

2011 PENN STATE WOMEN'S VOLLEYBALL

Susan Bedsworth, Asst. Dir. of Athletic Communications • Work: 814-865-1757 • Cell: 814-308-2273 • Fax: 814-863-3165 30 NCAA Tournament Appearances • 14 Big Ten Titles

Pittsburgh Invitational





Match Schedule Sept. 2

Penn State vs. Miami (Ohio) - 11 a.m. Penn State vs. Pittsburgh - 7 p.m.





Sept. 3

Penn State vs. New Hampshire - 10 a.m.

Nittany Lion Preview

The four-time defending national champion Penn State women's volleyball team opens its 2011 road slate this weekend at the Pittsburgh Invitational. The Nittany Lions play their first road match of the season against Miami (Ohio) on Friday, Sept. 2 at 11 a.m. before taking on host Pittsburgh at 7 p.m. Penn State faces New Hampshire on Saturday, Sept. 3 at 10 a.m.

The Nittany Lions opened the 2011 season competing in the Rockvale Outlets AVCA College Showcase at home in Rec Hall. More than 9,800 fans came out to support the Lions, including 6,165 on Aug. 27 when Penn State faced then No. 2 USC. Sophomore Deja McClendon led the Lions with 15 kills in a 3-1 setback to Oregon on Aug. 26. Despite the loss, PSU bounced back and defeated USC in five sets. McClendon had a career-high 25 kills and freshman Micha Hancock made her first start at setter and had 45 assists and seven kills. Junior Kristin Carpenter recorded a career-best 20 digs against the Trojans, while senior Katie Kabbes put up a personal-best 10 total blocks.

For the weekend, Penn State hit .303 as a team and averaged 12.56 kills per set, 11.44 assists per set, 1.44 aces per set, 11.22 digs per set and 3.00 blocks per set.

Penn State vs. Miami (Ohio)

The Nittany Lions own a 4-0 record against the Redhawks. The two squads first met in 1990 in the Penn State Preview with the Lions winning, 3-0 (15-9, 15-7, 15-6). Penn State and Miami (Ohio) last met at the Active Ankle Challenge hosted by Saint Louis in 2009. The Lions came away with a convincing 3-0 (25-15, 25-12, 25-9) sweep.

Scouting the Redhawks

Miami (Ohio) returns five starters, plus the libero, from 2010. The Redhawks opened 2011 going 4-0 in the Quality Inn/Asics Classic at Indiana State. Miami (Ohio) defeated Coppin State, Eastern Illinois, Indiana State and Chicago State.

Penn State vs. Pittsburgh

Penn State is 29-17 all-time vs. the Panthers in a series which began in 1977. The teams last met in 2009 in the Nittany Lion Invitational with PSU winning, 3-0 (25-20, 25-16, 25-18)

Scouting the Panthers

The Panthers welcomed back two starters and the libero from the 2010 season. Pitt opened the season in the Pitt Panther Invitational going 4-0. The Panthers defeated Howard, Eastern Kentucky, Marist and Rhode Island.

Penn State vs. New Hampshire

The Lions are a perfect 3-0 all-time against the Wildcats. The Lions and Wildcats last met on Sept. 20, 2008 in the Penn State Classic. Penn State won the match, 3-0 (25-10, 25-14, 25-15).

Scouting the Wildcats

New Hampshire returns three starters and eight letterwinners from the 2010 season. The Wildcats are 0-4 so far in 2011 having suffered setbacks to West Virginia, Ohio State, Towson and Valparaiso in the WVU Mountaineer Invitational last weekend.

2011 Schedule

August

26-27 AVCA Showcase

26 vs. Oregon# L, 3-1 27 vs. No. 2 USC# W, 3-2

September

2-3 University of Pittsburgh Invitational
2 vs. Miami (Ohio) 11 a.m.
2 at Pittsburgh 7 p.m.
3 vs. New Hampshire 10 a.m.

9-10 Nike Big Four Volleyball Classic

9 at Stanford 8:30 p.m. 10 vs. Florida/Texas 7:30 p.m.

16-17 Penn State Classic

 16
 vs. Long Island
 7 p.m.

 17
 vs. Rutgers
 10 a.m.

 17
 vs. Florida Gulf Coast
 7 p.m.

 21
 at Nebraska*
 8 p.m.

 24
 at lowa*
 8 p.m.

 30
 vs. Wisconsin*
 7 p.m.

October

1	vs. Minnesota*#	6 p.m.
5	vs. Northwestern*#	8 p.m.
8	vs. Illinois*#	7 p.m.
14	at Purdue*	7 p.m.
15	at Indiana*	7 p.m.
19	vs. Ohio State*	7 p.m.
22	vs. Michigan*#	7 p.m.
28	vs. lowa*	7 p.m.
29	vs. Nebraska*#	8 p.m.

November

4	at Minnesota*#	9 p.m.
6	at Wisconsin*	2 p.m.
11	at Illinois*	8 p.m.
12	at Northwestern*	8 p.m.
18	vs. Indiana*	7 p.m.
19	vs. Purdue*	7 p.m.
23	at Ohio State*	7 p.m.
26	at Michigan State*	TBA

December

2	NCAA First Round	Campus Sites
3	NCAA Second Round	Campus Sites
9	NCAA Regional Semis	TBA
10	NCAA Regional Champ	ionships TBA
15	NCAA Nat'l Semifinals	San Antonio, Texas
17	NCAA Nat'l Final	San Antonio, Texas

Home matches played at Rec Hall in **bold** • All times ET and subject to change • * Indicates Big Ten match • # indicates match will be aired on TV

Quick Facts
The University
Location:
Founded: 1855
Enrollment: 44,112
Colors: Blue & White
Nickname: Nittany Lions
Conference: Big Ten
President:
Director of Athletics:
Assoc. A.D./SWA Charmelle Green
Facility (capacity):Rec Hall (5,812)
Volleyball Staff
Head Coach:Russ Rose (33rd season)
Alma Mater: George Williams, 1975
Overall Record (Yrs/Pct):1,033-164 (32/.863)
School Record: same
Asst. Coaches: Dennis Hohenshelt (6th season)
Kaleena Davidson (3rd season)
Dir. of VB Operations: Adam Hughes (2nd season)
Office Phone: (814) 863-7475 or (814) 863-7474
Office Fax:(814) 865-1746
Office Address:
Season in Review
2010 Record:32-5
2010 Record:
Home: 20-0 Away: 8-5
Home: 20-0 Away: 8-5 Neutral: 4-1 Big Ten record (finish): 16-4 (1st) Home: 10-0 Away: 6-4
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Quick Facts

