

PENN STATE

WOMEN'S LACROSSE



2013

2013 SCHEDULE

Overall: 0-0 // Home: 0-0 // Away: 0-0 // Neutral: 0-0
 ALC: 0-0 // Home: 0-0 // Away: 0-0 // Neutral: 0-0

Date	Opponent	Result/Time
Feb. 20	BUCKNELL	7 p.m.
Feb. 23	at Loyola	11 a.m.
Feb. 27	at Duquesne	7 p.m.
March 3	at Virginia	1 p.m.
March 6	JAMES MADISON	4 p.m.
March 9	at Maryland	Noon
March 13	at Cornell	4 p.m.
March 17	VANDERBILT*	Noon
March 22	at Drexel	7 p.m.
March 30	FLORIDA*	Noon
April 5	at Northwestern*	7 p.m.
April 10	LEHIGH	7 p.m.
April 14	OHIO STATE*	1 p.m.
April 17	LAFAYETTE	7 p.m.
April 21	at Johns Hopkins*	Noon
April 27	at Princeton	1 p.m.
ALC CHAMPIONSHIP		
May 2	ALC Quarterfinals ¹	TBA
May 3	ALC Semifinals ¹	TBA
May 5	ALC Final ¹	TBA

All Time ET
 All home games in CAPS
 * - American Lacrosse Conference game
¹ - Hosted by Johns Hopkins (Baltimore, Md.)

No. 9/10 PENN STATE NITTANY LIONS (0-0)



BUCKNELL BISON (0-1)



GAME 1: Feb. 20, 2013 • 7 p.m. • Holuba Hall • University Park, Pa.

GAME DAY

VENUE: Holuba Hall (indoors)
 SERIES RECORD: Penn State leads 16-0
 LAST MEETING: W, 19-3 (Feb. 14, 2012 at Bucknell)
 NEXT GAME: Feb. 23 at Loyola (11 a.m.)

GAME NOTES

- Penn State is ranked No. 9 in the deBeer media poll and No. 10 in the IWLCA poll.
- Penn State will open the season against Bucknell for the second straight year.
- Penn State returns eight starters from 2012.
- Head Coach **Missy Doherty** begins her third year at the Nittany Lions' helm.
- The Nittany Lions return 79.9% of their scoring from last season.
- In 2012, Penn State reached the NCAA tournament for the first time since 2005.

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PennStateWomensLacrosse

PennStateWLAX



TEAM COMPARISON



Record	12-7	0-1
Conference Record	3-2	0-0
Goals	224	5
Goals/gm.	11.79	5.00
Assists	79	2
Points	303	7
Shots	501	17
Shots Pct.	.447	.294
Goals Allowed	193	20
GAA	10.00	20.00
Save Pct.	.486	.333
Ground Balls	296	10
Turnovers	240	23
Caused Turnovers	125	6
Draw Controls	207	13
Clearing Pct.	.807	.632
Free Position Pct.	.483	.429

* 2012 statistics

2012 STATISTICS

ATTACK	GP-GS	G	A	PTS	GB	CT	DC
Kristin Brent	3-0	0	0	0	2	1	0
Mackenzie Cyr	18-17	34	23	57	13	10	7
Avery Curley	4-0	2	0	2	2	1	0
Molly Fernandez	18-17	35	4	39	12	1	15
Maggie McCormick	18-18	29	30	59	10	2	9
MIDFIELD							
Tatum Coffey	19-19	34	6	40	25	18	23
Haley Ford	13-6	15	3	18	11	5	5
Evan Foulsham	16-8	3	0	3	4	2	6
Katie Guy	19-19	5	1	6	23	13	30
Kelly Lechner	18-16	20	5	25	23	3	20
Shannon Lechner	11-0	2	1	3	2	1	2
DEFENSE							
Carly Bitzer	4-0	0	0	0	0	0	0
Ali Foulsham	2-0	0	0	0	0	0	0
Cat Layne	15-10	0	0	0	10	2	1
Erin McAfee	10-0	0	0	0	0	1	0
Colleen Shea	19-19	0	1	1	27	16	8



2013 PENN STATE WOMEN'S LACROSSE

TODAY'S GAME

- Penn State will open the 2013 campaign against Bucknell for the second straight season.
- Bucknell opened its season with a 20-5 loss to No. 19 Stony Brook Feb. 16.

