

2016 Jim Thorpe Outdoor Open || Nittany Lion Track

Friday || May 6th, 2016



FINAL TIME SCHEDULE

THROWING EVENTS - **Start Time 2:00 PM || All Times after are Estimated || Will Start Early if Possible**

2:00 PM Women Javelin Throw
Men Shot Put
~3:00 PM Women Shot Put (Follows Men's Shot Put)
~3:15 PM Men Javelin Throw (Follows Women's Javelin)
~4:00 PM Men Hammer Throw (Follows Women's Shot Put)
~4:30 PM Women Discus Throw (Follows Men's Javelin)
~5:15 PM Women Hammer Throw (Follows Men's Hammer)
~5:30 PM Men Discus Throw (Follows Women's Discus)

JUMPING EVENTS - **Start Time 2:00 PM || All Times after are Estimated || Will Run Early if Possible**

2:00 PM Men Long Jump
Men Pole Vault
~2:45 PM Women Long Jump (Follows Men's Long Jump)
~3:30 PM Women Pole Vault (Follows Men's Pole Vault)
~3:45 PM Men Triple Jump (Follow Women's Long Jump)
~4:15 PM Women Triple Jump (Follows Men's Triple Jump)
~5:00 PM Men High Jump (Follows Women's Pole Vault)
~5:45 PM Women High Jump (Follows Men's High Jump)

RUNNING EVENTS (All Events FINALS)

3:00 PM Women 3000 Meter Steeplechase
3:15 PM Men 3000 Meter Steeplechase
3:30 PM Women 1500 Meter Run
3:40 PM Men 1500 Meter Run
3:50 PM Women 100 Meter Hurdles
4:00 PM Men 110 Meter Hurdles
4:10 PM Women 100 Meter Dash
4:15 PM Men 100 Meter Dash
4:25 PM Women 400 Meter Dash
4:30 PM Men 400 Meter Dash
4:40 PM Paralympic 800
4:50 PM Women 800 Meter Run
4:55 PM Men 800 Meter Run
5:10 PM Women 400 Meter Hurdles
5:15 PM Men 400 Meter Hurdles
5:25 PM Women 200 Meter Dash
5:30 PM Men 200 Meter Dash
5:40 PM Paralympic 200
5:45 PM Women 4x400 Meter Relay
5:50 PM Men 4x400 Meter Relay