2011 Penn State Roster

No.	<u>Name</u>	<u>Yr.</u>	Pos.	Ht.	Hometown/High School
1	Ariel Scott	So.	MH	6-4	Ridgewood, N.J./Immaculate Heart
2	Katie Kabbes	Sr.	OH	6-4	Raleigh, N.C./Cardinal Gibbons
4	Dominique Gonzalez	Fr.	DS	5-6	San Antonio, Texas/Sandra Day O'Connor
5	Kristin Carpenter	Jr.	S/DS	5-6	Mechanicsville, Va./Hanover
6	Maddie Martin	So.	ОН	6-2	Tampa, Fla./H.B. Plant
7	Nia Grant	Fr.	ОН	6-2	Warren, Ohio/Howland
8	Erica Denney	RS-Fr.	MH	6-3	Aurora, Colo./Grandview
10	Marika Racisbarskas	Jr.	S	6-0	Chatham, N.J./Chatham
11	Darcy Dorton	RS-So	OH.	6-2	Muncie, Ind./Delta
12	Micha Hancock	S	Fr.	5-11	Edmond, Okla./Edmond Memorial
13	Megan Shifflett	Sr.	DS/S	5-6	Falls Church, Va./Langley
14	Aiyana Whitney	Fr.	ОН	6-4	Norwood, N.J./Northern Valley Regional
15	Maggie Harding	RS-Fr.	DS	5-6	State College, Pa./State College Area
16	Katie Slay	So.	MH	6-6	Raleigh, N.C./Wakefield
18	Deja McClendon	So.	ОН	6-1	Louisville, Ky./DuPont Manuel Magnet
23	Ali Longo	So.	DS	5-6	Littleton, Colo./Chatfield
33	Lacey Fuller	Fr.	DS	5-6	San Diego, Calif./Torrey Pines

Head Coach: Russ Rose (George Williams, 1975), 33rd year **Assistant Coaches:** Dennis Hohenshelt (Juniata, 1993), 6th year

Kaleena Davidson (Penn State, 2006), 3rd year

Director of VB Opps: Adam Hughes (Penn State, 2006), 2nd year

Trainer: Kelly Saxton (East Carolina, 2006), 3rd year

Vol. Assistant Coach: Adam Jarrett

	<u>Pronun</u>	<u>ciations</u>
Aiyana	I-yahn-uh	MarikaMa-REE-ka
Ariel Air-ee-el	Megan	Mee-gan
Hohenshelt	HO-en-shelt	MichaMike-uh
Kabbes	CAB-es	Nia Nee-uh
Kaleena	KA-lee-na	RacibarskasRass-i-bars-kus
Lacey	Lace-ee	Shifflett Shiff-lett

Penn State Recap

The Nittany Lions opened the 2011 season going 1-1 with a 3-1 setback to Oregon and a 3-2 triumph against then No. 2 USC. Sophomore Deja McClendon led the Nittany Lions averaging 4.44 kills per set with 40 kills for the weekend. Sophomore Katie Slay was second on the team with 2.56 kills per set on .400 hitting, while freshman Nia Grant tallied 11 kills against USC on .647 hitting. Freshman Micha Hancock tallied 7.00 assists per set and had a team-best 0.75 aces per set. Sophomore Kristin Carpenter averaged 2.56 digs per set and senior Katie Kabbes had a team-best 1.67 blocks per set.

What's Next

The Nittany Lions are back on the road on Sept. 9-10 in Palo Alto, Calif. Penn State takes on Stanford at 8:30 p.m. ET on Sept. 9 in the Nike Big Four Volleyball Classic. Depending on the outcome, the Lions will face either Texas or Florida on Sept. 10 at 7:30 p.m. ET.

Penn State is back at home on Sept. 16-17 to host the Penn State Classic. The Nittany Lions welcome Long Island, Rutgers and Florida Gulf Coast to Rec Hall.

The Statistical Story

Here are last week's numbers for the four squads competing in the Pittsburgh Invitational.

	Penn State	Miami (Ohio)	Pittsburgh	New Hampshire
Hitting %	.303	.322	.251	.051
Kills per set	12.56	12.67	12.23	9.38
Assists per set	11.44	11.13	11.54	8.54
Aces per set	1.44	2.07	2.77	0.54
Digs per set	11.22	12.93	14.38	14.69
Blocks per set	3.00	1.07	2.46	2.00

<u>20</u>)11 I	Big Te	en Standi	ings		
		Conf.		(Ove	rall
Team	W	L	Pct.	W	L	Pct.
Ohio State	0	0	.000	4	0	1.000
Illinois	0	0	.000	3	0	1.000
Michigan	0	0	.000	3	0	1.000
Michigan St.	0	0	.000	3	0	1.000
Northwestern	0	0	.000	3	0	1.000
Purdue	0	0	.000	3	0	1.000
Nebraska	0	0	.000	2	0	1.000
Minnesota	0	0	.000	1	1	.500
Penn State	0	0	.000	1	1	.500
Indiana	0	0	.000	1	2	.333
Iowa	0	0	.000	1	2	.333
Wisconsin	0	0	.000	1	2	.333

Big Ten Players of the Week (POW/DPOW)

Aug. 29S. Holthus, NU/J. Chin, NU

Big Ten Freshman of the Week

Aug. 29K. Jones, PUR

This Week in the Big Ten

Sept. 1

Ohio State at Hawaii

Sept. 2

Iowa vs. Arizona State
Wisconsin vs. Campbell
St. John's at Michigan State
Iowa vs. Southern Mii
Wisconsin at N.C. State
Northwestern vs. Loyola
Southeast Missouri at Indiana
Purdue vs. Air Forice
Tennessee at Illinois
Texas at Minnesota
Michigan at Utah Valley State
Nebraska at Colorado State
Ohio State vs. UCLA

