



PENN STATE WRESTLING / 2015-16 MATCH NOTES

#1 PENN STATE NITTANY LIONS (2-0, 0-0 B1G)

WT	NAME	EL	HT/HS	REC
125	#4 Nico Megaludis	Sr.	Murrysville, Pa./Franklin Regional	1-1
133	#8 Jordan Conaway	Sr.	Abbottstown, Pa./New Oxford	2-0
141	#5 Jimmy Gulibon	Jr.	Latrobe, Pa./Derry	1-1
149	#2 Zain Retherford	So.	Benton, Pa./Benton	2-0
157	#4 Jason Nolf	Fr.	Yatesboro, Pa./Kittanning	2-0
165	Shakur Rasheed	Fr.	Coram, N.Y./Longwood	1-1
174	#8 Bo Nickal	Fr.	Allen, Texas/Allen	2-0
184	#14 Matt McCutcheon	So.	Apollo, Pa./Kiski Area	2-0
197	#1 Morgan McIntosh	Sr.	Santa Ana, Calif./Calvary Chapel	2-0
285	Jan Johnson	Fr.	Mohnton, Pa./Governor Mifflin	1-0

CSU-BAKERSFIELD ROADRUNNERS (3-1)

WT	NAME	EL	HT/HS	REC
125	Sergio Mendez	Jr.	Arleta, Calif./Escalon	4-0
133	Carlos Herrera	Fr.	Bakersfield, Calif./Bakersfield	1-3
141	Ian Nickell	Sr.	Bakersfield, Calif./Bakersfield	3-1
149	Coleman Hammond	So.	Bakersfield, Calif./Bakersfield	4-0
157	AJ Fierro	So.	Bakersfield, Calif./Bakersfield	3-1
165	Adam Fierro	Sr.	Bakersfield, Calif./Bakersfield	4-0
174	#16 Bryce Hammond	Sr.	Bakersfield, Calif./Bakersfield	2-1
184	Dylan Bollinger	Fr.	Pinon Hills, Calif./Sultana	5-2
197	Reuben Franklin	Sr.	Murrieta, Calif./Vista Murrieta	4-0
285	Matt Williams	So.	Apple Valley, Calif./Sultana	4-3

#18 STANFORD CARDINAL (2-0)

WT	NAME	EL	HT/HS	REC
125	#18 Connor Schram	So.	Canonsburg, Pa./Canon-McMillan	5-0
OR	Brian Rossi	Fr.	Homer Glen, Ill./Lockport Township	7-3
133	Mason Pengilly	So.	Porterville, Calif./Porterville	6-3
141	#4 Joey McKenna	Fr.	Towaco, N.J./Blair Academy	6-0
149	Tommy Pawelski	So.	Park Ridge, Ill./Montini Catholic	2-3
157	Maxwell Hvolbek	Jr.	West Hills, Calif./Blair Academy	3-2
165	#6 Jim Wilson	Jr.	Lodi, Calif./McNair	5-1
174	Keaton Subjeck	So.	El Dorado Hills, Calif./Oak Ridge	6-1
184	Ryan Davies	Jr.	Clovis, Calif./Clovis	4-6
197	Michael Sojka	Sr.	Winnebago, Ill./Winnebago	7-5
285	#17 Nathan Butler	So.	Leavenworth, Kan./Leavenworth	4-1

Team ranking is Intermat Tournament Power Index (TPI) as of 11/17/15
All Individual Rankings are Intermat as of 11/17/15

THIS WEEK

#1 Penn State (2-0, 0-0 B1G) heads to California for two duals this weekend. The Nittany Lions visit CSU-Bakersfield (3-1) on Friday, Nov. 20, at 10 p.m. Eastern/7 p.m. Pacific. Two days later, Penn State visits #18 Stanford (2-0) on Sunday, Nov. 22, at 4 p.m. Eastern/7 p.m. Pacific. The Stanford dual will air live on the Pac-12 Network Bay Area.

UP NEXT

The Nittany Lions will take part in the Nittany Lion Open on Sunday, Dec. 6, in Rec Hall.

ON THE AIR

TV - Stanford: Pac-12 Network Bay Area
 Live Web Video - none
 Radio All Season - Penn State Wrestling Radio Network (1390 WRSC AM locally); go to <http://www.gopsusports.com/sports/m-wrestl/spec-rel/110915aad.html> for full listing. All audio is streamed live thru GoPSUsports and College Sports Live (CBS).

2015-16 SCHEDULE

NOVEMBER

Day	Date	Location	Time
Fri.	13	LOCK HAVEN	W, 50-0
Sun.	15	at #7 Virginia Tech	W, 21-15
Fri.	20	at CSU-Bakersfield	10 p.m.
Sun.	22	at #18 Stanford	4 p.m.

DECEMBER

Day	Date	Event	Time
Sun.	6	NITTANY LION OPEN	8:30 a.m.
Sun.	13	WISCONSIN* (BJC)	1 p.m.
Sat.	19	at Rider	4 p.m.

JANUARY

Day	Date	Event	Time
Fri.-Sat.	1-2	Southern Scuffle Chattanooga, Tenn.	All Day
Fri.	8	at Purdue*	7 p.m.
Sun.	10	at Indiana*	1 p.m.
Fri.	15	NEBRASKA*	7 p.m.
Sun.	17	at Northwestern*	2 p.m.
Sat.	23	at Illinois*	4 p.m.
Sun.	31	MICHIGAN*	2 p.m.

FEBRUARY

Day	Date	Event	Time
Fri.	5	OHIO STATE* (BJC)	6 p.m.
Fri.	12	at Lehigh	7 p.m.
Sat.	13	MICHIGAN STATE*	7 p.m.
Sun.	21	NWCA DUAL CHAMPIONSHIP SERIES#	TBA

MARCH

Day	Date	Event	Time
Sat.-Sun.	5-6	Big Ten Championships Iowa City, Iowa	TBA
Sat.	5	Session 1 -- Opening Round	
Sat.	5	Session 2 -- Semifinals	
Sun.	6	Session 3 -- Consolation, 7th place bouts	
Sun.	6	Session 4 -- Championship Finals, 3rd and 5th	
Thur.-Sat.	17-19	NCAA Championships, MSG New York City	TBA
Thur.	17	Session 1 -- 1st Round	
Thur.	17	Session 2 -- 2nd Round/Consolations	
Fri.	18	Session 3 -- Quarterfinals/Consolations	
Fri.	18	Session 4 -- Semis/All-America Round	
Sat.	19	Session 5 -- Medal Rounds	
Sat.	19	Session 6 -- Championship Finals	

* *Big Ten Dual -- # NWCA National Dual Series*
All Dates and Times Subject to Change
All Times EASTERN

4X BIG TEN CHAMPIONS | 5X NATIONAL CHAMPIONS



TODAY'S ACTION

UNIVERSITY PARK, Pa.; November 18, 2015 -- No. 1 Penn State (2-0, 0-0 B1G) heads to California for two duals this weekend. The Nittany Lions visit CSU-Bakersfield (3-1) on Friday, Nov. 20, at 10 p.m. Eastern/7 p.m. Pacific. Two days later, Penn State visits No. 18 Stanford (2-0) on Sunday, Nov. 20, at 4 p.m. Eastern/7 p.m. Pacific. The Stanford dual will air live on the Pac-12 Network Bay Area.

The Nittany Lions are coming off an outstanding opening weekend. Penn State shut-out Lock Haven 50-0 on Friday, Nov. 13, in front of over 6,300 fans in sold out Rec Hall. Four red-shirt freshmen opened up their careers with wins in the dual. Two days later, Penn State won at No. 7 Virginia Tech in front of a record Hokie crowd. The Lions rode strong performances from both veterans and new faces to the 21-15 win.

Penn State sports a balanced line-up that features eight ranked wrestlers. Senior Morgan McIntosh (Santa Ana, Calif.) is ranked No. 1 at 197 to lead Penn State's eight ranked grapplers (all of whom are listed in the top 14). McIntosh is 2-0 on the year. Sophomore Zain Retherford (Benton, Pa.) is ranked No. 2 at 149 with a 2-0 mark and senior Nico Megaludis (Murrysville, Pa.) is ranked No. 4 at 125 with a 1-1 record. Red-shirt freshman Jason Nolf (Yatesboro, Pa.) is ranked No. 4 at 157 with a 2-0 record. Junior All-American Jimmy Gulibon (Latrobe, Pa.) is ranked No. 5 at 141 at 1-1. Senior All-American Jordan Conaway (Abbottstown, Pa.) is ranked No. 8 at 133 with a 2-0 record while red-shirt freshman Bo Nickal (Allen, Tex.) is ranked No. 8 at 174 at 2-0. Sophomore Matt McCutcheon (Apollo, Pa.) is ranked No. 14 at 184 with a 2-0 record.

CSU-Bakersfield will enter Friday's dual with a 3-1 mark. The Roadrunners feature a talented line-up that could include all ten starters hailing from the state of California and as many as six potential starters alumni of Bakersfield High School. Senior Bryce Hammond is ranked No. 16 at 174 to lead the CSUB squad. Seniors Adam Fierro and Reuben Franklin, junior Sergio Mendez and sophomore Coleman Hammond are all 4-0 on the year.

Stanford enters the weekend 2-0 and ranked No. 18 nationally. Sophomore Connor Schram is 5-0 at 125 and ranked No. 18, freshman Joey McKenna is 6-0 and ranked No. 4 at 141, junior Jim Wilson is 5-1 and No. 6 at 165 and sophomore Nathan Butler is 4-1 and ranked No. 17 at 285. The Cardinal line-up is a veteran one with one senior and three juniors and five sophomores listed as possible starters for the Sunday dual.

Penn State leads the all-time series with CSU-Bakersfield 2-0. The Nittany Lions won 43-3 at the Virginia Duals on Jan. 10, 2003, in the last meeting. The Lions also won the only meeting in Bakersfield, 21-12, on Jan. 4, 1997. Penn State and Stanford have never wrestled in a dual meet.

Penn State returns to action on Sunday, Dec. 6, when the team takes part in the Nittany Lion Open in Rec Hall. Penn State's next home dual meet will be the first of two BJC Duals as the Nittany Lions host Wisconsin on Sunday, Dec. 13, in the near-16,000 seat venue.

Limited SRO tickets are available for select Rec Hall dual meets and limited single dual tickets remain for Penn State's two BJC Duals. Fans can purchase tickets by calling 1-800-NITTANY. Penn State Fans are encouraged to follow Penn State wrestling via twitter at @pennstateWREST, on Penn State Wrestling's Facebook page at www.facebook.com/pennstatewrestling and on Instagram at www.instagram.com/pennstatewrest. The 2015-16 Penn State wrestling season is presented by The Family Clothesline. This is PENN STATE. WRESTLING lives here.

THE LAST TIME...

