

Jim Thorpe - 5/5/2023
Nittany Lion Outdoor Track
Results

Women 100 Meter Dash

	Name	School	Seed	Finals	Wind
Finals					
1	Palacio-Lewis, Lily	West Chester	12.48	12.53	0.5
2	Laughlin, Emma	Indiana (Pa.)	12.78	12.85	0.5
3	Williams, Jade	West Chester	13.34	13.29	0.5

Women 200 Meter Dash

	Name	School	Seed	Finals	Wind
Finals					
1	Thompson, Destiny	East Stroudsburg	24.81	25.76	-0.9
2	Palacio-Lewis, Lily	West Chester	26.13	26.24	-0.9
3	Marquis, Amanda	West Chester	26.51	26.76	-0.9
4	Curtis, Gabby	West Chester	26.87	27.24	-0.9
5	Dodd, Alisan	West Chester	27.00	27.27	-0.9
6	Calamia, Emily	Shippensburg	26.50	27.34	-0.9
7	Williams, Jade	West Chester	27.45	27.69	-0.9

Women 400 Meter Run

	Name	School	Seed	Finals
Finals				
1	Smith, Payton	Penn State Club	59.90	59.60
2	Thompson, Destiny	East Stroudsburg	58.40	59.71
3	Marquis, Amanda	West Chester	59.20	1:00.11
4	Dodd, Alisan	West Chester	1:01.00	1:01.00
5	Calamia, Emily	Shippensburg	1:01.00	1:01.88
6	Curtis, Gabby	West Chester	1:03.19	1:05.20

Women 800 Meter Run

	Name	School	Seed	Finals	H#
Finals					
1	Vanriele, Victoria	Penn State	2:04.96	2:07.25	1
2	Hatcher, Lea	Penn State	2:11.27	2:11.82	1
3	Culver, Isabella	Penn State	2:12.88	2:14.95	1
4	Hayes, Samantha	Penn State	2:16.19	2:15.11	1
5	Amin, Alexandra	West Chester	2:22.91	2:29.26	1
6	Golembiewski, Joli	West Chester	2:33.00	2:32.37	2
7	George, Josey	West Chester	2:32.54	2:32.67	2
8	Medici, Ava	West Chester	2:29.00	2:32.86	2
9	Goldberg, Ellie	West Chester	2:36.10	2:37.65	2
10	Weiss, Jenny	West Chester	2:36.54	2:38.02	2
11	Witter, Erin	West Chester	2:34.01	2:39.47	2
---	Morant, Leena	Penn State	2:12.79	DNF	1
---	Gearing, Jenna	Unattached		DNF	1

Women 1500 Meter Run

	Name	School	Seed	Finals
Finals				
1	Caron, Florence	Unattached	4:20.00	4:24.91
2	Dallas, Katie	Unattached	4:33.00	4:35.47
3	McDavid, Mary	Penn State	4:38.99	4:44.19
4	George, Josey	West Chester	5:03.48	4:58.78

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Finals ... (Women 1500 Meter Run)

Name	School	Seed	Finals
5 Wilson, Faith	Shippensburg	4:56.00	5:05.37
6 Witter, Erin	West Chester	5:10.96	5:08.26
7 Weiss, Jenny	West Chester	5:11.84	5:12.55
8 Golembiewski, Joli	West Chester	5:02.03	5:14.29
9 Goldberg, Ellie	West Chester	5:27.99	5:34.27
10 Kramer, Rebecca	West Chester		5:42.74
--- Gearing, Jenna	Unattached	4:20.00	DNF

Women 3000 Meter Run

Name	School	Seed	Finals
Finals			
1 Costich, Charlotte	Penn State	10:09.27	9:53.60
2 McCullough, Kaylee	Penn State	10:10.57	9:58.13
3 Dallas, Katie	Unattached	9:48.00	10:04.97
4 McCormick, Cori	Penn State	9:49.31	10:23.53
--- Benzer, Libby	Penn State	9:49.74	DNF

Women 100 Meter Hurdles

Name	School	Seed	Finals	Wind
Finals				
1 Lanski, Lydia	Buffalo	14.60	15.20	-1.7
2 Spalding, Allison	Unattached		15.52	-1.7
3 Slebodnick, Morgan	Indiana (Pa.)	16.16	16.10	-1.7

Women 400 Meter Hurdles

Name	School	Seed	Finals
Finals			
1 Underkoffler, Alicia	Kutztown	1:07.61	1:09.25

