



2020-21 WOMEN'S HOCKEY

2020-21 Schedule & Results

11-1-2, 11-1-2 CHA

PHASE 1

DATE	OPPONENT	TIME/RESULT
11/29	*LINDENWOOD	W, 3-0
11/30	*LINDENWOOD	W, 4-1
12/5	*SYRACUSE	W, 2-1
12/6	*SYRACUSE	T, 2-2 (OT)
12/11	*at Syracuse	W, 4-3 (OT)
12/12	*at Syracuse	L, 2-4

PHASE 2

DATE	OPPONENT	TIME/RESULT
1/8	*at Robert Morris	W, 3-2
1/9	*at Robert Morris	W, 4-1
1/15	*at RIT	PPD
1/16	*at RIT	PPD
1/23	*RIT	PPD
1/24	*RIT	PPD
1/23	*MERCYHURST	W, 2-1
1/24	*MERCYHURST	W, 4-1
1/29	*at Lindenwood	W, 6-2
1/30	*at Lindenwood	T, 2-2
2/5	*ROBERT MORRIS	W, 2-1
2/6	*ROBERT MORRIS	W, 4-2
2/9	*RIT	5 P.M.
2/10	*RIT	5 P.M.
2/19	*at RIT	2 P.M.
2/20	*at RIT	12 P.M.
2/26	*at Mercyhurst	2 P.M.
2/27	*at Mercyhurst	2 P.M.

* College Hockey America Game

Rankings listed at time of matchup (USCHO/USA Hockey)

All times EST | Hyperlinks direct to game recaps

College Hockey America announced the first phase of the 2020-21 regular season schedule November 23, 2020 and the second phase January 4, 2021. All games are subject to change.

For the latest information regarding Penn State women's hockey's schedule, visit GoPSUsports.com/whky-schedule.

@PennStateWHKY PennStateWomensHockey
GoPSUsports.com

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VS.



#8/9 PENN STATE NITTANY LIONS
HEAD COACH: JEFF KAMPERSAL
(11-1-2, 11-1-2 CHA)

RIT TIGERS
HEAD COACH: CELESTE BROWN
(1-9-0, 1-9-0 CHA)

NEED TO KNOW

LIONS VS. TIGERS

- The No. 8/9 Penn State women's hockey takes on RIT on home ice at Pegula Ice Arena to begin four-straight games against the Tigers, all of which were rescheduled from Jan. 15-16 and Jan. 23-24 early this season.

THE MATCHUP

- Penn State leads the all-time matchup 22-16-3, including a win in the most recent game 4-1 in the 2020 CHA Tournament in Buffalo, N.Y.
- The Nittany Lions are 11-3-0 under head coach Jeff Kampersal against RIT since the start of the 2017-18 season. This matchup will be the first series against Penn State for Kampersal's former assistant coach Celeste Brown as head coach of her alma mater.

IMPORTANT NUMBERS

8 Penn State is riding a program-best eight game unbeaten streak (7-0-1) that dates back to their Jan. 8 at Robert Morris. Its previous high was seven games (3-0-4) back in 2017-18.

1 Freshman forward Olivia Wallin ranks first in the CHA and leads all rookie skaters in the nation with eight goals scored this season.

3 Three Nittany Lions - junior Julie Gough (Player of the Month), Josie Bothun (Goalie), and Kiara Zanon (Rookie) - swept the CHA monthly awards for January .

4 Four of the top ten point scorers in the CHA are Nittany Lions: Kiara Zanon (1st, 17 pts), Natalie Heising (2nd, 15), Julie Gough and Lyndie Lobdell (T6, 10).

2020-21 LEADERS

Points

Kiara Zanon	17
Natalie Heising	15
Julie Gough	10
Lyndie Lobdell	10

Power Play Goals

Amy Dobson	3
Jessica Adolfsson	2
Carrie Byrnes	1
Natalie Heising	1

Goals

Olivia Wallin	8
Kiara Zanon	7
Amy Dobson	5
Natalie Heising	5

Blocked Shots

Jessica Adolfsson	25
Rene Gangarosa	25
Izzy Heminger	21
Kiara Zanon	18

Assists

Kiara Zanon	10
Natalie Heising	10
Lyndie Lobdell	10

Save Percentage

Josie Bothun	.945
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2020-21 PENN STATE WOMEN'S HOCKEY

2020-21 ROSTER

No.	Name	Yr.	Pos.	Ht.	S/C	Hometown	Last Team
3	Alyssa Machado	Fr.	F	5-6	R	Mississauga, Ontario	Oakville Jr. Hornets
4	Maeve Connolly	Fr.	F	5-4	L	West Roxbury, Mass.	Noble & Greenough School
6	Carrie Byrnes	Fr.	F	5-4	L	Eden Prairie, Minn.	Eden Prairie Area High School
7	Olivia Wallin	Fr.	F	5-7	R	Oakville, Ontario	Etobicoke Jr. Dolphins
11	Kiara Zanon	Fr.	F	5-5	L	Fairport, N.Y.	USA U18 Nat'l Team/Kingston Jr. Wolves
13	Rene Gangarosa	Jr.	D	5-10	L	Rochester, N.Y.	Niagara Jr. Purple Eagles
14	Julie Gough	So.	F	5-8	R	Newcastle, Ontario	Durham West Lightning
15	Jessica Adolfsson	Jr.	D	5-9	L	Linkoping, Sweden	Swedish Nat'l Team/Djurgardens IF
18	Amy Dobson	Jr.	D	5-6	L	Hamilton, Ontario	Oakville Junior Hornets
20	Natalie Heising	Sr.	F	5-5	R	Wayzata, Minn.	USA U18 Nat'l Team/Wayzata HS
21	Anna Promersberger	Jr.	F	5-8	R	Fargo, N.D.	Shattuck St. Marys
23	Jess Ciarrocchi	Fr.	F	5-4	R	West Chester, Pa.	The Hill School
24	Lyndie Lobdell	Fr.	D	5-7	R	Aurora, Ill.	USA U18 Nat'l Team/Chicago Mission
26	Mallory Uihlein	So.	D	5-7	R	Edina, Minn.	USA U18 Nat'l Team/Edina HS
27	Izzy Heminger	Jr.	D	5-4	R	Dublin, Ohio	Ohio AAA Blue Jackets
28	Mikayla Lantto	So.	F	5-10	R	Palmer, Alaska	Detroit Belle Tire U19
29	Rachel Weiss	So.	F	5-7	R	Calgary, Alberta	Canada U18 Nat'l Team/Pursuit of Excellence
30	Josie Bothun	Fr.	G	5-6	L	Wyoming, Minn.	Forest Lake Area HS
31	Annie Spring	Fr.	G	5-6	L	Winnetka, Ill.	Chicago Mission
32	Cam Leonard	RS Jr.	G	5-7	L	Cary, N.C.	Choate Rosemary Hall
35	Jenna Brenneman	RS Sr.	G	5-7	L	Eagan, Minn.	Clarkson Univ./Breck School

