



# TRACK & FIELD

2018 NCAA OUTDOOR TRACK & FIELD POSTSEASON GUIDE

EUGENE, OREGON || JUNE 6-9





# PENN STATE TRACK & FIELD

251 BIG TEN CHAMPIONS | 31 INDIVIDUAL NATIONAL CHAMPIONS | 435 ALL-AMERICANS | 10 BIG TEN TEAM TITLES

## 2018 Schedule

-  **NITTANY LION CHALLENGE**  
Jan. 13 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **CLEMSON INVITATIONAL**  
Jan. 19-20 | Clemson University Indoor Track | Clemson, S.C.
-  **PENN STATE NATIONAL OPEN**  
Jan. 26-27 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **SYKES-SABOCK CHALLENGE CUP**  
Feb. 2-3 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **SPIRE INVITATIONAL**  
Feb. 9-10 | Spire Institute | Geneva, Ohio
-  **HUSKY CLASSIC**  
Feb. 9-10 | Dempsey Indoor | Seattle, Wash.
-  **IOWA STATE CLASSIC**  
Feb. 10 | Lied Recreation Athletic Center | Ames, Iowa
-  **PENN STATE TUNE-UP**  
Feb. 17 | Horace Ashenfelter III Indoor Track | University Park, Pa.
-  **BIG TEN INDOOR CHAMPIONSHIPS**  
Feb. 23-24 | Spire Institute | Geneva, Ohio
-  **NCAA INDOOR CHAMPIONSHIPS**  
March 9-10 | Gilliam Indoor Track Stadium | College Station, Texas
-  **PAC-12/BIG TEN CHALLENGE**  
March 23-24 | Sun Angel Stadium | Tempe, Ariz.
-  **FLORIDA RELAYS**  
March 30-31 | Percy Beard Track | Gainesville, Fla.
-  **STANFORD INVITATIONAL**  
March 30-31 | Cobb Track & Angell Field | Stanford, Calif.
-  **BATTLE ON THE BAYOU**  
April 7 | Bernie Moore Track Stadium | Baton Rouge, La.
-  **TRITON INVITATIONAL**  
April 14 | Triton Track & Field Stadium | San Diego, Calif.
-  **BUCKNELL CLASSIC**  
April 14-15 | Christy Mathewson-Memorial Stadium | Lewisburg, Pa.
-  **VIRGINIA CHALLENGE**  
April 20-21 | Lannigan Field | Charlottesville, Va.
-  **BUCKNELL TEAM CHALLENGE**  
April 21 | Christy Mathewson-Memorial Stadium | Lewisburg, Pa.
-  **PENN RELAYS**  
April 26-28 | Franklin Field | Philadelphia, Pa.
-  **JIM THORPE OPEN**  
May 4 | Nittany Lion Outdoor Track | University Park, Pa.
-  **BIG TEN OUTDOOR CHAMPIONSHIPS**  
May 11-13 | Robert C. Haugh Complex | Bloomington, Ind.
-  **NCAA EAST FIRST ROUNDS**  
May 24-26 | USF Track & Field Stadium | Tampa, Fla.
-  **NCAA OUTDOOR CHAMPIONSHIPS**  
June 6-9 | Hayward Field | Eugene, Ore.

## 2018 NCAA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Date: **June 6-9, 2018**  
 Location: **Eugene, Oregon**  
 Host: **University of Oregon**  
 Venue: **Historic Hayward Field**  
 Live Results: **GoPSUsports.com**  
 Broadcast: **ESPN Family of Networks**

## THE STARTING BLOCKS

The Penn State track & field team heads to Historic Hayward Field in Eugene, Oregon, to close out the 2018 collegiate outdoor season, June 6-9. Twelve Nittany Lions make up the contingent representing the Blue & White over the course of the four-day meet.

### MEET INFO

The upcoming four-day meet marks the final competition of Historic Hayward Field before the facility undergoes a massive renovation. The NCAA Outdoor Track & Field Championships will head to Austin, Texas, for two seasons before returning to Eugene, Oregon, in 2021.

### FOLLOW ALONG

Fans that aren't able to make the trip to the West Coast can follow with live coverage of the meet on the ESPN Family of Networks and WatchESPN.com. Live results can be found on GoPSUsports.com and the official Twitter of Penn State Track & Field (@PennStateTFXC) will provide fans with results, recaps, and behind the scenes coverage.

### THE NITTANY LION 12

Twelve Nittany Lions will be represented in eight individual events and one relay. Michael Biddle (men's javelin throw), Isaiah Harris (men's 800-meter run), Will Henderson (men's 4x100-meter relay), Maddie Holmberg (heptathlon), David Lucas (men's discus throw), Megan McCloskey (women's high jump), Malik Moffett (men's 4x100-meter relay), Anton Porter (men's 4x100-meter relay), Danae Rivers (women's 1,500-meter run), Morgan Shigo (men's hammer throw), Steph Sievers (women's javelin throw), and Xavier Smith (men's 4x100-meter relay) make up the Penn State squad in Eugene, Oregon.

### WELCOME BACK

Seven Nittany Lions are making the return trip to the NCAA Championships in Eugene, Oregon, and all but one Penn Stater has competed at Historic Hayward Field. During the 2016 outdoor track season, the Nittany Lions took part in the Pepsi Invite on April 9, 2016.

# QUICK FACTS

## THE UNIVERSITY

Location: . . . . . University Park, Pa.  
 Founded: . . . . . 1855  
 Enrollment: . . . . . 46,610  
 Colors: . . . . . Blue & White  
 Nickname: . . . . . Nittany Lions  
 Conference: . . . . . Big Ten  
 President: . . . . . Eric Barron  
 Director of Athletics: . . . . . Sandy Barbour  
 Senior Woman Administrator: . . . . . Charmelle Green  
 Senior Associate AD: . . . . . Lynn Holleran  
 Facility (cap.): . . . . . Ashenfelter III Indoor Track (800)  
                     Nittany Lion Outdoor Track (1,700)

## PENN STATE TRACK & FIELD

Head Coach: . . . . . John Gondak  
 Yrs at Penn State: . . . . . Twelve  
 Alma Mater: . . . . . Syracuse, '95  
 Twitter: . . . . . @CoachGondak  
 Associate Head Coach: . . . . . Erin Tucker  
 Yrs at Penn State: . . . . . Three  
 Alma Mater: . . . . . Florida, '98  
 Twitter: . . . . . @etuck495  
 Assistant Coach: . . . . . Fritz Spence  
 Yrs at Penn State: . . . . . Twelve  
 Alma Mater: . . . . . Missouri State, '97  
 Twitter: . . . . . @fgs110  
 Assistant Coach: . . . . . Kevin Kelly  
 Yrs at Penn State: . . . . . Five  
 Alma Mater: . . . . . Kutztown, '99  
 Twitter: . . . . . @CoachKellyPSU  
 Assistant Coach: . . . . . Angela Reckart  
 Yrs at Penn State: . . . . . Three  
 Alma Mater: The College of New Jersey, '08  
 Twitter: . . . . . @angreckart  
 Assistant Coach: . . . . . Lucas MacKay  
 Yrs at Penn State: . . . . . Second  
 Alma Mater: . . . . . Georgia, '05  
 Twitter: . . . . . @CoachLucas

## STRATEGIC COMMUNICATIONS

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                     University Park, Pa. 16802  
 Website: . . . . . www.GoPSUsports.com

# NEWS & NOTES

## **LOOKING BACK AT LAST YEAR**

At last year's NCAA Championships, the meet was highlighted for the Nittany Lions with a runner-up finish in the men's 800-meter run by Isaiah Harris. Harris, clocked in at a time of 1:45.40, to take silver as a sophomore. On the women's side, then-fifth year senior Tori Gerlach ran to a third-place finish in the women's 3,000-meter steeplechase (9:46.76).

## **NITTANY LION TRIO GARNER ALL-REGION HONORS**

Isaiah Harris, Maddie Holmberg, and Danae Rivers were honored by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) with Mid-Atlantic honors.

For Penn State, Harris was named the men's track athlete of the year, Homberg garnered women's field athlete of the year honors, and Rivers was tabbed the women's track athlete of the year.

## **IN THE RECORD BOOKS**

Throughout the 2018 outdoor season, Penn State track & field has set 29 school record book performances, which includes seven school records.

## **SCHOOL RECORDS SET/TIED IN 2018:**

Men's hammer throw | Morgan Shigo | 233-0  
 Men's sprint medley relay | Xavier Smith, Malik Moffett, Kier Miner, Isaiah Harris | 3:15.25  
 Men's 100-meter dash | Xavier Smith | 10.32  
 Women's 1,500-meter run | Danae Rivers | 4:10.82  
 Women's pole vault | Katie Jones & Hannah Mulhern | 13-6.25  
 Women's sprint medley relay | Keianna Albury, Kiara Lester, Deja Davis, Danae Rivers | 3:47.80  
 Heptathlon | Maddie Holmberg | 5,976 points

## **No. 23 IN THE NATION**

The Penn State men's track & field program ranks No. 23 in the nation, according to the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA).

In the national rankings, Penn State is the number three Big Ten team as Illinois checks in at No. 19 and Nebraska is No. 20.

## **NEXT TIME OUT**

With the collegiate season coming to a close this weekend, the Nittany Lions that are eligible for junior and senior USA Track & Field Championships will compete in Des Moines, Iowa, June 21-24.

## PENN STATERS AT THE 2018 NCAA OUTDOOR TRACK & FIELD CHAMPIONSHIPS


**MICHAEL BIDDLE | SOPHOMORE | THROWS**

Event	SB	PB
Javelin	239-7	239-7

**NOTES**

- » Big Ten champion in the men's javelin throw with a personal-best toss of 239-7, which ranks No. 3 all-time at PSU
- » Advanced to the NCAA Championships for the second-straight year with a toss of 208-6
- » Finished 18th at the 2017 NCAA Championships (219-8) and at the 2017 USATF Championships (200-5)


**ISAIAH HARRIS | JUNIOR | MID-DISTANCE**

Event	SB	PB
800	1:45.31	1:44.53

**NOTES**

- » Is 6-for-6 in the men's 800-meter run at the Big Ten Championships
- » Looking to improve on his runner-up finish in the men's 800-meter run at the 2017 NCAA Championships (1:45.40)
- » Took second in the men's 800-meter run at the 2018 NCAA Indoor Championships (1:06.08)
- » Finished second in the men's 800-meter run (1:44.53) at the 2017 USATF Championships


**WILL HENDERSON | FRESHMAN | SPRINTS**

Event	SB	PB
4x1	39.21	39.21

**NOTES**

- » Making his NCAA Championships debut
- » Ran the leadoff leg on the men's 4x100-meter relay at the NCAA East Prelims
- » Tied the No. 9 time in school history in the men's 100-meter dash (10.49) at the Big Ten Championships


**MADDIE HOLMBERG | JUNIOR | MULTI**

Event	SB	PB
Heptathlon	5,976	5,976

**NOTES**

- » Set the school-record score in the heptathlon en route to a runner-up finish at the Big Ten Championships (5,976)
- » Qualified for the NCAA East Prelims in the women's long jump
- » Ranks in the top-10 all-time at Penn State in the long jump, 200-meter dash, and 100-meter hurdles


**DAVID LUCAS | JUNIOR | THROWS**

Event	SB	PB
Discus	200-0	201-6

**NOTES**

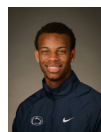
- » Won the NCAA title in the men's weight throw at the 2017 NCAA Indoor Championships
- » Set a pair of personal-best performances in the hammer throw at the NCAA East Prelims
- » Ranks third all-time at Penn State in the hammer throw and discus throw


**MEGAN McCLOSKEY | SENIOR | JUMPS**

Event	SB	PB
High Jump	5-10.75	5-11.50

**NOTES**

- » Making her NCAA Championships debut
- » Set a season-best height of 5-10.75 in the women's high jump to advance to Eugene
- » Tallied a height of 5-11.50 in the women's high jump last season, which ranks second all-time at Penn State


**MALIK MOFFETT | SENIOR | SPRINTS/JUMPS**

Event	SB	PB
4x1	39.21	39.08

**NOTES**

- » Finished third in the men's 200-meter dash at the 2018 Big Ten Outdoor Championships
- » Competed last year at the NCAA Championships in the 200-meter dash, long jump, and men's 4x1
- » Has run on three of the top-five men's 4x100-meter relays in school history


**ANTON PORTER | JUNIOR | SPRINTS**

Event	SB	PB
4x1	39.21	39.21

**NOTES**

- » Making his NCAA Championships debut
- » Has run on two of the top-five men's 4x100-meter relays in school history
- » A member of the men's 4x100-meter relay that finished runner-up at the 2018 Big Ten Outdoor Championships


**DANAE RIVERS | SOPHOMORE | MID-DISTANCE**

Event	SB	PB
1,500	4:10.82	4:10.82

**NOTES**

- » Set the school record in the women's 1,500-meter run in her 2018 outdoor season-debut
- » Became the first Nittany Lion to win the women's 1,500-meter run at the Big Ten Championships
- » Finished 19th in the women's 800-meter run at the 2017 NCAA Outdoor Championships


**MORGAN SHIGO | JUNIOR | THROWS**

Event	SB	PB
Hammer Throw	233-0	233-0

**NOTES**

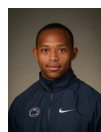
- » Set the school record in the men's hammer throw at the Virginia Challenge
- » Advanced to his first NCAA Championships on his final throw at the NCAA East Prelims
- » Finished third in the men's hammer throw at the 2018 Big Ten Outdoor Championships


**STEPH SIEVERS | JUNIOR | THROWS**

Event	SB	PB
Javelin	162-10	162-10

**NOTES**

- » Making her NCAA Championships debut
- » Her personal-best toss of 162-10 from earlier this season ranks No. 8 all-time at Penn State
- » Finished seventh in the women's javelin throw at the 2018 Big Ten Outdoor Championships


**XAVIER SMITH | SENIOR | SPRINTS**

Event	SB	PB
4x1	39.21	39.08

**NOTES**

- » Advanced to the 2017 NCAA Championships in the men's 4x100-meter relay and the men's 4x400-meter relay
- » Set a personal-best performance in the men's 200-meter dash at the 2018 NCAA East Prelims
- » Owns the school record in the men's 100-meter dash

# 2018 NCAA TRACK & FIELD CHAMPIONSHIPS SCHEDULE

## 2018 NCAA DIVISION I OUTDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE OF EVENTS

All times listed are Pacific  
Schedule is subject to change

### WEDNESDAY, JUNE 6

TRACK EVENTS	TIME	EVENT	ROUND	DIVISION
	4:32 PM	4x100 Meter Relay	Semifinal	Men
	4:46 PM	1500 Meters	Semifinal	Men
	5:02 PM	3000 Meter Steeplechase	Semifinal	Men
	5:32 PM	110 Meter Hurdles	Semifinal	Men
	5:46 PM	100 Meters	Semifinal	Men
	6:14 PM	800 Meters	Semifinal	Men
	6:30 PM	400 Meter Hurdles	Semifinal	Men
	6:44 PM	200 Meters	Semifinal	Men
	6:56 PM	400 Meters	Decathlon	Men
	7:08 PM	10,000 Meters	Final	Men
	7:48 PM	4x400 Meter Relay	Semifinal	Men

FIELD EVENTS	TIME	EVENT	ROUND	DIVISION
	2:00 PM	Hammer Throw	Final	Men
	5:00 PM	Pole Vault	Final	Men
	5:45 PM	Javelin Throw	Final	Men
	6:00 PM	Long Jump	Final	Men
	6:40 PM	Shot Put	Final	Men

COMBINED EVENTS	TIME	EVENT	ROUND	DIVISION
	12:30 PM	100 Meters	Decathlon	Men
	1:10 PM	Long Jump	Decathlon	Men
	2:25 PM	Shot Put	Decathlon	Men
	3:40 PM	High Jump	Decathlon	Men
	6:56 PM	400 Meters	Decathlon	Men

### THURSDAY, JUNE 7

TRACK EVENTS	TIME	EVENT	ROUND	DIVISION
	4:02 PM	4x100 Meter Relay	Semifinal	Women
	4:16 PM	1500 Meters	Semifinal	Women
	4:32 PM	3000 Meter Steeplechase	Semifinal	Women
	5:02 PM	100 Meter Hurdles	Semifinal	Women
	5:16 PM	100 Meters	Semifinal	Women
	5:44 PM	800 Meters	Semifinal	Women
	6:00 PM	400 Meter Hurdles	Semifinal	Women
	6:14 PM	200 Meters	Semifinal	Women
	6:28 PM	1500 Meters	Decathlon	Men
	6:38 PM	10,000 Meters	Final	Women
	7:18 PM	4x100 Meter Relay	Semifinal	Women

FIELD EVENTS	TIME	EVENT	ROUND	DIVISION
	1:30 PM	Hammer Throw	Final	Women
	4:30 PM	Pole Vault	Final	Women
	5:15 PM	Javelin Throw	Final	Women
	5:30 PM	Long Jump	Final	Women
	6:10 PM	Shot Put	Final	Women

