

SYKES & SABOCK CHALLENGE CUP



FEBRUARY 2-3, 2018

**** SENIOR RECOGNITION DAY ****

**** OFFICIALS RECOGNITION DAY ****



**Binghamton
Cornell
East Carolina**

**James Madison
Princeton
UMBC**



Sykes & Sabock Challenge Cup

February 2-3, 2018



THANK YOU OFFICIALS!

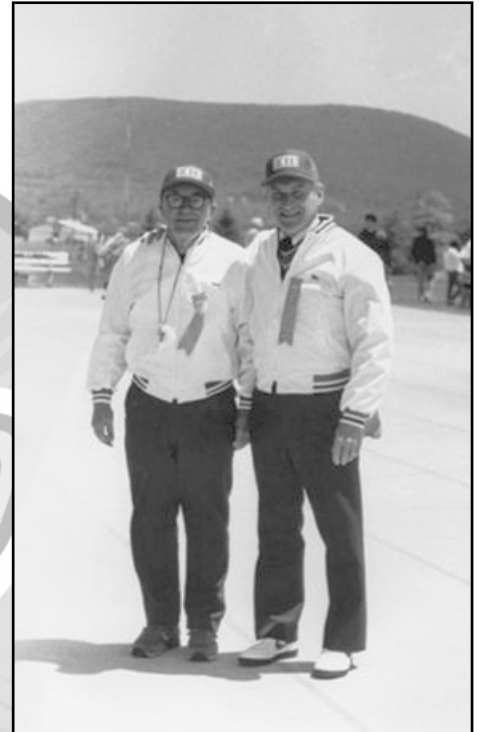
The Sykes/Sabock Challenge Cup is named after two long-time Penn State track and field officials. "Dutch" Sykes was the Intramural Director and Dr. Ralph Sabock a professor in the Department of Kinesiology during their Penn State tenures.

Both men served for over 30 years as Penn State Track and Field and Cross Country officials working as clerk of the course, starter and finish judge. They officiated NCAA Championships, all regular season meets, Special Olympics, and physically challenged events. Dr. Sabock's book "Coaching" is still used as a text at Penn State.

This resident cup is in honor of their dedicated love for Penn State Track and Field and to the students of Penn State University. It will be displayed in a prominent location in the Multi-Sport Complex.

Both Mr. Sykes, and Dr. Sabock are now deceased, with Mr. Sabock passing away on Jan. 2, 2010.

The competition is now held in their memory.



Pictured: Dutch Sykes (left) and Ralph Sabock (right).

OUR 2018 OFFICIATING CREW!

Andrea Jennings

Augustus Young

Bill Bean

Bill Dixon

Bob Berrian

Brad Ream

Brenna O'Connor

Christopher Welde

Dan Curran

Dave Beyerle

Dave Egger

Dean McHenry

Diane Baldwin

Doug Winemiller

Ed Daniels

Erica Rummel

Erika Christiansen

Gloria Winemiller

Janice Miles

Jeff Batzel

Jeff Johnson

Jen Lee

Jim Lamb

Joel Jacobs

Jon Seitz

Ken Yerger

Kevin O'Brien

Lance Bland

Larry Miles

Maria Baptiste

Marisa Lara

Mark Heckel

Mark Fedkin

Marshall Newman

Michael Eisenhart

Michelle Walker

Monique White

Phil Monastra

Phillip Pillin

Roger Probert

Ron Schiding

Scott Harford

Susan Beyerle

Teena Sundberg

Terry Walker

Tom Warfel

Tommy Otterbine

Walter Reed

William Blank



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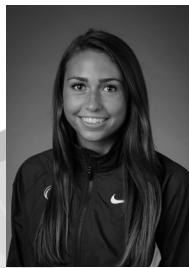
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OUR 2018 SENIORS!