Sept. 3

Wisconsin vs. North Carolina A&T Houston at Illinois
Youngstown State at Indiana
Michigan vs. Cal Poly
Cleveland State at Michigan State
Nebraska vs. Albany
Iowa at Iowa State
Purdue vs. Bryant
Northwestern vs. DePaul/UIC
Michigan vs. Santa Clara
Toledo at Michigan State
Buffalo at Indiana
Texas at Minnesota
Dayton at Illinois
Purdue at Denver

AVCA Showcase All-Tournament Honors

Sophomore Deja McClendon and freshman Micha Hancock each earned a spot on the AVCA Showcase All-Tournament team. McClendon combined for 40 kills, averaging 4.44 kills per set, on .341 hitting. Hancock was the starting setter against USC. For the weekend she guided the Nittany Lions to a .303 attack percentage, had eight kills in nine errorless swings, and tallied 56 assists. She also had six aces against the Trojans. Joining the pair on the all-tournament team were Minnesota's Ashley Wittman and Jessica Granquist, Oregon's Alaina Bergsma and USC's Alex Jupiter.

Season Opening Record

Under head coach Russ Rose, the Nittany Lions are 27-6 in season openers. Penn State's Aug. 26 loss to Oregon was the Lions' first season-opening loss since 2005 when the Nittany Lions suffered a 3-2 setback to Stanford, also in the AVCA Showcase. All six times the Nittany Lions have lost their season opener, they have rallied to win their second match. Penn State has never opened the season 0-2.

Freshmen Debuts

Four Nittany Lions newcomers made their collegiate debuts in the AVCA Showcase on Aug. 26-27. Freshmen Dominique Gonzalez, Micha Hancock and Lacey Fuller all subbed in during Penn State's match with Oregon on Aug. 26. In addition, Hancock and Nia Grant both made their first starts on Aug. 27 vs. USC.

Nittany Lions Debut Atop AVCA Coaches Poll

The four-time defending national champion Penn State women's volleyball team heads into the 2011 season as the preseason favorite in the AVCA Division I Coaches Top 25 Poll. The eight-time defending Big Ten Champions earned 1,486 total points and 54 of 60 first place votes.

USC is ranked second heading into 2011 having garnered 1,424 points and five first place votes. Following the Trojans is California (No. 3), who Penn State defeated in the 2010 National Championship match, Texas (No. 4) and Nebraska (No. 5).

Penn State Chosen as Preseason Favorite

For the seventh consecutive season and the eighth since 2001, the Nittany Lions have topped the preseason list as the favorite to win the Big Ten. Illinois and Nebraska tied for second in the preseason poll and Purdue was slated fourth. Minnesota was picked to finish fifth and Michigan State rounded out the poll at sixth.

Three Nittany Lions Earn Big Ten Preseason Honors

A trio of Nittany Lions has earned Preseason All-Big Ten honors from the coaches. Junior Kristin Carpenter and sophomores Deja McClendon and Katie Slay all picked up preseason accolades. McClendon was a unanimous selection and the awards were the first career honors for all three squad members.

The Rec Hall Advantage

Between Sept. 1, 2006 and Dec. 10, 2010 the Penn State women's volleyball team won a record-setting 94 consecutive home court matches. Penn State's 94-match home court winning streak ranks as one of the longest streaks in any D1 NCAA sport. In NCAA team sports of record, only a trio of men's basketball streaks (Kentucky, 1943-55 [129]; St. Bonaventure, 1948-61 [99]; UCLA, 1970-76 [98]) outranks the Nittany Lions' home court run. The women's volleyball program owns two of the top home court winning streaks having won 87 consecutive matches between Nov. 25, 1995 and Sept. 16, 2000. Nebraska's 91-match home court winning streak ranks second all-time.

AVCA Top 25 Poll #1 • Aug. 29, 2011

No.	<u>School</u>	Pts.	Rec.	LY
1	California (31)	1422	3-0	3
2	Penn State (11)	1388	1-1	1
3	USC (5)	1356	1-1	2
4	Texas (9)	1347	2-0	4
5	Nebraska (1)	1221	2-0	5
6	Stanford (1)	1140	2-0	6
7	Illinois	1118	3-0	8
8	Washington	1091	3-0	7
9	Florida	982	2-0	9
10	Hawaii (1)	970	2-0	10
11	Minnesota	913	1-1	12
12	UCLA	880	3-0	11
13	Purdue	759	3-0	13
14	Northern Iowa	613	3-0	14
15	Colorado State	584	3-0	15
16	Oregon (1)	542	1-1	28
17	Oklahoma	508	3-0	16
18	Duke	458	3-0	17
19	Iowa State	436	3-0	18
20	San Diego	304	3-0	20
21	Dayton	284	3-0	19
22	Ohio State	254	4-0	21
23	Long Beach State	205	2-1	22
24	Michigan	176	3-0	24
25	Florida State	143	3-0	30

Receiving Votes: Tennessee 117; Pepperdine 67; LSU 37; Missouri 33; Miami 18; Tulsa 18; Arizona 15; Notre Dame 15; San Diego State 13; Clemosn 9; St. Mary's 8; Cal Poly 6; Northwestern 4; Western Kentucky 4; Michigan State 3

Penn State in the poll:

Aug. 16: #1 Aug. 29: #2

Next Poll: Sept. 5

Big Ten Dominance

With a 3-0 victory against lowa on Nov. 26, 2010, the Nittany Lions clinched their eighth straight and 14th overall Big Ten title since joining the league for the 1991 season. The streak is unprecedented in the league in women's volleyball. The squad earned the conference title in 1992, 1993, 1996, 1997, 1998, 1999, 2003, 2004, 2005, 2006, 2007, 2008, 2009 and 2010. Evert senior class at Penn State since 1992 has claimed at least on conference championship and the last five graduating classes have earned a conference title each year of their career.

Since 1985 when double round-robin play was instituted, only nine times has the conference champion gone undefeated, including Illinois in 1986 and 1988 with 18-0 records, Ohio State in 1991 with a 20-0 record and Penn State in 1998, 1999, 2005, 2007, 2008 and 2009 with 20-0 marks.

Leading Lions

The team captains for the 2011-12 season are senior Katie Kabbes, junior Kristin Carpenter and redshirt sophomore Darcy Dorton.

