy	1st
	Leslie Luna	1st
	Jacquelyne Gallegos	2nd
2006	Timmy Murphy	1st
	Leslie Luna	2nd
2007	Michelle Corrigan	1st
2008	Lacey Oeding	1st
	Carolyn Boosey	1st
	Nicki Archer	1st
	Leslie Luna	2nd
	Michelle Corrigan	2nd
2009	Ruth Senior	1st
	Nicki Archer	1st
	Lacey Oeding	1st
	Ashley Gibson	1st
	Vanessa Ortiz	2nd
	Carolyn Boosey	2nd
	Delyth James	2nd



University of New Mexico Cross Country "Wolftracks" News, Views, Reviews, Previews

NOVEMBER 14, 2009 NCAA MOUNTAIN REGION CHAMPIONSHIP

MEN'S FINAL RESULTS

1. BYU	54
2. Colorado	55
3. New Mexico	77
4. N. Arizona	86
5. UTEP	158
6. Air Force	161
7. Utah State	171
8. Montana State	218
9. Weber State	269
10. Utah Valley	317
11. Southern Utah	320
12. Montana	321
13. Colorado State	355
14. New Mexico St	375
15. Texas Tech	378
16. Idaho State	419
17. Wyoming	463

Lets Go Dancing!!!!



Lobo Teams Head to the NCAA's

WOMEN'S FINAL RESULTS

1. Colorado	48
2. Texas Tech	53
3. BYU	114
4. UTEP	116
5. New Mexico	120
6. Colorado State	145
7. N. Arizona	176
8. Utah Valley	261
9. New Mexico St	262
10. Southern Utah	266
11. Weber State	308
12. Montana	348
13. Air Force	376
14. Utah State	381
15. Idaho State	392
16. Nevada	426
17. Wyoming	463
18. Montana State	497
19. Utah	522
20. N. Colorado	551

On a cool, overcast November day the Lobo cross country teams prepared for the NCAA Mountain Regional Championship, which they played host to at the University North Golf Course. Running on a home course is always exciting for a team as family and friends can attend the meet, and there certainly was a raucous group supporting the Lobo men and women. The UNM North golf course is one of the most spectator friendly courses in the country as the runners run loops around five fairways with spectators being able to jog about 100 meters and see most of the race. That provided long lines of fans on either side of the running path which was like a gauntlet, and at certain places on the course the noise was deafening. There are nine NCAA regionals across the land, with each of the top two teams automatically qualifying to the NCAA Championship, which will be held at Indiana State University in Terre Haute, Indiana on Monday, November 23rd. After the nine regionals are contested, thirteen additional teams are chosen by the NCAA as at-large selections, which is based on regular season wins, for a total of 31 teams. The Lobo men had been ranked 12th nationally coming into the meet with their counterparts situated at 20th. Both teams had an excellent chance to qualify for the NCAA's. In American parlance qualifying to the NCAA Championship has become known as "going dancing", or "going to the big dance" and the Cherry & Silver runners wanted badly to put on their dancing shoes. Both teams were coming off Mountain West Conference titles and had looked strong and poised in taking the titles, so everything seemed to be in order. The Mountain region is comprised of 17 men's teams and 20 women's teams with the men slated to go first this year. The men were faced with the prospect

of having to compete against the Big Sky's Northern Arizona Lumberjacks, who were ranked 4th nationally, the Big 12's Colorado Buffaloes, ranked 5th nationally, and the winner of many NCAA titles, and the BYU Cougars, ranked 14th, who the Lobo men had dethroned at the MWC meet. Throw in a UTEP team that most thought were prepared for a big race, and the excitement was high. The 10,000 meter (6.21 mile) championship distance is longer than the standard regular season 8000 meter distance, so much can change with the additional length and all 120 men were asking the same question.....am I ready for the distance? The UNM course is primarily flat, so everyone expected a large group to stay together for a long time, as there are no major hills to suck the life out of someone, and that is exactly what happened. Dur-



Early race action with Jacob on one side of the lead pack with Rory on the other

ing the first 400 meters or so UNM slowly got toward the front of the pack as they didn't want to get caught way in the back, and have to bump and grind to get through the race. Even through the first kilometer there was probably at least half of the field within 40 meters of the actual leaders. It wasn't until past the 1 Mile, and on the way to the 2000 meter point a little gap started to break up the field. At the front of the pack was senior **Jacob Kirwa** (Eldoret, Kenya) flanked by classmates **Rory Fraser** (Leicester, England) and **Chris Barnicle** (Newton, MA). The race was starting to take shape as BYU had their scoring five near the front, Colorado was lurking just a little ways back, which is their trademark, and a couple of NAU/UTEP runners thrown into the mix. Just a short distance



back from the Lobo trio was senior **David Bishop** (Chippenham, England) and just a few meters back **Lee Emanuel** (Hastings, England). Freshman **Ross Millington** (Stockport, England) and redshirt froshie **Allen Pittman** (Los Alamos, NM) had gotten swallowed up by the big middle section of the race and were working very hard to get by throngs of runners. That is a very difficult thing to do, especially on a narrow running course like the north course. Slightly after 2000 meters Chris surged to the front, and started to push the pace, and quickly

Jacob was right on his shoulder. It jolted the pack of runners and quickly caused a long, serpentine of athletes. Rory, who was looking strong and controlled jumped right on the surge, and was just a few meters off the pace Chris was setting. There probably was a group of about 15 runners in the lead pack but not more than 25 meters separated the first 40 or so in the race. Momentarily, David looked like he was struggling, most likely due to his being sick and depleted from the previous week but



A pack of 8 runners trying to break the field led by Chris, followed closely by Jacob & Rory

he was hanging on well given the circumstances. About 4000 meters into the race there was a defined front group with 14 runners in the lead pack, 2 from NAU, 3 from UNM, 3 from BYU, 2 from Colorado, then assorted individuals from other competing teams. By this point Chris, Jacob, and Rory were running shoulder to shoulder sandwiched between NAU's top runner, David McNeill and BYU's leader, Miles Batty. The race stayed this way through 4 miles which brings the runners directly in front of the finish line for the last of their three loops of the course. Then it happened.....McNeill and Batty threw in a vicious hard surge which quickly gapped the entire field. They were running side by side each measuring the other, but one thing was for certain, they were going for it. Jacob had taken over sole possession of third place and was about 50 meters in front of the next runner. Then came Colorado, BYU, and Air Force, with Rory about 10 meters down from this trio. Another Colorado runner with two others attached to his back was starting to breath down Rory's back, so he had to keep pouring it on. Chris had lost



contact with Rory, but was still running strongly. Then about 10 meters after that was a group of five runners, and about 10 meters back from them David, who was pretty zonked. And driving like crazy to catch him was Lee, who was no more than 3-4 meters in back. Just like at the conference meet where Ross could sense Lee needed help, and drove like crazy to get up to him, here two weeks later it was Lee who could tell his mate was needing company. It is an instinctive part of racing, almost like sharks in the water that know when there is distress, and go rapidly to it, something like this happens in races also. And Lee would stay right behind David all the way to the finish providing support. The team race appeared to have BYU and



Success!!! Lee worked to get right behind David and that move helped the Lobos gain third place.

Colorado almost inseparable, with the Lobos slightly behind, and NAU right there. Then there was a huge gap to the next team, so essentially four teams were vying for two spots. At the finish BYU rebounding from losing the conference meet for only the second time in 11 years squeaked by Colorado by one point. The UNM men came through in a solid third place all but wrapping up a trip to the "dance". Jacob held on for third place overall and then maybe the story of the meet was Rory in seventh place. RF described his effort after the race as his best cross country race ever, and that is great news since it came at the right time. Chris came through the finish in 13th place, just ten seconds back of Rory while David crossed the line in 26th followed by Lee at 28th. The team total of 77 points shows the possibilities as everyone thought they could run faster at NCAA's. Wow, we can't wait for that!



Pain is NOT the enemy..... Other than long distance swimmers and wrestlers, no athlete in any other sport can appreciate this point of athletic competition looking at Rory's face and the other two athletes as they have run almost 5 miles at sub 5:00/mile pace.....legs burning, lungs ready to explode, mind screaming to slow down, acid filling the stomach, arms feeling like they are carrying lead weights.....true character is defined in how we handle moments like this.



The women's race and goal was abundantly clear.....finish 5th or better, and with the number of regular season wins the ladies had accumulated, a trip to the NCAA's was possible, even probable. Finish 6th or worse, and its big trouble! The Lobo women had #6 ranked Colorado, a team with multiple NCAA team championships to contend with, along with the #8 ranked Texas Tech Red Raiders, the 22nd ranked BYU Cougars, and for good measure the 31st ranked Northern Arizona team, and a very dangerous 32nd ranked UTEP Miners. All season long UTEP was under the radar, but they had a strong group and had to be respected. Just as in the men's race, the early pace was conservative, so throughout the first kilometer much of the 132 woman race was bunched together. Senior **Nicky Archer** (Cheshire, England) as is her natural style, moved to the front of the pack with junior **Ruth Senior** (Norwich, England) not far behind. Then just after the kilo point the race started to stretch out slightly. As the runners approached the 1 Mile point of the race, Nicky and Ruth running side by

side were flanked by the entire Texas Tech contingent. Both senior **Ashley Gibson** (Newcastle, England) and junior **Delyth James** (Morpeth, England) had moved through the field and



Ruth & Nicky side by side as they approach the 1 Mile point.

were running one after another in the top 30. After that seniors **Vanessa Ortiz** (Albuquerque, NM) and **Carolyn Boosey** (London, England) were probably around 40th. Sophomore **Lacey Oeding** (Jasper, IN) was somewhere caught in a big pack working to get around that pack and surge toward the front. Between the 1 Mile and 2000 meter point of the race the pace picked up slightly as each contending team started to try to form some type of meaningful team group. As the runners passed the 2 Mile point of the race (3200 meters) a lead group of 15 runners were about 10 meters ahead of a five person chase pack. In that lead group was Ruth and Nicky, although Texas Tech had all five scorers in the pack, and when the chase pack was included BYU had a total of four upfront, Colorado had four, and UTEP had two. So essentially at the halfway point it looked like Texas Tech was controlling the race, with BYU/Colorado a



Carolyn at the halfway point of the race

toss-up and UTEP/UNM a toss-up. From the 3200 meter point of the race until the lead group hit the 4000 meter point, the lead group shrunk to 12 runners, with two Colorado runners, one NAU, one BYU, one UTEP, and five Texas Tech athletes among the group. There was a great change overall in that 800 meter span. Then a small gap existed to the first Colorado State runner with Ruth right on her back. Montana State's first runner was just behind Ruth, then Nicky was about five meters back of that side by side with a UTEP athlete. Then there was a group about ten meters back that included 3 BYU and 3 Colorado runners. Then rushing hard at that group was Delyth

with Carolyn & Lacey side by side attacking as they could. At the 4000 meter point of the race the unofficial team score was Texas Tech low 40's, Colorado high 50's, and then BYU, New Mexico, and UTEP all within a couple of points of each other.

4000 Meter Action



Ruth with Nicky not far behind



Carolyn & Lacey side by side racing through the pack



Vanessa working her way through a group of runners

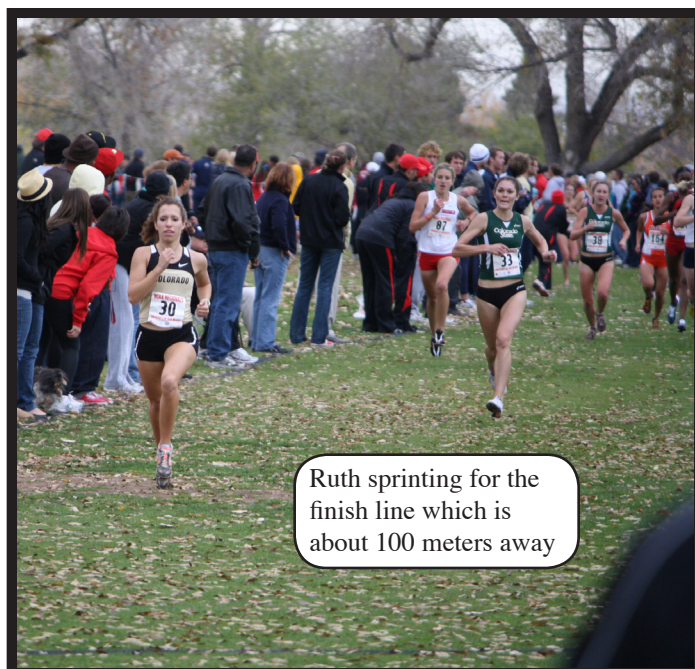
What an excellent match-up! As the runners turned into the short second loop of the course, each of them were straining to pass just one person. At this point of the race athletes know its close by how their coaches are yelling instructions. Coach Franklin was a virtual blur racing from point to point imploring the UNM women to hang in and try to get one more runner. The picture below shows him urging Ashley to get by the



BYU runner who was right in front of her. Going around the reservoir with about 400 meters of beautiful fairway to contest before the finish chute there was almost a craziness to the race. Everyone knew that either Texas Tech or Colorado would take the first two spots, but then it was so close it was excruciating. Would it be the Cougars, the Miners, or the Lobos in third? In the picture below Delyth is doing everything she can to pass the NAU runner in front trying to get that one additional place. The picture was taken about the 4500 meter point of the race.



As the runners tried to lift their legs and sprint the last few meters of the race everyone could see the strain on their faces. Neck muscles taunt, arms pumping furiously, every ounce of energy trying to pass anyone around them. Ruth would cross the finish line in a fine 11th place, with Nicky in at 20th, Lacey who passed a large number of people over the last 2000 meters in 26th, Delyth in 30th, and Carolyn in 33rd. When the scoreboard flashed the results it was as it looked....very, very close between BYU, UTEP, and UNM. Colorado made a good



late race surge to take the team title with 48, with Texas Tech in with 53. Then just six points separated the 3rd, 4th, and 5th teams with BYU in with 114, UTEP in with 116, and the Lobos in with 120. After the race almost all the women felt they did not run their best race, and were disappointed in the outcome. But lets use an analogy here to provide some balance. In Major League Baseball star pitchers, who maybe throw 93-94 miles per hour with their fastball, sometimes are only able to hit 88-89 mph with that pitch. But we often hear managers talk after a game that even though the star pitcher didn't have his "A" game or best "stuff", he was still able to work hard, use good skill, and come out of the game with a victory. Okay, ladies you obviously didn't have your best "stuff", and didn't have your "A" game, but you did qualify for the NCAA's. So looking at it another way.....you qualified as one of the best 31 teams in the land (remember, there are 328 Division I women's cross country teams) not running your best race.....hmmmm, not too shabby. Put another way, successful athletic teams are ones that find success on their "off" days, so the glass is definitely half full, not half empty:) Terre Haute.....here we come.



University of New Mexico Cross Country “Wolftracks” News, Views, Reviews, Previews

NOVEMBER 23, 2009 MEN'S NCAA CHAMPIONSHIP

MEN'S RESULT

final regular season ranking in parenthesis

1. Oklahoma State (#2)	127
2. Oregon (#8)	143
3. Alabama (#3)	173
4. Northern Arizona (#13)	190
5. William & Mary (#7)	226
6. Colorado (#6)	315
7. Wisconsin (#10)	321
8. NEW MEXICO (#12)	350
8. Iona (#11)	350
10. Stanford (#1)	354
11. Villanova (#17)	359
12. Oklahoma (#16)	386
13. Portland (#4)	394
14. Syracuse (#9)	405
15. Virginia (#27)	408
16. Iowa State (#24)	430
17. BYU (#5)	468
18. Washington (#15)	470
19. Arizona State (#22)	472
20. Providence (#21)	482
21. Ohio State (unranked)	483
22. Georgetown (#14)	485
23. Louisville (#23)	490
24. Minnesota (#29)	493
25. Auburn (#25)	504
26. Arkansas (#19)	535
27. North Carolina State (#18)	539
28. Texas (#29)	605
28. Duke (#26)	605
30. Florida State (#20)	612
31. Michigan State (#28)	654

For the 7th time in the last 8 years the NCAA Cross Country Championship came to Indiana State University in Terre Haute, Indiana and their world-class cross country-only venue. The LaVern Gibson Championship Cross Country course was dedicated in October, 1997 with a parcel of donated land. Former Indiana State and NBA all-star Larry Bird made a donation to the facility to honor his father, and the donation was matched by two Gibson children to honor their father and grandfather. The 240 acre site is a reclaimed coal mine and from its inception, the head coach at Indiana State University, John McNichols had a dream of making the site into the premier cross country facility in the nation. Those experienced in the sport of cross country would tell you they have achieved their dream. In many respects they believed just as in the movie, “A Field of Dreams” if you build it, they will come!

The day could not have been more gorgeous, with temperatures in the high 50's, and a bright sunshine which broke through during the men's race. With four straight days of sunshine, the course was generally dry and great for running. Typically, the weather this time of year in Indiana is somewhere in the 30's, with a possibility of snow, so the good weather brought out a huge crowd. At the beginning of every cross country season there are approximately 300 Division I men's teams that have the goal of making it to the NCAA Championship. That is a total of about 4500 athletes. Only 31 men's teams and a total of 255 individuals get to toe the line, so it is a significant accomplishment for anyone. Put another way, a team has to be in the top 10% of all teams to get a bid, while for the individuals, less than 6% of all athletes will get to the big dance. So while teams and individuals don't focus on their odds of making it, in reality it is heavily stacked against one to make it. Of all the cross country programs in the country only 18 institutions were able to do what the Lobos did....get both men's and women's teams qualified (Arizona St, BYU, Colorado, Duke, Florida St., Georgetown, Iowa State, Michigan State, Minnesota, Ohio State, Oregon, Providence, Stanford, Syracuse, Villanova, Virginia, Washington). And of those 18 institutions only 2 programs come from a non-BCS conference



What all runners visualize getting to at
the end of the race

Combined Scores of those 18 programs which qualified both teams to the NCAA's LOBO's - one of the nations best

1. Oregon (419)
2. Villanova (445)
3. Washington (658)
4. **NEW MEXICO (718)**
5. Florida State (745)
6. Stanford (762)
7. Colorado (773)
8. Virginia (799)
9. Minnesota (803)
10. Providence (831)
11. Syracuse (855)
12. Iowa State (876)
13. Duke (877)
14. BYU (921)
15. Georgetown (980)
16. Arizona State (992)
17. Ohio State (1,156)
18. Michigan State (1,255)

(BYU & New Mexico). Certainly, the men's and women's teams should be very proud of their historic accomplishment. Now.....off to the race.

The men's race was the first up and there was excitement in the air. With the Lobo men ranked 12th in the final regular season coaches poll optimism was high for a solid national finish. After a season in which the Cherry & Silver amassed a 69-12 (.851) record through completion of the regional championships there was no reason to assume anything other than good things would happen. The team had an excellent up-front runner, solid depth, and maybe most importantly great team chemistry - the one for all and all for one mentality. The current Lobo group was the fifth UNM team to make the national meet



The team gets together about 10 minutes before the race to reinforce strategy.

after the 1966, 1975, 1988, and 2004 squads. With a best-ever 9th place finish in 2004 this seven-man roster had their sight set on going down in his-

tory as the best-ever cross country team.

In a pre-meet interview head coach Joe Franklin the 2009 Mountain West Conference "Coach of the Year" told a reporter that he believed team places 4-12 were so close that anything could happen, and positioning within the race would dictate where a team would end up. He might have added that good luck, or maybe good health would also dictate what happened. At the NCAA Championships there is such a fine line between those who finish at the top, and those that don't its remarkable. Take for instance, BYU's very fine team. They won the NCAA Mountain Regional Championship hosted by the Lobos just 10 days prior, with their outstanding front runner Miles Batty (2nd overall at the regional championships) and BYU was ranked #5 coming into the meet. The Cougars finished 17th as a team. Miles, like so many across the country had been ill between the regional and national meets, and instead of finishing in the top 20 as expected, he ended up 171st. Those are things that drive coaches crazy since they are completely out of the control of the coach.

One other belief that coaches have is at the national championships if you perform the same way you did all season long, and especially the way you performed at the regional championship in the end the result will be excellent. Put another way.....a team has to run solidly to make it to the meet.....just run solidly as a team.....and good things will come. And the Lobo men didn't disappoint, finishing a respectable 8th, competing solidly, just the way they had for the previous month. Now the group can say.....we ARE the best ever cross country team from the University of New Mexico!

To see all 255 athletes (31 teams and 38 individuals) lined



up on the starting line is certainly a wonderful spectacle. All the different colors of uniforms side by side is something special, and very unique to the sport of cross country. The head starter is approximately 100 meters out in front of the starting line, and the NCAA command is that he will raise a flag over his head, and drop the flag, and shoot the gun at the same time, to make sure everyone both hears the sound of gun, and gets a visual clue. Well everyone knows it takes sound a fraction of a second to travel that 100 meters to the ears of all the runners and senior **Rory Fraser** (Leicester, England) was having none of that. RF watched the first movement of the flag being dropped and was off the line like a cannon being exploded. It was almost as if he used starting blocks! Just think.....some day, years down the road when Rory is sitting in his rocking chair on the back porch of his retirement mansion in England he can tell his grandchil-



Rory's starting technique would make Usain Bolt jealous!

dren a great story. We can hear it now.....Hey kids, in 2009 your grandpa led the NCAA Championships! Of course he will probably stop the story there:) Anyway, back to the race.

Rory, being an experienced veteran knew once he was out well, he might as well stay out there. Senior **Chris Barnicle** (Newton, MA) who has been great all year at reacting to his teammates, and knowing where they are in the race scooted out and dropped in right behind Rory. For a the first kilometer

the rest of the Lobos seemed to get swallowed up by the big pack of runners. The leader, Samuel Chelanga from Liberty University set a torrid pace throughout the first kilometer (1000 meters) and Rory running about 7th or 8th in the race hit around 2:45ish, which is basically 4:30 mile pace, very, very quick for a 10,000 meter (6.21 mile) distance. Chris, still right behind came through in the top 10, with senior **Jacob Kirwa** (Eldoret, Kenya) finally working his way out of the center masses, and showing up in the top 20. Senior **David Bishop** (Chippenham, England) also could finally be seen and was definitely in the top 50 of the race. The picture below shows the runners just past the 1 Mile point (1609 meters), probably around 1800 meters. Rory is right behind the William & Mary runner with Chris hidden behind him. Looking



between the Arizona runner, and the Louisville runner Jacob can be seen, and to the right of the spectator in dark blue David shows up.

Typically, races will start out fast, then runners will tend to “settle” into a more normal pacing. Not so in this meet. The meet announcer, who could be heard all over the course kept announcing that the leader was already on a new record pace, and from the early splits just about the first 25% of the race was running faster than in previous years. It was all out warfare and many in the crowd were asking how long it would be before runners started faltering due to the quick tempo. The NCAA has computer chips on the shoes of all runners so when they cross timing pads on the course some type of scoring can be announced during the race. It is a nice technological advancement



which has been positive for spectators. As the runners advanced to the 3000 meter split pad the leader hit in a blazing 8:24, an average of 2:48/kilometer, or under 4:30 per mile. That is just an incredible tempo which the leader was pulling the entire field through. Jacob was the first Lobo to hit the pad and he crossed in 8:41, a 4:38/mile pace with Rory and Chris right behind in 8:42. David was the next to reach the pad as he hit it at 8:52 with Ross right on his tail at 8:53. Ross had worked hard to weave his way through the crowd to catch his teammate.



At the 3000 meter split the computer showed the top 10 teams as 1. Oregon with 106; 2. BYU 178; 3. Oklahoma State 183; 4. Stanford 204; 5. Georgetown 213; 6. New Mexico 254; 7. Alabama 289; 8. Northern Arizona 302; 9. Iona 313; and 10. Syracuse 324. Just a great start for the Lobo men as they were not afraid to get after it. Jacob was 12th, Rory/Chris 23rd/24th, David 93rd, and Ross 102nd.

Once the runners have completed the two inner loops of the course, they come by the starting line and head back down the long straightaway, passing the finish line where the 5000 meter point is. The halfway split traditionally provides good clues as to how a team is progressing. The big videoboard which is tied into the computers was flashing the team scores halfway through: 1. Oklahoma State 134; 2. Oregon 159; 3. Alabama 218; 4. Northern Arizona; 5. Georgetown 256; 6. BYU 271; 7. Villanova 304; 8. New Mexico 313; 9. William & Mary 322; 10. Iona 330. Jacob was clocked in 14:47 and held down 14th place. Chris who had made a hard surge was in next as

he passed the split in 14:51 which gave him 29th place. Chris had run the 2000 meters from 3K to 5K in a sizzling 6:09, only two seconds down to what Jacob had done. Rory passed the 5K in 15:00 and 49th spot, then David, Lee, and Keith were in 15:18, 15:19, and 15:20 which was good for 109th, 112th, and 119th. The guys 1-5 split at that point was :32.

After the 5000 point of the race one can see a marked difference in the race. Those athletes that shouldn't be near the front, and have gone out over their head start to pay the price. Heads are down, shoulders are tight, neck muscles bulging, the foot strike no longer firm and crisp, but soft and slow. The second half of a 10,000 meter race is where the men are separated from the boys. There is no luxury, no easy part, no relaxation, just plain old hard effort where runners reach down to survive. This is cross country at its best.

The Lobo men had been resilient all season long, and they would have to be as both William & Mary and Iona were breathing down their necks. Slight mistakes, or miscalculations can be costly at this stage of the race. Throughout the next 3000 meters of the race teams are trying to maintain composure, and make small advances if they can. No one is trying to make huge moves at this stage for usually that will be dangerous, as energy stores are fading, and taking a huge chunk from the energy system is pointless.

At the 8000 meter (4.97 mile) point the team scores were: 1. Oklahoma State 102; 2. Oregon 140; 3. Alabama 182; 4. Northern Arizona 208; 5. William & Mary 237; 6. New Mexico 315; 7. Wisconsin 324; 8. Villanova 330; 9. Iona 331; 10. Colorado 347. The top four spots remained the same from the 5000 meter point, but Georgetown and BYU had dropped out of the top ten, while William & Mary had made a nice push forward as had the Lobos. But Wisconsin, a traditional top 4 team had made a big move as had Colorado, two teams that are dangerous. At the 8K mark Jacob had moved up a couple of spots and was trying to make his way into the top 10 overall, hitting 23:45 for that distance. Chris was holding on to 39th as he had covered the 3000 meters from 5K to 8K in 9:25 for a total time of 24:16. Rory was 55th overall with a 24:24 while Lee was 99th at 24:50, and David the fifth scorer at 115th with a 24:58. So with 2000 meters to go the Lobo men sat in 6th place but only 9 points up on Wisconsin and 15 on Villanova. What did they have left?

This picture defines true cross country running. #395 is Chris Barnicle and you can see him looking to his left trying to find Rory (#399) so that they can run together. Remember, they are running at faster than 4:40 per mile but Chris has enough experience to take the time to make sure he can connect with a teammate, so vital in big-meet racing.

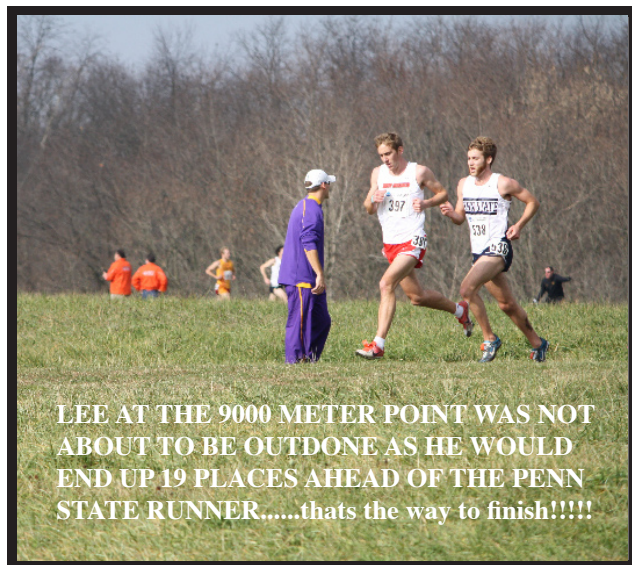


Rory trying to weather a difficult period of the race. He would do a great job as he ended up 29 places ahead of the runner from Alabama.



Jacob in full flight just after the 9000 meter mark. During the last 1000 meters these four All Americans had a great battle but ended up at the finish in the exact same order.

The last 2000 meters is like a free-for-all and the roar of the crowd was deafening. The sun had peeked out from behind the few clouds in the sky and it was bright blue. Just a nice addition which the runners certainly didn't need - additional heat! Jacob, who had done a great job all day holding onto a top spot finished with a flourish, crossing the finish line in 11th place with a fantastic time of 29:46. The quiet senior earned All American honors for his excellence, and becomes only the 8th Lobo runner to earn that prestigious honor. The 11th place showing is also the third best finish ever for a Lobo behind Matt Gonzales' 2nd place in 2004 and Kip Koskei's 3rd way back in 1979. Rory, who had a spot of difficulty way back around 5000 meters finished with a sizzling 6:11 last two kilometers and was rewarded with a 63rd place finish in 30:35. Next in for the Cherry & Silver was Chris who conquered the course in 31:01, 108th place. Lee who had also done a great job over the last 2k (6:14) finished just three ticks back from Chris with a 115th place. The fifth runner for the Lobos was David who crossed the finish line in 142nd place, with a 31:19. When all the individuals were taken out the New Mexico Lobo total was 350 points, good for eighth place overall. A job well done by the lads and a fitting conclusion to a superb season.



LEE AT THE 9000 METER POINT WAS NOT ABOUT TO BE OUTDONE AS HE WOULD END UP 19 PLACES AHEAD OF THE PENN STATE RUNNER.....thats the way to finish!!!!



Finishing with authority.....David Bishop flies by a runner with just 400 meters to go.....DB would cross the line 29 places ahead of the runner



Chris making one last push toward the finish line.....300 meters to go.



RACE REVIEW

OVERALL PLACE

	<u>3000 meters</u>	<u>5000 meters</u>	<u>8000 meters</u>	<u>10,000 meters</u>
1. Samuel Chelanga, Liberty	8:24	14:10 (5:46)	22:47 (8:37)	28:41 (5:54)
11. Jacob Kirwa	8:41	14:47 (6:07)	23:45 (8:58)	29:46 (6:02)
63. Rory Fraser	8:42	15:00 (6:18)	24:24 (9:24)	30:35 (6:11)
108. Chris Barnicle	8:42	14:51 (6:09)	24:16 (9:25)	31:01 (6:45)
115. Lee Emanuel	8:55	15:19 (6:24)	24:50 (9:31)	31:04 (6:14)
142. David Bishop	8:52	15:18 (6:26)	24:58 (9:40)	31:19 (6:21)
150. Ross Millington	9:02	15:36 (6:34)	25:07 (9:31)	31:23 (6:16)
161. Keith Gerrard	8:53	15:20 (6:27)	25:01 (9:41)	31:27 (6:26)



University of New Mexico Cross Country "Wolftracks" News, Views, Reviews, Previews

NOVEMBER 23, 2009 WOMEN'S NCAA CHAMPIONSHIP

WOMEN'S RESULT

final regular season ranking in parenthesis

1. Villanova (#2)	86
2. Florida State (#8)	133
3. Washington (#1)	188
4. Texas Tech (#9)	191
5. Princeton (#3)	251
6. West Virginia (#7)	259
7. Florida (#5)	260
8. Duke (#14)	272
9. Oregon (#4)	276
10. Minnesota (#13)	310
11. Providence (#21)	349
12. Illinois (#16)	365
13. NEW MEXICO (#25)	368
14. Penn State (#11)	375
15. Virginia (#20)	391
16. Stanford (#10)	408
17. Iowa State (#18)	446
18. Syracuse (#12)	450
19. BYU (#19)	453
20. Colorado (#6)	458
21. Georgetown (#15)	495
22. UTEP (#23)	500
23. Notre Dame (#24)	519
24. Arizona State (#17)	520
25. SMU (#22)	581
26. Michigan State (unranked)	601
27. Michigan (#29)	637
28. Baylor (#26)	666
29. Ohio State (#27)	673
30. Arizona (#28)	682
31. Indiana (#30)	716

For the 7th time in the last 8 years the NCAA Cross Country Championship came to Indiana State University in Terre Haute, Indiana and their world-class cross country-only venue. The LaVern Gibson Championship Cross Country course was dedicated in October, 1997 with a parcel of donated land. Former Indiana State and NBA all-star Larry Bird made a donation to the facility to honor his father, and the donation was matched by two Gibson children to honor their father and grandfather. The 240 acre site is a reclaimed coal mine and from its inception, the head coach at Indiana State University, John McNichols had a dream of making the site into the premier cross country facility in the nation. Those experienced in the sport of cross country would tell you they have achieved their dream. In many respects they believed just as in the movie, "A Field of Dreams" if you build it, they will come!

The day could not have been more gorgeous, with temperatures in the high 50's, and a bright sunshine which broke through during the men's race. With four straight days of sunshine, the course was generally dry and great for running. Typically, the weather this time of year in Indiana is somewhere in the 30's, with a possibility of snow, so the good weather brought out a huge crowd. At the beginning of every cross country season there are approximately 330 Division I women's teams that have the goal of making it to the NCAA Championship. That is a total of about 5300 athletes. Only 31 women's teams and a total of 255 individuals get to toe the line, so it is a significant accomplishment for anyone. Put another way, a team has to be in the top 10% of all teams to get a bid, while for the individuals, less than 5% of all athletes will get to the big dance. So while teams and individuals don't focus on their odds of making it, in reality it is heavily stacked against one to make it. Of all the cross country programs in the country only 18 institutions were able to do what the Lobos did.....get both men's and women's teams qualified (Arizona St, BYU, Colorado, Duke, Florida St., Georgetown, Iowa State, Michigan State, Minnesota, Ohio State, Oregon, Providence, Stanford, Syracuse, Villanova, Virginia, Washington). And of those 18 institutions only two



What all runners visualize getting to at the end of the race

Combined Scores of those 18 programs which qualified both teams to the NCAA's LOBO's - one of the nations best

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13. Duke (877)
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15. Georgetown (980)
16. Arizona State (992)
17. Ohio State (1,156)
18. Michigan State (1,255)

CROSS COUNTRY PARTICIPANTS AND FANS



73-15 (.829) record through completion of the regional championships so there was no reason to assume anything other than good things would happen. The team was solid all the way, and in a championship meet solid depth pays huge dividends. The women also exhibited great team chemistry just like the men - the one for all and all for one mentality. The current Lobo group was the sixth UNM team to make the national meet after the 1976, 1978, 1981, 1985, and 2008 squads. With a best-ever 11th place finish in 1981 this seven-person roster had their sight set on taking a good shot at going down in history as the finest UNM women's cross country team. The group also wanted to improve on last years 18th place national finish.

The 2009 MWC Coaching Staff of the Year, Erin Howarth and Joe Franklin go over last minute race strategy.



It is a fascinating process to watch coaches and athletes in the minutes leading up to the start of the race. When you look into their eyes they almost seem glassed over like in a deep trance. That is where the psychological dimension takes over. On the left is Ruth Senior and on the right Coach Erin Howarth.



In a pre-meet interview head coach Joe Franklin the 2009 Mountain West Conference "Coach of the Year" told a reporter that he believed getting into good position, and allowing others to do the work within the race would dictate where a team would end up. Coach Franklin used the analogy from the world of cycling that "the domestique never wins the race", as this person is someone who works for the benefit of the team and comes from the French translation meaning "servant". Essentially much of a cyclist's effort is to push aside the air in front to provide a slipstream for a following rider and the faster one moves the more important the slipstream. Much can be translated over to the actual movement of running. He also could have added that good luck, or maybe good health would also dictate what happened. At the NCAA Championships there is such a fine line between those who finish at the top, and those that don't its remarkable. Take for instance, Colorado's outstanding team that has won many NCAA Championships, and recently won the NCAA Mountain Regional Championship hosted by the Lobos just 10 days prior. The Buffaloe's with their world-class Olympian front runner Jenny Barringer, who may go down as one of the greatest distance runners in NCAA annals was ranked #5 coming into the meet. The Buff's finished 20th as a team. Jenny, who was leading the race, and the heavy favorite to win the individual crown came by the 2000 meter point and then unexpectedly collapsed to the ground. Like the true champion



she is, somehow she got up wobbly legs and all and continued on for her team. But at the end of the day she finished 163rd instead of winning the race. Those are things that drive coaches crazy since they are completely out of the control of the coach.

One other belief that coaches have is at the national championships if you perform the same way you did all season long, and especially the way you performed at the regional championship in the end the result will be excellent. Put another way.....a team has to run solidly to make it to the meet.....just run solidly as a team.....and good things will come. And the Lobo women didn't disappoint, finishing a fine 13th, competing solidly, just the way they had for the previous month. While they just missed out on finishing as the top Lobo team ever, they can proudly say we are one of the best ever cross country teams from the University of New Mexico! Lobo pride.....its a great thing.

To see all 255 athletes (31 teams and 38 individuals) lined up on the starting line is certainly a wonderful spectacle. All the different colors of uniforms side by side is something special, and very unique

There is a series of children's picture books called "Where's Waldo" and the object is to find a man dressed in red/white in a maize of colors and different settings. This is a picture moments before the start of the women's race showing the cavalcade of different colors. Can YOU play the game.... Where's Lobos?



to the sport of cross country. The head starter is approximately 100 meters out in front of the starting line, and the NCAA command is that he will raise a flag over his head, and drop the flag, and shoot the gun at the same time, to make sure everyone both hears the sound of gun, and gets a visual clue. The starting line is about 100 meters long and the 255 runners are placed in small team boxes. At the gun runners have about 900 meters or so of straight until the first turn. As the runners sprint away from the starting line the long 100 meter wide string of runners slowly forms a "V" and within about 300 meters the outside boxes have converged into the center of the course. What happens here? All of a sudden 255 athletes are trying to get into the same 30 meter wide space so if you are watching someone, and they get caught in the middle of the pack, they disappear, and there is no way to spot them. Sort of like watching top-flight surf boarding. The surfers get up on top of the wave, dip down into the "pipeline" and then disappear for a moment in the froth and foam, only to come shooting out the end of the pipeline. While we knew the UNM runners were in the race, they couldn't be seen during the early stages of the race. Typically, races will start out fast, then runners will tend to "settle" into a more normal

pacing. Not so as Jenny Barringer and Florida State's Susan Kuijken blazed away from the pack. The meet announcer, who could be heard all over the course started hyping how fast the leaders were going and only the patient and well-disciplined athletes could prevent going out over their head. Just as in the men's race many in the crowd were asking how long it would



Lobo team members Sarah Higgen's from close-by Center Grove, IN and Shawna Winnegar from Santa Fe were there to support their teammates. We hear that Shawna got to Chicago and then had to take multiple "L" trains to find a car ride to Terre Haute. That's great school spirit.

be before runners started faltering due to the quick tempo. Unfortunately, not as long as it took in the men's race as now the sun was bright and clear, and it was a little warm which raised the core temperature of the athletes quicker than they would like. As the runners got to the first turn it happened.....several athletes in the middle of the pack got tripped and fell, and you could see athletes behind them bounding into the air trying to hurdle the fallen athletes. It was almost like watching show-horses hopping over a barrier. Thankfully, no one got hurt, and the tripped runners got back up and into a running rhythm.

The NCAA has computer chips on the shoes of all runners so when they cross timing pads on the course some type of information can be announced during the race. It is a nice technological advancement which has been positive for spectators. After making a turn around the 1000 meter mark the race makes a series of twists and turns heading toward the 2000 meter point, and the first computer-checked pad. The NCAA did have an unofficial announcement at the 1 Mile point and Barringer/Kuijken passed that checkpoint in 5:01. For most high school girls if they could run just one all out 5:01 mile they would be estastic!!!! And the runners had another 2.72 miles to go on their way to the 6000 meter (3.72 miles) distance. At the 2000 meter mark **Ruth Senior** (Norwich, England) passed in 6:35 which was about 17 seconds after the leader, Kuijken passed. That put her in about 54th position in the race. Then **Nicky Archer** (Cheshire, England) came through five ticks later which had her about 94th. Just think, in that five second span there were 40 runners crammed in. Then **Delyth James** (Morpeth, England) and **Ashley Gibson** (Newcastle, England) came through together at 6:44 which had them around 126th/127th. **Lacey Oeding** (Jasper, IN) and **Carolyn Boosey**



This picture of Nicky Archer was taken just before the 3000 meter split. You know whats cool about the picture? There are 18 athletes in this picture and Nicky finished ahead of everyone except one!



Laceys mom shooting a picture of Delyth after the 3K.

(London, England) were also working together as they hit 6:46 which placed them right around the 150th position.

Vanessa Ortiz (Albuquerque, NM) was not far behind as she crossed the 2k in 6:52. The Lobos had gone out conservatively and found themselves around 23rd place as a team with approximately 550 points. When reviewing the early results team places 8 - 13 were between 345 - 406 points, so there was a lot of real estate between where the Lobos were and that middle group.

After hitting the 2000 meter point the runners head down the long backside of the course along the tree line which is the second longest straightaway on the course. The picture to the left shows Nicky with a large number of runners around her - and this was almost at the 3000 meter point of the race!

The next checkpoint on the course was the 4000 meter point, and when the team scores flashed up they showed the

Lobos had made a little headway, cutting off about 100 places from the team score, but that only yielded five places upwards, to 18th. Ruth had run her second 2k in 7:04 for a total of 13:39 for the 4000 meters which moved her up to 47th place. Nicky had run a 7:14 which got her a total of 13:54, and an additional 16 places (78th overall). Lacey, as is her trademark put in a 7:13 two kilo, which got her to 13:59, and 97th place. For the hoosier sophomore that was a drop of about 50 places. Theres no place like home soil! Delyth was next in at 14:03 (7:19 split) and that placed her right around 109th or so. Carolyn had run a solid 7:21 for a total of 14:07 which was right around 119th. Ashley had started to struggle after the 2000 point as the effects of the viral infection she had been dealing with started to take hold. No matter how much an athlete tries to fight through this type of malady, viral infections sap the strength and her heroic efforts were no match for the bug inside her body.

After the 4000 point of the race just as with the men's race one can see a marked difference in the race. Those

Coach Franklin yelling encouragement to Ruth late in the race. Funny story. Coach claims he strained his hamstring running fast around the course yelling for everyone.....hmmmm.... does anyone REALLY believe that? Coach running fast....sounds like a fish story to us.



JOE

athletes that shouldn't be near the front, and have gone out over their head start to pay the price. Heads are down, shoulders are tight, neck muscles bulging, the foot strike no longer firm and crisp, but soft and slow. The last 2000 meters of a 6,000 meter race is where the women are separated from the girls. There is no luxury, no easy part, no relaxation, just plain old hard effort where runners reach down to survive. This is cross country at its best.

Athletes often wonder if their coaches just say things to say things. Well, the answer is no. The very last thing Coach Howarth had told the team was they would run great the last 2000 meters of the course. Why? The last part of a race is based on several components which the coaching staff had highlighted all season. First, an athlete must have a

strong aerobic fitness level, and training at altitude provides that. Second, an athlete must have an excellent strength training base. Running long runs up near the mountains each Sunday provides that. Third, an athlete must have a core strength program that builds them to a high level. That's why Erin is so focused on getting the athletes to concentrate on the core stability routine. Fourth, they must believe in their training program, and coaches. Fifth, they must have a deep desire to succeed. Now it was time to take that investiture out and start paying dividends.

The final 2000 meters of the national championship was a great time for the Lobo women. They started passing people right and left, and slowly, but steadily started to move up as a team. Teams that were ahead of the ladies at the 4000 meter mark were going backwards, struggling with fatigue. For the Cherry & Silver it was a determined focus to keep going by everyone that was in the way. The team got down into the low 400 point total and moved up to 16th place, then a couple of more points, and 15th place, then into the 380 point range, and 14th place, and finally 368 points and 13th place.

Ruth, who led the team the entire way finished in 39th place in the team scoring where all the non-scoring individuals are removed (46th overall) with an excellent 20:50 clocking. Next in for the team was hard-charging Nicky Archer, who ended up 56th in the team scoring (68th overall) with 21:06. Then in came Lacey, who was flying by people like they were stuck in the mud. She would place 63rd in the team race (79th overall) with a 21:11. Lacey passed an amazing 87 athletes from the 2000 to the finish line! WOW! Then came Delyth, who clocked 21:29, 102nd in team scoring, and Carolyn in 21:38, 108th in team scoring. Ashley finished the 6000 meters in 22:00 and Vanessa in 22:33.

There was a long delay in getting the team scores announced, but when they were finally put up there was sheer joy in the ladies eyes. Just one more example of good things happening to good people who do good things. GREAT JOB!



Carolyn running down people during the last 2 kilometers



Vanessa Ortiz racing to the finish line

Lacey Oeding passed an amazing 87 athletes from the 2k to 6k!!!



Ruth on her way to the finish line after a great individual effort.



TEAM SCORES AT 2000 METERS

1. Villanova	67
2. Washington	114
3. Florida State	143
4. West Virginia	178
5. Texas Tech	199
6. Oregon	236
7. Florida	284
8. Princeton	345
9. Minnesota	354
10. Iowa State	354
11. Colorado	385
12. Virginia	393
13. Penn State	406
14. Baylor	417
15. Georgetown	420
16. Syracuse	421
17. Providence	457
18. Illinois	460
19. Duke	479
20. Stanford	486
21. BYU	505
22. Notre Dame	552
23. NEW MEXICO	552
24. Arizona State	564
25. Ohio State	566
26. UTEP	610
27. Michigan State	660
28. Indiana	670
29. Michigan	675
30. SMU	704
31. Arizona	706

TEAM SCORES AT 4000 METERS

1. Villanova	91
2. Florida State	133
3. Washington	139
4. Texas Tech	167
5. West Virginia	226
6. Oregon	249
7. Florida	277
8. Princeton	283
9. Duke	284
10. Minnesota	342
11. Providence	363
12. Virginia	378
13. Penn State	393
14. Illinois	399
15. Stanford	403
16. Colorado	407
17. Iowa State	448
18. NEW MEXICO	450
19. Georgetown	469
20. BYU	479
21. Syracuse	502
22. Notre Dame	524
23. Arizona State	526
24. UTEP	572
25. Baylor	604
26. Ohio State	620
27. Michigan State	624
28. SMU	624
29. Michigan	641
30. Indiana	701
31. Arizona	742

** it should be noted that these scores are approximations given large groups of athletes are hitting the chip timing pads at the same time.

Ruth Senior's 46th place effort is the best by a UNM runner since 1988 and is the fifth best in UNM history after Carole Roybal's 13th in 1985, her 19th in 1984, her 28th in 1986, and Gwen Willink's 36th in 1988.

Ashley Gibson in the final stage of the race.



RACE REVIEW

OVERALL PLACE

	2000 meters	4000 meters	6000 meters
1. Angela Bizzari, Illinois	6:23	13:02 (6:39)	19:46 (6:44)
46. Ruth Senior	6:35	13:39 (7:04)	20:50 (7:11)
68. Nicky Archer	6:40	13:54 (7:14)	21:05 (7:11)
79. Lacey Oeding	6:46	13:59 (7:13)	21:10 (7:11)
126. Delyth James	6:44	14:03 (7:19)	21:28 (7:25)
135. Carolyn Boosey	6:46	14:07 (7:21)	21:32 (7:25)
191. Ashley Gibson	6:44	14:18 (7:34)	21:59 (7:41)
228. Vanessa Ortiz	6:52	14:35 (7:43)	22:32 (7:57)

On Saturday, October 17th the Lobos traveled to Indiana State to compete in the Pre-NCAA Invitational. At that meet these were the finishing times of the ladies. Who says good training doesn't pay off?

Ruth	21:23
Lacey	21:34
Nicky	21:39
Ashley	21:39
Delyth	21:51
Janna	22:42
Vanessa	22:54

UNIVERSITY OF NEW MEXICO INDOOR TRACK & FIELD

2010 BEST PERFORMANCES

@ Denotes a performance that has been adjusted based on the NCAA altitude conversion

2010 BEST

ALL TIME BEST or PREVIOUS BEST

60 METERS (WOMEN)

Precious Selmon	Frosh.	7.69
Tawsha Brazley	Frosh.	7.82
Sandy Fortner	Sr.	7.96
Shirley Pitts	Frosh.	8.08
Asal Salehpoor	Jr.	8.10
Monquisha Coleman	Frosh.	8.21
Christine Ostler	Frosh.	8.71
Deanna Young	Sr.	

UNM Record - Kristan Matison, 7.58, 2007 NCAA Auto - 7.26, Prov - 7.44

Northern Arizona Open, 12/3		
Lobo Open, 1/15/10	7.83	12/3/09, Northern Arizona
Cherry & Silver, 1/23/10		
Northern Arizona Open, 12/3		
Lobo Open, 1/15/10	8.07	1/30/09, UNM Invt.
Northern Arizona Open, 12/3		
Northern Arizona Open, 12/3		
	7.78	1/30/09, UNM Invt.

60 METERS (MEN)

Lamaar Thomas	Soph.	6.75
Kendall Spencer	Frosh.	6.85
De'Vron Walker	Frosh.	6.99
Thomas Trujillo	Soph.	6.99
Ty Kirk	Soph.	7.15
Richard York	Frosh.	7.15
Zach Smith	Frosh.	7.25
Jesse Paulson - UNATT.	Soph.	7.28
Brian Wilson	Jr.	7.35
Jeremy Lee	Sr.	7.46
Chad Clark	Soph.	

UNM Record - Lamaar Thomas, 6.75, 2010 NCAA Auto - 6.60, Prov - 6.71

MWC (New Mexico), 2/27	6.84	2/13/10, Air Force Invt.
Cherry & Silver, 1/23/10	6.87	12/2/09, Northern Arizona
Lobo Open, 1/15/10		
Air Force Invitational, 2/12	6.94	2/26/09, MWC (Air Force)
Lobo Open, 1/15/10		
UNM Combined Event, 2/5		
Lobo Open, 1/15/10	7.33	12/3/09, Northern Arizona
Cherry & Silver, 1/23/10		
MWC (New Mexico), 2/25	7.36	2/5/10, UNM Combined Evt
UNM Combined Event, 2/5		
	7.26	2/14/09, Washington

60 HURDLES (WOMEN)

Precious Selmon	Fr.	8.47
Sandy Fortner	Sr.	8.68
Kelly Fortner	Sr.	

UNM Record - Precious Selmon, 8.47, 2009 NCAA Auto - 8.14, Prov - 8.43

Northern Arizona Open, 12/3		
MWC (New Mexico), 2/26	8.61	2/28/08, MWC (Air Force)
	9.68	2/26/09, MWC (Air Force)

60 HURDLES (MEN)

De'Vron Walker	Frosh.	8.09
Richard York	Frosh.	8.42
Brian Wilson	Jr.	8.49
Jeremy Lee	Sr.	9.02
Chad Clark	Soph.	

UNM Record - De'Vron Walker, 2010 & Chris Garofola, 2004 - 8.09 NCAA Auto - 7.70, Prov - 7.91

Air Force Invitational, 2/12	8.11	1/29/10, Lobo Challenge
Cherry & Silver, 1/23/10	8.51	1/15/10, Lobo Open
Air Force Invitational, 2/12	8.50	1/15/10, Lobo Open
MWC Hept., 2/26	9.18	2/6/10, UNM Combined Evt.
	8.52	1/17/09, Lobo Opener

200 METERS (WOMEN)

Shirley Pitts	Frosh.	25.33
Tawsha Brazley	Frosh.	25.53
Sandy Fortner	Sr.	25.85
Rachel Kelchner	Soph.	26.47
Ashley Miknis	Frosh.	26.76
Moniquisha Coleman	Frosh.	27.34
Christine Ostler	Frosh.	27.70
Kim Perkins	Sr.	
Deanna Young	Sr.	

UNM Record - Adwoa Gyasi-Nimako 24.08, 2000 NCAA Auto - 23.20, Prov - 23.90

Air Force Invitational, 2/12	25.37	1/29/10, Lobo Challenge
Air Force Invitational, 2/12	25.54	1/23/10, UNM Ch/Silver
Lobo Open, 1/15/10		
Lobo Open, 1/15/10		
Lobo Open, 1/15/10		
Lobo Open, 1/15/10		
New Mexico Classic, 2/6		
	25.29	1/30/09, UNM Invt.
	25.79	1/30/09, UNM Invt.

2010 BEST**ALL TIME BEST or PREVIOUS BEST****200 METERS (MEN)**

Kendall Spencer	Frosh.	21.79
Thomas Trujillo	Soph.	22.03
Richard York	Frosh.	22.31
Derek Montoya	Frosh.	22.41
De'Vron Walker	Frosh	22.79
Brian Wilson	Jr.	23.19
Ty Kirk	Soph.	23.25
Josh Lovato	Frosh.	23.53
Phillip Reid	Sr.	
Chad Clark	Soph.	
Derek Halladay	Soph.	

UNM Record - Larry Davis, 21.44, 2001**NCAA Auto - 20.83, Prov - 21.23**

MWC (New Mexico), 2/26	21.83	1/23/10, UNM Ch/Silver
MWC (New Mexico), 2/26	21.83	1/24/09, UNM Ch/Silver
Lobo Open, 1/15/10	22.49	12/3/09, Northern Arizona
UNM Classic, 2/6	22.44	1/30/10, UNM Invt.
Lobo Open, 1/15/10		
Lobo Open, 1/15/10		
UNM Classic, 2/6		
UNM Invt., 1/30		
	22.00	2/1/08, Air Force
	22.93	1/30/09, UNM Invt.
	23.33	1/24/09, UNM Ch/Silver

400 METERS (WOMEN)

Shirley Pitts	Frosh.	57.16
Tawsha Brazley	Frosh.	58.35
Kim Perkins	Sr.	58.39
Rachel Kelchner	Soph.	58.70
Ashley Miknis	Frosh.	59.85
Alex Darling	Soph.	60.63
Biana Martin	Frosh.	60.77
Christine Ostler	Frosh.	61.98

UNM Record - Ariel Burr, 53.73, 2007**NCAA Auto - 52.40, Prov - 54.40**

Air Force Invitational, 2/13	57.67	1/29/10, Lobo Challenge
Lobo Challenge, 1/29	58.36	1/23/10, UNM Ch/Silver
Northern Arizona Open, 12/3	58.17	2/7/09, UNM Classic
Cherry & Silver, 1/23/10	59.69	12/3/09, Northern Arizona
Cherry & Silver, 1/23/10	61.35	12/3/09, Northern Arizona
Lobo Open, 1/15/10	60.32	1/24/09, UNM Ch/Silver
Cherry & Silver, 1/23/10		
UNM Invt., 1/30	63.40	1/15/10, UNM Lobo Open

400 METERS (MEN)

Derek Montoya	Frosh.	49.98
Raffi Cote	Frosh	50.22
Ryan Steadman	Jr.	50.29
Josh Lovato	Frosh	50.49
Derek Halladay	Soph.	50.52
Gabe Aragon - UNATT	Frosh	50.85
Chad Clark	Soph.	51.67
Phillip Reid	Sr.	
Brian Vallie	Sr.	

UNM Record - Jarrin Solomon, 46.33, 2009**NCAA Auto - 46.15, Prov - 47.25**

MWC (New Mexico), 2/26	50.59	1/15/10, Lobo Open
Cherry & Silver, 1/23/10		
Lobo Open, 1/15/10	49.53	1/19/08, N. Arizona
Lobo Challenge, 1/29	50.86	1/15/10, UNM Lobo Open
Lobo Challenge, 1/29	51.10	1/24/09, UNM Ch/Silver
Lobo Open, 1/15/10		
Air Force Invitational, 2/12	52.32	1/30/10, UNM Invitational
	49.01	2/1/08, Air Force
	50.79	1/30/09, UNM Invt.

600 METERS (MEN)

Gabe Aragon - UNATT	Frosh	1:20.43
Ryan Steadman	Jr.	1:21.58
Sam Evans - UNATT.	Fr.	1:23.64
Josh Lovato	Frosh.	1:24.66
Sid Scheer	Soph.	1:27.21
Derek Halladay	Soph.	1:27.26
Chad Clark	Soph.	1:28.35

UNM Classic, 2/6
UNM Classic, 2/6
UNM Classic, 2/6
UNM Classic, 2/6
UNM Classic, 2/6
UNM Classic, 2/6
UNM Classic, 2/6

800 METERS (WOMEN)

Alex Darling	Soph.	2:12.35@
Ashley Gibson	Sr.	2:13.28@
Bianca Martin	Frosh.	2:14.14@
Emma Reed	Jr.	2:18.75@
Carolyn Boosey	Sr.	2:19.22@
Sandy Fortner	Sr.	2:25.41
Christine Ostler	Frosh.	2:28.10@
Laura Bowerman	Sr.	2:29.50@

UNM Record - Sue Vigil, 2:09.54, 1979**NCAA Auto - 2:05.00, Prov - 2:09.00**

MWC (New Mexico), 2/27	2:12.88@	1/30/10, UNM Invt.
Lobo Challenge, 1/29	2:15.53@	1/24/09, UNM Ch/Silver
UNM Invt., 1/30		
MWC (New Mexico), 2/26	2:21.06@	1/29/10, Lobo Challenge
Lobo Open, 1/15/10		
NCAA (Arkansas), 3/13	2:27.96	2/25/10, MWC (New Mex.)
Cherry & Silver, 1/23/10		
UNM Invt., 1/30		

2010 BEST**ALL TIME BEST or PREVIOUS BEST****800 METERS (MEN)**

Lee Emanuel	Sr.	1:50.26@
Raffi Cote	Frosh.	1:51.78@
<i>Gabe Aragon - UNATT</i>	Frosh.	1:51.94@
Jacob Kirwa	Sr.	1:52.11@
David Bishop	Sr.	1:52.31@
Ross Millington	Soph.	1:53.71@
Rory Fraser	Sr.	1:54.13@
Brian Vallie	Sr.	1:54.70@
Ryan Steadman	Jr.	1:54.89@
<i>Sean Stam - UNATT</i>	Frosh	2:00.61@
Sid Scheer	Soph.	2:00.71@
Cory Kalm	Jr.	2:05.03@
Chad Clark	Soph.	2:13.97@
Brock Hagerman	Jr.	

UNM Record - Sammy Kipkurgat, 1:48.74, 1977 NCAA Auto - 1:48.00, Prov-1:50.50

MWC (New Mexico), 2/27	1:50.15@	2/26/09, MWC (AirForce)
Lobo Challenge, 1/29	1:53.64@	1/15/10, UNM Lobo Open
UNM Invt., 1/30	1:53.99@	1/23/10, UNM Ch/Silver
Cherry & Silver, 1/23/10	1:56.56@	2/7/09, UNM Classic
Lobo Challenge, 1/29	1:52.99@	1/24/09, UNM Ch/Silver
Lobo Challenge, 1/29		
Cherry & Silver, 1/23/10		
UNM Classic, 2/6	1:52.89@	2/26/09, MWC (AirForce)
Lobo Challenge, 1/29	1:52.68@	2/26/09, MWC (AirForce)
UNM Classic, 2/6		
UNM Invt., 1/30	2:01.31@	1/23/10, UNM Ch/Silver
Lobo Open, 1/15/10		
Cherry & Silver, 1/23/10		
	1:58.48@	2/7/09, UNM Classic

HEPTATHLON 1000 METERS

Richard York	Frosh.	2:49.18
Brian Wilson	Jr.	2:55.69
Jeremy Lee	Sr.	2:56.80

UNM Combined Event, 2/6		
UNM Combined Event, 2/6		
MWC Hept (New Mexico), 2/26	2:57.31	2/6/10, UNM Combined Evt.

1 MILE (WOMEN)

Ashley Gibson	Sr.	4:43.78
Ruth Senior	Jr.	4:54.87@
Bianca Martin	Frosh.	4:55.71
Alex Darling	Soph.	4:56.46
Michelle Corrigan	Sr.	4:56.98
Nicky Archer	Sr.	5:04.23@
Lacey Oeding	Soph/Fr	5:04.76@
Carolyn Boosey	Sr.	5:08.06@
Delyth James	Jr.	5:10.98@
Shawna Winnegar	Soph.	5:13.50@
Laura Bowerman	Sr.	5:15.11@
Emma Reed	Jr.	5:17.84@
<i>Janna Mitsos - UNATT</i>	Frosh	5:18.87@
<i>Elba Holguin - UNATT</i>	Frosh.	5:20.70@
<i>Sarah Higgins - UNATT</i>	Frosh	5:21.76@
<i>Ashlee Smalley - UNATT</i>	Frosh	5:32.57@
Allison Bedonie	Frosh.	5:33.98@
Kelly McCabe	Sr.	5:36.41@
Erin Weeda	Soph.	5:40.37@

UNM Record - Ashley Gibson, 4:43.78, 2010 NCAA Auto - 4:37.00, Prov - 4:47.00

Washington Huskie Classic, 2/13	4:44.58	2/7/09, Notre Dame
Cherry & Silver, 1/23/10		
Washington Huskie Classic, 2/13	5:02.40@	1/29/10, Lobo Challenge
Washington Huskie Classic, 2/13	4:58.00@	1/29/10, Lobo Challenge
Notre Dame Meyo Invt, 2/6	5:01.67@	1/15/10, UNM Lobo Open
Lobo Challenge, 1/29	4:55.59@	2/7/09, UNM Classic
UNM Classic, 2/6		
UNM Invt., 1/30		
UMM Classic, 2/6		
UNM Invt., 1/30		
UNM Classic, 2/6	5:16.96@	1/15/10, UNM Lobo Open
UNM Invt., 1/30		
Cherry & Silver, 1/23/10		
Lobo Open, 1/15/10		
Cherry & Silver, 1/23/10		
Cherry & Silver, 1/23/10		
Lobo Challenge, 1/29		
UNM Invt., 1/30	5:27.51@	1/30/09, UNM Invt.
Lobo Open, 1/15/10		

1 MILE (MEN)

Lee Emanuel	Sr.	3:57.62
David Bishop	Sr.	4:00.74
Ross Millington	Soph.	4:02.02
Rory Fraser	Sr.	4:04.72@
Jacob Kirwa	Sr.	4:06.18@
Matt Everett	Soph.	4:10.25@
Keith Gerrard	Jr.	4:13.20@
Brock Hagerman	Jr.	4:15.88@
<i>Sean Stam - UNATT</i>	Frosh	4:17.55@
<i>Patrick Ortiz - UNATT</i>	Soph.	4:19.66@
Brian Vallie	Sr.	4:25.58@
Cory Kalm	Jr.	4:26.97@
Alex Willis	Jr.	4:28.00@
Jason Petty	Jr.	

UNM Record - Lee Emanuel, 3:57.62, 2010 NCAA Auto - 3:59.00, Prov - 4:03.50

Indiana Relays, 1/29	3:57.91	2/6/09, Notre Dame
Washington Huskie Classic, 2/13	4:00.38	2/14/09, Washington
Notre Dame/Meyo Invt., 2/6		
MWC (New Mexico), 2/27	4:04.99@	1/23/10, UNM Ch/Silver
Lobo Challenge, 1/29		
MWC (New Mexico), 2/27	4:12.84@	1/15/10, UNM Lobo Open
Cherry & Silver, 1/23/10		
Cherry & Silver, 1/23/10	4:12.74	1/25/08, Washington
UNM Classic, 2/6	4:19.33@	1/23/10, UNM Ch/Silver
Cherry & Silver, 1/23/10		
Lobo Open, 1/15/10		
Lobo Open, 1/15/10	4:33.51@	2/7/09, UNM Classic
UNM Classic, 2/6		
	4:27.72@	1/17/09, UNM Lobo Open

2010 BEST**ALL TIME BEST or PREVIOUS BEST****3000 METERS (WOMEN)**

Nicky Archer	Sr.	9:46.07@
Lacey Oeding	Soph.	9:48.20@
Ruth Senior	Jr.	9:49.48@
Ashley Gibson	Sr.	9:55.93@
Michelle Corrigan	Sr.	10:00.03@
Laura Bowerman	Sr.	10:01.07@
Janna Mitsos - UNATT	Frosh	10:02.41@
Vanessa Ortiz	Jr.	10:03.64@
Carolyn Boosey	Sr.	10:13.88@
Delyth James	Jr.	10:16.77@
Shawna Winnegar	Soph.	10:28.76@
Ashlee Smalley - UNATT	Frosh	10:28.94@
Kelly McCabe	Sr.	11:14.54@
Allison Bedonie - UNATT	Frosh.	11:22.65@
Erin Weeda	Soph.	11:23.11@

UNM Record - Timmy Murphy, 9:33.11, 2006 NCAA Auto - 9:13.00, Prov - 9:32.00

MWC (New Mexico), 2/27	9:40.71@	1/30/09, UNM Invt.
MWC (New Mexico), 2/27	10:04.28@	1/30/10, UNM Invt.
MWC (New Mexico), 2/27		
Cherry & Silver, 1/23/10	9:43.20	2/14/09, Washington
MWC (New Mexico), 2/27	9:45.26	2/8/08, Notre Dame
MWC (New Mexico), 2/27	10:16.33	2/13/10, Washington
UNM Classic, 2/6	10:12.83@	1/30/10, UNM Invt.
MWC (New Mexico), 2/27	10:20.06@	2/6/10, UNM Classic
MWC (New Mexico), 2/27	10:05.34	2/8/08, Notre Dame
UNM Invt., 1/30		
Lobo Challenge, 1/29	10:31.41@	1/15/10, UNM Lobo Open
UNM Invt., 1/30		
UNM Classic, 2/6	10:40.89@	2/7/09, UNM Classic
UNM Classic, 2/6	11:35.41@	1/15/10, UNM Lobo Open
UNM Invt., 1/30		

3000METERS (MEN)

Lee Emanuel	Sr.	7:51.20
Rory Fraser	Sr.	7:56.31@
Jacob Kirwa	Sr.	8:10.58@
Ross Millington	Soph.	8:12.13
Brock Hagerman	Jr.	8:18.61@
Keith Gerrard	Jr.	8:19.82@
Matt Everett	Soph.	8:24.94@
Patrick Ortiz	Soph.	8:28.24@
Sean Stam - UNATT	Frosh.	8:33.92@
Alex Willis	Jr.	8:33.94@
Cory Kalm	Jr.	8:34.19@
Allen Pittman	Soph.	8:42.07@
Jason Petty	Jr.	

