

PENN STATE

CROSS COUNTRY



2011

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Senior Caitlin Lane
2011 Big Ten Champion
All-Region Finisher
Three-Time NCAA Qualifier

Senior Kara Millhouse
All-Big Ten Honoree
All-Region Finisher
Three-Time NCAA Qualifier

Senior Vince McNally
All-Big Ten Honoroe
All-Region Finisher
Four-Time NCAA Qualifier

Senior Kyle Dawson
All-Big Ten Honoree
All-Region Finisher
Three-Time NCAA Qualifier

2011 NCAA CHAMPIONSHIPS

Postseason Guide

Terre Haute, Ind. // November 21, 2011



CROSS-COUNTRY

2011 NCAA CROSS COUNTRY CHAMPIONSHIPS
NOVEMBER 21, 2011

www.GoPSUsports.com

Women's Team, Dawson and McNally to NCAA Championships
Seasoned group of Nittany Lions look to cap off season in style in Terre Haute

TERRE HAUTE, Ind.: November 18, 2011 – The Nittany Lion cross country squads will lay it all on the line on Monday, competing at the NCAA Championships at Indiana State University. Coming off stellar finishes at the Big Ten and NCAA Mid-Atlantic Regional Championships, the No. 21 Nittany Lion women's squad will make its third-straight appearance at the national meet, while the men's team will be represented by senior duo Kyle Dawson (Coatesville, Pa.), and Vince McNally (Paoli, Pa.). The Lions will send a seasoned group of veterans into action, as six of seven members of the women's competing squad have been to the national championships on at least one occasion, while McNally will be making his fourth-career appearance, and Dawson makes the meet for the third time.

Led by seniors Caitlin Lane (Greenwich, N.Y.) and Kara Millhouse (Boiling Springs, Pa.), the Penn State women's contingent has been on fire over recent weeks, placing third in a stacked field at the Big Ten Championships, and coming back with a fourth-place showing in the Mid-Atlantic Region. Lane has hit her stride individually, capturing top honors at the Big Ten Championships with Millhouse following in seventh place – also earning all-conference status. The duo was just as solid at the regional meet, with Lane turning in a sixth-place finish against some of the country's top individuals, and Millhouse placing 11th overall.

Lane and Millhouse will also be joined by teammates Brooklyne Ridder (Cincinnati, Ohio) and Natalie Bower (Pleasant Unity, Pa.) on the all-region awards stand, with the pair of juniors taking 20th and 22nd in the region, respectively. All four Nittany Lions – Lane, Millhouse, Ridder, and Bower – will be making their third-straight trip to Terre Haute. The quartet were all members of Nittany Lions' 14th-place NCAA squad in 2009 – the highest finish by a Penn State team since the Lions placed 11th in 1996.

Dawson and McNally will also have experience on their side, with McNally becoming just the 13th male athlete in Penn State history to earn four-straight qualifying bids. Dawson is also no stranger to the competition, leading the Nittany Lions with a 64th-place overall finish a year ago.

About the NCAA Championships ...

Where: Terre Haute, Ind. (Lavern Gibson Cross Country Course)

When: Monday, November 21

Race Times (Distances): 12:08 p.m., ET (Men's 10,000-meters); 12:58 p.m., ET (Women's 6,000-meters)

Live Video Coverage: www.NCAA.com

Additional Coverage: www.Flotrack.org

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2011 CROSS COUNTRY SCHEDULE

Sept. 2	Dolan Duals Lock Haven, Pa.
Sept. 17	Harry Groves Spiked Shoe Univ. Park, Pa.
Sept. 24	Roy Griak Invitational Minneapolis, Minn.
Sept. 30	Notre Dame Invitational South Bend, Ind.
Oct. 14	Penn State National Univ. Park, Pa.
Oct. 30	Big Ten Championships Champaign, Ill.
Nov. 12	NCAA Mid-Atlantic Regional Princess Anne, Md.
Nov. 21	NCAA Championships Terre Haute, Ind.

2011 QUICK FACTS

Director and Head Coach	Beth Alford-Sullivan
<i>Alma Mater, Year</i>	<i>Minnesota, '89</i>
Assistant Coach	John Gondak
Director of Operations	Jess Riden
Volunteer Assistants	Artie Gilkes, Luke Watson, Ryan Foster
Athletic Trainers	Ben Evans, Peter Meier
Home Facility	Blue and White Golf Course
Location	University Park, Pa.
Founded	1855
Enrollment	43,998
Conference	Big Ten
Colors	Blue & White
Nickname	Nittany Lions
President	Dr. Rodney Erickson
Athletic Director	Dave Joyner
Senior Woman Administrator	Charmelle Green

Nittany Lion Notes ...

At the 2010 NCAA Championships: The Nittany Lion men's and women's cross country teams capped sensational 2010 seasons, both posting top 30 finishes at the NCAA Championships at LaVern Gibson Championship Course at Indiana State University. Sophomore Brooklyne Ridder (Cincinnati, Ohio) paced the Nittany Lion women to a 26th-place showing in the team standings, while junior Kyle Dawson (Coatesville, Pa.) was the top Nittany Lion finisher in the men's race, headlining Penn State's 30th-place finish.

At the NCAA Mid-Atlantic Regional Championships: Paced by top 10 finishes by seniors Caitlin Lane (Greenwich, N.Y.), and Kyle Dawson (Coatesville, Pa.), both Nittany Lion cross country squads turned in fourth-place efforts in the team standings, last Saturday at the NCAA Mid-Atlantic Regional Championships at the University of Maryland-Eastern Shore. Along with Lane and Dawson, a total of seven Nittany Lions finished in all-region status, including senior Kara Millhouse (Boiling Springs, Pa.), and juniors Brooklyne Ridder (Cincinnati, Ohio), and Natalie Bower (Pleasant Unity, Pa.) on the women's side, and seniors Vince McNally (Paoli, Pa.) and Owen Dawson (Coatesville, Pa.) in the men's race.

Postseason Accolades: On the heels of a convincing victory at the Big Ten Championships, senior Caitlin Lane (Greenwich, N.Y.) has been named Big Ten Athlete of the Year, announced by conference offices on November 1. Also earning conference recognition were junior Tyler Corkedale (West Windsor, N.J.) and Emily Giannotti (Coudersport, Pa.), who were the Nittany Lion recipients of the Big Ten Sportsmanship Award.

At the Big Ten Championships: Senior Caitlin Lane (Greenwich, N.Y.) took top honors, leading the Nittany Lion women's squad to a third-place finish in the team standings, Sunday, at the Big Ten Cross Country Championships at the University of Illinois Arboretum. Lane led a trio of Nittany Lions on the women's all-conference team, with senior Kara Millhouse (Boiling Springs, Pa.) earning first team status, and sophomore Emily Giannotti (Coudersport, Pa.) claiming second team honors. Seniors Kyle Dawson (Coatesville, Pa.) and Vince McNally (Paoli, Pa.) paced the Nittany Lions' sixth-place finish on the men's side, placing 12th and 13th, respectively, both capturing all-conference second team accolades.

At the Penn State National: Despite a driving rain, and extremely muddy conditions, the Nittany Lion men took top honors in the team standings, on October 14, at the Penn State National. The women also held their own in a challenging field, placing third overall. Senior Kyle Dawson (Coatesville, Pa.) led the men with a third-place effort, while senior Kara Millhouse (Boiling Springs, Pa.) placed fourth individually in the women's race, with classmate Caitlin Lane (Greenwich, N.Y.) following on her heels in fifth overall.

At the Notre Dame Invitational: Running in rainy and windy conditions, senior Kara Millhouse (Boiling Springs, Pa.) turned in a 12th-place finish individually, leading the Nittany Lion women's squad to a fourth-place standing at the Adidas Notre Dame, Friday at Notre Dame Golf Course. The women's squad also knocked off a pair of ranked teams in the effort, upending No. 22 and regional foe Princeton, as well as No. 29 BYU. The Nittany Lions finished 14th in the men's standings, paced by a 27th-place effort from senior Kyle Dawson (Coatesville, Pa.).

At the Roy Griak Invitational: Led by top 10 efforts from seniors Kyle Dawson (Coatesville, Pa.) and Caitlin Lane (Greenwich, N.Y.), the Nittany Lion cross country squads both tallied solid finishes in a national-class field, on September 24, at the Roy Griak Invitational at Les Bolstad Golf Course, at the University of Minnesota. Both Nittany Lion number ones improved upon their 2010 Griak finishes, with Lane turning in a seventh-place effort to lead the women, and Dawson taking eighth overall in a talented men's field. Dawson's finish would propel the Nittany Lion men to a fifth-place finish in the team standings, while Lane paced the women's contingent to an eighth-place standing.

At the Harry Groves Spiked Shoe Invitational: The Nittany Lion cross country squads hosted a quartet of competitions last Saturday, including college and high school races, at the Harry Groves Spiked Shoe Invitational at the Blue-White Golf Courses. Sophomore Lucia Sofo (State College, Pa.) was the top finisher on the women's side, while junior Colin Anderson (Northport, N.Y.) led the men's efforts. Sofo paced the women's team, placing 25th in team scoring with a time of 22:51 over the 6,000-meters course. Sophomore Marta Klebe (Chesterbrook, Pa.) finished on her heels, coming in 26th in team scoring - also crossing in 22:51. Anderson scored a top 10 finish in the men's 5.2-mile race, covering the course in 27:07, as the Nittany Lions' number one.

At the Lock Haven Dolan Duals: Seniors Caitlin Lane (Greenwich, N.Y.) and Kyle Dawson (Coatesville, Pa.) both captured individual titles, leading the Nittany Lion cross country squads to a pair of one-through-five perfect scores at the annual Dolan Duals at the Lock Haven University on September 2. Both Nittany Lion captains also posted course records in the effort, with Lane breaking the tape at 13:26.52 over the 4,000-meter women's course, and Dawson running 17:36.40 to win the men's 6,000-meters. Lane also recorded her fourth-straight victory at Lock Haven, completing a four-year sweep at the Dolan Duals.