Streaks

Penn State holds the top three winning streaks in Big Ten history. Penn State's most recent streak of 65 consecutive matches began on Nov. 11, 2006 and ended on Sept. 24, 2010 at Illinois. It is the longest streak in league history. Penn State's other two conference winning streaks were 49 matches and 41. Illinois owns the fourth (40) and fifth (25) longest conference winning streaks.

Top Five Consecutive Big Ten Win Streaks

- 65 Penn State (11/11/06 9/18/10) snapped at Illinois (9/24/10)
- 49 Penn State (11/1/97 11/27/99) snapped at Wisconsin (9/22/00)
- 41 Penn State (10/22/04 10/21/06) snapped at Wisconsin (10/27/06)
- 40 Illinois (11/15/85 11/20/87) snapped at Purdue (11/27/87)
- 25 Illinois (10/2/92 10/9/93) snapped vs. Penn State (10/15/93)

NCAA Notes

The Nittany Lions made history in 2010 winning their fourth straight NCAA title. It was the fifth overall for the program and for head coach Russ Rose, the most national championships ever for a Division I volleyball head coach. Penn State's four consecutive NCAA women's volleyball titles are the most consecutive national titles ever for a Division I volleyball squad. The program's five titles (1999, 2007, 2008, 2009, 2010) ranks second all-time behind Stanford's six.

Since 1981, only 10 teams have won an NCAA title in Division I women's volleyball, which currently totals 328 programs. The schools include, USC (3), Hawaii (3), UCLA (3), Pacific (2), Texas (1), LBSU (3), Stanford (6), Nebraska (3), Penn State (5) and Washington (1). Only four other teams have made an appearance in the NCAA National Championship, including Wisconsin, Florida, Minnesota and California. In addition, only 10 other teams besides the ones previously listed have earned a spot in the NCAA National Semifinals. These programs include, San Diego State, San Jose State, Illinois, UT-Arlington, LSU, Ohio State, Michigan State, Arizona, Santa Clara and Tennessee.

Penn State in the top 10 Big Ten Stats (as of Aug. 29, 2011)

All Matches	<u>Rank (leader)</u> <u>Conf. Only</u> <u>Rank (lead</u>
303	1st
647	. 1st
400	. 6th
270	12th
11.44	9th (OSU - 14.50)
7.00	. 10th
12.56	10th (OSU - 15.75)
4.44	. 3rd
3.00	3rd (NEB - 3.38)
1.67	. 3rd
1.60	. 6th
t1.44	4th (PUR - 1.89)
0.67	. 2nd
11.22	12th (Iowa - 18.11)

2011 Honors

Kristin Carpenter

Preseason All-Big Ten

Deja McClendon

Unanimous Preseason All-Big Ten AVCA Showcase All-Tournament Team

Katie Slay

Preseason All-Big Ten

Micha Hancock

AVCA Showcase All-Tournament Team

Nittany Lions By Month

Penn State is 34-4 (.895) all-time during the month of August. Its first two losses came during the inaugural NACWAA in 1995 when Nebraska swept the Lions, and in the 1999 NACWAA when Florida outlasted Penn State 3-2 in the opening round. The Lions fell to UCLA in the first round of the NACWAA in 2000 and fell to defending national champion Stanford in the first round of the AVCA/NACWAA Showcase in 2005, hosted by the Qwest Center in Omaha, Neb.

Penn State is 342-51-4 (.866) all-time during the month of September. Amazingly, the Lions are 166-12 (.933) during September dating back to the 1995 season and 51-4 (.927) over the last five years.

The Lions are 371-66 (.849) all-time during the month of October. Penn State has posted a 78-12 (.867) mark in October over the last 10 seasons, a record of 42-3 (.933) in the last five years and did not lose a match during the month from 2007 to 2010 .

Penn State is 269-55 (.830) all-time during the month of November, including a 77-8 (.906) mark over the last 10 seasons. The Lions had a six-year streak from 1995-2000 where they did not lose a match in the month, and over the last eight seasons, Penn State has a 65-2 (.970) mark in November.

Quick Sets

- During a period from Oct. 16, 1996 to Nov. 9, 2001, Penn State had won 139 consecutive matches when taking a 2-0 lead. Since joining the Big Ten for the 1991 season, Penn State has played in 698 total matches, winning 621. Amazingly, 497 of those 621 wins, or 80%, have been three-game sweeps. Over the last five years, Penn State has won 149 of its 174 victories in three games (86%), including 37 out of 38 (98%) in 2008 and 32 out of 38 in 2009 (84%).
- Over the last 15 years, the Lions have lost only 50 matches. And of those 19 teams that defeated the Lions Brigham Young, Florida, Illinois, Indiana, Long Beach State, Michigan, Michigan State, Minnesota, Nebraska, Northwestern, Ohio State, Purdue, USC, Stanford, Temple, Tennessee, UCLA, Washington and Wisconsin only nine of these teams (Nebraska, Stanford, Ohio State, Illinois, Wisconsin, UCLA, Minnesota, Florida and Michigan State) have been able to beat Penn State a third time. The Lions have compiled a 243-51 (83%) mark in the last 15 years versus these teams.

vs. Michigan	29-2	vs. Stanford	6-6
vs. Northwestern	28-2	vs. Michigan State	27-3
vs. Wisconsin	25-6	vs. Ohio State	25-6
vs. Florida	4-3	vs. UCLA	3-3
vs. Nebraska	4-3	vs. Minnesota	25-6
vs. LBSU	0-1	vs. USC	1-1
vs. Illinois	28-3	vs. Temple	2-1
vs. Brigham Young	5-1	vs. Tennessee	0-1
vs. Purdue	30-1	vs. Indiana	28-1
vs. Washington	0-1		

Penn State by the Numbers

1,085

5	Number of NCAA National Championships (1999, 2007, 2008, 2009, 2010)
10	Number of "Fab 50" selections on the 2010 squad
14	Number of Big Ten titles in 20 seasons in the league
20	Number of Conference Players of the Year
30	Number of NCAA Tournaments Penn State has participated in, one of two schools to play in all 30.
34	Number of consecutive 20-win seasons
36	Seasons of Penn State women's volleyball, which started in 1976 under the direction of Tom Tait
68	Number of polls in which Penn State was ranked No. 1
65	Longest Big Ten winning streak recorded by the Nittan Lions from 11/11/06 to 9/24/10
94	Number of consecutive home match wins from 9/1/06 to 12/11/10
109	Number of consecutive matches wins between 9/21/07 to 9/11/10
134	Number of Academic All-Big Ten honorees in 20 years
212	Number of home match wins at Rec Hall in last 10 years
1,034	Number of wins by head coach Russ Rose in his 33rd season

