

# PENN STATE WOMEN'S GYMNASTICS

ONE TEAM, ONE JOURNEY



17 NCAA CHAMPIONSHIP APPEARANCES  
(10th Nationally)

90 ALL-AMERICANS  
Since 1974

## NO. 15 NITTANY LIONS TRAVEL TO FACE NO. 8 NEBRASKA ON BTN

After opening the season with a quad-meet victory at home, No. 15 Penn State will hit the road for its Big Ten opener at No. 8 Nebraska on Saturday, Jan. 17. The meet will be aired live on the Big Ten Network.

The Cornhuskers hold the advantage in the all-time regular series, 20-5, and have won both regular season meetings since entering the Big Ten in 2011-12. Last season, Nebraska claimed a 197.225-196.150 decision on Feb. 8 at Rec Hall. All four events and the all-around featured co-champions with Penn State and Nebraska splitting titles on the vault, uneven bars and balance beam, while two Huskers tied for the floor and all-around titles.

The Nittany Lions opened their 2015 campaign with a convincing quad-meet win over Cornell, New Hampshire and Rutgers, which included all four individual event winners, three team event titles and the all-around champion. Their scores of 48.900 on the vault, 49.000 on the uneven bars and 18.800 on the floor exercise all topped the team charts. A few missteps on the balance beam led to a 47.975, which brought the team total to 194.675, the sixth highest season opening score in school history, and better than a one-point edge in the score column.

Seniors Sidney Sanabria-Robles and Krystal Welsh each won or tied for event titles, while freshmen Lauren Li and Briannah Tsang shown in their introduction to collegiate gymnastics. Sanabria-Robles topped the uneven bars with a score of 9.850, tying Tsang's event-winning vault score of 9.850 for the highest individual score of the meet. Tsang and Welsh tied for the balance beam crown at 9.800, while Li was co-champion on the floor exercise with a score of 9.800, tying Rutgers' Charly Santagado.

Tsang posted the highest season-opening all-around score by a freshman in school history. She claimed the all-around title with a score of 39.225, adding a pair of third place finishes to her two event titles. Welsh and Li fished second and third, respectively, in the four-event competition.

Nebraska opened its season with a 195.30-190.55 win over Lindenwood in front of a packed house of 3,506 fans in the second annual Tumble N' Rumble combined event with wrestling last Friday. The win marked the 600th career victory for head coach Dan Kendig, as the Husker won all four events and the all-around over the Lions.

Ashley Lambert took home two event titles on vault (9.875) and floor (9.825) en-route to her first career all-around crown (39.175). Jennie Laeng showed her strength on bars as she took home the event title (9.825) and freshman Grace Williams claimed the beam crown (9.800) in her first collegiate competition.

## PENN STATE NITTANY LIONS

3-0, 0-0 Big Ten

DATE	OPPONENT	RESULT/TIME
<b>Jan. 10</b>	<b>CORNELL, NEW HAMPSHIRE &amp; RUTGERS</b>	<b>1st of 4 (194.675)</b>
Jan. 17	at No. 8 Nebraska (BTN)	4 p.m.
<b>Jan. 24</b>	<b>Maryland (DD) *</b>	<b>4 p.m.</b>
Jan. 31	at Illinois *	5 p.m.
<b>Feb. 7</b>	<b>MICHIGAN STATE *</b>	<b>4 p.m.</b>
<b>Feb. 14</b>	<b>OHIO STATE *</b>	<b>4 p.m.</b>
Feb. 21	at Pittsburgh	1 p.m.
<b>Feb. 28</b>	<b>IOWA STATE, PENN &amp; SUNY-BROCKPORT</b>	<b>4 p.m.</b>
March 8	at West Virginia	2 p.m.
March 14	at Minnesota w/ Iowa, Michigan & Rutgers *	5 p.m.
March 21	at Big Ten Championships	11:30 a.m./4:30 p.m.
April 4	at NCAA Regional Championships	TBA
April 17	at NCAA Championships - Semifinals	TBA
April 18	at NCAA Championships - Super Six	TBA
April 19	at NCAA Championships - Individual Finals	TBA

\* - Big Ten Opponent | All Times Eastern  
(DD) - Double Dual w/ Penn State men's Team  
(BTN) - Meet Televised Live on the Big Ten Network

### HOME MEETS IN BOLD CAPS

### THE ROUND-OFF

4

Event titles won by Penn State freshmen in the season opener. Briannah Tsang and Lauren Li each won at least one event.

More on page 3.

6th

Highest season-opening score in school history for Penn State vs. Cornell, New Hampshire & Rutgers (194.675).

More on page 3.

EVENT LEADERS	Vault	Uneven Bars	Balance Beam	Floor Exercise	All-Around
	<b>BRIANNAH TSANG</b> FRESHMAN	<b>SIDNEY SANABRIA-ROBLES</b> SENIOR	<b>BRIANNAH TSANG</b> <b>KRYSTAL WELSH</b>	<b>LAUREN LI</b> FRESHMAN	<b>BRIANNAH TSANG</b> FRESHMAN
	2015 BEST: 9.850	2015 BEST: 9.850	2015 BEST: 9.800	2015 BEST: 9.800	2015 BEST: 39.225

### INDIVIDUAL SEASON HIGHS

#### ALL-AROUND

Briannah Tsang	39.225	Cornell, UNH & Rutgers (1/10)
Krystal Welsh	39.100	Cornell, UNH & Rutgers (1/10)
Lauren Li	38.875	Cornell, UNH & Rutgers (1/10)

#### Vault

Briannah Tsang	9.850	Cornell, UNH & Rutgers (1/10)
Emma Sibson	9.800	Cornell, UNH & Rutgers (1/10)
Sidney Sanabria-Robles	9.775	Cornell, UNH & Rutgers (1/10)

#### UNEVEN BARS

Sidney Sanabria-Robles	9.850	Cornell, UNH & Rutgers (1/10)
Krystal Welsh	9.825	Cornell, UNH & Rutgers (1/10)
Briannah Tsang	9.800	Cornell, UNH & Rutgers (1/10)

#### BALANCE BEAM

Briannah Tsang	9.800	Cornell, UNH & Rutgers (1/10)
Krystal Welsh	9.800	Cornell, UNH & Rutgers (1/10)
Lexi Carroll	9.750	Cornell, UNH & Rutgers (1/10)

#### FLOOR EXERCISE

Lauren Li	9.800	Cornell, UNH & Rutgers (1/10)
Lexi Carroll	9.775	Cornell, UNH & Rutgers (1/10)
Briannah Tsang	9.775	Cornell, UNH & Rutgers (1/10)

### TEAM SEASON HIGHS

#### TEAM

194.675	Cornell, UNH & Rutgers (1/10)
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#### Vault

48.900	Cornell, UNH & Rutgers (1/10)
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#### UNEVEN BARS

49.000	Cornell, UNH & Rutgers (1/10)
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#### BALANCE BEAM

47.975	Cornell, UNH & Rutgers (1/10)
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#### FLOOR EXERCISE

48.800	Cornell, UNH & Rutgers (1/10)
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### WHAT'S INSIDE

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NEXT UP		at		vs.		at		LOOKING BACK		at		NCAA
	Jan. 24, 2015 Rec Hall	host Maryland 4 p.m.	Jan. 31, 2015 Champaign, Ill.	at Illinois 5 p.m.	Jan. 10, 2015 University Park, Pa.	vs. Cornell, UNH & Rutgers	April 17, 2014 Birmingham, Ala.		NCAA Championships			
Double Dual: Men's Program vs. Michigan			NOTE: Tsang Wins Two Events & AA			NOTE: Lions Finish 12th Nationally						



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# HEAD COACH JEFF THOMPSON



In his fifth season at the helm of the Penn State women's gymnastics program, Jeff Thompson has led the Nittany Lions program back onto the national scene. Named the ninth head coach in program history on July 15, 2010, Thompson helped the Nittany Lions end a four-year drought and return to the NCAA Championships in 2014.

It was memorable 2014 campaign, as the Blue and White posted one of its most consistent seasons in the gym and in the classroom. The Lions set a school record for the highest score in a road meet – ranking third all-time – and recorded the highest postseason score in school history to place second at the NCAA Regional and earn their 17th trip to the NCAA Championships in school history.

A trip to the NCAA Championships, hosting the NCAA Regional and Big Ten Championships in Rec Hall, eight Penn State all-time top-10 performances, five Academic All-Big Ten and NACGC/W Scholastic All-Americans, five Big Ten weekly award winners, three All-Big Ten honorees and one All-American highlighted the successful campaign.

Kassidy Stauder capped one of the most remarkable seasons in Penn State history with regular-season All-America honors on the balance beam. It was the first honor of her career and came on the heels of being named first team All-Big Ten and Big Ten All-Championship. Stauder won 16 individual titles, including three all-around, six balance beam and seven uneven bar crowns in 2014.

Sidney Sanabria-Robles and Krystal Welsh were named second team All-Big Ten, while freshman Emma Sibson posted two of the top-10 vaults in school history during her rookie campaign and was a two-time Big Ten Freshman of the Week award winner.

As a team, Penn State finished the season ranked No. 12 nationally and owned a 20-3 regular season record, including a third place finish in the Big Ten regular season standings. For the fourth straight year, the women's gymnastics program was awarded the Penn State Team Community Service Award for their work in the community during the 2013-14 academic year.

On the coaching front, Thompson guided the Lions to the first 20-win regular season in school history and became just the third head coach in NCAA history to lead two different programs to the NCAA Championships. He joined K.J. Kindler (Iowa State & Oklahoma) and Judi Avener-Markell (Penn State & Florida).

The 2013 season concluded with senior Sharaya Musser earning regular-season All-America honors on balance beam and in the all-around and also All-America honors on balance beam and in the all-around at the NCAA Championships to push her career total to eight All-America certificates. The Lions were ranked as high as No. 14 in the national rankings and ended the season at No. 15 with a National Qualifying Score of 392.375. Musser was also a first team All-Big Ten selection, Big Ten All-Championship Team pick and joined Lindsay Musgrove on the Big Ten Distinguished Scholars ledger. Madison Merriam was a first team All-Big Ten selection, as well.

Five gymnasts earned Academic All-Big Ten accolades for their work in the classroom, including Alex Witt, along with Merriam, Musgrove, Musser and Stauder. In 2013, the team was awarded the Penn State Team Community Service Award for the third straight year.

In 2012, Thompson and his staff helped Musser earn the distinction of Big Ten Gymnast of the Year, marking the seventh time in program history a Nittany Lion was bestowed the award. Musser's award marked the third time in a four year span that a Penn State gymnast won the Big Ten Gymnast of the Year award. Additionally, Musser advanced to the NCAA Championships where she was named an All-American on floor exercise and balance beam. Thompson also produced six Academic All-Big Ten selections and two NACGC/W scholar athletes. In 2012, the team was awarded the Penn State Team Community Service Award for the second straight year.

A two-time SEC Coach of the Year, Thompson joined the Penn State family in 2010 after 11 successful years at Auburn University.

In his first season at the helm of the Nittany Lion program, Thompson guided the Nittany Lions to a second place finish at the 2011 Big Ten Championships, with Natalie Ettl and Musser earning individual event titles on uneven bars and in the all-around, respectively. Penn State earned a berth to the NCAA Regional Championships as the No. 2 seed and narrowly missed advancing to the NCAA Championships.

Three Nittany Lions were selected to the 2011 All-Big Ten team, and Musser, a Honda Award nominee, advanced to the NCAA National Championships to represent Penn

State. Outside the gym, the Nittany Lions excelled in the classroom and community. Five gymnasts earned Academic All-Big Ten laurels and the team was awarded the Penn State Team Community Service Award.

In 11 years as the head of the Auburn University women's gymnastics program, Thompson was named both the SEC Coach of the Year and NCAA Regional Head Coach of the Year in 2003 and 2008. The Tigers qualified for NCAA Regionals under Thompson for the first time in 2003 and advanced to the NCAA Championship that same year. Auburn's women's gymnastics team continued to improve each year and qualified for the NCAA Regionals for eight consecutive years. In 2005, Auburn hosted the NCAA Women's Gymnastics Championships.

With the exception of the University of Alabama, Thompson's teams posted victories over every SEC team during his tenure. In his final season in 2010, Thompson led Auburn to upset victories over No. 8 Arkansas, No. 12 Kentucky and finally defeated 10-time National Champion and five-time defending SEC Champion Georgia for the first time in program history.

Thompson and his wife, Rachele, helped produced four NCAA All-Americans, four All-SEC selections, three SEC Gymnast of the Year winners and one SEC Freshman of the Year during their time at Auburn. They coached nine NCAA Championship individual qualifiers and four NCAA Regional Event Champions. Their gymnasts also excelled in the classroom and in the community in their 11 years with the program. There were three SEC Scholar-Athlete of the Year winners, three CoSIDA Academic All-District members, 41 NACGC/W Academic All-Americans and 53 SEC Academic Honor Roll selections.

Prior to arriving at Auburn, Thompson was the assistant coach at Louisiana State University from 1994-99 and was the Junior Olympic Program Director at the Cincinnati Gymnastics Academy in Fairfield, Ohio from 1993-94. Thompson also held assistant coaching positions at two Big Ten institutions, Illinois and Wisconsin, as well as serving as a graduate assistant coach at Kentucky.

