



TRACK & FIELD

NITTANY LION CHALLENGE || FINAL TIME SCHEDULE JANUARY 14, 2023

FIELD EVENTS

11:00 AM	Women Shot Put	Finals
12:15 PM (Estimated)	Men Shot Put (to follow W SP)	Finals
1:30 PM (Estimated)	Women Weight Throw 20 lb (to follow M SP)	Finals
3:00 PM (Estimated)	Men Weight Throw 35 lb (to follow W WT)	Finals
Noon	Men Pole Vault (Front Runway)	Finals
To Follow M PV	Women Pole Vault (Front Runway)	Finals
11:00 AM	Women Long Jump (Front Runway)	Finals
11:00 AM	Men Long Jump (Back Runway)	Finals
2:30 PM (Estimated)	Women Triple Jump (Front Runway)	Finals
2:30 PM (Estimated)	Men Triple Jump (Back Runway)	Finals
2:45 PM (Estimated)	Women High Jump	Finals
2:45 PM (Estimated)	Men High Jump	Finals

TRACK EVENTS

11:00 AM	Mixed 1 Mile Run NVRC	Finals
Noon	Women 1 Mile Run	Finals
12:20 PM	Men 1 Mile Run	Finals
12:40 PM	Women 60 Meter Hurdles	Prelims
12:45 PM	Men 60 Meter Hurdles	Prelims
12:55 PM	Women 60 Meter Dash	Prelims
1:05 PM	Men 60 Meter Dash	Prelims
1:20 PM	Women 600 Meter Run	Finals
1:35 PM	Men 600 Meter Run	Finals
1:50 PM	Women 60 Meter Hurdles	Finals
1:55 PM	Men 60 Meter Hurdles	Finals
2:00 PM	Women 60 Meter Dash	Finals
2:05 PM	Men 60 Meter Dash	Finals
2:15 PM	Women 400 Meter Dash	Finals
2:30 PM	Men 400 Meter Dash	Finals
2:50 PM	Women 1000 Meter Run	Finals
3:00 PM	Men 1000 Meter Run	Finals
3:15 PM	Women 800 Meter Run	Finals
3:20 PM	Men 800 Meter Run	Finals
3:30 PM	Women 200 Meter Dash	Finals
3:55 PM	Men 200 Meter Dash	Finals
4:15 PM	Women 3000 Meter Run	Finals
4:40 PM	Men 3000 Meter Run	Finals
5:00 PM	Women 4x400 Meter Relay	Finals
5:20 PM	Men 4x400 Meter Relay	Finals