



Penn State Track and Field

Meet Notes

Big Ten Indoor Championships

Lincoln, Neb. || February 24-25, 2012



Track and Field Heads to Big Ten Indoor Championships Nittany Lions to make travel to new-rival Nebraska

UNIVERSITY PARK, Pa.: February 22, 2012 - Already boasting outstanding indoor seasons, the Nittany Lion men's and women's track and field team will look to carry it's success into Devaney Indoor Track Center, this weekend at the Big Ten Track and Field Championships at the University of Nebraska. This year's version on the Big Ten Indoor Track and Field Championships will be historic for a number of reasons, in that this weekend's championship will be the first combined men's and women's meet at the conference level, as well as host Nebraska's first track and field appearance.

About the Meet -

When: Friday-Saturday, February 24-25

Where: Devaney Indoor Track (University of Nebraska)

Host Website: www.Huskers.com

Conference Website: www.BigTen.org

Coverage: Big Ten Network (Sat., March 10 @ 1:30 p.m.)



Follow the Nittany Lions -

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As been the Lions' calling card in Big Ten action over the past several years, the Blue and White will provide a balanced attack, with potential point scorers across all event areas. The Nittany Lions will also travel a seasoned group of conference veterans into Lincoln, while also fielding some top-notch talent from their freshman class.

Thus far in 2012, the Nittany Lions have a seen a extensive list of sensational efforts, including school-record runs by **Caitlin Lane** (Greenwich, N.Y.), **Casimir Loxsom** (New Haven, Conn.) **Robby Creese** (Mount Airy, Md.) and the women's distance medley. Creese, who is just a freshman, has been thoroughly impressive throughout the first six weeks of the indoor season, setting a collegiate record in the 1000 meters at 2:19.53, and becoming just the third Nittany Lion in program history to break the 4:00 barrier in the mile run with an effort Of 3:59.52 earlier this month.

For the complete Big Ten preview and for more on Nittany Lion Track and Field, log on to www.GoPSUsports.com.

2012 INDOOR TRACK AND FIELD SCHEDULE

January 7	Penn State Relays	Ashenfelter Track
January 14	Nittany Lion Challenge	Ashenfelter Track
January 27-28	Penn State National	Ashenfelter Track
February 4	Sykes-Sabock Challenge Cup	Ashenfelter Track
February 10-11	Washington Husky Classic	Seattle, Wash.
	Tyson Invitational	Fayetteville, Ark.
	Akron Invitational	Akron, Ohio
February 25-26	Big Ten Indoor Championships	Lincoln, Neb.
March 2-3	Last Chance Weekend	TBA
March 9-10	NCAA Indoor Championships	Boise, Idaho

2012 OUTDOOR TRACK AND FIELD SCHEDULE

March 30-31	Jim Click Shootout	Tucson, Ariz.
April 6-7	Stanford Invitational	Palo Alto, Calif.
April 7	LSU Invitational	Baton Rouge, La.
April 14-15	Bison Outdoor Classic	Lewisburg, Pa.
April 21	John McDonnell Invitational	Fayetteville, Ark.
April 21	Bucknell Team Challenge	Lewisburg, Pa.
April 26-28	Penn Relays	Philadelphia, Pa.
May 5	Jim Thorpe Open	Nittany Lion Track
May 11-13	Big Ten Outdoor Champs.	Madison, Wisc.
May 24-26	NCAA Eastern Preliminary	Jacksonville, Fla.
June 6-9	NCAA Outdoor Champs.	Des Moines, Iowa
June 15-17	USATF Junior Championships	Bloomington, Ind.
June 22 - July 1	U.S. Olympic Trials	Eugene, Ore.

UNIVERSITY QUICK FACTS

Name:	The Pennsylvania State University
Location:	University Park, Pa. 16802
Founded:	1855
Enrollment:	44,034 (38,594 undergraduate)
Nickname:	Nittany Lions
Colors:	Blue & White
Conference:	Big Ten Conference
Division:	NCAA Division I
Home Court:	Bryce Jordan Center (15,261)
President:	Dr. Rodney Erickson
Athletic Director:	Tim Curley
Acting Director of Athletics:	Dave Joyner
	Penn State BS '71, MD '76



TRACK & FIELD

Nittany Lion Coaching Staff



Beth Alford-Sullivan
Director and Head Coach
13th Year
Minnesota, '89

Sullivan's Big Ten Numbers ...

- * 6 Team Titles
- * 2009-10 Big Ten Triple Crown
- * 70 Big Ten Individual Champions
- * 14 Big Ten Champion Relays
- * 8 Big Ten Championship Records



Chris Johnson
Associate Head Coach
Seventh Year
Lamar, '99
Sprints, Hurdles, Relays



Drew Hardyk
Assistant Coach
19th Year
Cincinnati, '93
Vertical Jumps, Multi's



John Gondak
Assistant Coach
Sixth Year
Syracuse, '95
Middle Distance



Fritz Spence
Assistant Coach
Sixth Year
Missouri State, '97
Jumps, Multi's



Andy Banse
Assistant Coach
First Year
Iowa, '05
Throws



Jess Riden
Director of Operations
Sixth Year
Penn State, '04

Nittany Lion Volunteer Coaching Staff

Jim Sullivan	Pole Vault
Gigi Johnson	Sprints, Hurdles, Relays
Artie Gilkes	Distance
Luke Watson	Distance
Ryan Whiting	Throws
Ryan Foster	Middle Distance

Nittany Lion Support Staff

Athletic Training	Ben Evans, Peter Meier
Strength Training	Cam Davidson, Lydia Serfling
Team Manager	Christian Eck
Academic Support	Nate Althouse
Sports Psychologist	Dave Yukelson



