



TRACK & FIELD



senior CASIMIR LOXSOM



junior MARLENE RICKETTS



junior MAHAGONY JONES



senior SEAN REILLY

The Penn State National
JANUARY 25-26, 2013



TRACK & FIELD

The PSU National
January 25-26, 2013

|| Ashenfelter III Indoor Track ||

Last Time Out ... Nittany Lion Challenge Recap
Loxsom Rips Collegiate Leader at Nittany Lion Challenge

UNIVERSITY PARK, Pa.: January 12, 2013 - Senior Casimir Loxsom (New Haven, Conn.) ripped to a facility, school, and meet record 1:46.98 in the 800 meters, on January 12, at the Nittany Lion Challenge at Horace Ashenfelter III Indoor Track. Loxsom's performance - which is the NCAA leader in 2013 - was one of a grand total of 17 victories by the Nittany Lions on the weekend.

In the effort, the senior bettered his own Ashenfelter facility record of 1:47.36 - set in 2011 - and also overtook Ryan Foster's 1:47.32 school record in the event, which has stood since 2010. Loxsom wasn't the only Nittany Lion to impress in the 800, as freshman Brannon Kidder (Lancaster, Ohio) blitzed to an impressive 1:48.17 - the second fastest effort in the NCAA this year, and the fourth-best mark by a Nittany Lion in the Penn State record books.

Also shining in the middle distances were senior Ricky West (Toronto, Ontario) and freshman Za'Von Watkins (Liverpool, N.Y.), who turned in a one-two finish in the men's 1,000 meters. West took top honors with a sizzling effort of 2:21.95, while Watkins finished a close second in 2:22.02. The duo's performance currently rank first and second nationally, and well as third and fifth in the all-time Penn State standings.

The Lions were equally as successful in the field events, led by Marlene Ricketts' (Westbury, N.Y.) career-best leap of 42-0.50 (12.81) to win the triple jump. The junior's mark bears national merit, as the effort now stands as the top performance in the Big Ten this year, as well as the third best in the collegiate ranks. Ricketts also climbs to second overall in the all-time Nittany Lion rankings. The junior had a solid day overall, also placing second in the long jump via a season-best leap of 18-10.50 (5.75). Sophomore Brian Leap (Tyrone, Pa.) would make it a clean sweep for the Lions in the triple jump, taking the men's competition with a jump of 49-0.25 (14.94).

Highlighting the Nittany Lion results in the men's field events was sophomore Michael McClelland (Washington, Pa.), who soared over a career-best 7-1 (2.16) - the top clearance by a Penn State athlete this year - to place third in the high jump. McClelland held his own in a sensational field, which saw a total of four athletes clear over seven feet.

**SCAN HERE FOR
LIVE RESULTS!!**



Mark Your Calendar!
2013 Events and Promotions

February 2 **Sykes & Sabock Challenge Cup**

Special Events:

- ** Military Appreciation Day **
- ** Officials' Recognition Day **
- ** Senior Day **

2013 Indoor Season Schedule

February 2	Sykes & Sabock Challenge Cup Ashenfelter Track
February 8-9	Washington Husky Classic Seattle, Wash. SPIRE NCAA Division I Invitational Geneva, Ohio
February 22-23	Big Ten Indoor Championships Geneva, Ohio
March 1-2	Last Chance Weekend TBA
March 8-9	NCAA Indoor Championships Fayetteville, Ark.

Penn State Coaching Staff

Director and Head Coach	Beth Alford-Sullivan, Distance
Associate Head Coach	John Gondak, Mid-Distance
Assistant Coach	Randy Bungard, Sprints/Hurdles/Relays
Assistant Coach	Pat Ebel, Throws
Assistant Coach	Kevin Kelly, Men's Jumps/Multi's/PV
Assistant Coach	Fritz Spence, Women's Jumps/Multi's
Director of Operations	Jess Riden
Director of Operations	Megan Monroig
Volunteer Assistants	Jim Sullivan Artie Gilkes Ryan Whiting Kara Millhouse
Athletic Trainers	Ben Evans Michael Gay



The PSU National

January 25-26, 2013



|| Ashenfelter III Indoor Track || Facility Records and Notable Performances ||

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:16.19	2001	Tom Gerding - Minnesota
	1:16.92 WJ, AJ	2010	Casimir Loxsom - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.51	2011	Erica Moore - Knoxville Elite
Men 1000 Meters	2:19.53 C, AJ	2012	Robby Creese - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:35.89	2004	Megan Metcalf - West Virginia
Men 3000 Meters	7:58.51	2000	Robert Gary - Adidas
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 4x200 Meter Relay	1:25.05 C	2007	Rutgers - M Coleman, B Owens, J Porter, R Waters
Women 4x200 Meter Relay	1:37.25	2013	Penn State - M Jones, K Nieuwendam, D Anyanwu, K Seymour
Men 4x400 Meter Relay	3:07.33	2012	Pittsburgh - M Murray, D Cowsette, J Lowery, B Spratling
Women 4x400 Meter Relay	3:34.38	2005	Tennessee - L Loche, N Cook, P Hall, C Champion
Men 4x800 Meter Relay	7:23.13	2009	Phoenix Athletics - K Smith, A Maloney, M Lincoln, A Heaney
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:29.79	2004	Michigan - A Ellerton, S Waithe, N Brannen, N Willis
Women Distance Medley	10:55.95	2012	Georgetown - R Schneider, L Finley, C Cox, E Infield
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2 (1.88)	2010	Nicole Forrester - Mizuno
Men Pole Vault	18-3 (5.56)	2001	Paul Terek - Michigan State
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Coleen Scott - Unattached
Men Shot Put	69-10.50 (21.29)	2012	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Oikowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike
	4059 AJ	2005	Gayle Hunter - Penn State

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; WJ - World Junior Record; AJ - American Junior Record



