

# PENN STATE TRACK & FIELD

**19 NATIONAL CHAMPIONS**  
**485 ALL-AMERICANS**  
**223 BIG TEN CHAMPIONS**

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## SCHEDULE / RESULTS

Date	Meet	TV	Time
<b>INDOOR SEASON</b>			
J14	NITTANY LION CHALLENGE	FloTrack/BTN2Go	All-Day
J20	Rod McCravy Invtl.	SECN+	All-Day
J21	Rod McCravy Invtl.	SECN+	All-Day
J27	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
J28	PSU NATIONAL OPEN	FloTrack/BTN2Go	All-Day
F3	SYKES-SABOCK CHALLENGE		All-Day
F4	SYKES-SABOCK CHALLENGE		All-Day
F10	Husky Classic	FloTrack	All-Day
F10	Spire Invitational	FloTrack	All-Day
F11	Husky Classic	FloTrack	All-Day
F11	Spire Invitational	FloTrack	All-Day
F18	PENN STATE TUNE-UP		All-Day
F24	<sup>1</sup> Big Ten Indoor Championships	BTN	All-Day
F25	<sup>1</sup> Big Ten Indoor Championships	BTN	All-Day
M10	<sup>2</sup> NCAA Championships	ESPN	All-Day
M11	<sup>2</sup> NCAA Championships	ESPN	All-Day
<b>OUTDOOR SEASON</b>			
M24	PAC-12/Big Ten Challenge		All-Day
M25	PAC-12/Big Ten Challenge		All-Day
M31	Florida Relays	SECN+	All-Day
M31	Stanford Invite		All-Day
A1	Florida Relays	SECN+	All-Day
A1	Stanford Invite		All-Day
A8	Battle on the Bayou		All-Day
A14	Bucknell Classic		All-Day
A15	Bucknell Classic		All-Day
A21	Virginia Challenge		All-Day
A22	Stanford Twilight		All-Day
A22	Bucknell Team Challenge		All-Day
A22	Virginia Challenge		All-Day
A27	Penn Relays	NBCSN	All-Day
A28	Penn Relays	NBCSN	All-Day
A29	Penn Relays	NBCSN	All-Day
M5	JIM THORPE INVITE		All-Day
M12	<sup>3</sup> BIG TEN CHAMPIONSHIPS	BTN	All-Day
M13	<sup>3</sup> BIG TEN CHAMPIONSHIPS	BTN	All-Day
M14	<sup>3</sup> BIG TEN CHAMPIONSHIPS	BTN	All-Day
M25	<sup>4</sup> NCAA First-Round		All-Day
M26	<sup>4</sup> NCAA First-Round		All-Day
M27	<sup>4</sup> NCAA First-Round		All-Day
J7	<sup>5</sup> NCAA Outdoor Championships		All-Day
J8	<sup>5</sup> NCAA Outdoor Championships		All-Day
J9	<sup>5</sup> NCAA Outdoor Championships	ESPN	All-Day
J10	<sup>5</sup> NCAA Outdoor Championships	ESPN	All-Day
J23-25	<sup>6</sup> USATF Championships		All-Day

- 1 - Big Ten Indoor Championships (Geneva, Ohio)
- 2 - NCAA Indoor Championships (College Station, Texas)
- 3 - Big Ten Outdoor Championships (University Park, Pa.)
- 4 - NCAA First-Rounds (Lexington, Ky.)
- 5 - NCAA Outdoor Championships (Eugene, Ore.)
- 6 - USATF Outdoor Championships (Sacramento, Calif.)

## FOLLOW ALONG



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**Online:** Links for Live Results and Live Video can be found at GoPSUsports.com



## INDOOR TRACK AND FIELD CHAMPIONSHIPS

### 2017 BIG TEN INDOOR TRACK & FIELD CHAMPIONSHIPS



Geneva, Ohio  
 Spire Institute



**Illinois | Indiana | Iowa | Maryland | Michigan | Michigan State | Minnesota**  
**Nebraska | Ohio State | Penn State | Purdue | Rutgers | Wisconsin**

## Track & Field MEET DAY

### BIG Indoor Championships Geneva, Ohio

## NEWS & NOTES

- » Penn State Big Ten Championships roster represents nine states in the USA as well as Australia the Bahamas and the Canadian province of Ontario.
- » The Nittany Lions enter this years meet with two defending champions in Isaiah Harris (800-meters) and the men's DMR
- » Penn State Track & Field was a part of a record breaking year academically for Penn State athletes. 24 teams, including track & field, held a combined 3.0 semester GPA eclipsing the previous school mark of 23 squads from the 2014 and 2015 fall semesters. 498 Nittany Lion student-athletes posted a 3.0 GPA or higher last fall. The 498 student-athletes earning at least a 3.0 GPA represent 61 percent of Penn State's 810 student-athletes enrolled during the fall semester.

## MEET NOTES

- » Isaiah Harris enters the meet as the reigning Big Ten Indoor/Outdoor 800-meter champion.
- » Penn State enters the meet as the highest ranked team on the women's side at No. 14 in the USTFCCA rankings
- » Penn State has won the men's DMR five-straight years (12-16)
- » This is the fifth-year that the Big Ten Championships will be held at the Spire Institute
- » Penn State last captured a Big Ten indoor track & field title in 2014(women) on their way to the triple crown (XC, Indoor, Outdoor)

## PROGRAM FACTS

### THE UNIVERSITY

Location: ..... University Park, Pa.  
 Founded: ..... 1855  
 Enrollment: ..... 46,848  
 Colors: ..... Blue & White  
 Nickname: ..... Nittany Lions  
 Conference: ..... Big Ten  
 President: ..... Eric Barron  
 Director of Athletics: ..... Sandy Barbour  
 Senior Woman Administrator: ..... Charmelle Green  
 Senior Associate AD: ..... Lynn Holleran  
 Facility (cap.): ..... Ashenfelter III Indoor Track (800)

### PENN STATE TRACK & FIELD

Head Coach: ..... John Gondak  
 Alma Mater: ..... Syracuse '95  
 Twitter: ..... @CoachGondak  
 Associate Head Coach: ..... Erin Tucker  
 Yrs at Penn State: ..... Second  
 Alma Mater: ..... Florida '98  
 Twitter: ..... @etuck495  
 Assistant Coach: ..... Fritz Spence  
 Yrs at Penn State: ..... 11th-Year  
 Alma Mater: ..... Missouri State '97  
 Twitter: ..... @fgs110  
 Assistant Coach: ..... Kevin Kelly  
 Yrs at Penn State: ..... Fourth  
 Alma Mater: ..... Kutztown '99  
 Twitter: ..... @CoachKellyPSU  
 Assistant Coach: ..... Angela Reckart  
 Yrs at Penn State: ..... Second  
 Alma Mater: ..... The College of New Jersey '08  
 Twitter: ..... @angreckart  
 Assistant Coach: ..... Lucias MacKay  
 Yrs at Penn State: ..... First  
 Alma Mater: ..... Georgia '05  
 Twitter: ..... @CoachLucias

### STRATEGIC COMMUNICATIONS

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 Facebook: ..... facebook.com/PennStateTFXC

## 2017 BIG TEN TRACK & FIELD ROSTERS

### MEN'S ROSTER

Name	Eligibility	Event	Hometown/High School (Previous School)
Devin Bradham	So.	Jumps	Williamstown, N.J./Williamstown
Austin Campbell	Fr.	Jumps	Denver, Colorado/Regis Jesuit High School
Robert Cardina	Sr.	Multi-Events	Lancaster, Pa./Conestoga Valley
Dan Chisena	So.	Sprints	Downington, Pa./Downington-East
Kory Decesaris	Jr.	Throws	Danielsville, Pa./Northampton Area
Kobren Frederick	Jr.	Jumps	Huntingdon, Pa./Huntingdon Area
Riley Gaibler	Sr.	Sprints	Lansdale, Pa./North Penn
Isaiah Harris	So.	Mid-Distance	Lewiston, Maine/Lewiston
Lamont Higgins	So.	Sprints	New Brunswick, N.J./Saint Joseph/Rider
Chisom Ifedi	So.	Jumps	Columbus, Ohio/Centennial
David Lucas	So.	Throws	Lititz, Pa./Warwick
Jordan Makins	Jr.	Mid-Distance	Perth, Australia/Aquinas College
Tyreek Mathis	Fr.	Sprints	Philadelphia, Pa./Germantown
Billy McDevitt	So.	Mid-Distance	Newtown Square, Pa./Malvern Prep
Timothy McGowan	Jr.	Distance	Northport, N.Y./Northport/Roger Williams
Malik Moffett	Jr.	Sprints/Jumps	Erie, Pa./PSU - Behrend
Domenic Perretta	Fr.	Mid-Distance	Beaver Falls, Pa./Big Beaver Falls
Joseph Phifer	So.	Mid-Distance	Union, N.J./Union/Penn State - Harrisburg
Sam Reiser	So.	Sprints/Relays	Melbourne, Australia/Geelong Grammar School
Morgan Shigo	So.	Throws	Blandon, Pa./Fleetwood Area
Alex Shisler	Sr.	Sprints/Relays	State College, Pa./State College Area
Michael Shuey	Sr.	Throws	Johnsonburg, Pa./Johnsonburg Area
Xavier Smith	Jr.	Sprints/Relays	Douglassville, Pa./Daniel Boone
Brandon Tubby	Fr.	Distance	Hillsborough, N.J./Hillsborough
Bryce Williams	Jr.	Jumps	State College, Pa./State College Area
Darien Williams	Fr.	Sprints	Blue Bell, Pa./Wissahickon
Jon Yohman	Jr.	Throws	New Wilmington, Pa./Wilmington

### WOMEN'S ROSTER

Name	Eligibility	Event	Hometown/High School (Previous School)
Keianna Albury	So.	Sprints	Nassau, Bahamas/St. Augustine's College
Rachel Banks	Fr.	Mid-Distance	Chardon, Ohio/Chardon
Tessa Barrett	So.	Distance	Waverly, Pa./Abington Heights
Lisa Bennatan	Jr.	Distance	Lake Forest, Ill./Lake Forest
Frances Bull	So.	Sprints/Mid-Distance	Mentor, Ohio/Lake Catholic
Lauren Costa	So.	Sprints	North Fayette Township, Pa./West Allegheny
Quenee Dale	Jr.	Sprints/Hurdles/Relays	Ypsilanti, Mich./Saline
Deja Davis	Jr.	Sprints/Relays	Shelby Charter Township, Mich./Utica
Rachael DeCecco	Jr.	Sprints/Hurdles/Relays	Mechanicsburg, Pa./Cumberland Valley
Megan Fry	So.	Pole Vault	State College, Pa./State College Area
Olivia Giambra	So.	Jumps	Pittston, Pa./Pittston Area
Dannielle Gibson	Sr.	Jumps	Nassau, Bahamas/St. Augustine's
Jillian Hunsberger	So.	Distance	Pittsburgh, Pa./Mount Lebanon
Kasey Kemp	Sr.	Pole Vault	Irwin, Pa./Norwin
Julie Kocjancic	Sr.	Distance	Pittsburgh, Pa./Mount Lebanon
Kiara Lester	Fr.	Sprints	Wenonah, N.J./Deptford Township
Greta Lindsley	Jr.	Distance	Lancaster, Pa./Penn Manor
Obeng Marfo	Jr.	Throws	Toronto, Ontario, Canada/Father Henry Carr
Lexi Masterson	Sr.	Pole Vault	Jeannette, Pa./Hempfield Area
Megan McCloskey	Jr.	Jumps	Lower Gwynedd, Pa./Germantown Academy
Hannah Mulhern	Jr.	Pole Vault	Altoona, Pa./Altoona Area
Kathryn Munks	Fr.	Distance	Chester, N.Y./Monroe- Woodbury
Tichina Rhodes	Sr.	Sprints/Relays	Philadelphia, Pa./Swenson
Danae Rivers	Fr.	Mid-Distance/Distance	Derby, CT/Wilbur Cross
Alyssa Robinson	Sr.	Throws	Saint Clairsville, Ohio/Saint Clairsville
Marissa Sheva	So.	Distance	Sellersville, Pa./Pennridge
Grace Trucilla	So.	Distance	Erie, Pa./Villa Maria Academy

### PRONUNCIATION GUIDE

Devin <b>Bradham</b>	BRAD-um	Lisa <b>Bennatan</b>	been-a tOn
Dan <b>Chisena</b>	CHA-sin-a	Rachel <b>DeCecco</b>	Da-check-o
Kory <b>Decesaris</b>	des-air-e-us	Julie <b>Kocjancic</b>	KO-jan-sick
Chisom (Chase) <b>Ifedi</b>	E-fed-i	<b>Obeng Marfo</b>	O-bing Mar-FOE
Morgan <b>Shigo</b>	Shy-go	<b>Tichina Rhodes</b>	Ti-sheen-ah
Jon <b>Yohman</b>	YO-man	<b>Danae Rivers</b>	Da-Nay
<b>Quenee Dale</b>	Quinn-aye		