ALL-TIME VS. BUCKNELL

- The Nittany Lions are 16-0 all-time against the Bison in a series that dates back to 1978.

LAST TIME VS. THE BISON

- Penn State defeated Bucknell, 19-3, in the team's season-opening game last season.
- Six different Nittany Lions recorded at least two goals, including **Kelly Lechner** (3), **Katie Guy** (3), **Molly Fernandez** (2), **Mackenzie Cyr** (2) and **Tatum Coffey** (2).
- **Maggie McCormick** led the Lions with two assists.

LIONS ENTER SEASON IN TOP 10

- Penn State will enter the 2013 season ranked in the top 10 in a pair of polls.

- The IWFLCA placed the Nittany Lions as the 10th team in the country in the organization's preseason poll.
- In the most recent deBeer/*Inside Lacrosse* Media Poll, Penn State is ranked ninth.

DUO TABBED ALL-AMERICANS

- Sophomore midfielder **Tatum Coffey** and junior midfielder **Lizzy Carney** were tabbed *Inside Lacrosse* Preseason All-Americans.
- Last season, Coffey was the nation's only freshman to be named to an All-America team (third).
- Carney will miss the 2013 season with an injury.

OFFENSIVE PUNCH

- With the graduation of only three starting seniors, the Nittany Lions will return 79.9% of their scoring from a season ago.
- Sophomore **Maggie McCormick** led the Nittany Lions with 59 points and 30 assists, while senior **Molly Fernandez** paced the squad with 35 goals.

BACK FOR MORE

- Although still a young team, Penn State returns its category leaders in each major category with the exception of ground balls.

Stat	Player	2012 Total
Points	McCormick	59
Goals	Fernandez	35
Assists	McCormick	30
DC	Coffey	53
Shots	Fernandez	80
CT	Coffey	18

EXCLUSIVE COMPANY

- Senior midfielder **Katie Guy** and sophomore midfielder **Tatum Coffey** are the only two returning Nittany Lions to record double-digit ground balls, draw controls and caused turnovers in 2012.

	GB	DC	CT
Coffey	25	35	18
Guy	23	30	13

2013 PENN STATE NITTANY LIONS

No.	Name	Pos.	Yr.	Ht.	Hometown/High School
1	Avery Curley	A	R-So.	5-5	Berwyn, Pa./Episcopal Academy
2	Shannon Lechner	M	Jr.	5-5	Silver Spring, Md./Our Lady of Good Counsel
3	Haley Ford	M	So.	5-7	White Hall, Md./North Harford
4	Madison Cyr	A	Fr.	5-3	Westminster, Md./Winters Mill
5	Lizzy Carney	M	Jr.	5-5	West Chester, Pa./Unionville
7	Tatum Coffey	M	So.	5-6	Toms River, N.J./Toms River North
8	Erika Spilker	M	Fr.	5-6	Severna Park, Md./Severna Park
9	Katie Guy	M	Sr.	5-8	Whitby, Ont./Anderson C.V.I.
11	Kelly Lechner	M	So.	5-6	Silver Spring, Md./Our Lady of Good Counsel
12	Molly Fernandez	A	Sr.	5-2	Baltimore, Md./McDonogh School
13	Emi Smith	GK	Fr.	5-3	Denver, Colo./Regis Jesuit
14	Ali Foulsham	D	Jr.	5-6	Madison, N.J./Madison
15	Mackenzie Cyr	A	Jr.	5-6	Westminster, Md./Winters Mill
17	Erin McAfee	D	So.	5-8	Moorestown, N.J./Moorestown
18	Cat Layne	D	So.	5-4	Downingtown, Pa./Villa Maria Academy
19	Carly Bitzer	D	Jr.	5-8	Doylestown, Pa./Central Bucks East
20	Evan Foulsham	M	Jr.	5-6	Madison, N.J./Madison
21	Lauren Bosse	D	Fr.	5-10	Towson, Md./Towson
22	Victoria Brady	M	So.	5-8	Hatfield, Pa./North Penn
24	Maggie McCormick	A	So.	5-10	Eldersburg, Md./Liberty
25	Jenna Moschetti	M	Fr.	5-10	Fallston, Md./Fallston
26	Ally Heavens	M	Fr.	5-5	Garnet Valley, Pa./Garnet Valley
27	Heather Harman	D	Fr.	5-5	Alpharetta, Ga./Milton
30	Colleen Shea	D	R-Sr.	5-4	Baltimore, Md./Seton Keough
31	Ayla Halus	GK	R-Sr.	5-6	Hershey, Pa./Hershey
32	Kristin Brent	A	So.	5-9	Rockville Centre, N.Y./Sacred Heart Academy

