

NCAA OUTDOOR CHAMPIONSHIPS



JUNE 5-8, 2013

Hayward Field || Eugene, Ore.



TRACK & FIELD





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NCAA OUTDOOR CHAMPIONSHIPS || JUNE 5-8, 2013 || EUGENE, ORE.

Nittany Lions Head to Eugene for NCAA Outdoor Championships Track and Field enters national competition with Top 25 rankings in both men's and women's standings

EUGENE, Ore.: June 3, 2013 – Traveling a record number of competitors, the Nittany Lions will be poised for outstanding finishes against the nation's best competition, this week at the NCAA Outdoor Track and Field Championships at Historic Hayward Field at the University of Oregon. Both Nittany Lion squads are touted for impressive finishes, as the Penn State men's team enters the competition at No. 18 in the latest United States Track and Field/Cross Country Coaches' Association (USTFCCCA) rankings, while the women's contingent – the 2013 Big Ten Outdoor Championships – come into the national championships at No. 24.

The Nittany Lions are set to travel a healthy mix of youth and experience to the championships, led by senior and eight-time NCAA qualifier Casimir Loxsom (New Haven, Conn.). Loxsom – a five-time USTFCCCA All-American – will look to close out his Nittany Lion career with a bang, coming off a runner-up finish in the 800 meters at the NCAA Indoor Championships. The senior, who was named "Track Athlete of the Relays" at the prestigious Penn Relays Carnival, has had another season for the record books this spring, clocking 1:46.77 for his signature event at the Mt. SAC Relays in April. Loxsom's season best performance currently ranks third among NCAA competitors.

Also entering the competition in striking position for an NCAA title in sophomore Lauren Kenney (State College, Pa.). Kenney launched a lifetime-best 177-10 (54.02) – the current No. 3 throw in the country – at the NCAA Eastern Preliminary Round. Kenney, who placed fourth at the NCAA Championships a year ago, has been on a roll all season, including individual victories at the Big Ten Championships, as well as the LSU Battle on the Bayou and Alabama Crimson Tide Invitational. By her side will be junior Laura Loht (McClure, Pa.), last year's NCAA bronze medalist in the event. Loht – the 2013 Penn Relays Champion – has also impressed this spring, posting a career-long 169-6 (51.66) at the Eastern Preliminary.

About the NCAA Outdoor Championships ...

When: June 5-8, 2013

Where: Hayward Field (University of Oregon)

Meet Information: www.GoDucks.com; and www.NCAA.com

Results: www.FlashResults.com

Follow the Nittany Lions ...

On Twitter: @PennStateTFXC

On Facebook: PennStateCrossCountryandTrackandField

The Nittany Lions will be represented across all event areas at the championships, including standout redshirt-junior Mahogany Jones (Cleveland, Ohio) in the women's 100- and 200-meters. Jones – the Big Ten 100 Champion – has emerged as one of the top sprinters on the East Coast, as well as in the national rankings, putting up wind-legal lifetime lows of 11.33 in the 100, and 23.19 in the 200 at the Eastern Preliminary. Jones, who scored a total of 21 points towards the Nittany Lions' winning effort at the Big Ten Outdoor Championships, joins a long line of outstanding sprinters in the Nittany Lion record books, becoming the third Penn State woman to qualify for the NCAA Championships in the 100 and 200, following Shavon Greaves in 2010, and Connie Moore, who accomplished the double four times from 2001 to 2004.

For complete preview, log on to www.GoPSUsports.com.

UNIVERSITY QUICK FACTS

Location: University Park, Pa.
Founded: 1855
Enrollment: 43,831
Nickname: Nittany Lions
Colors: Blue and White
President: Rodney Erickson
Director of Athletics: David Joyner
Senior Woman Administrator: Charmelle Green
Faculty Representative: Linda Caldwell
University Website www.PSU.edu
Athletics Website: www.GoPSUsports.com

TRACK AND FIELD QUICK FACTS

Director and Head Coach of TF/XC Beth Alford-Sullivan
Associate Head Coach John Gondak
Assistant Coach (Sprints/Hurdles/Relays) Randy Bungard
Assistant Coach (Throws) Pat Ebel
Assistant Coach (Men's Jumps/Multi's/Pole Vault) Kevin Kelly
Assistant Coach (Women's Jumps/Multi's) Fritz Spence
Director of Operations Jess Riden
Director of Operations Megan Monroig
Volunteer Assistants Jim Sullivan
..... Artie Gilkes
..... Ryan Whiting
..... Kara Millhouse
Athletic Trainers Michael Gay
..... Ben Evans
Sports Nutritionist Kris Clark
Sports Psychologist Dave Yukelson
Academic Advisor Nate Althouse

PENN STATE PRONUNCIATION GUIDE

MEN'S PRONUNCIATIONS

Brannon Kidder BRANN-IN (Not Brandon)
Casimir Loxsom Cazz-uh-MEER Locks-Um
Emunael Mpanduki em-uh-NILE PAN-doo-kee

WOMEN'S PRONUNCIATIONS

Laura Loht l-OH-t (Like "Boat")
Kiah Seymour KEY-uh

MEDIA INFORMATION

ATHLETIC COMMUNICATIONS CONTACT Jess Riden
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CELL (814) 883-6616
WEBSITE www.GoPSUsports.com



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USTFCCCA Men's Rankings

Rank	School	Conference	Head Coach (Yr)
1	Texas A&M	SEC	Pat Henry (9th)
2	Arkansas	SEC	Chris Bucknam (5th)
3	Oregon	Pac-12	Robert Johnson (1st)
4	Florida	SEC	Mike Holloway (11th)
5	Florida State	ACC	Bob Braman (10th)
6	LSU	SEC	Dennis Shaver (9th)
7	USC	Pac-12	Ron Alice (19th)
8	Texas	Big 12	Bubba Thornton (18th)
9	Nebraska	Big Ten	Gary Pepin (30th)
10	Virginia Tech	ACC	Dave Cianelli (12th)
11	Georgia	SEC	Wayne Norton (14th)
12	TCU	Big 12	Darryl Anderson (9th)
13	Wisconsin	Big Ten	Ed Nuttycombe (29th)
14	Mississippi	SEC	Brian O'Neal (1st)
15	Kansas	Big 12	Stanley Redwine (13th)
16	Alabama	SEC	Dan Waters (2nd)
17	Oklahoma State	Big 12	Dave Smith (5th)
18	Penn State	Big Ten	Beth Alford-Sullivan (7th)
19	UCLA	Pac-12	Mike Maynard (4th)
20	Iowa	Big Ten	Larry Wiecezorek (17th)
21	Ohio State	Big Ten	Ed Beathea (2nd)
22	Arizona	Pac-12	Fred Harvey (11th)
23	Mississippi State	SEC	Steve Dudley (3rd)
24	BYU	Independent	Mark Robison (13th)
25	Kansas State	Big 12	Cliff Rovelto (21st)

USTFCCCA Women's Rankings

Rank	School	Conference	Head Coach (Yr)
1	Kansas	Big 12	Stanley Redwine (13th)
2	Texas A&M	SEC	Pat Henry (9th)
3	Florida	SEC	Mike Holloway (6th)
4	LSU	SEC	Dennis Shaver (9th)
5	Oregon	Pac-12	Robert Johnson (1st)
6	Arizona	Pac-12	Fred Harvey (11th)
7	Arkansas	SEC	Lance Harter (23rd)
8	UCF	Conference USA	Caryl Smith Gilbert (6th)
9	Arizona State	Pac-12	Greg Kraft (17th)
10	Georgia	SEC	Wayne Norton (14th)
11	Stanford	Pac-12	Chris Miltenberg (1st)
12	Texas	Big 12	Rose Brimmer (1st)
13	Clemson	ACC	Shawn Cobey (1st)
14	UCLA	Pac-12	Mike Maynard (1st)
15	Iowa State	Big 12	Corey Ihmels (6th)
16	Illinois	Big Ten	Tonja Buford-Bailey (5th)
17	Texas Tech	Big 12	Wes Kittley (14th)
18	Florida State	ACC	Bob Braman (10th)
19	USC	Pac-12	Ron Alice (19th)
20	Washington	Pac-12	Greg Metcalf (11th)
21	Wichita State	Missouri Valley	Steve Rainbolt (13th)
22	South Carolina	SEC	Curtis Frye (17th)
23	San Diego State	Mountain West	Shelia Burrell (4th)
24	Penn State	Big Ten	Beth Alford-Sullivan (14th)
25	Michigan State	Big Ten	Walt Drenth (7th)

SEASON HIGHLIGHTS SO FAR ...