Thompson earned a bachelor of arts in education with an emphasis in Physical Education from Kentucky in 1985. He went on to receive a Master of Science in Biomechanics in 1995.

A native of Highland Heights, Ky., Jeff is married to the former Rachele Fruge, who is the associate head coach for the Nittany Lions, and they have two sons, Parker and Griffin. Parker is a member of the Penn State men's volleyball team.

## THOMPSON FILE

### Thompson's Record

at Penn State: 63-15 (Fifth Season)  
Career: 135-97 (16th Season)

*Auburn - 2000-2010; Penn State 2011-Present - Regular Season Meets Only*

### Milestone Victories

#### Career

1 - Illinois State (W, 193.550-191.975; Feb. 11, 2000)  
25 - at Kentucky w/ George Washington (195.550 pts; 1/30/2004)  
50 - at Cancun Classic (194.150 pts; 1/5/2007)  
75 - vs. North Carolina State (195.300-194.075; 1/28/2011)  
100 - vs. Lindenwood (193.725-185.925; 1/5/2013)  
125 - vs. Bridgeport, Western Michigan & Yale (196.600 pts; 2/28/2014)

#### at Penn State

1 - New Hampshire (W, 195.275-194.475; 1/22/2011)  
25 - Michigan & North Carolina (196.00 pts; 3/2/2012)  
50 - at Rutgers w/Temple & Ursinus (195.825 pts; 2/22/2014)

### Career Honors

Southeastern Conference Coach of the Year - 2003 & 2008  
Central Region Coach of the Year - 2003 & 2008  
Regional Assistant Coach of the Year - 1995

### Under Thompson

Two NCAA Championship Appearances (*Auburn, 2003; Penn State, 2014*)  
Three NCAA All-Americans on 12 Occasions  
48 NACGC/W Academic Honorees  
21 Academic All-Big Ten Honorees  
One Big Ten Gymnast of the Year  
Six First Team All-Big Ten Selections  
Four Big Ten Individual Event Champions  
Three SEC Gymnasts of the Year  
Three SEC Scholar-Athletes of the Year  
Four All-SEC Selections  
One SEC Freshman of the Year  
53 SEC Academic Honor Roll Selections



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## MEET TWO: NEWS & NOTES

### TSANG SHINES IN SEASON OPENER; EARNS B1G ROOKIE OF THE WEEK

It's not often that a freshman bursts onto the collegiate gymnastics scene and claims the all-around in their first competition, but Briannah Tsang did just that for Penn State last Saturday.

- Tsang shook off the nerves and won a pair of event titles and the all-around in the Nittany Lions' season opener vs. Cornell, New Hampshire and Rutgers.
- Her all-around score of 39.225 is the highest by a freshman in the season opener in school history and the highest all-around score by a freshman since Sharaya Musser posted a score of 39.500 at the Big Ten Championships in 2010.
- For her performance in the season opener, she earned Co-Big Ten Freshman of the Week, sharing the honor with Michigan's Brianna Brown.
- Tsang becomes the second Penn State rookie to win the initial FOTW honor from the Big Ten, as Nicole Medvitz did so to start the 2014 campaign.
- The rookie posted the 10th highest all-around score in the nation during the opening weekend at 39.225.
- Tsang currently ranks among the top-75 on all four apparatus: vault (T24), uneven bars (T56), balance beam (T43) and floor exercise (T75).

### CARROLL BACK IN FORM AFTER INJURY FILLED 2014 SEASON

Junior Lexi Carroll missed 11 of Penn State's 14 meets last season due to a pair of injuries, but the senior opened 2015 with a bang on Jan. 10 by competing in three of four events for the Blue and White.

- In the season opener, Carroll "hit" on all three of her routines and posted scores of 9.725 or above on the uneven bars, balance beam and floor exercise.
- She tied for third overall on the floor exercise and ranked among the top three for PSU on the balance beam and floor exercise.
- The senior took home the Ann Carr Award - given to the gymnast with the most inspirational performance at each Penn State home meet - vs. Cornell, New Hampshire and Rutgers on Jan. 10.
- Carroll missed the first six meets of the 2014 season due to a finger injury before returning for an exhibition performance against No. 15 Illinois on Feb. 15.
- After competing in three meets, she suffered an Achilles injury on March 8 and missed the remaining five meets of the season.

### NOTHING UNEVEN ABOUT LIONS ON BARS

The uneven bars can be a daunting task for even the most seasoned gymnast. A slight over-shoot can send you tumbling to the mat, but for Penn State they put together a solid showing on the apparatus in the season opener.

- The Nittany Lions swept the top six places in their quad-meet with Cornell, New Hampshire and Rutgers.
- Sidney Sanabria-Robles won the event with a score of 9.850, which tied for the highest individual score of the meet (Tsang; Vault).
- Three PSU competitors posted a score of 9.800 or better on the event.
- Their 49.000 team score on the event is the season-opening uneven bars score since Jan. 9, 1999 when they scored 49.125 vs. Rutgers.

### LIONS POST SIXTH BEST SEASON OPENING SCORE IN SCHOOL HISTORY

You always want to start the season off on a high note and the 2015 edition of the Blue and White did just that with a team score of 194.675.

- The tally of 194.675 is the sixth highest season opening score in school history and their best first meet mark since a school-record 195.775 in 2012.
- Two of the top-10 scores have come under the watch of head coach Jeff Thompson.
- Four of them have been recorded at home, with four others accomplished at the Super Six Challenge; 2003, 2004, 2005 and 2007.

1.	195.775	Morgantown, W.Va.	2012
2.	195.075	University Park, Pa.	1999
3.	194.875	University Park, Pa.	2006
4.	194.850	Gainesville, Fla.	2005
5.	194.800	University Park, Pa.	2009
6.	<b>194.675</b>	<b>University Park, Pa.</b>	<b>2015</b>
7.	194.600	Tuscaloosa, Ala.	2004
8.	194.575	Fayetteville, Ark.	2007
9.	194.375	Athens, Ga.	2003
10.	194.050	Pittsburgh, Pa.	2008

## NATIONAL POLL

#	Team	Season Average	2015 High
1.	Oklahoma	197.625	197.625
2.	LSU	197.125	197.125
3.	Florida	196.925	196.925
4.	Utah	196.900	196.900
5.	<b>Michigan</b>	<b>196.600</b>	<b>196.600</b>
6.	Alabama	196.225	196.225
7.	Georgia	195.600	195.600
8.	<b>Nebraska</b>	<b>195.300</b>	<b>195.300</b>
9.	<b>Illinois</b>	<b>195.175</b>	<b>195.175</b>
10.	Cal	195.025	195.175
11.	<b>Minnesota</b>	<b>194.950</b>	<b>194.950</b>
12.	Arkansas	194.900	194.900
13.	Stanford	194.863	196.275
14.	Bowling Green	194.775	194.775
<b>T15.</b>	<b>PENN STATE</b>	<b>194.675</b>	<b>194.675</b>
<b>T15.</b>	<b>Ohio State</b>	<b>194.675</b>	<b>194.675</b>
17.	Denver	194.500	194.500
18.	Arizona	194.375	194.375
19.	George Washington	194.325	194.325
20.	Arizona State	194.200	194.200
21.	Auburn	194.150	194.150
22.	<b>Michigan State</b>	<b>194.075</b>	<b>194.075</b>
23.	Utah State	193.975	193.975
T24.	Eastern Michigan	193.925	193.925
T24.	Southern Utah	193.925	193.925

### 2015 Opponents in Bold

### PENN STATE WEEK-BY-WEEK RANKING

Date	Rank
Preseason	16
Jan. 12	T15
Jan. 19	--
Jan. 26	--
Feb. 2	--
Feb. 9	--
Feb. 16	--
Feb. 23	--
March 2	--
March 9	--
March 16	--
March 23	--
March 30	--
April 6	--
EOS	--

### Date Ranked by...

Jan. 12-Feb. 16	Total Season Average
Feb. 23-April 6	Regional Qualifying Score
End of Season	National Qualifying Score

## 2015 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School
Lexi Carroll	AA	Sr.	5-3	Olney, Md./Magruder
Lauren Li	AA	Fr.	5-4	Plano, Texas/Plano East
Nicole Medvitz	AA	So.	5-1	Paramus, N.J./Paramus
Tina Postiglione	AA	Sr.	5-0	Selden, N.Y./Newfield
Chanen Raygoza	AA	Fr.	5-6	Upland, Calif./San Dimas
Sidney Sanabria-Robles	AA	Sr.	5-1	Caguas, Puerto Rico/Antilles (LSU)
Emma Sibson	AA	So.	5-1	Allen, Texas/Spring Creek
Oni Timothy	AA	Fr.	4-11	Rochester, N.Y./Joseph C. Wilson Magnet
Briannah Tsang	AA	Fr.	5-1	Vancouver, British Columbia/Burnaby Central Secondary
Krystal Welsh	AA	Sr.	5-7	Bowie, Md./Archbishop Spalding
Alex Witt	V, UB	Sr.	5-4	Odessa, Fla./Steinbrenner

**Head Coach:** Jeff Thompson (*Fifth Season*)

**Associate Head Coach:** Rachele Thompson (*Fifth Season*)

**Assistant Coach:** Jeff Richards (*First Season*)

**Volunteer Assistant Coach:** Kera Molinaro (*First Season*)

**Undergraduate Assistant Coach:** Taylor Alotta



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# QUICK FACTS

## UNIVERSITY INFORMATION

Location . . . . . University Park, Pa.  
 Founded . . . . . 1855  
 Enrollment . . . . . 48,184  
 Colors . . . . . Blue and White  
 Conference . . . . . Big Ten  
 Nickname . . . . . Nittany Lions  
 President . . . . . Dr. Eric Barron  
 Director of Athletics . . . . . Sandy Barbour  
 Assoc. Athletics Director/SWA . . . . . Charmelle Green  
 Athletic Website . . . . . www.GoPSUsports.com

## COACHING STAFF

Head Coach . . . . . Jeff Thompson  
 Penn State Record (Years) . . . . . 63-15 (5th)  
 Career Record (Years) . . . . . 135-97 (16th)  
 Associate Head Coach/Years . . . . . Rachelle Thompson  
 Fifth Season  
 Assistant Coach/Years . . . . . Jeff Richards  
 First Season  
 Volunteer Assistant/Years . . . . . Kera Molinaro  
 First Season  
 Undergraduate Assistant/Years . . . . . Taylor Alotta  
 First Season  
 Office . . . . . 110A White Building  
 Telephone . . . . . (814) 863-7461  
 Fax . . . . . (814) 865-8149

## TEAM INFORMATION

Home Arena (Capacity) . . . . . Rec Hall (5,812)  
 Twitter . . . . . @PennStateWGYM  
 Facebook . . . . . /PennStateWomensGymnastics

## 2014 RECAP

2014 Regular Season Record . . . . . 20-3  
 Big Ten Regular Season Record . . . . . 5-2  
 Big Ten Championships/finish . . . . . T-3rd  
 2014 NCAA Regional Finish . . . . . 2nd  
 2014 NCAA Championships Finish . . . . . 12th  
 Final National Ranking . . . . . No. 12  
 All-Americans Returning/Lost . . . . . 0/1  
 Letterwinners Returning/Lost . . . . . 7/6  
 Newcomers . . . . . 4

## PROGRAM HISTORY

First Year of Gymnastics . . . . . 1965  
 All-Time Record (Years) . . . . . 530-258-4 (51st) \*  
 National Championships . . . . . 2  
 (1978, 80)  
 NCAA Championship Team Appearances . . . . . 17  
 (1982, '84, '85, '86, '88, '91, '92, '93,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances . . . . . 7  
 (1975, '76, '77, '78, '79, '80, '81)

\* - Includes Regular Season Meets Only

# PROJECTED LINEUP

## VAULT

Lauren Li . . . . . 9.750  
 Oni Timothy . . . . . 9.725  
 Krystal Welsh . . . . . 9.725  
 Sidney Sanabria-Robles . . . . . 9.775  
 Emma Sibson . . . . . 9.800  
 Briannah Tsang . . . . . 9.850

## UNEVEN BARS

Lexi Carroll . . . . . 9.725  
 Lauren Li . . . . . 9.775  
 Alex Witt . . . . . 9.750  
 Briannah Tsang . . . . . 9.800  
 Sidney Sanabria-Robles . . . . . 9.850  
 Krystal Welsh . . . . . 9.825

## BALANCE BEAM

Lauren Li . . . . . 9.550  
 Nicole Medvitz . . . . . 9.075  
 Lexi Carroll . . . . . 9.750  
 Briannah Tsang . . . . . 9.800  
 Krystal Welsh . . . . . 9.800  
 Sidney Sanabria-Robles . . . . . 9.025

## FLOOR EXERCISE

Lauren Li . . . . . 9.800  
 Lexi Carroll . . . . . 9.775  
 Oni Timothy . . . . . 9.600  
 Sidney Sanabria-Robles . . . . . 9.700  
 Brianna Tsang . . . . . 9.775  
 Krystal Welsh . . . . . 9.750

## ALL-AROUND

Briannah Tsang . . . . . 39.225  
 Krystal Welsh . . . . . 39.100  
 Lauren Li . . . . . 38.875  
 Sidney Sanabria-Robles . . . . . 38.350

*Based on last week's competition  
 Scores listed are season averages*

## SANABRIA-ROBLES, WELSH LOOK TO BUILD ON 2014 ALL-BIG HONORS

After helping the program to the first 20-win regular season in school history, Sidney Sanabria-Robles and Krystal Welsh each earned All-Big Ten Second Team accolades.