Head Coach: Jeff Kampersal (Fourth Season)
Assistant Coach: Allison Coomey (Fourth Season)
Assistant Coach: Melissa Samoskevich (First Season)
Director of Operations: Krista Patronick

Equipment Manager: Logan Fischer
Athletic Trainer: Emily Stoeckel
Captain: Natalie Heising
Alternate Captains: Rene Gangarosa, Anna Promersberger

ALPHABETICAL ROSTER		PRONUNCIATION GUIDE		LIONS BY STATE	LIONS BY COUNTRY
No.	Name	Adolfsson	Add-ULF-son	Alaska (1): Lantto	Canada (5): Dobson, Gough, Machado, Wallin, Weiss
15	Jessica Adolfsson	Brenneman	BREN-uh-man	Illinois (2): Lobdell, Spring	Sweden (1): Adolfsson
30	Josie Bothun	Bothun	BAWTH-un	Massachusetts (1): Connolly	United States (15): Byrnes, Bothun, Brenneman, Ciarrocchi, Connolly, Gangarosa, Heising, Heminger, Lantto, Leonard, Lobdell, Promersberger, Spring, Uihlein, Zanon
35	Jenna Brenneman	Ciarrocchi	Chir-ROW-key	Minnesota (5): Byrnes, Bothun, Brenneman, Heising, Uihlein	
6	Carrie Byrnes	Gangarosa	GAIN-gah-row-sah	New York (2): Gangarosa, Zanon	
23	Jess Ciarrocchi	Gough	GOFF	North Carolina (1): Leonard	
4	Maeve Connolly	Heising	HI-sing	North Dakota (1): Promersberger	
18	Amy Dobson	Lantto	LAN-toe	Ohio (1): Heminger	
13	Rene Gangarosa	Promersberger	PROM-ers-burg-er	Pennsylvania (1): Ciarrocchi	
14	Julie Gough	Samoskevich	SAM-a-skeh-vich	LIONS BY PROVINCE	
20	Natalie Heising	Uihlein	YOU-line	Alberta (1): Weiss	
27	Izzy Heminger	Wallin	WALL-eeen	Ontario (4): Dobson, Gough, Machado, Wallin	
28	Mikayla Lantto	Kiara Zanon	Kee-ARE-ah ZAN-in		LIONS BY ELIGIBILITY
32	Cam Leonard				Senior (2): Brenneman, Heising
24	Lyndie Lobdell				Junior (6): Adolfsson, Dobson, Gangarosa, Heminger, Leonard, Promersberger
3	Alyssa Machado				Sophomore (4): Gough, Lantto, Uihlein, Weiss
21	Anna Promersberger				Freshmen (9): Byrnes, Bothun, Ciarrocchi, Connolly, Lobdell, Machado, Spring, Wallin, Zanon
31	Annie Spring				
26	Mallory Uihlein				
7	Olivia Wallin				
29	Rachel Weiss				
11	Kiara Zanon				
		LIONS BY POSITION			
		Defense (6): Adolfsson, Dobson, Gangarosa, Heminger, Lobdell, Uihlein			
		Forward (11): Byrnes, Ciarrocchi, Connolly, Gough, Heising, Lantto, Machado, Promersberger, Wallin, Weiss, Zanon			
		Goalie (4): Bothun, Brenneman, Leonard, Spring			

2020-21 PENN STATE WOMEN'S HOCKEY



PENN STATE UNIVERSITY

Location..... University Park, Pa.
 Founded.....1855
 Enrollment..... 46,270
 Nickname.....Nittany Lions
 Colors.....Blue and White
 Conference....College Hockey America (CHA)
 Home Facility Pegula Ice Arena (5,782)
 President..... Dr. Eric J. Barron
 V.P. Intercollegiate Athletics.... Sandy Barbour
 Senior Women's Administrator Charmelle Green
 Faculty Representative.....Dennis Scanlon
 Hockey Administrator.....Michael Cross
 Athletics Website..... www.GoPSUsports.com

COACHING STAFF

Head Coach Jeff Kampersal
 Fourth Season at Penn State
 47-45-30 School Record (Fourth Season)
 374-306-87 Career Record (25th Season)
 Alma Mater — Princeton, '92
 jdk55@psu.edu
 Associate Head Coach..... Allison Coomey
 Fourth Season (Niagara, '02)
 aec72@psu.edu
 Assistant Coach.....Melissa Samoskevich
 First Season (Quinnipiac, '19)
 mfs6423@psu.edu
 Hockey OfficePegula Ice Arena
 University Drive
 University Park, PA 16802
 Office Phone..... (814) 867-7458

TEAM INFORMATION

2019-20 Overall Record13-15-8
 2019-20 CHA Record7-8-5
 Postseason Finish..... CHA Semifinals
 Letterwinners Returning/Lost15/9
 Newcomers.....9
 Twitter.....@PennStateWHKY
 Instagram@PennStateWHKY
 Facebook..... PennStateWomensHockey

RECOGNIZED NATIONALLY

- Penn State received its first-ever national ranking in the USCHO.com women's division I hockey poll Jan. 11 when the Nittany Lions were ranked 10th overall. They were also ranked 10th the next day in the USA Today/USA Hockey Magazine poll, also a program first.
- In this week's version of the polls, Penn State is ranked 8th in the USCHO.com version and 9th in the USA Today/USA Hockey Magazine poll, marking the fifth-straight week the Nittany Lions have been ranked in the top ten.
- The Nittany Lions had received votes in the two national polls before breaking through as a ranked squad Jan. 11-12. They had received votes in both polls just two times in program history previous to this season (Oct. 1-2, 2018 after upset at #5 Colgate and Dec. 15, 2014 after sweep of #6 Mercyhurst)

LAST TIME OUT: ROBERT MORRIS

- Penn State set a new program record reaching eight games unbeaten after completing a home series sweep of Robert Morris Feb. 5-6, also completing the regular-season sweep of the Colonials in the process.
- Penn State won a tight first game, 2-1, thanks to a third-period score by Kiara Zanon. she followed up Olivia's game-tying goal in the second period with her third game-winning goal of the season.
- In game two, Robert Morris took the initial lead once again but the Nittany Lions stormed back to take the lead. Julie Gough and Amy Dobson scored back-to-back in the second period to tie the game 2-2. With 12 seconds left in the 2nd, Wallin netted the go-ahead and eventual game-winning goal. Josie Bothun was great in net with 36 saves, including seven on an extended PK in the third period before Natalie Heising put away an empty-net goal.

