



TRACK & FIELD

Track & Field Contact: Jeff Smith | (940) 328-2198 | jzs23@psu.edu | @NextBestSecret

2018 PENN STATE SCHEDULE

Date	Meet	TV	Time
INDOOR SEASON			
J13	NITTANY LION CHALLENGE	FloTrack/BTN2Go	All-Day
J19	Clemson Invtl.		All-Day
J20	Clemson Invtl.		All-Day
J26	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
J27	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
F2	SYKES-SABOCK CHALLENGE		All-Day
F3	SYKES-SABOCK CHALLENGE		All-Day
F9	Husky Classic	FloTrack	All-Day
F9	Spire Invitational		All-Day
F10	Husky Classic	FloTrack	All-Day
F10	Spire Invitational		All-Day
F10	Iowa State Classic	FloTrack	All-Day
F17	PENN STATE TUNE-UP		All-Day
F23	¹ Big Ten Indoor Championships	FloTrack/BTN2Go	All-Day
F24	¹ Big Ten Indoor Championships	FloTrack/BTN2Go	All-Day
M9	² NCAA Championships	ESPN	All-Day
M10	² NCAA Championships	ESPN	All-Day
OUTDOOR SEASON			
M23	PAC-12/Big Ten Challenge		All-Day
M24	PAC-12/Big Ten Challenge		All-Day
M30	Florida Relays	SECN+	All-Day
M30	Stanford Invite		All-Day
M31	Florida Relays	SECN+	All-Day
M31	Stanford Invite		All-Day
A7	Battle on the Bayou		All-Day
A14	Bucknell Classic		All-Day
A15	Bucknell Classic		All-Day
A20	Virginia Challenge		All-Day
A21	Bucknell Team Challenge		All-Day
A21	Virginia Challenge		All-Day
A26	Penn Relays	NBCSN	All-Day
A27	Penn Relays	NBCSN	All-Day
A28	Penn Relays	NBCSN	All-Day
M4	JIM THORPE INVITE		All-Day
M11	³ BIG TEN CHAMPIONSHIPS	BTN	All-Day
M12	³ BIG TEN CHAMPIONSHIPS	BTN	All-Day
M13	³ BIG TEN CHAMPIONSHIPS	BTN	All-Day
M24	⁴ NCAA First-Round		All-Day
M25	⁴ NCAA First-Round		All-Day
M26	⁴ NCAA First-Round		All-Day
J6	⁵ NCAA Outdoor Championships		All-Day
J7	⁵ NCAA Outdoor Championships		All-Day
J8	⁵ NCAA Outdoor Championships	ESPN	All-Day
J9	⁵ NCAA Outdoor Championships	ESPN	All-Day
J21-24	⁶ USATF Championships		All-Day

- 1 - Big Ten Indoor Championships (Geneva, Ohio)
- 2 - NCAA Indoor Championships (College Station, Texas)
- 3 - Big Ten Outdoor Championships (Bloomington, Ind.)
- 4 - NCAA First-Rounds (Tampa, Fla.)
- 5 - NCAA Outdoor Championships (Eugene, Ore.)
- 6 - USATF Outdoor Championships (TBA)



INDOOR TRACK AND FIELD CHAMPIONSHIPS

2018 BIG TEN INDOOR TRACK & FIELD CHAMPIONSHIPS



Geneva, Ohio
Spire Institute



Day 1
Friday



Day 2
Saturday



2018 PENN STATE TRACK & FIELD

MEET DAY



BIG INDOOR CHAMPIONSHIPS

NEWS & NOTES

- » Penn State Big Ten Championships roster represents 10 states in the USA as well as Australia the Bahamas and the Canadian province of Ontario.
- » The Nittany Lions enter this years meet with four individual defending champions as well as the men's 4x400-meter relay and the women's DMR
- » The Penn State women won the Big Ten Indoor Championships last season, earning their fourth indoor title in program history

FOLLOW ALONG



Television: FloTrack/BTN2Go



Online: Links for Live Results and Live Video can be found at GoPSUsports.com

BIG NOTES

- » Isaiah Harris enters the meet as the reigning Big Ten Indoor/Outdoor 800-meter champion.
- » Penn State enters the meet as the highest ranked team on the men's side at No. 14 in the USTFCCA rankings
- » Penn State has won the men's DMR five out of the last six years (12-16)
- » This is the sixth-year that the Big Ten Championships will be held at the Spire Institute

PROGRAM FACTS

THE UNIVERSITY

Location: University Park, Pa.
 Founded: 1855
 Enrollment: 46,610
 Colors: Blue & White
 Nickname: Nittany Lions
 Conference: Big Ten
 President: Eric Barron
 Director of Athletics: Sandy Barbour
 Senior Woman Administrator: Charmelle Green
 Senior Associate AD: Lynn Holleran
 Facility (cap.): Ashenfelter III Indoor Track (800)

PENN STATE TRACK & FIELD

Head Coach: John Gondak
 Alma Mater: Syracuse '95
 Twitter: @CoachGondak
 Associate Head Coach: Erin Tucker
 Yrs at Penn State: Third
 Alma Mater: Florida '98
 Twitter: @etuck495
 Assistant Coach: Fritz Spence
 Yrs at Penn State: 12th-Year
 Alma Mater: Missouri State '97
 Twitter: @fgs110
 Assistant Coach: Kevin Kelly
 Yrs at Penn State: Fifth
 Alma Mater: Kutztown '99
 Twitter: @CoachKellyPSU
 Assistant Coach: Angela Reckart
 Yrs at Penn State: Third
 Alma Mater: The College of New Jersey '08
 Twitter: @angreckart
 Assistant Coach: Lucias MacKay
 Yrs at Penn State: Second
 Alma Mater: Georgia '05
 Twitter: @CoachLucias

STRATEGIC COMMUNICATIONS

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Website: www.GoPSUsports.com
 Twitter/Instagram: @pennstatefxc
 Facebook: facebook.com/PennStateTFXC



2018 BIG TEN TRACK & FIELD ROSTERS

MEN'S ROSTER

Name	Eligibility	Event	Hometown/High School (Previous School)
Colin Abert	Jr.	Distance	Easton, Pa./Easton
James Abrahams	Fr.	Distance	Havertown, Pa./Haverford Township
Devin Bradham	Jr.	Jumps	Williamstown, N.J./Williamstown
Austin Campbell	So.	Jumps	Denver, Colorado/Regis Jesuit High School
Dan Chisena	Jr.	Sprints	Downington, Pa./Downingtown-East
Tristan Daman	So.	Sprints	State College, Pa./State College Area
Luke Grodeska	Fr.	Throws	Neptune, N.J./St. Rose
Isaiah Harris	Jr.	Mid-Distance	Lewiston, Maine/Lewiston
Spence Hay	So.	Jumps	Palmerton, Pa./Palmerton Area
Will Henderson	Fr.	Sprints/Hurdles	Baltimore, Md./Baltimore Polytechnic Inst.
Chisom Ifedi	Jr.	Jumps	Columbus, Ohio/Centennial
Terrance Laird	Fr.	Sprints	Coatesville, Pa./Coatesville
Joey Logue	Jr.	Distance	Blooming Glen, Pa./Pennridge
David Lucas	Jr.	Throws	Lititz, Pa./Warwick
Jordan Makins	Sr.	Mid-Distance	Perth, Australia/Aquinas College
Billy McDevitt	Jr.	Mid-Distance	Newtown Square, Pa./Malvern Prep
John McGowan	Jr.	Distance	Northport, N.Y./Northport/Roger Williams
Timothy McGowan	Jr.	Distance	Northport, N.Y./Northport/Roger Williams
Kier Miner	So.	Sprints	Mechanicsburg, Pa./Mechanicsburg/Shippensburg
Malik Moffett	Sr.	Sprints/Jumps	Erie, Pa./PSU - Behrend
Domenic Perretta	So.	Mid-Distance	Beaver Falls, Pa./Big Beaver Falls
Ben Peterson	Fr.	Throws	Solon, Ohio/Solon
Anton Porter	Jr.	Sprints	Bronx, N.Y./Mount St. Michael
Sam Reiser	Jr.	Sprints/Relays	Melbourne, Australia/Geelong Grammar School
Gary Ross III	Fr.	Distance	Fort Washington, Md./Oxon Hill
Morgan Shigo	Jr.	Throws	Blandon, Pa./Fleetwood Area
Xavier Smith	Jr.	Sprints/Relays	Douglassville, Pa./Daniel Boone
Bryce Williams	Jr.	Jumps	State College, Pa./State College Area
Darien Williams	Fr.	Sprints	Blue Bell, Pa./Wissahickon
Owen Wing	Fr.	Distance	State College, Pa./State College Area
Jon Yohman	Jr.	Throws	New Wilmington, Pa./Wilmington

WOMEN'S ROSTER

Name	Eligibility	Event	Hometown/High School (Previous School)
Keianna Albury	Jr.	Sprints	Eleuthera, Bahamas/St. Augustine's College
Tessa Barrett	Jr.	Distance	Waverly, Pa./Abington Heights
Lisa Bennatan	Sr.	Distance	Lake Forest, Ill./Lake Forest
Frances Bull	Jr.	Sprints/Mid-Distance	Mentor, Ohio/Lake Catholic
Lauren Costa	Jr.	Sprints	North Fayette Township, Pa./West Allegheny
Quenee Dale	Sr.	Sprints/Hurdles	Ypsilanti, Mich./Saline
Deja Davis	Sr.	Sprints/Relays	Shelby Charter Township, Mich./Utica
Rachael DeCecco	Sr.	Sprints/Hurdles	Mechanicsburg, Pa./Cumberland Valley
Olivia Giambra	Jr.	Jumps	Pittston, Pa./Pittston Area
Greer Gumbrecht	So.	Pole Vault	Easton, Pa./West Virginia
Jillian Hunsberger	Jr.	Distance	Pittsburgh, Pa./Mount Lebanon
Katie Jones	Fr.	Pole Vault	Williamsport, Pa./South Williamsport
Audra Koopman	Fr.	Jumps	Fort Collins, Colo./Fort Collins
Kiara Lester	So.	Sprints	Wenonah, N.J./Deptford Township
Greta Lindsley	Sr.	Distance	Lancaster, Pa./Penn Manor
Obeng Marfo	Sr.	Throws	Toronto, Ontario, Canada/Father Henry Carr
Megan McCloskey	Sr.	Jumps	Lower Gwynedd, Pa./Germantown Academy
Hannah Mulhern	Sr.	Pole Vault	Altoona, Pa./Altoona Area
Kathryn Munks	So.	Distance	Chester, N.Y./Monroe - Woodbury
Danae Rivers	So.	Mid-Distance	Derby, CT/Wilbur Cross
Marissa Sheva	So.	Distance	Sellersville, Pa./Pennridge
Elyse Skerpon	Sr.	Sprints/Hurdles	Sayre, Pa./Sayre Area
Victoria Tachinski	Fr.	Mid-Distance	Winnipeg, Manitoba/Vincent Massey
Kelsey Vieira	So.	Jumps	Hillsborough, N.J./Hillsborough
Brooke-Lynn Williams	Fr.	Sprints	Norton, Mass./Norton
Alison Willingmyre	Fr.	Distance	Wernersville, Pa./Wilson
Alyssa Yeboah-Kodie	Fr.	Jumps	Hicksville, N.Y./St. Anthony's