The duo will now look to turn their honors into first team nods in 2015 and help the program advance to back-to-back NCAA Championships for the first time since 1999 & 2000.

Sanabria-Robles competed in the all-around at all 14 meets last season and finished among the NCAA Top-75 on the vault (T66), balance beam (T61) and all-around (T31).

Welsh owned the team's top all-around scored in 2014 and was among the NCAA Top-75 on the vault (T66), floor exercise (T55) and in the all-around (34). She scored 39.500 in the all-around at the Big Ten Championships and tied for the team-best score on the floor exercise with a 9.925 in a home quad meet with Cornell, Southeast Missouri State and UIC.

## SOLID SHOWING AT NCAA SUMMIT

In their 17th appearance at the NCAA Championships in 2014, Penn State posted their fourth highest team score ever at the NCAA's highest level.

The Blue and White compiled a 194.825 to finish 12th in the 12-team field inside the Birmingham Jefferson Convention Complex.

The Lions tied for their highest NCAA Championships score on the floor exercise (49.175), equaling the 2000 team's effort from the second semifinal in Boise, Idaho.

Their 48.925 on the vault ranks second behind only the 2009 squads score from the first semifinal in Lincoln, Neb.

The 48.650 on the uneven bars is fifth in the school's NCAA Championship record books. The 1998 squad owns the school's best showing on the event at 49.125 in the second semifinal in Los Angeles.

The balance beam performance also ranks among the top-10 in school history. Their 48.075 sits eighth among Penn State's 17 NCAA Championship scores.

The current scoring system has been used since the 1991 NCAA Championship event, meaning 12 of the Nittany Lions competitions have come under the current system.

## LIONS POST TOP NCAA POSTSEASON SCORE AT NCAA REGIONAL

When Penn State notched a 196.725 team score at the 2014 NCAA University Park Regional it was the second highest team score for the Nittany Lions that season.

It was also the highest NCAA postseason score in school history, ranking 11th overall in program history.

Of the NCAA postseason team scores, nine of the top-10 have been accomplished at the NCAA Regional, with the only NCAA Championship score coming in 2009.

Three of the top 10 NCAA postseason scores have come under the watch of head coach Jeff Thompson. His 2013 squad scored 195.875 at the NCAA Regional and the 2011 squad totaled 195.850 in his first NCAA Regional with the Blue and White.

Below are the top 10 NCAA postseason scores in Penn State history.

2014	NCAA Regional	196.725
2001	NCAA Regional	196.425
1999	NCAA Regional	196.335
2003	NCAA Regional	196.175
2009	NCAA Championships	196.100
2004	NCAA Regional	196.075
2010	NCAA Regional	196.050
2000	NCAA Regional	196.925
2013	NCAA Regional	195.875
2011	NCAA Regional	195.850

## SIBSON VAULTS INTO RECORD BOOKS

Freshman Emma Sibson didn't know when or how her 2014 season would start after an offseason injury, but the freshman made an immediate impact in the season opener at Iowa State.

She competed on the vault in all 14 of the team's competitions and topped the 9.850 mark in seven of those meets. Over the final month, Sibson found her footing – literally – sticking vaults in five of the last eight competitions.

At the Big Ten Championships, the rookie boasted a score of 9.900 to tie for fifth on the event and tie for the team's highest score with Krystal Welsh. She duplicated that score a week later to tie for third at the NCAA Regional.

In the Nittany Lions meet at New Hampshire with Bridgeport and George Washington, she stuck her vault and collected new personal-best of 9.975. That score was tied for third highest in the Big Ten in 2014 and trailed only a perfect 10.000 from Illinois' Amber See and Minnesota's Lindsay Mable.

Her 9.975 is tied for fifth on Penn State's all-time list, while her 9.950 against No. 10 Nebraska on Feb. 8 is tied for ninth all-time. Only Brandi Personett and Katie Rowland have better scores on the vault for the Nittany Lions, each collecting a perfect 10.0 twice in their careers.



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2014

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**THE FIRST TEAM TO TWENTY**

The 2014 edition of the Nittany Lions became the first group of gymnasts to crack the 20-win plateau during the regular season in school history.

With two victories at the Big Ten Quad in Ann Arbor, Mich., the team moved past the 2007 squad for the most regular season victories in school history.

The 2007 team finished the year with a 19-4 overall mark and finished third at the NCAA Regional Championships.

Last season, Penn State finished fifth at the Big Ten Championships, but followed that up with a second place showing, behind eventual co-national champion Florida, at the NCAA Regional and advanced to the NCAA Championships for the 17th time in program history.

## Top 5 Single Season Victories

20-3	2014
19-4	2007
18-5	2005
17-3	1982
16-0	1981
16-3	1991

**NITTANY LIONS AMONG TOP-10 IN NCAA CHAMPIONSHIPS APPEARANCES**

Penn State has qualified for the NCAA Women's Gymnastics Championships on 17 occasions since the event began in 1982.

Their 17 appearances rank 10th all-time and are third in the Big Ten, behind Michigan (21) and Nebraska (22).

Utah has advanced to all 33 of the women's gymnastics championship events, while Alabama and Florida have competed at 32 of the 33 meets.

Here is the complete top-10 list;

1.	Utah	33
2.	Alabama	32
	Florida	32
4.	Georgia	30
	UCLA	30
6.	LSU	25
7.	Nebraska	22
8.	Michigan	21
9.	Arizona State	19
10.	<b>Penn State</b>	<b>17</b>

**IT'S ALL ABOUT FAMILY**

The Penn State women's gymnastics program is all about family and there are numerous connections within the Nittany Lion family and the NCAA gymnastics community in 2015.

Head coach Jeff Thompson is married to associate head coach Rachelle Thompson. The tandem have coached side by side since their time at Auburn and have two sons, Parker and Griffin. Parker is a member of the Penn State's men's volleyball program.

Junior Sidney Sanabria-Robles transferred to Penn State after spending a season at LSU and one of the main factors in that move was being close to family. Sanabria-Robles competes for the women's squad, while her brother, Ismail Sanabria, is a part of the Penn State men's program.

The gymnastics community is a tight-knit group and Krystal Welsh knows that all too well. The senior not only competed on the same floor as her brother, Jakob, last season, but also made up the only brother-sister duo to compete at the NCAA Championships in 2014. Jakob was a freshman on the Temple men's gymnastics team. The pair competed inside Rec Hall when the women's team faced Nebraska and Temple competed against the Nittany Lions men's squad on Feb. 8 last season.

**THOMPSON CLOSING IN ON 150 VICTORIES**

Head coach Jeff Thompson is in his 16th season as a collegiate head coach and is closing in on his 150th career regular season victory. In his career, Thompson has compiled a 135-97 record.

In his fifth season at the helm of Penn State, Thompson has earned 63 regular season victories and is 63-15 overall. Add that to his 72 wins while at Auburn and the Highland Heights, Ky., native sits at 132 career wins. His overall record while at Auburn was 72-82.

Last season, the Nittany Lions owned a 20-3 regular season record and set a school record for regular season victories on March 15 in the Big Ten Quad in Ann Arbor.

The previous school record was held by the 2007 squad, which finished 19-4 and placed third at the NCAA Regional Championships.

**THOMPSON IN ELITE COMPANY**

Head coach Jeff Thompson headed back to the NCAA Championships for the second time as a head coach and his first as the leader of the Nittany Lions in 2014.

Thompson's first appearance at the national meet came with Auburn in 2003 and he led the Nittany Lions back to the national summit for the first time since the program went in 2009.

He is just the third head coach in NCAA history to navigate two different programs to the NCAA Championships, joining K.J. Kindler (Iowa State & Oklahoma) and Judi Markell (Penn State and Florida).

Thompson took Auburn to the championships during his fourth season at the helm of the program. The Tigers finished 12th at the 2003 NCAA Championships, posting a team score of 193.525.

The Highland Heights, Ky., native guided Penn State to their 17th appearance at the NCAA Championships in his fourth year, as well. The Blue and White finished 12th with a team score of 194.825.

Kindler and Thompson are still active head coaches and both led their respective teams, Oklahoma & Penn State, to the Championships last season.

**THREE ADDED IN EARLY SIGNING PERIOD**

Sabrina Garcia, Mason Hosek and Jessica Jones each signed a National Letters of Intent to attend Penn State University and participate in women's gymnastics starting in the 2015-16 academic year.

Garcia, who trains at Prestige Gymnastics in Lancaster, Pennsylvania, is coached by Tony and Jen Fatta and was the 2014 Pennsylvania Level 10 state champion on uneven bars and balance beam as well as finishing fourth vault and third in the all-around. She went on to compete in the USA Junior Olympic National Championships where she finished second in the nation on uneven bars and 19th in the all-around.

Hosek currently trains at Capital Gymnastics in Austin, Texas, and is coached by Barry Hyder. In 2013, Hosek claimed the national championship on both balance beam and floor exercise at the USA Gymnastics Junior Olympic National Championships. During that same season, she won balance beam at the Region Three Championships after earning the title of Texas State All-Around Champion. In 2012, she had top-six finishes at the Region Three Championship on both vault and floor exercise, along with a sixth place showing in the All-Around. Hosek followed that with a seventh place finish in the all-around at the Junior Olympic National Championships. Hosek did not compete in 2014 due to injury.

Jones, who trains at Youngstown Gymnastics Center in Youngstown, Ohio, is coached by Sandy Sabo and Chad Cleland and comes to Penn State with a superb gymnastics background. In 2014, Jones finished seventh in the nation on balance beam at the Junior Olympic National Championships. She was also named the Ohio State Vault Champion in 2012, as well as the national champion on vault at the National Invitational Tournament in 2010 followed by a runner-up finish in 2011.

**BIG TEN STANDINGS**

	BIG TEN		OVERALL	
	W-L	%	W-L	%
Penn State	0-0	.000	3-0	1.000
Michigan	0-0	.000	2-0	1.000
Nebraska	0-0	.000	1-0	1.000
Illinois	0-0	.000	1-0	1.000
Ohio State	0-0	.000	1-0	1.000
Minnesota	0-0	.000	1-0	1.000
Rutgers	0-0	.000	1-2	.333
Michigan State	0-0	.000	0-1	.000
Iowa	0-0	.000	0-1	.000
Maryland	0-0	.000	0-2	.000

**THIS WEEK IN THE BIG...****Jan. 15**

Maryland hosts Minnesota, 7 p.m.

**Jan. 17**

**Penn State at Nebraska, 4 p.m.**

Illinois hosts Rutgers, 4 p.m.

Ohio State hosts Michigan & West Virginia, 4 p.m.

**Jan. 18**

Iowa hosts Ball State & Michigan State, 2 p.m.

**BIG TEN WEEKLY AWARDS:****Jan. 12**

G: Nicole Artz, Michigan & Lindsay Mable, Minnesota  
E: Talia Chiarelli, Michigan  
F: Brianna Brown, Michigan & Brianna Tsang, Penn State



## EVENT LEADERS

## MEET-BY-MEET TEAM LEADERS

Includes Ties

	V	UB	BB	FX	AA
Lauren Li	-	-	-	1	-
S. Sanabria-Robles	-	1	-	-	-
Briannah Tsang	1	-	1	-	1
Krystal Welsh	-	-	1	-	-

## RICHARDS, MOLINARO JOIN STAFF

Head coach Jeff Thompson added a pair of experienced and talented members to his coaching staff this off-season in Jeff Richards and Kera Molinaro.

Richards has over 25 years of collegiate coaching experience across Divisions I, II and III. Most recently he served as an assistant coach at George Washington University in 2014. Prior to joining the staff at GWU, he served as the head women's gymnastics coach at Utah State University from 2009-13. Richards is familiar with Big Ten gymnastics, as well, spending four seasons at the University of Iowa.

He spent five seasons at the helm of the Aggies program and was named the 2011 NCAA Division I National Association of Collegiate Gymnastics Coaches North Central Region Co-Head Coach of the Year. His stay in Logan, Utah included 19 student-athletes advancing to the NCAA Regionals and 22 Academic All-WAC picks.

Molinaro enters her 10th season involved with collegiate gymnastics, which includes two years as the volunteer assistant coach at her alma mater, Oregon State, and three seasons on the coaching staff at Rutgers. She competed for the Beavers from 2006-09 and helped them to four consecutive appearances at the NCAA Championships.

A native of Lake Oswego, Ore., Molinaro ventured to the east coast and spent the last three seasons as an assistant coach at Rutgers. She had an immediate impact on the Scarlet Knights' program, helping them earn a berth at the 2014 NCAA Regional Championships. The NCAA Regional appearance was the programs' first since 2007.

