

PENN STATE TRACK & FIELD

19 NATIONAL CHAMPIONS
491 ALL-AMERICANS
237 BIG TEN CHAMPIONS

Track & Field Contact: Jeff Smith | (940) 328-2198 | jzs23@psu.edu | @NextBestSecret

SCHEDULE / RESULTS

Date	Meet	TV	Time
INDOOR SEASON			
J14	NITTANY LION CHALLENGE	FloTrack/BTN2Go	All-Day
J20	Rod McCravy Invtl.	SECN+	All-Day
J21	Rod McCravy Invtl.	SECN+	All-Day
J27	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
J28	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
F3	SYKES-SABOCK CHALLENGE		All-Day
F4	SYKES-SABOCK CHALLENGE		All-Day
F10	Husky Classic	FloTrack	All-Day
F10	Spire Invitational	FloTrack	All-Day
F11	Husky Classic	FloTrack	All-Day
F11	Spire Invitational	FloTrack	All-Day
F18	PENN STATE TUNE-UP		All-Day
F24	¹ Big Ten Indoor Championships	BTN	All-Day
F25	¹ Big Ten Indoor Championships	BTN	All-Day
M10	² NCAA Championships	ESPN	All-Day
M11	² NCAA Championships	ESPN	All-Day
OUTDOOR SEASON			
M24	PAC-12/Big Ten Challenge		All-Day
M25	PAC-12/Big Ten Challenge		All-Day
M31	Florida Relays	SECN+	All-Day
M31	Stanford Invite	FloTrack	All-Day
A1	Florida Relays	SECN+	All-Day
A1	Stanford Invite	FloTrack	All-Day
A8	Battle on the Bayou		All-Day
A14	Bucknell Classic	FloTrack	All-Day
A15	Bucknell Classic	FloTrack	All-Day
A21	Virginia Challenge	ACCN+	All-Day
A22	Bucknell Team Challenge		All-Day
A22	Virginia Challenge		All-Day
A27	Penn Relays	NBCSN	All-Day
A28	Penn Relays	NBCSN	All-Day
A29	Penn Relays	NBCSN	All-Day
M5	JIM THORPE INVITE		All-Day
M12	³ BIG TEN CHAMPIONSHIPS		All-Day
M13	³ BIG TEN CHAMPIONSHIPS		All-Day
M14	³ BIG TEN CHAMPIONSHIPS	BTN	All-Day
M25	⁴ NCAA First-Round		All-Day
M26	⁴ NCAA First-Round		All-Day
M27	⁴ NCAA First-Round		All-Day
J7	⁵ NCAA Outdoor Championships		All-Day
J8	⁵ NCAA Outdoor Championships		All-Day
J9	⁵ NCAA Outdoor Championships	ESPN	All-Day
J10	⁵ NCAA Outdoor Championships	ESPN	All-Day
J23-25	⁶ USATF Championships		All-Day

- 1 - Big Ten Indoor Championships (Geneva, Ohio)
- 2 - NCAA Indoor Championships (College Station, Texas)
- 3 - Big Ten Outdoor Championships (University Park, Pa.)
- 4 - NCAA First-Rounds (Lexington, Ky.)
- 5 - NCAA Outdoor Championships (Eugene, Ore.)
- 6 - USATF Outdoor Championships (Sacramento, Calif.)

FOLLOW ALONG

 **Television:** Big Ten Network

 **Online:** Links for Live Results and Live Video can be found at GoPSUsports.com



OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

2017 BIG TEN OUTDOOR TRACK & FIELD CHAMPIONSHIPS

 University Park, Pa.
 Nittany Lion Outdoor Track



Illinois | Indiana | Iowa | Maryland | Michigan | Michigan State | Minnesota
Nebraska | Ohio State | Penn State | Purdue | Rutgers | Wisconsin

Track & Field MEET DAY

BIG OUTDOOR CHAMPIONSHIPS

University Park, Pa.

NEWS & NOTES

- » Penn State Big Ten Championships roster represents eight states in the USA as well as Australia (2) the Bahamas (2) and the Canadian province of Ontario (2).
- » The Nittany Lions enter this years meet with one defending champion in sophomore Isaiah Harris (800-meters).
- » Penn State enters the meet with five conference leading marks
- » The Nittany Lions boast 25 top-five conference marks across 22 events.
- » Penn State Track & Field was a part of a record breaking year academically for Penn State athletes. 24 teams, including track & field, held a combined 3.0 semester GPA eclipsing the previous school mark of 23 squads from the 2014 and 2015 fall semesters. 498 Nittany Lion student-athletes posted a 3.0 GPA or higher last fall. The 498 student-athletes earning at least a 3.0 GPA represent 61 percent of Penn State's 810 student-athletes enrolled during the fall semester.

MEET NOTES

- » Isaiah Harris enters the meet as the reigning Big Ten Indoor/Outdoor 800-meter champion.
- » Day three of the Championships will be broadcast LIVE on BTN
- » This is the third-time that the Big Ten Championships will be held at the Nittany Lion Outdoor Track
- » Penn State has captured the Big Ten outdoor track & field title on the women's side five out of the last 10-years, the ; most recently in 2014.

PROGRAM FACTS

THE UNIVERSITY

Location: University Park, Pa.
 Founded: 1855
 Enrollment: 46,848
 Colors: Blue & White
 Nickname: Nittany Lions
 Conference: Big Ten
 President: Eric Barron
 Director of Athletics: Sandy Barbour
 Senior Woman Administrator: Charmelle Green
 Senior Associate AD: Lynn Holleran
 Facility (cap.): Ashenfelter III Indoor Track (800)
 Nittany Lion Outdoor Track (1,700)

PENN STATE TRACK & FIELD

Head Coach: John Gondak
 Yrs at Penn State: 11th-Year
 Alma Mater: Syracuse '95
 Twitter: @CoachGondak
 Associate Head Coach: Erin Tucker
 Yrs at Penn State: Second
 Alma Mater: Florida '98
 Twitter: @etuck495
 Assistant Coach: Fritz Spence
 Yrs at Penn State: 11th-Year
 Alma Mater: Missouri State '97
 Twitter: @fgs110
 Assistant Coach: Kevin Kelly
 Yrs at Penn State: Fourth
 Alma Mater: Kutztown '99
 Twitter: @CoachKellyPSU
 Assistant Coach: Angela Reckart
 Yrs at Penn State: Second
 Alma Mater: The College of New Jersey '08
 Twitter: @angreckart
 Assistant Coach: Lucias MacKay
 Yrs at Penn State: First
 Alma Mater: Georgia '05
 Twitter: @CoachLucias

STRATEGIC COMMUNICATIONS

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Website: www.GoPSUsports.com
 Twitter/Instagram: @pennstatetfxc
 Facebook: facebook.com/PennStateTFXC

PRONUNCIATION GUIDE

Devin Bradham BRAD-um
 Dan Chisena CHA-sin-a
 Kory Decesaris des-air-e-us
 Morgan Shigo Shy-go
 Jon Yohman YO-man
 Quenee Dale Quinn-aye
 Rachel DeCecco Da-check-o
 Julie Kocjancic KO-jan-sick
 Obeng Marfo O-bing Mar-FOE
 Tichina Rhodes Ti-sheen-ah
 Danae Rivers Da-Nay

2017 BIG TEN TRACK & FIELD ROSTERS

MEN'S ROSTER

Name	Eligibility	Event	Hometown/High School (Previous School)
Colin Abert	So.	Distance	Easton, Pa./Easton
Patrick Anderson	Sr.	Pole Vault	Kane, Pa./Kane Area
Michael Biddle	Fr.	Throws	Williamsburg, Pa./Living Water Christian Academy
Devin Bradham	So.	Jumps	Williamstown, N.J./Williamstown
Austin Campbell	Fr.	Jumps	Denver, Colorado/Regis Jesuit High School
Robert Cardina	Sr.	Multi-Events	Lancaster, Pa./Conestoga Valley
Dan Chisena	So.	Sprints	Downington, Pa./Downington-East
Kory Decesaris	Jr.	Throws	Danielsville, Pa./Northampton Area
Isaiah Harris	So.	Mid-Distance	Lewiston, Maine/Lewiston
Lamont Higgins	So.	Sprints	New Brunswick, N.J./Saint Joseph/Rider
Bobby Hill	Jr.	Distance	Wellsboro, Pa./Wellsboro Area
Jaxson Hoey	Fr.	Distance	Downington, Pa./Downington West
Peter Hughey	Fr.	Sprints	Chambersburg, Pa./James Buchanan
Ryan Kerr	Sr.	Throws	Brookville, Pa./Brookville Area
Karson Kowalchuk	Fr.	Sprints	Richmond Hill, Ontario/Toronto Montessori
David Lucas	So.	Throws	Lititz, Pa./Warwick
Jordan Makins	Jr.	Mid-Distance	Perth, Australia/Aquinas College
David Marrington	So.	Hurdles	Langhorne, Pa./Neshaminy
Tyreek Mathis	Fr.	Sprints	Philadelphia, Pa./Germantown
Billy McDevitt	So.	Mid-Distance	Newtown Square, Pa./Malvern Prep
John McGowan	Jr.	Distance	Northport, N.Y./Northport/Roger Williams
Timothy McGowan	Jr.	Distance	Northport, N.Y./Northport/Roger Williams
Malik Moffett	Jr.	Sprints/Jumps	Erie, Pa./PSU - Behrend
Matt Nawrocki	So.	Throws	Moscow, Pa./North Pocono
Domenic Perretta	Fr.	Mid-Distance	Beaver Falls, Pa./Big Beaver Falls
Anton Porter	So.	Sprints	Bronx, N.Y./Mount St. Michael
Luke Rarig	Fr.	Jumps/Multi-Events	Catawissa, Pa./Southern Columbia
Sam Reiser	So.	Sprints/Relays	Melbourne, Australia/Geelong Grammar School
Morgan Shigo	So.	Throws	Blandon, Pa./Fleetwood Area
Michael Shuey	Sr.	Throws	Johnsonburg, Pa./Johnsonburg Area
Xavier Smith	Jr.	Sprints/Relays	Douglassville, Pa./Daniel Boone
Bryce Williams	Jr.	Jumps	State College, Pa./State College Area
Jon Yohman	Jr.	Throws	New Wilmington, Pa./Wilmington

WOMEN'S ROSTER

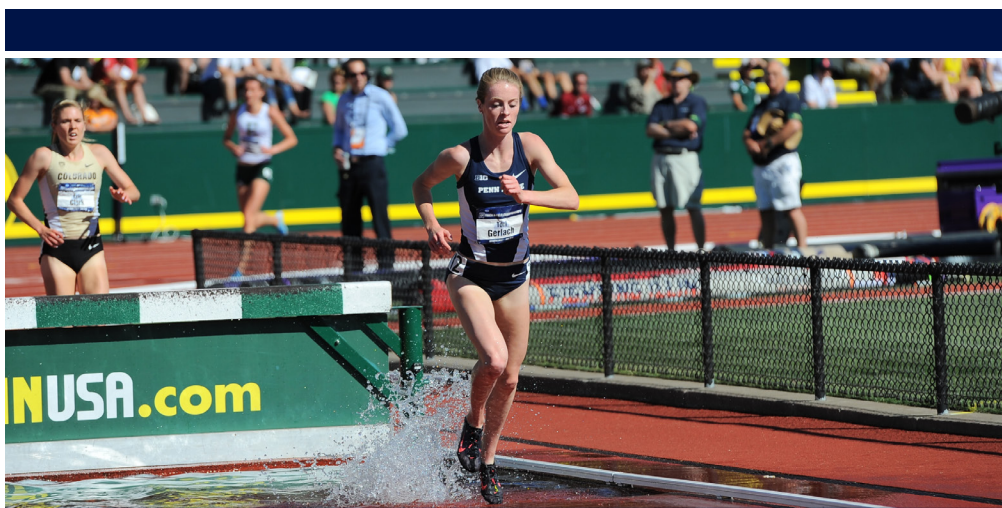
Name	Eligibility	Event	Hometown/High School (Previous School)
Keianna Albury	So.	Sprints	Nassau, Bahamas/St. Augustine's College
Rachel Banks	Fr.	Mid-Distance	Chardon, Ohio/Chardon
Tessa Barrett	So.	Distance	Waverly, Pa./Abington Heights
Frances Bull	So.	Sprints/Mid-Distance	Mentor, Ohio/Lake Catholic
Rosemary Campbell	Fr.	Throws	Erie, Pa./Iroquois
Elizabeth Chikotas	So.	Distance	Hellertown, Pa./Saucon Valley
Lauren Costa	So.	Sprints	North Fayette Township, Pa./West Allegheny
Quenee Dale	Jr.	Sprints/Hurdles/Relays	Ypsilanti, Mich./Saline
Deja Davis	Jr.	Sprints/Relays	Shelby Charter Township, Mich./Utica
Rachael DeCecco	Jr.	Sprints/Hurdles/Relays	Mechanicsburg, Pa./Cumberland Valley
Megan Fry	So.	Pole Vault	State College, Pa./State College Area
Tori Gerlach	Sr.	Distance	Perkasie, Pa./Pennridge
Olivia Giambra	So.	Jumps	Pittston, Pa./Pittston Area
Dannielle Gibson	Sr.	Jumps	Nassau, Bahamas/St. Augustine's
Madeline Holmberg	So.	Multi-Events	Greensburg, Pa./Hempfield Area
Jillian Hunsberger	So.	Distance	Pittsburgh, Pa./Mount Lebanon
Kasey Kemp	Sr.	Pole Vault	Irwin, Pa./Norwin
Julie Kocjancic	Sr.	Distance	Pittsburgh, Pa./Mount Lebanon
Kiara Lester	Fr.	Sprints	Wenonah, N.J./Deptford Township
Greta Lindsley	Jr.	Distance	Lancaster, Pa./Penn Manor
Kaitlyn Lopez	Sr.	Jumps	Buffalo, N.Y./Immaculata Academy
Obeng Marfo	Jr.	Throws	Toronto, Ontario, Canada/Father Henry Carr
Lexi Masterson	Sr.	Pole Vault	Jeannette, Pa./Hempfield Area
Megan McCloskey	Jr.	Jumps	Lower Gwynedd, Pa./Germantown Academy
Hannah Mulhern	Jr.	Pole Vault	Altoona, Pa./Altoona Area
Kathryn Munks	Fr.	Distance	Chester, N.Y./Monroe- Woodbury
Tichina Rhodes	Sr.	Sprints/Relays	Philadelphia, Pa./Swenson
Danae Rivers	Fr.	Mid-Distance/Distance	Derby, CT/Wilbur Cross
Alyssa Robinson	Sr.	Throws	Saint Clairsville, Ohio/Saint Clairsville
Marissa Sheva	So.	Distance	Sellersville, Pa./Pennridge
Stephanie Seivers	So.	Throws	Douglasville, Pa./Daniel Boone
Elyse Skerpon	So.	Sprints/Hurdles	Sayre, Pa./Sayre Area
Kelsey Vieira	Fr.	Jumps	Hillsborough, N.J./Hillsborough
Kayla Zoschg	Sr.	Throws	Emporium, Pa./Dickinson College