Tessa Barrett
Waverly, Pa.
Distance/XC



Lisa Bennatan
Lake Forest, Ill.
Distance/XC



Victoria Crawford
State College, Pa.
Mid-Distance



Quenee Dale
Ypsilanti, Mich.
Sprints/Hurdles



Deja Davis
Shelby Charter Township,
Mich.
Sprints/Relays



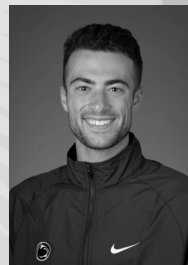
Rachael DeCecco
Mechanicsburg, Pa.
Sprints/Hurdles



Jillian Hunsberger
Pittsburgh, Pa.
Distance/XC



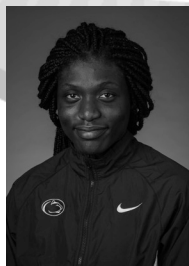
Greta Lindsley
Lancaster, Pa.
Distance/XC



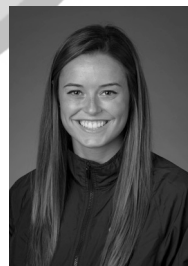
Tommy Louro
Holtsville, N.Y.
Distance/XC



Jordan Makins
Perth, Australia
Distance/XC



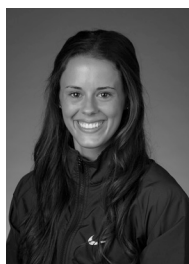
Obeng Marfo
Toronto, Ontario,
Canada
Throws



Megan McCloskey
Lower Gwynedd, Pa.
Jumps



Malik Moffett
Erie, Pa.
Sprints/Jumps



Hannah Mulhern
Altoona, Pa.
Pole Vault



Xavier Smith
Douglassville, Pa.
Sprints/Relays



Jon Yohman
New Wilmington, Pa.
Throws



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|| Ashenfelter III Indoor Track || Facility Records and Notable Performances ||

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE - SCHOOL</u>
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:14.91	2017	Casimir Loxsom - Brooks
	1:14.96 AmC	2017	Isaiah Harris - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic - Stanford
Men 1000 Meters	2:18.26 AmC	2016	Brannon Kidder - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 2000 Meter Steeplechase	5:47.33	2013	Michael Kiley - Penn
Women 2000 Meter Steeplechase	6:29.38	2013	Natalie Bower - Penn State
Men 4x200 Meter Relay	1:24.70 C	2013	Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky
Women 4x200 Meter Relay	1:35.65 C	2014	Penn State - M Osborne, K Seymour, D McGee, M Jones
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.22	2014	Penn State - D McGee, K Seymour, T Rhodes, M Jones
Men 4x800 Meter Relay	7:22.10	2015	Penn State - J Makins, R Brennan, B Kidder, R Creese
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:26.59	2014	Penn State - B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2.75 (1.90)	2013	Tynita Butts - East Carolina
Men Pole Vault	18-6.75 (5.66)	2018	Matthew Ludwig - Akron
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	70-10 (21.59)	2013	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike
	4059 AJ	2005	Gayle Hunter - Penn State

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; WJ - World Junior Record; AJ - American Junior Record



