

THE PENN STATE NATIONAL



JANUARY 27-28, 2012



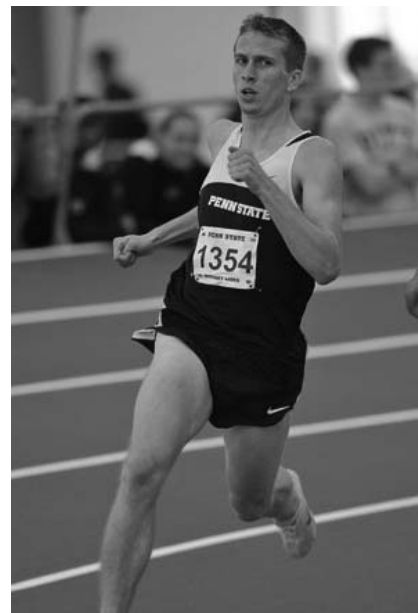
**RS-SOPHOMORE
MAHAGONY JONES**



**JUNIOR
CASIMIR LOXSOM**

Welcome Visiting Teams!

American International
Binghamton
Bowie State
Bucknell
Cal St. Los Angeles
Central Michigan
Charlotte
Connecticut
Coppin State
Dickinson
Duke
Duquesne
East Carolina
Franklin & Marshall
Georgetown
Hampton
Howard
IUPUI
Johns Hopkins
Johnson C. Smith
Kutztown
Lock Haven
Mount St. Mary's
N.C. A&T
Norfolk State
Ohio State
Penn
Penn State
Pittsburgh
Shippensburg
St. Augustine's
St. Francis (Pa.)
St. Joseph's (Pa.)
Syracuse
Temple
UMBC
Unattached
VCU
Villanova
Virginia
Virginia State
WVU
Wisconsin
Wright State



**FRESHMAN
ROBBY CREEESE**



**SENIOR
CAITLIN LANE**

TRACK & FIELD || NEWS AND NOTES

Creese Sets Collegiate 1000-Meter Record Loxsom, Lane, and Creese all claim Penn State records

UNIVERSITY PARK, Pa. - Freshman Robby Creese (Mount Airy, Md.) ran his way into track and field history at the Nittany Lion Challenge, setting a new collegiate record for the 1000 meters, Saturday at Horace Ashenfelter III Indoor Track. Creese wasn't the only Nittany Lion on record-breaking pace however, as senior Caitlin Lane (Greenwich, N.Y.) and junior Casimir Loxsom (New Haven, Conn.) set records in the women's 1000, and men's 600 meters, respectively, highlighting an extensive slate of outstanding performances by the Nittany Lions.

Cruising within the pack during the majority of the race, Creese turned on the jets for the final go-around of his five-lap effort, breaking the tape in 2:19.53 - to better Ryan Foster's Penn State, Meet, and Ashenfelter Facility Record 2:19.60. Creese not only rewrote every record on the heat sheet, but bettered Alan Webb's 2:23.68, which has stood as the American Junior (19-and-under) since 2001. The performance also nipped the 2:19.57 collegiate record, set by former Kansas State Wildcat and 2008 Olympic Christian Smith in 2006.

"We were really excited for the 1000, it's typically - at this time of the year - been a very good event for us," said Director and Head Coach of Track and Field Beth Alford-Sullivan. "Robby was looking so good after last weekend's debut, I was thinking he had a shot at breaking Alan Webb's junior record, but I was nowhere prepared for what he did going out and crushing our school record, and crushing the NCAA record and doing it in a relatively easy fashion."

The records continued to fall in the women's 1000, with Lane clocking 2:44.24 to shave well over a second and a half off the previous school record 2:45.95, which she set at the same competition a year ago. The claimed the victory in a wire-to-wire effort, bettering the rest of the field by over three seconds.

"Caitlin is just looking great, she went out wire-to-wire, step-for-step and runs 2:44," said Sullivan. "And we've been going through some heavy training cycles, so that was really tremendous to see."