UNM Record - Lee Emanuel, 7:51.20, 2010 NCAA Auto - 7:54.50, Prov - 8:05.00

Washington Huskie Classic, 2/13	7:56.35	2/14/09, Washington
UNM Invt., 1/30	8:03.75@	1/30/09, UNM Invt.
MWC (New Mexico), 2/27	8:23.97@	1/30/09, UNM Invt.
Washington Huskie Classic, 2/13		
UNM Invt., 1/30	8:25.86@	1/30/09, UNM Invt.
MWC (New Mexico), 2/27		
UNM Invt., 1/30	9:22.47@	1/30/09, UNM Invt.
UNM Invt., 1/30	8:41.35@	1/15/10, Lobo Open
UNM Invt., 1/30	8:40.41@	1/15/10, Lobo Open
MWC (New Mexico), 2/27	8:44.79@	1/30/10, UNM Invt.
UNM Invt., 1/30	8:54.86@	1/15/10, Lobo Open
UNM Invt., 1/30		
	8:40.11@	2/7/09, UNM Classic

5000METERS (WOMEN)

Ruth Senior	Jr.	16:39.02
Nicky Archer	Sr.	16:42.29
Michelle Corrigan	Sr.	16:56.65
Lacey Oeding	Soph.	17:00.95
Delyth James	Jr.	17:10.70
Vanessa Ortiz	Jr.	17:27.29
Carolyn Boosey	Sr.	17:34.96
Shawna Winnegar	Soph.	17:41.58

UNM Record-Michelle Corrigan, 16:34.58, 2009 NCAA Auto-16:07.50, Prov-16:44.50

Washington Huskie Classic, 2/13		
Washington Huskie Classic, 2/13	16:40.64	3/7/09, Notre Dame
Washington Huskie Classic, 2/13	16:34.58	2/14/09, Washington
Washington Huskie Classic, 2/13		
Washington Huskie Classic, 2/13		
Washington Huskie Classic, 2/13		
Washington Huskie Classic, 2/13		
Washington Huskie Classic, 2/13		

5000METERS (MEN)

Chris Barnicle	Sr.	13:43.20
Rory Fraser	Sr.	13:48.24
Jacob Kirwa	Sr.	13:55.75@
Brock Hagerman	Jr.	14:15.24
Keith Gerrard	Jr.	14:19.27
Patrick Ortiz	Soph.	14:39.25
Alex Willis	Jr.	14:49.35@
Cory Kalm	Jr.	14:49.51

UNM Record - Chris Barnicle, 13:43.20 NCAA Auto - 13:47.00, Prov-14:10.00

NCAA (Arkansas), 3/12	13:47.12	3/5/10, Notre Dame
Washington Huskie Classic, 2/12	13:49.57	2/14/09, Washington
MWC (New Mexico), 2/26	14:07.44	2/14/09, Washington
Washington Huskie Classic, 2/12	14:27.32	2/14/09, Washington
Washington Huskie Classic, 2/12		
Washington Huskie Classic, 2/12		
MWC (New Mexico), 2/26		
Washington Huskie Classic, 2/12		

4 x 400 RELAY (WOMEN)

Brazley, Kelchner, Miknis, Pitts	3:53.61
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UNM Record-Burr, Matison, Fortner, Zarrella, 3:47.66, 2007 NCAA Auto-3:33.00, Prov-3:40.00

UNM Invt., 1/30	4:01.60yd	2/26/09, MWC (AirForce)
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4 x 400 RELAY (MEN)

Lovato, Montoya, Trujillo, Cote	3:17.09
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UNM Record-Servizio, Serna, Wood, Hussein, 3:11.64, 1983 NCAA Auto-3:06.50, Prov-3:10.40

MWC (New Mexico) 2/27	3:12.40yd	2/26/09, MWC (AirForce)
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2010 BEST**ALL TIME BEST or PREVIOUS BEST**

DISTANCE MEDLEY RELAY (WOMEN)			UNM Record-Senior,Brazley,Martin Gibson-11:55.46, 2010 NCAA Auto-11:05.50, Prov-11:26.50		
Senior, Brazley, Martin, Gibson	11:55.46@		MWC (New Mexico), 2/26		

DISTANCE MEDLEY RELAY (MEN)			UNM Record-Bishop,Roberts,Steadman,Emanuel,9:30.38,2009 NCAA Auto-9:30.00,Prov-9:41.70		
Bishop, Trujillo, Cote, Millington	9:46.21		Notre Dame Last Chance, 3/5	9:52.96@	2/26/10, MWC (New Mexico)

LONG JUMP (WOMEN)			UNM Record - Alesha Walker, 20' 1 1/2", 2008 NCAA Auto - 20' 11 1/4", Prov - 20' 1 1/2"		
Sandy Fortner	Sr.	19' 6"	NCAA (Arkansas), 3/13	19' 8"	2/9/08, Air Force
Deanna Young - UNATT	Sr.	19' 2 3/4"	Lobo Open, 1/15/10	18' 9 3/4"	2/26/09, MWC (AirForce)
Precious Selmon	Frosh.	18' 7"	Air Force Invitational, 2/12	18' 4 1/2"	12/3/09, Northern Arizona
Asal Salehpoor	Soph.	18' 5 3/4"	Lobo Challenge, 1/29	18' 5"	2/20/09, N. Arizona
Monquisha Coleman	Frosh.	14' 11 1/2"	Lobo Open, 1/15/10	14' 3 3/4"	12/309 @ Northern Arizona
Kelly Fortner	Sr.			17' 4 3/4"	2/26/09 @ MWC (AirForce)

LONG JUMP (MEN)			UNM Record - Dwayne Rudd, 25' 7 1/4", 1983 NCAA Auto - 25' 9 1/4", Prov - 24' 7 1/4"		
Kendall Spencer	Frosh.	24' 3 3/4"	MWC (New Mexico), 2/26	23' 8 3/4"	2/12/10, Air Force Inv.
Ty Kirk	Frosh.	23' 0"	UNM Classic, 2/6	21' 11"	1/29/10, Lobo Challenge
Zach Smith	Frosh.	22' 11"	Lobo Open, 1/15/10	22' 3/4"	12/3/09, Northern Arizona
Richard York	Frosh.	22' 8 1/2"	UNM Combined Event, 2/5	22' 2 1/4"	1/29/10, Lobo Challenge
Brian Wilson	Jr.	21' 0"	Lobo Open, 1/15/10	19' 4 1/4"	2/26/09, MWC (AirForce)
Jeremy Lee	Jr.	19' 3 1/4"	Lobo Challenge		

TRIPLE JUMP (WOMEN)			UNM Record - Deanna Young, 43' 1 3/4", 2009 NCAA Auto - 43' 7 3/4", Prov. - 41' 6"		
Asal Salehpoor	Soph.	36' 4 3/4"	Air Force Invitational, 2/13	36' 3 1/2"	1/23/10, UNM Ch/Silver
Deanna Young	Sr.			43' 1 3/4"	2/26/09, MWC (AirForce)

TRIPLE JUMP (MEN)			UNM Record - Dwayne Rudd, 54' 3", 1984 NCAA Auto - 53' 0", Prov. - 50' 8 1/4"		
Ty Kirk	Frosh	50' 2"	Air Force Invitational, 2/13	48' 10"	1/30/10, UNM Invitational
Zach Smith	Frosh.	44' 11 1/2"	Lobo Open, 1/15/10		

HIGH JUMP (WOMEN)			UNM Record - Margaret Metcalf, 5' 11", 1979 NCAA Auto - 6' 3/4", Prov - 5' 10"		
Sandy Fortner	Sr.	5' 9 1/4"	MWC Pent. (New Mexico), 2/25	5' 8 1/2"	2/28/08, MWC (AirForce)
Marin Schweigert	Frosh.	5' 5"	Air Force Invitational, 2/13	5' 4 1/4"	1/15/10, UNM Lobo Open
Kelly Fortner	Sr.			4' 11 1/2"	2/26/09, MWC (AirForce)

HIGH JUMP (MEN)			UNM Record - Ivan Hella, 7' 3", 1992 NCAA Auto - 7' 4 1/4", Prov - 7' 1/4"		
Brandon Simpson - UNATT	Soph.	6' 6 1/4"	Cherry & Silver, 1/23	6' 7 1/2"	2/7/09, UNM Classic
Richard York	Frosh	6' 4 3/4"	UNM Combined Event, 2/5	6' 2 1/4"	1/23/10, UNM Ch/Silver
Brian Wilson	Jr.	6' 3 1/2"	MWC Hept.(New Mexico),2/25	6' 2 1/4"	1/23/10, UNM Ch/Silver
Jeremy Lee	Sr.	5' 10 3/4"	MWC Hept.(New Mexico),2/25	5' 10"	2/5/10, UNM Combined Evt.

POLE VAULT (WOMEN)			UNM Record - Bridgid Isworth, 13' 2 1/2", 2003 NCAA Auto - 13' 11 1/4", Prov - 13' 1 1/2"		
Kelly Fortner	Sr.	12' 5 1/2"	MWC (New Mexico), 2/26	12' 1 1/2"	1/29/10, Lobo Challenge
Lauren Jaramillo	Jr.	12' 1 1/2"	Lobo Challenge, 1/29	11' 1 3/4"	1/15/10, Lobo Open
Amber Menke	Soph.	11' 11 3/4"	Air Force Invitational, 2/12	11' 7 3/4"	1/15/10, UNM Lobo Open
Aditi Majumdar	Sr.	11' 1 3/4"	Lobo Challenge, 1/29	11' 5 3/4"	2/7/09, UNM Classic
Sara Lee	Soph.	11' 1 3/4"	Lobo Challenge, 1/29	10' 10"	1/30/09, UNM Inv.

POLE VAULT (MEN)			UNM Record - Simon Arkell, 18' 1 1/2", 1991 NCAA Auto - 18' 1/2", Prov - 17' 3/4"		
Kyle Walker	Jr.	16' 6 3/4"	UNM Classic, 2/6	16' 4 3/4"	2/7/09, UNM Classic
Sam Potter	Soph.	16' 3/4"	MWC (New Mexico), 2/27	15' 7"	1/15/10, Lobo Open
Richard York	Frosh	15' 1"	UNM Combined Event, 2/6	14' 1 1/4"	1/23/10, UNM Ch/Silver
Chris Dodds	Frosh.	15' 1"	Air Force Invitational, 2/12	14' 7 3/4"	1/29/10, Lobo Challenge
Brian Wilson	Jr.	13' 7 1/4"	Cherry & Silver, 1/23	12' 5 1/2"	2/26/09, MWC (AirForce)
Jeremy Lee	Sr.	11' 3 3/4"	MWC Hept.(New Mexico),2/26	11' 1 3/4"	2/6/10, UNM Combined Evt.

2010 BEST**ALL TIME BEST or PREVIOUS BEST****SHOT PUT (WOMEN)**

Sandy Fortner	Sr.	44' 8 3/4"
Briana Paxton	Sr.	43' 8"

UNM Record - Amanda Barnes, 49' 4 1/2", 2005 NCAA Auto - 55' 5 1/2", Prov - 49' 10 1/2"

UNM Combined Event, 2/5	42' 4"	1/25/08, Penn State
UNM Invt., 1/30	46' 3 1/4"	2/29/08, MWC (AirForce)

SHOT PUT (MEN)

Bradley Maestas	Frosh	41' 1 1/2"
Brian Wilson	Jr.	39' 4"
Richard York	Frosh.	35' 10 1/2"
Jeremy Lee	Jr.	34' 1 1/4"

UNM Record - Darren Crawford, 60' 8 3/4", 1988 NCAA Auto - 63' 4", Prov - 58' 3"

Lobo Open, 1/15/10		
MWC Hept.(New Mexico), 2/25	38' 3/4"	1/30/10, UNM Invt.
MWC Hept.(New Mexico), 2/25	35' 7 3/4"	1/30/10, UNM Invt.
UNM Invt., 1/30		

WEIGHT THROW (WOMEN)

Tami Williams	Jr.	47' 11"
Sarah Swartwood	Sr.	44' 11 1/2"
Briana Paxton	Sr.	

UNM Record - Amanda Barnes, 60' 10 3/4", 2005 NCAA Auto - 68' 10 3/4", Prov - 61' 6 1/4"

MWC (New Mexico), 2/26	47' 1/4"	2/6/10, UNM Classic
UNM Classic, 2/6	47' 6 1/2"	2/7/09, UNM Classic
	48' 10"	1/28/08, MWC (Air Force)

WEIGHT THROW (MEN)

Matthew Henry-Marshall	Sr.	53' 9 3/4"
Brad Maestas	Frosh.	43' 6"

UNM Record - Darren Crawford, 65' 6 3/4", 1990 NCAA Auto - 70' 6 1/2", Prov - 63' 11 3/4"

Cherry & Silver, 1/23	58' 11 1/4"	2/7/09, UNM Classic
Air Force Invitational, 2/12	41' 8 3/4"	2/6/10, UNM Classic

PENTATHLON (WOMEN)

Sandy Fortner	Sr.	4156
Kelly Fortner	Sr.	

UNM Record - Sandy Fortner, 4156, 2010 NCAA Auto - 4075 pts., Prov. - 3725 pts.

NCAA (Arkansas), 3/13	4147	2/25/10, MWC Pentathlon
	3091	1/28/09, MWC (Air Force)

HEPTATHLON (MEN)

Richard York	Frosh.	5294
Brian Wilson	Jr.	4895
Jeremy Lee	Sr.	4265

UNM Record - Richard York, 5294 pts., 2010 NCAA Auto - 5675 pts., Prov. - 5325 pts.

UNM Combined Event, 2/5-6		
MWC Hept. (UNM), 2/25-26	4752	2/5-6/10, UNM Comb. Evt.
MWC Hept. (UNM), 2/25-26	4216	2/5-6/10, UNM Comb. Evt.

UNIVERSITY OF NEW MEXICO MEN'S INDOOR TRACK & FIELD

ALL TIME TOP TEN (1958 - 2010) (REVISED MARCH 13, 2010)

PLEASE NOTE: These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

HOW TO READ THE RANKINGS.

PERFORMERS: THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

PERFORMANCES: THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

Conversions used in these rankings

TRACK SIZE: The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in BOLD/ITALICS has been converted.

ALTITUDE: The NCAA converts distance performances (800, 1 Mile, 3000, 5000, Distance Medley Relay) based on altitude due to the difficulty of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

YARDS: Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

****** In the 55, 55 Hurdles, 60, 60 Hurdles all performances are the actual "raw" performances with no conversions made.

55 METERS - INDIVIDUAL			55 METERS - TIMES			55 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Phil Miller	6.32 1985	1.	Phil Miller	6.32 1985	1.	Phil Miller	6.32 1985
2.	Gabriel Okon	6.35 1987	2.	Gabriel Okon	6.35 1987	2.	Gabriel Okon	6.35 January 31, 1987 @ Northern Arizona
3.	Jim Boswell	6.49 1998	3.	Jim Boswell	6.49 1998	3.	James Martin	6.49 February 27, 1998 @ WAC (Air Force)
	James Martin	6.49 1998		James Martin	6.49 1998		Jim Boswell	6.49 February 27, 1998 @ WAC (Air Force)
	Karlos Kirby	6.49 1991		Karlos Kirby	6.49 1991		Karlos Kirby	6.49 February 22, 1991 @ WAC (Air Force)
6	Carl King	6.51 1996	4	Carl King	6.51 1996	6	Carl King	6.51 February 2, 1996 @ Northern Arizona
7.	Jeramie White	6.52 2005	5	Jeramie White	6.52 2005	7.	Jeramie White	6.52 January 29, 2005 @ Texas Tech
	Stacey Blackmore	6.52 1991		Stacey Blackmore	6.52 1991		Stacey Blackmore	6.52 February 9, 1991 @ Northern Arizona
9.	Ahmed Raji	6.53 2005	6	Ahmed Raji	6.53 2005	9.	Ahmed Raji	6.53 January 29, 2005 @ Texas Tech
10.	Willie Goldsmith	6.54 1985	7	Stacey Blackmore	6.54 1991	10.	Willie Goldsmith	6.54 1985
				Willie Goldsmith	6.54 1985			

55m HURDLES - INDIVIDUAL			55m HURDLES - TIMES			55m HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Willie Goldsmith	7.30 1985	1.	Willie Goldsmith	7.30 1985	1.	Willie Goldsmith	7.30 1985
2.	Shawn Taylor	7.44 1988	2.	Shawn Taylor	7.44 1988	2.	Shawn Taylor	7.44 February 26, 1988 @ WAC (Air Force)
3.	Kwane Stewart	7.56 1992	3.	Shawn Taylor	7.47 1988	3.	Kwane Stewart	7.56 February 15, 1992 @ Air Force
4.	Chris Barella	7.64 1988	4.	Kwane Stewart	7.56 1992	4.	Chris Barella	7.64 February 26, 1988 @ WAC (Air Force)
5.	Chuck Warner	7.76 1987	5.	Kwane Stewart	7.64 1991	5.	Chuck Warner	7.76 January 31, 1987 @ Northern Arizona
	Ed Ford	7.76 1985		Chris Barella	7.64 1988		Ed Ford	7.76 1985
7.	Kelly Woyewodzic	8.00 1998	6	Kwane Stewart	7.66 1991	7.	Kelly Woyewodzic	8.00 February 27, 1998 @ WAC (Air Force)
8.	Chuck Clark	8.03 1987	7	Chuck Warner	7.76 1987	8.	Chuck Clark	8.03 January 31, 1987 @ Northern Arizona
9.	Mike Pergerino	8.22 1999		Ed Ford	7.76 1985	9.	Mike Pergerino	8.22 January 30, 1999 @ Texas Tech
10			8	Chuck Warner	7.92 1987	10.		

60 METERS - INDIVIDUAL			60 METERS - TIMES			60 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Lamaar Thomas	6.75 2010	1.	Lamaar Thomas	6.75 2010	1.	Lamaar Thomas	6.75 February 27, 2010 @ MWC (New Mexico)
2.	Kendall Spencer	6.85 2010	2.	Lamaar Thomas	6.84 2010	2.	Kendall Spencer	6.85 January 23, 2010 @ New Mexico Cherry & Silver
3	Aaron Brack	6.86 2006		Lamaar Thomas	6.84 2010	3.	Aaron Brack	6.86 February 23, 2006 @ MWC (New Mexico)
4.	Jeramie White	6.87 2004	3.	Kendall Spencer	6.85 2010	4.	Jeramie White	6.87 February 14, 2004
5.	Chris Garofola	6.90 2004	4.	Aaron Brack	6.86 2006	5.	Chris Garofola	6.90 February 26, 2004 @ MWC (Air Force)
6.	Jermaine McQueen	6.92 2009	5.	Aaron Brack	6.87 2006	6.	Jermaine McQueen	6.92 January 31, 2009 @ New Mexico
7.	Thomas Trujillo	6.94 2009		Jeramie White	6.87 2004	7.	Thomas Trujillo	6.94 February 28, 2009 @ MWC (Air Force)
8.	Terence Brown	6.95 2007	6.	Kendall Spencer	6.87 2009	8.	Terence Brown	6.95 February 10, 2007 @ New Mexico
	Larry Davis	6.95 2001	7.	Lamaar Thomas	6.89 2010		Larry Davis	6.95 February 22, 2001 @ Air Force
10.	Brenton Laws	6.96 2007				10.	Brenton Laws	6.96 February 9, 2007 @ New Mexico
	Ahmed Raji	6.96 2005					Ahmed Raji	6.96 February 24, 2005 @ MWC (Air Force)

60 HURDLES - INDIVIDUAL			60m HURDLES - TIMES			60 HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Chris Garofola	8.09 2004	1.	Chris Garofola	8.09 2004	1.	Chris Garofola	8.09 February 26, 2004 @ MWC (Air Force)
2.	De'Vron Walker	8.09 2010	2.	De'Vron Walker	8.09 2010	2.	De'Vron Walker	8.09 February 13, 2010 @ Air Force Invitational
3.	Mark Lamb	8.15 2007		De'Vron Walker	8.09 2010	3.	Mark Lamb	8.15 February 9, 2007 @ New Mexico
4.	Richard York	8.42 2010	2.	De'Vron Walker	8.10 2010	4.	Richard York	8.42 January 23, 2010 @ New Mexico Cherry & Silver
5.	Justin Massey	8.46 2001	3.	De'Vron Walker	8.11 2010	5.	Justin Massey	8.46 February 10, 2001 @ Northern Arizona
6.	Mark Johnson	8.49 2004		De'Vron Walker	8.11 2010	6.	Mark Johnson	8.49 February 26, 2004 @ MWC (Air Force)
	Brian Wilson	8.49 2010	4.	Mark Lamb	8.15 2007		Brian Wilson	8.49 February 13, 2010 @ Air Force Invitational
8.	Chad Clark	8.54 2009	5.	Chris Garofola	8.18 2003	8.	Chad Clark	8.54 January 17, 2009 @ New Mexico
	Derek McDonald	8.54 2005	6.	Chris Garofola	8.23 2003		Derek McDonald	8.54 February 5, 2005 @ Northern Arizona
	Matt Bishop	8.54 2001	7.	De'Vron Walker	8.25 2010		Matt Bishop	8.54 January 27, 2001 @ Air Force

200 METERS - INDIVIDUAL

1.	Larry Davis	21.44	2001
2.	Chris Garofola	21.54	2004
3.	Ian Stewart	21.61	2001
4.	Karlos Kirby	21.66	1991
5.	Stacey Blackmore	21.68	1991
6.	Jermaine McQueen	21.69	2009
7.	David Lloyd	21.75	2002
8.	Kendall Spencer	21.79	2010
9.	Thomas Trujillo	21.83	2009
10.	Ahmed Raji	21.88	2005

200 METERS - TIMES

1.	Larry Davis	21.44	2001
2.	Chris Garofola	21.54	2004
3.	Larry Davis	21.57	2001
4.	Ian Stewart	21.61	2001
5.	Larry Davis	21.66	2001
	Karlos Kirby	21.66	1991
6.	Stacey Blackmore	21.68	1991
7.	Jermaine McQueen	21.69	2009
8.	Chris Garofola	21.70	2004
9.	Jermaine McQueen	21.72	2009

200 METERS - INDIVIDUAL

1.	Larry Davis	21.44	February 24, 2001 @ MWC (Air Force)
2.	Chris Garofola	21.54	February 26, 2004 @ MWC (Air Force)
3.	Ian Stewart	21.61	January 26, 2001 @ Air Force
4.	Karlos Kirby	21.66	February 22, 1991 @ WAC (Air Force)
5.	Stacey Blackmore	21.68	February 22, 1991 @ WAC (Air Force)
6.	Jermaine McQueen	21.69	January 31, 2009 @ New Mexico
7.	David Lloyd	21.75	February 21, 2002 @ MWC (Air Force)
8.	Kendall Spencer	21.79	February 26, 2010 @ MWC (New Mexico)
9.	Thomas Trujillo	21.83	January 31, 2009 @ New Mexico
10.	Ahmed Raji	21.88	February 24, 2005 @ MWC (Air Force)

400 METER - INDIVIDUAL

1.	Jarrin Solomon	46.33	2009
2.	Mike Solomon	47.54hy	1977
3.	Ian Stewart	47.61	2001
4.	Willie Garcia	47.95	1992
5.	Dominick Roberts	48.00	2009
6.	David Lloyd	48.34	2002
7.	Rene Matison	48.54yh	1968
8.	Charles Dramiga	48.59y	1978
9.	Mike Kedda	48.62	1996
10.	Taylor Siemon	48.82	2007

400 METER - TIMES

1.	Jarrin Solomon	46.33	2009
2.	Jarrin Solomon	46.55	2009
3.	Jarrin Solomon	46.69	2009
4.	Jarrin Solomon	46.84	2009
5.	Jarrin Solomon	46.85	2009
6.	Jarrin Solomon	46.95	2009
7.	Jarrin Solomon	47.00	2009
8.	Jarrin Solomon	47.17	2009
9.	Mike Solomon	47.54hy	1977
10.	Ian Stewart	47.61	2001

400 METER - INDIVIDUAL

1.	Jarrin Solomon	46.33	March 7, 2009 @ Iowa State Last Chance
2.	Mike Solomon	47.54hy	1977 @ Idaho State
3.	Ian Stewart	47.61	February 10, 2001 @ Northern Arizona
4.	Willie Garcia	47.95	February 8, 1992 @ Northern Arizona
5.	Dominick Roberts	48.00	February 28, 2009 @ MWC (Air Force)
6.	David Lloyd	48.34	February 9, 2002 @ Northern Arizona
7.	Rene Matison	48.54yh	February 10, 1968 @ UNM (176yd)
8.	Charles Dramiga	48.59y	March 10, 1978 @ NCAA (Detroit)
9.	Mike Kedda	48.62	February 3, 1996 @ Northern Arizona
10.	Taylor Siemon	48.82	February 9, 2007 @ New Mexico

800 METERS - INDIVIDUAL

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Lee Emanuel	1:50.15@	2009
3.	Roger Moore	1:50.84h	1983
4.	Rich Martinez	1:51.21	1985
5.	Peter Serna	1:51.71	1983
6.	Raffi Cote	1:51.78@	2010
7.	Ibrahim Hussein	1:51.94	1984
8.	Jacob Kirwa	1:52.11@	2010
9.	David Bishop	1:52.31@	2010
10.	Cameron Clarke	1:52.34@	2005

800 METERS - TIMES

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Lee Emanuel	1:50.15@	2009
3.	Lee Emanuel	1:50.26@	2010
4.	Lee Emanuel	1:50.30@	2009
5.	Lee Emanuel	1:50.31@	2010
6.	Sammy Kipkurgat	1:50.46y	1977
7.	Roger Moore	1:50.84h	1983
8.	Rich Martinez	1:51.21	1985
9.	Rich Martinez	1:51.48@	1985
10.	Raffi Cote	1:51.78@	2010

800 METERS - INDIVIDUAL

1.	Sammy Kipkurgat	1:48.74hy	1977
2.	Lee Emanuel	1:50.15@	February 28, 2009 @ MWC (Air Force)
3.	Roger Moore	1:50.84h	1983 @ Tennessee
4.	Rich Martinez	1:51.21	1985
5.	Peter Serna	1:51.71	1983
6.	Raffi Cote	1:51.78@	January 29, 2010 @ UNM Lobo Chall.(1:52.30-raw)
7.	Ibrahim Hussein	1:51.94	1984
8.	Jacob Kirwa	1:52.11@	January 23, 2010 @ New Mexico Cherry & Silver
9.	David Bishop	1:52.31@	January 29, 2010 @ UNM Lobo Chall.(1:52.92-raw)
10.	Cameron Clarke	1:52.34@	February 5, 2005 @ Northern Arizona

1 MILE - INDIVIDUAL

1.	Lee Emanuel	3:57.62	2010
2.	David Bishop	4:00.38	2009
3.	Ross Millington	4:02.02	2010
4.	Ibrahim Hussein	4:04.44	1984
5.	Rory Fraser	4:04.72@	2010
6.	John Allison	4:05.51@	1973
7.	Rich Martinez	4:06.10@	1985
8.	Jacob Kirwa	4:06.18@	2010
9.	Dave Roberts	4:06.31@	1971
10.	Shadrack Kiptoo-Biwott	4:06.49@	2005

1 MILE - TIMES

1.	Lee Emanuel	3:57.62	2010
2.	Lee Emanuel	3:57.91	2009
3.	Lee Emanuel	3:59.26	2010
4.	Lee Emanuel	4:00.36	2009
5.	David Bishop	4:00.38	2009
6.	Lee Emanuel	4:00.53@	2010
7.	David Bishop	4:00.74	2010
8.	David Bishop	4:01.18	2009
9.	Lee Emanuel	4:01.61	2009
10.	Ross Millington	4:02.02	2010

1 MILE - INDIVIDUAL

1.	Lee Emanuel	3:57.62	January 29, 2010 @ Indiana Relays
2.	David Bishop	4:00.38	February 14, 2009 @ Washington
3.	Ross Millington	4:02.02	February 6, 2010 @ Notre Dame Mevo Invt.
4.	Ibrahim Hussein	4:04.44	1984 @ East Tennessee State
5.	Rory Fraser	4:04.72@	February 27, 2010 @ MWC (New Mexico) (4:10.04 raw)
6.	John Allison	4:05.51@	February 23, 1973 @ WAC (Salt Lake City)
7.	Rich Martinez	4:06.10@	February 22, 1985 @ WAC (New Mexico)
8.	Jacob Kirwa	4:06.18@	January 29, 2010 @ UNM Lobo Chall.(4:11.50-raw)
9.	Dave Roberts	4:06.31@	February, 1971 @ WAC (Salt Lake City)
10.	Shadrack Kiptoo-Biwott	4:06.49@	February 5, 2005 @ Northern Arizona

3000 METER - INDIVIDUAL

1.	Lee Emanuel	7:51.20	2010
2.	Rory Fraser	7:56.31@	2010
3.	Chip Smith	8:07.01	1993
4.	Jeremy Johnson	8:08.61	2007
5.	Jacob Kirwa	8:10.58@	2010
6.	Ibrahim Hussein	8:11.35@	1984
7.	Matt Gonzales	8:11.96@	2005
8.	Ross Millington	8:12.13	2010
9.	Matt Ashton	8:13.08	2009
10.	Ben Ortega	8:13.56@	2005

3000 METER - TIMES

1.	Lee Emanuel	7:51.20	2010
2.	Rory Fraser	7:56.31@	2010
3.	Lee Emanuel	7:56.35	2009
4.	Rory Fraser	8:03.75@	2009
5.	Chip Smith	8:07.01	1993
6.	Chip Smith	8:07.55	1993
7.	Jeremy Johnson	8:08.61	2007
8.	Jeremy Johnson	8:09.68@	2007
9.	Jacob Kirwa	8:10.58@	2010
10.	Chip Smith	8:11.41@	1993

3000 METERS - INDIVIDUAL

1.	Lee Emanuel	7:51.20	February 13, 2010 @ Washington Huskie Classic
2.	Rory Fraser	7:56.31@	January 30, 2010 @ UNM Invt. (8:08.29 - raw)
3.	Chip Smith	8:07.01	1993 NCAA Prelim @ Indianapolis RCA Dome
4.	Jeremy Johnson	8:08.61	March 2, 2007 @ Arkansas
5.	Jacob Kirwa	8:10.58@	February 27, 2010 @ MWC (New Mexico) (8:22.56 raw)
6.	Ibrahim Hussein	8:11.35@	1984 @ Northern Arizona
7.	Matt Gonzales	8:11.96@	February 24, 2005 @ MWC (Air Force)
8.	Ross Millington	8:12.13	February 13, 2010 @ Washington Huskie Classic
9.	Matt Ashton	8:13.08	February 7, 2009 @ Notre Dame
10.	Ben Ortega	8:13.56@	January 21, 2005 @ Air Force

5000 METERS - INDIVIDUAL

1.	Chris Barnicle	13:43.20	2010
2.	Matt Gonzales	13:45.72	2005
3.	Rory Fraser	13:48.24	2010
4.	Jacob Kirwa	13:55.75@	2010
5.	Matt Ashton	14:00.30	2008
6.	Ben Ortega	14:08.70@	2005
7.	Brock Hagerman	14:15.24	2010
8.	Keith Gerrard	14:19.27	2010
9.	Jeremy Johnson	14:21.86@	2007
10.	Matt Young	14:38.22@	1991

5000 METERS - TIMES

1.	Chris Barnicle	13:43.20	2010
2.	Matt Gonzales	13:45.72	2005
3.	Chris Barnicle	13:47.12	2010
4.	Rory Fraser	13:48.24	2010
5.	Matt Gonzales	13:49.06	2005
6.	Rory Fraser	13:49.57	2009
7.	Jacob Kirwa	13:55.75@	2010
8.	Chris Barnicle	13:56.06@	2010
9.	Jacob Kirwa	13:59.11	2010
10.	Matt Ashton	14:00.30	2008

5000 METERS

1.	Chris Barnicle	13:43.20	March 12, 2010 @ NCAA (Arkansas)
2.	Matt Gonzales	13:45.72	March 11, 2005 @ NCAA (Arkansas)
3.	Rory Fraser	13:48.24	February 12, 2010 @ Washington Huskie Classic
4.	Jacob Kirwa	13:55.75@	February 26, 2010 @ MWC (New Mexico)(14:18.22 raw)
5.	Matt Ashton	14:00.30	February 16, 2008 @ Washington
6.	Ben Ortega	14:08.70@	February 24, 2005 @ MWC (Air Force)
7.	Brock Hagerman	14:15.24	February 12, 2010 @ Washington Huskie Classic
8.	Keith Gerrard	14:19.27	February 12, 2010 @ Washington Huskie Classic
9.	Jeremy Johnson	14:21.86@	February 22, 2007 @ MWC (New Mexico)
10.	Matt Young	14:38.22@	February 22, 1991 @ WAC (Air Force)

4x400 RELAY - TIMES

1.	Servizio, Sema, Wood, Hussein	3:11.64	1983
2.	James, Matt Henry, Skinner, Solomon	3:12.64h	1974
3.	Solomon, Reid, Roberts, Steadman	3:12.80	2009
4.	Solomon, Reid, Roberts, Steadman	3:13.59	2009
5.	James, Henry, Skinner, Solomon	3:13.74h	1974
6.	Siemon, McCain, K. Henry, Solomon	3:13.79	2007
7.		3:14.06	2006
8.	Massey, Stewart, Lott, Bishop	3:14.95	2001
9.	Johnson, Williams, Cole, Ericson	3:15.04h	1970
10.	Matison, Mitchell, Head, Carroll	3:15.14h	1965

4x400 RELAY

1.		3:11.64	1983 @ Northern Arizona
2.		3:12.64h	February 9, 1974 @ Idaho State
3.		3:12.80	February 28, 2009 @ MWC (Air Force)
4.		3:13.59	January 31, 2009 @ New Mexico
5.		3:13.74h	March 1, 1974 @ WAC (New Mexico) (176yd)
6.		3:13.79	February 22, 2007 @ MWC (New Mexico)
7.		3:14.06	February 23, 2006 @ MWC (New Mexico)
8.		3:14.95	February 10, 2001 @ Northern Arizona
9.		3:15.04h	February 21, 1970 @ WAC (Salt Lake City)
10.		3:15.14h	January 29, 1965 @ New Mexico (176yd)

HEPTATHLON - INDIVIDUAL

1.	Richard York	5294 (7.15,22' 8 1/2",33' 8",6' 4 3/4",8.56,15' 1",2:49.18)	2010
2.	Mark Johnson	5263	2004
3.	Dan Feltman	5145	2006
4.	Derek McDonald	4966 (7.18 ,22' 9 1/4", 32' 2", 6' 4 3/4", 8.81, 14' 5, 3:07.05	2005
5.	Brian Wilson	4895 (7.35, 20' 5 3/4", 39' 4", 6' 3 1/2", 8.68, 13' 7 1/4", 2:58.37)	2010
6.	Rodney Hocker	4462	2004
7.	Jason Bigott	4462 (7.44,19'11",33' 6 3/4", 5'6", 8.70, 12'5 1/2",2:53.86	2005
8.	Jeremy Lee	4265(7.53,18' 11 1/4",33' 1 3/4",5' 10 3/4",9.02,11' 3 3/4",2:56.9c	2010
9.	Chris Lutz	3938	2009
10.			

PENTATHLON - INDIVIDUAL

1.	Mark Johnson	3650 (8.50, 21' 5 1/2", 38' 9", 6' 4 3/4", 2:53.11)	2002
2.	Ryan Voge	3478	2003
3.	Dan Feltman	3287	2003
4.			
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LONG JUMP - INDIVIDUAL

1.	Dwayne Rudd	25' 7 1/4"	1983
2.	Clarence Robinson	25' 6 3/8"	1965
3.	Bob Nance	25' 3 3/4"	1976
4.	Phil Quinet	25' 1"	1970
5.	Fidelis Ndyabagye	24' 10"	1985
6.	Chuck Steffes	24' 8"	1972
7.	Kendall Spencer	24' 3 3/4"	2010
8.	Ira Robinson	24' 3 3/8"	1965
9.	Detric Cofield	23' 11 1/4	1995
10.	Mikael Bernhardt	23' 10 1/4	1976

LONG JUMP - DISTANCES

1.	Dwayne Rudd	25' 7 1/2"	1983
2.	Clarence Robinson	25' 6 3/8"	1965
3.	Clarence Robinson	25' 6 1/4"	1966
4.	Clarence Robinson	25' 4 1/2"	1965
5.	Bob Nance	25' 3 3/4"	1976
6.	Dwayne Rudd	25' 2"	1984
7.	Dwayne Rudd	25' 1 3/4"	1983
8.	Phil Quinet	25' 1"	1970
9.	Dwayne Rudd	25' 0"	1984
10.	Fidelis Ndyabagye	24' 10"	1985

TRIPLE JUMP - INDIVIDUAL

1.	Dwayne Rudd	54' 3"	1984
2.	Chuck Steffes	52' 1 1/2"	1972
3.	Arthur Ogedebie	51' 6 1/4"	1988
4.	Mikael Bernhardt	50' 10"	1975
5.	Art Baster	50' 3 1/2"	1968
6.	Ty Kirk	50' 2"	2010
7.	Fidelis Ndyabagye	50' 1/2"	1985
8.	Dominick Meadows	49' 3 1/2"	2009
9.	Charles Bishop	48' 1/2"	1995
10.	Per Crona	48' 0"	1973

TRIPLE JUMP- DISTANCES

1.	Dwayne Rudd	54' 3"	1984
2.	Dwayne Rudd	53' 11"	1984
3.	Dwayne Rudd	53' 8"	1984
4.	Dwayne Rudd	52' 5 1/2"	1983
5.	Chuck Steffes	52' 1 1/2"	1972
6.	Chuck Steffes	52' 1 1/2"	1972
7.	Dwayne Rudd	51' 10"	1984
8.	Dwayne Rudd	51' 9"	1982
9.	Arthur Ogedebie	51' 6 1/4"	1988
10.	Chuck Steffes	51' 1 1/2"	1972

HIGH JUMP - INDIVIDUAL

1.	Ivan Hella	7' 3"	1992
2.	David Llamas	7' 1 1/2	1997
	Mike Foster	7' 1 1/2	1987
	Fernando Abugattas	7' 1 1/2"	1971
5.	Ingemar Nyman	7' 1/4"	1972
6.	Ramani Harper	6' 10 3/4	1993
	Bob Marchetti	6' 10 3/4"	1993
8.	Josh Cosio	6' 10 1/4"	2009
9.	Chris Warner	6' 10"	1986
10.	Stuart St. Louis	6' 9 1/2"	2006

HIGH JUMP - HEIGHTS

1.	Ivan Hella	7' 3"	1992
2.	David Llamas	7' 1 1/2	1997
	Mike Foster	7' 1 1/2	1987
	Fernando Abugattas	7' 1 1/2"	1971
3	Mike Foster	7' 1 1/4"	1986
4	David Llamas	7' 1/4"	1997
	Ingemar Nyman	7' 1/4"	1972
5	Fernando Abugattas	7' 0"	1972
6	Ivan Hella	6' 11 3/4	1992
7	David Llamas	6' 11 1/2"	1997
	Fernando Abugattas	6' 11 1/2	1973
	Fernando Abugattas	6' 11 1/2	1971

POLE VAULT - INDIVIDUAL

1.	Simon Arkell	18' 1 1/2	1991
2.	Derek Mackel	17' 11"	2006
3.	Robert Caldwell	17' 7 1/4"	2006
4.	Brandon Bennett	17' 6 1/2"	2003
5.	Dan Holton	16' 9 1/2"	1991
6.	Mark Johnson	16' 9 1/4"	2004
7.	Darrin Bryant	16' 8"	1992
8.	Ingemar Jernberg	16' 7"	1974
9.	Kyle Walker	16' 6 3/4"	2010
10.	Zach Graham	16' 2 3/4"	2006

POLE VAULT - HEIGHTS

1.	Simon Arkell	18' 1 1/2	1991
2.	Derek Mackel	17' 11"	2006
3.	Simon Arkell	17' 10 1/2	1989
4.	Robert Caldwell	17' 7 1/4"	2006
	Derek Mackell	17' 7 1/4	2006
5	Brandon Bennett	17' 6 1/2"	2003
	Robert Caldwell	17' 6 1/2	2006
6	Derek Mackel	17' 5 1/2"	2005
7	Simon Arkell	17' 4"	1990
8	Simon Arkell	17' 3 1/2	1987

SHOT PUT - INDIVIDUAL

1.	Darren Crawford	60' 8 3/4"	1988
2.	Randy Withrow	57' 3"	1973
3.	Jason Barkermeyer	56' 9 1/4"	2004
4.	Bob Sadler	56' 2"	1999
5.	Ervin Jaros	55' 11 1/2	1970
6.	Larry Kennedy	55' 10 1/2	1965
7.	Kerry Eskeli	55' 2 1/2	1970
8.	Greg Rees	54' 1 1/2"	1991
9.	Jordan Parker	54' 1"	2004
10.	Anthony Harlin	53' 6 3/4"	1977

SHOT PUT - DISTANCES

1.	Darren Crawford	60' 8 3/4"	1988
2.	Darren Crawford	58' 11 1/2	1987
3.	Darren Crawford	58' 10 3/4	1988
4.	Randy Withrow	57' 3"	1973
5.	Jason Barkermeyer	56' 9 1/4"	2004
6.	Randy Withrow	56' 6 1/2	1974
7.	Jason Barkermeyer	56' 6"	2004
8.	Darren Crawford	56' 5 1/4"	1987
9.	Randy Withrow	56' 3"	1974
10.	Randy Withrow	56' 2 1/2	1972

HEPTATHLON**WHERE PERFORMANCE HAPPENED**

1.	Richard York	5294	February 5-6, 2010 @ New Mexico Classic
2.	Mark Johnson	5263	February 26, 2004 @ MWC (Air Force)
3.	Dan Feltman	5145	February 23, 2006 @ MWC (New Mexico)
4.	Derek McDonald	4966	February 24, 2005 @ MWC (Air Force)
5.	Brian Wilson	4895	February 25-26, 2010 @ MWC (New Mexico)
6.	Rodney Hocker	4462	February 26, 2004 @ MWC (Air Force)
7.	Jason Bigott	4462	February 24, 2005 @ MWC (Air Force)
8.	Jeremy Lee	4265	February 25-26, 2010 @ MWC (New Mexico)
9.	Chris Lutz	3938	January 31, 2009 @ New Mexico
10.			

PENTATHLON**WHERE PERFORMANCE HAPPENED**

1.	Mark Johnson	3650	2002
2.	Ryan Voge	3478	January 24, 2003 @ Air Force
3.	Dan Feltman	3287	January 24, 2003 @ Air Force
4.			
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10.			

LONG JUMP**WHERE PERFORMANCE HAPPENED**

1.	Dwayne Rudd	25' 7 1/4"	1983 @ New Mexico
2.	Clarence Robinson	25' 6 3/8"	January 23, 1965 @ New Mexico
3.	Bob Nance	25' 3 3/4"	February 28, 1976 @ WAC (Salt Lake City)
4.	Phil Quinet	25' 1"	February 21, 1970 @ WAC (Salt Lake City)
5.	Fidelis Ndyabagye	24' 10"	1985
6.	Chuck Steffes	24' 8"	February 18, 1972 @ WAC (Salt Lake City)
7.	Kendall Spencer	24' 3 3/4"	February 26, 2010 @ MWC (New Mexico)
8.	Ira Robinson	24' 3 3/8"	January 23, 1965 @ New Mexico
9.	Detric Cofield	23' 11 1/4	February 4, 1995 @ Northern Arizona
10.	Mikael Bernhardt	23' 10 1/4	Januaryf 23, 1976 @ Air Force

TRIPLE JUMP**WHERE PERFORMANCE HAPPENED**

1.	Dwayne Rudd	54' 3"	1984 @ Northern Arizona
2.	Chuck Steffes	52' 1 1/2	January 19, 1972 @ New Mexico
3.	Arthur Ogedebie	51' 6 1/4"	February 26, 1988 @ WAC (Air Force)
4.	Mikael Bernhardt	50' 10"	February 8, 1975 @ WAC (New Mexico)
5.	Art Baster	50' 3 1/2"	February 10, 1968 @ New Mexico
6.	Ty Kirk	50' 2"	February 12, 2010 @ Air Force Invitational
7.	Fidelis Ndyabagye	50' 1/2"	February 22, 1985 @ WAC (New Mexico)
8.	Dominick Meadows	49' 3 1/2"	January 24, 2009 @ New Mexico
9.	Charles Bishop	48' 1/2"	February 11, 1995 @ Texas Tech
10.	Per Crona	48' 0"	February 23, 1973 @ WAC (Salt Lake City)

HIGH JUMP**WHERE PERFORMANCE HAPPENED**

1.	Ivan Hella	7' 3"	March 6, 1992 @ Wyoming
2.	David Llamas	7' 1 1/2"	January 25, 1997 @ Northern Arizona Quad
	Mike Foster	7' 1 1/2"	1985@ New Mexico
	Fernando Abugattas	7' 1 1/2"	1971
5.	Ingemar Nyman	7' 1/4"	February 5, 1972 @ New Mexico
6.	Ramani Harper	6' 10 3/4"	February 13, 1993 @ Air Force
	Bob Marchetti	6' 10 3/4"	February 26, 1993 @ WAC (Air Force)
8.	Josh Cosio	6' 10 1/4"	January 17, 2009 @ New Mexico
9.	Chris Warner	6' 10"	February 23, 1986 @ WAC (Air Force)
10.	Stuart St. Louis	6' 9 1/2"	Februrary 11, 2006 @ New Mexico

POLE VAULT**WHERE PERFORMANCE HAPPENED**

1.	Simon Arkell	18' 1 1/2"	February 8, 1991 @ Nebraska
2.	Derin Mackel	17' 11"	January 21, 2006 @ New Mexico
3.	Robert Caldwell	17' 7 1/4"	February 23, 2006 @ MWC (New Mexico)
4.	Brandon Bennett	17' 6 1/4"	March 1, 2003 @ MWC (Air Force)
5.	Dan Holton	16' 9 1/2"	February 22, 1991 @ WAC (Air Force)
6.	Mark Johnson	16' 9 1/4"	February 26, 2004 @ MWC (Air Force)
7.	Darrin Bryant	16' 8"	February 15, 1992 @ Air Force
8.	Ingemar Jernberg	16' 7"	February 9, 1974 @ Idaho State
9.	Kyle Walker	16' 6 3/4"	February 6, 2010 @ New Mexico Classic
10.	Zach Graham	16' 2 3/4"	January 28, 2006 @ New Mexico

SHOT PUT**WHERE PERFORMANCE HAPPENED**

1.	Darren Crawford	60' 8 3/4"	February 26, 1988 @ WAC (Air Force)
2.	Randy Withrow	57' 3"	1973 @ Idaho State
3.	Jason Barkermeyer	56' 9 1/4"	February 26, 2004 @ MWC (Air Force)
4.	Bob Sadler	56' 2"	February 20, 1999 @ Air Force
5.	Ervin Jaros	55' 11 1/2	February 21, 1970 @ WAC (Salt Lake City)
6.	Larry Kennedy	55' 10 1/2	January 23, 1965 @ New Mexico
7.	Kerry Eskeli	55' 2 1/2	January 17, 1970 @ New Mexico
8.	Greg Rees	54' 1 1/2"	February 22, 1991 @ WAC (Air Force)
9.	Jordan Parker	54' 1"	February 26, 2004 @ MWC (Air Force)
10.	Anthony Harlin	53' 6 3/4"	January 22, 1977 @ Air Force

20 LB WEIGHT THROW - INDIVIDUAL				
1.	Darren Crawford	65' 6 3/4"	1990	
2.	Matthew Henry-Marshall	58' 11 1/4"	2009	
3.	Tom Ferrier	57' 7"	1984	
4.	Steve Dunbar	56' 4"	1999	
5.	Jason Barkermeyer	52' 4"	2004	
6.	Jordan Parker	50' 4 3/4"	2004	
7.	Ted Crouch	50' 3"	1985	
8.	Matt Kraft	47' 7 1/4"	2002	
9.	Bob Sadler	47' 3 1/2"	1999	
10.	Gary Hoodless	46' 11"	2005	

20 LB. WEIGHT THROW-DISTANCES				
1.	Darren Crawford	65' 6 3/4"	1990	
2.	Darren Crawford	63' 9"	1990	
3.	Matthew Henry-Marshall	58' 11 1/4"	2009	
4.	Darren Crawford	58' 10 3/4"	1988	
5.	Tom Ferrier	57' 7"	1984	
6.	Steve Dunbar	56' 4"	1999	
7.	Darren Crawford	54' 10"	1987	
8.	Matthew Henry-Marshall	53' 9 3/4"	2010	
9.	Tom Ferrier	52' 6"	1985	
10.	Jason Barkermeyer	52' 4"	2004	

20 LB. WEIGHT THROW					WHERE PERFORMANCE HAPPENED
1.	Darren Crawford	65' 6 3/4"	1990		
2.	Matthew Henry-Marshall	58' 11 1/4"	February 7, 2009	@ New Mexico	
3.	Tom Ferrier	57' 7"	1984	@ Air Force	
4.	Steve Dunbar	56' 4"	February 6, 1999	@ Northern Arizona	
5.	Jason Barkermeyer	52' 4"	February 26, 2004	@ MWC (Air Force)	
6.	Jordan Parker	50' 4 3/4"	February 14, 2004		
7.	Ted Crouch	50' 3"	1985		
8.	Matt Kraft	47' 7 1/4"	February 21, 2002	@ Air Force	
9.	Bob Sadler	47' 3 1/2"	January 23, 1999	@ Northern Arizona	
10.	Gary Hoodless	46' 11"	February 24, 2005	@ MWC (Air Force)	

DISTANCE MEDLY RELAY - TIMES					WHERE PERFORMANCE HAPPENED
1.	Bishop, Roberts, Steadman, Emanuel	9:30.38	2009		March 6, 2009 @ Notre Dame Last Chance
2.	Bishop, Trujillo, Cote, Millington	9:46.21	2010		March 5, 2010 @ Notre Dame Last Chance
3.	Kiptoo-Biwott, Clarke, McCain, Gonzales	9:46.26@	2005		February 24, 2005 @ MWC (Air Force) yards
4.	Bishop, Roberts, Steadman, Ashton	9:52.43	2009		March 15, 2009 @ NCAA (Texas Tech)
5.	Fraser, Lovato, Millington, Emanuel	9:52.96@	2010		February 26, 2010 @ MWC (New Mexico)(10:01.74 raw)
6.	Martinez, Jackson, Clarke, Gonzales	9:57.38@	2004		February 26, 2004 @ MWC (Air Force) yards
7.		9:57.83@	2008		February 28, 2008 @ MWC (Air Force) yards
8.	Fraser, Henry, Emanuel, Bishop	10:02.27@	2009		February 27, 2009 @ MWC (Air Force)
9.	Vallie, K. Henry, Arguelles, Johnson	10:06.12@	2007		January 26, 2007 @ New Mexico
10.		10:14.02@	2006		February 11, 2006 @ New Mexico

UNIVERSITY OF NEW MEXICO WOMEN'S INDOOR TRACK & FIELD

ALL TIME TOP TEN (1976 - 2010) (REVISED MARCH 13, 2010)

PLEASE NOTE: These indoor rankings are a compilation of the best individuals and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is found, the rankings will be updated.

HOW TO READ THE RANKINGS.

PERFORMERS: THE LEFT HAND COLUMN UNDER EACH INDIVIDUAL EVENT ARE THE TOP 10 PERFORMERS (INDIVIDUALS) IN THAT EVENT. THERE SHOULD BE TEN DIFFERENT INDIVIDUALS UNDER THIS CATEGORY AND NO DUPLICATIONS.

PERFORMANCES: THE RIGHT HAND COLUMN ARE THE TOP 10 PERFORMANCES (TIMES, HEIGHTS, DISTANCES) IN THAT EVENT. SOME ATHLETES WERE OUTSTANDING IN THEIR EVENT(S) AND MAY HAVE MANY GREAT PERFORMANCES OVER THEIR FOUR YEAR CAREER.

Conversions used in these rankings

TRACK SIZE: The NCAA uses the 200 meter banked track/300 meter oversized track as the standard. As such any performance that was achieved on a 200 meter/220 yard flat track or smaller has been converted using the NCAA protocol. Any performance in these rankings that is in BOLD/ITALICS has been converted.

ALTITUDE: The NCAA converts distance performances (800, 1 Mile, 3000, 5000, Distance Medley Relay) based on altitude due to the difficulty of racing in an environment with decreased oxygen available. Any performance in these rankings designated by an @ indicates an altitude adjustment.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol (add .24)

YARDS: Starting in the 1980's metric distances became the norm as prior to that time yards was used. Any performance in the 220 yards, 440 yards, and 880 yards will be included in these rankings designated by a "y". This is because 220 yards is longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). Therefore, if any athlete from the past can make the Top 10 ranking while running a slightly longer distance they should be included in the list.

****** In the 55, 55 Hurdles, 60, 60 Hurdles all performances are the actual "raw" performances with no conversions made.

55 METERS - INDIVIDUAL		
1.	Barbara Bell	6.85 1984
2.	Pam Posey	7.02 1987
3.	Terrian Florence	7.06 1990
4.	Natanya Jones	7.12 1990
5.	Annette DiLorenzo	7.14 1987
6.	Nicole Oates	7.18 1998
7.	Stacey Thompson	7.18 1993
8.	Nichelle Milner	7.21 1995
9.	Patty Mack	7.27 1984
10.	Natalie Dalton	7.30 1996

55 METERS - TIMES		
1.	Barbara Bell	6.85 1984
2.	Barbara Bell	6.90 1984
3.	Barbara Bell	6.92 1983
4.	Pam Posey	7.02 1987
5.	Terrian Florence	7.06 1990
6.	Pam Posey	7.08 1987
7.	Pam Posey	7.09 1987
8.	Terrian Florence	7.11 1990
9.	Terrian Florence	7.11 1988
10.	Natanya Jones	7.12 1990

55 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Barbara Bell	6.85 March 1, 1984
2.	Pam Posey	7.02 February 21, 1987 @ Northern Arizona
3.	Terrian Florence	7.06 February 24, 1990 @ Northern Arizona
4.	Natanya Jones	7.12 February 24, 1990 @ Northern Arizona
5.	Annette DiLorenzo	7.14 February 21, 1987 @ Northern Arizona
6.	Nicole Oates	7.18 February 27, 1998 @ WAC (Air Force)
7.	Stacey Thompson	7.18 February 26, 1993 @ WAC (Air Force)
8.	Nichelle Milner	7.21 February 4, 1995 @ Northern Arizona
9.	Patty Mack	7.27 January 28, 1984 @ Northern Arizona
10.	Natalie Dalton	7.30 February 3, 1996 @ Northern Arizona

55m HURDLES - INDIVIDUAL		
1.	Angela Whyte	8.15 1999
2.	Tonya Thompson	8.26 1987
3.	Lisa Teasdale	8.28 1997
4.	Monica Crittenden	8.32 1993
5.	Darcy Ahner	8.41 1990
6.	Felecia DeVargas	8.42 1997
7.	Debbie Berger	8.51 1987
8.	Mary Goodwin	8.57 1983
9.	Joni Dobbins	8.60 1995
10.	Kitrain Martin	8.64 1993

55m HURDLES - TIMES		
1.	Angela Whyte	8.15 1999
2.	Tonya Thompson	8.26 1987
3.	Lisa Teasdale	8.28 1997
4.	Monica Crittenden	8.32 1993
5.	Lisa Teasdale	8.33 1997
6.	Tonya Thompson	8.36 1987
7.	Monica Crittenden	8.37 1994
8.	Monica Crittenden	8.40 1995
9.	Felecia DeVargas	8.42 1997
10.	Felecia DeVargas	8.44 1997
	Monica Crittenden	8.44 1995

55m HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Angela Whyte	8.15 January 30, 1999 @ Texas Tech
2.	Tonya Thompson	8.26 February 21, 1987 @ Northern Arizona
3.	Lisa Teasdale	8.28 February 7, 1997 @ Texas Tech
4.	Monica Crittenden	8.32 February 26, 1993 @ WAC (Air Force)
5.	Darcy Ahner	8.41 February 24, 1990 @ Northern Arizona
6.	Felecia DeVargas	8.42 January 25, 1997 @ Northern Arizona Quad
7.	Debbie Berger	8.51 February 21, 1987 @ Northern Arizona
8.	Mary Goodwin	8.57 February 12, 1983 @ Northern Arizona
9.	Joni Dobbins	8.60 February 4, 1995 @ Northern Arizona
10.	Kitrain Martin	8.64 February 13, 1993 @ Air Force

60 METERS - INDIVIDUAL		
1.	Kristan Matison	7.58 2007
2.	Angela Whyte	7.59 2000
3.	Adwoa Gyasi-Nimako	7.64 2000
4.	Alesha Walker	7.66 2008
5.	Precious Selmon	7.69 2009
6.	Dayna McMillen	7.70 2001
7.	Tabitha Shaw	7.74 2006
8.	Ariel Burr	7.77 2009
9.	Deanne Young	7.78 2009
10.	Tawsha Brazley	7.82 2010

60 METERS - TIMES		
1.	Kristan Matison	7.58 2007
2.	Angela Whyte	7.59 2000
3.	Kristin Matison	7.62 2006
4.	Adwoa Gyasi-Nimako	7.64 2000
5.	Kristin Matison	7.67 2007
6.	Alesha Walker	7.66 2008
7.	Alesha Walker	7.66 2008
8.	Adwoa Gyasi-Nimako	7.66 2000
9.	Precious Selmon	7.69 2009
10.	Angela Whyte	7.69 2000

60 METERS - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Kristin Matison	7.58 January 9, 2007 @ New Mexico
2.	Angela Whyte	7.59 February 25, 2000 @ MWC (Air Force)
3.	Adwoa Gyasi-Nimako	7.64 February 26, 2000 @ MWC (Air Force)
4.	Alesha Walker	7.66 January 19, 2008 @ Northern Arizona
5.	Precious Selmon	7.69 December 3, 2009 @ Northern Arizona dual
6.	Dayna McMillen	7.70 February 24, 2001 @ MWC (Air Force)
7.	Tabitha Shaw	7.74 February 11, 2006 @ New Mexico
8.	Ariel Burr	7.77 January 17, 2009 @ New Mexico
9.	Deanne Young	7.78 January 31, 2009 @ New Mexico
10.	Tawsha Brazley	7.82 January 16, 2010 @ New Mexico

60 HURDLES - INDIVIDUAL		
1.	Precious Selmon	8.47 2009
2.	Angela Whyte	8.49 2000
3.	Sandy Fortner	8.61 2008
4.	Lisa Coleman	8.79 2001
5.	Lisa Teasdale	8.95 1999
6.	Felecia DeVargas	9.00 1999
7.	Keren Sari-Bentzur	9.08 2002
8.	Amber Nolte	9.11 2002
9.	Nicole Hanson	9.12 2004
10.	Suzanne Nguyen	9.20 2003

60m HURDLES - TIMES		
1.	Precious Selmon	8.47 2009
2.	Precious Selmon	8.47 2010
3.	Angela Whyte	8.49 2000
4.	Angela Whyte	8.49 2000
5.	Precious Selmon	8.54 2010
6.	Precious Selmon	8.55 2010
7.	Angela Whyte	8.59 2000
8.	Angela Whyte	8.60 1999
9.	Sandy Fortner	8.61 2008
10.	Sandy Fortner	8.66 2008

60 HURDLES - INDIVIDUAL WHERE PERFORMANCE HAPPENED		
1.	Precious Selmon	8.47 December 3, 2009 @ Northern Arizona dual
2.	Angela Whyte	8.49 February 25, 2000 @ MWC (Air Force)
3.	Sandy Fortner	8.61 February 28, 2008 @ MWC (Air Force)
4.	Lisa Coleman	8.79 February 24, 2001 @ MWC (Air Force)
5.	Lisa Teasdale	8.95 January 23, 1999 @ Northern Arizona
6.	Felecia DeVargas	9.00 January 23, 1999 @ Northern Arizona
7.	Keren Sari-Bentzur	9.08 January 25, 2002 @ Air Force
8.	Amber Nolte	9.11 January 25, 2002 @ Air Force
9.	Nicole Hanson	9.12 February 26, 2004 @ MWC (Air Force)
10.	Suzanne Nguyen	9.20 February 8, 2003 @ Northern Arizona

200 METERS - INDIVIDUAL

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Ariel Burr	24.13	2009
3.	Arlene Smith	24.54	2001
4.	Alesha Walker	24.74	2007
5.	Terrian Florence	24.91	1988
6.	Tabitha Shaw	24.97	2006
7.	Natanya Jones	25.00	1990
8.	Kristin Matison	25.13	2007
9.	Kamillia Davis	25.21	2005
10.	Kim Perkins	25.29	2009

200 METERS - TIMES

1.	Adwoa Gyasi-Nimako	24.08	2000
2.	Adwoa Gyasi-Nimako	24.12	2000
3.	Ariel Burr	24.13	2009
4.	Ariel Burr	24.43	2009
5.	Adwoa Gyasi-Nimako	24.50	2000
6.	Arlene Smith	24.54	2001
7.	Ariel Burr	24.55	2007
8.	Alesha Walker	24.74	2007
9.	Arlene Smith	24.80	2001
10.	Terrian Florence	24.91	1988

200 METERS - INDIVIDUAL

1.	Adwoa Gyasi-Nimako	24.08	February 26, 2000 @ MWC (Air Force)
2.	Ariel Burr	24.13	February 7, 2009 @ New Mexico
3.	Arlene Smith	24.54	February 24, 2001 @ MWC (Air Force)
4.	Alesha Walker	24.74	February 22, 2007 @ MWC (New Mexico)
5.	Terrian Florence	24.91	February 20, 1988 @ Northern Arizona
6.	Tabitha Shaw	24.97	February 23, 2006 @ MWC (New Mexico)
7.	Natanya Jones	25.00	February 19, 1990 @ Northern Arizona
8.	Kristin Matison	25.13	January 13, 2007 @ New Mexico
9.	Kamillia Davis	25.21	February 5, 2005 @ Northern Arizona
10.	Kim Perkins	25.29	January 31, 2009 @ New Mexico

400 METER - INDIVIDUAL

1.	Ariel Burr	53.73	2007
2.	CatherineMcKinney	55.99	1990
3.	Sue Vigil	56.64yh	1978
4.	Stacey Thompson	57.10	1993
5.	Kamillia Davis	57.16	2004
6.	Shirley Pitts	57.16	2010
7.	Shakira Williams	57.39	2006
8.	Arlene Smith	57.56	2002
9.	Kadrina Coffee	57.68	1999
10.	Regina Dramiga	57.84yh	1979

400 METER - TIMES

1.	Ariel Burr	53.73	2007
2.	CatherineMcKinney	54.05	2009
3.	Ariel Burr	54.27	2006
4.	Ariel Burr	54.38	2009
5.	Ariel Burr	54.54	2009
6.	Ariel Burr	54.86	2009
7.	Ariel Burr	55.02	2009
8.	Ariel Burr	55.15	2007
9.	Ariel Burr	55.23	2007
10.	Ariel Burr	55.33	2007

400 METER - INDIVIDUAL

1.	Ariel Burr	53.73	February 22, 2007 @ MWC (New Mexico)
2.	CatherineMcKinney	55.99	February 24, 1990 @ Northern Arizona
3.	Sue Vigil	56.64yh	1978
4.	Stacey Thompson	57.10	February 26, 1993 @ WAC (Air Force)
5.	Kamillia Davis	57.16	February 26, 2004 @ MWC (Air Force)
6.	Shirley Pitts	57.16	February 12, 2010 @ Air Force Invitational
7.	Shakira Williams	57.39	February 11, 2006 @ New Mexico
8.	Arlene Smith	57.56	February 21, 2002 @ MWC (Air Force)
9.	Kadrina Coffee	57.68	January 30, 1999 @ Texas Tech
10.	Regina Dramiga	57.84yh	1979

800 METERS - INDIVIDUAL

1.	Sue Vigil	2:09.54hy	1979
2.	Regina Dramiga	2:12.04@	1980
3.	Andrea Wright	2:12.25@	2009
4.	Alex Darling	2:12.35@	2010
5.	Ashley Gibson	2:13.28@	2010
6.	Margaret Metcalf	2:13.37@	1983
7.	Jackie Gallegos	2:14.01 @	2005
8.	Cindy Ashby	2:14.04hc	1977
9.	Bianca Martin	2:14.14@	2010
10.	Riann Lucy	2:14.18 @	2006

800 METERS - TIMES

1.	Sue Vigil	2:09.54h	1979
2.	Sue Vigil	2:10.26	1979
3.	Regina Dramiga	2:12.04@	1980
4.	Sue Vigil	2:12.04hy	1978
5.	Andrea Wright	2:12.25@	2009
6.	Alex Darling	2:12.35@	2010
7.	Alex Darling	2:12.88@	2010
8.	Alex Darling	2:13.14@	2010
9.	Ashley Gibson	2:13.28@	2010
10.	Margaret Metcalf	2:13.37@	1983

800 METERS - INDIVIDUAL

1.	Sue Vigil	2:09.54hy	1979
2.	Regina Dramiga	2:12.04@	February 16, 1980 @ New Mexico
3.	Andrea Wright	2:12.25@	February 28, 2009 @ MWC (Air Force)
4.	Alex Darling	2:12.35@	February 27, 2010 @ MWC (New Mexico) (2:13.05 raw)
5.	Ashley Gibson	2:13.28@	January 29, 2010 @ UNM Lobo Chall.(2:13.98 raw)
6.	Margaret Metcalf	2:13.37@	February 12, 1983 @ Northern Arizona
7.	Jackie Gallegos	2:14.01 @	February 5, 2005 @ Northern Arizona
8.	Cindy Ashby	2:14.04hc	1977
9.	Bianca Martin	2:14.14@	January 29, 2010 @ UNM Invt. (2:14.84 - raw)
10.	Riann Lucy	2:14.18 @	February 23, 2006 @ MWC (New Mexico)

1 MILE - INDIVIDUAL

1.	Ashley Gibson	4:43.78	2010
2.	Ruth Senior	4:54.87 @	2010
3.	Nicky Archer	4:55.59 @	2009
4.	Bianca Martin	4:55.71	2010
5.	Alex Darling	4:56.46	2010
6.	Michelle Corrigan	4:56.98	2010
7.	Edna Lankry	4:57.80	1991
8.	Timmie Murphy	4:58.24 @	2006
9.	Jackie Gallegos	4:58.76 @	2004
10.	Morine Laughlin	5:00.32	1994

1 MILE - TIMES

1.	Ashley Gibson	4:43.78	2010
2.	Ashley Gibson	4:44.58	2009
3.	Ashley Gibson	4:45.41	2010
4.	Ashley Gibson	4:47.48	2009
5.	Ashley Gibson	4:51.08	2010
6.	Ashley Gibson	4:52.36@	2010
7.	Ruth Senior	4:54.87@	2010
8.	Nicky Archer	4:55.59 @	2009
9.	Bianca Martin	4:55.71	2010
10.	Alex Darling	4:56.46	2010

1 MILE - INDIVIDUAL

1.	Ashley Gibson	4:43.78	February 13, 2010 @ Washington Huskie Classic
2.	Ruth Senior	4:54.87@	January 23, 2010 @ New Mexico Cherry & Silver
3.	Nicky Archer	4:55.59 @	February 7, 2009 @ New Mexico
4.	Bianca Martin	4:55.71	February 12, 2010 @ Washington Huskie Classic
5.	Alex Darling	4:56.46	February 13, 2010 @ Washington Huskie Classic
6.	Michelle Corrigan	4:56.98	February 6, 2010 @ Notre Dame Meyo Invt.
7.	Edna Lankry	4:57.80	February 8, 1991 @ Nebraska
8.	Timmie Murphy	4:58.24 @	February 11, 2006 @ New Mexico
9.	Jackie Gallegos	4:58.76 @	February 14, 2004
10.	Morine Laughlin	5:00.32	February 11, 1994 @ Nebraska

3000 METER - INDIVIDUAL

1.	Timmie Murphy	9:33.11	2006
2.	Nicky Archer	9:40.71@	2009
3.	Ashley Gibson	9:43.20	2009
4.	Michelle Corrigan	9:45.26	2008
5.	Jackie Gallegos	9:45.99	2005
6.	Lacey Oeding	9:48.20@	2010
7.	Leslie Luna	9:48.65@	2006
8.	Ruth Senior	9:49.48@	2010
9.	Kelly Dix	9:55.03@	1993
10.	Laura Bowerman	10:01.07@	2010

3000 METER - TIMES

1.	Timmie Murphy	9:33.11	2006
2.	Nicky Archer	9:40.71@	2009
3.	Nicky Archer	9:41.54@	2009
4.	Ashley Gibson	9:43.20	2009
5.	Michelle Corrigan	9:45.26	2008
6.	Jackie Gallegos	9:45.99	2005
7.	Nicky Archer	9:46.07@	2010
8.	Michelle Corrigan	9:46.71@	2009
9.	Lacey Oeding	9:48.20@	2010
10.	Leslie Luna	9:48.65@	2006

3000 METERS - INDIVIDUAL

1.	Timmie Murphy	9:33.11	March 4, 2006 @ Washington Last Chance
2.	Nicky Archer	9:40.71@	January 31, 2009 @ New Mexico
3.	Ashley Gibson	9:43.20	February 14, 2009 @ Washington
4.	Michelle Corrigan	9:45.26	February 8, 2008 @ Notre Dame Meyo Invt.
5.	Jackie Gallegos	9:45.99	February 12, 2005 @ Arkansas
6.	Lacey Oeding	9:48.20@	February 27, 2010 @ MWC (New Mexico)(10:02.17 raw)
7.	Leslie Luna	9:48.65@	February 23, 2006 @ MWC (New Mexico)
8.	Ruth Senior	9:49.48@	February 27, 2010 @ MWC (New Mexico)(10:03.45 raw)
9.	Kelly Dix	9:55.03@	February 26, 1993 @ WAC (Air Force)
10.	Laura Bowerman	10:01.07@	February 27, 2010 @ MWC (New Mexico)(10:15.04 raw)

5000 METERS - INDIVIDUAL

1.	Michelle Corrigan	16:34.58	2009
2.	Jackie Gallegos	16:35.83@	2005
3.	Ruth Senior	16:39.02	2010
4.	Nicky Archer	16:40.64	2009
5.	Lacey Oeding	17:00.95	2010
6.	Kelly Dix	17:04.52@	1993
7.	Timmie Murphy	17:05.14@	2005
8.	Delyth James	17:10.70	2010
9.	Tangi Galloway	17:15.51@	1997
10.	Vanessa Ortiz	17:27.29	2010

5000 METERS- TIMES

1.	Michelle Corrigan	16:34.58	2009
2.	Jackie Gallegos	16:35.83@	2005
3.	Ruth Senior	16:39.02	2010
4.	Nicky Archer	16:40.64	2009
5.	Nicky Archer	16:42.29	2010
6.	Nicky Archer	16:45.75	2009
7.	Michelle Corrigan	16:56.65	2010
8.	Lacey Oeding	17:00.95	2010
9.	Kelly Dix	17:04.52@	1993
10.	Lacey Oeding	17:04.77@	2010

5000 METERS

1.	Michelle Corrigan	16:34.58	February 14, 2009 @ Washington
2.	Jackie Gallegos	16:35.83@	February 24, 2005 @ MWC (Air Force)
3.	Ruth Senior	16:39.02	February 12, 2010 @ Washington Huskie Classic
4.	Nicky Archer	16:40.64	March 7, 2009 @ Notre Dame Last Chance
5.	Lacey Oeding	17:00.95	February 12, 2010 @ Washington Huskie Classic
6.	Kelly Dix	17:04.52@	February 26, 1993 @ WAC (Air Force)
7.	Timmie Murphy	17:05.14@	February 24, 2005 @ MWC (Air Force)
8.	Delyth James	17:10.70	February 12, 2010 @ Washington Huskie Classic
9.	Tangi Galloway	17:15.51@	February 7, 1997 @ Texas Tech
10.	Vanessa Ortiz	17:27.29	February 12, 2010 @ Washington Huskie Classic

4x400 RELAY - TIMES

1.	Burr, Matison, S. Fortner, Zarrella	3:47.66	2007
2.		3:49.48	2006
3.	Bell, Maxwell, Hren, Vessup	3:50.54	1984
4.		3:50.84	2000
5.		3:51.46	1999
6.	Burr, Perkins, Matison, Zarrella	3:51.64	2007
7.		3:52.30	1988
8.	Burr, Perkins, Pritchard, Zarrella	3:52.42	2007
9.	Brazley, Kelchner, Pitts, Fortner	3:53.28	2010
10.	Brazley, Kelchner, Miknis, Pitts	3:53.61	2010

4x400 RELAY

1.		3:47.66	February 22, 2007 @ MWC (New Mexico)
2.		3:49.48	February 23, 2006 @ MWC (New Mexico)
3.		3:50.54	January 28, 1984 @ Northern Arizona
4.		3:50.84	February 26, 2000 @ Air Force
5.		3:51.46	February 6, 1999 @ Northern Arizona
6.		3:51.64	February 3, 2007 @ New Mexico
7.		3:52.30	February 20, 1988 @ Northern Arizona
8.		3:52.42	February 9, 2007 @ New Mexico
9.		3:53.28	February 13, 2010 @ Air Force (3:54.48 yards)
10.		3:53.61	January 30, 2010 @ UNM Invt.