2012 Penn State Track and Field Roster

2012 MEN'S ROSTER

First	Last	Eligibility	Event Area	Hometown
Erick	Artusio	So.	Pole Vault	Frederick, Md.
Colin	Baker	So.	Distance	Haddonfield, N.J.
Will	Barr	So.	Throws	Urbana, Ohio
Sancho	Barrett	Fr.	Sprints/Hurdles	Amityville, N.Y.
Bernard	Bennett-Green	So.	Sprints	Elkins Park, Pa.
Brandon	Bennett-Green	So.	Sprints	Elkins Park, Pa.
Ryan	Brennan	Fr.	Mid-Distance	Chester, N.Y.
Glen	Burkhardt	Fr.	Distance	Kennett Square, Pa.
Logan	Caldwell	Jr.	Throws	Ebensburg, Pa.
Chris	Campbell	Fr.	Distance	Newtown, Pa.
Chris	Cipro	Jr.	Distance	Harmony, Pa.
Tyler	Corkedale	So./Jr.	Distance	W. Windsor, N.J.
Robert	Creese	Fr.	Distance	Mount Airy, Md.
Kyle	Dawson	Sr.	Distance	Coatesville, Pa.
Owen	Dawson	Sr. (OUT)	Mid-Distance	Coatesville, Pa.
Wade	Endress	Fr.	Distance	Altoona, Pa.
Mark	Filandro	So.	Sprints/Hurdles	Oakland, N.J.
Matt	Fischer	Fr.	Distance	Kennett Square, Pa.
Mark	Fuller	Jr.	Mid-Distance	Camp Hill, Pa.
Brady	Gehret	So.	Sprints	Altoona, Pa.
Matt	Gilmore	Fr.	Sprints	Wyncote, Pa.
Jon	Hendershot	So.	Jumps	Nazareth, Pa.
Hanif	Johnson	Jr./Sr.	Jumps	Harrisburg, Pa.
Daniel	Jordan	So.	Throws	State College, Pa.
Joe	Kovacs	Sr. (OUT)	Throws	Nazareth, Pa.
Brian	Leap	Fr.	Jumps	Bellwod, Pa.
Casimir	Loxsom	Jr.	Mid-Distance	New Haven, Conn.
Tom	Luff	So.	Distance	Emmaus, Pa.
Connor	Manley	Fr.	Mid-Distance	Jamison, Pa.
Michael	McClelland	Fr.	Jumps	Washington, Pa.
Vince	McNally	Sr.	Distance	Smoketown, Pa.
Emunael	Mpanduki	Jr.	Sprints	Harare, Zimbabwe
Nabil	Mubarak	Jr.	Throws	Loganville, Ga.
Doug	Moppert	Sr.	Jumps	Malvern, Pa.
Aaron	Nadolsky	So.	Sprints	Altoona, Pa.
Justin	Nykiel	Fr.	Throws	Marlton, N.J.
Dele	Owoye	Fr.	Sprints	Danbury, Conn.
David	Patzer	So.	Pole Vault	Landisville, Pa.
Jason	Pelletier	Sr.	Pole Vault	Benton, Ark.
Sean	Reilly	Jr.	Jumps	Lagrangeville, N.Y.
Connor	Revord	So.	Distance	Tampa, Fla.
Dan	Sandrowicz	Jr.	Jumps	Indiana, Pa.
Nick	Scarpello	So.	Distance	Jamison, Pa.
Eli	Skinner	Jr.	Throws	Salladasburg, Pa.
Anya	Uzoh	Sr.	Multi-Events	Laurel, Md.

2012 WOMEN'S ROSTER

First	Last	Eligibility	Event Area	Hometown
Leigha	Anderson	Fr.	Distance	Carlisle, Pa.
Doris	Anyanwu	Jr.	Sprints	Beltsville, Md.
Lindsay	Bacik	So.	Pole Vault	Pittsburgh, Pa.
Gabrielle	Barbour	Fr.	Sprints	Huntingdon, N.Y.
Abigail	Benson	Fr.	Distance	Elma, N.Y.
Shelley	Black	Fr.	Sprints/Hurdles	Wilkes-Barre, Pa.
Natalie	Bower	Jr.	Distance	Pleasant Unity, Pa.
Megan	Boyer	So.	Throws	Millersburg, Pa.
Evonne	Britton	Jr.	Sprints/Hurdles	El Paso, Texas
Rachel	Casciano	Fr.	Distance	Wyomissing, Pa.
Rachel	Chernaskey	Fr.	Jumps	Gilbertsville, Pa.
Kelsey	Couts	Jr./So.	Multi-Events	Powell, Ohio
Markea	Dickinson	So.	Mid-Distance	West Chester, Pa.
Kalyn	Fisher	So.	Mid-Distance	Lewisburg, Pa.
Emily	Giannotti	So.	Distance	Coudersport, Pa.
Lindsey	Graybill	Jr.	Distance	Macungie, Pa.
Brittney	Howell	So.	Jumps	Wyncote, Pa.
Ijeoma	Iheoma	Sr.	Sprints	Holland, Pa.
Kerrin	Jennings	Fr.	Distance	Glen Mills, Pa.
Mahogany	Jones	So.	Sprints	Cleveland, Ohio
Lauren	Kenney	Fr.	Throws	State College, Pa.
Marta	Klebe	So.	Mid-Distance	Chesterbrook, Pa.
Danielle	Kocjancic	So.	Distance	Kane, Pa.
Melissa	Kurzdorfer	So.	Throws	Lancaster, N.Y.
Caitlin	Lane	Sr.	Distance	Greenwich, N.Y.
Melanie	Leszcynski	Fr.	Throws	Audobon, Pa.
Tanaya	Lloyd	Sr.	Jumps	Philadelphia, Pa.
Laura	Loht	So.	Throws	McClure, Pa.
Olivia	Mangan	So.	Throws	Huntington Valley, Pa.
Dynasty	McGee	Fr.	Sprints	Ypsilanti, Mich.
Melissa	Meade	So.	Distance	Allentown, Pa.
Kara	Millhouse	Sr.	Distance	Boiling Springs, Pa.
Lauren	Mills	Fr.	Distance	West Chester, Pa.
Erika	Morgan	Jr./So.	Jumps	Chesapeake, Va.
Anna	Muzio	Sr.	Throws	Harrisburg, Pa.
Kirsten	Nieuwendam	Fr./So.	Sprints	Paramaribo, Surinam
Shelby	Olafson	Fr.	Jumps	Watkins Glen, N.Y.
Brooke	Owen	Fr.	Jumps	Weston, Fla.
Amanda	Palenchar	Sr.	Pole Vault	Bradenville, Pa.
Sarah	Palmer	Fr.	Jumps	Gansevoort, N.Y.
Susie	Pancoast	Fr.	Throws	West Chester, Pa.
Victoria	Perri	So.	Distance	Philadelphia, Pa.
Gwenn	Porter	So.	Distance	Clearfield, Pa.
Brianna	Rauenzahn	Fr.	Jumps	Schuylkill Haven, Pa.
Marlene	Ricketts	So.	Jumps	Old Westbury, N.Y.
Brooklyne	Ridder	Jr.	Distance	Cincinnati, Ohio
Katie	Rodden	Fr.	Distance	Ardmore, Pa.
Colleen	Shannon	Jr.	Mid-Distance	Andover, Mass.
Rebekka	Simko	So.	Mid-Distance	Mentor, Ohio
Lucia	Sofo	So.	Distance	State College, Pa.
Jane	Swenson	Jr./Sr.	Throws	Brandon, S.D.
Jocelyn	Witmer	Sr.	Pole Vault	Lancaster, Pa.

