



2021-22 WOMEN'S HOCKEY

2021-22 Schedule & Results

12-8-3, 5-2-1 CHA



PENN STATE NITTANY LIONS
HEAD COACH: JEFF KAMPERSAL
(12-8-3, 5-2-1 CHA)

MERCYHURST LAKERS
HEAD COACH: MICHAEL SISTI
(16-7-2, 6-2-0 CHA)

DATE	OPPONENT	TIME/RESULT
9/23	ST. LAWRENCE	L, 0-1
9/24	ST. LAWRENCE	T, 2-2 (OT)
9/30	#7/8 BOSTON COLLEGE	L, 1-2 (OT)
10/1	#7/8 BOSTON COLLEGE	L, 1-2
10/8	HOLY CROSS	W, 5-1
10/9	HOLY CROSS	W, 6-2
10/23	at Brown	T, 2-2 (OT)
10/24	at Brown	W, 5-2
10/29	*at Mercyhurst	L, 3-4
10/30	*at Mercyhurst	W, 3-0
11/5	*LINDENWOOD	W, 5-3
11/6	*LINDENWOOD	W, 4-1
11/19	*at Syracuse	W, 1-0 (OT)
11/20	*at Syracuse	L, 3-6
11/26	vs. #7/6 Minnesota Duluth	W, 3-2
11/27	vs. #2/2 Ohio State	L, 2-4
12/9	at New Hampshire	W, 3-0
12/10	at New Hampshire	W, 3-0
1/1	vs. St. Cloud State	L, 3-4 (OT)
1/2	vs. Boston University	W, 3-0
1/11	CORNELL	L, 1-6
1/14	*at RIT	W, 5-0
1/15	*at RIT	T, 2-2 (OT)
1/21	*at Lindenwood	Canceled
1/22	*at Lindenwood	Canceled
1/28	*MERCYHURST	2 p.m.
1/29	*MERCYHURST	2 p.m.
2/4	*SYRACUSE	6 p.m.
2/5	*SYRACUSE	2 p.m.
2/8	at Cornell	7 p.m.
2/11	at LIU	3 p.m.
2/12	at LIU	2 p.m.
2/18	*RIT	2 p.m.
2/19	*RIT	1 p.m.

* College Hockey America Game

Rankings listed at time of matchup (USCHO/USA Hockey)

All times EST

For the latest information regarding Penn State women's hockey's schedule, visit GoPSUsports.com/whky-schedule.

NEED TO KNOW

BATTLE IN P.A.

- Penn State is back home at Pegula for a crucial CHA series with conference leaders, Mercyhurst, Friday and Saturday Jan. 28-29.

A CRITICAL CONFERENCE MATCHUP

- The Nittany Lions play the first two games in an home and home series with Mercyhurst on Friday afternoon, after splitting an away series earlier this season. A crucial matchup for both teams, as they sit narrowly atop the CHA.
- The Nittany Lions have seen Mercyhurst 39 times in their history with the Lakers getting the best of Penn State. The Nittany Lions have won just 8 of the 39 matchups to go along with 22 losses and 9 ties. Penn State took home a win in their most recent matchup after losing the first of that series.

IMPORTANT NUMBERS

+2 Penn State has a slight edge since Nov. 2017 in goal differential at +21 over Mercyhurst totalling 37 goals to Mercyhurst's 35. In those 18 games Mercyhurst has a slight lead with 6 wins, 5 losses and 7 ties.

1 Natalie Heising and Kiara Zanon top the CHA scoring charts in goals, assists, and points. Heising leads the league with 16 goals and 31 points and Zanon ranks first with 20 assists.

4 The Nittany Lions defense has been particularly good of late with four shutouts in the last six games. Bothun is building on her new PSU record with 10 career shutouts, including six this season.

7 Natalie Heising is heating up at the right time with a four-game point streak that includes seven total points. She's scored four goals and three assists since Jan. 2.