JANUARY 8-9 AT ROBERT MORRIS

- Julie Gough, Josie Bothun and Kiara Zanon were the latest CHA award winners for Penn State as the trio swept the January monthly awards (Player, Goalie and Rookie).
- Zanon became the first Nittany Lion to win an individual national award from the HCA when she received National Rookie of the Month for December. She became the second Nittany Lion to win two CHA Rookie of the Month awards since Natalie Heising in 2017-18.
- Outside of Heising, who has won a total of 12 CHA monthly and weekly awards in her career, every Nittany Lion on the list above won their first CHA honor in their career this season.
- Bothun continues a string of great Penn State goaltending being recognized by the conference, as PSU goalies have won 14 weekly and month accolades since the 2018-19 season.
- Penn State has 10 players on its current roster that have won CHA Rookie of the Week at least once in their career.

FROZEN FOUR IN HOCKEY VALLEY

- The NCAA Women's Frozen Four will be hosted twice by Penn State at Pegula Ice Arena this decade; 2022 and 2026.
- First, the Nittany Lions will host the tournament at Pegula Ice Arena for the first time in school history March 18-20, 2022. This will include two NCAA semifinals along with the National Championship game.
- The announcement was made by the NCAA on April 18, 2017. The Nittany Lions are currently in just their ninth season as a varsity program in 2020-21.
- A second announcement from the on October 14, 2020 granted Penn State a second hosting opportunity for the Frozen Four in 2026.

2020-21 COLLEGE HOCKEY AMERICA SEASON STANDINGS

	CHA Points	CHA Record	CHA Pct.	Overall	Pct.	Home	Away	Neutral	Streak
Penn State	24	11-1-2	0.857	11-1-2	0.857	7-0-1	4-1-1	0-0-0	W2
Robert Morris	19	9-5-1	0.633	9-5-1	0.633	5-2-0	4-3-1	0-0-0	L3
Mercyhurst	13	6-4-1	0.591	6-4-1	0.591	2-1-1	4-3-0	0-0-0	W3
Syracuse	7	3-6-1	0.350	3-8-1	0.292	2-6-0	1-2-1	0-0-0	L2
Lindenwood	5	2-7-1	0.250	2-7-1	0.250	0-3-1	2-4-0	0-0-0	T1
RIT	2	1-9	0.100	1-9	0.100	0-5	1-4	0-0	L6

*As of Feb 8, 2021



2020-21 PENN STATE WOMEN'S HOCKEY

UP ON HEISING

- Senior forward Natalie Heising became the second Nittany Lion to score 50 career goals after her first-period score Nov. 30 against Lindenwood. (Laura Bowman, '17, 61 goals). She currently has 51 career goals.
- Heising surpassed Shannon Yoxheimer ('16) for third on the all-time PSU scoring list with her 81st point Nov. 30. Among Penn State players with at least 50 career games played, she ranks first in program history with 0.75 points per game (86 pts, 114 GP) and goals per game at 0.47 (51G).
- Heising tops the PSU record book with 19 power play goals. Her 10 PPG in 17-18 tied the NCAA lead and set a program single-season record. Her 11 game-winning scores total also tops the PSU all-time list.
- Heising was named the 2017-18 CHA Rookie of the Year, becoming the first Nittany Lion to win the award. In her freshman year, she set the all-time single-season PSU goals record (19).

D IT UP WITH THE CREW

- Junior defender Rene Gangarosa set the PSU all-time season mark for points by a defender with 18 (6G, 12A). She led the 2019-20 Nittany Lions with five power-play scores. She netted her first goal of the season Jan. 24 against Mercyhurst.
- Junior defender Izzy Heminger was named to the All-CHA Second Team after her 16-point season (4G, 12A). Her 37 career points ranks third among all program defenders.
- Sophomore defender Mallory Uihlein became the second Nittany Lion defender in the last two seasons to be named to the All-CHA Rookie Team. She tied the team high with nine assists and had 11 total points and netted her first goal of the season Jan. 29 at Lindenwood.
- Junior defender and 2018-19 All-Rookie team performer Jessica Adolffson returns to the lineup after missing most of 2019-20 with an injury. She adds another threat on the power play with her six career PP goals, with her most recent being Jan. 9 at RMU.

ELECTRIC FRESHMEN SKATERS

- Penn State has already seen the impact its freshmen class can bring to the team in 2020-21 as the rookie class has accounted for 45.6 percent of Penn State's offense through 12 games (53 points).
- Forward Kiara Zanon leads the CHA in points with 17 (7G, 10A), a mark that ranks sixth nationally and leads all rookies in the country.
- Forward Forwards Olivia Wallin leads the CHA and all rookies in the country with 8 goals.
- Defender Lyndie Lobdell tops all conference defenders with 10 points on 10 helpers.
- Maeve Connolly (5 pts) and Jess Ciarrocchi (5 pts) have formed a tough duo to deal with. Carrie Byrnes added three assists in the RMU series. Forward Alyssa Machado made her PSU debut Jan. 23-24 and scored her first career goal Jan. 29 at LU.

COOL CALM AND COLLECTED

- Freshman goaltender Josie Bothun holds a stellar 11-1-2 record through her first 14 starts for Penn State, including setting a record for the longest unbeaten streak to start a career in goal for Penn State at five games (4-0-1).
- Bothun became the first Nittany Lion ever to both win her first start and post a shutout in her first start.
- Despite the loss to Syracuse Dec. 12, Bothun set a season-high with 42 saves. She recently had 36 saves in the win over RMU Feb. 6.

EXPERIENCED FORWARDS

- Junior Amy Dobson notched her first career multi-point game Jan. 23 and currently 8 points (5G, 3A), including a team-best 3 PPG.
- Sophomore Julie Gough has been an excellent playmaker and finisher this season with 10 points (3G, 9A) and is adept at winning puck battles on the wall and in front of the net.
- Sophomore Rachel Weiss has used her game-breaking speed to score three goals this season, including drawing and scoring on a penalty shot in her two-goal/three-point game Jan. 29.