PENN STATE 43, CSU-BAKERSFIELD 3 January 10, 2003 -- Virginia Duals

125: Ceballos CSUB dec. Adam Smith PSU, 10-4	0-3
133: Josh Moore PSU WBF Gigliotti CSUB (2:06)	6-3
141: Scott Moore PSU WBF Baza CSUB (0:46)	12-3
149: Nate Galloway PSU TF Sharpe CSUB, 23-7	17-3
157: Nate Wachter PSU dec. Cobb CSUB, 15-9	20-3
165: Doc Vecchio PSU maj. dec. Busby CSUB, 16-5	24-3
174: Dan Waters PSU dec. Montero CSUB, 8-7	27-3
184: Mark Becks PSU maj. dec. Travers CSUB, 15-4	31-3
197: Ryan Cummins PSU WBF O'Rear CSUB (5:53)	37-3
285: Pat Cummins PSU WBF Troxler CSUB (6:03)	43-3

PENN STATE AND STANFORD -- FIRST MEETING

2015-16 INDIVIDUAL RECORDS (as of 11/17/15)

Name, Wt.	Record
Zack Beitz, 157/165	3-1
Francisco Bisons, 165	1-2
Brian Brill, 165/174	0-0
George Carpenter, 133	3-4
Jordan Conaway, 133	2-0
Jered Cortez, 133	0-0
Dylan Dailey, 184	0-0
Gary Dinmore, 149	0-0
Dominic Giannangeli, 133	2-2
Jimmy Gulibon, 141	1-1
Garett Hammond, 165	5-0
Patrick Higgins, 125	0-0
Jan Johnson, 285	1-0
Vincenzo Joseph, 149	0-0
Cody Law, 157	4-0
Triston Law, 133/141	2-2
Caleb Livingston, 174/165	5-4
Matt McCutcheon, 184	2-0
Morgan McIntosh, 197	2-0
Nico Megaludis, 125	1-1
Geno Morelli, 165/174	6-1
Kade Moss, 141	2-1
Nick Nevills, 285	0-0
Bo Nickal, 174	2-0
Jason Nolf, 157	2-0
Wes Phipps, 184	0-0
Shakur Rasheed, 165	1-1
Zain Retherford, 149	2-0
Scott Stossel, 133	1-2
Kellan Stout, 184	5-1
Devon Van Cura, 174/184	2-2
Kenneth Yanovich, 125	4-1

This includes records w/unattached results listed in current mark

PENN STATE WRESTLING STRATEGIC COMMUNICATIONS!

For more information or credentials, contact me, Pat Donghia, Penn State Wrestling SID!
Phone: 814 865 1757 -- email: pad11@psu.edu

FOLLOW PSU WRESTLING @ GoPSUSPORTS!

<http://www.gopsusports.com/sports/m-wrestl/psu-m-wrestl-body-main.html>

FOLLOW PSU WRESTLING @ TWITTER!

<https://twitter.com/pennstateWREST>

FOLLOW PSU WRESTLING @ INSTAGRAM!

<https://instagram.com/pennstateWREST>

FOLLOW PSU WRESTLING @ FACEBOOK

<http://www.facebook.com/pennstatewrestling>

CHECK OUT THE GoPSU ALL-SPORTS BLOG!

The GoPSUsports blog team steps in with great coverage at the GoPSU all-sports blog: <http://www.gopsusports.com/blog/wrestling>

HEAD COACH CAEL SANDERSON

Cael Sanderson completed sixth season as head coach of the Penn State Nittany Lion wrestling team. The veteran head coach already has four NCAA and four Big Ten titles in hand. He has been named Big Ten Coach of the Year four times and was named the 2013 National Coach of the Year (his second such honor).

THE PENN STATE YEARS...

In his first year at Penn State (2009-10), he guided the Lions to a 13-6-1 dual meet mark, 5-3 in Big Ten action, and crowned his first Big Ten Champion. The Lions finished No. 10 in the final USA Today/Coaches dual meet poll and placed ninth at NCAAs.

In 2010-11, Sanderson guided the Nittany Lions to its first-ever Southern Scuffle Co-Championship and its first Virginia Duals Championship since 1991. In guiding Penn State to a 6-1-1 conference mark, Sanderson equaled the most Big Ten dual meet wins in Penn State history in just his second year at the helm of the Nittany Lions (Penn State won six Big Ten duals in 1998). Sanderson led Penn State to the school's first ever Big Ten Championship on March 5-6 and was named 2011 Big Ten Coach of the Year. Saving the best for last, he led the Nittany Lions to the 2011 NCAA National Championship in Philadelphia on March 17-19, Penn State's first since 1953 and Sanderson's first as a collegiate head coach.

In 2011-12, Sanderson led Penn State to a school record 7-1 Big Ten dual record and a share of the 2012 Big Ten dual meet championship. Sanderson then made it two in a row by leading Penn State to the 2012 Big Ten Championship at Purdue on March 3-4 and was named 2012 Big Ten Coach of the Year, earning the honor for the second straight season. Two weeks later, Sanderson led Penn State to a second straight NCAA crown, helping Penn State to become just the sixth team in NCAA history to win back-to-back titles.

In 2012-13, Penn State went 13-1 overall in dual meets this year and won its third straight Southern Scuffle title in early January. The Nittany Lions followed that up with a third straight Big Ten Championship on March 9-10 at Illinois and a third straight NCAA National Title in Des Moines on March 21-23. He was named Big Ten Coach of the Year for the third straight season (sharing this year's honor as a co-CoTY) and 2013 National Coach of the Year (the second time he has earned that honor).

In 2013-14, Sanderson led Penn State to a 15-1 overall record, yet another share of the Big Ten dual meet title with a 7-1 mark, a fourth straight Southern Scuffle title, a fourth straight Big Ten title and a fourth straight NCAA Championship. He was once again named Big Ten Coach of the Year, the third time he has been so honored.

In 2014-15, Sanderson led Penn State to an 11-4 dual meet record, a fifth straight Southern Scuffle title and garnered five All-Americans and another National Champion at the NCAA Championships. Sanderson has now coached 80 NCAA qualifiers, 46 All-Americans and 11 NCAA Champions.

In only six seasons as Penn State's coach, **Sanderson has led the Nittany Lions to five straight Southern Scuffle titles, two B1G dual meet titles (co-), four Big Ten Championships, four NCAA Championships, collected 31 All-Americans, eight National Champions, three Gorriaran winners, two NCAA tourney Outstanding Wrestlers, one CoSIDA Academic All-American of the Year, one NCAA Top 10 Award winner and two Hodge Trophy winners.** Sanderson, who has coached 46 total All-Americans and 11 total National Champions (including his three years at Iowa State) heads into the 2015-16 season with a 126-24-2 dual meet mark, 82-14-2 at Penn State.

Sanderson's Career Coaching Record

Season	Record	%	B10 Dual	Conf.	NCAA	Qual.	AA	NC
2006-07	13-3-0	.813	---	1st	2nd	10	4	1
2007-08	16-4-0	.800	---	1st	5th	10	7	0
2008-09	15-3-0	.833	---	1st	3rd	10	4	1
2009-10	13-6-1	.675	5-3-0	5th	9th	6	3	0
2010-11	17-1-1	.921	6-1-1	1st	1st	8	5	1
2011-12	13-1-0	.929	7-1-0	1st	1st	9	6	3
2012-13	13-1-0	.929	7-1-0	1st	1st	10	5	2
2013-14	15-1-0	1.000	7-1-0	1st	1st	10	7	2
2014-15	11-4-0	.733	6-3-0	5th	---	7	5	1
2015-16	2-0-0	.000	0-0-0	---	---	---	---	---
Career	128-24-2	.837	38-10-1	---	---	80	46	11

Italics are Cael's ISU years

NATIONAL RANKINGS

TEAM RANKINGS INTERMAT TPI (11/17/15)

- PENN STATE
- Oklahoma State
- Iowa
- Cornell
- Michigan
- Ohio State
- Virginia Tech
- North Carolina St.
- Nebraska
- Missouri
- Oklahoma
- Wisconsin
- Illinois
- Old Dominion
- Northern Iowa
- Lehigh
- Rutgers
- Stanford
- Kent State
- North Carolina
- Northwestern
- Ohio
- Oregon State
- West Virginia
- Duke

USA TODAY COACHES POLL (11/17/15) DUAL

- PENN STATE
- Iowa
- Michigan
- Oklahoma State
- Ohio State
- Virginia Tech
- Nebraska
- Cornell
- Missouri
- Lehigh
- Illinois
- North Carolina St.
- Wisconsin
- Oklahoma
- Rutgers
- North Carolina
- Iowa State
- Oregon State
- Minnesota
- Virginia
- Old Dominion
- Ohio
- West Virginia
- Central Michigan
- Northern Iowa

INTERMAT (11/17/15)

Nico Megaludis	4th/125
Jordan Conaway	8th/133
Jimmy Gulibon	7th/141
Zain Retherford	2nd/149
Jason Nolf	4th/157
Bo Nickal	8th/174
Matt McCutcheon	14th/184
Morgan McIntosh	1st/197

WIN MAGAZINE (11/17/15)

Nico Megaludis	4th/125
Jordan Conaway	10th/133
Jimmy Gulibon	12th/141
Zain Retherford	3rd/149
Jason Nolf	3rd/157
Bo Nickal	9th/174
Matt McCutcheon	11th/184
Morgan McIntosh	1st/197

FLOWRESTLING (11/17/15)

Nico Megaludis	4th/125
Jordan Conaway	10th/133
Jimmy Gulibon	1st/141
Zain Retherford	2nd/149
Jason Nolf	3rd/157
Garett Hammond	10th/165
Bo Nickal	9th/174
Matt McCutcheon	13th/184
Morgan McIntosh	1st/197
Team:	1st

NOLF AND NICKAL DOWN #3-RANKED OPPONENTS IN PENN STATE'S WIN AT #7 VIRGINIA TECH

The top-ranked Penn State Nittany Lion wrestling team won six of ten bouts and grabbed an impressive 21-15 win at No. 7 Virginia Tech in Penn State's first road dual of the year on 11/15. In a dual meet featuring 15 ranked grapplers, head coach Cael Sanderson's crew took control late with three straight victories to grab the win. The Nittany Lions rode the strong performances of red-shirt freshmen Jason Nolf and Bo Nickal, both of whom downed third-ranked opponents, to the road win. The dual was wrestled in front of 5,097 fans, a new Virginia Tech attendance record for wrestling. Nolf took down No. 3 Nick Brascetta 4-1 at 157 and Nickal took care of No. 3 Zach Epperly 6-2 at 174. In addition to those wins, Jordan Conaway beat No. 18 Kevin Norstrom 4-1 at 133, Zain Retherford teched No. 13 Sal Mastriani 15-0 (4:25) at 149, Matt McCutcheon got an 18-4 major over Zack Zavatsky at 184 and Morgan McIntosh took care of No. 17 Jared Haight 9-2 at 197.

4 FRESHMEN WIN AS LIONS SHUT-OUT LOCK HAVEN

Penn State shut-out visiting Lock Haven 50-0 on Nov. 13 in the season opener for the Lions. Four red-shirt freshmen won in their collegiate debuts. Jason Nolf got a pin, Shakur Rasheed was up 2-0 when his foe injury defaulted, Bo Nickal got a tech fall and Jan Johnson downed a fourth-year junior after only two-plus weeks of practice. In addition to those victories, Jimmy Gulibon posted a strong 3-1 win over No. 12 Dan Neff at 141.

