

**“Featured” Friday Night Events ...**  
**Distance Medleys and Sprint Finals**

- 8:50 PM Women Distance Medley**
- 9:05 PM Men Distance Medley**
- 9:20 PM Women 60 Meter Hurdles**
- 9:25 PM Men 60 Meter Hurdles**
- 9:30 PM Women 60 Meter Dash**
- 9:35 PM Men 60 Meter Dash**



Come see XC All-American Caitlin Lane lead off the Nittany Lion women’s DMR; and Collegiate Record Holder Robby Creese help lead the men’s squad against a national-class field!



**COME SEE THE NITTANY LIONS IN ACTION AT THE PENN STATE NATIONAL!**

Come see the best in the Blue and White with NCAA All-American Cas Loxsom in the 800, Big Ten Champ Kara Millhouse in the 3000, and our men’s and women’s 4x400-meter relays, which are both ranked in the NCAA Top 10!

Also come see our attempt at a sixth-straight sub-4:00 mile! All at Ashenfelter III Indoor Track!

**Saturday “Invitational” Sections ...**

**CODE BLUE BLAST!**

- 2:30 PM**
- 2:40 PM**
- 2:55 PM**
- 3:00 PM**
- 3:05 PM**
- 3:15 PM**
- 3:25 PM**
- 3:30 PM**
- 3:35 PM**
- 3:45 PM**
- 4:00 PM**
- 4:10 PM**
- 4:20 PM**
- 4:35 PM**
- 4:50 PM**
- 5:05 PM**
- 5:15 PM**
- 5:35 PM**
- 5:55 PM**
- 6:00 PM**

- Women 400 Meters**
- Men 400 Meters**
- Women 500 Meters**
- Men 500 Meters**
- Women 800 Meters**
- Men 800 Meters**
- Women 1000 Meters**
- Men 1000 Meters**
- Women 1 Mile Run**
- Men 1 Mile Run**
- Women 200 Meters**
- Men 200 Meters**
- Women 3000 Meters**
- Men 3000 Meters**
- Women 4x800 Meter Relay**
- Men 4x800 Meter Relay**
- Women 4x400 Meter Relay**
- Men 4x400 Meter Relay**
- Women 4x400 Meter Relay Invite**
- Men 4x400 Meter Relay Invite**



**TRACK & FIELD**