Women High Jump

Name	School	Finals
Finals		
1 Cudmore, Gwen	Penn State	1.72m 5-07.75
2 Wilson, Carlie	Penn State	1.67m 5-05.75
3 Bacon, Cecelia	Penn State	1.67m 5-05.75
4 Gile, Dejuanna	Indiana (Pa.)	1.52m 4-11.75
5 McCullough, Kayla	Unattached	1.47m 4-09.75

Women Pole Vault

Name	School	Finals
Finals		
1 Zurich, Hailey	Penn State	4.05m 13-03.50
2 Edwards, Haylee	Kutztown	3.60m 11-09.75
3 Nottoli, Carena	Penn State	3.60m 11-09.75
--- Bronowicz, Emma	West Chester	NH
--- Donoghen, Emily	West Chester	NH
--- Danciu, Andrea	Kutztown	NH

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Women Long Jump

Name	School	Finals	Wind
Finals			
1 Spalding, Allison	Unattached	5.23m	17-02.00 NWI
2 Edmonds, Kamya	East Stroudsburg	5.12m	16-09.75 -0.5
3 Wise, Annika	Kutztown	5.08m	16-08.00 1.3
4 Ottih, Ozioma	West Chester	4.74m	15-06.75 0.8
5 Davis, Haleigh	Kutztown	4.55m	14-11.25 -0.8

Women Triple Jump

Name	School	Finals	Wind
Finals			
1 Mullin, Shannon	Penn State	11.38m	37-04.00 -1.9
2 Edmonds, Kamya	East Stroudsburg	11.05m	36-03.00 -0.8
3 Ottih, Ozioma	West Chester	10.34m	33-11.25 +0.0
4 Yeykal, Hannah	Indiana (Pa.)	10.01m	32-10.25 -1.3

Women Shot Put

Name	School	Finals
Finals		
1 Tennant, Grace	Sisu Throws	15.98m 52-05.25
2 Makar, Elizabeth	East Stroudsburg	13.39m 43-11.25
3 Sands, Liv	London Western T&F Club	13.26m 43-06.00
4 Bauer, Payton	Shippensburg	12.53m 41-01.50
5 Pitts, Maddie	Penn State	11.90m 39-00.50
6 Puge, Nicola	Shippensburg	11.73m 38-06.00
7 Winkler, Deja	Shippensburg	11.72m 38-05.50
8 Simmonds, Renee	Indiana (Pa.)	11.65m 38-02.75
9 Ermold, Annika	Unattached	11.44m 37-06.50
10 Simmons, ShanAnn	Shippensburg	11.31m 37-01.25
11 Royce, Chloe	Penn State	10.78m 35-04.50
12 Salahuddin, Zionette	East Stroudsburg	10.38m 34-00.75
13 Ogden, Madison	Shippensburg	9.81m 32-02.25

Women Discus Throw

Name	School	Finals
Finals		
1 Tennant, Grace	Sisu Throws	51.61m 169-04
2 Tutti, Trinity	Sisu Throws	51.18m 167-11
3 Sands, Liv	London Western T&F Club	42.98m 141-00
4 Pancoast, Alex	Unattached	40.39m 132-06
5 Marte, Isabella	East Stroudsburg	39.76m 130-05
6 Decker, Makalya	Shippensburg	37.93m 124-05
7 Simmons, ShanAnn	Shippensburg	36.87m 120-11
8 Bellows, Lauren	Shippensburg	36.64m 120-02
9 Bauer, Payton	Shippensburg	35.06m 115-00
10 Ogden, Madison	Shippensburg	30.26m 99-03

Women Hammer Throw

Name	School	Finals
Finals		
1 Starr, Jean	Penn State	58.75m 192-09

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Finals ... (Women Hammer Throw)

Name	School	Finals	
2 Makar, Elizabeth	East Stroudsburg	50.44m	165-06
3 Salahuddin, Zionette	East Stroudsburg	47.02m	154-03
4 Pancoast, Alex	Unattached	46.52m	152-07
5 Marte, Isabella	East Stroudsburg	44.28m	145-03
6 Washington, Zhayria	West Chester	43.13m	141-06
7 Winkler, Deja	Shippensburg	40.05m	131-05
8 Bryant, Adrianna	West Chester	39.73m	130-04
9 Bellows, Lauren	Shippensburg	38.54m	126-05
10 Ermold, Annika	Unattached	37.56m	123-03
11 Decker, Makalya	Shippensburg	35.73m	117-03