Big Ten Honors: Seniors Caitlin Lane (Greenwich, N.Y.) and Kyle Dawson (Coatesville, Pa.) have been named Big Ten Runners of the Week following winning efforts at the Dolan Duals, on September 2, at West Branch Cross Country Course, at Lock Haven University. Both seniors paced their respective Nittany Lion squads to 15-50 "perfect" score victories over Lock Haven, each setting



MEN'S USTFCCCA RANKINGS

Rank	School	Region	Conference
1	Wisconsin	Great Lakes	Big Ten
2	Oklahoma State	Midwest	Big 12
3	BYU	Mountain	West Coast
4	Oklahoma	Midwest	Big 12
5	Stanford	West	Pac-12
6	Colorado	Mountain	Pac-12
7	Indiana	Great Lakes	Big Ten
8	Portland	West	West Coast
9	Texas	South Central	Big 12
10	NC State	Southeast	ACC
11	Florida State	South	ACC
12	Syracuse	Northeast	Big East
13	Northern Arizona	Mountain	Big Sky
14	Iona	Northeast	Metro Atlantic
15	Georgetown	Mid-Atlantic	Big East
16	Villanova	Mid-Atlantic	Big East
17	Michigan	Great Lakes	Big Ten
17	Princeton	Mid-Atlantic	Ivy
19	Minnesota	Midwest	Big Ten
19	Eastern Kentucky	Southeast	Ohio Valley
21	Tulsa	Midwest	Conference USA
22	Texas A&M	South Central	Big 12
23	Columbia	Northeast	Ivy
24	Cal Poly	West	Big West
25	Notre Dame	Great Lakes	Big East
26	Providence	Northeast	Big East
27	Washington State	West	Pac-12
28	New Mexico	Mountain	Mountain West
29	Florida	South	SEC
30	Ohio State	Great Lakes	Big Ten

Others Receiving Votes: Penn State, Arkansas, California, Georgia, Oregon, UCLA.

WOMEN'S USTFCCCA RANKINGS

Rank	Institution	Region	Conference
1	Florida State	South	ACC
2	Villanova	Mid-Atlantic	Big East
3	Washington	West	Pac-12
4	Georgetown	Mid-Atlantic	Big East
5	Vanderbilt	South	SEC
6	Colorado	Mountain	Pac-12
7	Iowa State	Midwest	Big 12
8	Arizona	West	Pac-12
9	West Virginia	Mid-Atlantic	Big East
10	Michigan	Great Lakes	Big Ten
11	New Mexico	Mountain	Mountain West
12	Syracuse	Northeast	Big East
13	Stanford	West	Pac-12
14	Arkansas	South Central	SEC
15	Michigan State	Great Lakes	Big Ten
16	Oregon	West	Pac-12
17	Texas	South Central	Big 12
18	Boston College	Northeast	ACC
19	Virginia	Southeast	ACC
20	NC State	Southeast	ACC
21	Penn State	Mid-Atlantic	Big Ten
22	Oklahoma State	Midwest	Big 12
23	California	West	Pac-12
24	Toledo	Great Lakes	Mid-American
25	Wisconsin	Great Lakes	Big Ten
26	San Francisco	West	West Coast
27	Providence	Northeast	Big East
28	Minnesota	Midwest	Big Ten
29	Notre Dame	Great Lakes	Big East
30	Florida	South	SEC

Others Receiving Votes: North Carolina, Cornell, BYU, Weber State, Arizona State, Columbia.

PENN STATE | | MEN'S ROSTER

First	Last	Year	Hometown (High School)
Colin	Anderson	Jr.	Northport, N.Y. (Northport)
Colin	Baker	So.	Haddonfield, N.J. (Haddonfield)
Glen	Burkhardt	Fr.	Kennett Square, Pa. (Unionville)
Chris	Campbell	Fr.	Newtown, Pa. (Council Rock North)
Chris	Cipro	Sr.	Harmony, Pa. (Seneca Valley)
Tyler	Corkedale	Jr.	W.Windsor, N.J. (W.Windsor-Plainsboro No.)
Robert	Creese	Fr.	Mount Airy, Md. (Glenelg)
Kyle	Dawson	Sr.	Coatesville, Pa. (Coatesville)
Owen	Dawson	Sr.	Coatesville, Pa. (Coatesville)
Wade	Endress	Fr.	Altoona, Pa. (Altoona)
Matt	Fischer	RS-Fr.	Kennett Square, Pa. (Unionville)
Mark	Fuller	Jr.	Camp Hill, Pa. (Cumberland Valley)
Tom	Luff	Jr.	Emmaus, Pa. (Emmaus)
Vince	McNally	Sr.	Paoli, Pa. (Conestoga Valley)
Shawn	Quinn	RS-Fr.	Ambler, Pa. (LaSalle College High)
Connor	Revord	Jr.	Tampa, Fla. (Tampa Jesuit)
Nick	Scarpello	So.	Jamison, Pa. (Central Bucks West)

PENN STATE | | WOMEN'S ROSTER

First	Last	Year	Hometown (High School)
Leigha	Anderson	Fr.	Carlisle, Pa. (Cumberland Valley)
Abigail	Benson	Fr.	Elma, N.Y. (Iroquis)
Natalie	Bower	Jr.	Pleasant Unity, Pa. (Greater Latrobe)
Rachel	Casciano	Fr.	Wyomissing, Pa. (Reading Holy Name)
Markea	Dickinson	So.	West Chester, Pa. (West Chester Rustin)
Kalyn	Fisher	So.	Lewisburg, Pa. (Lewisburg)
Emily	Giannotti	So.	Coudersport, Pa. (Coudersport)
Lindsey	Graybill	Jr.	Macungie, Pa. (Emmaus)
Kerrin	Jennings	Fr.	Glen Mills, Pa. (Padua Academy)
Marta	Klebe	So.	Chesterbrook, Pa. (Conestoga)
Danielle	Kocjancic	So.	Kane, Pa. (Kane)
Caitlin	Lane	Sr.	Greenwich, N.Y. (Greenwich)
Kara	Millhouse	Sr.	Boiling Springs, Pa. (Boiling Springs)
Lauren	Mills	Fr.	West Chester, Pa. (Unionville)
Victoria	Perri	So.	Philadelphia, Pa. (Mt. St. Joseph's Academy)
Gwenn	Porter	So.	Clearfield, Pa. (Clearfield)
Brooklyne	Ridder	Jr.	Cincinnati, Ohio (Oak Hill)
Katie	Rodden	Fr.	Ardmore, Pa. (Archbishop Carroll)
Colleen	Shannon	Jr.	Andover, Mass. (Andover)
Rebekka	Simko	So.	Mentor, Ohio (Gilmour Academy)
Lucia	Sofo	So.	State College, Pa. (State College)

BOLD - NCAA Travel Squad

PENN STATE | | COACHING STAFF

Beth Alford-Sullivan, Director and Head Coach of TF/CC	13th Year
John Gondak, Assistant Coach	Sixth Year
Jess Riden, Director of Operations	Sixth Year
Ryan Foster, Volunteer Assistant	First Year
Artie Gilkes, Volunteer Assistant	Eighth Year
Luke Watson, Volunteer Assistant	Second Year
Ben Evans, Athletic Trainer	Fourth Year
Peter Meier, Athletic Trainer	First Year





Beth Alford-Sullivan
Director and Head Coach
Track and Field/Cross Country

After 12 years and 103 NCAA All-Americans on the women's side, as well as four years and 22 All-America honorees with the men's squad, Beth Alford-Sullivan enters her 13th year at the helm of the Nittany Lion women's program and her sixth campaign as the Director and Head Coach of Track and Field/Cross Country, overseeing both the men's and women's programs. Sullivan's decorated resume is undoubtedly one of the most impressive in the country, as it includes two NCAA "Trophy" Team finishes, six Big Ten team titles, on Big Ten "Triple Crown," as well as three individual NCAA Champions, and one NCAA Champion relay. Most recently, Sullivan coached Bridget Franek, who totaled 10 All-America finishes over her career, to top honors in the 3,000-meter steeplechase at the 2010 NCAA Outdoor Championships.

The 2011 cross country season has been just as successful, as Sullivan has coached the women's squad to its third-straight NCAA bid as well as a national top 30 ranking throughout the season. Sullivan also coached Vince McNally and Kyle Dawson to individual bids, marking the fourth-straight NCAA trip for McNally, and the third bid for Dawson.

Since taking the reigns of both the men's and women's programs in 2006, Sullivan has remained steadfast to the vision of having two programs in the top tier of the conference and the NCAA and continued coaching the Nittany Lions to countless milestones in 2010-11, beginning with dual bids from the men's and women's cross country teams to the 2010 NCAA Championships. The occasion marked the first time since 1994 that both Nittany Lion squads had qualified for the event in the same year. The 2010 campaign was also indicative of the national prowess of the program, as the women's team made it second-consecutive NCAA appearance, while the men's squad qualified for the national meet for the second time in three years. On the track, Sullivan led the Nittany Lion men to an 11th-place standing - the highest placing by a Penn State team in over two decades - at the NCAA Indoor Championships, via All-America efforts from freshman Brady Gehret in the 400-meters, and Ryan Foster in the mile run, as well as the men's 4x400-meter relay.

Sullivan also boasts a tremendous amount of international experience in her own right. Most notably in 2004, Sullivan was named a member of the Olympic coaching staff for the Athens Games. More recently, Sullivan served as the Head Coach for the United States women's team at the 2011 Pan Am Junior Championships.

Program Success Under Sullivan...

Under Sullivan, the Nittany Lion women's team has become a national mainstay, scoring at the national meet in last 11 NCAA Outdoor Championships, and 10 of the last 11 NCAA Indoor Championships. The women's squad has also recorded top four "trophy team" finishes in two of the last four years, placing fourth at the NCAA Outdoor Championships in 2008 and 2010.

The Nittany Lions success under Sullivan does not end on the track, however, as the Nittany Lion women's track and field and cross country teams have earned United States Track and Field/Cross Country Coaches' Association (USTFCCCA) All-Academic honors in each of her 12 seasons at the helm of the program. Most recently, both the Nittany Lion men's and women's squads earned the academic standing, via grade point averages of 3.0 or better for the 2011 spring semester. In fact, the 2009-10 version of the women's squad was named USTFCCCA "Scholar Team of the Year" for the outdoor season, which is awarded to the team with the highest NCAA finish with a 3.0 GPA.