COMBINED EVENTS	TIME	EVENT	ROUND	DIVISION
	10:00 AM	110 Meter Hurdles	Decathlon	Men
	10:50 AM	Discus Throw	Decathlon	Men
	12:00 PM	Pole Vault	Decathlon	Men
	2:30 PM	Javelin Throw	Decathlon	Men
	6:26 PM	1500 Meters	Decathlon	Men

### FRIDAY, JUNE 8

TRACK EVENTS	TIME	EVENT	ROUND	DIVISION
	5:32 PM	4x100 Meter Relay	Final	Men
	5:42 PM	1500 Meters	Final	Men
	5:54 PM	3000 Meter Steeplechase	Final	Men
	6:12 PM	110 Meter Hurdles	Final	Men
	6:22 PM	100 Meters	Final	Men
	6:32 PM	400 Meters	Final	Men
	6:44 PM	800 Meters	Final	Men
	6:57 PM	400 Meter Hurdles	Final	Men
	7:07 PM	200 Meters	Final	Men
	7:13 PM	200 Meters	Heptathlon	Women
	7:25 PM	5000 Meters	Final	Men
	7:51 PM	4x400 Meter Relay	Final	Men

FIELD EVENTS	TIME	EVENT	ROUND	DIVISION
	5:00 PM	High Jump	Final	Men
	5:05 PM	Discus Throw	Final	Men
	5:40 PM	Triple Jump	Final	Men

COMBINED EVENTS	TIME	EVENT	ROUND	DIVISION
	12:30 PM	100 Meter Hurdles	Heptathlon	Women
	1:30 PM	High Jump	Heptathlon	Women
	3:30 PM	Shot Put	Heptathlon	Women
	7:13 PM	200 Meters	Heptathlon	Women

### SATURDAY, JUNE 9

TRACK EVENTS	TIME	EVENT	ROUND	DIVISION
	3:32 PM	4x100 Meter Relay	Final	Women
	3:41 PM	1500 Meters	Final	Women
	3:54 PM	3000 Meter Steeplechase	Final	Women
	4:12 PM	100 Meter Hurdles	Final	Women
	4:22 PM	100 Meters	Final	Women
	4:32 PM	400 Meters	Final	Women
	4:44 PM	800 Meters	Final	Women
	4:57 PM	400 Meter Hurdles	Final	Women
	5:13 PM	200 Meters	Final	Women
	5:13 PM	800 Meters	Heptathlon	Women
	5:25 PM	5000 Meters	Final	Women
	5:51 PM	4x400 Meter Relay	Final	Women

FIELD EVENTS	TIME	EVENT	ROUND	DIVISION
	3:00 PM	High Jump	Final	Women
	3:05 PM	Discus Throw	Final	Women
	3:40 PM	Triple Jump	Final	Women

COMBINED EVENTS	TIME	EVENT	ROUND	DIVISION
	11:30 AM	Long Jump	Heptathlon	Women
	12:45 PM	Javelin Throw	Heptathlon	Women
	5:13 PM	800 Meters	Heptathlon	Women



# ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

<b>100 Meters</b>			<b>* 100 yds prior to 1976</b>			<b>4x100-Meter Relay</b>		
Ewell, Barney	1st	1940	Doug Finkelton, Mike Sands,	6th	1973	Fred Singleton, Jim Scott		
Ewell, Barney	1st	1941						
Ewell, Barney		1942						
Brown, Bob		1961						
<b>200 Meters</b>			<b>* 220 yds prior to 1976</b>			<b>4x400-Meter Relay</b>		
Ewell, Barney	1st	1940	Aaron Nadolsky, Brandon Bennett-Green,	4th	2012	Casimir Loxsom, Brady Gehret		
Ewell, Barney	1st	1941						
Ewell, Barney		1942						
Lancaster, Wilbur	6th	1949						
Pollard, Art		1955						
Timpson, Michael	10th	1988						
Olkowski, Ryan	8th	2002						
<b>400 Meters</b>			<b>* 440 yds prior to 1976</b>			<b>High Jump</b>		
Sands, Mike	5th	1975	Fritz, Ryan	T-9th	2007			
Gehret, Brady	6th	2012	Fritz, Ryan	4th	2010			
<b>800 Meters</b>			<b>* 880 yds prior to 1976</b>			<b>Long Jump</b>		
Heffrich, Alan	1st	1922	Ewell, Barney		1940			
Heffrich, Alan	1st	1923	Ewell, Barney		1941			
Moore, Randy	4th	1985	Ewell, Barney		1942			
Levitre, Ray	2nd	1987	Pina, Steve	3rd	1996			
Foster, Ryan	8th	2009	Gorham, John	11th	1997			
Loxsom, Casimir	4th	2011	Audu, George	4th	1998			
Loxsom, Casimir	2nd	2013	Gorham, John	6th	1998			
Kidder, Brannon	3rd	2013	Audu, George	6th	1999			
Kidder, Brandon	2nd	2015						
Harris, Isaiah	4th	2016						
Harris, Isaiah	2nd	2017						
<b>1500 Meters</b>			<b>* One Mile prior to 1976</b>			<b>Triple Jump</b>		
Shields, Larry	1st	1922	Rockwell, Warren	2nd	1966			
Enck, Schuyler	1st	1923	Hall, Ricardo	13th	1990			
Karver, Gerald	1st	1947	Davis, Antonio	6th	1993			
Moran, Ed	6th	1958	Smith, Clarence	9th	2008			
Balkey, Steve	6th	1987	Smith, Clarence	8th	2009			
Balkey, Steve	5th	1988	Waithe, Steve	5th	2014			
Walter, Doug	10th	1990	Waithe, Steve	8th	2015			
Hamer, Bob	9th	1994	Leap, Brian	6th	2016			
Creese, Robby	6th	2013						
Kidder, Brannon	4th	2016						
<b>5000 Meters</b>			<b>* 3-Mile prior to 1976</b>			<b>Shot Put</b>		
Norman, Gerry		1961	Blockson, Charles		1954			
Fredericks, Greg	5th	1970	Grier, Roosevelt		1954			
Fredericks, Greg	2nd	1971	Hjeltnes, Knut	5th	1975			
Ashenfelter, Horace	2nd	1948	Hunter, C.J.	5th	1988			
Fredericks, Greg	2nd	1972	Hunter, C.J.	4th	1989			
Brown, Steve	11th	1990	Hunter, C.J.	2nd	1990			
<b>10,000 Meters</b>			<b>* 6-Mile prior to 1976</b>			<b>Discus</b>		
Maguire, Charlie	1st	1973	Hjeltnes, Knut	3rd	1975			
Stemmer, Paul	8th	1977	Milne, Brian	13th	1992			
Ziegler, John	8th	1978	Milne, Brian	1st	1993			
Carter, Eric	10th	1986						
Carter, Eric	7th	1987						
Wimmer, Mark	9th	1994						
McCandless, Tyler	12th	2010						
<b>110-Meter Hurdles</b>						<b>Javelin</b>		
Shine, Mike	5th	1976	Vukmanic, Nick	1st	1938			
Rose, Guy	12th	2001	Vukmanic, Nick		1939			
Barron, Harold	1st	1922	Vukmanic, Nick	4th	1940			
Gehrdes, Jim	3rd	1949	Roderes, Ted	5th	1951			
Gehrdes, Jim		1950	Hedmark, Lennart		1965			
Youkers, Bill	4th	1955	Stevenson, Jim	1st	1966			
Perry, Rod		1957	Krombolz, Ernie	5th	1966			
<b>3000-Meter Steeplechase</b>						<b>Hammer</b>		
Moorehead, Steve		1960	Jackson, Al	4th	1973			
Moorehead, Steve		1961	Jackson, Al	5th	1976			
Malley, George	4th	1976						
Garcia, Rick	9th	1983						
<b>400-Meter Hurdles</b>						<b>Decathlon</b>		
Shine, Mike	6th	1975	Kleban, Rick	5th	1985			
Shine, Mike	2nd	1976	Masgay, Dave	7th	1987			
Lankford, Paul	4th	1980	Cook, James	9th	1996			
Lankford, Paul	4th	1981	Cook, James	13th	1997			
Cripanuk, Kevin	8th	1993	Cook, James	12th	1998			
Derby, Brian	4th	2001	Cardina, Robert	8th	2014			
						<b>2-Mile (Discontinued)</b>		
						Romig, John		
						1st		
						Stone, Curtis		
						2nd		
						Ashenfelter, Horace		
						1947		
						Ashenfelter, Horace		
						1st		
						Hollen, Bob		
						1954		
						<b>220-Yard Hurdles (Discontinued)</b>		
						Gehrdes, Jim		
						2nd		
						Perry, Rod		
						1949		

# ALL-TIME MEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1921	<b>Romig, John</b>	<b>2-Mile</b>	<b>1st</b>	1983	Garcia, Rick	3000 Steeplechase	9th
1922	<b>Helffrich, Alan</b>	<b>880 Yards</b>	<b>1st</b>	1985	Moore, Randy	800-Meters	4th
1922	<b>Shields, Larry</b>	<b>Mile</b>	<b>1st</b>	1985	Kleban, Rick	Decathlon	5th
1922	<b>Barron, Harold</b>	<b>120 yd HH</b>	<b>1st</b>	1986	Carter, Eric	10,000-Meters	10th
1923	<b>Helffrich, Alan</b>	<b>880 Yards</b>	<b>1st</b>	1987	Levitre, Ray	800-Meters	2nd
1923	<b>Enck, Schuyler</b>	<b>Mile</b>	<b>1st</b>	1987	Balkey, Steve	1500-Meters	6th
1938	<b>Vukmanic, Nick</b>	<b>Javelin</b>	<b>1st</b>	1987	Carter, Eric	10,000-Meters	7th
1939	Vukmanic, Nick	Javelin		1987	Masgay, Dave	Decathlon	7th
1940	<b>Ewell, Barney</b>	<b>100 Yards</b>	<b>1st</b>	1988	Timpson, Michael	200-Meters	10th
1940	<b>Ewell, Barney</b>	<b>220 Yards</b>	<b>1st</b>	1988	Balkey, Steve	1500-Meters	5th
1940	Ewell, Barney	Long Jump		1988	Hunter, C.J.	Shot Put	5th
1940	Vukmanic, Nick	Javelin	4th	1989	Hunter, C.J.	Shot Put	4th
1941	<b>Ewell, Barney</b>	<b>100 Yards</b>	<b>1st</b>	1990	Walter, Doug	1500-Meters	10th
1941	<b>Ewell, Barney</b>	<b>220 Yards</b>	<b>1st</b>	1990	Brown, Steve	5000-Meters	11th
1941	Ewell, Barney	Long Jump		1990	Hall, Ricardo	Triple Jump	13th
1942	Ewell, Barney	100 Yards		1990	Hunter, C.J.	Shot Put	2nd
1942	Ewell, Barney	220 Yards		1991	Caraher, Phil	Shot Put	9th
1942	Ewell, Barney	Long Jump		1992	Milne, Brian	Discus	13th
1947	<b>Karver, Gerald</b>	<b>Mile</b>	<b>1st</b>	1993	Cripanuk, Kevin	400-Meter Hurdles	8th
1947	Stone, Curtis	2-Mile	2nd	1993	Davis, Antonio	Triple Jump	6th
1947	Ashenfelter, Horace	2-Mile		1993	<b>Milne, Brian</b>	<b>Discus</b>	<b>1st</b>
1948	Ashenfelter, Horace	5000-Meters	2nd	1994	Hamer, Bob	1500-Meters	9th
1949	Lancaster, Wilbur	220 Yards	6th	1994	Wimmer, Mark	10,000-Meters	9th
1949	Ashenfelter, Horace	2-Mile	1st	1995	Austin, Rob	Javelin	10th
1949	Gehrdes, Jim	120 yd HH	3rd	1996	Pina, Steve	Long Jump	3rd
1949	Gehrdes, Jim	220 yd LH	2nd	1996	Austin, Rob	Javelin	8th
1949	Perry, Rod	220 yd LH		1996	Cook, James	Decathlon	9th
1950	Gehrdes, Jim	120 yd HH		1997	Gorham, John	Long Jump	11th
1951	Roderes, Ted	Javelin	5th	1997	Cook, James	Decathlon	13th
1954	Hollen, Bob	2-Mile		1998	Audu, George	Long Jump	4th
1954	Blockson, Charles	Shot Put		1998	Gorham, John	Long Jump	6th
1954	Grier, Roosevelt	Shot Put		1998	Burkholder, Troy	Javelin	12th
1955	Pollard, Art	220 Yards		1998	Wolter, Carl	Javelin	7th
1955	Youkers, Bill	120 yd HH	4th	1998	Cook, James	Decathlon	12th
1957	Perry, Rod	120 yd HH		1999	Audu, George	Long Jump	6th
1958	Moran, Ed	Mile	6th	2001	Rose, Guy	110-Meter Hurdles	12th
1960	Moorehead, Steve	3000 Steeplechase		2001	Derby, Brian	400-Meter Hurdles	4th
1961	Brown, Bob	100 Yards		2002	Olkowski, Ryan	200-Meters	8th
1961	Norman, Gerry	3-Mile		2007	Fritz, Ryan	High Jump	T-9th
1961	Moorehead, Steve	3000 Steeplechase		2008	Smith, Clarence	Triple Jump	9th
1965	Hedmark, Lennart	Javelin		2009	Foster, Ryan	800-Meters	8th
1966	Rockwell, Warren	Triple Jump	2nd	2009	Smith, Clarence	Triple Jump	8th
1966	<b>Stevenson, Jim</b>	<b>Javelin</b>	<b>1st</b>	2010	McCandless, Tyler	10,000-Meters	12th
1966	Krombolz, Ernie	Javelin	5th	2010	Fritz, Ryan	High Jump	4th
1970	Fredericks, Greg	3-Mile	5th	2010	Eaton, Blake	Shot Put	3rd
1971	Fredericks, Greg	3-Mile	2nd	2011	Loxsom, Casimir	800-Meters	4th
1972	Fredericks, Greg	5000-Meters	2nd	2011	Kovacs, Joe	Shot Put	3rd
1973	<b>Maguire, Charlie</b>	<b>6-Mile</b>	<b>1st</b>	2012	Gehret, Brady	400-Meters	6th
1973	Finkel, Doug	440 Yd Relay	6th	2012	Nadolsky, Aaron	4x400-Meter Relay	4th
1973	Sands, Mike	440 Yd Relay	6th	2012	Bennett-Green, Brandon	4x400-Meter Relay	4th
1973	Scott, Jim	440 Yd Relay	6th	2012	Loxsom, Casimir	4x400-Meter Relay	4th
1973	Singleton, Fred	440 Yd Relay	6th	2012	Gehret, Brady	4x400-Meter Relay	4th
1973	Jackson, Al	Hammer	4th	2012	Kovacs, Joe	Shot Put	4th
1975	Sands, Mike	440 Yards	5th	2013	Loxsom, Casimir	800-Meters	2nd
1975	Shine, Mike	440 Yard IH	6th	2013	Kidder, Brannon	800-Meters	3rd
1975	Hjeltnes, Knut	Shot Put	5th	2013	Creese, Robby	1500-Meters	6th
1975	Hjeltnes, Knut	Discus	3rd	2014	Waithe, Steve	Triple Jump	5th
1976	Shine, Mike	110-Meter Hurdles	5th	2014	Cardina, Robert	Decathlon	8th
1976	Malley, George	3000 Steeplechase	4th	2015	Hill, Darrell	Shot Put	2nd
1976	Shine, Mike	400-Meter Hurdles	2nd	2015	Kidder, Brannon	800-Meters	2nd
1976	Jackson, Al	Hammer	5th	2015	Waithe, Steve	Triple Jump	8th
1977	Stemmer, Paul	10,000-Meters	8th	2016	Kidder, Brannon	1500-Meters	4th
1978	Ziegler, John	10,000-Meters	8th	2016	Leap, Brian	Triple Jump	6th
1980	Lankford, Paul	400-Meter Hurdles	4th	2016	Harris, Isaiah	800-Meters	4th
1981	Lankford, Paul	400-Meter Hurdles	4th	2017	Shuey, Michael	Javelin	3rd
				2017	Harris, Isaiah	800-Meters	2nd

