



# **TRACK & FIELD**

**2016 Penn State Tune-Up  
@ Ashenfelter III Indoor Track  
Saturday, February 20, 2016**

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**Meet and Entry Information**

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# TRACK & FIELD

**THE PENN STATE TUNE-UP  
FEBRUARY 20, 2016  
HORACE ASHENFELTER III INDOOR TRACK**

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**Penn State Track and Field Coaching and Meet Management Staff**

|                |   |                   |                |
|----------------|---|-------------------|----------------|
| John Gondak    | Director and Head Coach TF/XC               | jeg33@psu.edu     | (814) 883-1933 |
| Erin Tucker    | Associate Head Coach (Sprints/Hurdle/Relay) | eht5034@psu.edu   | (814) 321-3924 |
| Pat Ebel       | Assistant Coach (Throws)                    | pwe2@psu.edu      | (814) 441-3884 |
| Kevin Kelly    | Assistant Coach (Jumps/Pole Vault/Multi)    | kgk134@psu.edu    | (814) 441-9536 |
| Angela Reckart | Assistant Coach (Distance)                  | coachreck@psu.edu | (609) 408-0690 |
| Fritz Spence   | Assistant Coach (Jumps/Multi)               | fgs110@psu.edu    | (814) 321-3930 |
| Laura Loht     | Director of Operations                      | lel5115@psu.edu   | (814) 321-7544 |
| Jeff Smith     | Strategic Communications                    | jzs23@psu.edu     | (814) 321-5119 |
| Michael Gay    | Athletic Trainer                            | mrg201@psu.edu    | (814) 865-8296 |
| Stacey Glumm   | Athletic Trainer                            | sbg5276@psu.edu   | (734)788-8876  |
| Allison Roark  | Athletic Trainer                            | apr5346@psu.edu   | (513) 543-2766 |

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## **TIME SCHEDULE**

- Events will be limited
- Schedule will come out closer to the competition

## **ENTRY FEE**

- There is no entry fee for this meet.

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## **ENTRY PROCEDURE**

- On-line through DirectAthletics ([www.directathletics.com](http://www.directathletics.com)). Entries will open in Mid-December.
- Note – Unattached entries will NOT be accepted via DirectAthletics.

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## **ENTRY DEADLINE**

- **Entries will close at 1:00 p.m. on Tuesday, February 16, 2016.**
  - There will be no declarations – Entries will be considered FINAL at the close of entries.
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**RELAY ENTRIES**

- Please make sure to include all eligible athletes (especially if you are entering athletes in RELAYS ONLY, thus we can assure they are issued a bid number).
- You will be required to declare the final order via a relay card at check in. This will insure the proper names are uploaded to the TFRRS system. Blank relays cards will be included in your team packet.

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**SCRATCHES**

- Initial seeding of the meet will occur on the Wednesday prior to competition.
- Please submit any and all scratches to **Laura Loht** by Wednesday, February 17 @ 2:00 p.m.
- Any day of scratches should be submitted at the clerk's station.

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**UNATTACHED ATHLETES**

- We may have the ability to accept unattached athletes on a limited basis. In order to be considered, interested athletes must contact **Laura Loht** prior to February 15, 2016. Proof of performance (within the last year) MUST be included in the entry request.

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**PRACTICE**

- The facility will be open to visiting teams during the following window:
  - Friday, February 19 - 3:00-6:30 p.m.
- Please contact **Laura Loht** to make practice arrangements outside of this window.

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**PACKET PICK UP**

- Packets will be available for pickup at the front desk of the MultiSport Facility during Friday's practice session and prior to the start of the meet on Saturday. Packets will be available at the Clerk's Station once the competition has started.
  - Friday, February 19 – 3:00-6:30 p.m. (Front Desk)
  - Saturday, February 20 – 8:00-9:30 a.m. (Front Desk)

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**HEAT SHEETS**

- Heat sheets will be made available ONLINE at [www.GoPSUsports.com](http://www.GoPSUsports.com) prior to competition. Heat sheets will also be available at packet pick up.