BOLD - Competing at Big Ten Indoor Championships



TRACK & FIELD

Big Ten Women's History

All-Time Big Ten Finishes

Year	Place	Points
1992	8th	30 pts
1993	4th	43 pts
1994	10th	10 pts
1995	10th	17 pts
1996	4th	39 pts
1997	5th	63 pts
1998	6th	44.5 pts
1999	8th	59.17 pts
2000	8th	21 pts
2001	T-6th	61 pts
2002	7th	55.50 pts
2003	3rd	87 pts
2004	1st	115 pts
2005	4th	74 pts
2006	4th	85 pts
2007	4th	92 pts
2008	3rd	121 pts
2009	2nd	125 pts
2010	1st	111 pts

Indoor Award Winners

Athlete of the Championship

2004	Connie Moore
2008	Shana Cox (Track)
2010	Bridget Franek (Track)

Athlete of the Year

2006	Jennifer Leatherman
2010	Shavon Greaves (Track)

*Beginning with the 2007 season, the Big Ten instituted separate honors for the Track Athlete of the Year & Championships and the Field Athlete of the Year & Championships.

Freshman of the Year

1996	Donna Fiddler
2008	Shavon Greaves

Coach of the Year

2004	Beth Alford-Sullivan
2010	Beth Alford-Sullivan

Most Indoor Championship Victories

Shavon Greaves	8 (2008-2011)
Shana Cox	5 (2005-2008)
Jennifer Leatherman	4 (2005-2006)
Aleesha Barber	4 (2006-2009)

Big Ten Indoor Champions - By Year

Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44) MR
2003	Stevens, Jenny Green, Cheryl	DMR	11:38.33
	Scottoline, Lindsay Brauksieck, Tracey		
2003	Williams, Deshaya	Weight	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)
2005	Leatherman, Jennifer	Weight	69-11.50 (21.32)
2006	Blake, Dominique Simmons, Briene Barber, Aleesha Cox, Shana	4x400	3:41.98
2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2006	Leatherman, Jennifer	Weight	74-10.50 (22.82) MR
2007	Blake, Dominique Simmons, Briene Cox, Shana Barber, Aleesha	4x400	3:37.70
2008	Cox, Shana	200-Meters	24.06
2008	Cox, Shana	400-Meters	53.40
2008	Blake, Dominique Simmons, Briene Cox, Shana Barber, Aleesha	4x400	3:40.43
2009	Greaves, Shavon	60-Meters	7.44
2009	Greaves, Shavon	200-Meters	23.96
2009	Dorr, Fawn	400-Meters	54.10
2009	Dorr, Fawn Barber, Aleesha Greaves, Shavon Hunter, Gayle	4x400	3:39.43
2010	Greaves, Shavon	60-Meters	7.30
2010	Greaves, Shavon	200-Meters	22.98 MR
2010	Franek, Bridget	Mile	4:37.95
2010	Anyanwu, Doris DeFusco, Caitlin Greaves, Shavon Dorr, Fawn	4x400	3:35.38 MR
2011	Greaves, Shavon	200m	23.67
2011	Anywanu, Doris Iheoma, Ije Greaves, Shavon Duncan, Megan	4x400	3:37.80

MR - Meet Record (BOLD)



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Big Ten Men's History || 2011 Championship Recap

All-Time Men's Big Ten Finishes

Year	Place	Points
1992	8th	30.5 pts
1993	6th	31 pts
1994	7th	38 pts
1995	10th	8 pts
1996	10th	25 pts
1997	10th	29.3 pts
1998	8th	51 pts
1999	10th	30 pts
2000	9th	34.5 pts
2001	5th	68 pts
2002		CANCELLED
2003	7th	42 pts
2004	8th	39 pts
2005	8th	37 pts
2006	8th	46.5 pts
2007	8th	46 pts
2008	4th	79 pts
2009	3rd	78 pts
2010	T-6th	51 pts

Most Indoor Championship Victories

Ryan Foster	3 (2009-2011)
Clarence Smith	2 (2006-2009)
Brian Kelley	2 (1991-1994)

Big Ten Men's Indoor Champions - By Year

Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097
1994	Kelley, Brian	Pentathlon	3967
1997	Loner, Joe	800-Meters	1:50.87
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)
2007	Fritz, Ryan	High Jump	7-3 (2.21)
2008	Miller, Mark	800-Meters	1:52.65
2008	Smith, Clarence	Triple Jump	51-5 (15.67)
2009	Foster, Ryan	800-Meters	1:50.24
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2010	Foster, Ryan	800-Meters	1:50.43
2011	Foster, Ryan	800-Meters	1:49.98
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)

2011 Men's Results (@ Illinois)

Place	Team	Score
1.	Minnesota	117.33
2.	Indiana	104.50
3.	Wisconsin	96
4.	Iowa	88
5.	Ohio State	86
6.	Penn State	62.66
7.	Illinois	57
8.	Michigan State	36
9.	Michigan	28.50
10.	Purdue	26

2011 Big Ten Mens' Award Winners

Track Athlete of the Year	Andrew Bayer, Indiana
Field Athlete of the Year	Derek Drouin, Indiana
Freshman of the Year	Japheth Cato, Wisconsin
Coach of the Year	Steve Plasencia, Minnesota
Track Athlete of the Championships	Andrew Bayer, Indiana
Field Athlete of the Championships	Derek Drouin, Indiana

2011 Penn State All-Conference Selections

First Team:	Ryan Foster, Joe Kovacs
Second Team:	Casimir Loxsom, Brady Gehret

2011 Women's Results (@ Purdue)

Place	Team	Score
1	Ohio State	122.5
2.	Penn State	86
3.	Minnesota	73
4.	Michigan	68.5
5.	Indiana	67
6.	Michigan State	65
7.	Illinois	61
8.	Iowa	56
	Purdue	56
10.	Wisconsin	47

2011 Big Ten Womens' Award Winners

Track Athlete of the Year	Christina Manning, OSU
Field Athlete of the Year	Faith Sherrill, IND
Track Athlete of the Championships	Christina Manning, OSU
Field Athlete of the Championships	Faith Sherrill, IND
Freshman of the Year	Dani Bunch, PUR
Coach of the Year	Karen Dennis, OSU

2011 Penn State All-Conference Selections

First Team:	Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan
Second Team:	Caitlin Lane



TRACK & FIELD

2012 Penn State Women's Performance List

WOMEN'S 60-METER DASH PSU: Shavon Greaves, 7.24 (2010) NCAA: 7.23

7.41	Jones, Mahagony	1/7/12
7.51	Nieuwendam, Kirsten	1/7/12
8.00	Barbour, Gabrielle	2/4/12

WOMEN'S 200-METER DASH PSU: Connie Moore, 22.60 (2010) NCAA: 23.20

23.68	Jones, Mahagony	1/7/12
23.76	Nieuwendam, Kirsten	1/7/12
24.62	McGee, Dynasty	1/7/12
24.91	Iheoma, Ije	2/4/12
25.01	Britton, Evonne	1/14/12
25.11	Anyanwu, Doris	1/14/12
25.29	Black, Shelley	1/28/12
25.63	Barbour, Gabrielle	2/4/12