ATHLETES IN THE TOP-20 OF NCAA RANKINGS

	ISAIAH HARRIS SO. MID-DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>800-meters</td> <td>1:45.12</td> <td>2</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	800-meters	1:45.12	2	1	NOTES » Ran a season best of 1:45.12 at the Virginia Classic in Charlottesville, Virginia on Apr. 21 winning the event in a then-NCAA leading time » Has yet to lose head-to-head in the 800-meters during the 2017 outdoor season » Set a personal best of 3:50.06 in the 1,500-meters at the Battle on the Bayou - First time to run the 1,500-meters as a collegiate athlete » Three-Time All-American, 2016 USATF Olympic Trials finalist (sixth-place) - highest finish by a collegiate athlete in the 800-meters trials last season
Event	Time	NCAA Rank	B1G Rank							
800-meters	1:45.12	2	1							
	TORI GERLACH SR. DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>3K-Steeple</td> <td>9:50.60</td> <td>2</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	3K-Steeple	9:50.60	2	1	NOTES » Ran a personal best time of 9:50.60 in the 3,000-meter Steeplechase Apr. 14 at the Bucknell Classic in Lewisburg, Pa. » Her season best time in the Steeplechase was the No. 2 time in the world this season at the time it was recorded » Opened the season with a first-place finish in the 1,500-meters at the PAC-12/Big Ten Challenge in Tempe, Ariz. on Mar. 25
Event	Time	NCAA Rank	B1G Rank							
3K-Steeple	9:50.60	2	1							
	MICHAEL SHUEY SR. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Javelin</td> <td>250'2" (76.25m)</td> <td>4</td> <td>2</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Javelin	250'2" (76.25m)	4	2	NOTES » Returned to competition after redshirting the 2016 outdoor season » Extended his school record in the javelin posting a mark of 250'-2" (76.25m) at the 123rd Penn Relays in Philadelphia, Pa. » Has recorded 11 career first-place finishes in the javelin throw dating back to collegiate debut at the Crimson Tide Invitational in 2013
Event	Mark	NCAA Rank	B1G Rank							
Javelin	250'2" (76.25m)	4	2							
	DANA RIVERS FR. MID-DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>800-meters</td> <td>2:02.53</td> <td>5</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	800-meters	2:02.53	5	1	NOTES » Has set school record in: 600-meters(i), 800-meters(i), 800-meters, Mile, DMR (i), DMR, 4x800-meter relay » 2017 NCAA Indoor All-American in the Mile (third-place) & DMR (sixth-place) » Has recorded eight first-place, five second-place and three third-place finishes during the 2017 indoor and outdoor seasons combined
Event	Time	NCAA Rank	B1G Rank							
800-meters	2:02.53	5	1							
	DAVID LUCAS SO. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Discus</td> <td>201'-6" (61.43m)</td> <td>8</td> <td>2</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Discus	201'-6" (61.43m)	8	2	NOTES » Set a personal best in the discus posting a mark of 201'6" (61.43m) at the 123rd Penn Relays in Philadelphia, Pa. » Currently ranked as the No. 3 performer in program history in discus trailing only Brian Milne (207'5"/63.22m) and Knut Hjeltnes (201'-10"/61.52m) » 2016 NCAA Outdoor Championships qualifier in discus, finished as a second-team All-American (15th-place)
Event	Mark	NCAA Rank	B1G Rank							
Discus	201'-6" (61.43m)	8	2							
	MADLINE HOLMBERG SO. MULTI-EVENTS <table border="1"> <thead> <tr> <th>Event</th> <th>Score</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Heptathlon</td> <td>5,636-points</td> <td>10</td> <td>1</td> </tr> </tbody> </table>	Event	Score	NCAA Rank	B1G Rank	Heptathlon	5,636-points	10	1	NOTES » Recorded a personal best total of 5,636-points in the heptathlon at the Virginia Classic in Charlottesville, Virginia on Apr. 21 » Ranks No. 3 in program history with her personal best of 5,636-points in the heptathlon » Set the heptathlon shot put record with her mark of 42'-0" (12.80m) during the Virginia Classic on Apr. 21
Event	Score	NCAA Rank	B1G Rank							
Heptathlon	5,636-points	10	1							
	DOMENIC PERRETTA FR. MID-DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>800-meters</td> <td>1:47.29</td> <td>13</td> <td>2</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	800-meters	1:47.29	13	2	NOTES » Is currently ranked as the fourth fastest freshman in the 800-meters trailing Emmanuel Korir (UTEP), Michael Saruni (UTEP), Devin Dixon (TAMU) » Recorded a personal best time of 1:47.29 in a fifth-place finish at the Virginia Classic Apr. 21 » Holds Penn State's season best time in the 1,500-meters running 3:46.47 at the Bucknell Classic
Event	Time	NCAA Rank	B1G Rank							
800-meters	1:47.29	13	2							
	MEGAN McCLOSKEY JR. JUMPS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>High Jump</td> <td>5'-11.50" (1.82m)</td> <td>14</td> <td>3</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	High Jump	5'-11.50" (1.82m)	14	3	NOTES » Has produced the No. 2 mark in women's high jump with her mark of 5'-11.50" (1.82m) at the Battle on the Bayou in Baton Rouge, LA » Finished third at the 123rd Penn Relays in Philadelphia, Pa. » Has recorded 16 top-three finishes in high jump over her career in the blue & white » Silver medalist at the 2017 Big Ten Indoor Championships (5'-10.50" (1.79m))
Event	Mark	NCAA Rank	B1G Rank							
High Jump	5'-11.50" (1.82m)	14	3							
	DANNIELLE GIBSON SR. JUMPS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Triple Jump</td> <td>43'-6" (13.26m)</td> <td>15</td> <td>2</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Triple Jump	43'-6" (13.26m)	15	2	NOTES » Has produced the No. 1 All-Conditions mark in women's triple jump with her mark of 44'-8.75" (13.63m) at the 2016 NCAA East Preliminary » No. 2 in program history in the indoor women's triple jump (43'-9"/13.33m) » Three-time NCAA Championships Qualifier; 2017 NCAA Indoor All-American (TJ), Two-time Second-Team All-American (TJ) » Is a Biotechnology major from Nassau, Bahamas
Event	Mark	NCAA Rank	B1G Rank							
Triple Jump	43'-6" (13.26m)	15	2							
	MICHAEL BIDDLE FR. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Javelin</td> <td>232'-4" (70.82m)</td> <td>17</td> <td>4</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Javelin	232'-4" (70.82m)	17	4	NOTES » Currently ranked No. 6 in program history in javelin with his mark of 232'-4" (70.82m) » Has recorded three top-five finishes this season (PAC-12, Big Ten Challenge, Battle on Bayou, Virginia Challenge)
Event	Mark	NCAA Rank	B1G Rank							
Javelin	232'-4" (70.82m)	17	4							
	MALIK MOFFETT JR. SPRINTS/JUMPS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Long Jump</td> <td>25'-6" (7.77m)</td> <td>19</td> <td>2</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Long Jump	25'-6" (7.77m)	19	2	NOTES » Tied for the No. 6 mark in program history in the long jump with his mark of 25'-6" (7.77m) » Is the third-fastest in program history in the 100-meters (10.42) and No. 5 in the 200-meters (20.93/20.73") » Has anchored the school record 4x100-meter relay (39.48) all season.
Event	Mark	NCAA Rank	B1G Rank							
Long Jump	25'-6" (7.77m)	19	2							
	MORGAN SHIGO SO. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Hammer</td> <td>221'-0" (67.36m)</td> <td>19</td> <td>3</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Hammer	221'-0" (67.36m)	19	3	NOTES » School record holder in the hammer throw with his mark of 221'-0" (67.36m) » Is the only Nittany Lions to ever surpass the 220' mark in the event.
Event	Mark	NCAA Rank	B1G Rank							
Hammer	221'-0" (67.36m)	19	3							

MEN'S BIG TEN INDIVIDUAL OUTDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Davis, Antonio	Triple Jump	50-10 (15.49)
1993	Davis, Antonio	Triple Jump	51-1.75 (15.59)
1994	Hamer, Bob	5000-Meters	14:26.10
1995	Austin, Rob	Javelin	224-0
1996	Cook, James	Decathlon	7448
1996	Pina, Steve	Long Jump	25-9.50 (7.86)
1996	Wolter, Carl	Javelin	233-8 (71.22)
1997	Burkholder, Troy	Javelin	224-2 (68.32)
1998	Audu, George	Long Jump	25-4 (7.72)
1998	Burkholder, Troy	Javelin	210-11 (64.28)
1999	Audu, George	Long Jump	25-8.75 (7.84)
1999	Burkholder, Troy	Javelin	222-11 (67.96)
2001	Derby, Brian	400-Meter Hurdles	49.77
2002	Olkowski, Ryan	200-Meters	20.59
2003	Derby, Brian	400-Meter Hurdles	49.72
2003	Kurelich, J.T.	Decathlon	7424
2004	Stumpf, Brian	Javelin	216-4 (65.94)
2005	Campisi, Jaret	400-Meter Hurdles	50.10
2005	Kerschner, Bret	Javelin	218-6 (66.61)
2006	Miller, Mark	800-Meters	1:48.78
2006	Pettner, Allen	Javelin	218-6 (66.60)
2007	Fritz, Ryan	High Jump	7-1.75 (2.13)
2007	Pettner, Allen	Javelin	239-9 (73.09)
2008	Borchers, Samuel	1500-Meters	4:03.96
2009	Evak, Tanner	Javelin	233-4 (71.13)
2009	Foster, Ryan	800-Meters	1:49.66
2009	Smith, Clarence	Triple Jump	52-10.75 (16.12)w
2010	Loxsom, Casimir	800-Meters	1:48.06
2010	Eaton, Blake	Shot Put	60-6.75 (18.46)
2011	Loxsom, Casimir	800-Meters	1:47.70
2011	Eaton, Blake	Shot Put	61-8.50 (18.81)
2012	Loxsom, Casimir	800-Meters	1:46.12
2012	Gehret, Brady	400-Meters	45.22
2012	Kovacs, Joe	Shot Put	68-5 (20.85)
2012	Nadolsky, Aaron	4x400-Meter Relay	3:04.78
2012	Loxsom, Casimir	4x400-Meter Relay	3:04.78
2012	Gehret, Brady	4x400-Meter Relay	3:04.78
2012	Bennett-Green, Brandon	4x400-Meter Relay	3:04.78
2014	Waithe, Steve	Triple Jump	52-0 (15.85)
2014	Hill, Darrell	Shot Put	67-6 (20.57)
2014	Shuey, Michael	Javelin	236-2 (71.98)
2015	Hill, Darrell	Shot Put	66-3.25 (20.19)
2015	Shuey, Michael	Javelin	229-2 (69.85)
2015	Kidder, Brannon	800-Meters	1:47.56
2016	Kidder, Brannon	1500- Meters	3:44.67
2016	Harris, Isaiah	800-Meters	1:46.21
2016	Leap, Brian	Triple Jump	53-4.5 (16.37)



WHAT THEY'RE SAYING...

"Tori Gerlach is taking great advantage of her fifth-year by setting a personal best in the steeplechase and being ranked No. 1 in the Big Ten and No. 2 in the NCAA. We are all very excited to see her compete in the postseason this spring and go after the steeplechase school record."

- John Gondak, Penn State Head Coach.

LAST YEAR'S BIG TEN CHAMPIONSHIPS

BIG BIG TEN CHAMPIONSHIPS

- » The Penn State women's track team captured the 2017 Big Ten Indoor title scoring 96.5-points over the two day event. The title was the fourth indoor title in program history.
- » The Penn State men's team recorded their highest finish ever at a Big Ten Championship meet with their second-place finish (84-points) at this years indoor meet.
- » The first and second-place finishes by the men's and women's teams is the highest combined finish in program history.
- » **Isaiah Harris** made it 2-for-2 on 800-meter Big Ten Championships capturing the title in a quick 1:46.21 on Nebraska's Ed Weir Stadium in Lincoln, NE. Penn State has won the men's 800-meters in five of the last seven years including a three-peat from Casimir Loxsom from 2010-2012.
- » **Brannon Kidder** earned his 10th Big Ten Championships winning the 1,500-meters (3:44.67), and returned to the track to run in the 800-meter final.
- » **Tori Gerlach** recorded a silver medal finish in the 3K Steeplechase in her last Big Ten Outdoor Championships in 2015 at in East Lansing, Mich.
- » Penn State had three First-Team All-Big Ten honorees in **Isaiah Harris, Brannon Kidder** and **Brian Leap** as well as having one Second-Team All-Big Ten honorees in **Danielle Gibson**.