Loxsom, who is an All-American in both the 800 meters and 4x400-meter relay, kept the ball rolling in the 600, sprinting to a personal-best and school-record 1:16.66 for the 3-lap event. Loxsom's mark also bested his own previous personal best, as he clocked 1:16.92 as a freshman in 2010, and bested Ben Karcz's Penn State record 1:16.89 from 2001. Loxsom's previous PR 1:16.92 still stands as an American Junior and World Junior "Best."

Creese Named Big Ten Track Athlete of the Week Collegiate-record run leads to conference accolades

UNIVERSITY PARK, Pa. - Thanks to a historic performance in the 1,000 meters, Nittany Lion freshman Robby Creese (Mt. Airy, Md.) has been named Big Ten Track Athlete of the Week. Creese - in the first individual appearance of his Nittany Lion career - blitzed to an impressive 2:19.53 for the 1000 at the Nittany Lion Challenge last weekend, setting new Collegiate, American Junior, and Penn State records.

For more on the Nittany Lions, log on to www.GoPSUsports.com!

2012 SCHEDULE

2012 INDOOR TRACK AND FIELD SCHEDULE

January 7	Penn State Relays	Ashenfelter Track
January 14	Nittany Lion Challenge	Ashenfelter Track
January 27-28	Penn State National	Ashenfelter Track
February 4	Sykes-Sabock Challenge Cup	Ashenfelter Track
February 10-11	Washington Husky Classic	Seattle, Wash.
	Tyson Invitational	Fayetteville, Ark.
	Akron Invitational	Akron, Ohio
February 25-26	Big Ten Indoor Championships	Lincoln, Neb.
March 2-3	Last Chance Weekend	TBA
March 9-10	NCAA Indoor Championships	Boise, Idaho

2012 OUTDOOR TRACK AND FIELD SCHEDULE

March 30-31	Jim Click Shootout	Tucson, Ariz.
April 6-7	Stanford Invitational	Palo Alto, Calif.
April 7	LSU Invitational	Baton Rouge, La.
April 14-15	Bison Outdoor Classic	Lewisburg, Pa.
April 21	John McDonnell Invitational	Fayetteville, Ark.
April 21	Bucknell Team Challenge	Lewisburg, Pa.
April 26-28	Penn Relays	Philadelphia, Pa.
May 5	Jim Thorpe Open	Nittany Lion Track
May 11-13	Big Ten Outdoor Champs.	Madison, Wisc.
May 24-26	NCAA Eastern Preliminary	Jacksonville, Fla.
June 6-9	NCAA Outdoor Champs.	Des Moines, Iowa
June 15-17	USATF Junior Championships	Bloomington, Ind.
June 22 - July 1	U.S. Olympic Trials	Eugene, Ore.

2012 PENN STATE COACHING STAFF

Beth Alford-Sullivan Director and Head Coach of Track and Field
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Jess Riden Director of Operations
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Volunteer Assistants -

Jim Sullivan (Pole Vault), Artie Gilkes (Distance), Gigi Johnson (Sprints, Hurdles, Relays), Jeri Daniels-Elder (Throws), Luke Watson (Distance), Ryan Foster (Middle Distance)