PENTATHLON - INDIVIDUAL

1.	Sandy Fortner (8.70,5' 7 1/4",42 10 3/4", 19' 6", 2:25.41)	4156	2010
2.	Keren Sari-Bentzur (8.99-5' 7 1/4"-35' 7"-18' 11 3/4"-2:29.65	3845	2003
3.	Hedi Anderson	3442	1990
4.	Susanne Oravainen (8.66(55h), 5' 3 1/4", 32' 11 1/4", 17' 1,2:31.49	3352	1997
5.	Anita Marsland (9.9h,28', 5' 6 1/2", 15' 9", 2:41.64)	3222	1980
6.	Billie Colborne	3138	1979
7.	Kelly Fortner 9.68,4' 11 1/2, 37' 7 3/4", 17' 4 1/2", 2:54.59)	3091	2009
8.	Melissa Guanella (55h-8.77-4'10 1/2"-31'8"-15'9 1/2"-2:32.26	3083	1998
9.	Felecia DeVargas (55h-9.00-4'10 1/2"-29'8 1/4"-15'10 1/4"-2:40.21)	3070	1998
10.	Stefany Setliff (9.63,5' 2 1/4", 28' 11", 16' 8 1/2", 2:43.11)	3069	2005

LONG JUMP - INDIVIDUAL

1.	Alesha Walker	20' 1 1/2"	2008
2.	Keren Sari-Bentzur	19' 11"	2001
3.	Sandy Fortner	19' 8"	2008
4.	Tara Spurlock	19' 5"	1984
5.	Monique Harris	19' 1 1/4"	2002
6.	Mary Goodwin	18' 11"	1983
7.	Deanna Young	18' 9 3/4"	2009
8.	Lavern Clarke	18' 8"	1990
9.	Hagit Salamon	18' 7 3/4"	2008
10.	Precious Selmon	18' 7"	2010

LONG JUMP - DISTANCES

1.	Alesha Walker	20' 1 1/2"	2008
2.	Keren Sari-Bentzur	19' 11"	2001
3.	Alesha Walker	19' 10 3/4"	2008
4.	Alesha Walker	19' 9 1/2"	2008
5.	Alesha Walker	19' 8 1/4"	2008
6.	Alesha Walker	19' 8 1/4"	2008
7.	Sandy Fortner	19' 8"	2008
8.	Alesha Walker	19' 6 1/4"	2008
9.	Sandy Fortner	19' 6"	2010
10.	Keren Sari-Bentzur	19' 5 1/2"	2001

TRIPLE JUMP - INDIVIDUAL

1.	Deanna Young	43' 1 3/4"	2009
2.	Lavern Clarke	42' 3 1/4"	1990
3.	Monique Harris	41' 9 3/4"	2002
4.	Hagit Salamon	40' 3/4"	2007
5.	Susanna Orvainen	39' 5"	1996
6.	Lisa Oliver	38' 9"	1998
7.	Keren Sari-Bentzur	38' 7"	2003
8.	Brittany Smith	37' 11 3/4"	2007
9.	Jai McBride	37' 8 1/2"	2007
10.	Suzanne Nguyen	36' 11 1/2"	2004
	Porchia Graham	36' 11 1/2"	1996

TRIPLE JUMP - DISTANCES

1.	Deanna Young	43' 1 3/4"	2009
2.	Deanna Young	42' 4 1/4"	2009
3.	Lavern Clarke	42' 3 1/4"	1990
4.	Deanna Young	42' 2"	2009
5.	Lavern Clarke	42' 1/4"	1992
6.	Deanna Young	42' 0"	2009
7.	Lavern Clarke	41' 11 1/4"	1990
8.	Monique Harris	41' 9 3/4"	2002
9.	Lavern Clarke	41' 5"	1991
10.	Deanna Young	40' 10 1/2"	2008

HIGH JUMP - INDIVIDUAL

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	2007
3.	Sandy Fortner	5' 9 1/4"	2010
4.	Aura Cook	5' 8 3/4"	1993
5.	Kristina Curtis	5' 7 3/4"	2006
6.	Keren Sari-Bentzur	5' 7 1/4"	2003
7.	Darcy Ahner	5' 7 1/4"	1987
8.	Kelli Myers	5' 6 3/4"	2002
9.	Anita Marsland	5' 6"	1980
10.	Amber Kotlarczyk	5' 5"	1996
	Jan Phelps	5' 5"	1993
	Heidi Anderson	5' 5"	1990
	Marin Schweigert	5' 5"	2010

HIGH JUMP - HEIGHTS

1.	Margaret Metcalf	5' 11"	1979
2.	Margaret Metcalf	5' 10 1/2"	1980
3.	Tiyana Peters	5' 10"	2007
4.	Tiyana Peters	5' 10"	2007
5.	Margaret Metcalf	5' 10"	1979
6.	Margaret Metcalf	5' 10"	1979
7.	Margaret Metcalf	5' 10"	1979
8.	Sandy Fortner	5' 9 1/4"	2010
9.	Margaret Metcalf	5' 9"	1980
10.	Tiyana Peters	5' 8 3/4"	2007
11.	Margaret Metcalf	5' 8 1/2"	1979
12.	Sandy Fortner	5' 8 1/2"	2008
13.	Margaret Metcalf	5' 8 1/2"	1980

POLE VAULT - INDIVIDUAL

1.	Bridgid Isworth	13' 2 1/2"	2003
2.	Whitney Johnson	13' 1 3/4"	2006
3.	Kelly Fortner	12' 5 1/2"	2010
4.	Lauren Jaramillo	12' 1 1/2"	2010
5.	Nicole Huyge	12' 3/4"	2006
6.	Amber Menke	11' 11 3/4"	2010
7.	Amber Nolte	11' 11 1/2"	2002
8.	Stefany Setliff	11' 9"	2007
9.	Aditi Majumdar	11' 5 3/4"	2009
	Kristina Owen	11' 5 3/4"	1999

POLE VAULT - HEIGHTS

1.	Bridgid Isworth	13' 2 1/2"	2003
2.	Whitney Johnson	13' 1 3/4"	2006
3.	Bridgid Isworth	13' 1 1/2"	2003
4.	Bridgid Isworth	13' 1 1/2"	2003
5.	Whitney Johnson	13' 1/4"	2005
6.	Bridgid Isworth	12' 11 1/2"	2003
7.	Bridgid Isworth	12' 10"	2003
8.	Whitney Johnson	12' 8 3/4"	2005
9.	Whitney Johnson	12' 6"	2009
10.	Whitney Johnson	12' 5 1/2"	2009
	Kelly Fortner	12' 5 1/2"	2010

SHOT PUT - INDIVIDUAL

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Myra Smith	46' 11"	1992
3.	Briana Paxton	46' 3 1/4"	2008
4.	Sandy Fortner	44' 8 3/4"	2010
5.	Terry Helleck	43' 7"	1980
6.	Bobbi Hall	43' 0"	2002
7.	Lynn Keck	41' 11"	1984
8.	Sarah Swartwood	41' 3 3/4"	2007
9.	Debbie Davis	41' 2 1/4"	1979
10.	Missy Wyant	40' 9 3/4"	1990

SHOT PUT - DISTANCES

1.	Amanda Barnes	49' 4 1/2"	2005
2.	Amanda Barnes	49' 3 1/2"	2004
3.	Amanda Barnes	49' 2 1/2"	2005
4.	Amanda Barnes	48' 11"	2005
5.	Amanda Barnes	48' 7 1/2"	2005
6.	Amanda Barnes	48' 7 1/4"	2005
7.	Amanda Barnes	48' 2"	2005
8.	Amanda Barnes	47' 8"	2005
9.	Amanda Barnes	47' 4 1/2"	2005
10.	Amanda Barnes	47' 1/4"	2003

20 LB. WEIGHT THROW - INDIVIDUAL

1.	Amanda Barnes	60' 10 3/4"	2005
2.	Jamie Fishencord	55' 1"	2005
3.	Briana Paxton	48' 10"	2008
4.	Tami Williams	47' 11"	2010
5.	Sarah Swartwood	47' 6 1/2"	2009
6.	Chelsea Stephens	47' 1 1/2"	1996
7.	Erin Manning	42' 9 1/2"	2007
8.	Vanessa Frangos	41' 10 1/2"	2006
9.	Melissa Page	32' 6"	1996
10.			

20 LB. WEIGHT THROW-DISTANCES

1.	Amanda Barnes	60' 10 3/4"	2005
2.	Amanda Barnes	55' 3 1/2"	2005
3.	Jamie Fishencord	55' 1"	2005
4.	Jamie Fishencord	55' 1"	2005
5.	Jamie Fishencord	54' 7 1/4"	2005
6.	Amanda Barnes	54' 1"	2005
7.	Jamie Fishencord	53' 11 3/4"	2004
8.	Amanda Barnes	53' 9 3/4"	2004
9.	Jamie Fishencord	53' 9 1/4"	2005
10.	Amanda Barnes	53' 8 1/2"	2005

PENTATHLON

1.	Sandy Fortner	4156	March 13, 2010 @ NCAA Champ. (Arkansas)
2.	Keren Sari-Bentzur	3845	February 27, 2003 @ MWC (Air Force)
3.	Heidi Anderson	3442	February 3, 1990 @ Air Force
4.	Susanne Oravainen	3352	February 22, 1997 @ WAC (Air Force)
5.	Anita Marsland	3222	January 26, 1980 @ New Mexico
6.	Billie Colborne	3138	1979
7.	Kelly Fortner	3091	February 28, 2009 @ MWC (Air Force)
8.	Melissa Guanella	3082	February 27, 1998 @ WAC (Air Force)
9.	Felecia DeVargas	3070	February 27, 1998 @ WAC (Air Force)
10.	Stefany Setliff	3069	February 24, 2005 @ MWC (Air Force)

WHERE PERFORMANCE HAPPENED**LONG JUMP**

1.	Alesha Walker	20' 1 1/2"	March 8, 2008 @ Washington Last Chance
2.	Keren Sari-Bentzur	19' 11"	February 10, 2001 @ Northern Arizona
3.	Sandy Fortner	19' 8"	February 9, 2008 @ Air Force
4.	Tara Spurlock	19' 5"	January 28, 1984 @ Northern Arizona
5.	Monique Harris	19' 1 1/4"	February 2, 2002 @ Nevada
6.	Mary Goodwin	18' 11"	February 22, 1983 @ New Mexico
7.	Deanna Young	18' 9 3/4"	February 29, 2009 @ MWC (Air Force)
8.	Lavern Clarke	18' 8"	February 10, 1990 @ Northern Arizona
9.	Hagit Salamon	18' 7 3/4"	February 1, 2008 @ Air Force
10.	Precious Selmon	18' 7"	February 12, 2010 @ Air Force

WHERE PERFORMANCE HAPPENED**TRIPLE JUMP**

1.	Deanna Young	43' 1 3/4"	February 29, 2009 @ MWC (Air Force)
2.	Lavern Clarke	42' 3 1/4"	February 24, 1990 @ Northern Arizona
3.	Monique Harris	41' 9 3/4"	February 2, 2002 @ Nevada
4.	Hagit Salamon	40' 3/4"	February 9, 2007 @ New Mexico
5.	Susanna Orvainen	39' 5"	February 22, 1996 @ WAC (Air Force)
6.	Lisa Oliver	38' 9"	February 28, 1998 @ WAC (Air Force)
7.	Keren Sari-Bentzur	38' 7"	March 1, 2003 @ MWC (Air Force)
8.	Brittany Smith	37' 11 3/4"	February 22, 2007 @ MWC (New Mexico)
9.	Jai McBride	37' 8 1/2"	January 20, 2007 @ New Mexico
10.	Suzanne Nguyen	36' 11 1/2"	January 31, 2004 @ Texas Tech
	Porchia Graham	36' 11 1/2"	January 26, 1996 @ Air Force

WHERE PERFORMANCE HAPPENED**HIGH JUMP**

1.	Margaret Metcalf	5' 11"	1979
2.	Tiyana Peters	5' 10"	February 16, 2007 @ New Mexico
3.	Sandy Fortner	5' 9 1/4"	February 25, 2010 @ MWC Pent. (New Mexico)
4.	Aura Cook	5' 8 3/4"	February 26, 1993 @ WAC (Air Force)
5.	Kristina Curtis	5' 7 3/4"	February 23, 2006 @ MWC (New Mexico)
6.	Keren Sari-Bentzur	5' 7 1/4"	February 27, 2003 @ MWC (Air Force)
7.	Darcy Ahner	5' 7 1/4"	February 21, 1987 @ Northern Arizona
8.	Kelli Myers	5' 6 3/4"	January 25, 2002 @ Air Force
9.	Anita Marsland	5' 6"	February 16, 1980 @ New Mexico
10.	Amber Kotlarczyk	5' 5"	January 26, 1996 @ Air Force
	Jan Phelps	5' 5"	February 26, 1993 @ WAC (Air Force)
	Heidi Anderson	5' 5"	February 10, 1990 @ Northern Arizona
	Marin Schweigert	5' 5"	February 13, 2010 @ Air Force Invitational

WHERE PERFORMANCE HAPPENED**POLE VAULT**

1.	Bridgid Isworth	13' 2 1/2"	February 27, 2003 @ MWC (Air Force)
2.	Whitney Johnson	13' 1 3/4"	March 3, 2006 @ Air Force Last Chance
3.	Kelly Fortner	12' 5 1/2"	February 26, 2010 @ MWC (New Mexico)
4.	Lauren Jaramillo	12' 1 1/2"	January 29, 2010 @ UNM Lobo Challenge
5.	Nicole Huyge	12' 3/4"	February 23, 2006 @ MWC (New Mexico)
6.	Amber Menke	11' 11 3/4"	February 13, 2010 @ Air Force Invitational
7.	Amber Nolte	11' 11 1/2"	February 9, 2002 @ Northern Arizona
8.	Stefany Setliff	11' 9"	February 9, 2007 @ New Mexico
9.	Aditi Majumdar	11' 5 3/4"	February 7, 2009 @ New Mexico
	Kristina Owen	11' 5 3/4"	January 23, 1999 @ Northern Arizona

WHERE PERFORMANCE HAPPENED**SHOT PUT**

1.	Amanda Barnes	49' 4 1/2"	February 24, 2005 @ MWC (Air Force)
2.	Myra Smith	46' 11"	February 29, 1992 @ WAC (Air Force)
3.	Briana Paxton	46' 3 1/4"	February 29, 2008 @ MWC (Air Force)
4.	Sandy Fortner	44' 8 3/4"	February 5, 2010 @ UNM Combined Event
5.	Terry Helleck	43' 7"	March 7, 1980 @ AIAW (Missouri)
6.	Bobbi Hall	43' 0"	February 21, 2002 @ MWC (Air Force)
7.	Lynn Keck	41' 11"	January 28, 1984
8.	Sarah Swartwood	41' 3 3/4"	February 22, 2007 @ MWC (New Mexico)
9.	Debbie Davis	41' 2 1/4"	1979
10.	Missy Wyant	40' 9 3/4"	February 24, 1990 @ Northern Arizona

WHERE PERFORMANCE HAPPENED**20 LB. WEIGHT THROW**

1.	Amanda Barnes	60' 10 3/4"	February 24, 2005 @ MWC (Air Force)
2.	Jamie Fishencord	55' 1"	February 24, 2005 @ MWC (Air Force)
3.	Briana Paxton	48' 10"	February 28, 2008 @ MWC (Air Force)
4.	Tami Williams	47' 11"	February 26, 2010 @ MWC (New Mexico)
5.	Sarah Swartwood	47' 6 1/2"	February 7, 2009 @ New Mexico
6.	Chelsea Stephens	47' 1 1/2"	February 22, 1996 @ WAC (Air Force)
7.	Erin Manning	42' 9 1/2"	February 10, 2007 @ New Mexico
8.	Vanessa Frangos	41' 10 1/2"	February 23, 2006 @ MWC (New Mexico)
9.	Melissa Page	32' 6"	February 3, 1996 @ Northern Arizona
10.			

WHERE PERFORMANCE HAPPENED

DISTANCE MEDLEY RELAY - TIMES		DISTANCE MEDLEY RELAY - WHERE PERFORMANCE HAPPENED	
1.	Senior, Brazley, Martin, Gibson	11:55.46@	2010
2.	Luna, Zarrella, Lucy, Murphy	11:56.70@	2006
3.	Swann, Hansen, Lucy, Gallegos	12:07.34@	2004
4.		12:08.80@	2009
5.	Gallegos, Burr, Lucy, Hall	12:26.83@	2005
6.		12:30.59	2008
7.		12:35.05	1997
8.		12:54.96@	2002
9.	McCabe, Pritchard, Candelaria, Brasher	12:55.54@	2007
10.			

11:55.46@ February 26, 2010 @ MWC (New Mexico)
11:56.70@ February 23, 2006 @ MWC (New Mexico)
12:07.34@ February 26, 2004 @ MWC (Air Force) yards
12:08.80@ February 28, 2009 @ MWC (Air Force)
12:26.83@ February 24, 2005 @ MWC (Air Force) yards
12:30.59@ February 27, 2008 @ MWC (Air Force)
12.35.05 February 22, 1997
12:54.96@ February 2, 2002 @ Nevada
12:55.54@ February 22, 2007 @ MWC (New Mexico)

University of New Mexico Men's Indoor Track & Field Heptathlon Summary 2003 - 2010

** The NCAA changed the indoor combined event from a Pentathlon (five events) to the Heptathlon in 2004.

	<u>SCORE</u>	<u>60</u>	<u>LONG JUMP</u>	<u>SHOT PUT</u>	<u>HIGH JUMP</u>	<u>60H</u>	<u>PV</u>	<u>1000m</u>
Richard York - 2/6/10 at New Mexico	5294	7.15	22' 8 1/2"	33' 8"	6' 4 3/4"	8.56	15' 1"	2:49.18
Mark Johnson - 2/26/04 MWC @ Air Force	5263	7.35	20' 11 1/2"	35' 6 1/2"	6' 3 1/2"	8.49	16' 3/4"	2:43.95
Richard York - 2/25-26/10 MWC @ New Mexico	5224	7.17	22' 3 3/4"	35' 10 1/2"	6' 3 1/2"	8.45	14' 3 1/4"	2:49.29
Dan Feltman - 2/23/06 MWC @ New Mexico	5145	7.23	22' 7 1/2"	43' 8 1/2"	6' 3 1/2"	8.58	14' 1 1/4"	3:06.68
Derek McDonald - 2/24/03 MWC @ Air Force	4966	7.18	22' 9 1/4"	32' 2"	6' 4 3/4"	8.81	14' 5"	3:07.05
Brian Wilson - 2/25-26/10 MWC @ New Mexico	4895	7.35	20' 5 3/4"	39' 4"	6' 3 1/2"	8.68	13' 7 1/4"	2:58.37
Mark Johnson - 1/23/04 at Air Force	4892	7.42	21' 6 1/2"	37' 9 1/4"	6' 2"	8.79	14' 1 1/4"	2:59.21
Derek McDonald - 1/21/05 at Air Force	4865	7.16	23' 1 3/4"	31' 6 3/4"	6' 5 1/2"	8.76	12' 5 1/2"	3:05.44
Brian Wilson - 2/6/10 at New Mexico	4752	7.36	20' 3 3/4"	36' 4"	5' 10 3/4"	8.60	13' 5 1/4"	2:55.69
Dan Feltman - 1/23/04 at Air Force	4612	7.31	21' 1"	41' 11 1/2"	6' 0"	8.90	13' 1 1/2"	3:22.26
Rodney Hocker - 2/26/04 MWC @ Air Force	4462	7.35	21' 1"	33' 6 1/2"	5' 5 3/4"	9.60	13' 5 1/2"	2:52.91
Jason Bigott - 2/24/05 MWC @ Air Force	4462	7.44	19' 11"	33' 6 3/4"	5' 6"	8.70	12' 5 1/2"	2:53.86
Brian Wilson - 2/28/09 MWC @ Air Force	4405	7.66	19' 4 1/4"	37' 9 1/4"	6' 1/2"	8.87	12' 5 1/2"	3:06.42
Brian Wilson - 1/30/09 at New Mexico	4341	7.48	19' 2 3/4"	36' 4 1/4"	5' 9 3/4"	8.86	11' 7 3/4"	3:02.51
Jeremy Lee - 2/25/-26/10 MWC @ New Mexico	4265	7.53	18' 11 1/4"	33' 1 3/4"	5' 10 3/4"	9.02	11' 3 3/4"	2:56.80
Jeremy Lee - 2/6/10 at New Mexico	4216	7.46	18' 9 3/4"	33' 4 1/2"	5' 10"	9.18	11' 1 3/4"	2:57.31
Dan Feltman - 2/26/04 MWC @ Air Force	4035	7.22	21' 11 1/2"	43' 6"	5' 11 1/2"	8.98	NH	3:28.87
Chris Lutz - 1/31/09 at New Mexico	3938	7.48	19' 10 1/4"	29' 10 3/4"	5' 7 1/4"	9.59	10' 0"	3:01.34

University of New Mexico Women's Indoor Track & Field

Pentathlon Summary 1980 - 2010

	SCORE	<u>HURDLES</u>	<u>HIGH JUMP</u>	<u>SHOT PUT</u>	<u>LONG JUMP</u>	<u>800</u>
Sandy Fortner - 3/13/10 NCAA at Arkansas	4156	8.70	5' 7 1/4"	42' 10 3/4"	19' 6"	2:25.41
Sandy Fortner - 2/25/10 MWC at New Mexico	4147	8.71	5' 9 1/4"	42' 11 3/4"	19' 1 1/4"	2:27.96
Sandy Fortner - 2/28/08 MWC at Air Force	4005	8.66	5' 8 1/2"	39' 8"	18' 9 3/4"	2:30.67
Sandy Fortner - 2/5/10 at New Mexico	3913	8.82	5' 3"	44' 8 3/4"	19' 4 1/4"	2:34.23
Sandy Fortner - 3/14/08 NCAA Championships (Ark.)	3905	8.75	5' 5 1/4"	40' 2 1/4"	18' 6"	2:28.35
Keren Sari-Bentzur - 2/27/03 MWC at Air Force	3845	8.99	5' 7 1/4"	35' 7"	18' 11 3/4"	2:29.65
Keren Sari-Bentzur - 1/24/03 at Air Force	3771					
Keren Sari-Bentzur - 2/21/02 MWC at	3727					
Sandy Fortner - 1/26/07 Roger Cox Multi at UNM	3709	9.06	5' 4 1/2"	38' 6"	18' 1 1/4"	2:31.00
Keren Sari-Bentzur - 2/22/01 MWC at Air Force	3694	9.14	5' 1 3/4"	36' 10 1/4"	19' 4 1/4"	2:30.76
Keren Sari-Bentzur - 1/26/01 at Air Force	3671					
Heidi Anderson - 2/3/90 at Air Force	3442					
Sandy Fortner - 1/27/06 Zia Classic - New Mexico	3403	9.62	5' 1 3/4"	36' 5"	17' 11"	2:35.39
Susanna Orvainen - 2/22/97 WAC at Air Force	3352	8.66 (55H)	5' 3 1/4"	32' 11 1/4"	17' 1"	2:31.49
Susanna Orvainen - 2/18/99 at Air Force	3310					
Kelly Fortner - 2/28/09 MWC at Air Force	3091	9.68	4' 11 1/2"	37' 7 3/4"	17' 4 1/2"	2:54.59
Melissa Guanella - 2/27/98 WAC at Air Force	3083	8.77 (55H)	4' 10 1/2"	31' 8"	15' 9 1/2"	2:32.26

	SCORE	<u>HURDLES</u>	<u>HIGH JUMP</u>	<u>SHOT PUT</u>	<u>LONG JUMP</u>	<u>800</u>
Felecia DeVargas - 2/27/98 WAC at Air Force	3070	9.00(55H)	4' 10 1/2"	29' 8 1/4"	15' 10 1/4"	2:40.21
Stefany Setliff - 2/24/05 MWC at Air Force	3069	9.63	5' 2 1/4"	28' 11"	16' 8 1/2"	2:43.11
Stefany Setliff - 2/22/07 MWC at New Mexico	3052	9.44	5' 1 1/4"	31' 5 1/4"	16' 1 1/4"	2:45.97
Sandy Fortner - 2/23/06 MWC at New Mexico	3045	9.17	5' 3 3/4"	NM	18' 5 1/2"	2:31.61
Tiffany Parker - 2/22/07 MWC at New Mexico	3037	9.06	4' 11"	33' 1 1/4"	16' 11 1/4"	2:58.28
Katherine Callahan - 2/22/01 MWC at Air Force	3028	10.00	5' 3"	30' 1 1/2"	15' 2 1/4"	2:34.04
Melissa Guanella - 2/24/00 MWC at Air Force	2999	9.92	4' 10 1/2"	34' 4 3/4"	16' 3 1/4"	2:41.78
Suzanne Nguyen - 2/26/04 MWC at Air Force	2972	10.02	5' 1 3/4"	25' 2 1/2"	15' 11 1/4"	2:32.52
Susanna Orvainen - 2/24/00 MWC at Air Force	2931	9.67	5' 1"	34' 3/4"	16' 1/2"	2:56.97
Darcy Ahner - 2/30/90 WAC at Air Force	2857					
Stefany Sefliff - 2/26/04 MWC at Air Force	2840	9.79	4' 11 1/2"	27' 2 1/2"	15' 6 1/4"	2:41.94
Kelly Fortner - 2/22/07 MWC at New Mexico	2837	10.07	4' 4"	37' 10 1/2"	17' 3"	2:45.03
Katherine Callahan - 1/26/01 at Air Force	2796					
Bridgid Iswoth - 2/26/04	2743	10.11	4' 11 1/2"	28' 7"	17' 0"	3:00.01



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

JANUARY 16, 2010 LOBO INDOOR OPEN

COACHES CORNER: The first meet of the year is always interesting, both for coaches and athletes. The Lobos returned to the Mondo track after a month hiatus to compete in the annual Lobo Open. The purpose of the Lobo Open has always been to have a small, low-key event, with an "easing" back into competition. But with the Albuquerque Convention Center playing host to the USA Indoor Championship in late February a bevy of national-class, and world-class athletes came to the banked 200 meter facility to test out their mettle. Other than a smattering of unattached and high-level athletes, collegiate teams from New Mexico State, Adams State, and New Mexico Highlands came to ABQ. For the Lobos, one way to compare how the team did in this non-scored, open competition was to put UNM performances from this year against the 2009 Lobo Open times, heights, or distances. On the men's side there were 9 events which could be compared from last year to this year. The others wouldn't since last year the 300, 600, and 1000 meter distance were contested, whereas this year the 200, 400, and 800 were run. In the men's events we could compare (60, 60H, 1 mile, 3000, LJ, TJ, HJ, PV, WT) and the 2010 edition was far better in 6, the 2009 team superior in one, and two almost identical. Not bad. On the women's side ten events could be compared from last year to this year (60, 60H, 1 Mile, 3000, 4x400, LJ, HJ, PV, Wt, SP) and clearly the 2010 team was superior in 8 events, with two being a toss-up. So one could safely say the 2010 men's and women's team is slightly, if not significantly ahead of the 2009 team, which is encouraging and exciting.

Kirk Hops, Steps, and Jumps To #9 All-Time Indoors

Sophomore **Ty Kirk** (Rolling Meadows, Arlington Hts., IL), who didn't compete last indoor season, but was All-MWC outdoors started his indoor campaign the right way. On Ty's opening effort, he came down the runway with good speed, and held his technique to record a 48' 0" distance. That distance moves him into a tie with Per Crona's 1973 effort as the 9th longest jumper in UNM indoor TJ history.



The Calm before the Storm..... Speedy Stuff
Pictured getting ready for some fast-paced action in the 60 meters are froshie **Zach Smith** (Kentlake, Kent, WA)

on the right, and Ty Kirk on the left. Zach improved on his performance from the December 3rd meet at N. Arizona lowering his best to 7.25. Ty finished the race with a 7.15 while **De'Vron Walker** (Los Angeles, CA) clocked a collegiate best of 6.99.



Paxton Returns with Shot Put Win

Sr. **Briana Paxton** (La Cueva, Abq, NM), who redshirted last year returned to representing the Cherry & Silver with a solid, first place effort. After an opening toss of 41' 10", which basically got the jitters out of the way, BP, who is a rotational thrower, shifted over her left side well, transferred her speed through the middle of circle to a solid support phase, and then finished off with a nice long extension to heave the 4 kilo (8.8 lb) sphere to a 42' 11 3/4" distance.

BP ready for the throw, then analysis with Asst. Coach Derek Mackel



She's Baaaaack!!!!!!

Most MWC schools probably didn't miss seeing multi-talented senior **Sandy Fortner** (Ft. Sumner, NM) last year as she recovered from a knee injury. After qualifying to the 2008 NCAA Indoor meet in the Pentathlon, last year while her competitors were landing in the sand, or skimming barriers SF was going through the agonizing rehab effort to return from injury. Sandy opened up with an 18' 7 3/4" effort, before pushing it out to 19' 4" on her third attempt, just four inches shy of her all-time best. To put that into perspective, Sandy ranks #3 all-time indoors at 19' 8", and her winning effort of 19' 4" would still place her as #5 all-time indoors! Sandy's distance was good enough to hold off sr. **Deanna Young** (Highlands, Albuquerque, NM) who was competing unattached in this meet. Deanna, produced an all-time indoor best of 19' 2" her longest by about five inches.





Schweigert Out Leaps Field in High Jump

Frosh **Marin Schweigert** (Robertson, Las Vegas, NM) only had to clear two heights to come away with the victory. Marin cleared 4' 10 1/4", then had a miss at both 5' 1/4" and 5' 2 1/4" but cleared on her second attempts. Once MS sailed over 5' 2 1/4" she had the competition won. She then cleared 5' 4 1/4" before taking three attempts at 5' 5 1/4".



De'Vron Walker prepares for the 200 meters.



*Senior **Carolyn Boosey** (London, England) is pictured during the 800 meters. Carolyn easily cruised to a victory in 2:19.22. She then came back an hour later and took runner-up to victorious **Shawna Win-negar** (Santa Fe, NM) in the 3000. Shawna toured the 15 laps of the 200 meter track in 10:31.41 while Carolyn crossed the finish line in 10:34.90.*

Sophomore **Patrick Ortiz** (Pecos, NM) heading for home on the last lap of the men's 3000 meters. Patrick was the top collegiate runner finishing in an altitude adjusted time of 8:41.35. He went out in 2:22 for the first 800, duplicated that in his next 800 (coming through the mile in 4:44), then slowed ever so slightly to 2:24 for the third 800 of the race. Jr. **Cory Kalm** (Sandia, Abq, NM) lowered his PR to 8:54.86, an improvement of about 6 seconds



Selmon & Brazley Take Top Two Collegiate Spots in 60 Meters

Froshies **Precious Selmon** (Crystal City, MO) and **Tawsha Brazley** (Bosque, Abq, NM) bested all other collegians in the short sprint. In the prelims Precious clocked a 7.80 in the first heat, while Tawsha sped to a 7.82. For Tawsha that lowered her best from the December 3rd meet at NAU, and also moved her into the all-time Top 10 rankings at #10, four spots behind Precious. In the finals Precious lowered her first effort of the day as she clocked a 7.74, while Tawsha crossed the finish line in 7.86

Wilson Double PR's in 60 Hurdles

Jr. **Brian Wilson** (Estancia, NM) came into the season with a PR of 8.71 done last year at the MWC meet at Air Force. In the prelims of the hurdles he finished third, with a 8.60 PR. In the finals he got out well over the first two hurdles and then held off teammate **Richard York** (St. Clair, MO) to record another PR of 8.50, just a scant 1/100th of a second ahead of RY. Brian's 8.50 moves him to 7th best on the all-time indoor list, while Richard's 8.51 moves him to #8



Froshie **Ashley Miknis** (Broomfield, CO) on the inside and classmate **Monquisha Coleman** (Manzano, Abq, NM) on the outside come around the final turn in the women's 200 meter sprint.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol.

Results from Lobo Open, January 16, 2010

WOMEN

60	Precious Selmon 7.80 7.74 (1st)	Tawsha Brazley 7.82 (10,x) 7.86 (2nd)	Asal Salehpoor 8.10 8.22 (5th)
60H	Sandy Fortner 8.95 8.80 (1st)		
200	Shirley Pitts 25.56 (1st)	Sandy Fortner 25.85 (3rd)	Rachel Kelchner 26.47 (6th)
	Ashley Miknis 26.76	Monquisha Coleman 27.34	
400	Alex Darling 60.63 (3rd)	Christine Ostler 63.40 (5th) PR	
800	Carolyn Boosey (34-69-1:45) 2:19.22@ (1st)		
1 Mile	Michelle Corrigan (74-2:30-3:48) 5:01.67@ (1st) (9,10)	Laura Bowerman (75-2:34-3:58) 5:16.96@ (4th)	
	Erin Weeda (80-2:45-4:15) 5:40.37@		
3000	Shawna Winnegar (74-2:48-4:13-5:40-7:05-8:33-10:03) 10:31.41@ (1st)		
	Carolyn Boosey (85-2:48-4:12-5:40-7:08-8:38-10:08) 10:34.90@ (2nd)		
	Kelly McCabe (85-2:50-4:17-5:52-7:33-9:19-11:01) 11:30.88@		
4x400	Tawsha Brazley 57.8; Shirley Pitts 57.9, Rachel Kelchner 60.2, Sandy Fortner 58.4	3:55.12 (1st)	
	Ashley Miknis 63.7, Christine Ostler 62.6, Alex Darling 60.4, Monquisha Coleman 64.8	4:11.86	
High J	Marin Schweigert 5' 4 1/4" (1st)		
Pole V	Amber Menke 11' 7 3/4" (1st) (6,x)	Lauren Jaramillo 11' 1 3/4" (2nd) (9,x)	
	Kelly Fortner 10' 8" (3rd) PR	Sara Lee 10' 8" (3rd)	
Long J	Sandy Fortner 19' 4" (1st)	Precious Selmon 18' 3 3/4" (3rd)	
	Asal Salehpoor 17' 11 3/4" (5th)	Monquisha Coleman 14' 11 1/2" PR	
Shot P	Briana Paxton 42' 11 3/4" (1st)		
Wt	Tammi Williams 43' 3" (5th)		

MEN

60	De'Vron Walker 6.99 6.99 (1st)	Ty Kirk 7.15	Zach Smith 7.25
60H	Brian Wilson 8.60 PR 8.50 (1st) PR	Richard York 8.53 8.51 (2nd)	De'Vron Walker 9.07
200	Kendall Spencer 22.15 (1st)	Richard York 22.31 (2nd)	Derek Montoya 22.58 (4th)
	De'Vron Walker 22.79 (5th)	Brian Wilson 23.19 (6th)	
400	Ryan Steadman 50.29 (1st)	Derek Montoya 50.59 (2nd)	
	Josh Lovato 50.86 (3rd)	Derek Halladay 51.56 (4th)	
800	Raffi Cote (27-54-1:24) 1:53.64@ (1st)	Sid Scheer (27-57-1:29) 2:03.39@ (2nd)	
	Cory Kalm (27-57-1:30) 2:05.03@ (3rd)		
1 Mile	Matt Everett (64-2:07-3:09) 4:12.84@ (1st) PR	Brian Vallie (64-2:08-3:18) 4:25.58@ (2nd)	
	Cory Kalm (64-2:09-3:21) 4:26.97@ (3rd)		
3000	Patrick Ortiz (71-2:22-3:33-4:44-5:34-7:08-8:20) 8:41.35@ (1st)		
	Cory Kalm (72-2:23-3:35-4:48-6:02-7:18-8:33) 8:54.86@ (2nd) PR		
Pole V	Sam Potter 15' 7" (1st) PR	Kyle Walker 15' 7" (1st)	Chris Dodds 14' 1 1/4" (3rd)
Long J	Kendall Spencer 23' 6 1/4" (1st)	Zach Smith 22' 11" (2nd) PR	
	Richard York 21' 10 3/4" (3rd)	Brian Wilson 21' 0" (4th) PR	
Triple J	Ty Kirk 48' 0" (1st) (9,x)	Zach Smith 44' 11 1/2" (2nd)	
Shot P	Bradley Maestas 41' 1 1/2" (3rd)		
Wt	Bradley Maestas 37' 1 1/4" (3rd)		



University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

JANUARY 23, 2010 Cherry & Silver Invitational

COACHES CORNER: After last weeks Lobo Open, which was a low-key affair, the Cherry & Silver Invitational picked up the intensity level significantly. With Stanford, California, Houston, BYU, and Arizona in the house, there were a number of excellent performances all around. When the meet was over here is what we had: 26 NCAA Automatic or Provisional qualifying marks, 2 facility records, 1 facility tying performance, 1 UNM school record, 20 changes to the UNM All Time Top 10 ranking, and 15 PR's (best-ever) marks for the Lobos. Whewwwwww. This meet felt much different than last weeks contest. After Christmas recess, everyone is just feeling their way, trying to acclimate to Division I competition. This week, with one more week of focused practice there was a different sensation, with much higher expectations, and more of a full-team spirit. In many events UNM athletes were at the forefront, vying for high places. It would be nice to see progressions like this from one week to the next all season long. Just imagine the possibilities by the MWC! A special mention needs to go to the froshies, those younger members of the team. All too often freshmen come in to major college Division I competition and have the “deer in the headlights” look to them, where they are overmatched and overwhelmed. The Lobo youngsters have talent, and generally don't seem to be overly fazed by taking a step up in competitive level from what they were experiencing just 8 or 9 months ago. An athletic team can only be successful with great senior leadership, and youthful exuberance from those youngsters. So we encourage our froshies to keep focusing on the little details because if you do the big details will fall in place easily.

Senior Makes a Majestic Entry into UNM Indoor Track

Jr. **Ruth Senior** (Norwich, England) pictured to the right took to the indoor track for her first race wearing the Cherry & Silver. It was certainly a rousing beginning as Ruth clocked an altitude adjusted 4:54.87, moving to the #2 all-time performer indoors at UNM. RS took off hard from the gun, covering the first 400 in 76 and hitting the 800 in 2:29, with a good cushion on the rest of the field. Coming through the 1200 in 3:44 an Arizona runner started to pull in RS ever so slightly. On the last lap (200 meters) the two had a stirring battle, going neck and neck right to the finish line. The picture shows the two on the final turn before the homestretch. Thank goodness for electronic timing camera's as the finish was too close to call. RS came up 1/100th of a second short of coming away with a victory, but still has already stamped her mark in the record books. Her time is the third fastest ever.



Menke Matches PR in PV - Sophomore **Amber Menke** (Cibola, Abq, NM) matched her best ever clearance of 11' 7 3/4" in finishing 7th in a star studded field. Of the six athletes that finished ahead of her, four of them were ranked 12th, 13th, 19th, and 25th nationally last year, one other was an NCAA regional qualifier the year before, and one other was the #1 rated HS'er in the country last year. That outstanding field yielded two NCAA provisional qualifying marks! AM opened up at 10' 8" and cleared on her second attempt, and then took three attempts to get over the next bar of 11' 1 3/4". She then sailed over 3.55 meters (11' 7 3/4") on her first attempt, before taking three shots at 3.70 meters (12' 1 1/2"). Finishing 10th but hitting a new indoor PR was sr. **Kelly Fortner** (Ft. Sumner, NM) who upped her best from 10' 8" to 11' 1 3/4". That height also moves her to the 10th best performer all-time indoors at UNM.

SPENCER PUTS THE DOWN

SIZZLES DOWN SPRINT STRAIGHT TO NEW INDOOR SCHOOL RECORD IN 60 METER DASH

Kendall Spencer (San Mateo, CA) UNM's convivial frosh missed the 60 meter indoor school record of 6.86 by a whisker in his first indoor meet on December 3rd over at Northern Arizona as he ran to a 6.87. This week he was on the other side of the fence as he rocketed to a UNM best-ever mark of 6.85. In the prelims, KS clocked 6.90 to qualify as one of eight men in the finals. That 6.90 clocking is the fourth fastest performance all-time. In the finals Kendall got out conservatively, but pressed hard in the middle of the race to flash across the line with a 6.85 time, good for sixth place overall, the fifth collegian. KS can now proudly say that he is the fastest ever over 60 meters and in his brief college career (3 meets) now has the #1, #3, #4 fastest times ever! Quite an impressive start.





TRUJILLO RUNS FAST SPLIT ON 4 x 400 RELAY

Sophomore **Thomas Trujillo** (Rio Rancho, NM) pictured at the start of the 60 meter sprint, clocked the fastest leg of the 4 x 400 Relay (48.7) which pleased Coach Franklin. Why you ask? UNM is loaded for a chance to run a very fast time, and compete with the best in the country this year in the Distance Medley Relay (1200-400-800-1600). With UNM's sterling middle/long distance group, the only question has been who will run the 400 meter leg of the relay. TT took a major step forward in advancing his claim on that 400 spot. Any other takers out there?



Darling Moves to #4 All-Time in 800 Meters

Sophomore **Alex Darling** (La Cueva, Abq, NM) entered the season with a PR of 2:14.78 achieved at the Lobo Invt. January 30th, 2009. This week she lowered her best to 2:13.14, moving from #8 to #4 all-time indoors. Just as in other events Alex was faced with a daunting task. In the race was former NCAA champion Alyssa Johnson from Cal, Nachele Stewart from BYU, who was a 2:07 runner, and Sofia Oberg from Cal, who was the Swedish national champion in 2:04 last year. Alex got out over the first 200 in 32 and came through the second lap in 33 seconds for a cumulative 400 split of 65.1 seconds. She kept pressing the pace and got to the 600 meter split in 1:38.9 (33.8 lap). The picture shows her going into the last 200 meters which she covered in 34.2.

Walker Up to #3 All-Time Performer in 60 Hurdles and Clocks #5 & #6 fastest Times

Froshie **De'Vron Walker** (Los Angeles, CA) whacked a hurdle last week at the Lobo Open and couldn't show his "stuff". This week DW came out and produced two of the ten fastest times all-time in UNM indoor history. In the prelims of the 60 Hurdles De'Vron clocked the fastest time of all 18 barrier-skimmers, as his 8.25 makes him the 3rd fastest athlete all-time with the 5th fastest time. In the 8 man final De'Vron was just a tad off his prelim time as he finished 3rd overall with a 8.29, which is still the 6th fastest time ever run over the 60 meter hurdle distance. The picture show De'Vron preparing for the finals of the hurdle race. Clocking 8.42 (lowering his best from 8.51) was froshie **Richard York** (St. Clair, MO). His time of 8.42 in the prelims earned him the final qualifying spot in the final, where he clocked 8.51 to finish sixth. The time of 8.42 moves Richard up to #4 all-time indoors at UNM, with the 10th fastest time ever.



Froshie Tawsha Bra-zley (Bosque School, Abq, NM) holding off the field up the backstretch of the 400 meters. TB lowered her PR to 58.36 in the race.



A Lobo Sprinter under the watchful eye of Assistant Sprint coach Giles McDonnell who is analyzing the technical aspects of her starting process.

Fraser Wins Exciting Lean at Finish Line in 1 Mile

Sr. **Rory Fraser** (Leicester, England) came into the Cherry & Silver meet with a PR of 4:06.56 achieved one year ago at this same meet. This year Rory was paced early by Matt Everett as he wanted to get a fast time, and did not want to deal with a tactical pace. Matt took Rory out in 63 seconds for the first 400 and got him to the 800 with a 62 second quarter (2:05 halfway split). Maintaining good cadence RF took the 1200 in 3:09, a 64 second quarter. Pressing hard the entire way started to take a little toll, but he was still in good shape. The first picture shows Rory coming up to the 1400 meter point of the race with one lap to go being stalked by Atencio Martinez, an unattached runner. The second picture show RF coming down the homestretch in a ballistic battle with Martinez. About 30 meters from the finish Martinez actually had about a one meter lead on Rory, but as is his indomitable make-up, RF gutted it out and leaned hard at the finish line, coming out on top by a scant 4/100ths of a second. Wow, 245 seconds of running to win by that! But for that hard work Rory was rewarded with a new PR of 4:04.99 which moves him up to #4 all-time indoors at UNM, with the 9th fastest time ever. Finishing as the second collegian (3rd overall) in the 15 person race was jr. **Keith Gerrard** (Isle of Man, United Kingdom) who clocked 4:13.20 in his first ever indoor race. Nailing down the fourth place collegiate spot was jr. **Brock Hagerman** (Markleville, IN) who clocked an altitude adjusted time of 4:15.88.



Selmon Goes 8.55 in 60 Hurdle Final, Good for Second Place

Froshie **Precious Selmon** (Crystal City, MO), the school record-holder in the 60 Hurdles at 8.47 clocked 8.61 in the prelims, the second-fastest overall time of the 23 hurdlers. In the final, Precious finished as the second collegian only being outdone by an NCAA Provisional qualifying performance by a Cal athlete. Still, that 8.55 time is the third fastest performance ever by a UNM athlete over the 60 meter Hurdle distance.

Gibson Cruises to Easy Victory in the 3000 Meters
Sr. **Ashley Gibson** (Newcastle, England) had teammate **Nicky Archer** pace her through the first 1600 meters of the race and then AG took over running consistently and efficiently to clock 9:55.93, the 10th fastest time ever run over the 3K distance. Ashley finished 20 seconds ahead of the second place runner!



Just Chilling & Jumping - Stories from the Sand

Junior bounder **Asal Salehpoor** (La Cueva, Abq, NM) is pictured just relaxing and preparing for the Triple Jump. The next picture is Asal on the runway, getting ready to blaze down the approach for her appointment in the sand! It was a good appointment as AS extended her all-time indoor best out to 36' 3 1/2" which placed her 8th.





Walker Mixes it Up with Talented Field Jr. Kyle Walker (Rio Rancho, NM) pictured to the left came into the season with an indoor best of 16' 4 3/4", achieved at the 2009 New Mexico Classic. Last week KW cleared 15' 7" and this week he upped that slightly, going over 16' in the process to record a 16' 3/4" height. Just as in the women's PV the field was outstanding with no less than six visiting athletes having made the NCAA Regional qualifying standard last year. The top ranked vaulter in attendance was ranked 6th in the country last year. After passing through 14' 7 1/2", Kyle cleared 15' 1" on his first attempt, and matched that at 15' 7". At 16' 3/4" he missed twice before clearing on his third attempt. He took three attempts at 5.05 meters which is 16' 6 3/4". The height of 16' 3/4" placed Kyle 7th in the competition. Decathlete **Brian Wilson** (Estancia, NM) hit a huge PR as he cleared 13' 7 1/4", over a foot higher than his previous best.

Throwing Things Around

Sr. Matthew Henry-Marshall (Albuquerque, NM) was able to grab 5th place in the 35 Lb. Weight Throw as he spun the ball out to 53' 9 3/4". Over in the Women's Shot Put sr. **Briana Paxton** (La Cueva, Abq, NM) finished 8th with a distance of 42' 11".



Emanuel Snags NCAA Mark in 800, Kirwa Hits Big PR

Sr. Lee Emanuel (Hastings, England) came into the meet with an indoor PR of 1:50.15 which he did at the Mountain West Conference meet last year. He also had another top mark from 2009 as he ran 1:50.30. With four sub-1:50 800 runners in the field the plan was for David Bishop to take the race out hard, and act as a pacesetter. David took the field out with Lee in tow and they hit 25.8 for the first 200 and then 53.2 at the 400 (27.4 lap). Lee pressed hard and sped through the 600 meter mark in 1:21.3 (28.1 lap) with three others right on his back. Pictured is action going up the backstretch with Lee on the inside Golden Coachman formerly of Mississippi State on the outside, and Abdi Hasson from Arizona/Justin Hedin from BYU breathing down their backs. All the way around the turn it was a dogfight each trying to not break down. At the finish only 43/100ths of a second separated the first four runners. Lee finished third in the race with a 1:50.31, the fourth fastest time ever run at UNM (Lee already owns #2 & #3). **Sr. Jacob Kirwa** (Eldoret, Kenya) who in the picture is hanging on to the back of the back got a big PR as he lowered his best 800 from 1:56.56 all the way to 1:52.11. That time moves him to the #7 all-time performer in the 800 with the 10th fastest performance all-time.



Froshie Raffi Cote (Grand Junction, CO) was UNM's top finisher in the 400 meters





This picture shows the height of the banked turns at the Convention Center track facility. Assistant coach Erin Howarth is standing on the floor, while Head coach Joe Franklin is standing at the top of lane six at the highest point of the bank. Lets play Physics 101.

Question: Why is the track banked?

Professor Franklin: I'm glad you asked. First I have to explain two phrases, centrifugal and centripetal force. Both terms describe forces associated with circular motion, but let's start with a straight line analogy. If you are in a car whose speed is increasing, the car is being accelerated by a force applied in the direction of travel. Inside the car, you feel as though a force is pushing you back in your seat toward the rear of the car. Those two forces, one forward and one backward, are the straight line equivalents of centripetal and centrifugal force in circular motion. If the car described above is moving at a constant speed, but changing direction as it travels around a curve, it ALSO is accelerating. Acceleration occurs anytime VELOCITY changes, and velocity is defined as a combination of speed AND direction. The car is changing direction because of a force (supplied by friction between road and tires) directed toward the center of the curve. That is the centripetal force, which is always directed toward the center of the curve. When you swing a weight around your head at the end of a string, your hand supplies the centripetal force to keep the weight moving in a circle. Back inside the car, you feel a force pushing you AWAY from the center of the curve. That force is called centrifugal force, which is always equal in magnitude but opposite in direction from centripetal force.

Sooooooo, the banked turn helps runners as they apply force around the turn and it "slings" them around the turn.

Aren't you happy you asked?



Sandy Fortner gets ready to attempt 5' 6" in the High Jump



Hot action coming down the home-stretch



The Home of the Lobos



The Lobo Track & Field teams have a great Sport Medicine staff that keeps the team healthy & ready to compete

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER** and **PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol.

Results from CHERRY & SILVER, January 23, 2010

WOMEN

60	Precious Selmon 7.81	Sandy Fortner 7.96	
60H	Precious Selmon 8.61 8.55 (2nd) (x,3)	Sandy Fortner 8.95	
200	Tawsha Brazley 25.54	Shirley Pitts 25.60	Ashley Miknis 26.81 Rachel Kelchner 27.28
400	Tawsha Brazley (26.2) 58.36 PR	Rachel Kelchner (27.4) 58.70 PR	Shirley Pitts (25.8) 59.74
	Ashley Miknis (27.3) 59.85 PR	Bianca Martin (28.2) 60.77	
800	Alex Darling (32-65-1:38.9) 2:13.14@ (3rd) (4,6) PR	Emma Reed (32-68-1:46) 2:24.15@	
	Christine Ostler (35-71-1:50) 2:28.10@		
1 Mile	Ruth Senior (76-2:29-3:44) 4:54.87@ (2nd) (2,3)	Laura Bowerman (79-2:41-4:04) 5:24.29@	
3000	Ashley Gibson 9:55.93@ (1st) (x,10)		
4x400	Bianca Martin (60.7), Alex Darling (60.4), Emma Reed (64.5), Ashley Gibson (61.7)	4:07.53 (7th)	
High J	Sandy Fortner 5' 4 1/4"	Marin Schweigert 5' 4 1/4" =PR	
Pole V	Amber Menke 11' 7 3/4" (7th) =PR	Kelly Fortner 11' 1 3/4" (9,x) PR	Aditi Majumdar 10' 8"
	Lauren Jaramillo 10' 8"	Sara Lee NH	
Long J	Asal Salehpoor F - F - 17' 5 1/2"		
Triple J	Asal Salehpoor 34' 5" - 35' 9 1/4" - 36' 3 1/2" - 36' 2 1/4" (8th) PR		
Shot P	Briana Paxton 39' 10 1/2" - F - 42' 11" - F - 41' 3" - 40' 10 1/4" (8th)		
Wt	Tammi Williams 42' 4 1/4"		

MEN

60	Kendall Spencer 6.90 (x,4) 6.85 (5th) (1,1) PR - <i>New Mexico Indoor Record (old record Aaron Brack, 6.86, 2006)</i>		
	Thomas Trujillo 7.09	De'Vron Walker 7.12	Ty Kirk 7.17
60H	De'Vron Walker 8.25 (3,5) PR 8.29 (3rd) (x,6)	Richard York 8.42 (4,10) PR	8.51 (6th)
	Brian Wilson 8.61	Jeremy Lee 9.19	
200	Kendall Spencer 21.83 (6th) (8,x) PR		
400	Raffi Cote (24) 50.22	Derek Montoya (24) 50.85	Josh Lovato (24) 51.17
800	Lee Emanuel (25.8-53.2-1:21.3) 1:50.31@ (2nd) (x,4)	Jacob Kirwa (26-54.4-1:23.1) 1:52.11@ (6th) (7,10) PR	
	Rory Fraser (27-55-1:25) 1:54.13@ (8th)	Ryan Steadman (27-55-1:24.3) 1:55.31@	
	Sid Scheer (27-57-1:29) 2:01.31@ PR	Chad Clark (26-56-?) 2:13.97@	
1 Mile	Rory Fraser (63-2:05-3:09) 4:04.99@ (1st) (4,9) PR	Keith Gerrard (65-2:09-3:15) 4:13.20(2nd)	
	Brock Hagerman (65-2:09-3:15) 4:15.88 (4th)		
4x400	Raffi Cote (50.2), Thomas Trujillo (48.7), Richard York (50.2), Ryan Steadman (50.1)	3:19.24 (5th)	
	Derek Montoya (50.1), Brian Wilson (51.9), Josh Lovato (50.5), Jeremy Lee (52.7)	3:25.21	
Pole V	Kyle Walker 16' 3/4" (7th)	Richard York 14' 1 1/4"	Chris Dodds 14' 1 1/4"
	Brian Wilson 13' 7 1/4" PR	Jeremy Lee NH	
Long J	Zach Smith 21' 4 3/4" - 21' 9" - F - 22' 7 1/4" (8th)		
Triple J	Ty Kirk 46' 9" - 45' 10 3/4" - 46' 1/2" - 46' 10"		
High J	Brian Wilson 6' 2 1/4" (8th) PR	Richard York 6' 2 1/4"	Jeremy Lee 5' 8 1/2"
Wt	Matthew Henry-Marshall F- 53' 8 1/2" - F - 53' 9 3/4" - F - F (5th)		
	Bradley Maestas 41' 3" - 41' 5 3/4" - 39' 2" - 39' 8" - 40' 6 3/4" - 40' 0" (7th)		



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

January 29 - Lobo Team Challenge

January 29 - Indiana Relays

January 30 - New Mexico Invitational

MEET REVIEW:

That heavy panting sound you hear is the outcome of the frenetic (or some would say frenzied) pace of the two day indoor track & field extravaganza where 643 athletes competed in 68 events within a 24 hour period. Last week's Cherry & Silver Invitational culminated with 26 NCAA qualifying performances, 2 Convention Center facility records, 1 UNM indoor school record, 20 changes to the Lobo All Time Top 10 rankings, and 15 athlete PR's. Its almost like this week our athletes, and the visiting athletes said.... humph, that was nothing, watch what WE can do. And what was the response from this weeks contingent of athletes? There were 32 Lobo PR's, 5 Convention Center facility records, 23 NCAA qualifying performances, 16 changes in the all-time top 10 rankings, and 7 USA Championship qualifying performances. Whew-wwww! Now thats what we call a track meet! I guess with the final regular home indoor meet, and arguably the biggest and best headed our way this coming Friday & Saturday we should be prepared for just about anything. While top 10 rankings for the Lobos haven't been kept until recently, it would be hard-pressed for anyone in Lobo history to come up with a more impressive 7-day assault on the record books. And why is this happening? In large part the Lobo teams have done a very nice job of bonding together, building positive team energy, and addressing both the technical and psychological issues at hand which results in progressive advancements in performance. Currently the Lobo men and women have 28 performances that rank in the top 8 of the Mountain West Conference. With 8 places scoring at the conference championship coming up in four short weeks everyone needs to keep focused on helping the Lobo team accumulate the maximum number of points.

Emanuel Sets New Indoor 1 Mile School Record at Indiana Relays and Moves to #1 in NCAA

Bloomington, Indiana - Indiana University and their Elite post-collegiate racing team put together a fantastic field of both collegiate and professional milers in the marquee event at the annual Indiana Relays in Gladstein Track & Field Complex. A packed house came to see Sr. Lee Emanuel (Hastings, England) line up with no less than five other athletes capable of going under the magic 4:00 barrier. At the gun, the designated pace-setter took off and essentially left the field, not being disciplined enough to stay patient and do his job. That meant Lee had to lead the other eight runners. They passed the first lap (200 meters) of the banked Mondo track in 29.5 and hit the 400 in 58.9 (a 29.4 lap), a tad slower than what they wanted. Lee continued to lead as he hit 1:28.7 (29.8 lap) and 1:59.2 (30.5 lap) for the halfway point of the race. On each lap the noise inside Gladstein fieldhouse was getting louder and louder. Like a metronome Lee clicked off a 29.3 which got him to the 1000 meter point in 2:28.5, then a 29.5 for a cumulative 2:58.0 at the 1200 meter point. By this time the public address announcer was shouting into the microphone just to be heard as the noise was deafening. Still leading Lee put the hammer down as he clicked off a 29.0 lap passing 1400 meters in 3:27.0. Not letting up LE pulled away to cross the finish line in a marvelous 3:57.62, taking 29/100 off his record which was set last year. Lee's performance not only propels him to the top of the leaderboard in the NCAA, it catapults him to the #5 ranking in the world at the present time. And just think.....he hasn't even started to taper for the end of the season yet! Stay tuned.



HURDLE HEAVEN

UNM's two first-year athletes in the 60 Hurdles have certainly made their presence known. Precious Selmon (Crystal City, MO) pictured to the left doing her other main event (LJ) came out of the gate quickly as she churned a 8.54 clocking in the prelims to have the fastest time of all 14 athletes. That time is the fourth fastest all-time at UNM. In the finals she scooted out of the blocks leaving everyone in her wake to flash across the finish line in 8.47 equaling her school record. After just four meets PS owns four of the six fastest times ever run in the 60 Hurdles. De'Vron Walker (Los Angeles, CA) easily qualified for the finals of the hurdles as he clocked an 8.33, the 9th fastest time ever at UNM. In the finals DW cut a whopping 14/100ths off his existing PR as he skimmed the barriers to a new PR of 8.11, finishing second overall. That finish moves De'Vron up to #2 all-time performer at UNM with the #2 all-time fastest time. Like Precious, after just four meets De'Vron owns five of the ten fastest times ever run in the hurdles!



INVERSION DYNAMICS

The upside club of women Pole Vaulters had a great day on Friday as three of the five hit new indoor PR's, two sailing over 12 feet for the first time. **Jr. Lauren Jaramillo** (Albuquerque, NM) came into the meet with a best of 11' 1 3/4" set at the Lobo Open on January 15th. Likewise, **sr. Kelly Fortner** (Ft. Sumner, NM) came in with the same PR as Lauren that she established last week at the Cherry & Silver Invi-



tational. Lauren opened up her night at 10' 2" and she easily cleared on her first attempt. At 10' 8" both Kelly and Lauren cleared on first bar attempts. Moving the crossbar to 11' 1 3/4" their old PR's they both cleared on first-bar attempts. At 11' 7 3/4" Kelly momentarily struggled as she missed twice before finally clearing on her third attempt. Lauren meanwhile had no problems in establishing a new PR on her first attempt. At 3.70 meters (12' 1 1/2") Kelly again had to take all three attempts to clear, while Lauren only needed two. Both finally ran out of steam at 3.85 meters, 12' 7 1/2" but its exciting to see their progressions. They move to #3 all-time indoors at UNM with their clearances which is a significant improvement. **Sara Lee** (House, NM) came in with a PR of 10' 10" and she raised that to 11' 1 3/4", leaving her just one more bar clearance outside of the all-time top ten rankings. Pictured to the left is Lauren just moments after she cleared 12' 1 1/2" (with plenty of adrenaline flowing) and on the right Kelly getting inverted on her 12' 1 1/2" clearance.

Fraser Brings Crowd to its feet in 3000 Meter Record Run

Sr. Rory Fraser (Leicester, England) UNM's expansive distance demon must sit up nights thinking about exciting finishes. Last week RF took an early lead in the mile, got caught in the homestretch, then pulled out an ever-so-close finish to come away with a new PR of 4:04.99. This week Rory was running the 3000 meters, more suited to his distance pedigree. A stellar field of distance runners toed the line for an assault on an NCAA automatic qualifying time, which would be very difficult at altitude. Rory was content to sit in the front group during the early part of the race as the post-collegiate pro's in attendance were happy to do the work. Through the first 2000 meters Patrick Smyth, a former Notre Dame multiple time All American led the race. Then shortly after that RF got antsy, and spurred to the lead, putting a little distance between himself and Smyth. With less than two laps to go (400 meters) Smyth, well known for being a gutsy competitor, came back on Rory, and went by him. For a moment it looked like second place was at hand. But with less than 100 meters to go, Rory dug down, pulled up on Smyth coming off the last turn, and flew by him to the outside, bringing the crowd to a crescendo. RF flashed by the finish line in a new UNM record of 7:56.31 knocking off his old PR of 8:03.75. That performance also placed his name high on the list of NCAA competitors (#4 nationally). Finishing in 3rd place collegiately, and moving to #10 all-time at UNM was **jr. Brock Hagerman** (Markleville, IN) who clocked 8:18.61 far below his previous PR of 8:25.86. Perhaps the biggest loser (thats a good thing in track) was soph. **Matt Everett** (La Cueva, Abq., NM) who has developed greatly over the last six months. Matt came into the meet with a PR of 9:22.47 set last year, and he crossed the line in 8:24.94!!! Now thats improvement.



Rory sits in 3rd in the picture on the left as Brock is pictured on the right with one lap to go



Pitts Finishes Third in 400 Meters, Moves to #8 all-time: Froshie Shirley Pitts (Bonanza, Las Vegas, Nev) did double duty, hitting a new PR of 25.37 in the 200 meters, and then moving up the ranks in the 400. SP got out well and really pushed through the middle part of the race to get into the homestretch in good position. Her time of 57.67 places her among the best that ever have run the event.

Sophomore Ty Kirk (Rolling Meadows, Arlington Hts., IL) was faced with the prospect of competing against five athletes who had gone over 50 feet in the Triple Jump. So TK came up with his best ever distance of 48' 10" to show them his stuff. Pictured is Ty flying down the elevated runway enroute to his PR jump, which moves him to #8 all-time in the hop, step, and jump.



Darling Does Delightful Distance Double

Sophomore **Alex Darling** (La Cueva, Alq. NM) has been on a hot streak over the last couple of weeks. This week she pulled off a dandy distance double, hitting PR's in both the 800 and 1 Mile distances. On Friday evening, Alex toured the 8 laps of the mondo track in 4:58.00, good for third place overall, and a time that moves her from #7 all-time with a previous PR of 4:59.72 to #5 all-time. Finishing 5th and coming up just a little short of entering the all-time 1 Mile top club was froshie **Bianca Martin** (Westview, Beaverton, OR) who clocked a fine 5:02.40. On Saturday, both Alex and Bianca came back in the 4-lapper (800 meters). Feeding off the energy gained in racing well on Friday, they hit all-time top ten performances of 2:12.88 (Alex #4 all-time) and 2:14.14 (Bianca #9 all-time). Those times placed them third and fourth in the race. On Friday, sr. **Ashley Gibson** (Newcastle, England) had no competition and had to run all by herself in the 800 winning by five seconds as she clocked a PR of 2:13.28, moving to #5 all-time.



Sr. Jeremy Lee locked and loaded in the 60 meter Hurdles



Paxton Ups Seasonal Best in Shot Put
Sr. **Briana Paxton** (La Cueva, Abq. NM) made a substantial change in her throwing technique going from the rotational

method back to the more traditional glide method. The change appeared to work as she upped her seasonal best to 43' 8" in finishing 7th in Saturdays competition.

Oeding Enters All-Time Ranking in 3000 Meters >>>>>

Sophomore Lacey Oeding (Jasper, IN) didn't step foot on an indoor track last year as she red-shirted the entire season. In her initial foray into indoor track she made the most of it, touring the 200 meter Mondo track (15 times) with an altitude-adjusted performance of 10:04.28, eighth best all-time. LO who always has a strong kick got gapped by the first two runners early, and she just could not pull them back in, just missing out on the victory. Still, this first one was a good effort. On Friday night in another 3K, two Lobos lowered their PR's in solid efforts. Sr. Laura Bowerman (Tampa, FL) and soph. Shawna Winnegar (Santa Fe, NM) clocked 10:23.86 and 10:28.76 respectively. For Laura that was a 23 second PR.....yikes! Pictured to the right is Lacey at about the 7:00 mark of the ten minute race about 10 meters away from the leaders, trying to press the pace.