POINT SCORERS AT THE 2016 BIG TEN OUTDOOR CHAMPIONSHIPS

Name	Place	Event	Mark
Isaiah Harris	1st	800-meters	1:46.21
Brannon Kidder	1st	1,500-meters	3:44.67
Brian Leap	1st	Triple Jump	53'-4.50" (16.27m)
Danielle Gibson	2nd	Triple Jump	42'-9.50" (13.04m)
Alyssa Robinson	3rd	Shot Put	54'2" (16.51m)
Chisom Ifedi	3rd	High Jump	7'-0.5" (2.15m)
Tessa Barrett	3rd	10,000-meters	34:22.03
Malik Moffett	3rd	Long Jump	24'-11.25" (7.60m)
Colin Abert	4th	1,500-meters	3:46.96
Jillian Hunsberger	4th	5,000-meters	16:18.95
Megan McCloskey	4th	High Jump	5'-10.50" (1.79m)
Jon Yohman	4th	Discus	182'-2" (55.53m)
Robby Creese	5th	1,500-meters	3:47.42
Glen Burkhardt	5th	10,000-meters	29:55.50
Smith, Chisena	5th	4x100-meters	40.20
Moffett, Porter			
Lauren Kenney	5th	Javelin	162'-1" (49.40m)
Glen Burkhardt	6th	5,000-meters	14:15.29
Chisena, Shisler	6th	4x400-meters	3:07.25
Jon Yohman	6th	Shot Put	60'-5.75" (18.43m)
David Lucas	6th	Discus	179'-3" (54.64m)
Ahmenah Richardson	6th	High Jump	5'-9.25" (1.76m)
Xavier Smith	7th	100-meters	11.05
Timothy McGowan	7th	5,000-meters	14:18.11
Reiser, Harris			
Obeng Marfo	7th	Shot Put	51'-2.75" (15.61m)
Obeng Marfo	7th	Discus	163'-7" (49.87m)
Madeline Holmberg	7th	Heptathlon	5,118-points
Sarah Jane Underwood	7th	800-meters	2:08.60
Ryan Kerr	8th	Javelin	203'-10" (62.12m)
Samuel Reiser	8th	400-meters	47.55
Kaitlyn Lopez	8th	Triple Jump	41'-2.50" (12.56m)
Tal Ben-Artzi	8th	Heptathlon	4,941-points

SEASON << REWIND <<

VS. BIG CHALLENGE

Outdoor Debut In The Desert

- » The Nittany Lions recorded 19 top-three finishes on the weekend with eight of those efforts being winning performances. Penn State had a few athletes turn in near school record marks.
- » Men's 4x100-meter relay - **Kowalchuk, Chisena, Smith, Moffett** (39.65) No. 2 in program history
- » **Xavier Smith** - 100-meters (10.47) T-No. 4 in program history
- » **Keianna Albury** - 100-meters (11.65) No. 6 in program history

FLORIDA RELAYS

Success In The Swamp

- » 2016 Indoor/Outdoor NCAA qualifier **Isaiah Harris** opened his senior season with a statement, turning in the then-No.1 mark in the NCAA that set at No. 2 in the world at the time running 1:45.64 for the win.
- » **Marissa Sheva, Julie Kojancic, Frances Bull** and **Danae Rivers** teamed up to run a then-school record of 8:38.17 topping the old time of 8:39.44 set by Caitlin Lane, Bekka Simko, Kalyn Fisher and Maura Ryan in 2011.
- » **Danae Rivers** recorded a time of 4:16.33 in the 1,500-meters that is the No. 2 time in program history.

STANFORD INVITE

Heading West for Distance Success

- » **Jillian Hunsberger** ran 16:06.21 in the 5,000-meters that ranked as the No. 7 time in program history at the time joining a list that also features three other current Nittany Lions; **Tori Gerlach, Elizabeth Chikotas** and **Tessa Barrett**.

LSU BATTLE ON THE BAYOU

A Great Time(s) In The Big Easy

- » **Megan McCloskey** finished her first collegiate trip to Louisiana as the No. 2 high jumper in Penn State history. McCloskey cleared her final bar set at 5'-11.50" (1.82m) the second highest bar a Nittany Lion has cleared indoor or outdoor trailing only Shelley Mitchell's mark of 6'-0" (1.83m) from 1992.
- » **Danae Rivers** added her name amongst the best 800-meter runners to come through Happy Valley. Rivers recorded a time of 2:04.99 for the win, finishing a full second ahead of the closest competitor. Her time was the fourth-fastest mark in program history in the event behind Briene Simmons (2:04.72), Tammie Hart (2:04.37) and school record holder Rebekka Simko who clocked 2:03.09 back in 2012. Rivers was ranked No. 8 in the NCAA in the 800-meters at the time.
- » **Madeline Holmberg** turned in the No. 9 jump in outdoor history at 20'-3.50" (6.18). Holmberg's jump is was the No. 21 mark in the NCAA and ranked 12th in the East region at the time.
- » **Stephanie Sievers** recorded the No. 8 mark in Penn State history as she finished with a throw of 159'-9" (48.70m) in the

javelin. Sievers was ranked No. 30 in the NCAA and 12th in the East Region at the time.

- » **Dan Chisena, Xavier Smith, Tyreek Mathis** and **Isaiah Harris** combined to run 3:06.63 in the 4x400-meter relay to finish with the No. 5 time in Penn State history. Penn State was ranked No. 13 in the nation and seventh in the East Region.
- » **Jon Yohman** - Shot Put 61'-0" (18.59m) No. 9 in program history
- » **David Lucas** - Discus 196'-11" (60.02m) No. 9 in program history

BUCKNELL CLASSIC

A World No. 2 For Gerlach

- » **Tori Gerlach** debuted in her signature event, the steeplechase, turning in the performance of the weekend as the fifth-year senior crossed the line in a then-NCAA No. 2 time of 9:50.60. Gerlach's time is the No. 2 mark in the world this season and also holds as the No. 2 performance ever by a Nittany Lion trailing Bridget Franek's school record mark of 9:32.35 from 2010. The winning time also broke a facility record held by the aforementioned Franek from 2009.
- » **David Lucas** finished the meet with a mark of 200'-9" (61.18) in the discus that catapulted him all the way up to the then-No. 4 performer in the NCAA in the event this year and was ranked No. 2 in the Big Ten at the time.
- » **Morgan Shigo** heaved the hammer out to a personal best of 210'-11" (64.28) that was the No. 4 mark in the conference as well as the No. 2 mark in program history. Shigo became only the second Nittany Lion to throw 210' or more in program history trailing only school record holder Alvin Jackson's mark of 218'-6" (66.60).
- » **Megan Fry** was the 11th best vaulter in the conference after clearing 12'-7.50" (3.85) in the pole vault. Fry's clearance set a new season best in the event and is No. 8 in program history.

VIRGINIA CHALLENGE

Five School Records In Two Hours

- » The Penn State Track and field team saw a combined five school records go down at the Virginia Challenge., two of which were from the 1970s.
- » **Morgan Shigo** launched his way to the top of the record books with his throw of 221'-0" (67.36m). The sophomore from Blandon, Pa. erased the old school record of 218'-6" (66.60m) set by Alvin Jackson back in 1976. Shigo ranked No. 18 in the NCAA and sat at No. 3 in the Big Ten at the time.
- » Indoor and outdoor pole vault school record holder **Lexi Masterson** improved on her outdoor record as she cleared a lifetime best 13'-4.5" (4.08m). The senior out of Jeannette, Pa. was ranked No. 4 in the Big Ten and No. 43 mark in the NCAA at th etime.
- » After missing the 4x100-meter school record by .02 at the Pac-12/Big Ten Challenge, the quartet of **Moffett, Smith, Chisena, and Kowalchuk** threw down the No. 1 time in Penn State history running 39.49 which was good enough to take home the gold, and in the process, set a new meet record.
- » Freshman sensation **Danae Rivers** claimed her fourth

WOMEN'S BIG TEN INDIVIDUAL OUTDOOR CHAMPIONS

Year	Athlete	Event	Performance
1992	Gibbs, Stacey	Javelin	165-1 (50.31)
1993	Kelly, Kim	10,000-Meters	34:58.95
1998	Bosler, Erica	800-Meters	2:05.69
1998	Walker, Shakeema	Triple Jump	42-4 (12.91)
1999	Walker, Shakeema	Triple Jump	43-6.50 (13.27)
2000	Williams, Deshaya	Discus	165-10 (50.54)
2002	Moore, Connie	100-Meters	11.31
2002	Moore, Connie	200-Meters	23.12
2003	Moore, Connie	100-Meters	11.37
2004	Moore, Connie	100-Meters	11.40
2004	Moore, Connie	200-Meters	22.74
2004	Aduba, Chi-Chi	4x100-Meter Relay	44.55
2004	Moore, Connie	4x100-Meter Relay	44.55
2004	Salaam, Kamillah	4x100-Meter Relay	44.55
2004	Shoaff, Sara	4x100-Meter Relay	44.55
2004	Aduba, Chi-Chi	Long Jump	20-10.75 (6.36)
2004	O'Connor, Ja'Nai	Shot Put	55-4.75 (16.88)
2005	Cox, Shana	400-Meters	52.91
2005	Cox, Shana	4x100-Meter Relay	45.27
2005	Robinson, Brooke	4x100-Meter Relay	45.27
2005	Salaam, Kamillah	4x100-Meter Relay	45.27
2005	Shoaff, Sara	4x100-Meter Relay	45.27
2005	Leatherman, Jennifer	Hammer	199-3 (60.73)
2006	Cox, Shana	200-Meters	23.41
2006	Cox, Shana	400-Meters	52.57
2006	Cox, Shana	4x100-Meter Relay	45.18
2006	Salaam, Kamillah	4x100-Meter Relay	45.18
2006	Shoaff, Sara	4x100-Meter Relay	45.18
2006	Walker, Monique	4x100-Meter Relay	45.18
2006	Blake, Dominique	4x400-Meter Relay	3:36.95
2006	Cox, Shana	4x400-Meter Relay	3:36.95
2006	Markel, Kim	4x400-Meter Relay	3:36.95
2006	Simmons, Briene	4x400-Meter Relay	3:36.95
2006	Leatherman, Jennifer	Discus	167-8 (51.10)
2006	Leatherman, Jennifer	Hammer	197-8 (60.24)
2007	Barber, Aleesha	400-Meter Hurdles	57.56
2007	Blake, Dominique	4x400-Meter Relay	3:34.93
2007	Cox, Shana	4x400-Meter Relay	3:34.93
2007	Hunter, Gayle	4x400-Meter Relay	3:34.93
2007	Simmons, Briene	4x400-Meter Relay	3:34.93
2008	Cox, Shana	200-Meters	23.15
2008	Cox, Shana	400-Meters	52.00
2008	Barber, Aleesha	100-Meter Hurdles	12.83
2008	Franek, Bridget	3000 Steeplechase	9:58.56
2008	Blake, Dominique	4x400-Meter Relay	3:36.24
2008	Cox, Shana	4x400-Meter Relay	3:36.24
2008	Dorr, Fawn	4x400-Meter Relay	3:36.24
2008	Simmons, Briene	4x400-Meter Relay	3:36.24
2009	Greaves, Shavon	100-Meters	11.49
2009	Greaves, Shavon	200-Meters	23.35
2010	Greaves, Shavon	100-Meters	11.56
2010	Greaves, Shavon	200-Meters	23.28
2010	Dorr, Fawn	400-Meters	52.51
2010	Barber, Aleesha	100-Meter Hurdles	13.11
2010	Dorr, Fawn	400-Meter Hurdles	57.50
2010	Franek, Bridget	3000 Steeplechase	9:48.28
2010	Barber, Aleesha	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x100-Meter Relay	42.62
2010	DeFusco, Caitlin	4x100-Meter Relay	42.62
2010	Dorr, Fawn	4x100-Meter Relay	42.62
2010	Greaves, Shavon	4x400-Meter Relay	3:35.18
2010	Dorr, Fawn	4x400-Meter Relay	3:35.18
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.18
2010	Duncan, Megan	4x400-Meter Relay	3:35.18
2011	Millhouse, Kara	10,000-Meters	35:02.33
2011	Duncan, Megan	400-Meter Hurdles	57.35
2011	McQuillen, Karlee	Javelin	162-10 (49.63)
2012	Millhouse, Kara	10,000-Meters	34:25.78
2012	Loht, Laura	Javelin	160-11 (49.05)
2013	Jones, Mahagony	100-Meters	11.32 (+2.6)
2013	Britton, Evonne	100-Meter Hurdles	13.40
2013	Kenney, Lauren	Javelin	173-10 (52.98)
2014	Jones, Mahagony	200-Meters	23.08
2014	Seymour, Kiah	400-Meter Hurdles	56.40
2014	McGee, Dynasty	4x400-Meter Relay	3:34.81
2014	Jones, Mahagony	4x400-Meter Relay	3:34.81
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.81
2014	Seymour, Kiah	4x400-Meter Relay	3:34.81
2014	Kurzdorfer, Melissa	Hammer	198-6 (60.51)
2014	Howell, Brittney	Heptathlon	5,515

IN THE POLLS

MEN'S USTFCCCA COACHES RANKINGS

Rank	Team	Conference	Pts.	Prev.
1.	Texas A&M	SEC	316.03	1
2.	Florida	SEC	293.97	2
3.	Texas Tech	Big XII	244.48	3
4.	Georgia	SEC	224.74	4
5.	Alabama	SEC	212.60	5
6.	LSU	SEC	178.60	6
7.	Oregon	PAC-12	176.15	12
8.	Southern California	PAC-12	165.80	8
9.	Arkansas	SEC	161.90	7
10.	Texas	Big XII	160.05	9
11.	Virginia	ACC	134.97	10
12.	Ole Miss	SEC	129.00	13
13.	Baylor	Big XII	128.86	14
14.	Kansas	Big XII	123.11	16
15.	Colorado State	MW	122.02	11
16.	Nebraska	Big Ten	120.67	15
17.	Penn State	Big Ten	117.96	17
18.	Auburn	SEC	116.70	20
19.	South Carolina	SEC	115.39	19
20.	UCLA	PAC-12	112.75	18
21.	Kentucky	SEC	99.68	21
22.	Mississippi State	SEC	94.89	22
23.	Tennessee	SEC	93.19	23
24.	Oklahoma State	Big XII	88.12	24
25.	Houston	American	85.79	25

Dropped out: None



WOMEN'S USTFCCCA COACHES RANKINGS

Rank	Team	Conference	Pts.	Prev.
1.	Texas A&M	SEC	306.75	1
2.	Oregon	PAC-12	303.34	2
3.	Southern California	PAC-12	291.54	5
4.	LSU	SEC	277.27	3
5.	Arkansas	SEC	276.30	4
6.	Kentucky	SEC	229.35	6
7.	Georgia	SEC	220.23	9
8.	Florida	SEC	215.54	7
9.	Texas	Big 12	187.99	8
10.	Alabama	SEC	148.43	10
11.	Baylor	Big 12	131.48	11
12.	Kansas State	Big 12	125.32	13
13.	Auburn	SEC	122.37	12
14.	Florida State	ACC	108.70	14
15.	Purdue	Big Ten	105.73	16
16.	Ole Miss	SEC	102.63	17
17.	Stanford	PAC-12	102.24	15
18.	BYU	Independent	100.53	20
19.	Miami (FL)	ACC	100.00	18
20.	Arizona State	PAC-12	95.59	21
21.	Notre Dame	ACC	91.93	19
22.	Tennessee	SEC	84.34	25
23.	Washington	PAC-12	83.64	23
24.	Penn State	Big Ten	81.59	22
25.	South Carolina	SEC	78.52	26

Dropped out: No. 24 Missouri

SEASON << REWIND << (CONTINUED)

individual school record as she posted a 2:02.54 800-meter time. Her school record performance was ranked No. 1 in the Big Ten and No. 5 in the NCAA at the time.

- » All-American **Isaiah Harris** posted a nation leading 1:45.64 in the 800-meters when he took home the gold at Florida Relays. This past weekend at the Virginia challenge, the sophomore out of Lewiston, Maine lowered his nation leading time running a Penn State school record 1:45.12. The old record was held by Casmier Loxson, the current World Record holder in the 600-meters.
- » Freshman **Domenic Perretta** dipped under 1:48 for the first time in his career. The Beaver Falls, Pa. native ran the No. 2 time in the Big Ten and No. 13 in the NCAA at the time with his time of 1:47.29 - the No. 10 time in program history
- » In her heptathlon season debut, sophomore **Madeline Holmberg** put up 5,636 points to move to No. 3 in Penn State history. Her performance leads the Big Ten and puts her at No. 9 in the NCAA.



