



TRACK & FIELD



**NCAA INDOOR CHAMPIONSHIPS
MARCH 8-9, 2013
RANDAL TYSON TRACK CENTER
UNIVERSITY OF ARKANSAS**





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NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

Nittany Lions Poised for NCAA Indoor Championships Track and Field to compete among nation's best this weekend

FAYETTEVILLE, Ark.: March 7, 2013 – The Nittany Lion track and field squads will take on the nation's best this weekend, competing at the NCAA Indoor Championships at the University of Arkansas on Friday and Saturday. The No. 10 ranked Nittany Lion men's program will field a healthy contingent of competitors, including senior Casimir Loxsom (New Haven, Conn.) in the 800 meters, sophomore Robby Creese (Mount Airy, Md.) in the mile, and redshirt-junior Will Barr (Urbana, Ohio) in the weight throw, along with the top-seeded distance medley relay, which clocked a collegiate-leading 9:26.60 at the Alex Wilson Invitational at Notre Dame last weekend.

The Nittany Lions will also have a pair of representatives in the women's field, including redshirt-junior Mahogany Jones (Cleveland, Ohio) in the 200 meters, and junior Marlene Ricketts (Westbury, N.Y.) in the triple jump. Action in Fayetteville is set to begin on Friday morning.

Penn State is one of three Big Ten programs slated for a top 10 finish at the championships, including Wisconsin at No. 4, and Nebraska at No. 7. Host Arkansas is currently the national leader on the men's side, while stalwart LSU is the current No. 1 in the women's rankings.

About the NCAA Indoor Championships ...

When: Friday-Saturday, March 8-9

Where: Randal Tyson Track Center (University of Arkansas)

Meet Information: www.NCAA.com

Live Coverage: www.ESPN3.com

The Nittany Lion quartet of freshman Brannon Kidder (Lancaster, Ohio), junior Brandon Bennett-Green (Philadelphia, Pa.), freshman Za'Von Watkins (Liverpool, N.Y.) and Creese proved to be one of the nation's top contenders in the distance medley, clocking a sizzling school-record time of 9:26.60, which also stands as the second-fastest performance ever run by a collegiate squad. Kidder has proved to one of the Lions' most reliable relay legs over the past several weeks, also leading off Penn State's winning DMR at the Big Ten Indoor Championships. The rookie was named Big Ten Freshman of the Year following victories in the DMR, as well as the 800, last month.

Loxsom, and Creese will take on the NCAA field as individuals, with both Nittany Lions entering the competition with top five performances nationally in their respective events. Loxsom, who is already a four-time USTFCCA All-American, has been on a tear this indoor season, running 1:46.98 for the 800, which also stands as a Penn State record. The senior and recently named USTFCCA Mid-Atlantic Track Athlete of the Year was also an individual winner at the Big Ten Championships, taking the 600 meters in a blistering 1:15.42. The time stands as the fastest performance ever run by an American or a collegiate athlete.

Creese enters the mile in fine standing, coming into the weekend with a season-best 3:57.11 – the fourth-fastest performance among this weekend's field.

For complete release, log on to www.GoPSUsports.com.

UNIVERSITY QUICK FACTS

Location: University Park, Pa.
Founded: 1855
Enrollment: 43,831
Nickname: Nittany Lions
Colors: Blue and White
President: Rodney Erickson
Director of Athletics: David Joyner
Senior Woman Administrator: Charmelle Green
Faculty Representative: Linda Caldwell
University Website www.PSU.edu
Athletics Website: www.GoPSUsports.com

TRACK AND FIELD QUICK FACTS

Director and Head Coach of TF/XC Beth Alford-Sullivan
Associate Head Coach John Gondak
Assistant Coach (Sprints/Hurdles/Relays) Randy Bungard
Assistant Coach (Throws) Pat Ebel
Assistant Coach (Men's Jumps/Multi's/Pole Vault) Kevin Kelly
Assistant Coach (Women's Jumps/Multi's) Fritz Spence
Director of Operations Jess Riden
Director of Operations Megan Monroig
Volunteer Assistants Jim Sullivan
..... Artie Gilkes
..... Ryan Whiting
..... Kara Millhouse
Athletic Trainers Michael Gay
..... Ben Evans
Sports Nutritionist Kris Clark
Sports Psychologist Dave Yukelson
Academic Advisor Nate Althouse

PENN STATE PRONUNCIATION GUIDE

MEN'S PRONUNCIATIONS

Casimir Loxsom Cazz-uh-MEER Locks-Um
Za'von Watkins ZAY-vaughn

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RECENT NITTANY LION NEWS AND NOTES

Track and Field Nets USTFCCCA Regional Honors Alford-Sullivan, Gondak, Bungard, and Loxsom each garner regional recognition

UNIVERSITY PARK, Pa. - Director and Head Coach of Track and Field/Cross Country Beth Alford-Sullivan was named United States Track and Field/Cross Country Coaches' Association (USTFCCCA) Mid-Atlantic Region Men's Coach of the Year on Monday, while Associate Head Coach John Gondak, and Assistant Coach Randy Bungard also received recognition for their coaching accomplishments. Senior Casimir Loxsom (New Haven, Conn.) also garnered one of the regional honors, as the middle distance standout was named USTFCCCA Mid-Atlantic Men's Track Athlete of the Year.

Sullivan will lead a healthy contingent of Nittany Lions into the NCAA Indoor Championships this weekend, including the NCAA-leading men's distance medley, which clocked a school-record 9:26.60 at the Alex Wilson Invitational at Notre Dame last weekend. The No. 10 ranked Nittany Lion squad is also slated to feature standout senior Loxsom, who currently ranks fourth in the NCAA in the 800-meters, thanks to personal-best effort 1:46.98 in January. Coming into the weekend with the fifth-best effort in Division I is sophomore Robby Creese (Mount Airy, Md.), who will head to Fayetteville with a PR performance of 3:57.11 in the mile run.

The Nittany Lions will be represented on the track and in the field at the championships, as redshirt-junior Will Barr (Urbana, Ohio) also the competition with a Top 10 seed performance, thanks to a school-record toss of 69-10.25 (21.29) in the men's weight throw.

Under Sullivan's watch, the Nittany Lions recently finished third at the Big Ten Indoor Championships - just three points away from the program's first-ever conference title. The Lions' accomplishments were well recognized following the competition, as Loxsom was named Big Ten Track Athlete of the Championship, and Big Ten Track Athlete of the Year, while rookie Brannon Kidder (Lancaster, Ohio) copped Big Ten Freshman of the Year status.

The award is the 26th "Coach of the Year" distinction for Sullivan, who is in her 14th year at the helm of the Penn State women's track and field/cross country squads, and seventh as the Director of the combined men's and women's programs.

Loxsom, Kidder Garner Big Ten Awards Nittany Lions awarded for outstanding conference performances

UNIVERSITY PARK, Pa. - Senior Casimir Loxsom (New Haven, Conn.) has been named Big Ten Track Athlete of the Championship, and Big Ten Track Athlete of the Year, while rookie Brannon Kidder (Lancaster, Ohio) was voted conference Freshman of the Year, announced by conference offices last week Loxsom earned conference laurels, thanks to his record-setting victory in the 600-meters at the Big Ten Indoor Championships last weekend. Kidder led off the Nittany Lions' winning distance medley relay, and came back to win an individual crown in the 800 meters.

Loxsom clocked a sizzling 1:15.42 to run away with top honors in the 600, setting new Big Ten, meet, facility, and school records, last Saturday at the SPIRE Institute in Geneva, Ohio. Statistically speaking, Loxsom's effort is the fastest ever run by an American, as well as the best performance by a collegiate athlete, and the third-best time ever run in the event indoors. Loxsom was also a member of the third-place 4x400-meter relay at the conference meet, helping the squad to a finishing time of 3:08.56 - just off their season best.

The senior has been on fire this indoor season, staking claim to the collegiate record in the 600 last month by running 1:15.79 at the Penn State National. The week prior, Loxsom clocked a sizzling school-record 1:46.98 for the 800 at the Nittany Lion Challenge. The time is the 10th-fastest ever clocked on a 200-meter track, as well as the second-best performance in the country this year. The New Haven, Conn., native garnered Big Ten Athlete of the Week honors on two occasions this year, and was also named USTFCCCA Division I Athlete of the Week following his record-setting 800.

Kidder proved to be one to watch on the Big Ten scene in the coming years, covering the 1200-meter lead off on the Lions' winning DMR. Kidder split 2:56.5 on the 1200-meter opener, giving the Nittany Lions the early lead in the event. Kidder was joined by teammates Matt Gilmore (Philadelphia, Pa.), Ryan Brennan (Chester, N.Y.) and Robby Creese (Mount Airy, Md.) on the DMR, which captured the Lions' second-straight conference title in the event.

Kidder was just as impressive as an individual, taking home top honors in the 800 in a wire-to-wire victory, thanks to a finishing time of 1:49.73. Kidder, who a 21-point haul by the Nittany Lions in the event, was trailed by fellow freshman Za'Von Watkins in third at 1:50.32. Brennan followed in fifth place, stopping the clock at 1:50.65. Senior Ricky West (Toronto, Ontario) rounded out the scoring, taking seventh overall in 1:50.79. With Kidder's victory, the Nittany Lions have now won five of the last six indoor 800 titles, including victories in 2008, 2009, 2010, and 2011.

Loxsom is the first athlete from the Penn State men's program to garner either Big Ten honor during the indoor season. Kidder is the second-straight Nittany Lion to cop indoor Freshman of the Year status, following current sophomore Robby Creese (Mount Airy, Md.), who won the award during the indoor campaign in 2012.