HAMMOND WINS ESU OPEN TITLE

The Penn State Nittany Lion wrestling team sent eight wrestlers to the East Stroudsburg Open Sunday at East Stroudsburg University. Three of the eight Nittany Lions reached the finals with sophomore Garrett Hammond claiming the crown at 165. Hammond went 5-0 at the event, including two technical falls, a pin and a major. He took the title by medical forfeit. Teammate Cody Law went 4-0 at 165 to reach the finals but did not wrestle, allowing Hammond to take the title uncontested. Law had two majors and a tech fall. Junior Zack Beitz reached the finals at 157 and went 3-1 overall to take second place. Beitz had a pin and a major. Red-shirt freshman George Carpenter went 3-2 at 133 and sophomore Kade Moss went 2-1 at 141 with two pins. Triston Law wrestled unattached at 141 and went 2-2 with two pins as well. Junior Geno Morelli picked up a win at 165 while junior Caleb Livingston posted a 3-2 record with a pin and a tech at 165 as well.

MORELLI RUNNER-UP TO LEAD STRONG LION SHOWING AT 2015 BEARCAT OPEN

Nine members of the Penn State Nittany Lion wrestling team opened up the open tournament season at the 2015 Bearcat Open in Binghamton, N.Y., which wrapped up late Sunday night. Five Nittany Lions wrestled attached while four more wrestled unattached. Junior Geno Morelli led Penn State with a 5-1 run at 165, advancing all the way to the finals before dropping a match. Morelli notched a tech fall and a major during his run. True freshman Kellan Stout posted a 5-1 mark at 184 to place sixth, including two majors. Red-shirt freshman Kenny Yanovich was a strong fourth at 125 after going 4-1 with a major. Senior Caleb Livingston went 2-2 at 165 with a pin while red-shirt freshman Devon Van Cura went 1-2 with a pin at 184. True freshman Dom Giannangeli went 2-2 at 141 while classmate Francisco Bisono went 1-2 at 165. True freshman Scott Stossel went 1-2 at 125 and sophomore George Carpenter also competed at 125 for Penn State.

NICK NEVILLS OUT

Red-shirt freshman Nick Nevills will be out to start the season with an injury. No time table has been set for his return.

2015-16 BIG TEN STANDINGS

(by Big Ten win % -- 11/17/15)

Pl. Team	Big Ten		Overall	
	W-L-T	PCT	W-L-T	PCT
1. PENN STATE	0-0-0	.000	2-0-0	1.000
Indiana	0-0-0	.000	0-0-0	.000
Illinois	0-0-0	.000	3-0-0	1.000
Iowa	0-0-0	.000	1-0-0	1.000
Maryland	0-0-0	.000	1-2-0	.333
Michigan	0-0-0	.000	3-0-0	1.000
Michigan State	0-0-0	.000	0-3-0	.000
Minnesota	0-0-0	.000	3-3-0	.500
Northwestern	0-0-0	.000	0-0-0	.000
Ohio State	0-0-0	.000	1-0-0	1.000
Purdue	0-0-0	.000	2-1-0	.667
Rutgers	0-0-0	.000	5-1-0	.833
Wisconsin	0-0-0	.000	1-0-0	1.000

BIG TEN WRESTLERS OF THE WEEK

11/3 Nathan Tomasello, Ohio State
 11/10 Brett Pfarr, Minnesota
 11/17 Sammy Brooks, Iowa

vs. RANKED FOES

Check here throughout the season for Penn State's dual meet results against foes ranked in the Intermat Top 25 Team TPI.

11/15 at #7 Virginia Tech W, 21-15
 11/22 at #18 Stanford

BJC DUAL TIX STILL AVAILABLE, GROUP RATES SET!

Penn State athletics has set the group prices for the 2015-16 BJC Duals. With ticket demand at an all-time high, Penn State wrestling will compete twice in the near-16,000 seat Bryce Jordan Center this season and group tickets are now available. Fans can now purchase 20 tickets or more for just \$8 per ticket for the two events by calling 1-800-NITTANY. The public sale of single dual tickets under the group level (20 or more) are also available at \$16 for adults and \$8 for youth (12-and-under).

The Nittany Lions host Wisconsin on Sunday, Dec. 13, at 1 p.m. in the first of two BJC Duals this year. Penn State will then welcome Ohio State to the BJC on Friday, Feb. 5, at 6 p.m. in a BTN nationally televised match-up. Penn State heads into the 2015-16 season riding a streak of 26-straight home sell-outs (including duals held in the near-16,000 seat BJC over the prior two years). A limited number of Standing Room Only (SRO) tickets for Penn State's five Rec Hall home dual meets are also set to go on sale Tuesday, Oct. 20, beginning at 10 a.m. Fans may purchase these single-match tickets only by calling 1-800-NITTANY. SRO's for Rec Hall are \$15 per person.

LIONS RANKED #1 ON INTERMAT'S TPI

The Penn State Nittany Lion wrestling team (2-0, 0-0 B1G) remains the top-ranked team in the country in the Nov. 17 release of InterMat Wrestling's Tournament Power Index (TPI). Head coach Cael Sanderson's squad also tops InterMat's Dual Meet Rankings. This marks the fourth straight week that Penn State, with eight ranked individuals, holds the No. 1 spot in the TPI. Penn State sits in the No. 1 spot with 101.5 points while Oklahoma State is in second at 99.5. Iowa is third at 81.5 with Michigan and Cornell tied for fourth with 74.5. Stanford, who Penn State visits this weekend, is ranked No. 18. Senior Morgan McIntosh is ranked No. 1 at 197 to lead Penn State's eight ranked grapplers (all of whom are listed in the top 14). McIntosh is 2-0 on the year. Sophomore Zain Retherford is ranked No. 2 at 149 with a 2-0 mark and senior Nico Megaludis is ranked No. 4 at 125 with a 1-1 record. Red-shirt freshman Jason Nolf is ranked No. 4 at 157 with a 2-0 record. Junior All-American Jimmy Gulibon is ranked No. 5 at 141 at 1-1. Senior All-American Jordan Conaway is ranked No. 8 at 133 with a 2-0 record while red-shirt freshman Bo Nickal is ranked No. 8 at 174 at 2-0. Sophomore Matt McCutcheon is ranked No. 14 at 184 with a 2-0 record.

THE PENN STATE WRESTLING RADIO NETWORK

The Penn State Wrestling Radio Network has been finalized for the 2015-16 campaign and six stations across the state will take part in airing the entire season live. Forever Media's WRSC-AM 1390 will serve as the flagship station for the network. The Penn State Coaches Show featuring Cael Sanderson, presented by Pepsi, will be carried by Forever Broadcasting as well.

Forever Media will air the bulk of the season on WRSC-AM 1390 with select dates tabbed for WQWK-AM 1450. In addition to those two stations, four other affiliates statewide will air the full slate of live action: WBPZ-AM 1230 Lock Haven; WIBF-FM 92.5 Mexico; WXBF-FM 106.1 Beaver Springs; and WDBF-FM 106.3 Mt. Union. Jeff Byers will once again serve as the voice of Penn State Wrestling, calling each broadcast mat-side with the Nittany Lions.

The following is Forever Media's signal schedule for the full campaign:

Nov. 13 vs. Lock Haven on WQWK-AM 1450
 Nov. 15 at Virginia Tech on WQWK-AM 1450
 Nov. 20 at CS Bakersfield on WRSC-AM 1390
 Nov. 22 at Stanford on WRSC-AM 1390
 Dec. 13 vs. Wisconsin on WRSC-AM 1390
 Dec. 19 at Rider on WRSC-AM 1390
 Jan. 1 at Southern Scuffle on WRSC-AM 1390
 Jan. 2 at Southern Scuffle on WRSC-AM 1390
 Jan. 8 at Purdue on WRSC-AM 1390
 Jan. 10 at Indiana on WRSC-AM 1390
 Jan. 15 vs. Nebraska on WRSC-AM 1390
 Jan. 17 at Northwestern on WQWK-AM 1450
 Jan. 23 at Illinois on WQWK-AM 1450
 Jan. 31 vs. Michigan on WRSC-AM 1390
 Feb. 5 vs. Ohio State on WRSC-AM 1390
 Feb. 12 at Lehigh on WRSC-AM 1390
 Feb. 13 vs. Michigan State on WRSC-AM 1390
 Feb. 21 NWCA National Dual Series on WRSC-AM 1390
 March 5 at Big Ten Championships on WRSC-AM 1390
 March 6 at Big Ten Championships on WRSC-AM 1390
 March 17 at NCAA Championships on WRSC-AM 1390
 March 18 at NCAA Championships on WRSC-AM 1390
 March 19 at NCAA Championships on WRSC-AM 1390

THE PENN STATE COACHES SHOW FEATURING CAEL SANDERSON, PRESENTED BY PEPSI

The Penn State Coaches Show featuring Cael Sanderson, presented by Pepsi, will air on Forever Media as well this year. The one-hour program will take place at Lettermans on East College Ave. in State College every Wednesday at 6:05 p.m. from November 11 through mid-March. Fans are encouraged to attend the program throughout the year. THERE WILL BE PERIODIC DATES THAT WILL BE PRE-RECORDED DUE TO TRAVEL.

Wrestling head coach Cael Sanderson will be the featured guest for most shows from November 10 through mid-March. This year, in addition to Sanderson, The Penn State Coaches Show will include various coaches from other Penn State teams and athletics administrators.

The Penn State Coaches Show featuring Cael Sanderson, presented by Pepsi, will feature guests answering questions from fans at Lettermans and online. Fans can submit questions to www.GoPSUsports.com/askthecoach. All Penn State wrestling broadcasts this season, both live action and the Penn State Coaches Show featuring Cael Sanderson, will be streamed online for free on GoPSUsports.com via GoPSUNow.