**Bold denotes national champion**

# ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY EVENT)

<b>100 Meters</b>			<b>Long Jump</b>		
Moore, Connie	9th	2002	Riddick, Vivian	6th	1982
Moore, Connie	5th	2003	Walker, Shakeema	8th	1999
Moore, Connie	7th	2004	Aduba, Chi-Chi	6th	2004
Jones, Mahagony	7th	2014	Hunter, Gayle	5th	2008
<b>200 Meters</b>			<b>Triple Jump</b>		
Moore, Connie	12th	2002	Mann, Carmen	5th	1989
Moore, Connie	3rd	2003	Walker, Shakeema	7th	1998
Moore, Connie	5th	2004	Aduba, Chi-Chi	7th	2004
Greaves, Shavon	7th	2010	Gibson, Dannielle	6th	2017
Jones, Mahagony	4th	2014			
<b>400 Meters</b>			<b>Shot Put</b>		
Cox, Shana	9th	2005	Sobansky, Elaine	4th	**1981
Cox, Shana	3rd	2006	Sobansky, Elaine	3rd	1982
Cox, Shana	2nd	2007	Sobansky, Elaine	6th	1983
<b>Cox, Shana</b>	<b>1st</b>	<b>2008</b>	Sobansky, Elaine	2nd	1994
<b>800 Meters</b>			<b>Discus</b>		
Pioli, Terry	6th	**1981	Williams, Deshaya	6th	1999
			Williams, Deshaya	6th	2002
			<b>Williams, Deshaya</b>	<b>1st</b>	<b>2003</b>
<b>1500 Meters</b>			<b>Hammer</b>		
Bankes, Kris	2nd	**1976	Leatherman, Jennifer	7th	2005
Rawe, Mary	3rd	**1981	Leatherman, Jennifer	5th	2006
Startare, Doreen	5th	1983			
McGreevy, Kim	7th	1997			
Heyer, Susanne	4th	1999			
<b>5000 Meters</b>			<b>Javelin</b>		
<b>Mills, Kathy</b>	<b>1st</b>	<b>**1978</b>	Senz, Marilyn	6th	1984
Renzi, Paula	6th	1984	Gibbs, Stacey	10th	1992
			Gusic, Becky	8th	1996
			Kisty, Denika	10th	1996
			Pastore, Jen	4th	1998
			Johnson, Brianne	8th	2001
			Johnson, Brianne	8th	2002
			Colley, Ashley	11th	2003
			Johnson, Brianne	5th	2003
			Bruch, Diana	8th	2005
			McQuillen, Karlee	9th	2008
			McQuillen, Karlee	10th	2009
			McQuillen, Karlee	3rd	2010
			Loht, Laura	3rd	2012
			Kenney, Lauren	4th	2012
			Loht, Laura	4th	2013
			Kenney, Lauren	5th	2013
			Loht, Laura	5th	2014
<b>10.000 Meters</b>			<b>Heptathlon</b>		
Hunt, Kelli	4th	1993	Connell, Pam	4th	1991
Kelly, Kim	5th	1993	Mitchell, Shelley	8th	1992
Hunt, Kelli	7th	1994	Hunter, Gayle	8th	2007
Fidler, Donna	7th	1997	Hunter, Gayle	5th	2008
			Hunter, Gayle	5th	2008
<b>100-Meter Hurdles</b>			<b>3000 Meters (Discontinued)</b>		
Barber, Aleesha	4th	2008	Bankes, Kris	3rd	**1976
Barber, Aleesha	3rd	2010	Bankes, Kris	5th	**1977
			Bankes, Kris	2nd	**1978
<b>400-Meter Hurdles</b>			<b>Mills, Kathy</b>	<b>1st</b>	<b>**1978</b>
Hart, Tammi	5th	1982	Carmichael, Heather	3rd	**1980
Barber, Aleesha	12th	2007			
Dorr, Fawn	6th	2009			
Dorr, Fawn	4th	2010			
Seymour, Kiah	6th	2014			
<b>3000-Meter Steeplechase</b>			<b>4x400-Meter Relay (Discontinued)</b>		
Landreth, Molly	11th	2003	Kathy Byrnes, Penny Fales,	2nd	**1978
Franek, Bridget	3rd	2008	Sandy Miller, Lea Ventura		
Franek, Bridget	4th	2009			
<b>Franek, Bridget</b>	<b>1st</b>	<b>2010</b>			
Gerlach, Tori	3rd	2017			
<b>4x400-Meter Relay</b>					
<b>Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox</b>	<b>1st</b>	<b>2008</b>			
Aleesha Barber, Shavon Greaves, Gayle Hunter, Fawn Dorr	4th	2009			
Aleesha Barber, Shavon Greaves, Doris Anyanwu, Fawn Dorr	4th	2010			
Doris Anyanwu, Shavon Greaves, Ije Iheoma, Megan Duncan	4th	2011			
Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour	5th	2014			

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# ALL-TIME WOMEN'S OUTDOOR ALL-AMERICANS (BY YEAR)

Year	Name	Event	Finish	Year	Name	Event	Finish
1976**	Bankes, Kris	1500-Meters	2nd	2005	Cox, Shana	400-Meters	9th
1976**	Bankes, Kris	2-Mile	3rd	2005	Leatherman, Jennifer	Hammer	7th
1977**	Bankes, Kris	3000-Meters	5th	2005	Bruch, Diana	Javelin	8th
1978**	Bankes, Kris	3000-Meters	2nd	2006	Cox, Shana	400-Meters	3rd
<b>1978**</b>	<b>Mills, Kathy</b>	<b>3000-Meters</b>	<b>1st</b>	2006	Leatherman, Jennifer	Hammer	5th
<b>1978**</b>	<b>Mills, Kathy</b>	<b>5000-Meters</b>	<b>1st</b>	2007	Cox, Shana	400-Meters	2nd
1978**	Byrnes, Kathy	4x800-Meter Relay	2nd	2007	Barber, Aleesha	400-Meter Hurdles	12th
1978**	Fales, Penny	4x800-Meter Relay	2nd	2007	Hunter, Gayle	Heptathlon	8th
1978**	Miller, Sandy	4x800-Meter Relay	2nd	<b>2008</b>	<b>Cox, Shana</b>	<b>400-Meters</b>	<b>1st</b>
1978**	Ventura, Lea	4x800-Meter Relay	2nd	2008	Barber, Aleesha	100-Meter Hurdles	4th
1980**	Carmichael, Heather	3000-Meters	3rd	2008	Franek, Bridget	3000 Steeplechase	3rd
1981**	Pioli, Terry	800-Meters	6th	<b>2008</b>	<b>Barber, Aleesha</b>	<b>4x400-Meter Relay</b>	<b>1st</b>
1981**	Rawe, Mary	1500-Meters	3rd	<b>2008</b>	<b>Blake, Dominique</b>	<b>4x400-Meter Relay</b>	<b>1st</b>
1981**	Sobansky, Elaine	Shot Put	4th	<b>2008</b>	<b>Cox, Shana</b>	<b>4x400-Meter Relay</b>	<b>1st</b>
1982	Hart, Tammi	400-Meter Hurdles	5th	<b>2008</b>	<b>Hunter, Gayle</b>	<b>4x400-Meter Relay</b>	<b>1st</b>
1982	Riddick, Vivian	Long Jump	6th	2008	Hunter, Gayle	Long Jump	5th
1982	Sobansky, Elaine	Shot Put	3rd	2008	McQuillen, Karlee	Javelin	9th
1983	Startare, Doreen	1500-Meters	5th	2008	Hunter, Gayle	Heptathlon	5th
1983	Sobansky, Elaine	Shot Put	6th	2008	Hunter, Gayle	Heptathlon	5th
1984	Renzi, Paula	5000-Meters	6th	2009	Dorr, Fawn	400-Meter Hurdles	6th
1984	Senz, Marilyn	Javelin	6th	2009	Franek, Bridget	3000 Steeplechase	4th
1989	Mann, Carmen	Triple Jump	5th	2009	Barber, Aleesha	4x400-Meter Relay	4th
1991	Connell, Pam	Heptathlon	4th	2009	Dorr, Fawn	4x400-Meter Relay	4th
1992	Gibbs, Stacey	Javelin	10th	2009	Greaves, Shavon	4x400-Meter Relay	4th
1992	Mitchell, Shelley	Heptathlon	8th	2009	Hunter, Gayle	4x400-Meter Relay	4th
1993	Hunt, Kelli	10,000-Meters	4th	2009	McQuillen, Karlee	Javelin	10th
1993	Kelly, Kim	10,000-Meters	5th	2010	Greaves, Shavon	200-Meters	7th
1994	Hunt, Kelli	10,000-Meters	7th	2010	Barber, Aleesha	100-Meter Hurdles	3rd
1994	Sobansky, Elaine	Shot Put	2nd	2010	Dorr, Fawn	400-Meter Hurdles	4th
1996	Gusic, Becky	Javelin	8th	<b>2010</b>	<b>Franek, Bridget</b>	<b>3000 Steeplechase</b>	<b>1st</b>
1996	Kisty, Denika	Javelin	10th	2010	Anyanwu, Doris	4x400-Meter Relay	4th
1997	McGreevy, Kim	1500-Meters	7th	2010	Barber, Aleesha	4x400-Meter Relay	4th
1997	Fidler, Donna	10,000-Meters	7th	2010	Dorr, Fawn	4x400-Meter Relay	4th
1998	Walker, Shakeema	Triple Jump	7th	2010	Greaves, Shavon	4x400-Meter Relay	4th
1998	Pastore, Jen	Javelin	4th	2010	McQuillen, Karlee	Javelin	3rd
1999	Heyer, Susanne	1500-Meters	4th	2011	Anyanwu, Doris	4x400-Meter Relay	4th
1999	Walker, Shakeema	Long Jump	8th	2011	Greaves, Shavon	4x400-Meter Relay	4th
1999	Williams, Deshaya	Discus	6th	2011	Iheoma, Ijeoma	4x400-Meter Relay	4th
2001	Johnson, Brianne	Javelin	8th	2011	Duncan, Megan	4x400-Meter Relay	4th
2002	Moore, Connie	100-Meters	<b>1st</b>	2012	Loht, Laura	Javelin	3rd
2003	Colley, Ashley	Javelin	11th	2012	Kenney, Lauren	Javelin	4th
2003	Johnson, Brianne	Javelin	5th	2013	Loht, Laura	Javelin	4th
2004	Moore, Connie	100-Meters	7th	2013	Kenney, Lauren	Javelin	5th
2004	Moore, Connie	200-Meters	5th	2014	Jones, Mahagony	100-Meters	7th
2004	Aduba, Chi-Chi	Long Jump	6th	2014	Jones, Mahagony	200-Meters	4th
2004	Aduba, Chi-Chi	Triple Jump	7th	2014	Seymour, Kiah	400-Meter Hurdles	6th
				2014	McGee, Dynasty	4x400-Meter Relay	5th
				2014	Jones, Mahagony	4x400-Meter Relay	5th
				2014	Rhodes, Tichina	4x400-Meter Relay	5th
				2014	Seymour, Kiah	4x400-Meter Relay	5th
				2014	Loht, Laura	Javelin	5th
				2017	Gerlach, Tori	3000 Steeplechase	3rd
				2017	Gibson, Dannielle	Triple Jump	6th

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## ALL-TIME NCAA TEAM FINISHES (WOMEN)

Year	Indoor (Points)	Outdoor (Points)
1983	T-23rd (6)	23rd (18)
1984	16th (9)	T-20th (25)
1985	T-25th (6)	---
1989	---	T-46th (4)
1990	T-33rd (4)	---
1991	---	T-39th (5)
1992	---	T-59th (1)
1993	T-38th (1)	25th (9)
1994	---	T-55th (2)
1996	T-30th (5)	T-58th (1)
1997	---	T-45th (4)
1999	T-24th (8)	T-24th (11)
2001	T-51st (2)	T-67th (1)
2002	---	T-45th (4)
2003	T-21st (9)	10th (24)
2004	T-13th (14)	21st (11)
2005	T-39th (5)	T-60th (3)
2006	T-26th (8)	T-25th (10)
2007	T-21st (9)	T-27th (9)
2008	T-15th (16)	4th (39)
2009	7th (24)	14th (17)
2010	13th (17)	4th (34)
2011	T-45th (3)	44th (5)
2012	---	29th (10)
2013	---	T-29th (9)
2014	14th (15)	T-12th (18)
2015	53rd (1)	---
2016	T-47th (2)	---
2017	T-10th (14)	T-29th (9)
2018	T-40th (4)	

## ALL-TIME NCAA TEAM FINISHES (MEN)

Year	Indoor (Points)	Outdoor (Points)
1921	---	T-11th (5)
1922	---	2nd (19.5)
1923	---	4th (13.5)
1930	---	T-37th (2)
1938	---	14th (10)
1939	---	T-25 (4)
1940	---	T-3rd (24)
1941	---	6th (20)
1947	---	6th (20)
1948	---	T26th (8)
1949	---	5th (25)
1950	---	T-38th (1)
1951	---	T-31st (2)
1953	---	T-40th (0.75)
1954	---	T-18th (7)
1955	---	T-9th (14)
1957	---	T-26th (6)
1958	---	41st (1)
1959	---	T-25th (7)
1960	---	T-25th (8)
1961	---	T-16th (10)
1965	40th (1)	T-30th (8)
1966	---	T-8th (20)
1969	T-29th (2)	---
1970	---	T-46th (2)
1971	---	T-24th (7)
1972	---	T-22nd (8)
1973	---	T-16th (13)
1974	T-14th (6)	---
1975	T-8th (9)	T-19th (11)
1976	19th (5)	T-12th (16)
1977	T-28th (3)	---
1978	T-28th (6)	---
1979	T-54th (1)	---
1980	T-37th (1)	T-41st (4)
1981	T-27th (6)	T-36th (4)
1982	T-58th (0.50)	---
1983	T-26th (6)	T-74th (4)
1985	T-15th (10)	29th (9)
1987	T-50th (1)	T-18th (15)
1988	---	T-35th (8)
1989	T-25th (8)	T-44th (5)
1990	11th (14)	T-38th (8)
1991	T-23rd (8)	---
1993	---	20th (13)
1994	T-44th (3)	---
1996	---	T-41st (7)
1997	---	T-66th (2)
1998	T-45th (4)	T-27th (8)
1999	T-40th (4)	T-58th (3)
2001	---	T-39th (5)
2002	T-44th (4.50)	T-68th (1)
2007	T-47th (4)	---
2009	T-39th (4.50)	T-62n (2)
2010	T-14th (14)	T-23rd (11)
2011	T-11th (16)	T-20th (11)
2012	28th (8)	T-21st (13)
2013	9th (19)	14t (17)
2014	34th (6)	47th (5)
2015	12th (15)	T-10t (17)
2016	T-58th (2)	17th (13)
2017	T-36th (5)	T-20th (14)
2018	T-10th (18)	

# NITTANY LION MEN'S ROSTER

Name	Event	IN/OUT	Hometown/High School/Last College
Colin Abert	Distance	Jr.	Easton, Pa./Easton
James Abrahams	Distance	Fr.	Havertown, Pa./Haverford Township
Darian Alston	Jumps	So.	West Chester, Pa./Downingtown West High School
William Ashenfelter	Mid-Distance	So./Fr.	Needham, MA/Needham
Ryan Barton	Distance	Fr.	Downington, Pa./Downington West
Michael Biddle	Throws	So.	Williamsburg, Pa/Living Water Christian Academy
Brady Bobbitt	Distance	So.	Batavia, Ill./Marmion Academy
Tom Bojalad	Throws	Fr.	Saint Marys, Pa./St. Mary's
Devin Bradham	Jumps	Jr.	Williamstown, N.J./Williamstown
Ben Bumgarner	Distance	Fr.	Waynesburg, Pa./Waynesburg Central
Austin Campbell	Jumps	So.	Denver, Colorado/Regis Jesuit High School
Dan Chisena	Sprints	Jr.	Downington, Pa./Downingtown-East
Tristan Daman	Sprints	So.	State College, Pa./State College
Vail Freed	Distance	Fr.	Middletown, DE/Appoquinimink
Luke Grodeska	Throws	Fr.	Neptune, N.J./St. Rose
Isaiah Harris	Mid-Distance	Jr.	Lewiston, Maine/Lewiston
Spencer Hay	Jumps	So./Fr.	Palmerton, Pa./Palmerton Area
Will Henderson	Jumps/Hurdles	Fr.	Baltimore, Md./Baltimore Polytechnic Inst.
Brandon Hontz	Distance	Fr.	West Chester, Pa./Bayard Rustin
Chisom Ifedi	Jumps	Jr.	Columbus, Ohio/Centennial
William Loevner	Distance	Fr.	Allison Park, Pa./Winchester Thurston
Joey Logue	Distance	Jr.	Blooming Glen, Pa./Penridge
Tommy Louro	Distance	Jr.	Holtsville, N.Y./St. Anthony's
David Lucas	Throws	So./Jr.	Lititz, Pa./Warwick
Jordan Makins	Distance	Sr.	Perth, Australia//Aquinas College
Billy McDevitt	Mid-Distance	So./Jr.	Newtown Square, Pa./Malvern Prep
John McGowan	Distance	Jr./Sr.	Northport, N.Y./Northport/Roger Williams
Timothy McGowan	Distance	Jr./Sr.	Northport, N.Y./Northport/Roger Williams
Kier Miner	Sprints	So.	Mechanicsburg, Pa./Mechanicsburg/Shippensburg
Malik Moffett	Sprints/Jumps	Sr.	Erie, Pa./PSU - Behrend
Matt Nawrocki	Throws	Sr./Jr.	Moscow, Pa./North Pocono
Domenic Perretta	Distance	So.	Beaver Falls, Pa./Big Beaver Falls
Ben Peterson	Throws	Fr.	Solon, Ohio/Solon
Anton Porter	Sprints	Jr.	Bronx, N.Y./Mount St. Michael
Mark Porter	Throws	Fr.	Reading, Mass./Reading Memorial
Luke Rarig	Multi-Events	So.	Catawissa, Pa./Southern Columbia
Samuel Reiser	Sprints/Relays	Jr.	Melbourne, Australia/Geelong Grammar School
Gary Ross III	Distance	Fr.	Fort Washington, Md./Oxon Hill
Andrew Sell	Distance	So.	Minneapolis, Minn./Washburn
Morgan Shigo	Throws	Jr.	Blandon, Pa./Fleetwood Area
Xavier Smith	Sprints/Relays	Sr.	Douglassville, Pa./Daniel Boone
Noah Swaby	Multi-Events	Fr.	Pittsburgh, Pa./Taylor Alderdice
Alex Tomasko	Distance	Fr.	Mechanicsburg, Pa./Mechanicsburg
Nick Wagner	Distance	Fr.	Export, Pa./Penn-Trafford
Bryce Williams	Jumps	Jr.	State College, Pa./State College Area
Darien Williams	Sprints	Fr.	Blue Bell, Pa./Wissahickon
Owen Wing	Distance	Fr.	State College, Pa./State College
Jon Yohman	Throws	Sr.	New Wilmington, Pa./Wilmington
Jack Zimmerman	Throws	Fr.	Briarcliff Manor, N.Y./Briarcliff