WOMEN'S 400-METER DASH PSU: Shana Cox, 52.31 (2007) NCAA: 52.60

54.32	Jones, Mahagony	1/14/12
54.38	McGee, Dynasty	2/10/12
55.09	Nieuwendam, Kirsten	2/4/12
55.09	Iheoma, Ije	1/28/12
56.22	Anyanwu, Doris	2/4/12

WOMEN'S 500-METER DASH PSU: Shana Cox, 1:09.19 (2007)

1:12.05	Iheoma, Ijeoma	1/7/12
1:15.63	Anyanwu, Doris	1/7/12

WOMEN'S 600-METER RUN PSU: Briene Simmons, 1:29.81 (2008)

1:34.53	Klebe, Marta	2/4/12
1:34.54	Shannon, Colleen	2/4/12

WOMEN'S 800-METER RUN PSU: Briene Simmons, 2:05.67 (2007) NCAA: 2:04.50

2:06.91	Simko, Bekka	1/28/12
2:11.22	Klebe, Marta	1/28/12
2:13.37	Shannon, Colleen	2/11/12
2:18.03	Jennings, Kerrin	2/4/12
2:22.34	Casciano, Rachel	2/11/12
2:27.29 M	Chernaskey, Rachel	1/27/12
2:30.18 M	Howell, Brittney	1/27/12
2:44.81 M	Couts, Kelsey	1/27/12

WOMEN'S 1000-METER RUN PSU: Caitlin Lane, 2:44.24 (2012)

2:44.24 SR	Lane, Caitlin	1/14/12
2:48.70	Simko, Bekka	1/14/12
2:52.76	Klebe, Marta	1/14/12
2:59.86	Casciano, Rachel	1/14/12
3:02.86	Jennings, Kerrin	1/7/12

WOMEN'S MILE RUN PSU: Bridget Franek, 4:37.95 (2010) NCAA: 4:37.00

4:39.31	Lane, Caitlin	1/28/12
4:46.96	Millhouse, Kara	1/14/12
4:49.32	Bower, Natalie	1/14/12
4:53.98	Graybill, Lindsey	2/4/12
4:55.50	Ridder, Brooklyne	1/14/12
4:55.93	Benson, Abbie	1/14/12
4:57.66	Perri, Tori	2/11/12
5:01.07	Anderson, Leigha	1/14/12
5:02.44	Giannotti, Emily	1/14/12
5:04.03	Jennings, Kerrin	1/28/12
5:04.75	Kocjancic, Dani	2/4/12
5:06.72	Mills, Lauren	1/14/12
5:12.21	Casciano, Rachel	1/28/12
5:31.61	Porter, Gwenn	1/14/12

WOMEN'S 3000-METER RUN PSU: Bridget Franek, 9:10.04 (2009) NCAA: 9:10.00

9:15.16	Lane, Caitlin	2/11/12
9:19.42	Millhouse, Kara	1/28/12
9:30.78	Ridder, Brooklyne	1/28/12
9:34.80	Bower, Natalie	1/28/12
9:45.04	Graybill, Lindsey	2/11/12
9:46.63	Benson, Abbie	2/11/12
9:52.99	Giannotti, Emily	1/28/12
10:07.35	Rodden, Katie	1/14/12
10:07.92	Kocjancic, Danielle	2/11/12
10:13.85	Mills, Lauren	1/7/12
10:13.87	Anderson, Leigha	1/7/12
10:44.21	Sofo, Lucia	1/7/12
11:12.06	Porter, Gwenn	1/28/12

WOMEN'S 5000-METER RUN PSU: Paula Renzi, 15:53.50 (1985) NCAA: 15:57.00

16:06.82	Millhouse, Kara	2/10/12
16:39.95	Bower, Natalie	2/10/12
16:48.46	Ridder, Brooklyne	2/10/12
17:16.80	Giannotti, Emily	2/10/12
17:46.93	Anderson, Leigha	1/27/12
17:51.52	Mills, Lauren	1/27/12
18:47.85	Rodden, Katie	1/27/12

WOMEN'S 60-METER HURDLES PSU: Aleesha Barber, 8.19 (2009) NCAA: 8.10

8.20	Britton, Evonne	1/27/12
8.56	Black, Shelley	2/4/12
8.78	Howell, Brittney	1/7/12
9.56	Chernaskey, Rachel	1/7/12
9.87	Couts, Kelsey	1/7/12

WOMEN'S 4x400-METER RELAY PSU: Blake, Simmons, Cox, Barber, 3:33.39 (2007) NCAA: 3:34.00

3:36.91	Jones, McGee, Nieuwendam, Iheoma	1/7
	(54.0, 54.8, 53.9, 54.0)	
3:39.30	Nieuwendam, Jones, McGee, Anyanwu	1/14/12
3:52.75	Black, Britton, Howell, Barbour	1/14/12
3:55.15	Britton, Anyanwu, Howell, Ricketts	1/7

WOMEN'S 4x800-METER RELAY PSU: Cassel, Gerken, Hart, Stever, 8:45.60 (1984)

9:16.39	Shannon, Klebe, Fisher, Dickinson	1/7
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WOMEN'S DISTANCE MEDLEY RELAY PSU: Lane, Iheoma, Simko, Millhouse, 11:05.16 ('12) NCAA: 11:03.50

11:05.16 SR	Lane, Iheoma, Simko, Millhouse	1/27
	(3:22, 53.50, 2:07.5, 4:41.1)	
11:51.55	Benson, Anyanwu, Klebe, Mills	2/4
12:01.52	Simko, Shannon, Casciano, Perri	1/7

WOMEN'S HIGH JUMP PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987) Brittany Maun, 5-11.25/1.81 (2010) NCAA: 6-0.75 (1.85)

5-8.50 (1.74) M	Couts, Kelsey	1/27/11
5-7 (1.70)	Palmer, Sarah	1/7/12
5-7 (1.70)	Morgan, Erika	1/28/12
5-6 (1.68) M	Howell, Brittney	2/4/12
5-5 (1.65)	Owen, Brooke	2/4/12
4-11.75 (1.52)	Chernaskey, Rachel	1/7/12

WOMEN'S POLE VAULT PSU: Sara Dougherty, 13-5.75/4.11 (2004) NCAA: 14-3.25 (4.35)