PRONUNCIATION GUIDE

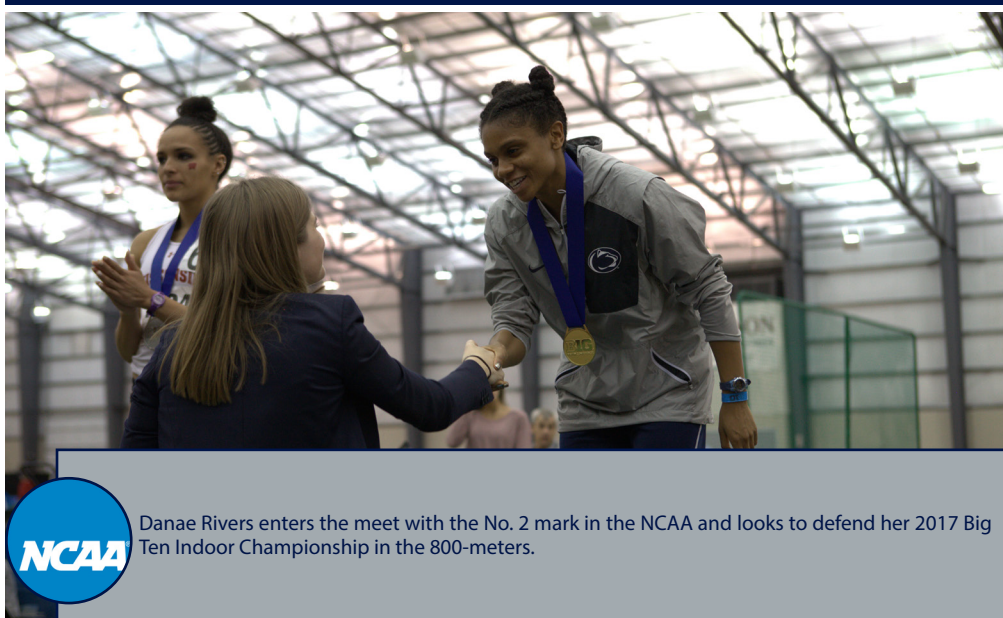
Lisa Bennatan	been-a tOn	Kier Miner	Keer
Devin Bradham	BRAD-um	Danae Rivers	Da-Nay
Dan Chisena	CHA-sin-a	Morgan Shigo	Shy-go
Quenee Dale	Quinn-aye	Victoria Tachinski	Tuh-SHIN-ski
Rachel DeCecco	Da-check-o	Alyssa Yeboah-Kodie	Yee-bow-A Cody
Chisom (Chase) Ifedi	E-fed-i	Jon Yohman	YO-man
Obeng Marfo	O-bing Mar-FOE		

ATHLETES IN THE TOP-30 OF NCAA RANKINGS

	DANAЕ RIVERS SO. MID-DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>800-meters</td> <td>2:03.13</td> <td>3</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	800-meters	2:03.13	3	1	NOTES » Opened the 2018 indoor season with a second-place finish in the 800-meter running an NCAA No. 2 time of 2:03.13 - a new school record » Posted a season best of 4:37.71 in the mile at the Husky Classic in Seattle, Washington - holds a PR/school record of 4:32.55 set last season » Enters the Big Ten Championships as the defending indoor/outdoor 800-meter champion » Two-Time NCAA Indoor All-American - 2017 Bronze medalist in the mile; sixth-place finish in the DMR
Event	Time	NCAA Rank	B1G Rank							
800-meters	2:03.13	3	1							
	DAVID LUCAS SO. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Weight Throw</td> <td>22.68m (74'-5")</td> <td>3</td> <td>2</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Weight Throw	22.68m (74'-5")	3	2	NOTES » Set the school record in the weight throw with his personal best of 22.68m (74'-5") at the Sykes & Sabock Challenge Cup » Has recorded four first-place finishes in 2018 » USATF Outdoor Championships Qualifier in the discus throw finishing 10th last year in Sacramento, Calif.
Event	Mark	NCAA Rank	B1G Rank							
Weight Throw	22.68m (74'-5")	3	2							
	ISAIAH HARRIS JR. MID-DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>800-meters</td> <td>1:47.38</td> <td>4</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	800-meters	1:47.38	4	1	NOTES » Undefeated at the 800-meters at the Big Ten Indoor/Outdoor Championships » Holds school records in the 600-meters (1:14.96), 800-meters (1:46.24), 800-meters (1:44.53) and as a member of the 4x400-meters (3:04.80) » Competed at the IAAF Outdoor World Championships in the 800-meters advancing to the semifinals » Three-time NCAA All-American - 2016 Outdoor 800-meters, 2017 Indoor/Outdoor 800-meters
Event	Time	NCAA Rank	B1G Rank							
800-meters	1:47.38	4	1							
	BRYCE WILLIAMS JR. JUMPS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Triple Jump</td> <td>16.24m (53'-3.50")</td> <td>6</td> <td>1</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Triple Jump	16.24m (53'-3.50")	6	1	NOTES » Set the school record in the Triple-Jump (j) with his PR of 16.24m (53'-3.50") » Has posted four first-place finishes in his signature event » 2017 Mid-Atlantic Region Men's Field Athlete of the Year
Event	Mark	NCAA Rank	B1G Rank							
Triple Jump	16.24m (53'-3.50")	6	1							
	MADDIE HOLMBERG SO. MULTI <table border="1"> <thead> <tr> <th>Event</th> <th>Points</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Pentathlon</td> <td>4,133</td> <td>9</td> <td>2</td> </tr> </tbody> </table>	Event	Points	NCAA Rank	B1G Rank	Pentathlon	4,133	9	2	NOTES » Holds the No. 3 mark in program history in the Pentathlon with her total of 4,133-points set at the Penn State National » Qualified for the 2017 NCAA Outdoor Championships in the Heptathlon (5,636-points) » Holds the program records for the Pentathlon/Heptathlon shot put with marks of 14.02m (45' 11.75") and 12.96m (42'-6.25"), respectively
Event	Points	NCAA Rank	B1G Rank							
Pentathlon	4,133	9	2							
	TERRANCE LAIRD FR. SPRINTS <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>200-meters</td> <td>20.79</td> <td>11</td> <td>1</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	200-meters	20.79	11	1	NOTES » Recorded a personal best of 20.79 in the 200-meters at the Penn State National in University Park, Pa. » Ranks No. 2 in program history in the 200-meters trailing only Malik Moffett (20.76) » Currently the third-fastest freshman in the NCAA. Only Texas Tech's Divine Oduduru (20.25) & Kentucky's Dwight St. Hillaire (20.73) have run faster » Undefeated in the 200-meters thus far in 2018
Event	Time	NCAA Rank	B1G Rank							
200-meters	20.79	11	1							
	MORGAN SHIGO JR. THROWS <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Weight Throw</td> <td>21.88m (71'-9.5")</td> <td>12</td> <td>5</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Weight Throw	21.88m (71'-9.5")	12	5	NOTES » Posted a personal best of 21.88m (71'-9.50") in a second-place finish at the Sykes & Sabock Challenge Cup » Has produced five top-three finishes this season in the Shot Put and Weight Throw » Owns the No. 2 mark in program history in the Weight Throw, trailing only current teammate David Lucas
Event	Mark	NCAA Rank	B1G Rank							
Weight Throw	21.88m (71'-9.5")	12	5							
	DAN CHISENA JR. SPRINTS <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>400-meters</td> <td>46.27</td> <td>18</td> <td>2</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	400-meters	46.27	18	2	NOTES » Holds a personal best of 46.16 in the 400-meters set at the Outdoor Big Ten Championships in University Park, Pa. » No. 2 in program history in the 400-meters (j) at 46.27 - only five one-hundredths off the school record pace of 46.22 set by Brady Gehret in 2011 » Ran the opening leg of the Big Ten record setting 4x400-meter relay last season at the Big Ten Indoor Championships (3:04.80)
Event	Time	NCAA Rank	B1G Rank							
400-meters	46.27	18	2							
	MALIK MOFFETT SR. SPRINTS <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>200-meters</td> <td>20.96</td> <td>24</td> <td>3</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	200-meters	20.96	24	3	NOTES » Holds the school record in the 200-meters (j) with his time of 20.76 last season at the Big Ten Championships » Holds a personal best of 19.87 ^o set at the Big Ten Outdoor Championships - the eighth-fastest wind-aided time in NCAA history » Also holds a personal best of 8.00m (26'-3") in the long jump » Has recorded two first-place finishes despite only competing in three event during the 2018 season
Event	Time	NCAA Rank	B1G Rank							
200-meters	20.96	24	3							
	TIM MCGOWAN JR. DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Time</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>5,000-meters</td> <td>13:55.00</td> <td>25</td> <td>4</td> </tr> </tbody> </table>	Event	Time	NCAA Rank	B1G Rank	5,000-meters	13:55.00	25	4	NOTES » Holds the No. 2 time in program history in the 5,000-meters (13:55.00) » Was a Bronze medalist in the 5,000-meters last year at the Big Ten Indoor Championships
Event	Time	NCAA Rank	B1G Rank							
5,000-meters	13:55.00	25	4							
	HANNAH MULHERN SR. POLE VAULT <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Pole Vault</td> <td>4.16m (13'-7.75")</td> <td>27</td> <td>4</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Pole Vault	4.16m (13'-7.75")	27	4	NOTES » Holds the school record outdoor (4.10m/13'-5.25") and is the No. 2 vaulter indoors with a best of 4.16m (13'-7.75") » Qualified for the NCAA Outdoor Championships in the Pole Vault last season » Has recorded three first-place finishes in the event this season
Event	Mark	NCAA Rank	B1G Rank							
Pole Vault	4.16m (13'-7.75")	27	4							
	COLIN ABERT JR. DISTANCE <table border="1"> <thead> <tr> <th>Event</th> <th>Mark</th> <th>NCAA Rank</th> <th>B1G Rank</th> </tr> </thead> <tbody> <tr> <td>Mile</td> <td>3:59.51</td> <td>28</td> <td>3</td> </tr> </tbody> </table>	Event	Mark	NCAA Rank	B1G Rank	Mile	3:59.51	28	3	NOTES » Ranks No. 4 in program history in the Mile with his time of 3:59.51 set at the Sykes & Sabock Challenge Cup » Is one of four Nittany Lions to ever run sub-four in the Mile joining Robby Creese, Brannon Kidder, and Ryan Foster
Event	Mark	NCAA Rank	B1G Rank							
Mile	3:59.51	28	3							

MEN'S BIG TEN INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097
1994	Kelley, Brian	Pentathlon	3967
1997	Loner, Joe	800-Meters	1:50.87
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)
2007	Fritz, Ryan	High Jump	7-3 (2.21)
2008	Miller, Mark	800-Meters	1:52.65
2008	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2009	Foster, Ryan	800-Meters	1:50.24
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2010	Foster, Ryan	800-Meters	1:50.43
2011	Foster, Ryan	800-Meters	1:49.98
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)
2012	Endress, Wade	DMR	9:44.40
2012	Nadolsky, Aaron	DMR	9:44.40
2012	Loxsom, Casimir	DMR	9:44.40
2012	Creese, Robby	DMR	9:44.40
2013	Loxsom, Casimir	600-Meters	1:15.72
2013	Kidder, Brannon	800-Meters	1:49.73
2013	Creese, Robby	Mile	4:01.51
2013	Kidder, Brannon	DMR	9:39.87
2013	Gilmore, Matt	DMR	9:39.87
2013	Brennan, Ryan	DMR	9:39.87
2013	Creese, Robby	DMR	9:39.87
2014	Kidder, Brannon	800-Meters	1:49.52
2014	Watkins, Za'Von	DMR	9:45.48
2014	Bennett-Green, Brandon	DMR	9:45.48
2014	Brennan, Ryan	DMR	9:45.48
2014	Kidder, Brannon	DMR	9:45.48
2015	Creese, Robby	3,000-Meters	8:10.75
2015	Hill, Darrell	Shot Put	66-6 (20.26)
2015	Makins, Jordan	DMR	9:40.62
2015	Shisler, Alex	DMR	9:40.62
2015	Watkins, Za'Von	DMR	9:40.62
2015	Creese, Robby	DMR	9:40.62
2015	Creese, Robby	Mile	4:11.41
2016	Harris, Isaiah	800-Meters	1:46.24
2016	Kidder, Brannon	Mile	4:07.89
2016	Shisler, Alex	DMR	9:43.25
2016	Kidder, Brannon	DMR	9:43.25
2016	Harris, Isaiah	DMR	9:43.25
2016	Makins, Jordan	DMR	9:43.25
2017	Smith, Xavier	60-meters	6.66
2017	Harris, Isaiah	800-meters	1:47.23
2017	Chisena, Dan	4x400-meter relay	3:04.80
2017	Smith, Xavier	4x400-meter relay	3:04.80
2017	Reiser, Samuel	4x400-meter relay	3:04.80
2017	Harris, Isaiah	4x400-meter relay	3:04.80



Danae Rivers enters the meet with the No. 2 mark in the NCAA and looks to defend her 2017 Big Ten Indoor Championship in the 800-meters.

