



CROSS-COUNTRY

The Penn State National || October 14, 2011



CHRIS CIPRO



KYLE DAWSON



OWEN DAWSON



VINCE McNALLY

THANK YOU, SENIORS!!!

Men's 5.2 Miles || 10:00 a.m.

Women's 6,000-Meters || 11:00 a.m.

Awards/Senior Recognition || 12:00 p.m.



An Independent Licensee of the Blue Cross and Blue Shield Association

COMPETING TEAMS

Akron
Buffalo
Carnegie Mellon
Duquesne
Ferris State
Florida Int'l
Grand Valley St.
Hofstra

Indiana (Pa.)
Lehigh
Lock Haven
Loyola (Md.)
Marist
Miami (Ohio)
Montana State
Penn

Penn State
Rider
Robert Morris
Temple
Wofford
Youngstown St.

**SENIOR CHRIS CIPRO
HARMONY, PA.**



Two-year team captain Chris Cipro has enjoyed an outstanding four-year career for the Nittany Lions, including an appearance at the NCAA Cross Country Championships in 2010. Cipro was a key member of the Lions' fourth-place team at the Mid-Atlantic Regional Championships a year ago, placing 28th overall - just shy of All-Region status. The senior has also excelled on the track, boasting a PR of 14:23.37 in the 5,000-meters. Cipro is also a multiple-time Big Ten All-Academic honoree, and is majoring in Elementary

and Kindergarten Education.

**SENIOR KYLE DAWSON
COATESVILLE, PA.**



Kyle Dawson has consistently been at the front of the Nittany Lion pack over the past four years, as his outstanding career has already included two All-Conference, and two All-Region finishes. Dawson made an immediate impact as a freshman, earning Big Ten Freshman of the Year honors in 2008, and leading the Nittany Lions to their first NCAA appearance in over a decade. 2010 was also a banner year for Dawson, as he earned runner-up status in the Mid-Atlantic Region, pacing the Nittany Lions to their second-NCAA

appearance in the last three years. Dawson has also been stellar on the track with a personal-best 14:02.50 in the 5,000-meters. Dawson is majoring in Recreation, Parks, and Tourism Management.

**SENIOR OWEN DAWSON
COATESVILLE, PA.**



Owen Dawson has showed tremendous range over his Nittany Lion career, earning All-America honors in the 800-meters, and also qualifying for the NCAA Championships in cross country. Dawson's career has included multiple Big Ten medal finishes on the track, including a runner-up effort in the 800 in 2009. Dawson advanced to the 800 final at the NCAA Indoor Championships in 2010, placing eighth overall to attain All-America status. Dawson's PRs include 1:47.77 for the 800 - the third-fastest indoor mark in

school history - 4:04.26 for the mile run, and 3:45.42 for the 1500-meters. Dawson is majoring in Kinesiology.

**SENIOR VINCE McNALLY
PAOLI, PA.**



Vince McNally has also been one of the top athletes in the Big Ten and Mid-Atlantic Region during his Nittany Lion cross country career. McNally is already a three-time NCAA qualifier, as well as a two-time all-conference finisher. McNally has been sensational on the regional level, earning top 10 finishes at the NCAA Mid-Atlantic Regional Championships in all three appearances, including a third-place effort in 2010. McNally has also enjoyed a successful career on the track, including an appearance at the NCAA

First Round, as well as eighth-place finish in the Big Ten 5,000-meters in 2010, via a PR 14:09.24. McNally is majoring in Kinesiology.

2011 PENN STATE MEN'S ROSTER

First	Last	Year	Hometown
Colin	Anderson	Jr.	Northport, N.Y.
Colin	Baker	So.	Haddonfield, N.J.
Glen	Burkhardt	Fr.	Kennett Square, Pa.
Chris	Campbell	Fr.	Newtown, Pa.
Chris	Cipro	Sr.	Harmony, Pa.
Tyler	Corkedale	Jr.	W. Windsor, N.J.
Robert	Creese	Fr.	Mount Airy, Md.
Kyle	Dawson	Sr.	Coatesville, Pa.
Owen	Dawson	Sr.	Coatesville, Pa.
Wade	Endress	Fr.	Altoona, Pa.
Matt	Fischer	RS-Fr.	Kennett Square, Pa.
Mark	Fuller	Jr.	Camp Hill, Pa.
Tom	Luff	Jr.	Emmaus, Pa.
Vince	McNally	Sr.	Smoketown, Pa.
Shawn	Quinn	RS-Fr.	Ambler, Pa.
Connor	Revord	Jr.	Tampa, Fla.
Nick	Scarpello	So.	Jamison, Pa.