TEAM COMPARISON

	PENN STATE	RIT
Overall record	11-1-2	1-9-0
Conference record	11-1-2	1-9-0
Goals scored per game	3.14	0.50
Goals allowed per game	1.64	4.00
Shots	542	198
Shots per game	38.7	19.8
Assists	72	10
Penalties per game	4.1	3.6
Power-play pct.	14.3 (7/49)	2.2 (1/45)
Penalty-kill pct.	88.5 (46/52)	78.1 (25/32)
Saves	381	341
Shutouts	1	1

TOP SKATERS COMPARISON

	PENN STATE	RIT
Points	Zanon (17)	Haywood (3)
Goals	Wallin (8)	Solinger (2)
Assists	3 Tied (10)	2 Tied (2)
Shots	Zanon (72)	Maloney (23)
+/-	Heminger (+12)	Nolan (-1)
Saves	Bothun (381)	O'Leary (156)
Save Pct.	Bothun (.945)	Liotta (.939)
GAA	Bothun (1.55)	Liotta (2.29)
Record	Bothun (11-1-2)	Liotta (1-2-0)

USCHO.COM WOMEN'S COLLEGE HOCKEY POLL (2/8/21)

TEAM	RECORD	LAST POLL
1 Wisconsin	9-2-1	1
2 Minnesota	9-5-1	2
3 Northeastern	13-1-1	3
4 Ohio State	9-5-0	4
5 Colgate	11-4-1	5
T6 Boston College	12-3-0	7
T6 Minnesota Duluth	8-4-0	6
8 Penn State	9-1-2	8
9 Clarkson	8-6-1	10
10 Providence	10-5-1	9

Others: Robert Morris 2, Boston U. 1, Mercyhurst 1, Quinnipiac 1, Vermont 1
Italics Indicates 2020-21 Opponent

USA TODAY/USA HOCKEY MAGAZINE WOMEN'S COLLEGE HOCKEY POLL (2/2/21)

TEAM	RECORD	LAST POLL
1 Wisconsin	8-2-0	1
2 Minnesota	9-4-0	2
3 Ohio State	9-5-0	3
4 Northeastern	11-1-1	4
5 Colgate	10-3-1	5
6 Minnesota Duluth	8-4-0	6
7 Boston College	12-3-0	7
8 Clarkson	7-5-1	10
9 Penn State	9-1-2	8
10 Providence	9-4-1	9

Others: Quinnipiac 2, Robert Morris 1,
Italics Indicates 2020-21 Opponent



2020-21 CAPTAINS

- Senior forward Natalie Heising was named captain by her peers for the 2020-21 campaign alongside alternate captains Rene Gangarosa and Anna Promersberger.
- Heising scored a team-best 13 goals in 2019-20 and served as the team's alternate captain the past two seasons.
- Gangarosa set a new program best with 18 points as a defender in 2019-20.
- Promersberger scored five points and played valuable minutes on the team's penalty-killing unit for the 2019-20 season.

THE HEART OF HOCKEY VALLEY

- Pegula Ice Arena is a state-of-the-art college hockey facility built not only to house the Penn State varsity and club hockey programs, but to serve as a central hub to local hockey enthusiasts in central Pennsylvania.
- The 5,782-capacity arena rink, which also boasts the 1,000-seat "Roar Zone" student section, is among the best collegiate hockey facilities in the country. It has hosted multiple events outside of Penn State hockey contests, including NHL Preseason contests, most recently featuring the Buffalo Sabres and the Pittsburgh Penguins Sept. 16, 2019. A second community ice rink has also enabled the facility to host youth hockey tournaments, figure skating programs, ice shows, and community open skates.
- The facility was brought to fruition by an initial \$88 million donation - the largest in University history - from Terry and Kim Pegula, who, through their gift, helped Penn State realize its goal of Division I hockey. At the ceremonial groundbreaking on April 20, 2012, the Pegulas added \$14 million to the project to lift the total donation to \$102 million. The first Penn State women's hockey contest in Pegula was played Oct. 19, 2013 vs. Union.

THE LAST TIME PENN STATE...

Scored 0 goals	2/28/20	vs. Mercyhurst (0-3)
Scored 1 goal	3/06/20	vs. Mercyhurst (1-4)
Scored 2 goals	2/5/21	vs. Robert Morris (2-1)
Scored 3 goals	1/8/21	at Robert Morris (3-2)
Scored 4 goals	2/6/21	vs. Robert Morris (4-2)
Scored 5 goals	2/22/20	at Lindenwood (5-1)
Scored 6 goals	1/29/21	at Lindenwood (6-2)
Scored 7 goals	Never	
Scored 8 goals	10/7/16	at Union (8-1)
Scored 9 goals	Never	
Scored 10 goals	1/4/13	vs. Chatham (10-0)
Allowed 0 goals	11/29/20	vs Lindenwood (3-0)
Allowed 1 goal	2/5/21	vs. Robert Morris (2-1)
Allowed 2 goals	2/6/21	vs. Robert Morris (4-2)
Allowed 3 goals	2/28/20	vs. Mercyhurst (0-3)
Allowed 4 goals	3/06/20	vs. Mercyhurst (1-4)
Allowed 5 goals	11/2/19	at RMU (0-5)
Allowed 6+ goals	10/4/19	at #1/1 Wisconsin (0-7)
Won in overtime	10/21/17	at Merrimack (4-3 OT)
Lost in overtime	10/27/18	at Mercyhurst (4-5 OT)
Tied	1/30/21	at Lindenwood (2-2, OT)
Played a ranked team	11/30/19	vs. #7/6 Clarkson (1-3)
Beat a ranked team	9/29/18	at #5 Colgate (4-2)
Attempted 10-19 shots	3/06/20	19 vs. Mercyhurst (1-4)
Attempted 20-29 shots	2/6/21	29, vs. Robert Morris (4-2)
Attempted 30-39 shots	2/5/21	30, vs. Robert Morris (2-1)
Attempted 40-49 shots	1/29/21	48, at Lindenwood (6-2)
Attempted 50-59 shots	11/30/20	58, vs. Lindenwood (4-1)
Attempted 60-69 shots	11/3/12	64 vs. Sacred Heart (8-2)
Attempted 70+ shots	1/5/13	71 vs. Chatham (4-0)
Allowed 0-9 shots	10/11/19	9 vs. RPI (2-0)
Allowed 10-19 shots	1/29/21	19, at Lindenwood (6-2)
Allowed 20-29 shots	1/30/21	25, at Lindenwood (2-2, OT)
Allowed 30-39 shots	1/23/21	33, vs. Mercyhurst (2-1)
Allowed 40-49 shots	10/5/19	40 vs. Mercyhurst (1-4)
Allowed 50-59 shots	12/31/16	53 at Princeton (5-5 OT)
Allowed 60-69 shots	3/4/16	64 at Syracuse (2-3, 3OT)
Allowed 70+ shots	12/1/12	71 at #4 Mercyhurst (1-7)
Tallied 5-9 assists	1/29/21	9, at Lindenwood (6-2)
Tallied 10-15 assists	10/28/16	10 at RIT (5-0)
Tallied 15+ assists	1/4/13	17 vs. Chatham (10-0)
Scored 10-19 points	2/6/21	10 vs. Robert Morris (4-2)
Scored 20+ points	10/7/16	22 at Union (8-1)
Scored 2 power-play goals	11/30/20	vs Lindenwood (4-1)
Scored 3 power-play goals	2/24/18	vs. Lindenwood (6-0)
Allowed 2 power-play goals	1/30/21	at Lindenwood (2-2, OT)
Allowed 3 power-play goals	10/26/19	vs. #10 Boston University (1-5)
Had 5 different goal scorers	12/7/19	vs. RIT (6-2)
Had 6 different goal scorers	10/20/12	at Sacred Heart (6-1)
Had 7 different goal scorers	1/4/13	vs. Chatham (10-0)
Had 8 different goal scorers	11/3/12	vs. Sacred Heart (8-2)
Did not commit a penalty	2/22/19	at RIT (0-3)