Number of wins in Penn State women's volleyball history

RichKern.com Top 30 Poll #2 • Aug. 29, 2011

No. School California 2 Texas 3 **USC** 4 Penn STate 5 Nebraska 6 Illinois Florida 8 Stanford 9 Hawaii Washington 10 **UCLA** 11 Minnesota 12 13 Purdue 14 Northern Iowa 15 Iowa State 16 Oklahoma 17 Michigan 18 Oregon 19 **DUke** 20 Ohio State 21 Tennessee Colorado State 23 San Diego 24 Dayton 25 Florida State 26 Missouri 27 Long Beach State 28 Pepperdine 29 Arizona LSU

Volleyball Magazine Top 20 Poll #1 • Aug. 30, 2011

No. School	Points	LY
1. California (9)	199	2
2. Texas (1)	188	3
3. Penn State	169	1
4. Nebraska	166	5
5. USC	158	4
6. Washington	136	7
7. Illinois	135	8
8. Stanford	133	6
9. Florida	121	9
10. Hawaii	111	12
11. UCLA	110	11
12. Minnesota	97	10
13. Purdue	80	13
14. Oregon	70	RV
15. Northern Iowa	57	14
16. Colorado State	36	16
17. Oklahoma	35	17
18. Duke	34	15
19. Iowa State	30	18
20. LBSU	13	19

Receiving Votes: Florida State, Ohio State, San Diego, Michigan, Tennessee, Pepperdine, Kentucky

The Last Time a Lion...

Had 30 or more kills	31 - Nicole Fawcett vs. Cal Poly (8/31/07)
Had 10 or more blocks	10 - Katie Kabbes vs. USC (8/27/11)
Had five or more aces	6 - Micha Hancock vs. USC (8/27/11)
Had 25 or more digs	35 - Alyssa D'Errico at Minnesota (11/27/10)
Had 80 or more assists	82 - Samatha Spink vs. Illinois (11/24/95)
Hit .800 or better (min. 12 kills)929	(13-0-14) A. Wilson vs. St. Francis (9/19/09)

The Last Time Penn State...

vs. Non-conference Opponents (regular-season matches)

	, ,
Won a match	vs. USC, 8/27/11 (21-25, 21-25, 25-20, 25-22, 15-8)
Lost a match	vs. Oregon, 8/26/11 (25-16, 25-21, 25-20, 25-22)
Won at home	vs. USC, 8/27/11 (21-25, 21-25, 25-20, 25-22, 15-8)
Lost at home	vs. Oregon, 8/26/11 (25-16, 25-21, 25-20, 25-22)
Won 3-0 at home	vs. St. Johns, 9/18/10 (25-11, 25-15, 25-5)
Lost 3-0 at home	vs. UC-Santa Barbara, 9/18/86 (1-15, 7-15, 13-15)
Won 3-0 on the roa	advs. Campbell, 8/28/10 (25-15, 25-9, 25-16)
Lost 3-0 on the roa	ndvs. Stanford, 9/11/10 (26-28, 12-25, 18-25)

vs. Big Ten Opponents (regular-season matches)

Won a match	at Iowa, 11/26/10 (25-18, 25-13, 25-20)
Lost a match	at Minnesota, 11/27/10 (25-14, 25-21, 24-26, 23-25, 21-23)
Won at home	vs. Northwestern, 11/19/10 (25-20, 25-19, 25-20)
Lost at home	vs. Ohio State, 10/20/04 (25-30, 30-22, 26-30, 30-26, 11-15)
Won 3-0 at home	vs. Northwestern, 11/19/10 (25-20, 25-19, 25-20)
Lost 3-0 at home	vs. Minnesota, 10/18/03 (26-30, 18-30, 21-30)
Won 3-0 on the road	at Iowa, 11/26/10 (25-18, 25-13, 25-20)
Lost 3-0 on the road	at Ohio State, 11/8/06 (19-30, 26-30, 21-30)

All Matches

The state of the s	
Won a match	vs. USC, 8/27/11 (21-25, 21-25, 25-20, 25-22, 15-8)
Lost a match	vs. Oregon, 8/26/11 (25-16, 25-21, 25-20, 25-22)
Won at home	vs. USC, 8/27/11 (21-25, 21-25, 25-20, 25-22, 15-8)
Lost at home	vs. Oregon, 8/26/11 (25-16, 25-21, 25-20, 25-22)
Won 3-0 at home	vs. Oklahoma, 12/10/10 (25-23, 25-23, 25-15)
Lost 3-0 at home	vs. Indiana, 10/29/10 (25-17, 25-18, 25-22)
Won 3-0 on the road	vs. California, 12/18/10 (25-20, 27-25, 25-20)
Lost 3-0 on the road	vs. Stanford, 9/11/10 (26-28, 12-25, 18-25)

Packing Rec Hall Once Again

As usual, Penn State was among the national leaders in attendance in 2010. The Nittany Lions ranked fifth in the country 3,274 behind Hawaii, Nebraska, Wisconsin and Washington (Figures courtesy of Diane Nordstrom, Wisconsin Media Relations)

	School	Average Attend.	Total Attend.	Home Dates		School	Average Attend.	Total Attend.	Home Dates
1.	Hawaii	6,169	123,382	20	16.	Illinois	2,043	30,646	15
2.	Nebraska	4,632	69,479	15	17.	Purdue	1,988	35,780	18
3.	Wisconsin	3,737	52,323	14	18.	Kansas St.	1,949	29,232	15
4.	Washington	3,298	49,470	15	19.	Iowa St.	1,860	27,907	15
5.	Penn State	3,274	65,481	20	20.	USC	1,583	23,739	15
6.	Florida	2,660	45,217	17	21.	Michigan	1,504	19,554	13
7.	Texas	2,629	52,571	20	22.	New Mex. St.	1,476	16,241	11
8.	Minnesota	2,621	47,171	18	23.	Texas A&M	1,475	20,643	14
9.	Stanford	2,526	32,833	13	24.	TCU	1,319	21,097	16
10.V	Vichita St.	2,501	30,014	12	25.	Kentucky	1,316	22,370	17
11.	Michigan St.	2,279	38,742	17	26.	Oregon	1,295	16,832	13
12.	New Mexico	2,232	33,480	15	27.	Iowa	1,289	18,040	14
13.	Colorado St.	2,180	37,064	17	28.	Ohio	1,269	16,493	13
14.	UNI	2,116	27,510	13	29.	UCLA	1,266	12,655	10
15.	Missouri	2,073	26,946	13	30.	Notre Dame	1,246	17,443	14

Head Coach Russ Rose

Penn State head coach Russ Rose is in his 33rd season at the helm of the Nittany Lion program with an overall record of 1,033-164. Rose joins just two other coaches who have passes the 1,000win plateau during their careers with the win on Nittany Lion Airtime Dec. 17, 2009.