Head Coach: Missy Doherty, third season (Maryland '97)

Assistant Coaches: Amy Altig, third season (James Madison '05), Brooke Matthews, first season (Northwestern '11)



FAMILIAR FACES

- Penn State returns 17 letterwinners, as well as eight starters, in 2013.
- The Nittany Lions lost starters **Dana Cahill**, who was the ALC goalkeeper of the year, and midfielders **Aly Adams** and **Theresa Zichelli** to graduation.

SISTER ACT

- Penn State boasts three sets of sisters - the Cyrs, Lechners and Foulshams - on the 2013 roster.

OH CAPTAINS, MY CAPTAINS

- Seniors **Molly Fernandez** and **Katie Guy** and junior **Lizzy Carney** will serve as the Nittany Lion captains during the 2013 season.

NEWCOMERS

- Penn State welcomes eight newcomers to the squad, including seven freshmen.
- Three Nittany Lions freshmen - **Madison Cyr**, **Heather Harman** and **Ally Heavens** earned US Lacrosse All-America honors during high school.

DOHERTY ENTERS THIRD SEASON

- Head coach **Missy Doherty** enters her third season at Penn State with a 101-61 career record and a 22-15 mark in Happy Valley.
- Last season, she led the Lions to their first NCAA tournament appearance since 2005.

MATTHEWS JOINS STAFF

- Former Northwestern standout **Brooke Matthews** joined the Penn State staff June 21, 2012.

- As a player, she helped the Wildcats win three national titles (2008, 2009, 2011).
- In 2012, she served as an assistant coach at Mount St. Mary's.

SCHEDULE BREAKDOWN

- Penn State will play eight opponents that are ranked in the IWLCA preseason coaches' poll.
- After their opener against Bucknell, the Nittany Lions will embark on a season-high three game road trip.
- Penn State will have a season-long three-game homestand April 10-17.

AMERICAN LACROSSE CONFERENCE

- Four conference foes - No. 1 Northwestern, No. 3 Florida, No. 13 Ohio State and No. 19 Johns Hopkins are ranked in the preseason top 20.
- Penn State will host conference foes Vanderbilt (March 17), Florida (March 30) and Ohio State (April 14), and will travel to Northwestern (April 5) and Johns Hopkins (April 21).
- Johns Hopkins will host the ALC tournament May 2-5.