## ATHLETES IN THE TOP-30 OF NCAA RANKINGS

	<b>ISAIAH HARRIS</b> SO.   MID-DISTANCE				<b>NOTES</b>
	<b>Event</b>	<b>Time</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	800-meters	1:46.65	5	2	<ul style="list-style-type: none"> <li>» Ran a season best of 1:46.65 at the Rod McCravy Memorial Invitational in Lexington, Kentucky on Jan. 21 winning the event</li> <li>» Set the collegiate record in the 600-meters (1:14.96) on Jan. 28 at the PSU National finishing second to Casimir Loxsom's world record of 1:14.91</li> <li>» Set a personal best of 4:05.89 in the mile at the Penn State Tune-Up - First time to run the mile as a collegiate athlete</li> <li>» Two-Time All-American, 2016 USAITF Olympic Trials finalist (sixth-place) - the highest finish by a collegiate athlete in the 800-meters trials last season</li> </ul>
	<b>DOMENIC PERRETTA</b> FR.   MID-DISTANCE				<b>NOTES</b>
	<b>Event</b>	<b>Time</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	800-meters	1:48.17	19	4	<ul style="list-style-type: none"> <li>» Ran a personal best time of 1:48.17 in the 800-meters Feb. 11 at the Spire Institute in Geneva, Ohio</li> <li>» Is currently ranked as the fourth fastest freshman in the 800-meters trailing Emmanuel Korir (UTEP), Michael Saruni (UTEP), Devin Dixon (TAMU)</li> <li>» Has recorded three first-place finishes as a true freshman</li> </ul>
	<b>DANA E RIVERS</b> FR.   MID-DISTANCE				<b>NOTES</b>
	<b>Event</b>	<b>Time</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	800-meters	2:04.04	12	2	
	Mile	4:32.55	3	1	<ul style="list-style-type: none"> <li>» Has yet to run an individual event without breaking a school record.</li> <li>» Holds the school record in the 600-meters (1:29.06), 800-meters (2:04.04), Mile (4:32.55) and as a member of the DMR (11:01.16)</li> <li>» Hails from the same high school (Wilbur Cross   Derby, CT) as Penn State alum Casimir Loxsom</li> <li>» Has recorded four first-place finishes as a true freshman</li> </ul>
	<b>TESSA BARRETT</b> SO.   DISTANCE				<b>NOTES</b>
	<b>Event</b>	<b>Time</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	3,000-meters	9:07.22	14	2	
	5,000-meters	15:51.32	6	3	<ul style="list-style-type: none"> <li>» School record holder in the 3K and 5K</li> <li>» 2015 NCAA Cross Country All-American (38th-place)</li> <li>» Has finished first or second in every performance this season</li> </ul>
	<b>JILLIAN HUNSBERGER</b> JR.   DISTANCE				<b>NOTES</b>
	<b>Event</b>	<b>Time</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	5,000-meters	16:08.61	26	5	<ul style="list-style-type: none"> <li>» Set a personal best in the 5K running 16:08.61 at the Husky Classic in Seattle, Wash.</li> <li>» Set a personal best in the mile running 4:57.37 at the Penn State National in University Park, Pa.</li> <li>» 2016 NCAA Cross Country All-American (36th-place)</li> </ul>
	<b>MEGAN MCCLOSKEY</b> JR.   JUMPS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	High Jump	5'-10.50" (1.79m)	26	4	<ul style="list-style-type: none"> <li>» Recorded a personal best clearance of 5'-10.50" (1.79m) at the Penn State National in University park, Pa.</li> <li>» Ranks T-No. 3 in program history with her personal best mark of 5'-10.50" (1.79m)</li> <li>» Has three top-three finishes this season</li> </ul>
	<b>BRYCE WILLIAMS</b> SO.   JUMPS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	Triple Jump	51'-8.25" (15.75m)	20	4	<ul style="list-style-type: none"> <li>» Missed the entire 2016 indoor/outdoor seasons with an ACL injury</li> <li>» Recorded a personal best mark of 51'-8.25" (15.75m) in a first-place finish at the Nittany Lion Challenge</li> <li>» Has produced seven top-three finishes this season in the long jump and triple jump</li> </ul>
	<b>DANNIELLE GIBSON</b> SR.   JUMPS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	Triple Jump	43'-9" (13.33m)	7	1	<ul style="list-style-type: none"> <li>» Has produced the No. 1 All-Conditions mark in women's triple jump with her mark of 44'-8.75" (13.63m) at the 2016 NCAA East Preliminary</li> <li>» No. 2 in program history in the indoor women's triple jump (43'-9"/13.33m)</li> <li>» Also contributes in the 100-meters and 4x100-meter relays during outdoor season</li> <li>» Is a Biotechnology major from Nassau, Bahamas</li> </ul>
	<b>JON YOHMAN</b> JR.   THROWS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	Shot Put	61'-0" (18.59m)	23	7	<ul style="list-style-type: none"> <li>» Is currently just outside the top-five all-time in program history in the shot put on a list that includes three Olympians Joe Kovacs (2016 Olympic Silver), Darrell Hill and C.J. Hunter</li> <li>» Has recorded three first-place finishes this season in the shot put</li> </ul>
	<b>ALYSSA ROBINSON</b> SR.   THROWS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	Shot Put	53'-5.75" (16.30m)	21	3	<ul style="list-style-type: none"> <li>» Currently ranked No. 4 in program history in shot put (indoor) with her mark of 53'-5.75" (16.30m)</li> <li>» Has recorded three wins in the shot put this season (Nittany Lion Challenge, Penn State National, Sykes &amp; Sabock Challenge)</li> </ul>
	<b>MORGAN SHIGO</b> SO.   THROWS				<b>NOTES</b>
	<b>Event</b>	<b>Mark</b>	<b>NCAA Rank</b>	<b>B1G Rank</b>	
	Weight Throw	67'-8" (20.62m)	29	6	<ul style="list-style-type: none"> <li>» Ranks No. 2 in program history in the weight throw with his mark of 67'-8" (20.62m)</li> <li>» Is one of two Nittany Lions to ever surpass the 67' mark in the event joining All-American Will Barr's mark of 70'-6.50" (21.50m) in 2014</li> <li>» Has recorded five top-three finishes during the 2017 indoor season</li> </ul>



## MEN'S BIG TEN INDIVIDUAL CHAMPIONS

Year	Athlete	Event	Performance
1993	Kelley, Brian	Pentathlon	4097
1994	Kelley, Brian	Pentathlon	3967
1997	Loner, Joe	800-Meters	1:50.87
1998	McNutt, Neal	35-lb Weight	62-1 (18.92)
2007	Fritz, Ryan	High Jump	7-3 (2.21)
2008	Miller, Mark	800-Meters	1:52.65
2008	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2009	Foster, Ryan	800-Meters	1:50.24
2009	Smith, Clarence	Triple Jump	51-7.75 (15.74)
2010	Foster, Ryan	800-Meters	1:50.43
2011	Foster, Ryan	800-Meters	1:49.98
2011	Kovacs, Joe	Shot Put	65-1.25 (19.84)
2012	Endress, Wade	DMR	9:44.40
2012	Nadolsky, Aaron	DMR	9:44.40
2012	Loxson, Casimir	DMR	9:44.40
2012	Creese, Robby	DMR	9:44.40
2013	Loxson, Casimir	600-Meters	1:15.72
2013	Kidder, Brannon	800-Meters	1:49.73
2013	Creese, Robby	Mile	4:01.51
2013	Kidder, Brannon	DMR	9:39.87
2013	Gilmore, Matt	DMR	9:39.87
2013	Brennan, Ryan	DMR	9:39.87
2013	Creese, Robby	DMR	9:39.87
2014	Kidder, Brannon	800-Meters	1:49.52
2014	Watkins, Za'Von	DMR	9:45.48
2014	Bennett-Green, Brandon	DMR	9:45.48
2014	Brennan, Ryan	DMR	9:45.48
2014	Kidder, Brannon	DMR	9:45.48
2015	Creese, Robby	3,000-Meters	8:10.75
2015	Hill, Darrell	Shot Put	66-6 (20.26)
2015	Makins, Jordan	DMR	9:40.62
2015	Shisler, Alex	DMR	9:40.62
2015	Watkins, Za'Von	DMR	9:40.62
2015	Creese, Robby	DMR	9:40.62
2015	Creese, Robby	Mile	4:11.41
2016	Harris, Isaiah	800-Meters	1:46.24
2016	Kidder, Brannon	Mile	4:07.89
2016	Shisler, Alex	DMR	9:43.25
2016	Kidder, Brannon	DMR	9:43.25
2016	Harris, Isaiah	DMR	9:43.25
2016	Makins, Jordan	DMR	9:43.25



### WHAT THEY'RE SAYING...

"Danae has attacked this indoor season with an incredible amount of passion and energy, she's set a school record in basically every race she's run. (Danae) is primed for an outstanding Big Ten and NCAA season."

- John Gondak, Penn State Head Coach.



## LAST YEAR'S BIG TEN CHAMPIONSHIPS

# BIG BIG TEN CHAMPIONSHIPS

- » **Isaiah Harris** earned his first-career Big Ten Championship winning the 800-meters with his All-Time Big Ten Record time of 1:46.24.
- » **Brannon Kidder** earned his eighth and ninth Big Ten Championships winning the Mile (4:07.89) and as a leg on the Distance Medley Relay (9:43.25).
- » **Tori Gerlach** and **Tessa Barrett** scored 28 points for Penn State in the 3K and 5K with their 2-3 finishes.
- » This was the first Big Ten Indoor Championships for Associate Head Coach **Erin Tucker** and Assistant Coach **Angela Reckart** who joined the Penn State coaching staff in fall of '15 coming from the University of Florida and North Carolina, respectively.
- » Penn State had four First-Team All-Big Ten honorees in **Isaiah Harris, Brannon Kidder, Jordan Makins** and **Alex Shisler** as well as having four Second-Team All-Big Ten honorees in **Rachel Fotherly, Tori Gerlach, Dannielle Gibson** and **Lexi Masterson**.
- » The Penn State men's Distance Medley Relay won a Big Ten Championship for a **fifth-straight year**.
- » A Penn State athlete has won the men's 800-meters for the seventh-time out of the last nine years which is why Penn State is known as **800-U** by many around the country.
- » Penn State is known for their success in the mid-distance events as well as their winning history in the 4x800-meters at the annual Penn Relays where the Nittany Lions still hold the record of 7:11.17 in the event from 1985.

### POINT SCORERS AT THE 2016 BIG TEN INDOOR CHAMPIONSHIPS

Name	Place	Event	Mark
Isaiah Harris	1st	800-meters	1:46.24
Brannon Kidder	1st	Mile	4:07.89
Makins, Shisler	1st	DMR	9:43.25
Harris, Kidder			
Tori Gerlach	2nd	3,000-meters	9:12.88
Tori Gerlach	2nd	5,000-meters	15:50.49
Rachel Fotherly	2nd	Shot Put	52'-11" (16.13m)
Tessa Barrett	3rd	3,000-meters	9:16.49
Tessa Barrett	3rd	5,000-meters	15:51.56
Obeng Marfo	3rd	Shot Put	52'-9.50" (16.09m)
Malik Moffett	3rd	200-meters	21.03
Alyssa Robinson	4th	Shot Put	52'-2.50" (15.91m)
Rachel Fotherly	4th	Weight Throw	67'-5.50" (20.56m)
Sarah Jane Underwood	4th	800-meters	2:07.43
Xavier Smith	4th	200-meters	21.15
Quenee Dale	5th	60-meter hurdle	8.33
Hannah Mulhern	6th	Pole Vault	13'-1.75" (4.01m)
Madeline Holmberg	6th	Pentathlon	3,747 points
Kocjancic, Rhodes	6th	DMR	11:28.72
Underwood, Lindsay			
Chisom Ifedi	7th	High Jump	6'-9.50" (2.07m)
Robert Rhodes	8th	600-meters	1:18.56
Julie Kocjancic	8th	Mile	4:49.39
Colin Abert	8th	Mile	4:10.95

**SEASON << REWIND <<**

 **NITTANY LION CHALLENGE**

**A Grand Debut for Danae Rivers**

- » True freshman Danae Rivers burst on to the scene setting the school record in the 600-meters running a time of 1:29.81 that was ranked No. 1 in the Big Ten at the time.
- » Rivers returned to run a leg on the 4x400-meter relay that finished second at the meet in a time of 3:44.66.

**Penn State will make you "Jump, Jump"**

- » 2016 Indoor/Outdoor NCAA qualifier Dannielle Gibson opened her senior season with a statement, turning in the then-No. 2 mark in the country in the women's triple jump with her mark of 43'-9" (13.33m) as well as the No. 7 mark in Long Jump in the Big Ten at the time with a mark of 19'-1.25" (5.82m).
- » Bryce Williams, who missed all of 2016 with an ACL injury returned to the runway and laid down the NCAA's No. 8 mark in the event at the time with his jump of 51'-8.25" (15.75m).
- » In total, Penn State had 46 Big Ten top-20 performances this meet, with six top-three marks amongst that group.