2013 BIG TEN OUTDOOR CHAMPIONSHIPS

Penn State Women 133 Points
**** Three Big Ten Champions**
**** 10 Big Ten Medalists**
 * Seventh Team Title in Program History

Beth Alford-Sullivan Women's Coach of the Year



2013 BIG TEN CHAMPIONS

Mahagony Jones Women's 100 Meters
 Evonne Britton Women's 100-Meter Hurdles
 Lauren Kenney Women's Javelin

BIG TEN SILVER MEDALISTS (All-Conference Second Team)

Mahagony Jones Women's 200 Meters
 Marta Klebe Women's 1500 Meters
 Kiah Seymour Women's 400-Meter Hurdles
 Laura Loht Women's Javelin

Casimir Loxsom Men's 800 Meters
 Robby Creese Men's 1500 Meters

PENN RELAYS CARNIVAL "Championship of America" Winners

Kidder, Br. Bennett-Green. Men's DMR
 Loxsom, Creese

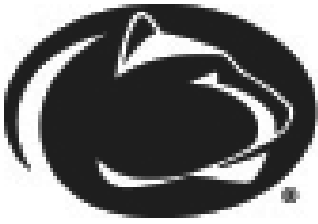
**** 9:24.68 - School Record, 2013 NCAA Leader**
**** Sixth Fastest Program in NCAA History**

Creese, Watkins, Loxsom, Kidder Men's 4x800
**** 7:14.14, 2013 NCAA Leader**
**** Second-Straight Penn Relays Win**

PENN RELAYS CARNIVAL Individual Champions

Natalie Bower Women's 3,000-Meter Steeplechase
 Laura Loht Women's Javelin
 Brittney Howell Women's Heptathlon

Casimir Loxsom "Track Athlete of the Relays" Award Winner



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Beth Alford-Sullivan
Director and Head Coach
14th Year
Minnesota, '89
Distance, XC
bxa10@psu.edu



John Gondak
Associate Head Coach
Seventh Year
Syracuse, '95
Middle Distance, XC
jeg33@psu.edu



Randy Bungard
Assistant Coach
First Year
Virginia Tech, '87
Sprints, Hurdles, Relays
rjb52@psu.edu



Kevin Kelly
Assistant Coach
First Year
Kutztown, '99
Men's Jumps, Multi's, PV
kgk134@psu.edu



Jess Riden
Director of Operations
Seventh Year
Penn State, '04
jnr126@psu.edu



Pat Ebel
Assistant Coach
First Year
UW-La Crosse, '92
Throws
pwe2@psu.edu



Fritz Spence
Assistant Coach
Seventh Year
Missouri State, '97
Women's Jumps, Multi's
fgs110@psu.edu



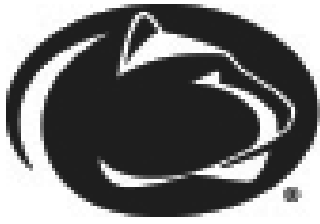
Megan Monroig
Director of Operations
First Year
Penn State, '11
mem5267@psu.edu

Sullivan in 2012-13 ...

- * 2013 Big Ten "Coach of the Year"
- * 2013 Big Ten Women's Outdoor Champions
- * USTFCCCA Mid-Atlantic Men's Indoor "Coach of the Year"
- * USTFCCCA Mid-Atlantic Women's XC "Coach of the Year"

Sullivan at Penn State ...

- * 138 USTFCCCA All-Americans
- * 3 NCAA Individual Champions
 - * 1 NCAA Champion Relay
- * 81 Big Ten Individual Champions
- * 16 Conference Winning Relays
 - * 7 Big Ten Team Titles
- * 2 NCAA "Trophy Team" Finishes
- * 1 Big Ten "Triple Crown" (2009-10)
- * 2010 USTFCCCA "Scholar Team of the Year"



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WEDNESDAY EVENT SCHEDULE

WEDNESDAY TRACK EVENTS

Start Time	Event	Division	Round	Penn State
4:00 PM	4x100 Relay	Women	Semifinal	
4:15 PM	4x100 Relay	Men	Semifinal	
4:30 PM	800 Meters	Women	Semifinal	
4:45 PM	800 Meters	Men	Semifinal	Loxsom, Kidder, West
5:00 PM	400 Meters	Women	Semifinal	
5:15 PM	400 Meters	Men	Semifinal	
5:30 PM	100 Meters	Women	Semifinal	Jones
5:45 PM	100 Meters	Men	Semifinal	
6:00 PM	400 Hurdles	Women	Semifinal	Seymour
6:15 PM	400 Hurdles	Men	Semifinal	
6:30 PM	400 Meters	Men	Decathlon	
6:45 PM	3000 Steeplechase	Men	Semifinal	
7:10 PM	10,000 Meters	Women	Final	

WEDNESDAY FIELD EVENTS

Start Time	Event	Division	Round	Penn State
1:30 PM	Hammer	Women	Trials/Final	Kurzdorfer
4:00 PM	Pole Vault	Men	Final	
4:15 PM	Long Jump	Women	Trials/Final	
5:15 PM	Javelin	Women	Trials/Final	Kenney, Loht
5:30 PM	Shot Put	Men	Trials/Final	

THURSDAY EVENT SCHEDULE

THURSDAY TRACK EVENTS

Start Time	Event	Division	Round	Penn State
4:00 PM	200 Meters	Women	Semifinal	Jones
4:15 PM	200 Meters	Men	Semifinal	
4:30 PM	1500 Meters	Women	Semifinal	
4:45 PM	1500 Meters	Men	Semifinal	Creese
5:05 PM	100 Hurdles	Women	Semifinal	Britton
5:20 PM	110 Hurdles	Men	Semifinal	
5:35 PM	3000 Steeplechase	Women	Semifinal	Bower
6:05 PM	200 Meters	Women	Heptathlon	
6:20 PM	4x400 Relay	Women	Semifinal	Penn State TBA
6:40 PM	4x400 Relay	Men	Semifinal	Penn State TBA
7:00 PM	1500 Meters	Men	Decathlon	
7:15 PM	10,000 Meters	Men	Final	

THURSDAY FIELD EVENTS

Start Time	Event	Division	Round	Penn State
1:30 PM	Hammer	Men	Trials/Final	
2:00 PM	Discus	Women	Trials/Final	Kurzdorfer
4:30 PM	Long Jump	Men	Trials/Final	

DID YOU KNOW ...

** Sam Masters is Penn State's first qualifier in the M 5K since Steve Brown in 1990 **

** Dating back to 1998, PSU has had at least one entrant in the women's javelin in 15 of the last 16 NCAAs! **

** The last time the NCAA Championships were in Eugene, the Nittany Lion women finished off a record-setting year with a fourth-place "trophy" finish in the team standings **



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FRIDAY EVENT SCHEDULE

FRIDAY TRACK EVENTS

Start Time	Event	Division	Round	Penn State
4:30 PM	400 Hurdles	Women	Final	Qualifiers
4:40 PM	400 Hurdles	Men	Final	
4:50 PM	800 Meters	Women	Heptathlon	
5:00 PM	100 Meters	Women	Final	Qualifiers
5:10 PM	100 Meters	Men	Final	
5:20 PM	800 Meters	Women	Final	
5:30 PM	800 Meters	Men	Final	Qualifiers
5:40 PM	3000 Steeplechase	Men	Final	
5:55 PM	400 Meters	Women	Final	
6:05 PM	400 Meters	Men	Final	
6:15 PM	5000 Meters	Women	Final	

FRIDAY FIELD EVENTS

Start Time	Event	Division	Round	Penn State
3:15 PM	Pole Vault	Women	Final	
3:20 PM	High Jump	Men	Final	Reilly
3:25 PM	Triple Jump	Women	Trials/Final	
4:00 PM	Discus	Men	Trials/Final	

SATURDAY EVENT SCHEDULE

SATURDAY TRACK EVENTS

Start Time	Event	Division	Round	Penn State
2:05 PM	4x100 Relay	Women	Final	
2:12 PM	4x100 Relay	Men	Final	
2:19 PM	1500 Meters	Women	Final	
2:31 PM	1500 Meters	Men	Final	Qualifiers
2:43 PM	200 Meters	Women	Final	Qualifiers
2:50 PM	200 Meters	Men	Final	
2:57 PM	3000 Steeplechase	Women	Final	Qualifiers
3:09 PM	100 Hurdles	Women	Final	Qualifiers
3:16 PM	110 Hurdles	Men	Final	
3:23 PM	5000 Meters	Men	Final	Masters
3:43 PM	4x400 Relay	Women	Final	Qualifiers
3:50 PM	4x400 Relay	Men	Final	Qualifiers

SATURDAY FIELD EVENTS

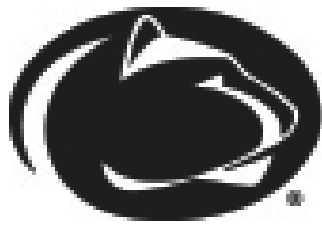
Start Time	Event	Division	Round	Penn State
12:30 PM	Triple Jump	Men	Trials/Final	
12:30 PM	Javelin	Men	Trials/Final	Shuey
12:45 PM	High Jump	Women	Final	
1:00 PM	Shot Put	Women	Trials/Final	

DID YOU KNOW ...

** Penn State's first-ever NCAA Champion in track and field was John Roming (2-Mile, 1921) **

** The Nittany Lions' last NCAA winner was Bridget Franek, who won the steeplechase in Eugene in 2010 **

** Penn State has had at least one athlete in the NCAA womens' steeplechase in eight of the event's 13-yr history, including a 6 yr-streak from 2005-10 **



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PENN STATE || NCAA HISTORY

Women's All-Time NCAA Outdoor Team Finishes

Year	Place	Points
2012	29th	10 pts
2011	44th	5 pts
2010	4th (TROPHY TEAM)	34 pts
2009	14th	17 pts
2008	4th (TROPHY TEAM)	39 pts
2007	T-27th	9 pts
2006	T-25th	10 pts
2005	T-60th	3 pts
2004	21st	11 pts
2003	10th	24 pts
2002	T-45th	4 pts
2001	T-67th	1 pt
1999	T-24th	11 pts
1997	T-45th	4 pts
1996	T-58th	1 pt
1994	T-55th	2 pts
1993	25th	9 pts
1992	T-59th	1 pt
1991	T-39th	5 pts
1989	T-46th	4 pts
1984	T-20th	25 pts
1983	23rd	18 pts