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NCAA INDOOR - DAY ONE

Start Time	Event	Division	Round	Penn State
5:30 PM	Mile	Women	Semifinal	
5:45 PM	Mile	Men	Semifinal	Creese
6:00 PM	60 Hurdles	Women	Semifinal	
6:15 PM	60 Hurdles	Men	Semifinal	
6:25 PM	400 Meters	Women	Semifinal	
6:40 PM	400 Meters	Men	Semifinal	
6:55 PM	60 Meters	Women	Semifinal	
7:05 PM	60 Meters	Men	Semifinal	
7:15 PM	800 Meters	Women	Semifinal	
7:25 PM	800 Meters	Men	Semifinal	Loxsom
7:35 PM	200 Meters	Women	Semifinal	Jones
7:45 PM	200 Meters	Men	Semifinal	
7:55 PM	5000 Meters	Women	Final	
8:15 PM	5000 Meters	Men	Final	
8:35 PM	200 Meters	Women	Final	Qualifiers
8:40 PM	200 Meters	Men	Final	
8:45 PM	Distance Medley Relay	Women	Final	
9:00 PM	Distance Medley Relay	Men	Final	Penn State TBA

Start Time	Event	Division	Round	Penn State
12:30 PM	Weight Throw	Women	Trials & Final	
3:15 PM	High Jump	Women	Final	
3:15 PM	Shot Put	Men	Trials & Final	
5:30 PM	Long Jump	Men	Trials & Final	
5:30 PM	Long Jump	Women	Trials & Final	
5:30 PM	Pole Vault	Men	Final	

NCAA INDOOR - DAY TWO

Start Time	Event	Division	Round	Penn State
6:00 PM	Mile	Women	Final	
6:10 PM	Mile	Men	Final	Qualifiers
6:20 PM	60 Hurdles	Women	Final	
6:30 PM	60 Hurdles	Men	Final	
6:40 PM	400 Meters	Women	Final	
6:50 PM	400 Meters	Men	Final	
7:00 PM	60 Meters	Women	Final	
7:10 PM	60 Meters	Men	Final	
7:20 PM	800 Meters	Women	Final	
7:30 PM	800 Meters	Men	Final	Qualifiers
7:40 PM	3000 Meters	Women	Final	
7:55 PM	3000 Meters	Men	Final	
8:05 PM	4x400 Relay	Women	Final	
8:20 PM	4x400 Relay	Men	Final	

Start Time	Event	Division	Round	Penn State
2:00 PM	Weight Throw	Men	Trials & Final	Barr
3:30 PM	High Jump	Men	Final	
4:00 PM	Shot Put	Women	Trials & Final	
5:30 PM	Pole Vault	Women	Final	
6:00 PM	Triple Jump	Men	Trials & Final	
6:00 PM	Triple Jump	Women	Trials & Final	Ricketts



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Beth Alford-Sullivan
Director and Head Coach
14th Year
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USTFCCCA Men's Rankings

Rank	School	Conference	Head Coach (Yr)
1	Arkansas	SEC	Chris Bucknam (5th)
2	Florida	SEC	Mike Holloway (11th)
3	Texas A&M	SEC	Pat Henry (9th)
4	Wisconsin	Big Ten	Ed Nuttycombe (29th)
5	Oregon	MPSF	Robert Johnson (1st)
6	Florida State	ACC	Bob Braman (10th)
7	Nebraska	Big Ten	Gary Pepin (30th)
8	Virginia Tech	ACC	Dave Cianelli (12th)
9	Oklahoma State	Big 12	Dave Smith (5th)
10	Penn State	Big Ten	Beth Alford-Sullivan (7th)
11	Texas Tech	Big 12	Wes Kittley (14th)
12	Arizona	MPSF	Fred Harvey (11th)
13	Minnesota	Big Ten	Steve Plasencia (5th)
14	Clemson	ACC	Shawn Cobey (1st)
15	LSU	SEC	Dennis Shaver (9th)
16	Arizona State	MPSF	Greg Kraft (17th)
17	Texas	Big 12	Bubba Thornton (18th)
18	NC State	ACC	Rollie Geiger (29th)
19	Indiana	Big Ten	Ron Helmer (6th)
20	Tulsa	Conference USA	Steve Gulley (11th)
21	Stanford	MPSF	Chris Miltenberg (1st)
22	UT Arlington	WAC	John Sauerhage (17th)
23	Mississippi	SEC	Brian O'Neal (1st)
24	Auburn	SEC	Ralph Spry (16th)
25	Kansas State	Big 12	Cliff Rovelto (21st)

All-Time Men's NCAA Finishes

Year	Place (Score)
1965	40th (1 pt)
1969	T-29th (2 pts)
1974	T-14th (6 pts)
1975	T-8th (9 pts)
1976	19th (5 pts)
1977	T-28th (3 pts)
1978	T-28th (6 pts)
1979	.T-54th (1 pt)
1980	T-37th (4 pts)
1981	T-27th (6 pts)
1982	T-58th (1/2 pt)
1983	T-26th (6 pts)
1985	T-15th (10 pts)
1987	T-50th (1 pt)
1989	T-25th (8 pts)
1990	11th (14 pts)
1991	T-23rd (8 pts)
1994	T-44th (3 pts)
1998	T-45th (4 pts)
1999	T-40th (4 pts)
2002	T-44th (4 1/2 pts)
2007	T-47th (4 pts)
2009	T-39th (4 1/2 pts)
2010	T-14th (14 pts)
2011	T-11th (16 pts)
2012	T-26th (8 pts)

USTFCCCA Women's Rankings

Rank	School	Conference	Head Coach (Yr)
1	LSU	SEC	Dennis Shaver (9th)
2	Kansas	Big 12	Stanley Redwine (13th)
3	Arkansas	SEC	Lance Harter (23rd)
4	Oregon	MPSF	Robert Johnson (1st)
5	Texas A&M	SEC	Pat Henry (9th)
6	Clemson	ACC	Shawn Cobey (1st)
7	Texas	Big 12	Rose Brimmer (1st)
8	Georgia	SEC	Wayne Norton (14th)
9	UCF	Conference USA	Caryl Smith Gilbert (6th)
10	Illinois	Big Ten	Tonja Buford-Bailey (5th)
11	Florida	SEC	Mike Holloway (6th)
12	Iowa State	Big 12	Corey Ihmels (6th)
13	Arizona	MPSF	Fred Harvey (11th)
14	Arizona State	MPSF	Greg Kraft (17th)
15	South Carolina	SEC	Curtis Frye (17th)
16	Indiana State	Missouri Valley	Angie Martin (3rd)
17	Notre Dame	Big East	Joe Piane (38th)
18	Florida State	ACC	Bob Braman (10th)
19	Wichita State	Missouri Valley	Steve Rainbolt (13th)
20	Kentucky	SEC	Edrick Floreal (1st)
21	Dartmouth	Ivy	Sandra Ford-Centonze (21st)
22	Oklahoma	Big 12	Martin Smith (8th)
23	Michigan	Big Ten	James Henry (28th)
24	Georgetown	Big East	Patrick Henner (6th)
25	Baylor	Big 12	Todd Harbour (8th)

All-Time Women's NCAA Finishes

Year	Place (Score)
1983	T-23 (6 pts)
1984	16th (9 pts)
1985	T-25th (6 pts)
1990	T-33rd (4 pts)
1993	T-38th (1 pt)
1996	T-30th (5 pts)
1999	T-24th (8 pts)
2001	T-51st (2 pts)
2003	T-21st (9 pts)
2004	T-13th (14 pts)
2005	T-39th (5 pts)
2006	T-26th (8 pts)
2007	T-21st (9 pts)
2008	T-15th (16 pts)
2009	7th (24 pts)
2010	13th (17 pts)
2011	T-45th (3 pts)



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MEN'S NCAA HISTORY || EVENT-BY-EVENT BREAKDOWN

Event	Most Recent All-America Finish	Highest Penn State Finish
60 Meters	NONE	***
200 Meters	Ryan Olkowski, 8th (2002)	Ryan Olkowski, 8th (2002) Michael Timpson, 8th (1989)
400 Meters	Brady Gehret, 3rd (2011)	Mike Sands, 1st (1975) \$
800 Meters	Ryan Foster, 3rd (2010)	Ryan Foster, 3rd (2010) Randy Moore, 3rd (1985) Ryan Foster, 3rd (2011)
Mile	Ryan Foster, 3rd (2011)	Bob Snyder, 3rd (1978) & Charlie Maguire, 3rd (1974) &
3000 Meters	Bob Snyder, 3rd (1978) &	Bob Snyder, 3rd (1978) &
5000 Meters	Alan Scharsu, 4th (1980) &	Charlie Maguire, 3rd (1974) &
60-Meter Hurdles	Mike Shine, 6th (1975) \$	Mike Shine, 6th (1975) \$
4x400-Meter Relay	Nadolsky, Bennett-Green, Loxsom, Gehret, 2nd (2012)	Nadolsky, Bennett-Green, Loxsom, Gehret, 2nd (2012)
Distance Medley	Caldwell, Robbins, Mellot, Hamer, 6th (1994)	Hudson, Overheim, Robinson, Watson, 4th (1985)
High Jump	Ryan Fritz, T-3rd (2009)	Ryan Fritz, T-3rd (2009)
Pole Vault	NONE	***
Long Jump	George Audu, 5th (1999)	George Audu, 5th (1999)
Triple Jump	Chavous Nichols, 9th (2003)	Chavous Nichols, 9th (2003) Antonio Davis, 9th (1994)
Shot Put	Joe Kovacs, 3rd; Blake Eaton, 10th (2010)	C.J. Hunter, 1st (1990)
20-lb Weight	Neal McNutt, 7th (1998)	Al Jackson, 4th (1976) Roger Kauffman, 4th (1965)
Heptathlon	NONE	***

\$ - Prior to Conversion to Meters (440-, 880-yds, Mile Relay, etc.)

WOMEN'S NCAA HISTORY || EVENT-BY-EVENT BREAKDOWN

Event	Most Recent All-America Finish	Highest Penn State Finish
60 Meters	Shavon Greaves, 11th (2010)	Connie Moore, 6th (2004)
200 Meters	Shavon Greaves, 3rd (2010)	Shavon Greaves, 3rd (2010) Connie Moore, 3rd, (2004) Shana Cox, 4th (2008)
400 Meters	Fawn Dorr, 5th (2010)	Tammie Hart, 4th (1982) \$
800 Meters	Briene Simmons, 7th (2007)	Patty Murnane, 4th (1982)
Mile	Kim McGreevy, 7th (1997)	Paula Renzi, 3rd (1985)
3000 Meters	Bridget Franek, 7th (2010)	Bridget Franek, 4th (2009, 2010)
5000 Meters	Bridget Franek, 4th (2010)	Stacy Prey, 4th (1990) Kathy Mills, 4th (1981) Aleesha Barber, 4th (2009)
60-Meter Hurdles	Aleesha Barber, 4th (2009)	Barber, Dorr, Greaves, Hunter, 3rd (2009)
4x400-Meter Relay	Anyanwu, Greaves, Iheoma, Duncan, 6th (2011)	Bosler, Huelster, McGreevy, St. John, 4th (1996)
Distance Medley	Bosler, Huelster, McGreevy, St. John, 4th (1996)	Fales, Hart, Rawe, Startare, 4th (1981)
High Jump	NONE	***
Pole Vault	NONE	***
Long Jump	Chi-Chi Aduba, 5th (2003)	Shakeema Walker, 3rd (1999)
Triple Jump	Chi-Chi Aduba, 7th (2004)	Chi-Chi Aduba, 4th (2003)
Shot Put	Jennifer Leatherman, 9th (2005)	Elaine Sobansky, 2nd (1984)
20-lb Weight	Jennifer Leatherman, 3rd (2006)	Jennifer Leatherman, 3rd (2006)
Pentathlon	Gayle Hunter, 2nd (2009)	Gayle Hunter, 2nd (2009)

\$ - Prior to Conversion to Meters (440-, 880-yds, etc.)