 **MCCRABY MEMORIAL INVITATIONAL**

**Danae Rivers Part II**

- » Danae Rivers continued to be a force in the mid-distance events, this time rewriting the school record in the 800-meters running the then-No. 2 time in the NCAA this season 2:04.04.
- » Rivers erased the 10-year-old record of 2:05.67 previously held by Briene Simmons from 2007 finishing second in the event at the McCravy Invtl. trailing fellow freshman Aaliyah Miller of Baylor who won the event in 2:03.43.

- » Sophomore Isaiah Harris ran the then-No. 2 time in the NCAA in the 800-meters as well clocking 1:46.65 to win the event running his second-fastest time ever indoors behind his performance at the Big Ten Indoor Championships when Harris ran 1:46.24 setting the all-time Big Ten indoor record.
- » Freshman teammate Domenic Perretta ran a personal best time of 1:49.29 in come-from-behind fashion that ranked as the 11th-fastest time in the NCAA at the time.
- » A 1-2 finish in the 200-meters landed Penn State's Malik Moffett and Xavier Smith the NCAA's then-No. 11 and No. 19 times, respectively.
- » Smith and Moffett hold two of the top-five performances in the event; Smith and Moffett are tied for the second fastest time in Penn State indoor history with their 21.02's they ran last season as a sophomores.
- » Morgan Shigo propelled himself on to the NCAA scene with his performance in the weight throw finishing the meet with a mark of 66'-4.50" (20.23m) that ranks No. 3 all-time in Penn State indoor history and was the No. 25 best throw in the NCAA.

 **PENN STATE NATIONAL OPEN**

**A World Record Falls**

- » 2013 Penn State Graduate Casimir Loxsom returned to Happy

Valley to make his 2017 indoor debut and did so in world record fashion running 1:14.91 in the 600-meters at the Ashenfelter III Indoor track.

- » Isaiah Harris crossed the line in 1:14.96 just eight one-hundredths (0.08) of a second behind Loxsom, Harris is now the collegiate record holder in the 600-meters surpassing the old mark of 1:15.79 set in 2013 by Loxsom during his senior season in the Blue & White.
- » Rivers made it three-for-three on school records taking the women's mile in a time of 4:34.87 erasing the mark set by Tori Gerlach just last season when she ran 4:37.83. Rivers performance was the No. 1 time in the NCAA at the time.
- » Tessa Barrett, not to be outdone, put on a show in the women's 3K as she paced the field to a school record time of 9:07.22 breaking the record of 2012 Olympian Bridget Franek (Penn State '10) who just happened to be in attendance for the feat. Barrett erased the record of 9:10.04 set by Franek in 2009 and is was ranked No. 1 in the NCAA at the time.

 **SYKES - SABOCK CHALLENGE CUP**

**Shigo Movin' On Up**

- » Morgan Shigo continues his climb in the men's weight throw as he became only the second Nittany Lion to break 67-feet in the event finishing the weekend with a new PR of 67'-8" (20.62m), further extending the No. 2 mark in school history trailing only All-American Will Barr's mark of 70'-6.5" (21.50m) from 2014. Shigo's mark was No. 25 in the NCAA at the time.

 **HUSKY CLASSIC**

**Heading West for Distance Success**

- » Danae Rivers, has yet to run an individual race without setting a school record (This is still true heading into Big Ten's).
- » Rivers turned in a school record time of 4:32.55 racing to the finish line looking strong. The Derby, CT native is was ranked No. 3 at the time in the NCAA behind New Hampshire's Elinor Purrier (4:29.44) and the NCAA leader in Oklahoma State's Kaela Edwards who recorded a time of 4:28.75 at the 110th Millrose Games in New York City at the Armory.
- » Sophomore Keianna Albury added to her impressive season in the sprints taking home the 60-meter and 200-meter titles with the short sprint producing a new personal best as she clocked a time of 7.41.
- » Freshman Tyreek Mathis continued to lower his PR in the 400-meters as he ran 48.20 at the Spire Invitational finishing in the top-15.
- » Fellow freshman Domenic Perretta ran a personal best of his own in the 800-meters running 1:48.17 finishing second behind Isaiah Harris.

 **PENN STATE TUNE-UP**

- » The quartet of Julie Kojancic, Tichina Rhodes, Rachel Banks and freshman phenom Danae Rivers combined to run a time of 11:01.16 in the women's DMR, a time that currently sits at No. 7 in the NCAA. Their time also erased the five-year-old record of 11:05.16 set by Lane, Iheoma, Simko and Millhouse set back in

**BIG TEN WOMEN'S INDIVIDUAL CHAMPIONS**

Year	Athlete	Event	Performance
1992	Mitchell, Shelley	Pentathlon	3830 pts
1998	Bosler, Erica	600-Meters	1:30.22
2002	Aduba, Chi-Chi	Long Jump	19-9 (6.02)
2003	Brauksieck, Tracey	DMR	11:38.33
2003	Green, Cheryl	DMR	11:38.33
2003	Scottoline, Lindsay	DMR	11:38.33
2003	Stevens, Jenny	DMR	11:38.33
2003	Aduba, Chi-Chi	Triple Jump	44-1.50 (13.44)
2003	Williams, Deshaya	Weight Throw	64-6 (19.65)
2004	Moore, Connie	60-Meters	7.27
2004	Moore, Connie	200-Meters	23.44
2004	Dougherty, Sara	Pole Vault	12-11.50 (3.94)
2004	O'Connor, Ja'Nai	Shot Put	55-2 (16.81)
2005	Leatherman, Jennifer	Shot Put	51-3.75 (15.64)
2005	Leatherman, Jennifer	Weight Throw	69-11.50 (21.32)
2006	Blake, Dominique	4x400-Meter Relay	3:41.98
2006	Cox, Shana	4x400-Meter Relay	3:41.98
2006	Barber, Aleesha	4x400-Meter Relay	3:41.98
2006	Simmons, Briene	4x400-Meter Relay	3:41.98
2006	Leatherman, Jennifer	Shot Put	53-5 (16.28)
2006	Leatherman, Jennifer	Weight Throw	74-10.50 (22.82)
2007	Barber, Aleesha	4x400-Meter Relay	3:37.70
2007	Blake, Dominique	4x400-Meter Relay	3:37.70
2007	Cox, Shana	4x400-Meter Relay	3:37.70
2007	Simmons, Briene	4x400-Meter Relay	3:37.70
2008	Cox, Shana	200-Meters	24.06
2008	Cox, Shana	400-Meters	53.40
2008	Barber, Aleesha	4x400-Meter Relay	3:40.43
2008	Blake, Dominique	4x400-Meter Relay	3:40.43
2008	Cox, Shana	4x400-Meter Relay	3:40.43
2008	Simmons, Briene	4x400-Meter Relay	3:40.43
2009	Greaves, Shavon	60-Meters	7.44
2009	Greaves, Shavon	200-Meters	23.96
2009	Dorr, Fawn	400-Meters	54.10
2009	Barber, Aleesha	4x400-Meter Relay	3:39.43
2009	Dorr, Fawn	4x400-Meter Relay	3:39.43
2009	Greaves, Shavon	4x400-Meter Relay	3:39.43
2009	Hunter, Gayle	4x400-Meter Relay	3:39.43
2010	Greaves, Shavon	60-Meters	7.30
2010	Greaves, Shavon	200-Meters	22.98
2010	Anyanwu, Doris	4x400-Meter Relay	3:35.38
2010	DeFusco, Caitlin	4x400-Meter Relay	3:35.38
2010	Dorr, Fawn	4x400-Meter Relay	3:35.38
2010	Greaves, Shavon	4x400-Meter Relay	3:35.38
2010	Franek, Bridget	Mile	4:37.95
2011	Greaves, Shavon	200-Meters	23.67
2011	Anyanwu, Doris	4x400-Meter Relay	3:37.80
2011	Iheoma, Ijeoma	4x400-Meter Relay	3:37.80
2011	Greaves, Shavon	4x400-Meter Relay	3:37.80
2011	Duncan, Megan	4x400-Meter Relay	3:37.80
2012	Lane, Caitlin	Mile	4:39.90
2012	Millhouse, Kara	5,000-Meters	16:17.45
2014	Jones, Mahogany	200-Meters	23.10
2014	Seymour, Kiah	400-Meters	52.53
2014	Gerlach, Tori	3,000-Meters	9:10.76
2014	McGee, Dynasty	4x400-Meter Relay	3:34.55
2014	Jones, Mahogany	4x400-Meter Relay	3:34.55
2014	Rhodes, Tichina	4x400-Meter Relay	3:34.55
2014	Seymour, Kiah	4x400-Meter Relay	3:34.55
2015	Gerlach, Tori	5,000-Meters	16:04.64
2015	Seymour, Kiah	400-Meters	52.72



## IN THE POLLS

### MEN'S USTFCCCA COACHES RANKINGS

Rank	Team	Conference	Pts.	Prev.
1.	Florida	SEC	156.49	1
2.	Oregon	MPSF	129.42	2
3.	Arkansas	SEC	102.07	5
4.	Texas A&M	SEC	88.45	6
5.	LSU	SEC	85.95	3
6.	Georgia	SEC	84.15	7
7.	Colorado	MPSF	79.59	17
8.	Kansas	Big 12	75.37	16
9.	UTEP	C-USA	74.42	19
10.	Tennessee	SEC	67.40	14
11.	Texas	Big 12	66.60	15
12.	Colorado State	MW	66.21	10
13.	Texas Tech	Big 12	64.20	12
14.	Virginia	ACC	61.75	4
15.	Southern California	MPSF	61.19	8
16.	Iowa	Big Ten	54.49	32
17.	Virginia Tech	ACC	51.69	18
18.	Indiana	Big Ten	49.95	30
19.	Houston	American	49.47	26
20.	Alabama	SEC	48.35	11
21.	Southern Illinois	Missouri Valley	46.38	23
22.	Oklahoma State	Big 12	45.46	20
23.	Washington	MPSF	44.69	21
24.	Syracuse	ACC	44.03	9
25.	Georgetown	Big East	43.30	51

**Dropped out:** No. 13 Stanford, No. 22 Michigan, No. 24 Penn State, No. 25 South Carolina



### WOMEN'S USTFCCCA COACHES RANKINGS

Rank	Team	Conference	Pts.	Prev.
1.	Oregon	MPSF	249.07	1
2.	Georgia	SEC	170.09	3
3.	Arkansas	SEC	160.82	2
4.	Southern California	MPSF	121.68	4
5.	LSU	SEC	119.69	7
6.	Kentucky	SEC	107.77	6
7.	Texas	Big 12	81.82	8
8.	Baylor	Big 12	77.88	12
9.	Alabama	SEC	70.04	17
10.	Florida	SEC	68.35	5
11.	Ole Miss	SEC	67.21	11
12.	Texas A&M	SEC	62.38	48
13.	Kansas State	Big 12	56.23	13
14.	Miami (FL)	ACC	52.40	15
15.	<b>Penn State</b>	<b>Big Ten</b>	<b>52.24</b>	<b>20</b>
16.	Michigan	Big Ten	47.74	10
17.	Indiana	Big Ten	47.11	41
18.	Stanford	MPSF	43.69	28
19.	Villanova	Big East	38.07	40
20.	Furman	Southern	37.35	55
21.	Arizona	MPSF	34.23	35
22.	Colorado	MPSF	34.13	32
23.	Purdue	Big Ten	33.98	16
24.	Illinois	Big Ten	30.96	31
25.	Mississippi State	SEC	29.26	52

**Dropped out:** No. 9 Notre Dame, No. 14 Boise State, No. 18 NC State, No. 19 Oklahoma State, No. 21 Tennessee, No. 22 Washington, No. 23 Georgetown, No. 24 Harvard, No. 25 Oklahoma

## NEWS & NOTES

### Harris for Bowerman

- » Gone are three names from the January Watch List and in their place are three new ones including two standout freshmen and a mid-distance specialist who not only ran one of the fastest times in collegiate history, but world history as released by The Bowerman Watch List Committee.
- » Harris eclipsed UTEP's Emmanuel Korir's time in the 600-meters by one hundredth of a second (0.01) running 1:14.96 at the Penn State National Open, but it wouldn't stand as an all-time world best like Korir's because Harris finished runner-up to the new record holder and former Nittany Lion Casimir Loxom.
- » Harris began his season with a strong performance in the 1,000-meters running 2:22.96 that is currently ranked No. 5 in the NCAA.
- » At the Rod McCravy Memorial Invitational, Harris clocked 1:46.65 winning the 800-meters and recorded the No. 2 time in the event in the NCAA, behind Korir's 1:46.50 - at the time.
- » At the Penn State National, Harris ran a blazing 1:14.96 setting the Collegiate Record and besting the mark of 1:14.97 set by Emmanuel Korir.
- » Harris is the second Penn State athlete, of either gender, to be named to The Bowerman Watch List following an appearance by Brannon Kidder last season.

**THE BOWERMAN**

**Isaiah Harris**  
Mid-Distance  
Lewiston, Maine

**FAST FACTS**

Isaiah Harris is just the second Penn State athlete to ever make the Bowerman Watch-List joining former Nittany Lion Brannon Kidder from last February.