123rd Penn Relays Yields More Records

- » Head Coach **John Gondak's** squads brought home a Championship of America title in one event (Triple Jump) along with 12 second-place finishes and four school records at Franklin Field in Philadelphia.
- » **Michael Shuey, Michael Biddle** and **Ryan Kerr** finished 2-3-4 in the Championship section of the javelin throw. Shuey led the way finishing with a school record mark of 250'-1" (76.25m) improving upon his mark of 249'-5" (76.02) from 2014. Biddle at 232'-4" (70.82m) and Kerr at 227'-1" (69.22m) both set personal best marks with their performances and are currently the No. 6 and No. 11 marks in program history.
- » The men's 4x100-meter relay eclipsed the school record pace for the second time this season (Virginia Challenge). Behind the efforts of **Kowalchuk, Chisena, Smith** and **Moffett** the relay carried the baton for a combined 39.48 seconds for a fourth-place finish in the Championship section of the event,

shaving off one one-hundredth (.01) of a second from the old school record pace of 39.49. This Nittany Lion lineup has produced three (3) sub-40 second performances which is more than were on the record books prior to the arrival of second-year sprints coach **Erin Tucker** in the summer of 2015.

- » The women's 4x800-meter relay came down to the wire in the final of the Championship section as **Tori Gerlach** (2:07.12), **Julie Kojancic** (2:06.64), **Rachel Banks** (2:07.08) and **Danae Rivers** (2:04.66) combined to run 8:25.49 absolutely eviscerating the old school record of 8:38.17 set earlier this season.
- » The final school record broken at the Penn Relays was the women's DMR where **Tori Gerlach** (3:23.24), **Tichina Rhodes** (53.77), **Rachel Banks** (2:08.02) and **Danae Rivers** (4:31.05) combined to run 10:56.07 erasing the old mark of 11:08.41 set by Rebekka Simko, Ije Iheoma, Marta Klebe and Kara Millhouse from 2012. The relay finished second trailing only Villanova in the championship section of the DMR and was anchored by the fastest split in the event (**Rivers**).
- » **David Lucas** - Discus 201'-6" (61.43m) No. 3 in program history
- » **Madeline Holmberg** - Long Jump 20'-4.25" (6.20m) T-No. 8 in program history
- » **Kory Decesaris** - Hammer 203'-10" (62.13m) No. 4 in program history
- » **Bryce Williams** - Triple Jump 52'-0" (15.85m) No. 6 in program history
- » **Dannielle Gibson** captured the event with a jump of 43'-6" (13.26m) that she achieved on her first jump of the competition. Gibson won the event by over four inches and is the first Nittany Lion woman to win a triple jump title at the Penn Relays in program history.



Yohman Movin' on Up

- » **Jon Yohman** - Shot Put 61'-3.50" (18.68m) T-No. 7 in program history



WHAT THEY'RE SAYING...

"Megan is a very special, hardworking and focused student athlete that I enjoy coaching every day. Megan is the type of athlete that inspires you to become a better coach. I'm looking forward to big things from Megan this postseason and in the future!!"

-Fritz Spence, Penn State Assistant Coach.





BIG TIME

BIG AOTW: Michael Shuey (3/29)

- » Finished first in the javelin throw with a mark of 75.34 meters at the Pac-12 vs. Big Ten Invitational
- » Ranks second in the nation and first in the Big Ten in the event this season
- » Earns the first Big Ten Outdoor Field weekly award of his career

BIG AOTW: Isaiah Harris (4/5)

- » Recorded a nation-leading time of 1:45.64 to win the 800-meter race at the Florida Relays and clock the second-fastest time in the world in the event in 2017
- » Added a second-place finish in the 4x800-meter relay
- » Earns the second outdoor track weekly award of his career and first of the season

BIG AOTW: Tori Gerlach (4/19)

- » Clocked the second-fastest time in the 3,000-meter steeplechase in the nation this season
- » Finished in a time of 9:50.60 to win the event and set a facility record at the Bucknell Classic
- » Earns the first outdoor track weekly award of her career

BIG AOTW: Isaiah Harris (4/26)

- » Recorded a nation-leading time of 1:45.12 to win the 800-meter race at the Virginia Challenge
- » Broke the school record in the event set in 2011
- » Earns the third outdoor track weekly award of his career and second of the season

BIG AOTW: Danae Rivers (4/26)

- » Set a school record in the 800-meter race at the Virginia Challenge
- » Finished in a time of 2:02.53, the fifth-fastest time in the nation this season
- » Earns the first outdoor track weekly award of her career

WHAT THEY'RE SAYING...

"Michael Shuey is a tremendously gifted athlete with one heck of an arm. He is a very focused and intense individual with the most passion of anyone I've ever worked with. He is what Penn State Athletics is all about."

- **Lucais MacKay, Penn State Assistant Coach.**



WHAT THEY'RE SAYING...

"Isaiah Harris continues to set records as he moves through his Penn State career. He added the outdoor 800-meter record this spring to go along with owning the indoor record. We are excited to see if he can set any more records as we head into the postseason."

- **John Gondak, Penn State Head Coach.**



FAST FACTS

Dannielle Gibson became the first woman to win a Penn Relays title in the triple jump in program history with her winning jump of 43'-6" (13.26m) at the 123rd Penn Relays.



THE HOME OF PENN STATE TRACK & FIELD

Horace Ashenfelter III Indoor Track

- » Penn State Track & Field athletes practice and compete in one of the premiere facilities in the U.S. in the Ashenfelter III Indoor Track. The track itself is the facility's most dynamic feature, and one of only a handful of indoor tracks in the U.S. to offer a six-lane, 200-meter, hydraulically banked oval. The building has all the features of a world-class facility, including six 42-inch lanes with hydraulically banked turns and eight 48-inch sprint lanes down the middle.
- » Penn State has hosted the Big Ten indoor championships in 1999 and 2009 as well as hosting the PTFLA Indoor State Championship.
- » Penn State is one of seven locations in the U.S. that offer a hydraulically banked 200-meter track:

- Birmingham Crossplex
- Navy
- Nebraska
- Ocean Breeze
- Penn State
- Texas A&M
- Virginia Military Institute



Nittany Lion Outdoor Track

- » Penn State Men's and Women's Outdoor Track and Field teams compete at the Nittany Lion Outdoor Track located between Porter Road and University Drive, south of the Bryce Jordan Center (BJC). It is a 400-meter beynon surface with nine 48-inch lanes with a six-foot warm-up lane running outside lane No.9.
- » Other features include a steeplechase water jump, in addition to long jump, triple jump, and pole vault runways in two directions.
- » Penn State has previously hosted the Big Ten Outdoor Championships in 1996 and 2007.



WHAT THEY'RE SAYING...

"Malik is special, he's that rare athlete that does stuff in practice that folks stop, watch, and say 'wow'. It is no surprise to us when he does those things in a meet. Many would call him lucky, but I call him gifted. Now that he's understanding what hard work can do for him, everyone needs to watch out... another 'wow' moment is coming!"

- Erin Tucker, Penn State Associate Head Coach



RECORDS BROKEN UNDER GONDAK

SCHOOL RECORDS

Women's School Records Set

600-meters (i)	1:29.06	Danae Rivers, 2017
800-meters (i)	2:04.04	Danae Rivers, 2017
800-meters	2:02.53	Danae Rivers, 2017
1,000-meters (i)	2:40.65	Tori Gerlach, 2016
1 Mile (i)	4:32.55	Danae Rivers, 2017
3,000-meters (i)	9:07.22	Tessa Barrett, 2017
5,000-meters (i)	15:46.08	Tessa Barrett, 2016
DMR (i)	11:01.16	Kocjancic, Rhodes, Banks, Rivers, 2017
DMR	10:56.07	Gerlach, Rhodes, Banks, Rivers, 2017
4x800-Relay	8:25.49	Gerlach, Kocjancic, Banks, Rivers, 2017
Pole Vault (i)	13'-9.25" (4.21m)	Lexi Masterson, 2016
Pole Vault	13'-4.50" (4.08m)	Lexi Masterson, 2017
Shot Put (i)	56'-8" (17.27m)	Rachel Fotherly, 2016
Shot Put	56'-3.25" (17.15m)	Rachel Fotherly, 2015

Men's School Records Set

60-meters (i)	6.68	Xavier Smith, 2016
600-meters (i)	1:14.96	Isaiah Harris, 2017
800-meters (i)	1:46.24	Isaiah Harris, 2016
800-meters	1:45.12	Isaiah Harris, 2017
1,000-meters (i)	2:18.26	Brannon Kidder, 2016
3,000-meters (i)	7:50.36	Robby Creese, 2015
4x100-Relay	39.48	Kowalchuk, Chisena, Smith, Moffett
Shot Put (i)	67'-3.50" (20.51m)	Darrell Hill, 2015
Hammer	221'-0" (67.36m)	Morgan Shigo, 2017

TOP-FIVE INDOOR MARKS

Women's Top-Five Marks Set

No. 2 Mile	4:37.83	Tori Gerlach, 2016
No. 2 5K	15:50.49	Tori Gerlach, 2016
No. 2 1J	43'-9" (13.33m)	Dannielle Gibson, 2017
No. 2 2J	69'-2" (21.08m)	Rachel Fotherly, 2016
No. 2 PV	13'-6.50" (4.13m)	Hannah Mulhern, 2016
No. 3 HJ	5'-10.50" (1.79m)	Megan McCloskey, 2017
T-No. 4 60m	7.41	Keiana Albury, 2017
No. 4 800-meters	2:07.43	Sarah Jane Underwood, 2016
No. 4 60mH	8.26	Quenee Dale, 2016
No. 4 DMR	11:15.00	Rivers, Lester, Banks, Barrett, 2017
No. 4 PV	13'-1.75" (4.01m)	Kasey Kemp, 2016
No. 4 SP	53'-5.75" (16.30m)	Alyssa Robinson, 2017
No. 5 Mile	4:40.43	Julie Kocjancic, 2017
No. 5 5K	16:04.66	Elizabeth Chikotas, 2016
No. 5 HJ	5'-9.75" (1.77m)	Ahmenah Richardson, 2016
No. 5 PV	13'-0.75" (3.98m)	Megan Fry, 2017

Men's Top-Five Marks Set

T-No. 2 60-meters	6.76	Malik Moffett, 2017
T-No. 2 200-meter	21.02	Malik Moffett, 2016
T-No. 2 200-meter	21.02	Xavier Smith, 2016
No. 2 DMR	9:27.20	Makins, Shisler, Harris, Kidder, 2016
No. 2 1J	52'-6.75" (16.02m)	Brian Leap, 2016
No. 2 WT	67'-8" (20.62m)	Morgan Shigo, 2017
No. 2 Mile	3:57.13	Brannon Kidder, 2015
No. 3 800-meters	1:47.01	Brannon Kidder, 2016
No. 3 4x800	7:22.10	Makins, Brennan, Kidder, Creese, 2015
No. 3 600-meters	9:28.36	Kidder, Rhodes, Watkins, Creese, 2015
No. 4 DMR	9:16.98	Brannon Kidder, 2016
No. 4 4x400	3:07.81	Kidder, Shisler, Watkins, Creese, 2015
No. 5 600-meters	1:17.58	Chisena, Smith, Reiser, Harris, 2017
		Robert Rhodes, 2016

TOP-TEN OUTDOOR MARKS

Women's Top-Ten Marks Set

No. 2 HJ	5'-11.50" (1.82m)	Megan McCloskey, 2017
No. 2 1,500-meters	4:16.33	Danae Rivers, 2017
No. 2 PV	13'-2.50" (4.03m)	Hannah Mulhern, 2016
No. 3 Heptathlon	5,636	Madeline Holmberg, 2017
No. 3 1J	43'-8" (13.31m)	Dannielle Gibson, 2016
No. 3 DT	170'-8" (52.03m)	Obeng Marfo, 2016
T-No. 3 HJ	5'-11.25" (1.81m)	Ahmenah Richardson, 2015
No. 4 PV	12'-10.25" (3.92m)	Kasey Kemp, 2016
No. 4 5,000-meters	15:58.79	Tori Gerlach, 2015
No. 4 HT	191'-9" (58.44m)	Rachel Fotherly, 2015
No. 4 SP	54'-2" (16.51m)	Alyssa Robinson, 2016
No. 5 5,000-meters	16:04.24	Jillian Hunsberger, 2017
No. 5 1J	42'-9.25" (13.04m)	Kaitlyn Lopez, 2017
No. 5 HT	191'-2" (58.27m)	Annjullie Vester, 2015
No. 5 4x100	44.78	Dale, Albury, Lester, Rhodes, 2017
No. 6 100mH	13.63	Quenee Dale, 2016
No. 6 400-meters	53.65	Tichina Rhodes, 2015
No. 6 5,000-meters	16:05.46	Elizabeth Chikotas, 2015
No. 6 100-meters	11.05	Keiana Albury, 2017
T-No. 6 SP	52'-6" (16.00m)	Obeng Marfo, 2015
No. 7 100mH	13.71	Shelley Black, 2015
No. 7 5,000-meters	16:06.19	Tessa Barrett, 2016
No. 7 HT	187'-6" (57.15m)	Alyssa Robinson, 2017
No. 8 PV	12'-7.50" (3.85m)	Megan Fry, 2017
No. 8 Heptathlon	4941	Tal Ben-Artzi, 2016
No. 8 10,000-meters	34:22.03	Tessa Barrett, 2016
No. 8 1J	159'-9" (48.70m)	Stephanie Seivers, 2017
T-No. 8 1J	20'-4.25" (6.20m)	Madeline Holmberg, 2017
No. 9 800-meters	2:07.00	Rachel Banks, 2017
No. 9 HT	183'-6" (55.94m)	Obeng Marfo, 2017
No. 10 100mH	14.01	Madeline Holmberg, 2017
No. 10 3K Steeple	10:27.82	Greta Lindsley, 2017

Men's Top-Ten Marks Set

No. 2 110mH	13.69	Sancho Barrett, 2015
No. 2 100-meters	10.38	Xavier Smith, 2017
No. 3 100-meter	10.42	Malik Moffett, 2017
No. 3 4x400	3:05.69	Chisena, Smith, Mathis, Harris, 2017
No. 3 DT	201'-6" (61.43m)	David Lucas, 2017
No. 3 1J	53'-4.50" (16.27m)	Brian Leap, 2016
No. 3 800-meters	1:45.58	Brannon Kidder, 2015
No. 4 HT	203'-10" (62.13m)	Kory Decesaris, 2016
No. 4 4x100	39.92	Smith, Chisena, Moffett, Porter, 2016
No. 5 4x100	40.04	Smith, Chisena, Moffett, Minnig, 2016
No. 5 200-meters	20.93	Malik Moffett, 2017
No. 6 1J	232'-4" (70.82m)	Michael Biddle, 2017
No. 6 200-meters	20.96	Xavier Smith, 2016
T-No. 6 1J	25'-6" (7.77m)	Malik Moffett, 2017
No. 7 5,000-meters	13:54.20	Timothy McGowan, 2017
No. 7 1J	51'-9.25" (15.78m)	Bryce Williams, 2017
T-No. 7 HJ	7'-0.50" (2.15m)	Chisom Ifeidi, 2016
T-No. 7 SP	61'-35" (18.68m)	Jon Yohman, 2017
No. 8 DT	182'-2" (55.53m)	Jon Yohman, 2016
No. 9 HT	196'-11" (60.02m)	David Lucas, 2017
No. 9 1J	229'-2" (69.84m)	Ryan Kerr, 2015
No. 10 1,500-meters	3:39.02	Robby Creese, 2015

JOHN GONDAK

Head Coach • Third-Season (11th Overall)

Doylestown, Pa.