# NITTANY LION WOMEN'S ROSTER

<b>Name</b>	<b>Event</b>	<b>IN/OUT</b>	<b>Hometown/High School/Last College</b>
Keianna Albury	Sprints/Relays	Jr.	Eleuthera, Bahamas/St. Augustine's College
Tessa Barrett	Distance	Jr.	Waverly, Pa./Abington Heights
Lisa Bennatan	Distance	Sr.	Lake Forest, Ill./Lake Forest
Frances Bull	Sprints/Mid-Distance	Jr./So.	Mentor, Ohio/Lake Catholic
Rosemary Campbell	Throws	So.	Erie, Pa/Iroquois
Elizabeth Chikotas	Distance	Sr./Jr.	Hellertown, Pa./Saucon Valley
Lauren Costa	Sprints	Jr.	North Fayette Township, Pa./West Allegheny
Victoria Crawford	Mid-Distance	Sr.	State College, Pa./State College Area/IUP
Queene Dale	Sprints/Hurdles/Relays	Sr.	Ypsilanti, Mich./Saline
Deja Davis	Sprints/Relays	Sr.	Shelby Charter Township, Mich./Utica
Rachael DeCecco	Sprints/Hurdles/Relays	Sr.	Mechanicsburg, Pa./Cumberland Valley
Marisa Deichert	Distance	So.	Uniontown, Pa./Laurel Highlands
Natasha Fedkina	Distance	Fr.	State College, Pa./State College Area
Madeline Frew	Jumps	Fr.	Pine Grove, Pa./Pine Grove
Megan Fry	Pole Vault	Jr.	State College, Pa./State College Area
Olivia Giambra	Jumps	So.	Pittston, Pa./Pittston Area
Julia Guerra	Distance	Fr.	Oakland, N.J./Indian Hills
Greer Gumbrecht	Pole Vault	So.	Easton, Pa./West Virginia
Maddie Holmberg	Jumps	So./Jr.	Greensburg, Pa./Hempfield Area
Julia Howard	Jumps	Fr.	Greensburg, Pa./Greensburg Salem
Jillian Hunsberger	Distance	Jr.	Pittsburgh, Pa./Mount Lebanon
Katie Jones	Pole Vault	Fr.	Williamsport, Pa./South Williamsport
Tess Kearns	Distance	So.	Scranton, Pa./Holy Cross
Audra Koopman	Jumps	Fr.	Fort Collins, Colo./Fort Collins
Kiara Lester	Sprints	So.	Wenonah, N.J./Deptford Township
Greta Lindsley	Distance	Sr.	Lancaster, Pa./Penn Manor
Lexi Masterson	Pole Vault	Sr.	Jeannette, Pa./Hempfield Area
Megan McCloskey	Jumps	Sr.	Lower Gwynedd, Pa./Germantown Academy
Grayson McCloy	Jumps	Fr.	Mill Hall, Pa./Central Mountain
Hannah Mulhern	Pole Vault	Sr.	Altoona, Pa./Altoona Area
Kathryn Munks	Distance	So.	Chester, N.Y./Monroe- Woodbury
Noemie Noullet	Distance	Jr.	Pittsburgh/McDonogh
Nicole O'Donnell	Sprints/Mid-Distance	So.	Harleysville, Pa./Souderton
Moira O'Shea	Distance	Fr.	Greensburg, Pa./Greensburg Central Catholic
Alexa Parks	Jumps	Fr.	Pipersville, Pa./Palisades
Danae Rivers	Distance	So.	Derby, CT/Wilbur Cross
Marissa Sheva	Distance	So.	Sellersville, Pa./Pennridge
Steph Sievers	Throws	Jr.	Douglassville, Pa./Daniel Boone
Elyse Skerpon	Sprints/Hurdles/Relays	Jr.	Sayre, Pa./Sayre Area
Madison Smith	Throws	Fr.	New Oxford, Pa./New Oxford
Abigail Stultz	Multi-Events	Fr.	Frederick, Md./Oakdale
Victoria Tachinski	Distance	Fr.	Winnipeg, Manitoba/Vincent Massey
Grace Trucilla	Distance	So./Jr.	Erie, Pa./Villa Maria Academy
Kelsey Vieira	Jumps	Fr./So.	Hillsborough, N.J./Hillsborough
Brooke-Lynn Williams	Sprints	Fr.	Norton, Mass./Norton
Jordan Williams	Distance	Fr.	Sharon, Pa./Sharon
Alison Willingmyre	Distance	Fr.	Wernersville, Pa./Wilson
Alyssa Yeboah-Kodie	Jumps	Fr.	Hicksville, N.Y./St. Anthony's



# TRACK & FIELD

## 2018 Penn State Women's Outdoor Performance List

### WOMEN'S 100-METERS

PSU: 11.21 - Connie Moore, (2003)

11.59	+0.8	Keianna Albury	April-20
11.82	+1.7	Brooke-Lynn Williams	May-12
12.00	+4.0	Quenee Dale	April-7
12.01	-2.4	Kiara Lester	April-20
12.25	-0.2	Deja Davis	March-24
12.83	+0.1	Audra Koopman	March-24

### WOMEN'S 200-METERS

PSU: 22.45 - Connie Moore, (2004)  
Heptathlon: 23.56\* - Gayle Hunter, (2008)

23.79#	+2.1	Madeline Holmberg	May-11
23.91	+0.2	Keianna Albury	May-11
24.05	+1.6	Kiara Lester	April-21
24.32	+0.2	Deja Davis	May-11
24.81	-1.7	Brooke-Lynn Williams	May-11
24.94	-0.8	Quenee Dale	April-21
25.13	+1.7	Lauren Costa	April-21

### WOMEN'S 400-METERS

PSU: 50.84 - Shana Cox, (2008)

54.88		Kiara Lester	May-12
55.64		Deja Davis	April-7
56.30		Rachael DeCecco	April-20
57.16		Lauren Costa	April-21
58.84		Elyse Skerpon	April-20

### WOMEN'S 800-METERS

PSU: 2:02.53 - Danae Rivers, (2017)  
Heptathlon: 2:16.52 - Tal Ben-Artzi, (2015)

2:03.78		Danae Rivers	April-20
2:07.66		Victoria Tachinski	May-24
2:09.00		Frances Bull	April-20
2:11.63		Grace Trucilla	April-21
2:19.62#		Madeline Holmberg	April-21

### WOMEN'S 1,500-METERS

PSU: 4:10.82 - Danae Rivers, (2018)

4:10.82		Danae Rivers	March-30
4:20.84		Greta Lindsley	April-21
4:25.06		Marissa Sheva	April-21
4:31.38		Lisa Bennatan	April-14
4:31.70		Grace Trucilla	March-24
4:32.86		Jordan Williams	April-21
4:33.23		Kathryn Munks	April-7
4:33.99		Victoria Crawford	April-21
4:38.06		Elizabeth Chikotas	March-24

### WOMEN'S 3,000-METER STEEPLECHASE

PSU: 9:32.35 - Bridget Franek, (2010)

10:11.29		Greta Lindsley	April-20
10:35.34		Lisa Bennatan	April-26

### WOMEN'S 3,000-METERS

PSU: 9:08.04 - Kathy Mills, (1978)

### WOMEN'S 5,000-METERS

PSU: 15:32.53 - Kathy Mills, (1978)

15:55.27		Jillian Hunsberger	March-30
16:23.15		Kathryn Munks	April-26

### WOMEN'S 10,000-METERS

PSU: 32:57.53 - Kara Millhouse, (2012)

34:45.11		Kathryn Munks	May-11
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### WOMEN'S 100-METER HURDLES

PSU: 12.85 - Aleesha Barber, (2010)  
Heptathlon: 13.45 - Gayle Hunter, (2009)

13.57	+0.9	Quenee Dale	May-12
13.95#	+1.1	Madeline Holmberg	May-11

### WOMEN'S 400-METER HURDLES

PSU: 55.57 - Fawn Dorr, (2010)

59.36		Rachael DeCecco	May-24
1:01.96		Elyse Skerpon	March-24

### WOMEN'S 4X100-METER RELAY

PSU: 44.25 - Fox, Aduba, Shoaff, Moore, (2003)

44.69		Williams, Albury, Dale, Lester	May-13
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45.97		Williams, Albury, Davis, Lester	April-7
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### WOMEN'S 4x200-METER RELAY

PSU: 1:33.09 - Jones, McGee, Howell, Seymour, (2014)

1:33.86		Williams, Albury, Dale, Lester	April-28
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### WOMEN'S 4x400-METER RELAY

PSU: 3:27.69 - Blake, Barber, Cox, Simmons, (2008)

3:39.27		Davis, Lester, Tachinski, Bull	May-13
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3:40.12		Davis, Tachinski, DeCecco, Lester	April-28
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3:43.41		Davis, Lester, Tachinski, Rivers	April-7
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3:44.59		Lester, Davis, Holmberg, Tachinski	March-24
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3:46.52		Lester, DeCecco, Holmberg, Bull	April-26
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3:50.23		DeCecco, Bull, Skerpon, Albury	March-24
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3:56.11		DeCecco, Bull, Skerpon, Costa	April-7
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### WOMEN'S 4x800-METER RELAY

PSU: 8:25.49 - Gerlach, Kocjancic, Banks, Rivers, (2017)

8:46.84		Lindsley, Trucilla, Sheva, Bull	April-28
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### WOMEN'S 4x1500-METER RELAY

PSU: 17:57.28 - Noecker, Franek, Rosenfeld, Percival, (2007)

18:15.31		Trucilla, Sheva, Williams, Crawford	April-27
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### WOMEN'S SPRINT MEDLEY RELAY

PSU: 3:47.80 - Albury, Lester, Davis, Rivers, (2018)

3:47.80		Albury, Lester, Davis, Rivers	April-27
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### WOMEN'S DISTANCE MEDLEY RELAY

PSU: 10:56.07 - Gerlach, Rhodes, Banks, Rivers, (2017)

11:09.15		Lindsley, Davis, Tachinski, Rivers	April-26
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### WOMEN'S HIGH JUMP

PSU: 6-0 (1.83) - Shelley Mitchell, (1992)  
Heptathlon: 5-10 (1.78) - Brittney Howell, (2014)

5-10.75 (1.80)		Megan McCloskey	May-24
5-5.25 (1.66)		Abigail Stultz	April-14
5-5.00 (1.65)		Alexa Parks	March-24
5-3.00 (1.60)#		Madeline Holmberg	May-11
4-11.75 (1.52)		Grayson McCloy	April-14

### WOMEN'S POLE VAULT

PSU: 13-6.25 (4.12) - Hannah Mulhern/Katie Jones, (2018)

13-6.25 (4.12)		Hannah Mulhern	May-11
13-6.25 (4.12)		Katie Jones	May-11
12-8.00 (3.86)		Lexi Masterson	April-20
12-7.50 (3.85)		Greer Gumbrecht	April-15

### WOMEN'S LONG JUMP

PSU: 21-6 (6.55) - Chi-Chi Aduba, (2004)  
Heptathlon: 21-0.50 (6.42)\* - Gayle Hunter, (2009)

20-10.75 (6.37)#	+0.9	Madeline Holmberg	May-12
19-2.50 (5.85)	+0.8	Audra Koopman	May-12
17-9.75 (5.43)	+3.0	Kelsey Vieira	April-7
17-4.75 (5.30)	+1.3	Julia Howard	April-7

### WOMEN'S TRIPLE JUMP

PSU: 44-6.75 (13.58) - Chi-Chi Aduba, (2004)

39-7.75 (12.08)	+3.6	Kelsey Vieira	April-7
37-6.00 (11.43)	+0.0	Julia Howard	April-21

### WOMEN'S SHOT PUT

PSU: 56-3.25 (17.15) - Rachel Fatherly, (2015)  
Heptathlon: 44-8.25 (13.62) - Madeline Holmberg, (2018)

44-8.25 (13.62)#		Madeline Holmberg	April-20
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### WOMEN'S DISCUS

PSU: 185-1 (56.42) - Deshaya Williams, (2003)

### WOMEN'S HAMMER

PSU: 219-1 (66.75) - Jen Leatherman, (2006)

### WOMEN'S JAVELIN

PSU: 178-6 (54.41) - Laura Loht, (2014)  
Heptathlon: 142-3 (43.35) - Madeline Holmberg, (2018)

164-1 (50.02)		Madison Smith	April-7
162-10 (49.64)		Stephanie Sievers	April-14
149-4 (45.51)		Rosemary Campbell	April-27
142-3 (43.35)#		Madeline Holmberg	May-12

### WOMEN'S HEPTATHLON

PSU: 5,976 - Madeline Holmberg, (2018)

5,976		Madeline Holmberg	May-12
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**KEY -**  
**BOLD** - School Record; # - Mark from Multi-Events; \* - Flat to bank conversion, UNA - Unattached

as of May 29, 2018



# TRACK & FIELD

## 2018 Penn State Men's Outdoor Performance List

### MEN'S 100-METERS

PSU: 10.32 - Xavier Smith, (2017/18)  
Decathlon: 10.99 - Rob Cardina, (2014)

10.32	+0.4	Xavier Smith	May-12
10.37	+0.5	Malik Moffett	May-12
10.42	+0.0	Terrance Laird	March-30
10.49	+1.4	Will Henderson	May-12
10.66	+1.4	Anton Porter	May-12
11.00	-0.5	Darlen Williams	March-24

### MEN'S 200-METERS

PSU: 20.23 - Michael Timpson, (1986)

20.41	+0.9	Terrance Laird	March-30
20.65	-0.3	Malik Moffett	May-13
20.68	+0.5	Xavier Smith	May-26
21.75	+0.1	Kier Miner	April-21
22.01	+0.0	Tristan Daman	April-15
22.02	-0.4	Anton Porter	March-24

### MEN'S 400-METERS

PSU: 45.20 - Mike Sands, (1975)  
Decathlon: 47.65 - Brian Kelley, (1991)

47.36		Kier Miner	March-30
48.33		Gary Ross III	May-4
48.49		Samuel Reiser	May-12
49.42		Tristan Daman	April-15
50.21		Terrance Laird	April-7

### MEN'S 800-METERS

PSU: 1:44.53 - Isaiah Harris, (2017)

1:45.31		Isaiah Harris	May-13
1:48.62		Jordan Makins	May-13
1:50.03		Gary Ross III	May-12
1:51:67		Billy McDevitt	April-7
1:53.39		Joey Logue	April-20
1:53.74		Tommy Louro	April-21
1:54.43		William Ashenfelter	April-21
1:54.98		Samuel Reiser	March-24

### MEN'S 1,500-METERS

PSU: 3:38.82 - Brannon Kidder, (2014)  
Decathlon: 4:21.05 Tom Kleban, (1989)

3:47.06		Billy McDevitt	April-14
3:47.79		Owen Wing	April-14
3:48.03		Colin Abert	May-11
3:48.21		James Abrahams	April-14
3:49.33		Jordan Makins	April-14
3:50.19		Timothy McGowan	April-14
3:51.25		Brandon Hontz	April-7
3:55.82		Tommy Louro	April-14
4:01.74		Brady Bobbitt	May-4

### MEN'S 5,000 METERS

PSU: 13:34.0 - Greg Fredericks, (1972)

14:01.11		Timothy McGowan	April-21
14:16.29		John McGowan	April-26
14:19.83		Colin Abert	March-30
15:07.91		William Loevner	April-14
15:24.01		Brady Bobbitt	April-14
15:53.49		Owen Wing	April-7
15:54.77		Brandon Hontz	April-7
16:00.39		James Abrahams	April-7

### MEN'S 3,000 METER STEEPLECHASE

PSU: 8:22.5 - George Malley, (1977)

9:10.03		James Abrahams	April-26
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### MEN'S 10,000 METERS

PSU: 28:08.0 - Greg Fredericks, (1972)