Men's All-Time NCAA Outdoor Team Finishes

Year	Place	Points
2012	T-21st	13 pts
2011	T-20th	11 pts
2010	T-23rd	11 pts
2009	T-62nd	2 pts
2002	T-68th	1 pt
2001	T-39th	5 pts
1999	T-58th	3 pts
1998	T-27th	8 pts
1997	T-66th	2 pts
1996	T-41st	7 pts
1993	20th	13 pts
1990	T-38th	8 pts
1989	T-44th	5 pts
1988	T-35th	8 pts
1987	T-18th	15 pts
1985	29th	9 pts
1983	T-74th	4 pts
1981	T-36th	4 pts
1980	T-41st	4 pts
1976	T-12th	16 pts
1975	T-19th	11 pts
1973	T-16th	13 pts
1972	T-22nd	8 pts
1971	T-24th	7 pts
1970	T-46th	2 pts
1966	T-8th	20 pts
1965	T-30th	8 pts
1961	T-16th	10 pts
1960	T-25th	8 pts
1959	T-25th	7 pts
1958	41st	1 pt
1957	T-26th	6 pts
1955	T-9th	14 pts
1954	T-18th	7 pts
1953	T-40th	1/3 pt
1951	T-31st	2 pts
1950	T-38th	1 pt
1949	5th	25 pts
1948	T-26th	8 pts
1947	6th	20 pts
1941	6th	20 pts
1940	T-3rd	24 pts
1939	T-25th	4 pts
1938	14th	10 pts
1930	T-37th	2 pts
1923	4th	13.5 pts
1922	2nd	19.5 pts
1921	T-11th	5 pts

All Americans By Event

Men's Events	Total	Most Recent	Highest Finish
100-Meters *	4	Bob Brown, 1961	1st, Barney Ewell (1940, 1941)
200-Meters *	7	Ryan Olkowski, 2002	1st, Barney Ewell (1941)
400-Meters *	2	Brady Gehret, 2012	5th, Mike Sands (1975)
800-Meters *	5	Casimir Loxsom, 2011	1st, Alan Helffrich (1922, 1932)
1500-Meters &	8	Bob Hamer, 1994	1st, Gerald Karver (1947)
			1st, Schulyer Ench (1923)
3000m Steeple	4	Rick Garcia, 1983	4th, George Malley (1976)
5000-Meters ^	6	Steve Brown, 1990	2nd, Greg Fredericks (1972)
			2nd, Horace Ashenfelter (1948)
10,000-Meters *	7	Tyler McCandless, 2010	7th, Eric Carter (1987)
			1st, Charlie Maguire (1973) - 6 Mile
110 Hurdles *	7	Guy Rose, 2001	1st, Harold Barron (1922)
400 Hurdles *	6	Brian Derby, 2001	2nd, Mike Shine (1976)
4x100 Relay *	1	Finkel, Singelton, Sands, Scott, 1973	6th (1973)
4x400 Relay	1	Nadolsky, Bennett-Green, Loxsom, Gehret	4th (2012)

High Jump	2	Ryan Fritz, 2010	4th, Ryan Fritz (2010)
Long Jump	6	George Audu, 1998	3rd, Steve Pina (1996)
Triple Jump	5	Clarence Smith, 2009	2nd, Warren Rockwell (1961)
Shot Put	9	Joe Kovacs, 2012	2nd, C.J. Hunter (1990)
Discus	3	Brian Milne, 1993	1st, Brian Milne (1993)
Hammer	2	Al Jackson, 1976	4th, Al Jackson (1973)
Javelin	11	Troy Burkholder, 1998	1st, Nick Vukmanic (1938)
			1st, Jim Stevenson (1966)
Decathlon	5	James Cook, 1998	5th, Rick Kleban (1985)

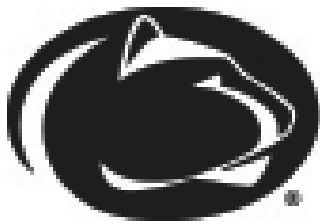
* - Yards Prior to 1976
 & - One Mile Prior to 1976
 ^ - 3-Miles Prior to 1976
 ! - 6-Miles Prior to 1976

Women's Events	Total	Most Recent	Highest Finish
100-Meters	3	Connie Moore, 2004	5th, Connie Moore (2003)
200-Meters	4	Shavon Greaves, 2010	3rd, Connie Moore (2003)
400-Meters	4	Shana Cox, 2008	1st, Shana Cox (2008)
800-Meters	1	Terry Pioli, 1981	6th, Terry Pioli (1981)
1500-Meters	5	Susanne Heyer, 1999	2nd, Kris Bankes (1976)
3000m Steeple	4	Bridget Franek, 2010	1st, Bridget Franek (2010)
5000-Meters	2	Paula Renzi, 1984	1st, Kathy Mills (1978)
10,000-Meters	4	Donna Fidler, 1997	4th, Kelli Hunt (1993)
100 Hurdles	2	Aleesha Barber, 2010	3rd, Aleesha Barber (2010)
400 Hurdles	4	Fawn Dorr, 2010	4th, Fawn Dorr (2010)

4x400m Relay	4 Teams	Anyanwu, Greaves, Iheoma, Duncan (2011)	1st, Blake, Barber, Hunter, Cox (2008)
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Long Jump	4	Gayle Hunter, 2008	5th, Gayle Hunter (2008)
Triple Jump	3	Chi-Chi Aduba, 2004	5th, Carmen Mann (1989)
Shot Put	4	Elaine Sobansky, 1994	2nd, Elaine Sobansky (1994)
Discus	3	Deshaya Williams, 2003	1st, Deshaya Williams (2003)
Hammer	2	Jennifer Leatherman, 2006	5th, Jennifer Leatherman (2006)
Javelin	15	L. Loht, L. Kenney, 2012	3rd, Karlee McQuillen (2010)
			3rd, Laura Loht (2012)
Heptathlon	5	Gayle Hunter, 2009	4th, Pam Connell (1991)

BOLD - Denotes Top 25 Finish



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WOMEN'S ALL-AMERICA HISTORY

WOMEN'S OUTDOOR ALL AMERICANS

Year	Athlete	Event	Place
1976	Bankes, Kris	1500-Meters	2nd
1976	Bankes, Kris	2-Mile	3rd
1977	Bankes, Kris	3000-Meters	5th
1978	Bankes, Kris	3000-Meters	2nd
1978	Mills, Kathy	3000-Meters	1st
1978	Byrnes, Kathy	4x800-Meter Relay	2nd
1978	Fales, Penny	4x800-Meter Relay	2nd
1978	Miller, Sandy	4x800-Meter Relay	2nd
1978	Ventura, Lea	4x800-Meter Relay	2nd
1978	Mills, Kathy	5000-Meters	1st
1980	Carmichael, Heather	3000-Meters	3rd
1981	Rawe, Mary	1500-Meters	3rd
1981	Pioli, Terry	800-Meters	6th
1981	Sobansky, Elaine	Shot Put	4th
1982	Hart, Tammi	400-Meter Hurdles	5th
1982	Riddick, Vivian	Long Jump	6th
1982	Sobansky, Elaine	Shot Put	3rd
1983	Startare, Doreen	1500-Meters	5th
1983	Sobansky, Elaine	Shot Put	6th
1984	Renzi, Paula	5000-Meters	6th
1984	Senz, Marilyn	Javelin	6th
1989	Mann, Carmen	Triple Jump	5th
1991	Connell, Pam	Heptathlon	4th
1992	Mitchell, Shelley	Heptathlon	8th
1992	Gibbs, Stacey	Javelin	10th
1993	Hunt, Kelli	10,000-Meters	4th
1993	Kelly, Kim	10,000-Meters	5th
1994	Hunt, Kelli	10,000-Meters	7th
1994	Sobansky, Elaine	Shot Put	2nd
1996	Gusic, Becky	Javelin	10th
1996	Kisty, Denika	Javelin	10th
1997	Fidler, Donna	10,000-Meters	7th
1997	McGreevy, Kim	1500-Meters	7th
1998	Pastore, Jen	Javelin	4th
1998	Walker, Shakeema	Triple Jump	7th
1999	Heyer, Susanne	1500-Meters	4th
1999	Williams, Deshaya	Discus	6th
1999	Walker, Shakeema	Long Jump	8th
2001	Johnson, Brianne	Javelin	8th
2002	Moore, Connie	100-Meters	9th
2002	Moore, Connie	200-Meters	12th
2002	Williams, Deshaya	Discus	6th
2002	Johnson, Brianne	Javelin	8th
2003	Moore, Connie	100-Meters	5th
2003	Moore, Connie	200-Meters	3rd
2003	Landreth, Molly	3000 Steeplechase	11th
2003	Williams, Deshaya	Discus	1st
2003	Colley, Ashley	Javelin	11th
2003	Johnson, Brianne	Javelin	5th
2004	Moore, Connie	100-Meters	7th
2004	Moore, Connie	200-Meters	5th
2004	Aduba, Chi-Chi	Long Jump	6th
2004	Aduba, Chi-Chi	Triple Jump	7th
2005	Cox, Shana	400-Meters	9th
2005	Leatherman, Jennifer	Hammer	7th
2005	Bruch, Diana	Javelin	8th