The PSU National Men's Meet History || Event Winners



Men's 60 Meters

2000: Dewayne Vaughan (W.Va.).....	6.92
2001: Leshante Edwards (Akron).....	6.67
2002: Leshante Edwards (Akron).....	6.79
2003: Tim Walls (NC A&T).....	6.79
2004: Tim Walls (NC A&T).....	6.81
2005: Rubin Williams (Tenn.).....	6.69
2006: Justin Byron (NC A&T).....	6.78
2007: Michael LeBlance (Syracuse).....	6.68
2008: Sharif Nash (St. Aug's).....	6.67
Chris Davis (NC Central).....	6.65 Pre
2009: Reggie Dixon (Hampton).....	6.67
2010: Calesio Newman (NC A&T).....	6.70
2011: Reggie Dixon (Hampton).....	6.58 F
2012: Michael LeBlanc (Una.).....	6.64
Reggie Dixon.....	6.60 Pre

Men's 200 Meters

2000: Garfield Ellenwood (Reebok).....	21.42
2001: Bobby Cruse (Kent St.).....	21.06
2002: LeShaunte Edwards (Akron).....	21.17
2003: LaShaunte Edwards (Una.).....	21.05
2004: James Carter (Nike).....	21.03
2005: Rubin Williams (Tenn.).....	21.20
2006: LaShawn Merritt (Una.).....	20.72 F
2007: Jason Moore (Charlotte).....	21.15
2008: Rubin Williams (Tenn.).....	20.76
2009: Jose Acevedo (Kentucky).....	21.35
2010: Phil Ferguson (Akron).....	21.31
2011: Darius Law (Charlotte).....	21.23
2012: Josh Scott (Una.).....	20.95

Men's 400 Meters

2000: Andrew Pierce (Ohio St).....	46.69
2001: Nick Reynolds (GTown).....	47.31
2002: Michael Brown (Villanova).....	47.19
2003: Michael Eisenhart (Kutztown).....	47.93
2004: Joe Mendel (Una.).....	46.55
2005: Jaret Campisi (PSU).....	47.40
2006: LaShawn Merritt (Una.).....	46.87
2007: Kerry Boyle (Bucknell).....	47.58
2008: Bershawn Jackson (GW Express).....	46.76
2009: Darius Law (Charlotte).....	47.26
2010: Alodin Fothergill (UMES).....	46.52
2011: Marquis Holston (Norfolk).....	46.87
2012: Josh Scott (Una.).....	46.40

Men's 500 Meters

2000: Courtney Cornwall (Ohio St).....	1:03.05
2001: Paul Moser (Villanova).....	1:03.25
2002: Paul Moser (Villanova).....	1:02.77
2003: Jerry Puryear (St. Joe's).....	1:04.83
2004: Ali Najjar (Una.).....	1:04.56
2005: Chris Bonner (GTown).....	1:02.20
2006: Kerry Boyle (Bucknell).....	1:04.26
2007: Michael Tinsley (Adidas).....	1:02.84
2008: Skyy Simmons (Syracuse).....	1:03.71
2009: Elvis Lewis (Nova).....	1:02.62
2010: Toby Ulm (GTown).....	1:02.54
2011: Micah Murray (Pitt).....	1:03.20
2012: Theon O'Connor (GTown).....	1:03.40

Men's 800 Meters

2000: Kevin Murphy (Reebok).....	1:49.79
2001: Sam Burley (Penn).....	1:50.57
2002: Marcel Burke (GTown TC).....	1:50.28
2003: Ali Najjar (Gtown).....	1:50.09
2004: McGavock Dunbar (UVA).....	1:50.88
2005: Isaih Cartledge (LIU).....	1:51.99
2006: Sheridan Kirk (Una.).....	1:49.57
2007: Sheridan Kirk (Una.).....	1:48.97
2008: Paul Harris (Navy).....	1:49.29
2009: Sam Bair (Una.).....	1:49.77
2010: Ryan Foster (PSU).....	1:47.48
2011: Casimir Loxsom (PSU).....	1:47.36
2012: Casimir Loxsom (PSU).....	1:48.24

Men's 1000 Meters

2000: Ian Scott (James Madison).....	2:26.40
2001: Justin Wiley (Pitt).....	2:25.08
2002: Scott Allison (W. Va.).....	2:26.26
2003: Jason Long (Una.).....	2:23.45
2004: Jason Long (Una.).....	2:23.54
2005: Tommy Manning (GTown).....	2:23.61
2006: Tommy Manning (GTown).....	2:23.61
2007: Tim Kajjala (Penn).....	2:23.12
2008: Michael Kerrigan (Villanova).....	2:26.59
2009: Alex Mason (GTown).....	2:26.64
2010: Alex Bean (GTown).....	2:23.35
2011: Billy Ledder (GTown).....	2:26.00
2012: Michael Banks (Una.).....	2:25.60

Men's Mile

2000: Adam Daniels (GTown).....	4:07.18
2001: Aaron Lanzel (Navy).....	4:08.25
2002: Bill Spierdowis (Duke).....	4:10.24
2003: Erik Schmidt (Navy).....	4:06.68
2004: Aaron Lanzel (Una.).....	4:03.00
2005: AJ Suravicz (StFrancis).....	4:02.99
2006: Sam Bair (Pitt).....	4:00.14
2007: Matt Lincoln (Una.).....	3:59.39
2008: Mircea Bogdan (Una.).....	3:59.15
2009: Liam Boylan-Pett (Una.).....	3:59.40
2010: Erik Van Ingen (Bing.).....	3:59.58
2011: Cory Leslie (Ohio St).....	3:57.97
2012: Jeff See (Saucony).....	3:56.51 F