30:39.76		Timothy McGowan	May-11
31:00.34		John McGowan	May-11

### MEN'S 110-METER HURDLES

PSU: 13.56 - Guy Rose, 2001  
Decathlon: 14.45 - Rick Kleban, 1987

### MEN'S 400-METER HURDLES

PSU: 48.69 - Mike Shine, (1976)

### MEN'S 4X100-METER RELAY

PSU: 39.08 - Kowalchuk, Chisena, Smith, Moffett, (2017)

39.21		Henderson, Porter, Smith, Moffett	May-13
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39.69		Smith, Porter, Laird, Moffett	March-31
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39.91		Henderson, Laird, Smith, Moffett	April-7
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### MEN'S 4X200-METER RELAY

PSU: 1:23.75 - Smith, Chisena, Moffett, Porter, (2016)

### MEN'S 4x400-METER RELAY

PSU: 3:01.52 - Nadolsky, Br. Bennett-Green, Loxsom, Gehret, (2012)

3:05.13		Miner, Smith, Reiser, Harris	April-28
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3:08.92		Miner, Ross III, Smith, Harris	April-21
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3:10.16		Smith, Ross III, Reiser, Harris	May-13
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3:10.55		Miner, Smith, Ross, Reiser	April-27
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3:11.66		Reiser, Smith, Ross III, Harris	May-26
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3:14.21		Miner, Laird, Smith, Ross III	April-7
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3:15.90		Chisena, Reiser, Perretta, Ross III	March-24
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### MEN'S 4x800-METER RELAY

PSU: 7:11.17 - Watson, Shisler, Mills, Moore, (1985)

7:19.60		McDevitt, Makins, Ross III, Harris	April-28
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### MEN'S SPRINT MEDLEY RELAY

PSU: 3:15.25 - Smith, Moffett, Miner, Harris, (2018)

3:15.25		Smith, Moffett, Miner, Harris	April-27
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### MEN'S DISTANCE MEDLEY RELAY

PSU: 9:24.68 - Kidder, Bennett-Green, Loxsom, Creese, (2013)

9:41.76		Wing, Makins, McDevitt, Abert	April-27
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### MEN'S 4xMile-RELAY

PSU: 16:18.5 - Rapp, Snyder, Wyatt, Mangan, (1979)

16:39.31		Wing, McGowan, Hontz, Abert	April-28
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### MEN'S HIGH JUMP

PSU: 7-3.25 (2.22) - Coney, (1985)/Hendershot, (2013)  
Decathlon: 7-0.25 (2.14) - Rob Cardina, (2014)

6-11.50 (2.12)		Devin Bradham	April-27
6-9.00 (2.06)		Austin Campbell	April-7
6-8.00 (2.03)		Spencer Hay	April-21
6-8.00 (2.03)		Chisom Ifedi	May-4

### MEN'S POLE VAULT

PSU: 17-5.5 (5.32) - John Vellenoweth, (2009)  
Decathlon: 16-2.5 (4.94) - Rick Kleban, (1985)

### MEN'S LONG JUMP

PSU: 26-3 (8.00) - Malik Moffett, (2017)  
Decathlon: 23-7.25 (7.19) - Dave Masgay, (1987)

24-7.75 (7.51) -0.3		Malik Moffett	April-21
23-9 (7.24) +0.8		William Henderson	April-21

### MEN'S TRIPLE JUMP

PSU: 54-6 (16.61) - Antonio Davis, (1993)

52-0.50 (15.86) -0.8		Bryce Williams	May-13
47-0.75 (14.34) +0.5		Darian Alston	April-14

### MEN'S SHOT PUT

PSU: 69-2 (21.08) - Joe Kovacs, (2012)  
Decathlon: 48-9.50 (14.87) - Barry Walsh, (1989)

60-2.50 (18.35)		Jon Yohman	May-12
58-0.50 (17.69)		Ben Peterson	April-27
55-9.00 (16.99)		Luke Grodeska	April-27
52-6.75 (16.02)		Morgan Shigo	March-31
50-9.50 (15.48)		Thomas Bojalad	April-7

### MEN'S DISCUS

PSU: 207-5 (63.22) - Brian Milne, (1992)  
Decathlon: 155-3 (47.32) - James Cook, (1997)

200-0 (60.97)		David Lucas	April-28
169-8 (51.71)		Jon Yohman	May-4
162-5 (49.51)		Thomas Bojalad	April-21

### MEN'S HAMMER

PSU: 233-0 (71.01) - Morgan Shigo, (2018)

233-0 (71.01)		Morgan Shigo	April-20
212-6 (64.78)		David Lucas	May-24
200-7 (61.15)		Luke Grodeska	May-11
149-6 (45.56)		Ben Peterson	March-23

### MEN'S JAVELIN

PSU: 262-2 (79.91) - Michael Shuey, (2017)  
Decathlon: 206-2 (62.83) - Shawn Colligan, (2008)

239-7 (73.02)		Michael Biddle	May-11
215-5 (65.66)		Mark Porter	April-21
210-5 (64.14)		Matt Nawrocki	April-7

### MEN'S DECATHLON

PSU: 7,685 - Rick Kleban, (1985)

## All-Time Women's Top 10 Outdoor Performances

<b>100-Meter Dash</b> 1 11.21 Connie Moore 2004 2 11.27 Shavon Greaves 2010 3 11.29 Mahogany Jones 2014 4 11.56 Kamilah Salaam 2004 5 11.58 Keianna Albury 2017 6 11.63 (11.57w) Aleesha Barber 2008 7 11.68 Vivian Riddick 1983 8 11.68 (11.60w) Kirsten Nieuwendam 2012 9 11.70 Sara Shoaff 2006 10 11.72 Caitlin DeFusco 2010				<b>100 Hurdles</b> 1 12.85 Aleesha Barber 2010 2 13.03 Evonne Britton 2014 3 13.35 Gayle Hunter 2009 4 13.36 Toyin Augustus 2001 5 13.45 Brittney Howell 2014 <b>6 13.57 Queene Dale 2018</b> 7 13.70 Madeline Holmberg 2017 8 13.71 Shelley Black 2015 9 13.83 Kamilah Salaam 2006 10 13.83 Monique Walker 2006				<b>Long Jump</b> 1 21-6 (6.55) Chi-Chi Aduba 2004 2 21-4.75 (6.52) Gayle Hunter 2008 3 20-10.75 (6.37) Carmen Mann 1989 4 20-10.75 (6.37) Shakeema Walker 1999 5 20-10.75 (6.37) Brittney Howell 2014 <b>6 20-10.75 (6.37) Madeline Holmberg 2018</b> 7 20-5.25 (6.25) Bianca Fung 2009 8 20-4.5 (6.21) Vivian Riddick 1982 9 20-4.25 (6.20) Monique Gillman 1997 10 20-3 (6.17) Lena Bettis 2007			
<b>200-Meter Dash</b> 1 22.45 Connie Moore 2004 2 22.90 (22.68w) Mahogany Jones 2014 3 23.07 Shavon Greaves 2010 4 23.15 (22.92w) Shana Cox 2008 5 23.33 Keianna Albury 2017 6 23.47 Kirsten Nieuwendam 2012 7 23.61 Kamilah Salaam 2004 8 23.66 Kiah Seymour 2014 9 23.70 Sara Shoaff 2005 <b>10 23.79 Madeline Holmberg 2018</b>				<b>400 Hurdles</b> 1 55.57 Fawn Dorr 2010 2 55.88 Kiah Seymour 2014 3 57.00 Aleesha Barber 2007 4 57.32 Evonne Britton 2010 5 57.35 Megan Duncan 2011 6 57.88 Shelley Mitchell 1991 7 58.45 Tammie Hart 1982 8 58.60 Ernestine Marsh 1987 9 58.77 Kim Markel 2007 10 58.93 Doris Anyanwu 2012				<b>Triple Jump</b> 1 44-6.75 (13.58) Chi-Chi Aduba 2004 2 44-5 (13.54) Dannielle Gibson 2016 3 45-1.75 (13.76w) Shakeema Walker 1999 4 44-3 (13.48) Carmen Mann 1990 5 43-1 (13.13) Kaitlyn Lopez 2017 6 42-9.25 (13.04) Tanaya Lloyd 2012 7 42-2.75 (12.87) Marlene Ricketts 2014 8 41-7 (12.67) Lena Bettis 2007 9 41-2.50 (12.56) Gayle Hunter 2007 10 42-9.25 (13.04w) Alicia Porro 1992			
<b>400-Meter Dash</b> 1 50.84 Shana Cox 2008 2 52.15 Dominique Blake 2008 3 52.51 Fawn Dorr 2010 4 53.14 Dynasty McGee 2014 5 53.17 Ije Iheoma 2012 6 53.65 Tichina Rhodes 2015 7 53.74 Laila Brock 1998 8 53.74 Janice Carter 1988 9 53.80 Tammie Hart 1981 10 54.15 Shavon Greaves 2010				<b>3,000-Meter Steeplechase</b> 1 9:32.35 Bridget Franek 2010 2 9:46.76 Tori Gerlach 2017 3 10:07.78 Molly Landreth 2003 4 10:07.86 Natalie Bower 2013 <b>5 10:11.29 Greta Lindsley 2018</b> 6 10:16.91 Tracey Brauksieck 2003 7 10:20.33 Lindsey Graybill 2012 8 10:20.76 Abbie Benson 2014 9 10:24.01 Claire Percival 2007 10 10:26.41 Nicole Lord 2010				<b>Shot Put</b> 1 56-3.25 (17.15) Rachel Fotherly 2015 2 55-4.75 (16.88) Ja'Nai O'Connor 2004 3 55-0 (16.76) Elaine Sobansky 1984 4 54-2 (16.51) Alyssa Robinson 2016 5 53-11 (16.43) Obeng Marfo 2017 6 53-8.25 (16.36) Jennifer Leatherman 2006 7 52-6 (16.00) Jane Swenson 2011 8 51-6.5 (15.71) Melissa Kurzdorfer 2014 9 51-6.25 (15.70) Deshaya Williams 2003 10 51-1.5 (15.58) Emma Schmelzer 2009			
<b>800-Meter Run</b> 1 2:02.53 Danae Rivers 2017 2 2:03.09 Bekka Simko 2012 3 2:04.37 Tammie Hart 1985 4 2:04.72 Briene Simmons 2006 5 2:05.14 Rachel Banks 2017 6 2:05.66 Janice Carter 1985 7 2:05.69 Erica Bosler 1998 8 2:06.68 Terry Pioli 1981 9 2:06.80 Maura Ryan 2011 10 2:07.26 Judi Cassel 1995				<b>4x100-Meter Relay</b> 1 44.25 Fox, Shoaff, Moore Aduba 2003 2 44.38 Salaam, Aduba, Shoaff, Moore 2004 3 44.57 Greaves, DeFusco, Barber, Dorr 2010 4 44.64 Gibson, Jones, McGee, Seymour 2014 <b>5 44.69 Williams, Albury, Dale, Lester 2018</b>				<b>Discus</b> 1 185-1 (56.41) Deshaya Williams 2001 2 173-4 (52.83) Christen Clemson 2007 3 170-8 (52.03) Obeng Marfo 2016 4 170-0 (51.82) Jennifer Leatherman 2006 5 167-7 (51.08) Elaine Sobansky 1984 6 167-4 (51.01) Emma Schmelzer 2007 7 166-8 (50.82) Melissa Kurzdorfer 2013 8 161-5 (49.21) Rachel Fotherly 2014 9 157-6 (48.02) Taylor McNally 2011 10 156-7 (47.72) Lexi Benamati 2004			
<b>1500-Meter Run</b> 1 4:10.82 Danae Rivers 2018 2 4:15.20 Marta Klebe 2014 3 4:16.96 Doreen Startare 1993 4 4:17.40 Kim McGreevy 1997 5 4:17.54 Mary Rawe 1981 6 4:18.33 Bridget Franek 2010 7 4:19.83 Patty Murnane 1981 8 4:20.11 Bekka Simko 2012 9 4:20.40 Caitlin Lane 2010 <b>10 4:20.84 Greta Lindsley 2018</b>				<b>4x400-Meter Relay</b> 1 3:27.69 Blake, Barber, Hunter, Cox 2008 2 3:30.34 Barber, Greaves, Hunter, Dorr 2009 3 3:30.35 Anyanwu, Greaves, Iheoma, Duncan 2011 4 3:30.74 Barber, Greaves, Anyanwu, Dorr 2010 5 3:31.17 McGee, Jones, Rhodes, Seymour 2014				<b>Hammer</b> 1 219-1 (66.78) Jennifer Leatherman 2006 2 207-10 (63.35) Melissa Kurzdorfer 2012 3 197-3 (60.12) Kate Johnston 2003 4 191-9 (58.44) Rachel Fotherly 2015 5 191-2 (58.27) Annjulie Vester 2005 6 190-10 (58.16) Deshaya Williams 2013 7 187-6 (57.15) Alyssa Robinson 2017 8 186-11 (56.97) Helen Higgins 2007 9 183-6 (55.94) Obeng Marfo 2017 10 178-3 (54.35) Emma Schmelzer 2009			
<b>5000 Meters</b> 1 15:32.52 Kathy Mills 1978 2 15:46.08 Bridget Franek 2010 3 15:53.50 Paula Renzi 1985 <b>4 15:55.27 Jillian Hunsberger 2018</b> 5 15:58.79 Tori Gerlach 2015 6 16:01.59 Tessa Barrett 2017 7 16:05.46 Elizabeth Chikotas 2015 8 16:06.32 Kim Kelly 1993 9 16:08.74 Leigha Anderson 2014 10 16:09.38 Stacy Prey 1990				<b>High Jump</b> 1 6-0 (1.83) Shelley Mitchell 1992 2 5-11.50 (1.82) Megan McCloskey 2017 3 5-11.25 (1.81) Pam Connell 1991 4 5-11.25 (1.81) Ahmenah Richardson 2015 5 5-11 (NMC) Antoinette O'Carroll 1987 6 5-10.75 (1.80) Erika Morgan 2013 7 5-10.5 (1.79) Karen Krawick 1980 8 5-10.5 (1.79) Jenny Williams 1987 9 5-10.5 (1.79) Leslie Lippincott 1991 10 5-10.5 (1.79) Holly Jones 1992				<b>Javelin</b> 1 178-6 (54.41) Laura Loht 2014 2 178-4 (54.35) Kim Hanslovan 2009 3 177-10 (54.02) Lauren Kenney 2013 4 176-2 (53.70) Karlee McQuillen 2008 5 169-3 (51.58) Carrie Karabinos 1999 6 167-2 (50.96) Heidi Nadeau 2007 7 167-1 (50.92) Brianne Johnson 2001 <b>8 164-1 (50.02) Madison Smith 2018</b> <b>9 162-10 (49.64) Stephanie Sievers 2018</b> 10 159-4 (48.56) Ashley Colley 2002			
<b>10,000 Meters</b> 1 32:57.33 Kara Millhouse 2012 2 33:29.40 Jillian Hunsberger 2017 3 33:52.32 Leigha Anderson 2014 4 34:00.00 Natalie Updegrove 1983 5 34:02.52 Kim Kelly 1993 6 34:02.80 Kris Kelly 1993 7 34:05.28 Kathryn Munks 2017 8 34:09.00 Kelli Hunt 1993 9 34:20.10 Donna Fidler 1999 10 34:22.03 Tessa Barrett 2016				<b>Pole Vault</b> 1 17-6.25 (4.12) Hannah Mulhern 2018 <b>2 13-6.25 (4.12) Katie Jones 2018</b> 3 13-4.50 (4.08) Lexi Masterson 2017 4 13-1.50 (4.00) Sara Dougherty 2004 5 12-10.25 (3.92) Kary Kemp 2016 6 12-9.50 (3.90) Jocelyn Witmer 2010 7 12-9.50 (3.90) Erin Knabe 2014 8 12-8.25 (3.87) Caitlin Fairbairn 2010 9 12-7.50 (3.85) Megan Fry 2017 <b>10 12-7.50 (3.85) Greer Gumbrecht 2018</b>				<b>Heptathlon</b> 1 5776 Madeline Holmberg 2018 2 5797 Gayle Hunter 2009 3 5706 Pam Connell 1991 4 5625 Brittney Howell 2014 5 5420 Carmen Mann 1990 6 5407 Shelley Mitchell 1992 7 5311 Carla Criste 1986 8 4941 Tal Ben-Artzi 2016 9 4919 Amber Strouse 2007 10 4917 Holly Jones 1992			