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**WARM AREA/TEAM CAMP**

- There will be no warm-ups on the track except immediately before competition after being released by the clerk.
- There is 65 yards of AstroTurf beyond the track to be used for warm up. When you arrive, take your team to the turf and set up camp.
- The clerking area is at the edge of the turf near the backstretch.

**FACILITY**

- The track is 200m Mondo (resurfaced in 2011), with hydraulically banked turns (six 42" lanes with 65' radius on oval) and eight 48" lanes on the sprint straightaway. There are dual runways for long jump, triple jump and pole vault with two pits each for pole vault and high jump.

**RUNWAYS/BOARDS/THROWING CIRCLE**

- Pole Vault: PV runways are 166 feet-plus in length. Both PV runways have the latest "Soft Box" technology installed.
- Long Jump: 180 ft to take off board. Boards are located at 3.80m (12 feet).
- Triple Jump: 165 Feet to Women's Board; 158 Feet to Men's Board; Boards at 34 Feet - Women, 41 Feet - Men.
- All runways are the NCAA-mandated 48-inches wide.
- All throwing events will take place on a concrete circle.

**COACHING AREAS**

- Coaches and athletes (unless they are competing) are not permitted on the inside of the track.
  - The designated coaching areas are as follows: the backstretch under the scoreboard, the first row of the stands, and the benches on the homestretch (for near pole vault runway ONLY).
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**CHECK IN PROCEDURE**

- All RUNNING EVENTS should check in at the clerking station 60 minutes prior to the event's scheduled start time.
  - Athletes will be called back to the paddock area for final staging approximately FIVE (5) minutes prior to the start of their heat.
- All SPRINT and HURDLE events must check in at the CLERKS' STATION and will be released onto the track for warmups on the sprint straightaway approximately 15 minutes prior to the start of the event. ATHLETES ARE NOT PERMITTED on the sprint straightaway until they are released by the clerk.
- All FIELD EVENTS should check in AT SITE 60 minutes prior to the event's scheduled start time. ALL FIELD EVENT athletes should also bring their SPIKES and BIB NUMBER for inspection upon check in.

**HIP NUMBERS**

- In addition to bib numbers, athletes must have hip numbers on both hips for each running event.
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**WEIGH INS**

- Weigh-ins for the weight throw and the shot put will be held at the event site, prior to competition beginning.

**SPECTATING/TEAM SEATING**

- *It is mandatory that athletes DO NOT go on the track or the infield except when competing.*
- In accordance with NCAA rules, coaches are likewise requested to stay out of the infield. Athletes are also asked to stay out of the stands as much as possible to accommodate the expected crowd. Athletes should remain on the turf in the team camp area.

**SHIPPING/POLES**

- Teams needing to ship poles or other necessary equipment to the facility should contact Dayna Wenger, (814) 867-5950; or [dmh136@psu.edu](mailto:dmh136@psu.edu)
- Teams who bring their poles to Friday's practice session are welcome to store their poles at the facility overnight



## RESTRICTIONS

- **¼ inch spikes or less, PYRAMIDS & COMPRESSION/CHRISTMAS TREES ONLY (See Attachment)**
- Spikes are allowed on the turf and on the track surface only. No spikes in the hallways, lobby, or locker rooms.
- Coaches please wear rubber soled shoes on the track and turf.
- Athletic tape only for marking purposes – No chalk, paint, etc.
- No food or drinks (except water) on the track or turf.
- Bag weights only in 20# & 35# weight throw event (no hard shell or outdoor weights).
- NCAA Rule 5-5-4-c and 6-1-7-c prohibiting electronic devices by competitors in the competition area will be in effect.

## ATHLETIC TRAINING

- There will be a Certified Athletic Trainer on site during meets, with a student support staff. The training staff will be located on the turf area. Please contact Athletic Trainer Michael Gay (814-865-8296/mrg201@psu.edu) with any specific questions.

## LOCKER ROOMS

- There is limited locker/shower space available for men and women (Locks and towels are not provided).
- Dressing at your hotel is encouraged.

