

PENN RELAYS || Daily Capsule Previews

THURSDAY INDIVIDUAL TRACK EVENTS

<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
10:00 AM	101	College Women's 400m Hurdles Championship	Anyanwu, Britton, Black, Seymour
Event Records			
Penn Relays Record	Kaliесе Spence, U-Tech		56.33, 2007
Penn State Record	Fawn Dorr		55.57, 2010
Past Champions	Fawn Dorr, 2009		
Penn State - 2012 Results	Doris Anyanwu, 26th		62.03
* Additional Notes	Kiah Seymour placed second in the HS Girls' 400-meter hurdles in 2012 (59.78). Evonne Britton is Penn State's leading quarter hurdler this spring with a season-best of 59.21.		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
7:50 PM	202	Olympic Development Men's 3K Steeplechase	Scarpello
Event Records			
Penn Relays Record	Thom Hunt, Arizona		8:26.26, 1980
Penn State Record	George Malley		8:22.5, 1977
Past Champions	Bill Reilly, 1966; George Malley, 1976; Bruce Baden, 1979		
Penn State - 2012 Results	NONE		
* Additional Notes	Penn will mark Scarpello's first steeple effort of 2013. He has already run 14:23.08 for 5,000 meters this spring.		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
8:00 PM	205	College Women's 3K Steeplechase Championship	Benson, Bower
Event Records			
Penn Relays Record	Briana Shook, Toledo		9:57.41, 2004
Penn State Record	Bridget Franek		9:32.25, 2010
Past Champions	Bridget Franek, 2007		
Penn State - 2012 Results	Natalie Bower, 2 nd (Championship Section)		10:14.27
* Additional Notes	Bower and Benson are currently ranked third and fifth, respectively, in the Big Ten Conference with season bests of 10:16.79 and 10:26.44		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
8:30 PM	207	College Women's 3000m Championship	Cocco, Gerlach, Giannotti
Event Records			
Penn Relays Record	Sabrina Dornhoefer, Missouri		9:03.8, 1985
Penn State Record	Kathy Mills		9:08.04, 1978
Past Champions	NONE		
Penn State - 2012 Results	Brooklyne Ridder, 10 th		9:36.36
* Additional Notes	All three Nittany Lion entrants have posted solid efforts in the longer distances this outdoor season, including PR performances by Gerlach (16:28.48, 5K), and Giannotti (34:54.26, 10K) at the Stanford Invitational.		

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<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
8:40 PM	208	College Women's 5000m Championship	Anderson, Mills, Rodden, Jennings
Event Records			
Penn Relays Record	PattiSue Plumer, Stanford		15:29.0, 1984
Penn State Record	Kathy Mills		15:32.52, 1978
Past Champions	Paula Renzi (1985); Stacey Prey (1986)		
Penn State - 2012 Results	NONE		
* Additional Notes	The Nittany Lions have been running well in the 5K thus far this season, with Brooklyne Ridder (16:11.93), and Natalie Bower (16:12.88) standing 1-2 in the Big Ten rankings.		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
9:20 PM	210	College Men's 5000m Championship	Burkhardt, Campbell, Endress, Luff
Event Records			
Penn Relays Record	Ralph King, North Carolina		13:33.7 1978
Penn State Record	Greg Fredericks		13:34.0, 1972
Past Champions	Bill Cox, 1947; Curt Stone, 1947; Horace Ashenfelter, 1949; Greg Fredericks, 1971-72; Charlie Maguire, 1973-1974; Paul Stemmer, 1977; Alan Scharsu, 1979-80; Jeff Adkins, 1982		
Penn State - 2012 Results	Kyle Dawson, 6 th (Championship)		14:04.36
* Additional Notes	The 5K has been one of the Lions' most successful Penn events, accumulating 11 titles over the years. Sam Masters is 2013 Penn State leader in the event, running 13:57.33 at Mt. SAC - the fastest PSU effort since 1989.		