Civil Engineering • Syracuse '95



THE GONDAK FILE

COACHING RESUME

- 2014-Current - Head Coach, Penn State
- 2006-14 - Assistant Coach, Penn State
- 1998-06 - Assistant Coach, Kentucky
- 1996-98 - Assistant Coach, Toledo
- 1995-96 - Assistant Coach, Georgia Tech

EDUCATION

- Syracuse 95' - Graduated summa cum laude of Civil Engineering program

AWARDS

- 2017 Mid-Atlantic Region Indoor Women's Head Coach of the Year
- 2016 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Indoor Men's Head Coach of the Year
- 2014 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant Coach of the Year
- 2009 Mid-Atlantic Region Assistant Coach of the Year

NOTABLE ATHLETES COACHES

Tessa Barrett
 Robby Creese
 Owen Dawson
 Bridget Franek
 Ryan Foster
 Tori Gerlach
 Isaiah Harris
 Barnnon Kidder
 Casimir Loxsom
 Danae Rivers

The Rhode(s) To Records!

- » Senior quarter-miler **Tichina Rhodes** has pieced together a storied career at Penn State from the moment she stepped foot on campus back in fall of 2013. The Philadelphia, Pa. native, by way of Swenson High School is a member of three school records as well as ranked No. 6 in the 400-meters outdoors and a member of the No. 5 4x100-meter relay (44.78) as the anchor leg.
- » Women's DMR(*i*) - Julie Kocjancic, **Tichina Rhodes**, Rachel Banks, Danae Rivers (11:01.16) School Record
- » Women's DMR - Tori Gerlach, **Tichina Rhodes**, Rachel Banks, Danae Rivers (10:56.07) School Record
- » Women's 4x400-meter relay (*i*) - Dynasty McGee, Mahagony Jones, **Tichina Rhodes**, Kiah Seymour (3:33.13) School Record
- » Women's 4x100-meter relay - Deja Dale, Keianna Albury, Kiara Lester, **Tichina Rhodes** (44.78) No. 5 in program history
- » Women's 4x400-meter relay - Dynasty McGee, Mahagony Jones, **Tichina Rhodes**, Kiah Seymour (3:31.17) No. 5 in program history
- » **Tichina Rhodes** - 400-meters (53.65) No. 6 in program history



DAY THREE RECAP FROM LAST YEAR:

LINCOLN, NE -- Penn State wrapped up the final day of action at Ed Weir Stadium in Lincoln, NE Sunday afternoon as the Nittany Lion men's team finished fifth, while the women's team took 10th-place at the 2016 Big Ten Outdoor Track & Field Championships.

Penn State finished the final day of the meet with three individual Big Ten Champions in Brian Leap, Brannon Kidder, and Isaiah Harris who claimed individual accolades in the men's triple jump 1,500-meters, and 800-meters, respectively.

Leap, who entered the competition ranked No. 1 triple jumper in the conference and backed up his rank tying his career best mark in the event posting a best jump of 16.27m (53'-4.5") to grab his first outdoor title.

Isaiah Harris, the 2016 Big Ten indoor champion this past February in Geneva, Ohio, claimed the outdoor 800-meter title in come-from-behind fashion. Harris made a move with 120-meters to go to move around Minnesota's Goaner Deng and never looked back, finishing the half-mile race in 1:46.21 besting the field by almost a complete second in the margin of victory over the next closest competition.

Harris' time fell one-tenth of a second off the Big Ten record set by former Nittany Lion Casimir Loxsom at 1:46.12 back in 2012.

Happy Valley is home to six of the last eight Big Ten 800-meter champions led by the efforts of middle-distance specialist, head coach John Gondak, and his Nittany Lion athletes through the years.

The third and final individual champion on the day was senior Brannon Kidder who is no stranger to Big Ten Championships, having won eight over his time as a Nittany Lion.

Kidder entered the final sporting the fastest time from prelims at 3:47.44. The senior from Lancaster, Ohio took the lead early and held it all the way through the finish, holding off Michigan State's Justine Kiprotich who made a push with 300-meters to-go before Kidder capped the race clocking 3:44.67 en route to his ninth Big Ten Championship of his career.

Kidder was part of a men's 1,500-meter group that finished 1-4-5 in the event as Colin Abert and Robby Creese ran times of 3:46.96 and 3:47.42 to help Penn State collect 19-points in the event and became the first Nittany Lion to win the event since 2008.

Dannielle Gibson brought home a silver medal in the women's triple jump with her mark of 13.04m (42'-9.50"). Teammate Kaitlyn Lopez finished eighth in the event with her best jump of 12.56m (41'-2.50").

The women's high jump featured Penn State's Megan McCloskey (1.79m/5'-10.50") and Ahmenah Richardson (1.76m 5'-9.25") finish fourth and fifth, respectively.

The men's 4x400-meter relay squad of Dan Chisena, Alex Shisler, Sam Reiser, and Isaiah Harris combined to lay down a season best time of 3:07.25 taking sixth-place in the final event of the day.

Other Big Ten scorers on day three include: Obeng Marfo, Jon Yohman, Ryan Kerr,

Xavier Smith, Sarah Jane Underwood, Jillian Hunsberger, Glen Burkhardt, Timothy McGowan, and the men's 4x100-meter relay.

Following the meet the Big Ten released first and second team All-Big Ten performers, Nittany Lions on that list include:

Isaiah Harris (First-Team)

Brannon Kidder (First-Team)

Brian Leap (First-Team)

Dannielle Gibson (Second-Team)

YEAR-BY-YEAR FINISH AT BIG TEN'S (M)

Year	Indoor (points)	Outdoor (points)
1992	8th (30.5)	7th (55)
1993	6th (31)	8th (52.5)
1994	7th (38)	8th (49)
1995	10th (8)	5th (87)
1996	10th (25)	3rd (82)
1997	10th (29.3)	8th (56)
1998	8th (51)	9th (53)
1999	10th (30)	9th (62)
2000	9th (34.5)	7th (71.5)
2001	5th (68)	3rd (98.83)
2002	CANCELLED	5th (72)
2003	7th (42)	5th (81)
2004	8th (39)	7th (54.5)
2005	8th (37)	7th (66)
2006	8th (46.5)	7th (61)
2007	8th (46)	4th (93.5)
2008	4th (79)	6th (77)
2009	3rd (78)	5th (80)
2010	T-6th (51)	T-7th (52)
2011	6th (62.66)	6th (74)
2012	6th (51.33)	6th (80)
2013	3rd (87)	8th (59)
2014	3rd (72)	6th (78)
2015	4th (72)	5th (67)
2016	6th (60)	5th (82)
2017	2nd (84)	---



YEAR-BY-YEAR FINISH AT BIG TEN'S (W)

Year	Indoor (points)	Outdoor (points)
1992	8th (30)	6th (77)
1993	4th (43)	6th (56)
1994	10th (10)	8th (53)
1995	10th (17)	10th (33)
1996	4th (39)	8th (43)
1997	5th (63)	3rd (91)
1998	6th (44.5)	5th (75)
1999	8th (59.17)	8th (63)
2000	8th (21)	7th (62)
2001	T-6th (61)	8th (65)
2002	7th (55.5)	8th (72)
2003	3rd (87)	T-2nd (124)
2004	1st (115)	2nd (126.5)
2005	4th (74)	2nd (112.5)
2006	4th (85)	3rd (114)
2007	4th (92)	3rd (114)
2008	3rd (121)	1st (151)
2009	2nd (125)	1st (139)
2010	1st (111)	1st (133.5)
2011	2nd (86)	2nd (122)
2012	3rd (99)	4th (87)
2013	4th (73)	1st (133)
2014	1st (114.5)	1st (136)
2015	T-3rd (68)	7th (66)
2016	3rd (96.5)	10th (47.5)
2017	1st (96.5)	---

Day One | Friday, May 12, 2017

Noon	Decathlon 100-meters
Noon	Women's hammer throw (trials and finals)
12:15 p.m.	Heptathlon 100-meter hurdles
12:45	Decathlon long jump
12:50	Heptathlon high jump
1:30	Women's pole vault (trials and finals)
2:00	Decathlon shot put
2:30	Men's hammer throw (trials and finals)
2:45	Decathlon high jump
2:50	Heptathlon shot put
4:00	Heptathlon 200-meters
4:30	Men's javelin (trials and finals)
5:00	Decathlon 400-meters
5:35	Men's 400-meter hurdles (trials)
5:55	Women's 400-meter hurdles (trials)
6:15	Men's 200-meters (trials)
6:30	Women's 200-meters (trials)
6:45	Men's 1500-meters (trials)
7:05	Women's 1500-meters (trials)
7:30	Women's 10,000-meters
8:15	Men's 10,000-meters

Day Two | Saturday, May 13, 2017

9:30 a.m.	Decathlon 110-meter hurdles
10:10	Decathlon discus
10:15	Heptathlon long jump
11:20	Decathlon pole vault
11:30	Heptathlon javelin
1:15 p.m.	Decathlon javelin
1:20	Women's long jump (trials and finals)
1:45	Heptathlon 800-meters
2:15	Women's high jump (trials and finals)
2:35	Women's discus (trials and finals)
3:10	Decathlon 1500-meters
3:30	Men's shot put (trials and finals)
4:00	Men's 400-meters (trials)
4:15	Women's 400-meters (trials)
4:30	Men's 100-meters (trials)
4:35	Men's long jump (trials and finals)
4:45	Women's 100-meters (trials)
5:00	Men's 110-meter hurdles (trials)
5:15	Women's 100-meter hurdles (trials)
5:30	Men's 800-meters (trials)
5:55	Women's 800-meters (trials)
6:30	Women's 3,000-meters steeplechase
6:45	Men's 3,000-meters steeplechase

Day Three | Sunday, May 14, 2017

11:30 a.m.	Men's triple jump (trials and finals)
Noon	Men's discus (trials and finals)
1:00 p.m.	Men's pole vault (trials and finals)
1:30	Women's shot put (trials and finals)
1:30	Men's high jump (trials and finals)
1:45	Men's 4x100-meter relay (finals)
1:55	Women's 4x100-meter relay (finals)
2:00	Women's triple jump (trials and finals)
2:00	Women's javelin (trials and finals)
2:05	Men's 1500-meters (finals)
2:15	Women's 1500-meters (finals)
2:25	Men's 110-meter hurdles (finals)
2:35	Women's 100-meter hurdles (finals)
2:40	Men's 400-meters (finals)
2:45	Women's 400-meters (finals)
2:50	Men's 100-meters (finals)
2:55	Women's 100-meters (finals)
3:03	Men's 800-meters (finals)
3:08	Women's 800-meters (finals)
3:18	Men's 400-meter hurdles (finals)
3:28	Women's 400-meter hurdles (finals)
3:35	Men's 200-meters (finals)
3:42	Women's 200-meters (finals)
3:49	Men's 5000-meters (finals)
4:11	Women's 5000-meters (finals)
4:33	Men's 4x400-meter relay (sections if necessary)
4:45	Women's 4x400-meter relay (sections if necessary)





TRACK & FIELD

2017 Penn State Women's Outdoor Performance List

WOMEN'S 100-METER DASH
PSU: 11.21 - Connie Moore, (2003)

11.65 +0.3	Keianna Albury	Mar-25
11.86 +2.0	Quenee Dale	Apr-21
11.93 +0.5	Kiara Lester	Apr-21
11.99 +2.2	Tichina Rhodes	Apr-21
12.14 +2.2	Deja Davis	Apr-21
12.17 +2.2	Lauren Costa	Apr-21

WOMEN'S 200-METERS
PSU: 22.45 - Connie Moore, (2004)
Heptathlon: 23.56* - Gayle Hunter, (2008)

23.91 -0.2	Keianna Albury	Mar-25
23.94 +2.6	Madeline Holmberg#	Apr-21
24.46 +3.8	Kiara Lester	Apr-21
25.12 +0.0	Deja Davis	Mar-25
25.14 +2.2	Tichina Rhodes	Apr-21
25.34 -1.1	Lauren Costa	Apr-15
25.41 -0.4	Quenee Dale	Mar-25
26.78 -1.0	Megan Osborne	Apr-15

WOMEN'S 400-METERS
PSU: 50.84 - Shana Cox, (2008)

55.22	Tichina Rhodes	Apr-21
56.12	Kiara Lester	Mar-25
57.14	Frances Bull	Apr-15
57.28	Deja Davis	Apr-8
59.92	Megan Osborne	Apr-15

WOMEN'S 800-METERS
PSU: 2:02.53 - Danae Rivers, (2017)
Heptathlon: 2:16.52 - Tal Ben-Artzi, (2015)

2:02.53	Danae Rivers	Apr-21
2:07.00	Rachel Banks	Apr-8
2:07.76	Julie Kocjancic	Apr-21
2:08.06	Frances Bull	Apr-15
2:12.46	Grace Trucilla	Apr-22
2:14.54	Nicole O'Donnell	Apr-15
2:23.39	Madeline Holmberg#	Apr-22
2:27.55	Cara Ulizio	May-5

WOMEN'S 1,500-METERS
PSU: 4:15.20 - Marta Klebe, (2014)