WOMEN'S OUTDOOR ALL AMERICANS

Year	Athlete	Event	Place
2006	Cox, Shana	400-Meters	3rd
2006	Leatherman, Jennifer	Hammer	5th
2007	Barber, Aleesha	400-Meter Hurdles	12th
2007	Cox, Shana	400-Meters	2nd
2007	Hunter, Gayle	Heptathlon	8th
2008	Cox, Shana	400-Meters	1st
2008	Barber, Aleesha	100-Meter Hurdles	4th
2008	Franek, Bridget	3000 Steeplechase	3rd
2008	Blake, Dominique	4x400-Meter Relay	1st
2008	Barber, Aleesha	4x400-Meter Relay	1st
2008	Hunter, Gayle	4x400-Meter Relay	1st
2008	Cox, Shana	4x400-Meter Relay	1st
2008	Hunter, Gayle	Heptathlon	5th
2008	Hunter, Gayle	Heptathlon	5th
2008	McQuillen, Karlee	Javelin	9th
2008	Hunter, Gayle	Long Jump	5th
2009	Franek, Bridget	3000 Steeplechase	4th
2009	Dorr, Fawn	400-Meter Hurdles	6th
2009	Barber, Aleesha	4x400-Meter Relay	4th
2009	Dorr, Fawn	4x400-Meter Relay	4th
2009	Greaves, Shavon	4x400-Meter Relay	4th
2009	Hunter, Gayle	4x400-Meter Relay	4th
2009	McQuillen, Karlee	Javelin	10th
2010	Greaves, Shavon	200-Meters	7th
2010	Barber, Aleesha	100-Meter Hurdles	3rd
2010	Dorr, Fawn	400-Meter Hurdles	4th
2010	Franek, Bridget	3000 Steeplechase	1st
2010	Anyanwu, Doris	4x400-Meter Relay	4th
2010	Barber, Aleesha	4x400-Meter Relay	4th
2010	Dorr, Fawn	4x400-Meter Relay	4th
2010	Greaves, Shavon	4x400-Meter Relay	4th
2010	McQuillen, Karlee	Javelin	3rd
2011	Anyanwu, Doris	4x400-Meter Relay	4th
2011	Greaves, Shavon	4x400-Meter Relay	4th
2011	Iheoma, Ije	4x400-Meter Relay	4th
2011	Duncan, Megan	4x400-Meter Relay	4th
2012	Loht, Laura	Javelin	3rd
2012	Kenney, Lauren	Javelin	4th

BOLD - NATIONAL CHAMPION

*** NCAA Era Began in 1982**



TRACK & FIELD

NCAA OUTDOOR CHAMPIONSHIPS || JUNE 5-8, 2013 || EUGENE, ORE.

MEN'S ALL-AMERICA HISTORY

MEN'S OUTDOOR ALL AMERICANS

Year	Athlete	Event	Place
1921	Romig, John	2-Mile	1st
1922	Barron, Harold	120 yd HH	1st
1922	Helffrich, Alan	880 Yards	1st
1922	Shields, Larry	Mile	1st
1923	Helffrich, Alan	880 Yards	1st
1923	Enck, Schuyler	Mile	1st
1938	Vukmanic, Nick	Javelin	1st
1939	Vukmanic, Nick	Javelin	***
1940	Ewell, Barney	100 Yards	1st
1940	Ewell, Barney	220 Yards	1st
1940	Vukmanic, Nick	Javelin	4th
1940	Ewell, Barney	Long Jump	***
1941	Ewell, Barney	100 Yards	1st
1941	Ewell, Barney	220 Yards	1st
1941	Ewell, Barney	Long Jump	***
1942	Ewell, Barney	100 Yards	***
1942	Ewell, Barney	220 Yards	***
1942	Ewell, Barney	Long Jump	***
1947	Stone, Curtis	2-Mile	2nd
1947	Ashenfelter, Horace	2-Mile	***
1947	Karver, Gerald	Mile	1st
1948	Ashenfelter, Horace	5000-Meters	2nd
1949	Gehrdes, Jim	120 yd HH	3rd
1949	Lancaster, Wilbur	220 Yards	6th
1949	Gehrdes, Jim	220 yd LH	2nd
1949	Perry, Rod	220 yd LH	***
1949	Ashenfelter, Horace	2-Mile	1st
1950	Gehrdes, Jim	120 yd HH	***
1951	Roderes, Ted	Javelin	5th
1954	Hollen, Bob	2-Mile	***
1954	Blockson, Charles	Shot Put	***
1954	Grier, Roosevelt	Shot Put	***
1955	Youkers, Bill	120 yd HH	4th
1955	Pollard, Art	220 Yards	***
1957	Perry, Rod	120 yd HH	***
1958	Moran, Ed	Mile	6th
1960	Moorehead, Steve	3000 Steeplechase	***
1961	Brown, Bob	100 Yards	***
1961	Moorehead, Steve	3000 Steeplechase	***
1961	Norman, Gerry	3-Mile	***
1961	Rockwell, Warren	Triple Jump	2nd
1965	Hedmark, Lennart	Javelin	***
1966	Stevenson, Jim	Javelin	1st
1966	Krombolz, Ernie	Javelin	5th
1970	Fredericks, Greg	3-Mile	5th
1971	Fredericks, Greg	3-Mile	2nd
1972	Fredericks, Greg	5000-Meters	2nd
1973	Finkel, Doug	440 Yd Relay	6th
1973	Sands, Mike	440 Yd Relay	6th
1973	Scott, Jim	440 Yd Relay	6th
1973	Singleton, Fred	440 Yd Relay	6th
1973	Maguire, Charlie	6-Mile	1st
1973	Jackson, Al	Hammer	4th
1975	Shine, Mike	440 Yard IH	6th
1975	Sands, Mike	440 Yards	5th
1975	Hjeltnes, Knut	Discus	3rd
1975	Hjeltnes, Knut	Shot Put	5th
1976	Shine, Mike	110-Meter Hurdles	5th
1976	Malley, George	3000 Steeplechase	4th
1976	Shine, Mike	400-Meter Hurdles	2nd

MEN'S OUTDOOR ALL AMERICANS

Year	Athlete	Event	Place
1976	Jackson, Al	Hammer	5th
1977	Stemmer, Paul	10,000-Meters	8th
1978	Ziegler, John	10,000-Meters	8th
1980	Lankford, Paul	400-Meter Hurdles	4th
1981	Lankford, Paul	400-Meter Hurdles	4th
1983	Garcia, Rick	3000 Steeplechase	9th
1985	Moore, Randy	800-Meters	4th
1985	Kleban, Rick	Decathlon	5th
1986	Carter, Eric	10,000-Meters	10th
1987	Carter, Eric	10,000-Meters	7th
1987	Balkey, Steve	1500-Meters	6th
1987	Masgay, Dave	Decathlon	7th
1988	Balkey, Steve	1500-Meters	5th
1988	Timpson, Michael	200-Meters	10th
1988	Hunter, C.J.	Shot Put	5th
1989	Hunter, C.J.	Shot Put	4th
1990	Walter, Doug	1500-Meters	10th
1990	Brown, Steve	5000-Meters	11th
1990	Hunter, C.J.	Shot Put	2nd
1990	Hall, Ricardo	Triple Jump	13th
1992	Milne, Brian	Discus	13th
1993	Cripanuk, Kevin	400-Meter Hurdles	8th
1993	Milne, Brian	Discus	1st
1993	Davis, Antonio	Triple Jump	6th
1994	Wimmer, Mark	10,000-Meters	9th
1994	Hamer, Bob	1500-Meters	9th
1994	Austin, Rob	Javelin	10th
1995	Cook, James	Decathlon	9th
1996	Austin, Rob	Javelin	8th
1996	Pina, Steve	Long Jump	3rd
1997	Cook, James	Decathlon	13th
1997	Gorham, John	Long Jump	11th
1998	Cook, James	Decathlon	12th
1998	Burkholder, Troy	Javelin	12th
1998	Wolter, Carl	Javelin	7th
1998	Audu, George	Long Jump	4th
1998	Gorham, John	Long Jump	6th
1998	Audu, George	Long Jump	6th
2001	Rose, Guy	110-Meter Hurdles	12th
2001	Derby, Brian	400-Meter Hurdles	4th
2002	Olkowski, Ryan	200-Meters	8th
2007	Fritz, Ryan	High Jump	T-9th
2008	Smith, Clarence	Triple Jump	9th
2009	Foster, Ryan	800-Meters	8th
2009	Smith, Clarence	Triple Jump	8th
2010	Fritz, Ryan	High Jump	4th
2010	Eaton, Blake	Shot Put	3rd
2011	Loxsom, Casimir	800-Meters	4th
2011	Kovacs, Joe	Shot Put	3rd
2012	Gehret, Brady	400-Meters	6th
2012	Nadolsky, Aaron	4x400-Meter Relay	4th
2012	Bennett-Green, Br.	4x400-Meter Relay	4th
2012	Loxsom, Casimir	4x400-Meter Relay	4th
2012	Gehret, Brady	4x400-Meter Relay	4th
2012	Kovacs, Joe	Shot Put	4th

BOLD - NATIONAL CHAMPION



TRACK & FIELD

Bennett-Green in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400	P	47.19	34
NCAA Division I East Preliminary Round	4x4	P	3:06.87	3
Big Ten Outdoor Conference Championships	400	F	47.24	8
Big Ten Outdoor Conference Championships	400	P	47.38	9
Jim Thorpe Open	400	F	47.9	1
Jim Thorpe Open	200	F	22.51	8
Jim Thorpe Open	4x1	F	41.76	1
Penn Relays	4x4	F	3:06.21	1 (IC4A)
Team Challenge	200	F	21.68 (w)	2
Team Challenge	400	F	48.91	1
LSU Battle on the Bayou	400	F	47.8	10
LSU Battle on the Bayou	4x1	F	40.75	3
LSU Battle on the Bayou	4x4	F	3:09.80	4
Crimson Tide Invitational	400	F	47.81	8
Crimson Tide Invitational	4x1	F	41.04	3

Personal Bests

Event	Indoor	Outdoor
200 Meters	22.51	21.93
400 Meters	47.72	47.19
4x400-Meter Relay	3:08.56	3:06.21

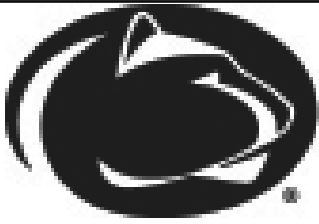
Bennett-Green's Career Highlights ...