## EVENT WINNERS

## INDIVIDUAL EVENT TITLES

<b>Briannah Tsang</b>	<b>(3)</b>
<b>All-Around (1)</b>	
1/10 Cornell, New Hampshire & Rutgers	29.225
<b>Vault (1)</b>	
1/10 Cornell, New Hampshire & Rutgers	9.850
<b>Balance Beam (1)</b>	
1/10 Cornell, New Hampshire & Rutgers	9.800 *
<b>Sidney Sanabria-Robles</b>	<b>(1)</b>
<b>Uneven Bars (1)</b>	
1/10 Cornell, New Hampshire & Rutgers	9.800
<b>Krystal Welsh</b>	<b>(1)</b>
<b>Balance Beam (2)</b>	
1/10 Cornell, New Hampshire & Rutgers	9.800 *
<b>Lauren Li</b>	<b>(1)</b>
<b>Floor Exercise (1)</b>	
1/10 Cornell, New Hampshire & Rutgers	9.800 *

\* - Shared event title

## CAREER INDIVIDUAL EVENT TITLES

Gymnast	2015	Career
<b>Krystal Welsh</b>	<b>1</b>	<b>8</b>
Vault	--	1
Uneven Bars	--	3
Balance Beam	1	1
Floor Exercise	--	3
<b>Sidney Sanabria-Robles</b>	<b>1</b>	<b>6</b>
Vault	--	3
Uneven Bars	1	1
Floor Exercise	--	1
All-Around	--	1
<b>Emma Sibson</b>	<b>--</b>	<b>4</b>
Vault	--	4
<b>Briannah Tsang</b>	<b>3</b>	<b>3</b>
Vault	1	1
Balance Beam	1	1
All-Around	1	1
<b>Lexi Carroll</b>	<b>--</b>	<b>2</b>
Floor Exercise	--	2
<b>Lauren Li</b>	<b>1</b>	<b>1</b>
Floor Exercise	1	1
<b>Nicole Medvitz</b>	<b>--</b>	<b>2</b>
Uneven Bars	--	1
Balance Beam	--	1

## TEAM EVENT TITLES

<b>Vault</b>	<b>(1)</b>
1/10 Cornell, New Hampshire & Rutgers	48.900
<b>Uneven Bars</b>	<b>(1)</b>
1/10 Cornell, New Hampshire & Rutgers	49.000
<b>Floor Exercise</b>	<b>(1)</b>
1/10 Cornell, New Hampshire & Rutgers	48.800



# NATIONAL NITS

## TEAM RANKINGS

### Team Score

T15. Penn State	194.675
<i>Season High Score</i>	<i>194.675</i>

### Vault

T14. Penn State	48.900
<i>Season High Score</i>	<i>48.900</i>

### Uneven Bars

T8. Penn State	49.000
<i>Season High Score</i>	<i>49.000</i>

### Balance Beam

41. Penn State	47.975
<i>Season High Score</i>	<i>47.975</i>

### Floor Exercise

T13. Penn State	48.800
<i>Season High Score</i>	<i>48.800</i>

## INDIVIDUAL RANKINGS (Top 75)

### Vault

T24. Briannah Tsang	9.850
<i>Season High Score</i>	<i>9.850</i>
T67. Emma Sibson	9.800
<i>Season High Score</i>	<i>9.800</i>

### Uneven Bars

T24. Sidney Sanabria-Robles	9.850
<i>Season High Score</i>	<i>9.850</i>
T39. Krystal Welsh	9.825
<i>Season High Score</i>	<i>9.825</i>
T56. Briannah Tsang	9.800
<i>Season High Score</i>	<i>9.800</i>

### Balance Beam

T43. Briannah Tsang	9.800
<i>Season High Score</i>	<i>9.800</i>
T43. Krystal Welsh	9.800
<i>Season High Score</i>	<i>9.800</i>

### Floor Exercise

T56. Lauren Li	9.800
<i>Season High Score</i>	<i>9.800</i>
T75. Lexi Carroll	9.775
<i>Season High Score</i>	<i>9.775</i>
T75. Briannah Tsang	9.775
<i>Season High Score</i>	<i>9.775</i>

### All-Around

10. Briannah Tsang	39.225
<i>Season High Score</i>	<i>39.225</i>
T16. Krystal Welsh	39.100
<i>Season High Score</i>	<i>39.100</i>
T30. Lauren Li	38.875
<i>Season High Score</i>	<i>38.875</i>
63. Sidney Sanabria-Robles	38.350
<i>Season High Score</i>	<i>38.350</i>



MEET RESULTS

**host Cornell, UNH & Rutgers**  
 January 10, 2014  
 Recreation Building  
 University Park, Pa.  
 Attendance: 1,275

**No. 16 Penn State 194,675**  
 New Hampshire 193,450  
 Rutgers 191,825  
 Cornell 186,725

**VAULT 48,900**  
 Li 9,750  
 Timothy 9,725  
 Welsh 9,725  
 Sanabria-Robles 9,775  
 Sibson 9,800  
 Tsang 9,850

**UNEVEN BARS 49,00**  
 Carroll 9,725  
 Li 9,775  
 Whit 9,750  
 Tsang 9,800  
 Sanabria-Robles 9,850  
 Welsh 9,825

**BALANCE BEAM 47,975**  
 Li 9,550  
 Medwitz 9,075  
 Carroll 9,750  
 Tsang 9,800  
 Welsh 9,800  
 Sanabria-Robles 9,025

**FLOOR EXERCISE 48,600**  
 Li 9,800  
 Carroll 9,775  
 Timothy 9,600  
 Sanabria-Robles 9,700  
 Tsang 9,775  
 Welsh 9,750

**ALL-AROUND**  
 Tsang 39,225  
 Welsh 39,100  
 Li 38,875  
 Sanabria-Robles 38,350

Rotation Order: V, UB, BB, FX





# TV/MEDIA ROSTER



**Lexi Carroll**  
Sr. § 5-3 § All-Around  
Olney, Md.



**Lauren Li**  
Fr. § 5-4 § All-Around  
Plano, Texas



**Nicole Medvitz**  
So. § 5-1 § All-Around  
Paramus, N.J.



**Tina Postiglione**  
So. § 5-0 § All-Around  
Selden, N.Y.



**Chanen Raygoza**  
Fr. § 5-6 § All-Around  
Upland, Calif..



**Sidney Sanabria-Robles**  
Sr. § 5-1 § All-Around  
Caguas, Puerto Rico



**Emma Sibson**  
So. § 5-1 § All-Around  
Allen, Texas



**Oni Timothy**  
Fr. § 4-11 § All-Around  
Rochester, N.Y.



**Briannah Tsang**  
Fr. § 5-0 § All-Around  
Vancouver, British Columbia



**Krystal Welsh**  
Sr. § 5-7 § All-Around  
Bowie, Md.



**Alex Witt - Jr.**  
Sr. § 5-4 § V, UB  
Odessa, Fla.



**Jeff Thompson**  
Head Coach  
Fifth Season



**Rachelle Thompson**  
Associate Head Coach  
Fifth Season



**Jeff Richards**  
Assistant Coach  
First Season



**Kera Molinaro**  
Volunteer Assistant Coach  
First Season



**Taylor Alotta**  
Undergraduate Assistant Coach  
First Season



# INDIVIDUAL SCHOOL RECORDS

## VAULT

1.	10.00	Brandi Personett	2/13/2010
		Brandi Personett	1/23/2010
		Katie Rowland	3/29/2003
		Katie Rowland	2/16/2003
5.	9.975	<b>Emma Sibson</b>	<b>3/8/2014</b>
		Sharaya Musser	3/7/2010
		Brandi Personett	2/2/2008
		Katie Rowland	3/8/2003
9.	9.950	<b>Emma Sibson</b>	<b>2/8/2014</b>
		Madison Merriam	3/16/2013
		Madison Merriam	2/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Sharaya Musser	1/15/2012
		Sharaya Musser	2/11/2011
		Sharaya Musser	3/20/2010
		Brandi Personett	4/10/2010
		Brandi Personett	2/20/2010
		Brandi Personett	2/13/2009
		Brandi Personett	1/30/2009
		Brandi Personett	3/29/2008
		Brandi Personett	3/31/2007
		Jennifer Orlando	2/25/2006
		Lisa Clark	2/13/2005
		Lisa Clark	4/3/2004
		Katie Rowland	4/12/003
		Katie Rowland	2/7/2003
		Katie Rowland	1/11/2003
		Katie Rowland	3/23/2002
		Katie Rowland	3/9/2002
		Katie Rowland	2/15/2002
		Katie Rowland	3/10/2001
		Gemma Cuff	3/2/2000
		Gemma Cuff	2/28/1998
		Joanna Knox	3/25/1995

## UNEVEN BARS

1.	9.975	Natalie Ettl	2/18/2011
		Katie Perret	3/16/2007
3.	9.950	Madison Merriam	2/23/2013
		Natalie Ettl	2/6/2011
		Natalie Ettl	3/7/2010
		Natalie Ettl	2/6/2010
		Katie McAvoy	3/1/2003
		Katie McAvoy	2/2/2002
		Katie Rowland	3/16/2002
		Katie Rowland	2/17/2001
		Maria Taylor	2/23/2001
		Nikki Smith	3/13/1999

## BALANCE BEAM

1.	10.00	Katie Rowland	3/14/2003
		Nikki Smith	3/18/2000
		Missy Leopoldus	2/19/1999
		Missy Leopoldus	1/30/1999
5.	9.975	Meredith Hoover	2/25/2006
		Richelle Simpson	2/17/2001
		Maria Taylor	2/17/2001
		Nikki Smith	1/22/2000
9.	9.950	Kassidy Stauder	3/8/2014
		Sharaya Musser	3/16/2013
		Sharaya Musser	2/11/2012
		Sharaya Musser	3/4/2011
		Brandi Personett	2/6/2010
		Kristal Uzelac	3/26/2005
		Katie Rowland	3/9/2002
		Nikki Smith	3/11/2000
		Nikki Smith	1/16/2000
		Missy Leopoldus	1999
		Missy Leopoldus	1/17/1998
		Nicole Malinak	2/28/1997

## FLOOR EXERCISE

1.	10.00	Ellen Casey	2/19/1999
2.	9.975	Katie Rowland	3/14/2003
		Ellen Casey	1999
		Gemma Cuff	2/23/2001
5.	9.950	Sharaya Musser	3/17/2012
		Sharaya Musser	3/4/2011
		Sharaya Musser	2/18/2011
		Brandi Personett	3/27/2010
		Brandi Personett	3/20/2010
		Brandi Personett	2/20/2010
		Brandi Personett	3/21/2009
		Brandi Personett	3/8/2009
		Brandi Personett	3/1/2009
		Brandi Personett	3/1/2008
		Brandi Personett	2/24/2007
		Kate Stopper	2/6/2004
		Katie Rowland	4/12/2003
		Katie Rowland	3/1/2003
		Katie Rowland	2/16/2003
		Katie Rowland	2/1/2003
		Katie Rowland	3/16/2002
		Katie Rowland	2/23/2001
		Katie Rowland	2/3/2001
		Leslie Bair	2/23/2001
		Richelle Simpson	2/23/2001
		Heather Duggan	2/19/2000
		Missy Leopoldus	3/14/1998
		Ellen Casey	1999
		Ellen Casey	2/28/1998

Ellen Casey 3/16/1997

## ALL-AROUND

1.	39.775	Katie Rowland	3/14/2003
2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/9/2002
4.	39.700	Brandi Personett	2/20/2010
5.	39.675	Katie Rowland	2/16/2003
6.	39.650	Sharaya Musser	3/16/2013
		Sharaya Musser	3/17/2012
		Sharaya Musser	3/2/2012
		Katie Rowland	2/23/2001
		Katie Rowland	2/17/2001
11.	39.625	Katie Rowland	3/29/2003
		Katie Rowland	3/8/2003
		Katie Rowland	3/1/2003
		Missy Leopoldus	1/17/1998
15.	39.600	Sharaya Musser	3/7/2010
		Brandi Personett	2/13/2010
		Brandi Personett	2/6/2010
		Brandi Personett	3/1/2009
		Katie Rowland	3/16/2002
		Gemma Cuff	3/28/1998

**NOTES:** Listed alphabetically based on most recent performance.

# TEAM SCHOOL RECORDS

## VAULT

1.	49.500	Cornell, Iowa, Yale	1/23/2010
		at NCAA Regionals	4/3/2004
		at West Virginia w/ Rutgers	2/16/2003
4.	49.475	Kentucky	3/16/2013
		at West Virginia w/ Ball State	2/13/2005
6.	49.450	at N.H. w/Bridgeport, G. Wash.	3/8/2014
7.	49.425	Nebraska, Rutgers, Yale	2/10/2006
8.	49.400	at Pittsburgh	2/13/2010
9.	49.375	Nebraska	3/20/2010
10.	49.350	Florida, Temple, Yale	3/14/2003

## UNEVEN BARS

1.	49.500	Massachusetts	2/23/2001
2.	49.425	Nebraska	3/1/2003
3.	49.375	at Maryland Quad	2/18/2011
		at Arizona w/ Kentucky, TWU	3/16/2007
		at Rhode Island	2/17/2001
5.	49.350	Michigan State	2/23/2013
		Maryland	3/17/2012
		at Big Ten Championships	3/27/2010
		Illinois	2/6/2010
		at Pittsburgh	3/18/2006
		at New Hampshire	3/6/2004
		New Hampshire	1/20/2001
		NCAA Regionals	4/10/1999
		Alabama	2/19/1999