LAST YEAR'S BIG TEN CHAMPIONSHIPS

BIG BIG TEN CHAMPIONSHIPS

- » **Isaiah Harris** earned his third-straight Big Ten 800-meter Championship winning the event with his time of 1:47.23.
- » **Tessa Barrett** scored 12 points for Penn State in the 3K and 5K with her 2nd and 3rd-place finishes.
- » This was the highest combined finish at the Big Ten Indoor Championships resulting in Head Coach **John Gondak** Associate Head Coach **Erin Tucker** and Assistant Coach **Angela Reckart** earning USTFCCA accolades for their historic season.
- » Penn State had nine First-Team All-Big Ten honorees in **Isaiah Harris, Rachel Banks, Dannielle Gibson, Julie Kocjancic, Tichina Rhodes, Danae Rivers, Xavier Smith, Dan Chisena,** and **Samuel Reiser** as well as having four Second-Team All-Big Ten honorees in **Tessa Barrett, Megan McCloskey, Alyssa Robinson** and **Bryce Williams**.
- » The Penn State men's 4x400-meter relay won a Big Ten Championship running a Big Ten record 3:04.80 - the No. 4 time in the NCAA at the time.
- » A Penn State athlete has won the men's 800-meters for the eight-time out of the last 10 years which is why Penn State is known as **800-U** by many around the country.

POINT SCORERS AT THE 2017 BIG TEN INDOOR CHAMPIONSHIPS

Name	Place	Event	Mark
Xavier Smith	1st	60-meters	6.66
Danae Rivers	1st	800-meters	2:06.10
Isaiah Harris	1st	800-meters	1:47.23
Kocjancic, Rhodes Banks, Rivers	1st	Womens DMR	11:10.53
Chisena, Smith Reiser, Harris	1st	4x400-meters	3:04.80
Dannielle Gibson	1st	Triple Jump	13.25
Megan McCloskey	2nd	High Jump	1.79m
Bryce Williams	2nd	Triple Jump	15.72m
Tessa Barrett	2nd	5,000-meters	15:28.99
Alyssa Robinson	2nd	Shot Put	16.23m
Keianna Albury	3rd	60-meters	7.43
Domenic Perretta	3rd	800-meters	1:48.49
Malik Moffett	3rd	200-meters	20.76
Timothy McGowan	3rd	5,000-meters	14:06.25
Keianna Albury	4th	200-meters	23.69
Xavier Smith	4th	200-meters	21.07
Tessa Barrett	4th	3,000-meters	9:09.19
Makins, Shisler Perretta, Harris	4th	Mens DMR	9:42.12
Jillian Hunsberger	4th	5,000-meters	16:01.90
Bull, Rhodes Lester, Rivers	5th	4x400-meters	3:38.36
David Lucas	5th	Weight Throw	20.08m
Quenee Dale	5th	60-meter hurdles	8.21
Hannah Mulhern	5th	Pole Vault	4.05m
Rob Cardina	6th	Heptathlon	5,419-points
Julie Kocjancic	6th	Mile	4:48.53
Rachel Banks	6th	800-meters	2:09.11
Sam Reiser	7th	600-meters	1:18.45
Malik Moffett	7th	Long Jump	7.38m
Frances Bull	8th	600-meters	1:31.41
Timothy McGowan	8th	3,000-meters	8:18.94
Lexi Masterson	8th	Pole Vault	4.00m
Obeng Marfo	8th	Shot Put	15.58m

Penn State is known for their success in the mid-distance events as well as their winning history in the 4x800-meters at the annual Penn Relays where the Nittany Lions still hold the record of 7:11.17 in the event from 1985.

SEASON << REWIND <<

 **NITTANY LION CHALLENGE**

Multiple Records Fall at Season Opener

- » Bryce Williams etched his name in the record books for his performance in the triple jump. Williams used his second jump of the meet to establish a new program record jumping out to a mark of 16.24m (53'-3.50"). The mark surpassed the program record of 16.17m (53'-0.75") set by Chavous Nichols set back in 2003.
- » David Lucas set a new program record in the weight throw. Lucas entered the meet No. 5 all-time in the event but moved his name all the way to the top launching a throw of 21.52m (70'-7.25") to cement himself as one of the best to come through Penn State in the event.

 **CLEMSON INVITATIONAL**

Rivers Runs to an NCAA No. 2 Mark

- » Danae Rivers stole the show laying down a school record performance - breaking her own mark set last year 2:04.04 - running 2:03.13 that was the NCAA leader at the time. Rivers was bested by only Adidas' Natoya Goule who finished in 1:59.86 but eclipsed the field by a full eight seconds over the next closest competitor.
- » In the 4x400-meter relay, Penn State's men's squad of Dan Chisena, Kier Miner, Xavier Smith, and Isaiah Harris crossed the line in a season-best time of 3:08.17 finishing third.

 **PENN STATE NATIONAL OPEN**

Lucas Does It Again

- » The men's Distance Medley Relay of Isaiah Harris, Dan Chisena, Domenic Perretta and Colin Abert combined to run a season-best time of 9:36.48, almost a full 18-seconds ahead of second-place La Salle (9:54.03). The Nittany Lion Relay was ranked No. 3 in the NCAA behind Oregon and BYU at the time.
- » In the field, David Lucas once again broke the school record in the weight throw, this time besting his own mark set earlier this season at the Nittany Lion Challenge. Lucas won the meet with a school record throw of 21.81m (71'-6.75") on his final throw of the competition - ranked No. 7 in the NCAA at the time.
- » The men's 200-meter invitational was named in honor of Nittany Lion great and Olympic Champion Barney Ewell who would've celebrated his 100th birthday this year. The event champion was Penn State's Terrance Laird who finished the one-lap race three one-hundredths of a second off the school record that was set last year by Malik Moffett at 20.76. Laird sprinted to a time of 20.79 - the No. 6 mark in the NCAA at the time - from lane six taking the title while besting teammates Malik Moffett (20.96) - No. 9 in the NCAA at the time - and Xavier Smith (21.31) who finished second and fifth, respectively.

 **SYKES - SABOCK CHALLENGE CUP**

No. 8 Penn State Captures Sykes & Sabock Cup

- » David Lucas broke his own school record twice on the night, finishing with a best of 22.68m (74'-5"). Lucas' mark was No. 2 mark in the NCAA trailing only North Carolina State's Josh Davis who owns the NCAA-leading mark of 23.24m (76'-3") at the time.
- » Lucas wasn't the only Nittany Lion over 21-meters as Morgan Shigo launched a throw of 21.88m (71'-9.50") that would've been a school record mark heading into the meet. The Nittany Lions finished 1-2-4-5 scoring 27-points in the event.
- » No. 8 Penn State men's track team captured the Sykes & Sabock Challenge Cup by over 142 points as the Nittany Lions racked up 254 total points over the two-day competition. The No. 24 women's team finished second in the team competition trailing Cornell by only 18.5 points.
- » Colin Abert added his name to the list of Penn State sub-four-minute milers as the junior from Easton, Pa. crossed the line in 3:59.51 Saturday afternoon. Abert's time is a personal best as well as currently ranked No.3 in the Big Ten and No. 9 in the NCAA.

 **IOWA STATE CLASSIC**

There's No Place Like Ames, Iowa

- » In Ames, Iowa, Timothy McGowan posted the second-fastest non-converted time in program history running 13:55.00 in the 5,000-meters finishing fourth.
- » All-American Isaiah Harris was the lone Nittany Lion in action on the final day of the Iowa State Classic. Harris took to the track for the 800-meters finishing first in heat nine and second overall in the competition running a season-best 1:47.38.

 **SPIRE INVITATIONAL**

Big Ten Championship Preview

- » Hannah Mulhern led the women's pole vault group that finished 1-3-4. Mulhern led with a clearance of 4.12m (13'-6.25").
- » Kier Miner claimed the top finish for Penn State in the 400-meters running 47.65

 **HUSKY CLASSIC**

Heading West for Distance Success

- » Danae Rivers turned in a fifth-place finish in the Mile running 4:37.71 in her first attempt at the distance in 2018.

 **PENN STATE TUNE-UP**

One Last Chance

- » Tessa Barrett won the women's 5,000-meters running 16:28.11 - a season-best time. Tim McGowan won the men's 3,000-meters running 8:10.32, while Lisa Bennatan took the women's title in 9:36.83.

BIG TEN WOMEN'S INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Brauksieck, Tracey	DMR	11:38.33
2003	Green, Cheryl	DMR	11:38.33
2003	Scottoline, Lindsay	DMR	11:38.33
2003	Stevens, Jenny	DMR	11:38.33
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44)
2003	Williams, Deshaya	Weight Throw	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)
2005	Leatherman, Jennifer	Weight Throw	69-11.50 (21.32)
2006	Blake, Dominique	4x400-Meter Relay	3:41.98
2006	Cox, Shana	4x400-Meter Relay	3:41.98
2006	Barber, Aleesha	4x400-Meter Relay	3:41.98
2006	Simmons, Briene	4x400-Meter Relay	3:41.98
2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2006	Leatherman, Jennifer	Weight Throw	74-10.50 (22.82)
2007	Barber, Aleesha	4x400-Meter Relay	3:37.70
2007	Blake, Dominique	4x400-Meter Relay	3:37.70
2007	Cox, Shana	4x400-Meter Relay	3:37.70
2007	Simmons, Briene	4x400-Meter Relay	3:37.70
2008	Cox, Shana	200-Meters	24.06
2008	Cox, Shana	400-Meters	53.40
2008	Barber, Aleesha	4x400-Meter Relay	3:40.43
2008	Blake, Dominique	4x400-Meter Relay	3:40.43
2008	Cox, Shana	4x400-Meter Relay	3:40.43
2008	Simmons, Briene	4x400-Meter Relay	3:40.43
2009	Greaves, Shavon	60-Meters	7.44
2009	Greaves, Shavon	200-Meters	23.96
2009	Dorr, Fawn	400-Meters	54.10
2009	Barber, Aleesha	4x400-Meter Relay	3:39.43
2009	Dorr, Fawn	4x400-Meter Relay	3:39.43
2009	Greaves, Shavon	4x400-Meter Relay	3:39.43
2009	Hunter, Gayle	4x400-Meter Relay	3:39.43
2010	Greaves, Shavon	60-Meters	7.30
2010	Greaves, Shavon	200-Meters	22.98
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.38
2010	DeFusco, Caitlin	4x400-Meter Relay	3:35.38
2010	Dorr, Fawn	4x400-Meter Relay	3:35.38
2010	Greaves, Shavon	4x400-Meter Relay	3:35.38
2010	Franek, Bridget	Mile	4:37.95
2011	Greaves, Shavon	200-Meters	23.67
2011	Anyanwu, Doris	4x400-Meter Relay	3:37.80
2011	Iheoma, Ijeoma	4x400-Meter Relay	3:37.80
2011	Greaves, Shavon	4x400-Meter Relay	3:37.80
2011	Duncan, Megan	4x400-Meter Relay	3:37.80
2012	Lane, Caitlin	Mile	4:39.90
2012	Millhouse, Kara	5,000-Meters	16:17.45
2014	Jones, Mahogany	200-Meters	23.10
2014	Seymour, Kiah	400-Meters	52.53
2014	Gerlach, Tori	3,000-Meters	9:10.76
2014	McGee, Dynasty	4x400-Meter Relay	3:34.55
2014	Jones, Mahogany	4x400-Meter Relay	3:34.55
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.55
2014	Seymour, Kiah	4x400-Meter Relay	3:34.55
2015	Gerlach, Tori	5,000-Meters	16:04.64
2015	Seymour, Kiah	400-Meters	52.72
2017	Rivers, Danae	800-meters	2:06.10
2017	Gibson, Dannielle	Triple Jump	43-5.75 (13.25)
2017	Kocjancic, Julie	DMR	11:10.53
2017	Rhodes, Tichina	DMR	11:10.53
2017	Banks, Rachel	DMR	11:10.53
2017	Rivers, Danae	DMR	11:10.53

