



# SYKES & SABOCK CHALLENGE CUP

## ORDER OF EVENTS



### INDOOR PENTATHLON

9:00 AM	Indoor Pentathlon: #1 Women 60 Meter Hurdles	Finals
~ 9:35 AM	Indoor Pentathlon: #2 Women High Jump	Finals
~ 11:05 AM	Indoor Pentathlon: #3 Women Shot Put	Finals
~ 1:00 PM	Indoor Pentathlon: #4 Women Long Jump	Finals
~ 1:05 PM	Indoor Pentathlon: #5 Women 800 Meter Dash	Finals

### FIELD EVENTS

9:00 AM	Men Weight Throw 35 lb	Finals
9:30 AM	Men Shot Put Ability	Finals
12:00 PM	Men Shot Put Inv	Finals
12:30 PM	Men Pole Vault	Finals
12:30 PM	Women Pole Vault	Finals
1:15 PM	Women Weight Throw 20 lb	Finals
2:30 PM	Men Long Jump	Finals
2:30 PM	Women Long Jump	Finals
3:30 PM	Men Shot Put	Finals
5:00 PM	Men Triple Jump	Finals
5:00 PM	Women Triple Jump	Finals
4:30 PM	Men High Jump	Finals
4:30 PM	Women High Jump	Finals
4:45 PM	Women Shot Put	Finals

### TRACK EVENTS

10:15 AM	Mixed 800 Meter Run Ability	Finals
10:30 AM	Mixed 3000 Meter Run NVRC	Finals
10:30 AM	Mixed 1 Mile Run NVRC	Finals
12:00 PM	Men 5000 Meter Run	Finals
12:20 PM	Women 5000 Meter Run	Finals
12:45 PM	Men 1 Mile Run	Finals
12:55 PM	Women 1 Mile Run	Finals
1:15 PM	Men 60 Meter Hurdles	Prelims
1:30 PM	Women 60 Meter Hurdles	Prelims
1:45 PM	Mixed 60 Meter Dash Ability	Finals
1:46 PM	Men 60 Meter Dash	Prelims
2:00 PM	Women 60 Meter Dash	Prelims
2:15 PM	Men 600 Meter Run	Finals
2:30 PM	Women 600 Meter Run	Finals
2:50 PM	Men 60 Meter Hurdles	Finals
2:55 PM	Women 60 Meter Hurdles	Finals
3:00 PM	Men 60 Meter Dash	Finals
3:05 PM	Women 60 Meter Dash	Finals
3:10 PM	Men 400 Meter Dash	Finals
3:40 PM	Women 400 Meter Dash	Finals
4:10 PM	Men 800 Meter Run	Finals
4:25 PM	Women 800 Meter Run	Finals
4:40 PM	Mixed 200 Meter Dash Ability	Finals
4:42 PM	Men 200 Meter Dash	Finals
5:05 PM	Women 200 Meter Dash	Finals
5:30 PM	Men 3000 Meter Run	Finals
5:50 PM	Women 3000 Meter Run	Finals
6:15 PM	Men Distance Medley	Finals
6:30 PM	Women Distance Medley	Finals
6:45 PM	Men 4x400 Meter Relay	Finals
7:00 PM	Women 4x400 Meter Relay	Finals

