



# IOWA FIELD HOCKEY

## WEEK 9: PENN STATE

### 2015 SCHEDULE

(9-7, 2-4)

8/29	..... vs. #11 Wake Forest^	..... W, 2-1 (OT)
8/30	..... vs. #2 North Carolina^	..... L, 1-2
9/4	..... vs. Richmond	..... W, 5-1
9/6	..... at James Madison	..... L, 1-4
9/10	..... vs. #5 Stanford#	..... L, 2-3
9/12	..... vs. Kent State	..... W, 7-1
9/13	..... vs. Saint Louis	..... W, 7-0
9/18	..... vs. Rutgers*	..... W, 4-3
9/20	..... vs. Missouri State	..... W, 2-0
9/25	..... at Indiana*#	..... L, 1-3
9/27	..... at Ball State	..... W, 6-1
10/2	..... at #14 Northwestern*	..... L, 0-4
10/9	..... at #16 Michigan*	..... L, 0-4
10/11	..... at Central Michigan	..... W, 4-1
10/16	.. vs. Michigan State*!	..... W, 3-1
10/18	.. vs. Ohio State*#	..... L, 1-3
10/23	... at Penn State*!	..... 2:30 p.m.
10/31	.. vs. Maryland*	..... 12 p.m.

#### Big Ten Tournament (Bloomington, Ind.)

11/5	..... Quarterfinals	.....TBA
11/6	..... Semifinals!	.....TBA
11/8	..... Final!	.....TBA

#### NCAA Tournament (Ann Arbor, Mich.)

11/20	... Quarterfinals	.....TBA
11/21	... Semifinals	.....TBA
11/22	... Championship	.....TBA

All games listed are Central  
 ^ ACC/Big Ten Challenge  
 \* Big Ten Conference Games  
 ! Televised by Big Ten Network  
 # Streamed live on BTN.com

### RANKINGS

No.	Team	Points
1.	Syracuse	961
2.	Connecticut	911
3.	North Carolina*	885
4.	Duke	756
5.	Virginia	741
6.	Maryland*	716
7.	Wake Forest*	630
8.	Louisville	558
9.	Liberty	554
10.	Albany	501
11.	Michigan*	444
12.	Old Dominion	443
13.	Stanford*	412
14.	Boston College	348
15.	Delaware	324
16.	Northwestern*	198
17.	Boston	195
18.	Maine	192
19.	James Madison*	183
20.	Princeton	122

\* - 2015 Opponent

#### THIS WEEK

The University of Iowa field hockey team hits the road for the final time this season when it travels to Pennsylvania for a matchup with Penn State. The Hawkeyes face the Nittany Lions on Friday at 2:30 p.m. (CT) at the Penn State Field Hockey Complex.

#### WATCH LIVE

This Friday's game at Penn State will be televised live on BTN with Dean Linke and Kara Lentz on the call.

#### FOLLOW ON THE WEB

Iowa field hockey fans can follow this Friday's matchup via live stats (GameTracker) on [hawkeyesports.com](http://hawkeyesports.com). Click on the "GT" link found on the field hockey schedule page to access the live stats feed.

#### LINK UP WITH THE HAWKEYES

For an inside look at the Iowa field hockey program and to access exclusive coverage, "like" The University of Iowa Field Hockey Team on Facebook and follow @IowaFieldHockey on Twitter and Instagram.

#### NATIONALLY SPEAKING -- TEAM STATS

- Through 16 games, Iowa has tallied the second most assists in the Big Ten and the fourth most in the country with 47. The Hawkeyes average 2.94 assists per game, ranking seventh nationally and second in the conference.
- Iowa's average of 8.69 points per game ranks 15th in the country and third in the Big Ten. The Hawkeyes have tallied 139 points in 16 games, the 10th most nationally.
- Iowa's 46 goals are the 13th most in the country. The Hawkeyes' average of 2.88 goals per game ranks 17th nationally.
- The Hawkeyes are outscoring their opponents, 46-32, and average a 0.87 margin of victory – 24th best in the country.
- Iowa has tallied 121 penalty corners this season, which is tied for the sixth most in the country. Iowa's average of 7.56 penalty corners per game ranks 14th nationally.