## BALANCE BEAM

1.	49.650	at Rhode Island	2/17/2001
2.	49.550	Big Ten Championships	3/18/2000
3.	49.425	Central Michigan	1/24/2004
4.	49.375	at N.H. w/Bridgeport, G. Wash.	3/8/2014
		at Pittsburgh	2/28/2004
		Pennsylvania Championships	2/28/1997
7.	49.350	Maryland, Michigan, Bridgeport	3/7/2010
		at Illinois	1/13/2001
9.	49.300	Kentucky	3/16/2013
		Massachusetts	2/23/2001

## FLOOR EXERCISE

1.	49.725	Massachusetts	2/23/2001
2.	49.550	Pittsburgh	2/3/2001
3.	49.525	New Hampshire, Penn, Temple	3/9/2013
		Florida	1/30/1999
5.	49.500	Alabama	2/19/1999
6.	49.450	at Pittsburgh	3/11/2012
7.	49.425	NCAA Regionals	4/5/2014
		Big Ten Championships	3/22/2014
		at Big Ten Championships	3/21/2009
		Maryland	1/29/2005

## TEAM

1.	197.450	Massachusetts	2/23/2001
2.	197.325	Kentucky	3/16/2013
3.	197.200	at N.H. w/Bridgeport, G. Wash.	3/8/2014
4.	197.075	Maryland, North Carolina State	3/4/2011
5.	197.025	Alabama	2/19/1999
6.	196.975	New Hampshire, Penn, Temple	3/9/2013
7.	196.875	Pittsburgh	2/3/2001
8.	196.825	at Arizona w/Kentucky, TWU	3/16/2007
9.	196.775	at Rhode Island	2/17/2001
10.	196.750	Florida	1/30/1999



## TOP PERFORMERS

<b>Vault</b>	<b>(Rowland/Personett, 10.00)</b>	<b>Balance Beam</b>	<b>(Rowland/Smith, 10.00)</b>	<b>All Around</b>	<b>(Rowland, 39.775)</b>
Briannah Tsang	9.850 1/10/15	Briannah Tsang	9.800 1/10/15	Briannah Tsang	39.225 1/10/15
Emma Sibson	9.800 1/10/15	Krystal Welsh	9.800 1/10/15	Krystal Welsh	39.100 1/10/15
Sidney Sanabria-Robles	9.775 1/10/15	Lexi Carroll	9.750 1/10/15	Lauren Li	38.875 1/10/15
Lauren Li	9.750 1/10/15	Emma Sibson	9.725 ^ 1/10/15	Sidney Sanabria-Robles	38.350 1/10/15
Oni Timothy	9.725 1/10/15	Lauren Li	9.550 1/10/15		
<b>Uneven Bars</b>	<b>(Perret/Ettl, 9.975)</b>	<b>Floor Exercise</b>	<b>(Ellen Casey, 10.00)</b>		
Sidney Sanabria-Robles	9.850 1/10/15	Lauren Li	9.800 1/10/15		
Krystal Welsh	9.825 1/10/15	Lexi Carroll	9.775 1/10/15		
Briannah Tsang	9.800 1/10/15	Briannah Tsang	9.775 1/10/15		
Lauren Li	9.775 1/10/15	Krystal Welsh	9.750 1/10/15		
Alex Witt	9.750 1/10/15	Sidney Sanabria-Robles	9.700 1/10/15		

## TOP TEAM PERFORMANCES

<b>Vault</b>	<b>(2003, 04, 10, 49.500)</b>	<b>Balance Beam</b>	<b>(2001, 49.650)</b>	<b>Team Score</b>	<b>(2001, 197.450)</b>
Cornell, UNH & Rutgers	48.900 1/10/15	Cornell, UNH & Rutgers	47.975 1/10/15	Cornell, UNH & Rutgers	194.675 1/10/15
<b>Uneven Bars</b>	<b>(2001, 49.500)</b>	<b>Floor Exercise</b>	<b>(2001, 49.725)</b>		
Cornell, UNH & Rutgers	49.000 1/10/15	Cornell, UNH & Rutgers	48.800 1/10/15		

## SCHEDULE &amp; RESULTS

<b>Date</b>	<b>Opponent</b>	<b>Time/Result</b>	<b>Record</b>
<b>JAN. 10</b>	<b>CORNELL, NEW HAMPSHIRE &amp; RUTGERS</b>	<b>1st of 4 (194.675 pts)</b>	<b>3-0</b>
Jan. 17	at No. 8 Nebraska *	4 p.m.	
<b>JAN. 24</b>	<b>MARYLAND *</b>	<b>4 p.m.</b>	
Jan. 31	at Illinois *	5 p.m.	
<b>FEB. 7</b>	<b>MICHIGAN STATE *</b>	<b>4 p.m.</b>	
<b>FEB. 14</b>	<b>OHIO STATE *</b>	<b>4 p.m.</b>	
Feb. 21	at Pittsburgh	1 p.m.	
<b>FEB. 28</b>	<b>IOWA STATE, PENN &amp; SUNY-BROCKPORT</b>	<b>4 p.m.</b>	
March 8	at West Virginia	2 p.m.	
March 14	at Minnesota w/ Iowa, Michigan & Rutgers *	5 p.m.	
March 21	Big Ten Championships	11:30 a.m./4:30 p.m.	
April 4	vs. NCAA Regional Championships	TBA	
April 17	vs. NCAA Championships	TBA	

HOME MEETS IN BOLD CAPS | All Times Eastern | \* - Big Ten Competition | Rankings From GymInfo



## MEET BY MEET

Date	Event Order	V	UB	BB	FX	TEAM
<b>CORNELL, NEW HAMPSHIRE &amp; RUTGERS (1/10)</b> at No. 8 Nebraska * (1/17)	V, UB, BB, FX	<b>48.900</b>	<b>49.000</b>	<b>47.950</b>	<b>48.800</b>	<b>194.675</b>
<b>MARYLAND * (1/24)</b> at Illinois * (1/31)						
<b>MICHIGAN STATE * (2/7)</b> <b>OHIO STATE * (2/14)</b> at Pittsburgh (2/21)						
<b>IOWA STATE, PENN &amp; SUNY-BROCKPORT (2/28)</b> at West Virginia (3/8) at Minnesota w/ Iowa, Michigan & Rutgers * (3/14) Big Ten Championships (3/21) NCAA Regional Championships (4/4) NCAA Championships (4/17)						

SEASON HIGH IN BOLD

## TOP PERFORMANCES

Vault (Rowland/Personett, 10.00)				Balance Beam (Rowland/Smith, 10.00)				All Around (Rowland, 39.775)			
1.	Briannah Tsang	9.850	1/10/15	1.	Briannah Tsang	9.800	1/10/15	1.	Briannah Tsang	39.225	1/10/15
2.	Emma Sibson	9.800	1/10/15	2.	Krystal Welsh	9.800	1/10/15	2.	Krystal Welsh	39.100	1/10/15
3.	Sidney Sanabria-Robles	9.775	1/10/15	3.	Lexi Carroll	9.750	1/10/15	3.	Lauren Li	38.875	1/10/15
4.	Lauren Li	9.750	1/10/15	4.	Emma Sibson	9.725 ^	1/10/15	4.	Sidney Sanabria-Robles	38.350	1/10/15
5.	Oni Timothy	9.725	1/10/15	5.	Lauren Li	9.550	1/10/15				
6.	Krystal Welsh	9.725	1/10/15	6.	Nicole Medvitz	9.075	1/10/15				
				7.	Sidney Sanabria-Robles	9.025	1/10/15				
<b>Uneven Bars (Perret/Ettl, 9.975)</b>				<b>Floor Exercise (Ellen Casey, 10.00)</b>							
1.	Sidney Sanabria-Robles	9.850	1/10/15	1.	Lauren Li	9.800	1/10/15				
2.	Krystal Welsh	9.825	1/10/15	2.	Lexi Carroll	9.775	1/10/15				
3.	Briannah Tsang	9.800	1/10/15	3.	Briannah Tsang	9.775	1/10/15				
4.	Lauren Li	9.775	1/10/15	4.	Krystal Welsh	9.750	1/10/15				
5.	Alex Witt	9.750	1/10/15	5.	Sidney Sanabria-Robles	9.700	1/10/15				
6.	Lexi Carroll	9.725	1/10/15	6.	Emma Sibson	9.650 ^	1/10/15				
7.	Emma Sibson	9.700 ^	1/10/15	7.	Oni Timothy	9.600	1/10/15				



## GYMNAST MEET-BY-MEET

<b>Lexi Carroll</b> <b>Sr.</b>		<b>Emma Sibson</b> <b>So.</b>	
<b>All-Around</b> (38.850, 1/26/13) <i>Has Not Competed in 2015</i>		<b>Vault</b> (9.975, 3/8/14) Cornell, UNH & Rutgers (1/10) 9.800 (T2)	
<b>Vault</b> (9.875, 3/2/13) <i>Has Not Competed in 2015</i>		<b>Uneven Bars</b> (9.700 ^, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.700 ^	
<b>Uneven Bars</b> (9.775, 1/19/13) Cornell, UNH & Rutgers (1/10) 9.725		<b>Balance Beam</b> (9.825, 4/5/14) Cornell, UNH & Rutgers (1/10) 9.725 ^	
<b>Balance Beam</b> (9.850, 3/16/13) Cornell, UNH & Rutgers (1/10) 9.750		<b>Floor Exercise</b> (9.900, 3/22/14) Cornell, UNH & Rutgers (1/10) 9.650 ^	
<b>Floor Exercise</b> (9.925, 3/9/13) Cornell, UNH & Rutgers (1/10) 9.775 (T3)		<b>Oni Timothy</b> <b>Fr.</b>	
<b>Lauren Li</b> <b>Fr.</b>		<b>Vault</b> (9.725, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.725	
<b>All-Around</b> (38.850, 1/26/13) Cornell, UNH & Rutgers (1/10) 38.875 (3)		<b>Floor Exercise</b> (9.600, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.600	
<b>Vault</b> (9.875, 3/2/13) Cornell, UNH & Rutgers (1/10) 9.750		<b>Briannah Tsang</b> <b>Fr.</b>	
<b>Uneven Bars</b> (9.775, 1/19/13) Cornell, UNH & Rutgers (1/10) 9.775		<b>All-Around</b> (39.225, 1/10/15) Cornell, UNH & Rutgers (1/10) 39.225 (1)	
<b>Balance Beam</b> (9.850, 3/16/13) Cornell, UNH & Rutgers (1/10) 9.550		<b>Vault</b> (9.850, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.850 (1)	
<b>Floor Exercise</b> (9.925, 3/9/13) Cornell, UNH & Rutgers (1/10) 9.800 (T1)		<b>Uneven Bars</b> (9.825, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.825 (3)	
<b>Nicole Medvitz</b> <b>So.</b>		<b>Balance Beam</b> (9.800, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.800 (T1)	
<b>Uneven Bars</b> (9.850, 3/22/14) <i>Has Not Competed in 2015</i>		<b>Floor Exercise</b> (9.775, 1/10/15) Cornell, UNH & Rutgers (1/10) 9.775 (T3)	
<b>Balance Beam</b> (9.875, 3/22/14) Cornell, UNH & Rutgers (1/10) 9.075		<b>Krystal Welsh</b> <b>Sr.</b>	
<b>Tina Postiglione</b> <b>So.</b>		<b>All Around</b> (39.500, 3/22/14) Cornell, UNH & Rutgers (1/10) 39.100 (2)	
<b>Balance Beam</b> (9.750 ^, 2/8/14) <i>Has Not Competed in 2015</i>		<b>Vault</b> (9.900, 3/22/14) Cornell, UNH & Rutgers (1/10) 9.725	
<b>Chanen Raygoza</b> <b>Fr.</b>		<b>Uneven Bars</b> (9.875, 3/15/14) Cornell, UNH & Rutgers (1/10) 9.825 (2)	
<i>Has Not Competed in 2015</i>		<b>Balance Beam</b> (9.850, 3/22/14) Cornell, UNH & Rutgers (1/10) 9.800 (T1)	
<b>Sidney Sanabria-Robles</b> <b>Sr.</b>		<b>Floor Exercise</b> (9.925, 1/18/14) Cornell, UNH & Rutgers (1/10) 9.750	
<b>All Around</b> (39.425, 2/15/14) Cornell, UNH & Rutgers (1/10) 38.350		<b>Alex Witt</b> <b>Sr.</b>	
<b>Vault</b> (9.900, 4/5/14) Cornell, UNH & Rutgers (1/10) 9.775		<b>Vault</b> (9.800, 3/2/12) <i>Did Not Competed in 2015</i>	
<b>Uneven Bars</b> (9.875, 3/22/14) Cornell, UNH & Rutgers (1/10) 9.850 (1)		<b>Uneven Bars</b> (9.875, 2/28/14) Cornell, UNH & Rutgers (1/10) 9.750	
<b>Balance Beam</b> (9.875, 3/15/14) Cornell, UNH & Rutgers (1/10) 9.025			
<b>Floor Exercise</b> (9.900, 4/5/14) Cornell, UNH & Rutgers (1/10) 9.700			





**LEXI CARROLL** **SENIOR**  
 All-Around Olney, Md. Hills Gymnastics

**MEETS COMPLETED**

	V	UB	BB	FX	AA
2015	--/1	1/1	1/1	1/1	--/1
2014	--/14	--/14	1/14	1/14	--/14
2013	12/13	5/13	12/13	13/13	4/13
2012	9/13	--/13	--/13	7/13	--/13
<b>Career</b>	<b>21/41</b>	<b>6/41</b>	<b>14/41</b>	<b>22/41</b>	<b>4/41</b>

**2015 Averages**

Vault	--
Season Best	--
Uneven Bars	9.725
Season Best	9.725
Balance Beam	9.750
Season Best	9.750
Floor Exercise	9.775
Season Best	9.775
All-Around	--
Season Best	--

**2015 (Senior Year)**

Competed on three events in the season opener vs. Cornell, New Hampshire and Rutgers (1/10), placing third on the floor exercise at 9.775.