Thomas Trujillo

Kendall Spencer

Hot Action in 60 Meter Sprint

Any time that Texas Christian and Abilene Christian come to town, you know there will be plenty of speed and testosterone in the house as both are well coached outstanding sprint powers. There is nothing like the starting line of the 60 meter sprint, with ego and attitude in abundance, and everyone trying to collect themselves for the explosion that will follow. Just think about it, any twitch or millisecond mistake will cost you the race, and there is no margin for tactical or technical error. It is truly a zero sum event, either you get it right, or you get left behind. Now that is living on the edge in athletics. Sophomore **Thomas Trujillo** (Rio Rancho, NM) and froshie **Kendall Spencer** (San Mateo, CA) are pictured in lanes 6 and 3 respectively. This was the prelim race

where TT sprinted to a 7.05 clocking, while Kendall flashed across the line in 6.94, earning a spot in the final as the sixth fastest overall time in the race (with the 8 fastest going to the final). In the final KS clocked 6.92, the 5th fastest time ever run by a UNM sprinter.....and he finished behind five TCU athletes! While Kendall will get nothing but faster as he gains more experience, it was a tough lesson in Division I athletics.....to get better one must compete against great competition and raise the level of play. Put another way, Kendall already owns the UNM indoor school record of 6.85, and even if he had duplicated that performance would have finished only one place higher in the race. But he, along with the other sprinters WILL get better as they focus on the pursuit of athletic excellence.



High Jumpers Get Levitated
Sr. Sandy Fortner (Ft. Sumner, NM) improved on her seasonal-best height as she cleared 5' 6" to take third place in the Friday competition. Froshie **Marin Schweigert** (Las Vegas, NM) has been the model

of consistency as she has cleared 5' 4 1/4" every single meet so far this indoor season. Pictured is Marin clearing the bar early in the competition on Friday during the Lobo Team Challenge.



Prelim action in men's 60 Hurdles with Brian Wilson (Estancia, NM) on the left (lane 5) and Richard York (St. Clair, MO) on the right (lane 3). BW just missed his PR of 8.50 by a scant 2/100ths of a second.



Froshie sprinter **Christine Ostler** (La Cueva, Abq, NM) prepares for the start in the 400 meters. CO took a huge chunk off her old PR as she clocked 61.98, an improvement of 1.42 seconds!



Assistant Coach Erin Howarth yelling both splits and encouragement during the women's 3000 meters.



Kirwa Has Exciting Finish in 1 Mile

Sr. Jacob Kirwa (Eldoret, Kenya) came into the Lobo Challenge not having run either an indoor mile or outdoor 1500 meters before. He had run 800's, 3000's, 5000's, and 10,000's, but never a mile. Well JK made his first mile a special one churning out a 4:06.18, and moving to #7 all-time indoors at UNM. Jacob was content to let Festus Kigen from TCU and Anthony Gauthier from Adams State do the bulk of the work through the first 1400 meters in the race. Then at that point Jacob turned up the cadence, and passed the ASU runner, pulling in the TCU runner. Going into the last lap (pictured) Jacob was beamed in on the back of Kigen. They went at it the entire last 200 meters, and coming off the final turn into the home straight, Jacob got up on Kigen's shoulder, and they both leaned for the finish line at the same time, with JK coming up just 13/100ths of a second short. Still it was a great mile for our senior stalwart.



Earlier in the newsletter it was mentioned about Matt Everett making major strides. Here is a picture of Matt in the 3000 where he set a new PR. Right behind him is Cory Kalm (Sandia, Abq., NM) who dropped 20 seconds off his old PR clocking 8:34.19, with red-shirting Sean Stam (Rio Rancho, NM) behind him in green who dropped 7 seconds off his PR clocking 8:33.92, and finally Alex Willis (Lake Country, Leadville, CO) who finished in 8:44.79.

Cote & Bishop Have a Go at the 800

Freshie Raffi Cote (Grand Junction, CO) and sr. David Bishop (Cippenham, England) were scheduled to race in a very talented field of half-milers. Cote, a walk-on who may be the surprise of the indoor season came into UNM with a lifetime best of 1:56.29. In his first meet he sizzled to a 1:53.64. Bish came into the season with a PR from the 2009 Cherry & Silver meet of 1:52.99. Both made quick work of their old PR's as RC chased Sean Zurko from TCU all the way to the line to cross in 1:51.78 and move to #6 all-time indoors. DB was right on his heels as he clocked 1:52.31 for third place and the #9 spot all-time indoors. The indoor 800 top 10 ranking has certainly had attention this year as no less than four current Lobo men have stamped their names into the list (Lee Emanuel #2, Raffi Cote #6, Jacob Kirwa #8, David Bishop #9). Its too bad the NCAA doesn't have a 4 x 800 Relay any longer....because as the MasterCard commerical always says.....imagine the possibilities!



Shawna Winnegar and Carolyn Boosey before the start of the 3000

Dodds Improves PR in Pole Vault
Froshie Chris Dodds (Wilson, West Lawn, PA) entered the weekend with a best of 14' 1", established at the Lobo Open. On Friday, Chris upped that to a solid 14' 7 3/4" height clearing 14' 1 1/2" and 14' 7 3/4" on his first attempt, before going out at 15' 1". On Saturday, just to prove that Friday was no fluke, CD duplicated the effort, again clearing 14' 7 3/4".

WHAT DO ALL THE SYMBOLS MEAN?

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Results from Lobo Team Challenge, January 29, 2010

WOMEN

60	Tawsha Brazley 7.88	Asal Salehpoor 8.17
60H	Precious Selmon 8.54 (x,4) 8.47 (1st) (x,=1) = PR	Sandy Fortner 8.75 8.77 (3rd)
200	Shirley Pitts 25.37 (7th) PR	
400	Shirley Pitts 57.67 (3rd) (8,x) PR	Tawsha Brazley 58.35 (6th) PR Rachel Kelchner 59.64 (8th)
	Ashley Miknis 60.23	
800	Ashley Gibson 2:13.28@ (1st) (5,8) PR	Emma Reed 2:21.06@ (5th)
1 Mile	Alex Darling 4:58.00@ (3rd) (5,6) PR	Bianca Martin 5:02.40@ (5th) Nicky Archer 5:04.23@ (7th)
	Allison Bedonie 5:33.98@	Kelly McCabe 5:36.41@
3000	Carolyn Boosey 10:14.32@ (3rd)	Nicky Archer 10:14.35@ (4th) Laura Bowerman 10:23.86@ (5th) PR
	Shawna Winnegar 10:28.76 (6th) PR	
High J	Sandy Fortner 5' 6" (3rd)	Marin Schweigert 5' 4 1/4" (6th)
Pole V	Lauren Jaramillo 12' 1 1/2" (1st) (3,x) PR	Kelly Fortner 12' 1 1/2" (2nd) (3,x) PR
	Amber Menke 11' 7 3/4" (3rd)	Aditi Majumdar 11' 1 3/4" (4th) Sara Lee 11' 1 3/4" (5th) PR
Long J	Asal Salehpoor 18' 5 3/4" (3rd) PR	Precious Selmon 18' 1 3/4" (5th)
Shot P	Briana Paxton 43' 7 3/4" (3rd)	
Wt	Tammi Williams 44' 7 1/2"	

MEN

60	Kendall Spencer 6.94 6.92 (6th) (x,5)	Thomas Trujillo 7.05 Ty Kirk 7.24 Zach Smith 7.29
60H	De'Vron Walker 8.33 (x,9) 8.11 (2nd) (2,2) PR	Richard York 8.51 8.54 (5th) Brian Wilson 8.52 8.60 (6th)
200	Thomas Trujillo 22.15 (7th)	
400	Josh Lovato 50.49 (4th) PR	Derek Halladay 50.52 (5th) PR Derek Montoya 50.63 (6th)
	Chad Clark 52.36	
800	Raffi Cote 1:51.78@ (2nd) (6,9) PR	David Bishop 1:52.31@ (3rd) (9,x) PR
	Ross Millington 1:53.71@ (6th)	Ryan Steadman 1:54.89@ (7th) Sid Scheer 2:01.15@ (8th) PR
1 Mile	Jacob Kirwa 4:06.18@ (2nd) (7,x) PR	
Pole V	Kyle Walker 15' 7" (1st)	Sam Potter 15' 1" (3rd) Chris Dodds 14' 7 1/4" (5th) PR
Long J	Kendall Spencer 22' 11 1/4" (2nd)	Richard York 22' 2 1/4" (3rd) PR Ty Kirk 21' 11" (5th)
	Jeremy Lee 19' 3 1/4"	
Shot P	Bradley Maestas 38' 5 1/2" (5th)	
Wt	Bradley Maestas 38' 4 3/4" (5th)	

Results from Indiana Relays, Bloomington, Indiana

Invitational 1 Mile Lee Emanuel (29.5-58.9-1:28.7-1:59.2-2:28.5-2:58.0-3:27.0) 3:57.62 (1st) (1,1) **PR**
New Mexico Indoor Record, Old Record, Lee Emanuel, 3:57.91, 2009)

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Results from University of New Mexico Invitational, January 30, 2010

WOMEN

400	Christine Ostler 61.98 PR		
800	Alex Darling 2:12.88@ (3rd) (4,6) PR	Bianca Martin 2:14.14@ (4th) (9,x)	
1 Mile	Carolyn Boosey 5:08.06@ (3rd)	Shawna Winnegar 5:13.50@ (6th)	Emma Reed 5:17.84@
	Kelly McCabe 5:36.41@		
3000	Lacey Oeding 10:04.28@ (3rd) (8,x)	Michelle Corrigan 10:10.95@ (5th)	Delyth James 10:16.77@ (6th)
	Erin Weeda 11:23.11@		
4x400	Tawsha Brazley 57.9, Rachel Kelchner 59.2, Ashley Miknis 59.2, Shirley Pitts 56.9	3:53.61 (4th) (x,9)	
	Christine Ostler 62.5, Emma Reed 63.3, Carolyn Boosey 65.3, Lynn Brasher 65.0	4:16.02	
Long J	Sandy Fortner 18' 7"		
High J	Marin Schweigert 5' 4 1/4" (5th)		
Pole V	Lauren Jaramillo 11' 1 3/4" (4th)	Sara Lee 10' 8" (5th)	
Shot P	Briana Paxton 43' 8" - 43' 2 1/4" - 42' 11 3/4" - 42' 5 1/4" - 43' 5" (7th)		
Wt	Tammi Williams 41' 1 3/4"		

MEN

200	Thomas Trujillo 22.40	Derek Montoya 22.44 PR	Josh Lovato 23.53
400	Chad Clark 52.32 PR		
800	Ross Millington 1:54.61@ (3rd)	Brian Vallie 1:57.07@ (4th)	Ryan Steadman 1:58.14@ (6th)
	Sid Scheer 2:00.71 PR		
3000	Rory Fraser 7:56.31@ (1st) (1,1) PR <i>New Mexico Indoor Record, Old Record, Lee Emanuel, 7:56.35, 2009</i>		
	Brock Hagerman 8:18.61@ (3rd) (10,x) PR	Matt Everett 8:24.94@ (5th) PR	Patrick Ortiz 8:28.24@ (6th) PR
	Cory Kalm 8:34.19@ (7th) PR	Allen Pittman 8:42.07@ (8th)	Alex Willis 8:44.79@
4x400	Raffi Cote 50.1, Thomas Trujillo 49.6, Derek Montoya 50.2, Ryan Steadman 50.2	3:20.43 (3rd)	
	Josh Lovato 51.8, Chad Clark 51.8, Jeremy Lee 52.9, Sid Scheer 53.5	3:29.00	
Long J	Zach Smith 22' 10" (7th)	Kendall Spencer 20' 6 1/2"	
Triple J	Ty Kirk 47' 5 1/4" - 48' 6" - 48' 10" - 48' 4" - F - 47' 3" (5th) (8,x) PR		
Pole V	Sam Potter 15' 1"	Chris Dodds 14' 7 1/4"	
Shot P	Brian Wilson 38' 3/4" PR	Brad Maestas 36' 7 3/4" Richard York 35' 7 3/4"	Jeremy Lee 34' 1 1/4"
Wt	Bradley Maestas 38' 1/4"		



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

February 5-6, 2010 New Mexico Classic & Combined Events
February 6, 2010 - Notre Dame Meyo Invitational

FORTNER HITS NCAA PROVISIONAL QUALIFYING MARK IN PENTATHLON

Sr. **Sandy Fortner** (Ft. Sumner, NM) had last done a Pentathlon at the 2008 NCAA Indoor Championships, where she scored 3905 points. Given she had injured her knee last year and couldn't do anything for the season, it was a much anticipated event for her. Athletes always love to test themselves, and the five-event Pentathlon does just that, requiring speed, skill, technique, power, and smarts....and Sandy has all of those. Her personal best ever score was the 4005 points she hit at the 2008 Mountain West Conference Championships and this effort of 3913 points is not only her second best point total, but the second best score in UNM history. Sandy started out her day in the 60 meter Hurdles where she has a lifetime best of 8.61 and a Pentathlon best of 8.66. She skimmed the barriers to an 8.82 clocking, good for 948 points. The next event, the High Jump is an event where she has a lifetime best of 5' 8 1/2" which was established within that 4005 point effort. Sandy uncharacteristically had trouble, only clearing 5' 3", which put her in a serious deficit as she focused on the NCAA qualifying standard. But as is with all great athletes, they rebound, and rebound she did going to the Shot Put and blasting out a fabulous toss of 44' 8 3/4". Her previous life-time best was 42' 4" and her Pentathlon best was 40' 2 1/4". How good is that effort? That distance moves her to #4 all-time indoor at UNM in the regular Shot Put event! The fourth event on the docket was the Long Jump, where SF's lifetime best is 19' 8" and Pentathlon best 18' 9 3/4". Sandy hit the sand at 19' 4 1/4" to keep up the assault on the NCAA standard, gathering in 819 points in the process. With one event left, the 800 meters this was the situation. Sandy had 3272 points in the bank, with 453 points (2:56.07) needed to hit the NCAA provisional qualifying standard of 3725 and 803 points (2:21.55) to reach the NCAA automatic qualifying standard. With a lifetime best of 2:28.35, the auto would be a stretch but SF went out and gave it a go, reaching the finish line in 2:34.23. With one more Pentathlon this season at the MWC Championships (which UNM is hosting) on February 25,26,27 it looks very positive for a return visit to the NCAA Championships.



York Takes Down Heptathlon Record in First Competition

Froshie **Richard York** (St. Clair, MO) duplicated what classmate Precious Selmon did on December 3rd over at Northern Arizona - take down a school record the first time competing in the event. For Richard, the seven-event Heptathlon record was 5263 points, set by Mark Johnson in 2004 during the Mountain West Conference Championship. A secondary goal was to take a shot at the NCAA Provisional qualifying standard which was 5325 points. In the first of seven events, RY sprinted to a 7.15 clocking in the 60 meters, the fastest Heptathlon time in UNM history eclipsing the old standard by 1/100th of a second. For that effort he received 830 points. Also PR'ing in that event was jr. **Brian Wilson** (Estancia, NM) who clocked 7.32. RY (pictured to the right) did not let up as he came out and hit a PR in the Long Jump spanning 22' 8 1/2", adding six inches to his UNM best. That gathered in 795 points. The third event, the Shot Put is a very difficult event for all young combined event athletes, as their physical strength with the collegiate ball (16 lbs.) hasn't matured as much as their technical advances, so RY could only muster a 33' 8" effort, gaining 501 points, the only event he didn't score at least 750 points. But just as Sandy Fortner did, Richard came roaring back in the High Jump, improving on his yearly best, clearing 6' 4 3/4" giving him 758 points. That is also the second highest Heptathlon height ever at UNM. At the end of the first day RY totaled 2884 points, well ahead of Johnson's school record pace of 2698, but Johnson was an excellent second day athlete, so Richard would have to bear down to surpass the record. On day two RY came out and skimmed the 60 meter Hurdles to a 8.56 clocking, earning 846 pts. Only Johnson's 8.49



from his record day is faster. In the Pole Vault RY came up with a seasonal best adding almost one foot to his best, clearing 15' 1", good for 790 points. That is also the second highest height ever in a combined event at UNM, only behind Johnson's 16' 3/4" clearance. So going into the final event of the competition, the 1000 meters, Richard needed 743 points to break Johnson's record (that converts to a 2:52.21 1000 meter performance) and 805 points (a 2:46.31) to hit the NCAA standard. RY took that challenge and went out setting a blistering early pace. His final time of 2:49.18 was good for 774 points. Finishing with 4752 points, and a new PR was Brian, who added almost 350 points to his previous best collection of points. Coming in with 4216 points in his first-ever Heptathlon was sr. **Jeremy Lee** pictured below getting ready to head down the Pole Vault runway.



Thomas Moves to #4 All-Time in 60 Meter Opener
Ohio State transfer Lamaar Thomas (Friendly, Ft. Washington, MD) who finished fourth in the Big Ten 100 meters last spring made his Lobo entrance a pretty good one as he clocked 6.94 in the prelims of the 60 meters to qualify for the finals, where he lowered that to 6.89. That finish moves LT all the way up to #4 all-time performer at UNM, with the #4 fastest performance.

The Irish Eyes were on them!

Three members of the distance group traveled to South Bend, Indiana to take advantage of the huge oversized 320 meter track at the University of Notre Dame. Usually a great place to run distance events, the 23rd Meyo Invitational didn't disappoint. In the Meyo Mile, sophomore **Ross Millington** (Stockport, England) was up against a solid field, with most trying to break the 4:00 barrier. The race went out quickly from the gun, with RM slightly back in the pack being as patient as he could. With the leaders coming through the 400 meters under 60 seconds, they were making sure it was going to be fast. At 800 meters the leaders hit 1:56, with Ross just slightly back at about 1:58ish. He was still near the back of the 12 athlete race, but within striking distance. At the 1000 meter mark the lead group put in a hard surge and gapped the field, and Ross seemed to get caught by the move, suddenly a good 30 meters down from the leaders. As the race went into the last lap (320 meters) the place was going crazy, and it seemed there were more people on the track, than on the infield, with the home straightaway a human tunnel. Going up the backstretch Ross started to unwind, and as is his trademark, started flying by people. Coming around the final turn as most of the lead group was tying up from the fatigue RM was on the outside going by one after another. When he hit the finish line it looked like he could have kept going, a good sign for the future. Ross's reward for the race was a 4:02.02 clocking, moving him to #3 all-time at UNM, with the #7 performance all-time. The only athletes in UNM history that have run faster than Ross are mates Lee Emanuel (#1, #2, #3, #6) and David Bishop (#4 & #5). Over in the Women's 1 Mile, seniors **Michelle Corrigan** (Green Bay, WI) and **Ashley Gibson** (Newcastle, England) were in different sections of the race. In the fastest section Ashley toed the line with eleven others. Through the 400 meters the group was tightly packed, going through in 74 seconds. Then a Kansas runner surged hard, wanting to make sure it was a fast pace. AG was content to stay right in the middle of the pack, as the group crossed the 800 meters in 2:22, but the pack was so tight it started to be a concern. Athletes running in such proximity to each other can sometimes cause bumping and shoving. At approximately 1000 meters disaster struck. A group of seven had broken away and Ashley was in that group, starting to unwind and get in a good rhythm. Going around a turn an Ohio State runner, who was right in front of Ashley tripped and fell, causing Ashley to have to come to a jarring stop, jump over the Buckeye, and then try to start running again. Very, very difficult to regain momentum when that happens. Ashley would go on to finish the race in a fine 4:51.08 which is actually the third fastest time ever at UNM (Ashley owns the two ahead - 4:44 and 4:47). We can only imagine how fast she could have gone on this day. In Michelle's section a runner from Iowa took off at the gun, and just ran hard from the beginning, stringing out the field from the onset. MC was right in the middle about fifth or sixth. Coming through the 400 in about 72 and the 800 in about 2:23ish MC remained in chase mode, all the way to the finish line where she hit a new PR of 4:56.98, moving all the way to #4 all-time at UNM.

Field Event PR's - Several of the men's team established new all-time UNM bests over the weekend. Kyle Walker (Rio Rancho, NM) upped his Pole Vault best from 16' 4 3/4" to 16' 6 3/4", while Long Jumper Ty Kirk (Rolling Meadows, Arlington Hts. IL) added over one foot to his best, hitting the sand at 23' 0". Froshie Brad Maestas (Cibola, Abq., NM) spun the 35 Lb. Weight Throw out to a three foot PR. On the ladies side Tami Williams (Artesia, NM) cranked out the 20 Lb Weight, going over 47' for the first time.



Froshie Derek Montoya (Highlands, Abq, NM) sprinted to a new 200 PR (22.41) and then came back to record his best 4x400 split of the season (49.4)

Lacey Oeding (Jasper, IN) was the top UNM finisher in the 1 Mile run as she churned out a 5:04.76 clocking, good for 6th place. Pictured to the left is Lacey approaching the finish line, trying to hold off the runner behind her. The middle picture shows **Delyth James** (Morpeth, England) who clocked 5:10.98 in her first indoor mile. The picture to the right shows sr. **Laura Bowerman** (Tampa, FL) sprinting for the finish line where she crossed in a new PR of 5:15.11.



The 600 meters used to be a standard indoor distance, and a race considered to be one of the toughest to run. It must be run just like a 400 meters, but with another 200 tacked on. Athletes get into serious lactate problems around 350 meters into the race, and the last part of this race is usually interesting to watch. UNM decided to contest the race and let most of the 800 runners and 400 Hurdlers have a go at this non-standard distance. Pictured from left to right, Derek Halladay, Josh Lovato, Sid Scheer, Gabe Aragon (competing unattached), and Ryan Steadman. Gabe came out on top with a 1:20.43 with Ryan hot on his heels with a 1:21.58.



Junior Alex Willis (Leadville, CO) gets ready to begin 8 laps of the Convention Center track which will lead him to 1 Mile. On the right sr. Kelly McCabe (Highlands, Abq., NM) in the middle of her 15 laps (3000 meters) of enjoyment.



WHAT DO ALL THE SYMBOLS MEAN?

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Results from New Mexico Classic & Combined Events

WOMEN

200	Christine Ostler	27.70			
400	Christine Ostler	62.16			
800	Bianca Martin (30-63-1:40)	2:20.08@	Emma Reed (33-69-1:47)	2:23.84@	
1 Mile	Lacey Oeding (77-2:36-3:55)	5:04.76@ (6th)	Delyth James (76-2:34-3:55)	5:10.98@	
	Laura Bowerman (77-2:36-3:59)	5:15.11@ PR	Emma Reed (77-2:36-3:55)	5:19.83	Erin Weeda (83-2:50-4:20) 5:40.50
3000	Vanessa Ortiz (81-2:42-4:05-5:30-6:59-8:26-9:53)	10:20.06@			
	Kelly McCabe (83-2:51-4:20-5:49-7:26-9:06-10:43)	11:14.54@			
High J	Marin Schweigert	5' 4 1/4" (5th)			
Pole V	Amber Menke	11' 7 3/4"	Kelly Fortner	11' 1 3/4"	Sara Lee 11' 1 3/4" Aditi Majumdar 11' 1 3/4"
Shot P	Briana Paxton	42' 2 1/4"			
Wt	Tammi Williams	47' 1/4" PR	Sarah Swartwood	44' 11"	
Pent.	Sandy Fortner	60 Hurdles	8.82	948 pts.	
		High Jump	5' 3"	736 pts.	
		Shot Put	44' 8 3/4	769 pts PR (4,x)	
		Long Jump	19' 4 1/4	819 pts.	
		800 meters	2:34.23	641 pts.	
		TOTAL		3913 pts. (2nd)	NCAA Provisional Qualifying Mark

MEN

60	Lamaar Thomas	6.94	6.89 (4th) (4,4)	Ty Kirk	7.22			
200	Derek Montoya	22.41	PR	Ty Kirk	23.25			
800	Brian Vallie (27-55-1:25)	1:54.70@						
1 Mile	Alex Willis (65-2:10-3:20)	4:28.00@						
4x400	Josh Lovato (50.4), Derek Montoya (49.6), Derek Halladay (50.3), Ryan Steadman (49.4) 3:20.01 (2nd)							
Pole V	Kyle Walker	16' 6 3/4" (8th) (9,x)	PR	Sam Potter 15' 1"	Chris Dodds 14' 7 1/4"			
Long J	Ty Kirk	23' 0" (6th)	PR					
Shot P	Bradley Maestas	36' 9 1/2"						
Wt	Bradley Maestas	41' 8 3/4"	PR					
Hept.	Richard York			Brian Wilson	Jeremy Lee			
	60	7.15	830 pts.	60	7.36 759 pts.	60	7.46	726 pts.
	LJ	22' 8 1/2	795 pts.	LJ	20' 3 3/4 628 pts.	LJ	18' 9 3/4"	529 pts.
	Shot P	33' 8"	501 pts.	Shot P	36' 4" 550 pts.	Shot P	33' 4 1/2"	496 pts.
	HJ	6' 4 3/4"	758 pts.	HJ	5' 10 3/4 627 pts.	HJ	5' 10"	610 pts.
	60H	8.56	846 pts.	60H	8.60 836 pts.	60H	9.18	707 pts.
	Pole V	15' 1"	790 pts.	Pole V	13' 5 1/4 645 pts.	Pole V	11' 1 3/4	457 pts.
	1000m	2:49.18	774 pts.	1000m	2:55.69 708 pts.	1000m	2:57.31	691 pts.
	TOTAL		5294 (1st) (1,1)	TOTAL	4752 (8th)(5,x) PR	TOTAL		4216 (8,x)
	<i>New Indoor School Record</i>							
	<i>Old Record, Mark Johnson</i>							
	<i>5263 pts., 2004</i>							

Results from Notre Dame/Meyo Invitational, South Bend, Indiana

Meyo 1 Mile	Ross Millington	4:02.02 (5th) (3,7)
1 Mile	Ashley Gibson	4:51.08 (x,3)
	Michelle Corrigan	4:56.98 (4,6) PR



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

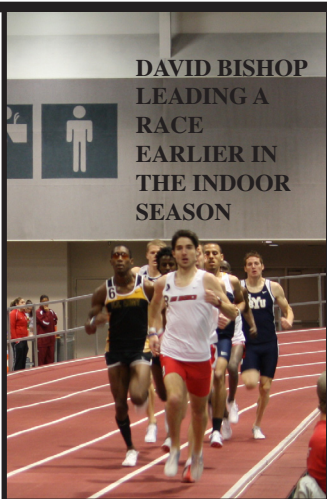
February 12-13, 2010 University of Washington Husky Classic
February 12-13, 2010 - Air Force Invitational

WASHINGTON HUSKY CLASSIC: The University of Washington Husky Classic has become somewhat of a distance mecca during the indoor season. Certain facilities across the nation take on a special aura for different events. Notre Dame has produced a high number of NCAA Distance Medley Relay qualifiers during their last chance meets, Texas A&M large numbers of sprint qualifiers, Stanford during the outdoor season a significant number of long distance qualifiers, and Washington has become "THE" place indoors to achieve NCAA qualifying marks. In just the men's and women's 1 mile, 3000 meters, and 5000 meter events there was an astounding 101 NCAA qualifying performances. Some will say its UW's large, oversized 307 track, which makes it easier to put large numbers of athletes on the starting line during each race. Others will say its the talent pool, so when a facility brings in so many highly talented athletes, greatness is bound to happen. Regardless, if one is an adrenaline junkie, there is no other place to be during the indoor season than UDub's Dempsey Fieldhouse the second weekend in February. For the Lobos, the 23 member squad walked out of the building with 16 PR's, 2 indoor school records, and 6 NCAA qualifying performances, and left the city of Seattle having consumed large amounts of fresh seafood with the fish population being significantly dwindled.

AIR FORCE INVITATIONAL: The 23 non-distance members of the Lobo team traveled to the United States Air Force Academy to compete in the annual AF Invt. The squad not wanting to take second-fiddle to the distance runners up north walked out of Cadet Fieldhouse with 15 PR's and 1 new indoor school record. Well done by all. With just two weeks until the conference championship, those lifetime bests are an important stepping stone to success in the MWC as they set the stage both physically and psychologically.

The Magical 4:00 One Mile Barrier

On May 6, 1954 Roger Bannister, a 25 year-old medical student from England became the first person to run under 4:00.00 for the 1 mile run when he clocked 3:59.4 at the Iffley Road track in Oxford. It would take until June 1, 1957 for an American to run under that threshold when Don Bowden from Cal-Berkeley hit 3:58.7 in Stockton, CA. Ever since that first breaking of the barrier the 4:00.00 mile has taken on almost a mythic personality, and young boys grow up running distance and dreaming of 4:00.00. Only 352 American males have done it in the last 43 years. The Lobos are proud to have senior Lee Emanuel who has done it twice in his career at UNM, something very few institutionals can lay claim to. **Sr. David Bishop** (Cippenham, England), who had just narrowly missed the barrier at the Husky meet last year, when he clocked 4:00.38 was ready to give it another go, and try to become the latest to surpass the magical threshold. The thirteen man field was to be paced by former sub-4:00 miler John Jefferson, who was supposed to take the field through 58 for the first 400. JJ did his job and Bish was tucked in around 4th/5th place looking comfortable in 59.1. DB stayed right where he was through the second 400, which he clocked in 60.9, for a total through the 800 in 2:00.0. At the 1200 the tempo increased slightly and David was in the middle of the field at 3:00.4, a 60.4 third quarter. Then everyone let loose and went for it. Throughout the last 400 meters of the race everyone in the field was trying to accomplish the same thing.....run under 4:00. As they sprinted down the homestretch one by one they flashed by the finish line 3:57.05, 3:57.70, 3:58.36, 3:58.50, 3:58.67, 3:58.76, 3:58.91, 3:59.44, 3:59.48, 3:59.72.....and Bish leaning hard at the line in.....an oh-so-close 4:00.74. When all the results were tabulated for the 36 athletes who participated in the 1 Mile race an astonishing 13 runners broke 4:00.00 and Bish finished 17th overall. That is a testament to how talented the field at the Husky meet was, as DB just narrowly missed breaking the 4:00.00 barrier.....and finished 17th in the race! Unbelievable.



Kirk Bounds Into 50' Range

Only six men in UNM indoor history had ever gone over the 50 foot barrier in the Triple Jump. Add the seventh,



as froshie **Ty Kirk** (Rolling Meadows, Arlington Heights, IL) upped his seasonal best from 48' 10" all the way to 50' 2", starting to toy with the NCAA Provisional Qualifying standard of 50' 8 1/4". TK got into a good jumping battle with Jeremiah James from Wyoming who is the current MWC leader, and it wasn't until the end that JJ outlasted Ty. More to come at the MWC meet.....stay tuned!

EMANUEL HITS NCAA AUTO IN 3K

Senior **Lee Emanuel** (Hastings, England) had already run to the top of the NCAA rankings in the Mile as his 3:57.62 was the NCAA's top time. This week LE turned his attention to the longer 3000 meter distance, a distance he doesn't enjoy as much as the one mile, but one that he certainly has been successful at. Last year Lee had run an NCAA qualifying time of 7:56.35, at UW which established a new indoor UNM record which stood until Rory Fraser sped 7:56.31 earlier in the season. Lee had several goals for the race, get an NCAA auto-qualifier, get comfortable with the distance, and get the indoor record back. The 21 athletes that toed the starting line looked like a who's who of collegiate/post-collegiate running but Lee was up to the challenge. Going out in 62/2:07/3:10/4:15 for the first mile Lee looked graceful and effortless as he was content to stay in 2nd or 3rd place. Then after the mile the pace quickened to a 62.2 for the fifth quarter, to a 61 for the sixth quarter and the race was on. The last 600 meters of the race (about 2 laps of UW's track) was all out warfare as everyone was up racing for the lead. LE picked off a couple of opponents on the last 300 and he crossed in an outstanding 7:51.20, easily under the NCAA auto standard of 7:54.50. Lee ran his last 1 mile of the race in a sizzling 4:07.7 to finish 4th! (psst - he got the record back). Racing the 3K for the first time was soph. **Ross Millington** (Stockport, England) who was fresh off the outstanding 4:02.02 mile effort at Notre Dame. RM clocked a fine 8:12.13 which moves him all the way up to #7 all-time indoors at UNM. Ross seems prepared to become the third Lobo runner all-time to dip under the 8:00 threshold.



Selmon Spans 18' 7" in Long Jump to Move Up All-Time Rankings

Froshie **Precious Selmon** (Crystal City, MO) had already entered her name into the All-time Top 10 rankings this indoor season in two events (60, 60H) and she made it a third hitting a new PR of 18' 7" to finish fourth in the competition. Also of positive note other than becoming the 10th longest jumper at UNM was she did it on her last of six jumps, something important in big competitions.....the ability to come back and perform at your highest, when the pressure is on.

FRASER RUNS 5TH FASTEST TIME IN COUNTRY, JUST MISSES AUTO MARK IN 5000

Sr. **Rory Fraser** (Leicester, England) came into the Husky Classic holding down the 11th fastest time in the country in the 3000 meters, and exited with a new PR of 13:48.24 and the fifth fastest time in the NCAA in the 5000. He came up just a tad short of Matt Gonzales' indoor school record of 13:45.72, set in 2005, and the NCAA auto qualification mark of 13:47.00, but is high enough on the provisional list to not have to worry. Behind Rory was a cavalcade of Lobos reordering the all-time Top 10 lists. Coming in at 14:10.31 and just missing his PR was sr. **Jacob Kirwa** (Eldoret, Kenya) but his time still was the 9th fastest performance ever. Crossing the finish line in a new PR was jr. **Brock Hagerman** (Markleville, IN) who clocked 14:15.24, becoming the 6th fastest all-time at UNM. That new PR knocked a solid 12 seconds off his previous best, set one year earlier at this same meet. Next in was jr. **Keith Gerrard** (Isle of Man, United Kingdom) who stopped the ticker at 14:19.27, a time that moves him to #7 all-time at UNM. The final change to the All-Time Top 10 list was sophomore **Patrick Ortiz** (Pecos, NM) who moved into the #10 spot all-time with his 14:39.25 time. Shown left to right - Rory, Brock, Keith.



Menke Adds 4" to Pole Vault PR
Sophomore Amber Menke (Cibola, Abq, NM) came into the Air Force Invitational with a PR of 11' 7 3/4" and came out of the meet with a new all-time best of 11' 11 3/4", moving to #6 all-time at UNM. AM is shown at an earlier meet using excellent push-off technique as she clears the crossbar.

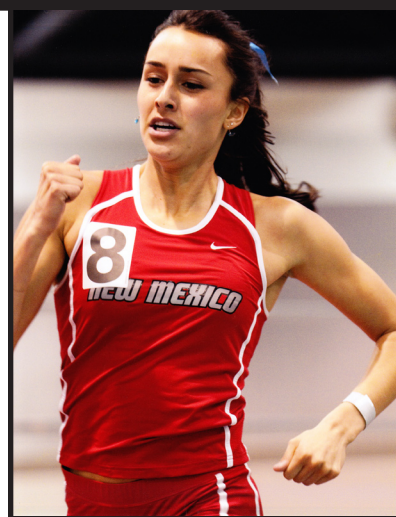


Thomas Shaves School Record in 60 Meters

Sophomore **Lamaar Thomas** (Friendly, Ft. Washington, MD) came into the Air Force meet with a best of 6.89, done at the UNM Classic. LT ran 6.92 in the prelims (#7 fastest time ever) and came back later to scorch the track with a 6.84 school indoor record, taking 1/100th off teammate **Kendall Spencer's** (San Mateo, CA) 6.85. Spencer finished third in the race with his 6.88 still the fifth fastest time ever.

Women Milers Go Three for Three

The three Lobo women entered in the 1 Mile, sr. **Ashley Gibson** (Newcastle, England); froshie **Bianca Martin** (Westview, Beaverton, OR); and sophomore **Alex Darling** (Abq. NM) entered the meet with all-time bests of 4:44.58; 5:02.40; and 4:58.00 respectively. They left the Dempsey Fieldhouse with new PR's of 4:43.78; 4:55.71; and 4:56.46. Ashley's performance broke her own indoor school record and was an NCAA Provisional qualifying performance. Just as in the men's 1 mile, the field was so strong, AG's outstanding time wasn't fast enough to get in the top eight of the meet. For Bianca, her finishing time moves her to #4 all-time with Alex right on her heels at #5. Pictured to the right is Alex Darling.



Walker Equals School Record in 60 Hurdles

Froshie **De'Vron Walker** (Los Angeles, CA) has certainly stamped his name in the all-time rankings so far this season. Prior to the Air Force meet DW had three of the fastest performances all-time, with a seasonal-best of 8.11, done at the January 29th Lobo Team Challenge. In the preliminary race De'Vron rocketed out to an 8.09 clocking tying Chris Garofola's 2004 school record. In the final, DW just missed that time as he clocked 8.11, easily winning the meet. De'Vron now owns the #1, #2, #3, #6, #7 fastest times ever at UNM outpacing Garofola who holds down #1, #4, #5, #10. Clipping 1/100th off his seasonal-best and moving up one notch on the all-time rankings was jr. **Brian Wilson** (Estancia, NM) pictured. BW's time was 8.49.



Can I Get a Little PR Pleeeeeease?

Often lost in the hundreds or thousands of pieces of data from a track & field meet are individuals who improve, but don't finish in the top eight. We always want to encourage those athletes, and recognize them on their all-time best. Hitting all-time PR's (Personal Records) over the weekend were Laura Bowerman (Tampa, FL) pictured to the right competing in the 3000 meters, Chad Clark (LaCueva, Abq., NM) in the 400 meters, Brad Maestas (Cibola, Abq, NM) in the 35 Lb. Weight Throw, Asal Salehpoor (LaCueva, Abq. NM) in the Triple Jump, and Chris Dodds (Wilson, West Lawn, PA) in the Pole Vault.



RUTH SENIOR



**** Ruth Senior Leads Six of Eight 5000 Meter Runners Into All Time Top 10 Rankings****

There were 49 women entered in the 5000 meter (3.12 mile) race so the event was divided into three sections. In the first section Lobo jr. **Delyth James** (Morpeh, England), classmate **Vanessa Ortiz** (Cibola, Abq, NM), sr. **Carolyn Boosey** (London, England), and sophomore **Shawna Winnegar** (Santa Fe, NM) lined up with the other 25 athletes in the race. Not one of them had run an indoor 5000 as a Lobo, so the results would be instructive. Delyth led the parade as she toured the distance in a fine 17:10.70 placing fourth in the race while Vanessa came across in 17:27.29, Carolyn hit 17:34.96, and Shawna finished in 17:41.58, all solid performances. How solid? Well, before the Husky meet those performances would have ranked them #6, #8, #10, and #11 all-time at UNM. Of course, with two more sections to go with four more Lobo runners in them, and all the craziness going on with fast times the only question would those fine performances stand up. In the second section jr. **Ruth Senior** (Norwich, England), sr. **Nicky Archer** (Cheshire, England), and sophomore **Lacey Oeding** (Jasper, IN) lined up. The pace of the race was scintillating as the leaders came through in 5:08 for the first mile.....that would have beaten runners that ran the open 1 Mile! Ruth & Nicky came through in a quick, but sensible 5:16 while LO was at 5:31. The pace of the race never slowed and when the trio got to the finish line Ruth crossed in an NCAA Provisional Qualifying time of 16:39.02, while NA also got under the NCAA standard with her 16:42.29, just a little off her previous PR of 16:40.64.

Lacey as is her trademark, came flying by people late in the race and she flashed across the line in 17:00.95. Whew! So after that the all-time UNM Top 10 looked like this: Ruth moved to #3 all-time, Nicky was already in the top 10 at #4 with her 16:40, but her 16:42 was the 5th fastest performance ever, Lacey moved up to #5 all-time, Delyth sat at #8 all-time and Vanessa grabbed the #10 spot. In the final section of the race sr. **Michelle Corrigan** (Green Bay, WI) was the lone Lobo. She toured the distance in 16:56.65, not her fastest, but still the #7 fastest UNM time ever. Her section was insane as the leaders came through the first mile under 5:00! After all the sections were run and all 49 performances listed Ruth & Nicky were the 22nd and 23rd fastest on the day. Just think, both ran under the NCAA qualifying standard, which signifies an exceptional level of athleticism, and finished 22nd and 23rd!!!!!! Breath deep:

Spencer Inches His Way Forward in Long Jump

Froshie Kendall Spencer (San Mateo, CA) who already is ranked #2 all-time in the 60 meters, and #8 all-time in the 200 added his name to a third category as he spanned 23' 8 3/4", to improve his PR by 2 1/2", and grab the #10 all-time UNM indoor ranking. It is very difficult for an athlete to be ranked in multiple events all-time but our multi-faceted rookie doesn't seem to be fazed by the challenges ahead.

Pitts Has Speedy Day in Leading 4x400 Relay to #9 ranking

Froshie Shirley Pitts (Bonanza, Las Vegas, NM) had quite a fast day as she PR'd in the 200 meters with her 25.33 clocking, knocking 4/100ths off her previous best, and just missing out on joining the all-time top 10 (which is 25.29). SP also lowered her best in the 400 meters as she clocked 57.16, an improvement of 51/100ths of a second, and a time that moves her up to #5 all-time at UNM. At the end of the meet Shirley led UNM's quartet of 400 runners to a time of 3:53.28 in the 4x400 Relay which moves them to #9 all-time. SP had the fastest split of the day as she clocked 55.8. The three other team members which joined her relay party were Tawsha Brazley (Bosque School, Abq, NM) who earlier had PR'd in the 200 meters, Rachel Kelchner (St. Pius, Abq, NM), and Ashley Miknis (Broomfield, CO).



Froshie Marin Schweigert (Robertson, Las Vegas, NM) moved to #10 all-time with her High Jump PR of 5' 5".

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Results from Air Force Invitational

WOMEN

60	Precious Selmon 7.71			
60H	Precious Selmon 8.73			
200	Shirley Pitts 25.33 PR	Tawsha Brazley 25.53 PR		
400	Shirley Pitts 58.81 57.16 (4th) (5,x) PR	Tawsha Brazley 59.71	Ashley Miknis 59.86	Rachel Kelchner 60.09
4x400	Tawsha Brazley (59.1), Rachel Kelchner (59.1), Ashley Miknis (59.2), Shirley Pitts (55.8) 3:53.28 (2nd) (9,x)			
LJ	Precious Selmon 18' 3" - 17' 11 3/4" - F - 18' 2 1/2" - 18' 3 1/4" - <u>18' 7"</u> (4th) (10,x) PR			
	Asal Salehpoor F - F - <u>17' 4"</u>			
TJ	Asal Salehpoor 36' 4 3/4" PR			
HJ	Marin Schweigert 5' 5" (8th) (10,x) PR			
PV	Amber Menke 11' 11 3/4" (2nd) (6,x) PR	Sara Lee 10' 6" (6th)		
WT	Tami Williams 44' 4 3/4"	Sarah Swartwood 41' 8 3/4"		

MEN

60	Lamaar Thomas 6.92 (x,7) 6.84 (2nd) (1,1) PR	New Indoor School Record, Old Record Kendall Spencer, 6.85, 2010		
	Kendall Spencer 6.98 6.88 (3rd) (x,5)	Thomas Trujillo 6.99 7.02		
60H	De'Vron Walker 8.09 (=1,=1) PR 8.11 (1st) (x,2)	Ties Indoor School Record		
	Brian Wilson 8.49 (6,x) PR	Richard York 8.71 9.05	Jeremy Lee 11.59	
200	Kendall Spencer 21.89	Thomas Trujillo 22.17	Derek Montoya 22.89	
400	Josh Lovato 50.69	Derek Montoya 51.27	Chad Clark 51.67 PR	Derek Halladay 51.99
4x400	Josh Lovato (51.1), Thomas Trujillo (49.9), Richard York (50.4), Derek Montoya (50.5) 3:21.42 (5th)			
LJ	Kendall Spencer 23' 8 3/4" (6th) (10,x) PR	Ty Kirk 21' 0"		
TJ	Ty Kirk 50' 2" (2nd) (6,x) PR			
PV	Sam Potter 15' 7" (5th)	Chris Dodds 15' 1" PR		
SP	Brad Maestas 40' 2"	Brian Wilson 36' 10 1/2"	Richard York 34' 5 3/4"	Jeremy Lee 32' 11 1/2"
WT	Brad Maestas 43' 6" PR			

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Results from University of Washington Husky Classic

WOMEN

1 Mile Ashley Gibson (69-2:19.8-3:32.0) (69.0-70.8-72.2-71.4) 4:43.78 (1,1) **PR** NCAA Provisional Qualifying Performance
New Indoor School Record, Old Record, Gibson, 4:44.58, 2009

Bianca Martin (75-2:29.0-3:42)) (75-74.0-73-73) 4:55.71 (4,7) **PR**
Alex Darling (73-2:25.7-3:40.0) (73-72.7-74.3-75.9) 4:56.46 (5,8) **PR**

3000 Laura Bowerman 10:16.33 **PR**

5000 Ruth Senior (77-2:36-3:55-5:16-6:36-7:57-9:17-10:38-11:59-13:19-14:42-16:01) 16:39.02 (3,3)
NCAA Provisional Qualifying Performance

Nicky Archer (77-2:36-3:55-5:16-6:36-7:57-9:17-10:38-12:00-13:21-14:43-16:03) 16:42.29 (x,5)
NCAA Provisional Qualifying Performance

Michelle Corrigan (80-2:37-3:53-5:13-6:33-7:54-9:16-10:39-12:03-13:25-?????) 16:56.65 (x,7)
Lacey Oeding (80-2:43-4:07-5:31-6:53-8:16-9:38-11:00-12:21-13:42-15:04-16:23) 17:00.95 (5,8)
Delyth James 17:10.70 (8,x) Vanessa Ortiz 17:27.29 (10,x)
Carolyn Boosey 17:34.96 Shawna Winnegar 17:41.58

MEN

1 Mile David Bishop (59.1-2:00.0-3:00.4) (59.1-60.9-60.4-60.0) 4:00.74 (x,5) NCAA Provisional Qualifying Performance
Matt Everett (61.4-2:03.4-3:05.6) (61.4-62.0-62.2-68.4) 4:14.38

3000 Lee Emanuel (63-2:07-3:10-4:15-5:18-6:19-7:21) (63-64-63-65-62-62-61-29.5) 7:51.20 (4th) (1,1) **PR**
New Indoor School Record, Old Record, Rory Fraser, 7:56.31, 2010 NCAA Automatic Qualifying Performance

Ross Millington (65-2:10-3:15-4:19-5:25-6:34-7:42) (65-65-64-64-66-69-67-29) 8:12.13 (7,10)

5000 Rory Fraser (67-2:12-3:18-4:25-5:31-6:38-7:44-8:53-9:59-11:05-12:09-13:15) 13:48.24 (4th) (2,2) **PR**
(67-65-66-67-66-67-66-67-66-66-64-66-31) NCAA Provisional Qualifying Performance

Jacob Kirwa (67-2:13-3:19-4:28-5:33-6:42-7:49-8:57-10:07-11:18-12:29-13:38) 14:10.31 (x,9)
(67-66-66-68-65-68-67-68-70-71-71-69)

Brock Hagerman (4:35-4:35-4:31) 14:15.24 (6,x) **PR**

Keith Gerrard (69-2:19-3:29-4:35-5:44-6:53-8:02-9:12-10:21-11:30-12:39-13:48) 14:19.27 (7,x)
(69-70-69-67-68-69-69-69-69-69-69-68-30.8)

Patrick Ortiz (4:35-4:39-4:41) 14:39.25 (10,x)

Cory Kalm (73-2:21-3:28-4:38-5:47-6:59-8:11-9:21-10:37-11:49-13:03-14:16) 14:49.51



University of New Mexico Track & Field

"Wolftracks"

News, Views, Reviews, Previews

February 25-27 Mountain West Conference Championship

Women Team Scores

1. BYU	193
2. TCU	129.5
3. San Diego State	87
4. Utah	63
5. NEW MEXICO	48
6. Colorado State	46.5
7. Wyoming	37
8. Air Force	34
9. UNLV	25

Men Team Scores

1. BYU	159.5
2. TCU	135
3. NEW MEXICO	123.5
4. Wyoming	98
5. Air Force	83.5
6. Colorado State	57.5



Women Indoor Pentath			
Place	Heat#:	Name	Score
1	Fortner	UNM	4147
2	Otis	BYU	4053
3	Kugler	COST	3796
4	LeRoy	UUT	3519
5	Hanna	TCU	3486
6	McCarty	AFA	3448
7	Robins	BYU	3391
8	Jackson	UWY	3388

Anatomy of an NCAA Automatic Qualifying Performance: Sr. Sandy Fortner (Ft. Sumner, NM) had come a long way back from her knee surgery, and now was the time to show everyone she was completely and unquestionably back. To win the MWC Pentathlon crown she would have to defeat BYU's outstanding multi-talented Amy Menlove Otis, the defending NCAA Champion in the process! The NCAA Automatic qualifying standard for the five event Pentathlon was 4075 points with the provisional qualifying standard set at 3725, which Sandy had eclipsed earlier in the season with her 3913 points. In the first event SF skimmed the 60 Hurdle barriers to a 8.71 time, just missing her combined event best of 8.66. Next up came the High Jump, where Sandy had a combined event and lifetime best of 5' 8 1/2". Around 5' 3 1/4" she seemed to struggle a little, but then caught fire, and started to blow heights away. First it was 5' 4 1/2", then 5' 5 3/4", 5' 7", 5' 8", 5' 9 1/4", and before long she was attempting 5' 10 1/2" which was NCAA Provisional qualifying in the regular High Jump. While Sandy didn't make that bar, her clearance at 5' 9 1/4" gave her 928 points, and tremendous momentum. Following the HJ was the Shot Put, an event Sandy has always been solid in. She didn't disappoint, leading all competitors with a best of 42' 11 3/4", good for 734 points. In the fourth event, the Long Jump, Sandy had a combined event best of 19' 4 1/4", which she hit earlier in the season. SF got off a solid 19' 1 1/4" distance, good for 795 points. So going into the last event, the 800 here was the scenario. Menlove Otis had totaled 3321 points through the four events, while Sandy had totaled 3428, a lead for the Lobo of 107 points. But Menlove Otis had a lifetime best in the 800 of 2:18.65, while SF's all-time best was 2:34.23. The difference in those two performances was 201 points. So unless Sandy did something special the Cougar had the advantage. Once the gun went off it was apparent the strategy Sandy was employing, which was to stay right behind Menlove Otis and shadow her no matter how fast she went. That is the indomitable spirit that lies within our senior stalwart! Through the 200 meters Sandy was right behind, at the 400 right behind, and at the 600 just slightly behind. On the last lap Sandy was sprinting her heart out not letting her competitor get too far ahead. When

they crossed the finish line Menlove Otis hit in 2:26.93, while Sandy hit a lifetime best of 2:27.96. Ahhhh, victory is sweet. Sandy's point total of 4147 earned her an automatic spot in the NCAA where she will do battle again with her BYU competitor. That point performance also vaults her to #4 nationally on the NCAA rankings. So I guess everyone can put the question whether Sandy is back to rest don't you think? Now on to the NCAA to do battle with the nations best.



Sandy getting ready to attempt 5' 10 1/2" in the High Jump



THE 800

The Incomparable Lee Emanuel

Do we really believe Lobo fans understand what they have been privileged to see? Often in the presence of greatness we all tend to take it for granted, which is a strange occurrence. In England they use the term "Ace" to symbolize brilliance, while the Latin phrase "Maiestas" defines greatness. Here in the United States our youngsters in the 1980's and 1990's used the term "rad" to define something really good. Other words could be: transcendent, masterly, marvelous, exceptional, awesome, dynamic, fantastic. Choose whatever phraseology you want but the bottom line is **Lee Emanuel** is just plain good. The humble Lobo senior from Hastings, England put on an outstanding show over the two day MWC meet. Up first for Lee was the 800 meter prelims, where he tried to conserve as much energy as possible in qualifying to the final in 1:55.89. Then approximately one hour later was the Distance Medley Relay, which is comprised of a 1200 meter, 400 meter, 800 meter, and 1600 meter. BYU had won the DMR seven straight years, and as always was loaded again this year. On the

opening leg senior **Rory Fraser** (Leicester, England) supplied a solid sub-3:00 12000 and handed off to froshie **Josh Lovato** (Gallup, NM) who clocked his fastest of the year touring the two laps in 49.8. JL then handed to soph. **Ross Millington** (Stockport, England) who ran equal to his best 800 of the season as he clocked 1:53.6. Handing off to LE, BYU was typically out in front. Slowly, but surely Lee cut into the BYU lead until finally he was right behind the Cougar anchor leg, and then with a quick burst, flashed by him, and was gone, bringing the Lobo faithful to their feet as his 4:10.9 leg looked relaxed and controlled. The 9:52.96 clocking is the fourth fastest time in UNM indoor history. The next day Lee had the 1 Mile final, a race that is his specialty. His goal was to try to lead his teammates into a fast time and boy did he do that as Lobo runners took the top four finishing spots, and five of the top six. Through the 1200 Lee led Rory Fraser and then just like in the DMR whoosh, he was gone, finishing in a outstanding 4:00.53, the fifth fastest time in Lobo history, and a new MWC record. Rushing in for second was Rory, who clocked a personal best 4:04.72, which makes him the fifth fastest athlete in Lobo history. Next in was **David Bishop** (Cippenham, England) who finished with a 4:06.74 and then right on his heels Ross Millington who clocked 4:08.62. The final Lobo to place was soph. **Matt Everett** (LaCueva, Abq., NM) who finished 6th with a new PR of 4:10.25. The Lobo men collected 32 points from this one event! Thirty five minutes after Lee crossed the finish line of the mile, he stood on the starting line for the 800 final. Froshie **Raffi Cote** (Grand Junction, CO) who has had a solid indoor campaign took the lead, and pushed the pace throughout the first 600 meters of the race. LE on the other hand looked somewhat fatigued, and was off the pace slightly going into the bell lap. When a BYU runner took the lead and started pulling away from the field, that intrinsic motivation kicked in, and LE started to make his move, pulling on the BYU runner with every stride. Coming into the homestretch Lee set his sights on the Cougar and the crowd was on its feet roaring with anticipation. Lee did not disappoint finding that extra gear in coming across the finish line victorious again in 1:50.26, the third fastest time ever run at UNM. LE becomes the first athlete in MWC history to win both the 1 Mile and 800 events at the conference championship. Raffi, using the adrenaline rush from the roaring crowd got up to finish fourth in 1:52.18, just off his seasonal best of 1:51.78.



Walker Takes Runner-Up in 60 meter Hurdles

Froshie **De'Vron Walker** (Los Angeles, CA) clocked 8.10 in the prelims (#2 fastest time ever at UNM) and came back to improve to 8.09 in the final tying his own indoor school record in the process. DW finishes his first season at UNM owning seven of the ten fastest times ever run in the event!!!

Spencer Goes Stratospheric In Long Jump

Froshie **Kendall Spencer** (San Mateo, CA) only had to look at the results on the videoboard to have a smile come to his face. The third place finish is the most important factor but its always nice when an athlete gets a solid place, AND gets a nice performance to go with it. Kendall wasted no time as he hit his best effort on his very first attempt and had one other jump over 24'. While most people won't understand 7.41m, that translates into 24' 3 3/4" which improves on his prior UNM best of 23' 8

Men Long Jump			
Place		Heat #:	Mark
1	James	UWY	7.47m
1	Leonce	UWY	7.47m
3	Spencer	UNM	7.41m
4	Michel	UWY	7.17m
5	Powell	BYU	7.07m
6	DeAraujo	BYU	7.01m
7	Mills	BYU	6.90m
8	Douglass	UWY	6.88m

3/4". That distance moves Kendall up to #7 all-time at UNM in an event that has had its share of NCAA qualifiers. KS's jump also is the farthest by a Lobo horizontal jumper since way back in 1985, well before he was born.



Kelly Fortner Hits All-Time Best in Pole Vault to Take 7th

The women's Pole Vault was a stacked event, with multiple national-class athletes in attendance. With 15 athletes in the event that had already cleared at least 12' 1" most thought it would take a minimum of 12' 5 3/4" to score. Sr. **Kelly Fortner** (Ft. Sumner, NM) came into the meet with a seasonal and lifetime best of 12' 1 1/2" which she set at the January 29th Lobo Team Challenge. KF opened the competition at 11' 5 3/4" and had a miss, then a make. She had no problem with 11' 11 3/4" clearing on her first attempt. At 12' 5 1/2" she missed, then made it on her second attempt. The picture shows Kelly clearing the bar at that height. At 12' 9 1/2" she couldn't quite get over the fiberglass crossbar and settled for a seventh place finish. With that performance KF moves up to 3rd place all-time at UNM with the seventh highest height all-time.

York & Wilson Go 2-4 in Seven Event Heptathlon

Froshie **Richard York** (St. Clair, MO) and jr. **Brian Wilson** (Estancia, NM) scored 5224 points and 4895 points respectively which placed them second and fourth. Both were up against the defending champion from BYU along with the fourth placer from Wyoming. Last year BW had scored 4405 in getting 8th place. Both got off to solid starts in the 60 as they clocked 7.17 (RY) and 7.35, which was a PR for BW. Next up they sailed to solid marks in the Long Jump as RY with his 22' 3 3/4" distance was only two points behind Bettis from BYU. In the Shot Put RY hit a PR of 35' 10 1/2" while BW matched that with his PR of 39' 4". Unfortunately Bettis had a big throw over 40' which gave him some breathing room. In the final event of day one RY cleared 6' 3 1/2" in the High Jump while BW hit another PR matching RY's height, and improving his all-time best by one inch. At the end of day one Richard was solidly in second place with 2863 pts. while Brian was just as solidly in fourth with a score of 2738. On day two RY skimmed the 60 Hurdles to a 8.45 clocking while BW hit 8.68. In the Pole Vault, RY cleared a solid 14' 3 1/4" while BW matched his all-time best with a 13' 7 1/4" clearance. Going into the final event, the 1000 meter run, unless there was total disaster by either their places were secure. They both went out and put in a workman-like effort hitting times of 2:49.23 (RY) and 2:59.37 (BW) to seal the deal.



Thomas Sizzles in 60 Meter Sprint

Sophomore **Lamaar Thomas** (Friendly, Ft. Washington, MD) came into the MWC meet having just set the UNM indoor record two weeks ago at Air Force when he clocked 6.84. In the prelims (picture) LT is in the middle between De'Vron

Walker and **Thomas Trujillo** (Rio Rancho, NM). Lamaar was the only one of the three to make it into the finals as it took a swift 6.87 to get in. That time of 6.87 requires no margin for error in such a short race. LT equaled his indoor record with a 6.84. In the finals LT got out well and stayed with the two leaders from TCU the entire way, straining at the line to get every last thousandth. When the results came up on the videoboard first place was an NCAA qualifying time, and LT had the exact same time as the second placer finisher (6.75), but was given third when the time was read to the thousandths. But that time of 6.75 obliterated his previous best in an event where athletes work the entire season to cut maybe one or two hundredths off their performance. LT cut off a whopping 9/100ths. In his very short UNM career Lamaar now owns the three fastest UNM clockings ever!

Heptathlete Brian Wilson prepares for the 60 meter Hurdles



Richard York
Prepares for the
60 meters





Kirwa & Barnicle Get NCAA Provisional Marks in 5000 Meters

Seniors **Jacob Kirwa** (Eldoret, Kenya) and **Chris Barnicle** (Newton, MA) didn't let the altitude bother them as they clocked altitude-adjusted times of 13:55.75 and 13:56.06 respectively in the 25 lap extravaganza. The race stayed relatively calm throughout as a large group bunched up and clicked off lap after lap as no one seemingly wanting to push the pace too hard. Pictured is the lead group with Chris just ahead of Jacob. Chris wanted the pace to remain honest so he was the first to jump to the front and start to press. Everyone in the lead group then got into his slipstream. The last 600 meters of the race was a free-for-all with everyone trying to outspurt the next. JK just nipped CB at the line as they placed fourth and fifth on the day and moved to #3 and #4 all-time at UNM in the process. Jr. **Keith Gerrard** (Isle of Man, United Kingdom) got separated from the lead group, but was strong enough to take 6th place in 14:19:48.



Gibson & Senior Go 3-7 in 1 Mile

Sr. Ashley Gibson (Newcastle, England) (pictured) and jr. Ruth Senior (Norwich, England) grabbed eight points in the 1 Mile run. Ashley, last years fifth place finisher in the MWC meet with a 5:07 took third overall with a 4:52.36 clocking, the fifth fastest time ever run at UNM. Interesting that Ashley owns the four performances faster than her MWC race. Ruth finished in 4:58.74. As is so often in championship meets no one wanted to take the lead and press the pace in the early stages. Through the 400 and 800 meters the pace was a conservative 77 and 2:34, about 10 seconds off what it would normally be. Then the tempo started to quicken and the lead group with Ashley in tow came through the third quarter in 72-73, for a total of 3:47. The last 400 of the race was covered in 69 for the winner and 71 for Ashley as everyone sprinted to the finish line.



BRAZLEY RELAYS TWO QUICK LEGS

Froshie Tawsha Brazley (Bosque School, Abq., NM) provided two outstanding 400 relay carries during the MWC meet. On Friday in the Distance Medley Relay she toured her two laps in 56.2 and was a major contributor to the quartet of Ruth Senior, Biana Martin, and Ashley Gibson setting a new UNM Indoor Record. Coming back on Saturday she teamed up with Shirley Pitts, Rachel Kelchner, and Ashley Miknis to place 7th. TB's split on the day was the fastest for the Lobo squad as she hit her seasonal best of 55.9.

Fortner Bounces Back One Day After Pentathlon Victory to Take 6th in Long Jump

Must have been five events on Thursday weren't enough for Sandy Fortner, so she came back one day later to take sixth in the Long Jump with a leap of 18' 9". She also ran the 60 Hurdle prelim and easily qualified for Saturday's final with her best time of the season, 8.68, which is her third best time ever.





Sophomore **Lacey Oeding** (Jasper, IN) pictured on the left, and senior **Nicky Archer** (Cheshire, England) on the right switched places in the 3000 and 5000 meter races. In the 5000 which was on Friday LO cruised to a 17:04.77 clocking, grabbing sixth place and the tenth fastest time ever at UNM indoors. Nicky came in right after Lacey with her 17:13.26, which placed eighth. On Saturday, Nicky led the charge in the 3000 meters as she raced to a 9:46.07, good for fifth place, and the seventh fastest UNM time ever. Lacey finished in 9:48.20, good for eighth place and a new PR for her. Not placing but running huge PR's were senior **Laura Bowerman** (Tampa, FL) who dropped her all-time UNM best from 10:16.33 to 10:01.07 which moves her to the 10th fastest athlete all-time, and jr. **Vanessa Ortiz** (Cibola, Abq., NM) who went from 10:20.06 all the way down to 10:03.64.



Darling Runs to New PR in Eighth Place Finish

Sophomore **Alex Darling** (LaCueva, Abq., NM) placed 8th in the 2009 MWC Indoor meet with a 2:15.66 clocking. This year she duplicated that place, but ran significantly faster, crossing the finish line in 2:12.35. She finishes the indoor season as the fourth fastest 800 runner ever, with the sixth fastest time ever.

Spencer & Walker Grab Scoring Places - Froshie Kendall

Spencer lowered his all-time best in the 200 meters (21.79) in the prelims, and came back with a 21.81 good for 6th place. That time of 21.79 moves KS to 8th fastest all-time at UNM. Jr. **Kyle Walker** (Rio Rancho, NM) came into the MWC meet with a best of 16' 6 3/4", which was tied with several others ranked 8th. KW made sure he focused on no misses, and ended up placing 7th with a clearance of 16' 4 3/4". Hitting a new PR with his 16' clearance was froshie **Sam Potter** (Cibola, Abq., NM) who added 6 inches to his previous best.



Fortner Earns Outstanding Performer Award - Saturday's conclusion to the meet found Sandy Fortner clearing 5' 7 3/4" to finish fourth in the High Jump. In the 60 meter Hurdles she clocked 8.76 to place 7th. For her first place finish in the Pentathlon, fourth place in the High Jump, sixth place in the Long Jump, and seventh place in the hurdles the conference coaches voted her the outstanding performer. An honor well deserved.