IWLCA Division I Poll

February 4, 2013

1.	Northwestern	21-2 (383)
2.	Syracuse	19-4 (376)
3.	Florida	19-3 (366)
4.	Maryland	19-4 (349)
5.	North Carolina	15-4 (321)
6.	Loyola	14-6 (284)
7.	Duke	12-7 (276)
8.	Virginia	11-8 (229)
9.	Notre Dame	13-5 (220)
10.	PENN STATE	12-7 (208)
11.	Penn	9-8 (195)
12.	Dartmouth	12-5 (182)
13.	Ohio State	11-6 (139)
14.	Massachusetts	19-2 (112)
15.	Georgetown	9-8 (108)
16.	Cornell	11-5 (97)
17.	Towson	16-4 (86)
18.	Stony Brook	14-5 (60)
19.	Johns Hopkins	9-9 (47)
20.	Boston College	10-8 (44)

deBeer/Inside Lacrosse Poll

February 18, 2013

1.	Northwestern	195
2.	Maryland	189
3.	Florida	186
4.	Duke	162
5.	North Carolina	151
6.	Syracuse	146
7.	Virginia	143
8.	Notre Dame	138
9.	PENN STATE	117
10.	Loyola	107
11.	Penn	105
12.	Georgetown	82
13.	Dartmouth	76
14.	Massachusetts	71
15.	Johns Hopkins	43
16.	Towson	42
17.	Harvard	41
18.	Boston College	40
19.	Stony Brook	30
20.	Navy	13

ALC STANDINGS

Team	ALC	Overall
Northwestern	0-0	2-0
Florida	0-0	3-0
Johns Hopkins	0-0	1-0
Penn State	0-0	0-0
Vanderbilt	0-0	1-2
Ohio State	0-1	0-0

ALC Schedule

Wednesday, Feb. 20
 Vanderbilt at Boston College, 2 p.m.
 Ohio State at William & Mary, 3 p.m.
 Mount St. Mary's at Johns Hopkins, 4 p.m.
 Bucknell at Penn State, 7 p.m.

Friday, Feb. 22
 UC Davis at Florida, 6:30 p.m.
 Northwestern at North Carolina, 7 p.m.

Saturday, Feb. 23
 Penn State at Loyola, Noon
 Boston College at Ohio State, 1 p.m.
 Bucknell at Johns Hopkins, 4 p.m.

Sunday, Feb. 24
 Albany at Florida, Noon





LAST TIME OUT

NCAA QUARTERFINALS VS. FLORIDA | MAY 19, 2012 | L, 15-2

Penn State (12-7) vs.
 Florida (19-2)
 Date: May 19, 2012 • Attendance: 708
 Weather: 82 and sunny

Score by period	1	2	Total
Penn State	2	0	2
Florida	8	7	15

Penn State SCORING: GOALS: Ford, Haley 1; Carney, Lizzy 1.
 ASSISTS: Cyr, Mackenzie 1.

Florida SCORING: GOALS: Dashiell, Brittany 3; Barry, Nora 3; Cullen, Kitty 2;
 Bruns, Ashley 2; Gilroy, Shannon 2; Wiegand, Gabi 1; Graziano, Nicole 1; McCord,
 Taylor 1.
 ASSISTS: Dashiell, Brittany 2; Bruns, Ashley 1; Chesterman, Caroline 1; Cullen,
 Kitty 1; Gilroy, Shannon 1; Wiegand, Gabi 1.

Shots by period	1	2	Total
Penn State	7	5	12
Florida	14	20	34

Saves by period	1	2	Total
Penn State	5	8	13
Florida	4	3	7

Ground balls/prd	1	2	Total
Penn State	5	2	7
Florida	6	10	16

Fouls by period	1	2	Total
Penn State	12	15	27
Florida	6	8	14

Draw controls/prd	1	2	Total
Penn State	3	1	4
Florida	8	7	15

Turnovers by prd	1	2	Total
Penn State	5	7	12
Florida	4	3	7

Clears by period	1	2	Total
Penn State	7-8	6-10	13-18
Florida	7-7	8-8	15-15

Free-position shots	1	2	Total
Penn State	0-0	0-2	0-2
Florida	0-1	1-3	1-4

Stadium: Disney Stadium
 Officials: Patty Daley; Nadine Bassler; Peggy Cellucci. Scorer: Ashley Traina.