#### WHAT THEY'RE SAYING...

"Dannielle is a very competitive athlete, she comes to practice with an edge and a desire to improve each and every practice. She works hard in the weight room and on the track, and that goes along way towards to her success in the triple jump "

**-Fritz Spence, Penn State Assistant Coach.**



### WHAT THEY'RE SAYING...

"Morgan has been learning a lot of technique this season, he's working on some technical aspects in his entry and rhythm and his throw. He's been really diligent, he's a hard worker, just a strong athlete and I look forward to really bright things in his future"

- **Lucais MacKay, Penn State Assistant Coach.**



### WHAT THEY'RE SAYING...

"Isaiah has been a great leader for our program this indoor season, both with his actions and his words. He's had some incredible performances, and i'm excited to see what he will do during championship season"

- **John Gondak, Penn State Head Coach.**



## BIG TIME

### BIG AOTW: Dannielle Gibson (1/18)

- » Finished first in the triple jump and long jump at the Nittany Lion Challenge
- » Mark of 13.33 meters in the triple jump ranks second nationally and second in school history
- » Collects her first career Indoor Field Athlete of the Week honor

### BIG AOTW: Isaiah Harris (1/25)

- » Recorded a first-place finish in the 800-meter run at the Rod McCravy Memorial Invitational
- » Time of 1:46.65 is currently the second-fastest time in the country
- » Secures the second indoor track and field weekly award of his career

### BIG AOTW: Isaiah Harris (2/1)

- » Earned a second-place finish in the 600-meter at the Penn State National Open
- » Posted a time of 1:14.96, which is currently the fastest time in the nation and a collegiate record
- » Claims the third indoor track and field weekly award of his career and second in as many weeks

### BIG AOTW: Tessa Barrett (2/1)

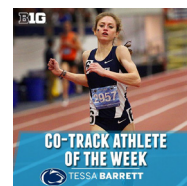
- » Was the top finisher in the 3,000-meter race at the Penn State National Open
- » Her time of 9:07.22 currently ranks first in the nation and set a new school record
- » Secures the first indoor track and field weekly award of her career

### BIG AOTW: Danae Rivers (2/1)

- » Finished first in the mile race at the Penn State National Open
- » Set a new school record with a time of 4:34.87
- » Now owns three school records as a freshman
- » Claims the first indoor track and field weekly award of her career



# BIG





## THE HOME OF PENN STATE TRACK & FIELD

### Horace Ashenfelter III Indoor Track

- » Penn State track & field athletes practice and compete in one of the premiere facilities in the U.S. in the Ashenfelter III Indoor Track. The track itself is the facility's most dynamic feature, and one of only a handful of indoor tracks in the U.S. to offer a six-lane, 200-meter, hydraulically banked oval. The building has all the features of a world-class facility, including six 42-inch lanes with hydraulically banked turns and eight 48-inch sprint lanes down the middle.
- » Penn State has hosted the Big Ten indoor championships in 1999 and 2009 as well as hosting the PTFCA Indoor State Championship.
- » Penn State is one of seven locations in the U.S. that offer a hydraulically banked 200-meter track:

- Birmingham Crossplex
- Navy
- Nebraska
- Ocean Breeze
- Penn State
- Texas A&M
- Virginia Military Institute

#### WHAT THEY'RE SAYING...

"Xavier Smith is one of those guys that all coaches love to have in their program. We voted him as a team captain this fall because of his leadership qualities, he's an old school blue collar Pennsylvania hard working type guy. We're looking forward to some exciting stuff from him during these Big Ten Championships."

- Erin Tucker, Penn State Associate Head Coach



## RECORDS BROKEN UNDER GONDAK

### SCHOOL RECORDS

#### Women's School Records Set

600-meters	1:29.06	Danae Rivers, 2017
800-meters	2:04.04	Danae Rivers, 2017
1,000-meters	2:43.15	Tori Gerlach, 2016
Mile	4:32.55	Danae Rivers, 2017
3,000-meters	9:07.22	Tessa Barrett, 2017
5,000-meters	15:46.08	Tessa Barrett, 2016
DMR	11:01.16	Kocjancic, Rhodes, Banks, Rivers, 2017
Pole Vault	13'-9.25" (4.21m)	Lexi Masterson, 2016
Shot Put	56'-8" (17.27m)	Rachel Fotherly, 2016

#### Men's School Records Set

60-meters	6.68	Xavier Smith, 2016
600-meters	1:14.96	Isaiah Harris, 2017
800-meters	1:46.24	Isaiah Harris, 2016
1,000-meters	2:18.26	Brannon Kidder, 2016
3,000-meters	7:50.36	Robby Creese, 2015
Shot Put	67'-3.50" (20.51m)	Darrell Hill, 2015

### TOP-FIVE INDOOR MARKS

#### Women's Top-Five Marks Set

No. 2 Mile	4:37.83	Tori Gerlach, 2016
No. 2 5K	15:50.49	Tori Gerlach, 2016
No. 2 TJ	43'-9" (13.33m)	Dannielle Gibson, 2017
No. 2 WT	69'-2" (21.08m)	Rachel Fotherly, 2016
No. 2 PV	13'-6.50" (4.13m)	Hannah Mulhern, 2016
No. 3 HJ	5'-10.50" (1.79m)	Megan McCloskey, 2017
T-No. 4 60m	7.41	Keianna Albury, 2017
No. 4 800-meters	2:07.43	Sarah Jane Underwood, 2016
No. 4 60mH	8.26	Queenie Dale, 2016
No. 4 DMR	11:15.00	Rivers, Lester, Banks, Barrett, 2017
No. 4 PV	13'-1.75" (4.01m)	Kasey Kemp, 2016
No. 4 SP	53'-5.75" (16.30m)	Alyssa Robinson, 2017
No. 5 Mile	4:40.43	Julie Kocjancic, 2017
No. 5 5K	16:04.66	Elizabeth Chikotas, 2016
No. 5 HJ	5'-9.75" (1.77m)	Ahmenah Richardson, 2016
No. 5 PV	13'-0.75" (3.98m)	Megan Fry, 2017

#### Men's Top-Five Marks Set

T-No. 2 60-meters	6.76	Malik Moffett, 2017
T-No. 2 200-meter	21.02	Malik Moffett, 2016
T-No. 2 200-meter	21.02	Xavier Smith, 2016
No. 2 DMR	9:27.20	Makins, Shisler, Harris, Kidder, 2016
No. 2 TJ	52'-6.75" (16.02m)	Brian Leap, 2016
No. 2 WT	67'-8" (20.62m)	Morgan Shigo, 2017
No. 2 Mile	3:57.13	Brannon Kidder, 2015
No. 3 800-meters	1:47.01	Brannon Kidder, 2016
No. 3 4x800	7:22.10	Makins, Brennan, Kidder, Creese, 2015
No. 3 DMR	9:28.36	Kidder, Rhodes, Watkins, Creese, 2015
No. 4 600-meters	1:16.98	Brannon Kidder, 2015
No. 4 DMR	9:32.21	Kidder, Shisler, Watkins, Creese, 2015
No. 4 4x400	3:07.81	Chisena, Smith, Reiser, Harris, 2017
No. 5 600-meters	1:17.58	Robert Rhodes, 2016

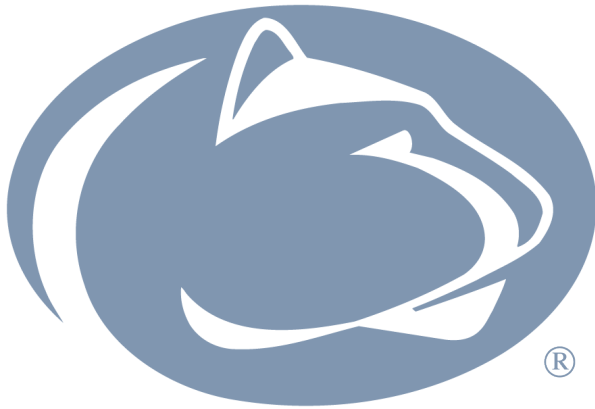


# JOHN GONDAK

Head Coach • 3rd Season (11th Overall)

Doylestown, Pa.

Civil Engineering • Syracuse '95



## THE GONDAK FILE

### COACHING RESUME

- 2014-Current - Head Coach, Penn State
- 2006-14 - Assistant Coach, Penn State
- 1998-06 - Assistant Coach, Kentucky
- 1996-98 - Assistant Coach, Toledo
- 1995-96 - Assistant Coach, Georgia Tech

### EDUCATION

- Syracuse 95' - Graduated summa cum laude of Civil Engineering program

### AWARDS

- 2016 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Cross Country Women's Head Coach of the Year
- 2015 Mid-Atlantic Region Indoor Men's Head Coach of the Year
- 2014 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Indoor Men's Assistant Coach of the Year
- 2013 Mid-Atlantic Region Outdoor Men's Assistant Coach of the Year
- 2010 Mid-Atlantic Region Outdoor Assistant Coach of the Year
- 2009 Mid-Atlantic Region Assistant Coach of the Year

### NOTABLE ATHLETES COACHES

- Tessa Barrett
- Robby Creese
- Owen Dawson
- Bridget Franek
- Ryan Foster
- Tori Gerlach
- Isaiah Harris
- Barnnon Kidder
- Casimir Loxsom
- Danae Rivers

## RECAP FROM LAST YEAR:

GENEVA, Ohio – Penn State track & field wrapped up weekend action at the Big Ten Championships with the women's team claiming third-place with 96.5 points, followed by a sixth-place finish by the men who completed the two day meet with 60 total points.

Julie Kocjancic started things on the track for the Nittany Lions in the final of the women's mile finishing eighth in a time of 4:49.39. Following Kocjancic on the track were Brannon Kidder and Colin Abert in the final of the men's mile.

Kidder led from beginning to end as he walked away from the field over the final 200-meters, finishing with a time of 4:07.89 for the win while teammate Colin Abert rounded out the scoring for Penn State in the event running 4:10.95.

Xavier Smith entered the finals of the 60-meters sporting the fastest time of the season in the event in the Big Ten with his time of 6.68 set earlier in the season. Smith took fifth-place in the event in a time of 6.78 seconds less than a tenth of a second behind Iowa's Vinnie Saucer who won in 6.70.

The women's 800-meters featured an all-time personal best performance from Sarah Jane Underwood as she clocked 2:07.43 to claim fourth-place and add to the team total for the women netting five points from her performance.

Following in Underwood's footsteps, Isaiah Harris and Jordan Makins each set personal best of their own in the men's 800-meters final.

Harris, a true freshman, entered the event having clocked the fastest time in prelims at 1:48.93. The duo of Makins and Harris combined to collect 15 points in the event as Makins finished fourth in a personal best time of 1:48.96 while teammate Isaiah Harris clocked a blazing 1:46.24 to set a new All-time Big Ten indoor record, Big Ten Championships record, facility record, Penn State school record, and a personal best time in the process. Harris is currently ranked as the No. 4 800-meter athlete in the nation.

In the 60-meter hurdles, Quenee Dale continued the trend for the women's team by adding four points with her performance in the event clocking 8.33 seconds.

Robert Rhodes scored in the men's 600-meters as he ran 1:18.56 finishing in eighth-place.

Returning to the track in the men's 200-meters was Xavier Smith, this time bringing along teammate Malik Moffett. Both Smith and Moffett entered the event with a season best time of 21.02. Moffett would use a strong surge towards the finish line to secure his third-place finish clocking 21.03, just one one-hundredth of a second off his personal best time while Smith took fourth-place in 21.15.

Just as they had in the women's 3K the night before, Tori Gerlach and Tessa Barrett teamed up in the women's to rack up 14 points as Gerlach ran her way to a second-place finish with her time of 15:50.49 followed closely by Tessa Barrett's third-place time of 15:51.56. Gerlach's time of 15:50.49 set a personal best for the senior distance specialist.

Rachel Faterly and Alyssa Robinson returned to the field, this time in the women's weight throw. Faterly took fourth-place at 20.56m (67'-5.0") while Robinson recorded a personal best throw of 19.15m (62'-10") claiming ninth-place.

The women's triple jump saw a Penn State athlete set a personal best mark as well in Kaitlyn Lopez as she finished competition in sixth-place with her mark of 12.50m (41'-0"). Dannielle Gibson took second with her mark of 13.10m (42'-11.75"). Penn State added 11 points with Gibson and Lopez's performances.

Freshman Chisom Ifedi finished the day in seventh-place in the men's high jump bowing out of the competition with a best clearance of 2.07m (6'-9.5").

As is tradition in track and field, the day would conclude with the running of the men's and women's mile relays.

The quartet of Shisler, Reiser, Smith, and Harris combined to record a time of 3:09.59 taking sixth-place and ending their two-day total at 60 points as they finished in sixth-place.

The women's team wrapped up day two with 96.5 points claiming third-place as a team.