4:16.33	Danae Rivers	Mar-31
4:22.94	Julie Kocjancic	Apr-14
4:25.63	Tori Gerlach	Mar-25
4:25.81	Marissa Sheva	Apr-14
4:26.43	Jillian Hunsberger	Apr-14
4:28.18	Elizabeth Chikotas	Apr-22
4:30.57	Rachel Banks	Apr-22
4:33.36	Lisa Bennatan	Apr-14
4:33.78	Victoria Crawford	Apr-14
4:33.80	Natasha Fedkina	Apr-14
4:33.87	Kathryn Munks	Apr-14
4:35.41	Greta Lindsley	Mar-25
4:36.98	Grace Trucilla	Apr-8
4:40.56	Hannah Catalano	Apr-22
4:41.34	Noemie Noullet	Apr-22
4:48.34	Cara Ulizio	Apr-22
5:17.45	Marissa Deichart (UNA)	May-5

WOMEN'S 3,000-METER STEEPLECHASE
PSU: 9:32.35 - Bridget Franek, (2010)

9:50.60	Tori Gerlach	Apr-14
10:27.57	Greta Lindsley	Apr-27

WOMEN'S 3,000-METERS
PSU: 9:08.04 - Kathy Mills, (1978)

9:42.31	Elizabeth Chikotas	Apr-27
9:43.82	Lisa Bennatan	Apr-27
9:57.80	Marissa Sheva	Apr-27

WOMEN'S 5,000-METERS
PSU: 15:32.53 - Kathy Mills, (1978)

15:58.88	Tori Gerlach	Apr-22
16:04.24	Jillian Hunsberger	Apr-22
16:15.35	Tessa Barrett	Apr-27
16:28.57	Kathryn Munks	Mar-31
17:24.26	Noemie Noullet	Apr-14
17:51.51	Cara Ulizio	Apr-14

WOMEN'S 100-METER HURDLES
PSU: 12.85 - Aleesha Barber, (2010)
Heptathlon: 13.45 - Gayle Hunter, (2009)

13.85 +0.8	Quenee Dale	Apr-8
14.01 +1.7	Madeline Holmberg#	Apr-21

WOMEN'S 400-METER HURDLES
PSU: 55.57 - Fawn Dorr, (2010)

1:00.04	Rachael DeCecco	Apr-8
1:01.53	Elyse Skerpon	Apr-8

WOMEN'S 4X100-METER RELAY
PSU: 44.25 - Fox, Aduba, Shoaff, Moore, (2003)

44.78	Dale, Albury Lester, Rhodes	Apr-28
45.22	Davis, Albury Dale, Lester	Mar-25

WOMEN'S 4x200-METER RELAY
PSU: 1:33.09 - Jones, McGee, Howell, Seymour, (2014)

1:35.36	Dale, Albury Lester, Holmberg	Apr-28
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WOMEN'S 4x400-METER RELAY
PSU: 3:27.69 - Blake, Barber, Cox, Simmons, (2008)

3:37.59	Lester, Rhodes Davis, Rivers	Apr-29
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3:41.44 Lester, Rhodes
Bull, Rivers Apr-8

3:43.61 Lester, Davis
Bull, DeCecco Apr-27

3:52.06 Davis, DeCecco
Skerpon, Holmberg Apr-8

WOMEN'S 4x800-METER RELAY
PSU: 8:25.49 - Gerlach, Kocjancic, Banks, Rivers, (2017)

**8:25.49 Gerlach, Kocjancic
Banks, Rivers Apr-29**

8:38.17 Sheva, Kocjancic
Bull, Rivers Apr-1

WOMEN'S SPRINT MEDLEY RELAY
PSU: 3:47.90 - Barber, Blake, Cox, Simmons, (2007)

3:56.43	Davis, Costa Bull, Kocjancic	Apr-28
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WOMEN'S DISTANCE MEDLEY RELAY
PSU: 10:56.07 - Gerlach, Rhodes, Banks, Rivers, (2017)

**10:56.07 Gerlach, Rhodes
Banks, Rivers Apr-27**

WOMEN'S HIGH JUMP
PSU: 6-0 (1.83) - Shelley Mitchell, (1992)
Heptathlon: 5-10 (1.78) - Brittney Hunter, (2014)

5'-11.50" (1.82)	Megan McCloskey	Apr-8
5'-4.50" (1.64)	Madeline Holmberg#	Apr-21

WOMEN'S POLE VAULT
PSU: 13-4.50 (4.08) - Lexi Masterson, (2017)

13'-4.50" (4.08)	Lexi Masterson	Apr-21
13'-2.25" (4.02)	Hannah Mulhern	Apr-8
12'-7.50" (3.85)	Megan Fry	Apr-15
12'-2.50" (3.72)	Kasey Kemp	Apr-8

WOMEN'S LONG JUMP
PSU: 21-6 (6.55) - Chi-Chi Aduba, (2004)
Heptathlon: 21-0.50 (6.42)* - Gayle Hunter, (2009)

20'-4.25" (6.20) -0.3	Madeline Holmberg	Apr-27
19'-6.25" (5.95) +1.3	Kaitlyn Lopez	Apr-22
19'-2.75" (5.86) +0.0	Dannielle Gibson	Mar-25
18'-9.00" (5.71) +1.3	Kelsey Vieira	Apr-15
16'-6.50" (5.04) +2.3	Olivia Giambra	Mar-25

WOMEN'S TRIPLE JUMP
PSU: 44-6.75 (13.58) - Chi-Chi Aduba, (2004)

43'-6.00" (13.26)+1.2	Dannielle Gibson	Apr-28
42'-9.25" (13.04)+2.4	Kaitlyn Lopez	Apr-21
39'-9.50" (12.13)+0.9	Kelsey Vieira	Apr-21
37'-8.00" (11.48)+2.1	Olivia Giambra	Apr-8

WOMEN'S SHOT PUT
PSU: 56-3.25 (17.15) - Rachel Fatherly, (2015)
Heptathlon: 42-0 (12.80) - Madelin Holmberg, (2009)

53'-5.75" (16.30)	Alyssa Robinson	Mar-25
52'-4.00" (15.95)	Obeng Marfo	Apr-27
42'-0.00" (12.80)	Madeline Holmberg#	Apr-21

WOMEN'S DISCUS
PSU: 185-1 (56.42) - Deshaya Williams, (2003)

163'-0" (49.69)	Obeng Marfo	Apr-27
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WOMEN'S HAMMER
PSU: 219-1 (66.75) - Jen Leatherman, (2006)

187'-6.00" (57.15)	Alyssa Robinson	Apr-21
183'-6.00" (55.94)	Obeng Marfo	Mar-24

WOMEN'S JAVELIN
PSU: 178-6 (54.41) - Laura Loht, (2014)
Heptathlon: 126-5 (38.53) - Gayle Hunter, (2008)

159'-9.00" (48.70)	Stephanie Sievers	Apr-8
147'-1.00" (44.85)	Kayla Zoschg	Apr-22
135'-7.00" (41.34)	Rosemary Campbell	Apr-22
115'-2.00" (35.11)	Madeline Holmberg	May-5

WOMEN'S HEPTATHLON
PSU: 5,797 - Gayle Hunter, (2009)

5,636	Madeline Holmberg	Apr-22
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KEY -
BOLD - School Record; # - Mark from Multi-Events; * - Flat to bank conversion, UNA - Unattached

All-Time Women's Top 10 Outdoor Performances

100-Meter Dash

1	11.21	Connie Moore	2004
2	11.27	Shavon Greaves	2010
3	11.29	Mahogany Jones	2014
4	11.56	Kamilah Salaam	2004
5	11.63 (11.57w)	Aleesha Barber	2008
6	11.65	Keianna Albury	2017
7	11.68	Vivian Riddick	1983
8	11.68 (11.60w)	Kirsten Nieuwendam	2012
9	11.70	Sara Shoaff	2006
10	11.72	Caitlin DeFusco	2010

200-Meter Dash

1	22.45	Connie Moore	2004
2	22.90 (22.68w)	Mahogany Jones	2014
3	23.07	Shavon Greaves	2010
4	23.15 (22.92w)	Shana Cox	2008
5	23.47	Kirsten Nieuwendam	2012
6	23.61	Kamilah Salaam	2004
7	23.66	Kiah Seymour	2014
8	23.70	Sara Shoaff	2005
9	23.81 (23.56w)	Gayle Hunter	2008
10	23.85	Debbie Lewis	1980

400-Meter Dash

1	50.84	Shana Cox	2008
2	52.15	Dominique Blake	2008
3	52.51	Fawn Dorr	2010
4	53.14	Dynasty McGee	2014
5	53.17	Ije Iheoma	2012
6	53.65	Tichina Rhodes	2015
7	53.74	Laila Brock	1998
8	53.74	Janice Carter	1988
9	53.80	Tammie Hart	1981
10	54.15	Shavon Greaves	2010

800-Meter Run

1	2:02.53	Danae Rivers	2017
2	2:03.09	Bekka Simko	2012
3	2:04.37	Tammie Hart	1985
4	2:04.72	Briene Simmons	2006
5	2:05.66	Janice Carter	1985
6	2:05.69	Erica Bosler	1998
7	2:06.68	Terry Pioli	1981
8	2:06.80	Maura Ryan	2011
9	2:07.00	Rachel Banks	2017
10	2:07.26	Judi Cassel	1995

1500-Meter Run

1	4:15.20	Marta Klebe	2014
2	4:16.33	Danae Rivers	2017
3	4:16.96	Doreen Startare	1993
4	4:17.40	Kim McGreevy	1997
5	4:17.54	Mary Rawe	1981
6	4:18.33	Bridget Franek	2010
7	4:19.83	Patty Murnane	1981
8	4:20.11	Bekka Simko	2012
9	4:20.40	Caitlin Lane	2010
10	4:21.10	Heather Carmichael	1980

5000 Meters

1	15:32.52	Kathy Mills	1978
2	15:46.08	Bridget Franek	2010
3	15:53.50	Paula Renzi	1985
4	15:58.79	Tori Gerlach	2015
5	16:04.24	Jillian Hunsberger	2017
6	16:05.46	Elizabeth Chikotas	2015
7	16:06.19	Tessa Barrett	2016
8	16:06.32	Kim Kelly	1993
9	16:08.74	Leigh Anderson	2014
10	16:09.38	Stacy Prey	1990

10,000 Meters

1	32:57.33	Kara Millhouse	2012
2	33:52.32	Leigh Anderson	2014
3	34:00.00	Natalie Updegrove	1983
4	34:02.52	Kim Kelly	1993
5	34:02.80	Kris Kelly	1993
6	34:09.00	Kelli Hunt	1993
7	34:20.10	Donna Fidler	1999
8	34:22.03	Tessa Barrett	2016
9	34:24.07	Peggy Cleary	1980
10	34:31.75	Cheryl Spring	2010

100 Hurdles

1	12.85	Aleesha Barber	2010
2	13.03	Evonne Britton	2014
3	13.35	Gayle Hunter	2009
4	13.36	Toyin Augustus	2001
5	13.45	Brittney Howell	2014
6	13.63	Quenee Dale	2016
7	13.71	Shelley Black	2015
8	13.83	Kamilah Salaam	2006
9	13.83	Monique Walker	2006
10	14.01	Madeline Holmberg	2017

400 Hurdles

1	55.57	Fawn Dorr	2010
2	55.88	Kiah Seymour	2014
3	57.00	Aleesha Barber	2007
4	57.32	Evonne Britton	2010
5	57.35	Megan Duncan	2011
6	57.88	Shelley Mitchell	1991
7	58.45	Tammie Hart	1982
8	58.60	Ernestine Marsh	1987
9	58.77	Kim Markel	2007
10	58.93	Doris Anyanwu	2012

3,000-Meter Steeplechase

1	9:32.35	Bridget Franek	2010
2	9:50.60	Tori Gerlach	2017
3	10:07.78	Molly Landreth	2003
4	10:07.86	Natalie Bower	2013
5	10:16.91	Tracey Brauksieck	2003
6	10:20.33	Lindsey Graybill	2012
7	10:20.76	Abbie Benson	2014
8	10:24.01	Claire Percival	2007
9	10:26.41	Nicole Lord	2010
10	10:27.82	Greta Lindsley	2017

4x100-Meter Relay

1	44.25	Fox, Shoaff, Moore Aduba	2003
2	44.38	Salaam, Aduba, Shoaff, Moore	2004
3	44.57	Greaves, DeFusco, Barber, Dorr	2010
4	44.64	Gibson, Jones, McGee, Seymour	2014
5	44.78	Dale, Albury, Lester, Rhodes	2017

1	3:27.69	Blake, Barber, Hunter, Cox	2008
2	3:30.34	Barber, Greaves, Hunter, Dorr	2009
3	3:30.35	Anyanwu, Greaves, Iheoma, Duncan	2011
4	3:30.74	Barber, Greaves, Anyanwu, Dorr	2010
5	3:31.17	McGee, Jones, Rhodes, Seymour	2014

High Jump

1	6-0 (1.83)	Shelley Mitchell	1992
2	5-11.50 (1.82)	Megan McCloskey	2017
3	5-11.25 (1.81)	Pam Connell	1991
4	5-11.25 (1.81)	Ahmenah Richardson	2015
5	5-11 (NMC)	Antoinette O'Carroll	1987
6	5-10.75 (1.80)	Erika Morgan	2013
7	5-10.5 (1.79)	Karen Krawick	1980
8	5-10.5 (1.79)	Jenny Williams	1987
9	5-10.5 (1.79)	Leslie Lippincott	1991
10	5-10.5 (1.79)	Holly Jones	1992

Pole Vault

1	13-4.5 (4.08)	Lexi Masterson	2017
2	13-2.5 (4.03)	Hannah Mulhern	2016
3	13-1.5 (4.00)	Sara Dougherty	2004
4	12-10.25 (3.92)	Kasey Kemp	2016
5	12-9.5 (3.90)	Jocelyn Witmer	2010
6	12-9.5 (3.90)	Erin Knabe	2014
7	12-8.25 (3.87)	Caitlin Fairbairn	2010
8	12-7.50 (3.85)	Megan Fry	2017
9	12-6.25 (3.82)	Amanda Palenchar	2012
10	12-5.5 (3.80)	Kelly Nesbit	2005

Long Jump

1	21-6 (6.55)	Chi-Chi Aduba	2004
2	21-4.75 (6.52)	Gayle Hunter	2008
3	20-10.75 (6.37)	Carmen Mann	1989
4	20-10.75 (6.37)	Shakeema Walker	1999
5	20-10.75 (6.37)	Brittney Howell	2014
6	20-5.25 (6.25)	Bianca Fung	2009
7	20-10.5 (6.36w)		
8	20-4.5 (6.21)	Vivian Riddick	1982
9	20-4.25 (6.20)	Monique Gillman	1997
10	20-4.25 (6.20)	Madeline Holmberg	2017
	20-3 (6.17)	Lena Bettis	2007