12-9.50 (3.90)	Witmer, Jocelyn	1/14/12
12-5.50 (3.80)	Palenchar, Amanda	1/14/12
10-11.75 (3.35)	Bacik, Lindsay	1/28/12

WOMEN'S LONG JUMP PSU: Gayle Hunter, 20-11.25/6.38 (2009) NCAA: 21-2 (6.45)

19-3.25 (5.87)	Howell, Brittney	2/10/12
18-3.25 (5.57)	Lloyd, Tanaya	2/4/12
17-10.75 (5.45)	Ricketts, Marlene	2/4/12
16-3 (4.95)	Palmer, Sarah	1/14/12
16-3.75 (4.97)	Chernaskey, Rachel	1/7/12
15-11 (4.85)	Rauenzahn, B. UNA	1/27/12
15-5 (4.70)	Couts, Kelsey	1/14/12

WOMEN'S TRIPLE JUMP PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003) NCAA: 43-7.75 (13.30)

41-1.50 (12.53)	Lloyd, Tanaya	1/14/12
40-9.25 (12.40)	Ricketts, Marlene	1/14/12

WOMEN'S SHOT PUT PSU: Ja'Nai O'Connor, 56-5.25/17.20 (2004) NCAA: 56-5.25 (17.20)

50-2 (15.29)	Kurzdorfer, Melissa	1/28/12
48-8.25 (14.84)	Swenson, Jane	1/7/12
43-10 (13.36)	Muzio, Anna	2/4/12
37-6.50 (11.44) M	Howell, Brittney	2/4/12
30-6.50 (9.31) M	Couts, Kelsey	1/27/12
29-7.25 (9.02) M	Chernaskey, Rachel	1/27/12

WOMEN'S 20-LB WEIGHT THROW PSU: Jennifer Leatherman, 74-10/22.82, 2006 NCAA: 68-10.75 (21.00)

64-10.50 (19.77)	Kurzdorfer, Melissa	1/27/12
57-2.25 (17.43)	Swenson, Jane	2/4/12
47-11.75 (14.62)	Muzio, Anna	2/4/12

WOMEN'S PENTATHLON PSU: Gayle Hunter, 4342 (2009) NCAA: 4075

3778	Howell, Brittney	2/4/12
3072	Chernaskey, Rachel	1/27/12
2937	Couts, Kelsey	1/27/12

KEY
A - NCAA Auto; SR - School Record; M - Mark from Multi-Events; * - Flat to bank conversion



2012 Penn State Men's Performance List

MEN'S 60-METER DASH

PSU: Ernie Terrell, 6.76 (2003)
NCAA: 6.60

7.02	Gilmore, Matt	1/7/12
7.04	Mpanduki, Emunael	1/7/12
7.07	Uzoh, Anya	1/7/12
7.18	Owoye, Dele	1/14/12

MEN'S 200-METER DASH

PSU: Ryan Olkowski, 20.98 (2002)
NCAA: 20.73

21.54	Bennett-Green, Brandon	2/4/12
21.59	Nadolsky, Aaron	1/7/12
21.66	Gilmore, Matt	1/28/12
21.76	Mpanduki, Emunael	1/7/12
22.51	Owoye, Dele	2/4/12
22.90	Barrett, Sancho	1/14/12

MEN'S 400-METER DASH

PSU: Brady Gehret, 46.22 (2011)
NCAA: 46.00

47.08	Nadolsky, Aaron	2/4/12
47.16	Bennett-Green, Brandon	2/4/12
47.65	Gilmore, Matt	2/10/12
48.01	Mpanduki, Emunael	1/14/12
48.21	Bennett-Green, Bernard	1/28/12

MEN'S 500-METER DASH

PSU: Casimir Loxsom, 1:01.28 (2011)

1:03.30	Bennett-Green, Brandon	1/7/12
1:03.54	Bennett-Green, Bernard	1/7/12

MEN'S 600-METER RUN

PSU: Casimir Loxsom, 1:16.66 (2012)

1:16.66 SR	Loxsom, Casimir	1/14/12
1:19.10	Bennett-Green, Bernard	2/4/12
1:19.31	Brennan, Ryan	1/14/12
1:23.22	Filandro, Mark	2/4/12

MEN'S 800-METER RUN

PSU: Ryan Foster, 1:47.32 (2010)
NCAA: 1:47.30

1:48.24	Loxsom, Casimir	1/28/12
1:48.64	Creese, Robby	1/28/12
1:49.01	Dawson, Owen UNA	2/4/12
1:50.54	Manley, Connor	1/28/12
1:52.18	Brennan, Ryan	2/11/12
1:54.50	Fuller, Mark	2/4/12
1:55.01	Baker, Colin	1/14/12

MEN'S 1000-METER RUN

PSU: Robby Creese, 2:19.53 (2012)

2:19.53 SR, CR, AJR	Creese, Robby	1/14/12
2:24.73	Endress, Wade	1/14/12
2:28.73	Manley, Connor	1/14/12
2:31.71	Baker, Colin	1/7/12
2:33.19	Fuller, Mark	1/7/12
2:43.88	Uzoh, Anya	1/28/12

MEN'S MILE RUN

PSU: Ryan Foster, 3:58.49 (2011)
NCAA: 3:57.90

3:59.52	Creese, Robby	2/11/12
4:07.34	Endress, Wade	2/4/12
4:10.39	Corkedale, Tyler	1/14/12
4:11.05	Fischer, Matt	1/14/12
4:11.85	Campbell, Chris	1/14/12
4:13.48	Burkhardt, Glen UNA	1/14/12
4:13.53	Dawson, Kyle	1/14/12
4:16.95	Baker, Colin	2/11/12
4:19.70	Fuller, Mark	2/11/12

MEN'S 3000-METER RUN

PSU: Ken Frasier, 8:00.78 (1990)
NCAA: 7:52.30

8:06.36	Dawson, Kyle	1/28/12
8:10.40	Fischer, Matt	2/11/12
8:11.19	Corkedale, Tyler	2/11/12
8:21.76	Campbell, Chris	1/28/12
8:29.55	Cipro, Chris	1/28/12
8:37.23	Luff, Tom	1/14/12
8:55.31	Quinn, Shawn	1/14/12
9:06.83	Anderson, Colin	1/14/12

MEN'S 5000-METER RUN

PSU: Steve Brown, 13:52.36 (1990)
NCAA: 13:44.60

14:07.54	Dawson, Kyle	2/11/12
14:54.78	Luff, Tom	1/27/12
15:23.83	Anderson, Colin	2/4/12

