



TRACK & FIELD

2016 PENN STATE RELAYS || JANUARY 9, 2016

TIME SCHEDULE

FIELD EVENTS

10:00 AM	Women Weight Throw 20 lb	Finals
	Men Weight Throw 35 lb (to follow W WT; Estimated Start – 12:00 PM)	Finals
	Women Shot Put (to follow M WT; Estimated Start – 2:00 PM)	Finals
	Men Shot Put (to follow W SP; Estimated Start – 4:00 PM)	Finals
11:00 AM	Men Pole Vault (Back Runway)	Finals
11:00 AM	Women Pole Vault (Front Runway)	Finals
11:00 AM	Women Long Jump (Back Runway)	Finals
	Women Triple Jump (to follow W L.J; Estimated Start – 2:00 PM)	Finals
11:00 AM	Men Long Jump (Front Runway)	Finals
	Men Triple Jump (to follow M L.J; Estimated Start – 2:00 PM)	Finals
3:00 PM	Women High Jump	Finals
3:00 PM	Men High Jump	Finals

TRACK EVENTS

10:45 AM	Mixed 1 Mile Run NVRC	Finals
11:20 AM	Women 1 Mile	Finals
11:40 AM	Men 1 Mile	Finals
12:10 PM	Women 60 Meter Hurdles	Prelims
12:20 PM	Men 60 Meter Hurdles	Prelims
12:35 PM	Women 60 Meters	Prelims
12:45 PM	Men 60 Meters	Prelims
1:00 PM	Women 500 Meters	Finals
1:20 PM	Men 500 Meters	Finals
1:45 PM	Women 4x200 Meter Relay	Finals
1:50 PM	Men 4x200 Meter Relay	Finals
2:00 PM	Men 4x1 Mile Relay	Finals
2:25 PM	Women 60 Meter Hurdles	Finals
2:30 PM	Men 60 Meter Hurdles	Finals
2:35 PM	Women 60 Meters	Finals
2:40 PM	Men 60 Meters	Finals
2:50 PM	Women 4x800 Meter Relay	Finals
3:05 PM	Men 4x800 Meter Relay	Finals
3:20 PM	Women 1000 Meters	Finals
3:30 PM	Men 1000 Meters	Finals
3:40 PM	Women 200 Meters	Finals
4:00 PM	Men 200 Meters	Finals
4:25 PM	Women 3000 Meters	Finals
4:40 PM	Women Distance Medley	Finals
4:55 PM	Men Distance Medley	Finals
5:10 PM	Men 3000 Meters	Finals
5:25 PM	Women 4x400 Meter Relay	Finals
5:50 PM	Men 4x400 Meter Relay	Finals