## 2017 Jim Thorpe Outdoor Open | | Nittany Lion Track

Friday | | May 5th, 2017



## THROWING EVENTS - \*\*Start Time 2:00 PM | | Rolling Time Schedule, Will Start Early if Possible\*\*

2:00 PM Women Javelin Throw

Men Javelin Throw (To Follow W Javelin) Women Shot Put (To Follow M Javelin) Men Shot Put (To Follow W Shot Put)

2:00 PM Men Discus Throw

Women Discus Throw (To Follow M Discus) Men Hammer Throw (To Follow W Discus) Women Hammer Throw (To Follow M Hammer)

## JUMPING EVENTS - \*\*Start Time 2:00 PM | | Rolling Time Schedule, Will Run Early if Possible\*\*

2:00 PM Men & Women Long Jump \*\*Note – Will Run Together

Men & Women Triple Jump (To Follow M & W Long Jump) \*\*Note - Will Run Together

2:00 PM Women Pole Vault

Men Pole Vault (Follows W Pole Vault) Women High Jump (Follows M Pole Vault) Men High Jump (Follow W High Jump)

## **RUNNING EVENTS (All Events are FINALS)**

3:00 PM	Women 3000 Meter Steeplechase
3:15 PM	Men 3000 Meter Steeplechase
3:30 PM	Women 1500 Meter Run
3:40 PM	Men 1500 Meter Run
3:50 PM	Women 100 Meter Hurdles
3:55 PM	Men 110 Meter Hurdles
4:05 PM	Women 100 Meter Dash
4:10 PM	Men 100 Meter Dash
4:15 PM	Men 400 Meter Dash
4:20 PM	Women 800 Meter Run
4:30 PM	Men 800 Meter Run
4:40 PM	Men 400 Meter Hurdles
4:50 PM	Women 200 Meter Dash
4:55 PM	Men 200 Meter Dash