Kirwa Places Third in 3000 and Moves to #5 all-time at UNM

Coming back after the 5000 meters Jacob Kirwa ran a solid 8:10.58 for the 15 lap race stamping his mark in the all-time UNM annals. Rory Fraser finished seventh with an 8:18.85 while Keith Gerrard grabbed eighth place with his 8:19.82 clocking.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

WOMEN

60H	Sandy Fortner 8.68 8.76 (7th)		
400	Shirley Pitts 57.66		
800	Alex Darling (65) 2:13.67@ (31-63-1:36) 2:12.35@ (8th) (4,6) PR	Emma Reed 2:18.75@	
1 Mile	Ashley Gibson (77-2:34-3:47) 4:52.36@ (3rd)(x,5)	Ruth Senior (77-2:34-3:49) 4:58.74@ (7th)	
	Bianca Martin (78-2:35-3:54) 5:14.54@		
3000	Nicky Archer (78-2:40-4:02-5:22-6:40-7:59-9:21)	9:46.07 (5th)(x,7)	
	Lacey Oeding (80-2:42-4:04-5:25-6:45-8:09-9:26)	9:48.20@ (8th) PR	
	Ruth Senior (81-2:40-4:02-5:22-6:42-8:03-9:24)	9:49.48@	
	Michelle Corrigan (79-2:41-4:02-5:24-6:44-8:11-9:33)	10:00.03@	
	Laura Bowerman (78-2:40-4:02-5:23--6:45-8:11-9:35)	10:01.07 (10,x) PR	
	Vanessa Ortiz (80-2:41-4:02-5:24-6:48-8:13-9:37)	10:03.64@ PR	
	Carolyn Boosey (79-2:40-4:02-5:24-6:48-8:16-9:46)	10:13.88@	
	Delyth James (79-2:40-4:02-5:25-6:51-8:19-9:49)	10:19.29@	
	Shawna Winnegar (80-2:41-4:06-5:33-7:03-8:34-10:05)	10:33.66@	
5000	Lacey Oeding (83-2:47-4:11-5:38-7:02-8:24-9:49-11:11:12:34-???)	17:04.77@ (6th) (x,10)	
	Nicky Archer (83-2:48-4:12-5:36-7:01-8:22-9:48-11:10-12:36-?-16:13-16:57)	17:13.26@ (8th)	
	Michelle Corrigan (81-2:48-4:12-5:36-6:58-8:21-9:48-11:15-12:43-?-16:23)	17:29.37@	
	Vanessa Ortiz (83-2:47-4:13-5:37-7:03-8:30-9:59-11:27-12:56-14:26-15:57-17:27)	17:44.00@	
	Delyth James (83-2:48-4:12-5:36-7:01-8:29-9:57-11:27-?????)	17:52.05@	
	Shawna Winnegar (82-2:46-4:11-5:39-7:03-8:33-10:04-11:35-13:10-14:42-16:13-17:44)	18:02.64@	
4x400	Tawsha Brazley (55.9), Rachel Kelchner (61.5), Ashley Miknis (59.0), Shirley Pitts (57.9)	3:54.74 (7th)	
DMR	Ruth Senior (3:41.7), Tawsha Brazley (56.2), Bianca Martin (2:15.0), Ashley Gibson (5:02.3)	11:55.46@ (3rd) (1,1)	
	New UNM Indoor Record, Old Record 11:56.70, 2/23/06 (Luna, Zarrella, Lucy, Murphy)		
LongJ	Sandy Fortner <u>18' 9"</u> - F - 18' 4 3/4" - P - 18' 5 1/2" - P (6th)	Asal Salehpoor F - <u>17' 5 3/4"</u> - F	
TripleJ	Asal Salehpoor NM		
HighJ	Sandy Fortner 5' 7 3/4" (4th)	Marin Schweigert 5' 2 1/4"	
PoleV	Kelly Fortner 12' 5 1/2" (7th) (3,9) PR	Amber Menke 11' 11 3/4" =PR	Lauren Jaramillo 11' 5 3/4"
	Aditi Majumdar NM	Sara Lee NM	
ShotP	Brianna Paxton 43' 1 1/2"		
Wt.	Tami Williams 47' 11" PR (4,x)		
Pent.	Sandy Fortner	60 Hurdles 8.71 971 pts.	
		High Jump 5' 9 1/4" 928 pts. (3,4) PR	
		Shot Put 42' 11 3/4" 734 pts.	
		Long Jump 19' 1 1/4" 795 pts.	
		800 meters 2:27.96 719 pts. PR	
	TOTAL	4147 (1st) (1,1) PR	NCAA Automatic Qualifying Performance
	New Indoor School Record, Old Record, Sandy Fortner, 4005 pts, 2/28/08		

MEN

60	Lamaar Thomas 6.84 (=1, =1) 6.75 (3rd) (1,1) PR	New Indoor School Record, Old Record Lamaar Thomas, 6.84	
	Thomas Trujillo 6.99	Kendall Spencer 7.00	De'Vron Walker 7.03
60H	De'Vron Walker 8.10 (x,2) 8.09 (2nd) (1,1) = PR		
200	Kendall Spencer 21.79 (8,x) PR 21.81 (6th)	Thomas Trujillo 22.03 22.26 (8th)	
400	Josh Lovato 49.98 PR		
800	Lee Emanuel (27-57-1:27) 1:55.89@ (27-55-1:24) 1:50.26@ (1st) (x,3) NCAA Provisional Qualifying Performance		
	Raffi Cote (27-57-1:28) 1:55.41@ (26-53-1:23) 1:52.18 (4th)	Brian Vallie 1:56.94@	
1 Mile	Lee Emanuel (61-2:03-3:04) 4:00.53@ (1st) (x,5) NCAA Provisional Qualifying Performance		

1 Mile	Rory Fraser (61-2:03-3:05) 4:04.72 (2nd)(5,x) PR David Bishop (62-2:05-3:10) 4:06.74@ (3rd) Ross Millington (62-2:06-3:12) 4:08.62@ (4th) Matt Everett (63-2:07-3:11) 4:10.25@ (6th) PR	Rory Fraser 8:18.85@ (7th) Patrick Ortiz 8:34.26@	Keith Gerrard 8:19.82@ (8th) Cory Kalm 8:42.09@
3000	Jacob Kirwa 8:10.58@ (3rd)(5,8) Alex Willis 8:33.94@ PR Matt Everett 8:59.21@		
5000	Jacob Kirwa 13:55.75@ (4th) (3,5) PR NCAA Prov. Chris Barnicle 13:56.06@ (5th) (4,6) <i>NCAA Prov.</i> Keith Gerrard (68-2:16-4:01-4:35-5:46-?8:05-9:15-10:26-11:38-12:51-14:06) 14:19.48@ (6th) Alex Willis (65-2:14-3:26-4:35-5:46-6:57-8:12-9:29-10:46-12:03-13:20-14:35) 14:49.35@ Cory Kalm (65-2:14-3:25-4:37-5:53-7:11-8:29-9:47-11:02-12:20-13:37-14:54) 15:06.55@ Brock Hagerman (68-2:16-4:04-4:35-5:46-?8:21??) 15:16.33@ Patrick Ortiz (69-2:19-4:05-4:41-5:53-7:07-8:22????) 15:25.92@		
4x400	Josh Lovato (49.8), Derek Montoya (49.1), Thomas Trujillo (48.0), Raffi Cote (49.4) 3:17.09 (5th)		
DMR	Rory Fraser (2:59.3), Josh Lovato (49.8), Ross Millington (1:53.6), Lee Emanuel (4:10.9) 9:52.96 (1st) (4,x)		
LongJ	Kendall Spencer 24' 3 3/4" - 24' 2 1/4" - F - P - P - P (3rd) (7,x) PR		Ty Kirk F - 22' 5 3/4" - F
TripleJ	Ty Kirk NM		
HighJ	Richard York 6' 3/4" (6th)		
PoleV	Kyle Walker 16' 4 3/4" (7th)	Sam Potter 16' 3/4" PR	Chris Dodds NM
Hept.	Richard York	Brian Wilson	Jeremy Lee
60	7.17 823 pts.	7.35 762 pts.	7.53 703 pts.
LJ	22' 3 3/4 767 pts.	20' 5 3/4 639 pts.	18' 11 1/4 537 pts.
Shot	35' 10 1/2 542 pts.	39' 4" 606 pts.	33' 1 3/4" 492 pts.
HighJ	6' 3 1/2" 731 pts.	6' 3 1/2" 731 pts.	5' 10 3/4" 627 pts.
60H	8.45 872 pts.	8.68 818 pts.	9.02 741 pts.
PoleV	14' 3 1/4" 716 pts.	13' 7 1/4 659 pts.	11' 3 3/4" 469 pts.
1000m	2:49.23 773 pts.	2:59.37 680 pts.	2:56.80 696 pts.
TOTAL	5224 pts (2nd)	4895 pts (4th) (5,x) PR	4265 (8,x) PR

The Convention Center Indoor Track Has Never Looked Better





University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

MARCH 12-13, 2010 NCAA INDOOR CHAMPIONSHIP

MEN'S TEAM SCORES

1	Florida	57
2	Oregon	44
2	Texas A&M	44
4	LSU	42
5	Arkansas	38
6	Indiana	25
7	Arizona State	21
8	Northern Arizona	18
8	South Carolina	18
8	NEW MEXICO	18
8	Minnesota	18
12	Auburn	16
12	Florida State	16
14	Oklahoma	14
14	Penn State	14
14	Texas Tech	14
17	Georgia Tech	11
17	California	11
19	Virginia Tech	10.5
20	Georgia	10
20	North Carolina	10
20	Washington	10
20	Virginia	10
20	Mississippi	10
25	Missouri	9
26	Nebraska	8
26	Alabama	8
26	Liberty	8
26	Wisconsin	8
26	Baylor	8
26	Memphis	8
26	Rice	8
33	Montana State	6
33	Air Force	6
35	Sam Houston St.	5
35	Arizona	5
35	BYU	5
35	UTSA	5
39	Akron	4.5
40	Eastern Michigan	4
40	Kentucky	4
40	Maine	4
40	Louisville	4
40	Illinois	4
40	William and Mary	4
40	Kansas	4
40	Stanford	3
47	Ohio State	3
47	UCLA	3
47	TCU	3
47	Oral Roberts	3
47	Michigan State	3
53	George Mason	2
53	Clemson	2
53	Wichita State	2
53	Butler	2
53	Notre Dame	2

EMANUEL NCAA CHAMPION.....again!

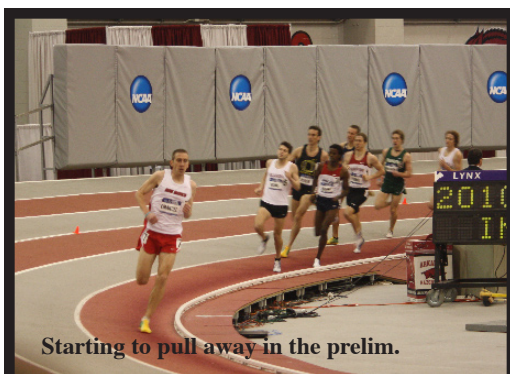
In 2009 sr. Lee Emanuel (Hastings, England) came into the NCAA Indoor Championship as a relative unknown. After all, during the 2008 indoor season he didn't compete, and during outdoor season Lee qualified for the NCAA Championship 1500 meters but finished 16th overall (3:44.58), not making it to the ten-man final. Last year during indoor season Lee entered the NCAA meet as the fifth seed based on his 3:57.91 during the season. During the preliminary race Lee ran 4:01.61 to finish fourth in his heat, qualifying for the final. But no one was talking of him as a potential winner. In fact, most of the talk was asking where the heck the University of New Mexico was located, and the jokes that come with it asking if New Mexico was even part of the United States! In the final Lee made sure everyone knew where UNM was as after a slow early first half of the race (800 meters in 2:06) he blistered the field with a burst from the 800 to 1000 that left everyone in the dust. He covered the final 600 meters of the 2009 race in laps (200 meters per lap) of 28.17, 27.59, and 27.22 finishing in 4:00.36 almost one full second ahead of the second place finisher. His classic finishing style of arms outstretched and pointing with pride to his uniform jersey which says "New Mexico" was a joy to see. Then during the 2009 outdoor campaign there were the whispers of maybe his indoor victory was a fluke as he "only" finished 3rd at the outdoor championships with a 3:39.66 for the 1500. What most didn't know was Lee had been ill prior to the NCAA meet and it had affected his training, but one can't say those types of things as it comes off as an excuse. This year Lee had put his stamp on the season by running the fastest time in the NCAA when he clocked 3:57.62 at Indiana University. Entering as the #1 seed, and defending champion made sure to put a spotlight on our affable senior. But strangely, many of the internet message boards talked about others winning the race and that Lee wouldn't come out victorious. Seriously folks, what does one have to do to earn respect? Running in the first of two preliminary races where the top four from each race



**Friday's
Prelim Action
in the 1 Mile
Race**

and the next two fastest times would qualify for the final Lee was content to follow an Oklahoma runner through a relaxed 2:03.80 first 800. He then turned up the accelerator as the picture to the left shows leading up to the 1000 meter point in the race. The next picture on the following page shows one lap later when he started to put distance between him and the field, and he was off, running smoothly, relaxed, and looking powerful in the process, finishing in a ridiculously easy looking 4:02.95, the fastest of all sixteen men. In Saturday's final every athlete in the race had run sub 4:00 for the mile at some point during the season. It was

a strong, and talented group of runners. At the gun the group took off and bunched together for the first lap which was covered in 30 seconds. Through the 400 meters the group remained tightly grouped, no one wanting to extend themselves out in front. The 400 was reached in 61.59 for the leader, with Lee in tow at 62.00. The third of eight laps produced the same result as the leader hit the 600 meters in 1:33.13, with Lee at 1:33.46. Then Lee pounced to the lead and started to accelerate slowly, but surely. His fourth lap was run in 30.17 getting him to the 800 meters in 2:03.62 At this point Lee had a slight lead but then he upped the ante and dropped a 28.75 lap which no one could cover. From being just slightly ahead at 800 meters Lee had a nice cushion at 1000 meters. Then to make sure everyone knew he meant business



Starting to pull away in the prelim.

he dropped to 28.67 for the lap hitting the 1200 in 3:01 with the nearest chaser almost two seconds back. Just like a shark smells blood in the water great athletes “feel” when their competitors are weak, and Lee sensing this poured it on increasing his lead with every step. From being two seconds ahead at 1200 meters, he went to almost three seconds ahead at 1400 meters! Now, the race was over, and unless Lee stopped and walked off the track he could enjoy the final indoor lap of his illustrious 1 Mile collegiate career. He covered the last lap in 29.37 crossing the finish line with arms out to his sides in 3:59.26 still almost two and a half seconds ahead of second place. It was a dominating performance and maybe now the folks will understand what UNM is about. Pictured below is Lee ready to cross the finish line.....remember, in the background are 9 runners ALL who had run sub-4:00 for the mile entering the NCAA meet. LOBO CHERRY & SILVER DOMINATION.

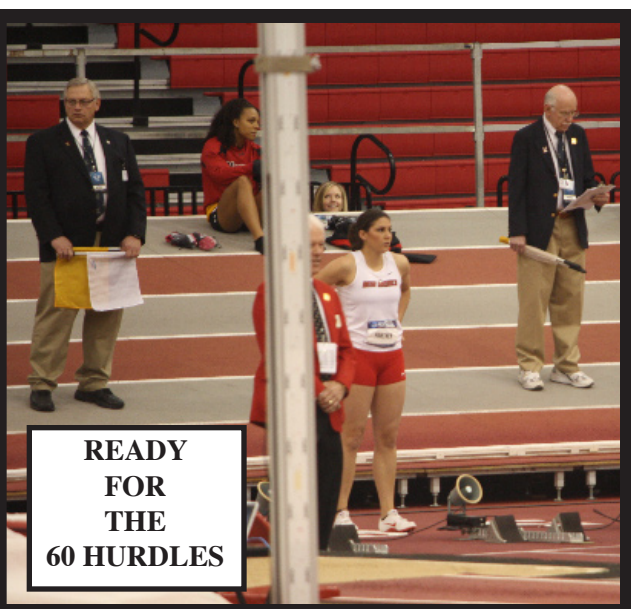
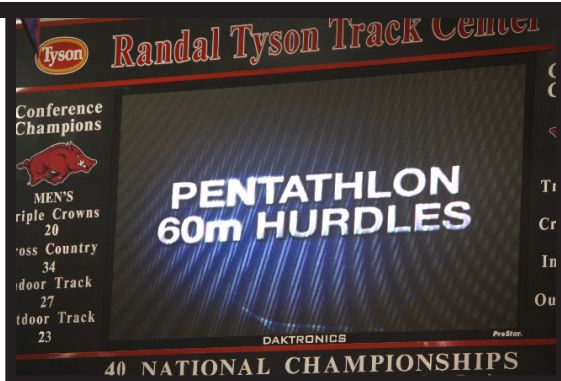


<<<<< Every Athletes Dream.....The NCAA Winners Trophy

Breaking Down An All American Pentathlon Performance

Sr. Sandy Fortner (Ft. Sumner, NM) had been to the NCAA Indoor Championships once before in 2008,

when she placed 12th out of 17 athletes with a score of 3905 points. This year she entered the championship with a best of 4147 and the fourth best total in all of collegiate track & field. The Pentathlon is comprised of five events, the 60 meter Hurdles, High Jump, Shot Put, Long Jump, and 800 meter run. Lets take a journey through Sandy's All American performance. In the 60 Hurdles Sandy had a lifetime best of 8.61 and a Pentathlon best of 8.66. She clicked



READY FOR THE 60 HURDLES

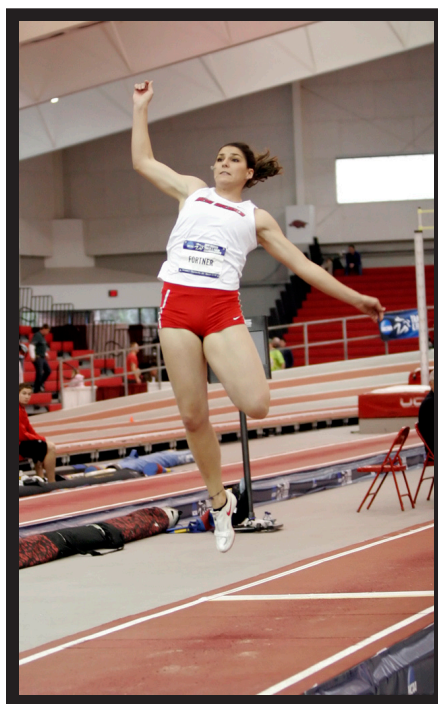
WOMEN'S FINAL SCORES

1	Oregon	61
2	Tennessee	36
3	LSU	35
4	Florida	33
5	Texas A&M	31
6	Auburn	28
7	Clemson	20
7	Florida State	20
7	UTEP	20
10	West Virginia	18
10	Iowa State	18
10	Virginia Tech	18
13	Penn State	17
14	BYU	16
15	Arizona	15.5
15	Arkansas	15.5
17	Indiana State	14
17	Villanova	14
19	South Carolina	12
20	Southern Illinois	11
21	Louisville	10
21	San Diego St.	10
21	Illinois	10
21	Hampton	10
21	Oklahoma	10
26	Kentucky	9
27	Nebraska	8.5
28	TCU	8
28	Hawaii	8
28	Connecticut	8
28	Washington	8
28	Maryland	8
28	Indiana	8
34	Georgetown	7
34	Texas Tech	7
36	Western Michigan	6
36	NEW MEXICO	6
36	Miami	6
39	Akron	5
39	Minnesota	5
39	Oklahoma State	5
42	Tulsa	4
42	Georgia	4
42	Texas	4
45	Stanford	3.5
46	Syracuse	3
46	Idaho	3
46	Dayton	3
46	Kansas	3
46	Houston	3
46	Seton Hall	3
52	Mississippi	2
52	Wisconsin	2
52	Purdue 2	
52	Ohio State	2
56	North Carolina	1
56	Kent State	1
56	Sacramento St.	1

off a solid 8.70, 12th best of the 17 competitors and earned 974 points for the effort. The High Jump found Sandy pass at 4' 11", 5' 1/4", and 5' 1 1/4" before opening up at 5' 2 1/2". On her first attempt she missed, then made it on her second try. Whew!!!! The bar then went to 5' 3 3/4" where she easily cleared, then she did the same thing at 5' 5". The crossbar was then raised to 5' 6" where Sandy missed on her first attempt but made on her second. Going to 5' 7 1/4" Sandy made no doubt clearing on her first attempt. The bar was then raised to 5' 8 1/2" a height that proved too much as she could not clear on all three attempts. Sandy's lifetime and Pentathlon best is 5' 9 1/4" so she was slightly off that mark earning 867 points with the fifth



best height on the day. By virtue of her High Jump points Sandy moved up to 9th place overall in the competition with 1841 points. The Shot Put tends to be a poor event for women pentathletes, but not for Sandy. She has taken a real serious interest in the event, practiced long and hard at it, and reaps the benefit of it. Coming into the competition SF had a lifetime and Pentathlon best of 44' 8 3/4". On her opening toss the 4K (8.8 lbs.) ball struck the ground at 41' 1/2". She extended that out to 41' 9 1/4" on her second attempt, before putting together a nice effort of 42' 10 3/4" on her third and final throw. That distance was the second best of all competitors and yielded a nice 732 points and a total point value of 2573. It also vaulted her all the way from 9th place to 2nd place, just 64 points behind the leader. How exciting is that? The fourth event, the Long Jump had Sandy entering the meet with a lifetime best of 19' 8" set all the way back in 2008, and a 2010 best of 19' 4 1/4". Sandy got off to a fast start hitting 19' 6" on her opening



leap, then followed that up with efforts of 19' 5 1/4" and 19' 2 1/2". Her opening leap of 19' 6" was the fifth best of all athletes and earned her 831 points in the process. That 831 points gave her a total of 3404 still good enough to hang on to second place overall, trailing the leader by 207 points, but only 100 points ahead of the third place athlete from Maryland who was lurking behind. The final event of the competition is the 800 meters and of all the events has traditionally been the worst point producer for her. With a lifetime and Pentathlon best of 2:27.96 she would have her work cut out for her to make sure no one from behind snuck up and passed her. At the gun the top eight who were in the final section went out with Sandy coming through the 200 in 34.64 and holding down eighth place. The second lap was run in 36.05 bringing her through in 70.68, moving her up to seventh place. Sandy then ran a 37.80 for her third 200 coming through the 600 meters in 1:48.48, still in seventh. But then she dug down deep and produced a 36.94 for her last 200 passing people to finish in fifth place with a new PR of 2:25.41, good for 752 points. When all the performances from the two sections were combined Sandy ended up with the eighth best performance. Unfortunately, the Maryland runner came up with a brilliant effort in the 800 leading all competitors with her 2:11.86 clocking, earning

Womens Indoor Pentathlon			
		Standings	
1	Thelsen	SO UO	4396
2	Profit	JR MAR	4242 -154
3	Fortner	SR UNM	4156 -240
4	Carrier	JR WV	4133 -263
5	Weber	SR CLEM	4113 -283
6	Osazuwa	SR SU	4061 -335
7	Akinniyi	SO WISC	4056 -340
8	Dumitrescu	SO KENT	4055 -341

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 11 Cross Country 19 Indoor Track 10 Outdoor Track
 5 NCAA Triple Crowns

a whopping 938 points and a final total of 4242, just getting by Sandy's point total of 4156 points. Still a third place finish at the NCAA Championships and new indoor school record is a wonderful way to end her senior indoor campaign.



Chris Barnicle in the left picture getting ready to start the 5000 meters, while Rory Fraser is getting position on the first lap to the right.

Barnicle Has A Special Homecoming - All American

Sr. **Chris Barnicle** (Newton, MA) ran for the University of Arkansas track & field team before graduating and coming to New Mexico to attend graduate school. Therefore he was quite familiar with the Randal Tyson track & field complex having competed on the facility many times. The 2010 NCAA Championships marked a homecoming as CB qualified in the 5000 meter run. Chris proved that quality can overcome quantity as the NCAA race was only his third of the indoor season. Slowed by an injury during most of the indoor campaign CB focused on positive training and thus first competed at the Mountain West Conference Championship 14 days before the nationals where he hit an NCAA provisional qualifying time of 13:56.06. Knowing that performance would not get him an at-large berth in the championship field he traveled to Notre Dame for their last-chance qualifier just seven days prior to nationals and crushed the field with a sterling last 600 meter kick enroute to a 13:47.12 time





The picture to the left shows Chris just slipping in front of Rory before the 4000 meter point. The picture to the right shows Justin Tyner from Air Force and Chris as they get ready for the bell lap both running full out.

earning the #6 seed in the 15 man NCAA race. Also entered in the 5000 meter (25 laps around the 200 meter oval) was sr. **Rory Fraser** (Leicester, England) who clocked a 13:48.24 at the Washington Husky Classic to grab the #7 seed. The race started out conservatively as no one wanted to go out hard. Rory, who decided to run from the front of the race fell in behind the eventual top two finisher, McNeill from Northern Arizona and Chelanga from Liberty. They came through the 800 in 2:10 and the 1 Mile in 4:19. Chris on the other hand had decided to stay patient and be comfortable in the back of the race so he hit 2:13/4:22 running anywhere from 11th to 14th. From the 1 Mile to the 2 mile Rory remained in third place and he came through the 2 Mile point in 8:48.62. Chris stayed in 10th place from 1800 meters to 2400 meters before making a slow, gradual surge forward, which left him in fifth place at 8:48.88 at the 2 mile point (3200 meters). Through the next 400 (2 laps) from 3200 meters to 3600 meters they stayed in third and fifth clicking off laps of 33 or 34. At the 3600 mark Chris put another little surge in and got ahead of Rory as they passed 3800 meters in 3rd/4th positions in the race. Enroute to the 4000 meter point CB dropped to a 32 lap while Rory could only summon another 33. Then the leaders threw down a 31 lap and the mad dash was on. Chris responded on the 22nd lap (out of 25) with a 32 while Rory could not get anything more than a 34. At this point (4400 meters) Chris was locked into third place while Rory was hanging on to 7th. On the 23rd lap Chris hit another 32 second lap but had the Air Force runner breathing down his neck. Rory who was struggling from the early pace now had fallen to a 37 lap and tenth place. With 400 meters to go Chris was fighting like mad to retain the third place but the AF athlete just got around him on the penultimate lap leading by a scant 24/100ths of a second. On the last lap Chris was able to hit his fastest circuit on the day (30 seconds) but could not reel in the AF runner, crossing the finish line in a magnificent 13:43.20 and fourth place. That time also eclipsed the UNM indoor school record held by former All American Matt Gonzales, who finished fourth in the 2005 NCAA meet with a 13:45.72 clocking. Rory finished his 25 lap journey in 14:07.77 good for 12th place.



REDEMPTION IN 3000 METERS

Srs. Lee Emanuel and Rory Fraser were doubling back in the 15-lap 3000 meters race, which is the final distance event in the NCAA schedule. Typically every athlete in the race has already run at least one other event, and this year was no exception save for one. Of the 15 athletes entered in the event four were coming back after the 5000 meters the night before (Rory), while seven others had run either the 1200 or 1600 meter leg of the Distance Medley Relay the night before, while three were coming back after running a prelim in the 1 Mile on Friday and then a final in the 1 Mile on Saturday (Lee). Only one runner was fresh for the race. Just as typical is that the 3000 can be a slow tactical race rather than a barn-



burner. With every runner having turned in a time between 7:47-7:57 during the regular season to get into the meet, and no one runner dominant over another the strong guess was that it would be tactical. The picture to the left shows Lee on the starting line getting final race instructions. At the gun that is just what happened as the runners went out in 32 for the first 200 and slowed to 68 for



the 400. The picture to the right shows how crowded the race was as some of the athletes were running in lane three of the track since no one wanted to lead. Both Rory & Lee were content to sit at the back of the pack and bide their time. When the race got to the 600 meters Lee surged up to the front, while Rory remained at the back being patient. The picture to the lower left shows Lee working his way up to the front while the picture to the lower right shows him trying to find a spot to get inside, right behind the leaders. In the 5000 meters the night before, Rory pushed the pace hard from the front of the race, and when the hard, long drive came at the end of the race, his legs could not respond, so he was cautious.



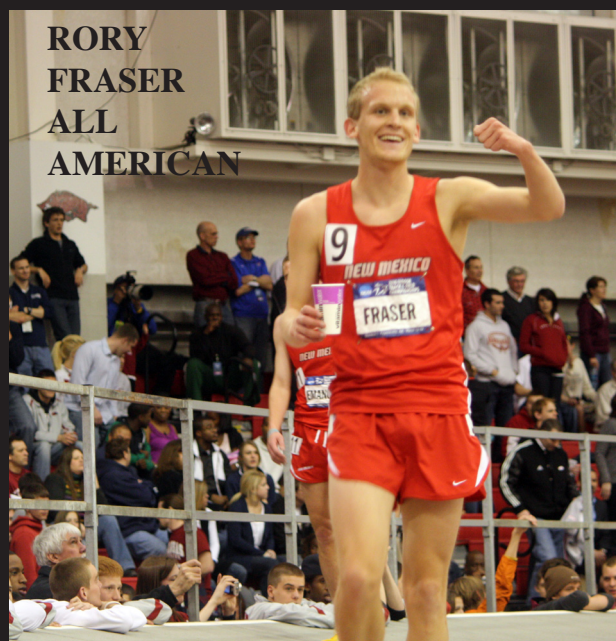
By the 1000 meters Lee had gone back to the middle of the race, while Rory was still cruising at the back. Just after the 1000 Lee got impatient and surged back to the front group and stayed there through the 1 Mile. In Lee's 7:51 school record run at Washington earlier in the season he came through the mile point in 4:15, while tonight the leaders came through in 4:35! The race remained the same as the athletes came through 2000



meters. Then the fatigue factor started to rear its ugly head as athletes started to separate with the top two pushing the pace faster. Lee, who was running third/fourth dropped back to the middle of the race as the effects of that sub-4:00 mile he had run just one hour and forty minutes earlier took control. Rory on the other hand, started to come to life and moved up. By the 2400 meter point in the race Lee/Rory were 8th/9th and Rory began his hunt. Slowly, but surely he picked off one runner after another moving all the way up to sixth place in the final 600 meters of the race, finishing in 8:12.88 while Lee came through the finish line in 8:19.35. For Rory it was redemption as he felt he did not finish the 5000 the way that he wanted, so he made sure his All American status was secured in the 3K. Great comeback.



RORY FRASER ALL AMERICAN



NCAA Men 3000 Meter Run Heat: 1			
1	Ulrey	UARK	8:10.52
2	McNeill	NAU	8:10.96
3	Bayer	INDY	8:11.19
4	Bethke	ASU	8:11.61
5	Miller	WISC	8:12.15
6	Fraser	UNM	8:12.88
7	Rombough	MINN	8:15.11
8	Poore	INDY	8:15.76

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 5 NCAA Triple Crowns

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Indoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico indoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a **PERSONAL RECORD** (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

1 MILE Lee Emanuel

Prelims: (30.96-61.94-1:32.77-2:03.80-2:32.95-3:02.24-3:32.47) 4:02.95
 Finals: (30.48-62.00-1:33.46-2:03.62-2:32.37-3:01.03-3:29.90) 3:59.26 (1st) (x,3)

3000 Rory Fraser (33, 1:10, 1:45, 2:21, 2:57, 3:32, 4:04, 4:37, 5:07, 5:40, 6:12, 6:43, 7:15, 7:44) 8:12.88 (6th)

Lee Emanuel (33, 1:10, 1:45, 2:20, 2:56, 3:31, 4:03, 4:36, 5:06, 5:40, 6:12, 6:43, 7:15, 7:45) 8:19.35

5000 Chris Barnicle

(33-69-1:41-2:13-2:45-3:17-3:50-4:22-4:54-5:27-6:00-6:35-7:08-7:41-8:15-8:48-9:22-9:56-10:29-11:02-11:36-12:08-12:41-13:12)
 13:43.20 (4th) (1,1) **PR** *NEW UNM INDOOR RECORD, OLD RECORD, MATT GONZALES, 13:45.72, 2005)*

Rory Fraser

(32-67-1:39-2:11-2:43-3:15-3:48-4:19-4:52-5:25-5:59-6:34-7:06-7:40-8:14-8:48-9:22-9:55-10:29-11:03-11:37-12:12-12:50-13:30)
 14:07.77

PENT Sandy Fortner

60 Hurdles	8.70	974 points
High Jump	5' 7 1/4"	867 points
Shot Put	42' 10 3/4"	732 points
Long Jump	19' 6" (x,8)	831 points
800 meters	2:25.41 PR	752 points

TOTAL: 4156 points (3rd) (1,1) *NEW UNM INDOOR RECORD, OLD RECORD, SANDY FORTNER 4147, 2010*

UNIVERSITY OF NEW MEXICO OUTDOOR TRACK & FIELD

2010 BEST PERFORMANCES

A @ after a performance denotes it has been adjusted based on the NCAA altitude conversion

2010 BEST

ALL TIME BEST or PREVIOUS BEST

100 METERS (WOMEN)

Deanna Young	Jr.	12.71
Alesha Walker	Sr.	
Asal Salehpoor	Soph.	

UNM Record - Barbara Bell, 11.42, April 28, 1984 at Mt. SAC Relays

Arizona State Inv., 3/19	11.93@	3/29/08 at UTEP
	12.56	3/22/08 at Arizona State

100 METERS (MEN)

Lamaar Thomas	Soph.	10.36@ (+1.4)
Richard York	Frosh.	10.98
Thomas Trujillo	Soph.	11.00@
Derek Montoya	Frosh.	11.16@
Brian Wilson	Jr.	11.38
Jeremy Lee	Sr.	11.81

UNM Record - Gabriel Okon, 10.17@, April 19, 1986 at New Mexico (10.14 raw)

Mountain West Conf., 5/15	10.37w@	5/1/10 at UNM/Don Kirby
MWC Decathlon, 5/12	11.27	4/23/10 at Cal Berkeley
UTEP Invitational, 4/10	10.71@	5/2/09 at New Mexico
UTEP Springtime Inv., 3/27		
Texas Relays Decathlon, 3/31	11.59@	5/14/09 at MWC (Wyoming)
MWC Decathlon, 5/12		

100 HURDLES (WOMEN)

Sandy Fortner	Sr.	14.09
Precious Selmon	Fr.	14.51@ (-1.6)

UNM Record - Angela Whyte, 13.41@, May 17, 2000 at MWC (BYU) (13.37 raw)

NCAA Champ (Oregon), 6/9	14.17@	5/1/10 at UNM/Don Kirby
Mountain West Conf., 5/14	14.53@	5/1/10 at UNM/Don Kirby

110 HURDLES (MEN)

De'Vron Walker	Fr.	14.41@ (+2.0)
Brian Wilson	Jr.	14.80@ (-1.9)
Richard York	Fr.	15.37
Jeremy Lee	Sr.	16.22@

UNM Record - Fatweil Kimaiyo, 13.70, April 1977 at Texas Relays

UNM/Don Kirby Inv., 5/1	14.53	4/23/10 at Cal-Ber
UNM/Don Kirby Inv., 5/1	14.87@ (+2.0)	5/1/10 at UNM prelim
Cal-Berkeley Inv., 4/23	15.95@	3/27/10 at UTEP
MWC Decathlon, 5/13	16.47@	4/10/10 at UTEP Inv.

200 METERS (WOMEN)

Shirley Pitts	Fr.	24.68
Tawsha Brazley	Fr.	24.81@
Sandy Fortner	Sr.	24.89

UNM Record - Barbara Bell, 23.44h, April 28, 1984 at Mt. SAC Relays

Cal-Berkeley Inv., 4/23	24.93@	3/27/10 at UTEP
UTEP Springtime Inv., 3/27		
Texas Relays Heptathlon, 3/31	25.24	5/14/08 at MWC Hept.

200 METERS (MEN)

Thomas Trujillo	Soph.	21.59@
Derek Montoya	Frosh.	22.56@
Jeremy Lee	Sr.	23.85

UNM Record - Gabriel Okon, 20.44h, 1987

Mountain West Conf., 5/15	21.42@	5/16/09 at MWC (Wyoming)
UTEP Springtime Inv., 3/27		
Cal-Berkeley Inv., 4/23		

400 METERS (WOMEN)

Tawsha Brazley	Fr.	55.09@
Shirley Pitts	Fr.	55.13@
Ashley Miknis	Fr.	60.35
Kim Perkins	Sr.	
Rachel Kelchner	Soph.	

UNM Record - Ariel Burr 52.85, May 26, 2007 at NCAA Regional Championship

Mountain West Conf., 5/15	56.09	4/23/10 at Cal-Berkeley
Mountain West Conf., 5/15	55.26	4/23/10 at Cal-Berkeley
Cal-Berkeley Inv., 4/23		
	58.54@	4/11/09 at New Mexico
	62.52@	3/28/09 at UTEP

400 METERS (MEN)

Richard York	Fr.	48.98
Derek Montoya	Frosh.	49.32@
Ryan Steadman	Jr.	49.36@
Gabe Aragon	Fr.	49.44@
Raffi Cote	Fr.	50.35
Josh Lovato	Fr.	50.91
Chad Clark	Soph.	51.02
Brian Wilson	Jr.	51.25
Jeremy Lee	Sr.	52.38

UNM Record - Adolph Plummer, 45.14h, May 25, 1963 at WAC Champ (Arizona St.)

MWC Decathlon, 5/12	50.11	3/31/10, Texas Relays Dec.
UNM/Don Kirby Inv., 5/1	49.79@	4/10/10 at UTEP
UTEP Invitational, 4/10	49.30@	3/28/09 at UTEP
UNM/Don Kirby Inv., 5/1	49.95@	4/10/10 at UTEP
Cal-Berkeley Inv., 4/23	51.87@	3/27/10 at UTEP
Cal-Berkeley Inv., 4/23		
Cal-Berkeley Inv., 4/23	50.26	4/25/09 at Cal-Berkeley
MWC Decathlon, 5/12	52.96	3/31/10, Texas Relays Dec.
MWC Decathlon, 5/12		

2010 BEST**ALL TIME BEST or PREVIOUS BEST**

400 METERS HURDLES (WOMEN)			UNM Record - Shannon Vessup, 58.10@, May 12, 1984 at High Country Champ (BYU)		
Ashley Miknis	Fr.	61.80@	Mountain West Conf., 5/15	63.04@	5/1/10 at UNM/Don Kirby
Christine Ostler	Fr.	68.27@	UTEP Springtime Invt., 3/27		
Kim Perkins	Sr.			59.88	4/25/09 at Cal-Berkeley

400 METERS HURDLES (MEN)			UNM Record - Fatweil Kimaiyo, 50.15, April 1978 at Texas Relays		
Chad Clark	Soph.	54.59	Cal-Berkeley, 4/23	53.76	4/25/09 at Cal-Berkeley
Josh Lovato	Fr.	54.91@	UNM/Don Kirby Invt., 5/1	55.11	4/23/10 at Cal-Berkeley
Derek Halladay	Soph.	58.15	UTEP Springtime Invt., 3/27	55.70	4/4/09 at Pomona-Pitzer

800 METERS (WOMEN)			UNM Record - Susan Vigil, 2:04.34h, 1979 at Michigan State		
Ashley Gibson	Sr.	2:12.68@	UTEP Invitational, 4/10		
Bianca Martin	Sr.	2:16.89	Cal-Berkeley Invt., 4/23		
Alex Darling	Soph.	2:18.28@	Mountain West Conf., 5/14	2:14.85@	5/2/09 at New Mexico
Emma Reed	Jr.	2:19.14@	UTEP Invitational, 4/10	2:15.95@	4/11/09 at New Mexico
Janna Mitsos	Fr.	2:22.35@	UNM/Don Kirby Invt., 5/1		
Shawna Winnegar	Soph.	2:24.40@	UTEP Invitational, 4/10		
Ashlee Smalley	Fr.	2:26.00@	UTEP Invitational, 4/10		
Sandy Fortner	Sr.	2:27.27	Texas Relays Heptathlon, 3/31	2:22.96	5/14/08 at MWC
Kim Perkins	Sr.	2:27.27@	UTEP Springtime Invt. 3/27		

800 METERS (MEN)			UNM Record - Sammy Kipkurgat, 1:46.02@, 1977		
Lee Emanuel	Sr.	1:48.86@	Mountain West Conf., 5/15	1:49.21@	4/11/09 at New Mexico
Sam Evans	Fr.	1:49.42@	Mountain West Conf., 5/15	1:52.04@	3/27/10 at UTEP Springtime
Gabe Aragon	Fr.	1:50.63@	Mountain West Conf., 5/15	1:52.38	4/15/10 @ Mt. Sac Relays
Raffi Cote	Fr.	1:52.31	Cal-Berkeley Invt., 4/23		
Ryan Steadman	Jr.	1:52.50	Mt. SAC Relays, 4/15	1:51.03	4/25/09 at Cal-Berkeley
David Bishop	Sr.	1:54.30@	Mountain West Conf., 5/15		
Matt Everett	Jr.	1:56.31@	UNM/Don Kirby Invt., 5/1	2:00.43@	4/10/10 at UTEP
Sean Stam	Fr.	1:59.31@	UNM/Don Kirby Invt., 5/1		
Cory Kalm	Jr.	1:59.95@	UTEP Invitational, 4/10		
Mike Gonzales	Fr.	2:00.95@	UTEP Invitational, 4/10	2:05.17@	3/27/10 at UTEP
Patrick Ortiz	Jr.	2:04.05@	UTEP Invitational, 4/10		
Allen Pittman	Soph.	2:04.15@	UTEP Invitational, 4/10		
Sid Scheer	Soph.	2:06.63@	UTEP Springtime Invt., 3/27		
Todd Nickerson	Soph.	2:08.86@	UTEP Invitational, 4/10		
Connor Schneider	Jr.	2:10.99@	UTEP Invitational, 4/10		
Jacob Kirwa	Sr.			1:52.34@	5/2/09 at New Mexico
Rory Fraser	Sr.			1:52.58@	4/11/09 at New Mexico

1500 METERS (WOMEN)			UNM Record, Kristi Leonard, 4:20.38, 1985		
Ashley Gibson	Sr.	4:24.28	NCAA Regional (Texas) 5/29	4:23.23	5/2/09 at Stanford
Ruth Senior	Soph.	4:26.24	Mt. SAC Relays, 4/15		
Alex Darling	Soph.	4:31.38	Cal-Berkeley Invt., 4/23	4:32.52	4/10/09 at Mt. SAC Relays
Carolyn Boosey	Sr.	4:37.07	Arizona State Invt., 3/19		
Janna Mitsos	Fr.	4:37.68@	UNM/Don Kirby Invt., 5/1	4:42.75	4/23/10 at Cal-Berkeley
Emma Reed	Jr.	4:39.06	Stanford Invt., 3/26		
Biana Martin	Fr.	4:45.91	Stanford Invt., 3/26		
Shawna Winnegar	Soph.	4:50.99@	UTEP Invitational, 4/10		
Ashlee Smalley	Fr.	4:51.59@	UTEP Invitational, 4/10		
Laura Lavezo	Fr.	5:05.73@	UTEP Invitational, 4/10		
Erin Weeda	Soph.	5:17.68@	UNM/Don Kirby Invt., 5/1		

2010 BEST**ALL TIME BEST or PREVIOUS BEST****1500 METERS (MEN)**

Lee Emanuel	Sr.	3:38.79
David Bishop	Jr.	3:42.01@
Ross Millington	Soph.	3:42.15@
Sam Evans	Fr.	3:49.35
Matt Everett	Jr.	3:51.78@
Alex Willis	Jr.	3:53.67@
Allen Pittman	Soph.	3:59.59
Sean Stam	Fr.	3:57.03@
Cory Kalm	Jr.	4:02.14
Patrick Ortiz	Jr.	4:03.92
Brock Hagerman	Jr.	4:06.16@
Todd Nickerson	Soph.	4:16.25@
Sid Scheer	Soph.	4:17.13
Connor Schneider	Jr.	4:17.48@
Richard York	Fr.	4:34.55
Brian Wilson	Jr.	5:07.99
Jeremy Lee	Sr.	5:01.04
Rory Fraser	Sr.	

UNM Record - Lee Emanuel, 3:37.25, May 2, 2009 at Stanford Invitational

Oregon Relays, 4/30	3:37.25	5/2/09 at Stanford
Mountain West Conf., 5/15	3:43.73	4/15/10 at Mt. SAC Relays
Mountain West Conf., 5/15	3:44.37	4/15/10 at Mt. SAC Relays
Mt. SAC Relays, 4/15		
Mountain West Conf., 5/15	3:55.21	4/23/10 at Cal-Berkeley
UNM/Don Kirby Invt., 5/1	3:59.99	4/23/10 at Cal-Berkeley
Cal-Berkeley Invt., 4/23		
UNM/Don Kirby Invt., 5/1	4:00.68	4/23/10 at Cal-Berkeley
Cal-Berkeley Invt., 4/23		
Cal-Berkeley Invt., 4/23		
UNM/Don Kirby Invt., 5/1		
UTEP Invt., 4/10		
UTEP Invt., 4/10	4:29.46	3/27/10 at UTEP
UNM/Don Kirby Invt., 5/1	4:17.90@	4/10/10 at UTEP
Texas Relays Decathlon, 3/31		
Texas Relays Decathlon, 3/31		
MWC Decathlon, 5/13		
	3:46.09	5/2/09 at Stanford

3000 STEEPLECHASE (WOMEN)

Ruth Senior	Soph.	10:09.14
Carolyn Boosey	Sr.	11:12.99@
Kelly McCabe	Jr.	12:07.52@

UNM Record, Ruth Senior, 10:09.14, May 1, 2010 at Payton Jordan/Stanford Invt.

Payton Jordan/Stanford, 5/1		
Mountain West Conf., 5/14	10:56.74	4/5/08 at Stanford
UNM/Don Kirby Invt., 5/1	11:15.58	4/21/08 at UC-San Diego

3000 STEEPLECHASE (MEN)

Alex Willis	Jr.	9:04.17@
Sean Stam	Fr.	9:22.49@

UNM Record - Harrison Koroso, 8:33.44h, April 2, 1977 at Texas Relays

Mountain West Conf., 5/14	9:03.56@	5/15/09 at MWC (Wyoming)
Mountain West Conf., 5/14	9:23.57@	4/10/10 at UTEP Invt.

5000 METERS (WOMEN)

Ruth Senior	Soph.	15:57.32
Nicky Archer	Sr.	16:32.42
Ashley Gibson	Sr.	16:35.67
Michelle Corrigan	Sr.	16:38.98
Lacey Oeding	Soph.	16:45.58
Janna Mitsos	Fr.	16:48.50
Vanessa Ortiz	Jr.	17:07.30
Delyth James	Soph.	17:12.23
Carolyn Boosey	Sr.	17:19.69
Ashlee Smalley	Fr.	17:41.53
Shawna Winnegar	Soph.	17:42.96
Laura Bowerman	Sr.	17:47.07
Laura Lavezo	Fr.	17:48.35

UNM Record - Ruth Senior, 15:57.32, March 26, 2010 at Stanford Invitational

Stanford Invitational, 3/26		
Mt. SAC Relays, 4/15	16:40.31	5/29/09 at NCAA Regional
Stanford Invitational, 3/26	17:07.55	3/27/09 at Stanford
Stanford Invitational, 3/26	16:29.26	5/2/09 at Stanford
Mt. SAC Relays, 4/15		
Stanford Invitational, 3/26		
Mt. SAC Relays, 4/15	17:49.73	4/26/08 at Cal-Berkeley
Payton Jordan/Stanford, 5/1	17:16.83	4/15/10 at Mt. SAC Relays
Stanford Invitational, 3/26	17:01.42	4/17/08 at Mt. SAC Relays
Cal-Berkeley Invt., 4/23		
Cal-Berkeley Invt., 4/23		
Stanford Invitational, 3/26	16:52.16	4/25/09 at Cal-Berkeley
Cal-Berkeley Invt., 4/23		

5000 METERS (MEN)

Lee Emanuel	Sr.	13:31.56
Chris Barnicle	Sr.	13:36.02
Jacob Kirwa	Sr.	13:48.85
Ross Millington	Soph.	14:02.86
Rory Fraser	Sr.	14:04.07
Brock Hagerman	Jr.	14:27.34
Alex Willis	Jr.	14:35.34
Sean Stam	Fr.	14:39.84
Allen Pittman	Soph.	14:43.70@
Patrick Ortiz	Jr.	14:46.64
Cory Kalm	Jr.	14:49.08
Todd Nickerson	Jr.	16:23.83@

UNM Record - Lee Emanuel, 13:31.56, April 15, 2010 at Mt. SAC Relays

Mt. SAC Relays, 4/15		
Mt. SAC Relays, 4/15	14:00.15	4/10/09 at Mt. SAC Relays
Payton Jordan/Stanford, 5/1	13:53.89	4/15/10 at Mt. SAC Relays
Payton Jordan/Stanford, 5/1		
Payton Jordan/Stanford, 5/1	13:39.85	4/10/09 at Mt. SAC Relays
Mt. SAC Relays, 4/15	14:31.95	4/25/09 at Cal-Berkeley
Stanford Invitational, 3/26		
Cal-Berkeley Invt., 4/23	14:40.69	3/26/10 at Stanford
Mountain West Conf., 5/15	14:50.44	4/23/10 at Cal-Berkeley
Cal-Berkeley Invt., 4/23	15:03.05	3/26/10 at Stanford
Cal-Berkeley Invt., 4/23	15:09.81	3/26/10 at Stanford
UNM/Don Kirby Invt., 5/1		

2010 BEST**ALL TIME BEST or PREVIOUS BEST****10,000 METERS (WOMEN)**

Nicky Archer	Sr.	33:32.83
Michelle Corrigan	Sr.	34:38.16
Lacey Oeding	Soph.	35:19.43
Ashlee Smalley	Fr.	38:13.05@
Delyth James	Soph.	38:40.61@

UNM Record - Nicky Archer, 33:23.83, March 26, 2010 at Stanford Invitational

Stanford Invitational, 3/26	34:32.21	3/27/09 at Stanford
Mt. SAC Relays, 4/15	34:12.30	4/10/09 at Mt. SAC Relays
Stanford Invitational, 3/26		
Mountain West Conf, 5/14		
Mountain West Conf, 5/14		

10,000 METERS (MEN)

Chris Barnicle	Sr.	28:10.59
Keith Gerrard	Jr.	28:42.51
Brock Hagerman	Jr.	29:20.09
Jacob Kirwa	Sr.	30:43.82@
Allen Pittman	Soph.	32:01.33@
Patrick Ortiz	Jr.	33:05.06@

UNM Record - Ibrahim Kivina, 28:05.24h, 1984

Payton Jordan/Stanford, 5/1	28:53.20	5/2/09 at Stanford
Stanford Invt., 3/26		
Stanford Invt., 3/36	30:57.04@	5/15/09 at MWC (Wyoming)
Mountain West Conf, 5/14	30:51.38@	5/15/09 at MWC (Wyoming)
Mountain West Conf, 5/14		
Mountain West Conf, 5/14		

4 x 100 RELAY (WOMEN)

Fortner, Pitts, Young, Brazley	46.68@
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UNM Record - Gyasi-Nmako, Whyte, McMillen, Smith, 45.26@, 2000

Mountain West Conf., 5/15	47.78@	3/27/10 at UTEP Springtime
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4 x 100 RELAY (MEN)

Trujillo, Montoya, Walker, Thomas	40.35
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UNM Record - Rivers, Caminiti, Head, Matison, 40.24yh, March 26, 1966 at Fresno

NCAA Regional (Texas) 5/29	5/1/10 at UNM/Don Kirby
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4 x 400 RELAY (WOMEN)

Pitts, Brazley, Miknis, Darling	3:48.44@
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UNM Record - Gyasi-Nmako, Matthews, Smith, Whyte, 3:41.11@, 2000

Mountain West Conf., 5/15	3:55.08@	5/1/10 @ UNM/Don Kirby
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4 x 400 RELAY (MEN)

Montoya, Aragon, Evans, Steadman	3:17.04@
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UNM Record - Ongwae, Dramiga, Kipkurgat, Solomon, 3:05.74yh, May 7, 1977 at WAC (BYU)

Mountain West Conf., 5/15	3:18.34@	4/10/10 at UTEP Invt.
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LONG JUMP (WOMEN)

Deanna Young	Jr.	20' 7 1/4" (+2.3)
Sandy Fortner	Sr.	20' 6 1/4" (+3.9)
Precious Selmon	Fr.	16' 11 1/4"
Alesha Walker	Sr.	

UNM Record - Alesha Walker, 21' 4", April 12, 2008 at UTEP

Mountain West Conf. 5/13	20' 6 1/4"	3/29/08 at UTEP
MWC Heptathlon, 5/13	20' 4 1/2"	3/31/10, Texas Relays Hept
UNM/Don Kirby Invt., 5/1	16' 8 1/2"	4/20/10 at TCU
	21' 4"	5/12/08 at UTEP

LONG JUMP (MEN)

Ty Kirk	Soph.	23' 7 1/4" (+4.2)
Richard York	Fr.	22' 4 1/2"
Brian Wilson	Jr.	21' 2 1 1/2"
Jeremy Lee	Sr.	19' 6 1/4"

UNM Record - Clarence Robinson, 26' 9 1/4", April 23, 1965 at Drake Relays

Mountain West Conf., 5/14	21' 9"	5/15/09 at MWC (Wyoming)
Cal-Berkeley Invt., 4/23	21' 8 3/4"	3/27/10 at UTEP
MWC Decathlon, 5/12	20' 5 1/4"	5/13/09 at MWC Dec.
UTEP Springtime Invt., 3/26		

TRIPLE JUMP (WOMEN)

Deanna Young	Jr.	43' 10 3/4"
Asal Salehpour	Jr.	

UNM Record - Deanna Young, 43' 10 1/4", March 31, 2010 at Texas Relays

Texas Relays, 3/31	42' 10 3/4"	5/3/08 at New Mexico
	38' 9 3/4"	5/16/09 at MWC (Wyoming)

TRIPLE JUMP (MEN)

Ty Kirk	Soph.	50' 1/2"
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UNM Record - Dwayne Rudd, 54' 8 3/4", June 1, 1984 at NCAA Championship (Oregon)

Mountain West Conf., 5/15	50' 11"	5/2/09 at New Mexico
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HIGH JUMP (WOMEN)

Sandy Fortner	Sr.	5' 7 3/4"
Marin Schweigert	Fr.	5' 6"

UNM Record - Margaret Metcalfe, 5' 11", 1979 at New York City

NCAA Hept. (Texas), 6/9	5' 7"	3/29/08 at UTEP
TCU Invitational, 4/20	5' 3 3/4"	3/27/10 at UTEP

HIGH JUMP (MEN)

Richard York	Fr.	6' 4 1/4"
Brian Wilson	Jr.	6' 2"
Jeremy Lee	Sr.	6' 0"

UNM Record - Bob Marchetti, 7' 3", May 22, 1993 at WAC (UTEP)

MWC Decathlon, 5/12	6' 4"	3/31/ at Texas Relays Dec.
MWC Decathlon, 5/12	6' 2 1/4"	5/13/09 at MWC Dec.
UNM/Don Kirby Invt., 5/1		

2010 BEST**ALL TIME BEST or PREVIOUS BEST****POLE VAULT (WOMEN)**

Kelly Fortner	Sr.	12' 9 1/2"
Amber Menke	Soph.	12' 1/2"
Lauren Jaramillo	Jr.	11' 6 1/2"
Aditi Majumdar	Sr.	11' 3 3/4"
Sara Lee	Soph.	11' 1 3/4"

POLE VAULT (MEN)

Kyle Walker	Soph.	17' 4 1/2"
Sam Potter	Fr.	16' 4 3/4"
Chris Dodds	Fr.	15' 1"
Richard York	Fr.	14' 5 1/4"
Brian Wilson	Jr.	13' 9 1/4"
Jeremy Lee	Sr.	12' 7 1/2"

SHOT PUT (WOMEN)

Briana Paxton	Sr.	44' 10 3/4"
Sandy Fortner	Sr.	44' 2 3/4"

SHOT PUT (MEN)

Brian Wilson	Jr.	38' 11"
Richard York	Fr.	37' 5"
Jeremy Lee	Sr.	36' 9 3/4"

DISCUS (WOMEN)

Briana Paxton	Sr.	158' 11"
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DISCUS (MEN)

Brian Wilson	Jr.	139' 9"
Richard York	Fr.	115' 3"
Jeremy Lee	Sr.	111' 3"
Matthew Henry Marshall	Sr.	

JAVELIN (WOMEN)

Sandy Fortner	Sr.	126' 9"
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JAVELIN (MEN)

Richard York	Fr.	195' 0"
Alex Kitterman	Fr.	181' 11"
Brian Wilson	Jr.	172' 3"
Jeremy Lee	Sr.	138' 10"

HAMMER THROW (WOMEN)

Sarah Swartwood	Sr.	160' 10"
Tami Williams	Jr.	150' 11"

HAMMER THROW (MEN)

Matthew Henry Marshall	Sr.	
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HEPTATHLON (WOMEN)

Sandy Fortner	Sr.	5723 pts.
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DECATATHLON (MEN)

Richard York	Fr.	7292 pts.
Brian Wilson	Jr.	6762 pts.
Jeremy Lee	Sr.	5920 pts.

UNM Record - Whitney Johnson, 13' 1/4", April 29, 2006 at Don Kirby/UNM Invitational

Mountain West Conf., 5/13	12' 1 1/2"	5/1/10 at UNM/Don Kirby
Cal-Berkeley Invt., 4/23	11' 9 3/4"	4/17/10 at TCU
Cal-Berkeley Invt., 4/23	10' 11 3/4"	3/27/10 at UTEP
Mountain West Conf., 5/13	11' 5 3/4"	3/28/09 at New Mexico
UNM/Don Kirby Invt., 5/1	10' 11 3/4"	3/27/10 at UTEP Springtime

UNM Record - Simon Arkell, 18' 2", 1991

Mountain West Conf., 5/14	16' 7 1/4"	5/1/10 at UNM/Don Kirby
Mountain West Conf., 5/14	16' 1 1/4"	4/23/10 at Cal Berkeley
UTEP Springtime Invt., 3/27		
MWC Decathlon, 5/13	14' 1 1/4"	5/1/10 at UNM/Don Kirby
MWC Decathlon, 5/13	13' 7 1/4"	5/1/10 at UNM/Don Kirby
UNM/Don Kirby Invt., 5/1		

UNM Record - Amanda Barnes, 52' 9 1/2", April 23, 2005 at UC-San Diego/Triton Invitational

Arizona State Invt., 3/19	44' 11 1/2"	4/28/08 at New Mexico
MWC Heptathlon, 3/12	46' 0"	5/14/08 at MWC Hept.

UNM Record - Darren Crawford, 61' 4", April 2, 1989 at UNM vs. Arizona dual

MWC Decathlon, 5/12	36' 9 1/2"	3/31/10, Texas Relays Dec.
MWC Decathlon, 5/12	36' 6 3/4"	4/10/10 at UTEP Invt.
UTEP Invitational, 4/10		

UNM Record - Amanda Barnes, 166' 11", April 30, 2005 at Don Kirby/UNM Invitational

UTEP Invitational, 4/10	157' 4"	3/27/10 at UTEP Springtime
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UNM Record - Ervin Jaros, 188' 5", 1970 at Modesto Relays

UNM/Don Kirby Invt., 5/1	134' 8"	3/27/10 at UTEP Springtime
UTEP Springtime Invt., 3/27		
MWC Decathlon, 5/13	106' 1"	4/10/10 at UTEP Invt.
	163' 1"	4/4/09 at Pomona-Pitzer

UNM Record - Katie Coronado, 181' 0", April 2009 at Texas Relays

Texas Relays Heptathlon, 3/31	133' 7"	5/15/08 at MWC Hept.
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UNM Record - Anthony Fairbanks, 225' 9", May 29, 2009 at NCAA Regional (Oklahoma)

MWC Decathlon, 5/13	185' 7"	4/10/10 at UTEP Invt.
UNM/Don Kirby Invt., 5/1	177' 0"	4/10/10 at UTEP
MWC Decathlon, 5/13	182' 6"	5/15/09 at MWC (Wyoming)
UTEP Invitational, 4/10		

UNM Record - Jamie Fishencord, 192' 6", April 30, 2005 at Don Kirby/UNM Invitational

Mountain West Conf., 5/13	153' 6"	5/2/09 at New Mexico
Cal-Berkeley Invt., 4/23	147' 7"	4/10/10 at UTEP

UNM Record - Stephen Dunbar, 212' 5", May 5, 2000 at Don Kirby/UNM Invitational

	174' 7"	5/15/09 at MWC (Wyoming)
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UNM Record - Sandy Fortner, 5723, May 12-13, 2010 at MWC Championship (UNM)

MWC Heptathlon, 5/12-13	5657 pts.	3/31/10, Texas Relays Hept.
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UNM Record - Gary Kinder, 7959, 1985 NCAA Championships at Texas

MWC Decathlon, 5/12-13	6224 points	3/31/10, Texas Relays Dec.
MWC Decathlon, 5/12-13	6347 points	3/31/10, Texas Relays Dec.
MWC Decathlon, 5/12-13		

University of New Mexico Men's Outdoor Track & Field

All Time Top Ten (1958-2010) (Revised June 13, 2010)

Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.

HOW TO READ THE RANKINGS

PERFORMERS	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
PERFORMANCES:	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

NOTES

ALTITUDE: The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".

WIND READING: For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.

YARDS: Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.

RETIRED EVENTS: Certain events are no longer contested in the NCAA and those rankings have become "retired", but I wanted to list them to show the excellence achieved by those men. Those events are: 100 yards, 1 Mile, 2 Miles, 3 Miles, 120 yard Hurdles.

DATES OF RANKING: Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

100 METERS - INDIVIDUAL

1.	Gabriel Okon	10.17@	April 19, 1986 at New Mexico (raw 10.14)
2.	Lamaar Thomas	10.36@	May 15, 2010 at MWC (New Mexico) (raw 10.33)
3.	Jermaine McQueen	10.37@	May 15, 2009 at MWC (Wyoming) (raw time of 10.31)
4.	Dwayne Rudd	10.44	May 7, 1984 at WAC Champ. (San Diego State)
5.	Kevin Evans	10.51@	1979
6.	Quincy Wright	10.53@	May 18, 2002 at MWC (Air Force)
7.	Aaron Brack	10.56@	May 12, 2006 at MWC (BYU) (raw time of 10.53)
	Rishard Stafford	10.57	April 11, 1998 at Lobo Twilight
9.	David Lloyd	10.57@	May 17, 2003 at MWC (New Mexico) (raw 10.54)
10.	Reginal Johnson	10.58	May 2, 1998 at New Mexico Don Kirby

100 METER - PERFORMANCES

1.	Gabriel Okon	10.17@	1986
2.	Gabriel Okon	10.27	1987
3.	Gabriel Okon	10.34hw	1986
4.	Gabriel Okon	10.36	1986
	Lamaar Thomas	10.36@	2010
5.	Jermaine McQueen	10.37@	2009
6.	Lamaar Thomas	10.41	2010
7.	Dwayne Rudd	10.44	1984
	Gabriel Okon	10.44h	1986
8.	Jermaine McQueen	10.46	2009

200 METERS - INDIVIDUAL

1.	Gabriel Okon	20.44h(+1.1)	1987
2.	Bernie Rivers	20.74yh	March 19, 1966 at San Diego State
	Tony Eziuka	20.74h	1990
4.	Adolph Plummer	20.84yh	March 24, 1962 UNM vs. BYU at New Mexico
5.	Jermaine McQueen	20.95@	May 16, 2009 at MWC (Wyoming) (raw time of 20.83)
	Ahmed Raji	20.95@	2003
7.	Larry Davis	20.96	May 18, 2001 at MWC (San Diego)
8.	Art Carter	21.04yh	April 3, 1965, UNM vs. USC at New Mexico
9.	Dick Howard	21.14yh	March 28, 1959, UNM vs. Arizona/Wyoming at UNM
10.	Rene Matison	21.34yh	May 4, 1968, UNM vs. UTEP at New Mexico
	Jim Whitfield	21.34yh	May 20, 1961 at Skyline East Champ. (Denver)
	Walter Henderson	21.34yh	April 22, 1972 at BYU

200 METER - PERFORMANCES

1.	Gabriel Okon	20.44h (+1.1)	1987
2.	Gabriel Okon	20.51@	1986
3.	Gabriel Okon	20.65	1986
4.	Gabriel Okon	20.73	1986
5.	Tony Eziuka	20.74h	1990
	Bernie Rivers	20.74yh	1966
6.	Gabriel Okon	20.84h	1986
	Bernie Rivers	20.84yh	1964
	Bernie Rivers	20.84yh	1964
	Adolph Plummer	20.84yh	1962

400 METERS - INDIVIDUAL

1.	Adolph Plummer	45.14yh	May 25, 1963 at WAC Champ. (Arizona State)
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	May 16, 2009 at MWC (Wyoming) (raw time 45.68)
4.	Tony Eziuka	45.97	1990
5.	Charles Dramiga	46.14	1978
6.	Jeremiah Ongwae	46.25@	1977
7.	Art Carter	46.54yh	May 1, 1965, UNM vs. BYU/ACU at New Mexico
8.	Ian Stewart	46.59	May 2, 1998 at New Mexico Don Kirby
9.	Ken Head	46.64yh	April 23, 1966, UNM vs. Arizona/Arz. St at ASU
10.	Silver Ayoo	46.66	1980

400 METER - PERFORMANCES

1.	Adolph Plummer	45.14yh	1963
2.	Michael Solomon	45.77	1976
3.	Jarrin Solomon	45.89@	2009
4.	Michael Solomon	45.94h	1977
5.	Tony Eziuka	45.97	1990
6.	Michael Solomon	46.04h	1977
7.	Charles Dramiga	46.14	1978
8.	Michael Solomon	46.15	1976
9.	Michael Solomon	46.19	1976
10.	Tony Eziuka	46.20	1991

800 METERS - INDIVIDUAL			800 METER - PERFORMANCES		
1.	Sammy Kipkurgat	1:46.02@ 1977	1.	Sammy Kipkurgat	1:46.02@ 1977
2.	Jeremiah Ongwae	1:46.35 1979	2.	Jeremiah Ongwae	1:46.35 1979
3.	Pete Serna	1:48.02 1983	3.	Sammy Kipkurgat	1:46.54h 1977
4.	Mark Romero	1:48.25@ 1977	4.	Sammy Kipkurgat	1:46.56 1977
5.	Jim Dupree	1:48.34yh 1960 at Stanford	5.	Sammy Kipkurgat	1:46.64 1978
6.	Richie Martinez	1:48.54@ 1986	6.	Sammy Kipkurgat	1:47.83 1977
7.	Lee Emanuel	1:48.86@ May 15, 2010 at MWC (New Mexico) (raw 1:49.76)	7.	Sammy Kipkurgat	1:47.97 1978
8.	Tomas Ericson	1:49.04yh April 17, 1971, UNM vs. ASU at New Mexico	8.	Pete Serna	1:48.02 1983
9.	Roger Moore	1:49.14 1980	9.	Mark Romero	1:48.25@ 1977
10.	Sam Evans	1:49.42@ May 15, 2010 at MWC (New Mexico)(raw 1:50.08)	10.	Jim Dupree	1:48.34yh 1960

1500 METERS - INDIVIDUAL			1500 METER - PERFORMANCES		
1.	Lee Emanuel	3:37.25 May 2, 2009 at Stanford Invitational	1.	Lee Emanuel	3:37.25 2009
2.	Kip Koskei	3:38.66@ 1979	2.	Lee Emanuel	3:37.99 2009
3.	Sammy Kipkurgat	3:40.87@ 1977	3.	Kip Koskei	3:38.66@ 1979
4.	Greg Keith	3:41.07@ 1986	4.	Lee Emanuel	3:38.79 2010
5.	David Bishop	3:42.01@ May 15, 2010 at MWC (New Mexico)(raw 3:47.34)	5.	Lee Emanuel	3:38.81 2010
6.	Ross Millington	3:42.15@ May 15, 2010 at MWC (New Mexico)(raw 3:47.48)	6.	Lee Emanuel	3:39.66 2009
7.	Richie Martinez	3:42.64h 1986	7.	Lee Emanuel	3:39.66@ 2010
8.	Matt Gonzales	3:42.83 May 31, 2003 at NCAA Regional	8.	Lee Emanuel	3:39.91 2009
9.	Rory Fraser	3:46.09 May 2, 2009 at Stanford Invitational	9.	Kip Koskei	3:39.94h 1979
10.	Bill Managan	3:46.52@ 1986	10.	Lee Emanuel	3:40.77 2008

3000 STEEPLE - INDIVIDUAL			3000 STEEPLE - PERFORMANCES		
1.	Harrison Koroso	8:33.44h April 2, 1977 at Texas Relays	1.	Harrison Koroso	8:33.44h 1977
2.	Ibrahim Hussein	8:37.77 May 31, 1983 at NCAA (Houston)	2.	Harrison Koroso	8:33.84h 1978
3.	Tom Glass	8:38.64h 1986	3.	Ibrahim Hussein	8:37.77 1983
4.	Jay Miller	8:44.74h April 4, 1975 at Texas Relays	4.	Ibrahim Hussein	8:38.05 1983
5.	Adrian DeWindt	8:50.24h 1968	5.	Tom Glass	8:38.64h 1986
6.	Web Loudat	8:50.43@ 1967	6.	Harrison Koroso	8:42.45 1978
7.	Adam Kedge	9:00.73@ 1988	7.	Jay Miller	8:44.74h 1975
8.	Alex Willis	9:03.56@ May 15, 2009 at MWC (Wyoming) (raw 9:28.95)	8.	Adrian DeWindt	8:50.24h 1968
9.	Pat Mulkey	9:04.24h April 6, 1991 at Arizona State	9.	Web Loudat	8:50.43@ 1967
10.	Phil Armijo	9:06.64h 1984	10.	Tom Glass	8:53.44h 1986

5000 METERS - INDIVIDUAL			5000 METER - PERFORMANCES		
1.	Lee Emanuel	13:31.56 April 16, 2010 at Mt. Sac Relays	1.	Lee Emanuel	13:31.56 2010
2.	Matt Gonzales	13:35.59 May 30, 2004 at Payton Jordan/Stanford Open	2.	Matt Gonzales	13:35.59 2004
3.	Chris Barnicle	13:36.02 April 16, 2010 at Mt. Sac Relays	3.	Chris Barnicle	13:36.02 2010
4.	Ibrahim Kivina	13:39.45 1984	4.	Ibrahim Kivina	13:39.45 1984
5.	Rory Fraser	13:39.85 April 10, 2009 at Mt. Sac Relays	5.	Rory Fraser	13:39.85 2009
6.	Bill Mangan	13:44.24h March 20, 1986 at Cal St LA	6.	Matt Gonzales	13:40.57 2005
7.	Ibrahim Hussien	13:45.84h 1984	7.	Bill Mangan	13:44.24h 1986
8.	Jacob Kirwa	13:48.85 May 1, 2010 at Payton Jordan/Stanford Invitational	8.	Matt Gonzales	13:44.52 2004
9.	Jeremy Johnson	13:50.85 March 31, 2007 at Stanford Invitational	9.	Ibrahim Hussien	13:45.84h 1984
10.	Lionel Ortega	13:56.24h@ 1977	10.	Bill Mangan	13:47.74h 1989

