



TRACK & FIELD



Senior Quenee Dale



Junior Isaiah Harris



Sophomore David Lucas



Sophomore Danae Rivers

PENN STATE NATIONAL | JANUARY 26-27, 2018



The Penn State National

January 26-27, 2018



2018 Indoor Season Highlights

In 2018 Penn State has seen several student-athletes turn in dominating performances on the track and in the field.

Through two meets, Penn State has broken three school records - Men's Weight Throw, Men's Triple Jump, Women's 800-meters

Below is a list of Penn State student-athletes that are currently ranked in the NCAA top-20, as well as rankings at the Big Ten level.

NCAA Division I Indoor Qualifying

- No. 1 - Danae Rivers, 800-meters (2:03.13)
- No. 1 - Bryce Williams, Triple Jump (53'-3.50")
- No. 5 - Colin Abert, Mile (4:02.50)
- No. 9 - David Lucas, Weight Throw (70'-7.25")
- No. 10 - Men's 4x400-meter relay (3:08.17)
(Chisena, Miner, Smith, Harris)

Big Ten Indoor Performance List

- No. 1 - Danae Rivers, 800-meters (2:03.13)
- No. 1 - Bryce Williams, Triple Jump (53'-3.50")
- No. 1 - Isaiah Harris, 600-meters (1:16.55)
- No. 1 - Keianna Albury, 60-meters (7.39)
- No. 1 - Colin Abert, Mile (4:02.50)
- No. 2 - Men's 4x400-meter relay (3:08.17)
(Chisena, Miner, Smith, Harris)
- No. 2 - Maddie Holmberg, Long Jump (19'-11)
- No. 2 - Katie Jones, Pole Vault (13'-4.25")
- No. 3 - Hannah Mulhern, Pole Vault (13'-2.25")
- No. 3 - Quenee Dale, 60-meter hurdles (8.39)
- No. 3 - David Lucas, Weight Throw (70'-7.25")
- No. 4 - Isaiah Harris, Mile (4:07.18)
- No. 4 Malik Moffett, Long Jump (24'-2.25")
- No. 4 Megan McCloskey, High Jump (5'-9.25")
- No. 5 - Xavier Smith, 60-meters (6.74)

For a complete list of performances and rankings throughout the 2018 indoor and outdoor seasons visit tfrrs.org.

For more on Nittany Lion track & field, log onto www.GoPSUsports.com or follow the team on Twitter @PennStateTFXC.





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#WeAre Penn State Track & Field



2018 PENN STATE TRACK & FIELD

INDOOR SEASON	1-13	1-19-20	1-26-27	2-2-3	2-9-10	2-9-10	2-9-10	2-9-10	2-17	2-23-24	3-9-10		
OUTDOOR SEASON	3-23-24	3-30-31	3-30-31	4-7	4-14-15	4-20-21	4-21	4-28-29	5-4	5-11-13	5-24-26	6-9	6-21-24

*Please visit GoPSUsports.com for up-to-date schedule. Home-Blue Away-Gray. All indoor home meets are run at Horace Ashenfelter III Indoor Track at Multi-Sport Facility. All outdoor home meets are run at the Nittany Lion Outdoor Track.

GoPSUsports.com

pepsi

Penn State Coaching/Support Staff

John Gondak
 Erin Tucker
 Lucais MacKay
 Angela Reckart
 Kevin Kelly
 Fritz Spence
 Eddie Lovett
 Robby Creese
 Michael Shuey
 Casimir Loxsom
 Karly Reimel
 Amani Bryant
 Alex Shisler
 Laura Loht
 Owen Dawson
 Michael Gay
 Maddie Torretta

Director/Head Coach (Mid-Distance/Distance)
 Associate Head Coach (Sprints/Hurdles/Relays)
 Assistant Coach (Throws)
 Assistant Coach (Mid-Distance/Distance)
 Assistant Coach (Pole Vault/Men's Multi's/Men's Jumps)
 Assistant Coach (Women's Multi's/Women's Jumps)
 Volunteer Assistant
 Volunteer Assistant
 Volunteer Assistant
 Volunteer Assistant
 Volunteer Assistant - Pole Vault
 Volunteer Assistant
 Volunteer Assistant
 Director of Operations
 Operations Assistant
 Athletic Trainer
 Assistant Athletic Trainer