- * 2013 NCAA First Round Qualifier (400m, 4x400)
- * 2013 Penn Relays IC4A Champion (4x400)
- * Big Ten Finalist (Outdoor, 400m)
- * Big Ten Bronze Medalist (Indoor, 4x400m)



BERNARD BENNETT-GREEN

JUNIOR
PHILADELPHIA, PA.
SPRINTS/RELAYS



TRACK & FIELD

Bennett-Green in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400	P	47.64	22
NCAA Division I East Preliminary Round	400	P	46.52	16
NCAA Division I East Preliminary Round	4x4	P	3:06.87	3
Big Ten Outdoor Conference Championships	400	F	46.99	4
Big Ten Outdoor Conference Championships	400	P	47.28	8
Jim Thorpe Open	4x1	F	41.76	1
Penn Relays	1600SMR	F	3:18.52	
Penn Relays	4x4	P	3:12.29	
Penn Relays	DMR	F	9:24.68	
Penn Relays	4x4	F	3:06.21	
Team Challenge	4x1	F	40.98	1
LSU Battle on the Bayou	200	F	21.40 (w)	7
LSU Battle on the Bayou	400	F	46.78	4



Personal Bests

Event	Indoor	Outdoor
200 Meters	21.47	21.13
400 Meters	46.82	45.94
4x400-Meter Relay	3:05.22	3:01.52
Distance Medley	9:26.60	9:24.69

Bennett-Green's Career Highlights ...

- * 2x USTFCCCA All-American
- * 2x NCAA Runner Up (2012 Indoor, 4x400; 2013 Indoor, DMR)
- * Big Ten Champion (2012 Outdoor, 4x400)
- * 5x Penn State Record Holder
- * 2x Penn Relays Champion
- * Collegiate Record Holder - Indoor 4x200m (1:25.52)



BRANDON BENNETT-GREEN

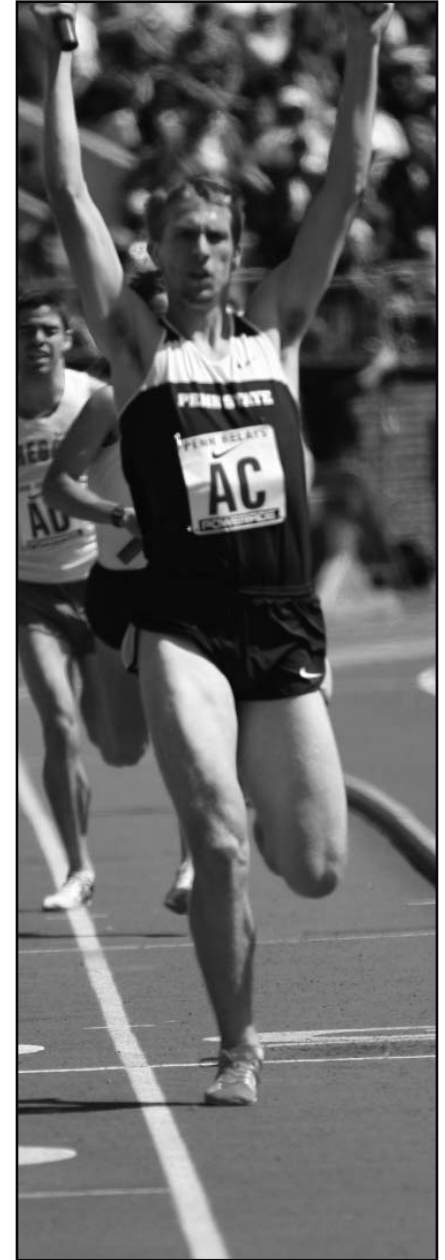
JUNIOR
PHILADELPHIA, PA.
SPRINTS/RELAYS



TRACK & FIELD

Creese in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	1500	P	3:41.03	7
NCAA Division I East Preliminary Round	1500	P	3:49.43	4
Big Ten Outdoor Conference Championships	1500	F	3:45.39	2
Big Ten Outdoor Conference Championships	1500	P	3:44.93	1
Penn Relays	DMR	F	9:24.68	1
Penn Relays	4x8	F	7:14.14	1
55th Mt. SAC Relays	1500	F	3:43.72	10
Bison Outdoor Classic	1500	F	3:41.32	1
Crimson Tide Invitational	800	F	1:48.98	2



Personal Bests

Event	Indoor	Outdoor
800 Meters	1:48.64	1:48.98
1000 Meters	2:19.53	***
1500 Meters	***	3:41.03
Mile	3:57.11	***
Distance Medley	9:26.60	9:24.69

Creese's Career Highlights ...

- * USTFCCCA All-American
- * NCAA Runner Up (Indoor 2013, DMR)
- * 3x Big Ten Champion
- * 2x Big Ten Freshman of the Year
- * 2012 USTFCCCA Mid-Atlantic Indoor Track Athlete of the Year
- * Collegiate Record Holder - Indoor 1000m (2:19.53)
- * 4x Penn State Record Holder
- * 3x Penn Relays Champion



ROBBY CREESE

**SOPHOMORE
MOUNT AIRY, MD.
MIDDLE DISTANCE**



TRACK & FIELD

Gilmore in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	4x4	P	3:06.87	3
Big Ten Outdoor Conference Championships	200	P	21.63	16
Penn Relays	SMR	F	3:18.52	3rd
Penn Relays	4x4	P	3:12.29	6th (H)
Penn Relays	4x4	F	3:06.21	2 (IC4A)



Personal Bests

Event	Indoor	Outdoor
200 Meters	21.66	21.63
400 Meters	47.65	47.77
4x400 Meters	3:07.72	3:04.78
DMR	9:39.87	***

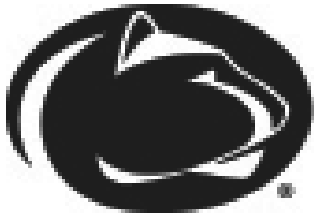
Gilmore's Career Highlights ...

- * Big Ten Champion (2013 Indoor, DMR)
- * Big Ten Bronze Medalist (2013 Indoor, 4x400)
- * Penn Relays IC4A Champion (2013, 4x400)
- * Collegiate Record Holder - Indoor 4x200m (1:25.52)
- * Penn State Record Holder



MATT GILMORE

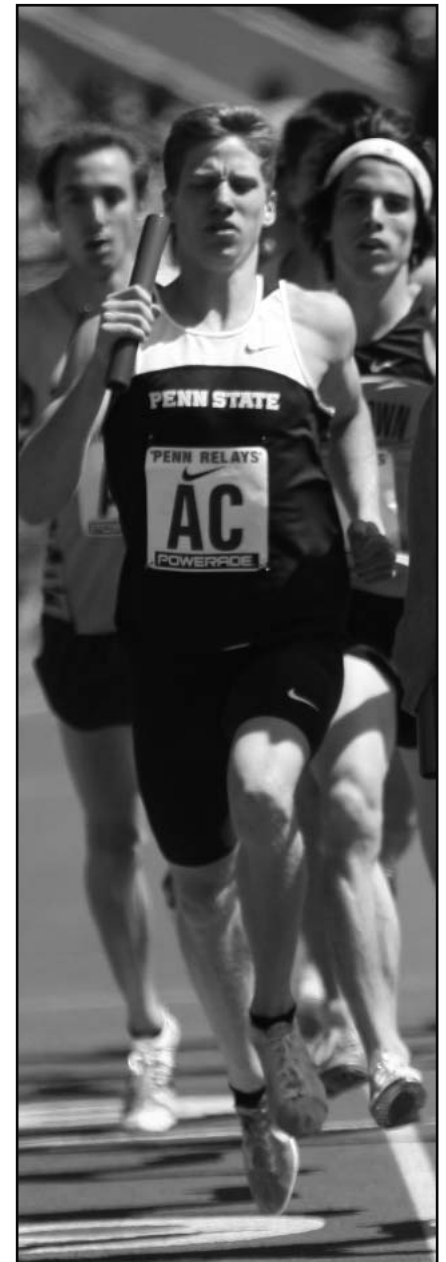
SOPHOMORE
PHILADELPHIA, PA.
SPRINTS/RELAYS



TRACK & FIELD

Kidder in 2013 ...

<u>Competition</u>	<u>Event</u>	<u>Round</u>	<u>Performance</u>	<u>Place</u>
NCAA Division I East Preliminary Round	800	P	1:48.03	7
NCAA Division I East Preliminary Round	800	P	1:50.80	6
Big Ten Outdoor Conference Championships	1500	F	3:51.50	8
Big Ten Outdoor Conference Championships	1500	P	3:47.13	5
Penn Relays	DMR	F	9:24.68	1
Penn Relays	4x8	F	7:14.14	1
55th Mt. SAC Relays	800	F	1:47.23	6
Bison Outdoor Classic	1500	F	3:42.07	2
Crimson Tide Invitational	800	F	1:47.71	1



Personal Bests

<u>Event</u>	<u>Indoor</u>	<u>Outdoor</u>
800 Meters	1:48.17	1:47.23
1500 Meters	***	3:42.07
Mile	3:59.48	***
Distance Medley	9:26.60	9:24.69

Kidder's Career Highlights ...

