



TRACK & FIELD

THE PSU NATIONAL || FINAL TIME SCHEDULE

FRIDAY

Friday Field Events

4:00 PM	Women Weight Throw 20 lb	Prelim + Final
4:00 PM	Men Pole Vault Inv (Front Pit)	Final
4:00 PM	Women Pole Vault (Back Pit)	Final
5:00 PM	Women Triple Jump (Front Pit)	Prelim + Final
5:00 PM	Men Triple Jump (Back Pit)	Prelim + Final
6:00 PM	Men Weight Throw 35 lb	Prelim + Final

Friday Track Events

4:00 PM	Mixed 1 Mile Run NVRC	Final
5:00 PM	Women 60 Meter Hurdles	Prelim
5:15 PM	Men 60 Meter Hurdles	Prelim
5:30 PM	Women 60 Meter Dash	Prelim
5:45 PM	Men 60 Meter Dash	Prelim
6:00 PM	Women Distance Medley Inv	Final
6:15 PM	Men Distance Medley Inv	Final
6:30 PM	Women 60 Meter Hurdles	Semi
6:40 PM	Men 60 Meter Hurdles	Semi
6:50 PM	Women 60 Meter Dash	Semi
7:00 PM	Men 60 Meter Dash	Semi
7:10 PM	Women 5000 Meter Run Inv	Final
7:30 PM	Men 5000 Meter Run Inv	Final
7:55 PM	Women 60 Meter Hurdles	Final
8:00 PM	Men 60 Meter Hurdles	Final
8:05 PM	Women 60 Meter Dash	Final
8:10 PM	Men 60 Meter Dash	Final

SATURDAY

Men's Heptathlon || Saturday

10:00 AM	Heptathlon Men 60 Meter Hurdles
~10:45 AM	Heptathlon Men Pole Vault
~12:30 PM	Heptathlon Men 1000 Meter Run

Saturday Track Events

10:20 AM	Women 400 Meter Dash	Final
10:40 AM	Men 400 Meter Dash	Final
10:55 AM	Women 800 Meter Run	Final
11:05 AM	Men 800 Meter Run	Final
11:15 AM	Women 600 Meter Run	Final
11:30 AM	Men 600 Meter Run	Final
11:45 AM	Women 1000 Meter Run	Final
11:50 AM	Men 1000 Meter Run	Final
11:55 AM	Women 1 Mile Run	Final
12:10 PM	Men 1 Mile Run	Final
12:25 PM	Women 200 Meter Dash	Final
12:40 PM	Men 200 Meter Dash	Final
12:55 PM	Women 3000 Meter Run	Final
1:10 PM	Men 3000 Meter Run	Final
1:30 PM	Women 300 Meter Run	Final
1:45 PM	Men 300 Meter Run	Final

Saturday Field Events

12:00 PM	Women High Jump	Final
12:00 PM	Men High Jump	Final
12:00 PM	Men Shot Put	Prelim + Final
3:00 PM	Women Pole Vault Inv (Front Pit)	Final
3:00 PM	Women Long Jump (Front Pit)	Prelim + Final
3:00 PM	Men Long Jump (Back Pit)	Prelim + Final
3:00 PM	Women Shot Put	Prelim + Final

Saturday "Seeded" Track Events

2:45 PM	Women 400 Meter Dash Inv	Final
3:00 PM	Men 400 Meter Dash Inv	Final
3:15 PM	Women 800 Meter Run Inv	Final
3:25 PM	Men 800 Meter Run Inv	Final
3:35 PM	Women 600 Meter Run Inv	Final
3:40 PM	Men 600 Meter Run Inv	Final
3:45 PM	Women 1000 Meter Run Inv	Final
3:50 PM	Men 1000 Meter Run Inv	Final
3:55 PM	Women 200 Meter Dash Inv	Final
4:05 PM	Men 200 Meter Dash Inv	Final
4:15 PM	Women 1 Mile Run Inv	Final
4:25 PM	Men 1 Mile Run Inv	Final
4:35 PM	Women 3000 Meter Run Inv	Final
4:50 PM	Men 3000 Meter Run Inv	Final
5:00 PM	Women 4x400 Meter Relay	Final
5:15 PM	Men 4x400 Meter Relay	Final
5:30 PM	Women 4x400 Meter Relay Inv	Final
5:35 PM	Men 4x400 Meter Relay Inv	Final