**2014 (Junior Year)**

Competed one of the team's 14 meets...Also contributed exhibition performances in two meets...Missed 11 meets due to two separate injuries...Did not compete in the team's first six meets due to a finger injury and missed the final five meets with an Achilles injury...Competed on the balance beam and floor exercise...Returned from a finger injury to post an exhibition score of 9.800 on the balance beam and 9.500 on the floor exercise vs. Illinois (2/15)...Scored 9.750 in an exhibition performance on the floor exercise at Rutgers with Temple and Ursinus (2/22)...Returned to the balance beam and floor exercise lineups against Bridgeport, Western Michigan & Yale (2/28), scoring 9.750 on both events...Suffered an Achilles injury at New Hampshire on March 8.

**2013 (Sophomore Year)**

Competed in all 12 of the team's meets and at the NCAA Regional Championships...Competed on vault, uneven bars, balance beam and floor exercise...Also competed in the all-around...Led the team on the floor exercise...Ranked tied for third on vault, tied for fourth on the balance beam and fifth on the team in the all-around...Scored for 9.850 on the floor exercise to finish tied for ninth at the NCAA Regional Championships (4/6)...Also competed on the balance beam (9.600) and vault (9.800) at the NCAA Regional Championships (4/6)...At the Big Ten Championships (3/23), competed on vault (9.750), balance beam (9.550) and floor exercise (9.850)...Posted a career-best score of 38.850 in the all-around vs. Iowa, Pitt and Rutgers (1/26)...Also competed in the all-around in a tri-meet at Denver with Lindenwood (38.525; 1/5), at Michigan (38.350; 2/16) and at UIC (37.950; 1/12)...Posted a career-best effort on vault with a score of 9.875 at Illinois (3/2) and in a tri-meet at Denver with Lindenwood (1/5)...Notched a career-best score of 9.775 vs. Minnesota, Towson and Kent State (1/19) on the uneven bars...Posted a career-best tally of 9.850 on the balance beam vs. Kentucky (3/16)...Also scored 9.800 on the balance beam at Michigan (2/16)...Won the floor exercise twice during

the season; posting a career-best score of 9.925 vs. New Hampshire, Temple and Penn (3/9) and a tally of 9.875 vs. Michigan State (2/23)...Also scored 9.875 on the floor exercise vs. Kentucky (3/16) and at Illinois (3/2).

**2012 (Freshman Year)**

Competed in eight of the team's 12 meets and at the NCAA Regional Championships...Competed on vault and floor exercise...Notched a season-best 9.850 on vault and scored 9.750 on the floor exercise at the NCAA Regional (4/7)...Competed on vault (9.775) and the floor exercise (9.725) at the Big Ten Championships (3/24)...Scored a 9.825 on vault vs. North Carolina State, George Washington and William & Mary (2/11)...Also posted a score of 9.800 on vault twice; in a tri-meet with Michigan and North Carolina (3/2) and vs. SUNY-Brockport (2/18)...Owned a season-best mark of 9.850 on the floor exercise at Pittsburgh (3/11)...Scored 9.800 on the floor exercise vs. North Carolina State, George Washington and William & Mary (2/11).

**Gymnastics Background**

Competed for Hills Gymnastics in Gaithersburg, Md. under the direction of Kelli Hill...Attended the 2008 Visa Championships...Competed in the 2009, 2010 & 2011 Junior Olympic Nationals...Two-time Maryland State champion in all-around (2009 & 2010)...2010 Junior Olympics National Vault Champion...Placed second in the all-around at Level 9 Eastern Championships...Qualified for the Nastia Liukin Cup.

**Personal**

Born Alexis Lynae Carroll in Stamford, Conn. on June 22, 1993...Daughter of Rich and Dori Carroll...Has five siblings; C.J., Mackenzie, Ryan, Jason and Shane...Majoring in broadcast journalism with a minor in communication arts...Is a member of the Athletic Director's Leadership Institute at Penn State.

**\* - Event Winner**

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	--	9.725	9.750	9.775	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>--</b>	<b>9.725</b>	<b>9.750</b>	<b>9.775</b>	<b>--</b>
<b>Career Best</b>	<b>9.875</b>	<b>9.775</b>	<b>9.850</b>	<b>9.925</b>	<b>38.850</b>





**LAUREN LI** **FRESHMAN**  
 All-Around Plano, Texas World Olympic  
 Gymnastics

**MEETS COMPETED**

	V	UB	BB	FX	AA
2015	1/1	1/1	1/1	1/1	1/1
<b>Career</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>

**2015 Averages**

Vault	9.750
Season Best	9.750
Uneven Bars	9.775
Season Best	9.775
Balance Beam	9.550
Season Best	9.550
Floor Exercise	9.800
Season Best	9.800
All-Around	38.875
Season Best	38.875

**2015 (Freshman Year)**

Won the floor exercise with a score of 9.800 and placed third overall in the all-round vs. Cornell, New Hampshire and Rutgers (1/10) with a total score of 38.875.

**Gymnastics Background**

Trained at World Olympic Gymnastics Academy under coaches Laurent Landi and Cecile Canqueteau-Landi...Four-time Junior Olympic National qualifier...Finished 17th in the all-around at the 2014 USA Junior Olympic Championships... Won the Region 3 uneven bars and balance beam championships and was the Texas State Champion in the all-around...Was the 2013 USA Gymnastics Level 10 Region 3 all-around and uneven bars champion...Also placed third at the Level 10 Region 3 meet on vault...Competed at the USA Junior Olympic National Championships and finished eighth on balance beam and 13th in the all-around...In 2012, won the Region 3 uneven bars championships and finished 17th at the JO Nationals...Claimed the Region 3 all-around title in 2011 and placed 25th at the Junior Olympic Nationals.

**Personal**

Born Lauren Marie Li in Dallas, Texas on November 22, 1995...Daughter of Forest and Norma Li... Has two younger sisters, Lianna and Lindsey, and one younger brother, Lenneth...Her father was a collegiate athlete in China, competing in gymnastics, swimming and track...Intends on majoring in nutritional sciences.

* - Event Winner	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.750	9.775	9.550	9.800 *	38.875
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>9.750</b>	<b>9.775</b>	<b>9.550</b>	<b>9.800</b>	<b>38.875</b>
<b>Career Best</b>	<b>9.750</b>	<b>9.775</b>	<b>9.550</b>	<b>9.800</b>	<b>38.875</b>



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**NICOLE MEDVITZ SOPHOMORE**

All-Around Paramus, N.J. ENA Paramus

**MEETS COMPLETED**

	V	UB	BB	FX	AA
2015	--/1	--/1	1/1	--/1	--/1
2014	--/14	13/14	14/14	--/14	--/14
<b>Career</b>	<b>--/15</b>	<b>13/15</b>	<b>15/15</b>	<b>--/15</b>	<b>--/15</b>

**2015 Averages**

Vault	--
Season Best	--
Uneven Bars	--
Season Best	--
Balance Beam	9.075
Season Best	9.075
Floor Exercise	--
Season Best	--
All-Around	--
Season Best	--

**2014 (Freshman Year)**

Competed on the balance beam in the season opener vs. Cornell, New Hampshire and Rutgers (1/10).

**2014 (Freshman Year)**

Competed in all 14 of the team's meets, including the NCAA Regional Championships and at the NCAA Championships... Competed on the uneven bars and balance beam...Competed on the balance beam in every meet...Earned Big Ten Freshman of the Week once (1/6)...Ranked tied for second on the team on the balance beam and tied for fifth on the uneven bars...Tallied scores of 9.700 on the balance beam and 9.675 on the uneven bars at the NCAA Championships (4/18)...Scored a career-best 9.850 on the uneven bars three times; Big Ten Championships (3/22), at New Hampshire with Bridgeport and George Washington (3/8) and against Cornell, Southeast Missouri and UIC (1/18)...Tied for the event title at New Hampshire with Bridgeport and George Washington (3/8)...Swung to a 9.775 on the uneven bars vs. Illinois (2/15) and at Ohio State (2/1)...Boasted a career-high 9.875 on the balance beam at the Big Ten Championships (3/22) and at New Hampshire with Bridgeport and George Washington (3/8), finishing tied for fourth in both meets...Tied for the event title with a 9.850 vs. Bridgeport, Western Michigan and Yale (2/28).

honor roll member in high school...Also competed for the swimming and diving team at Paramus and was the Big North Conference diving champion.

**Personal**

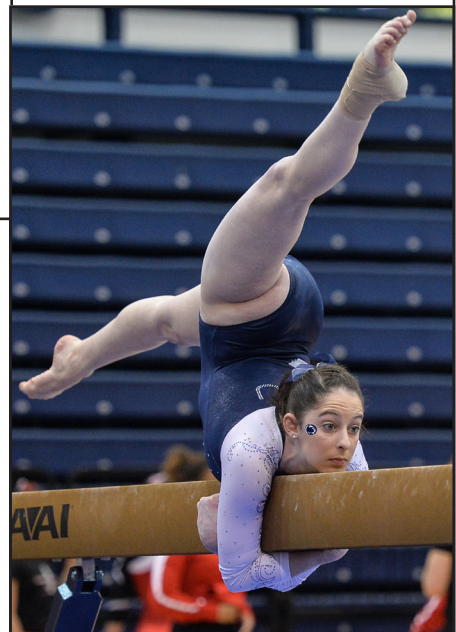
Born Nicole Marie Medvitz in Ridgewood, N.J. on April 29, 1995...Daughter of Bob and Denise Medvitz...Has two younger brothers, David and Eric...Intends on majoring in business administration.

**Gymnastics Background**

Competed for ENA Paramus under coaches Craig and Jen Zappa and John Wojtczuk...Competed as a Level 10 gymnast from 2009-13...Five-time Junior Olympic National Championship qualifier... Won the Junior Olympic National Championship on the balance beam in 2011, 2012 and 2013... Won four balance beam titles and two uneven bar crowns at the Regional Championships...Finished runner-up in the all-around at the 2010, 2011 and 2012 Regional Championships...Claimed three uneven bar championships and four balance beam titles at the New Jersey State Championships... Won the New Jersey State Championship in the all-around in 2011 and 2012 and was runner-up in 2010...Named 2010-11 New Jersey Gymnast of the Year...Was a National Honor Society and high

**\* - Event Winner**

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	--	--	9.075	--	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	--	--	<b>9.075</b>	--	--
<b>Career Best</b>	--	<b>9.850</b>	<b>9.875</b>	--	--



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**TINA POSTIGLIONE SOPHOMORE**

All-Around Selden, N.Y. Gold Medal  
Gymnastics Center

**MEETS COMPETED**

	V	UB	BB	FX	AA
2015	--/1	--/1	--/1	--/1	--/1
2014	--/14	--/14	--/14	--/14	--/14
<b>Career</b>	<b>--/15</b>	<b>--/15</b>	<b>--/15</b>	<b>--/15</b>	<b>--/15</b>

**2015 Averages**

Vault	--
Season Best	--
Uneven Bars	--
Season Best	--
Balance Beam	--
Season Best	--
Floor Exercise	--
Season Best	--
All-Around	--
Season Best	--

**2015 (Sophomore)**

Has not competed in 2015.

**2014 (Freshman)**

Did not officially compete during the 2014 season... Performed only in exhibition on the balance beam... Missed the first two weeks of the season due to a knee injury and missed the final eight weeks of the season after re-aggravating the injury... Scored 9.600 in an exhibition performance on the balance beam vs. Cornell, Southeast Missouri and UIC ( 1/18)... Exhibited on the balance beam and scored 9.750 at No. 21 Ohio State (2/1)... Totaled a 9.750 on the balance beam in an exhibition performance against No. 8 Nebraska (2/8).