## YEAR-BY-YEAR FINISH AT BIG TEN'S (M)

Year	Indoor (points)	Outdoor (points)
1992	8th (30.5)	7th (55)
1993	6th (31)	8th (52.5)
1994	7th (38)	8th (49)
1995	10th (8)	5th (87)
1996	10th (25)	3rd (82)
1997	10th (29.3)	8th (56)
1998	8th (51)	9th (53)
1999	10th (30)	9th (62)
2000	9th (34.5)	7th (71.5)
2001	5th (68)	3rd (98.83)
2002	CANCELLED	5th (72)
2003	7th (42)	5th (81)
2004	8th (39)	7th (54.5)
2005	8th (37)	7th (66)
2006	8th (46.5)	7th (61)
2007	8th (46)	4th (93.5)
2008	4th (79)	6th (77)
2009	3rd (78)	5th (80)
2010	T-6th (51)	T-7th (52)
2011	6th (62.66)	6th (74)
2012	6th (51.33)	6th (80)
2013	3rd (87)	8th (59)
2014	3rd (72)	6th (78)
2015	4th (72)	5th (67)
2016	6th (60)	5th (82)



## INDOOR TRACK AND FIELD CHAMPIONSHIPS

## YEAR-BY-YEAR FINISH AT BIG TEN'S (W)

Year	Indoor (points)	Outdoor (points)
1992	8th (30)	6th (77)
1993	4th (43)	6th (56)
1994	10th (10)	8th (53)
1995	10th (17)	10th (33)
1996	4th (39)	8th (43)
1997	5th (63)	3rd (91)
1998	6th (44.5)	5th (75)
1999	8th (59.17)	8th (63)
2000	8th (21)	7th (62)
2001	T-6th (61)	8th (65)
2002	7th (55.5)	8th (72)
2003	3rd (87)	T-2nd (124)
2004	1st (115)	2nd (126.5)
2005	4th (74)	2nd (112.5)
2006	4th (85)	3rd (114)
2007	4th (92)	3rd (114)
2008	3rd (121)	1st (151)
2009	2nd (125)	1st (139)
2010	1st (111)	1st (133.5)
2011	2nd (86)	2nd (122)
2012	3rd (99)	4th (87)
2013	4th (73)	1st (133)
2014	1st (114.5)	1st (136)
2015	T-3rd (68)	7th (66)
2016	3rd (96.5)	10th (47.5)



**First Day**

10:00 am	Heptathlon 60m (men)
@10:45	Heptathlon Long Jump (men)
@10:50	Pentathlon 60m Hurdles (women)
11:30	Men's Pole Vault (trials & finals)
@11:40	Pentathlon High Jump (women)
12:00 pm	Men's 3,000m (unseeded section) (finals)
12:20	Women's 3,000m (unseeded section) (finals)
@12:30	Heptathlon Shot Put (men)
12:40	Men's Mile Run (trials)
1:00	Women's Mile Run (trials)
1:20	Men's 400m (trials)
1:45	Women's 400m (trials)
@1:45	Heptathlon High Jump (men)
@2:00	Pentathlon Shot Put (women)
2:10	Men's 60m (trials)
2:30	Women's 60m (trials)
2:50	Men's 800m (trials)
3:10	Women's 800m (trials)
@3:15	Pentathlon Long Jump (women)
3:30	Women's Pole Vault (trials & finals)
3:30	Men's Shot Put (trials & finals)
3:30	Men's 60m Hurdles (trials)
3:50	Women's 60m Hurdles (trials)
4:10	Men's 600m (trials)
4:35	Women's 600m (trials)
4:45	Men's Long Jump (trials & finals)
4:45	Women's Long Jump (trials & finals)
@4:55	Pentathlon 800m (women)
5:00	Men's 200m (trials)
5:25	Women's 200m (trials)
5:30	Women's Shot Put (trials & finals)
5:50	Men's 3,000m (seeded section) (finals)
6:10	Women's 3,000m (seeded section) (finals)
6:30	Men's Distance Medley Relay (finals)
6:50	Women's Distance Medley Relay (finals)

@ - approximate time

**Second Day**

10:00 am	Heptathlon 60m Hurdles (men)
@11:00	Heptathlon Pole Vault (men)
11:00	Men's High Jump (trials & finals)
11:00	Women's Triple Jump (trials & finals)
11:10	Men's Weight Throw (trials & finals)
12:30 pm	Men's 5,000m (unseeded section) (finals)
12:55	Women's 5,000m (unseeded section) (finals)
1:20	Men's Mile Run (finals)
1:30	Women's Mile Run (finals)
@1:30	Heptathlon 1,000m (men)
1:40	Men's 400m (finals)
1:45	Women's Weight Throw (trials & finals)
1:50	Women's 400m (finals)
2:00	Men's Triple Jump (trials & finals)
2:00	Women's High Jump (trials & finals)
2:00	Men's 60m (finals)
2:10	Women's 60m (finals)
2:20	Men's 800m (finals)
2:30	Women's 800m (finals)
2:40	Men's 60m Hurdles (finals)
2:50	Women's 60m Hurdles (finals)
3:00	Men's 600m (finals – 2 sections)
3:10	Women's 600m (finals – 2 sections)
3:20	Men's 200m (finals)
3:30	Women's 200m (finals)
3:40	Men's 5,000m (seeded section) (finals)
4:05	Women's 5,000m (seeded section) (finals)
4:20	Men's 4x400m Relay (finals – 2 sections)
4:35	Women's 4x400m Relay (finals – 2 sections)
4:50	<b>AWARDS PRESENTATION</b>

@ - approximate time

***Note: Pending coaches' approval, the relative time schedule may be adjusted as needed based on the facility in which the championships occur. For the current indoor championships schedule, please reference the adjusted time schedule approved by coaches and distributed by the host.***





# TRACK & FIELD

## 2017 Penn State Women's Indoor Performance List

### WOMEN'S 60-METER DASH PSU: Shavon Greaves, 7.24 (2010)

7.41	Keianna Albury	Feb-11
7.63	Kiara Lester	Feb-11
7.69	Quenee Dale	Jan-21
7.69	Dannielle Gibson	Feb-18
7.71	Lauren Costa	Feb-18
7.77	Deja Davis	Jan-14
7.86	Kaitlyn Lopez (UNA)	Feb-3

### WOMEN'S 200-METER DASH PSU: Connie Moore, 22.60 (2010)

23.68	Keianna Albury	Feb-11
24.39	Kiara Lester	Jan-28
24.97	Deja Davis	Feb-11
25.00	Lauren Costa	Feb-18
25.06	Quenee Dale	Jan-28
25.45	Tichina Rhodes	Feb-4
25.54	Frances Bull	Feb-18
25.81	Megan Osborne	Jan-14

### WOMEN'S 400-METER DASH PSU: Shana Cox, 52.31 (2007)

56.74	Frances Bull	Feb-18
56.81	Deja Davis	Feb-11
57.80	Megan Osborne	Feb-4
58.22	Tichina Rhodes	Feb-11

### WOMEN'S 500-METER DASH PSU: Shana Cox, 1:09.19 (2007)

1:16.39	Rachel DeCecco	Jan-28
1:16.66	Elyse Skerpon	Jan-28

### WOMEN'S 600-METER RUN PSU: Danae Rivers, 1:29.06 (2017)

<b>1:29.06</b>	<b>Danae Rivers</b>	<b>Jan-14</b>
1:32.38	Frances Bull	Feb-4
1:33.87	Rachel Banks	Feb-18
1:33.91	Rachael DeCecco	Feb-4
1:34.65	Elyse Skerpon	Feb-4
1:37.59	Marissa Sheva	Feb-4

### WOMEN'S 600-YARD RUN PSU: Tammie Hart, 1:20.34 (1983)

1:25.24	Rachael DeCecco	Jan-20
1:25.66	Elyse Skerpon	Jan-20

### WOMEN'S 800-METER RUN PSU: Danae Rivers, 2:04.04 (2017)

<b>2:04.04</b>	<b>Danae Rivers</b>	<b>Jan-21</b>
2:08.47	Rachel Banks	Feb-11
2:09.40	Julie Kocjancic	Feb-4
2:11.47	Frances Bull	Feb-11
2:13.24	Grace Trucilla	Jan-28
2:14.60	Marissa Sheva	Feb-18
2:15.10	Nicole O'Donnell	Feb-18
2:15.24	Natasha Fedkina	Feb-4
2:15.30	Victoria Crawford	Feb-4

### WOMEN'S 1000-METER RUN PSU: Tori Gerlach, 2:43.15 (2016)

2:52.34	Rachel Banks	Jan-28
2:52.50	Marissa Sheva	Feb-11
2:53.87	Grace Trucilla	Feb-11
2:57.42	Natasha Fedkina	Jan-14

### WOMEN'S MILE RUN PSU: Danae Rivers, 4:32.55 (2017)

<b>4:32.55</b>	<b>Danae Rivers</b>	<b>Feb-11</b>
4:40.43	Julie Kocjancic	Feb-11
4:41.17	Tori Gerlach (UNA)	Jan-14
4:42.56	Tessa Barrett	Jan-14
4:51.73	Grace Trucilla	Feb-18
4:53.34	Marissa Sheva	Feb-18
4:53.74	Greta Lindsley	Jan-28
4:54.43	Lisa Bennatan	Feb-4
4:57.37	Jillian Hunsberger	Jan-28
4:58.21	Natasha Fedkina	Feb-4
4:58.25	Victoria Crawford	Feb-18
4:58.48	Hannah Catalano	Feb-18
4:58.79	Lisa Bennatan	Jan-14
4:58.82	Kathryn Munks	Jan-14
4:59.48	Noemie Noullet	Feb-18
4:59.50	Rachel Banks	Feb-4
5:02.69	Cara Ulizio	Feb-4

### WOMEN'S 3000-METER RUN PSU: Tessa Barrett, 9:07.22 (2017)

8:54.61	Tori Gerlach (UNA)	Feb-11
<b>9:07.22</b>	<b>Tessa Barrett</b>	<b>Jan-28</b>
9:37.39	Greta Lindsley	Feb-18
9:39.90	Kathryn Munks	Jan-28
9:41.70	Lisa Bennatan	Feb-10
9:47.03	Julie Kocjancic	Feb-4
10:06.89	Cara Ulizio	Feb-10
10:09.63	Noemie Noullet	Feb-4
10:35.91	Hannah Catalano	Jan-28

### WOMEN'S 5000-METER RUN PSU: Tessa Barrett, 15:46.08 (2016)

15:51.32	Tessa Barrett	Feb-10
16:08.61	Jillian Hunsberger	Feb-10
16:40.14	Kathryn Munks	Feb-10

### WOMEN'S 60-METER HURDLES PSU: Evonne Britton, 8.10 (2014)

8.36	Quenee Dale	Jan-14
9.13	Rachel DeCecco	Feb-18
9.28m	Tal Ben-Artzi	Jan-20

### WOMEN'S 4x200-METER RELAY PSU: Osborne, Seymour, McGee, Jones, 1:35.65 (2014)

### WOMEN'S 4x400-METER RELAY PSU: McGee, Jones, Rhodes, Seymour, 3:33.13 (2014)

3:41.45	Bull, Lester, Davis, Rivers	Jan-28
3:42.62	Davis, Lester, Rhodes, Bull	Feb-11
3:49.41	DeCecco, Skerpon, Rhodes, Bull	Feb-4
3:52.25	DeCecco, Skerpon	Feb-11
3:55.96	Osborne, Costa, Osborne, DeCecco, Skerpon, Albury	Jan-14

### WOMEN'S 4x800-METER RELAY PSU: Cassel, Gerken, Hart, Stever, 8:45.60 (1984)

### WOMEN'S DISTANCE MEDLEY RELAY PSU: Kocjancic, Rhodes, Banks, Rivers, 11:01.16 ('17)

<b>11:01.16</b>	<b>Kocjancic, Rhodes Banks, Rivers</b>	<b>Feb-18</b>
11:15.00	Rivers, Lester Banks, Barrett	Jan-27
12:08.33	Lindsley, Banks Sheva, Crawford	Jan-14
12:09.47	Kocjancic, O'Donnell Trucilla, Fedkina	Jan-14

### WOMEN'S HIGH JUMP PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987) Brittany Maun, 5-11.25/1.81 (2010)

5-10.50 (1.79)	Megan McCloskey	Jan-28
5-4.50 (1.64)m	Tal Ben-Artzi	Jan-20
5-3.00 (1.60)	Abigail Stultz	Jan-14

### WOMEN'S POLE VAULT PSU: Lexi Masterson, 13-9.25/4.21 (2016)

13-2.25 (4.03)	Lexi Masterson	Feb-4
13-0.75 (3.98)	Hannah Mulhern	Jan-28
13-0.75 (3.98)	Megan Fry	Jan-28
12-8.75 (3.88)	Kasey Kemp	Feb-3

### WOMEN'S LONG JUMP PSU: Gayle Hunter, 20-11.25/6.38 (2009)

19-1.25 (5.82)	Dannielle Gibson	Jan-14
18-10.50 (5.75)	Kaitlyn Lopez (UNA)	Feb-10
18-6.00 (5.64)	Kelsey Vieira (UNA)	Feb-18
18-1.50 (5.52)	Keianna Albury	Feb-3
17-11.50 (5.47)	Olivia Giambra	Feb-10
17-1.25 (5.21)	Rachel DeCecco	Feb-18
16-0.75 (4.90)m	Tal Ben-Artzi	Jan-20