Athletic Trainers - Ben Evans, Peter Meier

Student Manager - Christian Eck



PENN STATE NITTANY LIONS || 2012 ROSTERS

2012 MEN'S ROSTER

First	Last	Eligibility	Event Area	Hometown
Colin	Anderson	So.	Distance	Northport, N.Y.
Erick	Artusio	So.	Pole Vault	Frederick, Md.
Colin	Baker	So.	Distance	Haddonfield, N.J.
Will	Barr	So.	Throws	Urbana, Ohio
Sancho	Barrett	Fr.	Sprints/Hurdles	Amityville, N.Y.
Bernard	Bennett-Green	So.	Sprints	Elkins Park, Pa.
Brandon	Bennett-Green	So.	Sprints	Elkins Park, Pa.
Ryan	Brennan	Fr.	Mid-Distance	Chester, N.Y.
Glen	Burkhardt	Fr.	Distance	Kennett Square, Pa.
Logan	Caldwell	Jr.	Throws	Ebensburg, Pa.
Chris	Campbell	Fr.	Distance	Newtown, Pa.
Chris	Cipro	Jr.	Distance	Harmony, Pa.
Tyler	Corkedale	So./Jr.	Distance	W. Windsor, N.J.
Robert	Creese	Fr.	Distance	Mount Airy, Md.
Kyle	Dawson	Sr.	Distance	Coatesville, Pa.
Owen	Dawson	Sr. (OUT)	Mid-Distance	Coatesville, Pa.
Wade	Endress	Fr.	Distance	Altoona, Pa.
Mark	Filandro	So.	Sprints/Hurdles	Oakland, N.J.
Matt	Fischer	Fr.	Distance	Kennett Square, Pa.
Mark	Fuller	Jr.	Mid-Distance	Camp Hill, Pa.
Brady	Gehret	So.	Sprints	Altoona, Pa.
Matt	Gilmore	Fr.	Sprints	Wyncote, Pa.
Jon	Hendershot	So.	Jumps	Nazareth, Pa.
Hanif	Johnson	Jr./Sr.	Jumps	Harrisburg, Pa.
Daniel	Jordan	So.	Throws	State College, Pa.
Joe	Kovacs	Sr. (OUT)	Throws	Nazareth, Pa.
Brian	Leap	Fr.	Jumps	Tyrone, Pa.
Casimir	Loxson	Jr.	Mid-Distance	New Haven, Conn.
Tom	Luff	So.	Distance	Emmaus, Pa.
Connor	Manley	Fr.	Mid-Distance	Jamison, Pa.
Michael	McClelland	Fr.	Jumps	Washington, Pa.
Vince	McNally	Sr.	Distance	Smoketown, Pa.
Emunael	Mpanduki	Jr.	Sprints	Harare, Zimbabwe
Nabil	Mubarak	Jr.	Throws	Loganville, Ga.
Doug	Moppert	Sr.	Jumps	Malvern, Pa.
Aaron	Nadolsky	So.	Sprints	Altoona, Pa.
Justin	Nykiel	Fr.	Throws	Marlton, N.J.
Dele	Owoye	Fr.	Sprints	Danbury, Conn.
David	Patzer	So.	Pole Vault	Landisville, Pa.
Jason	Pelletier	Sr.	Pole Vault	Benton, Ark.
Shawn	Quinn	Fr.	Distance	Ambler, Pa.
Sean	Reilly	Jr.	Jumps	Lagrangeville, N.Y.
Connor	Revord	So.	Distance	Tampa, Fla.
Dan	Sandrowicz	Jr.	Jumps	Indiana, Pa.
Nick	Scarpello	So.	Distance	Jamison, Pa.
Eli	Skinner	Jr.	Throws	Salladasburg, Pa.
Anyia	Uzoh	Sr.	Multi-Events	Laurel, Md.