Women Javelin Throw

Name	School	Finals	
Finals			
1 Reeder, Rebecca	West Chester	34.47m	113-01
2 Keefer, Alexis	Shippensburg	33.81m	110-11
3 Patterson, Tess	Shippensburg	27.27m	89-06
4 Blankenship, Olivia	Indiana (Pa.)	25.87m	84-10
5 Spalding, Allison	Unattached	23.31m	76-06
6 Royce, Chloe	Penn State	21.94m	72-00
7 Pitts, Maddie	Penn State	19.59m	64-03
8 Haberman, Ashley	Indiana (Pa.)	17.29m	56-09

Men 100 Meter Dash

Name	School	Seed	Finals	Wind	H#
Finals					
1 Phennicie, Kristian	Penn State	10.78	11.00	-0.9	1
2 Mayo, Amarre	West Chester	10.97	11.16	-0.9	1
3 Gallen, Drew	Unattached	10.86	11.18	-0.9	1
4 Duffault, Rene	West Chester	11.29	11.39	-0.4	2
5 Serrano, Alijah	West Chester	11.14	11.39	-0.9	1
6 Tonade, Moses	Penn State Club	11.23	11.40	-0.4	2
7 Page, Nick	West Chester	11.40	11.52	-0.4	2
8 Kemether, Dennis	West Chester	11.63	12.01	-0.4	2
9 Rivers, Will	West Chester	11.21	12.06	-0.9	1

Men 200 Meter Dash

Name	School	Seed	Finals	Wind	H#
Finals					
1 Phennicie, Kristian	Penn State	22.03	22.29	-1.3	1
2 Halkias, Alexander	Carnegie Mellon	21.33	22.35	-1.3	1
3 Gallen, Drew	Unattached	22.11	22.50	-1.3	1
4 Mayo, Amarre	West Chester	22.34	22.63	-1.3	1
5 Serrano, Alijah	West Chester	22.97	22.76	-0.8	2
6 Fraizer, Ori	West Chester	23.32	23.02	-0.8	2
7 Mancini, Andrew	West Chester	25.40	25.28	-0.8	2

Men 400 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Gallant, Austin	Penn State	47.83	47.03	1

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Finals ... (Men 400 Meter Run)

Name	School	Seed	Finals	H#
2 Hebron, Savion	Penn State	47.68	48.08	1
3 Wasserman, Jack	West Chester	50.20	50.32	1
4 Fraizer, Ori	West Chester	50.16	50.66	1
5 Boyd, Trey	East Stroudsburg	50.97	50.75	2
6 Reese, Alex	Penn State Club	50.90	50.94	2
7 Hebron, Savaughn	Kutztown	50.64	51.18	1
8 Gluscevich-Kepner, Darby	Penn State Club	52.32	52.10	2
9 Riedel, Dylan	Indiana (Pa.)	52.63	53.15	2
10 Diaz Viola, Caleb	East Stroudsburg	52.72	53.24	2

Men 800 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Fitzgerald, Carter	Penn State	1:48.29	1:49.58	1
2 Kisker, James	Penn State	2:00.33	1:54.59	2
3 Zielinski, Jake	Penn State Club	1:56.00	1:55.16	2
4 Brett, Mitchell	Shippensburg	1:57.50	1:55.94	1
5 Jarratt, Parker	Bloomsburg	1:53.15	1:56.80	1
6 Cardone, Marco	Indiana (Pa.)	1:58.50	1:58.16	2
7 Zane, William	West Chester	1:58.50	1:58.57	2
8 Williamson, Micah	Indiana (Pa.)	1:58.50	1:58.60	2
9 Habalar, Port	Kutztown	1:58.52	1:58.65	1
10 Chunta, Mitch	Indiana (Pa.)	1:59.00	2:00.09	2
11 Brady, Tom	Indiana (Pa.)	2:01.00	2:02.46	2
12 Fisher, Sean	West Chester	2:04.28	2:11.64	2
13 Shumaker, Jason	West Chester	2:07.30	2:16.45	2
--- Ishii, Yukichi	Penn State	1:48.35	DNF	1

Men 1500 Meter Run

Name	School	Seed	Finals
Finals			
1 Watson, Ryan	Unattached	3:55.00	3:58.86
2 DeSousa, Christopher	Penn State	3:51.39	4:01.43
3 Flynn, Brendan	Unattached	3:55.00	4:03.24
4 Adams, Cole	Unattached	3:55.00	4:08.69
5 Fisher, Sean	West Chester	4:20.74	4:20.84
6 Shumaker, Jason	West Chester	4:16.09	4:26.32
7 Kramer, David	West Chester	4:18.89	4:26.70