THE LAST TIME A PENN STATE PLAYER...

Scored 2 goals	1/29/21	Rachel Weiss at Lindenwood (6-2)
Scored 3 goals	3/5/20	Natalie Heising vs. RIT (4-1)
Had 3 assists	3/5/20	Shea Nelson vs. RIT (4-1)
Had 4 points	10/7/16	Laura Bowman / Amy Petersen at Union (8-1)
Had 10+ shots	12/11/20	12, Kiara Zanon at Syracuse (4-3 OT)
Made 40-49 saves	12/12/20	42, Josie Bothun at Syracuse (12/12/20)
Made 50-59 saves	11/1/14	50, Hannah Ehresmann at Syracuse (2-2 OT)
Made 60+ saves	3/4/16	61, Celine Whitlinger vs. Syracuse (2-3 3OT)
Had a solo shutout	11/29/20	Josie Bothun vs. Lindenwood (3-0)
Had a combined shutout	1/5/13	Celine Whitlinger/Brooke Meyer vs. Chatham (4-0)
Scored an empty-net goal	2/6/21	Natalie Heising vs. Robert Morris (4-2)
Scored a short-handed goal	1/9/21	Kiara Zanon at Robert Morris (4-1)



2020-21 PENN STATE WOMEN'S HOCKEY

HONORS & AWARDS

2020-21

WHCA National Rookie of the Month

Kiara Zanon December

CHA Player of the Month

Julie Gough January
Natalie Heising November

CHA Goalie of the Month

Josie Bothun January
Josie Bothun November

CHA Rookie of the Month

Kiara Zanon January
Kiara Zanon December

CHA Player of the Week

Amy Dobson Jan. 25
Jessica Adolfsson Jan. 12

CHA Goalie of the Week

Josie Bothun Feb. 1
Josie Bothun Dec. 7

CHA Rookie of the Week

Kiara Zanon Feb. 1
Josie Bothun Jan. 25
Carrie Byrnes Jan. 12
Kiara Zanon Dec. 7

*For the full list of awards, see page 46 of the Penn State Women's Hockey Yearbook online at GoPSUSports.com/whky-yearbook.

2020-21 RECORD BREAKDOWN

7-0-1 at home
4-1-1 on the road
0-0-0 neutral site
1-0-2 in overtime
8-1-0 when scoring first
3-0-2 when opponent scores first
5-0-0 when leading after the 1st period
1-0-2 when trailing after the 1st period
5-1-0 when tied after the 1st period
7-0-0 when leading after the 2nd period
1-0-1 when trailing after the 2nd period
3-1-1 when tied after the 2nd period
9-0-2 when out-shooting opponent
1-1-0 when out-shot by opponent
1-0-0 when taking same # of shots
4-0-1 when winning more faceoffs
7-1-1 when losing more faceoffs
0-0-0 when tied in faceoffs
7-0-1 when taking more penalties
3-1-1 when taking fewer penalties
1-0-0 when taking the same # of penalties
5-0-0 when scoring a power play goal
6-1-2 when not scoring a power play goal
2-1-2 when allowing a power play goal
9-0-0 when not allowing a power play goal
0-0-0 when scoring 0 goals
0-0-0 when scoring 1 goal
3-1-2 when scoring 2 goals
2-0-0 when scoring 3 goals
6-0-0 when scoring 4+ goals
1-0-0 when allowing 0 goals
4-0-0 when allowing 1 goal
3-0-2 when allowing 2 goals
1-0-0 when allowing 3 goals
0-1-0 when allowing 4+ goals
2-0-0 in November
2-1-1 in December
5-0-1 in January
2-0-0 in February
0-0-0 in March
1-0-0 on Monday
0-0-0 on Tuesday
0-0-0 on Wednesday
0-0-0 on Thursday
4-0-0 on Friday
4-1-1 on Saturday
2-0-1 on Sunday
6-1-2 during the day
5-0-0 at night
11-1-2 vs. CHA
0-0-0 vs. ECAC Hockey
0-0-0 vs. Hockey East
0-0-0 vs. WCHA
0-0-0 vs. ranked opponents
11-1-2 vs. unranked opponents
5-0-1 when ranked
6-1-1 when unranked
4-0-0 one-goal games

SCORING BREAKDOWN

SCORING BY CLASS

Class	G	A	Points
Freshmen	21	32	53
Sophomores	8	12	20
Juniors	10	18	28
Seniors	5	10	15
Totals	44	72	116

SCORING BY POSITION

Position	G	A	Points
Forwards	38	45	75
Defense	6	27	26
Goaltenders	0	0	0
Totals	44	72	116

SPECIAL TEAMS

Power Play	Goals	Att.	Pct.
Home	5	31	.161
Away	2	18	.111
Neutral	0	0	.000
Total	7	49	.143
Nonconference	0	0	.000
CHA Reg. Season	7	49	.143
CHA Tournament	0	0	.000