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|| Ashenfelter III Indoor Track || Facility Records and Notable Performances ||

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE - SCHOOL</u>
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:14.91 WB	2017	Casimir Loxsom - Brooks Beast
	1:15.79 AC	2013	Casimir Loxsom - Penn State
	1:16.92 AJ	2010	Casimir Loxsom - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic – Stanford
Men 1000 Meters	2:18.26 C	2016	Brannon Kidder - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 2000 Meter Steeplechase	5:47.33	2013	Michael Kiley - Penn
Women 2000 Meter Steeplechase	6:29.38	2013	Natalie Bower – Penn State
Men 4x200 Meter Relay	1:24.70 C	2013	Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky
Women 4x200 Meter Relay	1:35.65 C	2014	Penn State - M Osborne, K Seymour, D McGee, M Jones
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.22	2014	Penn State – D McGee, K Seymour, T Rhodes, M Jones
Men 4x800 Meter Relay	7:22.10	2015	Penn State – J Makins, R Brennan, B Kidder, R Creese
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:26.59	2014	Penn State – B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford – A Weissenbach, K Williams, C Saunders, J Fedronic

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; WJ - World Junior Record; AJ - American Junior Record;
WB - World Best



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|| Meet Records ||

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meter Dash	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meter Dash	23.16	2010	Shavon Greaves - Penn State
Men 400 Meters	46.25	2013	Brycen Spratling - Pittsburgh
Women 400 Meter Dash	52.31	2007	Shana Cox - Penn State
Men 500 Meter Dash	1:01.44	2014	Steven Solomon - Stanford
Women 500 Meter Dash	1:08.70	2010	Shana Cox - Adidas
Men 600 Meter Dash	1:14.91	2017	Casimir Loxsom - Brooks
Women 600 Meter Dash	1:29.07	2013	Francena McCorory - Adidas
Men 800 Meter Run	1:47.01	2016	Brannon Kidder - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic - Stanford
Men 1000 Meter Run	2:23.12	2007	Tim Kajala - Penn
Women 1000 Meter Run	2:42.71	2010	Chanelle Price - Tennessee
Men 1 Mile Run	3:56.51	2012	Jeff See - Saucony
Women 1 Mile Run	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meter Run	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meter Run	14:02.64	2002	Ben Cooke - Georgetown TC
Women 5000 Meter Run	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarrett Eaton - Unattached
Women 60 Meter Hurdles	8.02	2009	Queen Harrison - Virginia Tech
	8.02	2015	Danielle Williams - TRS
Men 4x200 Meter Relay	1:24.70	2013	Penn State - E Mpanduki, M Gilmore, Br Bennett-Green, A Nadolsky
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.38	2005	Tennessee - L Loche, N Cook, P Hall, C Champion
Men 4x800 Meter Relay	7:23.13	2009	Phoenix Athletics - K Smith, A Maloney, M Lincoln, A Heaney
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Distance Medley	9:26.59	2014	PSU - B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2.75 (1.90)	2013	Tynita Butts - East Carolina
Men Pole Vault	18-3.25 (5.57)	2014	Shawn Barber - Akron
Women Pole Vault	13-9.75 (4.21)	2014	Annika Roloff - Akron
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	68-3.75 (20.82)	2016	Jon Jones - Unattached
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	71-5.25 (21.77)	2006	Mohsen Anani - Virginia Tech
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Indoor Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Indoor Pentathlon	4731	2010	Hyleas Fountain - Nike



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|| Penn State Indoor Records ||