Triple Jump

1	44-6.75 (13.58)	Chi-Chi Aduba	2004
2	44-3 (13.48)	Shakeema Walker	1999
3	43-8 (13.31)	Dannielle Gibson	2016
4	44-8.75 (13.63w)		
4	43-1 (13.13)	Carmen Mann	1990
5	42-9.25 (13.04)	Kaitlyn Lopez	2017
6	42-3.50 (12.89)	Tanaya Lloyd	2012
7	42-2.75 (12.87)	Marlene Ricketts	2014
8	41-7 (12.67)	Lena Bettis	2007
9	41-2.50 (12.56)	Gayle Hunter	2007
	41-2.50 (12.56)	Alicia Porro	1992
	42-9.25 (13.04w)		

Shot Put

1	56-3.25 (17.15)	Rachel Fotherly	2015
2	55-4.75 (16.88)	Ja'Nai O'Connor	2004
3	55-0 (16.76)	Elaine Sobansky	1984
4	54-2 (16.51)	Alyssa Robinson	2016
5	53-8.25 (16.36)	Jennifer Leatherman	2006
6	52-6 (16.00)	Jane Swenson	2011
7	52-6 (16.00)	Obeng Marfo	2015
8	51-6.5 (15.71)	Melissa Kurzdorfer	2014
9	51-6.25 (15.70)	Deshaya Williams	2003
10	51-1.5 (15.58)	Emma Schmelzer	2009

Discus

1	185-1 (56.41)	Deshaya Williams	2001
2	173-4 (52.83)	Christen Clemson	2007
3	170-8 (52.03)	Obeng Marfo	2016
4	170-0 (51.82)	Jennifer Leatherman	2006
5	167-7 (51.08)	Elaine Sobansky	1984
6	167-4 (51.01)	Emma Schmelzer	2007
7	166-8 (50.82)	Melissa Kurzdorfer	2013
8	161-5 (49.21)	Rachel Fotherly	2014
9	157-6 (48.02)	Laylor McNally	2011
10	156-7 (47.72)	Lexi Benamati	2004

Hammer

1	219-1 (66.78)	Jennifer Leatherman	2006
2	207-10 (63.35)	Melissa Kurzdorfer	2012
3	197-3 (60.12)	Kate Johnston	2003
4	191-9 (58.44)	Rachel Fotherly	2015
5	191-2 (58.27)	Anjulie Vester	2015
6	190-10 (58.16)	Deshaya Williams	2003
7	187-6 (57.15)	Alyssa Robinson	2017
8	186-11 (56.97)	Helen Higgins	2007
9	183-6 (55.94)	Obeng Marfo	2017
10	178-3 (54.35)	Emma Schmelzer	2009

Javelin

1	178-6 (54.41)	Laura Loht	2014
2	178-4 (54.35)	Kim Hanslovan	2009
3	177-10 (54.02)	Lauren Kenney	2013
4	176-2 (53.70)	Karlee McQuillen	2008
5	169-3 (51.58)	Carrie Karabinos	1999
6	167-2 (50.96)	Heidi Nadeau	2007
7	167-1 (50.92)	Brianne Johnson	2001
8	159-9 (48.70)	Stephanie Sievers	2017
9	159-4 (48.56)	Ashley Colley	2002
10	156-3 (47.62)	Kristen Eash	2004

Heptathlon

1	5797	Gayle Hunter	2009
2	5706	Pam Connell	1991
3	5636	Madeline Holmberg	2017
4	5625	Brittney Howell	2014
5	5420	Carmen Mann	1990
6	5407	Shelley Mitchell	1992
7	5311	Carla Criste	1986
8	4941	Tal Ben-Artzi	2016
9	4919	Amber Strouse	2007
10	4917	Holly Jones	1992

as of May 7, 2017



TRACK & FIELD

2017 Penn State Men's Outdoor Performance List

MEN'S 100-METER

PSU: 10.1 - Mike Sands, (1975)
Decathlon: 10.99 - Rob Cardina, (2014)

10.38 +0.5	Xavier Smith	Apr-21
10.42 +0.5	Malik Moffett	Apr-21
10.57 +0.8	Karson Kowalchuk	Apr-21
10.65 +0.5	Dan Chisena	Apr-21
10.67 +0.5	Anton Porter	Apr-21
10.98 -1.1	Darien Williams (UNA)	Apr-15
11.10 -1.1	Tristan Daman (UNA)	Apr-15
11.23 +2.4	Luke Rarig#	Apr-21

MEN'S 200-METERS

PSU: 20.23 - Michael Timpson, (1986)

20.93 +2.5	Malik Moffett	Apr-22
21.11 +2.5	Xavier Smith	Apr-22
21.42 +0.0	Karson Kowalchuk	Apr-8
21.56 +0.0	Dan Chisena	Apr-8
22.06 -1.5	Darien Williams (UNA)	Apr-15
22.08 +2.3	Anton Porter	Apr-15
22.10 +0.4	Tyreek Mathis	Mar-25
22.25 +1.8	Peter Hughey	Apr-22
22.28 -1.5	Tristan Daman (UNA)	Apr-15
22.65 -1.1	Lamont Higgins	Apr-15
23.05 +0.3	Robert Cardina	Mar-25
23.92 -3.1	Luke Rarig	Apr-15

MEN'S 400-METERS

PSU: 45.20 - Mike Sands, (1975)
Decathlon: 47.65 - Brian Kelley, (1991)

47.34	Dan Chisena	Mar-25
47.64	Tyreek Mathis	Apr-8
48.31	Lamont Higgins	May-5
48.55	Peter Hughey	May-5
48.76	Samuel Reiser	Apr-21
52.70	Luke Rarig#	Apr-21

MEN'S 800-METERS

PSU: 1:45.12 - Isaiah Harris, (2017)

1:45.12	Isaiah Harris	Apr-21
1:47.29	Domenic Perretta	Apr-21
1:50.01	Billy McDevitt	Apr-21
1:50.04	Jordan Makins	Mar-31
1:51.89	Colin Abert	May-5
1:53.28	Bobby Hill	May-5
1:53.33	Jaxson Hoey	Apr-21
1:53.51	Joseph Phifer	Apr-8
1:53.75	Brad Rivera	May-5
1:54.28	Joey Logue	May-5
1:56.39	Brad Rivera	Apr-22

MEN'S 1,500-METERS

PSU: 3:38.82 - Brannon Kidder, (2014)
Decathlon: 4:21.05 Tom Kleban, (1989)

3:46.47	Domenic Perretta	Apr-14
3:47.21	Colin Abert	Apr-14
3:49.34	Timothy McGowan	Apr-14
3:50.06	Isaiah Harris	Apr-8
3:50.08	Jaxson Hoey	Apr-14
3:50.78	Jordan Makins	Apr-14
3:51.57	Bobby Hill	Apr-22
3:56.19	Brandon Tubby	Apr-8
4:00.24	John McGowan	Mar-25
5:00.79	Luke Rarig#	Apr-22

MEN'S 5,000 METERS

PSU: 13:34.0 - Greg Fredericks, (1972)

13:54.20	Timothy McGowan	Apr-22
14:18.03	John McGowan	Apr-27
14:48.81	Brandon Tubby	Apr-14
15:05.78	Brady Bobbitt	Apr-14

MEN'S 110-METER HURDLES

PSU: 13.56 - Guy Rose, 2001
Decathlon: 14.45 - Rick Kleban, 1987

14.94 +1.9	Luke Rarig#	Apr-22
14.96 +2.0	Robert Cardina	Apr-8

MEN'S 400-METER HURDLES

PSU: 48.69 - Mike Shine, (1976)

53.91	David Marrington	Apr-28
57.37	Riley Gaibler	Apr-22

MEN'S 4X100-METER RELAY

PSU: 39.48 - Kowalchuk, Chisena, Smith, Moffett, (2017)

39.48	Kowalchuk, Chisena Smith, Moffett	Apr-29
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MEN'S 4X200-METER RELAY

PSU: 1:23.75 - Smith, Chisena, Moffett, Porter, (2016)

1:23.08	Kowalchuk, Moffett Porter, Reiser	Apr-29
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1:25.08	Kowalchuk, Moffett Porter, Mathis	Apr-28
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MEN'S 4x400-METER RELAY

PSU: 3:01.52 - Nadolsky, Br. Bennett-Green, Loxsom, Gehret, (2012)

3:05.69	Chisena, Smith Mathis, Harris	Apr-29
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3:08.63	Chisena, Smith Mathis, Reiser	Apr-28
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MEN'S 4x800-METER RELAY

PSU: 7:11.17 - Watson, Shisler, Mills, Moore, (1985)

7:18.70	Hill, Perretta Makins, Harris	Apr-1
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7:20.54	McDevitt, Makins Perretta, Harris	Apr-29
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MEN'S SPRINT MEDLEY RELAY

PSU: 3:17.10 - Nadolsky, Gehret, Loxsom, Foster, (2007)

3:17.40	Smith, Moffett Chisena, Harris	Apr-28
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MEN'S DISTANCE MEDLEY RELAY

PSU: 9:24.68 - Kidder, Bennett-Green, Loxsom, Creese, (2013)

9:42.91	Perretta, Hughey Makins, Abert	Apr-28
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MEN'S 4xMile-RELAY

PSU: 16:18.5 - Rapp, Snyder, Wyatt, Mangan, (1979)

16:37.70	McGowan, Hoey Hill, Abert	Apr-29
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MEN'S HIGH JUMP

PSU: 7-3.25 (2.22) - Coney, (1985)/Hendershot, (2013)
Decathlon: 7-0.25 (2.14) - Rob Cardina, (2014)

6'-9"	(2.06)	Devin Bradham	May-5
6'-4.75"	(1.95)	Austin Campbell	Mar-25
6'-3.25"	(1.91)	Spencer Hay (UNA)	May-5
5'-8.75"	(1.75)	Luke Rarig#	Apr-21

MEN'S POLE VAULT

PSU: 17-5.5 (5.32) - John Vellenoweth, (2009)
Decathlon: 16-2.5 (4.94) - Rick Kleban, (1985)

16'-2.75"	(4.95)	Patrick Anderson	Apr-28
11-9.75"	(3.60)	Luke Rarig#	Apr-22

MEN'S LONG JUMP

PSU: 25-11 (7.90) - David Coney, (1985)
Decathlon: 23-7.25 (7.19) - Dave Masgay, (1987)

25'-6.00"	(7.77) +1.4	Malik Moffett	Apr-22
23'-3.25"	(7.09) +0.0	Bryce Williams	Mar-25
22'-11.25"	(6.99) -2.3	Robert Cardina	Apr-15
22'-3.75"	(6.80) +2.1	Luke Rarig#	Apr-21

MEN'S TRIPLE JUMP

PSU: 54-6 (16.61) - Antonio Davis, (1993)

52'-0"	(15.85) +5.3	Bryce Williams	Apr-29
47'-11"	(14.60) +0.0	Darian Alston	Mar-25
47'-9"	(14.55) -0.3	Kobren Frederick	Mar-25

MEN'S SHOT PUT

PSU: 69-2 (21.08) - Joe Kovacs, (2012)
Decathlon: 48-9.50 (14.87) - Barry Walsh, (1989)

61'-3.50"	(18.68)	Jon Yohman	May-5
59'-2"	(18.03)	Luke Grodeska (UNA)	May-5
57'-5.50"	(17.51)	David Lucas	Mar-25
56'-8.00"	(17.27)	Morgan Shigo	Apr-22
55'-3.75"	(16.86)	Ben Peterson (UNA)	Apr-15
44'-10.25"	(13.67)	Robert Cardina	Apr-15
36'-9.50"	(11.21)	Luke Rarig	May-5

MEN'S DISCUS

PSU: 207-5 (63.22) - Brian Miine, (1992)
Decathlon: 155-3 (47.32) - James Cook, (1997)

201'-6"	(61.43)	David Lucas	Apr-29
168'-8"	(51.43)	Jon Yohman	Apr-8
148'-1"	(45.15)	Robert Cardina	Apr-8
122'-7"	(37.37)	Luke Rarig	May-5

MEN'S HAMMER

PSU: 221-0 (67.36) - Morgan Shigo, (2017)

221'-0"	(67.36)	Morgan Shigo	Apr-21
203'-10"	(62.13)	Kory Decesaris	Apr-29
196'-11"	(60.02)	David Lucas	Apr-8
191'-9"	(58.45)	Luke Grodeska (UNA)	Apr-15
149'-11"	(45.70)	Ben Peterson (UNA)	Apr-15

MEN'S JAVELIN

PSU: 250-2 (76.25) - Michael Shuey, (2017)
Decathlon: 206-2 (62.83) - Shawn Colligan, (2008)

250'-2"	(76.25)	Michael Shuey	Apr-29
232'-4"	(70.82)	Michael Biddle	Apr-29
227'-1"	(69.22)	Ryan Kerr	Apr-29
200'-11"	(61.24)	Matt Nawrocki	Apr-29
193'-9"	(59.06)	Robert Cardina	Mar-24
175'-4"	(53.44)	Alex McCord	May-5
174'-1"	(53.06)	Luke Rarig	Apr-14

MEN'S DECATHLON

PSU: 7,685 - Rick Kleban, (1985)

3,415	Luke Rarig	Apr-22
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All-Time Men's Top 10 Outdoor Performances

100-Meter Dash

1	10.34 (10.1 MT)	Mike Sands	1975
2	10.38	Xavier Smith	2017
3	10.42	Malik Moffett	2017
4	10.44	Mike Shine	1976
5	10.46	Ryan Olkowski	2002
6	10.47	Michael Timpson	1987
7	10.49	Bob Brown	1961
8	10.50	Alex Langan	2006
9	10.54	Barney Ewell	1941
	10.54	Brian Littlejohn	1984

200-Meter Dash

1	20.23	Michael Timpson	1986
2	20.58	Mike Sands	1975
3	20.59	Ryan Olkowski	2002
4	20.62	Byron Gehret	2012
5	20.93 (20.73w)	Malik Moffett	2017
6	20.96	Xavier Smith	2016
7	21.01	Ernie Terrell	2002
8	21.02	Barney Ewell	1942
	21.02	Art Pollard	1955
10	21.05	Dan Chesina	2016

400-Meter Dash

1	45.20	Mike Sands	1975
2	45.22	Brady Gehret	2012
3	45.94	Brandon Bennett-Green	2012
4	46.12	Byron Robinson	2014
5	46.14	Paul Lankford	1980
6	46.62	Ernie Terrell	2002
7	46.74	Mike Cadau	2009
8	46.91	Ben Karcz	2002
9	46.95	Alex Shisler	2014
10	46.98	Mike Shine	1976