### WOMEN'S TRIPLE JUMP PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003)

43-9.00 (13.33)	Dannielle Gibson	Jan-14
40-7.00 (12.37)	Kaitlyn Lopez (UNA)	Jan-28
39-0.25 (11.89)	Kelsey Vieira (UNA)	Feb-18
37-11.50 (11.57)	Olivia Giambra	Feb-11
37-2.50 (11.34)	Abigail Stultz	Jan-14

### WOMEN'S SHOT PUT PSU: Rachel Fatherly, 56-8/17.27 (2016)

53-5.75 (16.30)	Alyssa Robinson	Jan-28
52-4.00 (15.95)	Obeng Marfo	Jan-21
42-0.50 (12.81)	Madeline Holmberg <sup>UNA</sup>	Feb-18
35-5.75 (10.81)	Tal Ben-Artzi	Jan-14

### WOMEN'S 20-LB WEIGHT THROW PSU: Jennifer Leatherman, 74-10/22.82 (2006)

61-9.00 (18.82)	Obeng Marfo	Feb-10
59-11.00 (18.26)	Alyssa Robinson	Jan-14

### WOMEN'S PENTATHLON PSU: Gayle Hunter, 4,342 (2009)

**KEY -**  
**BOLD** - School Record; m - Mark from Multi-Events; \* - Flat to bank conversion, UNA - Unattached, CR- Collegiate Record

Feb. 20, 2017

## All-Time Women's Top Five Indoor Performances

### WOMEN'S 60-METER DASH

**PSU: 7.24, Shavon Greaves (2010)**

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahogany Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.41	Toyin Augustus, 2001
	<b>7.41</b>	<b>Keianna Albury, 2017</b>
5.	7.46	Kamilah Salaam, 2005

### WOMEN'S 200-METER DASH

**PSU: 22.60, Connie Moore (2004)**

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahogany Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

### WOMEN'S 400-METER DASH

**PSU: 52.31, Shana Cox (2007)**

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

### WOMEN'S 500-METER DASH

**PSU: 1:09.19, Shana Cox (2007)**

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

### WOMEN'S 600-METER RUN

**PSU: 1:29.06, Danae Rivers (2017)**

1.	<b>1:29.06</b>	<b>Danae Rivers, 2017</b>
2.	1:29.81	Briene Simmons, 2008
3.	1:30.22	Erica Bosler, 1998
4.	1:30.42	Ijeoma Iheoma, 2011
5.	1:31.35	Bekka Simko, 2011

### WOMEN'S 800-METER RUN

**PSU: 2:04.04, Danae Rivers (2017)**

1.	<b>2:04.04</b>	<b>Danae Rivers, 2017</b>
2.	2:05.67	Briene Simmons, 2007
3.	2:06.88	Bekka Simko, 2012
4.	2:07.43	Sarah Jane Underwood, 2016
5.	2:08.33	Marta Klebe, 2014

### WOMEN'S 1000-METER RUN

**PSU: 2:43.15, Tori Gerlach (2016)**

1.	2:43.15	Tori Gerlach, 2016
2.	2:44.24	Caitlin Lane, 2012
3.	2:47.28	Marta Klebe, 2014
4.	2:48.17	Sarah Jane Underwood, 2014
5.	2:48.21	Briene Simmons, 2007

### WOMEN'S MILE RUN

**PSU: 4:32.55, Danae Rivers (2017)**

1.	<b>4:32.55</b>	<b>Danae Rivers, 2017</b>
2.	4:37.83	Tori Gerlach, 2016
3.	4:37.95	Bridget Franek, 2010
4.	4:38.37	Caitlin Lane, 2011
5.	<b>4:40.43</b>	<b>Julie Kocjancic, 2017</b>

### WOMEN'S 3000-METER RUN

**PSU: 9:07.22, Tessa Barrett (2017)**

1.	<b>9:07.22</b>	<b>Tessa Barrett, 2017</b>
2.	9:10.04	Bridget Franek, 2009
3.	9:10.76	Tori Gerlach, 2014
4.	9:13.06	Paula Renzi, 1985
5.	9:15.16	Caitlin Lane, 2012

### WOMEN'S 5000-METER RUN

**PSU: 15:46.08, Tessa Barrett (2016)**

1.	15:46.08	Tessa Barrett, 2016
2.	15:50.49	Tori Gerlach, 2016
3.	15:53.50	Paula Renzi, 1985
4.	15:56.76	Bridget Franek, 2010
5.	16:04.66	Elizabeth Chikotas, 2016

### WOMEN'S 60-METER HURDLES

**PSU: 8.10, Evonne Britton (2014)**

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.22	Toyin Augustus, 2001
5.	8.26	Quenee Dale, 2016
4.	8.31	Brittney Howell, 2014

### WOMEN'S 4X400-METER RELAY

**PSU: 3:33.13, McGee, Jones, Rhodes, Seymour (2014)**

1.	3:33.13	McGee, Jones, Rhodes, Seymour, 2014
2.	3:33.49	Blake, Simmons, Cox, Barber, 2007
3.	3:34.00	Blake, Cox, Barber, Dorr, 2008
	3:34.00	Anyanwu, Iheoma, Greaves, Duncan, '11
5.	3:34.04	Cox, Simmons, Barber, Blake, 2006

### WOMEN'S DISTANCE MEDLEY

**PSU: 11:01.16, Kocjancic, Rhodes, Banks, Rivers, (2017)**

1.	<b>11:01.16</b>	<b>Kocjancic, Rhodes, Banks, Rivers, '17</b>
		<b>(3:22, 54.8, 2:08.6, 4:35.1)</b>
2.	11:05.16	Lane, Iheoma, Simko, Millhouse, '12
		<b>(3:22, 53.5, 2:07.5, 4:41.1)</b>
3.	11:14.78	Hutchinson, Cox, Simmons, Franek, '07
4.	<b>11:15.00</b>	<b>Rivers, Lester, Banks, Barrett, '17</b>
5.	11:18.96	Simko, Iheoma, Klebe, Ridder, '12

### WOMEN'S HIGH JUMP

**PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)**  
**5-11.25 (1.81), Brittany Maun (2010)**

1.	5-11.25 (1.81)	Brittany Maun, 2010
	5-11.25 (1.81)	Antoinette O'Carroll, 1987
3.	5-10.50 (1.79)	Erika Morgan, 2013
	<b>5-10.50 (1.79)</b>	<b>Megan McCloskey, 2017</b>
5.	5-9.75 (1.77)	Jen Aylward, 2001
	5-9.75 (1.77)	Ahmenah Richardson, 2016

### WOMEN'S POLE VAULT

**PSU: 13-9.25 (4.21), Lexi Masterson (2016)**

1.	13-9.25 (4.21)	Lexi Masterson, 2016
2.	13-6.50 (4.13)	Hannah Mulhern, 2016
3.	13-5.50 (4.11)	Sara Dougherty, 2004
4.	13-1.75 (4.01)	Kasey Kemp, 2016
5.	<b>13-0.75 (3.98)</b>	<b>Megan Fry, 2017</b>

### WOMEN'S LONG JUMP

**PSU: 20-11.25 (6.38), Gayle Hunter (2009)**

1.	20-11.25 (6.38)	Gayle Hunter, 2009
2.	20-8 (6.30)	Chi-Chi Aduba, 2003
	20-8 (6.30)	Shakeema Walker, 1999
4.	20-7.50 (6.28)	Carmen Mann, 1990
5.	20-4.50 (6.21)	Brittney Howell, 2014

### WOMEN'S TRIPLE JUMP

**PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)**

1.	44-1.50 (13.45)	Chi-Chi Aduba, 2004
2.	<b>43-9.00 (13.33)</b>	<b>Danielle Gibson, 2017</b>
3.	42-4.75 (12.92)	Marlene Ricketts, 2013
4.	41-11.50 (12.79)	Gabriela Baiter, 2008
5.	41-9.25 (12.73)	Lena Bettis, 2007
	41-9.25 (12.73)	Shakeema Walker, 1998

### WOMEN'S SHOT PUT

**PSU: 56-8 (17.27), Rachel Fatherly (2016)**

1.	56-8 (17.27)	Rachel Fatherly, 2016
2.	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
3.	53-6 (16.31)	Elaine Sobansky, 1983
4.	<b>53-5.75 (16.30)</b>	<b>Alyssa Robinson, 2017</b>
5.	53-5 (16.28)	Jen Leatherman, 2006

### WOMEN'S 20-LB WEIGHT

**PSU: 74-10.50 (22.82), Jen Leatherman (2006)**

1.	74-10.50 (22.82)	Jen Leatherman, 2006
2.	69-2 (21.08)	Rachel Fatherly, 2015
3.	68-6 (20.88)	Melissa Kurzdorfer, 2014
4.	66-3 (20.19)	Kate Johnston, 2005
5.	64-6 (19.66)	Deshaya Williams, 2003

### WOMEN'S PENTATHLON

**PSU: 4,342, Gayle Hunter (2009)**

1.	4,342	Gayle Hunter, 2009
2.	4,202	Brittney Howell, 2014
3.	3,988	Carla Criste, 1985
4.	3,861	Tal Ben-Artzi, 2014
5.	3,805	Amber Strouse, 2007

**BOLD - Denotes Current Season Performance**

Feb. 20, 2017





# TRACK & FIELD

## 2017 Penn State Men's Indoor Performance List

**MEN'S 60-METER DASH**  
PSU: Xavier Smith, 6.68 (2016)

6.69	Xavier Smith	Jan-27
6.76	Malik Moffett	Jan-27
6.95	Dan Chisena	Jan-14
6.96	Karson Kowalchuk (UNA)	Feb-18
6.97	Darien Williams	Feb-3
7.00	Anton Porter	Jan-14
7.03	Tristan Daman	Feb-3
7.05	Bryce Williams	Feb-3
7.15	Robert Cardina	Feb-3

**MEN'S 200-METER DASH**  
PSU: Ryan Olkowski, 20.98 (2002)

21.06	Malik Moffett	Jan-28
21.23	Xavier Smith	Feb-11
21.48	Dan Chisena	Jan-28
21.85	Darien Williams	Feb-11
21.98	Tyreek Mathis	Jan-14
22.05	Alex Shisler	Jan-28
22.14	Karson Kowalchuk (UNA)	Feb-18
22.38	Tristan Daman	Feb-18
22.40	Lamont Higgins	Jan-14
22.86	Robert Cardina	Feb-4
22.86	Anton Porter	Feb-4

**MEN'S 400-METER DASH**  
PSU: Brady Gehret, 46.22 (2011)

48.20	Tyreek Mathis	Feb-11
49.08	Lamont Higgins	Jan-28
49.13	Sam Reiser	Jan-21
49.25	Alex Shisler	Feb-11
49.74	Peter Hughey	Feb-18

**MEN'S 500-METER DASH**  
PSU: Casimir Loxsom, 1:01.28 (2011)

1:06.13	Riley Gaibler	Jan-28
1:06.86	David Marrington	Jan-28

**MEN'S 600-METER RUN**  
PSU: Isaiah Harris, 1:14.96 (2017)

1:14.96 <sup>CR</sup>	Isaiah Harris	Jan-28
1:18.37	Sam Reiser	Feb-11
1:18.51	Domenic Perretta	Feb-18
1:18.92	Jordan Makins	Feb-18
1:20.19	Joseph Phifer	Feb-18
1:20.28	Riley Gaibler	Feb-18
1:20.75	David Marrington	Feb-18
1:21.88	William Ashenfelter	Feb-4
1:22.55	Joey Logue	Feb-4
1:22.94	Brad Rivera	Feb-4
1:23.02	Billy McDevitt	Feb-18

**MEN'S 600-YARD RUN**  
PSU: Ken Wynn, 1:09.6 (1983)

1:13.75	Riley Gaibler	Jan-20
1:14.08	David Marrington	Jan-20

**MEN'S 800-METER RUN**  
PSU: Isaiah Harris, 1:46.24 (2016)

1:46.65	Isaiah Harris	Jan-21
1:48.17	Domenic Perretta	Feb-11
1:49.10	Jordan Makins	Feb-11
1:50.48	Billy McDevitt	Feb-11
1:52.89	Colin Abert	Feb-4
1:53.67	Joseph Phifer	Jan-14
1:53.76	Brad Rivera	Jan-28
1:54.80	Joey Logue	Feb-18
1:55.89	William Ashenfelter	Feb-11
1:58.33	Jaxson Hoey	Feb-18

**MEN'S 1000-METER RUN**  
PSU: Brannon Kidder, 2:18.26 (2016)

2:22.14	Isaiah Harris	Jan-14
2:23.06	Domenic Perretta	Jan-14
2:25.87	Jordan Makins	Jan-28
2:28.51	Michael Slagowski (UNA)	Jan-28
2:57.67m	Robert Cardina	Jan-21

**MEN'S MILE RUN**  
PSU: Robby Creese, 3:57.11 (2013)

4:05.89	Isaiah Harris	Feb-18
4:06.73	Timothy McGowan	Feb-4
4:07.49	Colin Abert	Jan-28
4:08.78	Jordan Makins	Feb-4
4:09.10	Billy McDevitt	Feb-4
4:10.46	Brandon Tubby	Feb-18
4:16.13	Domenic Perretta	Feb-4
4:19.13	William Lovner (UNA)	Jan-14
4:24.51	Bobby Hill (UNA)	Feb-18
4:25.32	Jaxson Hoey	Jan-14
4:30.46	Brad Rivera	Feb-4