NMC - No Metric Conversion

## All-Time Men's Top 10 Outdoor Performances

<b>100-Meter Dash</b>				<b>110 Hurdles</b>				<b>Long Jump</b>			
1	10.32 (10.10w)	<b>Xavier Smith</b>	2017/18	1	13.56	Guy Rose	2001	1	26-3.00 (8.00)	Malik Moffett	2017
2	10.34 (10.1 MT)	Mike Sands	1975	2	13.69	Sancho Barrett	2015	2	25-11 (7.90)	David Coney	1985
3	10.37 (10.26w)	<b>Malik Moffett</b>	2018	3	13.73	Paul Lankford	1980	3	25-9.00 (7.86)	Rob Boulware	1986
4	10.38 (10.22w)	Karson Kowalchuk	2017	4	13.80	Michael Timpson	1988		25-9.00 (7.86)	Steve Pina	1996
5	10.42	<b>Terrance Laird</b>	2018	5	13.87	Mike Shine	1976	5	25-8.75 (7.84)	George Audu	1999
6	10.44	Mike Shine	1976	6	13.96	Ron Jules	2008		25-8.75 (7.84)	John Gorham	1999
7	10.46	Ryan Olkowski	2002	7	14.06	John Whelan	1997	7	25-6.00 (7.77)	Antonio Davis	1993
8	10.47	Michael Timpson	1987	8	14.08	Sam Harris	1988	8	25-2.75 (7.69)	Ryan Olkowski	2000
9	10.49	Bob Brown	1961	9	14.09	Brian Derby	2002	9	25-0.75 (7.42)	Chavous Nichols	2004
	10.49	<b>Will Henderson</b>	2018		14.09	Barry Robinson	1985	10	24-10.50 (7.58)	Al Bates	1928
<b>200-Meter Dash</b>				<b>400 Hurdles</b>				<b>Triple Jump</b>			
1	20.23	Michael Timpson	1986	1	48.69	Mike Shine	1976	1	54-6.00 (16.61)	Antonio Davis	1993
2	20.41	<b>Terrance Laird</b>	2018	2	49.55	Paul Lankford	1981	2	54-3.75 (16.55)	Chavous Nichols	2004
3	20.49 (19.87w)	Malik Moffett	2017	3	49.72	Brian Derby	2003	3	53-4.50 (16.27)	Brian Leap	2016
4	20.58	Mike Sands	1975	4	50.10	Jaret Campisi	2005	4	53-1.50 (16.19)	Clarence Smith	2009
5	20.59	Ryan Olkowski	2002	5	50.49	Bill Austin	1978	5	52-11.50 (16.14)	Steve Waithe	2014
6	20.62	Brady Gehret	2012	6	50.54	Michael Timpson	1988		53-4.25 (16.26w)		
7	20.68 (20.23w)	<b>Xavier Smith</b>	2018	7	50.61	Barry Robinson	1985	6	52-8.25 (16.06)	Ricardo Hall	1990
8	21.01	Ernie Terrell	2002	8	50.67	Kevin Cripanuk	1992	7	52-2.00 (15.90)	Bryce Williams	2017
9	21.02	Barney Ewell	1942	9	50.75	Byron Robinson	2014	8	51-8.50 (15.76)	Hanif Johnson	2011
	21.02	Art Pollard	1955	10	50.76	Brian Kelly	1993	9	51-1.00 (15.57)	Warren Rockwell	1966
								10	50-7.00 (15.42)	Steve Pina	1995
<b>400-Meter Dash</b>				<b>3000-Meter Steeplechase</b>				<b>Shot Put</b>			
1	45.20	Mike Sands	1975	1	8:22.54	George Malley	1977				
2	45.22	Brady Gehret	2012	2	8:37.7	Rick Garcia	1983	1	69-2.00 (21.08)	Joe Kovacs	2012
3	45.94	Brandon Bennett-Green	2012	3	8:40.4	Bruce Baden	1977	2	68-5.25 (20.86)	Darrell Hill	2015
4	46.12	Byron Robinson	2014	4	8:42.85	Eric Carter	1988	3	65-5.00 (19.94)	C.J. Hunter	1990
5	46.14	Paul Lankford	1980	5	8:47.03	Larry Mangan	1980	4	64-2.50 (19.57)	Blake Eaton	2010
6	46.16	Dan Chisena	2017	6	8:48.1	Paul Mackley	1985	5	64-0.25 (19.51)	Knut Hjeltnes	1975
7	46.62	Ernie Terrell	2002	7	8:49.45	Brian Laird	1989	6	62-9.25 (19.13)	Jon Yohman	2017
8	46.74	Mike Cadau	2009	8	8:50.9	Jim Allahand	1972	7	61-11.75 (18.89)	Logan Caldwell	2012
9	46.91	Ben Karcz	2002	9	8:51.84	Chris Foster	2005	8	61-3.25 (18.68)	Greg Reyner	1986
10	46.93	Tyreek Mathis	2017	10	8:53.71	Andy Scott	1991	9	61-1.25 (18.62)	Phil Caraher	1990
								10	59-7.00 (18.16)	Dane Miller	2004
<b>800-Meter Run</b>				<b>4x100-Meter Relay</b>				<b>Discus</b>			
1	1:44.53	Isaiah Harris	2017	1	39.08	Kowalchuk, Chisena, Smith, Moffett	2017				
2	1:45.28	Casimir Loxsom	2011	2	39.21	<b>Henderson, Porter, Smith, Moffett</b>	2018	1	207-5 (63.22)	Brian Milne	1992
3	1:45.58	Brannon Kidder	2015	3	39.63	Davis, Hackman, Shine, Sands	1975	2	201-10 (61.52)	Knut Hjeltnes	1975
4	1:45.96	Randy Moore	1985	4	39.69	<b>Smith, Porter, Laird, Moffett</b>	2018	3	201-6 (61.43)	David Lucas	2017
5	1:46.62	Ray Levitre	1987	5	39.88	Finkel, Singleton, Sands, Scott	1973	4	186-9 (56.90)	Gary Williky	1979
6	1:46.78	Ryan Foster	2009					5	186-3 (56.78)	Blake Eaton	2011
7	1:46.81	Chris Mills	1987					6	184-0 (56.08)	Joe Kovacs	2011
8	1:46.82	Ken Wynn	1983					7	183-6 (55.93)	Will Barr	2012
9	1:46.85	Samuel Borchers	2011	1	3:01.52	Nadolsky, Br. Bennett-Green, Loxsom, Gehret	2012	8	182-2 (55.53)	Jon Yohman	2016
10	1:47.29	Domenic Perretta	2017	2	3:03.48	Chisena, Smith	2017	9	177-11 (54.23)	Dan Diaz	2003
				3	3:04.78	Mathis, Harris	2012	10	176-10 (53.90)	Steve Meyers	2006
<b>1500-Meter Run</b>				<b>4x400-Meter Relay</b>				<b>Hammer</b>			
1	3:38.82	Brannon Kidder	2014								
2	3:38.99	Steve Balkey	1987	1	3:05.13	<b>Miner, Smith, Reiser, Harris</b>	2018	1	233-0 (71.01)	<b>Morgan Shigo</b>	2018
3	3:39.02	Robby Creese	2015	4	3:06.21	Gilmore, Shisler, Bennett-Green, Bennett-Green	2012	2	218-6 (66.60)	Alvin Jackson	1976
4	3:39.25	Larry Mangan	1980					3	212-6 (64.78)	<b>David Lucas</b>	2018
5	3:39.57	Ryan Foster	2011					4	207-10 (63.35)	Will Barr	2013
6	3:42.08	Doug Walter	1990					5	207-1 (63.11)	Kory Decesaris	2017
7	3:42.12	David McMillan	1988					6	203-0 (61.88)	Neal McNutt	1998
8	3:42.2	George Malley	1977					7	201-9 (61.50)	Joe Kovacs	2011
	3:42.2	Mike Wyatt	1977	1	7-3.25 (2.22)	David Coney	1985	8	200-7 (61.15)	<b>Luke Grodeska</b>	2018
10	3:42.54	Owen Dawson	2012					9	198-5 (60.49)	Tyler Hoffman	2008
				3	7-3.00 (2.21)	Jon Hendershot	2013	10	197-0 (60.04)	Todd Shenk	1984
<b>5000 Meters</b>				<b>High Jump</b>				<b>Javelin</b>			
1	13:34.0	Greg Fredericks	1972	1	7-3.25 (2.22)	David Coney	1985				
2	13:36.3	Robert Snyder	1978	2	7-3.25 (2.22)	Jon Hendershot	2013	1	262-2 (79.91)	Michael Shuey	2017
3	13:42.1	Alan Scharsu	1980	3	7-3.00 (2.21)	Paul Souza	1983	2	239-9 (73.09)	Allen Pettner	2007
4	13:50.54	Steve Brown	1989	4	7-2.50 (2.20)	Ryan Fritz	2007	3	239-7 (73.02)	<b>Michael Biddle</b>	2018
5	13:52.4	Paul Stemmer	1977	5	7-2.25 (2.19)	Sean Reilly	2013	4	237-1 (72.26)	Troy Burkholder	1997
6	13:53.2	George Malley	1976	6	7-1.75 (2.18)	David Kriz	1995	5	233-8 (71.22)	Carl Wolter	1996
7	13:54.20	Timothy McGowan	2017	7	7-0.50 (2.15)	Ryan Olkowski	1999	6	233-4 (71.13)	Tanner Evak	2009
8	13:55.0	Jeff Adkins	1982	8	7-0.50 (2.15)	Chisom Ifedi	2016	7	232-0 (70.71)	Ryan Kerr	2017
9	13:56.1	Charlie Maguire	1974	9	7-0.25 (2.14)	Nick Plack	2000	8	231-3 (70.48)	Brian Stumpf	2003
10	13:57.1	Gary Gittings	1973					9	230-3 (70.19)	Matt Moyer	2004
								10	227-8 (69.40)	Rob Austin	1995
<b>10,000 Meters</b>				<b>Pole Vault</b>				<b>Decathlon</b>			
1	28:08.0	Greg Fredericks	1972	1	17-5.5 (5.32)	John Yellenoweth	2009				
2	28:29.4	Charlie Maguire	1974	2	17-5 (5.31)	Mason Ternay	1991	1	7685	Rick Kleban	1985
3	28:38.3	Eric Carter	1987	3	17-0 (5.18)	Dave Bollinger	2004	2	7666	Rob Cardina	2014
4	28:42.80	Paul Stemmer	1976	4	16-10 (5.13)	Rick Kleban	1985	3	7600	James Cook	1996
5	28:55.33	Kyle Dawson	2012	5	16-8.75 (5.10)	Dylan Bilka	2014	4	7588	Dave Masgay	1987
6	29:11.71	John Ziegler	1979	6	16-7.25 (5.06)	Ron Campbell	1985	5	7472	Barry Walsh	1989
7	29:15.73	Tyler McCandless	2010	7	16-7.25 (5.06)	Bradford Lawrence	2009	6	7424	J.T. Kuretech	2003
8	29:25.58	Mark Wimmer	1994	8	16-6.75 (5.05)	Kevin Dare	2001	7	7415	Brian Kelley	1991
9	29:27.6	George Malley	1975	9	16-6.75 (5.05)	Nick Fegley	2003	8	7361	Shawn Colligan	2008
10	29:30.6	Alan Scharsu	1980	10	16-6 (5.03)	Ken Stoffer	1983	9	7119	Anyu Uzoh	2012
								10	7097	Chris Morrissy	2008





Name: **Michael Biddle**

Year: **Sophomore**

Hometown: **Williamsburg, Pa.**

High School: **Living Water Christian Academy**

Event: **Men's Javelin Throw**

Major: **Community, Environment, and Development**

**On the National Stage...** || Advanced to the NCAA Championships with a ninth-place finish (208-6) at the NCAA East Prelims.. || 2017 Outdoor || Finished 18th at the USATF Championships in the javelin with a best of 61.08m (200' 5")...Competed at the NCAA Championships in Eugene, Ore. finishing 18th with a mark of 66.95m (219' 8")... Finished sixth at the NCAA East Preliminary 67.18m (220' 5")

**At The Big Ten Championships...**

|| **2018** || Won the men's javelin throw title with his personal-best toss of 239-7, which ranks No. 3 all-time at Penn State... || 2017 Outdoor || Set the No. 4 performance in Penn State history with a personal best throw of 235'-7" (71.81m)

**In The Field...**

|| 2018 Outdoor || Recorded four first-place finishes... || 2017 Outdoor || Competed in eight meets... Recorded five top-10

finishes... || 2017 Indoor || Did not compete || 2016 Outdoor || Did not compete || 2016 Indoor || Did not compete

**Before Penn State...**

|| High School PR || Javelin: 213-10 || High School || Three-time PIAA District Six AA champion ... Set the PIAA District Six AA javelin record in 2015 ... School record holder ... Finished third at the 2014 PIAA AA Outdoor Track & Field Championships ... Won the javelin title at the 2015 PIAA AA Outdoor Track & Field Championships ... Three-time Inter County Conference champion ... Nominated to represent Pennsylvania for the 2015 Gatorade Athlete of the Year ... Placed second at the 2015 Penn Relays ... 2014 bronze medalist at the USA Track & Field Junior Olympics ... 2013 gold medalist at the USA Track & Field Junior Olympics ... All-American ... Four-time letterwinner || National Level Competition || 2015

New Balance Outdoor Nationals javelin champion || Personal || Son of Tammy and Michael Biddle ... Born July 1, 1997





Name: **Isaiah Harris**

Year: **Junior**

Hometown: **Lewiston, Maine**

High School: **Lewiston**

Event: **Men's 800-Meter Run**

Major: **Division of Undergraduate Studies**

**On the National Stage...** || 2018 Outdoor || Advanced to the NCAA Championships in the men's 800-meter run with a second-place finish in the first heat (1:46.80)... || 2018 Indoor || Ran to a runner-up finish in the men's 800-meter run... First Team All-American... || 2017 Outdoor || Silver Medalist in the 800-meters at the USATF Championships running a personal best of 1:44.53... Silver Medalist in the 800-meters running 1:45.40 in Eugene, Ore.... Competed on the NCAA Qualifying 4x400-meter relay... Finished the East Preliminary with the fastest time in the 800-meters (1:45.92)... Ran the anchor leg of the 4x400-meter relay that set the school record (3:03.48) || 2017 Indoor || || 2016 Outdoor || Grabbed a gold medal at the NACAC U23 Championships in the 800-meters (1:47.52)... Qualified for the U.S. Olympic Trials in the 800-meters... Posted a 6th-place finish in the 800-meters at the U.S. Olympic Trials running 1:46.47 in the finals in Eugene, Ore. ... Posted a 4th-place finish at the NCAA Outdoor Championships in the 800-meters running a lifetime best 1:45.76... Qualified for the NCAA East Preliminary in 800-meters and 4x400-meter relay... Posted a time of 1:46.52 in the 800-meters at the NCAA East Preliminary || 2016 Indoor || Finished 12th in the 800-meters at the NCAA Indoor Championships at the Birmingham Crossplex in Birmingham, Ala.

**At the Big Ten Championships...** || 2018 Outdoor || Won his third-straight Big Ten 800-meter run title with a meet, and facility, record time of 1:45.31... A member of the sixth-place men's 4x400-meter relay... Named the Track Athlete of the Championships... || 2018 Indoor || Won his third-straight Big Ten indoor

800-meter run title... A member of the runner-up 4x400-meter relay (3:05.12 - which is the No. 2 time in school history), and seventh-place distance medley relay... || 2017 Outdoor || Helped the Nittany Lions win the Big Ten Championship for the first time in program history... Won the 800-meters... Ran the anchor leg on the silver medal 4x400-meter relay || 2017 Indoor || Won the 800-meter title (1:47.23)... Competed in the DMR and ran the anchor leg of the Conference Champion 4x400-meter relay that recorded a school record of (3:04.80) || 2016 Outdoor || Won the 800-meters to complete the indoor/outdoor sweep in the event running a time of 1:46.21 in Lincoln, Neb... Ran the anchor leg on the 4x400-meter relay splitting 45.2 on the sixth-place relay (3:07.25) || 2016 Indoor || Captured the Indoor 800-meter championship running a Big Ten All-time indoor record time of 1:46.24 in Spire Center in Geneva, Ohio

**Around the Track...** || 2018 Outdoor || Anchored the Nittany Lion men's sprint medley relay with the third-fastest split (1:44.74) in Penn Relays history en route to a first-place finish and school-record time of 3:15.25... A member of the men's 4x400-meter relay that finished sixth at the Penn Relays with the No. 4 time in school history (3:05.13)... Won the men's 800-meter run title at the Virginia Challenge... Finished runner-up in the men's 800-meter run at the Florida Relays... || 2018 Indoor || Between individual and relay events, Harris tallied four first-place finishes... || 2017 Outdoor || Competed in eight meets... Posted 17 top-10 finishes... Recorded a personal best of 1:45.12 in a first-place in the 800-meters at the Virginia Classic || 2017 Indoor || Competed in seven

meets... Posted 17 top-10 finishes including nine first-place finishes... Recorded the second-fastest time in the world in the 600-meters (1:14.96)... Set a personal best in the Mile at the Penn State Tune-Up meet (4:05.89) || 2016 Outdoor || Competed in 10 meets... Recorded 15 top-10 finishes... Posted three first-place finishes... Recorded second-place finishes in back-to-back trips to the west coast in the Pepsi Invitational and Stanford Twilight 800-meters || 2016 Indoor || Competed in in eight meets... Opened the season with six straight wins... Posted a personal best time of 48.79 in the 400-meters at the Fastrack National Invite... Set a personal best in the 600-meters at the Penn State Tune-Up running 1:17.50

**Before Penn State...** || High School PRs || 200: 21.82, 400: 46.8, 800: 1:49.63, 1,600: 4:18.92 || High School || Holds the Maine all-time best in the 200-meter dash and the 800-meter run ... Two-time New England champion in the 800-meter run ... Three-time state champion in the 800-meter run ... Two-time state champion in the 200-meter dash ... 2015 state champion in the 1,600-meter run ... Finished runner-up at the 2014 state cross country meet ... Holds six school records ... Six-time letter winner ... Track team captain ... Cross country team captain ... Six-time team MVP ... || National Level Competition || Finished third in the 800-meter run at the 2015 New Balance Outdoor Nationals meet ... All-American || Personal || Born on October 18, 1996





Name: **Will Henderson**

Year: **Freshman**

Hometown: **Baltimore, Md.**

High School: **Baltimore Polytechnic Inst.**

Event: **Men's 4x100-Meter Relay**

Major: **Kinesiology**

**At the National Level...** || 2018 Outdoor || A member of the men's 4x100-meter relay that advanced to the NCAA Championships with a 12th-place finish...