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ALL TIME WOMEN'S INDOOR ALL AMERICANS (BY YEAR)

Year	Athlete	Event	Place	Year	Athlete	Event	Place
1980	Rawe, Mary	2000-Meters	2nd	2005	Cox, Shana	400-Meters	11th
1980	Carmichael, Heather	5000-Meters	6th	2005	Leatherman, Jennifer	Shot Put	9th
1980	Cleary, Peggy	5000-Meters	5th	2005	Leatherman, Jennifer	Weight Throw	4th
1981	Mills, Kathy	5000-Meters	4th	2006	Cox, Shana	400-Meters	7th
1981	Fales, Penny	DMR	4th	2006	Leatherman, Jennifer	Weight Throw	3rd
1981	Hart, Tammie	DMR	4th	2007	Cox, Shana	400-Meters	7th
1981	Rawe, Mary	DMR	4th	2007	Simmons, Briene	800-Meters	7th
1981	Startare, Doreen	DMR	4th	2007	Barber, Aleesha	4x400-Meter Relay	4th
1982	Hart, Tammie	880 Yards	4th	2007	Blake, Dominique	4x400-Meter Relay	4th
1982	Pioli, Terri	880 Yards	6th	2007	Cox, Shana	4x400-Meter Relay	4th
1982	Murnane, Patty	Mile	4th	2007	Simmons, Briene	4x400-Meter Relay	4th
1982	Ihrig, Carolyn	2-Mile	8th	2008	Cox, Shana	400-Meters	4th
1982	Hart, Tammie	DMR	5th	2008	Franek, Bridget	3000-Meters	10th
1982	Ihrig, Carolyn	DMR	5th	2008	Franek, Bridget	5000-Meters	7th
1982	Murnane, Patty	DMR	5th	2008	Barber, Aleesha	60-Meter Hurdles	8th
1982	Startare, Doreen	DMR	5th	2008	Barber, Aleesha	4x400-Meter Relay	5th
1982	Riddick, Vivian	Long Jump	5th	2008	Blake, Dominique	4x400-Meter Relay	5th
1982	Sobansky, Elaine	Shot Put	3rd	2008	Cox, Shana	4x400-Meter Relay	5th
1983	Startare, Doreen	Mile	7th	2008	Dorr, Fawn	4x400-Meter Relay	5th
1983	Sobansky, Elaine	Shot Put	3rd	2008	Hunter, Gayle	Pentathlon	5th
1984	Cassel, Judi	4x800-Meter Relay	6th	2009	Greaves, Shavon	200-Meters	10th
1984	Gerken, Heidi	4x800-Meter Relay	6th	2009	Barber, Aleesha	4x400-Meter Relay	3rd
1984	Hart, Tammie	4x800-Meter Relay	6th	2009	Dorr, Fawn	4x400-Meter Relay	3rd
1984	Steuer, Beth	4x800-Meter Relay	6th	2009	Greaves, Shavon	4x400-Meter Relay	3rd
1984	Sobansky, Elaine	Shot Put	2nd	2009	Hunter, Gayle	4x400-Meter Relay	3rd
1985	Renzi, Paula	3000-Meters	3rd	2009	Franek, Bridget	5000-Meters	4th
1990	Prey, Stacy	5000-Meters	4th	2009	Barber, Aleesha	60-Meter Hurdles	4th
1993	Kelly, Kim	5000-Meters	6th	2009	Hunter, Gayle	Pentathlon	2nd
1996	Bosler, Erica	DMR	4th	2010	Greaves, Shavon	60-Meters	11th
1996	Huelster, Sue	DMR	4th	2010	Greaves, Shavon	200-Meters	3rd
1996	McGreevy, Kim	DMR	4th	2010	Dorr, Fawn	400-Meters	5th
1996	St. John, Erin	DMR	4th	2010	Franek, Bridget	3000-Meters	7th
1997	McGreevy, Kim	Mile	7th	2010	Franek, Bridget	5000-Meters	4th
1999	Walker, Shakeema	Long Jump	3rd	2011	Anyanwu, Doris	4x400-Meter Relay	6th
1999	Walker, Shakeema	Triple Jump	7th	2011	Greaves, Shavon	4x400-Meter Relay	6th
2001	Moore, Connie	200-Meters	7th	2011	Iheoma, Ijeoma	4x400-Meter Relay	6th
2002	Moore, Connie	200-Meters	9th	2011	Duncan, Megan	4x400-Meter Relay	6th
2003	Moore, Connie	200-Meters	9th				
2003	Aduba, Chi-Chi	Long Jump	5th				
2003	Aduba, Chi-Chi	Triple Jump	4th				
2004	Moore, Connie	60-Meters	6th				
2004	Moore, Connie	200-Meters	3rd				
2004	Aduba, Chi-Chi	Triple Jump	7th				
2004	O'Connor, Ja'Nai	Shot Put	5th				

** 81 Total Indoor All-Americans **



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NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

ALL TIME WOMEN'S INDOOR ALL AMERICANS (BY EVENT)

Year	Athlete	Event	Place	Year	Athlete	Event	Place
2004	Moore, Connie	60-Meters	6th	1981	Fales, Penny	DMR	4th
2010	Greaves, Shavon	60-Meters	11th	1981	Hart, Tammie	DMR	4th
				1981	Rawe, Mary	DMR	4th
2001	Moore, Connie	200-Meters	7th	1981	Startare, Doreen	DMR	4th
2002	Moore, Connie	200-Meters	9th	1982	Hart, Tammie	DMR	5th
2003	Moore, Connie	200-Meters	9th	1982	Ihrig, Carolyn	DMR	5th
2004	Moore, Connie	200-Meters	3rd	1982	Murnane, Patty	DMR	5th
2009	Greaves, Shavon	200-Meters	10th	1982	Startare, Doreen	DMR	5th
2010	Greaves, Shavon	200-Meters	3rd	1996	Bosler, Erica	DMR	4th
				1996	Huelster, Sue	DMR	4th
2005	Cox, Shana	400-Meters	11th	1996	McGreevy, Kim	DMR	4th
2006	Cox, Shana	400-Meters	7th	1996	St. John, Erin	DMR	4th
2007	Cox, Shana	400-Meters	7th				
2008	Cox, Shana	400-Meters	4th	1982	Riddick, Vivian	Long Jump	5th
2010	Dorr, Fawn	400-Meters	5th	1999	Walker, Shakeema	Long Jump	3rd
				2003	Aduba, Chi-Chi	Long Jump	5th
1982	Hart, Tammie	880 Yards	4th				
1982	Pioli, Terri	880 Yards	6th	1999	Walker, Shakeema	Triple Jump	7th
2007	Simmons, Briene	800-Meters	7th	2003	Aduba, Chi-Chi	Triple Jump	4th
				2004	Aduba, Chi-Chi	Triple Jump	7th
1982	Murnane, Patty	Mile	4th				
1983	Startare, Doreen	Mile	7th	1982	Sobansky, Elaine	Shot Put	3rd
1997	McGreevy, Kim	Mile	7th	1983	Sobansky, Elaine	Shot Put	3rd
				1984	Sobansky, Elaine	Shot Put	2nd
1982	Ihrig, Carolyn	2-Mile	8th	2004	O'Connor, Ja'Nai	Shot Put	5th
1985	Renzi, Paula	3000-Meters	3rd	2005	Leatherman, Jennifer	Shot Put	9th
2008	Franek, Bridget	3000-Meters	10th				
2010	Franek, Bridget	3000-Meters	7th	2005	Leatherman, Jennifer	Weight Throw	4th
				2006	Leatherman, Jennifer	Weight Throw	3rd
2007	Barber, Aleesha	4x400-Meter Relay	4th				
2007	Blake, Dominique	4x400-Meter Relay	4th	2008	Hunter, Gayle	Pentathlon	5th
2007	Cox, Shana	4x400-Meter Relay	4th	2009	Hunter, Gayle	Pentathlon	2nd
2007	Simmons, Briene	4x400-Meter Relay	4th				
2008	Barber, Aleesha	4x400-Meter Relay	5th	Discontinued Events			
2008	Blake, Dominique	4x400-Meter Relay	5th	1980	Rawe, Mary	2000-Meters	2nd
2008	Cox, Shana	4x400-Meter Relay	5th				
2008	Dorr, Fawn	4x400-Meter Relay	5th	1984	Cassel, Judi	4x800-Meter Relay	6th
2009	Barber, Aleesha	4x400-Meter Relay	3rd	1984	Gerken, Heidi	4x800-Meter Relay	6th
2009	Dorr, Fawn	4x400-Meter Relay	3rd	1984	Hart, Tammie	4x800-Meter Relay	6th
2009	Greaves, Shavon	4x400-Meter Relay	3rd	1984	Stever, Beth	4x800-Meter Relay	6th
2009	Hunter, Gayle	4x400-Meter Relay	3rd				
2011	Anyanwu, Doris	4x400-Meter Relay	6th				
2011	Greaves, Shavon	4x400-Meter Relay	6th				
2011	Iheoma, Ijeoma	4x400-Meter Relay	6th				
2011	Duncan, Megan	4x400-Meter Relay	6th				
1980	Carmichael, Heather	5000-Meters	6th				
1980	Cleary, Peggy	5000-Meters	5th				
1981	Mills, Kathy	5000-Meters	4th				
1990	Prey, Stacy	5000-Meters	4th				
1993	Kelly, Kim	5000-Meters	6th				
2008	Franek, Bridget	5000-Meters	7th				
2009	Franek, Bridget	5000-Meters	4th				
2010	Franek, Bridget	5000-Meters	4th				
2008	Barber, Aleesha	60-Meter Hurdles	8th				
2009	Barber, Aleesha	60-Meter Hurdles	4th				

* NCAA Converted to Meters beginning with the 1984 season.

* 2-Mile Run Counted as 3,000 Meters; 3-Mile Run Counted as 5,000 Meters.



TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

ALL TIME MEN'S INDOOR ALL AMERICANS (BY YEAR)