10000 METERS - INDIVIDUAL			10000 METER - PERFORMANCES		
1.	Ibrahim Kivina	28:05.24h 1984	1.	Ibrahim Kivina	28:05.24h 1984
2.	Kip Koskei	28:06.24h 1979	2.	Kip Koskei	28:06.24h 1979
3.	Ibrahim Hussein	28:10.24h 1984	3.	Ibrahim Hussein	28:10.24h 1984
4.	Chris Barnicle	28:10.59 May 1, 2010 at Payton Jordan/Stanford Invitational	4.	Chris Barnicle	28:10.59 2010
5.	Matt Gonzales	28:17.46 May 1, 2005 at Stanford	5.	Matt Gonzales	28:17.46 2005
6.	Jeremy Johnson	28:33.08 May 4, 2008 at Stanford	6.	Matt Gonzales	28:22.77 2004
7.	Keith Gerrard	28:42.51 March 26, 2010 at Stanford	7.	Matt Gonzales	28:26.88 2003
8.	Matt Ashton	28:50.93 May 2, 2009 at Stanford	8.	Jeremy Johnson	28:33.08 2008
9.	Lionel Ortega	29:07.46 1976	9.	Matt Gonzales	28:38.64 2003
10.	Ben Ortega	29:10.34 March 26, 2005 at Stanford	10.	Keith Gerrard	28:42.51 2010

110 HURDLES - INDIVIDUAL			110 HURDLES - PERFORMANCES		
1.	Fatweil Kimaiyo	13.68 June 1, 1978 at NCAA Championships	1.	Fatweil Kimaiyo	13.68 1978
2.	Willie Goldsmith	13.80 1985	2.	Fatweil Kimaiyo	13.70 1977
3.	Shawn Taylor	14.07@ 1987	3.	Willie Goldsmith	13.80 1985
4.	Kwane Stewart	14.18@ May 1, 1993 at UNM (Don Kirby) (14.14 raw)	4.	Shawn Taylor	14.07@ 1987
5.	Chris Barela	14.25@ May 12, 1988 at New Mexico (14.22 raw)	5.	Kwane Stewart	14.18@ 1993
6.	De'Vron Walker	14.41@ May 1, 2010 at UNM (Don Kirby) (14.37 raw)	6.	Shawn Taylor	14.20 1988
7.	Marlon Gates	14.42@ 1975	7.	Shawn Taylor	14.21 1988
8.	Chris Garofola	14.48 May 12, 2004 at MWC (UNLV)	8.	Chris Barela	14.25@ 1988
9.	Trini Avila	14.56@ 1988	9.	Kwane Stewart	14.27 1992
10.	Matt Bishop	14.69@ March 23, 2002 at New Mexico	10.	Kwane Stewart	14.29 1993

400 HURDLES - INDIVIDUAL			400 HURDLES - PERFORMANCES		
1.	Fatweil Kimaiyo	50.15	April, 1978 at Texas Relays	1.	Fatweil Kimaiyo 50.15 1978
2.	Mel Powers	50.57	May 8, 1976 at WAC Championship	2.	Fatweil Kimaiyo 50.22 1978
3.	Dick Howard	50.74yh	1959 in Denmark	3.	Mel Powers 50.57 1976
4.	David Lloyd	50.75@	March 30, 2002 at UTEP	4.	Fatweil Kimaiyo 50.65 1978
5.	Silver Ayoo	51.17	1980 at Texas Relays	5.	Dick Howard 50.74yh 1959
6.	Bobby Lewis	51.34h	1985	6.	David Lloyd 50.75@ 2002
7.	Ken Ohman	51.44yh	April 7, 1972 at Texas Relays	7.	Fatweil Kimaiyo 50.81 1979
8.	Daniel Dramiga	51.94h	1985	8.	Dick Howard 50.94yh 1959
9.	Justin Massey	52.13@	2002	9.	Silver Ayoo 51.17 1980
10.	Mike Jones	52.14yh	May 16, 1970 at WAC Championship (Utah)	10.	Mel Powers 51.24yh 1975

4 x 100 RELAY		
1.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.24yh March 26, 1966 at Fresno
2.	Thomas Trujillo, Jarrin Solomon, Phil Reid, Jermaine McQueen	40.30@ May 16, 2009 at MWC (Wyoming) (raw time 40.06)
3.	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas	40.35 May 29, 2010 at NCAA Regional (Texas)
4.	Chris Garofola, David Lloyd, Rashawn Jackson, Ahmed Raji	40.47 May 30, 2003 at NCAA Regional (Nebraska)
5.	Harvey Blair, Walter Little, Ed Lloyd, Bernie Rivers	40.54yh May 9, 1964 at New Mexico vs. Southern Cal Striders
6.	Art Carter, Steve Caminiti, Rene Matison, Bernie Rivers	40.54yh May 1, 1965 at New Mexico vs. BYU & Abilene Christian
7.	Bernie Rivers, Steve Caminiti, Ken Head, Rene Matison	40.54yh May 13, 1967 at West Coast Relays
8.	TEAM MEMBERS NAMES UNKNOWN	40.61 May 2, 1998 at New Mexico Don Kirby
9.	Art Carter, Billy Thompson, Ed Lloyd, Adolph Plummer	40.74yh May 10, 1963 at New Mexico vs. Abilene Christian
10.	Stacey Blakemore, Willie Garcia, Everett, Tony Eziuka	40.80@ 1990

4 x 400 RELAY		
1.	Jeremiah Ongwae, Charles Dramiga, Sammy Kipkurgat, Michael Solomon	3:05.74yh May 7, 1977 at WAC (BYU)
2.	Art Carter, Rene Matison, Bernie Rivers, Ken Head	3:06.84yh May 7, 1966 at UNM vs. Houston/ACU/Texas Western
3.	Art Carter, Joe Garcia, Ed Lloyd, Adolph Plummer	3:08.34yh May, 1963 at UCLA
4.	David Lloyd, Nick Lott, Chris Garofola, Ahmed Raji	3:10.63 April 12, 2003 at LSU
5.	Fred James, Matt Henry, Reid Cole, Keith Ohman	3:10.64yh May 13, 1973 at WAC
6.	Taylor Siemen, Kurt Henry, Jarrin Solomon, Randle McCain	3:10.72 March 31, 2007 at Arizona
7.	Bernie Rivers, Walter Little, Ed Lloyd, Art Carter	3:11.44yh April 11, 1964 at Abilene Christian
8.	Lott, Larry Davis, Ian Stewart, Matt Bishop	3:11.80 2001
9.	TEAM MEMBERS NAMES UNKNOWN	3:11.87@ 1987
10.	Ulf Nilsson, Reid Cole, Tom Ericson, Jesse Johnson	3:12.04yh April, 1970 at Texas Relays

LONG JUMP - INDIVIDUAL			LONG JUMP - PERFORMANCES		
1.	Clarence Robinson	26' 9 1/4"	April 23, 1965 at Drake Relays	1.	Clarence Robinson 26' 9 1/4" 1965
2.	Fidelis Ndyabagye	26' 1 3/4"	1985	2.	Fidelis Ndyabagye 26' 1 3/4" 1985
3.	Dwayne Rudd	25' 10"	1984	3.	Dwayne Rudd 25' 10" 1984
4.	Skip Peterson	25' 9 1/2"	1975		Clarence Robinson 25' 10" 1965
5.	Del Blanks	25' 7"	May 27, 1961 at Skyline Championship (BYU)	4.	Skip Peterson 25' 9 1/2" 1975
6.	Ken Medley	25' 5 3/4"	1962	5.	Clarence Robinson 25' 7 1/2" 1965
7.	Ira Robinson	25' 5 1/4"	May, 1966 at New Mexico (AAU Championship)	6.	Fidelis Ndyabagye 25' 7" 1985
8.	Bob Nance	25' 3 3/4"	April 13, 1974 at Texas Relays		Del Blanks 25' 7" 1961
9.	Chuck Steffes	25' 2"	April 22, 1972 at BYU	7.	Clarence Robinson 25' 6 1/4" 1965
10.	Mikael Bernhardt	24' 10"	1976	8.	Clarence Robinson 25' 6" 1965

TRIPLE JUMP - INDIVIDUAL			TRIPLE JUMP - PERFORMANCES		
1.	Dwayne Rudd	54' 8 3/4"	June 1, 1984 at NCAA (Oregon)	1.	Dwayne Rudd 54' 8 3/4" 1984
2.	Mikael Bernhardt	53' 1"	1975	2.	Dwayne Rudd 54' 4" 1984
3.	Chuck Steffes	53' 0"	June 2, 1972 at NCAA (Oregon)	3.	Dwayne Rudd 53' 8" 1984
4.	Clarence Robinson	52' 8 1/4"	May 22, 1965 at UNM (WAC)	4.	Mikael Bernhardt 53' 1" 1975
5.	Art Baxter	52' 8"	May 19, 1967 at UNM (WAC)	5.	Chuck Steffes 53' 0" 1972
6.	Ty Kirk	50' 11"	May 2, 2009 at UNM (Don Kirby Invt.)	6.	Dwayne Rudd 52' 10" 1984
7.	Ira Robinson	50' 1/4"	1967	7.	Chuck Steffes 52' 9" 1972
8.	Charles Bishop	49' 7 3/4"	April 15, 1995 at Air Force	8.	Clarence Robinson 52' 8 1/4" 1965
9.	Fidelis Ndyabagye	49' 7"	1984	9.	Art Baxter 52' 8" 1967
10.	Tom Kent	49' 2 1/2"	1974	10.	Mikael Bernhardt 52' 7 1/4" 1975

HIGH JUMP - INDIVIDUAL			HIGH JUMP - PERFORMANCES		
1.	Bob Marchetti	7' 3"	May 22, 1993 at WAC (UTEP)	1.	Bob Marchetti 7' 3" 1993
2.	David Llamas	7' 2"	March 15, 1997 at New Mexico	2.	David Llamas 7' 2" 1997
3.	Ivar Hella	7' 1 3/4"	1992	3.	Ivar Hella 7' 1 3/4" 1992
4.	Mike Foster	7' 1 1/2"	1985		Ivar Hella 7' 1 3/4" 1992
5.	Ingemar Nyman	7' 1"	March 25, 1972 at New Mexico vs. Colorado	4.	Ivar Hella 7' 1 1/2" 1989
6.	Kimani Harper	7' 1/2"	May 18, 1994 at WAC (Fresno State)		Mike Foster 7' 1 1/2" 1985
7.	Vic Del Frate	6' 11 1/2"	1988	5.	Ingemar Nyman 7' 1" 1972
8.	Hank Baskett	6' 11"	May 14, 2004 at MWC (UNLV)	6.	Kimani Harper 7' 1/2" 1994
9.	Josh Cosio	6' 10 3/4"	March 25, 2006 at Arizona	7.	David Llamas 7' 1/4" 1997
	Alfred Neale	6' 10 3/4"	April 2, 2005 at UTEP	8.	Ivar Hella 7' 0" 1989

POLE VAULT - INDIVIDUAL			POLE VAULT - PERFORMANCES		
1.	Simon Arkell	18' 2"	1991	1.	Simon Arkell 18' 2" 1991
2.	Derek Mackell	18' 1"	May 28, 2006 at NCAA Regionals (Texas)	2.	Derek Mackell 18' 1" 2006
	Robert Caldwell	18' 1"	May 14, 2008 at MWC (TCU)	3.	Robert Caldwell 18' 1" 2008
4.	Kyle Walker	17' 4 1/2"	May 15, 2010 at MWC (New Mexico)	4.	Simon Arkell 18' 1/2" 1990
5.	Ingemar Jernberg	17' 3/4"	1972 at Karlstad, Sweden		Simon Arkell 18' 1/2" 1991
6.	Randy Bryant	16' 8"	1988	5.	Simon Arkell 17' 10 1/4" 1989
7.	Marty Niebauer	16' 6"	1982	6.	Simon Arkell 17' 9" 1989
8.	John Mattinson	16' 5 1/2"	May 7, 1988 at WAC (BYU)	7.	Derek Mackell 17' 8 3/4" 2005
9.	Mark Johnson	16' 5 1/4"	May 29, 2004 at NCAA Regional (Texas A&M)	8.	Simon Arkell 17' 7" 1990
10.	Chris Ashcraft	16' 4 3/4"	May 16, 2003 at MWC (New Mexico)	9.	Robert Caldwell 17' 6 3/4" 2008
	Branden Bennett	16' 4 3/4"	April 5, 2003 at Texas Relays		
	Sam Potter	16' 4 3/4"	May 15, 2010 at MWC (New Mexico)		

SHOT PUT - INDIVIDUAL			SHOT PUT - PERFORMANCES		
1.	Darren Crawford	61' 4"	April 2, 1989 at UNM vs. Arizona	1.	Darren Crawford 61' 4" 1989
2.	Larry Kennedy	58' 10"	April 3, 1965 at UNM vs. USC	2.	Darren Crawford 61' 2" 1990
3.	Randy Withrow	57' 6"	April 12, 1975 at Arizona State	3.	Darren Crawford 60' 6" 1989
4.	Greg Reese	57' 2 1/4"	1990	4.	Darren Crawford 60' 5" 1989
5.	Darrell Rich	57' 0"	May 7, 1966 at UNM vs. Houston/Abilene Christian	5.	Darren Crawford 59' 10 1/2" 1986
6.	Ervin Jaros	56' 10 1/4"	April 11, 1970 at UNM vs. Arizona	6.	Darren Crawford 59' 9 3/4" 1989
7.	Jason Barkemeyer	56' 9 1/2"	March 27, 2004 at UTEP	7.	Darren Crawford 59' 5" 1989
	Burt Marks	56' 9 1/2"	1966	8.	Darren Crawford 59' 4 1/2" 1987
9.	Henry Stephens	55' 4 1/4"	May 15, 2000 at MWC (BYU)	9.	Darren Crawford 59' 4" 1986
10.	Jordan Parker	55' 3"	March 18, 2005 at Arizona	10.	Darren Crawford 59' 1 1/2" 1990

DISCUS - INDIVIDUAL			DISCUS - PERFORMANCES		
1.	Ervin Jaros	188' 5"	1970 at Modesto, CA	1.	Ervin Jaros 188' 5" 1970
2.	Larry Kennedy	185' 2 1/2"	1964 NCAA Championships	2.	Ervin Jaros 185' 9" 1968
3.	Steve Dunbar	183' 2"	April 12, 1997 at New Mexico (Don Kirby)	3.	Larry Kennedy 185' 2 1/2" 1964
4.	Mike Jeffery	176' 7"	April 13, 1968 at Oklahoma Relays	4.	Ervin Jaros 184' 8 1/4" 1970
5.	Steve Dudley	176' 4"	1987	5.	Larry Kennedy 183' 5 1/2" 1964
6.	Greg Rees	175' 1"	May 18, 1991 at WAC (San Diego State)	6.	Steve Dunbar 183' 2" 1997
7.	Jason Barkemeyer	173' 2"	March 31, 2004 at Texas Relays	7.	Ervin Jaros 182' 11 1/2" 1970
8.	Lennart Andersen	172' 6 1/2"	April 28, 1973 at Utah	8.	Ervin Jaros 180' 1/2" 1969
9.	Burt Marks	171' 10"	1965	9.	Ervin Jaros 179' 0" 1970
10.	Jordan Parker	171' 0"	April 30, 2005 at UNM (Don Kirby)	10.	Ervin Jaros 178' 7 1/2" 1970

JAVELIN (NEW - FROM 1986 TO THE PRESENT) - INDIVIDUAL			JAVELIN (NEW) - PERFORMANCES		
1.	Anthony Fairbanks	225' 9"	May 29, 2009 at NCAA Regional (Oklahoma)	1.	Anthony Fairbanks 225' 9" 2009
2.	Donnie Lujan	225' 4"	May 17, 1991 at WAC (San Diego State)	2.	Donnie Lujan 225' 4" 1991
3.	Matt Keeran	218' 8"	March 25, 2006 at Arizona	3.	Anthony Fairbanks 224' 11" 2008
4.	Robbie Gallegos	211' 8"	1988	4.	Anthony Fairbanks 223' 7" 2009
5.	Jon Vigil	211' 0"	May 6, 1989 at UTEP	5.	Anthony Fairbanks 220' 11" 2008
6.	Adrian Romero	205' 5"	May 1, 1993 at UNM	6.	Anthony Fairbanks 219' 1" 2009
7.	H.R. McAdams	205' 1"	1987	7.	Matt Keeran 218' 8" 2006
8.	Jimmy Minner	204' 0"	May 3, 2003 at UTEP Twilight	8.	Anthony Fairbanks 218' 4" 2009
9.	Dan Feltman	202' 9"	May 9, 2007 at MWC (San Diego)	9.	Anthony Fairbanks 217' 9" 2007
	Tyler Nunn	202' 9"	April 16, 2000 at Pomona Pitzer	10.	Anthony Fairbanks 216' 9" 2008

HAMMER - INDIVIDUAL			HAMMER - PERFORMANCES		
1.	Stephen Dunbar	212' 5"	May 5, 2000 at New Mexico (Don Kirby)	1.	Stephen Dunbar 212' 5" 2000
2.	Greg Farmer	205' 8"	1978	2.	Stephen Dunbar 208' 4" 1998
3.	Ted Crouch	201' 1"	1985	3.	Greg Farmer 205' 8" 1978
4.	Leo Archer	193' 4"	May 6, 1989 at UTEP	4.	Stephen Dunbar 202' 0" 1998
5.	Darren Crawford	184' 3"	1989	5.	Stephen Dunbar 201' 6" 2000
6.	Willie McKee	183' 3"	1987	6.	Stephen Dunbar 201' 1" 2000
7.	Tom Ferrier	176' 1"	1985		Ted Crouch 201' 1" 1985
8.	Josh Parra	175' 7"	May 1, 2004 at UNM (Don Kirby)	7.	Ted Crouch 198' 0" 1985
9.	Matthew Henry-Marshall	174' 7"	May 15, 2009 at MWC (Wyoming)	8.	Ted Crouch 196' 8" 1985
10.	Andre Meurer	166' 11"	1990	9.	Stephen Dunbar 196' 4" 1997

DECATHLON - INDIVIDUAL					
1.	Gary Kinder	7959	1985 NCAA at Texas	(?? - 22' 3" - 49' 10" - 6' 6 1/4" - ?? - ??? - 162' 6" - 15' 9" - 222' 9" - ???)	
2.	Marty Niebauer	7572	1982		
3.	Chris Warner	7525	1987 WAC Championship (UTEP)		
4.	Mark Johnson	7325	May 13, 2004 at MWC (UNLV)	(11.22 - 22' 7 3/4" - 41' 8" - 6' 7" - 50.47 - ??????????????)	
5.	Richard York	7292	May 12, 2010 at MWC (UNM)	(10.98-22' 3 1/4"-37'5"-6' 4 1/4"-48.98-15.55-108' 11"-14' 5 1/4"-195' 0"-4:35.52)	
6.	Dan Feltman	7278	April 14, 2005 at Mt. Sac Relays	(11.33-22' 5 3/4"-45' 10 1/2"-5' 10 3/4"-50.24-15.50-125' 4"-15' 1"-189' 6"-4:46.29)	
7.	H.R. McAdams	6922	March 19, 1988 at Occidental		
8.	Frank Joseph	6837	1974		
9.	Brian Wilson	6762	May 13, 2010 at MWC (UNM)	(11.39-21' 2 1/2"-38' 11"-6' 2"-51.25-14.79-117' 5"-13' 9 1/4"-172' 2"-5:11.87)	
10.	Scott Steffan	6705	May 5, 1988 at WAC (BYU)	(11.13-22' 3 1/4"-39' 7 3/4"-6' 3 1/2"-51.81-15.39-116' 9 -12' 3 1/2"-172' 11"-5:14.85)	

RETIRED EVENTS (NCAA EVENTS THAT ARE NO LONGER CONTESTED)

100 YARDS - INDIVIDUAL

1.	Rene Matison	9.4	March 19, 1966 at San Diego State
	Bernie Rivers	9.4	April 18, 1964 at San Jose State
	Steve Caminiti	9.4	April 15, 1967 at UNM vs. Texas A&M & Kansas
	Walter Henderson	9.4	March 23, 1974 at UTEP
5.	Jim Whitfield	9.5	May 20, 1961 at Skyline Conference East (Denver)
	Jesse Johnson	9.5	March 31, 1970, at Abilene Christian
7.	Ed Lloyd	9.6	April 3, 1965 at New Mexico vs. USC
	Dick Howard	9.6	March 21, 1959 at New Mexico vs. BYU
9.	Ivory Moore	9.7	March 29, 1969 at Colorado
	Don Hanosh	9.7	April 12, 1969 at Arizona
	Adolph Plummer	9.7	March 26, 1960 at Texas Tech
	George Heard	9.7	May 20, 1961 at Skyline Conference East (Denver)
	George Gardner	9.7	April 20, 1963 at Abilene Christian

100 YARDS - PERFORMANCES

1.	Rene Matison	9.4	1966
	Bernie Rivers	9.4	1964
	Steve Caminiti	9.4	1967
	Walter Henderson	9.4	1974
	Rene Matison	9.4	1965
	Bernie Rivers	9.4	1965
	Bernie Rivers	9.4	1964
	Rene Matison	9.4	1968
	Rene Matison	9.4	1968
2.	Jim Whitfield	9.5	1961
	Jesse Johnson	9.5	1970
	Rene Matison	9.5	1965
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1966
	Rene Matison	9.5	1967
	Rene Matison	9.5	1967
	Steve Caminiti	9.5	1966
	Walter Henderson	9.5	1971

1 MILE - INDIVIDUAL

1.	Dave Roberts	4:02.5	1971 at Fresno
2.	Kip Koskei	4:03.28	April 28, 1979 at Drake Relays
3.	Web Loudat	4:04.1	April 24, 1969
4.	Mike Thornton	4:04.4	April 9, 1966 at Abilene Christian
5.	John Baker	4:05.4	April 23, 1966 at Arizona State
6.	Ron Eller	4:06.0	March 16, 1968 at Arizona State
7.	Sammy Kipkurgat	4:06.2	April 9, 1977 at New Mexico Inv.
8.	John Allison	4:07.34	April 15, 1972 at Arizona State
9.	Chuck Schuch	4:09.5	March 1, 1969 at Houston
10.	Lionel Ortega	4:10.76	1976

1 MILE - PERFORMANCES

1.	Dave Roberts	4:02.5	1971
2.	Kip Koskei	4:03.28	1979
3.	Web Loudat	4:04.1	1969
4.	Mike Thornton	4:04.4	1966
5.	John Baker	4:05.4	1966
6.	John Baker	4:05.8	1966
7.	Dave Roberts	4:06.8	1971
8.	Web Loudat	4:06.8	1966
9.	Mike Thornton	4:07.0	1966
10.	John Baker	4:07.4	1966

2 MILES - INDIVIDUAL

1.	George Scott	8:51.1	April 29, 1967 at Drake Relays
2.	Web Loudat	9:00.7	April 5, 1969 at Oklahoma Relays
3.	Chuck Schuch	9:03.5	April 5, 1969 at Oklahoma Relays
4.	Ron Eller	9:03.6	March 12, 1966 at New Mexico
5.	Ed Coleman	9:09.2	March 20, 1965, NM vs Wyoming & Adams State
6.	Lloyd Burson	9:23.8	April 2, 1964
7.	Faustino Salazar	9:26.4	March 31, 1973 at Arizona
8.	John Allison	9:26.9	March 31, 1973 at Arizona
9.	Lloyd Goff	9:30.6	May 25, 1963 at WAC Championship (Arizona St.)
10.	Dean Johnson	9:39.2	April 14, 1962 at Abilene Christian

3 MILES - INDIVIDUAL

1.	Lionel Ortega	13:33.9	1976 at Texas Relays
2.	Chuck Schuch	13:34.6	April, 1970
3.	Ron Eller	13:46.2	1968
4.	Blair Johnson	13:49.2	April 12, 1975 at Arizona State with Cal
5.	George Scott	13:51.7	April 9, 1966 at Abilene Christian
6.	Web Loudat	14:02.4	March 1, 1969 at Houston

6 MILES - INDIVIDUAL

1.	Ibrahim Kivina	28:06.00	June 1, 1984 at NCAA (Oregon)
2.	Lionel Ortega	28:37.0h	1976
3.	Blair Johnson	29:35.8h	April 19, 1974 at Kansas Relays
4.	Matt Segura	29:53.6h	1976
5.	Faustino Salazar	31:14.9	May 11, 1973 at BYU

120 YARD HURDLES - INDIVIDUAL

1.	Melvin Powers	13.9	March 29, 1975 at Arizona
	Fred Knight	13.9	April 3, 1965 at New Mexico vs. USC
3.	Roosevelt Williams	14.0	May 10, 1969 at West Coast Relays
4.	Marlon Gates	14.1	March 29, 1975 at Arizona
	Rich Mauck	14.1	April 17, 1971 at New Mexico
	Harold Bailey	14.1	May 7, 1966 at New Mexico
7.	Dick Howard	14.2	April 16, 1960 at Abilene Christian
8.	George Loughridge	14.5	May 22, 1965 at WAC Championship (UNM)
9.	Bob Little	14.6	May 24, 1963 at WAC Championship (Arizona St.)
10.	Del Blank	14.7	April 15, 1961 at Colorado

120 YARD HURDLES - PERFORMANCES

1.	Melvin Powers	13.9	1975
	Fred Knight	13.9	1965
2.	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
	Roosevelt Williams	14.0	1969
3.	Marlon Gates	14.1	1975
	Rich Mauck	14.1	1971
	Harold Bailey	14.1	1966
	Roosevelt Williams	14.1	1969
	Roosevelt Williams	14.1	1969

JAVELIN (OLD - THROWN UP TO 1985) - INDIVIDUAL

1.	Ake Nilsson	284' 11"	1968 at Modesto, CA
2.	Per Eric Smiding	264' 7"	1972
3.	Ulf Johansson	256' 4"	March 7, 1970 at UNM vs. Eastern New Mexico
4.	Frank Burgasser	245' 9 1/2"	April 3, 1965 at New Mexico (UNM vs. USC)
5.	Buster Quist	244' 9"	July 9, 1959 at Philadelphia (USA vs. USSR)
6.	Gary Kinder	241' 9"	March 4, 1985 at Arizona
7.	Dave Benyak	234' 8"	April 9, 1977 at New Mexico
8.	Don Brodus	231' 2"	April 20, 1963 at Abilene Christian
9.	John McMahon	225' 7"	May 26, 1962 at Denver (Mountain State Conf.)
10.	Eric Christianson	219' 7 1/2"	1965

JAVELIN (OLD) - PERFORMANCES

1.	Ake Nilsson	284' 11"	1968
2.	Ake Nilsson	274' 11"	1971
3.	Ake Nilsson	273' 1"	1971
4.	Ake Nilsson	269' 9 1/2"	1971
5.	Ake Nilsson	264' 11 1/2"	1971
6.	Per Eric Smiding	264' 7"	1972
7.	Ake Nilsson	261' 7 1/2"	1971
8.	Per Eric Smiding	260' 6 1/2"	1973
9.	Per Eric Smiding	260' 0"	1972
10.	Ake Nilsson	257' 4 1/2"	1968

220 YD LOW HURDLES - INDIVIDUAL

1.	Dick Howard	22.8	March 26, 1959 at New Mexico vs. Minnesota
2.	George Heard	23.4	May 27, 1961 at Skyline Championship (BYU)
3.	Jim Blair	23.8	May 11, 1962 at New Mexico vs. ACU
4.	Bob Schnurr	24.5	March 31, 1958 at New Mexico vs. Wyoming
5.	Fred Knight	24.5	March 2, 1963
6.	John Ramsey	25.5	

330 YD HURDLES - INDIVIDUAL

1.	Fred Knight	36.8	May 23, 1964 at WAC Championship
2.	Steve Caminiti	37.8	March 20, 1965 at UNM vs. Wyoming/Adams St.
3.	Wayne Vandenberg	38.0	May 10, 1963 at New Mexico vs. Abilene Christian
4.	Bob Little	38.9	March 16, 1963 at New Mexico vs. Arizona State
5.	Ed Lloyd	38.9	March 14, 1964 at Arizona State
6.	Ken Medley	39.5	May 16, 1964 at New Mexico vs. Abilene Christian

University of New Mexico Women's Outdoor Track & Field

All Time Top Ten (1971-2010) (Revised June 13, 2010)

Please Note: These outdoor rankings are a compilation of the best performers and performances in each event. They are only as accurate as available archives and results. This is a work in progress and as new information is received, the rankings will be updated.

HOW TO READ THE RANKINGS

PERFORMERS	The left-hand column under each individual event are the Top 10 PERFORMERS (Individuals) in that event. There should be 10 different individuals under this category and no duplications.
PERFORMANCES:	The right-hand column under each individual event are the Top 10 PERFORMANCES (Times, Heights Distances) in that event. Over the course of their respective careers some athletes had many great performances and this category is used to capture those performances.

NOTES

ALTITUDE: The NCAA converts running performances based on altitude. In the sprint races (100, 200, 400, 110H, 400H) the NCAA "adds" time due to the less resistance due to altitude. In the distance events the NCAA "subtracts" time due to the difficulty in racing with less oxygen in the air. Any performance designated by a "@" indicates the performance has been converted using NCAA protocol.

HAND TIMING: Any performance with an "h" after it was a hand-timed performance that has been converted using NCAA protocol which is to add .24 to correlate to an "fully automatic time".

WIND READING: For record purposes the NCAA does not accept any sprint/hurdle/jump performance that is in excess of 2.0mps tailwind.

YARDS: Starting in the 1980's metric distances became the NCAA norm as prior to that time yards were used. Any performance that was achieved in the 4x110 yard Relay, 4x440 yard Relay, 220 yard, 440 yard, 440 yard Hurdles, and 880 yard distances will be included in the similar events but designated by a "y". This is because 220 yards is actually longer than 200 meters (201 meters), 440 yards is longer than 400 meters (402 meters), and 880 yards is longer than 800 meters (804 meters). So if a relay or individual from the past can make the Top 10 rankings while competing over a longer distance they should be included in the rankings.

DATES OF RANKING: Until 1998 college bests performances were allowed to count from the first collegiate meet an athlete competed in their freshman year until the end of August following their senior year. In 1998 that changed to outdoor performances are only allowed from March 1st of each year until the completion of the NCAA Outdoor Championships that same year.

100 METERS - INDIVIDUAL

1.	Barbara Bell	11.42	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	11.48	April 5, 1981 at Texas Relays
3.	Pam Posey	11.53@	1985
4.	Amanda Fields	11.54h	May 2, 1981 at Kansas State
5.	Natanya Jones	11.63@	May 18, 1990 at WAC (Colorado State)(11.61 raw)
6.	Nicole Oates-Lee	11.69@	April 11, 1998 at New Mexico Twilight (11.66 raw)
7.	Terrian Florence	11.71@	May 18, 1990 at WAC (Colorado State)(11.69 raw)
8.	Kristian Matison	11.79@	May 13, 2006 at MWC (BYU) (11.76 raw)
9.	Dayna McMillen	11.81@	2001
	Adwoa Gyasi-Nmako	11.81@	May 5, 2000 at New Mexico (Don Kirby)

100 METER - PERFORMANCES

1.	Barbara Bell	11.42	1984
2.	Michelle Matthias	11.48	1981
3.	Barbara Bell	11.49	1983
4.	Barbara Bell	11.52	1984
5.	Pam Posey	11.53@	1985
6.	Amanda Fields	11.54h	1981
	Barbara Bell	11.54h	1984
7.	Michelle Matthias	11.55	1981
8.	Barbara Bell	11.57	1983
9.	Barbara Bell	11.58	1985

200 METERS - INDIVIDUAL

1.	Barbara Bell	23.44h	April 28, 1984 at Mt. Sac Relays
2.	Michelle Matthias	23.62	May 7, 1981 at AIAW Regionals (Utah)
	Adwoa Gyasi-Nmako	23.62@	May 17, 2000 at MWC (BYU)
4.	Ariel Burr	23.73@	April 28, 2007 at UNM (Don Kirby)(raw 23.66)
5.	Terrian Florence	23.77@	May 19, 1990 at WAC (Colorado State)(raw 23.70)
6.	Arlene Smith	23.85	May 18m 2001 at MWC (San Diego)
7.	Natanya Jones	23.95@	May 16, 1990 at WAC (Colorado State)(raw 23.88)
8.	Tabitha Shaw	24.03@	2006
9.	Angela Whyte	24.05	May 5, 2000 at New Mexico (Don Kirby)
10.	Pam Posey	24.28@	May 6, 1987 at High Country Champ (UTEP)(raw 24.21)

200 METER - PERFORMANCES

1.	Barbara Bell	23.44h	1984
2.	Barbara Bell	23.59	1983
3.	Michelle Matthias	23.62	1981
	Adwoa Gyasi-Nmako	23.62@	2000
4.	Michelle Matthias	23.64h	1981
5.	Michelle Matthias	23.73	1981
	Ariel Burr	23.73@	2007
6.	Michelle Matthias	23.77	1981
	Terrian Florence	23.77@	1990
7.	Barbara Bell	23.82	1983

400 METERS - INDIVIDUAL

1.	Ariel Burr	52.85	May 26, 2007 at NCAA Regionals.
2.	Arlene Smith	54.24	May 19, 2001 at MWC (San Diego)
3.	Adwoa Gyasi-Nmako	54.60@	April 1, 2000 at UTEP
4.	Shannon Vessup	54.75@	1983
5.	LeiAnna Matthews	54.88	May 17, 2000 at MWC (BYU)
6.	Tecia Chemabawi	55.03@	1977
7.	Barbara Bell	55.06@	March 31, 1984 at Texas Tech (54.95 raw)
8.	Tawsha Brazley	55.09@	May 15, 2010 at MWC (New Mexico) (raw 54.98)
9.	Shirley Pitts	55.13@	May 15, 2010 at MWC (New Mexico) (raw 55.02)
10.	Kimilia Davis	55.28	May 15, 2004 at MWC (UNLV)

400 METER - PERFORMANCES

1.	Ariel Burr	52.85	2007
2.	Ariel Burr	52.93	2006
3.	Ariel Burr	53.04@	2006
4.	Ariel Burr	53.17	2007
5.	Ariel Burr	53.36	2006
6.	Ariel Burr	53.47@	2006
7.	Ariel Burr	53.48	2006
8.	Ariel Burr	53.98	2008
9.	Ariel Burr	54.00	2005
10.	Ariel Burr	54.02	2008

800 METERS - INDIVIDUAL				800 METER - PERFORMANCES			
1.	Susan Vigil	2:04.34h	1979 at Michigan State	1.	Susan Vigil	2:04.34h	1979
2.	Tecia Chemabawi	2:05.04h	1977	2.	Susan Vigil	2:04.64h	1979
3.	Regina Dramiga	2:05.54h	1982	3.	Tecia Chemabawi	2:05.04h	1977
4.	Margaret Metcalf	2:07.49	1982	4.	Regina Dramiga	2:05.54h	1982
5.	Cindy Ashby	2:07.84h	1978	5.	Susan Vigil	2:07.14h	1977
6.	Joan Sterrett	2:08.83	May 11, 1985 at High Country Champ. (UNM)	6.	Susan Vigil	2:07.44h	1978
7.	Monique Harris	2:09.82@	May 17, 1996 at WAC (7.	Margaret Metcalf	2:07.49	1982
8.	Riann Lucy	2:10.36	April 15, 2005 at Mt. Sac Relays	8.	Susan Vigil	2:07.84h	1979
9.	Edna Lankry	2:11.04	April 29, 1990 at Cal Irvine		Cindy Ashby	2:07.84h	1978
10.	Kristi Leonard	2:11.34h	March 9, 1985 at New Mexico	9.	Regina Dramiga	2:07.85	1981

1500 METERS - INDIVIDUAL				1500 METER - PERFORMANCES			
1.	Kristi Leonard	4:20.38	1985	1.	Kristi Leonard	4:20.38	1985
2.	Carole Roybal	4:21.02@	1985	2.	Carole Roybal	4:21.02@	1985
3.	Cynthia Herhahn	4:22.34	April 23, 1988 at Mt. Sac Relays	3.	Cynthia Herhahn	4:22.34	1988
4.	Edna Lankry	4:22.63	May 18, 1991 at WAC (San Diego State)	4.	Edna Lankry	4:22.63	1991
5.	Ashley Gibson	4:23.23	May 2, 2009 at Stanford Invitational	5.	Ashley Gibson	4:23.23	2009
6.	Susan Vigil	4:23.34h	1979 at Texas Relays	6.	Ashley Gibson	4:23.96	2009
7.	Sylvia Velay	4:25.53	1982	7.	Ashley Gibson	4:23.99@	2009
8.	Ruth Senior	4:26.24	April 16, 2010 at Mt. Sac Relays	8.	Ashley Gibson	4:24.28	2010
9.	Kelly Dix	4:26.28	1991	9.	Ashley Gibson	4:24.94	2010
10.	Val Fisher	4:27.09	1981	10.	Sylvia Velay	4:25.53	1982

3000 STEEPLE - INDIVIDUAL				3000 STEEPLE - PERFORMANCES			
1.	Ruth Senior	10:09.14	May 1, 2010 at Payton Jordan/Stanford Invt.	1.	Ruth Senior	10:09.14	2010
2.	Kara Henry	10:38.20	April 25, 2008 at Oregon Relays	2.	Ruth Senior	10:15.46	2010
3.	Carolyn Boosey	10:56.74	April 5, 2008 at Stanford Invitational	3.	Ruth Senior	10:20.45	2010
4.	Alex Darling	11:06.09	April 25, 2009 at Cal/Brutus Hamilton Invt.	4.	Ruth Senior	10:31.58@	2010
5.	Stasia Ploskonka	11:13.79	April 25, 2009 at Cal/Brutus Hamilton Invt.	5.	Kara Henry	10:38.20	2008
6.	Kelly McCabe	11:15.58	April 21, 2007 at UC-San Diego Triton Invt.	6.	Kara Henry	10:38.58	2008
7.	Hannah Radzinski	12:11.42	May 18, 2001 at MWC (San Diego State)	7.	Kara Henry	10:41.16	2008
8.	Brook Gosling	12:14.86	April 9, 2004 at Mesa Classic	8.	Kara Henry	10:45.96	2008
9.	Becky Green	12:19.59	March 31, 2007 at Arizona Invt.	9.	Kara Henry	10:54.95	2008
10.	Myriah Gomez	12:52.97	April 9, 2004 at Mesa Classic	10.	Carolyn Boosey	10:56.74	2008

5000 METERS - INDIVIDUAL				5000 METER - PERFORMANCES			
1.	Ruth Senior	15:57.32	March 26, 2010 at Stanford Invitational	1.	Ruth Senior	15:57.32	2010
2.	Kathy Pfiefer	16:17.14h	1984	2.	Kathy Pfiefer	16:17.14h	1984
3.	Timmie Murphy	16:25.21@	May 25, 2007 at NCAA Regional	3.	Timmie Murphy	16:25.21	2007
4.	Michelle Corrigan	16:29.26	May 2, 2009 at Stanford/Payton Jordan Invt.	4.	Timmie Murphy	16:28.03	2007
5.	Nicky Archer	16:32.42	April 16, 2010 at Mt. Sac Relays	5.	Michelle Corrigan	16:29.26	2009
6.	Ashley Gibson	16:35.67	March 26, 2010 at Stanford Invitational	6.	Nicky Archer	16:32.42	2010
7.	Tangi Galloway	16:37.72@	1996	7.	Ashley Gibson	16:35.67	2010
8.	Lacey Oeding	16:45.58	April 16, 2010 at Mt. Sac Relays	8.	Tangi Galloway	16:37.72@	1996
9.	Janna Mitos	16:48.50	March 26, 2010 at Stanford Invitational	9.	Kathy Pfiefer	16:38.34h	1984
10.	Jackie Gallegos	16:50.38@	Mav 12, 2006 at MWC (BYU)(17:14.93 raw)	10.	Michelle Corrigan	16:38.98	2010

10000 METERS - INDIVIDUAL				10000 METER - PERFORMANCES			
1.	Nicky Archer	33:32.83	March 26, 2010 at Stanford Invitational	1.	Nicky Archer	33:32.83	2010
2.	Tangi Galloway	34:07.01	May 29, 1996 at NCAA (Oregon)	2.	Tangi Galloway	34:07.01	1996
3.	Kathy Pfiefer	34:07.04h	1984	3.	Kathy Pfiefer	34:07.04h	1984
4.	Michelle Corrigan	34:12.30	April 10, 2009 at Mt. Sac Relays	4.	Michelle Corrigan	34:12.30	2009
5.	Timmie Murphy	34:17.47	April 13, 2007 at Mt. Sac Relays	5.	Kathy Pfiefer	34:16.46	1984
6.	Kelly Champagne	34:42.24h	1985	6.	Timmie Murphy	34:17.47	2007
7.	Kelly Dix	34:59.18	April 15, 1994 at Mt. Sac Relays	7.	Tangi Galloway	34:19.27	1996
8.	Lacey Oeding	35:19.43	March 26, 2010 at Stanford Invitational	8.	Tangi Galloway	34:24.62	1997
9.	Paula Turpeinen	35:42.04h	1979	9.	Nicky Archer	34:32.21	2009
10.	Patti Kaufmann	35:46.04h	1979	10.	Michelle Corrigan	34:38.16	2010

100 HURDLES - INDIVIDUAL				100 HURDLES - PERFORMANCES			
1.	Angela Whyte	13.41@	May 17, 2000 at MWC (BYU) (13.37 raw)	1.	Angela Whyte	13.41@	2000
2.	Monica Crittenden	13.88	April 20, 1996 at Baylor/Dr. Pepper Invt.	2.	Angela Whyte	13.42	2000
3.	Tonia Thompson	14.08@	April 14, 1985 at New Mexico	3.	Angela Whyte	13.43	2000
4.	Sandy Fortner	14.09	June 9, 2010 at NCAA Heptathlon (Oregon)		Angela Whyte	13.43	1999
5.	Lisa Teasdale Coleman	14.16@	March 15, 1997 at New Mexico (14.12 raw)	4.	Angela Whyte	13.58	2000
6.	Keren Sari-Bentzur	14.32	2002	5.	Angela Whyte	13.67	1999
7.	Jackie Bailey	14.34	May 10, 1985 at High Country Conference (UNM)	6.	Angela Whyte	13.83	2000
	Darcy Ahner	14.34	April 28, 1990 at Cal Irvine	7.	Angela Whyte	13.84	1999
9.	Precious Selmon	14.51@	May 14, 2010 at MWC (New Mexico) (raw 14.47)		Angela Whyte	13.84	2000
10.	Kitrian Martin	14.69@	1990		Angela Whyte	13.84h	1999

400 HURDLES - INDIVIDUAL				400 HURDLES - PERFORMANCES			
1.	Shannon Vessup	58.10@	May 12, 1984 at High Country Conf. (BYU)(57.99 raw)	1.	Shannon Vessup	58.10@	1984
2.	Catherine McKinney	59.79	1986	2.	Shannon Vessup	58.94	1983
3.	Kim Perkins	59.88	April 25, 2009 at Cal/Brutus Hamilton Invt.	3.	Catherine McKinney	59.79	1986
4.	Regina Dramiga	60.23@	1980 (60.06 raw)	4.	Kim Perkins	59.88	2009
5.	Lisa Teasdale Coleman	60.49	May 19, 2001 at MWC (San Diego)	5.	Catherine McKinney	60.14h	1990
6.	Michelle Richardson	60.69	April 20, 1986 at UTEP	6.	Regina Dramiga	60.23@	1980
7.	Natanya Jones	60.89@	May 20, 1989 at New Mexico (60.78 raw)	7.	Catherine McKinney	60.26	1988
8.	Kisha Smith	61.54	May 18, 2001 at MWC (San Diego)	8.	Regina Dramiga	60.34	1980
9.	Felicia DeVargas	61.68@	May 17, 2000 at MWC (BYU)		Catherine McKinney	60.34	1990
10.	Ashley Miknis	61.80@	May 15, 2010 at MWC (New Mexico) (raw 61.69)	9.	Shannon Vessup	60.46	1984

4 x 100 RELAY			
1.	Adwoa Gyasi-Nmako, Anglea Whyte, Dayna McMillen, Arline Smith	45.26@	2000
2.	Amanda Fields, Michelle Matthias, Peggy Mallory, Charlotte Zepherin	45.49@	1981
3.	Sandy Fortner, Alesha Walker, Ariel Burr, Kristan Matison	45.70@	May 3, 2008 at New Mexico (Don Kirby)
4.	Pam Posey, Barbara Bell, Shannon Vessup, Patty Mack	45.71@	May 12, 1984 at High Country Conf. (BYU)(45.59 raw)
5.	Amanda Fields, Michelle Matthias, Pam Gutierrez, Charlotte Zepherin	45.74@	1981
6.	Pam Posey, Tonia Thompson, Jackie Bailey, Barbara Bell	46.04	1985
7.	NAMES OF TEAM MEMBERS UNKNOWN	46.05@	May 22, 1999 at WAC (Colorado State)
8.	Kristan Matison, Ariel Burr, Tabitha Shaw, Shakira Williams	46.09@	April 29, 2006 at New Mexico (Don Kirby)
9.	Catherine McKinney, Natanya Jones, Rene Hodgson, Terrian Florence	46.22@	May 19, 1990 at WAC (Colorado State)
10.	Ariel Burr, Alesha Walker, KC Pritchard, Kristan Matison	46.26	April 21, 2007 at UC San Diego Triton Invt.

4 x 400 RELAY			
1.	Adwoa Gyasi-Nmako, LeiAnn Matthews, Arline Smith, Angela Whyte	3:41.11@	2000
2.	Morine Laughlin, Natanya Jones, Terrian Florence, Catherine McKinney	3:44.14@	1990
3.	NAMES OF TEAM MEMBERS UNKNOWN	3:44.79@	1985
4.	Tina Hodge, Michelle Richardson, Terrian Florence, Catherine McKinney	3:45.05@	1988
5.	Ariel Burr, Sandy Fortner, KC Pritchard, Christine Zarrella	3:45.40@	May 12, 2007 at MWC
6.	Ariel Burr, Kristan Matison, Sandy Fortner, Christine Zarrella	3:45.71@	April 28, 2007 at New Mexico (Don Kirby)
7.	Ariel Burr, Shakira Williams, Sandy Fortner, KC Pritchard	3:46.45	April 1, 2006 at Cardinal & Gold Invt.
8.	Shannon Vessup, Joan Sterrett, Michelle Richardson, Barbara Bell	3:46.65@	May 12, 1984 at High Country Conf. (BYU)
9.	Susan Vigil, Etta Linton, Margaret Metcalf, Regina Dramiga	3:47.14yh	May 12, 1979 at AIAW Regionals (Utah State)
10.	Shannon Vessup, Barbara Bell, Joan Sterrett, Margaret Metcalf	3:47.64@	May 7, 1983 at High Country Conf. (BYU)

LONG JUMP - INDIVIDUAL				LONG JUMP - PERFORMANCES			
1.	Alesha Walker	21' 4"	April 12, 2008 at UTEP	1.	Alesha Walker	21' 4"	2008
2.	Lavern Clarke	20' 11 3/4"	April 14, 1990 at New Mexico	2.	Alesha Walker	21' 0"	2008
3.	Deanna Young	20' 6 1/4"	March 29, 2008 at UTEP	3.	Lavern Clarke	20' 11 3/4"	1990
4.	Sandy Fortner	20' 4 1/2"	April 1, 2010 at Texas Relays Heptathlon		Alesha Walker	20' 11 3/4"	2009
5.	Keren Sari-Bentzur	20' 3"	April 21, 2001 at Baylor	4.	Alesha Walker	20' 6 1/2"	2008
6.	Jackie Davis	19' 11 3/4"	1980	5.	Alesha Walker	20' 6 1/4"	2009
7.	Tara Spurlock	19' 8 1/4"	May 12, 1984 at High Country Conf. (BYU)		Deanna Young	20' 6 1/4"	2008
8.	Mary Goodwin	19' 7 3/4"	1983 at Texas Tech	6.	Lavern Clarke	20' 5 1/4"	1990
9.	Monique Harris	19' 7 1/2"	2000	7.	Alesha Walker	20' 5"	2008
10.	Lisa Chivario	19' 6"	1971		Sandy Fortner	20' 4 1/2"	2010
	Diane Warren	19' 6"	March 15, 1980 at New Mexico vs. Kansas State				

TRIPLE JUMP - INDIVIDUAL				TRIPLE JUMP - PERFORMANCES			
1.	Deanna Young	43' 10 3/4"	April 3, 2010 at Texas Relays	1.	Deanna Young	43' 10 3/4"	2010
2.	Lavern Clarke	43' 1 1/2"	April 14, 1990 at New Mexico	2.	Deanna Young	43' 7 3/4"	2010
3.	Monique Harris	42' 2"	April 6, 2001 at Texas Relays	3.	Deanna Young	43' 4 1/2"	2010
4.	Annette DiLorenzo	40' 11 1/2"	May 20, 1989 at High Country Conf. (New Mexico)	4.	Deanna Young	43' 4 1/4"	2010
5.	Hagit Salamon	40' 1 1/2"	April 28, 2007 at New Mexico (Don Kirby)	5.	Deanna Young	43' 3 1/4"	2010
6.	Susanna Oravainen	38' 11 1/2"	March 30, 1996 at New Mexico (Don Kirby)		Deanna Young	43' 3 1/4"	2010
7.	Asal Salehpoor	38' 9 3/4"	May 16, 2009 at MWC (Wyoming)	6.	Deanna Young	43' 3"	2010
8.	Jai McBride	38' 9"	April 28, 2007 at New Mexico (Don Kirby)	7.	Lavern Clarke	43' 1 1/2"	1990
9.	Keren Sari-Bentzur	38' 6 3/4"	2003	8.	Deanna Young	43' 1/4"	2010
10.	Lachelle Coleman	38' 4 3/4"	1992	9.	Deanna Young	42' 11 3/4"	2010

HIGH JUMP - INDIVIDUAL				HIGH JUMP - PERFORMANCES			
1.	Margaret Metcalf	5' 11"	1979 at New York City	1.	Margaret Metcalf	5' 11"	1979
2.	Kelli Myers	5' 10 3/4"	May 4, 2002 at UTEP Twilight	2.	Kelli Myers	5' 10 3/4"	2002
	Heidi Anderson	5' 10 3/4"	May 7, 1990 at New Mexico		Heidi Anderson	5' 10 3/4"	1990
	Darcy Ahner	5' 10 3/4"	April 13, 1989 at Lobo Heptathlon		Darcy Ahner	5' 10 3/4"	1989
5.	Tiyana Peters	5' 10 1/2"	May 31, 2008 at NCAA Regional	3.	Tiyana Peters	5' 10 1/2"	2008
6.	Kim Werner	5' 9 1/4"	1987	4.	Darcy Ahner	5' 10"	1989
7.	Aura Cook	5' 8 3/4"	1992		Tiyana Peters	5' 10"	2007
8.	Anita Marsland	5' 8"	1979	5.	Heidi Anderson	5' 9 3/4"	1989
9.	Sandy Fortner	5' 7 3/4"	June 9, 2010 at NCAA Heptathlon (Oregon)	6.	Kim Werner	5' 9 1/4"	1987
10.	Kari Sari-Bentzur	5' 7"	May 29, 2002 at NCAA Heptathlon	7.	Kim Werner	5' 9"	1986
	Erin Johnson	5' 7"	May 3, 2003 at UTEP		Kim Werner	5' 8 3/4"	1985
					Kim Werner	5' 8 3/4"	1986

POLE VAULT - INDIVIDUAL			POLE VAULT - PERFORMANCES		
1.	Whitney Johnson	13' 1/4"	April 29, 2006 at New Mexico (Don Kirby)	1.	Whitney Johnson 13' 1/4" 2006
2.	Bridgid Isworth	12' 11 3/4"	May 16, 2003 at MWC (New Mexico)	2.	Bridgid Isworth 12' 11 3/4" 2003
3.	Kelly Fortner	12' 9 1/2"	May 14, 2010 at MWC (New Mexico)	3.	Whitney Johnson 12' 11 1/2" 2006
4.	Krissy Owen	12' 4"	1999		Whitney Johnson 12' 11 1/2" 2006
5.	Katie Coles	12' 2"	April 23, 2005 at UC San Diego Triton Invt.		Whitney Johnson 12' 11 1/2" 2009
6.	Stefany Setliff	12' 1 1/2"	May 11, 2007 at MWC		Whitney Johnson 12' 11 1/2" 2005
	Amber Menke	12' 1/2"	April 24, 2010 at Brutus Hamilton (Cal-Berekley)	4.	Bridgid Isworth 12' 10" 2004
8.	Amber Nolte	12' 0"	March 16, 2002 at UT (San Antonio)	5.	Whitney Johnson 12' 9 1/2" 2006
9.	Lauren Jaramillo	11' 6 1/2"	April 24, 2010 at Brutus Hamilton (Cal-Berekley)		Kelly Fortner 12' 9 1/2" 2010
10.	Aditi Majumdar	11' 5 3/4"	March 28, 2009 at New Mexico (Don Kirby)		

SHOT PUT - INDIVIDUAL			SHOT PUT - PERFORMANCES		
1.	Amanda Barnes	52' 9 1/2"	April 23, 2005 at UC San Diego Triton Invt.	1.	Amanda Barnes 52' 9 1/2" 2005
2.	Myra Smith	47' 5"	1994	2.	Amanda Barnes 52' 1 1/4" 2005
3.	Terry Helleck	47' 2 1/4"	1982	3.	Amanda Barnes 51' 11 1/4" 2005
4.	Sandy Fortner	46' 0"	May 14, 2008 at MWC Heptathlon	4.	Amanda Barnes 51' 7 3/4" 2005
5.	Bobbi Hall	45' 7 3/4"	May 17, 2002 at MWC (Air Force)	5.	Amanda Barnes 51' 1 1/2" 2005
6.	Briana Paxton	44' 11 1/2"	April 28, 2007 at New Mexico (Don Kirby)	6.	Amanda Barnes 50' 11" 2004
7.	Misty Wyant	44' 2 1/2"	May 21, 1992 at WAC (Air Force)	7.	Amanda Barnes 49' 5" 2004
8.	Chelsea Stephens	43' 4 1/2"	1996	8.	Amanda Barnes 48' 10 3/4" 2004
9.	Sarah Swartwood	42' 9 3/4"	April 21, 2007 at UC San Diego Triton Invt.	9.	Amanda Barnes 48' 6 1/4" 2003
10.	Lisa Longerot	42' 7"	March 26, 1988 at New Mexico	10.	Amanda Barnes 48' 1 1/4" 2003

DISCUS - INDIVIDUAL			DISCUS - PERFORMANCES		
1.	Amanda Barnes	166' 11"	April 30, 2005 at New Mexico (Don Kirby)	1.	Amanda Barnes 166' 11" 2005
2.	Briana Paxton	158' 10"	April 10, 2010 at UTEP	2.	Briana Paxton 158' 10" 2010
3.	Jamie Fishencord	152' 10"	April 30, 2005 at New Mexico (Don Kirby)	3.	Briana Paxton 157' 4" 2010
4.	Myra Smith	147' 4"	March 19, 1994 at New Mexico	4.	Jamie Fishencord 152' 10" 2005
5.	Sue Qualls	144' 8"	1983	5.	Jamie Fishencord 151' 9" 2004
6.	Lisa Longerot	144' 7"	April 9, 1988 at New Mexico	6.	Amanda Barnes 151' 8" 2004
7.	Misty Wyant	144' 4"	1991	7.	Briana Paxton 151' 3" 2010
8.	Barbara Butler	142' 5"	1971 AIAW National Championship	8.	Amanda Barnes 149' 8" 2005
9.	Bobbi Hall	142' 4"	March 23, 2002 at New Mexico (Lobo Open)	9.	Jamie Fishencord 149' 5" 2005
10.	Amy Ottinger	140' 10"	1992	10.	Briana Paxton 149' 4" 2010

JAVELIN - INDIVIDUAL (NCAA began competition with "new" javelin in 2000)			JAVELIN (NEW) - PERFORMANCES		
1.	Katie Coronado	181' 0"	April, 2009 at Texas Relays	1.	Katie Coronado 181' 0" 2009
2.	Veronica Gonzales	152' 1"	May 1, 2004 at New Mexico (Don Kirby)	2.	Katie Coronado 179' 9" 2009
3.	Jessica McIntyre	144' 10"	March 18, 2005 at Arizona State	3.	Katie Coronado 179' 6" 2008
4.	Kayla Brown	142' 5"	March 19, 2004 at Arizona State	4.	Katie Coronado 178' 11" 2008
	Vanessa Strobbe	142' 5"	March 31, 2007 at Arizona	5.	Katie Coronado 178' 7" 2008
6.	Sandy Fortner	133' 7"	May 14, 2008 at MWC Heptathlon	6.	Katie Coronado 177' 6" 2008
7.	Jessica McCall	127' 0"	April 15, 2005 at Mesa Track Classic	7.	Katie Coronado 176' 1" 2008
8.	Susanne Oravainen	122' 9"	May 15, 2000 at MWC Heptathlon (BYU)	8.	Katie Coronado 174' 6" 2009
9.	Amanda Grover	122' 7"	March 19, 2004 at Arizona State	9.	Katie Coronado 171' 5" 2008
10.	Melissa Guanella	122' 1"	April 15, 2000 at Long Beach State	10.	Katie Coronado 169' 10" 2007

HAMMER - INDIVIDUAL			HAMMER - PERFORMANCES		
1.	Jamie Fishencord	192' 6"	April 30, 2005 at New Mexico (Don Kirby)	1.	Jamie Fishencord 192' 6" 2005
2.	Sarah Swartwood	160' 10"	May 14, 2010 at MWC (New Mexico)	2.	Jamie Fishencord 184' 0" 2006
3.	Amanda Barnes	155' 3"	April 9, 2004 at Mesa Track Classic	3.	Jamie Fishencord 183' 9" 2005
4.	Tami Williams	150' 11"	April 23, 2010 at Brutus Hamilton (Cal-Berekley)	4.	Jamie Fishencord 180' 10" 2005
5.	Chelsea Stephens	149' 11"	1997	5.	Jamie Fishencord 180' 5" 2005
6.	Briana Paxton	137' 7"	April 29, 2006 at New Mexico (Don Kirby)	6.	Jamie Fishencord 179' 4" 2004
7.	Nicole Manning	132' 0"	April 14, 2007 at UTEP	7.	Jamie Fishencord 179' 2" 2004
8.	Angelica Bernaert	119' 0"	March 24, 2001 at New Mexico (Don Kirby)	8.	Jamie Fishencord 178' 11" 2004
9.	Vanessa Frangos	117' 1"	March 25, 2006 at Arizona	9.	Jamie Fishencord 178' 6" 2006
10.	Sarah Nichol森	103' 9"	March 2, 1996 at Arizona State	10.	Jamie Fishencord 177' 8" 2006

HEPTATHLON - INDIVIDUAL					
1.	Sandy Fortner	5723	May 13, 2010 at MWC (New Mexico)	(14.19-5' 7"-44' 2 3/4"-24.97-20' 6 1/4"-124' 9"-2:28.59)	
2.	Darcy Ahner	5419	April 19, 1990 at Cal Irvine	(14.43-5' 7 1/4"-35' 5 3/4"-26.95-18' 1 3/4"-153' 0"-2:21.09)	
3.	Keren Sari-Bentzur	5371	April 19, 2002 at Mt. Sac Relays		
4.	Heidi Anderson	4955	May 15, 1990 at WAC (Colorado State)	(15.33-5' 8 1/2"-33' 3 1/2"-26.29"-17' 5 1/2"-95' 3"-2:19.32)	
5.	Susanna Oravainen	4861	March 15, 1997 at Lobo Multi		
6.	Kitrian Martin	4753	May 15, 1990 at WAC (Colorado State)	(14.99 - 5' 5" - 30' 0" - 26.65 - 18' 6" - 97' 2" - 2:30.34)	
7.	Melissa Guanella	4481	May 16, 2000 at MWC (BYU)		
8.	Stefany Setliff	4433	May 13, 2004 at MWC (UNLV)	(15.6 -5' 4 1/2"-29' 2 3/4"-27.79-17' 2 1/4"-99' 2"-2:30.88)	
9.	Lynn Schreyer	4355	1984		
10.	Bridgid Isworth	4298	May 13, 2004 at MWC (UNLV)	15.62-5' 4 1/2"-29' 1 3/4"-26.15-17' 8 3/4"-73'10"-2:45.84)	

UNIVERSITY OF NEW MEXICO MEN'S DECATHLON LIST (1958 - 2010)

This listing is of all Decathlons meet results that could be found.

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Gary Kinder, 1985 at NCAA Championship (Texas)	7959	?	22' 3"	49' 10"	6' 6 1/4"	?	?	162' 6"	15' 9"	222' 9"	?
Marty Niebauer, 1982	7572										
Chris Warner, 1987 at WAC (UTEP)	7525										
Gary Kinder, May 11, 1985 at WAC (New Mexico)	7440										
Mark Johnson, May 13, 2004 at MWC (UNLV)	7325	11.22	22' 7 3/4"	41' 8"	6' 7"	50.47	?	?	?	?	?
Chris Warner, 1987 at NCAA Championship	7293										
Richard York, May 12-13, 2010 at MWC (New Mexico)	7292	10.98	22' 3 1/4"	37' 5"	6' 4 1/4"	48.98	15.55	108' 11"	14' 5 1/4"	195' 0"	4:35.52
Dan Feltman, April 14, 2005 at Mt. Sac Relays	7278	11.33	22' 5 3/4"	45' 10 1/2"	5' 10 3/4"	50.24	15.50	125' 4"	15' 1"	189' 6"	4:46.29
Mark Johnson, June 12, 2004 at NCAA Champ (Sacramento St.)	7277	11.13	21' 9 1/2"	40' 7 3/4"	6' 2"	50.20	14.89	126' 11"	15' 9"	143' 8"	4:31.02
Dan Feltman, May 11, 2005 at MWC (UTEP)	7250	11.07	21' 5 1/2"	44' 1 1/4"	6' 1/2"	49.94	15.30	138' 7"	14' 9"	180' 11"	4:57.09
Mark Johnson, April 1, 2004 at Texas Relays	7141	11.30	22' 5 1/4"	37' 6 1/2"	6' 3 1/2"	51.36	15.32	127' 1"	16' 4 3/4"	144' 4"	4:44.46
Dan Feltman, May 13, 2004 at MWC (UNLV)	7022	11.38	22' 3 1/2"	43' 2 1/2"	6' 1 1/4"	49.94	?	?	?	?	?

[illegible]

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Brian Wilson, April 1, 2010 at Texas Relays	6347	11.38	19' 5 1/2"	36' 9 1/2"	6' 1/2"	52.96	15.44	127' 1"	12' 1 1/2"	168' 7"	5:07.99
H.R. McAdams, May 5, 1988 at WAC (BYU)	6306	11.47	22' 3"	38' 11 1/2"	6' 6"	51.39	15.79	137' 5"	NH	189' 0"	5:13.32
Richard York, April 1, 2010 at Texas Relays	6224	10.85	21' 8"	35' 8 3/4"	6' 4"	50.11	16.34	100' 9"	NH	173' 11"	4:34.55
Brian Wilson, May 13, 2009 at MWC (Wyoming)	6189	11.53	20' 5 1/4"	34' 4 1/4"	6' 2 1/4"	54.13	15.23	106' 4"	12' 7 1/2"	163' 9"	5:19.42
Dan Feltman, April 22, 2004 at BYU	6006	11.47	22' 5 3/4"	41' 11 1/4"	6' 0"	51.93	15.54	NM	13' 1 1/2"	174' 0"	5:30.36
Scott Steffan, March 17, 1991 at Occidental College	5997	12.0	20' 10"	38' 3 1/2"	6' 3/4"	55.8	15.8	122' 3"	12' 7 1/2"	156' 3"	5:21.2
Jeremy Lee, May 12-13, 2010 at MWC (New Mexico)	5920	11.81	19' 1 1/2"	35' 4"	5' 11 1/2"	52.38	16.18	111' 3"	12' 1 1/2"	133' 7"	5:01.04
Dan Feltman, May 15, 2003 at MWC (New Mexico)	5912	11.23	22' 1"	45' 4"	5' 11 1/4"	50.47	16.40	NM	12' 5 1/2"	177' 3"	5:50.84
Ryan Voge, March 20, 2003 at New Mexico Multi	5898										
Ryan Voge, March 21, 2002	5898	11.34	22' 6"	37' 2"	6' 3 1/2"	51.90	16.3	110' 0"	NH	151' 7"	4:59.10
Jason Bigott, May 11, 2005 at MWC (UTEP)	5897	11.66	19' 11"	31' 7 1/4"	5' 6 1/2"	53.66	16.05	101' 6"	11' 5 3/4"	171' 8"	4:51.22
Jim Parker, May 8, 1986 at WAC (BYU)	5735										
Adam Frangos, March 21, 2002	5672	11.68	18' 6"	39' 4"	5' 7 1/4"	51.80	17.8	118' 11"	10' 3 1/2"	128' 3"	4:49.40
Robert Gunn, ??? at MWC	5662	11.24	21' 2 1/2"	33' 5 1/4"	6' 2 3/4"	51.13	16.91	64' 6"	11' 1 3/4"	150' 3"	5:47.79

	SCORE	100	LONG J	SHOT	HIGH J	400	110H	DISCUS	POLE V	JAVELIN	1500
Robert Gunn, March 21, 2002	5610	11.31	22' 3"	30' 1"	6' 1 1/4"	52.66	17.0	74' 10"	11' 3 1/2"	131' 10"	5:28.80
Scott Steffan, May 18, 1991 at WAC (San Diego State)	4830	12.04	17' 9 1/4"	39' 10"	5' 11 1/2"	58.57	17.10	121' 6"	NM	152' 5"	6:04.71

University of New Mexico Women's Outdoor Track & Field Heptathlon Summary 1977 - 2010

The following list indicates all Heptathlon results can be found.