IN THE POLLS

MEN'S USTFCCCA COACHES RANKINGS (2/19/18)

Rank	Team	Conference	Pts.	Prev.
1.	Texas Tech	Big 12	161.88	1
2.	Florida	SEC	118.14	2
3.	Arkansas	SEC	113.82	5
4.	Southern California	MPSF	109.96	4
5.	Georgia	SEC	100.69	3
6.	Florida State	ACC	82.20	7
7.	Texas A&M	SEC	74.21	6
8.	Alabama	SEC	70.35	9
9.	Syracuse	ACC	60.82	12
10.	Houston	American	59.27	16
11.	Kentucky	SEC	58.51	10
12.	TCU	Big 12	58.41	11
13.	Oregon	MPSF	58.30	15
14.	Penn State	Big Ten	57.78	8
15.	Indiana	Big Ten	54.21	14
16.	Stanford	MPSF	53.97	19
17.	Virginia Tech	ACC	52.25	24
18.	Texas	Big 12	50.46	13
19.	Ohio State	Big Ten	45.17	20
20.	Southern Utah	Big Sky	42.23	21
21.	UTEP	C-USA	41.02	23
22.	Michigan	Big Ten	40.87	17
23.	South Carolina	SEC	40.87	22
24.	Kansas	Big 12	38.14	27
25.	Auburn	SEC	38.00	26

Dropped Out of Top 25: No. 18 BYU, No. 25 Colorado State



WOMEN'S USTFCCCA COACHES RANKINGS (2/19/18)

Rank	Team	Conference	Pts.	Prev.
1.	Arkansas	SEC	186.49	1
2.	Southern California	MPSF	158.86	2
3.	Kentucky	SEC	153.13	3
4.	Georgia	SEC	135.37	4
5.	Oregon	MPSF	120.38	5
6.	LSU	SEC	105.69	6
7.	Texas A&M	SEC	88.85	7
8.	Florida	SEC	86.99	8
9.	Stanford	MPSF	80.41	9
10.	Minnesota	Big Ten	61.05	11
11.	New Mexico	MW	59.24	10
12.	Missouri	Big 12	54.54	13
13.	Kansas	Big 12	49.81	23
14.	Tennessee	SEC	46.46	14
15.	Virginia Tech	ACC	46.01	22
16.	Purdue	Big Ten	43.21	15
17.	Alabama	SEC	41.93	16
18.	Colorado	MPSF	41.28	17
19.	Kansas State	Big East	38.76	18
20.	Arizona State	Southern	38.24	19
21.	Iowa State	Big 12	37.10	20
22.	Wisconsin	Big Ten	36.68	21
23.	Michigan	Big Ten	36.20	12
24.	Mississippi State	SEC	35.32	30
25.	Cincinnati	American	34.62	25

Dropped Out of Top 25: No. 24 Ole Miss

NEWS & NOTES - CONTINUED

Harris for Bowerman

- » Gone are the names from last year and in their place are new ones including a mid-distance specialist who has not only run one of the fastest times in collegiate history, but world history as released by The Bowerman Watch List Committee.
- » Isaiah Harris was one of 10 student-athletes featured on the Bowerman Preseason Watch List. This is the second-time that Harris has been featured on the Bowerman watch list.
- » Harris began his season with a strong performance in the Mile running a near PR of 4:07.18.
- » At the Clemson Invitational, Harris clocked 1:16.55 winning the 600-meters and recorded the No. 2 time in the event in the NCAA, behind UTEP's Michael Saruni who owns a world best of 1:14.79 in the event.
- » At the Iowa State Classic, Harris ran a blazing 1:47.38 that is currently No. 4 in the NCAA and leads the Big Ten.
- » Harris is the second Penn State athlete, of either gender, to be named to The Bowerman Watch List following an appearance by Brannon Kidder in 2016 season. Harris is also the only Penn State athlete to be featured on any of the Bowerman Watch Lists multiple times during their career

BY THE NUMBERS - PENN STATE HISTORY

- 1** IAAF World Champion
- 2** Olympic Champions
- 3** Olympic Coaches
- 4** Athletes at the IAAF World Champs in London 2017
- 9** Women's Team Big Ten Championships
- 30** Individual NCAA Champions
- 36** Olympic Athletes
- 246** Big Ten Champions
- 431** NCAA All-American
- 742** All-Big Ten Academic Athletes



Isaiah Harris is no stranger to the Big Ten Indoor Championships where he looks to capture his third-straight Big Ten title in the 800-meters. Harris is currently No. 4 in the NCAA with a season best of 1:47.38.



NCAA Holmberg enters the Big Ten Championships with the No. 2 mark in the conference at 4,133-points set at the Penn State National back on January 26. Holmberg's mark is also ranked No. 10 in the NCAA.



NCAA David Lucas unleashed a bomb of a throw at the 22.68m (74'-5") at the Sykes & Sabock Challenge Cup. Lucas' mark is a school record and currently ranked No. 4 in the NCAA.

BIG TEN ATHLETES OF THE WEEK

B1G AOTW: Colin Abert (1/17)

- » Took first place and set the NCAA leading mark in the mile with a time of 4:02.50 at the Nittany Lion Challenge
- » Broke the old Nittany Lion Challenge mile record of 4:04.26
- » Earned his first Indoor Track Athlete of the Week honor

B1G AOTW: Bryce Williams (1/17)

- » Triple jumped the current No. 1 jump in the nation marking 16.24 meters
- » Took first place and set a new school record in the triple jump at the Nittany Lion Challenge
- » Collected his first Indoor Field Athlete of the Week honor

B1G AOTW: Isaiah Harris (1/24)

- » Took first place in the 600-meters with a time of 1:16.55 at the Clemson Invitational, which ranks as the second-fastest time in the nation and the No. 1 time in the Big Ten
- » Also anchored the 4x400-meter relay for a season-best time of 3:08.17 which is the No. 2 time in the Big Ten and No. 9 in the NCAA
- » Earned his second Indoor Track Athlete of the Week honor and the first of the season

B1G AOTW: Danae Rivers (1/24)

- » Earned first place and clocked the fastest 800-meters time in the nation at 2:03.13 at the Clemson Invite
- » Set a new Penn State school record besting her previous record of 2:04.04 last season
- » Collected her second Indoor Track Athlete of the Week honor and the first of the season

B1G AOTW: David Lucas (1/31)

- » Captured the Penn State National Open title by more than three feet, improving on his school record and posting a mark of 21.81 meters
- » Currently ranks as the No. 8 throw in the NCAA and the No. 3 throw in the Big Ten
- » Collected his first Indoor Field Athlete of the Week honor

B1G AOTW: Isaiah Harris (2/14)

- » Posted a second-place finish in the 800-meters running a season-best 1:47.38
- » Currently ranks No. 1 in the Big Ten and No. 4 in the NCAA
- » Earned his third Indoor Track Athlete of the Week honor and the second of the season

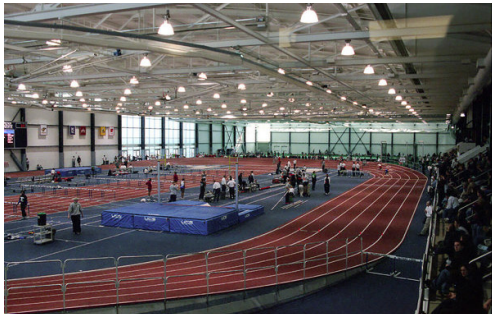


THE HOME OF PENN STATE TRACK & FIELD

Horace Ashenfelter III Indoor Track

- » Penn State Track & Field athletes practice and compete in one of the premiere facilities in the U.S. in the Ashenfelter III Indoor Track. The track itself is the facility's most dynamic feature, and one of only a handful of indoor tracks in the U.S. to offer a six-lane, 200-meter, hydraulically banked oval. The building has all the features of a world-class facility, including six 42-inch lanes with hydraulically banked turns and eight 48-inch sprint lanes down the middle.
- » Penn State has hosted the Big Ten indoor championships in 1999 and 2009 as well as hosting the PTFFCA Indoor State Championship.
- » Penn State is one of eight locations in the U.S. that offer a hydraulically banked 200-meter track:

- Birmingham Crossplex
- Michigan
- Navy
- Nebraska
- Ocean Breeze
- Penn State
- Texas A&M
- Virginia Military Institute



Nittany Lion Outdoor Track

- » Penn State Men's and Women's Outdoor Track and Field teams compete at the Nittany Lion Outdoor Track located between Porter Road and University Drive, south of the Bryce Jordan Center (BJC). It is a 400-meter beynon surface with nine 48-inch lanes with a six-foot warm-up lane running outside lane No.9.
- » Other features include a steeplechase water jump, in addition to long jump, triple jump, and pole vault runways in two directions.
- » Penn State has hosted the Big Ten Outdoor Championships in 1996, 2007 and 2017



RECORDS BROKEN UNDER GONDAK

SCHOOL RECORDS

Women's School Records Set

600-meters	1:29.06	Danae Rivers, 2017
800-meters	2:03.13	Danae Rivers, 2018
1,000-meters	2:43.15	Tori Gerlach, 2016
Mile	4:32.55	Danae Rivers, 2017
3,000-meters	9:07.22	Tessa Barrett, 2017
5,000-meters	15:28.99	Tessa Barrett, 2017
DMR	11:01.16	Kocjancic, Rhodes, Banks, Rivers, 2017
Pole Vault	13'-9.25" (4.21m)	Lexi Masterson, 2016
Shot Put	56'-8" (17.27m)	Rachel Faterly, 2016

Men's School Records Set

60-meters	6.66	Xavier Smith, 2017
200-meters	20.76	Malik Moffett, 2017
600-meters	1:14.96	Isaiah Harris, 2017
800-meters	1:46.24	Isaiah Harris, 2016
1,000-meters	2:18.26	Brannon Kidder, 2016
3,000-meters	7:50.36	Robby Creese, 2015
4x400-meter relay	3:04.80	Chisena, Smith, Reiser, Harris, 2017
Triple Jump	53'-3.50" (16.24)	Bryce Williams, 2018
Shot Put	67'-3.50" (20.51m)	Darrell Hill, 2015
Weight Throw	74'-5" (22.68)	David Lucas, 2018

TOP-FIVE INDOOR MARKS

Women's Top-Five Marks Set

No. 2 Mile	4:37.83	Tori Gerlach, 2016
No. 2 5K	15:50.49	Tori Gerlach, 2016
No. 2 TJ	43'-9" (13.33m)	Dannielle Gibson, 2017
No. 2 WT	69'-2" (21.08m)	Rachel Faterly, 2015
No. 2 PV	13'-7.75" (4.16m)	Hannah Mulhern, 2018
T-No. 3 HJ	5'-10.50" (1.79m)	Megan McCloskey, 2018
No. 3 60mH	8.21	Quenee Dale, 2017
No. 3 Pentathlon	4,133	Maddie Holmberg, 2018
No. 4 60m	7.32	Keianna Albury, 2017
No. 4 DMR	11:15.00	Rivers, Lester, Banks, Barrett, 2017
No. 4 SP	53'-5.75" (16.30m)	Alyssa Robinson, 2017
No. 4 800-meters	2:06.99	Rachel Banks, 2017
No. 4 PV	13'-5.00" (4.09m)	Katie Jones, 2018
No. 5 800-meters	2:07.43	Sarah Jane Underwood, 2016
No. 5 Mile	4:40.43	Julie Kocjancic, 2017
No. 5 5K	16:01.90	Jillian Hunsberger, 2017
T-No. 5 HJ	5'-9.75" (1.77m)	Ahmenah Richardson, 2016
No. 5 PV	13'-0.75" (3.98m)	Megan Fry, 2017
No. 5 600-meters	1:30.53	Frances Bull, 2017
No. 5 PV	13'-1.75" (4.01m)	Kasey Kemp, 2016

Men's Top-Five Marks Set

No. 2 60-meters	6.75	Malik Moffett, 2018
No. 2 200-meter	20.79	Terrance Laird, 2018
No. 2 400-meters	46.27	Dan Chisena, 2018
No. 2 DMR	9:27.20	Makins, Shisler, Harris, Kidder, 2016
No. 2 WT	71'-9.50" (21.88m)	Morgan Shigo, 2018
No. 2 Mile	3:57.13	Brannon Kidder, 2015
No. 2 5K	13:55.00	Timothy McGowan, 2018
No. 3 200-meter	20.85	Xavier Smith, 2017
No. 3 800-meters	1:47.01	Brannon Kidder, 2016
No. 3 4x800	7:22.10	Makins, Brennan, Kidder, Creese, 2015
No. 3 DMR	9:28.36	Kidder, Rhodes, Watkins, Creese, 2015
No. 3 TJ	52'-6.75" (16.02m)	Brian Leap, 2016
No. 4 600-meters	1:16.98	Brannon Kidder, 2015
No. 4 Mile	3:59.51	Colin Abert, 2018
No. 4 DMR	9:32.21	Kidder, Shisler, Watkins, Creese, 2015
No. 5 WT	65'-10" (20.08)	David Lucas, 2017
No. 5 600-meters	1:17.58	Robert Rhodes, 2016
No. 5 60-meters	6.78	Terrance Laird, 2018



Bryce Williams opened the season with a bang, setting the program record in the triple-jump with a mark of 16.24m (53'-3.50") at the Nittany Lion Challenge. Williams' mark is currently No. 6 in the NCAA and leads the Big Ten Conference



JOHN GONDAK

Head Coach • Fourth Season (12th Overall)

Doylestown, Pa.