Year	Athlete	Event	Place	Year	Athlete	Event	Place
1965	Bedick, Tom	2-Mile Relay	6th	1990	Hunter, C.J.	Shot Put	1st
1965	Lampman, Dick	2-Mile Relay	6th	1991	Caraher, Phil	Shot Put	2nd
1965	Morris, Art	2-Mile Relay	6th	1994	Caldwell, R.B.	DMR	6th
1965	Reilly, Bill	2-Mile Relay	6th	1994	Hamer, Bob	DMR	6th
1965	Kauffman, Roger	Weight Throw	4th	1994	Mellott, Phil	DMR	6th
1974	Sands, Mike	440-Yards	3rd	1994	Robbins, James	DMR	6th
1974	Maguire, Charlie	3-Mile	3rd	1994	Davis, Antonio	Triple Jump	9th
1975	Sands, Mike	440-Yards	1st	1998	Gorham, John	Long Jump	7th
1975	Shine, Mike	60-Meter Hurdles	6th	1998	McNutt, Neal	Weight Throw	7th
1975	Hackman, Steve	Mile Relay	4th	1999	Gorham, John	Long Jump	12th
1975	Moser, Randy	Mile Relay	4th	1999	Audu, George	Long Jump	5th
1975	Sands, Mike	Mile Relay	4th	2002	Olkowski, Ryan	200-Meters	8th
1975	Shine, Mike	Mile Relay	4th	2002	Olkowski, Ryan	High Jump	5th
1975	Hjeltnes, Knut	Shot Put	5th	2003	Nichols, Chavous	Triple Jump	9th
1976	Sands, Mike	440-Yards	3rd	2007	Fritz, Ryan	High Jump	5th
1976	Jackson, Al	Weight Throw	4th	2009	Fritz, Ryan	High Jump	T-3rd
1978	Snyder, Bob	2-Mile	8th	2010	Foster, Ryan	800-Meters	3rd
1978	Snyder, Bob	2-Mile	8th	2010	Dawson, Owen	800-Meters	8th
1978	Falco, Keith	DMR	3rd	2010	Williams, Lionel	800-Meters	11th
1978	McHugh, Chris	DMR	3rd	2010	Eaton, Blake	Shot Put	8th
1978	Rapp, Tom	DMR	3rd	2010	Kovacs, Joe	Shot Put	3rd
1978	Wyatt, Mike	DMR	3rd	2011	Gehret, Brady	400-Meters	3rd
1979	Scharsu, Alan	3-Mile	6th	2011	Foster, Ryan	Mile	3rd
1980	Scharsu, Alan	3-Mile	4th	2011	Nadolsky, Aaron	4x400-Meter Relay	5th
1981	Zishka, John	2-Mile	3rd	2011	Williams, Lionel	4x400-Meter Relay	5th
1982	Souza, Paul	High Jump	7th	2011	Loxsom, Casimir	4x400-Meter Relay	5th
1983	Cook, Mike	2-Mile Relay	3rd	2011	Gehret, Brady	4x400-Meter Relay	5th
1983	McLaughlin, Paul	2-Mile Relay	3rd	2012	Nadolsky, Aaron	4x400-Meter Relay	2nd
1983	Moore, Randy	2-Mile Relay	3rd	2012	Bennett-Green, Br.	4x400-Meter Relay	2nd
1983	Wynn, Ken	2-Mile Relay	3rd	2012	Loxsom, Casimir	4x400-Meter Relay	2nd
1983	Shenk, Todd	Weight Throw	10th	2012	Gehret, Brady	4x400-Meter Relay	2nd
1984	Shenk, Todd	Weight Throw	T-9th	** 75 Total Indoor All-Americans **			
1985	Moore, Randy	800-Meters	3rd				
1985	Hudson, Bob	DMR	4th				
1985	Overheim, Mark	DMR	4th				
1985	Robinson, Barry	DMR	4th				
1985	Watson, Vance	DMR	4th				
1987	Balkey, Steve	4x800-Meter Relay	6th				
1987	Levitre, Ray	4x800-Meter Relay	6th				
1987	McMillan, David	4x800-Meter Relay	6th				
1987	Mills, Chris	4x800-Meter Relay	6th				
1988	Balkey, Steve	Mile	10th				
1989	Timpson, Michael	200-Meters	8th				
1989	Hunter, C.J.	Shot Put	2nd				



TRACK & FIELD

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ALL TIME MEN'S INDOOR ALL AMERICANS (BY EVENT)

Year	Athlete	Event	Place	Year	Athlete	Event	Place
1989	Timpson, Michael	200-Meters	8th	1998	Gorham, John	Long Jump	7th
2002	Olkowski, Ryan	200-Meters	8th	1999	Gorham, John	Long Jump	12th
1974	Sands, Mike	440-Yards	3rd	1999	Audu, George	Long Jump	5th
1975	Sands, Mike	440-Yards	1st	1975	Hjeltnes, Knut	Shot Put	5th
1976	Sands, Mike	440-Yards	3rd	1989	Hunter, C.J.	Shot Put	2nd
2011	Gehret, Brady	400-Meters	3rd	1990	Hunter, C.J.	Shot Put	1st
1985	Moore, Randy	800-Meters	3rd	1991	Caraher, Phil	Shot Put	2nd
2010	Foster, Ryan	800-Meters	3rd	2010	Eaton, Blake	Shot Put	8th
2010	Dawson, Owen	800-Meters	8th	2010	Kovacs, Joe	Shot Put	3rd
2010	Williams, Lionel	800-Meters	11th	1994	Davis, Antonio	Triple Jump	9th
1988	Balkey, Steve	Mile	10th	2003	Nichols, Chavous	Triple Jump	9th
2011	Foster, Ryan	Mile	3rd	1965	Kauffman, Roger	Weight Throw	4th
1978	Snyder, Bob	2-Mile	8th	1976	Jackson, Al	Weight Throw	4th
1978	Snyder, Bob	2-Mile	8th	1983	Shenk, Todd	Weight Throw	10th
1981	Zishka, John	2-Mile	3rd	1984	Shenk, Todd	Weight Throw	T-9th
1974	Maguire, Charlie	3-Mile	3rd	1998	McNutt, Neal	Weight Throw	7th
1979	Scharsu, Alan	3-Mile	6th	Discontinued Events			
1980	Scharsu, Alan	3-Mile	4th	1965	Bedick, Tom	2-Mile Relay	6th
1975	Shine, Mike	60-Meter Hurdles	6th	1965	Lampman, Dick	2-Mile Relay	6th
1975	Hackman, Steve	Mile Relay	4th	1965	Morris, Art	2-Mile Relay	6th
1975	Moser, Randy	Mile Relay	4th	1965	Reilly, Bill	2-Mile Relay	6th
1975	Sands, Mike	Mile Relay	4th	1983	Cook, Mike	2-Mile Relay	3rd
1975	Shine, Mike	Mile Relay	4th	1983	McLaughlin, Paul	2-Mile Relay	3rd
2011	Nadolsky, Aaron	4x400-Meter Relay	5th	1983	Moore, Randy	2-Mile Relay	3rd
2011	Williams, Lionel	4x400-Meter Relay	5th	1983	Wynn, Ken	2-Mile Relay	3rd
2011	Loxsom, Casimir	4x400-Meter Relay	5th	1987	Balkey, Steve	4x800-Meter Relay	6th
2011	Gehret, Brady	4x400-Meter Relay	5th	1987	Levitre, Ray	4x800-Meter Relay	6th
2012	Nadolsky, Aaron	4x400-Meter Relay	2nd	1987	McMillan, David	4x800-Meter Relay	6th
2012	Bennett-Green, Brandon	4x400-Meter Relay	2nd	1987	Mills, Chris	4x800-Meter Relay	6th
2012	Loxsom, Casimir	4x400-Meter Relay	2nd	* NCAA Converted to Meters beginning with the 1984 season.			
2012	Gehret, Brady	4x400-Meter Relay	2nd	* 2-Mile Run Counted as 3,000 Meters; 3-Mile Run Counted as 5,000 Meters; Mile Relay Counted as 4x400m			
1978	Falco, Keith	DMR	3rd				
1978	McHugh, Chris	DMR	3rd				
1978	Rapp, Tom	DMR	3rd				
1978	Wyatt, Mike	DMR	3rd				
1985	Hudson, Bob	DMR	4th				
1985	Overheim, Mark	DMR	4th				
1985	Robinson, Barry	DMR	4th				
1985	Watson, Vance	DMR	4th				
1994	Caldwell, R.B.	DMR	6th				
1994	Hamer, Bob	DMR	6th				
1994	Mellott, Phil	DMR	6th				
1994	Robbins, James	DMR	6th				
1982	Souza, Paul	High Jump	7th				
2002	Olkowski, Ryan	High Jump	5th				
2007	Fritz, Ryan	High Jump	5th				
2009	Fritz, Ryan	High Jump	T-3rd				



TRACK & FIELD

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WILL BARR

REDSHIRT JUNIOR URBANA, OHIO

Barr in 2013 ...

Date	Meet	Event	Round	Performance	Place
3/2/2013	VT Final Qualifier	WT	F	69-10.59 (21.29m)	1
02/22-02/23/13	Big Ten Indoor Track & Field Championships	WT	F	68-5.75 (20.87m)	5
02/08-02/09/13	SPIRE NCAA D-I Track Invitational	WT	F	67-11.75 (20.72m)	3
2/2/2013	Penn State Sykes & Sabock Challenge Cup	WT	F	66-5 (20.24m)	1
01/25-01/26/13	Penn State National Invitational	WT	F	67-3.25 (20.51m)	1
1/12/2013	Penn State Nittany Lion Challenge	WT	F	64-5.25 (19.64m)	1
1/5/2013	Penn State Indoor Relays	WT	F	59-11.75 (18.28m)	2

Barr's Personal Bests

Event	Indoor	Outdoor
Weight	69-10.75 (21.29)	***
Discus	***	183-6(55.93)
Hammer	***	198-7(60.53)

Barr's Career Highlights

- * Penn State Record Holder (Weight - 69-10.75 (21.29))
- * USTFCCCA Second Team All-American (2012)
- * 2x NCAA Qualifier
- * 2x NCAA First Round Qualifier
- * 2x Big Ten Scorer





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

BRANDON BENNETT-GREEN

JUNIOR PHILADELPHIA, PA.

Bennett-Green in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	DMR	F	9:26.60	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	200	P	21.47	10
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	400	F	46.82	2
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	400	P	47.34	5
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	4x4	F	3:08.56	3
2/8 - 02-09-13	SPIRE NCAA D-I Track Invitational	Indoor	200	F	21.66	2
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	4x4	F	3:08.03	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	400	F	47.21	5
1/25 - 01-26-13	Penn State National Invitational	Indoor	4x2	F	1:24.70	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	200	F	21.77	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	4x4	F	3:14.79	1
01-05-13	Penn State Indoor Relays	Indoor	4x4	F	3:09.97	1
01-05-13	Penn State Indoor Relays	Indoor	4x2	F	1:25.52	1

Bennett-Green's Personal Bests

Event	Indoor	Outdoor
200m	21.47	21.13
400m	46.82	45.94
4x200	1:24.70	*Collegiate Record
4x400m	3:05.22, SR	3:01.52, SR
DMR	9:26.60, SR	***

Bennett-Green's Career Highlights

- * 2x NCAA All-American (2012 Indoor and Outdoor 4x400)
- * Collegiate Record Holder (4x200 - 1:24.70)
- * 3x Penn State Record Holder
- * Big Ten Champion (2012 Outdoor, 4x400)
- * Big Ten Silver Medalist (2013 Indoor, 400m)
- * 2012 Penn Relays Champion





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

RYAN BRENNAN

SOPHOMORE
CHESTER, N.Y.

Brennan in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	800	F	1:50.65	22
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	F	1:50.65	5
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	P	1:49.42	4
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	DMR	F	9:39.87	1
2/8 - 02-09-13	UW Husky Classic	Indoor	800	F	1:50.28	3
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	600	F	1:19.76	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	DMR	F	9:48.39	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	800	F	1:51.57	6
1/25 - 01-26-13	Penn State National Invitational	Indoor	600	F	NT	
01-12-13	Penn State Nittany Lion Challenge	Indoor	1000	F	2:23.14	4
01-05-13	Penn State Indoor Relays	Indoor	DMR	F	9:58.80	2

Brennan's Personal Bests

Event	Indoor	Outdoor
600m	1:18.96	***
800m	1:49.42	1:50.30
4x800m	***	7:19.76
DMR	9:39.87	***

Brennan's Career Highlights

- * Big Ten Champion (Indoor, DMR)
- * Penn Relays Champion (2012, 4x800)
- * 3x Big Ten Scorer





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

ROBBY CREEESE

SOPHOMORE
MT. AIRY, MD.