#### NATIONALLY SPEAKING -- INDIVIDUAL STATS

- Junior Stephanie Norlander ranks seventh in the country in points scored with 32. Her average of two points per game is tied for 13th nationally and ranks second in the Big Ten.
- Norlander's 14 goals in 2015 are tied for the most in the Big Ten and fourth in the country. Her average of 0.88 goals per game is tied for eighth in the NCAA. Norlander is one goal shy of tying her single season career high (15).
- Freshman Makenna Grewe and sophomore Melissa Progar are among the best in the country when it comes to assists. Grewe is tied for fourth in the country in assists with 11, while Progar is tied for eighth with 10. Grewe's average of 0.69 assists per game is tied for 10th nationally, while her four-assist game against Saint Louis (Sept. 13) is tied with Teresa Benvenuti of Princeton for a 2015 NCAA single game high.
- Grewe's 25 points are the second most among all Division I freshman – Roos Weers, Syracuse (33) -- and are tied for 21st nationally. Her average of 1.56 points per game ranks seventh in the Big Ten and 34th nationally.

#### SCOUTING PENN STATE

- 2015: 6-9, 2-4 Big Ten
- Last Weekend: Defeated Rutgers, 3-2, in overtime on the road; fell at Indiana, 1-0
- Leading Scorers: Stephanie Hussey (14 points, 6 goals, 2 assists); Brooke Birocik (14 points, 6 goals, 2 assists)
- Goalkeeper: Jenny Rizzo (6-9, 1.60 GAA, 68 saves, .731 save percentage)
- Head Coach: Charlene Morett-Curtiss (29th season)

#### PENN STATE VS. IOWA -- THE SERIES

- Iowa is 25-21-1 all-time against Penn State. Iowa is 5-11 when playing in University Park, Pennsylvania.
- Since 2010, the Hawkeyes are 2-5 when facing the Nittany Lions. Iowa's two wins came in each of the past two seasons. The Hawkeyes shutout the Nittany Lions, 4-0, at home in 2014, and notched a 4-3 overtime victory in the semifinals of the 2013 Big Ten Tournament.
- Twenty-two of the 47 games played between Iowa and Penn State have been decided by one goal. The Hawkeyes are 15-7 in those games.
- Nine games between Iowa and Penn State have gone into overtime, including four double-overtime games. The Hawkeyes hold a 8-1 advantage in overtime games.

#### BIG TEN IN THE RANKINGS

Three of nine Big Ten schools are ranked in the Penn Monto/National Field Hockey Coaches Association (NFCA) Division I Poll, released on Oct. 20, including Maryland (No. 6), Michigan (No. 11), and Northwestern (No. 16).

## BIG TEN STANDINGS

	Conf.	Over.
Maryland	6-0	13-3
Michigan	5-1	13-3
Ohio State	4-2	8-6
Indiana	4-2	8-7
Northwestern	3-3	10-6
<b>IOWA</b>	<b>2-4</b>	<b>9-7</b>
Penn State	2-4	6-9
Michigan State	2-5	5-11
Rutgers	0-7	6-9

(Results as of Oct. 18)

## 2015 ROSTER

00	Katie Jones	So.
1	Chandler Ackers	Jr.
2	Torie Berkel	So.
4	Makenna Grewe	Fr.
5	JoElla Guagliardo	So.
6	Mallory Lefkowitz	So.
7	Sophie Plasteras	Jr.
8	Stephanie Norlander	Jr.
9	Natalie Cafone	Sr.
12	Taylor Omweg	So.
14	Isabella Brown	Fr.
15	Riley Kniptash	Fr.
20	Veronique Declercq	So.
21	Isabella Licciardello	Sr.
22	Lara Bampfield	Fr.
24	Melissa Progar	So.
25	Avery Semler	Fr.
44	Alexandra Pecora	Jr.
54	Liz Leh	Sr.

## ATHLETIC COMMUNICATIONS

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## MEDIA INFORMATION

### INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Sam Stych by phone (563-506-0357) or email (samuel-stych@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

### LOOKING BACK

The Hawkeyes were back at Grant Field last weekend, hosting Michigan State (Oct. 16) and Ohio State (Oct. 18). The Hawkeyes went 1-1 on the weekend, topping the Spartans, 3-1, before falling to the Buckeyes, 3-1.