Civil Engineering • Syracuse '95



THE GONDAK FILE

COACHING RESUME

- 2014-Current - Head Coach, Penn State
- 2006-14 - Assistant Coach, Penn State
- 1998-06 - Assistant Coach, Kentucky
- 1996-98 - Assistant Coach, Toledo
- 1995-96 - Assistant Coach, Georgia Tech

EDUCATION

- Syracuse 95' - Graduated summa cum laude of Civil Engineering program

AWARDS

- 2017 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2017 Big Ten Men's Outdoor Head Coach of the Year
- 2017 Mid-Atlantic Region Indoor Women's Head Coach of the Year
- 2017 Big Ten Women's Indoor Head Coach of the Year
- 2016 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Big Ten Women's Cross Country Head Coach of the Year
- 2015 Mid-Atlantic Region Indoor Men's Head Coach of the Year
- 2014 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant Coach of the Year
- 2009 Mid-Atlantic Region Assistant Coach of the Year

NOTABLE ATHLETES COACHES

- Tessa Barrett
- Robby Creese
- Owen Dawson
- Bridget Franek
- Ryan Foster
- Tori Gerlach
- Isaiah Harris
- Barnnon Kidder
- Casimir Loxsom
- Danae Rivers



YEAR-BY-YEAR FINISH AT BIG TEN'S (M)

<i>Year</i>	<i>Indoor (points)</i>	<i>Outdoor (points)</i>
1992	8th (30.5)	7th (55)
1993	6th (31)	8th (52.5)
1994	7th (38)	8th (49)
1995	10th (8)	5th (87)
1996	10th (25)	3rd (82)
1997	10th (29.3)	8th (56)
1998	8th (51)	9th (53)
1999	10th (30)	9th (62)
2000	9th (34.5)	7th (71.5)
2001	5th (68)	3rd (98.83)
2002	CANCELLED	5th (72)
2003	7th (42)	5th (81)
2004	8th (39)	7th (54.5)
2005	8th (37)	7th (66)
2006	8th (46.5)	7th (61)
2007	8th (46)	4th (93.5)
2008	4th (79)	6th (77)
2009	3rd (78)	5th (80)
2010	T-6th (51)	T-7th (52)
2011	6th (62.66)	6th (74)
2012	6th (51.33)	6th (80)
2013	3rd (87)	8th (59)
2014	3rd (72)	6th (78)
2015	4th (72)	5th (67)
2016	6th (60)	5th (82)
2017	2nd (84)	1st (117)



**INDOOR TRACK
AND FIELD
CHAMPIONSHIPS**

YEAR-BY-YEAR FINISH AT BIG TEN'S (W)

<i>Year</i>	<i>Indoor (points)</i>	<i>Outdoor (points)</i>
1992	8th (30)	6th (77)
1993	4th (43)	6th (56)
1994	10th (10)	8th (53)
1995	10th (17)	10th (33)
1996	4th (39)	8th (43)
1997	5th (63)	3rd (91)
1998	6th (44.5)	5th (75)
1999	8th (59.17)	8th (63)
2000	8th (21)	7th (62)
2001	T-6th (61)	8th (65)
2002	7th (55.5)	8th (72)
2003	3rd (87)	T-2nd (124)
2004	1st (115)	2nd (126.5)
2005	4th (74)	2nd (112.5)
2006	4th (85)	3rd (114)
2007	4th (92)	3rd (114)
2008	3rd (121)	1st (151)
2009	2nd (125)	1st (139)
2010	1st (111)	1st (133.5)
2011	2nd (86)	2nd (122)
2012	3rd (99)	4th (87)
2013	4th (73)	1st (133)
2014	1st (114.5)	1st (136)
2015	T-3rd (68)	7th (66)
2016	3rd (96.5)	10th (47.5)
2017	1st (96.5)	3rd (101)



2018 BIG TEN INDOOR TRACK AND FIELD CHAMPIONSHIPS SCHEDULE

Friday, February 23

10:00 am	Heptathlon 60m (men)
@10:45	Heptathlon Long Jump (men)
@10:50	Pentathlon 60m Hurdles (women)
11:30	Women's Pole Vault (trials & finals)
@11:40	Pentathlon High Jump (women)
12:00 pm	Women's 3,000m (unseeded section) (finals)
12:20	Men's 3,000m (unseeded section) (finals)
@12:30	Heptathlon Shot Put (men)
12:40	Women's Mile Run (trials)
1:00	Men's Mile Run (trials)
1:20	Women's 400m (trials)
1:45	Men's 400m (trials)
@1:45	Heptathlon High Jump (men)
@2:00	Pentathlon Shot Put (women)
2:10	Women's 60m (trials)
2:30	Men's 60m (trials)
2:50	Women's 800m (trials)
3:10	Men's 800m (trials)
@3:15	Pentathlon Long Jump (women)
3:30	Men's Pole Vault (trials & finals)
3:30	Women's Shot Put (trials & finals)
3:30	Women's 60m Hurdles (trials)
3:50	Men's 60m Hurdles (trials)
4:10	Women's 600m (trials)
4:35	Men's 600m (trials)
4:45	Women's Long Jump (trials & finals)
4:45	Men's Long Jump (trials & finals)
@4:55	Pentathlon 800m (women)
5:00	Women's 200m (trials)
5:25	Men's 200m (trials)
5:30	Men's Shot Put (trials & finals)
5:50	Women's 3,000m (seeded section) (finals)
6:10	Men's 3,000m (seeded section) (finals)
6:30	Women's Distance Medley Relay (finals)
6:50	Men's Distance Medley Relay (finals)

@ - approximate time



2018 BIG TEN INDOOR TRACK AND FIELD CHAMPIONSHIPS SCHEDULE

Saturday, February 24

10:00 am	Heptathlon 60m Hurdles (men)
@11:00	Heptathlon Pole Vault (men)
11:00	Women's High Jump (trials & finals)
11:00	Men's Triple Jump (trials & finals)
11:10	Women's Weight Throw (trials & finals)
12:30 pm	Women's 5,000m (unseeded section) (finals)
12:55	Men's 5,000m (unseeded section) (finals)
1:20	Women's Mile Run (finals)
1:30	Men's Mile Run (finals)
@1:30	Heptathlon 1,000m (men)
1:40	Women's 400m (finals – 2 sections)
1:45	Men's Weight Throw (trials & finals)
1:50	Men's 400m (finals – 2 section)
2:00	Women's Triple Jump (trials & finals)
2:00	Men's High Jump (trials & finals)
2:00	Women's 60m (finals)
2:10	Men's 60m (finals)
2:20	Women's 800m (finals)
2:30	Men's 800m (finals)
2:40	Women's 60m Hurdles (finals)
2:50	Men's 60m Hurdles (finals)
3:00	Women's 600m (finals – 2 sections)
3:10	Men's 600m (finals – 2 sections)
3:20	Women's 200m (finals – 2 sections)
3:30	Men's 200m (finals – 2 sections)
3:40	Women's 5,000m (seeded section) (finals)
4:05	Men's 5,000m (seeded section) (finals)
4:20	Women's 4x400m Relay (finals – 2 sections)
4:35	Men's 4x400m Relay (finals – 2 sections)
4:50	AWARDS PRESENTATION

@ - approximate time

All-Time Women's Top Five Indoor Performances

WOMEN'S 60-METER DASH

PSU: 7.24, Shavon Greaves (2010)

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahogany Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.32	Keianna Albury, 2017
5.	7.41	Toyin Augustus, 2001

WOMEN'S 200-METER DASH

PSU: 22.60, Connie Moore (2004)

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahogany Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

WOMEN'S 400-METER DASH

PSU: 52.31, Shana Cox (2007)

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

WOMEN'S 500-METER DASH

PSU: 1:09.19, Shana Cox (2007)

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

WOMEN'S 600-METER RUN

PSU: 1:29.06, Danae Rivers (2017)

1.	1:29.06	Danae Rivers, 2017
2.	1:29.81	Briene Simmons, 2008
3.	1:30.22	Erica Bosler, 1998
4.	1:30.42	Ijeoma Iheoma, 2011
5.	1:30.53	Frances Bull, 2017

WOMEN'S 800-METER RUN

PSU: 2:03.13, Danae Rivers (2018)

1.	2:03.13	Danae Rivers, 2018
2.	2:05.67	Briene Simmons, 2007
3.	2:06.88	Bekka Simko, 2012
4.	2:06.99	Rachel Banks, 2017
5.	2:07.43	Sarah Jane Underwood, 2016

WOMEN'S 1000-METER RUN

PSU: 2:43.15, Tori Gerlach (2016)

1.	2:43.15	Tori Gerlach, 2016
2.	2:44.24	Caitlin Lane, 2012
3.	2:47.28	Marta Klebe, 2014
4.	2:48.17	Sarah Jane Underwood, 2014
5.	2:48.21	Briene Simmons, 2007

WOMEN'S MILE RUN

PSU: 4:32.55, Danae Rivers (2017)

1.	4:32.55	Danae Rivers, 2017
2.	4:37.83	Tori Gerlach, 2016
3.	4:37.95	Bridget Franek, 2010
4.	4:38.37	Caitlin Lane, 2011
5.	4:40.43	Julie Kocjancic, 2017

WOMEN'S 3000-METER RUN

PSU: 9:07.22, Tessa Barrett (2017)

1.	9:07.22	Tessa Barrett, 2017
2.	9:10.04	Bridget Franek, 2009
3.	9:10.76	Tori Gerlach, 2014
4.	9:13.06	Paula Renzi, 1985
5.	9:15.16	Caitlin Lane, 2012

WOMEN'S 5000-METER RUN

PSU: 15:28.99, Tessa Barrett (2017)

1.	15:28.99	Tessa Barrett, 2017
2.	15:50.49	Tori Gerlach, 2016
3.	15:53.50	Paula Renzi, 1985
4.	15:56.76	Bridget Franek, 2010
5.	16:01.90	Jillian Hunsberger, 2017

WOMEN'S 60-METER HURDLES

PSU: 8.10, Evonne Britton (2014)

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.21	Quenee Dale, 2017
4.	8.22	Toyin Augustus, 2001
5.	8.31	Brittney Howell, 2014

WOMEN'S 4X400-METER RELAY

PSU: 3:33.13, McGee, Jones, Rhodes, Seymour (2014)

1.	3:33.13	McGee, Jones, Rhodes, Seymour, 2014
2.	3:33.49	Blake, Simmons, Cox, Barber, 2007
3.	3:34.00	Blake, Cox, Barber, Dorr, 2008
	3:34.00	Anyanwu, Iheoma, Greaves, Duncan, '11
5.	3:34.04	Cox, Simmons, Barber, Blake, 2006

WOMEN'S DISTANCE MEDLEY

PSU: 11:01.16, Kocjancic, Rhodes, Banks, Rivers, (2017)