2021-22 LEADERS

Points

Natalie Heising	31
Kiara Zanon	29
Julie Gough	14
Mallory Uihlein	11

Goals

Natalie Heising	16
Julie Gough	9
Kiara Zanon	9

Assists

Kiara Zanon	20
Natalie Heising	15
3 Tied	7

Power Play Goals

Julie Gough	5
Natalie Heising	4
Alyssa Machado	2
Lyndie Lobdell	2

Blocked Shots

Rene Gangarosa	41
Mallory Uihlein	25
Avery Mitchell	24
2 Tied	20

Save Percentage (min. 1 start)

Josie Bothun	.915
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2021-22 PENN STATE WOMEN'S HOCKEY



PENN STATE NITTANY LIONS (12-8-3)

NO.	NAME	YR.	POS.	HT.	SH/C	HOMETOWN/PREVIOUS TEAM/LAST COLLEGE
3	ALYSSA MACHADO	SO.	F	5-6	R	MISSISSAUGA, ONTARIO / OAKVILLE JR. HORNETS
4	MAEVE CONNOLLY	SO.	F	5-4	L	WEST ROXBURY, MASS. / NOBLE & GREENOUGH SCHOOL
5	KARLEY GARCIA	FR.	D	5-7	R	ROSEVILLE, CALIF. / NORTH AMERICA HOCKEY ACADEMY
6	CARRIE BYRNES	SO.	F	5-4	L	EDEN PRAIRIE, MINN. / EDEN PRAIRIE HIGH SCHOOL
7	OLIVIA WALLIN	SO.	F	5-7	R	OAKVILLE, ONTARIO / ETOBICOKE JR. DOLPHINS
9	LEXI BEDIER	FR.	F	5-8	L	CALGARY, ALBERTA / RINK HOCKEY ACADEMY KELOWNA
11	KIARA ZANON	SO.	F	5-5	L	FAIRPORT, N.Y. / KINGSTON JR. ICE WOLVES
13	RENE GANGAROSA (A)	SR.	D	5-10	L	ROCHESTER, N.Y. / NIAGARA JR. PURPLE EAGLES
14	JULIE GOUGH	JR.	F	5-8	R	NEWCASTLE, ONTARIO / DURHAM WEST LIGHTNING
16	AVERY MITCHELL	GR.	D	5-4	L	PICKERING, ONTARIO / TORONTO JR. AEROS / CLARKSON
18	AMY DOBSON	SR.	F	5-6	L	HAMILTON, ONTARIO / OAKVILLE JR. HORNETS
19	MYA VASLET	FR.	F	5-9	L	STITTSVILLE, ONTARIO / ETOBICOKE JR. DOLPHINS
20	NATALIE HEISING (C)	SR.+	F	5-5	R	WAYZATA, MINN. / WAYZATA HIGH SCHOOL
21	ANNA PROMERSBERGER (A)	SR.	F	5-8	R	FARGO, N.D. / SHATTUCK ST. MARY'S
23	JESS CIARROCCHI	SO.	F	5-4	R	WEST CHESTER, PA. / THE HILL SCHOOL
24	LYNDIE LOBDELL	SO.	D	5-7	R	AURORA, ILL. / CHICAGO MISSION
26	MALLORY UIHLEIN	JR.	D	5-7	R	EDINA, MINN. / EDINA HIGH SCHOOL
27	IZZY HEMINGER	SR.	D	5-4	R	DUBLIN, OHIO / OHIO AAA BLUE JACKETS
29	RACHEL WEISS	JR.	F	5-7	R	CALGARY, ALBERTA / PURSUIT OF EXCELLENCE
30	JOSIE BOTHUN	SO.	G	5-6	L	WYOMING, MINN. / FOREST LAKE AREA HIGH SCHOOL
31	ANNIE SPRING	SO.	G	5-6	L	WINNETKA, ILL. / CHICAGO MISSION
32	CAM LEONARD	R-SR.	G	5-7	L	CARY, N.C. / CHOATE ROSEMARY HALL

HEAD COACH: JEFF KAMPERSAL (5TH SEASON)

ASSOCIATE HEAD COACH: ALLISON COOMEY (5TH SEASON)

ASSISTANT COACH: MELISSA SAMOSKEVICH (2ND SEASON)



MERCYHURST LAKERS (16-7-2)