John Gondak
Assistant Coach
Middle Distance/Cross Country

John Gondak enters his sixth year as an assistant coach at Penn State, working with Director of Track and Field/Cross Country Beth Alford-Sullivan and the Nittany Lion cross country and distance runners as well as serving as the primary mentor for the Penn State middle-distance athletes. Gondak's middle distance charges experienced unparalleled success in 2011, including six school records, two All-America performances, and two Big Ten victories. The Doylestown, Pa., native has also had a huge impact on the Nittany Lions' success on the cross country course, including a Big Ten title by the women's squad in 2009, and NCAA-qualifying efforts by the women's squad in 2009 and 2010, and by the men's team in 2008, and 2010.

Under Gondak's watch, the Nittany Lions ripped through the Penn State records books, led by then-sophomore Casimir Loxsom, who set two individual school records, and was a member of three school-record relays. Individually, Loxsom clocked 1:01.28 for the 500-meters to start the indoor season. The time would stand as the fastest run by a collegian in 2011. Outside, Loxsom would blitz to a school-record 1:45.28 in the 800-meters, bettering Randy Moore's 1:45.96, which had stood since 1985. In the relays, Loxsom - and fellow Gondak charge - Lionel Williams - would assist on the record-setting 4x400-meter relays during both the indoor (3:07.27) and outdoor (3:07.19) seasons. Also making a mark in Nittany Lion history in 2011 was senior Ryan Foster, who clocked a school-record 3:58.49 for the mile run and posted an NCAA-leading time of 2:19.96 for the 1000-meter during the indoor season. Nationally speaking, Loxsom would place fourth in a blistering 800-meter final at the NCAA Outdoor Championships, running 1:45.31. Foster starred during the NCAA Indoor Championships, placing third in the mile run, while Loxsom and Williams ran legs on the Lions' fifth-place 4x400.

The Nittany Lions also made a splash at the prestigious Penn Relays Carnival, taking top honors in the sprint medley relay, thanks to outstanding splits from Loxsom on the 400-meter carry and Foster on the 800 anchor. The team, which claimed Penn State's first Penn Relays win since 1987, would also clock a school-record 3:17.10 in the effort. Gondak also led the Nittany Lions to a second-place finish in the 4x800-meter relay (Williams, Samuel Borchers, Loxsom, and Foster) in an epic battle at Penn Relays, where the team clocked 7:12.90 - the seventh-fastest time in collegiate history.

2010 was a breakout year for the Nittany Lion middle distance contingent, sending a grand total of four 800-meter athletes to the NCAA Indoor Championships, including Foster, Owen Dawson, Williams, and Loxsom. In total, the Lions came away with three All-America certificates, thanks to a bronze-medal effort from Foster, to go along with eighth and 11th-place finishes from Dawson, and Williams, respectively. The three All-America finishes were the first for the Penn State program in the 800 since 1985. Gondak's charges also had a remarkable season in the record books in 2010 with Foster setting new school standard in the 800 (1:47.32), and 1000-meters (2:19.60). Foster's 1000 mark, and his Ashenfelter facility record 1:47.48 from the Penn State National were also recognized as Australian National Indoor Records.



Kyle Dawson
Senior
Coatesville, Pa.
Coatesville Area

Dawson on the Track ...

Event	Indoor	Outdoor
1500m	***	3:49.71
Mile	4:11.41	***
5000m	14:05.95	14:02.50

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	6K	1st	1st	1st	17:36
9/24	Roy Griak Invitational	8K	8th	8th	1st	24:12
9/30	Notre Dame Invitational	5 Miles	27th	27th	1st	24:46
10/14	Penn State National	5.2m	3rd	2nd	1st	26:19
10/30	Big Ten Championships	8K	12th	12th	1st	23:58
11/12	NCAA Mid-Atlantic Regional	10K	9th	9th	1st	30:47

2011 Highlights

- * NCAA All-Region (9th Place)
- * All-Big Ten Second Team (12th Place)
- * Dolan Duals Individual Champion * 6K Course Record (17:36)
- * Big Ten Athlete of the Week (September 6)

Career Highlights

- * 2008 Big Ten Freshman of the Year - Cross Country
- * 3x All-Big Ten - Cross Country
- * 3x NCAA All-Region - Cross Country
- * 3x NCAA Cross Country Qualifier

2010 NCAA Finish

Overall: 64th
Team: 52nd
Finishing Time: 30:43.3



Vince McNally
Senior
Paoli, Pa.
Conestoga Valley

McNally on the Track ...

Event	Indoor	Outdoor
1500m	3:47.73	***
3000m	8:07.29	***
5000m	14:36.04	14:09.24

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	6K	4th	4th	4th	18:04
9/24	Roy Griak Invitational	8K	36th	36th	3rd	24:48
9/30	Notre Dame Invitational	5 Miles	56th	56th	3rd	24:59
10/14	Penn State National	5.2m	7th	6th	2nd	26:35
10/30	Big Ten Championships	8K	13th	13th	2nd	24:08
11/12	NCAA Mid-Atlantic Regional	10K	11th	11th	2nd	30:50

2011 Highlights

- * NCAA All-Region (11th Place)
- * All-Big Ten Second Team (13th Place)

Career Highlights

- * 4x NCAA Cross Country Qualifier
- * 4x NCAA All-Region - Cross Country
- * 3x All-Big Ten - Cross Country
- * 2010 NCAA First Round Qualifier (5000m)

2010 NCAA Finish

Overall: 92nd
Team: 77th
Finishing Time: 31:05.7





Abbie Benson
Freshman
Elma, N.Y.
Iroquois

Benson on the Track ...

Event	Indoor	Outdoor
800m	***	2:15.69
1000m	2:54.10	***
1500m	***	4:34.44
Mile	5:02.22	***

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	5th	5th	5th	14:17
9/24	Roy Griak Invitational	6K	79th	78th	4th	21:52
9/30	Notre Dame Invitational	5K	48th	48th	4th	17:48
10/14	Penn State National	6K	34th	34th	5th	22:26
10/30	Big Ten Championships	6K	50th	49th	6th	21:27
11/12	NCAA Mid-Atlantic Regional	6K+	45th	44th	6th	23:07

2011 Highlights

- * Top freshman on PSU squad in all six 2011 appearances.
- * 7th freshman in the field at the NCAA Mid-Atlantic Regional.

High School Credentials

Benson took top honors in the 1500-meters at the N.Y. Section 6 State Qualifier as a senior, and would run a PR 4:34.44 at the N.Y. State Championships in the event. The Iroquois High School product was a two-time Section 6 Champion during her senior indoor season, winning both the 1000-meters and 1500. An athlete with an impressive range, Benson owns PRs of 2:15.69 for the 800-meters, 2:54.10 in the 1000, and 10:29.60 in the 3,000-meters. She is also a N.Y. state qualifier in cross country.



Natalie Bower
Junior
Pleasant Unity, Pa.
Greater Latrobe

Bower on the Track ...

Event	Indoor	Outdoor
1500m	***	4:30.58
Mile	4:50.33	***
5000m	16:48.11	16:54.34
Steeplechase	***	10:18.48

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	3rd	3rd	3rd	14:06
9/24	Roy Griak Invitational	6K	58th	58th	3rd	21:52
9/30	Notre Dame Invitational	5K	44th	44th	3rd	17:47
10/14	Penn State National	6K	12th	12th	3rd	21:43
10/30	Big Ten Championships	6K	24th	24th	4th	20:56
11/12	NCAA Mid-Atlantic Regional	6K+	22nd	22nd	4th	22:31

2011 Highlights

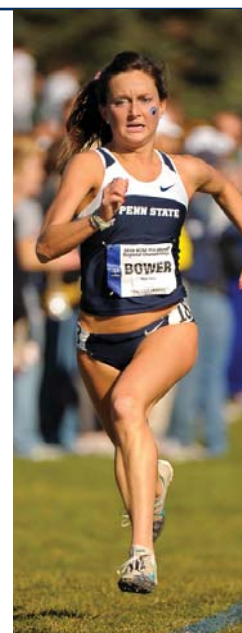
- * NCAA All-Region (22nd Place)

Career Highlights

- * 2010 All-Big Ten Second Team - Cross Country
- * 2x NCAA All-Region - Cross Country
- * 3x NCAA Cross Country Qualifier
- * 2011 NCAA First Round Qualifier (Steeplechase)
- * Ranks 4th on PSU's All-Time Top 10 in the steeplechase (10:18.48).

2010 NCAA Finish

Overall: 158th
 Team: 124th
 Finishing Time: 21:47.4





Emily Giannotti
Sophomore
Coudersport, Pa.
Coudersport

Giannotti on the Track ...

Event	Indoor	Outdoor
Mile	5:12.33	***
5000m	17:41.87	***
Steeplechase	***	10:40.77

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	2nd	2nd	2nd	14:01
9/24	Roy Griak Invitational	6K	99th	96th	6th	22:14
9/30	Notre Dame Invitational	5K	70th	70th	5th	17:57
10/14	Penn State National	6K	22nd	22nd	4th	22:11
10/30	Big Ten Championships	6K	14th	14th	3rd	20:44
11/12	NCAA Mid-Atlantic Regional	6K+	32nd	31st	5th	22:53

2011 Highlights

- * All-Big Ten Second Team (14th Place)
- * Runner-Up at the Lock Haven Dolan Duals

Career Highlights

- * 2x NCAA Cross Country Qualifier
- * USATF Junior Qualifier (3rd Place, Steeplechase)
- * Ranks 9th on PSU's All-Time Top 10 in the steeplechase (10:40.77).

2010 NCAA Finish

Overall: 205th
Team: 167th
Finishing Time: 22:18.2



Lindsey Graybill
Junior
Macungie, Pa.
Emmaus

Bower on the Track ...