**Gymnastics Background**

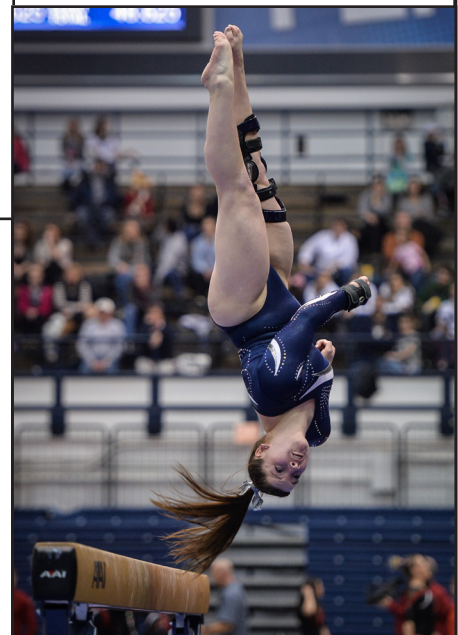
Competed for Gold Medal Gymnastics Center under coach Tammy Marshall... Competed as a Level 10 gymnast from 2008-13... Four-time Junior Olympic National Championship qualifier... Won the 2013 Region 6 Championship on the uneven bars and finished second in the all-around... Won all four events and claimed the all-around title at the 2012 Region 6 Championships... In 2009, claimed vault, uneven bars and floor exercise on her way to the all-around title at the New York State Championships... Was a member of the Spanish Honor Society in high school.

**Personal**

Born Christina Marie Postiglione in Selden, N.Y. on January 16, 1995... Daughter of Jim and Ginger Postiglione... Has one older brother, Andrew, and one younger brother, Matthew... Is majoring in psychology.

**\* - Event Winner**

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	--	--	--	--	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	--	--	--	--	--
<b>Career Best</b>	--	--	--	--	--



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## CHANEN RAYGOZA FRESHMAN

All-Around Upland, California Wildfire Gymnastics

### MEETS COMPETED

	V	UB	BB	FX	AA
2015	--/1	--/1	--/1	--/1	--/1
<b>Career</b>	<b>--/1</b>	<b>--/1</b>	<b>--/1</b>	<b>--/1</b>	<b>--/1</b>

### 2015 Averages

Vault	--
Season Best	--
Uneven Bars	--
Season Best	--
Balance Beam	--
Season Best	--
Floor Exercise	--
Season Best	--
All-Around	--
Season Best	--

#### 2015 (Freshman Year)

Has not competed in 2015.

#### Gymnastics Background

Trained at Wildfire Gymnastics with Rick Watson, Tom Wakeling, Rhonda Schwandt-Haffman, Stephanie Calvert and Whitney Watson... Competed as a Level 10 gymnast from 2008-14... Was a Junior Olympic National Team member, two-time VISA U.S. National qualifier and a Junior International Elite gymnast... Missed her junior and senior seasons due to injury... Won the Region 1 Championship on the uneven bars and in the all-around in 2012... Placed 12th at the 2012 Junior Olympic Nationals in the all-around... Placed third in the all-around at the 2011 Junior Olympic Nationals, placing fourth on vault, fifth on the uneven bars and ninth on the floor exercise... Was the 2011 Region I all-around runner-up and won the title on vault and floor exercise.

#### Personal

Born Chanen Aubre Raygoza in Pomona, Calif. on March 14, 1996... Daughter of Joe and Sheryl Raygoza... Is majoring in communications.



#### \* - Event Winner

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers			DNP - Injury (Foot)		
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	--	--	--	--	--
<b>Career Best</b>	--	--	--	--	--





**SIDNEY SANABRIA-ROBLES SENIOR**  
 All-Around Caguas, P.R. Orlando Metro  
 Gymnastics

**MEETS COMPETED**

	V	UB	BB	FX	AA
2015	1/1	1/1	1/1	1/1	1/1
2014	14/14	14/14	14/14	14/14	14/14
2013	12/13	12/13	13/13	3/13	3/13
2012	Did Not Compete - Injury				
2011*	Did Not Compete - Injury				
<b>Career</b>	<b>25/26</b>	<b>27/28</b>	<b>28/28</b>	<b>18/28</b>	<b>18/28</b>

\* - at LSU

**2015 Averages**

Vault	9.775
Season Best	9.775
Uneven Bars	9.850
Season Best	9.850
Balance Beam	9.025
Season Best	9.025
Floor Exercise	9.700
Season Best	9.700
All-Around	38.350
Season Best	38.350

**2015 (Senior Year)**

Won the uneven bars crown vs. Cornell, New Hampshire and Rutgers (1/10) with a score of 9.850 and competed in the all-around.

**2014 (Junior Year)**

Competed in all 14 of the team's meets, including the NCAA Regional Championships and at the NCAA Championships... Competed in the all-around in each of the team's meets... Named second team All-Big Ten... Ranked tied for second on the team on vault, uneven bars and balance beam... Sits third on the team on the floor exercise and in the all-around... Tied for the team's top score at the NCAA Championships (4/18) on vault (9.825) and uneven bars (9.750)... Posted a score of 9.750 on the balance beam and 9.825 on the floor exercise to post an all-around score of 39.150 at the NCAA Championships (4/18)... Won the all-around with a career-best score of 39.425 vs. Illinois (2/15)... Scored 39.375 at the NCAA Regional (4/5) and 39.350 at the Big Ten Championships (3/22) in the all-around... Scored a career-best 9.900 on vault three times... Tied for third at 9.900 on the event at the NCAA Regional (4/5)... Finished third with a 9.900 at New Hampshire with Bridgeport and George Washington (3/8)... Won vault at 9.900 at Rutgers with Temple and Ursinus (2/22)... Also won vault at 9.875 vs. Bridgeport, Western Michigan and Yale and against Illinois (2/15)... Scored a career-high 9.875 on the uneven bars at the Big Ten Championships (3/22)... Tied for second vs. Cornell, Southeast Missouri and UIC and tied for third vs. Illinois (2/15) on the uneven bars with a score of 9.850... Posted a career-best score of 9.875 on the balance beam twice; at No. 8 Michigan with Iowa and No. 13 Minnesota and at New Hampshire with Bridgeport and George Washington... Set a career-high of 9.900 on the floor exercise at the NCAA Regional (4/5)... Also scored 9.850 on the floor exercise twice; vs. Illinois (2/15) and against Cornell, Southeast Missouri and UIC (1/18).

**2013 (Sophomore Year)**

Competed in 12 of the team's 13 meets, including at the NCAA Regional Championships... Competed on vault, uneven bars, balance beam and floor exercise... Also competed in the all-around three times... Ranked second on the team in the all-around, was tied for third on the squad on vault and tied for fifth on the team

on the uneven bars... Placed eighth on the uneven bars with a season-best score of 9.850 at the NCAA Regional (4/6)... Also scored 9.825 on vault and 9.650 on the balance beam at the NCAA Regional (4/6)... Competed on vault (9.700), uneven bars (9.800) and balance beam (9.200) at the Big Ten Championships (3/23)... Set a season-best on vault against Kentucky (3/16) with a mark of 9.875... Boasted a vault score of 9.800 on four occasions; vs. New Hampshire, Temple and Penn (3/9), at Michigan (2/16), at Nebraska (2/10) and vs. Ohio State (2/2)... Scored 9.850 on the uneven bars vs. Kentucky (3/16) and vs. Iowa, Pitt and Rutgers (3/9)... Posted a season-best score of 9.825 on the balance beam vs. Michigan State (2/23)... Scored 9.800 on the balance beam vs. New Hampshire, Temple and Penn (3/9)... Notched a season-best 9.775 on the floor exercise vs. Iowa, Pitt and Rutgers (1/26).

**2011 (Louisiana State University)**

Did not compete due to a knee injury she suffered while a student-athlete at LSU.

**Gymnastics Background**

Trained at Orlando Metro Gymnastics with Jeff Wood and Christi Barineau-Mitchell... Also competed as an international elite gymnast in Puerto Rico... Led Puerto Rico to the title at the 2010 National Championships in Puerto Rico... Helped the Puerto Rican National Team to a third place finish at the 2010 Central American Games... Placed fifth on vault at the 33rd Turnier der Meister World Cup in Germany in 2009... Received the bronze medal on vault and finished seventh on the balance beam and floor exercise at the Pan-Am Games in 2008... Placed fifth on floor exercise and sixth on the balance beam at the World Cup in Doha, Qatar in 2008... Captured second place on the floor exercise at the 2006 Central American Games in Colombia... Attended Freedom High School where she maintained a 4.0 GPA.

**Personal**

Born Sidney Sanabria-Robles in Killeen, Texas on Feb. 6, 1992... Daughter of Ismael Sanabria and DoryJean Robles... Has one brother, Ismael, who attends Penn State and is on the men's gymnastics team... Majoring in kinesiology.



**\* - Event Winner**

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.775	9.850 *	9.025	9.700	38.350
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
<b>NCAA Championships</b>					
<b>Season Best</b>	<b>9.775</b>	<b>9.850</b>	<b>9.025</b>	<b>9.700</b>	<b>38.350</b>
<b>Career Best</b>	<b>9.900</b>	<b>9.875</b>	<b>9.875</b>	<b>9.900</b>	<b>39.425</b>



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**EMMA SIBSON SOPHOMORE**

All-Around      Allen, Texas      Zenith  
Gymnastics

**MEETS COMPETED**

	V	UB	BB	FX	AA
2015	1/1	--/1	--/1	--/1	--/1
2014	14/14	--/14	10/14	11/14	--/14
<b>Career</b>	<b>15/15</b>	<b>--/15</b>	<b>10/15</b>	<b>11/15</b>	<b>--/15</b>

**2015 Averages**

Vault	9.800
Season Best	9.800
Uneven Bars	--
Season Best	--
Balance Beam	--
Season Best	--
Floor Exercise	--
Season Best	--
All-Around	--
Season Best	--

**2015 (Sophomore Year)**

Competed on the vault and finished second with a score of 9.800 vs. Cornell, New Hampshire and Rutgers (1/10), also exhibitioning on uneven bars, balance beam and floor exercise.

**2014 (Freshman Year)**

Competed in all 14 of the team's meets, including the NCAA Regional Championships and at the NCAA Championships... Competed on vault, balance beam and floor exercise...Twice earned Big Ten Freshman of the Week (3/3 & 3/10)...Led the team on vault... Ranked tied for third on the team on the floor exercise...Tied for fifth and ninth on the Penn State career vaulting charts...Tied for the team lead on vault at the NCAA Championships (4/18) with a score of 9.825...Scored 9.450 on the floor exercise and 9.050 on the balance beam at the NCAA Championships (4/18)...Posted a career-best score of 9.975 on vault at New Hampshire with Bridgeport and George Washington (3/8) to win the event...Notched a score of 9.950 on vault to tie for the event victory against Nebraska (2/8)...Totaled a score of 9.900 at the Big Ten Championships (3/22) and the NCAA Regional (4/5)...Tied for vault title with a 9.875 against Bridgeport, Western Michigan and Yale (2/28)...Also won vault title vs. Cornell, Southeast Missouri and UIC (1/18; 9.850)...Posted a career-best score of 9.825 on the balance beam at the NCAA Regional (4/5)...Scored 9.825 on the balance beam at No. 8 Michigan with Iowa and No. 13 Minnesota (3/15) and against Bridgeport, Western Michigan and Yale (2/28), finishing third in the later meet...Tallied a 9.900 on the floor exercise at the Big Ten Championships (3/22) and at New Hampshire with Bridgeport and George Washington (3/8)...Scored 9.850 on the event at the NCAA Regional (4/5) and against Illinois (2/15).

the 2010 Junior Olympic National Championships... Helped British Columbia to a Silver medal at the Canadian Winter Games in 2010...Competed at the VISA Championships in 2010...Won vault and floor exercise titles at the 2010 Region 3 Championships.

**Personal**

Born Emma Kate Sibson in Victoria, British Columbia on June 26, 1995...Daughter of Byron and Cheryl Sibson...Has one younger sister, Abby...Is majoring in liberal arts.

**Gymnastics Background**

Competed for Zenith Gymnastics under coaches Alex Atomas, J.P. Lavachery and Tatiana Schegolkova... Competed as an Elite Level gymnast from 2010-12...Missed most of the 2013 competition schedule due to injury...Won vault title at the 2013 Alamo Classic... Qualified for the 2011 and 2012 Canadian Championships...Qualified for the 2010 Junior Olympic National Championships...Won vault title at



* - Event Winner	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.800	9.700	9.725	9.650	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>9.800</b>	--	--	--	--
<b>Career Best</b>	<b>9.975</b>	--	<b>9.825</b>	<b>9.900</b>	--



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**ONI TIMOTHY** **FRESHMAN**  
 All-Around Rochester, New York Rochester  
 Gymnastics Academy

**MEETS COMPETED**

	V	UB	BB	FX	AA
2015	1/1	--/1	--/1	--/1	1/1
<b>Career</b>	<b>1/1</b>	<b>--/1</b>	<b>--/1</b>	<b>--/1</b>	<b>1/1</b>

**2015 Averages**

Vault	9.725
Season Best	9.725
Uneven Bars	--
Season Best	--
Balance Beam	--
Season Best	--
Floor Exercise	9.600
Season Best	9.600
All-Around	--
Season Best	--

**2015 (Freshman Year)**

Competed on the vault (9.725) and floor exercise (9.600) in the season opener vs. Cornell, New Hampshire and Rutgers (1/10).

**Gymnastics Background**

Competed for Rochester Gymnastics Academy for coaches Julia and Barry Coss...Competed as a Level 10 gymnast from 2009-14...Won the Region 6 all-around title four straight years from 2010-13...Placed 17th in the all-around at the 2013 Junior Olympic Nationals...Claimed a pair of top-10 event finishes, placing sixth on vault and ninth on the balance beam, to place 26th at the 2012 Junior Olympic National Championships...Finished tied for 17th at the 2011 Junior Olympic Championships, placing second on the floor exercise and third on the balance beam... Placed fifth on vault and tied for eighth on the floor exercise to complete a 27th place showing at the 2012 Junior Olympic Nationals...Was also a four-time New York State event champion and claimed one New York State Championship in the all-around.

