

### 2020-21 Schedule & Results

13-1-2. 13-1-2 CHA

	PHASE 1	
DATE	OPPONENT	TIME/RESULT
11/29	*LINDENWOOD	W, 3-0
11/30	*LINDENWOOD	W, 4-1
12/5	*SYRACUSE	W, 2-1
12/6	*SYRACUSE	T, 2-2 (OT)
12/11	*at Syracuse	W, 4-3 (OT)
12/12	*at Syracuse	<u>L, 2-4</u>

#### PHASE 2

DATE	OPPONENT	TIME/RESULT
1/8	*at Robert Morris	W, 3-2
1/9	*at Robert Morris	W, 4-1
1/15	*at RIT	PPD
1/16	*at RIT	PPD
1/23	*RIT	PPD
1/24	*RIT	PPD
1/23	*MERCYHURST	W, 2-1
1/24	*MERCYHURST	W, 4-1
1/29	*at Lindenwood	<u>W, 6-2</u>
1/30	*at Llindewood	<u>T, 2-2</u>
2/5	*ROBERT MORRIS	W, 2-1
2/6	*ROBERT MORRIS	W, 4-2
2/9	*RIT	W, 2-0
2/10	*RIT	W, 7-1
2/19	*at RIT	2 P.M.
2/20	*at RIT	12 P.M.
2/26	*at Mercyhurst	2 P.M.
2/27	*at Mercyhurst	2 P.M.
3/4	^CHA First Round	TBD
3/5	^CHA Semifinals	TBD
3/6	^CHA Championship	6 P.M.

- \* College Hockey America Game
- ^ CHA Tournament (Held in Erie, Pa. at Erie Insurance Arena)

Rankings listed at time of matchup (USCHO/USA Hockey) All times EST | Hyperlinks direct to game recaps

College Hockey America announced the first phase of the 2020-21 regular season schedule November 23, 2020 and the second phase January 4, 2021. All games are subject to change.

For the latest information regarding Penn State women's

GoPSUsports.com

Contact: Kevin Stoicovy kjs5540@psu.edu O: (814)-865-3613 C: (814)-441-1670







**#8/8 PENN STATE NITTANY LIONS** HEAD COACH: JEFF KAMPERSAL (13-1-2, 13-1-2 CHA)

**RIT** TIGERS HEAD COACH: CELESTE BROWN (1-12-0, 1-12-0 CHA)

## NEED TO KNOW

The No. 8/8 Penn State women's hockey travels to RIT for its third and fourth games in a row against the Tigers. The Nittany Lions beat RIT in both games of last week's series Feb. 9-10.

#### THE MATCHUP

- Penn State leads the all-time matchup 24-16-3, including three-straight wins dating back to the first round of the 2020 CHA Tournament last March.
- The Nittany Lions are 13-3-0 under head coach Jeff Kampersal against RIT since the start of the 2017-18 season. The Nittany Lions need just one win or tie to clinch the CHA regular season title, which would be its first in program history.

### **IMPORTANT NUMBERS**

Penn State is riding a program-best eight game unbeaten streak (9-0-1) that dates back to their Jan. 8 at Robert Morris. Its previous high was seven games (3-0-4) back in 2017-18.

> Freshman center Kiara Zanon ranks third in the country with 24 points this season after setting a program record with 6 points (1G, 5A) last Wednesday against RIT.

Freshman goaltender Josie Bothun has already tied the Penn State goaltending record for wins in a season with 13 through just her first 16 career starts.

Sophomore forward Julie Gough has 12 points in her last 10 games, including four goals in her last three outings and her first multi-goal game in PSU's 7-1 win Feb. 10.

## **2020-21 LEADERS**

Points Kiara Zanon Natalie Heising Julie Gough Lyndie Lobdell	24 20 14 11	Power Play Goals Amy Dobson Jessica Adolfsson Carrie Byrnes Julie Gough Natalie Heising	3 2 1 1
Goals			
Olivia Wallin	8	Blocked Shots	
Kiara Zanon	8	Jessica Adolfsson	28
Julie Gough	7	Rene Gangarosa	27
Natalie Heising	7	Izzy Heminger	22
		Amy Dobson	20
Assists			
Kiara Zanon	16	Save Percentage	
Natalie Heising	13	Josie Bothun	.949
Lyndie Lobdell	11	Annie Spring	.857