Men's 3000 Meters

2000: Robert Gary (Adidas).....	7:58.51
2001: Adrian Blincoe (Villanova).....	8:01.53
2002: Tom Parlapiano (Villanova).....	8:07.49
2003: Michael Baird (Princeton).....	8:02.37
2004: Casey Batey (WVTC).....	8:09.07
2005: Reid Coolsaet (Una.).....	7:59.23
2006: Brian Dalpiaz (GTown).....	8:13.79
2007: Jay Wyss (VCU).....	8:11.76
2008: Ryan Blood (Una.).....	8:07.91
2009: Rob Watson (Speed River).....	7:59.49
2010: Adam Green (Ohio St).....	8:14.30
2011: Ryan Blood (Una.).....	8:05.31
2012: Kyle Dawson (PSU).....	8:06.36

Men's 5000 Meters

2000: Corey Smith (Georgetown).....	14:03.69
2001: David Spiller (J. Madison).....	14:09.74
2002: Ben Cooke (GTown TC).....	14:02.64
2003: James Carney (NSSC).....	14:11.54
2004: Greg Costello (Bucknell).....	14:28.59
2005: Kevin Pool (Allegheny).....	14:32.13
2006: Josh Simpson (WCTC).....	14:26.85
2007: Matt Forsy (Bucknell).....	14:16.28
2008: Craig Leon (Una.).....	14:30.67
2009: Kyle Murray (St. Joe's).....	14:24.92
2010: Ryan Blood (Una.).....	14:13.90
2011: Mike Stolar (Duq.).....	14:23.36
2012: Brian King (GTown).....	14:40.19

Men's 60-Meter Hurdles

2000: Ryan Grear (Ohio State).....	8.06
Antoine Johnson (Villanova) ...	7.88 Pre
2001: Guy Rose (PSU).....	7.82
2002: Shannon Flowers (UMBCTC).....	7.92
2003: David Oliver (Howard).....	7.88
2004: Aubrey Herring (Una.).....	7.63
2005: Aries Merritt (Tenn.).....	7.80
2006: Dominic Berger (Maryland).....	7.79
2007: Mike Wray (Pitt).....	7.75
.....	7.72 5F
2008: Ramon Sosa (Syracuse).....	7.82
2009: Mikel Thomas (Kentucky).....	7.79
2010: Devon Hill (Miami).....	7.79
2011: Jaret Eaton (Una.).....	7.58
2012: Jaret Eaton (Syracuse).....	7.49 F

Men's 4x400-Meter Relay

2000: Ohio State.....	3:09.88
2001: Georgetown.....	3:11.10
2002: Villanova.....	3:09.82
2003: Penn State.....	3:10.76
2004: Penn State.....	3:12.51
2005: Penn State.....	3:13.11
2006: Villanova.....	3:13.91
2007: Maryland.....	3:11.74
2008: GW Express.....	3:10.24
2009: Kentucky.....	3:13.90
2010: Ohio State.....	3:10.57
2011: Penn State.....	3:09.08
2012: Penn State.....	3:08.87

Men's DMR

2000: Ohio State.....	9:44.82
2001: Georgetown.....	9:50.70
2002: Wake Forest.....	9:44.13
2003: Pennsylvania.....	9:51.65
2004: Penn State.....	9:48.42
2005: Pittsburgh.....	9:49.43
2006: Duquesne.....	9:55.99
2007: Navy.....	9:53.80
2008: Navy.....	9:52.52
2009: Phoenix Athletics.....	9:42.99
2010: Georgetown.....	9:48.56
2011: Bucknell.....	9:55.24
2012: Penn State.....	9:35.24

Men's High Jump

2000: Tyler Yeager (PSU).....	6-10.25 (2.09)
2001: Hong Yong Bi (W. Jesuit).....	7-3 (2.21)
2002: Tomaz Smialek (Akron).....	7-1 (2.16)
2003: Jean Huguens (UMBC).....	6-11 (2.11)
2004: Mike Riso (UVA).....	6-8.75 (2.05)
2005: Greg Baril-Kenny (Guelph).....	6-9 (2.06)
2006: Robert DeVaul (BowSt).....	7-0.25 (2.14)
2007: Davion Lambert (VCU).....	7-0.25 (2.14)
2008: Joe Kindred (St. Aug's).....	7-5 (2.26) F
2009: Michael McCall (Akron).....	7-1 (2.16)
2010: Joe Kindred (Una.).....	7-1.75 (2.18)
2011: Bryson Hartzler (PSU).....	7-0.25 (2.14)
2012: Sean Reilly (PSU).....	7-0.25 (2.14)

Men's Pole Vault

2000: Joel Carusone (Syracuse).....	16-6 (5.03)
2001: Ryan Nau (Kent St).....	16-8.75 (5.10)
2002: Jon DiNozzi (Delaware).....	15-9 (4.80)
2003: Jeremy Scott (Allegh.).....	17-0.75 (5.20)
2004: John Russel (Akron).....	17-0.75 (5.20)
2005: Rory Quiller (Bingh).....	17-0.75 (5.20)
2006: Keith Higham (Pitt).....	17-9 (5.41)
2007: Andrew Park (Princ).....	16-8.75 (5.10)
2008: Y. Olhovsky (Va. Tech).....	17-4.5 (5.30)
2009: B. Mondschein (Una.) ...	18-2.50 (5.55)
2010: B. Mondschein (Una.).....	18-0.50 (5.50)
2011: Joe Davis (Va. Tech).....	17-4.50 (5.30)
2012: Cody Marshall (Ohio St).....	16-2.75 (4.95)