2012 WOMEN'S ROSTER

First	Last	Eligibility	Event Area	Hometown
Leigha	Anderson	Fr.	Distance	Carlisle, Pa.
Doris	Anyanwu	Jr.	Sprints	Beltsville, Md.
Lindsay	Bacik	So.	Pole Vault	Pittsburgh, Pa.
Gabrielle	Barbour	Fr.	Sprints	Huntingdon, N.Y.
Abigail	Benson	Fr.	Distance	Elma, N.Y.
Shelley	Black	Fr.	Sprints/Hurdles	Wilkes-Barre, Pa.
Natalie	Bower	Jr.	Distance	Pleasant Unity, Pa.
Megan	Boyer	So.	Throws	Millersburg, Pa.
Evonne	Britton	Jr.	Sprints/Hurdles	El Paso, Texas
Rachel	Casciano	Fr.	Distance	Wyomissing, Pa.
Rachel	Chernaskey	Fr.	Jumps	Gilbertsville, Pa.
Kelsey	Couts	Jr./So.	Multi-Events	Powell, Ohio
Markea	Dickinson	So.	Mid-Distance	West Chester, Pa.
Kalyn	Fisher	So.	Mid-Distance	Lewisburg, Pa.
Emily	Giannotti	So.	Distance	Coudersport, Pa.
Lindsey	Graybill	Jr.	Distance	Macungie, Pa.
Brittney	Howell	So.	Jumps	Wyncote, Pa.
Ijeoma	Iheoma	Sr.	Sprints	Holland, Pa.
Kerrin	Jennings	Fr.	Distance	Glen Mills, Pa.
Mahagony	Jones	So.	Sprints	Cleveland, Ohio
Lauren	Kenney	Fr.	Throws	State College, Pa.
Marta	Klebe	So.	Mid-Distance	Chesterbrook, Pa.
Danielle	Kocjancic	So.	Distance	Kane, Pa.
Melissa	Kurzdorfer	So.	Throws	Lancaster, N.Y.
Caitlin	Lane	Sr.	Distance	Greenwich, N.Y.
Melanie	Leszcynski	Fr.	Throws	Audobon, Pa.
Tanaya	Lloyd	Sr.	Jumps	Philadelphia, Pa.
Laura	Loht	So.	Throws	McClure, Pa.
Olivia	Mangan	So.	Throws	Huntington Valley, Pa.
Dynasty	McGee	Fr.	Sprints	Ypsilanti, Mich.
Melissa	Meade	So.	Distance	Allentown, Pa.
Kara	Millhouse	Sr.	Distance	Boiling Springs, Pa.
Lauren	Mills	Fr.	Distance	West Chester, Pa.
Erika	Morgan	Jr./So.	Jumps	Chesapeake, Va.
Anna	Muzio	Sr.	Throws	Harrisburg, Pa.
Kirsten	Nieuwendam	Fr./So.	Sprints	Paramaribo, Surinam
Shelby	Olafson	Fr.	Jumps	Watkins Glen, N.Y.
Brooke	Owen	Fr.	Jumps	Weston, Fla.
Amanda	Palenchar	Sr.	Pole Vault	Bradenville, Pa.
Sarah	Palmer	Fr.	Jumps	Gansevoort, N.Y.
Susie	Pancoast	Fr.	Throws	West Chester, Pa.
Victoria	Perri	So.	Distance	Philadelphia, Pa.
Gwenn	Porter	So.	Distance	Clearfield, Pa.
Brianna	Rauenzahn	Fr.	Jumps	Schuylkill Haven, Pa.
Marlene	Ricketts	So.	Jumps	Old Westbury, N.Y.
Brooklyne	Ridder	Jr.	Distance	Cincinnati, Ohio
Katie	Rodden	Fr.	Distance	Ardmore, Pa.
Colleen	Shannon	Jr.	Mid-Distance	Andover, Mass.
Rebekka	Simko	So.	Mid-Distance	Mentor, Ohio
Lucia	Sofa	So.	Distance	State College, Pa.
Jane	Swenson	Jr./Sr.	Throws	Brandon, S.D.
Jocelyn	Witmer	Sr.	Pole Vault	Lancaster, Pa.