Creese in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	DMR	F	9:26.60	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	Mile	F	4:01.51	1
2/22 - 02-23-13	Big Ten MIndoor Track & Field Championships	Indoor	Mile	P	4:04.39	2
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	DMR	F	9:39.87	1
2/8 - 02-09-13	UW Husky Classic	Indoor	Mile	F	3:57.11	4
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	800	F	1:49.13	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	DMR	F	9:48.39	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	Mile	F	4:06.32	7
01-05-13	Penn State Indoor Relays	Indoor	DMR	F	9:53.87	1

Creese's Personal Bests

Event	Indoor	Outdoor
800m	1:48.64	1:49.92
1000m	2:19.53	* Collegiate Record
1500m	***	3:42.87
Mile	3:51.77, SR	***
4x800m	***	7:19.76
DMR	9:26.60, SR	***

Creese's Career Highlights

- * 2012 Big Ten Freshman of the Year (Indoor/Outdoor)
- * 2012 USTFCCCA Second Team All-American
- * 2012 NCAA Indoor Finalist (Mile)
- * Collegiate Record Holder (1000m, 2:19.53)
- * 3x Big Ten Champion
- * Penn Relays Champion (2012, 4x800)
- * 2x Penn State Record Holder





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

BRANNON KIDDER

FRESHMAN
LANCASTER, OHIO

Kidder in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	800	F	1:49.63	12
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	DMR	F	9:26.60	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	F	1:49.73	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	P	1:49.73	2
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	DMR	F	9:39.87	1
02-16-13	Millrose Games	Indoor	4x8	F	7:21.37	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	Mile	F	3:59.48	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	800	F	1:48.17	2
01-05-13	Penn State Indoor Relays	Indoor	DMR	F	9:53.87	1

Kidder's Personal Bests

Event	Indoor	Outdoor
800m	1:48.17	***
Mile	3:58.48	***
DMR	9:26.60, SR	***
4x800	7:21.37, SR	

Kidder's Career Highlights

- * Big Ten Freshman of the Year
- * 2x Big Ten Champion (800m, DMR)
- * 2x Penn State Record Holder (DMR, 4x800)
- * Millrose Games 4x800 Champion
- * Fourth athlete in PSU history to break 4:00-mile barrier





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

CASIMIR LOXSOM

SENIOR
NEW HAVEN, CONN.

Loxsom in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	600	F	1:15.42	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	600	P	1:16.33	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	4x4	F	3:08.56	3
02-16-13	Millrose Games	Indoor	4x8	F	7:21.37	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	800	F	NT	
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	4x4	F	3:08.03	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	600	F	1:15.79	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	800	F	1:46.98	1
01-05-13	Penn State Indoor Relays	Indoor	4x4	F	3:09.97	1
01-05-13	Penn State Indoor Relays	Indoor	DMR	F	9:58.80	2

Loxsom's Personal Bests

Event	Indoor	Outdoor
500m	1:01.28, SR	***
600m	1:15.42, SR	***
800m	1:46.98, SR	1:45.31, SR
4x400m	3:05.22, SR	3:01.52, SR
SMR	***	3:17.10, SR
4x800m	7:21.37, SR	7:12.90

Loxsom's Career Highlights

- * 2013 Big Ten Track Athlete of the Year
- * 2013 Big Ten Track Athlete of the Championships
- * 2013 USTFCCCA Mid-Atlantic Athlete of the Year
- * 3x USTFCCCA All-American
- * 5x Big Ten Champion
- * 7x Penn State Record Holder
- * 2010 IAAF World Junior Silver Medalist (800m)
- * American Collegiate Record Holder (600m, 1:15.79)
- * **All-Time All-Conditions American Best (600, 1:15.42)**





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

ZA'VON WATKINS

FRESHMAN
LIVERPOOL, N.Y.

Watkins in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
03/01-03/02/13	Notre Dame Alex Wilson 2013	Indoor	800	F	1:48.92	5
03/01-03/02/13	Notre Dame Alex Wilson 2013	Indoor	DMR	F	9:26.60	1
02/22-02/23/13	Big Ten Indoor Track & Field Championships	Indoor	800	F	1:50.32	3
02/22-02/23/13	Big Ten Indoor Track & Field Championships	Indoor	800	P	1:49.26	1
02-16-13	Millrose Games	Indoor	4x8	F	7:21.37	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	800	F	1:49.41	2
01/25-01/26/13	Penn State National Invitational	Indoor	800	F	1:49.03	3
01-12-13	Penn State Nittany Lion Challenge	Indoor	1000	F	2:22.02	2

Watkins' Personal Bests

Event	Indoor	Outdoor
800m	1:48.92	***
1000m	2:22.02	***
DMR	9:26.60, SR	***
4x800	7:21.37, SR	

Watkins' Career Highlights

- * 2013 Big Ten Bronze Medalist
- * Millrose Games 4x800 Champion
- * 2x Penn State Record Holder (DMR, 4x800)
- * 2012 Millrose High School Mile Champion
- * 3x New Balance National Runner Up





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

RICKY WEST

SENIOR
TORONTO, ONTARIO

West in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	800	F	1:49.33	9
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	F	1:50.79	7
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	800	P	1:49.84	8
02-16-13	Millrose Games	Indoor	4x8	F	7:21.37	1
2/8 - 02-09-13	UW Husky Classic	Indoor	800	F	1:49.64	11
1/25 - 01-26-13	Penn State National Invitational	Indoor	800	F	1:48.92	2
01-12-13	Penn State Nittany Lion Challenge	Indoor	1000	F	2:21.95	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	DMR	F	9:56.85	1
01-05-13	Penn State Indoor Relays	Indoor	DMR	F	9:58.80	2

West's Personal Bests

Event	Indoor	Outdoor
800m	1:47.81	1:46.41
1000m	2:21.95	***
4x800	7:21.37, SR	

West's Career Highlights

- * Penn State Record Holder (4x800)
- * Big Ten Scorer
- * 2x USTFCCCA All-American
- * Fourth (800m) at 2013 NACAC U-23 Champs. (Jamaica)
- * 2012 Big 12 Indoor 800 Champion





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

MAHAGONY JONES

RS-JUNIOR
CLEVELAND, OHIO

Jones in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
3/1 - 03-02-13	Notre Dame Alex Wilson 2013	Indoor	200	F	23.90	4
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	200	F	23.56	4
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	200	P	23.47	1
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	60	F	7.42	2
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	4x4	F	3:55.68	11
2/8 - 02-09-13	SPIRE NCAA D-I Track Invitational	Indoor	200	F	23.67	4
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	60	F	7.40	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	60	P	7.43	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	200	F	23.64	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	4x4	F	3:38.48	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	60	F	7.38	3
1/25 - 01-26-13	Penn State National Invitational	Indoor	60	P	7.46	4
1/25 - 01-26-13	Penn State National Invitational	Indoor	60	P	7.47	6
1/25 - 01-26-13	Penn State National Invitational	Indoor	200	F	23.71	1
1/25 - 01-26-13	Penn State National Invitational	Indoor	4x4	F	3:40.06	2
01-12-13	Penn State Nittany Lion Challenge	Indoor	60	P	7.56	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	400	F	54.39	1
01-05-13	Penn State Indoor Relays	Indoor	60	F	7.45	3
01-05-13	Penn State Indoor Relays	Indoor	60	P	7.44	1
01-05-13	Penn State Indoor Relays	Indoor	4x4	F	3:41.18	1
01-05-13	Penn State Indoor Relays	Indoor	4x2	F	1:37.25	1

Jones' Personal Bests

Event	Indoor	Outdoor
60m	7.38	***
100m	***	12.23
200m	23.47	24.61
400m	54.32	***

Jones' Career Highlights

- * 2013 Big Ten Silver Medalist (60m)
- * 2x Big Ten Medalist
- * Penn State Record Holder (4x200 - 1:37.25)
- * Big Ten Athlete of the Week (Jan. 7)





TRACK & FIELD

NCAA INDOOR CHAMPIONSHIPS || MARCH 8-9, 2013 || RANDAL TYSON TRACK CENTER

MARLENE RICKKETTS

JUNIOR
WESTBURY, N.Y.

Jones in 2013 ...

Date	Meet	Season	Event	Round	Performance	Place
03-02-13	VT Final Qualifier	Indoor	TJ	F	41-9.75 (12.74m)	2
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	LJ	F	19-4 (5.89m)	4
2/22 - 02-23-13	Big Ten Indoor Track & Field Championships	Indoor	TJ	F	42-4.75 (12.92m)	2
2/8 - 02-09-13	SPIRE NCAA D-I Track Invitational	Indoor	LJ	F	18-3 (5.56m)	13
2/8 - 02-09-13	SPIRE NCAA D-I Track Invitational	Indoor	TJ	F	40-9.75 (12.44m)	3
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	TJ	F	41-9.75 (12.74m)	1
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	LJ	F	19-2.50 (5.85m)	2
02-02-13	Penn State Sykes & Sabock Challenge Cup	Indoor	DMR	F	11:35.46	3
1/25 - 01-26-13	Penn State National Invitational	Indoor	LJ	F	18-7.25 (5.67m)	5
1/25 - 01-26-13	Penn State National Invitational	Indoor	TJ	F	42-4.25 (12.86m)	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	TJ	F	42-0.50 (12.81m)	1
01-12-13	Penn State Nittany Lion Challenge	Indoor	LJ	F	18-10.50 (5.75m)	2
01-05-13	Penn State Indoor Relays	Indoor	TJ	F	41-9.25 (12.73m)	1
01-05-13	Penn State Indoor Relays	Indoor	LJ	F	18-8.75 (5.71m)	2
01-05-13	Penn State Indoor Relays	Indoor	4x4	F	3:55.88	3

Ricketts' Personal Bests

Event	Indoor	Outdoor
Long Jump	19-4 (5.89)	18-0.50 (5.49)
Triple Jump	42-4.75 (12.92)	41-2.25(12.55)

Ricketts' Career Highlights

- * 2013 Big Ten Silver Medalist (TJ)
- * Big Ten Athlete of the Week (Jan. 14)
- * 2012 NCAA First Round Qualifier





TRACK & FIELD

2013 Penn State Women's Indoor Performance List

WOMEN'S 60-METER DASH PSU: Shavon Greaves, 7.24 (2010)

7.38	Mahogany Jones	Jan-25
7.58	Kirsten Nieuwendam	Jan-25
7.96	Dynasty McGee	Jan-5
7.96	Gabrielle Barbour	Jan-5
8.08	Kaitlyn Lopez	Jan-5

WOMEN'S 200-METER DASH PSU: Connie Moore, 22.60 (2010)

23.47	Mahogany Jones	Feb-22
24.15	Kiah Seymour	Feb-22
24.17	Kirsten Nieuwendam	Feb-22
25.26	Shelley Black	Feb-2
25.54	Gabrielle Barbour	Jan-12
25.60	Doris Anyanwu	Jan-26
25.68	Evonne Britton (UNA)	Jan-5

WOMEN'S 400-METER DASH PSU: Shana Cox, 52.31 (2007)