Event	Indoor	Outdoor
800m	2:15.02	***
1500m	***	4:35.12
Mile	4:59.96	***
Steeplechase	***	10:30.47

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	9th	>7	8th	14:35
9/24	Roy Griak Invitational	6K	134th	123rd	7th	22:38
9/30	Notre Dame Invitational	5K	114th	112th	6th	18:20
10/14	Penn State National	6K	59th	>7	8th	23:01
10/30	Big Ten Championships	6K	72nd	65th	7th	22:00
11/12	NCAA Mid-Atlantic Regional	6K+	49th	48th	7th	23:17

2011 Highlights

- * Best 6K time is 22:00 at the Big Ten Championships.
- * Has run in the Nittany Lion top seven in four competitions.

Career Highlights

- * 2x NCAA Cross Country Qualifier
- * 2011 NCAA First Round Qualifier (Steeplechase)
- * Ranks 7th on PSU's All-Time Top 10 in the steeplechase (10:30.47).

2010 NCAA Finish

Overall: 192nd
Team: 154th
Finishing Time: 22:12.4





Caitlin Lane
Senior
Greenwich, N.Y.
Greenwich

Lane on the Track ...

Event	Indoor	Outdoor
800m	2:08.92	2:09.53
1000m	2:45.95*	***
1500m	***	4:20.40
Mile	4:38.37	***
3000m	9:18.74	***
5000m	***	16:18.14

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	1st	1st	1st	13:26
9/24	Roy Griak Invitational	6K	7th	7th	1st	20:53
9/30	Notre Dame Invitational	5K	14th	14th	2nd	17:20
10/14	Penn State National	6K	5th	5th	2nd	21:17
10/30	Big Ten Championships	6K	1st	1st	1st	19:58
11/12	NCAA Mid-Atlantic Regional	6K+	6th	6th	1st	21:40

2011 Highlights

- * 2011 Big Ten Cross Country Champion * All-Big Ten First Team
- * 2011 Big Ten Athlete of the Year
- * NCAA All-Region (6th Place)
- * Dolan Duals Individual Champion * 6K Course Record (17:36)
- * Big Ten Athlete of the Week (September 6)

Career Highlights

- * 3x NCAA Cross Country Qualifier * 2x NCAA All-Region
- * 2011 USTFCCCA Second Team All-American (Indoor, Mile Run)
- * NCAA Indoor Qualifier (Mile Run, 14th Place)
- * 2x PSU Record Holder (1000m - 2:45.95i; 4x800 - 8:39.44)
- * 2011 Big Ten Runner-Up (Indoor Mile Run)

2010 NCAA Finish

Overall: 130th
Team: 96th
Finishing Time: 21:34.6



Kara Millhouse
Senior
Boiling Springs, Pa.
Boiling Springs

Millhouse on the Track ...

Event	Indoor	Outdoor
1500m	***	4:23.79
Mile	4:52.20	***
3000m	9:29.59	***
5000m	16:28.05	16:25.09
10000m	***	33:31.93

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/24	Roy Griak Invitational	6K	28th	28th	2nd	21:20
9/30	Notre Dame Invitational	5K	12th	12th	1st	17:18
10/14	Penn State National	6K	4th	4th	1st	21:14
10/30	Big Ten Championships	6K	7th	7th	2nd	20:34
11/12	NCAA Mid-Atlantic Regional	6K+	11th	11th	2nd	22:04

2011 Highlights

- * All-Big Ten First Team (7th Place)
- * NCAA All-Region (11th Place)

Career Highlights

- * 3x NCAA Cross Country Qualifier
- * 2x NCAA All-Region - Cross Country
- * 2011 Big Ten Champion (10,000m)
- * 2011 USTFCCCA Honorable Mention All-American (Outdoor, 10,000m)
- * PSU Record Holder (10,000m - 33:31.93)

2010 NCAA Finish

Overall: 140th
Team: 106th
Finishing Time: 21:40.0





Brooklyne Ridder
Junior
Cincinnati, Ohio
Oak Hills

Ridder on the Track ...

Event	Indoor	Outdoor
1500m	***	4:34.96
3000m	9:38.26	***
5000m	16:25.97	16:39.25

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	4th	4th	4th	14:12
9/24	Roy Griak Invitational	6K	80th	79th	5th	22:06
9/30	Notre Dame Invitational	5K	137th	>7	8th	18:32
10/14	Penn State National	6K	44th	44th	6th	22:48
10/30	Big Ten Championships	6K	25th	25th	5th	20:58
11/12	NCAA Mid-Atlantic Regional	6K+	20th	20th	3rd	22:21

2011 Highlights

* NCAA All-Region (20th Place)

Career Highlights

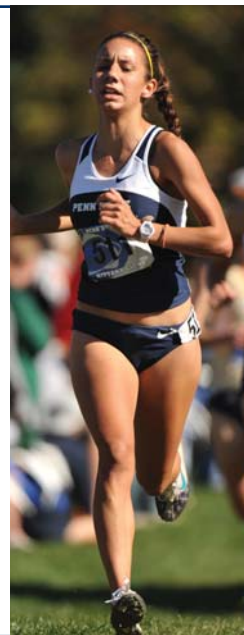
- * 3x NCAA Cross Country Qualifier
- * 2x NCAA All-Region - Cross Country
- * 2010 Team MVP - Cross Country
- * 2010 All-Big Ten Second Team - Cross Country

2010 NCAA Finish

Overall: 111th

Team: 86th

Finishing Time: 21:23.7



Katie Rodden
Freshman
Ardmore, Pa.
Archbishop Carroll

Rodden on the Track ...

Event	Indoor	Outdoor
1600m	***	5:01.74
3200m	***	10:54.01

2011 Meet-by-Meet Performances

Date	Event	Distance	Overall	Team Scoring	PSU	Time
9/2	Lock Haven Dolan Duals	4K	7th	7th	6th	14:29
9/24	Roy Griak Invitational	6K	150th	>7	8th	22:46
9/30	Notre Dame Invitational	5K	120th	117th	7th	18:23
10/14	Penn State National	6K	50th	49th	7th	22:50
10/30	Big Ten Championships	6K	75th	>7	8th	22:04

2011 Highlights

* Nittany Lion top seven in three competitions this season.

High School Credentials

Rodden was a two-time PIAA state qualifier as a senior, placing seventh in the 1600-meters, and 14th in the 3200-meters. Rodden, who also competed in both events at the PIAA Championships as a junior, recorded an impressive string of victories during the outdoor season, winning both distance events at the PCL Championships, and again at the PIAA District 12 Championships. Rodden is also a three-time state qualifier in cross country. The Archbishop Carroll product has run 5:01.74 for the 1600, and 10:54.01 in the 3200.



2010 MEN'S NCAA TOP 40

Place	Tm	Name	Cl.	Team	2K	5K	8K	Finish
1		Samuel Chelanga	SR	Liberty	5:45	14:37	23:27	29:22.2
2		Stephen Sambu	JR	Arizona	5:46	14:38	23:27	29:26.5
3	1	Luke Puskedra	JR	Oregon	5:45	14:38	23:34	29:38.0
4	2	Leonard Korir	JR	Iona	5:49	14:48	23:41	29:42.0
5	3	Chris Derrick	JR	Stanford	5:50	15:06	23:54	29:44.7
6	4	Jake Riley	JR	Stanford	5:51	15:06	23:54	29:45.0
7	5	Girma Mecheso	JR	Ok. St.	5:52	15:06	23:54	29:47.5
8	6	G. Fernandez	JR	Ok. St.	5:53	15:06	23:54	29:49.3
9	7	Colby Lowe	JR	Ok. St.	5:52	15:06	23:54	29:57.6
10	8	M. Centrowitz	JR	Oregon	5:49	15:06	24:00	30:01.1
11	9	Dorian Ulrey	SR	Arkansas	5:53	15:06	24:03	30:02.0
12	10	M. Ahmed	SO	Wisconsin	5:55	15:07	23:54	30:03.4
13	11	Maverick Darling	SO	Wisconsin	5:55	15:07	24:00	30:07.6
14		Jonathan Peterson	JR	UC Davis	5:50	15:06	24:03	30:09.1
15	12	Miles Batty	JR	BYU	5:54	15:06	24:00	30:09.4
16	13	Diego Estrada	JR	NAU	5:45	14:53	24:01	30:10.7
17	14	Solomon Haile	SO	Arkansas	5:53	15:06	24:01	30:13.3
18	15	Ciaran O'Lionaird	SR	Fla. St.	5:49	15:06	24:05	30:14.0
19	16	Ahmed Osman	JR	NAU	5:55	15:07	24:01	30:14.8
20	17	Landon Peacock	SR	Wisconsin	5:56	15:07	24:05	30:15.3
21	18	Brian Leung	JR	Princeton	5:51	15:06	24:07	30:16.3
22	19	Ryan Hill	JR	NC State	5:54	15:07	24:12	30:19.0
23	20	Kevin Schwab	JR	Oklahoma	5:49	15:06	24:16	30:19.1
24	21	Lee Carey	JR	Providence	5:53	15:07	24:07	30:19.9
25	22	Trevor Dunbar	SO	Portland	5:53	15:06	24:05	30:20.1
26	23	Joseph Bosshard	SO	Colorado	5:50	15:06	24:04	30:20.4
27		S. Kipchirchir	FR	WKU	5:51	15:07	24:06	30:20.5
28	24	Michael Fout	JR	Fla. St.	5:52	15:07	24:12	30:20.9
29	25	Tom Farrell	FR	Ok. St.	5:54	15:07	24:07	30:21.3
30		Jeff Thode	SO	Iowa	5:50	15:07	24:12	30:21.4
31		Evans Kigen	SR	Liberty	5:51	15:06	24:04	30:21.4
32	26	Ryan Collins	JR	Virginia	5:56	15:16	24:18	30:24.9
33	27	Patrick Dupont	JR	Syracuse	5:55	15:12	24:15	30:26.0
34	28	Donn Cabral	JR	Princeton	5:51	15:06	24:08	30:26.4
35	29	Julius Bor	SR	Alabama	5:46	15:06	24:09	30:26.6
36	30	J. Stublaski	JR	Ok. St.	5:58	15:12	24:20	30:26.9
37	31	Andrew Wacker	JR	Colorado	5:50	15:06	24:11	30:28.1
38	32	Andrew Poore	JR	Indiana	5:59	15:15	24:24	30:28.4
39	33	Ben Blankenship	SR	Minnesota	5:58	15:07	24:12	30:29.3
40	34	Keith Gerrard	SR	N. Mexico	5:49	15:06	24:18	30:32.4