January 27-28, 2012 || Ashenfelter III Indoor Track

PENN STATE NATIONAL || MEET RECORDS

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meter Dash	6.58	2011	Reggie Dixon - Hampton
Women 60 Meter Dash	7.18	2010	Barbara Pierre - St. Augustine'
Men 200 Meter Dash	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meter Dash	23.16	2010	Shavon Greaves - Penn State
Men 400 Meter Dash	46.52	2010	Allodin Fothergill - UMES
Women 400 Meter Dash	52.31	2007	Shana Cox - Penn State
Men 500 Meter Dash	1:02.17	2003	Paul Moser - Villanova
Women 500 Meter Dash	1:08.70	2010	Shana Cox - Adidas
Men 800 Meter Run	1:47.48	2010	Ryan Foster - Penn State
Women 800 Meter Run	2:03.51	2011	Erica Moore - Knoxville Elite
Men 1000 Meter Run	2:23.12	2007	Tim Kajala - Penn
Women 1000 Meter Run	2:42.71	2010	Chanelle Price - Tennessee
Men 1 Mile Run	3:57.97	2011	Cory Leslie - Ohio State
Women 1 Mile Run	4:38.98	2007	Frances Koons - Villanova
Men 3000 Meter Run	7:58.51	2000	Robert Gary - Adidas
Women 3000 Meter Run	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meter Run	14:02.64	2002	Ben Cooke - Georgetown TC
Women 5000 Meter Run	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.58	2011	Jaret Eaton - Unattached
Women 60 Meter Hurdles	8.02	2009	Queen Harrison - Virginia Tech
Men 4x400 Meter Relay	3:09.08	2011	Penn State - L Williams, C Loxsom, B Gehret, A Nadolsky
Women 4x400 Meter Relay	3:34.38	2005	Tennessee - L Loche, N Cook, P Hall, C Champion
Men 4x800 Meter Relay	7:23.13	2009	Phoenix Athletics - K Smith, A Maloney, M Lincoln, A Heaney
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Distance Medley	9:42.99	2009	Phoenix Athletics - A Maloney, K Smith, A Heaney, M Lincoln
Women Distance Medley	11:03.42	2004	Tennessee - N Cook, L Hyatt, D Trotter, B Novak
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-0 (1.82)	2001	Stacy Taylor - Pittsburgh
Men Pole Vault	18-2.50 (5.54)	2009	Brian Mondschein - Unattached
Women Pole Vault	13-9.25 (4.20)	2010	Carrie Hayes - Akron
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	66-7.75 (20.31)	2010	Sheldon Battle - Unattached
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	71-5.25 (21.77)	2006	Mohsen Anani - Virginia Tech
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Indoor Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Indoor Pentathlon	4731	2010	Hyleas Fountain - Nike

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The Penn State National



ASHENFELTER III INDOOR TRACK || FACILITY RECORDS

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.18	2010	Barbara Pierre - St. Augustine's
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70	2010	Shana Cox - Adidas
Men 600 Meters	1:16.19	2001	Tom Gerding - Minnesota
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:47.36	2011	Casimir Loxsom - Penn State
Women 800 Meters	2:03.51	2011	Erica Moore - Knoxville Elite
Men 1000 Meters	2:19.53	2012	Robby Creese - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:57.97	2011	Cory Leslie - Ohio State
Women Mile	4:35.89	2004	Megan Metcalf - West Virginia
Men 3000 Meters	7:58.51	2000	Robert Gary - Adidas
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.58	2011	Jarrett Eaton - Unattached
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 4x400 Meter Relay	3:07.33	2012	Pittsburgh - M Murray, D Cowsette, J Lowery, B Spratling
Women 4x400 Meter Relay	3:34.38	2005	Tennessee - L Loche, N Cook, P Hall, C Champion
Men 4x800 Meter Relay	7:23.13	2009	Phoenix Athletics - K Smith, A Maloney, M Lincoln, A Heaney
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Distance Medley	9:29.79	2004	Michigan - A Ellerton, S Waithe, N Brannen, N Willis
Women Distance Medley	11:03.42	2004	Tennessee - N Cook, L Hyatt, D Trotter, B Novak
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2 (1.88)	2010	Nicole Forrester - Mizuno
Men Pole Vault	18-3. (5.56)	2001	Paul Terek - Michigan State
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	69-10.50 (21.29)	2012	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike

COME SEE THE NITTANY LIONS AGAIN AT THE SYKES & SABOCK CHALLENGE CUP!

ACTION IS SET FOR SATURDAY, FEBRUARY 4!

IT WILL ALSO BE "COMPETE FOR A CURE," THE 2012 PENN STATE TRACK AND FIELD FUNDRAISER FOR BREAST CANCER AWARENESS!