Men's Long Jump

2000: France Davis (Una.).....	24-0.25 (7.32)
2001: Jean Cummings (Morg).....	25-7.50 (7.81)
2002: Ryan Olkowski (PSU).....	24-7.75 (7.51)
2003: Sean White (NC A&T).....	24-4.25 (7.42)
2004: Roy Richards (Buffalo).....	24-1.75 (7.36)
2005: Davion Lambert (VCU).....	23-10.25 (7.27)
2006: Roy Richards (Buffalo).....	24-1.75 (7.36)
2007: Scott Mayle (Ohio).....	25-4 (7.72)
2008: Mark Davis (NC Cent.).....	24-8.25 (7.52)
2009: Cadeau Kelley (Una.).....	25-4.50 (7.73)
2010: Cadeau Kelley (Una.).....	25-10 (7.87)
2011: Justin Hunter (Tenn.)... 26-1.50 (7.96) F	
2012: Rashad Cannon (Una.).....	24-3.50 (7.40)

Men's Triple Jump

2000: Chavous Nichols (PSU).....	49-4.5 (15.05)
2001: Josh Rollins (Una.).....	51-7.75 (15.74)
2002: Myron McClure (Una.).....	51-2.75 (15.61)
2003: Chavous Nichols (PSU).....	52-4.5 (17.94)
2004: Mike Roberts (Una.).....	52-2 (15.90)
2005: Mike Roberts (Una.).....	50-10.25 (15.50)
2006: Leevan Sands (Bahamas)... 55-9 (16.99)	
2007: Marc Kellman (Una.).....	54-6 (16.61)
2008: Marc Kellman (Una.).....	54-6 (16.46)
2009: Clarence Smith (PSU).....	51-5.50 (15.68)
2010: Br. Quarles (St. Aug.).....	51-11.75 (15.84)
2011: Haseem Halim (Va. Tech).....	50-11 (15.52)
2012: Marcus Robinson (UVA).....	53-5.75 (16.30)

Men's Shot Put

2000: John Ruch (Army).....	53-9.25 (16.39)
2001: Ian Douglas (UNC).....	59-9 (18.21)
2002: Patrick Harding (Pitt).....	54-1 (16.48)
2003: Greg Corbitt (Akron).....	58-10.25 (17.94)
2004: John Kalnas (Una.).....	59-7 (18.16)
2005: Justin Clickett (Pitt).....	58-9.25 (17.91)
2006: Steve Meyers (PSU).....	58-8 (17.88)
2007: Robert McDade (Nova).....	56-10.75 (17.34)
2008: Richard Wooten (Tenn.).....	56-0.5 (17.08)
2009: Matt DeChant (Ohio St).....	59-2.75 (18.05)
2010: Sheldon Battle (Una.).....	66-07.75 (20.31)
2011: Matt DeChant (Ohio St).....	65-0.50 (19.82)
2012: Joe Kovacs (Una.).....	63-4 (19.30)

Men's 35 lb Weight

2000: Brian Gebhardt (Army).....	64-3 (19.58)
2001: Josh McCauhey (Prin).....	64-11.5 (19.80)
2002: Dorian Lowe (PSU).....	63-10.50 (19.47)
2003: Tom Carey (StFrancis).....	66-7 (20.29)
2004: Tom Carey (StFrancis).....	66-0.5 (20.13)
2005: Scott Vernon (Una.).....	64-1.25 (19.54)
2006: Mohsen Anani (VTech).....	71-5.25 (21.77)
2007: Tyler Hoffman (Bucknell).....	63-3.5 (19.29)
2008: Walter Henning (UNC).....	70-3 (21.41)
2009: R. Scott (Kentucky).....	66-4.5 (20.23)
2010: B. Buffaloe (Temp.).....	63-10.5 (19.47)
2011: Max Mays (Ohio St).....	68-6 (20.88)
2012: Max Mays (Ohio St).....	66-5.25 (20.25)

Men's Heptathlon

2000: Chris Morales (MtStM).....	3780 (Pent)
2001: Ryan Blood (PSU).....	3746 (Pent)
2002: Jamie Cook (Penn TC).....	3909 (Pent)
2003: JT Kuretzich (PSU).....	4077 (Pent)
2004: Will Thomas (UCONN).....	5574
2005: Ryan Olkowski (Una.).....	5827 F
2006: Chris Morrisey (PSU).....	5194
2007: Ryan Olkowski (Una.).....	5724
2008: Steven Harris (Una.).....	5586
2009: Jon Buice (Syracuse).....	5259
2010: Damon Dixon (Hampton).....	5236
2011: Damon Dixon (Hampton).....	5312
2012: Josh Kettlewell (CMU).....	5673

BOLD Denotes Meet Record
F Denotes Facility Record



The PSU National Women's Meet History || Event Winners



Women's 60 Meters

2000: LaTrese Taylor (Akron).....	7.47
2001: Connie Moore (PSU).....	7.47
2002: Connie Moore (PSU).....	7.43
2003: Connie Moore (PSU).....	7.36
2004: Rachelle Boone (Nike).....	7.32
2005: Cleo Tyson (Tenn.).....	7.36
2006: Cleo Tyson (Tenn.).....	7.29
2007: Courtney Champion (Tenn.).....	7.32
Cleo Tyson (Tenn.).....	7.28 Pre
2008: Courtney Champion (Tenn.).....	7.39
2009: Trisha-Ann Hawthorne (UConn).....	7.35
2010: Barbara Pierre (St. Aug's).....	7.18
2011: Flings Owusu-Agyapong (Una.).....	7.31
2012: Barbara Pierre (Una.).....	7.17 F

Women's 200 Meters

2000: LeTrese Taylor (Akron).....	24.48
2001: Jennifer Wilson (Shore AC).....	23.73
2002: Connie Moore (PSU).....	23.96
2003: Dee Dee Trotter (Tenn.).....	24.19
2004: Dee Dee Trotter (Tenn.).....	23.19
2005: Shana Cox (PSU).....	23.48
2006: Crystal Cox (UNA).....	23.47
2007: Shareese Woods (Char).....	23.26
2008: Britni Spruiell (Va. Tech).....	23.76
2009: Shavon Greaves (PSU).....	23.82
2010: Shavon Greaves (PSU).....	23.16
2011: Aurieyall Scott (UCF).....	23.17
2012: Barbara Pierre (Una.).....	23.82