2010 MEN'S TEAM SCORES

Place	Team	Score
1.	*Oklahoma St.	73
2.	Florida St.	193
3.	Wisconsin	223
4.	Stanford	237
5.	Oklahoma	281
6.	Oregon	289
7.	Indiana	298
8.	Iona	303
9.	Northern Ariz	317
10.	Arkansas	329
11.	Alabama	338
12.	Princeton	351
13.	Portland	362
14.	Syracuse	365
15.	Colorado	366
16.	New Mexico	376
17.	Virginia	386
18.	BYU	414
19.	William & Mary	420
20.	North Carolina St	436
21.	Duke	475
22.	Providence	510
23.	Villanova	550
24.	Richmond	554
25.	Notre Dame	571
26.	Texas	595
27.	Minnesota	608
28.	Louisville	622
29.	Georgetown	644
30.	Penn St	659
31.	California	678

2010 WOMEN'S NCAA TOP 40

Place	Tm	Name	Cl.	Team	3K	Finish
1	1	Sheila Reid	JR	Villanova	10:11	20:06.9
2	2	Emily Infeld	JR	Georgetown	10:12	20:09.2
3	3	Jordan Hasay	SO	Oregon	10:11	20:13.0
4		Risper Kimaiyo	SO	UTEP	10:11	20:16.1
5	4	Rose Tanui	JR	Texas Tech	10:11	20:17.6
6	5	Lucy Van Dalen	SR	Stony Brook	10:11	20:19.2
7	6	Holly Van Dalen	SR	Stony Brook	10:11	20:19.3
8		Megan Hogan	SR	G. Washington		20:19.6
9	7	Pilar McShine	SR	Florida State	10:11	20:24.4
10	8	Amanda Marino	SR	Villanova	10:12	20:26.1
11	9	Kendra Schaaf	JR	North Carolina	10:11	20:26.7
12	10	Shelby Greany	SO	Providence	10:11	20:27.2
13	11	A. Tuliamuk	SO	Iowa State	10:11	20:27.6
14		Emily Sisson	FR	Wisconsin	10:12	20:28.3
15	12	Natalie Gray	JR	New Mexico	10:11	20:29.0
16		Tonya Nero	SR	Wichita State	10:12	20:29.3
17	13	Pasca Cheruiyot	SR	Florida State	10:12	20:30.7
18	14	W. Karunde	SR	Texas Tech	10:12	20:31.0
19		Alex Kosinski	SR	Oregon	10:11	20:32.6
20	16	Alex Banfich	JR	Princeton		20:36.0
21	17	Laura Hoer	FR	NC State	10:11	20:36.6
22		Jessica Parry	SO	Florida State	10:13	20:38.3
23	19	Laura Tremblay	SO	Colorado	10:12	20:39.2
24	20	Alison Smith	SR	Villanova	10:14	20:39.9
25		Tara Erdmann	JR	LMU	10:11	20:39.9
26	21	Ari Fisher	JR	Toledo	10:11	20:40.4
27	22	Bogdana Mimic	JR	Villanova	10:12	20:40.5
28		Kristie Krueger	JR	Georgia		20:40.6
29	23	Emily Jones	SO	Georgetown	10:12	20:42.3
30		Deborah Maier	JR	California	10:12	20:43.7
31	24	Stephanie Price	JR	Minnesota	10:11	20:46.2
32	25	Renee Tomlin	SR	Georgetown	10:15	20:46.3
33	26	Ruth Senior	SR	New Mexico	10:12	20:46.7
34		Kaitlyn Gillespie	SO	West Virginia	10:11	20:46.8
35	27	Mia Behm	JR	Texas	10:12	20:47.2
36	28	M. Chambers	FR	Georgetown	10:15	20:47.6
37	29	Emily MacLeod	SR	Michigan State	10:11	20:48.1
38	30	Caroline King	SR	Boston College	10:21	20:52.1
39	31	Purity Biwott	JR	Texas Tech	10:15	20:52.7
40	32	Shalaya Kipp	FR	Colorado	10:13	20:53.8

2010 WOMEN'S TEAM SCORES

Place	Team	Score
1.	Villanova	120
2.	Florida St.	154
3.	Texas Tech	165
4.	Georgetown	167
5.	New Mexico	227
6.	Colorado	314
7.	Stony Brook	334
8.	Iowa St.	341
9.	Providence	343
10.	Syracuse	347
11.	Arizona	372
12.	Oregon	378
13.	Stanford	402
14.	North Carolina	405
15.	Princeton	411
16.	Washington	413
17.	Duke	416
	Oklahoma St.	416
19.	Boston College	432
20.	Texas	441
21.	Virginia	460
22.	Michigan	476
23.	Michigan St.	481
24.	North Carolina St.	487
25.	Kansas St.	547
26.	Penn St.	550
27.	Minnesota	555
28.	Toledo	572
29.	Florida	635
30.	Tulsa	653
31.	Rice	656

ALL-TIME WOMEN'S TEAM FINISHES (NCAA Era - Since 1981)

Year	Team Place	Team Score	Team Finishes	Distance	Host
2010	26th	550 pts	82, 96, 106, 124, 142, 154, 167	6,000-Meters	Indiana State
2009	14th	375 pts	24, 69, 77, 90, 115, 163, 168	6,000-Meters	Indiana State
2003	23rd	510 pts	42, 103, 114, 116, 135, 173, 186	6,000-Meters	Northern Iowa
2002	T-25th	568 pts	73, 105, 107, 129, 154, 159, 193	6,000-Meters	Indiana State
1996	11th	270 pts	20, 47, 49, 70, 84, 95, 118	5,000-Meters	Arizona
1994	9th	250 pts	25, 34, 49, 51, 91, 103, 110	5,000-Meters	Arkansas
1993	7th	226 pts	31, 33, 50, 51, 61, 70, 119	5,000-Meters	Lehigh
1992	T-6th	179 pts	24, 33, 36, 37, 49, 55, 104	5,000-Meters	Indiana
1991	13th	328 pts	45, 50, 67, 71, 95, 98, 114	5,000-Meters	Arizona
1987	14th	304 pts	28, 54, 63, 76, 83, 94, 104	5,000-Meters	Virginia
1985	10th	253 pts	11, 55, 58, 64, 65, 89, 98	5,000-Meters	Marquette
1984	14th	305 pts	38, 45, 71, 75, 76, 78, 83	5,000-Meters	Penn State
1983	12th	304 pts	47, 50, 58, 74, 75, 82, 88	5,000-Meters	Lehigh
1982	6th	193 pts	20, 23, 41, 47, 62, 68, 77	5,000-Meters	Indiana
1981	10th	249 pts	39, 41, 53, 54, 62, 64, 69	5,000-Meters	Wichita State

WOMEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2009	Bridget Franek	26
2008	Bridget Franek	23
2000	Susanne Heyer	14
1996	Kim McGreevy	27
1994	Kim Kelly	25
1992	Kim Kelly	27
1988	Stacy Prey	31
1985	Stacy Prey	23
1982	Doreen Startare	20
1979*	Heather Carmichael	8
1979*	Kathy Mills	4
1978*	Kathy Mills	3
1977*	Kris Bankes	15
1977*	Kathy Mills	1
1976*	Kathy Mills	3
1975*	Liz Cunningham	12
1975*	Liz Berry	15
1975*	Kris Bankes	3

* Denotes finish from "Pre-NCAA" era.

MULTIPLE-TIME NCAA QUALIFIERS**Four-Time Qualifiers**

Franek, Bridget	2006, 2007, 2008, 2009
Gerken, Heidi	1981, 1982, 1983, 1984
Hunt, Kelli	1991, 1992, 1993, 1994
Kelly, Kim	1991, 1992, 1993, 1994
Prey, Stacia	1985, 1986, 1987, 1988

Three-Time Qualifiers

Bower, Natalie	2009, 2010, 2011
Kelly, Kris	1991, 1992, 1994
Lane, Caitlin	2009, 2010, 2011
Millhouse, Kara	2009, 2010, 2011
Ridder, Brooklyne	2009, 2010, 2011
St. John, Erin	1993, 1994, 1996
Startare, Doreen	1981, 1982, 1983
Wale, Michelle	2001, 2002, 2003
Weaver, Jennifer	1991, 1992, 1993

Two-Time Qualifiers

Brauksieck, Tracey	2002, 2003
Carmichael, Heather	1981, 1982
Fidler, Donna	1995, 1996
Giannotti, Emily	2010, 2011
Graybill, Lindsey	2010, 2011
Hohnka, Mary	1992, 1993
Hohnka, Teresa	1994, 1996
Johnson, Tara	2002, 2003
Landreth, Molly	2002, 2003
Lohr, Holly	1984, 1985
McGreevy, Kim	1995, 1996
Miley, Sue	1981, 1982
Purcell, Monique	1981, 1982
Renzi, Paula	1982, 1984
Ross, Lisa	1984, 1985
Shafer, Anne	1983, 1984
St. Clair, Katherine	1985, 1987
Stevens, Jenny	2002, 2003
Thomas, Maureen	2002, 2003
Updegrove, Natalie	1982, 1983
White, Meredith	1983, 1984