January 27-28, 2012 || Ashenfelter III Indoor Track

NCAA QUALIFYING STANDARDS

Event	2012 NCAA Auto	Event	2012 NCAA Auto
W 60 Meters	7.26	M 60 Meters	6.60
W 200 Meters	23.12	M 200 Meters	20.73
W 400 Meters	52.60	M 400 Meters	46.00
W 800 Meters	2:04.50	M 800 Meters	1:47.30
W Mile	4:37.00	M Mile	3:57.90
W 3000 Meters	9:10.00	M 3000 Meters	7:52.30
W 5000 Meters	15:57.00	M 5000 Meters	13:44.60
W 60-Meter Hurdles	8.10	M 60-Meter Hurdles	7.70
W 4X400-Meter Relay	3:34.00	M 4X400-Meter Relay	3:06.50
W Distance Medley Relay	11:03.50	M Distance Medley Relay	9:31.00
W High Jump	6-0.75 (1.85)	M High Jump	7-4.25 (2.24)
W Pole Vault	14-3.25 (4.35)	M Pole Vault	18-0.50 (5.50)
W Long Jump	21-2 (6.45)	M Long Jump	26-6 (8.00)
W Triple Jump	43-7.75 (13.30)	M Triple Jump	53-5.75 (16.30)
W Shot Put	56-5.25 (17.20)	M Shot Put	63-6 (19.35)
W Weight Throw	68-10.75 (21.00)	M Weight Throw	70-6.50 (21.50)
W Pentathlon	4150	M Heptathlon	5750

2012 PENN STATE PERFORMANCE LIST

EVENT	TOP WOMEN'S PERFORMANCE	TOP MEN'S PERFORMANCE
60 Meters	7.41 - M. Jones (1/7/12)	7.02 - M. Gilmore (1/7/12)
200 Meters	23.68 - M. Jones (1/7/12)	21.59 - A. Nadolsky (1/7/12)
400 Meters	54.32 - M. Jones (1/14/12)	47.76 - A. Nadolsky (1/14/12)
500 Meters	1:12.05 - I. Iheoma (1/7/12)	1:03.30 - Br. Bennett-Green (1/7/12)
600 Meters	1:36.43 - C. Shannon (1/14/12)	1:16.66 - C. Loxsom (1/14/12)
800 Meters	***	1:55.01 - C. Baker (1/14/12)
1000 Meters	2:44.24 - C. Lane (1/14/12)	2:19.53 - R. Creese (1/14/12)
Mile	4:46.96 - K. Millhouse (1/14/12)	4:10.39 - T. Corkedale (1/14/12)
3000 Meters	10:07.35 - K. Rodden (1/14/12)	8:37.23 - T. Luff (1/14/12)
5000 Meters	***	***
60- Meter Hurdles	8.31 - E. Britton (1/14/12)	8.14 - S. Barrett (1/7/12)
4X400-Meter Relay	3:36.91 (1/7/12)	3:07.72 (1/14/12)
Distance Medley Relay	Jones, McGee, Nieuwendam, Iheoma 12:01.52 (1/7/12)	Nadolsky, Gehret, Loxsom, Gilmore 9:49.04 (1/7/12)
High Jump	Simko, Klebe, Fisher, Casciano 5-7 (1.70) - S. Palmer (1/7/12)	Creese, Brennan, Manley, Endress 7-0.25 (2.14) - J. Hendershot (1/14/12)
Pole Vault	12-9.50 (3.90) - J. Witmer (1/14/12)	15-5 (4.70) - J. Pelletier (1/7/12)
Long Jump	18-5 (5.61) - B. Howell (1/7/12)	22-7 (6.88) - D. Moppert (1/7/12)
Triple Jump	41-1.50 (12.53) - T. Lloyd (1/14/12)	51-4.25 (15.65) - H. Johnson (1/14/12)
Shot Put	48-8.25 (14.84) - J. Swenson (1/7/12)	55-7 (16.94) - L. Caldwell (1/7/12)
Weight Throw	60-1.75 (18.33) - M. Kurzdorfer (1/7/12)	61-2.75 (18.66) - W. Barr (1/7/12)
Pentathlon/Heptathlon	***	***