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THURSDAY FIELD EVENTS

<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
10:00 AM	601	Women's High Jump - Eastern	Palmer, Richardson
Event Records			
Penn Relays Record	Dora Gyorffy, Harvard; Chaunte Howard, Ga. Tech		6-3.25 (1.91), 2001, 2004
Penn Relays (Eastern)	Jasmine Cribb, UConn		5-11.25 (1.81), 2010
Penn State Record	Shelley Mitchell		6-0 (1.83), 1992
Past Champions	NONE		
Penn State - 2012 Results	Sarah Palmer, 10 th (Eastern)		5-6 (1.68)
* Additional Notes	Richardson currently owns a season-best 5-7.25 (1.71). She took top honors at last week's Bucknell Team Challenge, and second behind teammate Erika Morgan at the Battle on the Bayou at LSU.		
Start Time Event # Event 2013 Penn State Entrants			
10:00 AM	604	College Women's Hammer - Championship	Kurzdorfer
11:30 AM	606	College Women's Hammer - College	Swenson, Fatherly
Event Records			
Penn Relays Record	Candice Scott, Florida		229-1 (69.84), 2004
Penn Relays (College)	Ashley Harbin, Lafayette		194-7 (59.30), 2006
Penn State Record	Jennifer Leatherman		219-1 (66.78), 2006
Past Champions	Jennifer Leatherman, 2006; Melissa Kurzdorfer, 2012		
Penn State - 2012 Results	Melissa Kurzdorfer, 1 st (Championship)		205-1 (62.53)
* Additional Notes	The defending champion, Kurzdorfer – a Second Team All-America selection in 2012 - comes into the competition with a season-best 200-0 (60.96), which ranks No. 2 in the Big Ten this spring.		
Start Time Event # Event 2013 Penn State Entrants			
1:00 PM	610	College Women's Shot Put - Championship	Kurzdorfer, Swenson
2:15 PM	616	College Women's Shot Put - Eastern	Fatherly
Event Records			
Penn Relays Record	Laura Gerraughty		62-10 (19.15), 2004
Penn Relays (Eastern)	Jane Swenson		52-6 (16.00), 2011
Penn State Record	Ja'Nai O'Connor		55-4.75 (16.88), 2004
Past Champions	Elaine Sobansky, 1984		
Penn State - 2012 Results	NONE		
* Additional Notes	The Nittany Lions have fared well in the shot in 2013, with all three throwers (Kurzdorfer, Swenson, and Fatherly) owning season bests of 49 feet or better. All three rank among the Big Ten Top 10. Fatherly – just a freshman – was tops in the high school ranks a year ago, going 47-5(14.45).		

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<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
2:00 PM	614	College Women's Javelin - Championship	Kenney, Loht
3:15 PM	619	College Women's Javelin - College	Boyer, Mangan, Leszcynski
Event Records			
Penn Relays Record	Jen Pastore, Villanova		184-3 (56.16), 1996
Penn Relays (College)	Brooke Freeburg, Providence		158-2 (48.20), 2001
Penn State Record	Kim Hanslovan		178-4 (54.25), 2009
Past Champions	Marilyn Senz, 1983; Jen Pastore, 1998; Brianne Johnson, 2001; Karlee McQuillen, 2010-11; Lauren Kenney, 2012		
Penn State - 2012 Results	Lauren Kenney, 1 st (Championship)		160-8 (48.99)
* Additional Notes	The Nittany Lions boast the most javelin champions in Penn Relays history with a total of six winners since 1983. Kenney made it three-straight last year, following up on consecutive wins by Karlee McQuillen. Kenney currently rates third nationally, at 176-11 (53.93). Kenney and Loht were also both Penn Relays Champions as high schoolers.		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
4:00 PM	621	College Women's Long Jump - Eastern	Lopez
Event Records			
Penn Relays Record	Elva Goulbourne, Auburn		21-10 (6.65), 2003
Penn Relays (Eastern)	Shakia Forbes, Seton Hall		20-8 (6.30), 2008
Penn State Record	Chi-Chi Aduba		21-6 (6.55), 2004
Past Champions	NONE		
Penn State - 2012 Results	NONE		
* Additional Notes	Heptathlon standout Brittney Howell holds the top long jump mark by a Nittany Lion this year at 19-2.75 (5.86).		
<u>Start Time</u>	<u>Event #</u>	<u>Event</u>	<u>2013 Penn State Entrants</u>
4:00 PM	622	College Women's Discus - College	Kurzdorfer, Swenson, Fatherly
Event Records			
Penn Relays Record	Aretha Hill, Washington		189-6 (57.76), 1996
Penn Relays (College)	Johvonne Hernandez, Syracuse		179-1 (54.58), 2006
Penn State Record	Deshaya Williams		185-1 (56.42), 2003
Past Champions	Deshaya Williams, 2000		
Penn State - 2012 Results	Melissa Kurzdorfer, 4 th (Championship)		159-4 (48.57)
* Additional Notes	Kurzdorfer currently leads the PSU discus crew in 2013, thanks to a toss of 159-1 (48.49) – just three inches off her lifetime best in the event.		