**MEN'S 3000-METER RUN**  
PSU: Robby Creese, 7:50.36 (2015)

8:05.57	Timothy McGowan	Feb-18
8:10.78	Colin Abert	Feb-11
8:27.67	Brandon Tubby	Jan-28
8:40.70	Will Loevner (UNA)	Jan-28

**MEN'S 5000-METER RUN**  
PSU: Steve Brown, 13:52.36 (1990)

14:04.38	Timothy McGowan	Feb-10
15:13.83	Brady Bobbitt	Feb-3

**MEN'S 60-METER HURDLES**  
PSU: Guy Rose, 7.69 (2001)

8.29m	Robert Cardina	Jan-20
8.80	Alex McCord	Feb-3

**MEN'S 4x200-METER RELAY**  
PSU: Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 1:24.70 (2013)

**MEN'S 4x400-METER RELAY**  
PSU: Nadolsky, Bennett-Green, Loxsom, Gehret, 3:05.22 (2012)

3:07.81	Chisena, Smith, Reiser, Harris	Feb-11
3:11.05	Chisena, Mathis, Reiser, Harris	Jan-21
3:14.54	Higgins, Smith Williams, Moffett	Jan-21
3:15.20	Higgins, Mathis, Marrington, Shisler	Feb-11
3:16.78	Higgins, Shisler Gaibler, Hughey	Jan-28
3:19.27	Shisler, Hughey Gaibler, Marrington	Feb-4
3:21.99	Phifer, Logue Ashenfelter, Rivera	Feb-18
3:24.34	Phifer, Logue Rivera, McDevitt	Jan-14
3:24.50	Porter, Gaibler Daman, Marrington	Jan-21
3:24.61	Cardina, Perretta Hoey, Makins	Jan-14

**MEN'S 4X800-METER RELAY**  
PSU: Balkey, McMillan, Mills, Levitre, 7:21.37 (1987) Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

**MEN'S DISTANCE MEDLEY RELAY**  
PSU: Kidder, Bennett-Green, Watkins, Creese, 9:26.59 (2014)

9:40.59	Perretta, Reiser Harris, Abert	Jan-27
---------	--------------------------------	--------

**MEN'S HIGH JUMP**  
PSU: Paul Souza, 7-4.25/2.24 (1982)

6-10.75 (2.10)	Chisom Ifedi	Jan-14
6-8.25 (2.04)	Austin Campbell	Feb-18
6-8.25 (2.04)	Devin Bradham	Feb-18
6-6.25 (1.99)	Spence Hay	Feb-18
6-5.50 (1.97)	Robert Cardina	Jan-28

**MEN'S POLE VAULT**  
PSU: John Vellenoweth, 17-0.75/5.20 (2009)

16-3.25 (4.96)	Patrick Anderson (UNA)	Feb-18
14-3.5 (4.36)	Griffin Thompson	Jan-14
13-6.50 (4.13)	Robert Cardina	Feb-10

**MEN'S LONG JUMP**  
PSU: David Coney, 25-11/7.90 (1986)

24-4.50 (7.43)	Malik Moffett	Feb-3
23-2.00 (7.06)	Bryce Williams	Jan-14
22-8.00 (6.91)	Devin Bradham	Jan-20
22-3.50 (6.79)	Robert Cardina	Jan-14
21-11.75 (6.70)	Darian Alston	Jan-27
19-9.75 (6.04)	Alex McCord	Jan-14

**MEN'S TRIPLE JUMP**  
PSU: Chavous Nichols, 53-0.75 (16.17)

51-8.25 (15.75)	Bryce Williams	Jan-14
48-7.50 (14.82)	Kobren Frederick	Jan-28
48-5.25 (14.76)	Darian Alston	Feb-11

**MEN'S SHOT PUT**  
PSU: Darrell Hill, 67-3.50/20.51 (2015)

60-11.75 (18.59)	Jon Yohman	Jan-28
58-5.25 (17.81)	David Lucas	Feb-11
53-11.75 (16.45)	Morgan Shigo	Jan-14
53-8.25 (16.36)	Ben Peterson (UNA)	Feb-11
51-7.75 (15.74)	Luke Grodeska (UNA)	Feb-18
46-7.25 (14.20)	Robert Cardina	Jan-14
34-4.75 (10.48)	Alex McCord	Jan-14

**MEN'S 35-LB WEIGHT THROW**  
PSU: Will Barr, 70-6.5/21.50 (2014)

67-8.00 (20.62)	Morgan Shigo	Feb-3
65-8.25 (20.02)	David Lucas	Feb-18
62-8.25 (19.11)	Kory Decesaris	Jan-27

**MEN'S HEPTATHLON**  
PSU: Rob Cardina, 5,511 (2014)

5,295	Robert Cardina	Jan-21
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## All-Time Men's Top Five Indoor Performances

### MEN'S 60-METER DASH PSU: 6.68, Xavier Smith (2016)

- |    |             |                            |
|----|-------------|----------------------------|
| 1. | 6.68        | Xavier Smith, 2016         |
| 2. | 6.76        | Ernie Terrell, 2003        |
| 3. | <b>6.76</b> | <b>Malik Moffett, 2017</b> |
| 3. | 6.77*       | Michael Timpson, 1986      |
| 4. | 6.80*       | Barney Ewell, 1942         |
| 5. | 6.81        | Alex Langan, 2006          |
|    | 6.81        | Alex Kenney, 2014          |

\* Converted time from 60 yards to 60 meters

### MEN'S 200-METER DASH PSU: 20.98, Ryan Olkowski (2002)

- |    |       |                       |
|----|-------|-----------------------|
| 1. | 20.98 | Ryan Olkowski, 2002   |
| 2. | 21.02 | Malik Moffett, 2016   |
| 2. | 21.02 | Xavier Smith, 2016    |
| 4. | 21.11 | Michael Timpson, 1989 |
| 5. | 21.18 | Greg Miller, 2001     |

### MEN'S 400-METER DASH PSU: 46.22, Brady Gehret (2011)

- |    |       |                             |
|----|-------|-----------------------------|
| 1. | 46.22 | Brady Gehret, 2011          |
| 2. | 46.55 | Bernard Bennett-Green, 2014 |
| 3. | 46.73 | Byron Robinson, 2014        |
| 4. | 46.74 | Brandon Bennett-Green, 2014 |
| 5. | 46.81 | Michael Timpson, 1987       |

### MEN'S 500-METER DASH PSU: 1:01.28, Casimir Loxsom (2011)

- |    |         |                             |
|----|---------|-----------------------------|
| 1. | 1:01.28 | Casimir Loxsom, 2011        |
| 2. | 1:02.58 | Ben Karcz, 2000             |
| 3. | 1:02.75 | Ernie Terrell, 2003         |
| 4. | 1:02.81 | Mike Cadau, 2009            |
| 5. | 1:03.01 | Bernard Bennett-Green, 2014 |

### MEN'S 600-METER RUN PSU: 1:14.96, Isaiah Harris (2017)

- |    |                             |                            |
|----|-----------------------------|----------------------------|
| 1. | <b>1:14.96<sup>CR</sup></b> | <b>Isaiah Harris, 2017</b> |
| 2. | 1:15.42                     | Casimir Loxsom, 2013       |
| 3. | 1:16.89                     | Ben Karcz, 2001            |
| 4. | 1:16.98                     | Brannon Kidder, 2015       |
| 5. | 1:17.58                     | Robert Rhodes, 2016        |

#### Notable Performances

- |   |         |   |
|---|---------|---|
| * | 1:14.96 | Isaiah Harris, 2017                     |
|   |         | * Collegiate Record                     |
| * | 1:16.92 | Casimir Loxsom, 2010                    |
|   |         | * American Junior Record                |
| * | 1:15.79 | Casimir Loxsom, 2013                    |
|   |         | * American Collegiate Record            |
| * | 1:15.42 | Casimir Loxsom, 2013                    |
|   |         | * All-Time Collegiate and American Best |

### MEN'S 800-METER RUN PSU: 1:46.24, Isaiah Harris (2016)

- |    |                        |                      |
|----|------------------------|----------------------|
| 1. | 1:46.24 <sup>B16</sup> | Isaiah Harris, 2016  |
| 2. | 1:46.98                | Casimir Loxsom, 2013 |
| 3. | 1:47.01                | Brannon Kidder, 2016 |
| 4. | 1:47.32                | Ryan Foster, 2010    |
| 5. | 1:47.77                | Owen Dawson, 2010    |

#### Notable Performances

- |    |         |                                  |
|----|---------|----------------------------------|
| 1: | 1:46.24 | Isaiah Harris, 2016              |
|    |         | * All-Time Big Ten Indoor Record |
| 1: | 1:47.48 | Ryan Foster, 2010                |
|    |         | * Australian National Record     |

### MEN'S 1000-METER RUN PSU: 2:18.26, Brannon Kidder (2016)

- |    |         |                      |
|----|---------|----------------------|
| 1. | 2:18.26 | Brannon Kidder, 2016 |
| 2. | 2:19.53 | Robby Creese, 2012   |
| 3. | 2:19.60 | Ryan Foster, 2010    |
| 4. | 2:21.95 | Ricky West, 2013     |
| 5. | 2:21.98 | Owen Dawson, 2010    |

#### Notable Performances

- |   |         |   |
|---|---------|---|
| * | 2:18.26 | Brannon Kidder, 2016                          |
|   |         | * Collegiate Record                           |
| * | 2:19.53 | Robby Creese, 2012                            |
|   |         | * American Collegiate, American Junior Record |
| * | 2:19.60 | Ryan Foster, 2010                             |
|   |         | * Australian National Record                  |

### MEN'S MILE RUN PSU: 3:57.11, Robby Creese (2013)

- |    |         |                       |
|----|---------|-----------------------|
| 1. | 3:57.11 | Robby Creese, 2013    |
| 2. | 3:57.13 | Brannon Kidder, 2015  |
| 3. | 3:58.49 | Ryan Foster, 2011     |
| 4. | 4:01.98 | Samuel Borchers, 2008 |
| 5. | 4:02.3  | Greg Fredericks, 1972 |

### MEN'S 3000-METER RUN PSU: 7:50.36, Robby Creese (2015)

- |    |         |                    |
|----|---------|--------------------|
| 1. | 7:50.36 | Robby Creese, 2015 |
| 2. | 7:54.52 | Sam Masters, 2013  |
| 3. | 8:00.78 | Ken Frazier, 1989  |
| 4. | 8:02.05 | John Zishka, 1981  |
| 5. | 8:04.21 | Matt Fischer, 2014 |

#### Converted Marks

- |    |         |                       |
|----|---------|-----------------------|
| 1. | 7:53.58 | Greg Fredericks, 1972 |
| 2. | 7:54.50 | Robert Snyder, 1979   |
| 3. | 8:02.24 | George Malley, 1977   |

### MEN'S 5000-METER RUN PSU: 13:52.36, Steve Brown (1990)

- |    |          |                   |
|----|----------|-------------------|
| 1. | 13:52.36 | Steve Brown, 1990 |
| 2. | 13:58.55 | Eric Carter, 1986 |

#### Converted Marks

- |    |          |                       |
|----|----------|-----------------------|
| 1. | 13:46.42 | Paul Stemmer, 1976    |
| 2. | 13:46.94 | Alan Scharsu, 1980    |
| 3. | 13:59.71 | Charlie Maguire, 1974 |

### MEN'S 60-METER HURDLES PSU: 7.69, Guy Rose (2001)

- |    |      |                       |
|----|------|-----------------------|
| 1. | 7.69 | Guy Rose, 2001        |
| 2. | 7.82 | Michael Timpson, 1986 |
| 3. | 7.83 | John Whelan, 1998     |
| 4. | 7.85 | Mike Shine, 1975      |
| 5. | 7.86 | Ron Jules, 2007       |

### MEN'S 4X400-METER RELAY PSU: 3:05.22, Nadolsky, Bennett-Green, Loxsom, Gehret 2012

- |    |                |   |
|----|----------------|---|
| 1. | 3:05.22        | Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012 |
| 2. | 3:07.27        | Nadolsky, Williams, Loxsom, Gehret, 2011                                  |
| 3. | 3:07.72        | Nadolsky, Gehret, Loxsom, Gilmore, 2012                                   |
| 4. | <b>3:07.81</b> | <b>Chisena, Smith, Reiser, Harris, 2017</b>                               |
| 5. | 3:07.83        | Robinson, Be. Bennett-Green, Nadolsky, Br. Bennett-Green, 2014            |

### MEN'S 4X800-METER RELAY PSU: 7:21.37 (2 Teams)

- |    |         |   |
|----|---------|---|
|    |         | <b>Balkey, McMillan, Mills, Levitre, 7:21.37 (1987)</b> |
|    |         | <b>Watkins, Kidder, West, Loxsom, 7:21.37 (2013)</b>    |
| 1. | 7:21.37 | Balkey, McMillan, Mills, Levitre, 1987                  |
| 3. | 7:22.10 | Makins, Brennan, Kidder, Creese, 2015                   |
| 4. | 7:24.38 | Watson, Shiffer, Levitre, Mills, 1986                   |