### IOWA'S 2015 RECORD WHEN...

- Scoring first: 8-0
- Leading at the half: 5-0
- Tied at the half: 4-0
- Outshooting opponent: 8-2
- In one-goal games: 2-2
- In 2+ goal games: 7-5
- In overtime: 1-0

### TWO SCOOPS, PLEASE

Through 16 games this season, the Hawkeyes have had four players score two or more goals in a single game. Junior Stephanie Norlander leads the way with four, including her second career hat-trick against Saint Louis on Sept. 13. Junior Chandler Ackers and freshman Makenna Grewe have each notched a pair of two-goal games, followed by sophomore Veronique Declercq who has one. The four have combined to score 33 of Iowa's 42 goals this year.

### DECLERCQ AND PENALTY CORNERS GO HAND-IN-HAND

Sophomore Veronique Declercq has become Iowa's go-to player on penalty corners this season. All six of Declercq's goals this season have come via penalty corners. She scored her first career goal in Iowa's 7-0 shutout victory over Saint Louis on Sept. 13.

### TO BE THE BEST YOU HAVE TO PLAY THE BEST

Of Iowa's 18 opponents in 2015, seven are currently ranked in the most recent NFHCA Division I Poll released on Oct. 20 -- No. 3 North Carolina, No. 6 Maryland, No. 7 Wake Forest, No. 11 Michigan, No. 13 Stanford, No. 16 Northwestern, and No. 19 James Madison.

### GREWE NAMED BIG FRESHMAN OF THE WEEK

Freshman Makenna Grewe was named Big Ten Conference Freshman of the Week by the league office on Sept. 15. It was the first honor of Grewe's career.

In three games (Sept. 10-13), Grewe scored three goals and recorded six assists, helping the Hawkeyes to victories over Kent State and Saint Louis.

Grewe got Iowa on the board against fifth-ranked Stanford on Sept. 10 when she tied the game at one in the 38th minute. Iowa eventually fell in heartbreaking fashion, 3-2, losing on a penalty corner with no time left on the clock.

On Sept 12, Grewe scored two goals and recorded two assists in a 7-1 victory over Kent State.

Grewe recorded four assists in Iowa's 7-0 shutout victory over Saint Louis on Sept. 13, falling one assist shy of tying the school's single game assists record of five set by Lisa Sweeney in 1991.

### CALL IT A WIN STREAK

From Sept 12-20, the Hawkeyes won four games in a row, defeating the likes of Kent State, Saint Louis, Rutgers, and Missouri State. In those four games, Iowa recorded two shutouts and outscored its opponents, 20-4.

### BIG TEN PLAYERS TO WATCH LIST

Three University of Iowa field hockey players -- Chandler Ackers, Stephanie Norlander and Alexandra Pecora -- have been named to the 2015 Big Ten Players to Watch List, announced by the league office.

Ackers, a junior from White Haven, Pennsylvania, started all 18 contests in 2014, accounting for 11 points on two goals and a team-high seven assists. She was named to the 2014 All-Big Ten Tournament Team, while also garnering Academic All-Big Ten

honors. Ackers was also named to the NFHCA Academic Squad for the second-straight year.

A two-time Player to Watch, Norlander was a second-team NFHCA All-American and first-team All-Big Ten honoree in 2014. She started in all 18 contests, scoring 35 points on 15 goals and five assists during her sophomore campaign. The North Vancouver, Canada, native ranked third in the Big Ten and 13th nationally in goals per game (.83), while ranking fifth in the Big Ten and 19th nationally in points per game (1.94). Norlander also scored four game-winning goals last season. In 2013, Norlander was named Big Ten Freshman of the Year in addition to earning NFHCA West Region All-America second-team honors.

Pecora appeared in 17 contests in 2014, starting each game at goalkeeper. The Marlton, New Jersey, native posted a 10-7 mark as a sophomore, collecting 78 saves and recording a .722 save percentage. Pecora tallied a career-high 13 saves at No. 2 Maryland on Nov. 1, and was named Big Ten Defensive Player of the Week on Oct. 28 following her performance in a 4-0 shutout over No. 5 Penn State.

### WHAT A SUMMER IT WAS

A second-team NFHCA All-American and first-team All-Big Ten honoree in 2014, junior Stephanie Norlander highlights what was a busy summer for several Hawkeyes. A native of North Vancouver, Canada, Norlander competed for the Canadian National Field Hockey Team at the World League 3 semifinals in Valencia, Spain as well as the 2015 Pan American Games, where she helped the Canadians to a third place, bronze medal finish. She scored three goals in Canada's Pan Am opener against the Dominican Republic en route to a 12-1 victory.