PENN STATE RECORDS

EVENT	PERFORMANCE	ATHLETE, YEAR
M 60 Meters	6.76	Ernie Terrell, 2003
M 200 Meters	20.98	Ryan Olkowski, 2001
M 400 Meters	46.22	Brady Gehret, 2011
M 500 Meters	1:01.28	Casimir Loxsom, 2011
M 600 Meters	1:16.66	Casimir Loxsom, 2011
M 800 Meters	1:47.32	Ryan Foster, 2010
M 1000 Meters	2:19.53	Robby Creese, 2012
M Mile	3:58.49	Ryan Foster, 2011
M 3000 Meters	8:00.78	Ken Frazier, 1989
M 5000 Meters	13:52.36	Steve Brown, 1990
M 60- Meter Hurdles	7.69	Guy Rose, 2001
M 4X400-Meter Relay	3:07.27	Nadolsky, Williams, Loxsom, Gehret, 2011
M Distance Medley Relay	9:32.94	Borchers, Cadau, Foster, Johnson, 2009
M High Jump	7-4.25 (2.24)	Paul Souza, 1982
M Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
M Long Jump	25-11 (7.90)	David Coney, 1986
M Triple Jump	53-0.75 (16.17)	Chavous Nichols, 2003
M Shot Put	65-7 (19.99)	C.J. Hunter, 1990
M Weight Throw	66-5.75 (20.26)	Dorian Lowe, 2002
M Heptathlon	5500	James Cook, 1998

EVENT	PERFORMANCE	ATHLETE, YEAR
W 60 Meters	7.24	Shavon Greaves, 2010
W 200 Meters	22.60	Connie Moore, 2004
W 400 Meters	52.31	Shana Cox, 2007
W 500 Meters	1:09.19	Shana Cox, 2007
W 600 Meters	1:29.81	Briene Simmons, 2007
W 800 Meters	2:05.67	Briene Simmons, 2007
W 1000 Meters	2:44.24	Caitlin Lane, 2012
W Mile	4:37.95	Bridget Franek, 2010
W 3000 Meters	9:10.04	Bridget Franek, 2009
W 5000 Meters	15:53.50	Paula Renzi, 1985
W 60-Meter Hurdles	8.16	Aleesha Barber, 2009
W 4X400-Meter Hurdles	3:33.39	Blake, Simmons, Barber, Cox, 2007
W Distance Medley Relay	11:14.78	Hutchinson, Cox, Simmons, Franek, 2007
W High Jump	5-11.25 (1.81)	A. O'Carroll, 1987; B. Maun, 2010
W Pole Vault	13-5.50 (4.11)	Sara Dougherty, 2004
W Long Jump	20-11.25 (6.38)	Gayle Hunter, 2009
W Triple Jump	44-1.50 (13.45)	Chi-Chi Aduba, 2003
W Shot Put	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
W Weight Throw	74-10 (22.82)	Jen Leatherman, 2006
W Pentathlon	4342	Gayle Hunter, 2009



January 27-28, 2012 || Ashenfelter III Indoor Track

PENN STATE NATIONAL ORDER OF EVENTS

Field Events

5:45 PM	Women Weight Throw 20 lb	Finals
5:45 PM	Women Long Jump	Finals
5:45 PM	Men Long Jump	Finals
5:45 PM	Men Pole Vault Inv (Front Runway)	Finals
7:45 PM	Men Weight Throw 35 lb	Finals

Running Events

4:45 PM	Mixed 1 Mile Run NVRC	Finals
5:45 PM	Women Distance Medley	Finals
6:00 PM	Men Distance Medley	Finals
6:15 PM	Women 60 Meter Hurdles	Prelims
6:35 PM	Men 60 Meter Hurdles	Prelims
6:55 PM	Women 60 Meter Dash	Prelims
7:15 PM	Men 60 Meter Dash	Prelims
7:35 PM	Women 5000 Meter Run Inv	Finals
7:50 PM	Women 60 Meter Hurdles	Semis
8:00 PM	Men 60 Meter Hurdles	Semis
8:10 PM	Women 60 Meter Dash	Semis
8:20 PM	Men 60 Meter Dash	Semis
8:30 PM	Men 5000 Meter Run Inv	Finals
8:50 PM	Women Distance Medley Inv	Finals
9:05 PM	Men Distance Medley Inv	Finals
9:20 PM	Women 60 Meter Hurdles	Finals
9:25 PM	Men 60 Meter Hurdles	Finals
9:30 PM	Women 60 Meter Dash	Finals
9:35 PM	Men 60 Meter Dash	Finals