## RESULTS

Results will be posted as quickly as possible at the following locations:

1. Along the hallway on ground level, just outside the turf area.
2. LIVE results will be available on GoPSUSports.com. LIVE link will be emailed to visiting coaches prior to the competition.
3. LIVE updates will be provided throughout the day on Twitter (@PennStateTFXC, Hashtag: #PSUTuneUp)





# TRACK & FIELD

THE PENN STATE TUNE-UP

FEBRUARY 20, 2016

Meet Information

## AIR TRAVEL

\* Teams looking to fly into one of our competitions should look at the following airports: University Park - SCE (4.6 Miles to Track); Harrisburg International - MDT (98.6 Miles to Track); Baltimore-Washington International - BWI (170 Miles to Track).

## INFORMATION/VISITOR'S GUIDE

\* Information on local hotels and restaurants can be found at [www.HappyValley.com](http://www.HappyValley.com). **Our recommended hotel is the Hampton Inn (1101 East College Avenue, (814) 231-1590).**

## DIRECTIONS TO ASHENFELTER INDOOR TRACK

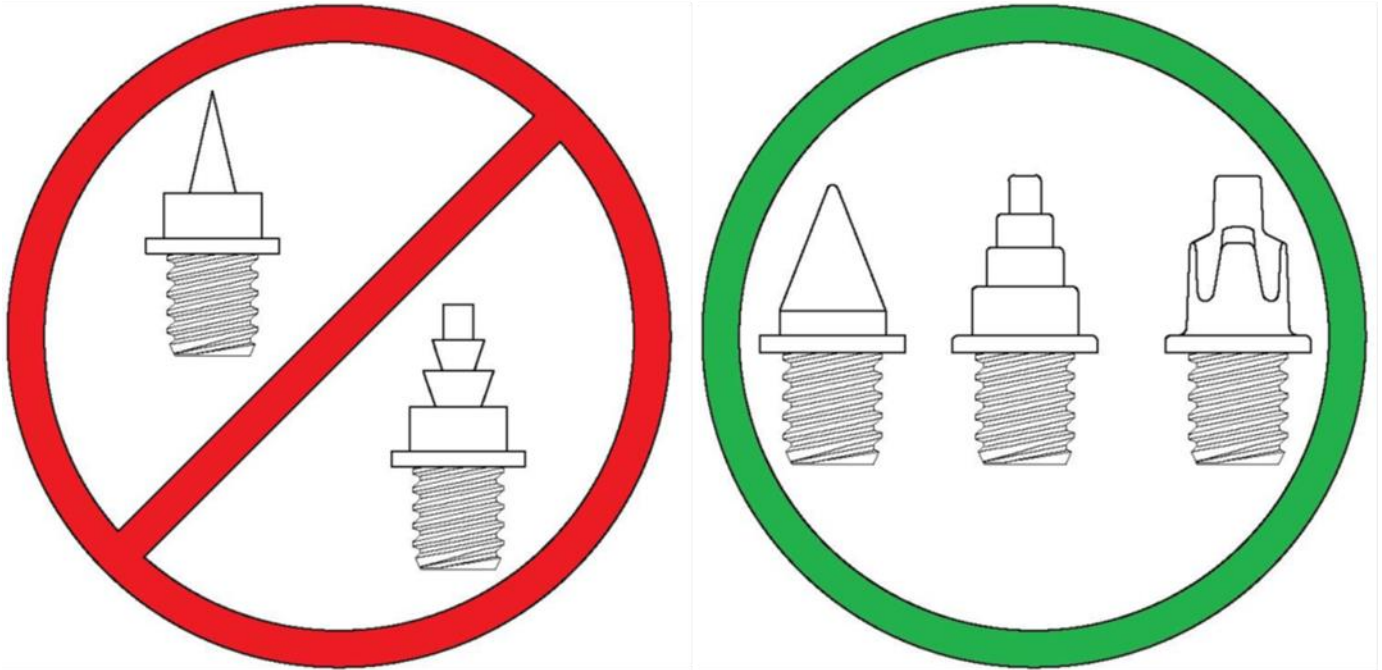
\* Ashenfelter III Indoor Track (AKA the Multi-Sport Facility) is located off of Porter Rd on the University Park Campus. The building sits just south of Beaver Stadium and the Bryce Jordan Center. Setting your GPS to the intersection of Porter Rd and Dauer Drive (University Park, PA, 16802) will bring you to the parking lot just in front of the facility.





|| ASHENFELTER III INDOOR TRACK || SPIKED RESTRICTIONS ||

## SPIKE REQUIRMENTS



## ***PYRAMID & COMPRESSION SPIKES ONLY***

ALL ATHLETES WILL BE REQUIRED TO GO THROUGH SPIKE CHECK PRIOR TO COMPETITION. DETAILS ON SPIKE CHECK PROCEDURES WILL BE EMAILED TO COACHES PRIOR TO COMPETITION.