- * USTFCCCA All-American (2013 Indoor, DMR)
- * NCAA Runner Up (2013 Indoor, DMR)
- * 2x Big Ten Champion (2013 Indoor, 800m, DMR)
- * Big Ten Freshman of the Year (2013 Indoor)
- * 2x Penn Relays Champion
- * 2x Penn State Record Holder
- * Sub-4:00 Miler (3:59.48) - Fourth in Program History
- * 2013 Millrose Games - 4x800 Champion



BRANNON KIDDER

**FRESHMAN
LANCASTER, OHIO
MIDDLE DISTANCE**



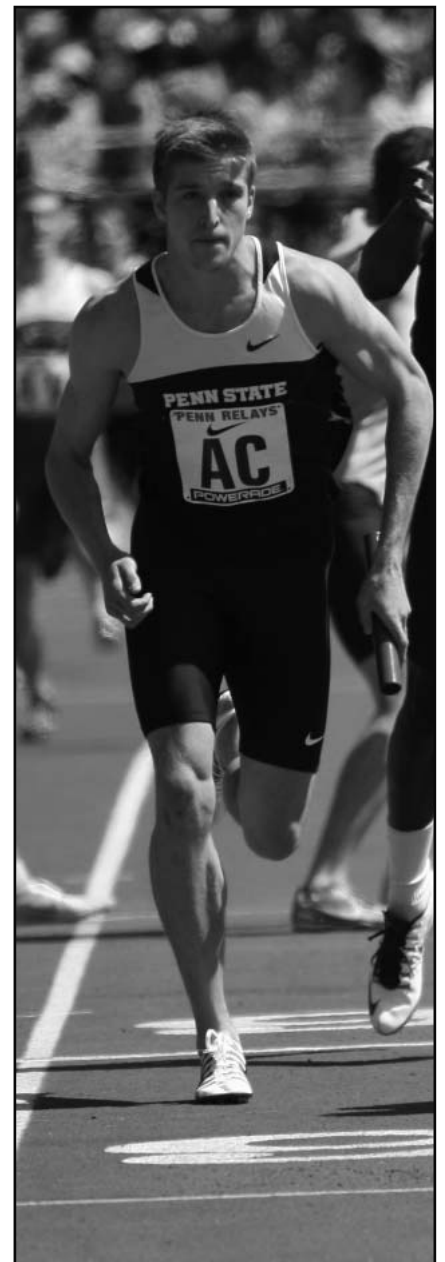
TRACK & FIELD

Loxsom in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	800	P	1:47.12	1
NCAA Division I East Preliminary Round	800	P	1:48.50	1
NCAA Division I East Preliminary Round	4x4	P	3:06.87	3
Big Ten Outdoor Conference Championships	800	F	1:48.67	2
Big Ten Outdoor Conference Championships	800	P	1:49.50	3
Penn Relays	DMR	F	9:24.68	1
Penn Relays	4x8	F	7:14.14	1
55th Mt. SAC Relays	800	F	1:46.77	5
Crimson Tide Invitational	1500	F	3:49.67	4
Crimson Tide Invitational	4x4	F	3:07.31	1

Personal Bests

Event	Indoor	Outdoor
500 Meters	1:01.28	***
600 Meters	1:15.42	***
800 Meters	1:46.98	1:45.31
4x400 Meters	3:05.22	3:01.52
Sprint Medley	***	3:17.10
Distance Medley	***	9:24.69



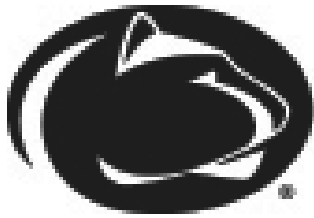
Loxsom's Career Highlights ...

- * 5x USTFCCCA All-American
- * 2x NCAA Runner Up (Indoor 2012; 4x400; Indoor 2013, 800m)
- * 5x Big Ten Champion
- * 2013 Penn Relays "Track Athlete of the Relays"
- * 5x Penn Relays Champion
- * 8x Penn State Record Holder
- * American Collegiate Record Holder - 600m (1:15.79)
- * All-Conditions Collegiate Record Holder - 600m (1:15.42)
- * 2010 IAAF World Junior Silver Medalist (800m)
- * 2013 Millrose Games - 4x800 Champion
- * 2013 Big Ten Athlete of the Championship (Indoor)
- * 2013 Big Ten Athlete of the Year (Indoor)



CASIMIR LOXSOM

SENIOR
NEW HAVEN, CONN.
MIDDLE DISTANCE



TRACK & FIELD

Masters n 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	5000	P	14:00.84	5
Big Ten Outdoor Conference Championships	5000	F	14:22.93	8
Penn Relays	4xMile	F	16:19.72	5
55th Mt. SAC Relays	5000	F	13:57.33	18
Bison Outdoor Classic	1500	F	3:49.40	12



Personal Bests

Event	Indoor	Outdoor
1500m	***	3:46.80
Mile	4:02.67	***
3000 Meters	7:54.52	***
5000 Meters	14:08.69	13:57.33

Masters' Career Highlights ...

- * Penn State Record Holder (Indoor 3000m, 7:54.52)
- * NCAA Qualifier (Cross Country)
- * 2012 NCAA All-Region Selection (Cross Country)
- * 2012 "Most Valuable Athlete" - Team Cross Country Award
- * 3x Big Ten Scorer



SAM MASTERS

SENIOR
COLUMBIA, MO.
DISTANCE



TRACK & FIELD

Mpanduki in 2013 ...

Competition	Event	Round	Performance	Place
Big Ten Outdoor Conference Championships	100	P	10.92	14
Big Ten Outdoor Conference Championships	200	P	21.35 (w)	14
Jim Thorpe Open	200	F	22.1	3
Jim Thorpe Open	4x1	F	41.76	1
Penn Relays	1600SMR	F	3:18.52	3
Team Challenge	100	F	10.80 (w)	3
Team Challenge	4x1	F	40.98	1
LSU Battle on the Bayou	400	F	47.58	9
LSU Battle on the Bayou	4x1	F	40.75	3
LSU Battle on the Bayou	4x4	F	3:09.80	4
Crimson Tide Invitational	200	F	21.85	7
Crimson Tide Invitational	4x4	F	3:07.31	1
Crimson Tide Invitational	4x1	F	41.04	3

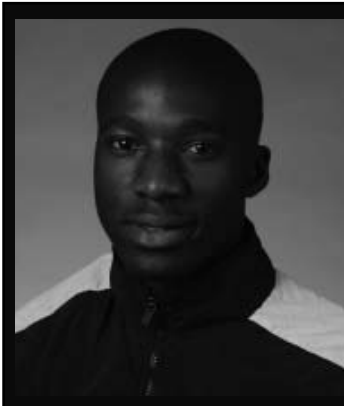


Personal Bests

Event	Indoor	Outdoor
60 Meters	6.98	***
100 Meters	***	10.92
200 Meters	21.49	21.85
4x200 Meters	1:25.52	***

Mpanduki's Career Highlights ...

- * Collegiate Record Holder - Indoor 4x200m (1:25.52)
- * Penn State Record Holder
- * Big Ten Medalist



EMUNAEL MPANDUKI

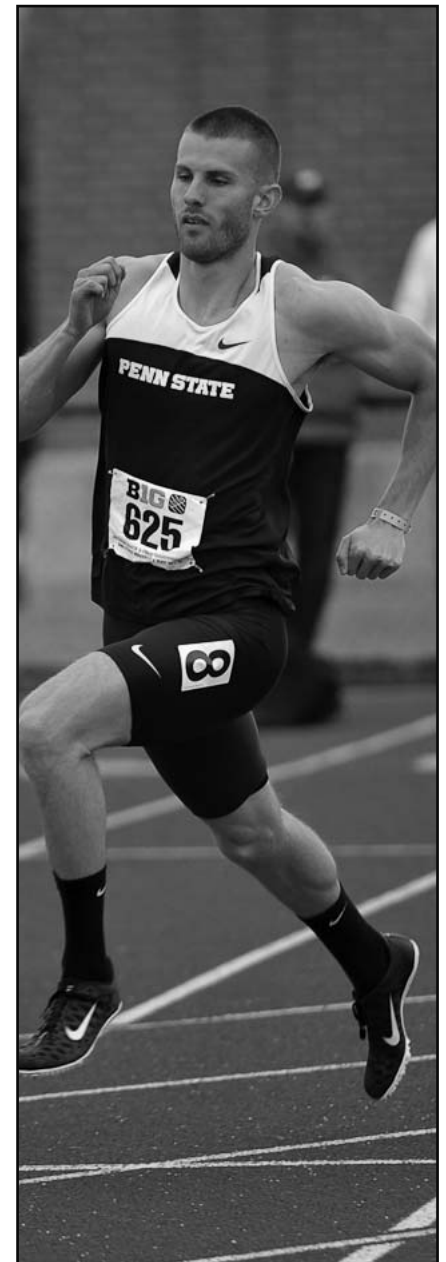
SENIOR
HARARE, ZIMBABWE
SPRINTS/RELAYS



TRACK & FIELD

Nadolsky in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400	P	47.34	36
Team Challenge	4x1	F	40.98	1
LSU Battle on the Bayou	400	F	47.09	6
LSU Battle on the Bayou	4x1	F	40.75	3
LSU Battle on the Bayou	4x4	F	3:09.80	4
Crimson Tide Invitational	200	F	21.45	4
Crimson Tide Invitational	4x4	F	3:07.31	1
Crimson Tide Invitational	4x1	F	41.04	3



Personal Bests

Event	Indoor	Outdoor
200 Meters	21.28	21.45
400 Meters	47.01	47.09
4x200 Meters	1:25.52	***
4x400 Meters	3:05.22	3:01.52
Sprint Medley	***	3:17.10

Nadolsky's Career Highlights ...