Women's 400 Meters

2000: Candace Deloatch (UMD).....	54.91
2001: Nickay Penado (GTown).....	55.22
2002: Carol Merritt (Wake).....	56.44
2003: Jearl Miles-Clark (NewB).....	54.22
2004: Trenace Elliot (Pitt).....	54.91
2005: Shana Cox (PSU).....	52.75
2006: Monica Hargrove (UNA).....	52.48
2007: Shana Cox (PSU).....	52.31 F
2008: Cyntheia Rooks (UNA).....	54.16
2009: Queen Harrison (Va. Tech).....	53.67
2010: Fawn Dorr (PSU).....	53.10
2011: Shana Cox (Adidas).....	52.53
2012: Jernail Hayes (Una.).....	52.84

Women's 500 Meters

2000: Tia Tabb (Pitt).....	1:14.39
2001: Sasha Spencer (GTown).....	1:11.81
2002: Monica Hargrove (GTown).....	1:12.31
2003: Jamillah Bowman (GTown).....	1:12.73
2004: J. Miles-Clark (NewB).....	1:08.71 AR
2005: Maisha Pinkard (Hamp).....	1:12.76
2006: Kandance Ferguson (GTown).....	1:14.77
2007: Francena McCorory (Hamp).....	1:09.16
2008: Ashley Hubbard (GTown).....	1:12.70
2009: Tanisha Kendrick (Morgan).....	1:13.61
2010: Shana Cox (Adidas).....	1:08.70 AR F
2011: Nijigia Snapp (Tenn.).....	1:10.92
2012: Francena McCorory (Adidas).....	1:09.01

Women's 800 Meters

2000: Erin Sicher (GTown).....	2:11.55
2001: Beth Rocks (Pitt).....	2:07.77
2002: Jill Snyder (Adidas).....	2:06.80
2003: Jill Snyder (Adidas).....	2:07.31
2004: Lindsay Hyatt (Tenn.).....	2:09.16
2005: Colleen Taylor (Nova).....	2:11.28
2006: Nana Hanson-Hall (GTown).....	2:09.37
2007: Briene Simmons (PSU).....	2:07.40
2008: Alisa Harvey (UNA).....	2:07.08
2009: Sarah Bowman (Tenn.).....	2:04.58
2010: Chantee McBride (Una.).....	2:07.93
2011: Erica Moore (Knox, Elite).....	2:03.51 F
2012: Heather Wilson (UConn).....	2:06.12

Women's 1000 Meters

2000: Chantee Earl (Pitt).....	2:47.83
2001: Juli Henner (UNA).....	2:47.11
2002: Katie Atlas (Duke).....	2:51.34
2003: Ioana Parusheva (Nova).....	2:48.21
2004: Megan Metcalfe (WVU).....	2:46.78
2005: Marina Muncan (Nova).....	2:45.40
2006: Jennifer Davis (WVU).....	2:50.99
2007: Raeleen Hunter (WVU).....	2:52.27
2008: Marie Louise Asselin (WVU).....	2:47.94
2009: Emily Infield (GTown).....	2:44.56
2010: Chanelle Price (Tenn.).....	2:42.71
2011: Rachel Schneider (GTown).....	2:45.51
2012: Karly Hamric (Riahda).....	2:46.70

Women's Mile

2000: Carmen Douma (Nova).....	4:41.92
2001: Carmen Douma (Nova).....	4:43.08
2002: Jill Laurendeau (GTown).....	4:45.54
2003: Rebecca Mitchell (Nova).....	4:47.78
2004: Brooke Novak (Tenn.).....	4:48.98
2005: Megan Metcalfe (WVU).....	4:42.29
2006: Rebecca Donaghue (Una.).....	4:51.56
2007: Frances Koons (Nova).....	4:38.98
2008: Elizabeth Maloy (GTown).....	4:43.02
2009: Frances Koons (Nova).....	4:40.93
2010: Clara Grandt (WVU).....	4:48.40
2011: Caitlin Lane (PSU).....	4:41.69
2012: Caitlin Lane (PSU).....	4:39.31

Women's 3000 Meters

2000: Jen Rhines (Adidas).....	9:07.56
2001: Autumn Fogg (Una.).....	9:26.47
2002: Kristen Nicolini (USA - Minn.).....	9:25.97
2003: Dana Coons (Una.).....	9:25.00
2004: Amanda Pape (GTown).....	9:42.60
2005: Eva Slavikova (UMES).....	9:27.48
2006: Marina Muncan (Nova).....	9:10.32
2007: Rebecca Donaghue (Una.).....	9:22.45
2008: Maureen McCandless (Una.).....	9:13.68
2009: Rebecca Donaghue (Una.).....	9:07.03
2010: Jackie Areson (Tenn.).....	9:07.27
2011: Jackie Areson (Tenn.).....	9:01.91 F
2012: Kara Millhouse (PSU).....	9:19.42

Women's 5000 Meters

2000: Ann McGranahan (Nova).....	16:44.05
2001: Gina Proccaccio (NewB).....	16:09.07
2002: Lauren Burawski (UMU).....	17:25.59
2003: Karin Gould (Una.).....	16:38.44
2004: Sharon Dickie (Una.).....	16:26.22
2005: Maureen McCandless (Pitt).....	15:48.10 F
2006: Meghan Braffet (UMd).....	16:48.58
2007: Katie Van Horn (Tenn.).....	16:34.09
2008: Katie Van Horn (Tenn.).....	16:41.77
2009: Jolee VanLeuven (Princeton).....	16:37.79
2010: Jessie Babcock (PSU).....	17:02.29
2011: Lauren Sara (UConn).....	16:50.81
2012: Gabi Anzalone (Wisc.).....	16:57.30