Penalty Kill	Kills	Att.	Pct.
Home	29	31	.935
Away	17	21	.809
Neutral	0	0	.000
Total	46	52	.885
Nonconference	0	0	.000
CHA Reg. Season	40	46	.885
CHA Tournament	0	0	.000



HEAD COACH JEFF KAMPERSAL



JEFF KAMPERSAL

HEAD COACH

Fourth Season
Princeton, '92

OVERALL RECORD

374-306-88 (25th Season)

PENN STATE RECORD

47-45-30 (4th Season)

YEAR-BY-YEAR

1996-97	13-16
1997-98	12-16-2
1998-99	15-14-1
1999-00	11-13-5
2000-01	13-13-3
2001-02	15-11-3
2002-03	20-9-2
2003-04	20-11
2004-05	16-10-5
2005-06	21-8-4
2006-07	16-12-3
2007-08	14-12-6
2008-09	18-11-2
2009-10	13-14-4
2010-11	16-14-1
2011-12	12-15-4
2012-13	11-16-2
2013-14	14-13-4
2014-15	15-14-2
2015-16	22-9-2
2016-17	20-10-3
2017-18	10-15-11
2018-19	13-14-9
2019-20	13-15-8
2020-21	11-1-2

TOTAL 374-306-88

One of the winningest and well-respected coaches in women's ice hockey history, Jeff Kampersal enters his fourth season at the helm of the Penn State program in 2020-21. His coaching excellence at both the collegiate level and the international level with USA Hockey has brought a steadying veteran leadership to the up-and-coming Nittany Lions.

Heading into the 2020-21 season, Kampersal ranks sixth in career victories among active Division I women's hockey coaches with 363, a total that also ranks seventh all-time.

Penn State has reached the College Hockey America semifinals for three-straight seasons for the first time in its history under Kampersal's direction.

Kampersal's team has showcased defensive excellence since his arrival, highlighted in the 2019-20 season by seven total shutout victories, a single-season program high. Penn State's increased competitiveness has resulted in marquee program victories of late, including a win over fifth-ranked Colgate, 4-2, in 2018-19, the highest-ranked win in program history.

The 2019-20 Nittany Lions added three more All-CHA award recipients for now 11 honorees over the past three seasons. That total is tied for the most conference honorees in any three-year stretch.

Kampersal's arrival impacted Penn State immediately on the ice in his first season in 2017-18, when Penn State allowed a CHA-best 1.92 goals per game, an improvement of more than a goal per game from the previous season.

In addition to his on-ice guidance, Kampersal has built and sustained a program culture of excellence both in the classroom and in the community. Since Kampersal's arrival in Hockey Valley, Penn State women's hockey recorded back-to-back perfect academic progress rates according to the latest NCAA APR reports, which measures eligibility, retention and graduation of the program's student-athletes. The Nittany Lions have also had 66 All-CHA Academic team honorees and 61 Academic All-Big Ten winners during his tenure.

The 2018-19 team captain Kelsey Crow was the recipient of Penn State's prestigious Eric A. Walker Award, an award given to a graduating Penn State senior who has best represented the university through extracurricular activities and community service.

Kampersal was named Penn State head coach on June 1, 2017. The head coach of the Princeton Tigers for 21 seasons, Kampersal garnered ECAC Hockey Coach of the Year honors three times and Ivy League Coach of the Year accolades twice.

He guided the Tigers to two Ivy League Championships (2005-06 & 2015-16) and two NCAA Tournament appearances (2005-06 & 2015-16).

Kampersal's student-athletes earned 68 All-Eastern College Athletic Conference (ECAC) Hockey honors, 54 All-Ivy League selections, five Patty Kazmaier Award nominees and two American Hockey Coaches Association (AHCA) All-America plaudits. During his final two seasons at Princeton, Kampersal guided the Tigers to a 42-19-5 cumulative record that included the 2016 Ivy League Championship and an NCAA Tournament at-large berth.

The 2016-17 campaign saw Princeton compile an overall record of 20-10-3, falling to eventual national champion Clarkson in the ECAC Tournament semifinals. During the season, the Tigers recorded seven wins over ranked teams, had a Patty Kazmaier top-10 finalist, the USCHO.com National Rookie of the Year, six All-Ivy League members and four All-ECAC members, including the Goalie and Rookie of the Year. Princeton was ranked No. 9 in the final 2016-17 USCHO.com poll.

In 2015-16, Kampersal directed Princeton to its winningest season in program history to date. The Tigers compiled a 22-9-2 record, won the Ivy League title, had an NCAA Tournament bid and Kampersal earned Ivy League and ECAC Hockey Coach of the Year honors.

Kampersal's experience as a coach with USA Hockey includes guiding the USA Women's Hockey Under-18 Team to silver medals at the 2013 and 2014 International Ice Hockey Federation (IIHF) World Women's U18 Championships. He also served on the coaching staff of the USA Women's Select Festival from 2004-06.

A 1992 Princeton graduate with a degree in psychology, Kampersal served as the men's hockey team's captain as a senior. An All-Ivy League and All-ECAC selection, Kampersal was awarded the 1941 Championship Trophy, given to the Princeton player who best represents the winning spirit of the 1941 championship team.

From Beverly, Massachusetts, Kampersal played high school hockey at St. John's Prep in Danvers, Massachusetts, and was inducted into the school's Hall of Fame in 2009.

A 10th-round selection of the National Hockey League's New York Islanders in the 1988 entry draft, Kampersal played for the ECHL's Richmond Renegades and the AHL's Capital District Islanders.

Kampersal and his wife, Eileen, have a daughter, Keira, and a son, Jack.



KAMPERSAL COACHING FILE

Head Coaching Experience

2017-Present Penn State
 1996-2017 Princeton

International Coaching Experience

2011-14 USA Hockey U18 Head Coach
 2004-06 USA Women's Select Festival Coach

Playing Experience

1992-93 Richmond Renegades
 1992-93 Capital District Islanders
 1988-92 Princeton
 1985-88 St. John's Prep (Mass.)