ALL-TIME WOMEN'S NCAA FINISHES | | YEAR-BY-YEAR

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1981	43	39	Carmichael, Heather	17:29	1992	27	24	Kelly, Kim	17:56	2008	23	IND	Franek, Bridget	20:31
1981	51	41	Murnane, Patty	17:34	1992	42	33	Hunt, Kelli	18:10					
1981	69	53	Startare, Doreen	17:58	1992	48	36	Glyde, Colleen	18:13	2009	26	24	Franek, Bridget	20:35
1981	70	54	Purcell, Monique	17:59	1992	49	37	Kelly, Kris	18:14	2009	86	69	Lane, Caitlin	21:11
1981	82	62	Ihrig, Carolyn	18:16	1992	65	49	Minard, Meira	18:21	2009	94	77	Lord, Nicole	21:16
1981	84	64	Gerken, Heidi	18:19	1992	73	55	Weaver, Jennifer	18:24	2009	111	90	Spring, Cheryl	21:23
1981	90	69	Miley, Sue	18:31	1992	134	104	Hohnka, Mary	19:06	2009	142	115	Millhouse, Kara	21:35
										2009	200	163	Ridder, Brooklyne	22:05
1982	28	20	Startare, Doreen	17:38	1993	44	31	Hunt, Kelli	17:29	2009	206	168	Bower, Natalie	22:07
1982	31	23	Carmichael, Heather	17:43	1993	46	33	Weaver, Jennifer	17:30					
1982	56	41	Updegrove, Natalie	18:05	1993	67	50	McCarthy, Candida	17:41	2010	111	82	Ridder, Brooklyne	21:23
1982	64	47	Renzi, Paula	18:13	1993	68	51	Kelly, Kim	17:41	2010	130	96	Lane, Caitlin	21:34
1982	82	62	Purcell, Monique	18:38	1993	79	61	Rutkoski, Jamie	17:51	2010	140	106	Millhouse, Kara	21:40
1982	89	68	Miley, Sue	18:44	1993	93	70	St. John, Erin	17:59	2010	158	124	Bower, Natalie	21:47
1982	98	77	Gerken, Heidi	18:54	1993	149	119	Hohnka, Mary	18:45	2010	180	142	Ryan, Maura	22:05
										2010	192	154	Graybill, Lindsey	22:12
1983	65	47	Updegrove, Natalie	18:01	1994	35	25	Kelly, Kim	17:46	2010	205	167	Giannotti, Emily	22:18
1983	69	50	White, Meredith	18:04	1994	46	34	St. John, Erin	17:55					
1983	78	58	Gerken, Heidi	18:13	1994	68	49	Hunt, Kelli	18:11	Key:				
1983	99	74	Startare, Doreen	18:34	1994	70	51	Kelly, Kris	18:13	IND - Denotes Individual Entrant				
1983	100	75	Shafer, Anne	18:35	1994	118	91	Hohnka, Teresa	18:40	BOLD - Denotes current Penn State athlete				
1983	107	82	Hart, Tammie	18:51	1994	130	103	Harrity, Kim	18:49	<i>Italics</i> - Denotes All-America finish				
1983	113	88	Dickstein, Carol	18:55	1994	137	110	Simmonds, Karen	18:54					
										Notes:				
1984	56	38	Gerken, Heidi	17:26	1995	75	IND	Fidler, Donna	18:21	* The women's race distance moved from				
1984	64	45	White, Meredith	17:33	1995	91	IND	McGreevy, Kim	18:28	5,000-meters to 6,000-meters in 2000.				
1984	93	71	Ross, Lisa	18:01						* Results since NCAA era began in 1981.				
1984	98	75	Shafer, Anne	18:04	1996	28	20	McGreevy, Kim	18:18					
1984	100	76	Renzi, Paula	18:05	1996	66	47	St. John, Erin	18:46					
1984	102	78	Stearns, Cindy	18:06	1996	68	49	Hohnka, Teresa	18:49					
1984	107	83	Loht, Holly	18:13	1996	94	70	Fidler, Donna	19:04					
					1996	111	84	Hohnka, Lou	19:19					
1985	23	11	Prey, Stacia	16:57	1996	123	95	Kern, Jill	19:31					
1985	76	55	Ross, Lisa	17:44	1996	147	118	Clitz, Allison	19:56					
1985	80	58	Pitcher, Kathy	17:47										
1985	86	64	Loht, Holly	17:59	1998	150	IND	Davis, Erin	18:40					
1985	87	65	Kuhn, Kathleen	17:59										
1985	113	89	Aston, Amy	18:16	1999	94	IND	Bouchard, Stacie	17:59					
1985	122	98	St. Clair, Katherine	18:39										
					2000	14	IND	Heyer, Susanne	21:09					
1986	56	IND	Prey, Stacia	18:19										
					2001	134	IND	Wale, Michelle	22:26					
1987	41	28	Prey, Stacia	17:06										
1987	75	54	Knight, Anne	17:36	2002	96	73	Brauksieck, Tracey	21:15					
1987	84	63	Hass, Emily	17:43	2002	134	105	Landreth, Molly	21:32					
1987	99	76	St. Clair, Katherine	17:52	2002	137	107	Wale, Michelle	21:33					
1987	107	83	Moody, Juliann	17:59	2002	161	129	Stevens, Jenny	21:46					
1987	118	94	Gold, Lisa	18:12	2002	187	154	Hillard, Katy	21:57					
1987	128	104	Quinn, Ann Marie	18:32	2002	192	159	Johnson, Tara	22:01					
					2002	229	193	Thomas, Maureen	22:29					
1988	31	IND	Prey, Stacia	17:17										
					2003	56	42	Landreth, Molly	20:55					
1990	43	IND	Nelson, Wendy	17:10	2003	131	103	Thomas, Maureen	21:26					
					2003	143	114	Stevens, Jenny	21:31					
1991	63	45	Kelly, Kim	17:53	2003	147	116	Wale, Michelle	21:32					
1991	69	50	Kelly, Kris	17:56	2003	171	135	Johnson, Tara	21:45					
1991	94	67	Morrow, Laurie	18:19	2003	211	173	Lenge, Chelsea	22:10					
1991	98	71	Martin, Leslee	18:21	2003	224	186	Brauksieck, Tracey	22:20					
1991	123	95	Weaver, Jennifer	18:40										
1991	127	98	Dougan, Dana	18:44	2006	173	IND	Franek, Bridget	22:41					
1991	144	114	Hunt, Kelli	18:59										
					2007	57	IND	Franek, Bridget	21:14					



ALL-TIME MEN'S TEAM FINISHES

Year	Team Place	Team Score	Team Finishes	Distance	Host
2010	30th	659 pts	52, 77, 171, 179, 180, 189, 193	10,000-Meters	Indiana State
2008	25th	547 pts	64, 93, 112, 118, 160, 173, 194	10,000-Meters	Indiana State
1994	8th	250 pts	35, 41, 46, 60, 68, 125, 143	10,000-Meters	Arkansas
1993	14th	311 pts	18, 43, 73, 87, 90, 92, 109	10,000-Meters	Lehigh
1991	10th	286 pts	18, 36, 69, 73, 90, 107, 124	10,000-Meters	Arizona
1987	12th	304 pts	3, 29, 49, 90, 133, 143	10,000-Meters	Virginia
1986	17th	358 pts	21, 64, 82, 93, 98, 118, 122	10,000-Meters	Arizona
1984	21st	403 pts	57, 60, 69, 104, 113, 122, 142	10,000-Meters	Penn State
1981	14th	379 pts	4, 68, 79, 104, 124, 139	10,000-Meters	Wichita State
1980	3rd	153 pts	5, 12, 18, 52, 66, 91, 106	10,000-Meters	Wichita State
1979	3rd	186 pts	15, 27, 41, 46, 57, 68, 82	10,000-Meters	Lehigh
1978	4th	220 pts	7, 38, 42, 52, 81, 88, 94	10,000-Meters	Wisconsin
1977	12th	346 pts	26, 55, 74, 92, 99, 100, 188	10,000-Meters	Washington State
1976	13th	410 pts	18, 45, 68, 108, 171, 204	10,000-Meters	North Texas
1975	4th	256 pts	Team Places Unavailable	6 Miles	Penn State
1974	10th	279 pts	31, 53, 59, 67, 69, 116, 140	6 Miles	Indiana
1973	10th	252 pts	Team Places Unavailable	6 Miles	Washington State
1972	12th	326 pts	23, 28, 64, 78, 133, 154	6 Miles	Houston
1971	8th	269 pts	13, 38, 46, 83, 89, 147, 176	6 Miles	Tennessee
1970	13th	420 pts	3, 43, 89, 136, 149, 187, 214	6 Miles	William and Mary
1969	10th	352 pts	27, 63, 70, 92, 100, 144, 150	6 Miles	Manhattan College
1968	14th	319 pts	23, 34, 50, 103, 109, 114, 133	6 Miles	Manhattan College
1962	12th	253 pts	6, 51, 61, 65, 70, 75	4 Miles	Michigan State College
1961	8th	203 pts	16, 19, 47, 55, 66, 70, 80	4 Miles	Michigan State College
1960	4th	104 pts	5, 13, 24, 28, 34, 38, 46	4 Miles	Michigan State College
1959	10th	213 pts	5, 18, 51, 58, 81	4 Miles	Michigan State College
1957	9th	206 pts	9, 34, 36, 55, 72	4 Miles	Michigan State College
1956	7th	192 pts	11, 17, 43, 51, 70, 71	4 Miles	Michigan State College
1954	5th	152 pts	12, 14, 38, 42, 46, 67, 91	4 Miles	Michigan State College
1953	4th	97 pts	3, 6, 29, 33, 36, 58, 60	4 Miles	Michigan State College
1952	T-4th	110 pts	6, 19, 24, 28, 33, 56, 61	4 Miles	Michigan State College
1951	4th	122 pts	4, 15, 17, 22, 64, 76	4 Miles	Michigan State College
1950	1st	53 pts	5, 7, 12, 13, 16, 18, 31	4 Miles	Michigan State College
1949	4th	93 pts	10, 11, 13, 29, 30, 34, 41	4 Miles	Michigan State College
1948	4th	118 pts	18, 21, 25, 26, 28, 36, 46	4 Miles	Michigan State College
1947	1st	60 pts	1, 3, 13, 17, 26, 45, 46	4 Miles	Michigan State College
1946	3rd	114 pts	2, 6, 14, 34, 58, 81, 108	4 Miles	Michigan State College
1942	T-1st	57 pts	4, 6, 7, 11, 29, 42, 46	4 Miles	Michigan State College
1941	2nd	110 pts	11, 15, 27, 28, 29, 56, 66	4 Miles	Michigan State College