Women's 60-Meter Hurdles

2000: Donica Merriman (OSU).....	8.29
2001: Charmaine Walker (Nova).....	8.30
2002: Staciann Brown (WV TC).....	8.55
2003: Natilee Dawkins (G-Webb).....	8.45
2004: Kellie Wells (Hampton).....	8.34
2005: Kellie Wells (Hampton).....	8.18
2006: Jessica Czaikowski (WVU).....	8.26
2007: Yvette Lewis (Hampton).....	8.17
2008: Kristi Castilin (Va. Tech).....	8.16
.....	8.09 Pre
2009: Queen Harrison (Va. Tech).....	8.02
2010: Queen Harrison (Va. Tech).....	8.10
.....	8.08 Pre
2011: Kristi Castlin (Adidas).....	8.05
2012: Vanneisha Ivy (Una.).....	8.14
.....	8.12 Pre

Women's 4x400-Meter Relay

2000: Pittsburgh.....	3:43.62
2001: Essex Country CC.....	3:44.92
2002: Pittsburgh.....	3:42.93
2003: Georgetown.....	3:41.26
2004: Tennessee.....	3:38.34
2005: Tennessee.....	3:34.38 F
2006: Miami.....	3:36.46
2007: Penn State.....	3:38.13
2008: Penn State.....	3:38.21
2009: Arkansas.....	3:40.25
2010: Penn State.....	3:37.57
2011: Penn State.....	3:37.25
2012: Unattached.....	3:34.65

Women's DMR

2000: West Virginia.....	11:30.81
2001: Georgetown.....	11:25.89
2002: Georgetown.....	11:22.66
2003: Duke.....	11:27.39
2004: Tennessee.....	11:03.42 F
2005: Tennessee.....	11:27.62
2006: Tennessee.....	11:35.38
2007: Villanova.....	11:12.95
2008: Tennessee.....	11:13.64
2009: Villanova.....	11:18.83
2010: Shippensburg.....	11:25.16
2011: Shippensburg.....	11:28.93
2012: Georgetown.....	10:55.95 F

Women's High Jump

2000: Shawneeque Callier (Prin).....	5-10 (1.78)
2001: Stacy Taylor (Pitt).....	6-0 (1.83)
2002: Mary Varga (Akron).....	5-8.50 (1.74)
2003: Severine Tanic (UNA).....	5-9.25 (1.76)
2004: Jenna Grimaldi (Syracuse).....	5-8 (1.73)
2005: Michelle Moody (Guelph).....	5-8 (1.73)
2006: Dierdre Mullin (UNA).....	5-10 (1.78)
2007: Brittany Robinson (Morg).....	5-9.75 (1.77)
2008: Patience Coleman (UNC).....	5-10 (1.78)
2009: Rachael Porter (UConn).....	5-10 (1.78)
2010: Brittany Maun (PSU).....	5-8.75 (1.75)
2011: Tara Richmond (Colum.).....	5-10.50 (1.79)
2012: Tynita Butts (ECU).....	5-8.50 (1.75)

Women's Pole Vault

2000: J.Thompson (Akron).....	12-3.25 (3.74)
2001: Kate Mullins (Bingh).....	11-11.75 (3.65)
2002: Erin Nett (WVU).....	12-11.75 (3.96)
2003: Kira Sims (Akron).....	13-5 (4.09)
2004: Sara Dougherty (PSU).....	13-5.25 (4.10)
2005: Marissa Dudek (Pitt).....	13-0.25 (3.97)
2006: Jessica Reust (Tenn.).....	13-2.50 (4.03)
2007: Melanie Buczko (Buck).....	13-3.75 (4.06)
2008: Kelly Phillips (Va. Tech).....	13-6.50 (4.13)
2009: Marissa Dudek (Una.).....	13-3.75 (4.06)
2010: Carrie Hayes (Akr.).....	13-9.25 (4.20)
2011: J. Hemmingway (EMU).....	13-3.50 (4.05)
2012: Katlyn Shelar (WVU).....	12-4.50 (3.77)

Women's Long Jump

2000: Trecia Smith (Una.).....	19-11.5 (6.08)
2001: Ola Sesay (UNC).....	20-11.25 (6.38)
2002: Chi-Chi Aduba (PSU).....	19-10.25 (6.05)
2003: Trecia Smith (Una.).....	20-3.50 (6.18)
2004: Tianna Madison (Tenn.).....	20-5.75 (6.24)
2005: Tianna Madison (Tenn.).....	20-10.75 (6.37)
2006: Tianna Madison (Nike).....	21-6.75 (6.57)
2007: Pat Springs (Charlotte).....	19-7.50 (5.98)
2008: Pat Springs (Charlotte).....	19-8.75 (6.01)
2009: Gayle Hunter (PSU).....	20-1.75 (6.14)
2010: Deandra Doyley (Mia.).....	20-6.5 (6.26)
2011: Shameka Marshall (Una.).....	21-1.25 (6.43)
2012: Shakia Forbes (NC AT).....	20-1.50 (6.13)

Women's Triple Jump

2000: Christine Brown (WVU).....	40-9 (12.42)
2001: Christine Brown (WVU).....	40-6 (12.42)
2002: Severine Tanic (Morg).....	40-1.50 (12.23)
2003: Colleen Scott (Una.).....	44-1.50 (13.45)
2004: Colleen Scott (Una.).....	45-2.50 (13.78)
2005: Yvette Lewis (Hamp).....	42-6 (12.95)
2006: Tabia Charles (Miami).....	42-8.75 (13.02)
2007: Tiombe Hurd (Nike).....	43-4.50 (13.22)
2008: K. Ferguson (Una.).....	41-7.75 (12.69)
2009: Lena Bettis (Una.).....	41-11.25 (12.78)
2010: Lena Bettis (Una.).....	41-7 (12.67)
2011: Alyce Williams (Una.).....	41-10 (12.75)
2012: Whitney Rose (UVA).....	41-6 (12.65)