EVENT	PERFORMANCE	ATHLETE, YEAR
Men 60 Meters	6.66	Xavier Smith, 2017
Men 200 Meters	20.76	Malik Moffett, 2017
Men 400 Meters	46.22	Brady Gehret, 2011
Men 500 Meters	1:01.28	Casimir Loxsom, 2013
Men 600 Meters	1:14.96	Isaiah Harris, 2017
Men 800 Meters	1:46.24	Isaiah Harris, 2016
Men 1000 Meters	2:18.26	Brannon Kidder, 2016
Men Mile	3:57.11	Robby Creese, 2013
Men 3000 Meters	7:50.36	Robby Creese, 2015
Men 5000 Meters	13:52.36	Steve Brown, 1990
Men 60-Meter Hurdles	7.69	Guy Rose, 2001
Men 4x200-Meter Relay	1:26.24	Langan, Campisi, Lolagne, Terrell, 2005
Men 4x400-Meter Relay	3:04.80	Chisena, Smith, Reiser, Harris, 2017
Men 4x800-Meter Relay	7:21.17	Balkey, McMillan, Mills, Levitre, 1987 Watkins, Kidder, West, Loxsom, 2013
Men Distance Medley Relay	9:26.59	Kidder, Br. Bennett-Green, Watkins, Creese, 2014
Men 4xMile Relay	16:43.54	Adkins, Rapp, Scharsu, Mangan, 1980
Men High Jump	7-4.25 (2.24)	Paul Souza, 1982
Men Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Men Long Jump	25-11 (7.90)	David Coney, 1986
Men Triple Jump	53-3.50 (16.24)	Bryce Williams, 2018
Men Shot Put	66-2.50 (20.18)	Darrell Hill, 2015
Men Weight Throw	70-7.25 (21.52)	David Lucas, 2018
Men Heptathlon	5511	Rob Cardina, 2014
EVENT	PERFORMANCE	ATHLETE, YEAR
Women 60 Meters	7.24	Shavon Greaves, 2010
Women 200 Meters	22.60	Connie Moore, 2004
Women 400 Meters	52.31	Shana Cox, 2007
Women 500 Meters	1:09.19	Shana Cox, 2007
Women 600 Meters	1:29.03	Danae Rivers, 2017
Women 800 Meters	2:03.13	Danae Rivers, 2018
Women 1000 Meters	2:43.15	Tori Gerlach, 2016
Women Mile	4:32.55	Danae Rivers, 2017
Women 3000 Meters	9:07.22	Tessa Barrett, 2017
Women 5000 Meters	15:28.99	Tessa Barrett, 2017
Women 60-Meter Hurdles	8.10	Evonne Britton, 2014
Women 4x200-Meter Relay	1:35.65	Osborne, Seymour, McGee, Jones, 2014
Women 4x400-Meter Relay	3:33.13	McGee, Jones, Rhodes, Seymour, 2014
Women 4x800-Meter Relay	8:45.60	Cassel, Gerken, Hart, Stever, 1984
Women Distance Medley Relay	11:05.16	Lane, Iheoma, Simko, Millhouse, 2012 A. O'Carroll, 1987; B. Maun, 2010
Women High Jump	5-11.25 (1.81)	Lexi Masterson, 2016
Women Pole Vault	13-9.75 (4.21)	Gayle Hunter, 2009
Women Long Jump	20-11.25 (6.38)	Chi-Chi Aduba, 2003
Women Triple Jump	44-1.25 (13.45)	Rachel Fatherly, 2016
Women Shot Put	56-8 (17.27)	Jen Leatherman, 2006
Women Weight Throw	74-10 (22.82)	Gayle Hunter, 2009
Women Pentathlon	4342	



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TRACK & FIELD

THE PSU NATIONAL || TENTATIVE TIME SCHEDULE

FRIDAY || TENTATIVE TIME SCHEDULE

Friday Field Events

4:00 PM	Women Weight Throw 20 lb	Finals
4:00 PM	Women Long Jump	Finals
4:00 PM	Men Long Jump	Finals
4:00 PM	Men Pole Vault Inv	Finals
4:00 PM	Women Pole Vault	Finals
5:30 PM	Men Weight Throw 35 lb	Finals

Friday Track Events

4:00 PM	Mixed 1 Mile Run NVRC	Finals
5:00 PM	Women 60 Meter Hurdles	Prelims
5:15 PM	Women 60 Meter Dash	Prelims
5:30 PM	Men 60 Meter Dash	Prelims
5:45 PM	Women Distance Medley Inv	Finals
6:00 PM	Men Distance Medley Inv	Finals
6:15 PM	Women 60 Meter Hurdles	Semis
6:25 PM	Men 60 Meter Hurdles	Prelims
6:35 PM	Women 60 Meter Dash	Semis
6:45 PM	Men 60 Meter Dash	Semis
7:00 PM	Women 5000 Meter Run Inv	Finals
7:20 PM	Men 5000 Meter Run Inv	Finals
7:40 PM	Women 60 Meter Hurdles	Finals
7:45 PM	Men 60 Meter Hurdles	Finals
7:50 PM	Women 60 Meter Dash	Finals
7:55 PM	Men 60 Meter Dash	Finals