 Official's signature



LAST TIME VS. BUCKNELL

FEB. 15, 2012 | W, 19-3

Penn State (1-0) vs.
Bucknell (0-2)
Date: Feb 15, 2012 • Attendance: 140
Weather: 43, overcast

Score by period	1	2	Total
Penn State	12	7	19
Bucknell	1	2	3

Penn State SCORING: GOALS: Lechner, Kelly 3; Guy, Katie 3; Fernandez, Molly 2; Cyr, Mackenzie 2; Coffey, Tatum 2; Zichelli, Theresa 2; Welch, Elaine 1; Carney, Lizzy 1; Foulsham, Evan 1; Lechner, Shannon 1; Ford, Haley 1.
ASSISTS: McCormick, Maggie 2; Cyr, Mackenzie 1; Fernandez, Molly 1; Semones, Alyssa 1.

Bucknell SCORING: GOALS: Sajjad, Arriana 2; Hurwitz, Madison 1.
ASSISTS: Wendling, Adrienne 1.

Shots by period	1	2	Total
Penn State	21	10	31
Bucknell	6	6	12

Saves by period	1	2	Total
Penn State	3	2	5
Bucknell	4	3	7

Ground balls/prd	1	2	Total
Penn State	10	8	18
Bucknell	3	3	6

Fouls by period	1	2	Total
Penn State	10	10	20
Bucknell	11	6	17

Draw controls/prd	1	2	Total
Penn State	9	0	9
Bucknell	5	9	14

Turnovers by prd	1	2	Total
Penn State	7	5	12
Bucknell	11	11	22

Clears by period	1	2	Total
Penn State	7-7	11-12	18-19
Bucknell	3-9	3-4	6-13

Free-position shots	1	2	Total
Penn State	1-2	1-3	2-5
Bucknell	0-3	1-2	1-5

Stadium: Graham Field
Officials: R. Anton; L. Pawlowski; M.J. Anderson.

Official's signature



2012 TEAM STATISTICS

Overall: 12-7 Conf: 3-2 Home: 4-4 Away: 8-2 Neut: 0-1

TEAM STATISTICS	PSU	OPP
SHOT STATISTICS		
Goals-Shot attempts	224-501	193-477
Goals scored per game	11.79	10.16
Shot pct.	.447	.405
Shots on goal-Attempts	378-501	375-477
SOG pct.	.754	.786
Shots/Game	26.4	25.1
Assists	79	69
Free position Made-Att	44-91	36-94
Free position pct.	.484	.383
GOAL BREAKDOWN		
Total Goals	224	193
Free-position	44	36
Unassisted	145	124
Overtime	2	4
Goals scored average	11.61	10.00
GROUND BALLS		
	296	283
DRAW CONTROLS		
	207	250
TURNOVERS		
	240	255
CAUSED TURNOVERS		
	125	132
CLEARs		
	130-161	105-133
Clear Pct.	.807	.789
ATTENDANCE		
Total	2671	4439
Dates/Avg Per Date	8/334	10/444
Neutral Site #/Avg	1/0	

Goals by Period	1st	2nd	OT	Total
Penn State	121	101	2	224
Opponents	101	88	4	193

Shots by Period	1st	2nd	OT	Total
Penn State	270	225	6	501
Opponents	248	222	7	477