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|| Meet Records ||

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE - SCHOOL</u>
Men 60 Meters	6.60	2005	Johnnie Drake - Central Michigan
Women 60 Meters	7.26	2008	Gloria Asumnu - Tulane
Men 200 Meter Dash	20.93	2010	Marcus Rowland - Auburn
Women 200 Meter Dash	23.44	2002	Rachelle Boone - Indiana
Men 400 Meters	46.00	2001	Andrew Pierce - Ohio State
Women 400 Meter Dash	52.50	2007	Shana Cox - Penn State
Men 600 Meter Dash	1:17.36	2014	Robert Rhodes - Penn State
Women 600 Meter Dash	1:27.70	2007	Morgan Uceny - Cornell
Men 800 Meter Run	1:47.31	2016	Isaiah Harris - Penn State
Women 800 Meters	2:05.90	2007	Becky Horn - Western Michigan
Men 1 Mile Run	3:57.86	2015	Robby Creese - Penn State
Women 1 Mile Run	4:35.89	2004	Megan Metcalf - West Virginia
Men 3000 Meters	8:00.99	2009	Sam Chelanga - Liberty
Women 3000 Meter Run	9:14.24	2005	Lindsey Gallo - Michigan
Men 5000 Meter Run	14:13.25	2007	Jeff Powers - Central Michigan
Women 5000 Meter Run	16:09.07	2001	Erica Palmer - Wisconsin
Men 60 Meter Hurdles	7.77	2003	Joel Brown - Ohio State
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 4x400 Meter Relay	3:07.78	2001	Ohio State - C Cornwall, E Francis, T Dickson, A Pierce
Women 4x400 Meter Relay	3:34.22	2014	Penn State - D McGee, K Seymour, T Rhodes, M Jones
Men Distance Medley	9:29.79	2004	Michigan - A Ellerton, S Waithe, N Brennan, N Willis
Women Distance Medley	11:11.33	2009	West Virginia - K Christopher, A Rotilio, K Hamric, K Bland
Men High Jump	7-4.25 (2.24)	2014	Maalik Reynolds - Penn
Women High Jump	5-10.75 (1.79)	2003	Alex Church - Kent State
Men Pole Vault	18-1.50 (5.52)	2006	Brian Mondschein - Virginia Tech
Women Pole Vault	13-9.25 (4.20)	2016	Lexi Masterson - Penn State
	13-9.25 (4.20)	2016	Allison Harris - Princeton
Men Long Jump	24-8.50 (7.53)	2002	David Clark - West Virginia
Women Long Jump	20-7.00 (6.27)	2003	Chi-Chi Aduba - Penn State
Men Triple Jump	52-9.50 (16.09)	2002	Aarik Wilson - Indiana
Women Triple Jump	44-0.50 (13.42)	2003	Melanie Carter - Pittsburgh
Men Shot Put	66-10.50 (20.38)	2015	Darrell Hill - Penn State
Women Shot Put	56-8 (17.27)	2016	Rachel Fatherly - Penn State
Men Weight Throw 35 lb	74-10.50 (22.82)	2016	Rudy Winkler
Women Weight Throw 20 lb	71-6.25 (21.79)	2006	Jennifer Leatherman - Penn State



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|| Penn State Indoor Records ||