#### Converted from 2-Mile Relay

- |    |         |                                     |
|----|---------|-------------------------------------|
| 1. | 7:21.42 | McLaughlin, Moore, Wynn, Cook, 1983 |
| 2. | 7:23.38 | Watson, Shisler, Mills, Moore, 1985 |

### MEN'S DISTANCE MEDLEY RELAY PSU: 9:26.59 Kidder, Bennett Green, Watkins, Creese 2014

- |    |         |   |
|----|---------|---|
| 1. | 9:26.59 | Kidder, Bennett-Green, Watkins, Creese, '14 |
| 2. | 9:27.20 | Makins, Shisler, Harris, Kidder, '16        |
| 3. | 9:28.36 | Kidder, Rhodes, Watkins, Creese, '15        |
| 4. | 9:32.21 | Kidder, Shisler, Watkins, Creese, '15       |
| 5. | 9:32.94 | Borchers, Cadau, Foster, Johnson, '09       |

### MEN'S HIGH JUMP PSU: 7-4.25 (2.24), Paul Souza (1982)

- |    |                |                      |
|----|----------------|----------------------|
| 1. | 7-4 1/4 (2.24) | Paul Souza, 1982     |
| 2. | 7-3 1/4 (2.22) | Ryan Fritz, 2007     |
| 3. | 7-2.75 (2.20)  | Jon Hendershot, 2014 |
| 4. | 7-2 3/4 (2.20) | Ryan Olkowski, 1999  |
| 5. | 7-1 3/4 (2.18) | Sean Reilly, 2012    |

### MEN'S POLE VAULT PSU: 17-0.75 (5.20), John Vellenoweth (2009)

- |    |                 |                        |
|----|-----------------|------------------------|
| 1. | 17-0 3/4 (5.20) | John Vellenoweth, 2009 |
| 2. | 17-0 (5.18)     | Mason Ternay, 1992     |
| 3. | 16-9 1/2 (5.12) | Ron Campbell, 1985     |
| 4. | 16-9 1/2 (5.12) | Rick Kleban, 1985      |
| 5. | 16-8 3/4 (5.10) | Dave Bollinger, 2004   |
|    | 16-8 3/4 (5.10) | Brad Lawrence, 2010    |

### MEN'S LONG JUMP PSU: 25-11 (7.90), David Coney (1986)

- |    |                  |                     |
|----|------------------|---------------------|
| 1. | 25-11 1/4 (7.91) | Dave Coney, 1986    |
| 2. | 25-10 3/4 (7.89) | Antonio Davis, 1993 |
| 3. | 25-8 (7.82)      | George Aude, 1999   |
| 4. | 25-5 1/2 (7.76)  | Rob Boulware, 1986  |
| 5. | 25-4 1/2 (7.73)  | John Gorham, 1999   |

### MEN'S TRIPLE JUMP PSU: 53-0.75 (16.17), Chavous Nichols (2003)

- |    |                  |                       |
|----|------------------|-----------------------|
| 1. | 53-0 3/4 (16.17) | Chavous Nichols, 2003 |
| 2. | 52-6 3/4 (16.02) | Brian Leap, 2015      |
| 3. | 52-6 (16.00)     | Clarence Smith, 2009  |
|    | 52-6 (16.00)     | Steve Waithe, 2014    |
| 5. | 52-4 1/4 (15.95) | Ricardo Hall, 1990    |
|    | 52-4 1/4 (15.95) | Antonio Davis, 1994   |

### MEN'S SHOT PUT PSU: 67-3 1/2 (20.51), Darrell Hill (2015)

- |    |                  |                    |
|----|------------------|--------------------|
| 1. | 67-3 1/2 (20.51) | Darrell Hill, 2015 |
| 2. | 65-7 (19.99)     | C.J. Hunter, 1990  |
| 3. | 65-1 1/4 (19.84) | Joe Kovacs, 2011   |
| 4. | 62-6 1/2 (19.05) | Phil Caraher, 1991 |
| 5. | 62-1 1/4 (18.93) | Blake Eaton, 2011  |

### MEN'S 35-LB WEIGHT PSU: 70-6.5 (21.50), Will Barr (2014)

- |    |                        |                           |
|----|------------------------|---------------------------|
| 1. | 70-6 1/2 (21.50)       | Will Barr, 2014           |
| 2. | <b>67-8.00 (20.62)</b> | <b>Morgan Shigo, 2017</b> |
| 3. | 66-5 3/4 (20.26)       | Dorian Lowe, 2002         |
| 4. | 66-2 1/4 (20.17)       | Scott Vernon, 2005        |
| 5. | 65-9 3/4 (20.06)       | Neal McNutt, 1998         |

### MEN'S HEPTATHLON PSU: 5,511, Rob Cardina (2014)

- |    |       |                       |
|----|-------|-----------------------|
| 1. | 5,511 | Rob Cardina, 2014     |
| 2. | 5,500 | James Cook, 1998      |
| 3. | 5,419 | Chris Morrissey, 2008 |
| 4. | 5,367 | Anyu Uzoh, 2012       |
| 5. | 5,239 | Shawn Colligan, 2008  |



## Track Events

60 Meters	7.24.....Shavon Greaves, 2010
200 Meters	22.60.....Consuella Moore, 2004
400 Meters	52.31.....Shana Cox, 2007
<b>800 Meters</b>	<b>2:04.04..... Danae Rivers, 2017</b>
<b>Mile</b>	<b>4:32.55..... Danae Rivers, 2017</b>
<b>3000 Meters</b>	<b>9:07.22..... Tessa Barrett, 2017</b>
5000 Meters	15:46.08.....Tessa Barrett, 2016
60m Hurdles	8.10.....Evonne Britton, 2014

## Relay Events

4x400-Meters	3:33.13.... Dynasty McGee, Mahagony Jones, .....Tichina Rhodes, Kiah Seymour, 2014
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<b>Distance Medley</b>	<b>11:01.16..Julie Kocjancic, Tichina Rhodes, ..... Rachel Banks, Danae Rivers, 2017</b>
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## Non-NCAA Event Records

55 Meters	6.98.....Shavon Greaves, 2008
300 Meters	37.13.....Shavon Greaves, 2010
500 Meters	1:09.19.....Shana Cox, 2007
<b>600 Meters</b>	<b>1:29.06..... Danae Rivers, 2017</b>
1000 Meters	2:43:15.....Tori Gerlach, 2016
55m Hurdles	7.77.....Aleesha Barber, 2008

Shuttle Hurdles	32.30.....Carla Criste, Laurie Dangel, .....Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65.....Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 (Collegiate Record)

4x800-Meters	8:45.60 ..... Judi Cassel, Heidi Gerken, .....Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25.....Lauren Burns, Lena Bettis, .Aleesha Barber, Briene Simmons, 2007 .....** <i>Collegiate Record</i>

\*All times are FAT (Fully Automatic Timing)

## Field Events

High Jump	5-11.25 (1.81). Antoinette O'Carroll, 1987 5-11.25 (1.81).....Brittany Maun, 2010
Pole Vault	13-9.75 (4.21).....Lexi Masterson, 2016
Long Jump	20-11.25 (6.38).....Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45).....Chi-Chi Aduba, 2003
Shot Put	56-8 (17.27).....Rachel Fatherly, 2016
20-lb. Weight	74-10.50 (22.82)...Jen Leatherman, 2006
Pentathlon	4,342 points.....Gayle Hunter, 2009

## Pentathlon Event Records

60-Meter Hurdles	8.31.....Brittney Howell, 2014
High Jump	5-8.50 (1.74).....Amber Strouse, 2007 .....Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38).....Gayle Hunter, 2009
Shot Put	40-0.50 (12.20).....Gayle Hunter, 2009
800-Meters	2:13.73.....Gayle Hunter, 2009

## Retired Records

50 Yards	6.00 .....Lea Ventura, 1977
60 Yards	7.12 .....Vivian Riddick, 1983
220 Yards	24.84.....Debbie Lewis, 1980
300 Yards	36.49 .....Janice Carter, 1985
440 Yards	55.62.....Tammie Hart, 1981
600 Yards	1:20.34.....Tammie Hart, 1983
880 Yards	2:09.11.....Terry Pioli, 1983
1000 Yards	2:32.00.....Doreen Startare, 1983
1500 Meters	4:20.50.....Patty Murnane, 1980
2000 Meters	6:05.67.....Mary Rawe, 1980
2-Mile	9:54.76 .....Doreen Startare, 1983
3-Mile	15:48.00.....Paula Renzi, 1985
50-Yard Hurdles	6.80.....Patti Knighton, 1978
60-Yard Hurdles	8.07 .....Stephanie Weeks, 1983
50-Meter Hurdles	7.20.....Carla Criste, 1985

Mile Relay	3:46.30.....Penny Fales, Tammie Hart, .....Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40.....Judi Cassel, Heidi Gerken, .....Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90.....Debbie Lewis, Ann McKillop, .....Terry Pioli, Vivian Riddick, 1980

### Track Events

60 Meters	6.68	.....Xavier Smith, 2016
200 Meters	20.98	..... Ryan Olkowski, 2002
400 Meters	46.22	.....Brady Gehret, 2011
800 Meters	1:46.24	..... Isaiah Harris, 2016
Mile	3:57.11	..... Robby Creese, 2013
3000 Meters	7:50.36	..... Robby Creese, 2015
5000 Meters	13:52.36	.....Steve Brown, 1990
60m Hurdles	7.69	..... Guy Rose, 2001

### Relay Events

4x400-Meters	3:05.22	.....Aaron Nadolsky, ..... Brandon-Bennett-Green, .....Casimir Loxsom, Brady Gehret, 2012
Distance Medley	9:26.59	..... Brannon Kidder, .....Brandon Bennett-Green, ..... Za'Von Watkins, Robby Creese, 2014

### Non-NCAA Event Records

55 Meters	6.31	.....Michael Timpson, 1986
300 Meters	33.01	.....Michael Timpson, 1986 ..... U.S. Collegiate Record
500 Meters	1:01.28	..... Casimir Loxsom, 2011
<b>600 Meters</b>	<b>1:14.96</b>	..... <b>Isaiah Harris, 2017</b> ..... <b>** Collegiate Record **</b>
1000 Meters	2:18.26	..... Brandon Kidder, 2016 ..... <b>** Collegiate Record **</b>
1500 Meters	3:44.0	.....Larry Mangan, 1979
55m Hurdles	7.31	.....Michael Timpson, 1986
4x55-Meters	24.65	..... Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8	..... Paul Pollock, Bill Austin, ..... Matt Graham & Dennis Rock, 1977
4x200-Meters	1:23.75	..... Xavier Smith, Dan Chisena, ..... Malik Moffett, Anton Porter, 2016
Sprint Medley	3:23.74	..... Ernie Terrell, Jaret Campisi, ..... Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37	.....Steve Balkey, Dave McMillan, ..... Chris Mills & Ray Levitre, 1987
	7:21.37	.....Za'Von Watkins, Brannon Kidder, ..... Ricky West, Casimir Loxsom, 2013
4-Mile	16:43.4	.....Jeff Adkins, Tom Rapp, ..... Alan Scharsu & Larry Mangan, 1980

### Field Events

High Jump	7-4.25 (2.24)	..... Paul Souza, 1982
Pole Vault	17-0.75 (5.20)	.....John Vellenoweth, 2009
Long Jump	25-11 (7.90)	.....David Coney, 1986
Triple Jump	53-0.75 (16.17)	..... Chavous Nichols, 2003
Shot Put	67-3.5 (20.51)	.....Darrell Hill, 2015
35-lb. Weight	70-6.5 (21.50)	.....Will Barr, 2014
Pentathlon	4,097 pts	..... Brian Kelley, 1993
Heptathlon	5,511 pts	..... Rob Cardina, 2014

### Heptathlon Event Records

Points	5,511	..... Rob Cardina, 2014
60 Meters	7.04	.....Rob Cardina, 2014
Long Jump	23-1 3/4 (7.05)	..... Rob Cardina, 2014
<b>Shot Put</b>	<b>46-6 1/4 (14.18)</b>	..... <b>Rob Cardina, 2017</b>
High Jump	6-7 1/2 (2.02)	.....Anya Uzoh, 2012
60-Meter Hurdles	8.21	..... J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72)	..... J.T. Kuretich, 2003
1,000 Meters	2:41.90	..... Chris Morrissey, 2007

### Retired Records

50 Yards	5.1	..... Barney Ewell, 1942 (1)
300 Yards	30.1	..... Mike Sands, 1975
500 Yards	57.0	.....Ollie Sax, 1953
600 Yards	1:09.6	.....Ken Wynn, 1983
1000 Yards	2:09.4	..... Pat Rexroat, 1975
2-Miles	8:34.2	..... Greg Fredericks, 1972
3-Miles	13:17.6	.....Paul Stemmer, 1976
50-Yard Hurdles	6.1	..... Rod Perry, 1955 (1)
70-Yard Hurdles	8.4	.....Jim Gehrdes, 1949; 8.4 ..... Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9	.....Mike Sands, Steve Hackman, .....Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097	..... Brian Kelley, 1993