Women's Shot Put

2000: Deshaya Williams (PSU).....	48-8.25 (14.84)
2001: Deshaya Williams (PSU).....	48-8 (14.83)
2002: Cleopatra Borel (UMBC).....	53-7 (16.33)
2003: Deshaya Williams (PSU).....	51-0 (15.54)
2004: Angela Bertholdt (Una.).....	51-0.75 (15.56)
2005: Amanda Walker (Pitt).....	54-2.75 (16.53)
2006: C. Borel-Brown (Una.).....	60-7.75 (18.48)
2007: Sarah Vance (Buffalo).....	52-8.75 (16.07)
2008: A. Alexander (Tenn.).....	53-3.75 (16.25)
2009: A. Alexander (Tenn.).....	53-5.75 (16.30)
2010: Kristy Woods (Buff.).....	51-8.25 (16.75)
2011: Becky O'Brien (Buff.).....	56-1.25 (17.10)
2012: Melissa Kurzdorfer (PSU).....	50-2 (15.29)

Women's 20lb Weight

2000: Nicole Hollman (SFU).....	59-2.5 (18.04)
2001: Ruth Kura (UMD).....	61-10.50 (18.86)
2002: Kate Johnston (PSU).....	54-6.75 (16.63)
2003: Eliese Mitchell (UVA).....	59-7 (18.16)
2004: Deshaya Williams (Una.).....	63-6 (19.35)
2005: Amanda Walker (Pitt).....	66-7 (20.29)
2006: Jen Leatherman (PSU).....	72-0.25 (21.95)
2007: Jen Leatherman (Una.).....	73-0.50 (22.26)
2008: Brittany Pryor (Va. Tech).....	64-8.50 (19.72)
2009: Stevi Large (Akron).....	69-7 (21.21)
2010: Stevi Large (Akron).....	70-9.75 (21.58)
2011: Vite Flowers (UConn).....	67-6.75 (20.59)
2012: Mel. Kurzdorfer (PSU).....	64-10.50 (19.77)

Women's Pentathlon

2000: Felicia Cooksey (PSU).....	3494
2001: Susan Colman (Princeton).....	3537
2002: Susan Colman (Princeton).....	3685
2003: Mary Vargas (Una.).....	3685
2004: Tamara McGill (Pitt).....	3718
2005: Amber Williams (Miami).....	4088
2006: Gunlid Krebs (Va. Tech).....	3861
2007: Bridgette Ingram (Una.).....	4056
2008: Gayle Hunter (PSU).....	4073
2009: Gayle Hunter (PSU).....	4236
2010: Hyleas Fountain (Nike).....	4731 F
2011: Kiani Profit (UMD).....	4109
2012: Karli Johannot (Duke).....	3802

BOLD Denotes Meet Record
F Denotes Facility Record
AR - Denotes American Record
.....(at time of performance)



The PSU National

January 25-26, 2013



|| Penn State Indoor Records ||

EVENT	PERFORMANCE	ATHLETE, YEAR
Men 60 Meters	6.76	Ernie Terrell, 2003
Men 200 Meters	20.98	Ryan Olkowski, 2001
Men 400 Meters	46.22	Brady Gehret, 2011
Men 500 Meters	1:01.28	Casimir Loxsom, 2011
Men 600 Meters	1:16.66	Casimir Loxsom, 2012
Men 800 Meters	1:46.98	Casimir Loxsom, 2012
Men 1000 Meters	2:19.53	Robby Creese, 2012
Men Mile	3:58.49	Ryan Foster, 2011
Men 3000 Meters	8:00.78	Ken Frazier, 1989
Men 5000 Meters	13:52.36	Steve Brown, 1990
Men 60-Meter Hurdles	7.69	Guy Rose, 2001
Men 4x200-Meter Relay	1:25.52	Mpanduki, Br. Bennett-Green, Nadolsky, Gilmore, 2013
Men 4x400-Meter Relay	3:05.22	Nadolsky, Br. Bennett-Green, Loxsom, Gehret, 2012
Men 4x800-Meter Relay	7:21.17	Balkey, McMillan, Mills, Levitre, 1987
Men Distance Medley Relay	9:32.94	Borchers, Cadau, Foster, Johnson, 2009
Men 4xMile Relay	16:43.54	Adkins, Rapp, Scharsu, Mangan, 1980
Men High Jump	7-4.25 (2.24)	Paul Souza, 1982
Men Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Men Long Jump	25-11 (7.90)	David Coney, 1986
Men Triple Jump	53-0.75 (16.17)	Chavous Nichols, 2003
Men Shot Put	65-7 (19.99)	C.J. Hunter, 1990
Men Weight Throw	66-5.75 (20.26)	Dorian Lowe, 2002

EVENT	PERFORMANCE	ATHLETE, YEAR
Women 60 Meters	7.24	Shavon Greaves, 2010
Women 200 Meters	22.60	Connie Moore, 2004
Women 400 Meters	52.31	Shana Cox, 2007
Women 500 Meters	1:09.19	Shana Cox, 2007
Women 600 Meters	1:29.81	Briene Simmons, 2007
Women 800 Meters	2:05.67	Briene Simmons, 2007
Women 1000 Meters	2:44.24	Caitlin Lane, 2012
Women Mile	4:37.95	Bridget Franek, 2010
Women 3000 Meters	9:10.04	Bridget Franek, 2009
Women 5000 Meters	15:53.50	Paula Renzi, 1985
Women 60-Meter Hurdles	8.16	Aleesha Barber, 2009
Women 4x200-Meter Relay	1:37.25	Jones, Nieuwendam, Anyanwu, Seymour, 2013
Women 4x400-Meter Relay	3:33.39	Blake, Simmons, Barber, Cox, 2007
Women 4x800-Meter Relay	8:45.60	Cassel, Gerken, Hart, Stever, 1984
Women Distance Medley Relay	11:05.16	Lane, Iheoma, Simko, Millhouse, 2012
Women High Jump	5-11.25 (1.81)	A. O'Carroll, 1987; B. Maun, 2010
Women Pole Vault	13-5.50 (4.11)	Sara Dougherty, 2004
Women Long Jump	20-11.25 (6.38)	Gayle Hunter, 2009
Women Triple Jump	44-1.50 (13.45)	Chi-Chi Aduba, 2003
Women Shot Put	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
Women Weight Throw	74-10 (22.82)	Jen Leatherman, 2006
Women Pentathlon	4342	Gayle Hunter, 2009