Penn State Coaching Staff

Director and Head Coach	Beth Alford-Sullivan, 13th Year
Assistant Coach	John Gondak, 6th Year
Director of Operations	Jess Riden, 6th Year
Volunteer Assistant	Artie Gilkes, 9th Year
Volunteer Assisant	Luke Watson, 2nd Year
Volunteer Assistant	Ryan Foster, 1st Year
Athletic Trainer	Ben Evans, 4th Year
Athletic Trainer	Peter Meier, 1st Year

MEET THE COACHES



Beth Alford-Sullivan
Director and Head Coach
Track and Field/Cross Country
13th Year
Minnesota, '89



John Gondak
Assistant Coach
Cross Country, Mid-Distance
Sixth Year
Syracuse, '95

COLLEGE MEN'S RECORD BOOK

Blue/White Golf Course - Top Performers (5.2 Miles)

1.	Erick Mack, Air Force Academy	24:54 (1995)
2.	Martin Fagan, Providence	24:56 (2005)
3.	Matt Downin, Wisconsin	24:57 (1999)
4.	Hassan Mead, Minnesota	25:00 (2009)
5.	Elliot Krause, Wisconsin	25:05 (2009)
6.	John Schoenfelder, Wisconsin	25:06 (1999)
7.	Jeff See, Ohio State	25:07 (2009)
8.	Andrew Bumbalough, Georgetown	25:10 (2008)
9.	Mark Steads, Georgia State	25:14 (2008)
10.	John Cantin, Michigan	25:16 (1999)
	Brian Hyde, William & Mary	25:16 (1994)
	Maverick Darling, Wisconsin	25:16 (2009)

MEN'S PSU NATIONAL HISTORY

Top PSU National Performances (@ Penn State)

1.	Martin Fagan, Providence	24:56 (2005)
2.	Andrew Bumbalough, Georgetown	25:10 (2008)
3.	Mark Steads, Georgia State	25:14 (2008)
4.	Levi Miller, Georgetown	25:17 (2008)
5.	Hugo Beamish, Villanova	25:19 (2008)
6.	Ahmed Maji, Providence	25:21 (2005)
7.	Ryan Sheehan, Unattached	25:22 (2004)
8.	CW Moran, James Madison	25:23 (2005)
	Terefe Ejigu, Eastern Michigan	25:23 (2010)
10.	Teddy Myers, St. Joe's	25:24 (2005)
	Kyle Dawson, Penn State	25:24 (2008, 2010)

National Winners (Since 2001)

2001	Sean Graham, William and Mary	William and Mary (21)
2002	Eric Gillis, Speed River	Speed River TC (91)
2003	Dan Mazzocco, Penn State	Colorado State (36)
2004	Ryan Sheehan, Unattached	American (49)
2005	Martin Fagan, Providence	Eastern Michigan (100)
2006	Ryan Blood, Lock Haven	Syracuse (68)
2007	Marcharia Yuot, Unattached	La Salle (62)
2008	Andrew Bumbalough, Georgetown	Georgetown (43)
2009*	Ryan Blood, Unattached	Cornell (48)
2010	Terefe Ejigu, Eastern Michigan	Syracuse (61)

* 2009 Meet Moved to Lock Haven.

2010 PSU NATIONAL RESULTS

2010 Top 10 Finishers

1.	Terefe Ejigu, Eastern Michigan	25:23
2.	Kyle Dawson, Penn State	25:24
3.	Vince McNally, Penn State	25:29
4.	Christian Gonzalez, Rider	25:30
5.	Greg Kelsey, Maryland	25:30
6.	Tito Medrano, Syracuse	25:32
7.	Steven Weeks, Syracuse	25:33
8.	Jeff Perrella, Yale	25:37
9.	Forrest Misenti, Syracuse	25:38
10.	Nate Edelman, Cornell	25:40

2010 Team Standings

1.	Syracuse	61
2.	Penn State	91
3.	Villanova	95
4.	Grand Valley St.	139
5.	Cornell	178

USTFCCCA RANKINGS

Rank	Institution	Region
1	Oklahoma State	Midwest
2	Wisconsin	Great Lakes
3	Oklahoma	Midwest
4	Stanford	West
5	Iona	Northeast
6	BYU	Mountain
7	Indiana	Great Lakes
8	Colorado	Mountain
9	NC State	Southeast
10	Oregon	West
11	Florida State	South
12	Portland	West
13	Northern Arizona	Mountain
14	Princeton	Mid-Atlantic
15	Arkansas	South Central
16	Georgetown	Mid-Atlantic
17	Minnesota	Midwest
18	Columbia	Northeast
19	Villanova	Mid-Atlantic
20	Washington State	West
21	Syracuse	Northeast
22	UCLA	West
23	Arizona State	West
24	Providence	Northeast
25	New Mexico	Mountain
26	Michigan	Great Lakes
27	Texas A&M	South Central
28	Florida	South
29	North Carolina	Southeast
29	Eastern Kentucky	Southeast

Others Receiving Votes: Texas 28, Virginia 17, Lamar 11, Tulsa 11, Air Force 10, Notre Dame 8, Penn State 7, Ohio State 4, Iowa State 3, Brown 3, Virginia Tech 1.

NEXT UP: THE BIG TEN CROSS COUNTRY CHAMPIONSHIPS @ ILLINOIS, OCTOBER 30



On the Course the Men follow the White Line