53.87	Dynasty McGee	Feb-9
54.39	Mahogany Jones	Jan-12
54.41	Kiah Seymour	Feb-23
54.87	Kirsten Nieuwendam	Jan-12
57.41	Doris Anyanwu	Feb-9

WOMEN'S 500-METER DASH PSU: Shana Cox, 1:09.19 (2007)

WOMEN'S 600-METER RUN PSU: Briene Simmons, 1:29.81 (2008)

1:34.23	Audrey Houghton	Feb-2
1:35.82	Colleen Shannon	Feb-2

WOMEN'S 800-METER RUN PSU: Briene Simmons, 2:05.67 (2007)

2:09.71	Marta Klebe	Feb-9
2:09.75	Sarah Jane Underwood	Jan-26
2:12.80	Colleen Shannon	Feb-22
2:15.81	Audrey Houghton	Feb-9
2:33.45	Brittney Howell	Jan-25

WOMEN'S 1000-METER RUN PSU: Caitlin Lane, 2:44.24 (2012)

2:52.25	Marta Klebe	Jan-12
2:53.46	Sarah Jane Underwood	Jan-12
3:10.26	Kalyn Fisher	Jan-5

WOMEN'S MILE RUN PSU: Bridget Franek, 4:37.95 (2010)

4:48.85	Caitlin Lane (UNA)	Jan-26
4:50.80	Abbie Benson	Jan-26
4:50.81	Marta Klebe	Feb-2
4:50.96	Natalie Bower	Jan-12
4:53.97	Gabrielle Cocco	Feb-22
4:54.42	Kalyn Fisher	Feb-22
4:55.23	Sarah Jane Underwood	Feb-2
4:57.53	Emily Giannotti	Jan-12
4:58.91	Kerrin Jennings	Feb-22
5:02.92	Tori Gerlach	Jan-5
5:02.93	Lauren Mills	Jan-12
5:12.87	Dani Kocjancic	Feb-2
5:22.29	Gwenn Porter	Feb-2

WOMEN'S 3000-METER RUN PSU: Bridget Franek, 9:10.04 (2009)

9:22.38	Caitlin Lane (UNA)	Feb-9
9:23.82	Brooklyne Ridder	Jan-26
9:28.29	Natalie Bower	Jan-26
9:31.91	Tori Gerlach	Feb-9
9:37.81	Abbie Benson	Feb-9
9:43.96	Leigha Anderson	Jan-26
9:50.69	Katie Rodden	Feb-9
9:53.43	Gabrielle Cocco	Feb-9
9:59.48	Lauren Mills	Feb-9
10:40.91	Dani Kocjancic	Jan-26
10:54.63	Gwenn Porter	Jan-26

WOMEN'S 5000-METER RUN PSU: Paula Renzi, 15:53.50 (1985)

16:07.52	Brooklyne Ridder	Feb-8
16:17.81	Natalie Bower	Feb-8
16:36.18	Emily Giannotti	Feb-23
17:03.50	Katie Rodden	Feb-230
17:31.83	Lauren Mills	Jan-25

WOMEN'S 60-METER HURDLES PSU: Aleesha Barber, 8.19 (2009)

8.43	Shelley Black	Feb-23
8.49	Brittney Howell	Feb-2
8.85	Kiah Seymour	Jan-12

WOMEN'S 4x200-METER RELAY PSU: Anyanwu, Jones, Nieuwendam, Seymour, 1:37.25 (2013)

1:37.25	Jones, Nieuwendam, Anyanwu, Seymour	Jan-5
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WOMEN'S 4x400-METER RELAY PSU: Blake, Simmons, Cox, Barber, 3:33.39 (2007)

3:38.48	McGee, Jones, Nieuwendam, Seymour	Feb-2
3:41.18	Anyanwu, Jones, Nieuwendam, Seymour	Jan-5
3:55.88	Barbour, Black, Howell, Ricketts	Jan-5
3:57.29	Underwood, Houghton, Shannon, Klebe	Jan-5

WOMEN'S 4x800-METER RELAY PSU: Cassel, Gerken, Hart, Stever, 8:45.60 (1984)

9:05.13	Shannon, Underwood, Houghton, Klebe	Jan-5
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WOMEN'S DISTANCE MEDLEY RELAY PSU: Lane, Iheoma, Simko, Millhouse, 11:05.16 ('12)

11:21.39	Benson, McGee, Underwood, Klebe	Feb-22
11:35.46	Gerlach, Ricketts, Klebe, Anderson	Feb-2
11:42.55	Jennings, Underwood, Fisher, Gerlach	Jan-12
11:43.95	Benson, Anyanwu, Fisher, Jennings	Jan-25
11:45.85	Benson, Houghton, Klebe, Anderson	Jan-12

WOMEN'S HIGH JUMP PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987) Brittany Maun, 5-11.25/1.81 (2010)

5-10 (1.79)	Erika Morgan	Jan-5
5-8 (1.73)	Kelsey Coutts	Jan-26
5-7.25 (1.71)	Sarah Palmer	Feb-23
5-7.25 (1.71)	Brittney Howell	Jan-12
5-7 (1.71)	Ahmenah Richardson	Jan-12
5-1 (1.55)	Brooke Owen	Jan-5

WOMEN'S POLE VAULT PSU: Sara Dougherty, 13-5.75/4.11 (2004)

11-1.75 (3.40)	Kasey Kemp	Jan-12
10-2 (3.10)	Lindsey Bacik	Jan-26

WOMEN'S LONG JUMP PSU: Gayle Hunter, 20-11.25/6.38 (2009)

19-6.25 (5.95)	Brittney Howell	Feb-9
19-4 (5.89)	Marlene Ricketts	Feb-9
18-6 (5.64)	Kaitlyn Lopez	Feb-2
17-5.50 (5.32)	Brianna Rauenzahn	Feb-2

WOMEN'S TRIPLE JUMP PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003)

42-4.75 (12.92)	Marlene Ricketts	Feb-23
38-8.25 (11.79)	Kaitlyn Lopez	Feb-9
37-0.50 (11.29)	Ahmenah Richardson	Jan-26

WOMEN'S SHOT PUT PSU: Ja'Nai O'Connor, 56-5.25/17.20 (2004)

51-7.25 (15.73)	Jane Swenson	Feb-2
51-6.50 (15.71)	Melissa Kurzdorfer	Feb-9
49-0.25 (14.94)	Rachel Fatherly	Feb-9
38-6.25 (11.74)	Allison Wethey	Jan-12
36-1.25 (11.00) M	Brittney Howell	Feb-8

WOMEN'S 20-LB WEIGHT THROW PSU: Jennifer Leatherman, 74-10/22.82, 2006

65-0.75 (19.83)	Melissa Kurzdorfer	Feb-23
57-5 (17.50)	Rachel Fatherly	Feb-9
56-9.50 (17.31)	Jane Swenson	Feb-2
37-4 (11.38)	Allison Wethey	Jan-25

WOMEN'S PENTATHLON PSU: Gayle Hunter, 4342 (2009)

3851	Brittney Howell	Jan-25
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KEY -

BOLD - School Record; M - Mark from Multi-Events; * - Flat to bank conversion

as of March 3, 2013



TRACK & FIELD

2013 Penn State Men's Indoor Performance List

MEN'S 60-METER DASH

PSU: Ernie Terrell, 6.76 (2003)

6.98	Emunael Mpanduki	Feb-2
7.25 M	Robbie Cardina (UNA)	Jan-25
7.32 M	Patrick Conn (UNA)	Jan-25
7.99 M	Michael Shuey (UNA)	Jan-25

MEN'S 200-METER DASH

PSU: Ryan Olkowski, 20.98 (2002)

21.47	Brandon-Bennett-Green	Feb-22
21.49	Emunael Mpanduki	Jan-26
21.62	Aaron Nadolsky	Feb-22
21.73	Matt Gilmore	Feb-9
21.93	Bernard Bennett-Green	Jan-5
22.41	Alex Shisler	Jan-5
22.56	Sancho Barrett	Jan-12

MEN'S 400-METER DASH

PSU: Brady Gehret, 46.22 (2011)

46.82	Brandon Bennett-Green	Feb-23
47.42	Emunael Mpanduki	Feb-9
47.42	Aaron Nadolsky	Feb-9
47.86	Bernard Bennett-Green	Feb-9
48.10	Matt Gilmore	Feb-9
48.80	Alex Shisler	Feb-2
53.71	Robbie Cardina (UNA)	Jan-12
54.80	Patrick Conn (UNA)	Jan-12
56.42	Michael Shuey (UNA)	Jan-12

MEN'S 500-METER DASH

PSU: Casimir Loxsom, 1:01.28 (2011)

1:06.43	Alex Shisler	Jan-26
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MEN'S 600-METER RUN

PSU: Casimir Loxsom, 1:15.42 (2013)

1:15.42	Casimir Loxsom	Feb-23
1:15.79*	Loxsom	Jan-26
1:19.23	Alex Shisler	Feb-22
1:19.76	Ryan Brennan	Feb-2

* American Collegiate Record

MEN'S 800-METER RUN

PSU: Casimir Loxsom, 1:46.98 (2013)

1:46.98	Casimir Loxsom	Jan-12
1:48.17	Brannon Kidder	Jan-12
1:48.92	Ricky West	Jan-26
1:48.92	Za'Von Watkins	Mar-2
1:49.13	Robbie Creese	Feb-2
1:49.42	Ryan Brennan	Feb-22
1:56.06	Tom Damiani	Feb-2
1:57.96	Colin Baker	Jan-12
1:58.37	Mark Fuller	Jan-12

MEN'S 1000-METER RUN

PSU: Robbie Creese, 2:19.53 (2012)

2:21.95	Ricky West	Jan-12
2:22.02	Za'Von Watkins	Jan-12
2:23.14	Ryan Brennan	Jan-12
2:32.33	Tom Damiani	Jan-26
3:02.38	Robbie Cardina (UNA)	Jan-26
3:12.99	Patrick Conn (UNA)	Jan-26
3:15.05	Michael Shuey (UNA)	Jan-26

MEN'S MILE RUN

PSU: Robby Creese, 3:57.11 (2013)

3:57.11	Robby Creese	Feb-9
3:59.48	Brannon Kidder	Jan-26
4:02.67	Sam Masters	Jan-26
4:03.66	Tyler Corkedale	Feb-22
4:11.87	Nick Scarpello	Jan-12
4:16.53	Mark Fuller	Jan-26
4:16.97	Tom Luff	Feb-2
4:17.15	Colin Baker	Feb-9
4:25.12	Conrad Lippert (UNA)	Jan-26

MEN'S 3000-METER RUN

PSU: Sam Masters, 7:54.52 (2013)

7:54.52	Sam Masters	Feb-9
8:08.35	Matt Fischer	Mar-2
8:10.00	Nick Scarpello	Feb-9
8:10.85	Tyler Corkedale	Feb-9
8:28.28	Tom Luff	Feb-9
8:34.14	Chris Campbell	Jan-12
8:43.30	Conrad Lippert (UNA)	Jan-12

MEN'S 5000-METER RUN

PSU: Steve Brown, 13:52.36 (1990)