1.	11:01.16	Kocjancic, Rhodes, Banks, Rivers, '17 (3:22, 54.8, 2:08.6, 4:35.1)
2.	11:05.16	Lane, Iheoma, Simko, Millhouse, '12 (3:22, 53.5, 2:07.5, 4:41.1)
3.	11:14.78	Hutchinson, Cox, Simmons, Franek, '07
4.	11:15.00	Rivers, Lester, Banks, Barrett, '17
5.	11:18.96	Simko, Iheoma, Klebe, Ridder, '12

WOMEN'S HIGH JUMP

**PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)
5-11.25 (1.81), Brittany Maun (2010)**

1.	5-11.25 (1.81)	Brittany Maun, 2010
	5-11.25 (1.81)	Antoinette O'Carroll, 1987
3.	5-10.50 (1.79)	Megan McCloskey, 2018
	5-10.50 (1.79)	Erika Morgan, 2013
5.	5-9.75 (1.77)	Jen Aylward, 2001
	5-9.75 (1.77)	Ahmenah Richardson, 2016

WOMEN'S POLE VAULT

PSU: 13-9.25 (4.21), Lexi Masterson (2016)

1.	13-9.25 (4.21)	Lexi Masterson, 2016
2.	13-7.75 (4.16)	Hannah Mulhern, 2018
3.	13-5.50 (4.11)	Sara Dougherty, 2004
4.	13-5.00 (4.09)	Katie Jones, 2018
5.	13-1.75 (4.01)	Kasey Kemp, 2016

WOMEN'S LONG JUMP

PSU: 20-11.25 (6.38), Gayle Hunter (2009)

1.	20-11.25 (6.38)	Gayle Hunter, 2009
2.	20-8.00 (6.30)	Chi-Chi Aduba, 2003
	20-8.00 (6.30)	Shakeema Walker, 1999
4.	20-7.50 (6.28)	Carmen Mann, 1990
5.	20-4.50 (6.21)	Brittney Howell, 2014

WOMEN'S TRIPLE JUMP

PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)

1.	44-1.50 (13.45)	Chi-Chi Aduba, 2004
2.	43-9.00 (13.33)	Dannielle Gibson, 2017
3.	42-4.75 (12.92)	Marlene Ricketts, 2013
4.	41-11.50 (12.79)	Gabriela Baiter, 2008
5.	41-9.25 (12.73)	Lena Bettis, 2007
	41-9.25 (12.73)	Shakeema Walker, 1998

WOMEN'S SHOT PUT

PSU: 56-8 (17.27), Rachel Fotherly (2016)

1.	56-8 (17.27)	Rachel Fotherly, 2016
2.	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
3.	53-6 (16.31)	Elaine Sobansky, 1983
4.	53-5.75 (16.30)	Alyssa Robinson, 2017
5.	53-5 (16.28)	Jen Leatherman, 2006

WOMEN'S 20-LB WEIGHT

PSU: 74-10.50 (22.82)^{BIG}, Jen Leatherman (2006)

1.	74-10.50 (22.82) ^{BIG}	Jen Leatherman, 2006
2.	69-2.00 (21.08)	Rachel Fotherly, 2015
3.	68-6.00 (20.88)	Melissa Kurzdorfer, 2014
4.	66-3.00 (20.19)	Kate Johnston, 2005
5.	64-6.00 (19.66)	Deshaya Williams, 2003

WOMEN'S PENTATHLON

PSU: 4,342, Gayle Hunter (2009)

1.	4,342	Gayle Hunter, 2009
2.	4,202	Brittney Howell, 2014
3.	4,133	Maddie Holmberg, 2018
4.	3,988	Carla Criste, 1985
5.	3,861	Tal Ben-Artzi, 2014

BOLD - Denotes Current Season Performance

Feb. 19, 2018

All-Time Men's Top Five Indoor Performances

MEN'S 60-METER DASH PSU: 6.66, Xavier Smith (2017)

- 6.66 Xavier Smith, 2016
 - 6.75** Malik Moffett, 2018
 - 6.76 Ernie Terrell, 2003
 - 6.77* Michael Timpson, 1986
 - 6.78** Terrance Laird, 2018
- * Converted time from 60 yards to 60 meters

MEN'S 200-METER DASH PSU: 20.76, Malik Moffett (2017)

- 20.76 Malik Moffett, 2017
- 20.79** Terrance Laird, 2018
- 20.85 Xavier Smith, 2017
- 20.98 Ryan Olkowski, 2002
- 21.11 Michael Timpson, 1989

MEN'S 400-METER DASH PSU: 46.22, Brady Gehret (2011)

- 46.22 Brady Gehret, 2011
- 46.27** Dan Chisena, 2018
- 46.55 Bernard Bennett-Green, 2014
- 46.73 Byron Robinson, 2014
- 46.74 Brandon Bennett-Green, 2014

MEN'S 500-METER DASH PSU: 1:01.28, Casimir Loxsom (2011)

- 1:01.28 Casimir Loxsom, 2011
- 1:02.58 Ben Karcz, 2000
- 1:02.75 Ernie Terrell, 2003
- 1:02.81 Mike Cadau, 2009
- 1:03.01 Bernard Bennett-Green, 2014

MEN'S 600-METER RUN PSU: 1:14.96, Isaiah Harris (2017)

- 1:14.96 Isaiah Harris, 2017
- 1:15.42 Casimir Loxsom, 2013
- 1:16.89 Ben Karcz, 2001
- 1:16.98 Brannon Kidder, 2015
- 1:17.58 Robert Rhodes, 2016

Notable Performances

- * 1:14.96 Isaiah Harris, 2017
* Collegiate Record
- * 1:16.92 Casimir Loxsom, 2010
* American Junior Record
- * 1:15.79 Casimir Loxsom, 2013
* American Collegiate Record
- * 1:15.42 Casimir Loxsom, 2013
* All-Time Collegiate and American Best

MEN'S 800-METER RUN PSU: 1:46.24, Isaiah Harris (2016)

- 1:46.24^{BIG} Isaiah Harris, 2016
- 1:46.98 Casimir Loxsom, 2013
- 1:47.01 Brannon Kidder, 2016
- 1:47.32 Ryan Foster, 2010
- 1:47.77 Owen Dawson, 2010

Notable Performances

- 1:46.24 Isaiah Harris, 2016
* All-Time Big Ten Indoor Record
- 1:47.48 Ryan Foster, 2010
* Australian National Record

MEN'S 1000-METER RUN PSU: 2:18.26, Brannon Kidder (2016)

- 2:18.26 Brannon Kidder, 2016
- 2:19.53 Robby Creese, 2012
- 2:19.60 Ryan Foster, 2010
- 2:21.95 Ricky West, 2013
- 2:21.98 Owen Dawson, 2010

Notable Performances

- * 2:18.26 Brannon Kidder, 2016
* Collegiate Record
- * 2:19.53 Robby Creese, 2012
* American Collegiate, American Junior Record
- * 2:19.60 Ryan Foster, 2010
* Australian National Record

MEN'S MILE RUN PSU: 3:57.11, Robby Creese (2013)

- 3:57.11 Robby Creese, 2013
- 3:57.13 Brannon Kidder, 2015
- 3:58.49 Ryan Foster, 2011
- 3:59.51** Colin Abert, 2018
- 4:01.98 Samuel Borchers, 2008

MEN'S 3000-METER RUN PSU: 7:50.36, Robby Creese (2015)

- 7:50.36 Robby Creese, 2015
- 7:54.52 Sam Masters, 2013
- 8:00.78 Ken Frazier, 1989
- 8:02.05 John Zishka, 1981
- 8:04.21 Matt Fischer, 2014

Converted Marks

- 7:53.58 Greg Fredericks, 1972
- 7:54.50 Robert Snyder, 1979
- 8:02.24 George Malley, 1977

MEN'S 5000-METER RUN PSU: 13:52.36, Steve Brown (1990)

- 13:52.36 Steve Brown, 1990
- 13:55.00** Timothy McGowan, 2018
- 13:58.55 Eric Carter, 1986

Converted Marks

- 13:46.42 Paul Stemmer, 1976
- 13:46.94 Alan Scharsu, 1980
- 13:59.71 Charlie Maguire, 1974

MEN'S 60-METER HURDLES PSU: 7.69, Guy Rose (2001)

- 7.69 Guy Rose, 2001
- 7.82 Michael Timpson, 1986
- 7.83 John Whelan, 1998
- 7.85 Mike Shine, 1975
- 7.86 Ron Jules, 2007

MEN'S 4X400-METER RELAY PSU: 3:04.80, Chisena, Smith, Reiser, Harris 2017

- 3:04.80^{BIG} Chisena (46.4), Smith (45.2), Reiser (46.8), Harris (45.7), 2017
- 3:05.22 Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012
- 3:07.83 Robinson, Be. Bennett-Green, Nadolsky, Br. Bennett-Green, 2014

MEN'S 4X800-METER RELAY PSU: 7:21.37 (2 Teams) Balkey, McMillan, Mills, Levitre, 7:21.37 (1987) Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

- 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
Watkins, Kidder, West, Loxsom, 2013
- 7:22.10 Makins, Brennan, Kidder, Creese, 2015
- 7:24.38 Watson, Shiffer, Levitre, Mills, 1986

Converted from 2-Mile Relay 1. 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983 2. 7:23.38 Watson, Shisler, Mills, Moore, 1985

MEN'S DISTANCE MEDLEY RELAY PSU: 9:26.59 Kidder, Bennett Green, Watkins, Creese 2014

- 9:26.59 Kidder, Bennett-Green, Watkins, Creese, '14
- 9:27.20 Makins, Shisler, Harris, Kidder, '16
- 9:28.36 Kidder, Rhodes, Watkins, Creese, '15
- 9:32.21 Kidder, Shisler, Watkins, Creese, '15
- 9:32.94 Borchers, Cadau, Foster, Johnson, '09

MEN'S HIGH JUMP PSU: 7-4.25 (2.24), Paul Souza (1982)

- 7-4.25 (2.24) Paul Souza, 1982
- 7-3.25 (2.22) Ryan Fritz, 2007
- 7-2.75 (2.20) Jon Hendershot, 2014
- 7-2.75 (2.20) Ryan Olkowski, 1999
- 7-1.75 (2.18) Sean Reilly, 2012

MEN'S POLE VAULT PSU: 17-0.75 (5.20), John Vellenoweth (2009)

- 17-0.75 (5.20) John Vellenoweth, 2009
- 17-0.00 (5.18) Mason Ternay, 1992
- 16-9.50 (5.12) Ron Campbell, 1985
- 16-9.50 (5.12) Rick Kleban, 1985
- 16-8.75 (5.10) Dave Bollinger, 2004
- 16-8.75 (5.10) Brad Lawrence, 2010

MEN'S LONG JUMP PSU: 25-11 (7.90), David Coney (1986)

- 25-11.25 (7.91) Dave Coney, 1986
- 25-10.75 (7.89) Antonio Davis, 1993
- 25-8.00 (7.82) George Audu, 1999
- 25-5.50 (7.76) Rob Boulware, 1986
- 25-4.50 (7.73) John Gorham, 1999

MEN'S TRIPLE JUMP PSU: 53-3.50 (16.24), Bryce Williams (2018)

- 53-3.50 (16.24)** Bryce Williams, 2018
- 53-0.75 (16.17) Chavous Nichols, 2003
- 52-6.75 (16.02) Brian Leap, 2015
- 52-6.00 (16.00) Clarence Smith, 2009
- 52-6.00 (16.00) Steve Waithe, 2014

MEN'S SHOT PUT PSU: 67-3.50 (20.51), Darrell Hill (2015)

- 67-3.50 (20.51) Darrell Hill, 2015
- 65-7.00 (19.99) C.J. Hunter, 1990
- 65-1.25 (19.84) Joe Kovacs, 2011
- 62-6.50 (19.05) Phil Caraher, 1991
- 62-1.25 (18.93) Blake Eaton, 2011

MEN'S 35-LB WEIGHT PSU: 74-5.00 (22.68), David Lucas (2018)

- 74-5.00 (22.68)** David Lucas, 2018
- 71-9.50 (21.88)** Morgan Shigo, 2018
- 70-6.50 (21.50) Will Barr, 2014
- 66-5.75 (20.26) Dorian Lowe, 2002
- 66-2.25 (20.17) Scott Vernon, 2005