ALL-TIME MEN'S NCAA FINISHES | | YEAR-BY-YEAR

Year	Overall	Team Name	Time	Year	Overall	Team Name	Time	Year	Overall	Team Name	Time
1938	5	IND Smith, Bill	20:49	1951	4	4 Ashenfelter, Bill	20:32	1961	26	16 Norman, Gerald	20:55
				1951	17	15 Hollen, Robert	20:54	1961	29	19 Deardorff, Howard	20:58
1940	7	IND Smith, Bill	20:55	1951	21	17 Foster, Dudley	21:00	1961	67	47 Bassett, Lionel	21:36
1940	60	IND Snyder, Chester	22:37	1951	26	22 Horner, Jackson	21:09	1961	75	55 Noll, Ernest	21:48
1940	63	IND Kotz, Vernard	22:50	1951	72	64 Hamill, James	22:00	1961	89	66 Moorhead, Steven	22:09
				1951	85	76 Chillrud, John	22:25	1961	93	70 Miller, Michael	22:18
								1961	105	80 Imswiler, Ted	22:40
1941	11	11 Gordon, Norm	21:05	1952	7	6 Hollen, Robert	20:00	1962	8	6 Deardorff, Howard	19:51
1941	16	15 Goffberg, Herm	21:30	1952	25	19 Hamill, James	20:36	1962	59	51 Bassett, Lionel	20:51
1941	28	27 Bourgerie, Alex	21:57	1952	30	24 Horner, Jackson	20:42	1962	75	61 Nichols, Joseph	21:05
1941	29	28 Stone, Curtis	21:59	1952	34	28 Linder, Stanley	20:51	1962	82	65 Lampman, Richard	21:17
1941	30	29 Smith, McLane	22:00	1952	39	33 Smith, Lamont	20:58	1962	90	70 Tuft, Richard	21:27
1941	61	56 Thiel, Harold	22:45	1952	67	56 Chillrud, John	21:26	1962	98	75 Imswiler, Ted	21:38
1941	76	66 Kotz, Verard	23:22	1952	72	61 Austin, Don	21:38				
1942	5	4 Gordon, Norm	21:07	1953	6	3 Hollen, Robert	20:16	1967	17	IND Smith, Raymond	32:23
1942	7	6 Stone, Curtis	21:12	1953	13	6 Smith, Lamont	20:29	1968	38	23 Schurk, Michael	30:24
1942	9	7 Karver, Gerald	21:15	1953	30	19 Moorhead, Douglas	20:46	1968	58	34 Sheaffer, Albert	30:49
1942	13	11 Smith, McLane	21:23	1953	49	33 Hamill, James	21:04	1968	78	50 Peterson, Philip	31:08
1942	32	29 Horne, Howard	22:17	1953	53	36 Garrett, Theodore	21:15	1968	154	103 Kissell, Ralph	32:17
1942	48	42 Beach, Joseph	22:55	1953	80	58 McKelvey, James	22:29	1968	162	109 Smith, Raymond	32:26
1942	52	46 Williams, Rufus	23:15	1953	84	60 Chillrud, John	22:42	1968	167	144 Dickson, James	32:35
1946	2	2 Stone, Curtis	20:24	1954	20	12 Moorhead, Douglas	20:44	1968	191	133 Gentry, Steve	33:12
1946	8	6 Karver, Gerald	21:01	1954	24	14 Garrett, Theodore	21:29	1969	45	27 Fredericks, Greg	30:43
1946	19	14 Ashenfelter, Horace	21:28	1954	52	38 Chillrud, John	21:29	1969	95	63 Henderson, Gerald	31:38
1946	40	34 Longnecker, Donald	22:04	1954	56	42 Woodrow, Donald	21:32	1969	105	70 Chadwick, Matthew	31:46
1946	69	58 Williams, Mitchell	22:33	1954	60	46 Pastorius, James	21:35	1969	134	92 Kissell, Ralph	32:16
1946	94	81 Horne, Howard	23:02	1954	83	67 Roberts, Paul	22:18	1969	147	100 Deardorff, Jeffrey	32:29
1946	124	108 Shuman, William	23:53	1954	107	91 Mowrey, Donald	23:50	1969	201	144 Alland, James	33:24
1947	2	1 Ashenfelter, Horace	20:45	1956	17	11 Woodrow, Donald	20:45	1969	208	150 Dixon, James	33:31
1947	6	3 Karver, Gerald	21:03	1956	23	17 Kerr, Fred	20:54	1970	4	3 Fredericks, Greg	28:12
1947	17	13 Lennox, Frederick	21:49	1956	54	43 Thompson, Robert	21:39	1970	64	43 Maguire, Charlie	29:31
1947	32	26 Longnecker, Donald	22:11	1956	66	51 Schoenebeck, C.	21:47	1970	128	89 Allahand, James	30:06
1947	52	45 Bates, John	22:38	1956	85	70 Moran, Edward	22:22	1970	185	136 Supulski, Daniel	30:34
1947	53	46 Auman, Robert	22:40	1956	86	71 Kirby, William	22:26	1970	199	149 Miller, James	30:42
1948	24	18 Longnecker, Donald	21:09	1957	13	9 Kerr, Fred	20:10	1970	243	187 McClure, James	31:30
1948	28	21 St. Clair, John	21:12	1957	42	34 Moran, Edward	20:51	1970	277	214 Kissell, Ralph	32:13
1948	32	25 Bates, John	21:21	1957	44	36 Engelbrink, Richard	20:53	1971	20	13 Fredericks, Greg	30:16
1948	33	26 Williams, Mitchell	21:22	1957	67	55 Thompson, Joseph	21:23	1971	62	38 Maguire, Charlie	31:05
1948	35	28 Ashenfelter, Horace	21:28	1957	87	72 King, Charles	21:48	1971	78	46 Supulski, Daniel	31:13
1948	44	26 Porto, Albert	21:39	1959	7	5 Engelbrink, Richard	21:14	1971	134	83 Hillman, Robert	31:53
1948	55	46 McCall, John	21:49	1959	28	18 Weber, Herman	21:57	1971	142	89 Allahand, James	32:01
1949	13	10 Ashenfelter, Don	20:55	1959	69	51 Moorhead, Steven	22:53	1971	220	147 Chadwick, Matthew	32:48
1949	14	11 Freebairn, Bob	20:55	1959	78	58 Johnson, Dennis	23:17	1971	265	176 Fullmer, John	34:17
1949	16	13 Porto, Albert	20:59	1959	106	81 Miller, Michael	24:37	1972	38	23 Maguire, Charlie	29:38
1949	34	29 Gordon, William	21:28	1960	6	5 Norman, Gerald	20:07	1972	47	28 Gittings, Gary	29:42
1949	35	30 St. Clair, John	21:29	1960	17	13 Weber, Herman	20:35	1972	96	64 Secord, Ronald	30:19
1949	39	34 Ashenfelter, Bill	21:33	1960	34	24 Deardorff, Howard	21:01	1972	113	78 Allahand, James	30:32
1949	46	41 Parsons, Bob	21:41	1960	38	28 Moorhead, Steven	21:03	1972	192	133 Chadwick, Matthew	32:55
1950	8	5 Ashenfelter, Bill	21:05	1960	46	34 Bassett, Lionel	21:15	1972	219	154 Supulski, Daniel	33:56
1950	11	7 Freebairn, Bob	21:12	1960	51	38 Noll, Ernest	21:24	1973	23	16 Maguire, Charlie	29:13
1950	16	12 St. Clair, Don	21:34	1960	63	46 Johnson, Dennis	21:49	1973	71	37 Malley, George	29:58
1950	17	13 Gordon, William	21:36					1973	98	53 Hillman, Robert	30:19
1950	20	16 Foster, Dudley	21:41					1973	110	59 Secord, Ronald	30:24
1950	23	18 Ashenfelter, Don	21:45					1973	137	79 Gittings, Gary	30:39
1950	38	31 Porto, Albert	22:45								