**Personal**

Born Oni Olufemi Timothy in Rochester, N.Y. on December 22, 1995...Daughter of Lancelot and Jacquelyn Timothy...Has four siblings, Talibah, Osaza, Tobari and Teshi...Is undecided on a major.



* - Event Winner	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.725	--	--	9.600	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>9.725</b>	<b>--</b>	<b>--</b>	<b>9.600</b>	<b>--</b>
<b>Career Best</b>	<b>9.725</b>	<b>--</b>	<b>--</b>	<b>9.600</b>	<b>--</b>



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## BRIANNAH TSANG FRESHMAN

All-Around Vancouver, British Columbia Flicka Gymnastics

### MEETS COMPETED

	V	UB	BB	FX	AA
2015	1/1	1/1	1/1	1/1	1/1
<b>Career</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>	<b>1/1</b>

### 2015 Averages

Vault	9.850
Season Best	9.850
Uneven Bars	9.800
Season Best	9.800
Balance Beam	9.800
Season Best	9.800
Floor Exercise	9.775
Season Best	9.775
All-Around	39.225
Season Best	39.225

#### 2015 (Freshman Year)

Posted the highest all-around score by a freshman in a season-opening meet with a tally of 39.225 vs. Cornell, New Hampshire and Rutgers (1/10)...Also won the vault (9.850) and tied for the title on balance beam (9.800) titles in the season opening quad-meet victory.

#### Gymnastics Background

Competed for Flicka Gymnastics and coach Dorina Stan...Posted an eighth place showing in the all-around at the 2014 Canadian National Championships, winning vault crown and placing eighth on the uneven bars...Was the champion on vault the 2013 Elite Canada competition and placed 11th on the floor exercise at the event...Finished eighth on the floor exercise at the Senior Pan-Am Games in 2013...Claimed a pair of top-10 showings at the Challenge Cup in Portugal, finishing sixth on vault and seventh on the floor exercise...Placed fifth on vault and seventh on the floor exercise at the 2012 Canadian Championships...Claimed the 2011 Canada Winter Games vault title, placed third on the floor exercise and seventh in the all-around.

#### Personal

Born Briannah Bik-Yee Tsang in Vancouver, British Columbia on January 26, 1996...Daughter of Tom and Veronica Tsang...Has one older brother, Nick, and one younger sister, Kaitlyn...Is majoring in bio-behavioral health.



#### \* - Event Winner

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.850 *	9.800	9.800 *	9.775	39.225 *
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>9.850</b>	<b>9.800</b>	<b>9.800</b>	<b>9.775</b>	<b>39.225</b>
<b>Career Best</b>	<b>9.850</b>	<b>9.800</b>	<b>9.800</b>	<b>9.775</b>	<b>39.225</b>



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**KRYSTAL WELSH** **SENIOR**  
 All-Around Bowie, Md. Docksidiers Gymnastics

**MEETS COMPLETED**

	V	UB	BB	FX	AA
2015	1/1	1/1	1/1	1/1	1/1
2014	14/14	14/14	14/14	14/14	14/14
2013	--/13	10/13	11/13	--/13	--/13
2012	12/13	13/13	12/13	12/13	12/13
<b>Career</b>	<b>27/41</b>	<b>38/41</b>	<b>38/41</b>	<b>27/41</b>	<b>37/41</b>

**2015 Averages**

Vault	9.725
Season Best	9.725
Uneven Bars	9.825
Season Best	9.825
Balance Beam	9.800
Season Best	9.800
Floor Exercise	9.750
Season Best	9.750
All-Around	39.100
Season Best	39.100

**2015 (Senior Year)**

Tied for the balance beam title with a score of 9.800 in the season opener vs. Cornell, New Hampshire and Rutgers (1/10) and placed second in the all-around (39.100).

**2014 (Junior Year)**

Competed in all 14 of the team's meets, including the NCAA Regional Championships and at the NCAA Championships... Competed in the all-around in each of the team's meets...Named second team All-Big Ten...Tied for the team lead on the floor exercise and led the team in the all-around...Ranked second on the team on vault and tied for second on the uneven bars...Topped the team charts on the balance beam with a 9.800 and tied for the team-high on the floor exercise with a 9.850 at the NCAA Championships (4/18)...Also scored 9.700 on the uneven bars and 9.800 on vault at the NCAA Championships (4/18) to finish with a 39.150 in the all-around and tie for the team-high... Placed second in the all-around at Rutgers with Temple and Ursinus (2/22; 39.325) and at Kentucky with Ball State and West Virginia (1/10; 39.925)... Set a career-high of 9.900 on vault at the Big Ten Championships (3/22)...Scored 9.875 four times on vault, including vs. Bridgeport, Western Michigan and Yale (2/28) to tie for the event title...Logged a career-best 9.875 on the uneven bars at No. 8 Michigan with Iowa and No. 13 Minnesota (3/15)... Scored 9.850 on the event four times; at Big Ten Championships (3/22), vs. Illinois (2/15) and did so in tying for the event title at Rutgers with Temple and Ursinus (2/22) and at Ohio State (2/1)...Set a career-best mark at 9.850 on the balance beam at the Big Ten Championships (3/22)...Scored a career-high 9.925 to win the floor exercise vs. Cornell, Southeast Missouri and UIC (1/18)... Logged a 9.900 at the Big Ten Championships (3/22) and won the event with that score vs. Illinois (2/15).

**2013 (Sophomore Year)**

Competed in 11 of the team's 13 meets, including at the NCAA Regional Championships...Competed

on the uneven bars and balance beam...Ranked fourth on the team on the uneven bars...Scored 9.775 on the uneven bars and 9.625 on the balance beam at the NCAA Regional (4/6)...Competed on the uneven bars (9.750) and the balance beam (9.750) at the Big Ten Championships (3/23)...Set a season-best on the uneven bars with a mark of 9.875 to win the event vs. New Hampshire, Temple and Penn (3/9)...Scored 9.825 on the uneven bars at Illinois (3/2)...Tallied a score of 9.800 twice on the uneven bars; vs. Michigan State (2/23) and at Michigan (2/16)...Had a season-best score of 9.825 on the balance beam vs. Kentucky (3/16)...Tallied a balance beam score of 9.800 vs. Michigan State (2/23)...Scored 9.775 twice on the balance beam; at Illinois (3/2) and at Michigan (2/16).

**2012 (Freshman Year)**

Competed in all 13 of the team's meets, including at the NCAA Regional Championships... Competed on vault, uneven bars, balance beam and floor exercise...Also competed in the all-around in 12 meets...Posted a score of 9.800 to finish tied for 12th on the floor exercise at the NCAA Regional (4/7), helping her to a 12th place showing in the all-around with a score of 38.575...Scored 9.750 on vault, 9.800 on the uneven bars and 9.225 on the balance beam at the NCAA Regional (4/6)... Competed in the all-around (38.650) at the Big Ten Championships (3/24)...Scored 9.750 on vault, 9.700 on the uneven bars, 9.500 on the balance beam and 9.700 on the floor exercise at the Big Ten Championships (3/24)...Set a season-best score of 9.825 on vault twice; at North Carolina State with George Washington and William & Mary (2/11) and vs. SUNY-Brockport (2/18)...Notched a season-best showing of 9.825 on the uneven bars against Maryland (3/17)...Scored 9.800 twice on the uneven bars; vs. Pittsburgh (3/11) and at the NCAA Regional (4/6)...Posted a season-best showing of 9.825 on the balance beam at Iowa (2/3)...Set a season-high with a score of 9.875 on the floor exercise against Pittsburgh (3/11)... Posted a score of 9.850 twice on the floor exercise; vs. SUNY-Brockport (2/18) and vs. Michigan State, Cornell and Alabama (1/21)...Scored a season-best 39.150 in the all-around at North Carolina State

with George Washington and William & Mary (2/11).

**Gymnastics Background**

Competed for Docksidiers Gymnastics in Millersville, Md. for Bob Ouellette...Was a five-time Regional qualifier and a four-time National qualifier...Spent seven years in Level 10 gymnastics...Member of the 2009 All-Star Team... Finished second on floor exercise and ninth in the all-around at the 2009 Junior Olympic Nationals... Finished second on uneven bars in the 2010 Maryland State Championships...Placed second on floor exercise and eighth in the all-around at 2010 Regional...Finished sixth on bars at the 2010 Junior Olympic Nationals...2011 Maryland State Champion on vault and floor exercise...Also placed second on uneven bars and in the all-around at the 2011 Maryland State Championships... 2011 Regional Champion on the uneven bars... Was a member of the National Honor Society at Archbishop Spalding High School.

**Personal**

Born Krystal Kate Welsh in Maryland on March 21, 1993...Daughter of Jeff and Lisa Welsh...Has two sisters, Bonnie and Victoria, and one brother, Jakob, who competed in gymnastics at Temple in 2014...Majoring in bio-behavioral health with a minor of human development and family studies.



* - Event Winner	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	9.725	9.825	9.800 *	9.750	39.100
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	<b>9.725</b>	<b>9.825</b>	<b>9.800</b>	<b>9.750</b>	<b>39.100</b>
<b>Career Best</b>	<b>9.900</b>	<b>9.875</b>	<b>9.850</b>	<b>9.925</b>	<b>39.500</b>



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## ALEX WITT

V, UB

Odessa, Fla.

## SENIOR

LaFleur's  
Gymnastics

### MEETS COMPLETED

	V	UB	BB	FX	AA
2015	--/1	1/1	--/1	--/1	--/1
2014	--/14	6/14	--/14	--/14	--/14
2013	4/13	1/13	--/13	--/13	--/13
2012	5/13	--/13	--/13	--/13	--/13
<b>Career</b>	<b>9/41</b>	<b>8/41</b>	<b>--/41</b>	<b>--/41</b>	<b>--/41</b>

### 2015 Averages

Vault	--
Season Best	--
Uneven Bars	9.750
Season Best	9.750
Balance Beam	--
Season Best	--
Floor Exercise	--
Season Best	--
All-Around	--
Season Best	--

#### 2015 (Senior Year)

Competed on the uneven bars in the season opener vs. Cornell, New Hampshire and Rutgers (1/10), posting a score of 9.750.

#### 2014 (Junior Year)

Competed on uneven bars in six of the team's 14 meets, including the NCAA Regional Championships and at the NCAA Championships...Missed the first eight meets of the season due to a thumb injury... Named Academic All-Big Ten...Ranked tied for second on the team on the uneven bars... Scored 9.675 on the uneven bars at the NCAA Championships (4/18)...Placed second and scored a career-best 9.875 on the uneven bars in her return from injury against Bridgeport, Western Michigan and Yale (2/28)...Tallied a 9.850 on the event in the NCAA Regional (4/5) and scored 9.800 at the Big Ten Championships (3/22)...Scored 9.775 on the uneven bars at New Hampshire with Bridgeport and George Washington (3/8) and at No. 8 Michigan with Iowa and No. 13 Minnesota (3/15).

#### 2013 (Sophomore Year)

Competed in four of the team's 12 meets... Competed on vault and uneven bars...Named Academic All-Big Ten...Posted a season-best score of 9.725 on vault twice; vs. Ohio State (2/2) and in a tri-meet at Denver with Lindenwood (1/5)...Scored 9.700 on vault twice; vs. Iowa, Pitt and Penn (3/9) and at UIC (1/12)... Posted a career-best score of 9.650 on the uneven bars in a tri-meet at Denver with Lindenwood (1/5).

#### 2012 (Freshman Year)

Competed in five of the team's 12 meets... Competed on vault...Earned a career-high score of 9.800 vs. Michigan and North Carolina (3/2)...Boasted a score of 9.725 on vault at Ohio State (2/25) and vs. New Hampshire (1/15).

#### Gymnastics Background

Competed for LaFleur's Gymnastics in Tampa, Fla. under the direction of Jeff LaFleur, Amanda Stroud and Billy West...Missed her senior season due to injury...Placed first on the uneven bars at the 2008 State meet ...Won floor exercise at the 2009 State meet...Finished eighth in the all-around, seventh on the floor exercise and fourth on vault at the 2010 Junior Olympic Nationals...Member of the National Honor Society and Florida Bright Futures at Steinbrenner High School.

#### Personal

Born Alexandra Nicole Witt in Tampa, Fla. on May 19, 1993...Daughter of Jeffrey and Barbara Witt...Has one brother, Ryan...Majoring in kinesiology.



#### \* - Event Winner

	V	UB	BB	FX	AA
Cornell, UNH, Rutgers	--	9.750	--	--	--
@ Nebraska					
Maryland					
@ Illinois					
Michigan State					
Ohio State					
@ Pittsburgh					
Iowa State, Penn & Brockport					
@ West Virginia					
@ B1G Qualifier					
@ B1G Championships					
NCAA Regional					
NCAA Championships					
<b>Season Best</b>	--	<b>9.750</b>	--	--	--
<b>Career Best</b>	<b>9.800</b>	<b>9.875</b>	--	--	--



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