MEN'S HEPTATHLON PSU: 5,511, Rob Cardina (2014)

- 5,511 Rob Cardina, 2014
- 5,500 James Cook, 1998
- 5,419 Chris Morrissey, 2008
- 5,367 Anya Uzoh, 2012
- 5,239 Shawn Colligan, 2008



TRACK & FIELD

2018 Penn State Women's Indoor Performance List

WOMEN'S 60-METER DASH
PSU: Shavon Greaves, 7.24 (2010)

7.37	Keianna Albury	Jan-26
7.55	Brooke-Lynn Williams	Jan-26
7.68	Deja Davis	Jan-26
7.73	Queene Dale	Feb-10
7.75	Kiara Lester	Jan-13
7.82	Audra Koopman	Jan-13
7.91	Lauren Costa	Jan-26

WOMEN'S 200-METER DASH
PSU: Connie Moore, 22.60 (2010)

23.92	Keianna Albury	Jan-27
24.10	Kiara Lester	Feb-9
24.82	Queene Dale	Feb-9
24.83	Brooke-Lynn Williams	Feb-9
25.46	Lauren Costa	Jan-27
25.86	Audra Koopman	Feb-9
26.09	Frances Bull	Feb-17

WOMEN'S 400-METER DASH
PSU: Shana Cox, 52.31 (2007)

56.32	Victoria Tachinski	Feb-3
56.48	Rachael DeCecco	Jan-13
56.53	Kiara Lester	Jan-19
56.82	Frances Bull	Feb-17
57.40	Lauren Costa	Feb-3
57.82	Deja Davis	Jan-19
58.11	Elyse Skerpon	Jan-13

WOMEN'S 500-METER DASH
PSU: Shana Cox, 1:09.19 (2007)

WOMEN'S 600-METER RUN
PSU: Danae Rivers, 1:29.06 (2017)

1:30.65	Victoria Tachinski	Feb-9
1:31.77	Frances Bull	Feb-10
1:31.80	Rachael DeCecco	Jan-27
1:34.18	Elyse Skerpon	Feb-3
1:40.97	Victoria Crawford	Feb-3

WOMEN'S 800-METER RUN
PSU: Danae Rivers, 2:03.13 (2018)

2:03.13	Danae Rivers	Jan-20
2:09.16	Victoria Tachinski	Feb-10
2:11.38	Greta Lindsley	Feb-3
2:11.69	Frances Bull	Feb-10
2:14.12	Marissa Sheva	Jan-20
2:15.64	Grace Trucilla	Feb-3
2:17.29	Jordan Williams	Feb-3
2:18.97	Moirra O'Shea	Feb-3
2:23.34m	Maddie Holmberg	Jan-26
2:41.99m	Madeline Frew	Jan-26
2:46.91	Alyssa Yeboah-Kodie	Feb-10

WOMEN'S 1000-METER RUN
PSU: Tori Gerlach, 2:43.15 (2016)

2:52.00	Marissa Sheva	Jan-13
2:56.74	Jordan Williams	Jan-13
2:57.30	Grace Trucilla	Jan-13
2:57.65	Moirra O'Shea	Jan-13
3:02.14	Victoria Crawford	Jan-13

WOMEN'S MILE RUN
PSU: Danae Rivers, 4:32.55 (2017)

4:37.71	Danae Rivers	Feb-10
4:41.81	Greta Lindsley	Feb-10
4:47.51	Marissa Sheva	Feb-10
4:49.88	Jillian Hunsberger	Feb-3
4:53.18	Lisa Bennatan	Feb-3
4:54.06	Elizabeth Chikotas	Feb-17
4:55.46	Kathryn Munks	Feb-3
4:55.69	Tessa Barrett	Jan-13
4:55.97	Jordan Williams	Jan-27
4:56.51	Moirra O'Shea	Feb-17
4:58.64	Alison Willingmyre	Feb-3
4:59.09	Grace Trucilla	Feb-3
5:00.99	Victoria Crawford	Feb-17

WOMEN'S 3000-METER RUN
PSU: Tessa Barrett, 9:07.22 (2017)

9:30.96	Greta Lindsley	Jan-27
9:36.47	Tessa Barrett	Jan-27
9:36.83	Lisa Bennatan	Feb-17
9:40.51	Alison Willingmyre	Jan-27
9:42.14	Kathryn Munks	Jan-27

WOMEN'S 5000-METER RUN
PSU: Tessa Barrett, 15:28.99 (2017)

16:07.26	Jillian Hunsberger	Feb-9
16:28.11	Tessa Barrett	Feb-17
16:37.71	Alison Willingmyre	Feb-9
16:38.77	Kathryn Munks	Feb-9

WOMEN'S 60-METER HURDLES
PSU: Evonne Britton, 8.10 (2014)

8.30	Queene Dale	Jan-26
8.56	Maddie Holmberg	Feb-10
9.11	Alyssa Yeboah-Kodie	Jan-13
9.50m	Madeline Frew (UNA)	Jan-26

WOMEN'S 4x200-METER RELAY
PSU: Osborne, Seymour, McGee, Jones, 1:35.65 (2014)

WOMEN'S 4x400-METER RELAY
PSU: McGee, Jones, Rhodes, Seymour, 3:33.13 (2014)

3:43.25	DeCecco, Tachinski, Bull, Holmberg	Feb-10
3:44.46	Lester, Tachinski, DeCecco, Rivers	Jan-20
3:44.64	Lester, Davis, DeCecco, Tachinski	Jan-13
3:46.92	Costa, Lester, Tachinski, Skerpon	Jan-27
3:47.32	Costa, Tachinski, Bull, Holmberg	Feb-3
3:56.89	Costa, Skerpon, Williams, Albury	Jan-13

WOMEN'S 4x800-METER RELAY
PSU: Cassel, Gerken, Hart, Stever, 8:45.60 (1984)

9:04.34	Sheva, Tachinski, Lindsley, Trucilla	Jan-13
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WOMEN'S DISTANCE MEDLEY RELAY
PSU: Kocjancic, Rhodes, Banks, Rivers, 11:01.16 ('17)

11:54.36	Williams, Bull, Crawford, O'Shea	Feb-3
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WOMEN'S HIGH JUMP
PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987)
Brittany Maun, 5-11.25/1.81 (2010)

5-10.50 (1.79)	Megan McCloskey	Jan-27
5-7.00 (1.70)	Abigail Stultz	Feb-17
5-7.00 (1.70)	Alexa Parks (UNA)	Feb-17
5-3.75 (1.62)m	Alyssa Yeboah-Kodie	Feb-9
5-2.25 (1.58)	Grayson McCloy	Jan-13
5-2.25 (1.58)	Maddie Holmberg	Feb-10

WOMEN'S POLE VAULT
PSU: Lexi Masterson, 13-9.25/4.21 (2016)

13-7.75 (4.16)	Hannah Mulhern	Feb-2
13-5.00 (4.09)	Katie Jones	Feb-2
12-9.00 (3.89)	Lexi Masterson (UNA)	Feb-2
12-7.25 (3.84)	Greer Gumbrecht	Feb-17

WOMEN'S LONG JUMP
PSU: Gayle Hunter, 20-11.25/6.38 (2009)

19-11.00 (6.07)	Maddie Holmberg	Jan-19
18-9.25 (5.72)	Audra Koopman	Feb-2
18-8.50 (5.70)	Kelsey Vieira	Jan-19
17-9.00 (5.41)	Julia Howard	Feb-2
17-2.75 (5.25)	Olivia Giambra	Jan-13
17-2.25 (5.24)	Alyssa Yeboah-Kodie	Feb-17

WOMEN'S TRIPLE JUMP
PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003)

40-11.50 (12.48)	Kelsey Vieira	Feb-17
38-6.75 (11.75)	Olivia Giambra	Feb-3
37-5.75 (11.42)	Julia Howard	Feb-17
36-6.25 (11.13)	Abigail Stultz	Feb-17

WOMEN'S SHOT PUT
PSU: Rachel Faterly, 56-8/17.27 (2016)

50-2.00 (15.29)	Obeng Marfo	Feb-3
46-0.00 (14.02)m	Maddie Holmberg	Jan-26
35-6.75 (10.84)m	Madeline Frew (UNA)	Jan-26
34-2.75 (10.43)m	Alyssa Yeboah-Kodie	Feb-17
33-9.25 (10.29)	Madeline Frew	Feb-17

WOMEN'S 20-LB WEIGHT THROW
PSU: Jennifer Leatherman, 74-10/22.82 (2006)

58-8.75 (17.90)	Obeng Marfo	Feb-9
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WOMEN'S PENTATHLON
PSU: Gayle Hunter, 4,342 (2009)

4133	Maddie Holmberg	Jan-26
3179	Alyssa Yeboah-Kodie	Feb-9
2924	Madeline Frew	Jan-26

Feb. 19, 2018



TRACK & FIELD

2018 Penn State Men's Indoor Performance List

MEN'S 60-METER DASH

PSU: Xavier Smith, 6.66 (2017)

6.72	Xavier Smith	Feb-10
6.75	Malik Moffett	Jan-26
6.78	Terrance Laird	Jan-26
6.83	Will Henderson	Feb-2
6.88	Darien Williams	Jan-13
6.90	Anton Porter	Jan-13
7.05	Tristan Daman	Jan-26
7.32	Luke Rarig	Jan-19

MEN'S 200-METER DASH

PSU: Malik Moffett, 20.76 (2017)

20.79	Terrance Laird	Jan-27
20.96	Malik Moffett	Feb-9
21.17	Xavier Smith	Feb-9
21.76	Tristan Daman	Feb-3
21.76	Anton Porter	Feb-9
21.91	Kier Miner	Feb-9
21.98	Darien Williams	Feb-9
22.01	Will Henderson	Feb-3
23.82	Luke Rarig	Jan-27

MEN'S 400-METER DASH

PSU: Brady Gehret, 46.22 (2011)

46.27	Dan Chisena	Jan-27
47.65	Kier Miner	Feb-10
48.61	Terrance Laird	Feb-10
50.02	Tristan Daman	Feb-3

MEN'S 500-METER DASH

PSU: Casimir Loxsom, 1:01.28 (2011)

MEN'S 600-METER RUN

PSU: Isaiah Harris, 1:14.96 (2017)

1:16.55	Isaiah Harris	Jan-20
1:18.58	Jordan Makins	Feb-17
1:18.59	Gary Ross	Feb-17
1:19.32	Domenic Perretta	Jan-20
1:19.47	Samuel Reiser	Feb-17
1:20.09	Joey Logue	Feb-17
1:21.02	William Ashenfelter	Feb-17

MEN'S 800-METER RUN

PSU: Isaiah Harris, 1:46.24 (2016)

1:47.79	Isaiah Harris	Jan-27
1:49.81	Domenic Perretta	Jan-27
1:50.83	Jordan Makins	Feb-10
1:51.42	Gary Ross	Jan-27
1:51.68	Joey Logue	Feb-10
1:53.01	Billy McDevitt	Feb-3
1:53.43	Samuel Reiser	Feb-10
1:54.47	William Ashenfelter	Feb-10
1:55.74	Tommy Louro	Feb-3
1:56.54	Owen Wing	Jan-20

MEN'S 1000-METER RUN

PSU: Brannon Kidder, 2:18.26 (2016)

2:24.71	Jordan Makins	Jan-13
2:25.54	Billy McDevitt	Jan-13
2:26.05	Joey Louge	Jan-13
2:27.42	Owen Wing	Jan-27
3:09.81m	Luke Rarig	Feb-10

MEN'S MILE RUN

PSU: Robby Creese, 3:57.11 (2013)

3:59.51	Colin Abert	Feb-3
4:04.97	Timothy McGowan	Feb-3
4:05.29	Billy McDevitt	Feb-10
4:07.18	Isaiah Harris	Jan-13
4:07.47	Owen Wing	Feb-10
4:10.07	Domenic Perretta	Jan-19
4:11.54	John McGowan	Feb-3
4:12.39	James Abrahams	Feb-17
4:14.53	Jordan Makins	Jan-19
4:14.75	Brandon Hontz (UNA)	Feb-17
4:15.71	Brady Bobbitt	Feb-3
4:16.44	Tommy Louro	Feb-17
4:17.93	Ryan Barton (UNA)	Feb-17
4:25.36	Ben Bumgarner	Jan-13