MEN'S 60-METER HURDLES

PSU: Guy Rose, 7.69 (2001)
NCAA: 7.70

8.14	Barrett, Sancho	1/7/12
8.70 M	Uzoh, Anya	1/28/12

MEN'S 4x400-METER RELAY

PSU: Nadolsky, Williams, Loxsom, Gehret, 3:07.27 (2011)
NCAA: 3:06.50

3:07.72	Nadolsky, Gehret, Loxsom, Gilmore	1/14/12
3:08.87	Br. Bennett-Green, Nadolsky, Loxsom, Gehret	1/28/12
3:10.21	Gilmore, Nadolsky, Bennett-Green, Loxsom	2/4/12
3:09.65	Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky (48.1, 46.4, 47.9, 47.2)	1/7/12
3:12.55	Bennett-Green, Br., Mpanduki	1/14/12
3:12.93	Bennett-Green, Be., Brennan	1/28/12
3:17.94	Be. Bennett-Green, Brennan Penn State B	1/7/12

MEN'S DISTANCE MEDLEY RELAY

PSU: Borchers, Cadau, Foster, Johnson, 9:32.94 (2009)
NCAA: 9:31.00

9:35.24	Endress, Nadolsky, Manley, Creese (2:57, 46.3, 1:49.4, 4:01.1)	1/27
9:49.04	Creese, Brennan, Manley, Endress	1/7
10:04.02	Baker, Manley, Brennan, Cipro	2/4/12

MEN'S HIGH JUMP

PSU: Paul Souza, 7-4.25/2.24 (1982)
NCAA: 7-4.25 (2.24)

7-1.75 (2.18)	Reilly, Sean	2/4/12
7-00.25 (2.14)	Hendershot, Jon	1/14/12
6-7.50 (2.02) MR	Uzoh, Anya	1/27/12
6-6.75 (2.00)	Mike McClelland	2/4/12

MEN'S POLE VAULT

PSU: John Vellenoweth, 17-0.75/5.20 (2009)
NCAA: 18-0.50 (5.50)

15-7 (4.75)	Pelletier, Jason	2/4/12
15-1 (4.60)	Patzer, David	2/4/12
14-1.25 (4.30)	Uzoh, Anya	2/11/12

MEN'S LONG JUMP

PSU: David Coney, 25-11/7.90 (1986)
NCAA: 26-6 (8.00)

23-8.25 (7.22)	Moppert, Doug	2/4/12
22-7.75 (6.90) MR	Uzoh, Anya	1/27/12
22-3.75 (6.80)	Johnson, Hanif	1/7/12
22-1 (6.73)	Leap, Brian	2/4/12

MEN'S TRIPLE JUMP

PSU: Chavous Nichols, 53-0.75 (16.17)
NCAA: 53-5.75 (16.30)

51-9 (15.77)	Johnson, Hanif	1/28/12
48-1.75 (14.67)	Leap, Brian	1/28/12

MEN'S SHOT PUT

PSU: C.J. Hunter, 65-7 /19.99 (1990)
NCAA: 63-6 (19.35)

63-4 (19.30)	Kovacs, Joe UNA	1/28/12
58-0.50 (17.69)	Caldwell, Logan	1/28/12
56-5.25 (17.20)	Mubarak, Nabil	2/4/12
37-4.50 (11.39) M	Uzoh, Anya	1/28/12

MEN'S 35-LB WEIGHT THROW

PSU: Dorian Lowe, 66-5.75/20.26 (2002)
NCAA: 70-6.50 (21.50)

63-9.50 (19.44)	Barr, Will	1/27/12
59-11.25 (18.27)	Mubarak, Nabil	2/11/12
55-11 (17.04)	Caldwell, Logan	1/14/12

MEN'S HEPTATHLON

PSU: James Cook, 5500 (1998)
NCAA: 5750

5367	Anya Uzoh	1/27-28/12
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UNA - Unattached; SR - School Record; CR - Collegiate Record; AJR - American Junior Record; M - Mark from Multi-Events; MR - Multi Record; A - NCAA Auto



TRACK & FIELD

All-Time Women's Top Five Performances

WOMEN'S 60-METER DASH

PSU: 7.24, Shavon Greaves (2010)

1. 7.24 Shavon Greaves, 2010
2. 7.27 Consuella Moore, 2004
3. 7.41 Toyin Augustus, 2001
4. **7.41 Mahagony Jones, 2012**
5. 7.46 Kamilah Salaam, 2005

WOMEN'S 200-METER DASH

PSU: 22.60, Connie Moore (2004)

1. 22.60 Consuella Moore, 2004
2. 22.98 Shavon Greaves, 2010
3. 23.48 Shana Cox, 2005
4. 23.67 Caitlin DeFusco, 2010
5. **23.68 Mahagony Jones, 2012**

WOMEN'S 400-METER DASH

PSU: 52.31, Shana Cox (2007)

1. 52.31 Shana Cox, 2007
2. 52.53 Fawn Dorr, 2010
3. 53.14 Shavon Greaves, 2010
4. 53.15 Dominique Blake, 2008
5. 53.96 Gayle Hunter, 2008

WOMEN'S 500-METER DASH

PSU: 1:09.19, Shana Cox (2007)

1. 1:09.19 Shana Cox, 2007
2. 1:12.03 Janice Carter, 1989
3. **1:12.05 Ijeoma Iheoma, 2012**
4. 1:12.23 Fawn Dorr, 2010
5. 1:13.32 Briene Simmons, 2006

WOMEN'S 600-METER RUN

PSU: 1:29.81, Briene Simmons (2008)

1. 1:29.81 Briene Simmons, 2008
2. 1:30.22 Erica Bosler, 1998
3. 1:30.42 Ijeoma Iheoma, 2011
4. 1:31.35 Bekka Simko, 2011
5. 1:31.68 Fawn Dorr, 2008

WOMEN'S 800-METER RUN

PSU: 2:05.67, Briene Simmons (2007)

1. 2:05.67 Briene Simmons, 2007
2. **2:06.91 Bekka Simko, 2012**
3. 2:08.75 Maura Ryan, 2011
4. 2:08.92 Caitlin Lane, 2011
5. 2:09.52 Judi Cassell, 1985

WOMEN'S 1000-METER RUN

PSU: 2:44.24, Caitlin Lane (2012)

1. **2:44.24 Caitlin Lane, 2012**
2. 2:48.21 Briene Simmons, 2007
3. **2:48.70 Bekka Simko, 2012**
4. 2:49.00 Patty Murnane, 1979
5. 2:49.92 Bridget Franek, 2008

WOMEN'S MILE RUN

PSU: 4:37.95, Bridget Franek (2010)

1. 4:37.95 Bridget Franek, 2010
2. 4:38.37 Caitlin Lane, 2011
3. 4:40.76 Kim McGreevy, 1997
4. 4:41.51 Patty Murnane, 1982
5. 4:45.46 Leah Rosenfeld, 2008