(All numbers current as of Dec. 18, 2010)

1,10	6 Andy Banachowski, UCLA (ret.) (43	yrs)
1,04	5 Dave Shoji, Hawaii (36	yrs)
1,03	3 Russ Rose, Penn State (32	yrs)
892	Mike Hebert, Minnesota (ret.) (35	
886	Elaine Michaelis, BYU (ret.) (33	
847	Kathy Gregory, UCSB (36	
834	Shelton Collier, Wingate (30	yrs)
828	Debby Colberg, Sacramento St. (ret.) (32	yrs)
809	Marilyn Nolen, Sul Ross St. (ret.) (32	yrs)

Rose also currently ranks first in the nation in terms of winngest active coaches by percentage.

.863	Russ Rose, Penn State (32 years)
	1,033-164 career record
.853	Dave Shoji, Hawaii (36 years)
	1,045-179 career record
.844	Mary Wise, Florida (24 years)
	713-132 career record
.830	John Cook, Nebraska (18 years)
	497-102 career record
.828	John Dunning, Stanford (26 years)
	726-151 career record

Rose at a Glance

- 1999, 2007, 2008, 2009 & 2010 NCAA National Champions
- 2007 inductee into the AVCA Hall of FAme
- 2005 USA Volleyball All-Time Great Coach
- 2000 USOC Volleyball Coach of the Year
- 1997, '99, 2007 & '08 AVCA National Coach of the Year
- 12-time Big Ten Coach of the Year ('92, '93, '96, '97 (co), '98, '03 (co), '05, '06, '07, '08, '09, '10)
- 14 Big Ten Conference Championships ('92, '93, '96, '97, '98, '99, '03, '04, '05, '06, '07, '08, '09,
- 31 All-Americans earning 68 honors
- Has led Penn State to 30 consecutive NCAA Tournaments (one of two schools to do so)
- 2010 National Jewish Sports Hall of Fame inductee
- 2010 USAV Leader in Volleyball
- Eight straight Atlantic 10 titles

Match-By-Match Starting Lineups

<u>Date</u>	<u>Opp</u> .	W/L	Score	<u>Setter</u>	<u>Opp</u> .	<u>OH</u>	<u>OH</u>	<u>MB</u>	<u>MB</u>	L
8/26	Oregon	L	3-1	Carpenter	Scott	McClendon	Martin	Slay	Kabbes	Longo
8/27	USC	W	3-2	Hancock	Kabbes	McClendon	Scott	Slay	Grant	Carpenter

Can't follow your Nittany Lions on the road or make it tot every home match? As one of the nation's top volleyball programs, Penn State has earned regional and national exposure. This year, the Nittany Lions will be on television at least eight times between the Big Ten Network and ESPN. All other matches will be streamed live on GoPSUsports.com via All-Access or on BigTenNetwork.com. All schools will provide live scoring via the web, as well.

Nittany Lion Television Schedule

<u>Date</u>	<u>Opponent</u>	<u>Air Time</u>
Aug. 26	Oregon	BTN - live
Aug. 27	USC	BTN - live
Oct. 1	Minnesota	BTN - live
Oct. 5	Northwestern	BTN - live
Oct. 8	Illinois	BTN - tape delay until Oct. 10
Oct. 22	Michigan	ESPN2 - tape delay until Oct. 23
Oct. 29	Nebraska	BTN - live
Nov. 4	Minnesota	BTN - live

Preseason Conference Poll and All-Big Ten Selections

The Big Ten head women's volleyball coaches voted Penn State as the preseason favorite for the seventh consecutive year. Penn State was one of nine schools with student-athletes selected to the Preseason All-Big Ten team and one of five schools with multiple student-

2011 Preseason All-Big Ten

Name, School	<u>Yr.</u>	Pos.
*Michelle Bartsch, Illinois	Sr.	OH
*Colleen Ward, Illinois	Sr.	OH
*Alex Hunt, Michigan	Sr.	OH
Jenilee Rathje	Sr.	OH/MB
Tori Dixon, Minnesota	So.	MB
Ashley Wittman, Minnesota	So.	OH
Lauren Cook, Nebraska	Jr.	S
*Brooke Delano, Nebraska	Sr.	MB
Hannah Werth, Nebraska	Jr.	OH
Stephanie Holthus, NU	So.	OH
Kristin Carpenter, Penn State	Jr.	S
*Deja McClendon, Penn State	So.	OH
Katie Slay, Penn State	So.	MH
Carly Cramer, Purdue	Jr.	DS
Tiffany Fisher, Purdue	Sr.	MB
Ariel Turner, Purdue	Jr.	OH
Alexis Mitchell, Wisconsin	Jr.	MB

^{* -} unanimous selection

2011 Big Ten Preseason Coaches Poll

- 1. Penn State
- 2. Illinois Nebraska
- 4. Purdue
- 5. Minnesota
- 6. Michigan State

2011 Schedule and Results

Date	Opponent	W/L	Score	Set Scores	Site	Att.	Record	Time
Aug. 26	Oregon	L	3-1	25-16, 21-25, 20-25, 22-25	University Park, Pa.	3,710	0-1	2:04
Aug. 27	No. 2 USC	W	3-2	21-25, 21-25, 25-20, 25-22, 15-8	University Park, Pa.	6,165	1-1	2:29

