## 2023 - 2024 U.S. Air Force Academy Indoor Track & Field

## Air Force Holiday Opener Friday, 8 December 2023

## \*\*\* FINAL TIME SCHEDULE \*\*\* (as of 12-06-2023)

1:00pm	Women's	Weight Throw		
2:00pm	Men's	Pole Vault (Women's PV to follow)  e Vault will begin 45 minutes after previous flight ends.)		
2:00pm	Women's	Long Jump		
2:00pm	Men's	Long Jump		
3:00pm	Women's	High Jump		
After W's WT ~2:30pm Men's 35 lb Weight Throw				
4:30pm	Women's	Women's Triple Jump		
<b>4:30pm</b> Men's		Triple Jump		
After W's HJ ~5pr	n Men's	High Jump		
After M's PV ~5pn	n Women's	Pole Vault		
After M's WT ~3:30	<b>om</b> Women's	Shot Put		
After W's SP ~4:30	m Men's	Shot Put (2 flights)		

\*12:00pm - 3:00pm Implement weigh in - Track Level
\*ALL throwing implements must be weighed and certified.

<sup>\*</sup>Facility will open on Thursday evening at 6:00pm for practice for 2 hrs.

3:30pm	Women's	Mile	(*No Men's Mile, cancelled)
4:00pm	Women's	60m Hurdles	
4:20pm	Men's	60m Hurdles	
4:30pm	Women's	400m	
4:40pm	Men's	400m	
4:50pm	Women's	60 Meters	
5:00pm	Men's	60 Meters	
5:10pm	Women's	600m	
5:20pm	Men's	600m	
5:30pm	Women's	800 Meters	
5:40pm	Men's	800 Meters	
5:50pm	Women's	200 Meters	
6:00pm	Men's	200 Meters	
6:15pm	Mixed	4x440 Relay	

<sup>\*</sup>Please note that the relays will be 4 x 440 yard relays (alternate genders for each leg of the relay). This is due to exchange zones on the indoor track.

<sup>\*</sup>Teams and unattached athletes will be able to check in at East Side double doors for wristbands.

<sup>\*</sup>Check in at least one hour prior to event.