Men 110 Meter Hurdles

Name	School	Seed	Finals	Wind
Finals				
1 Daniel, Jeovaughni	Shippensburg	15.23	15.49	-0.6
2 Albright, Thomas	Penn State Club	15.74	15.74	-0.6
3 Conrad, Ethan	Shippensburg	15.53	15.92	-0.6
4 Singleton, Addison	Indiana (Pa.)	16.13	16.17	-0.6

Men 400 Meter Hurdles

Name	School	Seed	Finals
Finals			
1 Lindenburg, Ryan	Penn State Club	59.02	56.88

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Finals ... (Men 400 Meter Hurdles)

Name	School	Seed	Finals
2 Stuck, Hunter	Indiana (Pa.)	1:00.64	58.68
3 Singleton, Addison	Indiana (Pa.)	1:00.96	1:00.62

Men High Jump

Name	School	Finals
Finals		
1 Watson, Timothy	Penn State	2.08m 6-09.75
2 Osifo, Isaac	Penn State	1.98m 6-06.00
3 Sanso, Sebastian	Carnegie Mellon	1.95m 6-04.75
4 Walker, Joey	Penn State	1.90m 6-02.75
5 Sanchez, Aaron	East Stroudsburg	1.90m 6-02.75
6 Awurumibe, Michael	West Chester	1.85m 6-00.75
7 Duffault, Rene	West Chester	1.85m 6-00.75
--- Wood, Adam	Indiana (Pa.)	NH
--- Parkinson, Chase	West Chester	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Knipe, Luke	Penn State	5.15m 16-10.75
2 McGarrah, Tristan	Penn State	4.60m 15-01.00
3 Salas, Zach	Unattached	4.45m 14-07.25
4 Mraz, Jason	Kutztown	4.15m 13-07.25
--- Petersen, Jonathan	Penn State	NH

Men Long Jump

Name	School	Finals	Wind
Finals			
1 Rivers, Will	West Chester	6.85m 22-05.75	+0.0
2 Rashid, Abdulai	Penn State Club	6.80m 22-03.75	2.0
3 Page, Nick	West Chester	6.78m 22-03.00	+0.0
4 Halkias, Alexander	Carnegie Mellon	6.55m 21-06.00	0.7
5 Smith, Daniel	East Stroudsburg	6.37m 20-10.75	0.4
6 Kirker, Camden	Unattached	6.09m 19-11.75	+0.0
7 Jacobs, Dayshawn	West Chester	5.79m 19-00.00	0.6
8 Kemether, Dennis	West Chester	5.25m 17-02.75	-2.7

Men Triple Jump

Name	School	Finals	Wind
Finals			
1 Rivers, Will	West Chester	14.13m 46-04.25	-1.7
2 Anderson, Donovan	East Stroudsburg	14.37m 47-01.75	-1.8
--- Jacobs, Dayshawn	West Chester	FOUL	

Men Shot Put

Name	School	Finals
Finals		
1 O'Malley, Bailey	Carnegie Mellon	16.36m 53-08.25
2 Almoney, Isaac	East Stroudsburg	14.45m 47-05.00
3 Kyle, Alex	Shippensburg	14.25m 46-09.00
4 Merkley, Tyler	Penn State	14.14m 46-04.75

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Finals ... (Men Shot Put)

	Name	School	Finals	
5	Smith, Thomas	West Chester	12.00m	39-04.50
6	Gluscevich-Kepner, Darby	Penn State Club	10.79m	35-05.00

Men Discus Throw

	Name	School	Finals	
Finals				
1	Gorham, Cole	East Stroudsburg	51.03m	167-05
2	Casper, Ralph	West Chester	50.98m	167-03
3	Kyle, Alex	Shippensburg	42.20m	138-05
4	Meshach, Joshua	East Stroudsburg	38.53m	126-05
5	Gluscevich-Kepner, Darby	Penn State Club	34.82m	114-03
6	Smith, Thomas	West Chester	29.43m	96-07

Men Hammer Throw

	Name	School	Finals	
Finals				
1	Almoney, Isaac	East Stroudsburg	51.31m	168-04
2	Breidenbach, Cody	Carnegie Mellon	49.02m	160-10
3	Staunton, Jason	Kutztown	44.72m	146-09
4	Kyle, Alex	Shippensburg	40.50m	132-10
5	Meshach, Joshua	East Stroudsburg	40.36m	132-05
6	Thornton, Ben	West Chester	38.91m	127-08
---	Herbster, Joshua	Shippensburg	FOUL	

Men Javelin Throw

	Name	School	Finals	
Finals				
1	Futrick, Anthony	West Chester	51.33m	168-05
2	Kirker, Camden	Unattached	46.70m	153-02
3	Whitcomb, John	Indiana (Pa.)	34.99m	114-09