NOTES

RECORDS WATCH - CAREER

VICTORIES

1.	155	Jim Martin, '86-89
2.	150	Kerry McCoy, '92-97
3.	146	Josh Moore, '01-04
4.	138	Greg Elinsky, '83-87
5.	136	Ed Ruth, 2011-14
6.	134	David Taylor, 2011-14
7.	125	Sanshiro Abe, '93-96
8.	123	Jeremy Hunter, '96-00
	123	Clint Musser, '94, 96-99
10.	121	Frank Molinaro, '09-12
	121	John Hughes, '92, 94-96
12.	118	Matt Brown, '12-15
13.	116	Quentin Wright, '09-13
	116	Phil Davis, '05-08
15.	115	Ken Chertow, '85, 87-89
16.	114	Carl DeStefanis, '81-84
17.	112	Scott Moore, '00, '02-03
18.	110	Dan Mayo, '84, 86-88
19.	108	Pat Cummins, '01-04
	108	Dan Vallimont, '07-10

FALLS

1.	53	David Taylor, '11-14
	53	Josh Moore, '01-04
3.	46	Ed Ruth, '11-14
4.	38	Quentin Wright, '09-13
5.	34	Scott Moore, '00, '02-03
	34	Kerry McCoy, '92-97
7.	32	Cameron Wade, 2009-12
	32	Josh Walker, '02-05
9.	31	Andrew Alton, '11-Prsnt.
	31	Biff Walizer, '95-99
11.	30	Matt Brown, '12-15
	30	Phil Davis, '05-08
	30	Pat Cummins, '01-04
14.	29	Jeremy Hunter, '96-00
15.	28	Cary Kolat, '93-94
16.	26	Shawn Nelson, '90,92-94
17.	25	John Lange, '94-98
18.	24	DeWitt Driscoll, '03-06
	24	Jerry White, '74-77
20.	23	Bob Bury, '79-81, 83
	23	Gary Kaschak, '82, 84-86
	23	Shawn Nelson, '90, 92-93
	23	Sanshiro Abe, '93-96
	23	Johnston Oberly, '59-61
	23	Greg Haladay, '86-87,89-90
	23	Jeff Prescott, '89-92

NCAA TOURNAMENT WINS

1.	21-1	Ed Ruth, 2011-14
2.	18-2	David Taylor, 2011-14
	18-4	Quentin Wright, 2009-13
	18-4	Jim Martin, 1986-89
	18-4	Sanshiro Abe, 1993-96
	18-5	Greg Elinsky, 1984-87

19.	13 wins	Six different wrestlers, including Nico Megaludis
--	12 wins	Morgan McIntosh

2015-16 ATTENDANCE

11/13	LOCK HAVEN	6,356
12/13	WISCONSIN	
1/15	NEBRASKA	
1/31	MICHIGAN	
2/5	OHIO STATE	
2/13	MICHIGAN STATE	
2/21	NWCA DUAL CHAMP SERIES	
TOTAL		6,356
AVG.		6,356

Penn State begins the 2015-16 season riding an active streak of 27 straight home sell-outs, including multiple sold out events in the Bryce Jordan Center

2015-16 RIDGE RILEY AWARD WINNERS (home)

11/13	LOCK HAVEN	Jan Johnson, 285
12/13	WISCONSIN	
1/15	NEBRASKA	
1/31	MICHIGAN	
2/5	OHIO STATE	
2/13	MICHIGAN STATE	
2/21	NWCA DUAL CHAMP SERIES	

2015-16 ERNIE LUCAS AWARD WINNERS (away)

11/15	at Virginia Tech	Jason Nolf, 157 Bo Nickal, 174
11/20	at Cal-Bakersfield	
11/22	at Stanford	
12/19	at Rider	
1/8	at Purdue	
1/10	at Indiana	
1/17	at Northwestern	
1/23	at Illinois	
2/12	at Lehigh	

HONORS WON

To Come...

2015-16 PENN STATE WRESTLING ROSTER

NAME	Wt.	YR.-EL.	HOMETOWN/HIGH SCHOOL
Zack Beitz	157/165	Sr.-Jr.	Mifflintown, Pa./Juniata
Francisco Bisono	165	Fr.-Fr.	Hauppauge, N.Y./Hauppauge
Brian Brill	165/174	Jr.-Jr.	Lock Haven, Pa./Central Mountain
George Carpenter	133	So.-Fr.	Chapel Hill, N.C./Carrboro
Jordan Conaway	133	Sr.-Sr.	Abbottstown, Pa./New Oxford
Jered Cortez	133	So.-Fr.	Carol Stream, Ill./Glenbard North
Dylan Dailey	184	Sr.-Sr.	Danville, Pa./Danville
Gary Dinmore	141	Fr.-Fr.	Skillman, N.J./Hunterdon Central
Dominic Giannangeli	133	Fr.-Fr.	Murrysville, Pa./Franklin Regional
Jimmy Gulibon	141	Sr.-Jr.	Latrobe, Pa./Derry Area
Garett Hammond	165	Jr.-So.	Chambersburg, Pa./Chambersburg
Patrick Higgins	125	Fr.-Fr.	Monroeville, N.J./Woodstown
Jan Johnson	285	Fr.-Fr.	Mohnton, Pa./Governor Mifflin
Vincenzo Joseph	149	Fr.-Fr.	Pittsburgh, Pa./Central Catholic
Cody Law	157	Jr.-So.	Windber, Pa./Forest Hills
Triston Law	133/141	Fr.-Fr.	Windber, Pa./Forest Hills
Caleb Livingston	174	Sr.-Jr.	Drexel Hill, Pa./Upper Darby
Matt McCutcheon	184	Jr.-So.	Apollo, Pa./Kiski Area
Morgan McIntosh	197	Sr.-Sr.	Santa Ana, Calif./Calvary Chapel
Nico Megaludis	125	Sr.-Sr.	Murrysville, Pa./Franklin Regional
Geno Morelli	165/174	Jr.-Jr.	DuBois, Pa./DuBois
Kade Moss	141	Jr.-So.	South Jordan, Utah/Bingham
Nick Nevills	285	So.-Fr.	Clovis, Calif./Clovis
Bo Nickal	174	So.-Fr.	Allen, Texas/Allen
Jason Nolf	157	So.-Fr.	Yatesboro, Pa./Kittanning
Wes Phipps	184	Sr.-Jr.	Grove City, Pa./Grove City
Shakur Rasheed	165	So.-Fr.	Coram, N.Y./Longwood
Zain Retherford	149	Jr.-So.	Benton, Pa./Benton
Scott Stossel	133	Fr.-Fr.	Pittsburgh, Pa./North Allegheny
Kellan Stout	184	Fr.-Fr.	Pittsburgh, Pa./Mt. Lebanon
Devon Van Cura	174/184	So.-Fr.	Washington, N.C./Washington
Kenneth Yanovich	125	So.-Fr.	Effort, Pa./Pleasant Valley

HEAD COACH: Cael Sanderson (Iowa State '02)

ASSOCIATE HEAD COACH: Cody Sanderson (Iowa State '00)

HEAD ASSISTANT COACH: Casey Cunningham (Central Michigan '99)

ASSISTANT COACH: Frank Molinaro (Penn State '12)

DIRECTOR OF OPERATIONS: Adam Lynch (Penn State '10)

MANAGERS: TBA

2015-16 PENN STATE WRESTLING INDIVIDUAL RECORDS & STATS

2-0 OVERALL, 0-0 B1G, 1-0 HOME, 1-0 ROAD, 0-0 NEUTRAL

Wrestler, Wt.	Overall Record	Collegiate Record	Dual Record	Big 10 Dual Record	Dual Pts. For/Against	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Zack Beitz, 157/165	3-1	3-1	0-0	0-0	0/0	0-0	0-0	1-0	0-0	1-0	0:40
Francisco Bisano, 165	1-2	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Brian Brill, 165/174	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
George Carpenter, 133	3-4	3-4	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Jordan Conaway, 133	2-0	2-0	2-0	0-0	8/0	0-0	0-0	0-0	1-0	0-0	---
Jered Cortez, 133	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Dylan Dailey, 184	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Gary Dinmore, 149	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Dominic Giannangeli, 133	2-2	0-0	0-0	0-0	0/0	0-0	0-0	0-1	0-0	0-0	---
Jimmy Gulibon, 141	1-1	1-1	1-1	0-0	3/3	0-0	0-0	0-0	0-0	0-0	---
Garett Hammond, 165	5-0	5-0	0-0	0-0	0/0	0-0	0-0	2-0	1-0	1-0	4:41
Patrick Higgins, 125	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Jan Johnson, 285	1-0	1-0	1-0	0-0	3/0	0-0	0-0	0-0	0-0	0-0	---
Vincenzo Joseph, 149	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Cody Law, 157	4-0	4-0	0-0	0-0	0/0	0-0	0-0	2-0	1-0	0-0	---
Triston Law, 133/141	2-2	0-0	0-0	0-0	0/0	0-0	0-0	0-1	0-0	2-0	4:05
Caleb Livingston, 174/165	5-4	5-4	0-0	0-0	0/0	0-0	0-0	0-1	1-0	2-0	0:30
Matt McCutcheon, 184	2-0	2-0	2-0	0-0	10/0	0-0	0-0	1-0	0-0	1-0	3:25
Morgan McIntosh, 197	2-0	2-0	2-0	0-0	7/0	0-0	0-0	1-0	0-0	0-0	---
Nico Megaludis, 125	1-1	1-1	1-1	0-0	6/3	0-0	0-1	0-0	0-0	1-0	6:07
Geno Morelli, 165/174	6-1	6-1	0-0	0-0	0/0	0-0	0-0	1-0	1-0	0-0	---
Kade Moss, 141	2-1	2-1	0-0	0-0	0/0	0-0	0-0	0-0	0-0	2-1	1:48
Nick Nevills, 285	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Bo Nickal, 174	2-0	2-0	2-0	0-0	8/0	0-0	0-0	0-0	1-0	0-0	---
Jason Nolf, 157	2-0	2-0	2-0	0-0	9/0	0-0	0-0	0-0	0-0	1-0	2:42
Wes Phipps, 184	0-0	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-0	---
Shakur Rasheed, 165	1-1	1-1	1-1	0-0	6/3	0-1	0-0	0-0	0-0	0-0	---
Zain Retherford, 149	2-0	2-0	2-0	0-0	11/0	0-0	0-0	0-0	1-0	1-0	2:15
Scott Stossel, 133	1-2	0-0	0-0	0-0	0/0	0-0	0-0	0-0	0-0	0-1	---
Kellan Stout, 184	5-1	0-0	0-0	0-0	0/0	1-0	0-0	2-0	0-0	0-0	---
Devon Van Cura, 174/184	2-2	2-2	0-0	0-0	0/0	0-0	0-0	0-0	0-0	1-1	2:22
Kenneth Yanovich, 125	4-1	4-1	0-0	0-0	0/0	0-0	0-0	1-0	0-0	0-0	---

TOTALS 61-26 50-17 16-3* 0-0* 50/6* 1-1 0-2 12-2 7-0 13-3 0:30

SV - sudden victory • TB - tiebreak • MD - major decision • TF - technical fall • * Forfeit loss, no individual defeat

SEASON LEADERS -- OVERALL *

WINS

1. Geno Morelli, 165	6
2. Garett Hammond, 165	5
Caleb Livingston, 165	5
Kellan Stout, 184	5
5. Cody Law, 165	4
Kenny Yanovich, 125	4
7. Zack Beitz, 157	3
George Carpenter, 133	3
9. Jordan Conaway, 133	2
Dom Giannangeli, 141	2
Triston Law, 141	2
Matt McCutcheon, 184	2
Morgan McIntosh, 197	2
Kade Moss, 141	2
Bo Nickal, 174	2
Jason Nolf, 157	2
Zain Retherford, 149	2
Devon Van Cura, 184	2
19. Francisco Bisano, 165	1
Jimmy Gulibon, 141	1
Jan Johnson, 285	1
Nico Megaludis, 125	1
Shakur Rasheed, 165	1
Scott Stossel, 125	1

FALLS

1. Triston Law, 141	2
Caleb Livingston, 165	2
Kade Moss, 141	2
4. Zack Beitz, 157	1
Garett Hammond, 165	1
Matt McCutcheon, 184	1
Nico Megaludis, 125	1
Jason Nolf, 157	1
Zain Retherford, 149	1
Devon Van Cura, 184	1

TECHNICAL FALLS

1. Garett Hammond, 165	2
Jordan Conaway, 133	1
Geno Morelli, 165	1
Cody Law, 165	1
Caleb Livingston, 165	1
Bo Nickal, 174	1
Zain Retherford, 149	1

MAJOR DECISIONS

1. Geno Morelli, 165	2
Kellan Stout, 184	2
3. Zack Beitz, 157	1
Garett Hammond, 165	1
Matt McCutcheon, 184	1
Morgan McIntosh, 197	1
Geno Morelli, 165	1
Kenny Yanovich, 125	1

* Includes wrestlers w/unattached wins and red-shirts.