Division I Women's Hockey Coaching Rankings

Victories - Active 6th
 Victories - All-Time 7th

Coaching Honors

ECAC Hockey Coach of the Year 4 Times
 2001-02, 2005-06, 2008-09, 2015-16
 Ivy League Coach of the Year 2 Times
 2014-15, 2015-16

Accolades Under Coach Kampersal

All-ECAC Hockey Honors 68
 All-Ivy League Selections 54
 All-CHA Hockey Honors 11
 Patty Kazmaier Nominees 5
 Ivy League Rookie of the Year 3
 Ivy League Player of the Year 2
 AHCA All-America Plaudits 2
 CHA Rookie of the Year 1

Kampersal's Teams

2 NCAA Tournament Appearances

Ivy League Championships **2**

4 ECAC Semifinal Appearances

ECAC Tournament Appearances **17**

3 CHA Semifinal Appearances

WINNINGEST NCAA DIVISION 1 WOMEN'S HOCKEY COACHES

#	NAME	WINS	GAMES	WINNING %	SCHOOL
1.	MARK JOHNSON	531	672	.825	Wisconsin
2.	MIKE SISTI	504	752	.709	Mercyhurst
3.	KATEY STONE	494	801	.650	Harvard
4.	BRAD FROST	411	527	.813	Minnesota
5.	PAUL FLANAGAN	409	772	.574	St. Lawrence/Syracuse
6.	Shannon Miller	383	577	.707	Minnesota-Duluth
7.	JEFF KAMPERSAL	374	768	.544	Princeton/ Penn State
8.	KATIE KING CROWLEY	333	500	.717	Boston College
9.	Heather Linstad	322	692	.524	Northeastern/UConn
10.	Bob Deraney	319	680	.523	Providence

ALL CAPS indicates active coaches.



SEASON RESULTS AND STATISTICS

Team Statistics	PSU	OPP	Date	Opponent	WL	Score	Att.
SHOTS			11/29/20	Lindenwood	W	3-0	128
Goals-Shots	44-541	23-405	11/30/20	Lindenwood	W	4-1	127
Goals Per Game	3.1	1.6	12/05/20	Syracuse	W	2-1	125
Shot Pct	.081	.057	12/06/20	Syracuse	T	2-2	126
Shots Per Game	38.6	28.9	12/11/20	at Syracuse	W	4-3	0
Assists	72	35	12/12/20	at Syracuse	L	2-4	0
Saves	382	496	1/08/21	at Robert Morris	W	3-2	0
POWER PLAYS			1/09/21	at Robert Morris	W	4-1	0
Goals-Opportunities	6-49	6-51	1/23/21	Mercyhurst	W	2-1	140
Conversion Pct	.122	.118	1/24/21	Mercyhurst	W	4-1	143
GOALIE BREAKDOWN			1/29/21	at Lindenwood	W	6-2	0
Total	44	23	1/30/21	at Lindenwood	T	2-2	0
Power Play	6	6	2/05/21	Robert Morris	W	2-1	162
Short Handed	1	0	2/06/21	Robert Morris	W	4-2	173
Empty Net	3	1					
Unassisted	3	3					
Overtime	1	0					
Hat Tricks	0	0					
PENALTIES							
Total	57	53					
Minutes	147	106					
Per Game	4.1	3.8					
Minutes Per Game	10.5	7.6					
Minor	51	53					
Major	3	0					
10 Min Misconduct	0	0					
Game Misconduct	3	0					
Gross Misconduct	0	0					
Match Misconduct	0	0					
FACEOFFS							
Won-Lost	388-426	426-388					
Percentage	.477	.523					
ATTENDANCE							
Total	1,124	0					
Dates-Avg Per Date	8/141	6/					
Neutral Site #-Avg	0/	-					



2020-21 PENN STATE WOMEN'S HOCKEY

INDIVIDUAL STATISTICS

#	Player	GP	Shots					+/-	Penalties				Goals										BLK
			G	A	PTS	SH	SH%		PEN-MIN	MIN	MAJ	OTH	PP	SH	FG	GW	GT	OT	HT	PN	UA		
11	Zanon, Kiara	14	7	10	17	72	.097	+10	4-8	4	0	0	0	1	2	3	0	1	0	0	2	18	
20	Heising, Natalie	14	5	10	15	60	.083	+10	2-4	2	0	0	1	0	1	0	0	0	0	0	6		
14	Gough, Julie	14	4	6	10	39	.103	+9	6-12	6	0	0	0	0	1	0	0	0	0	8			
24	Lobdell, Lyndie	14	0	10	10	40	.000	+9	8-16	8	0	0	0	0	0	0	0	0	0	15			
7	Wallin, Olivia	12	8	1	9	37	.216	+4	6-12	6	0	0	0	0	2	2	1	0	0	2			
18	Dobson, Amy	14	5	3	8	48	.104	+3	2-4	2	0	0	3	0	0	2	1	0	0	16			
27	Heminger, Izzy	14	0	8	8	35	.000	+12	6-23	4	1	1	0	0	0	0	0	0	0	21			
15	Adolfsson, Jessica	14	4	3	7	33	.121	+7	4-19	2	1	1	2	0	0	1	0	0	0	25			
29	Weiss, Rachel	8	3	2	5	16	.188	+7	3-17	1	1	1	0	0	0	0	0	0	0	7			
6	Byrnes, Carrie	14	2	3	5	26	.077	+2	2-4	2	0	0	0	0	1	1	0	0	0	3			
4	Connolly, Maeve	14	2	3	5	25	.080	+3	1-2	1	0	0	0	0	2	0	0	0	0	4			
23	Ciarrocchi, Jess	14	1	4	5	20	.050	+4	4-8	4	0	0	0	0	0	0	0	0	0	3			
26	Uihlein, Mallory	14	1	4	5	19	.053	+7	1-2	1	0	0	0	0	1	0	0	0	0	16			
13	Gangarosa, Rene	14	1	2	3	51	.020	+7	3-6	3	0	0	0	0	0	0	0	0	0	25			
3	Machado, Alyssa	6	1	1	2	7	.143	+5	1-2	1	0	0	0	0	0	0	0	0	0	1			
21	Promersberger, Anna	5	0	2	2	11	.000	+1	1-2	1	0	0	0	0	0	0	0	0	0	6			
30	Bothun, Josie	14	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0			
28	Lantto, Mikayla	2	0	0	0	2	.000	-1	0-0	0	0	0	0	0	0	0	0	0	0	0			
31	Spring, Annie	4	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0			
TM	Team	7	0	0	0	0	.000	0	3-6	3	0	0	0	0	0	0	0	0	0	0			
	Totals	14	44	72	116	541	.081	+99	57-147	51	3	3	6	1	8	11	2	1	0	0	3	176	
	Opponents	14	23	35	58	405	.057	-101	53-106	53	0	0	6	0	6	1	0	0	0	0	3	195	