NO.	NAME	POS	HT.	YR.	SH/C	HOMETOWN/PREVIOUS TEAM
1	HANNA ZUKOW	G	5-10	FR.	L	UNIONVILLE, ONT. / BILL CROTHERS SECONDARY SCHOOL
2	SYDNEY WEGNER	F	5-7	FR.	R	MOUNT DORA, FL / WILLISON NORTHAPMTON
4	GRACE NELLES	F	5-10	SO.	L	ST. ANNS, ONT. / STONEY CREEK JUNIOR SABRES
5	CALISTA ROWBOTTOM	D	5-4	SO.	L	CATAWISSA, MO. / DALLAS STARS ELITE 19U
6	K.K. THIESSEN	D	5-8	GR.	L	WINNIPEG, MAN. / SAINT MARY'S ACADEMY
7	ALYSSA KAWA	F	5-5	FR.	L	HAMILTON, ONT. / ST. JEAN DE BREBEUF
8	JORDAN MORTLOCK	D	5-7	JR.	R	MEDICINE HAT, ALBERTA / PURSUIT OF EXCELLENCE
9	MARY KATHERINE GIALAMES	D	5-7	SR.	R	PITTSBURGH, PA. / PITTSBURGH PENGUINS ELITE (TIEHL)
10	ALEXA VASKO	F	5-5	GR.	L	SAINT CATHARINES, ONT. / STONEY CREEK SABRES (PWHL)
11	SARAH NELLES	F	5-6	SR.	R	SAINT ANNS, ONT. / STONEY CREEK SABRES (PWHL)
12	MARIELLE PARKS	F	5-6	FR.	L	ERIE, PA. / MERCYHURST PREPARATORY
14	SARA BOUCHER	F	5-7	SO.	R	BURLINGTON, ONT. / OAKVILLE HORNETS (PWHL)
15	KRISTY PIDGEON	F	5-10	GR.	R	INGLESIDE, ONT. / ROTHWELL-OSNABRUCK SCHOOL
16	JERSEY PHILLIPS	D	5-3	SO.	R	CHEEK TOWAGA, N.Y. / BUFFALO REGALS 19U TIER 1
18	MARY KROMER	F	5-6	SO.	L	ANGOLA, N.Y. / STONEY CREEK JUNIOR SABRES
19	EMILY PINTO	F	5-3	SR.	L	MISSISSAUGA, ONT. / DURHAM WEST LIGHTNING (PWHL)
20	PAIGE WHALEY	F	5-6	SO.	L	CARLISLE, ONT. / ETOBICOKE JUNIOR DOLPHINS (PWHL)
21	ALEXANE RHEAUME	D	5-6	SR.	L	SHERBROOKE, QUÉ. / CHAMPLAIN COUGARS (RSEQ)
22	ALEXANDRIA WEISS	D	5-6	JR.	L	PLOVER, WISC. / BISHOP KEARNEY SELECTS ACADEMY
23	AUBREY COLE	D	5-11	JR.	L	SARNIA, ONT. / BLUEWATER JR. HAWKS (PWHL)
24	VANESSA UPSON	F	5-5	FR.	L	STONEY CREEK, ONT. / ST. JOHN HENRY NEWMAN
25	SYDNEY PEDERSEN	D	5-8	FR.	R	MILESTONE, SASKATCHEWAN / MILLER COMPREHENSIVE CATHOLIC HIGH SCHOOL
26	CHANTAL STE-CROIX	F	5-4	SO.	L	BRAMPTON, ONT. / STONEY CREEK JUNIOR SABRES
27	MARY SWEETAPPLE	D	5-8	FR.	L	BURLINGTON, ONT. / RIDLEY COLLEGE
28	KYLEE MAHONEY	F	5-7	FR.	L	NIAGARA FALLS, ONT. / SAINT MICHAEL CATHOLIC
30	JENNA SILVONEN	G	5-5	JR.	L	LOHJA, FINLAND / BLUES U20
31	ENA NYSTRØM	G	5-10	JR.	L	STAVANGER, NORWAY / RENSSELAER POLYTECHNIC INSTITUTE
34	LILIANE PERREAULT	F	5-7	SR.	R	HINSDALE, ILL. / CHICAGO MISSION (HPHL)

HEAD COACH: MICHAEL SISTI

ASSOCIATE COACH: SCOTT SPENCER

ASSISTANT COACH: BETH HANRAHAN