14:08.69	Sam Masters	Feb-23
14:09.87	Matt Fischer	Feb-9
14:37.72	Tyler Jones	Jan-25
14:39.89	Nick Scarpello	Feb-23
14:44.13	Tom Luff	Jan-25

MEN'S 60-METER HURDLES

PSU: Guy Rose, 7.69 (2001)

7.91	Sancho Barrett	Feb-23
8.51	Robbie Cardina (UNA)	Jan-12
8.90	Patrick Conn (UNA)	Jan-12
9.48	Michael Shuey (UNA)	Jan-12

MEN'S 4x200-METER RELAY

PSU: Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 1:24.70 (2013)

1:24.70*	Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky	Jan-25
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* Collegiate Record

MEN'S 4x400-METER RELAY

PSU: Nadolsky, Bennett-Green, Loxsom, Gehret, 3:05.22 (2012)

3:08.03	Mpanduki, Loxsom, Gilmore, Br. Bennett-Green	Feb-2
3:08.56	Be. Bennett-Green, Loxsom, Br. Bennett-Green, Gilmore	Feb-23
3:09.97	Nadolsky, Gilmore, Loxsom, Br. Bennett-Green	Jan-5
3:14.79	Mpanduki, Be. Bennett-Green, Shisler, Br. Bennett-Green	Jan-12

MEN'S 4X800-METER RELAY

PSU: Balkey, McMillan, Mills, Levitre, 7:21.37 (1987)
Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

7:21.37	Watkins (1:51.08), Kidder (1:51.41) West (1:50.25), Loxsom (1:48.58)	Feb-16
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MEN'S DISTANCE MEDLEY RELAY

PSU: Kidder, Bennett-Green, Watkins, Creese, 9:26.60 (2013)

9:26.60	Kidder, Br. Bennett-Green, Watkins, Creese (2:53.0; 46.4; 1:49.3, 3:57.6)	Mar-1
9:39.87	Kidder, Gilmore, Brennan, Creese	Feb-22
9:48.39	Creese, Shisler, Brennan, Scarpello	Feb-2
9:53.87	Creese, Mpanduki, Kidder, Fuller	Jan-5
9:56.85	Corkedale, West, Scarpello, Masters	Jan-12
9:58.80	West, Brennan, Loxsom, Baker	Jan-5

MEN'S HIGH JUMP

PSU: Paul Souza, 7-4.25/2.24 (1982)

7-1 (2.16)	Mike McClelland	Jan-12
7-0.50 (2.15)	Jon Hendershot	Jan-5
7-0.25 (2.14)	Sean Reilly	Jan-26
6-8.25 (2.04) M	Robbie Cardina (UNA)	Jan-25
6-3.50 (1.92) M	Michael Shuey (UNA)	Jan-25
5-6 (1.68) M	Patrick Conn (UNA)	Jan-25

MEN'S POLE VAULT

PSU: John Vellenoweth, 17-0.75/5.20 (2009)

15-1 (4.60)	Patrick Anderson	Feb-9
15-1 (4.60)	Jesse Laverdiere	Feb-9
14-7.25 (4.45)	David Patzer	Jan-25
12-6 (3.81) M	Robbie Cardina (UNA)	Jan-26
10-2.50 (3.11) M	Michael Shuey (UNA)	Jan-26

MEN'S LONG JUMP

PSU: David Coney, 25-11/7.90 (1986)

23-4.50 (7.12)	Brian Leap	Jan-25
21-3.25 (6.48) M	Patrick Conn (UNA)	Jan-25
20-3 (6.17)	Robbie Cardina (UNA)	Jan-12
18-8.50 (5.70)	Michael Shuey (UNA)	Jan-12

MEN'S TRIPLE JUMP

PSU: Chavous Nichols, 53-0.75 (16.17)

50-10.25 (15.50)	Brian Leap	Feb-23
47-0.25 (14.33)	Jarred Posey	Jan-12

MEN'S SHOT PUT

PSU: C.J. Hunter, 65-7 /19.99 (1990)

60-9 (18.53)	Darrell Hill	Feb-2
58-5.25 (17.81)	Nabil Mubarak	Jan-26
38-6.25 (11.74)	Patrick Conn (UNA)	Jan-12
38-4 (11.68)	Robbie Cardina (UNA)	Jan-12
37-7.25 (11.46)	Michael Shuey (UNA)	Jan-5

MEN'S 35-LB WEIGHT THROW

PSU: Will Barr, 69-10.25/21.29 (2013)

69-10.25 (21.29)	Will Barr	Mar-2
64-8 (19.73)	Nabil Mubarak	Feb-2
47-1 (14.35)	Dan Jordan (UNA)	Jan-25

MEN'S HEPTATHLON

PSU: James Cook, 5500 (1998)

4869	Robbie Cardina (UNA)	Jan-25/26
3971	Michael Shuey (UNA)	Jan-25/26
3888	Patrick Conn (UNA)	Jan-25/26

UNA - Unattached; **BOLD** - School Record; M - Mark from Multi-Events

KEY -

UNA - Unattached; **BOLD** - School Record; M - Mark from Multi-Events

All-Time Women's Top Five Performances

WOMEN'S 60-METER DASH

PSU: 7.24, Shavon Greaves (2010)

1. 7.24 Shavon Greaves, 2010
2. 7.27 Consuella Moore, 2004
3. **7.38 Mahagony Jones, 2013**
4. 7.41 Toyin Augustus, 2001
5. 7.46 Kamilah Salaam, 2005

WOMEN'S 200-METER DASH

PSU: 22.60, Connie Moore (2004)

1. 22.60 Consuella Moore, 2004
2. 22.98 Shavon Greaves, 2010
3. **23.47 Mahagony Jones, 2013**
4. 23.48 Shana Cox, 2005
5. 23.67 Caitlin DeFusco, 2010

WOMEN'S 400-METER DASH

PSU: 52.31, Shana Cox (2007)

1. 52.31 Shana Cox, 2007
2. 52.53 Fawn Dorr, 2010
3. 53.14 Shavon Greaves, 2010
4. 53.15 Dominique Blake, 2008
5. **53.87 Dynasty McGee, 2013**
6. 53.96 Gayle Hunter, 2008

WOMEN'S 500-METER DASH

PSU: 1:09.19, Shana Cox (2007)

1. 1:09.19 Shana Cox, 2007
2. 1:12.03 Janice Carter, 1989
3. 1:12.05 Ijeoma Iheoma, 2012
4. 1:12.23 Fawn Dorr, 2010
5. 1:13.32 Briene Simmons, 2006

WOMEN'S 600-METER RUN

PSU: 1:29.81, Briene Simmons (2008)

1. 1:29.81 Briene Simmons, 2008
2. 1:30.22 Erica Bosler, 1998
3. 1:30.42 Ijeoma Iheoma, 2011
4. 1:31.35 Bekka Simko, 2011
5. 1:31.68 Fawn Dorr, 2008

WOMEN'S 800-METER RUN

PSU: 2:05.67, Briene Simmons (2007)

1. 2:05.67 Briene Simmons, 2007
2. 2:06.88 Bekka Simko, 2012
3. 2:08.75 Maura Ryan, 2011
4. 2:08.92 Caitlin Lane, 2011
5. 2:09.52 Judi Cassell, 1985

WOMEN'S 1000-METER RUN

PSU: 2:44.24, Caitlin Lane (2012)

1. 2:44.24 Caitlin Lane, 2012
2. 2:48.21 Briene Simmons, 2007
3. 2:48.70 Bekka Simko, 2012
4. 2:49.00 Patty Murnane, 1979
5. 2:49.92 Bridget Franek, 2008

WOMEN'S MILE RUN

PSU: 4:37.95, Bridget Franek (2010)

1. 4:37.95 Bridget Franek, 2010
2. 4:38.37 Caitlin Lane, 2011
3. 4:40.76 Kim McGreevy, 1997
4. 4:41.51 Patty Murnane, 1982
5. 4:45.46 Leah Rosenfeld, 2008

WOMEN'S 3000-METER RUN

PSU: 9:10.04, Bridget Franek (2009)

1. 9:10.04 Bridget Franek, 2009
2. 9:13.06 Paula Renzi, 1985
3. 9:15.16 Caitlin Lane, 2012
4. 9:17.48 Kara Millhouse, 2012
5. **9:23.82 Brooklyne Ridder, 2013**

WOMEN'S 5000-METER RUN

PSU: 15:53.50, Paula Renzi (1985)

1. 15:53.50 Paula Renzi, 1985
2. 15:56.76 Bridget Franek, 2010
3. 16:06.82 Kara Millhouse, 2012
4. **16:07.52 Brooklyne Ridder, 2013**
5. **16:17.81 Natalie Bower, 2013**
6. 16:22.30 Cheryl Spring, 2010
6. 16:22.70 Caitlin Lane, 2012

WOMEN'S 60-METER HURDLES

PSU: 8.16, Aleesha Barber (2009)

1. 8.16 Aleesha Barber, 2009
2. 8.20 Evonne Britton, 2012
3. 8.22 Toyin Augustus, 2001
4. 8.37 Gayle Hunter, 2009
5. **8.43 Shelley Black, 2013**

WOMEN'S 4X400-METER RELAY

PSU: 3:33.34, Blake, Simmons, Cox, Barber (2007)

1. 3:33.49 Blake, Simmons, Cox, Barber, 2007
2. 3:34.00 Blake, Cox, Barber, Dorr, 2008
- 3:34.00 Anyanwu, Iheoma, Greaves, Duncan, '11
3. 3:34.04 Cox, Simmons, Barber, Blake, 2006
4. 3:34.64 Dorr, Barber, Greaves, Hunter, 2009

WOMEN'S DISTANCE MEDLEY

PSU: 11:05.16, Lane, Iheoma, Simko, Millhouse, '12

1. 11:05.16 Lane, Iheoma, Simko, Millhouse, '12 (3:22, 53.5, 2:07.5, 4:41.1)
2. 11:14.78 Hutchinson, Cox, Simmons, Franek, '07
3. 11:18.96 Simko, Iheoma, Klebe, Ridder, '12
4. 11:21.00 Heyer, Dweh, Bosler, McGreevy, '97
5. 11:21.39 Benson, McGee, Underwood, Klebe, '13
5. 11:26.40 Lane, Anyanwu, Kearins, Spring, '10

WOMEN'S HIGH JUMP

PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)
5-11.25 (1.81), Brittany Maun (2010)

1. 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
3. **5-10.50 (1.79) Erika Morgan, 2013**
4. 5-9.75 (1.77) Jen Aylward, 2001
5. 5-8.50 (1.74) Amber Strouse, 2007
- 5-8.50 (1.74) Kelsey Coutts, 2012

WOMEN'S POLE VAULT

PSU: 13-5.75 (4.11), Sara Dougherty (2004)

1. 13-5.50 (4.11) Sara Dougherty, 2004
2. 12-11.50 (3.95) Jocelyn Witmer, 2010
- 12-11.50 (3.95) Caitlin Fairbairn, 2010
4. 12-5.50 (3.80) Amanda Palenchar, 2012
5. 12-3.50 (3.75) Lindsey McDonnell, 2003
- 12-3.50 (3.75) Jackie Meissner, 2007