Juniors Chandler Ackers and Alexandra Pecora and sophomores Melissa Progar and Taylor Omweg were each selected and competed in the USA Women's National Championship at the USA Training Center in Lancaster, Pennsylvania. Ackers and Pecora were also selected and participated at the Junior National Team Camp and Trials held at the Spooky Nook Sports Complex also in Lancaster, Pennsylvania.

Sophomore Veronique Declercq competed for the Belgium U21 Team in various tournaments over the course of the summer.

### HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

### CAFONE REDSHIRTING

The 2014 Big Ten Offensive Player of the Year and first-team All-American will redshirt during the 2015 season due to injury. Cafone dislocated her shoulder last November and re-injured it during the spring.

### WELCOME BACK, JESS

Head coach Lisa Cellucci announced the addition of former Hawkeye Jessica Barnett to her staff in late July. Iowa's 2012 and 2013 female Athlete of the Year, Barnett will serve as a volunteer assistant coach. a four-year starter for the Hawkeyes from 2009-12, Barnett was a two-time All-American and a three-time All-Big Ten, All-Region, and Big Ten All-Tournament team selection. She helped the Hawkeyes earn back-to-back NCAA tournament appearances in 2011-12.

### LOOKING AHEAD

The Hawkeyes close out the regular season when they return to Iowa City on Oct. 31 for a Senior Day matchup against Maryland.



# IOWA FIELD HOCKEY

## SEASON STATS

### IOWA HAWKEYE FIELD HOCKEY IOWA Combined Team Statistics (as of Oct 18, 2015) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	9-7	5-2	2-4	2-1
CONFERENCE	2-4	2-1	0-3	0-0
NON-CONFERENCE	7-3	3-1	2-1	2-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
Aug 29	vs #11 Wake Forest	Wot 2-1	0	8	Norlander, Stephanie	16	14	4	32	78	.179	48	.615	1	1-1	1
Aug 30	vs #2 North Carolina	L 1-2	0	4	Grew, Makenna	16	7	11	25	14	.500	11	.786	2	0-0	0
Sep 04	vs Richmond	w 5-1	198	1	Ackers, Chandler	16	8	6	22	23	.348	17	.739	0	1-2	1
Sep 06	at James Madison	L 1-4	311	20	Declercq, Veronique	16	6	3	15	66	.091	34	.515	3	0-0	1
Sep 10	#5 STANFORD	L 2-3	122	6	Lefkowitz, Mallory	16	4	4	12	24	.167	14	.583	1	0-0	1
Sep 12	KENT STATE	w 7-1	107	24	Progar, Melissa	16	0	10	10	7	.000	3	.429	0	0-0	0
Sep 13	SAINT LOUIS	w 7-0	117	5	Guagliardo, JoElla	16	3	0	6	8	.375	6	.750	0	0-0	0
* Sep 18	RUTGERS	w 4-3	89	7	Plasteras, Sophie	16	1	3	5	10	.100	6	.600	1	0-0	0
Sep 20	MISSOURI STATE	w 2-0	109	21	Licciardello, I	16	1	3	5	6	.167	5	.833	1	0-0	0
* Sep 25	at Indiana	L 1-3	291	14	Brown, Isabella	16	1	2	4	5	.200	3	.600	0	0-0	0
Sep 27	at Ball State	w 6-1	217	22	Bampfield, Lara	5	1	0	2	1	1.000	1	1.000	0	0-0	0
* Oct 02	at #14 Northwestern	L 0-4	148	12	Omweg, Taylor	16	0	1	1	6	.000	1	.167	0	0-0	0
* Oct 09	at #16 Michigan	L 0-4	639	2	Berkel, Torie	2	0	0	0	2	.000	0	.000	0	0-0	0
Oct 11	at Central Michigan	w 4-1	162	25	Semler, Avery	2	0	0	0	1	.000	1	1.000	0	0-0	0
* Oct 16	MICHIGAN STATE	w 3-1	133	54	Leh, Liz	16	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 18	OHIO STATE	L 1-3	213	15	Kniptash, Riley	10	0	0	0	0	.000	0	.000	0	0-0	0
Total						16	46	47	139	251	.183	150	.598	9	2-3	4
Opponents						16	32	24	88	159	.201	96	.604	7	0-0	4