DUAL TAKEDOWNS

(numbers listed FOR/AGAINST)

Wt.	Wrestler	1st	2nd	3rd	OT	Total
125	Nico Megaludis	3-0	4-0	0-0	0-0	7-0
133	Jordan Conaway	1-1	1-0	3-0	0-0	5-0
141	Jimmy Gulibon	0-0	0-0	1-1	0-0	1-1
149	Zain Retherford	2-0	1-0	0-0	0-0	3-0
157	Jason Nolf	5-0	0-0	0-0	0-0	5-0
165	Shakur Rasheed	2-0	0-0	0-3	0-1	2-4
174	Bo Nickal	3-0	3-0	5-0	0-0	11-0
184	Matt McCutcheon	5-1	4-0	1-0	0-0	10-1
197	Morgan McIntosh	0-0	1-0	1-1	0-0	2-1
285	Jan Johnson	0-0	1-0	0-0	0-0	1-0

TOTAL 21-2 15-0 11-5 0-1 47-8

2015-16 DUAL MEET TEAM POINTS SCORED BY WEIGHT/FINAL SCORES

Opponent	125	133	141	149	157	165	174	184	197	HWT	FINAL
11/13: LOCK HAVEN	6-0	5-0	3-0	6-0	6-0	6-0	5-0	6-0	4-0	3-0	50-0
11/15: at #7 Virginia Tech	0-3	3-0	0-3	5-0	3-0	0-3	3-0	4-0	3-0	0-6	21-15
11/20: at Cal-Bakersfield	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
11/22: at Stanford	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
12/13: WISCONSIN	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
12/19: at Rider	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/8: at Purdue	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/10: at Indiana	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/15: NEBRASKA	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/17: at Northwestern	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/23: at Illinois	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
1/31: MICHIGAN	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/5: OHIO STATE	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/12: at Lehigh	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/13: MICHIGAN STATE	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
2/21: NWCA DUAL CHAMP SERIES	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0
TEAM TOTALS	6-0	5-0	3-0	6-0	6-0	6-0	5-0	6-0	4-0	3-0	50-0

* Big Ten Dual -- Rankings are Internat Team TPI

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
1-1	2-0	1-1	2-0	2-0	1-1	2-0	2-0	2-0	1-1	16-4

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
1-0	0-0	0-0	1-0	1-0	0-0	0-0	1-0	0-0	0-0	4-0

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
0-0	1-0	0-0	1-0	0-0	0-0	1-0	0-0	0-0	0-0	3-0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
0-0	0-0	0-0	0-0	0-0	0-0	0-0	1-0	1-0	0-0	2-0

DUAL FORFEITS/P./INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
0-0	0-0	0-0	0-0	0-0	1-0	0-0	0-0	0-0	0-1	1-1

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
0-1	1-0	1-1	0-0	1-0	0-1	1-0	0-0	1-0	1-0	6-3

TEAM RECORD AT DUAL'S STARTING WEIGHT

125	133	141	149	157	165	174	184	197	HWT	TOTAL
1-1	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	1-1

SEASON LEADERS -- DUAL MEETS

DUAL POINTS

1. Zain Retherford, 149	11
2. Matt McCutcheon, 184	10
3. Jason Nolf, 157	9
4. Jordan Conaway, 133	8
Bo Nickal, 174	8
6. Morgan McIntosh, 197	7
7. Nico Megaludis, 125	6
Shakur Rasheed, 165	6
9. Jimmy Gulibon, 133	3
Jan Johnson, 285	3

DUAL BONUS POINTS

1. Zain Retherford, 149	5
2. Matt McCutcheon, 184	4
3. Nico Megaludis, 125	3
Jason Nolf, 157	3
Shakur Rasheed, 165	3
6. Jordan Conaway, 133	2
Bo Nickal, 174	2
8. Morgan McIntosh, 197	1

DUAL TECH FALLS

1. Jordan Conaway, 133	1
Bo Nickal, 174	1
Zain Retherford, 149	1

DUAL MAJOR DECISIONS

1. Matt McCutcheon, 184	1
Morgan McIntosh, 197	1

DUAL PINS

1. Matt McCutcheon, 184	1
Nico Megaludis, 125	1
Jason Nolf, 157	1
Zain Retherford, 149	1

DUAL FORFEIT/INJ. DEF. WINS

1. Shakur Rasheed, 165	1
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DUAL TAKEDOWNS

1. Bo Nickal, 174	11
2. Matt McCutcheon, 184	10
3. Nico Megaludis, 125	7
4. Jordan Conaway, 133	5
5. Jason Nolf, 157	5
Zain Retherford, 149	3
7. Morgan McIntosh, 197	2
Shakur Rasheed, 165	2
9. Jimmy Gulibon, 133	1
Jan Johnson, 285	1

DUAL REVERSALS

1. Shakur Rasheed, 165	1
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DUAL NEAR FALL 2

1. Nico Megaludis, 125	2
Matt McCutcheon, 184	1
Zain Retherford, 149	1

DUAL NEAR FALL 4

1. Matt McCutcheon, 184	3
2. Jordan Conaway, 133	2
Morgan McIntosh, 197	2
Zain Retherford, 149	2
5. Jason Nolf, 157	1

DUAL STALLS FORCED/TAKEN

125: Nico Megaludis	1	0
133: Jordan Conaway	1	0
141: Jimmy Gulibon	1	0
149: to come	0	0
157: to come	0	0
165: Shakur Rasheed	1	1
174: Bo Nickal	2	1
184: to come	0	0
197: Morgan McIntosh	3	0
285: Jan Johnson	1	0

TOTALS 10 2

DUAL RIDING TIME POINTS FOR/AGAINST

125: to come	0	0
133: Jordan Conaway	2	0
141: to come	0	0
149: to come	0	0
157: Jason Nolf	1	0
165: Shakur Rasheed	1	0
174: Bo Nickal	2	0
184: Matt McCutcheon	1	0
197: Morgan McIntosh	2	0
285: to come	0	0

TOTALS 9 0





NICO MEGALUDIS

Murrysville, Pa./Franklin Regional
3X All-American
2nd, 2012; 2nd, 2013; 3rd, 2014

SR/SR ELIGIBLE - 125



JORDAN CONAWAY

Abbottstown, Pa./New Oxford
All-American
8th, 2015 (125)

SR/SR ELIGIBLE - 133

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2011-12	28-8	11-3 (5-3)	17-5 (3-2/4-1)	3-1	3-0	7-0	46
2012-13	28-4	13-1 (7-1)	15-3 (3-1/4-1)	6-0	3-0	5-0	65
2013-14	31-4	14-0 (6-0)	17-4 (3-1/5-1)	2-0	6-0	9-0	58
2014-15	Red-shirt season						
2015-16	1-1	1-1 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	6
Career	88-17	39-5 (18-4)	49-12 (9-4/13-3)	11-1	12-0	21-0	175

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2011-12	Red-shirt season						
2012-13	19-10	11-2 (6-2)	8-8 (2-2/3-2)	2-3	0-0	4-1	40
2013-14	15-5	4-1 (2-0)	11-4 (0-0/0-0)	1-0	0-0	5-0	14
2014-15	27-9	12-3 (7-2)	11-3 (3-1/4-3)	0-0	4-0	6-2	44
2015-16	2-0	2-0 (0-0)	0-0 (0-0/0-0)	0-0	1-0	0-0	8
Career	63-24	29-6 (15-4)	31-18 (5-3/7-5)	3-3	5-0	15-3	106

MEGALUDIS MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	125	WBF	Jake Field, Lock Haven (6:07)	dual	1-0
11/15	125	L, 3-4 (tb)	#6 Joey Dance, Virginia Tech	dual	1-1

NOTES:

Parents: Linda and Dan Megaludis

Major: Finance

Ranked #4 by Intermat...dropped 4-3 (tb) upset loss to #6 Joey Dance of Virginia Tech on 11/15.

CONAWAY MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	133	W, 19-4	Bobby Rehm, Lock Haven (TF; 7:00)	dual	1-0
11/15	133	W, 4-1	#18 Kevin Norstrom, Virginia Tech	dual	2-0

NOTES:

Parents: Jackie and David Conaway

Major: Rehabilitation and Human Services

Ranked #8 by Intermat...downed #18 Kevin Norstrom of Virginia Tech on 11/15.





JIMMY GULIBON
 Latrobe, Pa./Derry Area
 All-American
 5th, 2015 (133)
 SR/JR ELIGIBLE - 141



ZAIN RETHERFORD
 Benton, Pa./Benton
 All-American
 5th, 2014
 JR/SO ELIGIBLE - 149

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2012-13		Red-shirt season					
2013-14	18-15	5-8 (4-4)	13-7 (3-2/1-2)	1-2	5-0	4-0	20
2014-15	26-9	13-2 (7-2)	11-6 (2-3/4-2)	2-1	1-0	6-0	49
2015-16	1-1	1-1 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	3
Career	45-25	19-11 (11-6)	26-14 (5-5/5-4)	3-3	6-0	10-0	72

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2013-14	33-3	16-0 (8-0)	17-3 (3-1/4-2)	4-0	2-0	8-0	58
2014-15		Red-shirt season					
2015-16	2-0	2-0 (0-0)	0-0 (0-0/0-0)	1-0	1-0	0-0	11
Career	35-3	18-0 (8-0)	17-3 (3-1/4-2)	5-0	3-0	8-0	69

GULIBON MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	141	W, 3-1	#12 Dan Neff, Lock Haven	dual	1-0
11/15	141	L, 1-3	Solomon Chishko, Virginia Tech	dual	1-1

NOTES:

Parents: Kristen and James Gulibon

Major: Criminology

Ranked #5 by Intermat...opened season with strong 3-1 win over #12 Dan Neff of Lock Haven on 11/13.

RETHETFORD MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	149	WBF	Kyle Hammond, Lock Haven (2:15)	dual	1-0
11/15	149	W, 15-0	#13 Sal Matriani, Virginia Tech (TF; 4:25)	dual	2-0

NOTES:

Parents: Sarah and Allen Retherford

Major: Finance

Ranked #2 by Intermat...dominating 15-0 tech fall over #13 Sal Mastriani of Virginia Tech on 11/15.