EVENT	PERFORMANCE	ATHLETE, YEAR
Men 60 Meters	6.66	Xavier Smith, 2017
Men 200 Meters	20.76	Malik Moffett, 2017
Men 400 Meters	46.22	Brady Gehret, 2011
Men 500 Meters	1:01.28	Casimir Loxsom, 2013
Men 600 Meters	1:14.96	Isaiah Harris, 2017
Men 800 Meters	1:46.24	Isaiah Harris, 2016
Men 1000 Meters	2:18.26	Brannon Kidder, 2016
Men Mile	3:57.11	Robby Creese, 2013
Men 3000 Meters	7:50.36	Robby Creese, 2015
Men 5000 Meters	13:52.36	Steve Brown, 1990
Men 60-Meter Hurdles	7.69	Guy Rose, 2001
Men 4x200-Meter Relay	1:26.24	Langan, Campisi, Lolagne, Terrell, 2005
Men 4x400-Meter Relay	3:04.80	Chisena, Smith, Reiser, Harris, 2017
Men 4x800-Meter Relay	7:21.17	Balkey, McMillan, Mills, Levitre, 1987
		Watkins, Kidder, West, Loxsom, 2013
Men Distance Medley Relay	9:26.59	Kidder, Br. Bennett-Green, Watkins, Creese, 2014
Men 4xMile Relay	16:43.54	Adkins, Rapp, Scharsu, Mangan, 1980
Men High Jump	7-4.25 (2.24)	Paul Souza, 1982
Men Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Men Long Jump	25-11 (7.90)	David Coney, 1986
Men Triple Jump	53-3.50 (16.24)	Bryce Williams, 2018
Men Shot Put	66-2.50 (20.18)	Darrell Hill, 2015
Men Weight Throw	71-6.75 (21.81)	David Lucas, 2018
Men Heptathlon	5511	Rob Cardina, 2014
EVENT	PERFORMANCE	ATHLETE, YEAR
Women 60 Meters	7.24	Shavon Greaves, 2010
Women 200 Meters	22.60	Connie Moore, 2004
Women 400 Meters	52.31	Shana Cox, 2007
Women 500 Meters	1:09.19	Shana Cox, 2007
Women 600 Meters	1:29.03	Danae Rivers, 2017
Women 800 Meters	2:03.13	Danae Rivers, 2018
Women 1000 Meters	2:43.15	Tori Gerlach, 2016
Women Mile	4:32.55	Danae Rivers, 2017
Women 3000 Meters	9:07.22	Tessa Barrett, 2017
Women 5000 Meters	15:28.99	Tessa Barrett, 2017
Women 60-Meter Hurdles	8.10	Evonne Britton, 2014
Women 4x200-Meter Relay	1:35.65	Osborne, Seymour, McGee, Jones, 2014
Women 4x400-Meter Relay	3:33.13	McGee, Jones, Rhodes, Seymour, 2014
Women 4x800-Meter Relay	8:45.60	Cassel, Gerken, Hart, Stever, 1984
Women Distance Medley Relay	11:05.16	Lane, Iheoma, Simko, Millhouse, 2012
Women High Jump	5-11.25 (1.81)	A. O'Carroll, 1987; B. Maun, 2010
Women Pole Vault	13-9.75 (4.21)	Lexi Masterson, 2016
Women Long Jump	20-11.25 (6.38)	Gayle Hunter, 2009
Women Triple Jump	44-1.25 (13.45)	Chi-Chi Aduba, 2003
Women Shot Put	56-8 (17.27)	Rachel Fatherly, 2016
Women Weight Throw	74-10 (22.82)	Jen Leatherman, 2006
Women Pentathlon	4342	Gayle Hunter, 2009



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TRACK & FIELD

|| THE SYKES & SABOCK CHALLENGE CUP || FINAL TIME SCHEDULE ||

FIELD EVENTS – DAY ONE

5:00 PM	Women Weight Throw 20 lb	Finals
5:00 PM	Women Long Jump	Finals
5:00 PM	Men Long Jump	Finals
5:30 PM	Women Pole Vault	Finals
6:30 PM	Men Weight Throw 35 lb	Finals

TRACK EVENTS – DAY ONE

5:30 PM	Mixed 1 Mile Run NVRC	Finals
6:30 PM	Women 60 Meter Hurdles	Prelims
6:40 PM	Men 60 Meter Dash	Prelims
6:45 PM	Women 60 Meter Dash	Prelims
6:55 PM	Women Distance Medley	Finals
7:10 PM	Men 5000 Meter Run	Finals
7:30 PM	Women 5000 Meter Run	Finals
7:55 PM	Men 60 Meter Hurdles	Finals
8:00 PM	Women 60 Meter Hurdles	Finals
8:05 PM	Men 60 Meter Dash	Finals
8:10 PM	Women 60 Meter Dash	Finals

FIELD EVENTS – DAY TWO

Noon	Men Pole Vault	Finals
Noon	Women Shot Put	Finals
Noon	Men High Jump	Finals
Noon	Women High Jump	Finals
1:30 PM	Men Shot Put	Finals
1:30 PM	Women Triple Jump	Finals
1:30 PM	Men Triple Jump	Finals