**|| PENN STATE TUNE-UP || MEET RECORDS ||**

| <b>EVENT</b>                    | <b>PERFORMANCE</b>     | <b>YEAR</b> | <b>ATHLETE - SCHOOL</b>                 |
|---------------------------------|------------------------|-------------|---|
| <b>Men 60 Meters</b>            | <b>6.89</b>            | <b>2015</b> | <b>Malik Moffett - Unattached</b>       |
| <b>Women 60 Meters</b>          | <b>7.60</b>            | <b>2015</b> | <b>Quenee Dale - Penn State</b>         |
| <b>Men 200 Meter Dash</b>       | <b>21.33</b>           | <b>2015</b> | <b>Malik Moffett - Unattached</b>       |
| <b>Women 200 Meter Dash</b>     | <b>24.39</b>           | <b>2015</b> | <b>Typhanee Booker - Unattached</b>     |
| <b>Men 400 Meters Dash</b>      | <b>47.78</b>           | <b>2015</b> | <b>Alex Shisler - Penn State</b>        |
| <b>Women 400 Meter Dash</b>     | <b>56.10</b>           | <b>2015</b> | <b>Deja Davis - Penn State</b>          |
| <b>Men 600 Meter Dash</b>       | <b>1:16.98</b>         | <b>2015</b> | <b>Brannon Kidder - Penn State</b>      |
| Women 600 Meter Dash            | -                      | -           | --                                      |
| <b>Men 800 Meter Run</b>        | <b>1:47.34</b>         | <b>2015</b> | <b>Ryan Manahan - Georgetown</b>        |
| <b>Women 800 Meters</b>         | <b>2:03.89</b>         | <b>2015</b> | <b>Sabrina Southerland - Georgetown</b> |
| <b>Men 1 Mile Run</b>           | <b>4:09.45</b>         | <b>2015</b> | <b>Darren Fahy - Georgetown</b>         |
| <b>Women 1 Mile Run</b>         | <b>4:39.78</b>         | <b>2015</b> | <b>Samantha Nadel - Georgetown</b>      |
| <b>Men 3000 Meters</b>          | <b>8:13.99</b>         | <b>2015</b> | <b>Matt Giannino - RIT</b>              |
| Women 3000 Meter Run            | -                      | -           | --                                      |
| <b>Men 5000 Meter Run</b>       | <b>14:20.79</b>        | <b>2015</b> | <b>Matt Fischer - Penn State</b>        |
| Women 5000 Meter Run            | -                      | -           | --                                      |
| <b>Men 60 Meter Hurdles</b>     | <b>8.10</b>            | <b>2015</b> | <b>Sancho Barrett - Penn State</b>      |
| <b>Women 60 Meter Hurdles</b>   | <b>8.55</b>            | <b>2015</b> | <b>Shelley Black - Penn State</b>       |
| Men 4x400 Meter Relay           | -                      | -           | --                                      |
| Women 4x400 Meter Relay         | -                      | -           | --                                      |
| <b>Men High Jump</b>            | <b>6-5.5 (1.97)</b>    | <b>2015</b> | <b>Malik Moffett - Unattached</b>       |
| <b>Women High Jump</b>          | <b>5-8.5 (1.74)</b>    | <b>2015</b> | <b>Sarah Palmer - Penn State</b>        |
| <b>Men Pole Vault</b>           | <b>15-9.25 (4.81)</b>  | <b>2015</b> | <b>Tim Moses - Messiah</b>              |
| <b>Women Pole Vault</b>         | <b>12-7.5 (3.85)</b>   | <b>2015</b> | <b>Lexi Masterson - Penn State</b>      |
| <b>Men Long Jump</b>            | <b>22-6.5 (6.87)</b>   | <b>2015</b> | <b>Richard D'Ambrosio - Georgetown</b>  |
| <b>Women Long Jump</b>          | <b>18-11.75 (5.78)</b> | <b>2015</b> | <b>Dannielle Gibson - Penn State</b>    |
| <b>Men Triple Jump</b>          | <b>54-0.5 (16.47)</b>  | <b>2015</b> | <b>Fabian Florant - Unattached</b>      |
| <b>Women Triple Jump</b>        | <b>48-0.25 (11.59)</b> | <b>2015</b> | <b>Kaitlyn Lopez - Penn State</b>       |
| <b>Men Shot Put</b>             | <b>55-9.75 (17.01)</b> | <b>2015</b> | <b>Jon Yohman - Penn State</b>          |
| <b>Women Shot Put</b>           | <b>55-5.75 (16.91)</b> | <b>2015</b> | <b>Rachel Fatherly - Penn State</b>     |
| <b>Men Weight Throw 35 lb</b>   | <b>59-8.25 (18.19)</b> | <b>2015</b> | <b>Morgan Shigo - Unattached</b>        |
| <b>Women Weight Throw 20 lb</b> | <b>69-2 (21.08)</b>    | <b>2015</b> | <b>Rachel Fatherly - Penn State</b>     |