#	Goalie	GP-GS	Goal Average			Saves		Record			Goals Allowed					
			MIN	GA	AVG	SV	SV%	W	L	T	SHO	PP	SH	EN	PEN	SOG
30	Bothun, Josie	14-14	850:58	22	1.55	382	.946	11	1	2	1	6	0	0	0	0
TM	Team	7-0	01:17	1	93.51	0	.000	0	0	0	0	0	0	1	0	0
	Totals	14-0	852:15	24	1.62	382	.943	11	1	2	1	6	0	1	0	0
	Opponents	14-0	833:47	44	3.17	496	.919	1	11	2	0	6	1	3	1	0



INDIVIDUAL GAME HIGHS

#3 Alyssa Machado

Points: 1, 2x last at Lindenwood, 1/30/21
Goals: 1, at Lindenwood, 1/29/21
Assists: 1, at Lindenwood, 1/30/21

#4 Maeve Connolly

Points: 1, 5x last vs. Mercyhurst 1/24/21
Goals: 1, 2x last at Robert Morris, 1/9/21
Assists: 1, 3x last vs. Mercyhurst 1/24/21

#6 Carrie Byrnes

Points: 2, at Robert Morris, 1/8/21
Goals: 1, 2x last vs. Syracuse, 12/6/20
Assists: 2, at Robert Morris, 1/8/21

#7 Olivia Wallin

Points: 2, at Syracuse, 12/12/20
Goals: 2, at Syracuse, 12/12/20
Assists: 1, at Syracuse, 12/11/20

#11 Kiara Zanon

Points: 3, at Syracuse, 12/11/20
Goals: 1, 6x last at Lindenwood, 1/29/21
Assists: 2, 2x last at Syracuse, 12/12/20

#13 Rene Gangarosa

Points: 2, 4x last at RIT, 2/15/20
Goals: 2, at Providence, 10/18/19
Assists: 2, 2x last vs Lindenwood, 1/11/20

#14 Julie Gough

Points: 2, 3x last at Lindenwood, 1/29/21
Goals: 1, 7x, last vs. RMU, 2/6/21
Assists: 2, at Lindenwood, 1/29/21

#15 Jessica Adolfsen

Points: 2, 2x last at Robert Morris, 1/9/21
Goals: 2, at Robert Morris, 1/9/21
Assists: 1, 12x, last vs. RMU 2/6/21

#18 Amy Dobson

Points: 2, vs. Mercyhurst, 1/23/21
Goals: 1, 7x last vs. RMU, 2/6/21
Assists: 1, 6x last vs. Mercyhurst 1/24/21

#20 Natalie Heising

Points - 3, 4x last vs. RIT, 3/5/20
Goals - 3, 2x last vs. RIT, 3/5/20
Assists - 2, 5x last at Lindenwood, 1/29/21

#21 Anna Promersberger

Points: 1, 13x, last vs. Syracuse, 12/6/20
Goals: 1, 4x, last vs RIT, 3/5/20
Assists: 1, 9x, last vs. Syracuse, 12/6/20

#23 Jess Ciarrocchi

Points: 1, 4x last vs. Mercyhurst 1/24/21
Goals: 1, vs. Mercyhurst 1/24/21
Assists: 1, 4x last vs. Robert Morris, 2/6/21

#24 Lyndie Lobdell

Points: 2, vs. Lindenwood, 11/30/20
Goals: ----
Assists: 2, vs. Lindenwood, 11/30/20

#26 Mallory Uihlein

Points: 3, at Vermont, 11/29/19
Goals: 1, 3x last at Lindenwood, 1/29/21
Assists: 3, at Vermont, 11/29/19

#27 Izzy Heminger

Points: 3, at RPI, 11/16/18
Goals: 2, vs. RPI, 10/12/19
Assists: 2, 3x last vs RMU. 2/6/21

#29 Rachel Weiss

Points: 3, at Lindenwood, 1/29/21
Goals: 2, 4x, at Lindenwood, 1/29/21
Assists: 1, 11x, last at Lindenwood, 1/29/21

#30 Josie Bothun

Saves: 42, at Syracuse, 12/12/20
Shutouts: 1, vs. Lindenwood, 11/29/20

#30 Annie Spring

Saves: ----
Shutouts: ----

#32 Cam Leonard

Saves: 26, 2x last at Robert Morris, 11/1/19
Shutouts: ----

#35 Jenna Brenneman

Saves: 35, vs. Lindenwood, 1/19/18
Shutouts: 4, last vs. Lindenwood, 1/20/19

BROADCAST ROSTER



Alyssa Machado
Freshman • Forward
Mississauga, Ontario



Maeve Connolly
Freshman • Forward
West Roxbury, Mass..



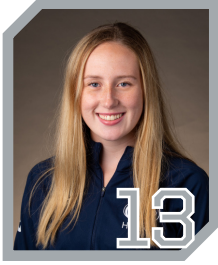
Carrie Byrnes
Freshman • Forward
Eden Prairie, Minn.



Olivia Wallin
Freshman • Forward
Oakville, Ontario



Kiara Zanon
Freshman • Forward
Fairport, N.Y.



Rene Gangarosa
Junior • Defense
Rochester, N.Y.



Julie Gough
Sophomore • Forward
Newcastle, Ontario



Jessica Adolffsson
Junior • Defense
Linkoping, Sweden



Amy Dobson
Junior • Defense
Hamilton, Ontario



Natalie Heising
Senior • Forward
Wayzata, Minn.



Anna Promersberger
Junior • Forward
Fargo, N.D.



Jess Ciarrocchi
Freshman • Defense
West Chester, Pa.



Lyndie Lobdell
Freshman • Defense
Aurora, Ill.



Malloy Uihlein
Sophomore • Defense
Edina, Minn.



Izzy Heminger
Junior • Defenseman
Dublin, Ohio



Mikayla Lantto
Sophomore • Forward
Palmer, Alaska



Rachel Weiss
Sophomore • Forward
Calgary, Alberta



Josie Bothun
Freshman • Goaltender
Wyoming, Minn.



Annie Spring
Freshman • Goaltender
Winnetka, Ill.



Cam Leonard
RS Junior • Goaltender
Cary, N.C.



Jenna Brenneman
Senior • Goaltender
Eagan, Minn.



Jeff Kampersal
Head Coach
Fourth Season



Allison Coomey
Associate Head Coach
Fourth Season



Melissa Samoskevich
Assistant Coach
First Season



Krista Patronick
Director of Operations
Second Season



Logan Fischer
Equipment Manager
Third Season



Emily Stoeckel
Athletic Trainer
Fifth Season