**At the Big Ten Championships...** || 2018 Outdoor || Tied the No. 9 time in the men's 100-meter dash in the prelims and finals...Finished eighth in the men's 100-meter dash...A member of the men's 4x100-meter relay that placed second with the No. 2 time in school history (39.21)... || 2018 Indoor || Took 11th in the men's long jump and finished 14th in the men's 60-meter hurdles...

**Around the Track...** || 2018 Outdoor || Recorded three top-five finishes...|| 2018 Indoor || Recorded seven top-five finishes...

**Before Penn State...** || High School PRs || 55m-6.31, 55mH 7.24, 60mH 7.79, 60m-6.82, 100m-10.52, 110mH -14.02,

long jump- 25'-2", high jump - 6'-6" || High School || Four-year letter winner at Baltimore Polytechnic Institute for Edward Wilson, Joey Henderson, Rashi Pinkney... Baltimore city champs indoor and outdoor. 2x Regional indoor champions... nine total school records, state record holder in long jump indoor & outdoor, 3A state record holder in the long jump, Millrose HS 55m dash record holder. Baltimore sun athlete of the year, Millrose 55m dash winner, Seven-time state champion (six different events), Three-time new balance nationals All-American, new balance national champion in long jump indoor, Penn Relays long jump winner || National Competition || Three-time new balance Nationals All-American (all in long jump two-time indoor one-time outdoor) || Personal || Parents are Trenita and Joey Henderson... Has one sibling, Trinity Henderson.





Name: **Maddie Holmberg**

Year: **Junior**

Hometown: **Greensburg, Pa.**

High School: **Hempfield Area**

Event: **Heptathlon**

Major: **Pre-HHD**

**At the National Level... || 2018 Outdoor ||** Qualified for the NCAA Championships in the heptathlon with the fifth-best score in the nation (5,976)...Also competed in the women's long jump at the NCAA East Prelims... || 2018 Indoor || First Team All-American in the pentathlon... Finished seventh in pentathlon with her score of personal-best score of 4,216 - which is the No. 2 score in school history...Had the top shot put mark in the pentathlon (45-0.5)...

**At the Big Ten Championships... || 2018 Outdoor ||** Set the school record in heptathlon with her score of 5,976, which earned her a silver medal...Had the top performances in the 200-meter dash (23.79w), and the long jump (20-10.75)...Her time in the 200-meter dash ranks 10th all-time at PSU and her distance in the long jump is tied for the No. 3 mark in school history...Also set a personal-best performance in the heptathlon javelin throw... || 2018 Indoor || Finished second in the long jump with her mark of 20-3.5... Took second in the pentathlon with her score of 4,168... Had the top marks in the shot put (46-0.5) and long jump (19-1.25) in the heptathlon...Posted the No. 2 time in the heptathlon 60-meter hurdles (8.49)... || 2016 Outdoor || Competed in the heptathlon finishing seventh with a two-day score of 5118 - a career best... Recorded marks of 35.61m (Javelin),

24.98w (200m), 14.39w (100mH), 11.45m (Shot Put), 2:30.32 (800m), 1.53m (high Jump) and 5.68mw (long jump) || 2016 Indoor || Competed in the pentathlon recording a total of 3747... Recorded marks of 5.65m (long jump), 8.71 (60mH), 11.79m (shot put), 1.49m (high jump) and 2:23.59 (800m)

**Around the Track... || 2018 Outdoor ||** Talled the then-No. 2 heptathlon score in school history (5,736) at the Virginia Challenge...Had the top marks in the 100-meter hurdles (14.33), 200-meter dash (24.08), shot put (44-8.25), and long jump (20-3)... || 2018 Indoor || Finished first in the pentathlon at the Penn State National with her score of 4,133... || 2017 Outdoor || Competed in eight meets... Posted the No. 1 mark in the Big Ten with her total of 5636 that is also the No. 3 total in program history... Set the heptathlon record in the shot put with her mark of 42'-0"(12.80m) || 2016 Outdoor || Competed in five meets... Recorded a second-place finish in the heptathlon at the prestigious Penn Relays with a total score of 5053... Recorded 14 top-10 finishes throughout the regular season... || 2016 Indoor || Competed in six meets during the regular season... Recorded 24 top-10 finishes throughout the regular season including four first-place finishes

**Before Penn State... ||** High School PRs || 100mH: 14.34, 300mH: 42.72, Long Jump: 20-1 || High School || Twelve-time Westmoreland county champion ... Three-time Westmoreland MVP ... Nine-time WPIAL champion ... All-time WPIAL record holder in the long jump and the 4x100-meter relay ... Nine-time PIAA place winner ... Four-time PIAA state champion (2013: 4x1, 2014: long jump, 300-meter hurdles, 4x100-meter relay) ... 2014 PIAA Women's Track Athlete of the Year ... 2014 Tribune Review Athlete of the Year ... 2014 Post Gazette Athlete of the Year ... Owns the school record in the long jump, 300-meter hurdles, 4x100-meter relay and 4x400-meter relay ... Four-year letter winner || National Level Competition || 2014 New Balance Nationals All-American- sixth-place (4x1) || Personal || Daughter of Rob and Deidre Holmberg ... Kinesiology major ... Born on October 26, 1996





Name: **David Lucas**

Year: **Junior**

Hometown: **Lititz, Pa.**

High School: **Warwick**

Event: **Men's Discus Throw**

Major: **Biobehavioral Health**

**On the National Stage...** || 2018 Outdoor || Qualified for the NCAA East Regionals in the men's discus throw and men's hammer throw... Advanced to the NCAA Championships in the men's discus throw with his toss of 187'-2"... Recorded a pair of personal-best marks in the hammer throw (212'-6") en route to a 19th-place finish... His mark of 212'-6" ranks third all-time at Penn State... || 2018 Indoor || National champion in the weight throw... Captured the national championship in the weight throw with a personal-best, and school record, toss of 78'-9.75"... First Team All-American... || 2017 Outdoor || Finished 10th at the USATF Championships in the discus throw with a mark of 184'-9" (56.32m)... Competed in the discus throw at the NCAA Championships with a mark of 190'-3" (58.00m) finishing ninth... Competed in the NCAA East Preliminary in the hammer throw, discus throw and shot put... || 2016 Outdoor || Finished 15th in the discus throw with a mark of 55.12m (180'-10") in Eugene, Oregon... Posted a career best mark of 59.62m (195'-7") at the NCAA East Preliminary in Jacksonville, Fla... Qualified for the NCAA East Preliminary in the discus throw

**At the Big Ten Championships...** || 2018 Outdoor || Finished fifth in the men's discus throw (194'-11) and took 11th in the men's hammer throw (206'-2)... || 2018 Indoor || Finished second in the weight throw with his toss of 76'-5.75"... || 2017 Outdoor || Competed in the discus, hammer throw and the shot put... Finished fifth in the discus 184'-11" (56.37m) and sixth in the hammer throw 208'-2" (63.44m) || 2017 Indoor || Competed in the shot put and weight throw finishing 12th and fifth, respectively... Mark of 65'-10.50" (20.08m) is the No. 5 performance in the event in program history in the weight throw || 2016 Outdoor || Recorded a sixth-place finish at the Big Ten Championships in the discus throw with a mark of 54.64m (179'-3")... Finished 12th in the shot put with a throw of 16.80m (55'-1.5")

**In the Field...** || 2018 Outdoor || Recorded a pair of top-five finishes at the LSU Battle on the Bayou... At the Penn Relays, Lucas finished second in the championship section of the discus throw and won the hammer throw... || 2018 Indoor || Recorded four first-place finishes during the regular season... || 2017 Outdoor || Competed in nine meets... Posted 14 top-10 finishes including two first-place finishes || 2017 Indoor || Competed in seven meets... Posted nine top-10 finishes || 2016 Outdoor ||

Competed in nine meets... Recorded 13 top-10 finishes... Posted two first-place finishes in the discus throw (Bucknell Team Challenge, Jim Thorpe Invite)

**Before Penn State...** || High School PR || 199-7 || High School || Two-time state runner-up in the discus ... Placed second in the shot put at the 2015 PIAA AAA Outdoor Track & Field Championships ... Two-time PIAA AAA District Three discus champion ... Two-time conference champion in the discus ... Finished second in the discus at the 2015 Penn Relays ... Posted a fourth-place finish in the discus at the 2014 Penn Relays ... Holds two school records ... Three-time letter winner in track ... High school teammate is Alex McCord || National Level Competition || Two-time New Balance Outdoor Nationals competitor || Personal || Son of Susanne and David Lucas ... Studying pre-medicine ... Born on June 6, 1996





Name: **Megan McCloskey**

Year: **Senior**

Hometown: **Lower Gwynedd, Pa.**

High School: **Germantown Academy**

Event: **Women's High Jump**

Major: **Public Relations**

**On the National Stage...** || 2018 Outdoor || Cleared a season-best height of 5-10.75 to advance to her first NCAA Championships... || 2017 Outdoor || Competed in the high jump at the NCAA East Preliminary || 2016 Outdoor || Finished 21st in the high jump at the NCAA East Preliminary with a clearance of 1.71m (5'-7.25")

**At the Big Ten Championships...** || 2018 Outdoor || Took fourth with her then-season-best height of 5-10.5... || 2018 Indoor || Finished sixth at the Big Ten Championships with her height of 5-8.75... || 2017 Outdoor || Finished third in the high jump with a clearance of 5'-11.25" (1.82m) || 2017 Indoor || Competed in the high jump finishing second with a best of 5'-10.50" (1.79m) || 2016 Outdoor || Finished fourth in the high jump with her mark of 1.79m (5'-10.50") that is tied for the sixth-best mark in program history || 2016 Indoor || Finished ninth in the high jump with a mark of 1.74m (5'-8.50") || 2015 Outdoor || Finished 17th in the high jump with a mark of 5-6 || 2015 Indoor || Placed 10th in the high jump with her mark of 5-6

**In the Field...** || 2018 Outdoor || Posted a pair of first-place finishes... Took third at the Penn Relays with a then-season-best height of 5-10... || 2018 Indoor || Recorded an indoor personal-

best height of 5-10.50 to place second at the Penn State National - which is tied for third-best at PSU... Talled a pair of first-place finishes...

|| 2017 Outdoor || Competed in seven meets... Posted five top-10 finishes... Recorded a personal best clearance of 5'-11.25" (1.82m) - the No. 2 mark in program history || 2017 Indoor || Competed in five meets... posted five top-five finishes... || 2016 Outdoor || Competed in seven meets... Recorded wins in back-to-back meets at the Pepsi Invite and Texas Invitational in the high jump || 2016 Indoor || Competed in six meets... Set a season best mark of 1.77m (5'-9.75") at the Sykes & Sabock Challenge Cup || 2015 Outdoor || Finished fifth in the high jump at the Bison Outdoor Classic with her height of 5-5.25 ... Placed ninth in the high jump at the Florida Relays with a mark of 5-6 ... Talled a season-best height of 5-8 en route to a second-place finish in the high jump at the Kehoe Twilight Meet ... Finished first in the high jump at the Jim Thorpe Invite with her height of 5-7 || 2015 Indoor || Finished 16th in the high jump at the Tyson Invitational with her height of 5-5.75 ... Talled an indoor season-best height of 5-7.25 en route to a runner-up finish in the high jump at the Penn State Tune-Up

**Before Penn State...** || High School PR || High Jump: 5-9 || High School || Two-time PTFCA high jump state champion ... Four-time PA Independent Schools high jump state champion ... Holds both indoor and outdoor high jump school records ... Inter-Academic League record ... Four-time first team all-league ... Four-time PTFCA Indoor All-State ... Four-time PTFCA Outdoor All-State ... Eight-time letter winner in track & field... Indoor and outdoor team captain ... Volleyball captain ... First team all-league (volleyball) ... Track & field: Team MVP... 2014 Girls' Inter-Ac Athletic Directors' Award ... Received the Scholar-Athlete award four times ... Four-year honor student || National Level Competition || New Balance National (NBN) Championships: Four-time New Balance All-American (two indoor, two outdoor) ... Competed in seven NBN meets (four indoor, three outdoor) ... Her top-finishes at NBN meets include fifth-place (2012 Outdoor NBN), fourth-place (2013 Indoor NBN), second-place (2013 Outdoor NBN) and third-place (2014 Indoor NBN) ... Two-time Penn Relays high jump medalist (2013-14) ... Won the high jump event at the 2012 USATF Junior Olympic National Championships || Personal || Daughter of Mimi and Mike McCloskey ... Born May 29, 1996 ... Broadcast journalism major





Name: **Malik Moffett**

Year: **Senior**

Hometown: **Erie, Pa.**

High School: **Cathedral Prep**

Event: **Men's 4x100-Meter Relay**

Major: **Telecommunications**

**On the National Stage...** || 2018 Outdoor || Qualified for the East Prelims in the men's 200-meter dash, men's long jump, and men's 4x100-meter relay... A member of the men's 4x100-meter relay that advanced to the NCAA Championships with a 12th-place finish... || 2017 Outdoor || Competed at the USATF Championships in the 200-meters and long jump... Competed in three events at the NCAA Championships in Eugene, Ore. (4x100-meters, 200-meters, long jump)... Competed in three events at the NCAA East Preliminary (4x100-meters, 200-meters, long jump)... Posted a personal best in the 200-meters of 20.49 seconds in Lexington, Ky. || 2017 Indoor || Competed in the 200-meters finishing 12th with a time of 20.85 || 2016 Outdoor || Ran a leg on the fifth-fastest 4x100-meter relay clocking 40.04 at the NCAA East Preliminary... Posted marks of 7.49m (24'-7") in the long jump and 21.05 in the 200-meters at the NCAA East Preliminary in Jacksonville, Fla.

**At the Big Ten Championships...** || 2018 Outdoor || A member of the men's 4x100-meter relay that finished second with the No. 2 time in school history (39.21)... Finished third in the men's 200-meter dash with a time of 20.65... Set a wind-legal personal-best time during the men's 100-meter dash with his time of 10.37...

Ran a wind-legal personal-best time of 10.37 in the prelims of the men's 100-meter dash... Finished seventh in the men's 100-meter dash with his time of 10.48... || 2018 Indoor || Finished runner-up in the long jump... Took third in the 200-meter dash... Placed seventh in the 60-meter dash... || 2017 Outdoor || Captured the long jump title with a school record leap of 26'-3" (8.00m) as well as winning the 200-meters in an all-conditions Penn State best of 19.87 || 2017 Indoor || Competed in the 60-meters, 200-meters, and long jump finishing third in the 200-meters and seventh in the long jump || 2016 Outdoor || Finished 23rd in the 100-meters (10.61w)... Recorded the No. 9 mark in program history in the long jump with a mark of 7.60m (24'-11.50")... Ran a personal best time of 20.73w in the 200-meter prelims || 2016 Indoor || Finished ninth in the long jump with a mark of 7.16m (23'-6")... Finished third in the 200-meters with a season best time of 21.02 in the 200-meters

**Around the Track...** || 2018 Outdoor || Recorded four top-five finishes... A member of the Penn State men's sprint medley relay that finished first at the Penn Relays with a school-record time of 3:15.25... || 2018 Indoor || Recorded six top-five finishes during the indoor season... Ran the No. 2 time in program history

in the 60-meter dash (6.75)... || 2017 Outdoor || Competed in eight meets... Posted 17 top-10 finishes... Recorded a personal best of 10.42 seconds in the 100-meters || 2017 Indoor || Competed in seven meets... Posted 18 top-10 finishes... Recorded five first-place finishes... Set a personal best in the 60-meters (6.76) - tied for the second-best mark in program history || 2016 Outdoor || Competed in seven meets... Ran a leg on the third-fastest 4x100-meter relay in program clocking 39.92 at the Pac-12 vs. Big Ten Challenge in Tempe, Ariz... Ran a season best 10.61w in the 100-meters at the Big Ten Championships... Posted 12 top-10 finishes || 2016 || Competed in six meets... Recorded 12 top-10 finishes... Collected two first-place finishes || 2015 || Did not compete

**Before Penn State...** Transfer from PSU - Behrend || High School PRs || 100: 10.61 ... 200: 21.10 ... High Jump: 6-9 || High School || Moffett's track & field team won region and district titles ... Moffett won district titles in the 100-meter dash, high jump, triple jump and the 4x100-meter relay ... Four-year letter winner in track & field ... Captain and MVP of his track & field team during his junior and senior years || Personal || Son of Felicia Presley and Chet Moffett ... Born April 11, 1994 ... Communications major





Name: **Anton Porter**

Year: **Junior**

Hometown: **Bronx, N.Y.**

High School: **Mount St. Michael**

Event: **Men's 4x100-Meter Relay**

Major: **Division of Undergraduate Studies**

**On the National Stage...** || 2018 Outdoor || A member of the men's 4x100-meter relay that advanced to the NCAA Championships with a **12th-place finish...** || 2017 Outdoor || Traveled to the NCAA Championships in Eugene, Oregon, as an alternate for the 4x100-meter relay || 2016 Outdoor || Ran a leg of the 4x100-meter relay that ran the fifth-fastest time in program history clocking 40.04 at the NCAA East Preliminary in Jacksonville, Fla.