ALL-TIME MEN'S NCAA FINISHES | | YEAR-BY-YEAR

Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time	Year	Overall	Team	Name	Time
1974	34	31	Malley, George	30:49	1974	81	57	Haley, Clark	31:10	1994	48	35	McGlynn, Tom	31:28
1974	76	53	Secord, Ronald	31:21	1974	85	60	Carter, Eric	31:14	1994	56	41	Bartholomy, Jake	31:42
1974	85	59	Majak, Walter	31:27	1974	95	69	Hudson, Robert	31:28	1994	61	46	Hamer, Bob	31:46
1974	95	67	Stemmer, Paul	31:34	1974	135	104	Shisler, Steve	32:03	1994	77	60	Gilkes, Artie	32:04
1974	97	69	Wilson, Kenneth	31:35	1974	???	113	???	???	1994	87	68	Arosemena, Che	32:10
1974	166	116	Christopher, George	31:35	1974	153	122	Detuerk, Stephen	32:30	1994	152	125	Simmons, Jamie	33:34
1974	197	140	Augustin, Paul	32:36	1974	173	142	Mackley, Paul	33:22	1994	170	143	Oliver, Steve	34:28
1975	5	*	Stemmer, Paul	28:58	1985	9	IND	Carter, Eric	30:03	1997	114	IND	Drager, Austin	31:36
1975	17	*	Malley, George	29:14	1986	35	21	Carter, Eric	31:47	2003	81	IND	Mazzocco, Dan	30:44
1975	80	*	Wilson, Kenneth	30:08	1986	84	64	Laird, David	32:37	2004	78	IND	Mazzocco, Dan	32:24
1975	125	*	Christopher, George	30:30	1986	104	82	McGarry, Rich	32:47	2005	43	IND	Mazzocco, Dan	30:23
1975	144	*	Majak, Walter	30:40	1986	118	93	Balkey, Steve	33:07	2006	31	IND	Mazzocco, Dan	31:37
1975	222	*	Secord, Ronald	31:28	1986	123	98	Jendricks, Keith	33:11	2008	81	64	Dawson, Kyle	30:45
1975	246	*	Baden, Bruce	31:59	1986	144	118	McCafferty, Bill	33:41	2008	114	93	McNally, Vince	31:00
1976	20	18	Malley, George	29:07	1986	148	122	McMillan, David	33:55	2008	141	112	McCandless, Tyler	31:10
1976	68	45	Baden, Bruce	29:49	1987	4	3	Carter, Eric	29:21	2008	148	118	Mahoney, John	31:14
1976	100	68	Ziegler, John	30:02	1987	42	29	McMillan, David	30:15	2008	197	160	O'Connor, Dennis	31:46
1976	166	108	Majak, Walter	30:34	1987	70	49	Balkey, Steve	30:40	2008	210	173	Quinn, Teddy	31:56
1976	242	171	Nicholson, John	31:28	1987	119	90	Novak, Jeffrey	31:21	2008	232	194	Fuller, Brian	32:25
1976	282	204	Snyder, Robert	32:36	1987	163	133	Accardi, Vinny	32:23	2009	134	IND	McNally, Vince	31:14
1977	34	26	Snyder, Robert	29:53	1987	173	143	Laird, Brian	32:50	2010	64	52	Dawson, Kyle	30:43
1977	83	55	Rapp, Thomas	30:35	1988	13	10	Laird, Brian	29:47	2010	92	77	McNally, Vince	31:05
1977	106	74	Ziegler, John	30:49	1988	91	68	Frazier, Ken	31:09	2010	203	171	Dawson, Owen	32:12
1977	131	92	Wyatt, Michael	31:03	1988	94	70	Walter, Doug	31:10	2010	212	179	Pawola, Danny	32:28
1977	143	99	Felice, Dave	31:11	1988	103	79	Brown, Steve	31:15	2010	213	179	Cipro, Chris	32:30
1977	144	100	Baden, Bruce	31:12	1988	118	91	Novak, Jeffrey	31:26	2010	222	189	Foster, Ryan	32:47
1977	244	188	Cooper, James	32:58	1988	124	*	O'Reilly, Aidan	31:32	2010	226	193	Scarpello, Nick	32:53
1978	9	7	Snyder, Robert	29:48	1988	217	*	Accardi, Vinny	33:12					
1978	54	38	Ziegler, John	30:36	1989	20	12	Brown, Steve	30:23					
1978	61	42	Mangan, Larry	30:41	1989	41	25	Walter, Doug	30:49					
1978	73	52	Baden, Bruce	30:50	1989	104	78	Frazier, Ken	31:45					
1978	113	81	Rapp, Thomas	31:11	1989	141	113	Anderson, Mark	32:23					
1978	120	88	Scharsu, Alan	31:19	1989	146	118	Novak, Jeffrey	32:29					
1978	129	94	Wyatt, Michael	31:27	1989	159	131	Heffner, Doug	33:03					
1979	19	15	Scharsu, Alan	29:39	1989	173	145	Castillo, Mike	33:45					
1979	34	27	Ziegler, John	29:59	1991	26	18	Wimmer, Mark	31:09					
1979	55	41	Mangan, Larry	30:26	1991	53	36	Gough, Robert	31:55					
1979	65	46	Adkins, Jeff	30:37	1991	88	69	Moore, Ronald	32:22					
1979	81	57	Rapp, Thomas	30:48	1991	93	73	O'Reilly, Aidan	32:24					
1979	95	68	Garcia, Rich	30:55	1991	112	90	Morrow, Austin	32:44					
1979	117	82	Clelland, Steve	31:11	1991	132	107	Scott, Andrew	33:07					
1980	7	5	Scharsu, Alan	29:25	1991	152	124	Mellott, Philip	33:47					
1980	14	12	Mangan, Larry	29:48	1992	64	IND	Wimmer, Mark	32:22					
1980	22	18	Zishka, John	29:55	1993	29	18	Bartholomy, Jake	30:32					
1980	78	52	Rapp, Thomas	30:44	1993	58	43	Hamer, Bob	31:00					
1980	95	66	Stephens, Dwight	30:52	1993	95	73	Steiner, Leif	31:33					
1980	126	91	Garcia, Rich	31:14	1993	109	87	Pritchard, Jon	31:43					
1980	144	106	Adkins, Jeff	31:25	1993	112	90	McGlynn, Tom	31:45					
1981	6	4	Scharsu, Alan	29:30	1993	115	92	Cooper, Ken	31:48					
1981	94	68	Enright, Barry	31:01	1993	134	109	Stants, Harry	32:09					
1981	106	79	Black, Gary	31:13										
1981	137	104	Stephens, Dwight	31:41										
1981	160	124	Althouse, Brad	32:09										
1981	175	139	Adkins, Jeff	32:37										
1982	134	IND	Adkins, Jeff	32:42										

Key:

IND - Denotes Individual Entrant

BOLD - Denotes current Penn State athlete

Italics - Denotes All-America finish



MEN'S NCAA ALL-AMERICANS

Year	Athlete	Place
2006	Dan Mazzocco	31
2005	Dan Mazzocco	43
1993	Jake Bartholomy	29
1991	Mark Wimmer	26
1989	Steve Brown	20
1989	Doug Walter	41
1988	Brian Laird	13
1987	Eric Carter	4
1985	Eric Carter	9
1981	Alan Scharsu	5
1980	Alan Scharsu	6
1980	John Zishka	22
1980	Larry Mangan	14
1979	Alan Scharsu	19
1979	John Ziegler	34
1978	Bob Snyder	9
1977	Bob Snyder	9
1976	George Malley	20
1975	George Malley	17
1975	Paul Stemmer	5
1974	George Malley	39
1973	Charlie Maguire	23
1971	Greg Fredericks	20
1970	Greg Fredericks	4
1962	Howie Deardoff	8
1960	Jerry Norman	6
1959	Dick Engelbrink	7
1957	Fred Kerr	13
1953	Bob Hollen	6
1953	Lamont Smith	13
1952	Bob Hollen	7
1951	Bill Ashenfelter	4
1950	Bill Ashenfelter	8
1950	Bob Freebairn	11
1949	Bill Ashenfelter	13
1949	Bob Freebairn	14
1947	Gerry Karver	6
1947	Horace Ashenfelter	2
1946	Curt Stone	2
1946	Gerry Karver	7
1942	Curt Stone	6
1942	Gerry Karver	8
1942	McLain Smith	12
1942	Norm Gordon	4
1941	Norm Gordon	11
1940	Bill Smith	7
1939	Bill Smith	5

MULTIPLE-TIME NCAA QUALIFIERS

Four-Time Qualifiers

Adkins, Jeff	1979, 1980, 1981, 1982
Allahand, James	1969, 1970, 1971, 1972
Baden, Bruce	1975, 1976, 1977, 1978
Carter, Eric	1984, 1985, 1986, 1987
Chillrud, John	1951, 1952, 1952, 1954
Maguire, Charlie	1970, 1971, 1972, 1973
Malley, George	1973, 1974, 1975, 1976
Mazzocco, Dan	2003, 2004, 2005, 2006
McNally, Vince	2008, 2009, 2010, 2011
Rapp, Thomas	1977, 1978, 1979, 1980
Scharsu, Alan	1978, 1979, 1980, 1981
Secord, Ronald	1972, 1973, 1974, 1975
Ziegler, John	1976, 1977, 1978, 1979

Three-Time Qualifiers

Ashenfelter, Bill	1949, 1950, 1951
Ashenfelter, Horace	1946, 1947, 1948
Bassett, Lionel	1960, 1961, 1962
Chadwick, Matthew	1969, 1971, 1972
Dawson, Kyle	2008, 2010, 2011
Deardorff, Howard	1960, 1961, 1962
Fredericks, Greg	1969, 1970, 1971
Hamill, James	1951, 1952, 1953
Hollen, Robert	1951, 1952, 1953
Karver, Gerald	1942, 1946, 1947
Kissell, Ralph	1968, 1969, 1970
Longnecker, Donald	1946, 1947, 1948
Majak, Walter	1974, 1975, 1976
Mangan, Larry	1978, 1979, 1980
Moorhead, Steven	1959, 1960, 1961
Novak, Jeffrey	1987, 1988, 1989
Porto, Albert	1948, 1949, 1950
Snyder, Robert	1976, 1977, 1978
Stone, Curtis	1941, 1942, 1946
Supulski, Daniel	1970, 1971, 1972

Two-Time Qualifiers

Accardi, Vinny	1987, 1988
Ashenfelter, Don	1949, 1950
Balkey, Steve	1986, 1987
Bartholomy, Jake	1993, 1994
Bates, John	1947, 1948
Brown, Steve	1988, 1989
Christopher, George	1974, 1975
Engelbrink, Richard	1957, 1959
Foster, Dudley	1950, 1951
Frazier, Ken	1988, 1989
Freebairn, Bob	1949, 1950
Garcia, Rich	1979, 1980
Garrett, Theodore	1953, 1954
Gittings, Gary	1972, 1973
Gordon, Norm	1941, 1942
Gordon, William	1949, 1950
Hamer, Bob	1993, 1994
Hillman, Robert	1971, 1973
Horne, Howard	1942, 1946
Hogner, Jackson	1951, 1952
Imswiler, Ted	1961, 1962
Johnson, Dennis	1959, 1960
Kerr, Fred	1956, 1957
Laird, Brian	1987, 1988
McGlynn, Tom	1993, 1994
McMillan, David	1986, 1987
Miller, Michael	1959, 1961
Moorhead, Douglas	1953, 1954
Moran, Edward	1956, 1957
Noll, Ernest	1960, 1961
Norman, Gerald	1960, 1961
O'Reilly, Aidan	1988, 1991
Smith, Bill	1938, 1940
Smith, Lamont	1952, 1953
Smith, McLane	1941, 1942
Smith, Raymond	1967, 1968
St. Clair, John	1948, 1949
Stemmer, Paul	1974, 1975
Stephens, Dwight	1980, 1981
Walter, Doug	1988, 1989
Weber, Herman	1959, 1960
Williams, Mitchell	1946, 1948
Wilson, Kenneth	1974, 1975
Wimmer, Mark	1991, 1992
Woodrow, Donald	1954, 1956
Wyatt, Michael	1977, 1978