Saves by Period	1st	2nd	OT	Total
Penn State	93	87	2	182
Opponents	81	71	2	154

Shots on Goal	1st	2nd	OT	Total
Penn State	202	172	4	378
Opponents	194	175	6	375



2012 INDIVIDUAL STATISTICS

Overall: 12-7 Conf: 3-2 Home: 4-4 Away: 8-2 Neut: 0-1

##	Player	gp-gs	g	a	pts	sh	sh%	sog	sog%	fpg-fps	gb	dc	t/o	ct	foul
24	McCormick, Maggie	18-18	29	30	59	60	.483	47	.783	2-4	10	9	31	2	7
15	Cyr, Mackenzie	18-17	34	23	57	67	.507	53	.791	6-10	13	7	21	10	22
7	Coffey, Tatum	19-19	34	6	40	74	.459	56	.757	8-16	25	53	22	18	68
12	Fernandez, Molly	18-17	35	4	39	80	.438	59	.738	7-12	12	15	22	1	16
23	Zichelli, Theresa	19-19	22	4	26	60	.367	40	.667	4-10	26	27	20	13	68
21	Lechner, Kelly	18-16	20	5	25	43	.465	34	.791	6-10	23	20	20	3	20
3	Ford, Haley	13-6	15	3	18	25	.600	22	.880	1-3	11	5	7	5	11
6	Welch, Elaine	15-3	8	0	8	23	.348	15	.652	1-6	4	3	9	1	3
28	Adams, Aly	16-11	6	0	6	16	.375	10	.625	3-6	9	10	12	3	10
9	Guy, Katie	19-19	5	1	6	11	.455	7	.636	2-3	23	30	14	13	68
5	Carney, Lizzy	19-19	5	0	5	10	.500	9	.900	0-2	36	8	12	16	40
10	Purvis, Lauren	18-0	4	0	4	10	.400	9	.900	3-6	8	2	10	2	20
20	Foulsham, Evan	16-8	3	0	3	8	.375	6	.750	1-2	4	6	8	2	12
2	Lechner, Shannon	11-0	2	1	3	6	.333	3	.500	-	2	1	11	2	6
1	Curley, Avery	4-0	2	0	2	4	.500	4	1.000	-	2	0	2	1	1
22	Semones, Alyssa	3-0	0	1	1	3	.000	3	1.000	-	1	1	1	0	3
30	Shea, Colleen	19-19	0	1	1	0	.000	0	.000	-	27	8	5	16	40
32	Brent, Kristin	3-0	0	0	0	1	.000	1	1.000	0-1	2	0	0	1	0
34	Cahill, Dana	19-19	0	0	0	0	.000	0	.000	-	40	0	7	9	0
33	Lloyd, Melissa	1-0	0	0	0	0	.000	0	.000	-	0	0	0	0	0
31	Halus, Ayla	1-0	0	0	0	0	.000	0	.000	-	1	0	0	0	0
19	Bitzer, Carly	4-0	0	0	0	0	.000	0	.000	-	0	0	0	0	1
18	Layne, Cat	15-10	0	0	0	0	.000	0	.000	-	10	1	3	2	15
17	McAfee, Erin	10-0	0	0	0	0	.000	0	.000	-	0	0	1	1	3
16	Hughes, Kelsey	5-0	0	0	0	0	.000	0	.000	-	2	0	0	1	3
14	Foulsham, Ali	2-0	0	0	0	0	.000	0	.000	-	0	0	1	0	1
8	Chamberlain, Brittan	8-8	0	0	0	0	.000	0	.000	-	5	1	1	3	15
Total		19	224	79	303	501	.447	378	.754	44-91	296	207	240	125	459
Opponents		19	193	69	262	477	.405	375	.786	36-94	283	250	255	132	421

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t	shots faced
31	Halus, Ayla	1-0	21:33	2	5.57	1	.333	0	0	0	5
33	Lloyd, Melissa	1-0	7:37	1	7.88	1	.500	0	0	0	2
34	Cahill, Dana	19-19	1128:50	190	10.10	180	.486	12	7	0	470
Total		19	1158:00	193	10.00	182	.485	12	7	0	477
Opponents		19	1158:00	224	11.61	154	.407	7	12	0	501

Goals by Period	1st	2nd	OT	Total
Penn State	121	101	2	224
Opponents	101	88	4	193

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Neutral Site #/Avg	1/0	

Shots on Goal	1st	2nd	OT	Total
Penn State	202	172	4	378
Opponents	194	175	6	375

CLEARs: Penn State -- 130-161 .807, Opponents -- 105-133 .789.