MEN'S 3000-METER RUN

PSU: Robby Creese, 7:50.36 (2015)

8:05.03	Colin Abert	Jan-27
8:10.32	Timothy McGowan	Feb-10
8:23.07	John McGowan	Jan-27
8:29.08	Ben Bumgarner	Jan-27
8:30.34	Brady Bobbitt	Jan-27
8:33.08	Will Loevner (UNA)	Jan-27
8:51.83	Vail Freed (UNA)	Feb-17
8:56.25	James Abrahams	Jan-27

MEN'S 5000-METER RUN

PSU: Steve Brown, 13:52.36 (1990)

13:55.00	Timothy McGowan	Feb-9
14:13.36	John McGowan	Feb-9
15:17.81	William Loevner	Feb-2
15:19.14	Brady Bobbitt	Feb-9
15:24.82	Ben Bumgarner	Feb-9

MEN'S 60-METER HURDLES

PSU: Guy Rose, 7.69 (2001)

7.96	Will Henderson	Jan-13
8.35	Luke Rarig	Jan-13

MEN'S 4x200-METER RELAY

PSU: Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 1:24.70 (2013)

MEN'S 4x400-METER RELAY

PSU: Chisena, Smith, Reiser, Harris, 3:04.80 (2017)

3:08.17	Chisena, Miner Smith, Harris	Jan-20
3:10.66	Miner, Reiser, Smith, Harris	Jan-13
3:12.13	Miner, Smith Laird, Ross	Feb-10
3:15.93	Logue, Ross, Reiser, Makins	Feb-17
3:15.96	Ross, Laird Porter, Logue	Jan-20
3:16.35	Porter, Ross Laird, Daman	Jan-13
3:16.37	Miner, Ross Reiser, Ashenfelter	Jan-27

MEN'S 4X800-METER RELAY

PSU: Balkey, McMillan, Mills, Levitre, 7:21.37 (1987)
Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

7:41.36	Ashenfelter, Reiser, Logue, Makins	Jan-13
7:43.45	Wing, Ross, McDevitt, Abert	Jan-13

MEN'S DISTANCE MEDLEY RELAY

PSU: Kidder, Bennett-Green, Watkins, Creese, 9:26.59 (2014)

9:36.48	Harris, Chisena, Perretta, Abert	Jan-27
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MEN'S HIGH JUMP

PSU: Paul Souza, 7-4.25/2.24 (1982)

6-11.5 (2.12)	Devin Bradham	Feb-17
6-10.75 (2.10)	Chisom Ifedi	Jan-13
6-10.75 (2.10)	Austin Campbell	Jan-13
6-8.25 (2.04)	Spence Hay	Feb-17
5-11.25 (1.81)	Luke Rarig	Feb-9

MEN'S POLE VAULT

PSU: John Vellenoweth, 17-0.75/5.20 (2009)

13-1.50 (4.00)	Luke Rarig	Feb-3
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MEN'S LONG JUMP

PSU: David Coney, 25-11/7.90 (1986)

23-11.00 (7.29)	Will Henderson	Feb-2
23-7.50 (7.20)	Malik Moffett	Feb-2
23-4.50 (7.12)	Bryce Williams	Jan-19
21-4.00 (6.50)m	Luke Rarig	Feb-9
20-11.75 (6.39)	Darian Alston	Jan-19

MEN'S TRIPLE JUMP

PSU: Bryce Williams, 53-3.50/16.24 (2018)

53-3.50 (16.24)	Bryce Williams	Jan-13
48-1.75 (14.67)	Darian Alston	Jan-13

MEN'S SHOT PUT

PSU: Darrell Hill, 67-3.50/20.51 (2015)

59-5.50 (18.12)	Ben Peterson	Feb-3
58-10.50 (17.94)	Jon Yohman	Feb-3
56-7.50 (17.26)	Morgan Shigo	Jan-13
55-5.50 (16.90)	Luke Grodeska	Feb-10
53-7.50 (16.34)	David Lucas	Feb-10
51-11.00 (15.82)	Jack Zimmerman (UNA)	Feb-17
50-3.25 (15.32)	Thomas Bojalad (UNA)	Feb-17
39-1.00 (11.91)	Luke Rarig	Jan-26

MEN'S 35-LB WEIGHT THROW

PSU: David Lucas, 74-5.00/22.68 (2018)

74-5.00 (22.68)	David Lucas	Feb-2
71-9.50 (21.88)	Morgan Shigo	Feb-2
63-10.75 (19.46)	Luke Grodeska	Feb-2
57-3.75 (17.47)	Ben Peterson	Jan-13
54-8.25 (16.67)	Jack Zimmerman (UNA)	Feb-17
46-4.00 (14.12)	Thomas Bojalad (UNA)	Feb-17

MEN'S HEPTATHLON

PSU: Rob Cardina, 5,511 (2014)

4644	Luke Rarig	Feb-10
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KEY -
BOLD - School Record
 m - Mark from Multi-Events
 * - Flat to bank conversion
 UNA - Unattached
 CR - Collegiate Record
 B1G - Big Ten Record

Track Events

60 Meters	7.24.....Shavon Greaves, 2010
200 Meters	22.60.....Consuella Moore, 2004
400 Meters	52.31..... Shana Cox, 2007
800 Meters	2:03.13..... Danae Rivers, 2018
Mile	4:32.55.....Danae Rivers, 2017
3000 Meters	9:07.22..... Tessa Barrett, 2017
5000 Meters	15:28.99..... Tessa Barrett, 2017
60m Hurdles	8.10..... Evonne Britton, 2014

Relay Events

4x400-Meters	3:33.13.... Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
Distance Medley	11:01.16.....Julie Kocjancic, Tichina Rhodes, Rachel Banks, Danae Rivers, 2017

Non-NCAA Event Records

55 Meters	6.98.....Shavon Greaves, 2008
300 Meters	37.13.....Shavon Greaves, 2010
500 Meters	1:09.19..... Shana Cox, 2007
600 Meters	1:29.06.....Danae Rivers, 2017
1000 Meters	2:43:15.....Tori Gerlach, 2016
55m Hurdles	7.77.....Aleesha Barber, 2008
Shuttle Hurdles	32.30..... Carla Criste, Laurie Dangel, Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65.....Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 (Collegiate Record)
4x800-Meters	8:45.60 Judi Cassel, Heidi Gerken, Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25..... Lauren Burns, Lena Bettis, . Aleesha Barber, Briene Simmons, 2007** Collegiate Record

*All times are FAT (Fully Automatic Timing)

Field Events

High Jump	5-11.25 (1.81). Antoinette O'Carroll, 1987 5-11.25 (1.81).....Brittany Maun, 2010
Pole Vault	13-9.75 (4.21)..... Lexi Masterson, 2016
Long Jump	20-11.25 (6.38)..... Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45)..... Chi-Chi Aduba, 2003
Shot Put	56-8 (17.27)..... Rachel Fatherly, 2016
20-lb. Weight	74-10.50 (22.82)... Jen Leatherman, 2006
Pentathlon	4,342 points Gayle Hunter, 2009

Pentathlon Event Records

60-Meter Hurdles	8.31Brittney Howell, 2014
High Jump	5-8.50 (1.74)..... Amber Strouse, 2007Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38)..... Gayle Hunter, 2009
Shot Put	46-0.00 (14.20) Maddie Holmberg, 2018
800-Meters	2:13.73 Gayle Hunter, 2009

Retired Records

50 Yards	6.00 Lea Ventura, 1977
60 Yards	7.12 Vivian Riddick, 1983
220 Yards	24.84..... Debbie Lewis, 1980
300 Yards	36.49 Janice Carter, 1985
440 Yards	55.62.....Tammie Hart, 1981
600 Yards	1:20.34.....Tammie Hart, 1983
880 Yards	2:09.11 Terry Pioli, 1983
1000 Yards	2:32.00.....Doreen Startare, 1983
1500 Meters	4:20.50..... Patty Murnane, 1980
2000 Meters	6:05.67 Mary Rawe, 1980
2-Mile	9:54.76Doreen Startare, 1983
3-Mile	15:48.00..... Paula Renzi, 1985
50-Yard Hurdles	6.80..... Patti Knighton, 1978
60-Yard Hurdles	8.07 Stephanie Weeks, 1983
50-Meter Hurdles	7.20..... Carla Criste, 1985
Mile Relay	3:46.30..... Penny Fales, Tammie Hart, Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40..... Judi Cassel, Heidi Gerken, Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90..... Debbie Lewis, Ann McKillop, Terry Pioli, Vivian Riddick, 1980

Track Events

60 Meters	6.66	Xavier Smith, 2017
200 Meters	20.76	Malik Moffett, 2017
400 Meters	46.22	Brady Gehret, 2011
800 Meters	1:46.24	Isaiah Harris, 2016
Mile	3:57.11	Robby Creese, 2013
3000 Meters	7:50.36	Robby Creese, 2015
5000 Meters	13:52.36	Steve Brown, 1990
60m Hurdles	7.69	Guy Rose, 2001

Relay Events

4x400-Meters	3:04.80	Dan Chisena, Xavier Smith, Samuel Reiser, Isaiah Harris, 2017
Distance Medley	9:26.59	Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese, 2014

Non-NCAA Event Records

55 Meters	6.31	Michael Timpson, 1986
300 Meters	33.01	Michael Timpson, 1986 U.S. Collegiate Record
500 Meters	1:01.28	Casimir Loxsom, 2011
600 Meters	1:14.96	Isaiah Harris, 2017 ** Collegiate Record **
1000 Meters	2:18.26	Brandon Kidder, 2016 ** Collegiate Record **
1500 Meters	3:44.0	Larry Mangan, 1979
55m Hurdles	7.31	Michael Timpson, 1986
4x55-Meters	24.65	Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8	Paul Pollock, Bill Austin, Matt Graham & Dennis Rock, 1977
4x200-Meters	1:23.75	Xavier Smith, Dan Chisena, Malik Moffett, Anton Porter, 2016
Sprint Medley	3:23.74	Ernie Terrell, Jaret Campisi, Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37	Steve Balkey, Dave McMillan, Chris Mills & Ray Levitre, 1987
	7:21.37	Za'Von Watkins, Brannon Kidder, Ricky West, Casimir Loxsom, 2013
4-Mile	16:43.4	Jeff Adkins, Tom Rapp, Alan Scharsu & Larry Mangan, 1980

Field Events

High Jump	7-4.25 (2.24)	Paul Souza, 1982
Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1986
Triple Jump	53-3.50 (16.24)	Bryce Williams, 2018
Shot Put	67-3.5 (20.51)	Darrell Hill, 2015
35-lb. Weight	74-5.00 (22.68)	David Lucas, 2018
Pentathlon	4,097 pts	Brian Kelley, 1993
Heptathlon	5,511 pts	Rob Cardina, 2014

Heptathlon Event Records

Points	5,511	Rob Cardina, 2014
60 Meters	7.04	Rob Cardina, 2014
Long Jump	23-1 3/4 (7.05)	Rob Cardina, 2014
Shot Put	46-6 1/4 (14.18)	Rob Cardina, 2017
High Jump	6-7 1/2 (2.02)	Anya Uzoh, 2012
60-Meter Hurdles	8.21	J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72)	J.T. Kuretich, 2003
1,000 Meters	2:41.90	Chris Morrissey, 2007

Retired Records

50 Yards	5.1	Barney Ewell, 1942 (1)
300 Yards	30.1	Mike Sands, 1975
500 Yards	57.0	Ollie Sax, 1953
600 Yards	1:09.6	Ken Wynn, 1983
1000 Yards	2:09.4	Pat Rexroat, 1975
2-Miles	8:34.2	Greg Fredericks, 1972
3-Miles	13:17.6	Paul Stemmer, 1976
50-Yard Hurdles	6.1	Rod Perry, 1955 (1)
70-Yard Hurdles	8.4	Jim Gehrdes, 1949;
	8.4	Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9	Mike Sands, Steve Hackman, Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097	Brian Kelley, 1993