	SCORE	100H	HIGH JUMP	SHOT PUT	200	LONG JUMP	JAVELIN	800
Sandy Fortner, May 12-13, 2010 at MWC (New Mexico)	5723	14.19	5' 7"	44' 2 3/4"	24.97	20' 6"	124' 9"	2:28.59
Sandy Fortner, 4/1/2010 at Texas Relays	5657	14.33 +3.7	5' 5"	43' 9 1/4"	24.89 +3.5	20' 4 1/4"	126' 9"	2:27.27
Sandy Fortner, May 14, 2008 at MWC	5641	14.37	5' 5 1/4"	46' 0"	25.24	18' 11 3/4"	133' 7"	2:22.96
Darcy Ahner, April 19, 1990 at Cal Irvine Invt.	5419	14.43	5' 7 1/4"	36' 5 3/4"	26.95	18' 1 3/4"	153' 0"	2:21.09
Darcy Ahner, May 17, 1990 at WAC (Colorado State)	5410							
Darcy Ahner, May 17, 1989 at High Country Conf (UNM)	5373	14.44	5' 10 3/4"	33' 11 1/2"	26.41	17' 11 3/4"	133' 4"	2:22.51
Keren Sari, April 18, 2002 at Mt. Sac Relays	5371	14.32	5' 7"	36' 4 1/2"	25.53	20' 2"	99' 10"	2:24.57
Sandy Fortner, April 2, 2008 at Texas Relays	5343	14.52	5' 6 1/2"	43' 1/4"	25.37	18' 11 3/4"	96' 9"	2:24.96
Sandy Fortner, April 25, 2008 at Colorado State	5291	14.69	5' 2 1/2"	44' 6 1/4"	25.43	18' 7"	122' 1"	2:28.66
Keren Sari, May 30, 2002 at NCAA (LSU)	5285	14.64	5' 7"	36' 5 3/4"	25.84	19' 6 1/4"	106' 0"	2:23.81
Darcy Ahner, March 29, 1989 at Cal Irvine Invt.	5272	14.52	5' 9 3/4"	34' 8 3/4"	26.88	17' 6 1/2"	138' 1"	2:23.97
Darcy Ahner, April 14, 1989 at New Mexico Multi	5271	14.67	5' 10 3/4"	33' 3 1/4"	26.80	18' 8 1/4"	129' 9"	2:25.93
Keren Sari-Bentzur, April 17, 2003 at Mt. Sac Relays	5236	14.68	5' 6 1/2"	38' 10 1/2"	25.78	19' 2 1/4"	96' 7"	2:24.09
Sandy Fortner, May 10, 2006 at MWC	5190	15.00	5' 5 3/4"	37' 1"	25.21	18' 4 1/2"	108' 8"	2:23.12
Darcy Ahner, June 1, 1989 at NCAA (BYU)	5189							
Keren Sari, March 21, 2002 at New Mexico Multi	5170	14.61	5' 6 1/2"	39' 2 1/2"	25.99	18' 8 3/4"	95' 2"	2:24.86
Keren Sari-Bentzur, May 15, 2003 at MWC	5170	14.74	5' 4 1/2"	37' 10"	25.33	19' 6 1/4"	101' 2"	2:29.67
Keren Sari, April 4, 2001 at Texas Relays	5128	14.76	5' 5 3/4"	35' 3 1/4"	26.02	19' 9 1/4"	94' 8"	2:27.93

	SCORE	100H	HIGH JUMP	SHOT PUT	200	LONG JUMP	JAVELIN	800
Sandy Fortner, April 13, 2006 at Mt. Sac Relays	5088	14.93	5' 6"	36' 7 1/2"	25.25	17' 8 3/4"	113' 0"	2:29.07
Sandy Fortner, May 9, 2007 at MWC	5087	14.48	5' 3 1/4"	38' 5 1/2"	25.64	17' 9 1/2"	102' 7"	2:23.32
Darcy Ahner, April 1, 1990 at Arizona Heptathlon	5019	15.01	5' 8 1/2"	31' 11 1/2"	27.11	17' 4 1/2"	133' 9"	2:26.58
Sandy Fortner, March 23, 2006 at Arizona Invt.	5017	14.88	5' 3 3/4"	37' 1 1/4"	25.45	17' 9 3/4"	112' 10"	2:29.59
Keren Sari, March 15, 2002 at Texas A&M	5013	14.53	5' 5"	33' 1 3/4"	25.54	18' 7"	94' 3"	2:26.37
Sandy Fortner, April 12, 2007 at Mt. Sac Relays	5011	15.02	5' 4 1/4"	40' 5"	25.77	18' 1 1/2"	89' 1"	2:23.74
Heidi Anderson, May 17, 1990 at WAC (Colorado State)	4955	15.33	5' 8 1/2"	33' 3 1/2"	26.29	17' 5 1/2"	95' 3"	2:19.32
Keren Sari, May 16, 2002 at MWC	4944	16.72	5' 7"	36' 10 1/2"	25.39	19' 9 1/2"	84' 4"	2:25.80
Heidi Anderson, April 19, 1990 at Cal Irvine Invt.	4897	15.33	5' 7"	32' 5 1/4"	26.24	18' 1/2"	77' 6"	2:15.33
Heidi Anderson, May 17, 1989 at High Country Confr. (UNM)	4892	15.55	5' 8 1/2"	30' 2 1/4"	26.34	18' 3 1/4"	88' 1"	2:19.47
Keren Sari-Bentzur, June 14, 2003 at NCAA (Sacramento State)	4887	14.84	5' 2 1/4"	34' 10 1/4"	26' 11"	18' 3 1/4"	100' 1"	2:26.60
Darcy Ahner, April 15, 1988 at New Mexico Multi	4882	14.5	5' 5"	32' 6 1/4"	26.8	17' 1"	125' 8"	2:27.2
Darcy Ahner May 5, 1988 at High Country Conf (BYU)	4871	14.69	5' 4 1/2"	29' 6 3/4"	26.64	17' 1/4"	123' 1"	2:24.90
Susanne Oravainen, March 15, 1997 at New Mexico Multi	4861							
Heidi Anderson, April 1, 1990 at Arizona Heptathlon	4807	15.32	5' 7 1/4"	32' 5 1/4"	26.39	16' 10"	90' 9"	2:19.88
Heidi Anderson, April 14, 1989 at New Mexico Multi	4791	15.42	5' 9 3/4"	28' 8 1/4"	26.0	17' 7 3/4"	82' 0"	2:21.74
Kitrian Martin, May 17, 1990 at WAC (Colorado State)	4753	14.99	5' 5"	30' 0"	26.65	18' 6"	97' 2"	2:30.34
Darcy Ahner, March 25, 1988 at Arizona Multi	4738	15.57	5' 7 3/4"	28' 11 3/4"	27.74	16' 11 1/2"	132' 6"	2:28.99
Darcy Ahner, 1988	4737							
Susanne Oravainen, April 19, 1996 at Cal	4704	15.28	5' 3"	34' 5"	27.06	17' 1"	80' 0"	2:24.22
Susanne Oravainen, May 17, 1996 at WAC	4672	15.70	5' 5"	34' 6 3/4"	26.85	16' 8"	115' 10"	2:31.27

	SCORE	100H	HIGH JUMP	SHOT PUT	200	LONG JUMP	JAVELIN	800
Sandy Fortner, June 11, 2008 at NCAA (Drake)	4649	14.34	5' 5 1/4"	42' 3 1/2"	25.56	18' 11 3/4"	115' 1"	NM
Susanne Oravainen, March 28, 1996 at Arizona State	4631	15.76	5' 3"	35' 1"	26.84	16' 7"	110' 7"	2:27.32
Kitrian Martin, April 19, 1990 at Cal Irvine Invt.	4573	15.35	5' 5"	29' 0"	27.17	17' 2 1/4"	84' 11"	2:21.39
Susanne Oravainen, May 21, 1997 at WAC (San Diego State)	4568	15.82	5' 2 1/2"	31' 5 1/4"	26.89	16' 10 1/2"	111' 10"	2:26.85
Darcy Ahner, May 7, 1987 High Country Conf. Champ.	4563							
Kitrian Martin, April 1, 1990 at Arizona Heptathlon	4553	15.40	5' 5"	30' 5"	27.45	17' 6 1/4"	98' 7"	2:31.00
Susanne Oravainen, April 18, 1999 at Azusa Pacific Invt.	4535	15.49	5' 2 1/2"	34' 9"	27.37	16' 3 1/2"	112' 4"	2:31.14
Susanne Oravainen, May 20, 1999 at WAC (Colorado State)	4521							
Melissa Guanella, May 16, 2000 at MWC (BYU))	4481	15.33	4' 10 1/2"	32' 11 1/4"	26.93	16' 10"	108' 7"	2:29.32
Susanne Oravainen, May 16, 2000 at MWC (BYU)	4474	15.40	5' 1/2"	34' 9"	27.32	15' 7"	117' 1"	2:30.47
Susan Setliff, May 13, 2004 at MWC (UNLV)	4433	15.68	5' 4 1/2"	29' 2 3/4"	27.79	17' 2 1/4"	99' 2"	2:30.88
Melissa Guanella, April 14, 2000	4416	15.99	5' 1"	33' 7 1/4"	27.04	16' 8 1/4"	103' 4"	2:30.95
Melissa Guanella, March 13, 1998 at New Mexico Multi	4396							
Lynn Schreyer, 1984	4355							
Bridgid Isworth, May 13, 2004 at MWC (UNLV)	4298	15.62	5' 4 1/2"	29' 1 3/4"	26.15	17' 8 3/4"	73' 10"	2:45.84
Darcy Ahner, May 27, 1988 Cal State LA	4253	14.5	5' 8 1/2"	32' 11 1/4"	27.3	NM	109' 0"	2:26.7
Susanne Oravainen, March 16, 2000 at New Mexico Multi	4198	15.84	4' 11 1/2"	33' 4"	27.94	15' 9"	109' 8"	2:38.03
Susan Setliff, May 12, 2005 at MWC	3986	15.81	4' 11"	27' 10 3/4"	27.85	15' 5 1/2"	101' 8"	2:39.85
Susanne Oravainen, March 11, 1999 at New Mexico Multi	3944	15.37	5' 1 3/4"	34' 2 1/4"	27.34	?	?	?
Amber Nolte, May 15, 2003 at MWC	3840	16.10	4' 10 1/2"	28' 3"	26.63	16' 9"	54' 6"	2:43.69
Amber Nolte, May 16, 2002 at MWC	3692	16.97	4' 10 1/2"	26' 4 1/2"	27.19	16' 1"	65' 2"	2:40.50

	SCORE	100H	HIGH JUMP	SHOT PUT	200	LONG JUMP	JAVELIN	800
Suzanne Nguyen, May 15, 2003 at MWC	3640	17.30	5' 2 1/4"	22' 6"	26.67	15' 9"	76' 4"	2:49.01
Suzanne Nguyen, March 21, 2002 at New Mexico Multi	3493	18.12	4' 11 1/2"	22' 4"	28.21	16' 1 3/4"	66' 2"	2:36.29
Joni Dobbins, March 25, 1994 at Arizona State	3464							
Sara NicholSEN, March 25, 1994 at Arizona State	3363							



University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

April 10, 2010

UTEP INVITATIONAL

The annual UTEP Invitational typically brings in high-level professional athletes to go along with very fine collegiate competition. This year was no different as four world-leading performances were achieved during the competition. The bright sunshine and 80 degree temperatures made for a spectacular spring track & field meet, and the Lobo men and women took full advantage of the conditions. Pictured are three of the Lobo women athletes enjoying a little sunshine after the completion of their events.



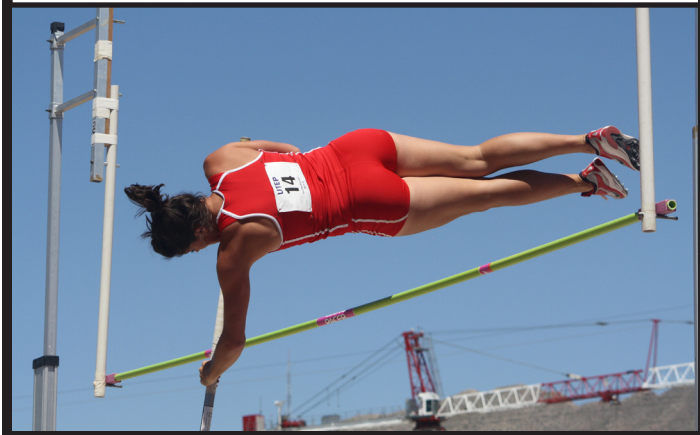
WALKER RIDES LEGAL TAILWIND TO #9 ALL TIME AT UNM IN 110 HURDLES

Froshie De’Vron Walker (Los Angeles, CA) had run 14.68 last week at the Texas Relays, but the aiding wind of 3.3 was over the allowable NCAA limit of 2.0mps for any record performance. This week he used a +0.9 legal tailwind to skim the barriers to a 14.67 clocking, moving to #9 fastest all-time at UNM. DW got out solidly and right away was in chase mode, as two post-collegiates got out quickly. De’Vron pressed hard in the middle of the race and is pictured in good “attack” position approaching the hurdle. He finished as the top collegian on the day.



Fortner Ups PR in Pole Vault

Last year sr. Kelly Fortner (Ft. Sumner, NM) took up the Pole Vault and ended the year with an outdoor best of 11’ 7 3/4”. This indoor season she had significant progress moving to 12’ 5 1/2”. In the first outdoor meet of 2010 she cleared 11’ 5 3/4” learning to make the adjustments in outdoor that one doesn’t have to deal with indoors (wind!). This week KF improved a little going over 11’ 9 3/4” on her first attempt in the competition. The pictures show Kelly on the approach generating good runway speed, and the resulting action which occurs as a by-product of that, going over the bar.



Paxton Hits Nice PR and Takes Top Collegiate Spot in Discus

The discus, just like the javelin is an aerodynamically shaped implement that if thrown correctly will cut through the air efficiently. But if thrown incorrectly wind conditions (and gravity) can take over and bring it crashing to the ground well before it should. The sphere is 2 lbs, 3 oz in weight, and has a diameter of 7 1/8" inches. On days where there is a little wind, it can create havoc with throwers, and they spend time not only thinking about their throwing technique, but how to throw with the wind. The wind at UTEP was not huge, but a slight factor as it was blowing from right to left, and many of the discs were just turning over and dying. On her first throw senior Briana Paxton (LaCueva, Abq., NM) is pictured with a nice long release, and getting the implement to sail as it was intended, hitting the ground at 158' 10", adding to her previous PR, set two weeks earlier at UTEP of 157' 4". That distance solidifies her #2 all-time ranking and is the #2 longest throw all-time also, just about eight feet shy of the existing school record of 166' 11".



Evans Scoots to a Solid Early Season 800 Meters

Froshie Sam Evans who just began school at UNM in January after coming over from England got a nice solid early 800 time. Sam and the field were lead through 500 meters by Lobo Mike Gonzales (pictured leading in all red) while a UTEP runner and Sam (white top and red shorts) were content to stay behind. At the 500 meter mark they both surged up the backstretch, leaving everyone in the race behind, and had a nice battle over the last 300 meters of the race, with Sam just coming up a little short to the host Miner. Still his time of 1:52.04 indicates some much faster times coming over the course of the next month.



Pole Vault Action: Froshie Sam Potter (Cibola, Abq., NM) and Chris Dodds (Wilson, West Lawn, PA) were just slightly off their indoor bests. SP finished the indoor season with a best of 16' 3/4", and he had the top Lobo vault at 15' 11", while CD had an indoor best of 15' 1", while he was able to clear 14' 11". Pictured is Chris getting a nice solid plant and then the bar clearance that followed.



Williams Hits PR in Hammer

Jr. Tami Williams (Artesia, NM) came into the UTEP meet with a PR of 145' 4", set last year at the UNM Tailwind Invt. After opening up with a 143' 11" throw and following with a 132' 4 and a foul, she uncorked a 147' 7" distance, which ended up being her best of all six throws. TW, who currently ranks #5 all-time at UNM in the Hammer moved within two feet of overtaking #4. Pictured is Tami getting ready to start her winds.



Women's 800 Meters

Just as in the men's 800 meter sr. Ashley Gibson (Newcastle, England) had a stirring homestretch battle with a UTEP athlete. Content to stay behind the early leader through 600 meters both Ashley and the Miner along with two others took off at that point. It was a hard push all the way down the homestretch with AG coming up just a fraction short at the finish line. Her time of 2:12.58 betters her 2010 indoor best of 2:13.28. Pictured is Ashley on the inside making one last push to get by the UTEP athlete.



Stam Finds Event

As a froshie in a Division I program sometimes the hardest part in making a successful transition is finding a spot on the roster. Typically incoming froshies who have had success in an event quickly find out that there is plenty of competition, and what they might have been successful at in high school doesn't always mean much in Division I. Rookie Sean Stam (Rio Rancho, NM) didn't even place in the top eight of either the 1600 or 3200 meters last year at the state meet. And here he was leading the 3000 Steeplechase with one lap to go the first time he ever tried it. Watching Sean one would have thought he was a seasoned veteran of the steeplechase as he had very good barrier technique and was smooth and controlled the entire way. His finishing time of 9:22.35 indicates that SS has definitely found his collegiate event.



Shirley Pitts



Froshies Pitts and Brazley Both Dip into 56's in 400
Shirley Pitts (Bonanza, Las Vegas, NV) and Tawsha Brazley (Bosque School, Abq., NM) hit performances of 56.62 and

56.95, good for 3rd and 4th places. SP is shown in the top picture sprinting up the backstretch, while TB is pictured in the bottom photo, about 150 meters into the race.





Fortner Leads 100 Hurdles
Sr. Sandy Fortner (Ft. Sumner, NM) had the fastest Lobo time on the day in the 100 Hurdles as she clocked a 14.62, good for 3rd place. Pictured is froshie Precious Selmon (Crystal City, MO) in her first race back after an extended time rehabbing from an injury during the indoor season.



JAVELIN

Last week at the Texas Relays Decathlon froshie Richard York (St. Clair, MO) hurled the spear 173' 11", his first time throwing the collegiate spear. This week RY upped that to a fine 185' 7", the top collegiate throw on the day. Classmate Alex Kitterman (Academy, Abq., NM) was right on his heels grabbing the second best collegiate toss with his 177' 0" effort. Pictured is Richard getting ready to release.

400 Hurdles - The 400 Hurdles is a one-lap sprint race with ten barriers in the way, where cadence and energy conservation are critical. Often when watching a 400 Hurdle race one can see an athlete go out way too fast, only to fatigue and then have to chop their steps the entire way down the home-stretch. Froshie Ashley Miknis (Broomfield, CO) last years 4A state runner-up in the 300 Hurdles at 44.76 is starting to understand the transition to the 400 Hurdles. After opening up two weeks ago at UTEP with a 64.29 she produced a solid 63.84, with a stirring homestretch surge that allowed her to fly people as she came down toward the finish line, grabbing second place in the process.



Froshie Derek Montoya (Highlands, Abq, NM) flying up the backstretch in the 400 meters. DM would go on to finish in 49.79, good for third place on the day. Ryan Steadman (St. Pius, Abq, NM) had the top Lobo time at 49.36.

Gabe Aragon whoops it up as he crosses the finish line in the 400 meters.





Everett Leads Seven Lobos Across Finish Line in 1500 Meters
 Sophomore Matt Everett (LaCueva, Abq, NM) finished third collegiately as he clocked 3:58.05 for the metric mile. Matt is pictured early in the race running right behind one of UTEP's top distance runners.

DARLING & MITSOS GO 7TH & 8TH IN 1500
 Alex Darling (LaCueva, Abq., NM) and Janna Mitsos (Lockport, IL) took 7th & 8th places with times of 4:43.52 & 4:44.10 respectively. Pictured are Alex and Janna early in the 1500.



Boosey Back to Steeple

Sr. Carolyn Boosey (London, England) became the second fastest athlete in UNM Steeple history on April 25, 2008 at Stanford when she ran a 10:56.74. Last year, during 2009 she didn't compete in the event, focusing more on the flat 5000. This year she returned to the event and clocked a solid early season 11:15.50, the 9th fastest time ever at UNM. Carolyn looked very consistent and was not pressed, winning the race by 50 seconds. It seems very possible that Carolyn will be able to give her old PR a good shot the next time she races over the barriers and water jump.



Christine Ostler (Left) and Josh Lovato (right) in 400 Hurdle action



WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

WOMEN

200	Shirley Pitts 24.98(3rd)	Tawsha Brazley 25.29 (5th)	
400	Shirley Pitts 56.62 (3rd)	Tawsha Brazley 56.95 (4th)	
800	Ashley Gibson 2:12.58 (2nd)	Emma Reed 2:19.04 (4th)	Shawna Winnegar 2:24.30 (6th)
	Ashley Smalley 2:25.90 (7th)		
1500	Alex Darling 4:43.52 (7th)	Janna Mitsos 4:44.10 (8th)	Shawna Winnegar 4:50.99
	Ashlee Smalley 4:50.69	Laura Lavezo 5:04.83	
3000SC	Carolyn Boosey 11:15.50 (1st) (x,9)	Kelly McCabe 12:25.98 (3rd)	
100H	Sandy Fortner 14.62 (3rd)	Precious Selmon 15.03 (7th)	
400H	Ashley Miknis 63.84 (2nd)	Christine Ostler 68.32	
4x400	Ashley Miknis (62.4), Alex Darling (60.3), Kim Perkins (59.7), Ashley Gibson (61.8)		4:04.79 (5th)
HJ	Marin Schweigert 5' 3" (3rd)		
PV	Kelly Fortner 11' 9 3/4" (3rd) PR	Lauren Jaramillo 11' 3 3/4" (4th) (9,x) PR	
	Aditi Majumdar 10' 10" (5th)	Amber Menke 10' 10" (5th)	
DISC	Brianna Paxton 158' 10" (1st) (2,2) PR		
HAM	Tami Williams 147' 7" (4th) PR	Sarah Swartwood 140' 1" (6th)	

MEN

100	Thomas Trujillo 11.00		
400	Ryan Steadman 49.36 (2nd)	Derek Montoya 49.79 (3rd)	Gabe Aragon 49.95 (4th)
	Raffi Cote 50.50 (5th)		
800	Sam Evans 1:52.04 (2nd)	Cory Kalm 1:59.95 (7th)	Matt Everett 2:00.45 (8th)
	Mike Gonzales 2:00.95	Patrick Ortiz 2:03.97	Allen Pittman 2:04.07
	Sid Scheer 2:07.61	Todd Nickerson 2:08.78	Connor Schneider 2:10.91
1500	Matt Everett 3:58.05 (3rd)	Patrick Ortiz 4:02.99 (6th)	Allen Pittman 4:03.98 (7th)
	Cory Kalm 4:08.93	Todd Nickerson 4:14.93	Sid Scheer 4:16.37
	Connor Schneider 4:17.14		
3000SC	Shaun Stam 9:22.45 (1st)		
110H	De'Vron Walker 14.67 (1st) (9,x) PR	Jeremy Lee 16.47 (5th)	
400H	Josh Lovato 56.51 (4th) PR	Chad Clark 56.65 (5th)	
4x400	Derek Montoya (49.8), Ryan Steadman (49.3), Sam Evans (49.2), Gabe Aragon (49.2)		3:18.34 (3rd)
	Chad Clark (50.9), Raffi Cote (51.0), Mike Gonzales (52.3), Matt Everett (54.3)		3:28.74
	Cory Kalm (54.0), Allen Pittman (54.2), Sid Scheer (55.7), Connor Schneider (58.9)		3:42.92
PV	Sam Potter 15' 11" (3rd)	Chris Dodds 14' 11" (5th)	Kyle Walker NM
SP	Jeremy Lee 36' 9 3/4"	Richard York 36' 6 3/4"	
DISC	Richard York 107' 0"	Jeremy Lee 106' 1"	
JAV	Richard York 185' 7" (1st) PR	Alex Kitterman 177' 0" (2nd) PR	Jeremy Lee 138' 9" (4th)



University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

April 23-24, 2010

BRUTUS HAMILTON INVT. (CAL-BEREKLEY)

The annual Brutus Hamilton Invitational in venerable Edwards Stadium provided the New Mexico Lobos a great setting to have a successful two day competition. Long considered one of the finest track & field facilities in the world, Edwards Stadium has a legacy unmatched in collegiate track & field. Not only has the facility been host to some of the best individual performances in the sport's history, but Edwards Stadium also stands in one of the most beautiful settings in the nation - with panoramic views of the Berkeley Hills and Strawberry Canyon to the east, and the San Francisco Bay, Golden Gate Bridge, and the city skyline to the west. Over the years, Edwards Stadium has witnessed 12 world records, 26 American records and 24 collegiate records. The first world record set in the stadium was also history's first 15-foot pole vault, by Cornelius “Dutch” Warmerdam in 1940. The last world mark to fall in Berkeley was in 1978, as Washington State's Henry Rono clocked 13:06.4 in the 5,000-meter run. On a cinder surface in 1966 - before a Tartan all-weather surface was added in 1977 - a University of Kansas freshman by the name of Jim Ryun clocked a remarkable 3:51.3 mile. Named after Col. George C. Edwards, the facility opened in 1932 as the only stadium in the world built for track & field use only. Since that time, Edwards Stadium has hosted eight NCAA championship meets, a National AAU Championship, the All-American Invitational in 1966, the 1971 and '78 USA vs. USSR dual-meets, six Kennedy Games, the Brooks Meet of Champions and the Kinney Invitational.



On Friday during the day it was bright and sunny, in the mid 60's with a slight wind sweeping around the track. On Friday night for their distance carnival the cool (some would say cold) breeze off the bay turned the oval into something different. On Saturday one could not have asked for a more perfect day as there wasn't a cloud in the sky and the 70 degree day was warm, but not hot. The nice crowd showed appreciation all day long for the ample top-level performances. When all was said and done the Lobos took home three winning efforts and 20 new PR's (personal records), which is a significant number over a two day span. Hopefully the hard training and preparation is starting to take hold, and as the Lobos enter the final three weeks prior to conference are tapering and getting ready for great things.

YOUNG CONTINUES ASSAULT ON ALL-TIME TRIPLE JUMP RANKINGS

Sr. **Deanna Young** (Highland, Abq., NM) came into her senior year with a best of 42' 10 3/4", set in 2008. She has certainly started off the 2010 outdoor season with a bang since at the Texas Relays three weeks earlier she broke the UNM school record and had the #1, #2, #3, #4, #10 longest jumps of all time led by her 43' 10 3/4" winning effort. This week she again took first place honors with a leap of 43' 1/4" and added the 6th, 7th, and 9th longest jumps all-time at UNM to her resume. DY started off with a solid 40' 11 1/2", then followed with 42' 2 1/4", 42' 6", 43' 1/4", 42' 11 3/4", and 41' 11 1/4". So dominant was Deanna that only one of her jumps (the final one) wouldn't have won the competition. So after the completion of her second outdoor meet Deanna now owns 9 of the 10 longest jumps in UNM history as the former record-holder Lavern Clarke hangs on to the #5 ranking.



Deanna Young during the second phase (step) of the Triple Jump which used to be known as the Hop, Step, and Jump!

Walker Uses Early Race Speed to Capture 110 Hurdles

Froshie De'Vron Walker (Los Angeles, CA) came into the meet with a seasonal-best of 14.66. In the prelims he finished with a 14.67 qualifying effort which was second-best of the 14 competitors. Fellow classmate Richard York (St. Clair, MO) used a nice PR of 15.37 to grab the eighth and final qualifying spot for the finals. In the finals DW got an excellent start and as the picture shows had a lead at the second hurdle. De'Vron built upon that early execution to finish with a flurry and top the field with a 14.53 PR which moves him to #8 all-time at UNM. RY finished in 15.70 to nail down the same spot he earned to get into the final.



De'Vron Walker leading the 110 Hurdles early in the race.

Thomas Surprizes Field to Take 100 Victory!

In the prelims of the 100 meter sprint the 22 competitors were vying for eight spots in the final. In the first of four heats the winner from Washington clocked a 10.79. In the second heat a Utah State sprinter threw down a 10.61. In the third heat the winner from Arizona clocked a 10.88. Then in the fourth heat sophomore **Lamaar Thomas** (Friendly, Ft. Washington, MD) sped to a winning effort of 10.79. Going into the final LT would have to turn up the intensity since the USU sprinter had a sizable margin (18/100ths which is significant in sprinting). Lamaar got out even with everyone in the race and then worked hard the entire way to eek out an ever-slight victory 10.70 to 10.71. Pictured is Lamaar in the prelim with jr. decathlete **Brian Wilson** (Estancia, NM) to his right.



Pitts Powers PR's

Froshie **Shirley Pitts** (Bonanza, Las Vegas, NV) doubled her fun as she hit personal-bests in both the 200 and 400 meter sprints. In the 200 SP ran a nice curve into a negative 1.0 headwind to lower her best from 24.93 to 24.68, which was the fifth fastest of all 29 sprinters. Right behind in eighth place was classmate **Tawsha Brazley** (Bosque School, Abq., NM) who clocked a 24.84. In the 400 Shirley toured the one lap of Edwards track in 55.26 to grab another fifth place among the 28 quarter-milers. That performance also places her into the all-time top ten UNM ranks at #8! Tawsha also clocked a new PR as she lowered her best from 56.95 to 56.09, just missing the top eight. The top picture is Shirley while the bottom picture shows Tawsha fighting it out with a competitor down the homestretch.....ps.... TB beat her!



On behalf of all the Lobo Track & Field Team we would like to say a BIG Thank you to all the parents and supporters who traveled the 1084 miles from Albuquerque to Berekley, CA to cheer on the cherry & silver. It is GREATLY appreciated to see friendly faces. In the picture Head Coach Joe Franklin chats with some of the many parents/supporters at the meet.



Soph. Thomas Trujillo (Rio Rancho, NM) passes the baton to froshie Derek Montoya (Highlands, Abq, NM) during the first exchange of the 4x100 Relay. The pass is an excellent example of full-extension between teammates.



Paxton Continues to Add Name to All-Time Rankings
Sr. Briana Paxton (LaCueva, Abq., NM) tossed the

discus 151' 3" to finish fourth in the competition with the seventh longest throw in UNM history. BP now owns the #2, #3, #7, #10 longest tosses of all time!

Mitsos & Stam Take Runner-Up in 12 1/2 Lap Extravaganza! Froshie **Janna Mitsos** (Lockport, IL) battled for 10 laps with a runner from Arizona before taking second place in the 5000 meters. JM went under 17:00 for the second time within a month as she crossed the finish line in 16:59.45. By the time the 5K was run it was very cool and windy and under the circumstances a solid time. Janna had run her first 5000 at Stanford in 16:48.50 with almost perfect conditions. In their first-ever 5000 on the track froshies **Ashlee Smalley** (West, Greeley, CO) and **Laura Lavezo** (LaCueva, Abq. NM) and sophomore **Shawna Winnegar** (Santa Fe, NM) clipped off nice sub-18:00 efforts and they went 17:41.53, 17:48.35, and 17:42.96 respectively. CO). Froshie **Sean Stam** (Rio Rancho, NM) came into the meet with a best of 14:40.69 also done at Stanford, and he ended up getting a slight PR of 14:39.84. He led a parade of PR's as **Patrick Ortiz** (Pecos, NM), **Cory Kalm** (Sandia, Abq., NM), and **Allen Pittman** (Los Alamos, NM) hit big PR's. Patrick got his by 16 seconds, Cory by 20 seconds, and Allen by 20 seconds. On Saturday almost everyone who raced the 5000 on Friday evening came back to compete in the 1500 meters. Pictured is Janna in the 1500 meters where she notched a nice 4:42.75 and Sean post-race discussing his race with assistant coach Erin Howarth.



Everyone is enjoying the great sun!
On the left is Ashley Miknis in the sunglasses & Tawsha Brazely and to the right are UNM's eminent pole vault coaches, Derek Mackel (in red) and Rodney Zuyderwyk.





Potter Powers Past Previous PR

Redshirt froshie Sam Potter (Cibola, Abq., NM) had flirted with clearing 16' most of the indoor season until the MWC meet where he scaled 16' 3/4". On March 27th in the first outdoor meet at UTEP Sam matched that height. He added slightly to his old indoor and outdoor best clearing 16' 1 1/4", taking second place in the process. SP opened up at 14' 7 3/4" missing once before clearing, then clearing 15' 1 1/2" and 15' 7 1/2" on his first attempts. At 16' 1 1/2" he missed once before clearing on his second attempt. Sam took three attempts at 16' 5 1/4".

Darling Lowers PR in 1500 Meters

Soph. Alex Darling (LaCueva, Abq., NM) came into the M. Davis Invitational 1500 meter with a life-time best of 4:32.52 set last year at the Mt. Sac Relays. She followed a steady, but brisk pace set by the group to a seventh place finish and a new all-time best of 4:31.38. Coming in at 4:41.23 was junior Emma Reed (Clevdon, England). Pictured below is Alex on the inside and Emma on the outside.



Kirk Bounds to 3rd Place in Triple Jump

Soph. Ty Kirk (Rolling Meadows, Arlington Hts., IL) fresh off spring football practice started the process of getting his track technique back in swing. TK started off the competition with a 46' 9", then followed with a foul. He then extended his best out to 47' 10 1/2" on his third attempt. In the first round of the finals Ty opened with a foul, then hit 47' 7" before getting his best distance on his last attempt, 48' 1 1/4". It is always an important point to be able to end a competition with a best jump or throw since it shows a strong ability to focus on the task at hand. With limited practice due to his pigskin responsibilities that distance is a solid start to last years third place MWC finishing (48' 8 3/4") effort.



Freshman Alex Kitterman (Academy, Abq., NM) is shown starting his crossover step in the Javelin where he threw 166' 6" to grab 8th place of all collegians.

Soph. Amber Menke (Cibola, Abq., NM) came into the 2010 outdoor season with an outdoor best of 11' 1 3/4", set last April 4th although she had cleared 11' 11 3/4" during the 2010 indoor campaign. At the TCU Invitational one week ago she upped her outdoor best to 11' 9 3/4", and at the Brutus Hamilton meet upped that again, clearing the 12' barrier with her 12' 1/2" performance. That performance earned AM a second place in the competition, and a new PR, along with a move up on the all-time UNM rankings, going from 8th to 6th! In 7th place was junior **Lauren Jaramillo (Manzano, Abq., NM)** who notched a new outdoor best improving to 11' 6 1/2", about seven inches higher than her previous best.

Williams Moves Up One Spot on All-Time Hammer Ranking!!! Jr. Tami Williams (Artesia, NM) improved her all-time best to 150' 11" adding over three feet to her previous mark. That distance gets her one place higher on the all-time UNM rankings, just five feet away from third!!!



RACING FOR HOME

Pictured are froshies Raffi Cote (Grand Junction, CO) leading and Josh Lovato (Gallup, NM) coming down the homestretch in the 400 meters. Raffi would nail a PR of 50.35 after getting 5th place on Friday in the 800 at 1:52.31.



The Short & Long of Hurdling to PR's

Pictured at the top is froshie Precious Selmon (Crystal City, MO) in the prelims of the 100 meter Hurdles. PS who had a seasonal-best of 14.59 from the TCU Invt., lowered that to 14.54, which ranks her as the #9 performer all-time at UNM. In the bottom picture froshie Ashley Miknis (Broomfield, CO) is seen clearing the third hurdle in the 400 Hurdle race. AM who came into the meet with a best of 63.84 cut almost half a second off with her 63.38.



FORTNER GRABS SIXTH IN HIGH JUMP

SR. SANDY FORTNER (FT. SUMNER, NM) CLEARED 5' 6" TO TAKE SIXTH PLACE IN THE HIGH JUMP. THAT IS JUST SHY OF HER OUTDOOR PR OF 5' 7". PICTURED IS FROSHIE MARIN SCHWEIGERT (ROBERTSON, LAS VEGAS, NM) ATTEMPTING 5' 4".

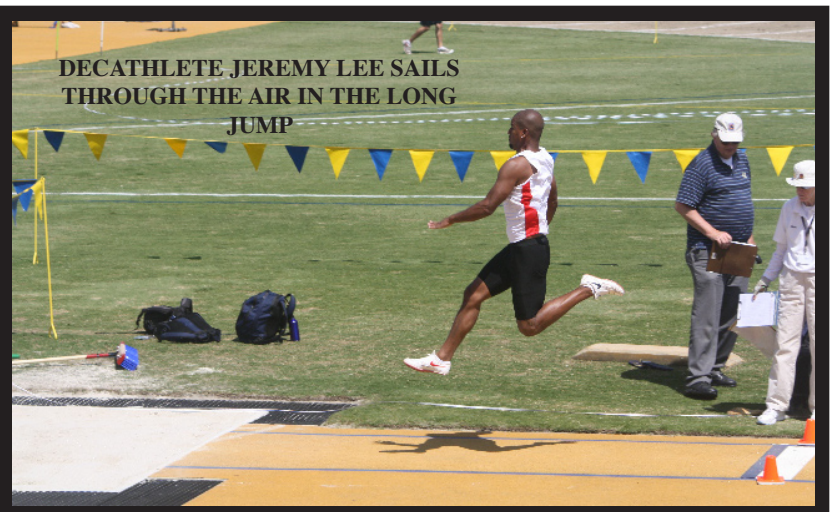


All Alone At the Finish Line
Bianca Martin (Westview, Beaverton, OR) is seen just crossing the finish line in the 1500 meters. BM who was right with the entire pack at 1200 meters used a scintillating final 300 meter kick to outdistance the field.



GABE ARAGON
>>>>>>>>

Gabe Aragon (Valley, Abq. NM) is shown at the 300 meter point of the 800 meter race where he ran 1:52.87, just missing his PR of 1:52.38.



DECATHLETE JEREMY LEE SAILS THROUGH THE AIR IN THE LONG JUMP



Willis Finishes Fifth and Just Misses PR in 3000 Steeplechase

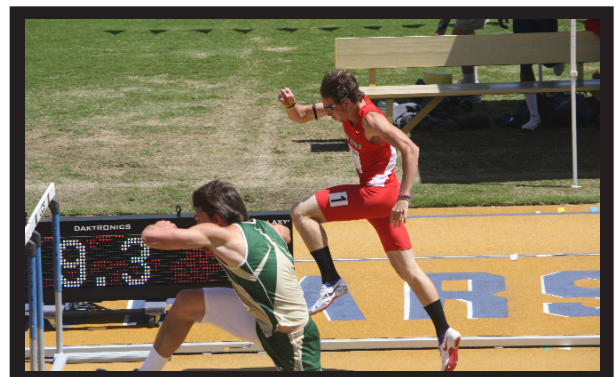
Jr. Alex Willis (Lake County, Leadville, CO) came into the Cal meet with a PR of 9:03.56 which he did at last year's MWC meet at Wyoming, when he placed 6th. His finishing time of 9:04.70 is a good indication that he has a chance to go under the 9:00 barrier soon.

Everett Hammers 1500 PR

Soph Matt Everett (LaCueva, Abq., NM) dipped under the 4:00 threshold at Stanford on March 26th as he clocked 3:59.21 for the metric mile. He crushed that with his 3:55.21 final time. Pictured is Matt in the middle of the race.



**PR's All Around
- PV'er Lauren Jaramillo clears her PR, while Josh Lovato comes up the backstretch in the 400H where he finished in a new PR, and Richard York enroute to a new PR in the 110 Hurdles.**



WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

WOMEN

200	Shirley Pitts 24.68 (5th) PR	Tawsha Brazley 24.84 (8th)	Sandy Fortner 25.65
400	Shirley Pitts 55.26 (5th) (8,x) PR	Tawsha Brazley 56.09 PR	Ashley Miknis 60.35
800	Biana Martin 2:16.89		
1500 Invt.	Alex Darling 4:31.38 (7th) PR	Emma Reed 4:41.23	
1500	Janna Mitsos 4:42.75	Carolyn Boosey 4:47.48	Bianca Martin 4:50.68 Shawna Winnegar 4:55.40
5000	Janna Mitsos 16:59.45 (2nd)	Carolyn Boosey 17:32.72 (7th)	Ashlee Smalley 17:41.53
	Shawna Winnegar 17:42.96	Laura Lavezo 17:48.35	
100H	Precious Selmon 14.54 PR	Sandy Fortner 14.68	
400H	Ashley Miknis 63.38 PR		
LJ	Deanna Young NM		
TJ Invt.	Deanna Young 42' 6" (x,9) 42' 11 3/4" (x,7) 43' 1/4" (1st) (x,6)		
HJ	Sandy Fortner 5' 6" (6th)	Marin Schweigert 5' 4 1/4"	
PV Invt.	Kelly Fortner NM		
PV	Amber Menke 12' 1/2" (2nd) (6,x) PR	Lauren Jarmamillo 11' 6 1/2" (7th) (9,x) PR	
	Sara Lee 10' 6 3/4"	Aditi Majumdar NM	
Disc	Briana Paxton 151' 3" (4th) (x,7)		
Ham	Tami Williams 150' 11" (4,x) PR	Sarah Swartwood 148' 11"	

MEN

100	Lamaar Thomas 10.79 10.70 (1st)	Thomas Trujillo 11.16	Richard York 11.27	Brian Wilson 11.69
200	Derek Montoya 22.80	Jeremy Lee 23.85		
400	Raffi Cote 50.35 PR	Josh Lovato 50.91	Chad Clark 51.02	Derek Montoya DQ
800 Invt.	Gabe Aragon 1:52.87			
800	Raffi Cote 1:52.31 (5th)			
1500	Matt Everett 3:55.21 PR	Allen Pittman 3:59.59	Alex Willis 3:59.99	
	Sean Stam 4:00.68	Cory Kalm 4:02.14	Patrick Ortiz 4:03.92	
3000SC	Alex Willis 9:04.70 (5th)			
5000	Sean Stam 14:39.84 (2nd) PR	Patrick Ortiz 14:46.64 (4th) PR		
	Cory Kalm 14:49.09 (6th) PR	Allen Pittman 14:50.44 (7th) PR		
110H	De'Vron Walker 14.67 14.53 (1st) (8,x) PR	Richard York 15.37 PR 15.70 (6th)		
	Brian Wilson 15.75	Jeremy Lee 16.60		
400H	Chad Clark 54.59 (8th)	Josh Lovato 55.11 PR		
4x100	NM			
LJ	Richard York 22' 4 1/2" (2nd) PR	Brian Wilson 19' 7 1/2"	Jeremy Lee 18' 10 3/4"	
TJ Invt.	Ty Kirk 48' 1 1/4" (2nd)			
PV Invt.	Kyle Walker 15' 11 1/4" (8th)			
PV	Sam Potter 16' 1 1/4" (2nd) PR	Chris Dodds 14' 7 1/2"		
Jav	Alex Kitterman 166' 6" (8th)			



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

APRIL 30, 2010 OREGON RELAYS
MAY 1 STANFORD INVT. & UNM DON KIRBY INVT.

The weekend found Lobo athletes in three different states (Oregon, California, and New Mexico) in the final regular season meet prior to the 2010 Mountain West Conference Championship. Reinforcing that there is no place like home, of the 52 athletes who competed at UNM in the 20th Don Kirby Invitational, 23 hit PR's, an unusually high percentage. Everyone likes home meets in order to produce great efforts like this! The UNM meet started off with delightful weather as it was sunny and clear blue sky up until about noon, then it turned cloudy with some light breezes, then cool with a stiff wind, then finally very windy with cool temperatures. Many of the races/events were negatively affected by the wind and good performances wiped out with the NCAA policy of no performance achieved with more than a 2.0 meters per second tailwind allowed. The Lobo team will now turn its full attention to preparing for the upcoming MWC meet which will be hosted by UNM. Everything that has been done since September will now come on display for the home crowd. It should be an exciting and intense meet.

OREGON RELAYS

Sr. **Lee Emanuel** (Hastings, England) was asked about a month ago to participate in a special 1500 meter race as part of the annual Oregon/Pepsi Relays given his background as two-time NCAA Indoor mile champion. The Eugene Register-Guard, the premier track-oriented newspaper in the country was backing the race as a chance to showcase the best in America, and maybe, just maybe have someone break the collegiate all-time best of 3:35.3. Emanuel, UNM's stalwart agreed since its not every day an athlete gets a chance to try for a collegiate record, but he wanted to ensure that if he attended proper strategy was employed by Oregon. To run a collegiate record takes a special race situation, with world-class athletes hired to be proper pace-setters through much of the race. In Europe, during the summer months, when so many fast times are achieved the meet directors over there bring in experienced runners that can lead a race through pre-determined splits to enhance the chance of great performances. LE was promised that Oregon would have pace-setters that would take the race through 57 at the 400 meters, 1:55 at the 800 meters, and finally 2:52 at the 1200 meters. Then over the final 300 meters it would be left up to Lee to do the work and finish with a bang. The Friday night event brought cooler than hoped for temperatures and a nice breeze. But the show must go on, so the 13 runners toed the line, with two pacesetters designated. The runners took off and Lee dropped in behind the two pacesetters as they toured historic Hayward Field. The pacesetters came through right on target as Lee clocked a 57.2. The reason that pacesetters are so important is that just like in the Tour deFrance, they break the wind in front of the runners, and make it easier from an energy-conservation standpoint. Back to the race. LE stayed behind the two rabbits and came through the 800 meters in 1:56.8, too slow for his liking. The rabbits were encouraged by the announcer and the crowd to pick up the pace. By the time the race got to 1100 meters (one lap to go) Lee knew he had to go, and he burst to the lead and immediately gapped the field. Lee poured it on around the curve (hitting the 1200 in 2:55.7) and up the backstretch trying to do it all on his own. Rounding the final turn with about 100 meters to go Lee started to fatigue as his wanting to take a shot at the record was draining his energy reserves. About 30 meters in front of the finish line one collegiate runner came up and got by him, and one other professional runner just nipped him at the finish line. Lee's finishing time of 3:38.79 is his third fastest ever and one of the top times in the NCAA. While the record did not fall sometimes the journey is just as important as the final product.

Walker Hits Big Jump in Pole Vault

Jr. Kyle Walker (Rio Rancho, NM) came into the Don Kirby meet with an outdoor best of 16' 3/4" achieved over two years ago at UTEP, and then matched on March 27th back at UTEP. The wind conditions were quite favorable for the vaulters and presented a good opportunity. Kyle passed all the way to 15' 7" where he entered the competition and made easy work of the height. The crossbar then went to a PR equalling 16' 3/4" and again KW made easy work of it clearing on his first attempt. At 16' 7 1/4" KW blew the height away having plenty of space over the bar. He finally came to close after three attempts at 16' 9 1/4". That height moves him to #6 all-time outdoors at UNM but more importantly moves up the MWC list, and the NCAA Regional list. This year with the new NCAA two region model there is no automatic qualifying standard, and the top 48 athletes in each event from the two regionals will qualify. That height moves KW into the top 40 in the West region and gives him some breathing room. Pictured is Kyle on his plant during one of his vaults.



Senior Likes California
Sophomore Ruth Senior (Norwich, England) traveled to Stanford University in Palo Alto, CA on March 26th and proceeded to run the fastest time in UNM history over 5000 meters, and a performance that currently ranks #5 in the NCAA (15:57.32). Then on April 16th at the Mt. Sac Relays in Walnut, CA she took aim at the 1500 meters and clocked a 4:26.24 effort, #8 all-time at UNM. Then at the Payton Jordan meet back at Stanford she took control of her specialty, the 3000 Steeplechase and Ruth produced a sterling 10:09.14 effort, destroying the UNM record by almost 30 seconds (!) and moving into the top 10 nationally.

Fortner Hits Nice PR in 100 Hurdles

Pictured is sr. Sandy Fortner (Ft. Sumner, NM) in lane two, and froshie Precious Selmon (Crystal City, MO) in lane three at the fifth of ten hurdles. They are almost a mirror image technically in their lead leg and trail leg. In the prelims SF clocked a 14.33, while PS hit 14.54, both times qualifying for the eight woman final. In the final both got out well, and Sandy made a huge push in the middle of the race to flash across the finish line in second place collegiately with a PR of 14.17, knocking 17/100ths off her previous legal best of 14.34. Precious came across the finish line in fifth place with a little PR of 14.53. They now rank #6 & #9 all-time outdoors at UNM.



Thomas Gets Good Tailwind to Run Speedy 100 meter.

Sophomore Lamaar Thomas (Friendly, Ft. Washington, MD) used a strong 3.4 mps tailwind to take a speedy ride down the UNM track. After running a 10.84 in the prelims into a negative 3.7 headwind to qualify for the eight man final, the wind turned around for the final and gave all sprinters a good push down the track. The NCAA does not accept records for any race with over a 2.0mps tailwind, so LT's fun-filled 10.37 will not count, but still will be remembered for a lot of fun. Pictured is LT flying down the track. Track & Field News calculates that a 3.4 tailwind at 5000 feet altitude is worth about a .22 benefit, so even if one tacked that on to LT's time he still would have run his fastest of the season.



Froshie Janna Mitsos (Lockport Twp., Lockport, IL) had clocked a 1500 meter best of 4:42.75 at the Brutus Hamilton meet one week earlier. This week she toured the 3 3/4 laps of the G.F.O Stadium (Great Friends of New Mexico Track) in 4:37.68 for a five second PR and a fourth place.

Barnicle Comes Up Just Shy of 10,000 Record

Sr. Chris Barnicle (Newton, MA) took aim at UNM's very challenging 10,000 meter record of 28:05.24, set in 1984 by Ibrahim Kivina at the Payton Jordan/Stanford Invitational. That is a herculian task as it take an average of 67.5 per lap for 25 laps to make it happen. Put another way, if a high school boy runs the 3200 meters at the state track meet in 9:00 he is recruited by almost every division I track program in the country. To run 28:08 one must come through the 3200 in 9:00 with another 6800 meters to go!!! Chris gave it a tremendous effort and in the end came up just slightly short finishing in 28:10.59 making him the fourth best ever at UNM!!!! Quite an accomplishment.

Fortner Flies Over 12' for First Time Outdoors

Sr. Kelly Fortner (Ft. Sumner, NM) came into the Don Kirby event with a seasonal best of 11' 9 3/4", set at UTEP. KF opened up at 11' 1 3/4" and had a miss, then a make. She was over 11' 7 3/4" on her first attempt, then had two misses at 12' 1 1/2" before clearing on her third attempt. Kelly then had three attempts at 12' 7 1/2" but could not get it. Even though she cleared the same height as the two athletes in front of her, based on misses KF took third place. Kelly moves to #5 all-time outdoors at UNM.



Thomas Trujillo coming off the turn in the 200 Meters

Walker Lowers PR For Second Week in a Row

Froshie De'Vron Walker (Los Angeles, CA) had brought his 110 Hurdle time down to 14.53 last week at Cal. This week in the hurdle prelims he lowered that to 14.41 which moves him up to #6 all-time at UNM. In the finals DW had to fight a negative 1.9 head-wind and finished with a 14.51 clocking, good for runner-up honors. Finishing fourth and hitting a new PR was jr. decathlete **Brian Wilson** (Estancia, NM) who lowered his all-time best to 14.80 and now is taking aim at the all-time top 10 rankings.



Gibson Adds Another Top 10 Ranking to her Resume

Sr. Ashley Gibson (Newcastle, England) already owned the fifth, sixth, seventh, ninth, and tenth fastest times in UNM history in the 1500 meters. At Stanford Ashley turned in another fine effort as she finished in 4:24.94 which is now the eighth fastest time ever run.



Sr. Kelly McCabe gets ready to take a dip as she comes off the water barrier in the 3000 Steeplechase



Cory Kalm making a push to keep the pace strong in the 5000 meters

Kirwa Lowers 5000 PR Again

Sr. Jacob Kirwa (Eldoret, Kenya) came into the 2010 outdoor season with a best of 14:02.51 set last year at the NCAA regional championship. On April 15th he lowered that to 13:53.89 at the Mt. Sac Relays. At the Payton Jordan meet JK took one more step in a positive direction as he circled the 12 1/2 laps of the track in 13:48.85. That performance moves him one spot higher on the all-time UNM rankings to 8th.



Cote & Everett Go 2-5 in 800 Meters

Froshie Raffi Cote (Grand Junction, CO) and soph. Matt Everett (LaCueva, Abq., NM) are pictured coming down the homestretch. RC took the runner-up slot with his 1:53.46 clocking, just slightly off his seasonal-best. For ME he hit a huge PR in finishing fifth, dropping from 2:00.43 done at UTEP on April 10th to 1:56.31. Remember, in track being a loser (taking time off a PR) is a good thing and for Matt he was one of the teams biggest losers over the weekend!!!!



Bianca Martin takes off in the 800 meters

Tossing Things Around

In the Shot Put Sandy Fortner placed third collegiately with her best effort of 43' 1" while Briana Paxton (LaCueva, Abq, NM) slung the discus to a fourth place finish with her best of 143' 6". In the ball and chain event (Hammer) Tami Williams (Artesia, NM) was able to capture 5th place with her best of 149' 0". Froshie Alex Kitterman (Academy, Abq, NM) got off a seasonal PR in the Javelin as he upped his best from 177' to 181' 11". Decathlete Brian Wilson, who got a nice PR in the 110H duplicated that with another PR in the Discus. He added four feet to his prior PR with a toss of 139' 9".

Triple Jump Action

Ho hum.....just another week, and another dominating performance by Deanna Young (Highlands, Abq, NM). DY won the TJ by almost three feet, and four of her six attempts were long enough



to win the competition. DY's final distance was 42' 3 1/2". It will be exciting when DY gets to the MWC and the NCAA Regional and she finally has a chance

to compete with athletes that will bring out her best! Over on the men's side Ty Kirk (Rolling Meadows, Arlington Hts., IL) is pictured getting ready to power down the runway on his approach to the take off board. TK ended up third in the competition.



Froshie Gabe Aragon (Valley, Abq, NM) is pictured going up the backstretch in the 400 meters where he finished with a new PR of 49.44 and 8th place in the race.



4 x 100 Relay Quartet Comes Up Just Shy of All-Time Top Ten Performance

The foursome of Thomas Trujillo, Derek Montoya (Highland, Abq, NM), De'Vron Walker, and Lamaar Thomas combined for a nice 40.91 clocking, just missing entry into the all-time top ten annals. Given this group has only been working on baton exchanges as a group for a couple of weeks, and there is nothing more important than smooth "stick" passes, by the time the conference rolls around they should be in good shape to be near 40 flat. Pictured is Derek just after receiving the stick from Thomas.

Lovato & Miknis Nab PR's in Long Hurdle Race
Froshies Josh Lovato (Gallup, NM) and Ashley Miknis (Broomfield, CO) both had nice efforts in the 400 Hurdles. JL finished 6th, just behind teammate Chad Clark (LaCueva, Abq, NM) and dipped under 55 seconds with his 54.91 clocking knocking two tenths off his previous best. JL was smooth and controlled over the barriers which translated into the faster performance. Ashley, who came into the meet with a best of 63.38 took third place with a 63.04 clocking taking over 3/10ths from her best. Just like Josh AM was controlled and fluid over the entire race which in a tempo-mandated race like the 400 Hurdles in critical. Pictured is Ashley running her leg of the 4x400 Relay.



Willis & Stam Grab PR's in 1500 Meter Race

Pictured are L-R, Alex Willis (Leadville, CO), Brock Hagerman (Markleville, IN), and Sean Stam (Rio Rancho, NM) early in the 1500 meter race. Alex & Sean, both 3000 Steeplers and Brock a 10,000 runner dropped down to enjoy a little "speedwork" in preparation for the MWC meet. Funny, to some people running a 1500 meters would be a marathon, but for these three its a fun race that is over quick! Alex was able to finish fifth, knocking six seconds off his previous best and clocking 3:53.67. Sean finished 7th with his 3:57.03 clocking, bettering his previous best of 4:00.68.



Connor Schneider & Sid Scheer in the 1500 meters



Tawsha Brazley coming off the turn in the 200 meters

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

OREGON RELAYS

1500 Lee Emanuel (57.2 - 1:56.8 - 2:55.7) 3:3879 (2nd) (x,4)

PAYTON JORDAN/STANFORD INVITATIONAL

1500 Ashley Gibson 4:24.94 (x,8) Alex Darling 4:33.40
3000SC Ruth Senior 10:09.14 (1st) (1,1) *New UNM School Record, Old Record Kara Henry, 10:38.20, 2008)*
5000 Vanessa Ortiz 17:08.02 Delyth James 17:12.23 **PR**
1500 David Bishop 3:45.79 Sam Evans 3:51.51
5000 Jacob Kirwa 13:48.85 (8,x) **PR** Ross Millington 14:02.86 Rory Fraser 14:04.07
10,000 Chris Barnicle 28:10.59 (2nd) (4,4) **PR**

UNIVERSITY OF NEW MEXICO DON KIRBY INVITATIONAL

200 Tawsha Brazley 25.13@ (6th)
800 Bianca Martin 2:20.13@ (8th) Janna Mitsos 2:22.35@ Carolyn Boosey 2:24.17@
1500 Janna Mitsos 4:37.68@ (4th) **PR** Carolyn Boosey 4:43.70@ (7th) Emma Reed 4:53.18@ Erin Weeda 5:17.68@
3000SC Kelly McCabe 12:07.52@ (3rd)
5000 Ashlee Smalley 18:15.75@ (5th)
100H Sandy Fortner 14.33@ 14:17@ (2nd) (6,x) **PR** Precious Selmon 14:54@ 14:53@ (4th) (9,x) **PR**
400H Ashley Miknis 63.04 (3rd) **PR** Christine Ostler 68.34
4x400 Shirley Pitts (57.2), Sandy Fortner (57.2), Ashley Miknis (62.3), Tawsha Brazley (57.5) 3:55.08@ (3rd)
LongJ Precious Selmon 16' 11 1/4" **PR**
TripleJ Deanna Young 42' 3 1/2" (1st)
HighJ Marin Schweigert 5' 5" (5th)
PoleV Kelly Fortner 12' 1 1/2" (3rd) (5,x) **PR** Amber Menke 11' 1 3/4" (5th) Lauren Jaramillo 11' 1 3/4" (5th)
Sara Lee 11' 1 3/4" (7th) Aditi Majumdar NM
ShotP Sandy Fortner 43' 1" (3rd)
Disc Briana Paxton 143' 6" (4th)
Hammer Tami Williams 149' 0" (5th) Sarah Swartwood 144' 2"

100 Lamaar Thomas 10.84@ 10.37@ (3rd)
200 Thomas Trujillo 22.24@ (8th)
400 Derek Montoya 49.32@ (7th) **PR** Gabe Aragon 49.44@ (8th) **PR**
800 Raffi Cote 1:53.46@ (2nd) Matt Everett 1:56.31@ (5th) **PR** Sean Stam 1:59.31@ **PR**
Brock Hagerman 2:00.47@ Mike Gonzales 2:07.56@
1500 Alex Willis 3:53.67@ (5th) **PR** Sean Stam 3:57.03@ (7th) **PR** Brock Hagerman 4:06.16@
Connor Schneider 4:17.48@ **PR** Sid Scheer 4:25.41@
5000 Patrick Ortiz 14:47.31@ (1st) Allen Pittman 14:47.90@ (2nd) **PR** Cory Kalm 14:53.46@ (4th) Todd Nickerson 16:23.83@
110H De'Vron Walker 14.41@ (6,x) **PR** 14.51@ (2nd) Brian Wilson 14.87@ 14.80(4th) **PR**
Richard York 16.49@ Jeremy Lee 16.52@
400H Chad Clark 54.88@ (5th) Josh Lovato 54.91@ (6th) **PR**
4x100 Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas 40.91@ (2rd)
4x400 Derek Montoya 50.9), Gabe Aragon (49.8), Chad Clark (50.6), Raffi Cote (50.5) 3:22.30@ (1st)
LongJ Ty Kirk 21' 4 1/4" (4th)
TripleJ Ty Kirk 46' 3 1/2" (3rd)
High J Jeremy Lee 6' 0" (4th)
PoleV Kyle Walker 16' 7 1/4" (1st) (6,x) **PR** Sam Potter 15' 7" (4th) Chris Dodds 14' 7 1/4" (5th)
Richard York 14' 1 1/4" (6th) **PR** Brian Wilson 13' 7 1/4" (7th) **PR** Jeremy Lee 12' 7 1/2" (8th) **PR**
Javelin Alex Kitterman 181' 11" (1st) **PR**
Discus Brian Wilson 139' 9" (8th) **PR** Richard York 114' 2"



University of New Mexico Track & Field "Wolftracks" News, Views, Reviews, Previews

May 12-15, 2010 MWC CHAMPIONSHIP

A conference championship is always an exciting and interesting phenomenon, especially in track & field. The sport of track & field is comprised of 21 different events, some as different as cats and dogs, or night and day. You have small statured distance runners that can be under 5' tall and weigh less than 100 pounds, yet have 6' 8" throwers who weigh over 300 pounds. During the regular season, event groups practice at different times due to differing needs, so on any given day the throwers can be in the strength facility, while the combined event athletes are working on multiple events, the distance runners out on the Sandia Trails, and the relayists on the track working on hand-offs. Sometimes track & field athletes don't even see each other until meet day, when all the different factions come together. Yet, when it comes to a conference meet, everyone has to come together for a common good, which is to score as many points as possible for their future alma mater. The 2010 championship was extra-special as UNM played host to the other Mountain West Conference programs, and many former great track & field alums returned to watch the newest edition compete. Wednesday and Thursday, the first two days of the championship are reserved for the combined events (Decathlon and Heptathlon). Both days brought good weather for the athletes to compete in. Friday was a different story as high winds were present from sun-up to sundown. Those winds played havoc with just about everything to do with the meet. Tents were almost blown away, cables to electronic timing machines interfered with, and most of all athletes having to fight through those conditions. Finally on Saturday, it was a classic track day: bright sunshine, warm temperatures, and little wind. Both men's and women's teams responded by uniting for their best effort in years. The men finished second to powerhouse BYU scoring 153 points, the most ever points scored in a conference championship and tied the 1988 team for the highest finish ever in a conference championship. The men tallied 15 top-three medals, the most in MWC Lobo history. The women's team finished fourth with 93.5 points, the best finish by the ladies since 1990, and accrued 6 top-three medals. Now, 26 members of the team will prepare for the NCAA First-Round competition, which will be hosted at the University of Texas in two weeks. There, those athletes will compete for a final qualifying spot in the NCAA Championship meet at Oregon.



Head Coach Joe Franklin
2010 MWC "Coach of the Year"

Men's Scores

1. BYU	211
2. New Mexico	153
3. TCU	149
4. Air Force	113
5. Wyoming	96
6. Colorado State	87

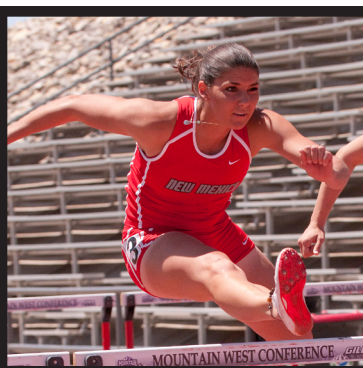
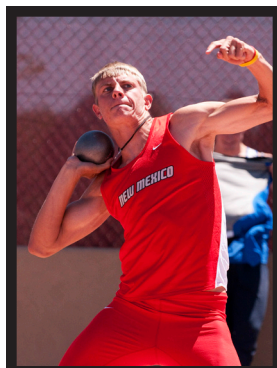
Women's Scores

1. BYU	204
2. TCU	121
3. Colorado State	101
4. New Mexico	93.5
5. UNLV	71
6. Utah	70.5
7. San Diego State	70
8. Air Force	59.5
9. Wyoming	28.5

HEPTATHLON & DECATHLON

Sr. **Sandy Fortner** (Ft. Sumner, NM) took the 2008 outdoor MWC title before redshirting the 2009 campaign. She returned to the winners podium in 2010, scoring a lifetime best of 5723 points. SF started hot as she clicked off a 14.19 in the 100 Hurdles, her fastest ever combined event hurdle race. She then equalled her all-time outdoor best in the High Jump, scaling 5' 7". Sandy then powered the 4K (8.8 lb.) ball out to 44' 2 3/4" and finished the first day with a 24.97 200 meter. Her first day total of 3456 points had her over 400 points ahead of the second placer. Sandy then started day two with a spectacular lifetime best leap of 20' 6 1/4" in the Long Jump. It seems a far cry from Sandy's first Heptathlon way back on March 23, 2006 when she LJ'd 17' 9"! The sixth event found SF tossing the Javelin out to a solid 124' 9" distance which was second best of all heptathletes. Finally, she eased through a 2:28.59 in the 800 to end her two day journey. So dominating was Sandy's performance that she almost didn't have to run the last event in order to win the competition. Her point total of 5723 moves her

into the third spot on the NCAA national list. Froshie **Richard York** (St. Clair, MO) had not had the result he wanted in his first collegiate Decathlon at the Texas Relays in late March. This time he made sure there were no downturns as he turned in (continued)



Far left is Brian Wilson during the Shot Put, in the middle is Sandy Fortner during the 100 Hurdle race, and on the right, Richard York putting the finishing touches on his brilliant 48.98 400 meter race.

a sterling effort of 7292 points, moving to #5 all-time at UNM. RY started out with a solid 10.98 PR in the 100 meters and followed that with another solid effort of 22' 3 1/4" in the Long Jump, just missing his PR by one inch. The Shot Put is a work in progress for RY but he did notch a PR of 37' 5". In the High Jump he cleared 6' 4 1/4", another PR, and finally ended day one with a sizzling 48.98 in the 400 meters, the fastest one-lap ever run in UNM Decathlon history. RY's first day total even with four PR's of 3810 points trailed leader Jay Petsch from Wyoming by 155 points. Day two brought a good 15.55 in the 110 Hurdles and then a 108' 11" effort in the Discus. After seven events Richard had fallen 177 points behind the Cowboy decathlete. In event eight the Pole Vault, both athletes cleared 14' 5 1/4", which for RY was an outdoor PR. With only two events left, Richard had to do something special, or the title was going to go to the Wyoming star. In the ninth event, the Javelin, Richard entered the meet with a best of 185' 7" but hurled the spear out to an outstanding 195' 0" to earn 730 points and pull even going into the last event, the 1500 meters. Rarely do Decathletes enter the last event tied, and for Richard it was a great situation, as he is one of the finer decathlon 1500 meter runners in the country. He sparkled to a 4:35.52 clocking outdistancing his rival by 20 seconds, and the crown was his as a froshie. The point total of 7292 moved RY up to 26th best in the NCAA and the distinction of being the top froshie in the country. While his point total fell agonizingly short of qualifying to the NCAA Championships, the future is bright for our young star. Jr. **Brian Wilson** (Estancia, NM) improved his PR by over 400 points as he totaled 6762, good for third place overall. BW had ten solid events in his competition. Finishing 8th was sr. **Jeremy Lee** (Albuquerque, NM) with 5920 points. It is certainly a credit to JL to score in the conference meet as one year ago he was recovering from a serious motorcycle accident, and competing in the demanding Decathlon far from reality at that time. But this is what dreams are made of.



1500 METERS

Sr. **Lee Emanuel** (Hastings, England) had won the MWC 1500 title in 2008 when he ran 3:47.63, but missed last year's event as he was recovering from an illness. This year he left no doubt who was in charge as the two-time NCAA indoor mile champion toyed with the field, before pulling away for an easy 3:39.66 victory, the 5th fastest time in UNM history. Lee gave the hometown crowd one final look at his marvelous skills as he will go down in UNM Lobo annals as one of the most decorated track & field athletes of all time. As in most conference races, the early pace was moderate and Lee led the 13 man race with fellow classmate **David Bishop** (Cippenham, England) in tow. As the race evolved Lee began to turn up the intensity, little by little, until he came with his signature move, a hard, driving, sustained power tempo, which very few in the United States can match. Lee came off the final turn and down the homestretch in full power, while the runner-up from BYU struggled to maintain the pace. David came in third place with a nice PR of 3:42.01, moving to the fifth



fastest runner in UNM history with that mark. **Ross Millington** (Stockport, England) was right behind David as RM crossed the line in 3:42.15, also a PR, and a time that moves him to the sixth fastest runner in UNM history. Sophomore **Matt Everett** (LaCueva, Abq., NM) couldn't get into the top eight scoring, finishing ninth but took a whopping 3 1/2 seconds off his former PR as he crossed the line in a solid 3:51.78. On the ladies side sr. **Ashley Gibson** (Newcastle, England) came into the champion-

ship ranked third in the event, and after her 4:25.54 clocking came out in third place. AG went into the final lap of the race trying to hold off a trio of Cougars from BYU who were hot on her heels. While she held off two of them, one just outleaned her at the finish line by 1/100th of a second. Ashley's time of 4:25.54 is the 10th fastest in UNM history and now gives her the #5, #6, #7, #8, and #10 fastest 1500 times ever. Jr. **Ruth Senior** (Norwich, England) doubling back from the 3000 Steeplechase finished in 8th place with a 4:38.54.

Top Left: Lee Emanuel leads the 1500 meters early in the race with David Bishop right behind. **Top Right:** Lee unleashing a wicked kick that no one could withstand. **Bottom:** Ashley Gibson fending off three BYU Cougars going into the final 400 meters.



POLE VAULT

Jr. **Kyle Walker** (Rio Rancho, NM) came into the MWC meet with a lifetime best of 16' 7 1/4" which he did on May 1st at the UNM/Don Kirby meet. That mark, in the excellent vault world of MWC skyjumping, had him ranked no better than fifth. With three vaulters in the field who had already topped 17', the road was not that easy for KW. The opening bar of 15' 5" was no problem for Kyle, as was 15' 11" and 16' 4 3/4". At 16' 8 3/4" he missed twice before pulling out a good clearance on his final attempt. Once he cleared 16' 8 3/4" there were only three others still in the competition. The bar was then raised to 17' 3/4", sort of the line of demarcation in men's pole vaulting. If you say you are a 16' vaulter, no one pays attention, but if you can say you are a 17' vaulter, eyebrows are raised! On Kyle's first attempt he didn't clear it, but on his second attempt he flew over the bar. The series of pictures show Kyle's clearance. The plant, the swing phase, the rocking back into a good position, the inversion phase trying to create upward lift, the push-off, bar clearance, and finally the screams of excitement knowing the bar is going to stay on. KW had

so much adrenaline pumping that on the next height, 17' 4 1/2", he blew it away on his first attempt! Kyle finally ran out of gas at 17' 8 1/2", earning a nice second place in the competition, and securing his spot in the NCAA First-Round Competition. KW also moves to #4 all-time at UNM. Froshie **Sam Potter** (Cibola, Abq., NM) also hit a nice PR of 16' 4 3/4" to grab seventh place. Sam came into the competition ranked 10th and it was a nice effort to earn some points for the team. With that height SP moves to #10 all-time at UNM. On the ladies side, the road was no less difficult for sr. **Kelly Fortner** (Ft. Sumner, NM). KF was ranked 8th, tied with two others at that spot in the eighteen-woman field. During the regular season Kelly had cleared a PR of 12' 1 1/2", but with the top six ranked from 12' 9" to 14' 3" had to come up with something special on her own. The opening height of 11' 3 3/4" was no problem, and just as Kyle had done, Kelly cleared the first three heights on her first attempt, boom, boom, boom. The third height was a new PR of 12' 3 1/2". The bar was raised to 12' 9 1/2" and Kelly missed once before making it. The picture shows her turning as she clears the bar. She finally went out at 13' 1 1/2", but placed a nice 5th in the competition. Her successful clearance of 12' 9 1/2" moved her to #3 all-time outdoors at UNM! The 12' 9 1/2" clearance also qualified her for the NCAA First-Round competition along with Kyle.