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	46-251	32-159
Goals scored per game	2.88	2.00
Shot pct.	.183	.201
Shots on goal-Attempts	150-251	96-159
SOG pct.	.598	.604
Shots/Game	15.7	9.9
PENALTY CORNERS	121	86
PENALTY STROKES	2-3	0-0
PENALTIES		
Green cards	12	8
Yellow cards	0	4
Red cards	0	0
ATTENDANCE		
Total	890	1768
Dates/Avg Per Date	7/127	6/295
Neutral Site #/Avg	3/66	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	2	50:11	1	1.39	1	.500	0-0-0	0/1
44	Pecora, Alexandra	16	1072:41	31	2.02	59	.656	9-7-0	1/1
Total		16	1122:52	32	1.99	64	.667	9-7-0	2
Opponents		16	1122:52	46	2.87	104	.693	7-9-0	2

Goals by Period	1st	2nd	OT	Total
IOWA	18	27	1	46
Opponents	15	17	0	32

Shots by Period	1st	2nd	OT	Total
IOWA	98	151	2	251
Opponents	86	73	0	159

Saves by Period	1st	2nd	OT	Total
IOWA	37	27	0	64
Opponents	45	58	1	104

Corners by Period	1st	2nd	OT	Total
IOWA	47	74	0	121
Opponents	41	45	0	86





# IOWA FIELD HOCKEY

## CONFERENCE STATS

### IOWA HAWKEYE FIELD HOCKEY IOWA Combined Team Statistics (as of Oct 18, 2015) Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	2-4	2-1	0-3	0-0
CONFERENCE	2-4	2-1	0-3	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.
* Sep 18	RUTGERS	w 4-3	89
* Sep 25	at Indiana	L 1-3	291
* Oct 02	at #14 Northwestern	L 0-4	148
* Oct 09	at #16 Michigan	L 0-4	639
* Oct 16	MICHIGAN STATE	w 3-1	133
* Oct 18	OHIO STATE	L 1-3	213

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	9-80	18-76
Goals scored per game	1.50	3.00
Shot pct.	.112	.237
Shots on goal-Attempts	44-80	51-76
SOG pct.	.550	.671
Shots/Game	13.3	12.7
PENALTY CORNERS	37	33
PENALTY STROKES	0-0	0-0
PENALTIES		
Green cards	3	3
Yellow cards	0	2
Red cards	0	0
ATTENDANCE		
Total	435	1078
Dates/Avg Per Date	3/145	3/359
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
20	Declercq, Veronique	6	2	1	5	25	.080	10	.400	0	0-0	0
8	Norlander, Stephanie	6	2	1	5	21	.095	12	.571	0	0-0	1
6	Lefkowitz, Mallory	6	2	1	5	11	.182	6	.545	0	0-0	1
4	Grewe, Makenna	6	1	2	4	2	.500	1	.500	1	0-0	0
7	Plasteras, Sophie	6	1	0	2	8	.125	5	.625	1	0-0	0
1	Ackers, Chandler	6	1	0	2	6	.167	6	1.000	0	0-0	1
24	Progar, Melissa	6	0	2	2	2	.000	2	1.000	0	0-0	0
21	Licciardello, I	6	0	1	1	2	.000	1	.500	0	0-0	0
14	Brown, Isabella	6	0	1	1	0	.000	0	.000	0	0-0	0
12	Omweg, Taylor	6	0	0	0	2	.000	0	.000	0	0-0	0
5	Guagliardo, JoElla	6	0	0	0	1	.000	1	1.000	0	0-0	0
54	Leh, Liz	6	0	0	0	0	.000	0	.000	0	0-0	0
15	Kniptash, Riley	1	0	0	0	0	.000	0	.000	0	0-0	0
Total		6	9	9	27	80	.112	44	.550	2	0-0	3
Opponents		6	18	12	48	76	.237	51	.671	4	0-0	3

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	1	24:40	1	2.84	1	.500	0-0-0	0/0
44	Pecora, Alexandra	6	395:20	17	3.01	29	.630	2-4-0	0/0
Total		6	420:00	18	3.00	33	.647	2-4-0	0
Opponents		6	420:00	9	1.50	35	.795	4-2-0	2

Goals by Period	1st	2nd	Total
IOWA	2	7	9
Opponents	7	11	18

Shots by Period	1st	2nd	Total
IOWA	33	47	80
Opponents	44	32	76

Saves by Period	1st	2nd	Total
IOWA	21	12	33
Opponents	17	18	35

Corners by Period	1st	2nd	Total
IOWA	13	24	37
Opponents	18	15	33