JASON NOLF
Yatesboro, Pa./Kittanning

SO/FR ELIGIBLE - 157



SHAKUR RASHEED
Coram, N.Y./Longwood

SO/FR ELIGIBLE - 165

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2014-15	Red-shirt season						
2015-16	2-0	2-0 (0-0)	0-0 (0-0/0-0)	1-0	0-0	0-0	9
Career	2-0	2-0 (0-0)	0-0 (0-0/0-0)	1-0	0-0	0-0	9

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2014-15	Red-shirt season						
2015-16	1-1	1-1 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	6
Career	1-1	1-1 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	6

NOLF MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	157	WBF	Aaron McKinney, Lock Haven (2:42)	dual	1-0
11/15	157	W, 4-1	#3 Nick Brascetta, Virginia Tech	dual	2-0

NOTES:

Parents: Michael and Audra Nolf

Major: Kinesiology

Ranked #4 by Intermat...pinned Lock Haven's Aaron McKinney (2:42) in collegiate debut on 11/13...downed #3 Nick Brascetta of Virginia Tech 4-1 on 11/15.

RASHEED MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	165	W, inj. def.	Dillon Gavlock, Lock Haven (up 2-0)	dual	1-0
11/15	165	L, 8-10 (sv)	Dave McFadden, Virginia Tech	dual	1-1

NOTES:

Parents: Daniele Renck, Ismail Rasheed

Major: Business Management/Theater

Downed Lock Haven's Dillon Gavlock of Lock Haven in collegiate debut on 11/13.





**GARETT
HAMMOND**
Chambersburg, Pa./
Chambersburg

JR/SO ELIGIBLE - 165



**BO
NICKAL**
Allen, Texas/Allen

SO/FR ELIGIBLE - 174

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2013-14			Red-shirt season				
2014-15	23-12	9-6 (5-4)	14-6 (2-3/0-0)	3-1	3-0	6-2	33
2015-16	5-0	0-0 (0-0)	5-0 (0-0/0-0)	1-0	2-0	1-0	0
Career	28-12	9-6 (5-4)	19-6 (2-3/0-0)	4-1	5-0	7-2	33

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2014-15			Red-shirt season				
2015-16	0-0	0-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	0
Career	0-0	0-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	0

HAMMOND MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/15	165	WBF	B. Sutherland, unatt.	ESU	1-0
11/15	165	W, 17-1	C. Galik, unatt. (TF)	ESU	2-0
11/15	165	W, 10-0	J. Viruet, Brown (major)	ESU	3-0
11/15	165	W, 16-0	R. Muniz, Brown (TF)	ESU	4-0
11/15	165	W, md. frf.	Medical Forfeit	ESU (1st)	5-0

NOTES:

Parents: Lori and Mark Hammond

Major: Public Relations

Won East Stroudsburg Open title on 11/15 with 5-0 run, including two techs, a pin and a major.

NICKAL MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	174	W, 21-6	Tyler Wood, Lock Haven (TF; 7:00)	dual	1-0
11/15	174	W, 6-2	#3 Zach Epperly, Virginia Tech	dual	2-0

NOTES:

Parents: Jason and Sandy Nickal

Major: Kinesiology

Ranked #8 by Intermat...posted 21-6 tech fall over Tyler Wood of Lock Haven in collegiate debut on 11/13...dominated #3 Zach Epperly of Virginia Tech 6-2 on 11/15.

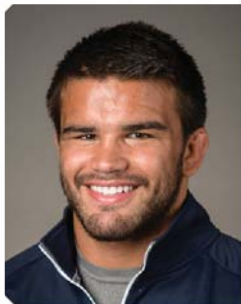




MATT McCUTCHEON

Apollo, Pa./Kiski Area
NCAA Qualifier, 2015

JR/SO ELIGIBLE - 184



MORGAN McINTOSH

Santa Ana, Calif.
2X All-American
3rd, 2015; 7th, 2014

SR/SR ELIGIBLE - 197

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2013-14			Red-shirt season				
2014-15	26-14	7-8 (5-4)	19-6 (3-1/2-2)	4-1	3-0	3-1	26
2015-16	2-0	2-0 (0-0)	0-0 (0-0/0-0)	1-0	0-0	1-0	10
Career	28-14	9-8 (5-4)	19-6 (3-1/202)	5-1	3-0	5-1	36

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2011-12	18-10	8-2 (5-1)	10-8 (2-2/1-2)	3-0	0-1	3-0	25
2012-13			Red-shirt season				
2013-14	32-5	15-0 (7-0)	17-5 (2-1/5-2)	5-0	0-0	13-0	61
2014-15	32-3	14-1 (8-1)	18-2 (3-0/6-1)	6-0	2-0	4-0	52
2015-16	2-0	2-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	1-0	7
Career	85-18	39-3 (20-2)	45-15 (7-3/12-5)	14-0	2-1	21-0	145

McCUTCHEON MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	184	WBF	Triston Sponseller, Lock Haven (5:56)	dual	1-0
11/15	184	W, 18-4	Zack Zavatsky, Virginia Tech (major)	dual	2-0

NOTES:

Parents: Sheryl Slagle and David McCutcheon

Major: Kinesiology

Ranked #14 by Intermat...2-0 weekend to start the year with a pin vs. LHU on 11/13 and a major at Virginia Tech on 11/15.

McINTOSH MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	197	W, 12-3	Phil Sprenkle, Lock Haven (major)	dual	1-0
11/15	197	W, 9-2	#17 Jared Haught, Virginia Tech	dual	2-0

NOTES:

Parents: Rebecca and Brooke McIntosh

Major: Criminology

Ranked #1 by Intermat...clinched Penn State win at Virginia Tech with 9-2 win over #17 Jared Haught on 11/15.





JAN
JOHNSON
Mohnton, Pa./Governor Mifflin
FR/FR ELIGIBLE - 285



NICK
NEVILLS
Clovis, Calif./Clovis
SO/FR ELIGIBLE - 285

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2015-16	1-0	1-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	3
Career	1-0	1-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	3

CAREER STATISTICS

Year	Overall	Duals (B10)	TRN (B10/NCAA)	F	TF	M	PTS
2014-15	Red-shirt season						
2015-16	0-0	0-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	0
Career	0-0	0-0 (0-0)	0-0 (0-0/0-0)	0-0	0-0	0-0	0

JOHNSON MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	285	W, 3-2	Brad Emerick, Lock Haven	dual	1-0

NOTES:

Parents: Jan and Theresa Johnson

Major: Psychology

Joined team in October...red-shirting walk-on for the Penn State Nittany Lion football team...beat Lock Haven junior Brad Emerick 3-2 in collegiate debut on 11/13.

NEVILLS MATCH-BY-MATCH

Date	Wt.	Result	Opponent	Place	Record
11/13	285	TO COME			

NOTES:

Parents: Wayne and Kerri Nevills

Major: Business in Marketing

Red-shirted last season...out indefinitely with injury.



#1 PENN STATE 50, LOCK HAVEN 0

Friday, Nov. 13, 2015 -- Rec Hall -- University Park, Pa.

125: #2 Nico Megaludis PSU pinned Jake Field LHU, WBF (6:07)	6-0
133: #8 Jordan Conaway PSU tech fall Bobby Rehm LHU, 19-4 (TF; 7:00)	11-0
141: #2 Jimmy Gulibon PSU dec. #12 Dan Neff LHU, 3-1	14-0
149: #2 Zain Retherford PSU pinned Kyle Hammond LHU, WBF (2:15)	20-0
157: #6 Jason Nolf PSU pinned Dillon Gavlock LHU, WBF (2:42)	26-0
165: Shakur Rasheed PSU inj. def. Dillon Gavlock LHU, inj. def. :35 (up 2-0)	32-0
174: #14 Bo Nickal PSU tech fall Tyler Wood LHU, 21-6 (TF; 7:00)	37-0
184: #14 Matt McCutcheon PSU pinned Tristan Sponseller LHU, WBF 5:56	43-0
197: #1 Morgan McIntosh PSU maj. dec. Phil Sprenkle LHU, 13-2	47-0
285: Jan Johnson PSU dec. Brad Emerick LHU, 3-2	50-0
Attendance: 6,356 (27th straight home sell-out)	

The top-ranked Penn State Nittany Lion wrestling team opened up the 2015-16 season with a resounding 50-0 win over visiting Lock Haven on Friday night. A sell-out crowd of 6,356, the 27th straight home sell-out for Penn State, watched as Penn State won all ten bouts.

Penn State notched bonus points in eight of the ten bouts, including four pins, two of which came from All-Americans returning after red-shirt campaigns.

The dual began at 125 where All-American Nico Megaludis (Murrysville, Pa.), ranked No. 2 nationally, returned to action after a red-shirt season by pinning Lock Haven's Jake Field at the 6:07 mark. All-American Jordan Conaway (Abbotstown, Pa.), ranked No. 8 at 133, rolled to a 19-4 technical fall with riding time at the 7:00 mark to put Penn State up 11-0 early. All-American Jimmy Gulibon (Latrobe, Pa.), ranked No. 2 at his new weight of 141, posted a strong 3-1 win over No. 12 Dan Neff in the dual's marquee match-up.

All-American Zain Retherford (Benton, Pa.), ranked No. 2 at his new weight of 149, mirrored Megaludis with a pin, getting the fall over Kyle Hammond at the 2:15 mark. The first of three straight red-shirt freshmen making their Penn State dual meet debuts followed as Jason Nolf (Yatesboro, Pa.), ranked No. 6 at 157, rolled out to a big lead over Aaron McKinney before getting the fall at the 2:42 mark. The pin put Penn State up 26-0 at intermission.

Classmate Shakur Rasheed (Coram, N.Y.) followed at 165 with a win over Dillon Gavlock. Rasheed was up 2-0 in the first when Gavlock took an injury default, putting Penn State up 32-0. Bo Nickal (Allen, Texas), ranked No. 14 at 174, was the third straight red-shirt freshman up and the Texas native rolled to a 21-6 technical fall at the 7:00 mark.

Sophomore Matt McCutcheon (Apollo, Pa.), ranked No. 14 at 184, notched Penn State's fourth fall of the night. McCutcheon was up big when he pinned Tristan Sponseller at the 5:56 mark. All-American Morgan McIntosh (Santa Ana, Calif.), ranked No. 1 at 197, rolled to a 13-2 major over LHU's Phil Sprenkle to give the Lions a 47-0 lead with one bout left. True freshman Jan Johnson (Mohnton, Pa.), who joined the Nittany Lions in mid-October, secured the shut-out victory and thrilled the sold out crowd with a rousing 3-2 win over Lock Haven junior Brad Emerick at 285. Johnson turned a second period takedown into a victory and Penn State posted the 50-0 shut-out.