# TRACK & FIELD

## Ashenfelter III Indoor Track Facility Records

### || FACILITY RECORDS || TRACK EVENTS ||

| <b>EVENT</b>                  | <b>PERFORMANCE</b> | <b>YEAR</b> | <b>ATHLETE - SCHOOL</b>   |
|-------------------------------|--------------------|-------------|---|
| Men 60 Meters                 | 6.58               | 2011        | Reggie Dixon - Hampton  |
| Women 60 Meters               | 7.17               | 2012        | Barbara Pierre - Unattached                                       |
| Men 200 Meters                | 20.72              | 2006        | LaShawn Merritt - Unattached                                      |
| Women 200 Meters              | 22.98              | 2010        | Shavon Greaves - Penn State                                       |
| Men 400 Meters                | 45.46              | 2001        | Andrew Pierce - Ohio State  |
| Women 400 Meters              | 52.31              | 2007        | Shana Cox - Penn State  |
| Men 500 Meters                | 1:01.28            | 2011        | Casimir Loxsom - Penn State                                       |
| Women 500 Meters              | 1:08.70*           | 2010        | Shana Cox - Adidas  |
|                               | 1:09.16 C, AJ      | 2007        | Francena McCorory - Hampton                                       |
| Men 600 Meters                | 1:15.79 AC         | 2013        | Casimir Loxsom - Penn State                                       |
|                               | 1:16.92 AJ         | 2010        | Casimir Loxsom - Penn State                                       |
| Women 600 Meters              | 1:27.22            | 2010        | Molly Beckwith - Indiana  |
| Men 800 Meters                | 1:46.98            | 2013        | Casimir Loxsom - Penn State                                       |
| Women 800 Meters              | 2:03.25            | 2014        | Justine Fedronic - Stanford                                       |
| Men 1000 Meters               | 2:19.53 AC, AJ     | 2012        | Robby Creese - Penn State   |
| Women 1000 Meters             | 2:42.31            | 2010        | Nicole Edwards - Unattached                                       |
| Men Mile                      | 3:56.51            | 2012        | Jeff See - Saucony  |
| Women Mile                    | 4:30.41            | 2013        | Sheila Reid - Nike  |
| Men 3000 Meters               | 7:57.75            | 2014        | Patrick Tiernan - Villanova                                       |
| Women 3000 Meters             | 9:01.91            | 2011        | Jackie Areson - Tennessee   |
| Men 5000 Meters               | 13:58.16           | 2009        | Hassan Mead - Minnesota   |
| Women 5000 Meters             | 15:48.10           | 2005        | Maureen McCandless - Pittsburgh                                   |
| Men 60 Meter Hurdles          | 7.49               | 2012        | Jarret Eaton - Syracuse   |
| Women 60 Meter Hurdles        | 7.92               | 2002        | Danielle Carruthers - Indiana                                     |
| Men 2000 Meter Steeplechase   | 5:47.33            | 2013        | Michael Kiley - Penn  |
| Women 2000 Meter Steeplechase | 6:29.38            | 2013        | Natalie Bower - Penn State  |
| Men 4x200 Meter Relay         | 1:24.70 C          | 2013        | Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky |
| Women 4x200 Meter Relay       | 1:35.65 C          | 2014        | Penn State - M Osborne, K Seymour, D McGee, M Jones               |
| Men 4x400 Meter Relay         | 3:06.98            | 2014        | Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling           |
| Women 4x400 Meter Relay       | 3:34.22            | 2014        | Penn State - D McGee, K Seymour, T Rhodes, M Jones                |
| <b>Men 4x800 Meter Relay</b>  | <b>7:22.11</b>     | <b>2015</b> | <b>Penn State - J Makins, R Brennan, B Kidder, R Creese</b>       |
| Women 4x800 Meter Relay       | 8:34.82            | 2009        | Tennessee - L Loche, N Cook, P Hall, C Champion                   |
| Men Sprint Medley             | 3:23.74            | 2005        | Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln           |
| Women Sprint Medley           | 3:52.25 C          | 2007        | Penn State - L Burns, L Bettis, A Barber, B Simmons               |
| Men Distance Medley           | 9:26.59            | 2014        | Penn State - B Kidder, B Bennett-Green, Z Watkins, R Creese       |
| Women Distance Medley         | 10:54.04           | 2014        | Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic      |