TRACK EVENTS – DAY TWO

Noon	Men 1 Mile Run	Finals
12:15 PM	Women 1 Mile Run	Finals
12:35 PM	Men 400 Meter Dash	Finals
12:45 PM	Women 400 Meter Dash	Finals
1:00 PM	Men 600 Meter Run	Finals
1:05 PM	Women 600 Meter Run	Finals
1:15 PM	Men 800 Meter Run	Finals
1:25 PM	Women 800 Meter Run	Finals
1:35 PM	Men 200 Meter Dash	Finals
1:40 PM	Women 200 Meter Dash	Finals
1:55 PM	Men 3000 Meter Run	Finals
2:15 PM	Women 3000 Meter Run	Finals
2:35 PM	Men 4x400 Meter Relay	Finals
2:40 PM	Women 4x400 Meter Relay	Finals



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Track & Field Results Reporting System

In 2018 Penn State has seen several student-athletes turn in dominating performances on the track and in the field.

Through three meets, Penn State has broken three school records - Men's Weight Throw, Men's Triple Jump, Women's 800-meters

Below is a list of Penn State student-athletes that are currently ranked in the NCAA top-10, as well as rankings at the Big Ten level.

For a complete list of performances and rankings throughout the 2018 indoor and outdoor seasons visit tfrs.org.

For more on Nittany Lion track & field, log onto www.GoPSUsports.com or follow the team on Twitter @PennStateTFXC.

NCAA Division I Indoor Qualifying

- No. 2 - Danae Rivers, 800-meters (2:03.13)
- No. 3 - Bryce Williams, Triple Jump (53'-3.50")
- No. 3 - Isaiah Harris, 800-meters (1:47.79)
- No. 3 - Men's DMR (9:36.48)
- No. 5 - Maddie Holmberg, Pentathlon (4133)
- No. 6 - Terrance Laird, 200-meters (20.79)
- No. 7 - Dan Chisena, 400-meters (46.27)
- No. 8 - David Lucas, Weight Throw (71'-6.75")

Big Ten Indoor Performance List

- No. 1 - Danae Rivers, 800-meters (2:03.13)
- No. 1 - Bryce Williams, Triple Jump (53'-3.50")
- No. 1 - Isaiah Harris, 600-meters (1:16.55)
- No. 1 - Keianna Albury, 60-meters (7.37)
- No. 1 - Men's DMR (9:36.48)
(Harris, Chisena, Perretta, Abert)
- No. 1 - Dan Chisena, 400-meters (46.27)
- No. 1 - Terrance Laird, 200-meters (20.79)
- No. 1 - Isaiah Harris, 600-meters (1:16.55)
- No. 2 - Men's 4x400-meter relay (3:08.17)
(Chisena, Miner, Smith, Harris)
- No. 1 - Maddie Holmberg, Pentathlon (4133)
- No. 2 - Quenee Dale, 60-meter hurdles (8.30)
- No. 2 - Maddie Holmberg, Long Jump (19'-11)
- No. 2 - Megan McCloskey, High Jump (5'-10.50)
- No. 2 - Malik Moffett, 200-meters (20.96)
- No. 3 - Colin Abert, Mile (4:02.50)

Penn State Coaching/Support Staff

John Gondak	Director/Head Coach (Mid-Distance/Distance)
Erin Tucker	Associate Head Coach (Sprints/Hurdles/Relays)
Lucais MacKay	Assistant Coach (Throws)
Angela Reckart	Assistant Coach (Mid-Distance/Distance)
Kevin Kelly	Assistant Coach (Pole Vault/Men's Multi's/Men's Jumps)
Fritz Spence	Assistant Coach (Women's Multi's/Women's Jumps)
Eddie Lovett	Volunteer Assistant
Robby Creese	Volunteer Assistant
Michael Shuey	Volunteer Assistant
Casimir Loxsom	Volunteer Assistant
Karly Reimel	Volunteer Assistant - Pole Vault
Amani Bryant	Volunteer Assistant
Alex Shisler	Volunteer Assistant
Laura Loht	Director of Operations