The PSU National

January 25-26, 2013



|| Time Schedule ||

FRIDAY || FINAL TIME SCHEDULE

Friday Field Events

5:45 PM	Women Weight Throw 20 lb	Finals
5:45 PM	Women Long Jump	Finals
5:45 PM	Men Long Jump	Finals
5:45 PM	Men Pole Vault Inv	Finals
7:45 PM	Men Weight Throw 35 lb	Finals

Friday Track Events

4:45 PM	Mixed 1 Mile Run NVRC	Finals
5:45 PM	Women Distance Medley	Finals
6:00 PM	Men 5000 Meter Run	Finals
6:20 PM	Women 60 Meter Hurdles	Prelims
6:40 PM	Men 60 Meter Hurdles	Prelims
7:00 PM	Women 60 Meter Dash	Prelims
7:15 PM	Men 60 Meter Dash	Prelims
7:35 PM	Women 5000 Meter Run Inv	Finals
7:55 PM	Women 60 Meter Hurdles	Semis
8:05 PM	Men 60 Meter Hurdles	Semis
8:15 PM	Women 60 Meter Dash	Semis
8:25 PM	Men 60 Meter Dash	Semis
8:35 PM	Men 5000 Meter Run Inv	Finals
8:55 PM	Men 4x200 Meter Relay	Finals
9:00 PM	Women Distance Medley Inv	Finals
9:15 PM	Men Distance Medley Inv	Finals
9:30 PM	Women 60 Meter Hurdles	Finals
9:35 PM	Men 60 Meter Hurdles	Finals
9:40 PM	Women 60 Meter Dash	Finals
9:45 PM	Men 60 Meter Dash	Finals

SATURDAY || FINAL TIME SCHEDULE

Saturday Track Events

10:30 AM	Women 400 Meter Dash	Finals
10:55 AM	Men 400 Meter Dash	Finals
11:15 AM	Women 500 Meter Dash	Finals
11:35 AM	Men 500 Meter Dash	Finals
11:50 AM	Women 800 Meter Run	Finals
12:00 PM	Men 800 Meter Run	Finals
12:15 PM	Women 1000 Meter Run	Finals
12:20 PM	Men 1000 Meter Run	Finals
12:25 PM	Women 1 Mile Run	Finals
12:40 PM	Men 1 Mile Run	Finals
12:55 PM	Women 200 Meter Dash	Finals
1:05 PM	Men 200 Meter Dash	Finals
1:20 PM	Men 600 Meter Run	Finals
1:25 PM	Women 3000 Meter Run	Finals
1:40 PM	Men 3000 Meter Run	Finals

Saturday Field Events

12:00 PM	Women High Jump	Finals
12:00 PM	Men High Jump	Finals
12:00 PM	Women Shot Put	Finals
3:00 PM	Women Pole Vault Inv	Finals
3:00 PM	Women Pole Vault	Finals
3:00 PM	Women Triple Jump	Finals
3:00 PM	Men Triple Jump	Finals
3:00 PM	Men Shot Put	Finals

Saturday "Invitational" Track Events

3:00 PM	Women 400 Meter Dash Inv	Finals
3:10 PM	Men 400 Meter Dash Inv	Finals
3:25 PM	Women 500 Meter Dash Inv	Finals
3:30 PM	Men 500 Meter Dash Inv	Finals
3:35 PM	Women 800 Meter Run Inv	Finals
3:40 PM	Men 800 Meter Run Inv	Finals
3:50 PM	Women 1000 Meter Run Inv	Finals
3:55 PM	Men 1000 Meter Run Inv	Finals
4:00 PM	Women 1 Mile Run Inv	Finals
4:10 PM	Men 1 Mile Run Inv	Finals
4:20 PM	Women 200 Meter Dash Inv	Finals
4:30 PM	Men 200 Meter Dash Inv	Finals
4:40 PM	Women 600 Meter Run Inv	Finals
4:45 PM	Men 600 Meter Run Inv	Finals
4:50 PM	Women 3000 Meter Run Inv	Finals
5:05 PM	Men 3000 Meter Run Inv	Finals
5:20 PM	Women 4x800 Meter Relay Inv	Finals
5:35 PM	Men 4x800 Meter Relay Inv	Finals
5:50 PM	Women 4x400 Meter Relay	Finals
6:05 PM	Men 4x400 Meter Relay	Finals
6:20 PM	Women 4x400 Meter Relay JoePa Inv	Finals
6:25 PM	Men 4x400 Meter Relay JoePA Inv	Finals

ATTENTION LITTLE LIONS!

Join Us for the Little Lion Lap on Saturday!



WATCH THE SCOREBOARD
FOR REPORT TIMES AND MORE INFO
AT 2:15 PM ON SATURDAY!



**FUNDRAISER FOR
BREAST CANCER
RESEARCH**

**DONATE BETWEEN
2:00-4:00 PM**

COME SEE US AGAIN ON FEBRUARY 2 ..

Sykes & Sabock Challenge Cup



February 2, 2013

See the Nittany Lions for the last time in 2013!

Track & Field Senior Day



USA
TRACK & FIELD

Officials' Recognition Day!



Military Appreciation Day!



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PROJECT



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