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Start Time	Event #	Event	2013 Penn State Entrants
1:00 PM	110	College Women's 4x100 - Heats	Penn State TBA
Event Records			
Penn Relays Record	LSU – Morris, Henry, Broaddus, Baptiste		42.59, 2008
Penn Relays (ECAC)	UConn – George, Hawthorne, Brown, Graves-Fulgham		44.94, 2010
Penn State Record	Fox, Aduba, Shoaff, Moore		44.25, 2003
Past Champions	NONE		
Penn State - 2012 Results	Lauren Kenney, 1 st (Championship)		160-8 (48.99)
Qualification: Final – Friday, 12:50 PM	Top 8 to Championship Final; Next 8 Fastest ECAC Teams to ECAC Final; Next 8 Fastest Non-ECAC Teams College Final.		
* Additional Notes	The Nittany Lions have run 45.34 in 2012, thanks to the efforts of Evonne Britton, Kiah Seymour, Dynasty McGee, and Mahagony Jones. The foursome currently ranks third in the Big Ten for the season.		
Start Time Event # Event 2013 Penn State Entrants			
5:25 PM	159	College Women's DMR – Championship of America	Penn State TBA
Event Records			
Penn Relays Record	Villanova – Franey, Bennett, Halliday, Huber		10:48.38, 1988
Penn State Record	Simko, Iheoma, Klebe, Millhouse		11:08.41, 2012
Past Champions	NONE		
Penn State - 2012 Results	Penn State, 3 rd (Championship of America)		11:08.41
* Additional Notes	The Lions are once again in position to make a stellar showing in the event, led by Marta Klebe – a member of the school-record foursome in the event. Klebe has run 2:07.32 for 800, and 4:22.71 for 1500 in 2013.		
Start Time Event # Event 2013 Penn State Entrants			
6:20 PM	164	College Women's 4x400 – Heats	Penn State TBA
Event Records			
Penn Relays Record	Texas – Downer, Robinson, McIntosh, Richards		3:27.64, 2003
Penn Relays (ECAC)	Pittsburgh – Jones, Tabb, Elliot, Bellsle		3:34.13, 2001
Penn State Record	Blake, Barber, Hunter, Cox		3:27.69, 2008
Past Champions	Black, Barber, Hunter, Cox (2008)		
Penn State - 2012 Results	Penn State, 5 th (ECAC)		
Qualification: Final – Saturday, 5:50 PM	Top 8 to Championship Final; Next 8 Fastest ECAC Teams to ECAC Final; Next 8 Fastest Non-ECAC Teams College Final.		
* Additional Notes	The Nittany Lions once again have a healthy sprint stable to contend in the event, including standout short sprinter Mahagony Jones, who has scampered to PRs of 11.55 (100), and 23.43 (200) so far in 2013.		