### || FACILITY RECORDS || FIELD EVENTS ||

| <b>EVENT</b>             | <b>PERFORMANCE</b> | <b>YEAR</b> | <b>ATHLETE - SCHOOL</b>            |
|--------------------------|--------------------|-------------|------------------------------------|
| Men High Jump            | 7-5 (2.26)         | 2008        | Joe Kindred - St. Augustine's      |
| Women High Jump          | 6-2.75 (1.90)      | 2013        | Tynita Butts - East Carolina       |
| Men Pole Vault           | 18-3.25 (5.57)     | 2014        | Shawn Barber - Akron               |
| Women Pole Vault         | 14-3.25 (4.35)     | 2010        | Alicia Rue - Minnesota             |
| Men Long Jump            | 26-1.50 (7.96)     | 2011        | Justin Hunter - Tennessee          |
| Women Long Jump          | 21-6.75 (6.57)     | 2006        | Tianna Madison - Nike              |
| Men Triple Jump          | 55-9 (16.99)       | 2006        | Leevan Sands - Bahamas             |
| Women Triple Jump        | 45-2.50 (13.45)    | 2004        | Colleen Scott - Unattached         |
| Men Shot Put             | 70-10 (21.59)      | 2013        | Ryan Whiting - Nike                |
| Women Shot Put           | 60-7.75 (18.48)    | 2006        | Cleopatra Borel-Brown - Unattached |
| Men Weight Throw 35 lb   | 74-4.25 (22.66)    | 2004        | Dan Taylor - Ohio State            |
| Women Weight Throw 20 lb | 73-0.50 (22.26)    | 2007        | Jennifer Leatherman - Unattached   |
| Men Heptathlon           | 5827               | 2005        | Ryan Olkowski - Unattached         |
| Women Pentathlon         | 4731               | 2010        | Hyleas Fountain - Nike             |
|                          | 4059 AJ            | 2005        | Gayle Hunter - Penn State          |

\* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; AJ - American Junior Record

**BOLD** - Records set during 2015 season.



# TRACK & FIELD

## THE PENN STATE TUNE-UP FEBRUARY 20, 2016 Restaurant Recommendations

### FAMILY/VARIETY

Applebee's  
12 Colonnade Way  
(814) 235-3890

Baby's Burgers and Shakes  
131 S. Garner St.  
(814) 234-4776

Champs Sports Bar and Grill  
1611 N. Atherton St.  
(814) 234-7700

Corner Room Restaurant  
Corner of College Ave. & Allen St.  
(814) 237-3051

Cracker Barrel  
215 Colonnade Blvd  
(814) 238-3414

Lettermans Sports Grill  
1031 E. College Ave.  
(814) 237-6300

Hi-Way Pizza Pub  
1688 N Atherton St  
(814) 237-0375

Home Delivery Pizza  
1820 S. Atherton St.  
(814) 237-7777

Hoss's Steak and Sea House  
1450 N. Atherton St.  
(814) 234-4009

Outback Steakhouse  
1905 Waddle Road  
(814) 861-7801

Panera Bread  
\* 148 S. Allen St.  
(814) 867-8883  
\*1613 N Atherton St  
(814) 237-0552