WOMEN'S LONG JUMP

PSU: 20-11.25 (6.38), Gayle Hunter (2009)

1. 20-11.25 (6.38) Gayle Hunter, 2009
2. 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
4. 20-7.50 (6.28) Carmen Mann, 1990
5. 20-3.50 (6.18) Bianca Fung, 2009

WOMEN'S TRIPLE JUMP

PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)

1. 44-1.50 (13.45) Chi-Chi Aduba, 2004
2. **42-4.75 (12.92) Marlene Ricketts, 2013**
3. 41-11.50 (12.79) Gabriela Baiter, 2008
4. 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998

WOMEN'S SHOT PUT

PSU: 56-5.25 (17.20), Ja'Nai O'Connor (2004)

1. 56-5.25 (15.13) Ja'Nai O'Connor, 2004
2. 53-6 (16.31) Elaine Sobansky, 1983
3. 53-5 (16.28) Jen Leatherman, 2006
4. **51-7.25 (15.73) Jane Swenson, 2013**
5. **51-6.50 (15.71) Melissa Kurzdorfer, 2013**
6. 51-2 (15.60) Deshaya Williams, 2003

WOMEN'S 20-LB WEIGHT

PSU: 74-10.50 (22.82), Jen Leatherman (2006)

1. 74-10.50 (22.82) Jen Leatherman, 2006
2. 66-3 (20.19) Kate Johnston, 2005
3. **65-0.75 (19.83) Melissa Kurzdorfer, 2013**
4. 64-6 (19.66) Deshaya Williams, 2003
5. 62-1.25 (18.93) Ja'Nai O'Connor, 2002

WOMEN'S PENTATHLON

PSU: 4,342, Gayle Hunter (2009)

1. 4,342 Gayle Hunter, 2009
2. 3,988 Carla Criste, 1985
3. 3,870 Brittney Howell, 2012
4. 3,805 Amber Strouse, 2007
5. 3,596 Danielle Bobo, 2003

Notable Performances

- * 4,059 Gayle Hunter, 2005
- * American Junior Record

BOLD - Denotes Current Season Performance

All-Time Men's Top Five Performances

MEN'S 60-METER DASH

PSU: 6.76, Ernie Terrell (2003)

- 6.76 Ernie Terrell, 2003
- 6.77* Michael Timpson, 1986
- 6.80* Barney Ewell, 1942
- 6.81 Alex Langan, 2006
- 6.83 Knowledge Timmons, 2006

* Converted time from 60 yards to 55 meters

MEN'S 200-METER DASH

PSU: 20.98, Ryan Olkowski (2002)

- 20.98 Ryan Olkowski, 2002
- 21.11 Michael Timpson, 1989
- 21.18 Greg Miller, 2001
- 21.21 Ernie Terrell, 2004
- 21.29 Brady Gehret, 2011

MEN'S 400-METER DASH

PSU: 46.22, Brady Gehret (2011)

- 46.22 Brady Gehret, 2011
- 46.81 Michael Timpson, 1987
- 46.93 Ernie Terrell, 2003
- 46.82 Brandon Bennett-Green, 2012
- 47.01 Aaron Nadolsky, 2012

MEN'S 500-METER DASH

PSU: 1:01.28, Casimir Loxsom (2011)

- 1:01.28 Casimir Loxsom, 2011
- 1:02.58 Ben Karcz, 2000
- 1:02.75 Ernie Terrell, 2003
- 1:02.81 Mike Cadau, 2009
- 1:03.04 Steve Janci, 2002

MEN'S 600-METER RUN

PSU: 1:15.42, Casimir Loxsom (2013)

- 1:15.42 Casimir Loxsom, 2013
- 1:16.89 Ben Karcz, 2001
- 1:17.65 Lionel Williams, 2009
- 1:18.16 Matt Lincoln, 2004
- 1:18.84 Mark Miller, 2005

Notable Performances

- * 1:16.92 Casimir Loxsom, 2010
* American Junior Record
- * 1:15.79 Casimir Loxsom, 2013
* American Collegiate Record
- * 1:15.42 Casimir Loxsom, 2013
* All-Time Collegiate and American Best

MEN'S 800-METER RUN

PSU: 1:46.98, Casimir Loxsom (2012)

- 1:46.98 Casimir Loxsom, 2013
- 1:47.32 Ryan Foster, 2010
- 1:47.77 Owen Dawson, 2010
- 1:48.17 Brannon Kidder, 2013
- 1:48.19 Ray Levitre, 1987

Notable Performances

- 1:47.48 Ryan Foster, 2010
* Australian National Record

MEN'S 1000-METER RUN

PSU: 2:19.53, Robby Creese (2012)

- 2:19.53 Robby Creese, 2012
- 2:19.60 Ryan Foster, 2010
- 2:21.95 Ricky West, 2013
- 2:21.98 Owen Dawson, 2010
- 2:22.02 Za'Von Watkins, 2013

Notable Performances

- * 2:19.53 Robby Creese, 2012
* Collegiate, American Junior Record
- * 2:19.60 Ryan Foster, 2010
* Australian National Record

MEN'S MILE RUN

PSU: 3:57.11, Robby Creese (2013)

- 3:57.11 Robby Creese, 2013
- 3:58.49 Ryan Foster, 2011
- 3:59.48 Brannon Kidder, 2013
- 4:01.98 Samuel Borchers, 2008
- 4:02.3 Greg Fredericks, 1972

MEN'S 3000-METER RUN

PSU: 7:54.52, Sam Masters (2013)

- 7:54.52 Sam Masters, 2013
- 8:00.78 Ken Frazier, 1989
- 8:02.05 John Zishka, 1981
- 8:06.36 Kyle Dawson, 2012

Converted Marks

- 7:53.58 Greg Fredericks, 1972
- 7:54.50 Robert Snyder, 1979
- 8:02.24 George Malley, 1977

MEN'S 5000-METER RUN

PSU: 13:52.36, Steve Brown (1990)

- 13:52.36 Steve Brown, 1990
- 13:58.55 Eric Carter, 1986

Converted Marks

- 13:46.42 Paul Stemmer, 1976
- 13:46.94 Alan Scharsu, 1980
- 13:59.71 Charlie Maguire, 1974

MEN'S 60-METER HURDLES

PSU: 7.69, Guy Rose (2001)

- 7.69 Guy Rose, 2001
- 7.82 Michael Timpson, 1986
- 7.83 John Whelan, 1998
- 7.85 Mike Shine, 1975
- 7.86 Ron Jules, 2007

MEN'S 4X400-METER RELAY

PSU: 3:05.22, Nadolsky, Bennett-Green, Loxsom, Gehret (2012)

- 3:05.22 Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012
- 3:08.03 Mpanduki, Loxsom, Gilmore, Br. Bennett-Green, 2013
- 3:09.43 Derby, Lolagne, Campisi, Terrell, 2003
- 3:09.65 Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 2012

MEN'S 4X800-METER RELAY

PSU: 7:21.37 (2 Teams)
Balkey, McMillan, Mills, Levitre, 7:21.37 (1987)
Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

- 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
Watkins, Kidder, West, Loxsom, 2013
- 7:24.38 Watson, Shiffer, Levitre, Mills, 1986

Converted from 2-Mile Relay

- 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983
- 7:23.38 Watson, Shisler, Mills, Moore, 1985
- 7:24.60 Shisler, McLaughlin, Wynn, Cook, 1983

MEN'S DISTANCE MEDLEY RELAY

PSU: 9:32.94, Borchers, Cadau, Foster, Johnson

- 9:26.60 Kidder, (2:53.0) Bennett-Green (46.4), Watkins (1:49.3), Creese (3:57.6), 2013
- 9:32.94 Borchers, Cadau, Foster, Johnson, 2009
- 9:35.21 Borchers, Williams, Loxsom, O. Dawson, '11
- 9:35.24 Endress, Nadolsky, Manley, Creese, '12
- 9:35.68 O. Dawson, Nadolsky, Williams, Foster, '11
- 9:36.29 Lincoln, Campisi, Michael, Foster, 2005

MEN'S HIGH JUMP

PSU: 7-4.25 (2.24), Paul Souza (1982)

- 7-4 1/4 (2.24) Paul Souza, 1982
- 7-3 1/4 (2.22) Ryan Fritz, 2011
- 7-2 3/4 (2.20) Ryan Olkowski, 1999
- 7-1 3/4 (2.18) Sean Reilly, 2012
- 7-1 1/2 (2.17) David Coney, 1985
- 7-1 1/2 (2.17) Bryson Hartzler, 2010

MEN'S POLE VAULT

PSU: 17-0.75 (5.20), John Vellenoweth (2009)

- 17-0 3/4 (5.20) John Vellenoweth, 2009
- 17-0 (5.18) Mason Ternay, 1992
- 16-9 1/2 (5.12) Ron Campbell, 1985
- 16-9 1/2 (5.12) Rick Kleban, 1985
- 16-8 3/4 (5.10) Dave Bollinger, 2004
- 16-8 3/4 (5.10) Brad Lawrence, 2010

MEN'S LONG JUMP

PSU: 25-11 (7.90), David Coney (1986)

- 25-11 1/4 (7.91) Dave Coney, 1986
- 25-10 3/4 (7.89) Antonio Davis, 1993
- 25-8 (7.82) George Audu, 1999
- 25-5 1/2 (7.76) Rob Boulware, 1986
- 25-4 1/2 (7.73) John Gorham, 1999

MEN'S TRIPLE JUMP

PSU: 53-0.75 (16.17), Chavous Nichols (2003)

- 53-0 3/4 (16.17) Chavous Nichols, 2003
- 52-6 (16.00) Clarence Smith, 2009
- 52-4 1/4 (15.955) Ricardo Hall, 1990
- 52-4 1/4 (15.955) Antonio Davis, 1994
- 51-9 (15.77) Hanif Johnson, 2012

MEN'S SHOT PUT

PSU: 65-7 (19.99), CJ Hunter (1990)

- 65-7 (19.99) C.J. Hunter, 1990
- 65-1 1/4 (19.84) Joe Kovacs, 2011
- 62-6 1/2 (19.05) Phil Caraher, 1991
- 62-1 1/4 (18.93) Blake Eaton, 2011
- 61-7 (18.77) Logan Caldwell, 2012

MEN'S 35-LB WEIGHT

PSU: 69-10 3/4 (21.29), Will Barr (2013)

- 69-10 3/4 (21.29) Will Barr, 2013
- 66-5 3/4 (20.26) Dorian Lowe, 2002
- 66-2 1/4 (20.17) Scott Vernon, 2005
- 65-9 3/4 (20.06) Neal McNutt, 1998
- 65-9 (20.04) Tyler Hoffman, 2008

MEN'S HEPTATHLON

PSU: 5500, James Cook (1998)

- 5500 James Cook, 1998
- 5419 Chris Morrissey, 2008
- 5367 Anya Uzoh, 2012
- 5239 Shawn Colligan, 2008
- 5185 J.T. Kuretech, 2000