Individual Player Match-By-Match Highs

Date Opponent	Kills	Attacks	Assists	Digs	Total Blocks
Aug. 26 Oregon	15 - McClendon	45 - Scott	32 - Carpenter	9 - Gonzalez	5 - Kabbes
Aug. 27 USC	25 - McClendon	53 - McClendon	45 - Hancock	20 - Carpenter	10 - Kabbes
Totals (including ties)	2 - McClendon	1 - Scott	1 - Hancock	1 - Carpenter	2 - Kabbes
		1 - McClendon	1 - Carpenter	1 - Gonzalez	

Team Match-By-Match State Comparison

Date	Opponent	<u>Sets</u>	<u>Kills</u>	Hitting %	<u>Aces</u>	<u>Digs</u>	Total Team Blocks	Total Points Scored*
Aug. 26	Oregon	4	48/62	.308/.277	5/4	43/53	8.5/5.5	61.5/71.5
Aug. 27	USČ	5	65/64	.298/.265	8/4	58/60	18.5/6.0	91.5/74.0

^{*} indicates total points scored by a team (kills, aces, blocks), not the cumulative total game scores, which also take into account opponent errors

2011 Penn State Superlatives Three sets......Individual.......Team Kills:.... Attack Percentage*:..... Assists: Aces:.... Digs: Solo Blocks: Block Assists:.... Total Blocks: Four setsIndividualTeam Total Sets High Total Kills: 15 - Deja McClendon vs. Oregon (8/26) 48 - vs. Oregon (8/26) Attacks: 32 - Deja McClendon vs. Oregon (8/26) 120 - vs. Oregon (8/26) Attack Percentage*: 533 (11-3-15) - Katie Slay vs. Oregon (8/26) 308 (48-11-120) - vs. Oregon (8/26) Five sets Individual Team Kills: 25 - Deja McClendon vs. USC (8/27) .65 - vs. USC (8/27) Attacks: 53 - Deja McClendon vs. USC (8/27) .151 - vs. USC (8/27) Aces: 6 - Micha Hancock vs. USC (8/27) 8 - vs. USC (8/27) Digs: 20 - Kristin Carpenter vs. USC (8/27) 58 - vs. USC (8/27) Solo Blocks: 2 - Katie Kabbes vs. USC (8/27) 3 - vs. USC (8/27) Block Assists:8 - 2x, last, K. Kabbes & N. Grant vs. USC (8/27).................31 - vs. USC (8/27) **2011 Opponent Superlatives** Three sets......Individual......Team Kills:.... Attacks: Attack Percentage*:.... Assists: Aces:.... Digs: Solo Blocks: Block Assists:.... Total Blocks: Four setsIndividualTeam Kills: 19 - 2x, last, A. Bergsma & K. Fischer, Oregon (8/26) 62 - Oregon (8/26) Attacks: 46 - Alaina Bergsma, Oregon (8/26) 141 - Oregon (8/26) Five setsIndividualTeam Aces: 2 - Alex Jupiter, USC (8/27) 4- USC (8/27) 50 - Alex Jupiter, USC (8/27) 60 - Alex Jupiter (8/27)





Katie
KABBES
Senior
Raleigh, N.C.

OUTSIDE HITTER

2011 SEASON HIGHS	
Kills:	14 vs. Oregon (8/26)
Attacks:	45 vs. Oregon (8/26)
Hitting Percentage:	244 (14-3-45) vs. Oregon (8/26)
	N/Á
	1 vs. Oregon (8/26)
Digs:	5 vs. Oregon (8/26)
	4 vs. USC (8/27)
	,
CAREER HIGHS	
Kills:	21 at Minnesota (11/27/10)
Attacks:	61 at Minnesota (11/27/10)
	533 (9-1-15) vs. Indiana (10/29/10)
	N/Á
Aces:	1 vs. Oregon (8/26/11)
	5 vs. Oregon (8/26/11)
	5, 2x, last vs. Virginia Tech (12/4)
	, ,

2011 SEASON HIGHS	
Kills:	5 vs. USC (8/27)
Attacks:	19 vs. USC (8/27)
	333 (3-1-6) vs. Oregon (8/26)
	2 vs. USC (8/27)
	N/Á
Digs:	
Blocks:	10 vs. USC (8/27)
CAREER HIGHS	
Kills:13	vs. Virginia Commonwealth (9/4/10)
Attacks:	29 at Purdue (10/8/10)
Hitting Percentage:692 (9-	0-13) vs. George Washington (9/17/10)
Assists:	
Aces:	1 vs. Robert Morris (9/9/09)
Digs:	6 vs. Princeton (9/18/10)
Disales	10 va 1100 (0/07/11)





Preseason All-Big Ten.

2011 SEASON HIGHS	
Kills:	
Attacks:	
Hitting Percentage:	N/A
Assists:	2 vs. USC (8/27)
Aces:	1 vs. Oregon (8/26)
Digs:	9 vs. Oregon (8/26)
Blocks:	
CAREER HIGHS	
Kills:	A1/A
NIIS	N/A
Attacks:	1 vs. Oregon (8/26/11)
Attacks: Hitting Percentage:	1 vs. Oregon (8/26/11) N/A
Attacks:	1 vs. Oregon (8/26/11) N/A 2 vs. USC (8/27/11)
Attacks:	1 vs. Oregon (8/26/11) N/A 2 vs. USC (8/27/11) 1 vs. Oregon (8/26/11)
Attacks:	1 vs. Oregon (8/26/11)
Attacks:	1 vs. Oregon (8/26/11)

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	3 vs. USC (8/27)
Hitting Percentage:	N/A
Assists:	32 vs. Oregon (8/26)
	N/Å
Digs:	20 vs. USC (8/27)
Blocks:	2 vs. Oregon (8/26)
CAREER HIGHS	
Kills:	4, 4x, last vs. Dule (12/11/10)
Attacks:	13 vs. Duke (12/11/10)
	-0-3), 3x, last vs. lowa (10/16/10)
	70 at Minnesota (11/27/10)
	2, 2x, last vs. Pittsburgh (9/5/09)
	20 vs. USC (8/27/11)
Blocks:	4 at North Carolina (8/27/10)