WOMEN'S 3000-METER RUN

PSU: 9:10.04, Bridget Franek (2009)

1. 9:10.04 Bridget Franek, 2009
2. 9:13.06 Paula Renzi, 1985
3. **9:15.16 Caitlin Lane, 2012**
4. **9:19.42 Kara Millhouse, 2012**
5. 9:27.41 Cheryl Spring, 2010

WOMEN'S 5000-METER RUN

PSU: 15:53.50, Paula Renzi (1985)

1. 15:53.50 Paula Renzi, 1985
2. 15:56.76 Bridget Franek, 2010
3. **16:06.82 Kara Millhouse, 2012**
4. 16:22.30 Cheryl Spring, 2010
5. 16:25.97 Brooklyne Ridder, 2011

WOMEN'S 60-METER HURDLES

PSU: 8.16, Aleesha Barber (2009)

1. 8.16 Aleesha Barber, 2009
2. **8.20 Evonne Britton, 2012**
3. 8.22 Toyin Augustus, 2001
4. 8.37 Gayle Hunter, 2009
5. 8.50 Kamilah Salaam, 2006

WOMEN'S 4X400-METER RELAY

PSU: 3:33.34, Blake, Simmons, Cox, Barber (2007)

1. 3:33.49 Blake, Simmons, Cox, Barber, 2007
2. 3:34.00 Blake, Cox, Barber, Dorr, 2008
3. 3:34.00 Anyanwu, Iheoma, Greaves, Duncan, '11
3. 3:34.04 Cox, Simmons, Barber, Blake, 2006
4. 3:34.64 Dorr, Barber, Greaves, Hunter, 2009

WOMEN'S DISTANCE MEDLEY

PSU: 11:05.16, Lane, Iheoma, Simko, Millhouse, '12

1. **11:05.16 Lane, Iheoma, Simko, Millhouse, '12 (3:22, 53.5, 2:07.5, 4:41.1)**
2. 11:14.78 Hutchinson, Cox, Simmons, Franek, '07
3. 11:21.00 Heyer, Dweh, Bosler, McGreevy, '97
4. 11:26.40 Lane, Anyanwu, Kearins, Spring, '10
5. 11:27.81 Graybill, Duncan, Kearins, Franek, '10

WOMEN'S HIGH JUMP

PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)
5-11.25 (1.81), Brittany Maun (2010)

1. 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
3. 5-9.75 (1.77) Jen Aylward, 2001
4. 5-8.50 (1.74) Amber Strouse, 2007
- 5-8.50 (1.74) **Kelsey Couts, 2012**
6. 5-8 (1.73) Kathy Messner, 2003
- 5-8 (1.73) Bianca Fung, 2011

WOMEN'S POLE VAULT

PSU: 13-5.75 (4.11), Sara Dougherty (2004)

1. 13-5.50 (4.11) Sara Dougherty, 2004
2. 12-11.50 (3.95) Jocelyn Witmer, 2010
- 12-11.50 (3.95) Caitlin Fairbairn, 2010
4. **12-5.50 (3.80) Amanda Palenchar, 2012**
5. 12-3.50 (3.75) Lindsey McDonnell, 2003
- 12-3.50 (3.75) Jackie Meissner, 2007

WOMEN'S LONG JUMP

PSU: 20-11.25 (6.38), Gayle Hunter (2009)

1. 20-11.25 (6.38) Gayle Hunter, 2009
2. 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
4. 20-7.50 (6.28) Carmen Mann, 1990
5. 20-3.50 (6.18) Bianca Fung, 2009

WOMEN'S TRIPLE JUMP

PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)

1. 44-1.50 (13.45) Chi-Chi Aduba, 2004
2. 41-11.50 (12.79) Gabriela Baiter, 2008
3. 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998
5. 41-7.25 (12.68) Gayle Hunter, 2008

WOMEN'S SHOT PUT

PSU: 56-5.25 (17.20), Ja'Nai O'Connor (2004)

1. 56-5.25 (15.13) Ja'Nai O'Connor, 2004
2. 53-6 (16.31) Elaine Sobansky, 1983
3. 53-5 (16.28) Jen Leatherman, 2006
4. 51-2 (15.60) Deshaya Williams, 2003
5. **50-2 (15.29) Melissa Kurzdorfer, 2012**

WOMEN'S 20-LB WEIGHT

PSU: 74-10.50 (22.82), Jen Leatherman (2006)

1. 74-10.50 (22.82) Jen Leatherman, 2006
2. 66-3 (20.19) Kate Johnston, 2005
3. **64-10.50 (19.77) Melissa Kurzdorfer, 2012**
4. 64-6 (19.66) Deshaya Williams, 2003
5. 62-1.25 (18.93) Ja'Nai O'Connor, 2002

WOMEN'S PENTATHLON

PSU: 4,342, Gayle Hunter (2009)

1. 4,342 Gayle Hunter, 2009
2. 3,988 Carla Criste, 1985
3. 3,805 Amber Strouse, 2007
4. **3,778 Brittney Howell, 2012**
5. 3,596 Danielle Bobo, 2003

BOLD - Denotes Current Season Performance



GOPSUSPORTS.COM

All-Time Men's Top Five Performances

MEN'S 60-METER DASH

PSU: 6.76, Ernie Terrell (2003)

- 6.76 Ernie Terrell, 2003
 - 6.77* Michael Timpson, 1986
 - 6.80* Barney Ewell, 1942
 - 6.81 Alex Langan, 2006
 - 6.83 Knowledge Timmons, 2006
- * Converted time from 60 yards to 55 meters

MEN'S 200-METER DASH

PSU: 20.98, Ryan Olkowski (2002)

- 20.98 Ryan Olkowski, 2002
- 21.11 Michael Timpson, 1989
- 21.18 Greg Miller, 2001
- 21.21 Ernie Terrell, 2004
- 21.29 Brady Gehret, 2011

MEN'S 400-METER DASH

PSU: 46.22, Brady Gehret (2011)

- 46.22 Brady Gehret, 2011
- 46.81 Michael Timpson, 1987
- 46.93 Ernie Terrell, 2003
- 47.08 Aaron Nadolsky, 2012
- 47.16 Brandon Bennett-Green, 2012

MEN'S 500-METER DASH

PSU: 1:01.28, Casimir Loxsom (2011)

- 1:01.28 Casimir Loxsom, 2011
- 1:02.58 Ben Karcz, 2000
- 1:02.75 Ernie Terrell, 2003
- 1:02.81 Mike Cadau, 2009
- 1:03.04 Steve Janci, 2002

MEN'S 600-METER RUN

PSU: 1:16.66, Casimir Loxsom (2012)