800-Meter Run

1	1:45.12	Isaiah Harris	2017
2	1:45.28	Casimir Loxsom	2011
3	1:45.58	Brannon Kidder	2015
4	1:45.96	Randy Moore	1985
5	1:46.62	Ray Levitre	1987
6	1:46.78	Ryan Foster	2009
7	1:46.81	Chris Mills	1987
8	1:46.82	Ken Wynn	1983
9	1:46.85	Samuel Borchers	2011
10	1:47.29	Domenic Perretta	2017

1500-Meter Run

1	3:38.82	Brannon Kidder	2014
2	3:38.99	Steve Balkey	1987
3	3:39.02	Robby Creese	2015
4	3:39.25	Larry Mangan	1980
5	3:39.57	Ryan Foster	2011
6	3:42.08	Doug Walter	1990
7	3:42.12	David McMillan	1988
8	3:42.2	George Malley	1977
	3:42.2	Mike Wyatt	1977
10	3:42.54	Owen Dawson	2012

5000 Meters

1	13:34.0	Greg Fredericks	1972
2	13:36.3	Robert Snyder	1978
3	13:42.1	Alan Scharsu	1980
4	13:50.54	Steve Brown	1989
5	13:52.4	Paul Stemmer	1977
6	13:53.2	George Malley	1976
7	13:54.20	Timothy McGowan	2017
8	13:55.0	Jeff Adkins	1982
9	13:56.1	Charlie Maguire	1974
10	13:57.1	Gary Gittings	1973

10,000 Meters

1	28:08.0	Greg Fredericks	1972
2	28:29.4	Charlie Maguire	1974
3	28:38.3	Eric Carter	1987
4	28:42.80	Paul Stemmer	1976
5	28:55.33	Kyle Dawson	2012
6	29:11.71	John Ziegler	1979
7	29:15.73	Tyler McCandless	2010
8	29:25.58	Mark Wimmer	1994
9	29:27.6	George Malley	1975
10	29:30.6	Alan Scharsu	1980

110 Hurdles

Guy Rose	2001
Sancho Barrett	2015
Paul Lankford	1980
Michael Timpson	1988
Mike Shine	1976
Ron Jules	2008
John Whelan	1997
Sam Harris	1988
Brian Derby	2002
Barry Robinson	1985

400 Hurdles

Mike Shine	1976
Paul Lankford	1981
Brian Derby	2003
Jaret Campisi	2005
Bill Austin	1978
Michael Timpson	1988
Barry Robinson	1985
Kevin Cripanuk	1992
Byron Robinson	2014
Brian Kelly	1993

3000-Meter Steeplechase

George Malley	1977
Rick Garcia	1983
Bruce Baden	1977
Eric Carter	1988
Larry Mangan	1980
Paul Mackley	1985
Brian Laird	1989
Jim Allahand	1972
Chris Foster	2005
Andy Scott	1991

4x100-Meter Relay

Kowalchuk, Chisena, Smith, Moffett	2017
Davis, Hackman, Shine, Sands	1975
Finkel, Singleton, Sands, Scott	1973
Smith, Chisena, Moffett, Porter	2016
Smith, Chisena, Moffett, Minnig	2016

4x400-Meter Relay

Nadolsky, Br. Bennett-Green, Loxsom, Gehret	2012
Nadolsky, Gilmore, Gehret, Br. Bennett-Green	2012
Chisena, Smith	2017
Mathis, Harris	
Gilmore, Shisler, Bennett-Green, Bennett-Green	2012
Br. Bennett-Green, Gehret Loxsom, Mpanduki	

High Jump

David Coney	1985
Jon Hendershot	2013
Paul Souza	1983
Ryan Fritz	2007
Sean Reilly	2013
David Kriz	1995
Ryan Olkowski	1999
Chisom Ifedi	2016
Nick Plack	2000
Rob Cardina	2014

Pole Vault

John Vellenoweth	2009
Mason Ternay	1991
Dave Bollinger	2004
Rick Kleban	1985
Dylan Bilka	2014
Ron Campbell	1985
Bradford Lawrence	2009
Kevin Dare	2001
Nick Fegley	2003
Ken Stoffer	1983

Long Jump

1	25-11 (7.90)	David Coney	1985
2	25-9.00 (7.86)	Rob Boulware	1986
	25-9.00 (7.86)	Steve Pina	1996
4	25-8.75 (7.84)	George Audu	1999
	25-8.75 (7.84)	John Gorham	1999
6	25-6.00 (7.77)	Antonio Davis	1993
	25-6.00 (7.77)	Malik Moffett	2017
8	25-2.75 (7.69)	Ryan Olkowski	2000
9	25-0.75 (7.64)	Chavous Nichols	2004
10	24-10.50 (7.58)	Al Bates	1928

Triple Jump

1	54-6.00 (16.61)	Antonio Davis	1993
2	54-3.75 (16.55)	Chavous Nichols	2004
3	53-4.50 (16.27)	Brian Leap	2016
4	53-1.50 (16.19)	Clarence Smith	2009
5	52-11.50 (16.14)	Steve Waithe	2014
	53-4.25 (16.26w)		
6	52-8.25 (16.06)	Ricardo Hall	1990
7	51-9.25 (15.78)	Bryce Williams	2017
	52-0.00 (15.85)w		
8	51-8.50 (15.76)	Hanif Johnson	2011
9	51-1.00 (15.57)	Warren Rockwell	1966
10	50-7.00 (15.42)	Steve Pina	1995

Shot Put

1	69-2.00 (21.08)	Joe Kovacs	2012
2	68-5.25 (20.86)	Darrell Hill	2015
3	65-5.00 (19.94)	C.J. Hunter	1990
4	64-2.50 (19.57)	Blake Eaton	2010
	64-0.25 (19.51)	Knut Hjeltnes	1975
6	63-1.50 (18.68)	Jon Yohman	2017
7	61-11.75 (18.89)	Logan Caldwell	2012
8	61-3.25 (18.68)	Greg Reyner	1986
9	61-1.25 (18.62)	Phil Caraher	1990
10	59-7.00 (18.16)	Dane Miller	2004

Discus

1	207-5 (63.22)	Brian Milne	1992
2	201-10 (61.52)	Knut Hjeltnes	1975
3	201-6 (61.43)	David Lucas	2017
4	186-9 (56.90)	Gary Wilkly	1979
5	186-3 (56.78)	Blake Eaton	2011
6	184-0 (56.08)	Joe Kovacs	2011
7	183-6 (55.93)	Will Barr	2012
8	182-2 (55.53)	Jon Yohman	2016
9	177-11 (54.23)	Dan Diaz	2003
10	176-10 (53.90)	Steve Meyers	2006

Hammer

1	221-0 (67.36)	Morgan Shigo	2017
2	218-6 (66.60)	Alvin Jackson	1976
3	207-10 (63.35)	Will Barr	2013
4	203-10 (62.13)	Kory Decesaris	2017
5	203-0 (61.88)	Neal McNutt	1998
6	201-9 (61.50)	Joe Kovacs	2011
7	198-5 (60.49)	Tyler Hoffman	2008
8	197-0 (60.04)	Todd Shenk	1984
9	196-11 (60.02)	David Lucas	2017
10	194-7 (59.30)	Cory Eck	2010

Javelin

1	250-2 (76.25)	Michael Shuey	2017
2	239-9 (73.09)	Allen Pettner	2007
3	237-1 (72.26)	Troy Burkholder	1997
4	233-8 (71.22)	Carl Wolter	1996
5	233-4 (71.13)	Tanner Evak	2009
6	232-4 (70.82)	Michael Biddle	2017
7	231-3 (70.48)	Brian Stumpf	2003
8	230-3 (70.19)	Matt Moyer	2004
9	229-2 (69.84)	Ryan Kerr	2015
10	227-8 (69.40)	Rob Austin	1995

Decathlon

1	7685	Rick Kleban	1985
2	7666	Rob Cardina	2014
3	7600	James Cook	1996
4	7588	Dave Masgay	1987
5	7472	Barry Walsh	1989
6	7424	J.T. Kurecich	2003
7	7415	Brian Kelley	1991
8	7361	Shawn Colligan	2008
9	7119	Anya Uzoh	2012
10	7097	Chris Morrissey	2008

as of May 7, 2017

Track Events

100 Meters	11.21	Connie Moore, 2003
200 Meters	22.45	Connie Moore, 2004
400 Meters	50.84	Shana Cox, 2008
800 Meters	2:02.53	Danae Rivers, 2017
1,500 Meters	4:15.20	Marta Klebe, 2014
5,000 Meters	15:32.53	Kathy Mills, 1978
10,000 Meters	32:57.33	Kara Millhouse, 2012
100m Hurdles	12.85	Aleesha Barber, 2010
400m Hurdles	55.57	Fawn Dorr, 2010
3000m Steeple	9:32.35	Bridget Franek, 2010

Relay Events

4x100-Meters	44.25	Laurie Fox, Chi-Chi Aduba,Sara Shoaff, Connie Moore, 2003
4x400-Meters	3:27.69	Dominique Blake, Aleesha Barber,Gayle Hunter, Shana Cox, 2012

Non-NCAA Event Records

Mile	4:40.65	Bridget Franek, 2010
3000 Meters	9:08.04	Kathy Mills, 1978
4x200-Meters	1:33.09	Mahagony Jones, Dynasty McGee,Brittney Howell, Kiah Seymour, 2014
4x800-Meters	8:25.49	Tori Gerlach, Julie Kocjancic,Rachel Banks, Danae Rivers, 2017
Distance Medley	10:56.07	Tori Gerlach, Tichina Rhodes,Rachel Banks, Danae Rivers, 2017
Sprint Medley	3:47.90	Aleesha Barber, Dominique Blake,Shana Cox, Briene Simmons, 2007
4x1500m Relay	17:57.28	Meghan Noecker, Bridget Franek,Leah Rosenfeld, Claire Percival, 2007

*All times are FAT (Fully Automatic Timing)

Field Events

High Jump	6-0 (1.83)	Shelley Mitchell, 1992
Pole Vault	13-4.5 (4.08)	Lexi Masterson, 2017
Long Jump	21-6 (6.55)	Chi-Chi Aduba, 2004
Triple Jump	44-6.75 (13.58)	Chi-Chi Aduba, 2004
Shot Put	56-3.25 (17.15)	Rachel Fatherly, 2015
Discus	185-1 (56.42)	Deshaya Williams, 2003
Hammer	219-1 (66.78)	Jen Leatherman, 2006
Javelin	178-6 (54.41)	Laura Loht, 2014

Heptathlon Event Records

Heptathlon	5797	Gayle Hunter, 2009
100-Meter Hurdles	13.45	Gayle Hunter, 2009
High Jump	5-10 (1.78)	Brittney Howell, 2014
Shot Put	42-0 (12.80)	Madeline Holmberg, 2017
200-Meters	23.56w	Gayle Hunter, 2008
Long Jump	21-0.50 (6.42)w	Gayle Hunter, 2009
Javelin	126-5 (38.53)	Gayle Hunter, 2008
800-Meters	2:16.52	Tal Ben-Artzi, 2015

Retired Records

800m Medley	1:47.20	Johanna Humphreys, Terry Pioli,Vivian Riddick, Stephanie Weeks, 1982
Javelin (old)	198-11 (60.64)	Jen Pastore, 1998
Pentathlon	3,725 points	Patti Knighton, 1978

Track Events

100 Meters	10.34 Mike Sands, 1975
200 Meters	20.23 Michael Timpson, 1986
400 Meters	45.20 Mike Sands, 1975
800 Meters	1:45.12 Isaiah Harris, 2017
1,500 Meters	3:38.82 Brannon Kidder, 2014
5,000 Meters	13:34.0 Greg Fredericks, 1972
10,000 Meters	28:08.0 Greg Fredericks, 1972
110m Hurdles	13.56 Guy Rose, 2001
400m Hurdles	48.69 (FAT) Mike Shine, 1976
3000m Steeple	8:22.5 George Malley, 1977

Relay Events

4x100-Meter	39.48 Karson Kowalchuk, Dan Chisena, Xavier Smith, Malik Moffett, 2017
4x400-Meter	3:01.52 A Nadolsky, Br Bennett-Green, C Loxsom, B Gehret, 2012

Non-NCAA Event Records

Mile	3:58.4 Larry Mangan, 1980
2,000 Meters	5:07.2 Greg Fredericks, 1972
3,000 Meters	7:54.0 George Malley, 1977
20,000 Meters	1:04:40 Kevin Geesaman, 1998
Marathon	2:17:49 George Christopher, 1975

Non-NCAA Relay Records

4x200-Meter	1:23.75 Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
4x800-Meter	7:11.17 Vance Watson, Steve Shisler, Chris Mills, Randy Moore 1985
4x1500-Meter	14:58.71	... Bob Hudson, Mark Overheim, Eric Carter, Steve Shisler, 1986
4x1600-Meter	16:12.5 Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
4-Mile Relay	16:18.5 Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
Distance Medley	9:24.68 Brannon Kidder, Brandon Bennett-Green, Casimir Loxsom, Robby Creese, 2013
Sprint Medley	3:17.10	... Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster, 2011
4x110m Hurdles	57.29 Chris Green, Al Parker, Sam Harris, Michael Timpson, 1986

Field Events

High Jump*	7-3.50 (2.22) David Coney, 1985
	7-3.25 (2.22) Jon Hendershot, 2013
Pole Vault	17-5.50 (5.32) John Vellenoweth, 2009
Long Jump	25-11 (7.90) David Coney, 1985
Triple Jump	54-6 (16.61) Antonio Davis, 1993
Shot Put	69-2 (21.08) Joe Kovacs, 2012
Discus	207-5 (63.22) Brian Milne, 1992
Hammer	221-0 (67.36) Morgan Shigo, 2017
Javelin	250-2 (76.25) Michael Shuey, 2017

Decathlon Event Records

Points	7,685 Rick Kleban, 1985
First-day Score	4,087 Robert Cardina, 2014
Second-day Score	3,774 James Cook, 1996
100 Meters	11.01 Rick Kleban, 1985
	 Shawn Colligan, 2008
Long Jump	23-7.25 (7.19) Dave Masgay, 1987
Shot Put	48-9.50 (4.87) Barry Walsh, 1989
High Jump	7-0.25 (2.14) Robert Cardina, 2014
400 Meters	47.65 Brian Kelley, 1991
110-Meter HH	14.45 Rick Kleban, 1987
Discus	155-3 (47.32) James Cook, 1997
Pole Vault	16-2 1/2 (14.94) Rick Kleban, 1985
Javelin	206-2 (62.83) Shawn Colligan, 2008
1,500 Meters	4:21.05 Tom Kleban, 1989

Retired Records

2,000m Steeple	5:43.2 Rick Garcia, 1981
Javelin (old)	78.77 (258-5)	... Jim Stevenson, 1966

* Coney's mark is only recorded with an English measurement, 2.22m is the nearest metric equivalent.