The Nittany Lions dominated the dual from start to finish, rolling to a 36-1 takedown advantage. Eight of the ten bouts featured bonus points: four pins, one injury default, two technical falls and one major, giving Penn State 20 bonus points. The shut-out was Penn State's first since a 35-0 win over Michigan State last year on Feb. 1, 2015.

BOUT-BY-BOUT:

125: Senior All-American Nico Megaludis (Murrysville, Pa.), ranked No. 2 at 125, took on Lock Haven's Jake Field. Megaludis scored quickly, taking a 2-0 lead just :20 seconds into the bout. Field escaped to a 2-1 deficit and action resumed with Megaludis looking for control on the edge of the mat. The Lion finished the move and led 4-2 midway through the opening period. Megaludis dominated the rest of the first period, tacking on two more takedowns and two near fall points to lead 10-3 heading into the second. Megaludis chose down to start the second, quickly escaped to an 11-3 lead, and took Field down and to his back for two near falls and a 15-3 lead. Field escaped to a 15-4 score, but Megaludis quickly took him down to up his margin to 17-5 after cutting the Bald Eagle loose. Megaludis picked up a quick takedown to up his lead to 19-5. He rode Field out to carry that lead and over 2:00 of riding time into the third period. Field chose down to start the third. Megaludis worked his way into control Field's arm and worked his way to a pin at the 6:07 mark.

133: Senior All-American Jordan Conaway (Abbotstown, Pa.), ranked No. 8 at 133, met Bald Eagle senior Bobby Rehm. Rehm picked up a quick takedown to lead 2-1 after Conaway escaped. The Lion senior then took a 3-2 lead with a takedown of his own at the 1:00 mark. He then controlled Rehm for the rest of the period to lead 3-2 with 1:10 in riding time after one. Conaway chose down to start the second period and quickly escaped to a 4-2 lead. He upped his lead to 6-2 with a strong single leg with just over a minute left in the period and controlled the Bald Eagle senior for the rest of the period. Conaway turned Rehm for four near fall points and led 10-2 after two. Rehm chose down to start the third period and escaped to a 10-3 score, but Conaway countered a Rehm shot and upped his lead to 12-4 at the 1:06 mark with another takedown. Conaway tacked on another takedown and four more near fall points to lead 18-4 with :20 left. 3:24 in riding time gave Conaway a 19-4 technical fall at the 7:00 mark.

141: Junior All-American Jimmy Gulibon (Latrobe, Pa.), ranked No. 2 at 141, met Lock Haven senior Dan Neff in the dual's marquee match-up. Neff entered the dual ranked No. 12. Gulibon and Neff traded early shots and the match was scoreless midway through the opening stanza. Neither wrestler could break through the other's defense over the opening three minutes and the bout moved to the second period scoreless. Gulibon chose down to start the second period and quickly escaped to a 1-0 lead. Gulibon continued to shoot and Neff was able to play defense for the rest of the second period. Trailing 1-0, Neff chose down to start the third period and quickly tied the score at 1-1 with an escape. Gulibon continued to press for a takedown and broke through Neff's defense to lead 3-1 at the :55 mark. The Lion All-American then tripped Neff back to the mat after the Bald Eagle tried to escape multiple times to ride Neff out. The strong third period gave Gulibon a 3-1 decision.

149: Sophomore All-American Zain Retherford (Benton, Pa.), ranked No. 2 at 149, took on Lock Haven's Kyle Hammond. Retherford notched the match's first takedown early in the period and then gained control of Hammond's waste with his legs. Steadily turning Hammond to his back, Retherford quickly worked his way into a pinning position and got the fall at the 2:15 mark in the first period.

157: Red-shirt freshman Jason Nolf (Yatesboro, Pa.), ranked No. 6 at 157, made his Nittany Lion dual meet debut against Lock Haven senior Aaron McKinney. Nolf wasted no time notching his first Penn State takedown, using a low single to take McKinney down. Nolf cut the Eagle loose, adding a second takedown and led 4-2 less than 1:00 into the bout. Putting on an early takedown clinic in his Rec Hall debut, Nolf added a third takedown and then turned McKinney for four near fall points to lead 10-3 after cutting him loose. Nolf countered a takedown attempt by McKinney, rolled through a takedown and turned a nearside cradle into a takedown at the 2:42 mark.

165: Red-shirt freshman Shakur Rasheed (Coram, N.Y.) made his Penn State dual meet debut at 165 against Bald Eagle junior Dillon Gavlock. Rasheed notched the first takedown and then Gavlock injury defaulted quickly. The injury default victory for Rasheed came at the :35 mark.

174: Red-shirt freshman Bo Nickal (Allen, Texas), ranked No. 14 at 174, made his Nittany Lion dual meet debut against Lock Haven junior Tyler Wood. Like the two freshmen before him, Nickal notched the bout's first takedown early, leading 2-0 just :30 into action. Nickal cut Wood loose and nearly had another takedown on the edge of the mat but action slid out of bounds. Nickal used a fast low double to take a 4-1 lead at the 1:00 mark and then built up a 2:05 riding time edge with a ride out to lead 4-1 after one period. Nickal chose down to start the second stanza, quickly escaped, and then blew through a high double to take wood down for a 7-1 lead at the 1:33 mark. Wood escaped only to be taken down by Nickal once again and the Lion freshman led 9-2 with a clinched riding time point (3:30 in time) after two periods. Wood chose top to start the third and Nickal quickly escaped to a 10-2 lead. Nickal added another takedown and cut Wood loose to lead 12-3 with 1:16 left in the match. Continuing his takedown clinic, Nickal used a low single to lead 14-3 at the :55 mark. Wood escaped, Nickal took him down and cut him loose with :12 left and the finished off the tech fall with a takedown at the :06 mark. The late takedown gave Nickal a 21-6 tech fall at the 7:00 mark with 4:15 in riding time.

184: Sophomore Matt McCutcheon (Apollo, Pa.), ranked No. 14 at 184, took on LHU freshman Tristan Sponseller. McCutcheon notched the first takedown early and led 2-1 less than a minute into the bout. McCutcheon added two more quick takedowns and on the latter, added four near fall points to lead 10-2 with :30 left. He continued to press offensively and added another takedown to lead 12-3 one period. McCutcheon chose neutral to start the second period and took Sponseller down for a 14-3 lead. McCutcheon cut Sponseller loose and then took him down again to lead 16-4. The Lion sophomore tacked on one more takedown and led 18-4 with 2:55 riding time after two. Sponseller chose down to start the third and escaped, but McCutcheon turned a high takedown into a quick fall, getting the pin at the 5:56 mark.

197: Senior All-American Morgan McIntosh (Santa Ana, Calif.), ranked No. 1 at 197, faced off against Bald Eagle senior Phil Sprenkle. McIntosh and Sprenkle battled evenly for the opening three minutes, with neither wrestler working through for a takedown. Tied 0-0, Sprenkle chose down to start the second period and McIntosh made him pay. McIntosh forced him into two stall warnings and then the Lion senior turned Sprenkle to his back for four back points, nearly getting the fall as the period ended. Leading 5-0, McIntosh chose down to start the third period, escaped to a 6-0 lead, and then tacked on another takedown to lead 8-0. McIntosh notched another four point near fall but action ended on an illegal hold by McIntosh, forcing a reset with the Lion up 12-1. Sprenkle added a late takedown but McIntosh's 3:18 in riding time allowed him to post a 13-2 major.

285: True freshman Jan Johnson (Mohnton, Pa.) made his Penn State wrestling debut after joining the team in October against Lock Haven junior Brad Emerick. Johnson worked offense early with Emerick fighting off the early shots. With Johnson trying to control action up high, Emerick was able to work the clock down to zeroes and the bout moved into the second period scoreless. Tied 0-0, Johnson chose down to start the second period. Johnson worked to his feat repeatedly looking to escape, and Emerick pushed him out of bounds each time. Johnson picked up the escape to lead 1-0 with Emerick having only :28 in riding time. The Lion freshman then turned a low single into a takedown in front of the scorer's table to lead 3-0 with 1:01 left in the middle period. Emerick escaped to a 3-1 score and action resumed in the center circle with :50 on the clock. Emerick worked ion on a low shot and Johnson rolled into a scramble that lasted the final :20, killing the clock and maintaining his 3-1 lead heading into the third period. Emerick chose down to start the third period and quickly escaped to a 3-2 score. The duo battled evenly for the final seconds and Johnson posted a thrilling 3-2 win in his Penn State debut.

#1 PENN STATE 21, #7 VIRGINIA TECH 15 Sunday, Nov. 15, 2015 -- Blacksburg, Va.

125: #6 Joey Dance VT dec. #2 Nico Megaludis PSU, 4-3 (TB)	0-3
133: #8 Jordan Conaway PSU dec. #18 Kevin Norstrom VT, 4-1	3-3
141: Solomon Chishko VT dec. #2 Jimmy Gulibon PSU, 3-1	3-6
149: #2 Zain Retherford PSU tech fall #13 Sal Mastriani VT, 15-0 (TF; 4:25)	8-6
157: #6 Jason Nolf PSU dec. #3 Nick Brascetta VT, 4-1	11-6
165: Dave McFadden VT dec. (sv) Shakur Rasheed PSU, 10-8 (sv)	11-9
174: #14 Bo Nickal PSU dec. #3 Zach Epperly VT, 6-2	14-9
184: #14 Matt McCutcheon PSU maj. dec. Zack Zavatsky VT, 18-4	18-9
197: #1 Morgan McIntosh PSU dec. #17 Jared Haught VT, 9-2	21-9
285: #2 Ty Walz VT win by forfeit	21-15
Attendance: 5,097 (new Virginia Tech attendance record)	

BLACKSBURG, Va.; November 15, 2015 – The top-ranked Penn State Nittany Lion wrestling team (2-0, 0-0 B1G) won six of ten bouts and grabbed an impressive 21-15 win at No. 7 Virginia Tech (1-1 0-0 ACC) in Penn State's first road dual of the year. In a dual meet featuring 15 ranked grapplers, head coach Cael Sanderson's crew took control late with three straight victories to grab the win.

The Nittany Lions rode the strong performances of red-shirt freshmen Jason Nolf (Yatesboro, Pa.) and Bo Nickal (Allen, Texas), both of whom downed third-ranked opponents, to the road win. The dual was wrestled in front of 5,097 fans, a new Virginia Tech attendance record for wrestling.

The dual began at 125 where All-American Nico Megaludis (Murrysville, Pa.), ranked No. 2 nationally, suffered a 4-3 (tb) loss to No. 6 Joey Dance. All-American Jordan Conaway (Abbotstown, Pa.), ranked No. 8 at 133, handled No. 18 Kevin Norstrom 4-1 with 3:17 riding time, tying the bout at 3-3. All-American Jimmy Gulibon (Latrobe, Pa.), ranked No. 2 at his new weight of 141, was upset with a late second takedown in a 3-1 loss to Solomon Chishko. All-American Zain Retherford (Benton, Pa.), ranked No. 2 at his new weight of 149, put Penn State on top with a dominating 15-0 technical fall over No. 13 Sal Mastriani, giving the Nittany Lions an 8-6 lead.