- 1:16.66 Casimir Loxsom, 2012
- 1:16.89 Ben Karcz, 2001
- 1:17.65 Lionel Williams, 2009
- 1:18.16 Matt Lincoln, 2004
- 1:18.84 Mark Miller, 2005

MEN'S 800-METER RUN

PSU: 1:47.32, Ryan Foster (2010)

- 1:47.32 Ryan Foster, 2010
- 1:47.36 Casimir Loxsom, 2011
- 1:47.77 Owen Dawson, 2010
- 1:48.19 Ray Levitre, 1987
- 1:48.53 Lionel Williams, 2010

MEN'S 1000-METER RUN

PSU: 2:19.53, Robby Creese (2012)

- 2:19.53 Robby Creese, 2012
- 2:19.60 Ryan Foster, 2010
- 2:21.98 Owen Dawson, 2010
- 2:22.42 Samuel Borchers, 2008
- 2:22.50 Matt Lincoln, 2003

MEN'S MILE RUN

PSU: 3:58.49, Ryan Foster (2011)

- 3:58.49 Ryan Foster, 2011
- 3:59.52 Robby Creese, 2012
- 4:01.98 Samuel Borchers, 2008
- 4:02.3 Greg Fredericks, 1972
- 4:02.9 Bob Hudson, 1985

MEN'S 3000-METER RUN

PSU: 8:00.72, Ken Frazier (1989)

- 8:00.72 Ken Frazier, 1989
- 8:02.05 John Zishka, 1981
- 8:06.36 Kyle Dawson, 2012

Converted Marks

- 7:53.58 Greg Fredericks, 1972
- 7:54.50 Robert Snyder, 1979
- 8:02.24 George Malley, 1977

MEN'S 5000-METER RUN

PSU: 13:52.36, Steve Brown (1990)

- 13:52.36 Steve Brown, 1990
- 13:58.55 Eric Carter, 1986

Converted Marks

- 13:46.42 Paul Stemmer, 1976
- 13:46.94 Alan Scharsu, 1980
- 13:59.71 Charlie Maguire, 1974

MEN'S 60-METER HURDLES

PSU: 7.69, Guy Rose (2001)

- 7.69 Guy Rose, 2001
- 7.82 Michael Timpson, 1986
- 7.83 John Whelan, 1998
- 7.85 Mike Shine, 1975
- 7.86 Ron Jules, 2007

MEN'S 4X400-METER RELAY

PSU: 3:07.27, Williams, Loxsom, Gehret, Nadolsky (2011)

- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012
- 3:08.87 Br. Bennett-Green, Nadolsky Loxsom, Gehret, 2012
- 3:09.43 Derby, Lolagne, Campisi, Terrell, 2003
- 3:09.65 Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 2012

MEN'S 4X800-METER RELAY

PSU: 7:21.37, Balkey, McMillan, Mills, Levitre (1987)

- 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
- 7:24.38 Watson, Shiffer, Levitre, Mills, 1986

Converted from 2-Mile Relay

- 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983
- 7:23.38 Watson, Shisler, Mills, Moore, 1985
- 7:24.60 Shisler, McLaughlin, Wynn, Cook, 1983

MEN'S DISTANCE MEDLEY RELAY

PSU: 9:32.94, Borchers, Cadau, Foster, Johnson

- 9:32.94 Borchers, Cadau, Foster, Johnson, 2009
- 9:35.21 Borchers, Williams, Loxsom, O. Dawson, '11
- 9:35.24 Endress, Nadolsky, Manley, Creese, '12
- 9:35.68 O. Dawson, Nadolsky, Williams, Foster, '11
- 9:36.29 Lincoln, Campisi, Michael, Foster, 2005

MEN'S HIGH JUMP

PSU: 7-4.25 (2.24), Paul Souza (1982)

- 7-4 1/4 (2.24) Paul Souza, 1982
 - 7-3 1/4 (2.22) Ryan Fritz, 2007
 - 7-2 3/4 (2.20) Ryan Olkowski, 1999
 - 7-1 3/4 (2.18) Sean Reilly, 2012
 - 7-1 1/2 (2.17) David Coney, 1985
- 7-1 1/2 (2.17) Bryson Hartzler, 2010

MEN'S POLE VAULT

PSU: 17-0.75 (5.20), John Vellenoweth (2009)

- 17-0 3/4 (5.20) John Vellenoweth, 2009
 - 17-0 (5.18) Mason Ternay, 1992
 - 16-9 1/2 (5.12) Ron Campbell, 1985
 - 16-9 1/2 (5.12) Rick Kleban, 1985
 - 16-8 3/4 (5.10) Dave Bollinger, 2004
- 16-8 3/4 (5.10) Brad Lawrence, 2010

MEN'S LONG JUMP

PSU: 25-11 (7.90), David Coney (1986)

- 25-11 1/4 (7.91) Dave Coney, 1986
- 25-10 3/4 (7.89) Antonio Davis, 1993
- 25-8 (7.82) George Audu, 1999
- 25-5 1/2 (7.76) Rob Boulware, 1986
- 25-4 1/2 (7.73) John Gorham, 1999

MEN'S TRIPLE JUMP

PSU: 53-0.75 (16.17), Chavous Nichols (2003)

- 53-0 3/4 (16.17) Chavous Nichols, 2003
- 52-6 (16.00) Clarence Smith, 2009
- 52-4 1/4 (15.955) Ricardo Hall, 1990
- 52-4 1/4 (15.955) Antonio Davis, 1994
- 51-9 (15.77) Hanif Johnson, 2012

MEN'S SHOT PUT

PSU: 65-7 (19.99), CJ Hunter (1990)

- 65-7 (19.99) C.J. Hunter, 1990
- 65-1 1/4 (19.84) Joe Kovacs, 2011
- 62-6 1/2 (19.05) Phil Caraher, 1991
- 62-1 1/4 (18.93) Blake Eaton, 2011
- 60-3 1/2 (18.375) Greg Reyner, 1986

MEN'S 35-LB WEIGHT

PSU: 66-5.75 (20.26), Dorian Lowe (2002)

- 66-5 3/4 (20.26) Dorian Lowe, 2002
- 66-2 1/4 (20.17) Scott Vernon, 2005
- 65-9 3/4 (20.06) Neal McNutt, 1998
- 65-9 (20.04) Tyler Hoffman, 2008
- 64-11 1/2 (19.80) Alvin Jackson, 1977

MEN'S HEPTATHLON

PSU: 5500, James Cook (1998)

- 5500 James Cook, 1998
- 5419 Chris Morrissey, 2008
- 5367 Anya Uzoh, 2012
- 5239 Shawn Colligan, 2008
- 5185 J.T. Kuretich, 2000



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