- * 3x USTFCCCA All-American
- * NCAA Runner Up (Indoor 2012, 4x400m)
- * 4x Penn State Record Holder
- * Collegiate Record Holder - Indoor 4x200m (1:25.52)
- * 2x Penn Relays Champion



AARON NADOLSKY

RS-JUNIOR
ALTOONA, PA.
SPRINTS/RELAYS



TRACK & FIELD

Reilly in 2013 ...

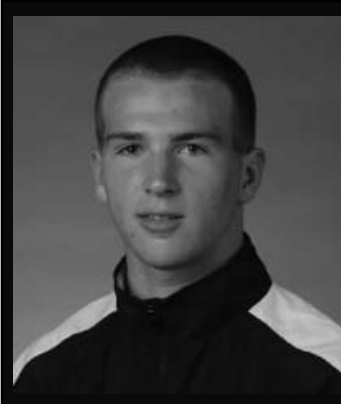
<u>Competition</u>	<u>Event</u>	<u>Round</u>	<u>Performance</u>	<u>Place</u>
NCAA Division I East Preliminary Round	HJ	P	7-0.25 (2.14m)	11
Big Ten Outdoor Conference Championships	HJ	F	6-9.50 (2.07m)	7
Jim Thorpe Open	HJ	F	7-0.50 (2.15m)	2
Penn Relays	HJ	F	6-11.50 (2.12m)	
LSU Battle on the Bayou	HJ	F	7-2.25 (2.19m)	1
Crimson Tide Invitational	HJ	F	7-0.25 (2.14m)	1

Personal Bests

<u>Event</u>	<u>Indoor</u>	<u>Outdoor</u>
High Jump	7-1.75 (2.18)	7-2.25 (2.19)

Reilly's Career Highlights ...

- * Big Ten Medalist
- * 3x NCAA First Round Qualifier
- * 2013 LSU - Battle on the Bayou Champion
- * 2013 Alabama Crimson Tide Invitational Champion



SEAN REILLY

SENIOR
LAGRANGEVILLE, N.Y.
HIGH JUMP



TRACK & FIELD

Shuey in 2013 ...

<u>Competition</u>	<u>Event</u>	<u>Round</u>	<u>Performance</u>	<u>Place</u>
NCAA Division I East Preliminary Round	JT	P	230-6 (70.27m)	8
Big Ten Outdoor Conference Championships	JT	F	227-11 (69.47m)	3
Jim Thorpe Open	JT	F	221-9 (67.59m)	1
Penn Relays	JT	F	218-5 (66.57m)	4
LSU Battle on the Bayou	JT	F	223-7 (68.15m)	2
Crimson Tide Invitational	JT	F	226-6 (69.04m)	2

Personal Bests

<u>Event</u>	<u>Indoor</u>	<u>Outdoor</u>
Javelin	***	230-6 (70.27)

Shuey's Career Highlights ...

- * Big Ten Medalist
- * NCAA First Round Qualifier
- * Runner Up - LSU Battle on the Bayou
- * Runner Up - Alabama Crimson Tide Invitational
- * USATF Junior National Qualifier



MICHAEL SHUEY

FRESHMAN
JOHNSONBURG, PA.
JAVELIN



TRACK & FIELD

West in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	800	P	1:48.84	11
NCAA Division I East Preliminary Round	800	P	1:49.66	19
Big Ten Outdoor Conference Championships	800	F	1:51.31	6
Big Ten Outdoor Conference Championships	800	P	1:50.98	4
Penn Relays	1600SMR	F	3:18.52	3
Penn Relays	4xMile	F	16:19.72	5
55th Mt. SAC Relays	800	F	1:48.49	7
Bison Outdoor Classic	1500	F	3:46.33	4
Crimson Tide Invitational	800	F	1:49.46	4
Crimson Tide Invitational	4x4	F	3:15.65	5



Personal Bests

Event	Indoor	Outdoor
800 Meters	1:47.81	1:46.41
1000 Meters	2:21.95	***
1500 Meters	***	3:46.33

West's Career Highlights ...

- * 2x USTFCCCA All-American
- * 2013 Millrose Games - 4x800 Champion
- * Big Ten Scorer
- * Fourth (800m) at 2013 NACAC U-23 Champs. (Jamaica)
- * 2012 Big 12 Indoor 800 Champion



RICKY WEST

SENIOR
TORONTO, ONTARIO
MIDDLE DISTANCE



TRACK & FIELD

Black in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400H	P	1:01.68	46
NCAA Division I East Preliminary Round	4x4	P	3:34.98	3
Big Ten Outdoor Conference Championships	400H	F	59.63	5
Big Ten Outdoor Conference Championships	400H	P	59.77	5
Big Ten Outdoor Conference Championships	100H	P	13.90	10
Big Ten Outdoor Conference Championships	4x4	F	3:39.10	3
Jim Thorpe Open	200	F	25.39	2
Jim Thorpe Open	100H	F	14.62	1
Penn Relays	100H	P	14.11	17
Penn Relays	400H	F	1:00.44	15
Penn Relays	4x4	F	3:33.47	5
Team Challenge	100H	F	13.89	2
Team Challenge	400H	F	1:01.96	4
LSU Battle on the Bayou	100H	F	14.14	7
LSU Battle on the Bayou	400H	F	1:01.01	7
Crimson Tide Invitational	400H	F	1:01.52	8
Crimson Tide Invitational	100H	F	13.82	3
Crimson Tide Invitational	4x4	F	3:39.22	1



Personal Bests

Event	Indoor	Outdoor
200 Meters	25.26	25.39
100 Meter Hurdles	***	13.82
400 Meter Hurdles	***	59.63
4x400-Meter Relay	***	3:33.47

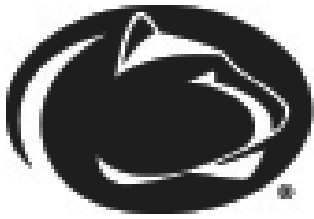
Black's Career Highlights ...

- * Big Ten Medalist (2013 Outdoor, 4x400)
- * 3x Big Ten Scorer
- * Alabama Crimson Tide Invitational Champion (4x400)



SHELLEY BLACK

RS-FRESHMAN
LAFLIN, PA.
SPRINTS/HURDLES/RELAYS



TRACK & FIELD

Bower in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	3000S	P	10:07.86	8
Big Ten Outdoor Conference Championships	5000	F	16:26.63	9
Big Ten Outdoor Conference Championships	3000S	F	10:12.42	3
Penn Relays	3000S	F	10:13.58	1
Bison Outdoor Classic	3000S	F	10:16.79	1
Stanford Invitational	5000	F	16:12.88	8

Personal Bests

Event	Indoor	Outdoor
1500 Meters	***	4:30.58
Mile	4:49.32	***
3000 Meters	9:28.29	***
5000 Meters	16:17.81	16:12.28
Steeplechase	***	10:07.86

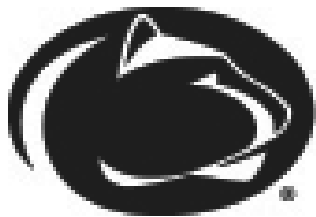
Bower's Career Highlights ...

- * 4x NCAA Qualifier (Cross Country)
- * Big Ten Medalist (2013 Outdoor Steeplechase, Third)
- * Penn Relays Champions (2013 Steeplechase)
- * All-Big Ten Selection (Cross Country)
- * NCAA All-Region Selection (Cross Country)



NATALIE BOWER

SENIOR
PLEASANT UNITY, PA.
DISTANCE



TRACK & FIELD

Britton in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400H	P	59.59	32
NCAA Division I East Preliminary Round	100H	P	13.20	10
NCAA Division I East Preliminary Round	100H	P	13.12 (w)	8
Big Ten Outdoor Conference Championships	400H	F	59.21	4
Big Ten Outdoor Conference Championships	400H	P	59.13	3
Big Ten Outdoor Conference Championships	100H	F	13.13 (w)	1
Big Ten Outdoor Conference Championships	100H	P	13.40	1
Big Ten Outdoor Conference Championships	4x1	F	46.06	5
Big Ten Outdoor Conference Championships	4x1	P	45.37	4
Jim Thorpe Open	4x1	F	46.48	1
Penn Relays	100H	F	13.37	6
Penn Relays	100H	P	13.36	T-1
Penn Relays	400H	F	58.56	3
Penn Relays	4x1	F	45.75	3 (ECAC)
Penn Relays	4x1	P	45.87	P
Team Challenge	100H	F	13.64	1
Team Challenge	400H	F	1:00.68	2
LSU Battle on the Bayou	100H	F	13.50	3
LSU Battle on the Bayou	400H	F	59.21	3
LSU Battle on the Bayou	4x1	F	45.34	3
Crimson Tide Invitational	100H	F	13.62	1
Crimson Tide Invitational	4x1	F	45.84	1



Personal Bests

Event	Indoor	Outdoor
60m Hurdles	8.20	***
100m Hurdles	***	13.11
400m Hurdles	***	57.41

Britton's Career Highlights ...