**At the Big Ten Championships...** || 2018 Outdoor || A member of the men's 4x100-meter relay that finished second with the No. 2 time in school history (39.21)... || 2018 Indoor || Placed 17th in the 200-meter dash... || 2016 Outdoor || Ran a personal best 10.53w in the 100-meter prelims finishing 13th... Ran a personal best 21.49 in the 200-meter prelims... Ran a leg on the fifth-place 4x100-meter relay (40.20) || 2016 Indoor || Finished 15th in the 200-meters running 21.59 seconds

**Around the Track...** || 2018 Outdoor || Recorded five top-10 finishes...A member

of the men's 4x100-meter relay that clocked in at the then-fourth fastest time in program history (39.69) at the Florida Relays... At the Penn Relays, he was a member of the 4x100-meter relay that finished seventh... || 2018 Indoor || Recorded six top-10 finishes during the indoor season... || 2017 Outdoor || Competed in five meets... Posted two top-10 finishes... Recorded a collegiate best time of 10.67 in the 100-meters at the Virginia Challenge || 2017 Indoor || Competed in three meets... Posted two top-10 finishes || 2016 Outdoor || Competed in six meets... Set personal best in the 100-meters (10.74) and 200-meters (21.49)... Ran a leg on the third-fastest 4x100-meter relay in Penn State history (39.32) at the Pac-12 vs. Big Ten Challenge meet in Tempe, Ariz. || 2016 Indoor || Competed in six meets... Set indoor best of 6.93 in the 60-meters and 21.59 in the 200-meters... Posted 10 top-10 finishes

**Before Penn State...** || High School PRs || 100: 10.41, 200: 21.35 || High School || Recorded numerous Catholic High School

Athletic Association (CSHAA) first-place finishes ... Holds the CSHAA record in the 100 and 300 ... All-state ... Three-time MVP ... Won the 100-meter dash at the 2015 New York Relays ... Finished first in the 100-meter dash and the 200-meter dash at the 2015 Glenn D. Loucks Games || National Level Competition || Finished fourth in the 200-meter dash at the 2015 New Balance Indoor Nationals meet ... Placed second in the 60-meter dash at the 2015 New Balance Indoor Nationals meet ... Claimed fourth place in the Dream 100 at the 2015 Adidas Grand Prix ... All-American ... Finished third in the 100-meter dash at the 2015 New Balance Outdoor Nationals meet || Personal || Son of Jasset Founsette and Antonio Porter ... Born on July 5th, 1996







Name: **Danae Rivers**

Year: **Sophomore**

Hometown: **Derby, Conn.**

High School: **Wilbur Cross**

Event: **Women's 1,500-Meter Run**

Major: **Pre-Agricultural Sciences**

**On the National Stage...** || 2018 Outdoor || Automatically qualified to the NCAA Championships in the women's 1,500-meter run with a second-place finish in the second heat (4:11.75)... || 2018 Indoor || Garnered First Team All-America honors with her seventh-place finish in the women's 800-meter run (2:04.20)... || 2017 Indoor || Finished 19th in the 800-meters at the NCAA championships... Competed in the 800-meters at the NCAA East Preliminary in Lexington, Ky... Ran a leg on the NCAA East Preliminary qualifying 4x400-meter relay || 2017 Indoor || Earned All-American honors finishing third in the Mile at the NCAA Championships

**At the Big Ten Championships...** || 2018 Outdoor || Became the first Nittany Lion to win the women's 1,500-meter run with her time of 4:27.47... || 2018 Indoor || Defended her 800-meter run title with a time of 2:07.75...A member of the women's distance medley relay that finished runner-up (11:11.91)... || 2017 Outdoor || Captured the conference title in the 800-meters following a runner-up finish in the 1,500-meters || 2017 Indoor || Captured the conference title in the 800-meters following a first-place finish in the DMR

**Around the Track...** || 2018 Outdoor || Opened her season with a school-record time of 4:10.82 in the women's 1,500-meter run at Florida Relays...Clocked in at a season-best time of 2:03.78 in at a season-best time of 2:03.78 in the women's 800-meter run at the Virginia Challenge...A member of the women's sprint medley relay that set a school-record time of 3:47.80 at the Penn Relays... || 2018 Indoor || Ran a school-record time of 2:03.13 to place second in the women's 800-meter run at the Clemson Invitational... || 2017 Outdoor || Competed in seven meets... Posted 12 top-10 finishes... Set school records in the 800-meters, DMR and 4x800-meters... Named Big Ten Freshman of the Year || 2017 Indoor || Competed in seven meets... posted 16 top-10 finishes including six first-place finishes... Set school records in the 600-meters, 800-meters, Mile and DMR... named Big Ten Freshman of the Year

**Before Penn State...** || High School PRs || Mile: 4:47, 800-meters: 2:05 || High School || Indoor SCC Champions... 2014 Indoor State Open Champions... 2015 Indoor State Champions... Indoor State Records: 1000m, 1600m,4x400m, SMR... Indoor State Open Records: 1000m,1600m, SMR... Outdoor State Record: 800m... Outdoor State Open Record: 1600m... Outdoor New England: 800m || National Level Competition || 2014 Indoor New Balance Nationals SMR second-place and 1600m fourth-place... 2015 Outdoor New Balance Nationals 800m third-place... 2016 Indoor New Balance Nationals 800m fourth-place || Personal || Daughter of David and Andrea Rivers... Has two siblings, Andrew and Leah Rivers... Born on February 3, 1998





Name: **Morgan Shigo**

Year: **Junior**

Hometown: **Blandon, Pa.**

High School: **Fleetwood Area**

Event: **Men's Hammer Throw**

Major: **Labor & Employment Relations**

**On the National Stage...** || 2018 Outdoor || Advanced to the NCAA Championships on his final attempt in the men's hammer throw to place 10th... || 2018 Indoor || Finished 10th in the weight throw... Second Team All-American || 2017 Outdoor || Competed at the USATF Championships in the hammer throw finishing 11th... Competed in the hammer throw at the NCAA East Preliminary in Lexington, Ky. || 2016 Outdoor || Qualified for the NCAA East Preliminary in the hammer throw... Finished 28th with a mark of 62.00m (203'-5")

**At the Big Ten Championships...** || 2018 Outdoor || Captured bronze in the men's hammer throw... || 2018 Indoor || Tallied a personal-best toss of 72-4.5 in the weight throw to place fourth – which ranks No. 2 at Penn State... Also finished 16th in the shot put... || 2017 Outdoor || Set personal best in the shot put and hammer throw.. Mark in the hammer throw is the school record || 2017 Indoor || Competed in the weight throw finishing 10th || 2016 Outdoor || Finished 12th in the hammer

throw posting a mark of 59.81m (196'-3")... Posted a 15th-place finish in the shot put with a best mark of 16.40m (53'-9.75")

**In the Field...** || 2018 Outdoor || Bested his own school record in the men's hammer throw at two meets... Tallied a school-record distance of 233-0 in the men's hammer throw to finish second at the Virginia Challenge... Recorded five top-five finishes... Placed runner-up in the men's hammer throw at the Penn Relays || 2018 Indoor || Recorded four runner-up finishes... || 2017 Outdoor || Competed in eight meets... Recorded six top-10 finishes || 2017 Indoor || Competed in six meets... Posted eight top-10 finishes... Set a personal best in the weight throw of 67'-8" (20.62m) || 2016 Outdoor || Competed in eight meets... Set personal best in the discus (40.20m) and hammer throw (62.80m)... Recorded eight top-10 finishes, including a first-place finish in the hammer throw at the Bucknell Team Challenge with a mark of 58.61m (192'-3") || 2016 Indoor || Competed in seven meets... Set personal best in the shot put (16.86m) and weight

throw (19.63m) || 2015 || Did not compete

**Before Penn State...** || High School PRs || Discus: 173-10 ... Shot Put: 58-9.75 || High School || All-state in the discus (junior year) ... All-state in the discus and the shot put (senior year) ... Holds the school records in the discus and the shot put ... Four-year letter winner in track & field ... Three-year letter winner in football ... Two-time captain in track & field (junior and senior year) ... Two-time MVP in track & field (junior and senior year) ... Team captain in football (senior year) ... Team MVP in football (senior year) || Personal || Son of Maryann and John ... Born February 1, 1996





Name: **Steph Sievers**  
 Year: **Junior**  
 Hometown: **Douglassville, Pa.**  
 High School: **Daniel Boone**  
 Event: **Women's Javelin Throw**  
 Major: **Supply Chain Management**

**On the National Stage...** || 2018 Outdoor || Advanced to the NCAA Championships with a 10th-place finish at the NCAA East Prelims... || 2017 Outdoor || Competed in the javelin throw finishing 16th || 2016 Outdoor || Qualified for the NCAA East Preliminary in the javelin throw... Finished 23rd with a mark of 44.00m (144'-4")

**At the Big Ten Championships...** || 2018 Outdoor || Took seventh in the javelin... || 2017 Outdoor || Finished ninth in the javelin || 2016 Outdoor || Finished 13th in the javelin throw with a mark of 42.30m (138'-9")

**In the Field...** || 2018 Outdoor || Set a personal-best mark of 162-10 en route to a second-place finish at the Bison Outdoor Classic... Her distance of 162-10 ranks eighth-best in school history... Finished first at the Virginia Challenge with her distance of 159-0... Took seventh at the Penn Relays... || 2017 Outdoor || Competed in five meets... Posted four top-10 finishes... Set personal best in the javelin at the LSU Battle on the Bayou with a mark of 48.70m (159'-9") || 2016 Outdoor || Competed

in seven meets... Set a personal best of 44.70m (146'-8") at the Pac-12 vs. Big Ten Challenge in Tempe, Ariz... Posted four top-10 finishes.

**Before Penn State...** || High School PR || Javelin: 149-9 || High School || Three-time Penn Relays qualifier ... Finished fourth at Penn Relays during her senior year ... Three-time all-county ... Placed seventh at the PIAA AAA Track & Field Championships during her junior year ... Two-time PIAA AAA District Three champion ... School record holder in the javelin ... Hempfield Black Knight Invitational record holder ... Henderson Invitational record holder ... Perkiomen Valley Invitational record holder ... Four-time letter winner in track ... Three-time team captain ... Two-time Academic All-American || Personal || Daughter of Barb and Stu Sievers ... Born on January 29, 1997





Name: **Xavier Smith**

Year: **Senior**

Hometown: **Douglassville, Pa.**

High School: **Daniel Boone**

Event: **Men's 4x100-Meter Relay**

Major: **Kinesiology**

**On the National Stage...** || 2018 Outdoor || Qualified for the NCAA East Prelims in the men's 100-meter dash, men's 200-meter dash, men's 4x100-meter relay, and men's 4x400-meter relay... A member of the men's 4x100-meter relay that advanced to the NCAA Championships with a 12th-place finish...Ran a personal-best time of 20.68 in the men's 200-meter dash, which ranks seventh all-time at PSU... || 2017 Outdoor || Competed in the 4x400-meter relay at the NCAA Championships in Eugene, Ore... Competed in the NCAA East Preliminary in Lexington, Ky. running the 4x100-meter relay (school record), the 100-meters (10.32) and ran a leg on the 4x400-meter relay || 2017 Indoor || Competed in the 4x400-meter relay finishing 10th at the NCAA Championships || 2016 Outdoor || Qualified for the NCAA East Preliminary in the 4x100-meter relay... Finished 17th running 40.04 in Jacksonville, Fla.

**At the Big Ten Championships...** || 2018 Outdoor || Tied his own school record during the prelims of the men's 100-meter dash (10.32)...A member of the men's 4x100-meter relay that finished second with the No. 2 time in school history (39.21)...Finished fifth in the men's 100-meter dash...A member of the men's 4x400-meter relay that took sixth...Took eighth in the men's 200-meter dash. || 2018 Indoor || A member of the runner-up in the men's 4x400-meter relay with the No. 2 time in school history (3:05.12)...Finished sixth in men's 60-meter dash and seventh in the men's 200-meter dash... || 2017 Outdoor || Finished second in the 100-meters running the fastest time in program history under all-conditions at 10.10 seconds... Finished third in the 200-meters || 2017 Indoor || Captured the conference title in the 60-meters en route to setting the school record of 6.66 seconds... Ran a leg on the conference winning and school record

4x400-meter relay (3:04.80) || 2016 Outdoor || Ran a leg on the 4x100-meter relay that finished fifth in a time of 40.20... Ran an all-condition personal best time of 10.45w in the 100-meter prelims... Finished 10th in the 200-meters running 20.98w in the prelims || 2016 Indoor || Ran a leg on the 4x400-meter relay that finished sixth running 3:09.59... Finished fourth in the 200-meters running 21.15... Finished fifth in the 60-meters running 6.78 || 2015 Outdoor || A member of the seventh place 4x400-meter relay (3:11.19) ... Placed 19th in the 100-meter dash (10.88)... Finished 11th in the 200-meter dash with his time of 21.47 || 2015 Indoor || Finished 18th in the 60-meter dash (6.89) ... Ran a personal-best time of 21.39 en route to a ninth-place finish

**Around the Track...** || 2018 Outdoor || Recorded 13 top-10 finishes...At the Penn Relays, he was a member of the Penn State men's sprint medley relay that finished first with a school-record time of 3:15.25, he was a member of the 4x100-meter relay that finished seventh, and he was on the 4x400-meter relay that finished fifth with the No. 4 time in program history (3:05.13)...A member of the men's 4x100-meter relay that clocked in at the then-fourth fastest time in program history (39.69) at the Florida Relays... || 2018 Indoor || Three first-place finishes... || 2017 Outdoor || Competed in seven meets... Posted 16 top-10 finishes... || 2017 Indoor || Competed in six meets... Posted 19 top-10 finishes || 2016 Outdoor || Competed in seven meets... Posted 12 top-10 finishes... Collected two first-place finishes sweeping the 100-meters and 200-meters at the Pepsi Invitational in Eugene, Ore... Set personal best times of 10.59 and 20.96 in the 100-meters and 200-meters || 2016 Indoor || Competed in six meets... recorded 12 first-place finishes... Set the school record in the 60-meters clocking 6.68 at the Penn State National || 2015 Outdoor || Finished third

in the 200-meter dash at the Bison Outdoor Classic with his time of 21.73 ... Placed first in the 200-meter dash at the Kehoe Twilight Meet with his time of 21.67 ... Finished second in the 100-meter dash at the Kehoe Twilight Meet with his season-best time of 10.83 ... A member of the sprint medley relay that captured the Penn Relays title with its time of 3:21.29 ... Placed 16th in the 100-meter dash at the LSU Alumni Gold meet with his wind-aided time of 10.68 ... Finished first in the 100-meter dash at the Jim Thorpe Invite with his wind-aided time of 10.61 ... Ran a season-best time of 21.46 in the 200-meter dash en route to a first-place finish at the Jim Thorpe Invite || 2015 Indoor || At the season-opening Penn State Relays, Smith finished third in the 60-meter dash (6.88) and the 200-meter dash (21.69) ... Finished second in the 60-meter dash at the Sykes & Sabock Challenge Cup with his season-best time of 6.87

**Before Penn State...** || High School PRs || 60: 6.86 ... 100: 10.67 ... 200: 21.50 || High School || Smith's track & field team tallied third-place finishes at county's and districts ... All-state (60-, 100-, 200-meter dash) ... All-county (100-, 200-meter dash, 4x100-, 4x400-meter relay) ... Placed second in the 60-meter dash at the 2014 PIAA Indoor Track & Field Championships ... At the 2014 PIAA Outdoor Track & Field Championships, Smith placed second in the 100-meter dash and took third in the 200-meter dash ... Finished third in the 100-meter dash at the 2013 PIAA Outdoor Track & Field Championships ... Won back-to-back District Three titles in the 100- and 200-meter dash events (2013-14) ... Two-year letter winner in track & field || National Level Competition || Claimed 12th-place in the 60-meter dash at the 2014 New Balance Nationals Indoor meet || Personal || Son of Regina and Bob Smith ... Born May 29, 1996 ... Kinesiology major