2011 SEASON HIGHS	
Kills:	4 vs. Oregon (8/26)
	13 vs. Oregon (8/26)
Hitting Percentage:	250 (3-0-12) vs. USC (8/27)
	2 vs. USC (8/27)
Aces:	1 vs. Oregon (8/26)
Digs:	6 vs. USC (8/27)
Blocks:	3 vs. USC (8/27)
CAREER HIGHS	
	6, 2x, last at Indiana (10/9/10)
	13 vs. Oregon (8/26/11)
	600 (6-0-10) at Indiana (10/9/10)
	2 vs. USC (8/27/11)
	1, 4x, last vs. Oregon (8/26/11)
	7 vs. Princeton (9/18/10)
Blocks:	3 vs. USC (8/27/11)

2011 SEASON HIGHS	
Kills:	11 vs. USC (8/27)
Attacks:	17 vs. USC (8/27)
Hitting Percentage:	647 (11-0-17) vs. USC (8/27)
	N/Á
	N/A
Digs:	1 vs. USC (8/27)
	8 vs. USC (8/27)
	· ·
CAREER HIGHS	
Kills:	11 vs. USC (8/27/11)
Attacks:	17 vs. USC (8/27/11)
Hitting Percentage:	.647 (11-0-17) vs. USC (8/27/11)
	N/A
	N/A
Digs:	1 vs. USC (8/27/11)
Blocks:	8 vs. USC (8/27/11)





2011 SEASON HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	
Assists:	
Aces:	N/A
Digs:	
Blocks:	N/A
CAREER HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	
Assists:	
Aces:	
Digs:	
Blocks:	N/ <i>A</i>

2011 SEASON HIGHS				
Kills:				N/A
Attacks:				
Hitting Percentage:				
Assists:				
Aces:				
Digs:				
Blocks:				
CAREER HIGHS				
Kills:1	l vs.	Princeton	(9/18	(10)
Attacks:				
Hitting Percentage:333 (1-0-3)				
Assists: 3, 2x, last				
Aces: 1, 5x, last vs.				
Digs:				
Blocks:			`	,





AVCA Showcase All-Tournament Team.

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	4 vs. Oregon (8/26)
Hitting Percentage:	N/A
Assists:	N/A
	N/A
Digs:	2 vs. Oregon (8/26)
Blocks:	N/A
CAREER HIGHS	
	15 vs. Miami (Ohio) (8/28/09)
	31 vs. Texas (12-19-09)
	643 (9-0-14) at Florida (12/11/09)
Assists:	1, 3x, last vs. Texas (12/19/09)
	N/A
	8 vs. Robert Morris (9/5/09)
Blocks:	5, 2x, last at Indiana (11/21/09)

2011 SEASON HIGHS	
Kills:	7 vs. USC (8/27)
	8 vs. USC (8/27)
	45 vs. USC (8/27)
	6 vs. USC (8/27)
	46 vs. USC (8/27)
	1 vs. USC (8/27)
CAREER HIGHS	
	7 vs. USC (8/27/11)
Attacks:	8 vs. USC (8/27/11)
	875 (7-0-8) vs. USC (8/27/11)
Diggs	





2011 SEASON HIGHS	
Kills:	N//
	N//
Hitting Percentage:	N/A
Assists:	N/A
Aces:	N//
	1 vs. USC (8/27
	N//
CAREER HIGHS	
	N//
Attacks:	1 vs. Stanford (9/11/10
Hitting Percentage:	N//
Assists:	1, 5x, last at Indiana (10/9/10
Aces:	2 vs. Saint Francis (9/19/09
	2, 3x, last at Purdue (10/8/10
Blocks:	N/A

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	
Assists:	
Aces:	
Digs:	
Blocks:	N/A
CAREER HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	N/A
Assists:	N/A
Aces:	N/A
Digs:	N/A
Blocks:	N/A





Preseason All-Big Ten.

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	
Assists:	
Aces:	N/A
Digs:	N/A
Blocks:	N/A
CAREER HIGHS	
Kills:	N/A
Attacks:	N/A
Hitting Percentage:	
Assists:	
Aces:	
Digs:	
Blocks:	

2011 SEASON HIGHS	
Kills:	12 vs. USC (8/27)
	25 vs. USC (8/27)
	533 (11-3-15) vs. Oregon (8/26)
	1, 2x, last vs. USC (8/27)
	6 vs. USC (8/27)
DIOCKS	vs. 030 (6/27)
CAREER HIGHS	
	12 vs. USC (8/27/11)
	26 vs. USC (8/27/11)
	700 (7-0-10) at Michigan (11/5/10)
Assists:	
	1 vs. Oregon (8/26/11)
Digs:	6 vs. Oregon (8/26/11)
	10 vs. Michigan (11/5/10)







2011 SEASON HIGHS	
Kills:	25 vs. USC (8/27)
Attacks:	53 vs. USC (8/27)
Hitting Percentage:	375 (15-3-32) vs. Oregon (8/26)
Aces:	2 vs. USC (8/27)
Digs:	7 vs. USC (8/27)
Blocks:	4 vs. Oregon (8/26)
CAREER HIGHS	
Kills:	25 vs. USC (8/27/11)
Attacks:	53 vs. USC (8/27/11)
Hitting Percentage:	733 (11-0-15) vs. Texas (12/16/10)
Assists:	3 vs. Duke (12/11/10)
Aces:	2, 3x, last vs. USC (8/27/11)
Dige:	
Digs	10 at WISCONSIII (9/20/10)

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	1 vs. Oregon (8/26)
Hitting Percentage:	N/Á
Assists:	1 vs. USC (8/27)
	N/Á
	9 vs. USC (8/27)
	N/Á
CAREER HIGHS	
Kills:	N/A
Attacks:	2 at lowa (11/26/10)
Hitting Percentage:	N/Á
	3, 2x, last vs. California (12/18/10)
	16 at Minnesota (11/27/10)
Placks	



Lacey FULLER Freshman San Diego, Calif.
DEFENSIVE SPECIALIST

2011 SEASON HIGHS	
Kills:	N/A
Attacks:	N/A
Hitting Percentage:	N/A
Assists:	
Aces:	
Digs:	
Blocks:	N/A
CAREER HIGHS	
Kills:	N/A
Attacks:	
Hitting Percentage:	N/A
Assists:	
Aces:	
Digs:	2 vs. USC (8/27/11)
Blocks:	