SATURDAY || TENTATIVE TIME SCHEDULE

Saturday Track Events

11:20 AM	Women 400 Meter Dash	Finals
11:30 AM	Men 400 Meter Dash	Finals
11:40 AM	Women 500 Meter Dash	Finals
11:55 AM	Men 500 Meter Dash	Finals
12:05 PM	Women 800 Meter Run	Finals
12:10 PM	Men 800 Meter Run	Finals
12:20 PM	Women 1000 Meter Run	Finals
12:30 PM	Men 1000 Meter Run	Finals
12:35 PM	Women 1 Mile Run	Finals
12:40 PM	Men 1 Mile Run	Finals
12:55 PM	Women 600 Meter Run	Finals
1:00 PM	Women 200 Meter Dash	Finals
1:10 PM	Men 200 Meter Dash	Finals
1:25 PM	Women 3000 Meter Run	Finals
1:40 PM	Men 3000 Meter Run	Finals

Saturday Field Events

12:00 PM	Women High Jump	Finals
12:00 PM	Men High Jump	Finals
12:00 PM	Women Shot Put	Finals
3:00 PM	Women Pole Vault Inv	Finals
3:00 PM	Women Triple Jump	Finals
3:00 PM	Men Triple Jump	Finals
3:00 PM	Men Shot Put	Finals

Saturday "Seeded" Track Events

3:00 PM	Women 400 Meter Dash Inv	Finals
3:05 PM	Men 400 Meter Dash Inv	Finals
3:10 PM	Women 800 Meter Run Inv	Finals
3:15 PM	Men 800 Meter Run Inv	Finals
3:25 PM	Women 1000 Meter Run Inv	Finals
3:30 PM	Men 1000 Meter Run Inv	Finals
3:40 PM	Women 1 Mile Run Inv	Finals
3:50 PM	Men 1 Mile Run Inv	Finals
4:00 PM	Women 200 Meter Dash Inv	Finals
4:10 PM	"Barney Ewell" Men 200 Meter Dash Inv	Finals
4:20 PM	Women 3000 Meter Run Inv	Finals
4:35 PM	Men 3000 Meter Run Inv	Finals
4:50 PM	Women 4x400 Meter Relay	Finals
5:00 PM	Men 4x400 Meter Relay	Finals
5:10 PM	Women 4x400 Meter Relay Inv	Finals
5:15 PM	Men 4x400 Meter Relay Inv	Finals

2018 PENN STATE TRACK & FIELD HOME SCHEDULE

JAN. 26-27 PENN STATE NATIONAL OPEN, 5P.M./10:30 A.M.
FEB. 2-3 SYKES & SABOCK CHALLENGE CUP, 5P.M./11A.M.
FEB.17 PENN STATE TUNE-UP, TBA
MAY 4 JIM THORPE INVITE, 2 P.M.

ATTENTION LITTLE LIONS!
Join Us for the Little Lion Lap on
Saturday!

**WATCH THE SCOREBOARD
FOR REPORT TIMES
AND MORE INFO
ON SATURDAY (APPROX.2:00 PM)**



**TRACK & FIELD
LITTLE LION LAP**

SATURDAY, JANUARY 27 AT 2PM
GRADES K-5 || FREE TO PARTICIPATE

RUN A LAP WITH THE NITTANY LION!
ALL PARTICIPANTS WILL RECEIVE A PARTICIPATION RIBBON

SIGN UP AT THE MULTI-SPORT FACILITY ON SATURDAY

**THE
LITTLE
LION
LAP**

FINISHER
PENN STATE
TRACK & FIELD

The banner features a large cartoon lion on the left wearing a Penn State scarf. On the right, there is a vertical ribbon graphic with the event name and a smaller lion mascot.