P.J. Harrigan's Bar and Grill  
1450 S. Atherton St.  
(814) 235-3009

Red Lobster  
1670 N. Atherton St.  
(814) 867-3867

Ruby Tuesday  
1550 S. Atherton St.  
(814) 234-6256

Texas Roadhouse  
1885 Waddle Road  
(814) 235-7427

TGI Fridays  
1215 N. Atherton St.  
(814) 861-5540

The Tavern Restaurant  
220 E. College Ave.  
(814) 238-6116

The Waffle Shop (3 locations)  
\* 364 E. College Ave.  
(814) 237-9741  
\* 1229 N. Atherton St.  
(814) 238-7460  
\* 1610 W. College  
(814) 235-1816

Wegman's Café  
345 Colonnade Boulevard  
(814) 278-9000

Ye Olde College Diner  
126 W. College Ave.  
(814) 238-5590

### FAST FOOD

Burger King  
521 University Drive  
(814) 238-2281

McDonald's (4 locations)  
\* 442 E. College Ave.  
(814) 231-5533  
\* 2167 S. Atherton St.  
(814) 231-6644  
\* 2821 E. College Ave.  
(814) 231-7755  
\* 1615 N. Atherton St.  
(814) 231-8800

Taco Bell  
310 East College Ave  
(814) 238-8226

Wendy's  
1610 N. Atherton St.  
(814) 237-5894

### SUBS/SANDWICHES

Irving's Bagels  
110 E. College Ave.  
(814) 231-0604

Frasier Street Deli  
109 South Fraser Street  
(814) 234-1918

Jimmy John's  
434 E. College Ave.  
(814) 237-9300

Penn State Sub Shop (2 locations)  
\* 225 E. Beaver Ave./ (814) 234-4782  
\* 1788 N. Atherton St./ (814) 234-7000

Quizno's  
\*317 E. Beaver Avenue  
(814) 867-4663

Subway (4 locations)  
\* 100 S. Burrowes St.  
(814) 231-0232  
\* 300 S. Pugh St.  
(814) 231-0231  
\* 454 E. College Ave.  
(814) 231-0233  
\* Northland Center  
(814) 231-0234

The Pita Pit  
218 E. Calder Way  
(814) 234-1228

### PIZZA

Brother's Pizza  
238 W. Hamilton Ave  
(814) 237-6000

Canyon Pizza  
260 E Beaver Ave  
(814) 867-5672

Domino's Pizza  
1100 N. Atherton St.  
(814) 237-1414

Gumby's  
300 S. Pugh St.  
(814) 234-4862

Papa John's  
1341 S. Atherton St.  
(814) 234-7272  
Pizza Hut  
760 S. Atherton St.  
(814) 237-8093

### ITALIAN

Faccia Luna  
1229 S. Atherton St.  
(814) 234-9000

Luna 2 Woodgrill  
2609 E. College Ave.  
(814) 234-9009

Mario & Luigi's  
1272 N. Atherton St.  
(814) 234-4273

Olive Garden  
1945 Waddle Rd.  
(814) 861-1620

Rotelli's  
250 E. Calder Way  
(814) 238-8463

### MEXICAN

Chipotle  
116 Heister Street  
(814) 231-0442

Mad Mex  
240 S. Pugh St. (Days Inn)  
(814) 272-5656

Rey Azteca  
485 Benner Pike  
(814) 238-8700

Qdoba Mexican Grill  
206 W. College Ave.  
(814) 861-3288

### CONTEMPORARY

Allen Street Grill  
Corner of College Ave. & Allen St.  
(814) 231-4745

The Deli Restaurant  
113 Heister St.  
(814) 237-5710