Field Events

12:00 PM	Women High Jump	Finals
12:00 PM	Men High Jump	Finals
12:00 PM	Women Shot Put	Finals
3:00 PM	Women Pole Vault Invitational	Finals
3:00 PM	Women Triple Jump	Finals
3:00 PM	Men Triple Jump	Finals
3:00 PM	Men Shot Put	Finals

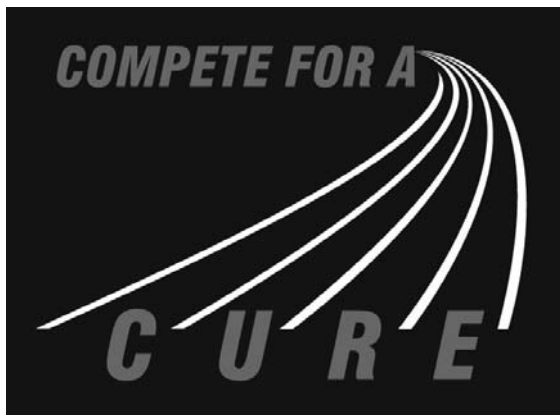
Unseeded Running Events

10:00 AM	Women 400 Meter Dash	Finals
10:25 AM	Men 400 Meter Dash	Finals
10:50 AM	Women 500 Meter Dash	Finals
11:05 AM	Men 500 Meter Dash	Finals
11:25 AM	Women 800 Meter Run	Finals
11:40 AM	Men 800 Meter Run	Finals
11:55 AM	Women 1000 Meter Run	Finals
12:00 PM	Men 1000 Meter Run	Finals
12:05 PM	Women 1 Mile Run	Finals
12:10 PM	Men 1 Mile Run	Finals
12:20 PM	Women 200 Meter Dash	Finals
12:40 PM	Men 200 Meter Dash	Finals
1:00 PM	Women 3000 Meter Run	Finals
1:15 PM	Men 3000 Meter Run	Finals

** NCAA BANNER PRESENTATION **
** BREAK PRIOR TO INVITATIONAL SECTIONS ***

Invitational Running Events

2:30 PM	Women 400 Meter Dash Inv	Finals
2:40 PM	Men 400 Meter Dash Inv	Finals
2:55 PM	Women 500 Meter Dash Inv	Finals
3:00 PM	Men 500 Meter Dash Inv	Finals
3:05 PM	Women 800 Meter Run Inv	Finals
3:15 PM	Men 800 Meter Run Inv	Finals
3:25 PM	Women 1000 Meter Run Inv	Finals
3:30 PM	Men 1000 Meter Run Inv	Finals
3:35 PM	Women 1 Mile Run Inv	Finals
3:45 PM	Men 1 Mile Run Inv	Finals
4:00 PM	Women 200 Meter Dash Inv	Finals
4:10 PM	Men 200 Meter Dash Inv	Finals
4:20 PM	Women 3000 Meter Run Inv	Finals
4:35 PM	Men 3000 Meter Run Inv	Finals
4:50 PM	Women 4x800 Meter Relay Inv	Finals
5:05 PM	Men 4x800 Meter Relay Inv	Finals
5:15 PM	Women 4x400 Meter Relay	Finals
5:35 PM	Men 4x400 Meter Relay	Finals
5:55 PM	Women 4x400 Meter Relay Inv	Finals
6:00 PM	Men 4x400 Meter Relay Inv	Finals



**Penn State's 2nd Annual Fundraiser for
Breast-Cancer Research ...**

**Saturday, February 4 @ the Sykes &
Sabock Challenge Cup!
Don't miss it!**

The Penn State National