Red-shirt freshman Jason Nolf (Yatesboro, Pa.), ranked No. 6 at 157, dominated No. 3 Nick Brascetta, posting a 4-1 win with a solid 2:03 in riding time. The win put Penn State up 11-6 midway through the bout. Shakur Rasheed (Coram, N.Y.) suffered a tough loss at 165, losing a 10-8 (sv) decision to Dave McFadden after a furious late McFadden comeback. Bo Nickal (Allen, Texas), ranked No. 14 at 174, silenced the record Hokie crowd, however, by dominating No. 3 Zach Epperly on his way to a 6-2 decision. The win put Penn State up 14-9 with three bouts left.

Sophomore Matt McCutcheon (Apollo, Pa.), ranked No. 14 at 184, increased Penn State's lead to 18-9 with a resounding 18-4 major decision over Virginia Tech's Zack Zavatsky. All-American Morgan McIntosh (Santa Ana, Calif.), ranked No. 1 at 197, then clinched the dual with a solid 9-2 win over No. 17 Jared Haught. The win put Penn State up 21-9. No. 2 Ty Walz of Virginia Tech received a forfeit victory at 285 and Penn State left a raucous Cassell Coliseum with a strong 21-15 win.

Penn State held a slim 10-7 edge in takedowns in the hotly contested dual. Sanderson's squad picked up three bonus points off a tech fall and a major. The Nittany Lions are now 2-0 on the year while Virginia Tech falls to 1-1.

BOUT-BY-BOUT:

125: Senior All-American Nico Megaludis (Murrysville, Pa.), ranked No. 2 at 125, faced off against No. 6 Joey Dance. The duo battled evenly for the opening minute-plus. With each man working for control in the middle of the mat, Megaludis battled through Dance's efforts to control his shoulders, creating space for low singles. Megaludis shot repeatedly over the final minute-plus and Dance was forced into defense for the remainder of a scoreless first period. Megaludis chose down to start the second stanza and escaped quickly to a 1-0 lead. With :50 in the period, Megaludis finally worked his way into control of a low single and steadily worked his way into a takedown for a 3-0 lead. Dance was able to escape as the period ended and Megaludis led 3-1 after two. Dance chose down to start the third period and Megaludis was able to maintain control long enough to build up more than a minute's worth of riding time. Action moved out of bounds at the :57 mark, forcing a reset. Dance worked his way to a reversal after the reset, tying the match and rode Megaludis out to force sudden victory tied 3-3. Megaludis shook off a Dance shot and nearly scored, while Dance almost countered that move for a takedown of his own. After a furious minute, the bout moved into a tie breaker still tied 3-3. Megaludis chose down for the first :30 period and could not work his way out of Dance's control. Dance was down for the next period and escaped to a 4-3 lead with :18 on the clock. Megaludis worked for a late takedown but Dance was able to fight off a final shot and posted the 4-3 upset win.

133: Senior All-American Jordan Conaway (Abbotstown, Pa.), ranked No. 8 at 133, met No. 18 Kevin Norstrom. Like the bout that preceded them, Conaway and Norstrom battled through an even opening period. Tied 0-0, Norstrom chose down to start the second period. Conaway was able to control the action from the top position, working up a solid riding time edge. Conaway's strong ride continued deep into the second period, through a reset, until the :10 mark when Norstrom escaped to a 1-0 lead. Down 1-0, Conaway chose bottom to start the final period. Conaway quickly escaped to a 1-1 tie with a 1:40 riding time edge. Conaway quickly worked his way to control of Norstrom's shoulder, working the Hokie's hands to the ground for a takedown and a 3-1 lead. The Nittany Lion senior clinched a riding time point with control on top. Conaway allowed no room for Norstrom to move, working the clock down to zeroes. With 3:17 riding time, Conaway walked away with a strong 4-1 win.

141: Junior All-American Jimmy Gulibon (Latrobe, Pa.), ranked No. 2 at 141, battled Solomon Chishko. Gulibon was steady on offense, patiently working his way into control Chishko's leg and shoulders. But no takedown was awarded on the edge of the mat and a reset was called at the :30 mark. Tied 0-0, Gulibon chose down to start the middle stanza. A quick escape gave the Lion a 1-0 lead and action continued neutral in the middle of the mat. Chishko gained control of Gulibon's left leg, trying to score, but the Lion worked his way out of trouble and then forced Chishko off the mat and into a first stall warning. Gulibon nearly added a late takedown but Chishko was able to fight off the shot. Trailing 1-0, Chishko chose down to start the third and quickly escaped to a 1-1

tie. Gulibon continued to work his offense, forcing Chishko into defense. The Lion's patience paid off with control of a low single at the :30 mark. Chishko countered and worked his way into control of the Lion junior and a late takedown was awarded with :05 left that the Penn State bench immediately challenged. The call was upheld and Chishko posted the 3-1 upset win.

149: Sophomore All-American Zain Retherford (Benton, Pa.), ranked No. 2 at 149, tangled with No. 13 Sal Mastriani. Retherford took an early lead with a takedown at the 1:26 mark and then controlled the action from the top position for over a minute. Retherford picked up two near fall points to up his lead to 4-0 and carried that lead into the second period. Retherford chose down to start the second stanza and quickly escaped to a 5-0 lead. The Penn State sophomore added a second takedown at the 1:20 mark to up his lead to 6-0 and went to work turning the Hokie for four back points. Retherford reset and worked Mastriani over for a second four point near fall posted the 15-0 technical fall at the 4:25 mark.

157: Red-shirt freshman Jason Nolf (Yatesboro, Pa.), ranked No. 6 at 157, wrestled No. 3 Nick Brascetta. Nolf shot quickly, nearly turning an early ankle pick into a takedown. Brascetta was able to work action to a reset and the bout remained scoreless early on. Nolf's constant pressure led to a go-ahead takedown at the 1:18 mark. The Penn State freshman then maintained control of Brascetta for the remainder of the period, carrying a 2-0 lead with 1:18 riding time into the second. Nolf chose down to start the second period and quickly escaped to a 3-0 lead. Nolf fought off an early Brascetta shot, action stayed neutral at the 1:00 mark and the Lion continued his offensive pressure. With Brascetta forced into defense, Nolf carried the 3-0 lead and riding time edge into the third period. Brascetta chose down to start the third and Nolf was able to dominate action from the top position once again. Nolf's strong ride allowed the freshman build up 2:03 in riding time before Brascetta escaped to a 3-1 score. Nolf continued to shoot, not content to wind down the clock. While the offensive shots did not lead to a takedown, it did keep the Hokie on defense and Nolf posted the strong 4-1 win with 2:03 in riding time.

165: Red-shirt freshman Shakur Rasheed (Coram, N.Y.) took on Dave McFadden at 165. Rasheed scored early, using relentless offense to notch a takedown just under 1:00 into the bout. The talented Penn State freshman then controlled the action from the top position, building up a big riding time edge with a ride-out. Leading 2-0 with 2:30 in riding time, Rasheed chose down to start the second period. The Lion freshman worked his way through a mad scramble from the start and eventually controlled the Hokie's legs on the edge of the mat for a reversal and a 4-0 lead at the 1:18 mark. McFadden broke into the scoring column with an escape at the 1:10 mark, but Rasheed led 4-1 with 2:04 in riding time. Trailing 4-1, McFadden chose down to start the final period. McFadden escaped to a 4-2 score and Rasheed and a clinched riding time point. McFadden called for an injury time-out with 1:18 on the clock, giving Rasheed the choice on the reset. The freshman chose down on the reset and escaped to a 5-2 lead with :55 on the clock. McFadden notched a takedown to cut the lead to 6-4, then took the Lion down again to tie the bout at 6-6. Rasheed escaped to a 7-6 lead with :12 left and the Hokie added a final takedown as the buzzer sounded and the bout moved into sudden victory off Rasheed's 1:51 riding time. McFadden quickly took the Lion freshman down to post the 10-8 come from behind win in sudden victory.

174: Red-shirt freshman Bo Nickal (Allen, Texas), ranked No. 14 at 174, battled No. 3 Zach Epperly. Nickal wasted no time taking a lead, using a low single to take a 2-0 lead at the 2:29 mark. Epperly escaped to neutral and action resumed in the center circle. Nickal was relentless on offense, forcing his Hokie opponent back towards the outer circle and nearly notching a quick pin on a throw a the :45 mark. Epperly rolled through the fast move and no points were awarded. Nickal continued to press the action, using his long reach to work low singles into control of the bout's tempo. Nickal chose down to start the second period and quickly escaped to a 3-1 lead. Nickal's outstanding quickness allowed him to slide behind a slight Epperly shot for a second takedown and a 5-1 lead with :55 left in the middle period. Nickal controlled the action for the remainder of the period to lead 5-1 with 1:24 riding time after heading into the final period. Epperly chose down to start the third period and escaped to a 5-2 score at the 1:35 mark, Nickal still had 1:47 in riding time. Nickal maintained control of the tempo for the remainder of the match and posted the 6-2 win in dominating fashion over the third-ranked Epperly. Nickal had 1:47 riding time in the match.

184: Sophomore Matt McCutcheon (Apollo, Pa.), ranked No. 14 at 184, met Zack Zavatsky. The duo battled through a scoreless opening minute before Zavatsky took a 2-0 lead with a fast single leg in the middle of the mat. McCutcheon quickly notched the reversal and Zavatsky led 3-2 after an escape midway through the period. McCutcheon took the lead with a strong takedown and then added two near fall points to lead 6-3 at the :40 mark. The Lion then broke the match open with two four point turns on the edge of the mat to lead 14-3 after the opening period. Zavatsky chose down to start the second period and escaped to a 14-4 score. McCutcheon was relentless however, taking the Hokie down for a 16-4 lead with :50 on the clock. McCutcheon rode Zavatsky out and led 16-4 with 1:42 in riding time after two period. McCutcheon chose down to start the third and quickly escaped to a 17-4 lead. The Lion sophomore then killed the clock with strong neutral wrestling and posted the dominating 18-4 major decision with 1:34 in riding time.

197: Senior All-American Morgan McIntosh (Santa Ana, Calif.), ranked No. 1 at 197, tangled with No. 17 Jared Haught. The duo battled evenly for the opening minute-plus with McIntosh forcing Haught into a stall warning midway through the period. The Lion senior continued to set the tempo throughout the period but could not work through Haught's defense and the bout moved to the middle stanza scoreless. McIntosh chose down to start the second period and quickly escaped to a 1-0 lead. McIntosh finally connected on a low single, working his way into control of Haught's ankles and a 3-0 lead with 1:20 left in the second period. McIntosh was then punishing up top, working shoulder control into a four point near fall as the period ended. Haught, trailing 7-0, chose neutral to start the third period. Haught caught McIntosh with a takedown to cut the lead to 8-2 with 1:20 left, but the Lion senior controlled the rest of the bout, keeping the Hokie at arm's length on his way to a solid 9-2 win with 1:11 in riding time.

285: Virginia Tech's Ty Walz, ranked No. 2, received a forfeit victory at 285.