DID YOU KNOW? The Lobos will send 26 athletes to the NCAA First-Round Qualifying meet at the University of Texas! These 26 athletes will be competing with almost 1800 others from the West regional to be one of 12 in each event that will compete at the NCAA Championships at the University of Oregon.



Sr. Jacob Kirwa (Eldoret, Kenya) is shown having a spirited battle with a BYU runner in the 10,000 meters. JK and the Cougar ran this way for mile after mile until Jacob pulled away for the victory in 30:43.82 to 30:47.12.

10,000 METERS



Sophomore Lacey Oeding (Jasper, IN) is shown during the 10,000 meters. As is her trademark, LO started out conservatively, but lap after lap picked up the tempo and in the end finished runner-up. Lacey clocked 36:35.90. Sr. Nicky Archer (Cheshire, England) nursed her way through a quad injury to grab 6th place, while froshie Ashlee Smalley (West, Greeley, CO) got up to nab the final scoring place.



4 x 100 RELAY

Is there any event in track & field that provides more thrills and spills? Just think, four individuals, of differing heights and abilities try to combine their talents to pass the aluminum tube which is no more than 30 centimeters in length. In the women's race, the foursome of Deanna Young, Shirley Pitts, Precious Selmon, and Tawsha Brazley were seeded 7th with a seasonal best of 47.78. The foursome combined for a 46.68, good for 6th place. On the men's side, the foursome of Thomas Trujillo, **Derek Montoya** (Highlands, Abq, NM), De'Vron Walker, and Lamaar Thomas were trying to surpass the regular season relay best of 40.91. The group passed the baton efficiently and combined for a 40.52 second place effort. That time moves the quartet up to #4 all-time at UNM, and was just fast enough to qualify for the NCAA first-round. Pictured is Precious Selmon handing to Tawsha Brazley, and De'Vron Walker handing to Lamaar Thomas.



HAMMER: There is a simple philosophy in conference meets, and that is to find some-way, anyway to score points. But all coaches will tell you that a secondary philosophy is that if one doesn't score, then at least compete the best that you ever have. Sr. **Sarah Swartwood** (Rye, CO) took that advice in the ball and chain event. SS came into the championships seeded 14th with a seasonal best of 150' 9" and a lifetime best of 153' 6". She opened up with a 151' 8" toss, followed that with an improvement to a new all-time PR of 158' 9", and concluded her third throw with another PR of 160' 10". It took 166' to make the nine woman final, so although SS did not qualify for the finals, she competed at the highest level she had ever done. She leaves UNM as the #2 Hammer thrower all-time.



Deanna Young flying down the LJ runway, then getting corrective measures from jumps gurus Austin Brobst and Leo Settle



Deanna & Ty on the Triple Jump runways ready to fly down the approach



LONG JUMP & TRIPLE JUMP

On Friday in the Long Jumps, the wind was howling, and each jumper tried to catch just the right wind currents. Sometimes, it would blow across the runway, while other times it would turn around behind the athletes. It was such a strange wind that even though the runways were parallel to each other on the same side of the track, the men's runway being next to lane 8 of the track, and the women's runway being inside that nearer to the wall of the track, got different winds. On the women's side, sr. Sandy Fortner, coming back one day after winning the Hep-tathlon, was seeded fourth with a best of 20' 4 1/2", while jr. **Deanna Young** (Highlands, Abq, NM) came in ranked 6th with a seasonal best of 19' 3 1/2". DY got it rolling right from the start as she hit a 19' 7 1/2" leap on her first attempt with just a slightly over the allowable wind of +2.3mps. SF came down and fouled her first. Deanna improved on her second to 19' 10 1/2" with another +2.3 wind. Sandy responded as she always does with a 20' 0" leap before ending the first round with a foul. DY also fouled on her third attempt. In the finals, Deanna hit two fouls, before unleashing a 20' 7 1/2" beauty on her final attempt to move up to fourth place. Sandy, who was obviously fatigued from her efforts the day before, passed all three final attempts. When the dust had settled DY came out with a fourth place and SF a fifth place, earning more points than predicted. That is the way to improve! On the men's side, soph. **Ty Kirk** (Rolling Meadows, Arlington Heights, IL) ranked 14th of 17 athletes, with a seasonal best of 21' 4 1/4". On his opening attempt Ty went 21' 2" before extending that out to 22' 4 1/2", which set up his masterful third jump of 23' 7 1/4" where he caught the wind just right to ride the +4.2mps air current to its fullest. In the finals, Ty fouled his first two before ending with a 22' 6" distance. As coaches always tell their athletes, no matter where you are ranked coming into a conference championship, rise above that and try to elevate the final ranking. Ty did a great job in that regard earning 10 spots above his pre-meet ranking. On Saturday, in the Women's Triple Jump, Deanna Young entered as the top seeded athlete in the MWC and the third best jumper in the NCAA with her 43' 10 3/4" distance. DY had a great series of jumps going 42' 11", 42' 5", 43' 3 1/4", 43' 3", 43' 3 1/4", and finally a foul. Her three longest jumps were #5, #5, and #6 longest in UNM history (she owns all ten longest jumps). But every athlete can have that one spectacular jump, and a TCU athlete did just that bursting to a fantastic 44' 2" distance on her very first attempt, then following with a foul, foul, foul, and foul. So Deanna had to settle for second on this day. Over in the men's bounding event, Ty came in ranked 6th with his seasonal best of 48' 1 1/4". On his first attempt he went 48' 11", then a foul, then 46' 7". In the finals he fouled, fouled again, then came up with his best jump of the competition, a nice 50' 1/2" distance with only a +1.9 tailwind. So on his final attempt, Ty went from sixth place, his pre-meet ranking, all the way to second place. Quite a meet for Ty getting extra points in both events.

JAVELIN - Richard York came back after his two-day Decathlon exploits to capture 7th place in the jav with a distance of 183' 7". While not quite the 195' 0" he tossed in the Decathlon, no one would blame him for having a tired arm after all the events he had done. While he tossed the same distance as the sixth place finisher, the other athlete had a better second toss, so the seventh place was exactly his pre-meet ranking. Froshie **Alex Kitterman** (Academy, Abq, NM) came in ranked 8th but missed by just one place as his 169' 7" was just shy of the top eight scoring.

800 METERS

The 2010 men's 800 turned out to be the fastest and deepest MWC final of all-time. In the prelims, three of the six Lobo runners were able to advance to the nine man final. In the final Lee Emanuel, froshie **Sam Evans** (England), and classmate **Gabe Aragon** (Valley, Abq, NM) toed the line ready to challenge BYU's sophomore phenom Ryan Waite, who had burst on the track scene this season with his second fastest in NCAA 1:47 clocking. GA who has not shown any fear in leading, took the group through the first 400 of the race with the rest of the men bunched together. Up the backstretch, the power runners started to exert their influence, and then Waite burst from the group. Around the final turn, the eight remaining athletes gave chase to the Cougar. The picture shows the race at about 750 meters. Lee would end up second in the race in an all-time PR of 1:48.86 (#7 all-time at UNM), while froshie Sam hung tough to finish third in 1:49.42, his all-time best (#10 all-time at UNM), while Gabe just came up short of scoring by 2/10ths of a second, but still ran his all-time PR of 1:50.63! To have nine runners under 1:50.63 is a testament to the quality in the MWC.



400 METERS

Froshies **Tawsha Brazley** (Bosque School, Abq, NM) and **Shirley Pitts** (Bonanza, Las Vegas, NV) came into the event seeded fourth and fifth. In the prelims TB had to run a PR of 55.89, while SP was just off her PR but had to run a 55.92 to qualify for the final. In the final they both PR'd with Tawsha coming in fifth with a 55.09 clocking, moving to #8 all-time at UNM, while Shirley crossed in sixth with her 55.13, moving to #9 all-time at UNM. Pictured is Tawsha coming around the first turn in the finals.

100/110 HURDLES

In the prelims of the women's 100 Hurdles, Sandy Fortner was seeded seventh and froshie **Precious Selmon** (Crystal City, MO) was ranked 12th. With SF coming off the Heptathlon the day prior, there was not going to be a lot of room for error. Both were in the same semi-final and came up with times of 14.45 (SF) and a 14.51 PR for Precious. Unfortunately, they ended up 9th and 10th with only the top eight going to the final. In the men's semi-final, froshie **De'Vron Walker** (Los Angeles, CA) had run a seasonal best of 14.41 at the UNM/Don Kirby meet on May 1st. But that had been with a +2.0 aiding tailwind. DW came through with the second-fastest time on the day with his 14.63 clocking run into a 1.6mps headwind. In the final, De'Vron got out well (pictured) and gave the pre-meet favorite from TCU all he could handle, only getting beat at the end of the race. De'Vron's time of 14.43 was good for runner-up honors.



DISCUS

Sr. Briana Paxton
(LaCueva, Abq, NM)
placed 8th in the platter
event with a best toss of
141' 11". BP finished the
regular season with a best
of 158' 11" a mark that
will get her to the NCAA
First-Round competition.





100 METERS

Sophomore **Lamaar Thomas** (Friendly, Ft. Washington, MD) came into the championship ranked second in the MWC. LT had a regular season best of 10.37w. In the prelims shown above with LT on the far right, he was the fifth fastest qualifier with a 10.54 with a +1.4 tailwind. In the finals, Lamaar got out in the middle of the pack, but accelerated extremely well over the last 50 meters of the race to finish second with a new PR of 10.36 with a legal +1.4 wind. That performance guarantees him a spot in the NCAA First Round, and moves him to #2 all-time at UNM.

5000 METERS

The men's 5k had lots of drama as UNM had to score a boatload of points to have any chance of finishing second as a team. Sr. **Chris Barnicle** (Newton, MA) along with classmate **Rory Fraser** (Leicester, England) put that weight squarely on their shoulders and did what they needed to do. The race was fun to watch as Rory, Chris, Jacob Kirwa, and Air Force's Justin Tyner went at each other the entire race. Chris, who has the second fastest 10K in the nation this season, and has developed a wickedly deceiving kick was able to catch the Cadet on the final homestretch and give a Lobo the victory. Rory, who is still coming back from a foot injury was able to capture third, while Ross Millington was able to finish fourth. Pictured from left to right are Justin Tyner, Chris, Jacob, and Rory. In the women's race, froshie **Janna Mitsos** (Lockport Twp., Lockport, IL) has had a solid season for a newbie in the 5000 meter event. She clicked off a 16:48.50 at the Stanford Invitational which put her #9 all-time at UNM. She followed a consistent and steady race plan to finish third in 17:03.89, one place in front of jr. **Vanessa Ortiz** (Cibola, Abq, NM) who clocked 17:19.15. Getting up to grab the important eighth place was Lacey Oeding. Pictured is Janna leading Vanessa in the middle part of the race.



3000 STEEPLECHASE

Junior **Ruth Senior** (Norwich, England) came into the MWC meet ranked second in the conference, and in the top ten nationally. The race went somewhat according to plan as RS clocked a 10:31.58 runner-up finish, which is the #2 fastest time ever at UNM (Ruth has the #1 time). Grabbing seventh place was sr. **Carolyn Boosey** (London, England) who was clocked in 11:12.99. CB wasn't ranked in the top eight, so it was nice to have her gain those important two points. On the men's side, jr. **Alex Willis** (Leadville, CO) and froshie **Sean Stam** (Rio Rancho, NM) were seeded 5th and 9th. They ran good solid races, put themselves into the race when needed and finished 3rd (AW) and 8th (SS). So instead of the four points predicted from the steeple, the guys came away with 7 points. Pictured is Ruth over the water barrier and Alex coming out of the water pit with Sean on the way down from the barrier.





400 HURDLES

Froshie Ashley Miknis (Broomfield, CO) came into the championship seeded 8th, based on her regular season best of 63.04, set May 1st at the UNM/Don Kirby Invt. In the prelims AM finished with the sixth fastest time of the fifteen competitors, a 63.48. In the finals Ashley got out well, controlled her stride pattern up the backstretch, made a nice push around the second curve, and came off in good shape. She blasted down the homestretch, and just missed nipping the fourth place runner at the finish line, but still placed fifth on the day. Her time of 61.80 moves her to #10 all-time at UNM.

200 METERS

Soph. **Thomas Trujillo** (Rio Rancho, NM) came into the championship with the 13th best seed mark, a 22.17 clocking. Not exactly where one would want to be. But in championship settings, it's what you do that day, not what you've done before. In the prelim TT scurried to a seasonal best 21.76 to qualify for the eight athlete final. In the final Thomas produced his best effort of the season, a 21.59 to finish 7th on the day. Pictured is TT coming off the turn.



HIGH JUMP

Froshie **Marin Schweigert** (Robertson, Las Vegas, NM) came into the MWC meet with the seventh best height (5' 6") from the regular season. The 17 woman field began the competition at 5' 2 1/4", which MS easily cleared on her first attempt. The bar was then raised to 5' 4 1/4", and again Marin cleared on her first attempt. At 5' 6", MS repeated what she had done the previous two heights, and all of a sudden she was in 4th place. The bar was then raised to 5' 8" and even though she had several good attempts, couldn't quite scale that height. Pictured is Marin during her approach where she has a nice lower left shoulder keeping her transitional approach phase smooth, and the resulting action from that solid approach..... a nice bar clearance. In the men's High Jump Richard York added more points to his resume as he snagged 6th place.



4x400 RELAY: Both long relays brought home points with the men's quartet getting 5th place, while the ladies captured 7th. For the men, Derek Montoya led off with a 49.6 split, and handed to Gabe Aragon who clocked a 49.3. Gabe then handed to Sam Evans who raced to a 48.8 split handing off to **Ryan Steadman** (St. Pius, Abq, NM) who finished off with a 48.9. The cumulative time of 3:17.04 was their fastest of the year. The ladies quartet was led off by Tawsha Brazley who clocked a 55.7, handing off to Shirley Pitts, who toured her one lap in 55.8. Third leg Ashley Miknis came up with her fastest split ever, a 58.5, before handing off to **Alex Darling** (LaCueva, Abq, NM). Alex, who is a 1500 meter runner showed excellent speed clicking off a 58.0 to end the relay. Their finishing time of 3:48.44 was by far UNM's fastest of the season. An exciting aspect is that of the eight runners who comprised both 4x400's, six of them are froshies!!! Good potential for the future.



A FINAL LOOK AT FACE TIME



Coach Rodney Zuyderwyk explaining a new technique in the Pole Vault



Coach Leo Settle always imparting his wisdom on the team



Coaches Austin Brobst & Derek Mackel bring their enthusiasm and energy to the team



Coach Jimmy Butler, the technical wizard of the team who makes all complex problems simple



Coach Erin Howarth always teaching, teaching, teaching



Head Coach Joe Franklin, the fearless leader



Coach Giles McDonnell who infuses the team with his loyalty & respect for the sport



WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

**** All running events have been adjusted for altitude based on NCAA protocol**

400	Tawsha Brazley 55.89 PR 55.09 (5th) (8,x) PR	Shirley Pitts 55.92 55.13 (6th) (9,x) PR
800	Alex Darling 2:19.29	
1500	Ashley Gibson 4:25.54 (3rd) (x,10)	Ruth Senior 4:38.54 (8th)
3000SC	Ruth Senior 10:31.58 (2nd) (x,2)	Carolyn Boosey 11:12.99 (7th)
5000	Janna Mitsos 17:03.89 (3rd)	Vanessa Ortiz 17:19.15 (4th) Lacey Oeding 17:31.04 (8th)
	Ashley Gibson 17:50.60	Carolyn Boosey 18:19.68 Michelle Corrigan 18:26.83
10,000	Lacey Oeding 36:35.90 (2nd) Nicky Archer 37:53.57 (6th) Ashlee Smalley 38:13.05 (8th) Delyth James 38:40.61	
100H	Sandy Fortner 14.45	Precious Selmon 14.51 PR
400H	Ashley Miknis 63.48 61.80 (5th) (10,x) PR	Christine Ostler 71.85
4x100	Deanna Young, Shirley Pitts, Precious Selmon, Tawsha Brazley 46.68 (6th)	
4x400	Tawsha Brazley (55.7), Shirley Pitts (55.8), Ashley Miknis (58.5), Alex Darling (58.0) 3:48.44 (7th)	
Long J	Deanna Young 20' 7 1/4" (4th)	Sandy Fortner 20' 1/4" (5th)
Triple J	Deanna Young 43' 3 1/4" (2nd) (x,5)	
High J	Marin Schweigert 5' 6" (4th)	Sandy Fortner 5' 2 1/4"
Pole V	Kelly Fortner 12' 9 1/2" (5th) (3,5) PR	Lauren Jaramillo 11' 3 3/4" Aditi Majumdar 11' 3 3/4"
	Amber Menke NM	Sara Lee NM
Discus	Briana Paxton 141' 11" (8th)	
Hammer	Sarah Swartwood 160' 10" (2,x) PR	Tami Williams 149' 10"
Hept.	Sandy Fortner 100H 14.19 925 pts.	Long Jump 20' 6" 927 pts.
	High J 5' 7" 855 pts.	Javelin 124' 9" 629 pts.
	Shot Put 44' 2 3/4" 759 pts.	800 2:28.59 711 pts.
	200 24.97 890 pts.	TOTAL 5723 (1st) (1,1) PR New UNM Record
100	Lamaar Thomas 10.54 10.36 (2nd) (2,4) PR	
200	Thomas Trujillo 21.76 21.59 (7th)	
800	Lee Emanuel 1:50.80 1:48.86 (2nd) (7,x) PR	Sam Evans 1:53.11 1:49.42 (3rd) (10,x) PR
	Gabe Aragon 1:53.14 1:50.63 PR Ryan Steadman 1:53.67 David Bishop 1:54.30 Raffi Cote 1:58.70	
1500	Lee Emanuel 3:39.66 (1st) (x,5)	David Bishop 3:42.01 (3rd) (5,x) PR
	Ross Millington 3:42.15 (4th)(6,x) PR	Matt Everett 3:51.78 PR
3000SC	Alex Willis 9:04.17 (3rd)	Sean Stam 9:22.49 (8th) PR
5000	Chris Barnicle 13:53.80 (1st)	Rory Fraser 14:15.95 (3rd) Ross Millington 14:27.89 (4th)
	Allen Pittman 14:43.70 PR	Sean Stam 14:56.22 Alex Willis 15:12.38
10,000	Jacob Kirwa 30:43.82 (1st) Allen Pittman 32:01.33 (6th) Brock Hagerman 32:12:72 (7th) Patrick Ortiz 33:05.06	
110H	De'Vron Walker 14.63 14.43 (2nd)	Brian Wilson 15.84
400H	Chad Clark 54.90	
4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas 40.52 (2nd) (4,x)	
4x400	Derek Montoya (49.6), Gabe Aragon (49.3), Sam Evans (48.8), Ryan Steadman (48.9) 3:17.04 (5th)	
Long J	Ty Kirk 23' 7 1/4"w (4th)	
Triple J	Ty Kirk 50' 1/2" (2nd)	
High J	Richard York 6' 2 1/4" (6th)	
Pole V	Kyle Walker 17' 4 1/2" (2nd) (4,x) PR	Sam Potter 16' 4 3/4" (7th) (10,x) PR
Jav	Richard York 183' 7" (7th)	Alex Kitterman 169' 7" Brian Wilson 148' 9"
Dec	Richard York 100 (10.98), LJ (22' 3 1/4"), Shot (37' 5"), HJ (6' 4 1/4"), 400 (48.98), 110H (15.55), Disc (108' 11"), PV (14' 5 1/4"), JAV (195' 0"), 1500 (4:35.52)	TOTAL 7292 points (1st) (5,x) PR
	Brian Wilson 100 (11.39), LJ (21' 2 1/4"), Shot (38' 11"), HJ (6' 2"), 400 (51.25), 110H (14.79), Disc (117' 5"), PV (13' 9 1/4) JAV (172' 2"), 1500 (5:11.87)	TOTAL 6762 points (3rd) (9,x) PR
	Jeremy Lee 100 (11.81), LJ (19' 1 1/2"), Shot (35' 4"), HJ (5' 11 1/2"), 400 (52.38), 110H (16.18), Disc (111' 3"), PV (12' 1 1/2"), JAV (133' 7"), 1500 (5:01.04)	TOTAL 5920 points (8th) PR



University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

May 27-29, 2010

NCAA REGIONAL

NCAA Regional Thoughts

After six years of having four regional track & field championships (East, MidEast, MidWest, West) across the country in order to qualify for the NCAA Championship, this year the NCAA Cabinet instituted a new two-region model (East and West) with many new changes. In the old system, the top five finishers in each event from a region automatically qualified for the NCAA final (4x5=20), and then 5-8 at-large selections were taken to fill the field based on the athletes best mark from the entire season. So if a top athlete, ranked #5 in the country in their event went to the regional, had a bad day, and finished outside the top five, the athlete still would get an at-large bid. In some respects there was a safety net for every athlete. This year, the four regional meets which about 3600 athletes competed in were condensed into two massive regions. In each of the two regions 48 athletes qualified in each event, and of those 48, the top 12 would qualify for the NCAA finals (a total of 24 in each event). Gone is the at-large qualifying safety net, so every athlete had to go to the meet prepared to finish in the top 12, or go home for the summer. Added to this years regional was the inclusion of the 10,000 meters. In the past, the 10,000 meters and Combined Events (Decathlon & Heptathlon) were excluded from competing at the regionals due to the perceived exertion necessary in those demanding events. Those events were chosen from the season-long descending order list. But the NCAA Cabinet said all events except the Combined Events must participate. Added to all those factors was the challenge of competing in Austin, Texas (University of Texas) and their hot & sometimes oppressive humidity. With the West region spanning from Wisconsin/Minnesota/North Dakota to Texas, and Illinois to Washington, many of the schools had not seen a warm day yet this spring. In fact, in Provo, Utah (home of conference member BYU) it snowed 3 inches earlier in the week and they had not had a day above 50 degree's in some time. So whether one liked the new system or not, it certainly provided every athlete and coach with some interesting tactical and strategic situations. Following the meet there were mixed thoughts on it from coaches and spectators. Some liked that everyone had to go to the event and compete their way to the nationals, while others thought it was much too expensive a system, and there were easier ways of qualifying. The Lobos brought a large group of 26 athletes to Austin, and when all the dust settled walked away with seven athletes going to the NCAA Championships in Eugene, Oregon. Lee Emanuel will compete in the 1500, Jacob Kirwa the 5000, Ruth Senior in the 3000 Steeplechase, Deanna Young in the Triple Jump, Sandy Fortner in the Hepathlon, Lamaar Thomas in the 100, and Chris Barnicle in the 10,000. Competition begins in Eugene on Wednesday, June 9th.



BARNICLE SURVIVES HEAT TO QUALIFY FOR NCAA'S

Sr. **Chris Barnicle** (Newton, MA) had had a fantastic outdoor season in 2010. After an All American indoor season in the 5000 meters CB did all the right things to get into the groove of good training and racing. After getting a solid base month of preparation he went to the Mt. SAC Relays on April 15th and produced a 13:36.02 in the 5000 meters, a huge outdoor PR of almost 25 seconds. That time was the third fastest ever run in UNM Lobo history, and placed him as the seventh fastest in the NCAA. Several weeks later, after another good training phase CB went to Stanford and ripped off a 28:10.59 10K effort (a 43 second PR) that moved him to #2 in the NCAA in that event. But standing on the starting line on Thursday evening in Austin, Texas with 48 other athletes at the regional qualifying meet made all those accolades immaterial. The 10,000 meter race had been moved 30 minutes later in the evening to try and cool it down for the runners. At 9:00pm when the gun went off it was almost like a road-race with all 48 runners trying to squeeze into the inside two lanes of the Mike Myers Track. With everyone in the race worried about the heat/humidity the pace was conservative. CB was running in the middle of the huge pack on the inside of the track. He couldn't have done anything if he wanted to, given the huge number of runners all around him. Also in the race was jr. **Keith Gerrard** (Isle of Man, England) the #7 seed in the West (#10 nationally) who came in with a 28:42.51, and classmate **Brock Hagerman** (Markleville, IN) although they were almost impossible to see given the pack of athletes. It almost seemed like athletes got swallowed up and disappeared into the group. At the first mile Chris came through in 4:50 and remained stuck in the middle. It stayed just like that through the second mile as well as CB

hit 9:40ish. The leaders of the race were just content to click off lap after lap but no one was crazy enough to want to take off and push the pace. Every athlete has in their mind that they don't want to get to the point physiologically where their core temperature is exceeding its limits, which causes a complete breakdown of the ability to run consistently. Basically, everyone watching knew what was going to happen.....some time after mile five (of the 6.2 mile race) whoever had something left would try to increase the tempo and drop athletes around them. At just about 10:30 into the race Chris saw an opening and moved out and up in the race, going from about 25th to around 12th. He just wanted to get out of the inside of the track and have the ability to run smoothly. Being a tall runner stuck inside has its downfalls as a runner has to constantly chop their strides. At about the 3 mile point (4800 meters) Chris came through in 14:30ish right where he had been after the move. Then slowly throughout the next two miles (reaching 4 miles in 19:15 and five miles in 24:00) Chris moved up to just off the shoulder of the leader, then finally to the lead. He had played the race just right and wanted to control the flow throughout the last part of the race. Over the course of the last mile, just as expected athletes started pushing the pace and trying to position themselves for the final surge, all the while being cognizant of finishing in the top 12. Within one mile to go there were at least 18 athletes still in the hunt for the 12 qualifying spots. With two laps to go Chris took off and started really surging hard, trying to get away from the bumping and grinding going on behind him. The last lap was a little scary as although Chris was never in trouble, people were sprinting like crazy, and around the final turn athletes were doing some funky things. Chris finished eighth overall with a 29:40.45 clocking and punched his ticket to Eugene, Oregon in two weeks. For Keith he finished outside of the top 12 with a 30:41.74 as did Brock who clocked a 32:27.99 but the experience of racing in this environment will play huge dividends to both in the next year.

WOMEN'S 10,000 METERS Anyone watching the conclusion of the Mountain West Conference 10,000 meters or seeing sr. **Nicky Archer** (Cheshire, England) hobble around the following day knew that a nagging leg injury was going to play a major role in what occurred in the regional qualifying meet. Nicky entered the NCAA qualifying meet as the 10th ranked 10k'er in the country after her brilliant 33:32.83 race at Stanford on March 26th which shattered the existing UNM record by 35 seconds. But between the MWC and the NCAA qualifying meet there simply wasn't enough time to recover. NA gave it a great try, running in second place through splits of 5:46, 11:22, 16:54 (5k split - 17:36), and 22:28 before losing ground to the lead group. Her finishing place of 22nd did not advance her to the NCAA finals.



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THOMAS SPEEDS TO 100 FINISH AND HEADS TO NCAA CHAMPIONSHIP

During the indoor track season, in his first competitive season at UNM, transfer **Lamaar Thomas** (Friendly, Ft. Washington, MD) was able to score in the MWC 60 meter sprint race, and run the three fastest times in UNM history. Following the conclusion of the indoor track season LT had to return to his first-priority, Lobo spring football practice for about five weeks. When he returned to the track he had to make the transition back from football conditioning to sprint conditioning, a process assistant coach Leo Settle was careful to establish. Lamaar opened his outdoor season at the Texas Relays, then spent the next three weeks preparing for the latter part of the season. At California LT recorded a 10.70 and came back the next week with a windy 10.37 at home. At the MWC meet he went 10.54 in the prelim before scooting to a legal 10.36, becoming the second fastest sprinter ever at UNM. That performance ranked Lamaar as the 35th fastest man in all the land, and the 12th ranked sprinter in the West. With thousandths of a second separating many athletes, the race in Austin was going to be tight. In the prelims of the NCAA meet LT was in the first of six heats each with eight men. The top three from each heat plus the next six fastest times would advance to the quarterfinals. LT would certainly have his hands full as in lane eight of his heat was the top seeded sprinter in the NCAA with a best of 10.03, borderline world-class time. As the runners settled into their blocks there was a hush across the crowd. At the crack of the starters gun Lamaar exploded out of the blocks and was clearly away first. As the sprinters came out of their power surge from the blocks around 20 meters LT was leading! He continued to be right at the front through 30,40,50,60, and 70. At about 70 meters Lamaar tightened his upper body just a tad, and that caused him to lose a little momentum. Its a strange sensation for a sprinter, trying to run as fast as possible, yet relax in the process to allow the body to work efficiently. Without months and months of practice on that phase of his race, he was slightly behind the others who are full-time track athletes. Still, Lamaar flashed across the finish line in 10.42, fourth best in his heat. Now he would have to wait for the other heats to finish to see if he made it. After all six races were done, LT came out with the 10th fastest overall time, and a spot in the next round. On Friday there were three quarterfinal rounds, with the top three and the next three fastest times qualifying for the NCAA. Lamaar, in lane 8 of the first one did not get a good start and halfway through was in 7th place. But over the last 30 meters he had great turnover and flashed across the line in 10.42, good for fourth. He ended up with the fastest non-auto time and now takes his talents to the NCAA Championships!!!!

DAVID BISHOP



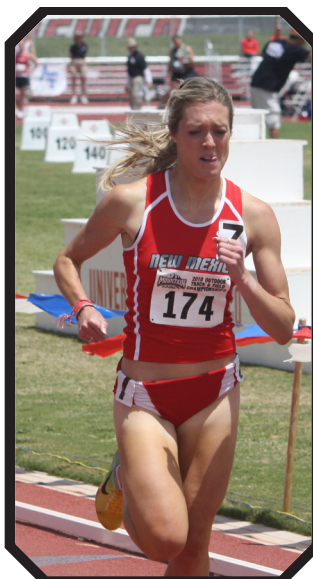
1500 METERS

Going into the competition the trio of Lobo runners were ranked #2 nationally (Lee Emanuel), #18 (David Bishop), and #23 (Ross Millington). In the West region they were seeded #2, #9, and #12. Lee came in with a seasonal best of 3:38.79, David, 3:42.10, and Ross, 3:42.15. They also ranked #1, #5, and #6 all-time at UNM. Quite a trio! There were four heats, advancing the first five runners in each heat, and then the next four fastest times. David was first up and had the third fastest time in his heat. The group went through the first 400 meters in a rather quick 59.0 seconds with David right near the front. The leaders slowed slightly on the next lap, coming through the 800 point in 2:00.8, a 61.7 quarter. The third 400 stayed just about the same tempo as they hit 3:02.0, a 61.0 lap. At 1200 meters David increased his tempo, went right up between two people, and made a nice push toward the finish, covering his final 300 meters in 42.1. His finishing time of 3:44.21 was third in his heat and an auto qualifier to the quarterfinal round. The second

LEE EMANUEL



heat brought Lee to the line with the fastest time of the group. LE wanted nothing to do with running in the group and taking the chance of someone tripping him so as soon as the gun went off he was away. Cruising through the first 400 in 58.0 Lee looked like he was jogging, while everyone else behind him (maybe 20 meters) was running as hard as they could. He didn't let up and followed his first lap with a 59.6, cumulative 1:57.5 for the 800. He then picked up the pace even more running his third lap in 59.2 for a total of 2:56.7. At this point Lee was about 40 meters ahead of the entire pack. Over the course of the final 300 meters he finally let up and started slowing taking it easy to the line. His finishing time of 3:43.31 would end up being the second fastest overall of all qualifiers. In the fourth heat Ross toed the starting line. His heat was completely the opposite of what Lee's was. At the gun, the leaders immediately slowed it down, and the group was running easy. The first runner passed the 400 split in 63.0 with RM slightly off the pace. Things did not improve during the second lap as the pace was 64.0, for a total of 2:07.1 for the 800. Finally, during the third quarter of the race the front end guys decided they better start racing, and the tempo improved to 60.8, cumulative 3:07.9. Ross made a strong push forward at this point and sped the final 300 meters of the race in 42.6, good for a total finishing time of 3:50.58 and third place in the race. First round completed with all three through to the quarterfinals! In the quarterfinal Lee & David were in the first section, with the top 5 in each race, plus the next two fastest times qualifying to Eugene. As is his style, Lee pushed to the front immediately, and controlled the pace from there. David, was just slightly back from Lee as LE came through the first 400 in 59.3, with DB at 59.5. The pack was tightly bunched as Lee led them through 1:57.9 (a 58.5 lap) with DB at 1:59.0. Through the 1200 meters Lee continued to lead as he hit 2:55.5. Over the last 300 meters Lee got tagged by two runners who were letting him take the pace, but still easily qualified to the championship round with his 3:38.81. David finished in 3:43.77 ending his season. In the second section Ross got caught up in some serious bumping and grinding, and almost went to the ground, but managed to continue through a 64.2 and 2:09.8. Picking up the tempo to a 58.8 third lap RM hit the 1200 in 3:08.7. His finish time of 3:48.64 did not place in the top five of the race.



1500 METERS: Sr. Ashley Gibson (Newcastle, England) entered the West regional ranked #94 on the NCAA 1500 list, with a seasonal best of 4:24.94, produced at the Stanford Invitational on May 1st. She was ranked 30th out of the 48 athletes declared for the 1500 meters. With only 24 athletes qualifying for the quarterfinal AG had her work cut out for her. But at the MWC meet she closed the last 400 of the race in 68.0, showing she was fit, and had good turnover. Just as on the men's side there were four heats, with the top five in each heat, and the next four fastest overall to qualify. Ashley was scheduled to run in the final heat of the round and she was seeded 8th out of the 13 competitors. The runners took off and began a solid, but not spectacular pace as they passed the 400 in 71.6, with Ashley near the back of the race. The entire race slowed considerably during the second lap, going 74.7 and a cumulative 2:26.3. So much for anyone out of this race qualifying as one of the fastest non-auto's. That meant only the five auto-qualifiers would move on. There was some bumping and grinding during the race and suddenly several athletes went down to the ground. Thankfully, AG was able to sidestep that collision. She kept her focus and turned up the volume to a 70.2 quarter, coming through the 1200 in 3:36.5. She was able to bear down and speed the last 300 of the race in 49.7 (66 second 400 tempo) to cross the finish line in fifth place (4:26.14). In the finals Ashley went out in 73.2 which was in the back third of the race, moved up with a 69.2 (cumulative 2:22) and then stayed in the mix with a 70.7 for the third quarter. He finishing time of 4:24.28 left her three spots shy of advancing to Oregon for the finals.

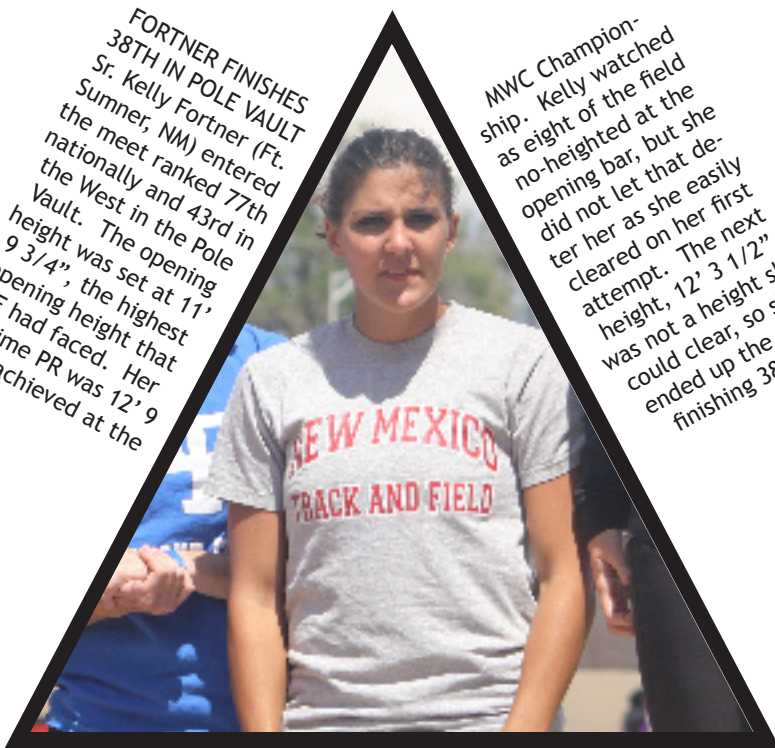


Sam Evans

EVANS SQUEEZES INTO QUARTERFINAL
 Froshie Sam Evans (England) came into the regional qualifying meet with a 1:49.42 clocking set in the 800 final of the MWC meet. That left him seeded 62nd nationally, and 25th in the West. He also had moved to #10 all-time at UNM with that performance. Sam was in the first heat, so he could get right to work and set the tone. There were six heats with the top three from each heat, and the next six fastest times advancing. Sometimes being in the first heat has its advantages if one is trying to advance on time. Everyone is a little nervous and wanting to get out and race, and fearful of all the other heats coming after them. The group went out in 54 seconds with Sam in the rear. Up the backstretch of the second lap Sam was trying to reel in the leaders, but having no luck. Even though he was not having any luck catching the leaders he did not get discouraged and kept racing hard. Coming down the homestretch SE was digging for every inch he could get, and he sped across the finish line in 1:49.52. He then had to sit and watch the other five heats go forth. When all the heats were completed, and the results announced, Sam had captured the 24th and last qualifying spot, earning it by a scant 5/100ths of a second! On to the quarterfinals. In the quarterfinal round Sam was in the third of three heats. Running from lane one as soon as the gun sounded Sam took off and ran hard enough to get second position at the cut-in. Coming through the 300 meters in 40.7, Sam passed the 400 in 3rd place at 52.0. Around the turn to the 500 Sam was hanging on. Two runners came by him at the 550 meter point, but Sam came back right at them. It was a mad sprint to the finish where SE finished 6th in the heat, with a fine 1:49.88 and 16th out of the 24 in the quarterfinal.

FORTNER FINISHES 38TH IN POLE VAULT
 Sr. Kelly Fortner (Ft. Sumner, NM) entered the meet ranked 77th nationally and 43rd in the West in the Pole Vault. The opening height was set at 11' 9 3/4", the highest opening height that KF had faced. Her all-time PR was 12' 9 1/2" achieved at the

MWC Championship. Kelly watched as eight of the field no-heighted at the opening bar, but she did not let that deter her as she easily cleared on her first attempt. The next height, 12' 3 1/2" was not a height she could clear, so she ended up the day finishing 38th.



KELLY FORTNER

4 x 100 RELAY RUNS TO #3 CLOCKING EVER

The sprint quartet of Thomas Trujillo (Rio Rancho, NM), Derek Montoya (Highland, Abq, NM), De'Vron Walker (Los Angeles, CA), and Lamaar Thomas came into the regional meet with a best of 40.52, set at the MWC meet. Thomas got out well and had a smooth exchange with Derek, but about 90 meters through his race, DM felt a pulling in his hamstring. Showing excellent focus, and not wanting to let his teammates down Derek managed to get the baton to De'Vron, who carried a nice curve to Lamaar. Lamaar took the baton to the finish line crossing in a fine 40.35 clocking. That performance moves the group up to #3 all-time at UNM and all four return for 2011!!



3000 STEEPLECHASE - Senior Qualifies to NCAA

Ruth Senior (Norwich, England) entered as the #10 ranked steepler in the land, and #6 in the West based on her 10:09.14 from the Stanford Invt. on May 1st. In the first of three sections there were sixteen athletes, with the top three qualifying for the NCAA finals. A Colorado runner who is leading the nation took off as soon as the gun was fired and immediately spread the field out. Another Colorado runner took off with her so there were two Buffalo's, then the rest of the field. RS started out slowly being content to be in the back of the pack. By about 2:00 she had moved up slowly on the outside going from about 12th to 5th. She looked comfortable and relaxed. By 3:00 into the race Ruth had moved up to 3rd place, and then by 4:00 got right behind the two Buff runners. She stayed right there but now had a Washington runner right on her heels. From 4:00 - 9:00 RS tried to pull away from the Husky, but she couldn't put any space between them. Going into the last lap Ruth had to bear down the entire way to hold off the UW runner. Ruth crossed the finish line in 3rd place, getting one of the auto-qualifier spots to Eugene. Her finishing time was 10:15.46.

In the men's 3000 steeplechase jr. Alex Willis (Leadville, CO) came in ranked 103rd in the country based on his 9:04.17. That placed him 45th in the West. The race was contested in three sections against time and in AW's race the entire field stayed together for over 5:00 before the leaders started to surge. Alex was in the middle of the pack for most of the race before a gap started with the surges. He would go on to finish the race in 9:12.39 which was 38th place overall in the race.



FORTNER PREPS FOR NCAA CHAMPIONSHIPS

Sr. Sandy Fortner (Ft. Sumner, NM) already had qualified for the NCAA Championships in the Heptathlon, but also qualified in the regional Long Jump. As preparation for the NCAA's SF took aim at doing what she rarely found time to do.....focus on one event at a track meet. Sandy, who had a windy 20' 6 1/4" (+3.9mps) effort at the MWC Heptathlon event, also had a 20' 4 1/2" legal jump at the Texas Relays Heptathlon. That legal jump left her as the fourth longest in UNM history. Sandy spanned 19' 6" on her best jump and now sets her sights on achieving All American in Eugene.



YOUNG HEADS TO NCAA IN TRIPLE JUMP

Jr. Deanna Young (Highland, Abq, NM) came into the regional meet ranked #4 nationally with her best of 43' 10 3/4" and #3 in the West. The object of the regional qualifying meet is to make it to the finals in Eugene, and that was DY's focus. Having a slight abdominal strain, which is common in Triple Jumpers, Deanna decided to low-key it and only jump as far as she had to in order to qualify. She opened up with a foul, came back with a 42' 9 3/4" effort, and then ended the round with a 42' 2". Knowing that only 8 other jumpers had jumped beyond the 13.00 meter mark (42' 7") Deanna just kept passing her final jumps as they came up. When the competition was completed DY finished 9th overall.



**JACOB
KIRWA
NCAA
BOUND**

MEN'S 5000 METERS - A GREAT RACE BUT TEARS OF JOY & SADNESS

Everyone associated with the sport of track & field knows it is a game of centimeters, thousandths of a second, and small, almost painstaking numbers. At any NCAA qualifying meet there are athletes who lose advancing by maybe an 1/8th of an inch, or an extra miss at a height, or the almost indescribably small time. It is the nature of the beast, and those involved accept its consequence. But when it happens to others, one just shakes their head and says, "Hey its what we signed up for in our sport" and we go along our merry way. When it occurs to one of our own, it takes on a different meaning. Going into the 5000 sr.

Jacob Kirwa (Eldoret, Kenya) was 24th nationally with

his 13:48.85 from Stanford on May 1st, and 12th in West region. Ranked 98th nationally and 32nd regionally with a seasonal best of 14:04.07 from the same meet was sr. **Rory Fraser** (Leicester, England). RF had lost valuable training time earlier in the outdoor season when he had to wear a rehab boot for a damaged foot. After an All American indoor season where he clocked 13:48 and 4:04 for the mile, Rory was prepared to have a great outdoor season. That is, before the foot. He did everything he could to continue to prepare, and showed up with a much slower time than what would have been expected. But the race must go on! Both Jacob and Rory were in the first of two heats with 24 runners in each one. The top five from each heat, and the next two fastest times would comprise the 12 runners that would advance to Oregon for the NCAA Championship. The race started out conservatively and most of the guys stayed clumped together coming through 69 for the first lap and 2:18 for the 800. They remained at that tempo through the 1 Mile as the group hit 4:35. The pack stayed together and clicked off lap after lap. JK & RF were running in the middle of the pack. As the race wore on both guys decided to move up and get away from the mass of runners since there was always a chance of getting tripped. So Jacob moved up to second, with Rory right off his shoulder. One by one the front pack started to whittle itself down and before long there were only seven in that group. The tempo over the last mile started to increase and one of the seven dropped off, leaving just six men fighting for five automatic qualifying spots. The pace became very intense, and each runner started to show strain, that is, until All American and potential NCAA champion David McNeill from Northern Arizona took off. He left everyone in his wake, and suddenly there were five competing for four spots. Going into the last lap Jacob looked fine and was locked into top three, but Rory was struggling. Distance athletes can't miss as much training time as Rory did without some negative effect, but what he had lost in physical training he was making up for with heart and soul. The entire last lap was a serious gut check and when the athletes came across the finish line it was McNeill, then Jacob, then Stanford, Colorado, and Oregon, then Rory in 14:10.47, good for sixth place. So the sixth and seventh finishers in the other race would both have to run faster than Rory to get the at-large slots. Now, the waiting game. The second section went out much harder than the first one, and at the mile mark the 15 men in the front group were 4-5 seconds faster than the first race. Not good! That continued through the two mile point as they remained 5 seconds ahead, without anyone from that big group dropping off. But by the third mile the leaders had fallen about even, maybe a little slower than where Rory had been at that point. But going into the last lap this huge mass of guys started sprinting like crazy. It is similar to the finish of the Tour de France, where everyone starts sprinting, and sucks everyone around them to the finish line. Coming down the homestretch one could see it was going to be very, very close. The first guy crossed in 14:06.27, then 14:07.01, 14:07.14, 14:07.42, and the fifth auto-qualifier in 14:07.48. Sixth place crossed in 14:08.95, and then dipping at the line a fellow conference runner from TCU, straining to lean as hard as he could. Anxiously, everyone waited for the big scoreboard to show the seventh finisher. The numbers flashed up.....14:10.23.....heartbreak.....24/100ths of a second faster than Rory.

DISCUS

Sr. Briana Paxton (LaCueva, Abq, NM) came into the qualifying meet with a seasonal-best of 158' 11" which seeded her 46th out of 48 competitors. In the first-round BP tossed the sphere 148' 3", followed that with a foul, and then finished up with a 148' 2" distance. Her final placing was 15 places higher than her entry seed as she finished 31st. Brian finishes her UNM career as the #2 all-time Discus thrower.

WOMEN'S 5000:

Four Lobo runners, Nicky Archer doubling back from the 10,000, Ashley Gibson coming back from the 1500, Ruth Senior returning from the 3000 Steeplechase, and froshie Janna Mitsos (Lockport Twp, Lockport, IL) competed in the 5000. From the onset Nicky went out and laid it all on the line, running right off the leaders shoulder past the two mile point of the race. By the 12:00 mark of the race, Nicky finally started being affected by fatigue from the Thursday 25 lapper and could not continue with the tempo she set. Ruth who was in the back of the race ended up making up the most headway as she clocked 17:02 to lead all four UNM women to the line. Janna got valuable NCAA experience in her first year, which will help next year as she ended up clocking 17:24.31.

WALKER & WALKER

Jr. Kyle Walker (Rio Rancho, NM) came into the regionals ranked #23 in the country in the Pole Vault with his 17' 4 1/2" effort at the MWC meet. He also was ranked #12 in the West region, which put him in contention for one of the slots at the NCAA's. Most thought it would take a first height clearance at either 5.20m (17' 3/4") or 5.25m (17' 2 3/4") to make it. In the end it took the 5.25 height to make top 12. Kyle opened with a miss then make at 15' 9", then a first bar clearance at 16' 2 3/4", a miss then make at 16' 8 3/4", before three misses at 17' 3/4". Over in the 110 Hurdles froshie **De'Vron Walker** (Los Angeles, CA) came in with a lifetime best of 14.41 which he got at the UNM/Don Kirby meet on May 1st. In his prelim race DW skimmed the barriers to a 14.43 effort which came up 5/100ths short of making it to the next round. De'Vron placed 26th of the 48 hurdlers in the meet.

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

MEN

100	Lamaar Thomas	10.42q (+3.4)	Quarterfinal - 10.41 (+1.4) (10th) (x,6)	<i>qualifies to the NCAA Championships</i>
110H	De'Vron Walker	14.43 (-0.3)		
800	Sam Evans (54.3)	1:49.52q	Quarterfinal (52.0) 1:49.88	
1500	Lee Emanuel	58.0 1:57.5(59.6)	2:56.7(59.2) 3:43.31q	
	David Bishop	59.0 2:00.8(61.7)	3:02.0(61.0) 3:44.21q	
	Ross Millington	63.0 2:07.1(64.0)	3:07.9(60.8) 3:50.58q	
	Quarterfinal	Lee Emanuel	59.3 1:57.9 (58.5) 2:55.5 (57.6) 3:38.81 (3rd) (x,5)	<i>qualified to NCAA</i>
		David Bishop	59.5 1:59.0 (60.5) ????? 3:43.77	
		Ross Millington	64.2 2:09.8 (65.6) 3:08.7 (58.8) 3:48.64	
3000SC	Alex Willis	9:12.39		
5000	Jacob Kirwa	69-2:18-3:25-4:35-5:45-6:50-7:59-9:07-10:18-11:26-12:31-???	14:02.01 (2nd)	<i>qualifies to NCAA</i>
	Rory Fraser	69-:219-3:26-4:36-5:46-6:50-7:59-9:07-10:18-11:26-12:31-???	14:10.47	
10,000	Chris Barnicle	4:50-9:40-14:31-19:15-24:00-28:37	29:40.45 (9th)	<i>qualifies to NCAA Championship</i>
	Keith Gerrard		30:41.74	
	Brock Hagerman		32:27.99	

4x100	Thomas Trujillo, Derek Montoya, De'Vron Walker, Lamaar Thomas	40.35 (3,x)
TripleJ	Ty Kirk F - F - F	

		<u>15' 9"</u>	<u>16' 2 3/4"</u>	<u>16' 8 3/4"</u>	<u>17' 3/4"</u>
PoleV	Kyle Walker	xo	o	xo	xxx

WOMEN

1500	Ashley Gibson	71.6 2:26.3(74.7) 3:36.5(70.2) 4:26.14q	
	Quarterfinal	Ashley Gibson	73.2 2:22.3 (69.2) 3:33 (70.7) 4:24.28 (x,8)
3000SC	Ruth Senior	10:15.46 (7th) (x,2)	<i>qualifies to NCAA Championship</i>
5000	Ruth Senior	17:02.86	
	Nicky Archer	17:22.46	
	Janna Mitsos	17:24.31	
	Ashley Gibson	17:47.74	
10,000	Nicky Archer	5:46-11:22-16:54-22:28-?-?	35:24.88
	Lacy Oeding		36:11.18
	Michelle Corrigan		NM
LongJ	Sandy Fortner	19' 6"	
TripleJ	Deanna Young	F - 42' 9 3/4" - 42' 2 1/2" - P - P - P	(9th) <i>qualifies to NCAA Championship</i>
		<u>11' 9 3/4"</u>	<u>12' 3 1/2"</u>
PoleV	Kelley Fortner	o	xxx
Discus	Briana Paxton	148' 3 F 148' 2"	



University of New Mexico Track & Field “Wolftracks” News, Views, Reviews, Previews

June 9-12, 2010

NCAA CHAMPIONSHIP

The NCAA Track & Field
ible athletic event, and ath-
have reached the pinnacle of
their achievement, hard work,
21,000 athletes who compete
track & field, only 1088 men
a chance to say.....I made
with all high-level athletic
line between success and
a very, very small line which
sports are viewed as a learn-
and along the way important
from participation. Character

handles the good times in life, but how difficult times are handled. This always brings to the forefront the real character of a person. When an athlete is competing well, positive results are coming their way, and everything is just flowing along, it is easy to be upbeat. But when things do not go according to plan, and goals are not reached, how does that affect the athlete. The 2010 four-day NCAA Championship which ran Wednesday through Saturday put



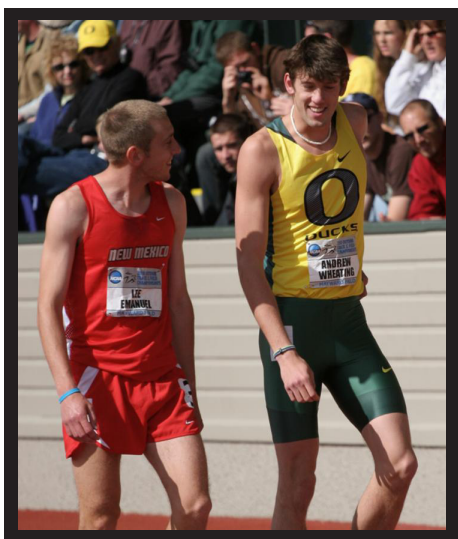
Championships is an incred-
letes should feel honored to
collegiate sports based on
and dedication. Of the over
at the Division I level in
and women qualify and have
it to the Big Dance! But as
events there exists a fine
failure, and many times it is
separate the two. Often
ing opportunity for life,
life lessons can be gleaned
is defined in not how one

those ideals to the test for the Lobo athletes.

The University of New Mexico Lobo Track & Field team had a very successful outdoor season and the seven outstanding athletes (and people) who qualified for the NCAA Championships hosted by the University of Oregon got there through a tough qualification system, one that rewards talent, consistency, and a solid mental attitude. But the seven did not walk away with exactly the results they wanted which is sad, but a part of life. Many noted people in history have



made wonderful statements about life such as Booker T. Washington who exclaimed, “Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome”. Each of the seven did walk away with their heads held high, and the respect earned from their many accomplishments. For four of the seven their remarkable UNM careers come to a close, with numerous records left for the next generation to strive for. For the three that will return in 2011, this experience will pay huge dividends as they train and prepare for the next NCAA Championship next June at Drake Stadium in Des Moines, Iowa.



The NCAA meet had two 1500 semi-final races on Thursday evening, with 12 letes, the top from section, next two fastest qualifying 12 man Sr. Lee (Hast-England)



each ath-with five each and the overall times for the final. Emanuel ings, was

scheduled to hometown before their two seniors represents London). At ately slowed a pedestrian the first later. Lee, first quarter, his style, LE through a approxi-field strung quarter) Lee



run in the first section. Pictured is Lee chatting with favorite and 2008 Olympian Andrew Wheating right prelim action. It is strange that the next time these might meet is at the 2012 Olympics Games as Wheating the U.S.A and Lee his native England (the Games are in the gun, Wheating scurried to the lead, and immediate pace down. The runners followed Wheating through 66 seconds for the first 400 which was no faster than 400 of the women's semi-final race about 30 minutes who was running just off Wheatings shoulder passed the and then increased the tempo to take the lead. As is likes to be at the front of the race. Lee led the field 58.2 second quarter, getting to the 800 meter point in mately 2:04. Lee continued to lead the race as the out. Hitting the 1200 meter mark in about 3:00 (a 56.1 looked fluid and relaxed as the second picture shows.

Coming around the final turn one runner from Wisconsin was sprinting like crazy to the home-stretch, and Lee der, saw a big gap behind him, and after the Badger. in a 3:44.99, quali-on Saturday. Pic-the race looking

In the Saturday nificant buzz about had won the 800 in a quick 1:45, become only the history to win both meters in the same 12 runners who

eager to lay claim to the best miler in the country. At the gun, everyone took off like a shot to



looked over his shoul-to the next runner didn't bother to go Lee crossed the line fying him for the final tured is LE right after fresh and ready to go. final there was sig-the race. Wheating meters the day before and was trying to fifth person in NCAA the 800 and 1500 championship. The toed the line were all

try and get away from the bumping and pushing that can happen early in the race. Lee, came out of the middle of the took it nice and relaxed, 300 meters of the race in in 66. Lee controlled the other 11 runners behind Pictured is Lee leading the 400 split. As the group stretch for the second time two Wisconsin Badgers, a Cardinal from Stanford over a slight lead. They about 66 seconds, coming 2:12 and everyone in the going to be a great last 700 easy pace. Lee was content to stay that way up the backstretch to the 900 meter point when



pack to snag the lead. He coming through the first 49.00, and the first 400 pace of the race as the him clumped together. group just before the first came down the home- and crossed the finish line a Duck from Oregon, and surged past Lee to take had run the second lap in through the 800 meters in stands knew there was meters of the race off that



he started to apply pressure and scooted to the lead. His rhythm and tempo increased substantially as he started to string the race out. Oregon's crowd is known for its loud clapping and foot stomping during races, and the volume from the sell-out crowd of 12,000+ was starting to increase with the runners speed. As Lee led the field around the turn and down the homestretch going into the last lap he had turned in a 26.0 200, and was about a tenth of a second ahead of the pack. Pictured is Lee with one lap to go. Going around the turn into the backstretch Lee opened up his stride and now was in full out sprint mode, gliding in front of the grandstand. At this point the noise was deafening and almost everyone was on their feet screaming and clapping. When Lee got to the 1300 meter point he had covered the one lap from 900 meters when he started to surge to 1300 meters in a scintillating 52.8 seconds. Around the final turn Lee still clung to the lead but there were 3-4 athletes trying to pull him in. With 100 meters to go two runners came to Lee's outside

shoulder and started their finish sprint. The last 100 meters of the race were about as wild as one could expect with nine athletes going at it. Pictured is most of the field stretched out across the home straightaway, all trying to relax, but sprint hard. The noise from the home-stretch grandstand was deafening. The final picture shows the runners about 10 meters in front of the finish line. When the dust had settled Lee ended up 6th in the race and not surprising only one second separated first through ninth place. Lee's finishing time was 3:48.61 and he ran his final 800 meters of the race in a spectacular 1:51.6 with the winner (Wheating) running his last two laps in an incredible 1:50.5. Lee's remarkable UNM career comes to a close with this race with him owning seven of the ten fastest 1500's ever run in Lobo history. Certainly our affable senior has set the bar high for all future Lobo 1500 runners.

Sophomore **Ruth Senior** (Norwich, England) came into the championship meet ranked eighth nationally and fifth in her preliminary heat of the 3000 meter Steeplechase. The qualifying formula was the top six runners from each of two heats, and the next two fastest overall times qualify for the 14 woman final. So RS was in an excellent position to make the final and take



a run at scoring in the top 8. Ruth who qualified for the NCAA via her 10:15.46 at the Regional Championship had a seasonal best of 10:09.14 which she did at the Stanford/Payton Jordan meet on May 1st. She had then clicked off a 10:31.58 in getting the runner-up spot at the MWC Championship. The race started off smoothly although the rain was off and on with some strong down-pours happening. Ruth tucked into the back of the lead pack coming through the first 800 meters in a smooth 2:38 clocking. The first picture shows Ruth

within the pack, going over one of the steeple barriers. But then everything changed quickly as on the next water jump barrier about 300 meters after the first picture was snapped Ruth's

foot slipped and she went tumbling to the ground right in front of the water pit. Pictured is Ruth right after it happened and to avoid stepping on a Cornell runner trying to jump to her feet, while she was fall-had lost about three seconds in the process play catch-up, some-thing very challenging to do at the NCAA Championships. Ruth gained her composure in 81, just about the same time as the lead group, but that still left her three seconds down. For the next three laps RS actually ran slightly faster per lap than the sixth place runner in the field trying to put a dent in their lead, but in the end she could not reel them in finishing 9th in the section. That spot did not qualify for the finals and



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Ruth's 10:20.45 wasn't one of the two fastest non-auto qualifying performances. Ruth who is a sophomore will be sure to be back at the NCAA meet for the next two years, and have a chance to really show the country what she can do. For her first year as a Lobo Ruth ran the fastest three steeplechase times in history, something positive to build off of.

Sr. **Jacob Kirwa** (Eldoret, Kenya) came into the 5000 meter competition having run the 24th fastest time in the country (13:48.85) during the outdoor season, and a third place effort in the West Regional qualifying meet where he ran 14:02.01. That regional time was the fourth fastest after the two regions finished their qualifying. The first lap was run very easy at about 71 second pace before the leaders got antsy and dropped the tempo to 65's and 66's per quarter. JK who was running at the back of the field swung around the outside of the main pack and placed or fifth position coming first kilometer in 2:53, position. It stayed all the way through point where the leader 8:26.87 with Jacob 8:27.70. The group off 66's per lap and got to 3800 meters JK at 10:45.49. The Jacob at this point of the race got serious runners dropped a 65, most of the field in not respond to. Jacob in 14:11.83 crossing place out of the 24



himself in fourth ing through the right off the lead right like that the 3000 meter came through in right there at continued to click the lead runner in 10:44.48 with picture shows the race. Then and the two lead then a 60 which cluding JK could ended up finishing the line in 18th runners.

(Ft. Sumer, NM)

Sr. **Sandy Fortner** was making her second trip to the outdoor NCAA Championships having last competed in the 2008 outdoor season. Coming into the meet Sandy had a PR of 5723 points, which she accumulated during the 2010 Mountain West Conference Championship. She entered the championship with the third best overall score, about 200 points behind the Clemson Tiger ranked second, and about 220 points behind the leader from the Ducks of Oregon. In the first event, the 100 Hurdles Sandy entered the meet with a lifetime best of 14.17 which she hit at the May 1st Don Kirby Invitational. Her lifetime best in a Heptathlon was a 14.19 done at the MWC meet, although that race was run into a 2.5 meter negative headwind. There were 24 athletes competing with Sandy being in the 7th section of the race. At the gun she got a good, solid start and ran stride for stride with the Idaho State Bengal Tiger next to her, crossing the finish line in a best-ever 14.09 with a +1.0 wind. That was worth 966 points and left her in 11th place after one event. That performance moves SF to #4 all-time at UNM in the 100 Hurdles. In the High Jump Sandy had a PR of 5' 7" which she set during the MWC meet. Sandy passed the first five bars and decided to enter the competition at 5' 3", which she missed on her first attempt, then made on her second. The bar then went to 5' 4 1/4" and Sandy made quick work of that height clearing on her first attempt. The bar was then raised to 5' 5 1/4" where she had two misses before nailing it on her last attempt. At 5' 6 1/2" she had one miss, before the clearance. The bar was then raised to 5' 7 3/4", the height that Sandy really needed to clear in

order to have a chance of placing in the top three at the end. She missed twice before getting a good plant, and sailing over the bar. That was a new all-time outdoor PR for her. The bar then was raised to 5' 8 $\frac{3}{4}$ " and SF simply could not get over it. So after two events Sandy totaled 1845 points, moving up to fifth overall. Right where she needed to be. Moving on, Sandy walked over to the Shot Put area, a place where she has excelled within a Heptathlon. Most of the top rated Heptathletes throw in the 37-39' range, but Sandy had gone 44' 2 $\frac{3}{4}$ " at the MWC meet and regularly threw over 43'. She knew that none of the top three (Oregon, Maryland, Alabama) were capable of going over 40', so this was a place to gain considerable points. The rain had come down quite hard and the circle was slick but nothing anyone thought was a problem. On Sandy's first throw she fouled, and then on her second she slipped and was called for a foul. That left only one throw, and unbelievably she again slipped and fouled again. Just like that no points out of one of her strongest events and the competition was over for her. Sandy's outstanding career, where she will leave as one of UNM's greatest overall female track & field athletes will be remembered for having the three best Heptathlon scores of all time, and five of the ten best performances.

Sophomore **Lamaar Thomas** (Friendly, Mt. Washington, MD) ended up his first year as a Lobo trackster ranked 35th nationally with his 10.36 clocking at the MWC meet. At the West regional championship LT was a surprise finalist, and once athletes get to the finals, anything can happen. Lamaar made sure it did, qualifying out of the regionals to his first NCAA Championship as the 10th overall finisher. LT entered the NCAA meet ranked 20th out of 24 sprinters, knowing only the top eight qualify for the final. The 8th seeded sprinter came in with a 10.22 clocking, so LT would have to come up with a huge PR to have any chance of the finals. With three heats of eight athletes competing Lamaar was placed in the third and final race of the day. Running in lane eight LT produced a 10.65 clocking, which ended up 22nd overall. With knowledge that he can compete with top-level athletes, Lamaar should have a highly productive junior campaign.

Junior **Deanna Young** (Highland, Abq, NM) had had a spectacular season ranking fourth best in the Triple Jump (43' 10 $\frac{3}{4}$ ") in all the land, and third best in the West region. Deanna had reset the all-time Top 10 UNM list going over 43' on at least nine occasions when only one Lobo athlete had ever done it once. At the West regional she was suffering from an abdominal strain, so she only took three attempts, trying to not make the strain worse. Her 42' 9 $\frac{3}{4}$ " effort placed ninth, and gave her a spot in the nationals, where she entered with the 17th best mark from the two regional meets. At the NCAA meet DY was in the second flight of twelve jumpers, with the top nine athletes from the twenty-four earning three more attempts in the finals. The weather was cold and rainy on Thursday during the prelims and many jumpers had trouble getting warmed up, so much so that several of the top ranked jumpers ended up not making the final. The first flight had four jumpers that did go over 43' with one other at a high 42' jump. So one figured that if DY could just hit a 42' 11" or so that would do it. On DY's first attempt her steps were slightly off, she was okay on her first two phases, but struggled with phase three, only managing a 41' 10" leap. On her second attempt the same result, only this time a 41' 8". Trying to get her technique corrected Deanna came down on her third attempt hit the board and ended up in the sand with a 41' 5" distance. It ended up taking 42' 10 $\frac{1}{4}$ " to make the final, so DY's season came to a close.

The 10,000 meters found sr. **Chris Barnicle** (Newton, MA) coming into the NCAA meet having ranked #2 in the country during the outdoor season with his 28:10.59. At the West regional CB placed in the top 12 (8th) with a 29:40.45 getting his ticket punched for the NCAA meet. That performance also ranked him with the 9th best overall performance once the two regional results were combined. The 24 athletes who toed the line came from every part of the country,

and it was to be an exciting race. After the first two laps of 73 and 75 where everyone was just sort of feeling each other out the pace became consistent as Chris clicked off laps of between 68-70 coming through the one mile in 4:46 and the two mile in 9:24. He was in 4th/5th place at all times, not wanting to get bumped around. The pace continued as the leaders came through 3 miles in 14:10 and the halfway point (5000 meters) in 14:45. Other than everyone noticing that Chris kept looking down the race was going to plan. Nothing changed as CB and the hit 18:48 for and 23:37 for 5 meters). Then shoe came he got stepped is why he kept down) and he off the track. 2000 meters great opportunity in the top his season and to a screeching very disap- based on the and outdoor had.



front group four miles miles (8000 boom, CB's undone and on (which looking had to step With only to go, and a nity to place grouping, career came stop. Just pointing great indoor season Chris

WHAT DO ALL THE SYMBOLS MEAN?

In parentheses after a performance will be a 1st, 2nd, 3rd, etc. This indicates the COLLEGIATE place in the meet that athlete finished. All unattached or open athletes are removed since we are most focused on NCAA competition. After that may be two numbers like (2,8). This stands for how the athlete ranks on the All Time Top 10 Outdoor Track & Field **PERFORMER AND PERFORMANCE** list. The number on the LEFT indicates how that athlete is ranked as far as individuals are concerned. The #2 would tell us that performer (athlete) is the second-best in New Mexico outdoor history in that event. The number on the RIGHT indicates how that performance is ranked in relation to all the top performances in New Mexico history in that event. The #8 would tell us that performance is the 8th best in New Mexico history in that event. It is possible, and even probable that one athlete could have many performances which rank in the Top 10 during their four-year career. An x on the LEFT (x,8) tells us that they have achieved a better performance before, while an x on the RIGHT (8,x) tells us it doesn't make the list. **PR** indicates a PERSONAL RECORD (their best ever performance) in that particular event. An @ indicates the performance has been altitude adjusted based on NCAA protocol. NCAA Auto indicates an automatic national qualifying performance, while NCAA Prov. indicates it is a national provisional performance.

100	Lamaar Thomas	10.65		
1500	Lee Emanuel	(66-2:04-3:00) 3:44.99	(65.5-2:111.5-3:04)	3:48.61 (6th)
5000	Jacob Kirwa	(2:53-1K, 8:27-3K) 14:11.83		
10,000	Chris Barnicle	NM		
3000SC	Ruth Senior	10:20.45 (x,3)		
TripleJ	Deanna Young	41' 10 1/2" - 41' 8" - 41' 5 3/4"		
Hept	Sandy Fortner	NM		
	100 Hurdles	14.09 (+1.0) (4,x) PR	966 pts.	
	High Jump	5' 7 3/4" (9,x) PR	879 pts.	