- * Big Ten Champion (2013 Outdoor, 100m Hurdles)
- * 4x NCAA Qualifier
- * 2010 USATF Junior Champion (400m Hurdles)
- * 2010 IAAF World Junior Silver Medalist (400m Hurdles)



EVONNE BRITTON

RS-JUNIOR
EL PASO, TEXAS
SPRINTS/HURDLES/RELAYS



TRACK & FIELD

Jones in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	100	P	11.30 (w)	6
NCAA Division I East Preliminary Round	100	P	11.33 (w)	4
NCAA Division I East Preliminary Round	200	P	23.19	7
NCAA Division I East Preliminary Round	200	P	23.59	10
NCAA Division I East Preliminary Round	4x4	P	3:34.98	3
Big Ten Outdoor Conference Championships	200	F	23.37	2
Big Ten Outdoor Conference Championships	200	P	23.15 (w)	1
Big Ten Outdoor Conference Championships	100	F	11.32 (w)	1
Big Ten Outdoor Conference Championships	100	P	11.40	1
Big Ten Outdoor Conference Championships	4x1	F	46.06	5
Big Ten Outdoor Conference Championships	4x1	P	45.37	4
Big Ten Outdoor Conference Championships	4x4	F	3:39.10	3
Jim Thorpe Open	100	F	11.74	1
Jim Thorpe Open	4x1	F	46.48	1
Penn Relays	4x1	F	45.75	3 (ECAC)
Penn Relays	4x4	F	3:33.47	5
Team Challenge	100	F	11.55 (w)	1
LSU Battle on the Bayou	200	F	23.43	2
LSU Battle on the Bayou	100	F	11.55	1
LSU Battle on the Bayou	4x4	F	3:43.94	5
LSU Battle on the Bayou	4x1	F	45.34	3
Crimson Tide Invitational	400	F	54.23	2
Crimson Tide Invitational	4x1	F	45.84	1
Crimson Tide Invitational	4x4	F	3:39.22	1

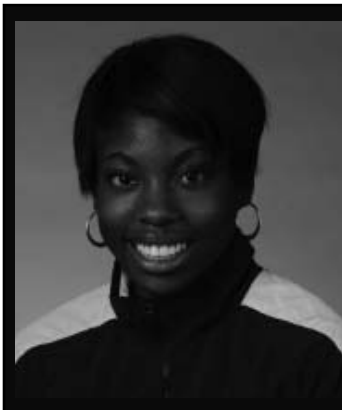


Personal Bests

Event	Indoor	Outdoor
60 Meters	7.38	***
100 Meters	***	11.33
200 Meters	23.47	23.19
4x400 Meters	3:36.91	3:33.47

Jones' Career Highlights ...

- * Big Ten Champion (2013 Outdoor, 100m)
- * 3x Big Ten Medalist
- * School Record Holder (Indoor 4x200m, 1:37.25)



MAHAGONY JONES

RS-JUNIOR
CLEVELAND, OHIO
SPRINTS/RELAYS



TRACK & FIELD

West in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	HT	P	199-10 (60.91)	7
NCAA Division I East Preliminary Round	DT	P	163-2 (49.73)	12
Big Ten Outdoor Conference Championships	SP	F	49-7.75 (15.13)	8
Big Ten Outdoor Conference Championships	DT	F	155-7 (47.42)	9
Big Ten Outdoor Conference Championships	HT	F	199-10 (60.91)	2
Jim Thorpe Open	HT	F	195-8 (59.64)	1
Jim Thorpe Open	DT	F	165-0 (50.31)	1
Jim Thorpe Open	SP	F	49-10 (15.19)	3
Penn Relays	HT	F	192-6 (58.67)	3
Penn Relays	SP	F	50-3.25 (15.32)	7
Penn Relays	DT	F	166-9 (50.82)	2
Team Challenge	HT	F	193-2 (58.88)	1
LSU Battle on the Bayou	HT	F	195-2 (59.49)	4
LSU Battle on the Bayou	DT	F	159-1 (48.49)	3
LSU Battle on the Bayou	SP	F	49-7.25 (15.12)	3
Crimson Tide Invitational	SP	F	48-9.50 (14.87)	9
Crimson Tide Invitational	DT	F	146-8 (44.70)	8
Crimson Tide Invitational	HT	F	200-0 (60.96)	1

Personal Bests

Event	Indoor	Outdoor
Shot Put	51-6.50 (15.71m)	50-3.25 (15.32m)
Weight	65-0.75 (19.83m)	***
Discus	***	166-9 (50.82m)
Hammer	***	207-10 (63.35m)

Kurzdorfer's Career Highlights ...

- * 3x NCAA Qualifier
- * 2x Second Team USTFCCCA All-American
- * 2x Big Ten Medalist



MELISSA KURZDORFER

**SENIOR
LANCASTER, OHIO
THROWS**



TRACK & FIELD

Kenney in 2013 ...

<u>Competition</u>	<u>Event</u>	<u>Round</u>	<u>Performance</u>	<u>Place</u>
NCAA Division I East Preliminary Round	Outdoor	JT	177-10 (54.02m)	1
Big Ten Outdoor Conference Championships	Outdoor	JT	173-10 (52.98m)	1
Jim Thorpe Open	Outdoor	JT	169-1 (51.54m)	1
LSU Battle on the Bayou	Outdoor	JT	167-8 (51.10m)	1
Crimson Tide Invitational	Outdoor	JT	176-11 (53.93m)	1



Personal Bests

<u>Event</u>	<u>Indoor</u>	<u>Outdoor</u>
Javelin	***	177-10 (54.02)

Kenney's Career Highlights ...

- * USTFCCCA All-American (2013 Outdoor, Javelin - Fourth)
- * 2013 Big Ten Champion
- * 2x Big Ten Medalist
- * 2012 Penn Relays Champion
- * Top East Region Qualifier, 177-10 (54.02)
- * LSU Battle on the Bayou Champion
- * Alabama Crimson Tide Invitational Champion



LAUREN KENNEY

**SOPHOMORE
STATE COLLEGE, PA.
THROWS**



TRACK & FIELD

Loht in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	JT	P	169-6 (51.66m)	3
Big Ten Outdoor Conference Championships	JT	F	168-9 (51.44m)	2
Jim Thorpe Open	JT	F	166-3 (50.68m)	2
Penn Relays	JT	F	154-8 (47.14m)	1
Team Challenge	JT	F	155-9 (47.47m)	1
LSU Battle on the Bayou	JT	F	149-3 (45.49m)	2
Crimson Tide Invitational	JT	F	159-7 (48.65m)	2

Personal Bests

Event	Indoor	Outdoor
Javelin	***	169-6 (51.66m)

Loht's Career Highlights ...

- * 2012 USTFCCCA All-American
- * NCAA Bronze Medalist (2012 Outdoor, Javelin)
- * 3x NCAA Qualifier
- * 2012 Big Ten Champion
- * 3x Big Ten Medalist
- * 2013 Penn Relays Champion



LAURA LOHT

JUNIOR
McCLURE, PA.
THROWS



TRACK & FIELD

McGee in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	4x4	P	3:34.98	3
Big Ten Outdoor Conference Championships	400	F	55.18	4
Big Ten Outdoor Conference Championships	400	P	54.72	5
Big Ten Outdoor Conference Championships	4x1	F	46.06	5
Big Ten Outdoor Conference Championships	4x1	P	45.37	4
Big Ten Outdoor Conference Championships	4x4	F	3:39.10	3
Jim Thorpe Open	200	F	24.93	1
Jim Thorpe Open	4x1	F	46.48	1
Penn Relays	1600SMR	F	3:53.21	6
Penn Relays	4x1	F	45.75	3 (ECAC)
Penn Relays	4x4	F	3:33.47	5
Team Challenge	400	F	55.93	1
LSU Battle on the Bayou	200	F	24.73	11
LSU Battle on the Bayou	4x4	F	3:43.94	5
LSU Battle on the Bayou	4x1	F	45.34	3
Crimson Tide Invitational	4x4	F	3:39.22	1



Personal Bests

Event	Indoor	Outdoor
200 Meters	24.62	24.37
400 Meters	53.87	54.53
4x400 Meters	3:36.91	3:33.03

McGee's Career Highlights ...

- * 2012 USTFCCCA Second Team All-American
- * 2x NCAA Qualifier
- * 2x Big Ten Medalist
- * Penn State Record Holder (Indoor 4x200m, 1:37.25)



DYNASTY MCGEE

SOPHOMORE
FLINT, MICH.
SPRINTS/RELAYS



TRACK & FIELD

Seymour in 2013 ...

Competition	Event	Round	Performance	Place
NCAA Division I East Preliminary Round	400H	P	58.37	5
NCAA Division I East Preliminary Round	400H	P	58.22	10
NCAA Division I East Preliminary Round	4x4	P	3:34.98	3
Big Ten Outdoor Conference Championships	400H	F	58.9	2
Big Ten Outdoor Conference Championships	400H	P	58.41	2
Big Ten Outdoor Conference Championships	4x1	F	46.06	5
Big Ten Outdoor Conference Championships	4x1	P	45.37	4
Big Ten Outdoor Conference Championships	4x4	F	3:39.10	3
Jim Thorpe Open	4x1	F	46.48	1
Penn Relays	400H	F	1:00.08	8
Penn Relays	1600SMR	F	3:53.21	6
Penn Relays	4x1	F	45.75	3 (ECAC)
Penn Relays	4x4	F	3:33.47	5
Team Challenge	400H	F	59.39	1
LSU Battle on the Bayou	400H	F	1:03.13	11
LSU Battle on the Bayou	4x4	F	3:43.94	5
LSU Battle on the Bayou	4x1	F	45.34	3
Crimson Tide Invitational	400H	F	59.24	1
Crimson Tide Invitational	4x1	F	45.84	1
Crimson Tide Invitational	4x4	F	3:39.22	1



Event	Personal Bests	
	Indoor	Outdoor
200 Meters	24.15	***
400 Meters	54.41	***
400 Hurdles	***	58.22
4x400 Meters	3:38.48	3:33.47

Seymour's Career Highlights ...

- * 2x Big Ten Medalist
- * 5x Big Ten Finalist
- * Penn State Record Holder (Indoor 4x200m, 1:37.25)
- * 2013 Crimson Tide Invitational Champion (400mH)



KIAH SEYMOUR

FRESHMAN
WASHINGTON, D.C.
SPRINTS/HURDLES/RELAYS