### **2020-21 ROSTER**

No.	Name	Yr.	Pos.	Ht.	S/C	Hometown	Last Team
3	Alyssa Machado	Fr.	F	5-6	R	Mississauga, Ontario	Oakville Jr. Hornets
4	Maeve Connolly	Fr.	F	5-4	L	West Roxbury, Mass	Noble & Greenough School
6	Carrie Byrnes	Fr.	F	5-4	L	Eden Prairie, Minn.	Eden Prairie Area High School
7	Olivia Wallin	Fr.	F	5-7	R	Oakville, Ontario	Etobicoke Jr. Dolphins
11	Kiara Zanon	Fr.	F	5-5	L	Fairport, N.Y.	USA U18 Nat'l Team/Kingston Jr. Wolves
13	Rene Gangarosa	Jr.	D	5-10	L	Rochester, N.Y.	Niagara Jr. Purple Eagles
14	Julie Gough	So.	F	5-8	R	Newcastle, Ontario	Durham West Lightning
15	Jessica Adolfsson	Jr.	D	5-9	L	Linkoping, Sweden	Swedish Nat'l Team/Djurgardens IF
18	Amy Dobson	Jr.	D	5-6	L	Hamilton, Ontario	Oakville Junior Hornets
20	Natalie Heising	Sr.	F	5-5	R	Wayzata, Minn.	USA U18 Nat'l Team/Wayzata HS
21	Anna Promersberger	Jr.	F	5-8	R	Fargo, N.D.	Shattuck St. Marys
23	Jess Ciarrocchi	Fr.	F	5-4	R	West Chester, Pa.	The Hill School
24	Lyndie Lobdell	Fr.	D	5-7	R	Aurora, III.	USA U18 Nat'l Team/Chicago Mission
26	Mallory Uihlein	So.	D	5-7	R	Edina, Minn.	USA U18 Nat'l Team/Edina HS
27	Izzy Heminger	Jr.	D	5-4	R	Dublin, Ohio	Ohio AAA Blue Jackets
28	Mikayla Lantto	So.	F	5-10	R	Palmer, Alaska	Detroit Belle Tire U19
29	Rachel Weiss	So.	F	5-7	R	Calgary, Alberta	Canada U18 Nat'l Team/Pursuit of Excellence
30	Josie Bothun	Fr.	G	5-6	L	Wyoming, Minn.	Forest Lake Area HS
31	Annie Spring	Fr.	G	5-6	L	Winnetka, III.	Chicago Mission
32	Cam Leonard	RS Jr.	G	5-7	L	Cary, N.C.	Choate Rosemary Hall
35	Jenna Brenneman	RS Sr.	G	5-7	L	Eagan, Minn.	Clarkson Univ./Breck School

**Head Coach:** Jeff Kampersal (Fourth Season) **Assistant Coach:** Allison Coomey (Fourth Season) **Assistant Coach:** Melissa Samoskevich (First Season)

**Director of Operations:** Krista Patronick

Equipment Manager: Logan Fischer Athletic Trainer: Emily Stoeckel Captain: Natalie Heising

**Alternate Captains:** Rene Gangarosa, Anna Promersberger

#### **ALPHABETICAL ROSTER**

<ul> <li>Cam Leonard</li> <li>Lyndie Lobdell</li> <li>Alyssa Machado</li> <li>Anna Promersberger</li> <li>Annie Spring</li> <li>Mallory Uihlein</li> <li>Olivia Wallin</li> <li>Rachel Weiss</li> <li>Kiara Zanon</li> </ul>	No. 15 30 35 6 23 4 18 13 14 20 27 28	Name Jessica Adolfsson Josie Bothun Jenna Brenneman Carrie Byrnes Jess Ciarrocchi Maeve Connolly Amy Dobson Rene Gangarosa Julie Gough Natalie Heising Izzy Heminger Mikayla Lantto
	13 14 20 27 28 32 24 3 21 31 26 7	Rene Gangarosa Julie Gough Natalie Heising Izzy Heminger Mikayla Lantto Cam Leonard Lyndie Lobdell Alyssa Machado Anna Promersberger Annie Spring Mallory Uihlein Olivia Wallin Rachel Weiss

#### PRONUNCIATION GUIDE

Adolfsson	Add-ULF-son
Brenneman	BREN-uh-man
Bothun	BAWTH-un
Ciarrocchi	Chir-ROW-key
Gangarosa	GAIN-gah-row-sah
Gough	GOFF
Heising	HI-sing
Lantto	LAN-toe
Promersberge	r PROM-ers-burg-er
Samoskevich	SAM-a-skeh-vich
Uihlein	YOU-line
Wallin	WALL-een
Kiara Zanon	Kee-ARE-ah ZAN-in

#### **LIONS BY POSITION**

#### Defense (6):

Adolfsson, Dobson, Gangarosa, Heminger, Lobdell, Uihlein

#### Forward (11):

Byrnes, Ciarrocchi, Connolly, Gough, Heising, Lantto, Machado, Promersberger, Wallin, Weiss, Zanon

#### Goalie (4):

Bothun, Brenneman, Leonard, Spring

#### **LIONS BY STATE**

Alaska (1): Lantto

Illinois (2): Lobdell, Spring

Massachusetts (1): Connolly

**Minnesota (5):** Byrnes, Bothun, Brenneman, Heising, Uihlein

New York (2): Gangarosa,

Zanon

North Carolina (1): Leonard

#### North Dakota (1):

Promersberger

Ohio (1): Heminger

Pennsylvania (1): Ciarrocchi

#### **LIONS BY PROVINCE**

Alberta (1): Weiss

**Ontario (4):** Dobson, Gough, Machado, Wallin

#### **LIONS BY COUNTRY**

Canada (5): Dobson, Gough, Machado, Wallin, Weiss

Sweden (1): Adolfsson

#### United States (15): Byrnes, Bothun, Brenneman, Ciarrocchi, Connolly, Gangarosa, Heising, Heminger, Lantto, Leonard, Lobdell, Promersberger, Spring, Uihlein, Zanon

#### LIONS BY ELIGIBILITY

Senior (2): Brenneman, Heising

**Junior (6)**: Adolfsson, Dobson, Gangarosa, Heminger, Leonard, Promersberger

**Sophomore (4):** Gough, Lantto, Uihlein, Weiss

Freshmen (9): Byrnes, Bothun, Ciarrocchi, Connolly, Lobdell, Machado, Spring, Wallin, Zanon



#### **PENN STATE UNIVERSITY**

#### **COACHING STAFF**

Head CoachJeff Kampersal
Fourth Season at Penn State
49-45-30 School Record
376-306-87 Career Record (25th Season)
Alma Mater — Princeton, '92)
jdk55@psu.edu
Associate Head CoachAllison Coomey
Fourth Season (Niagara, '02)
aec72@psu.edu
Assistant CoachMelissa Samoskevich
First Season (Quinnipiac, '19)
mfs6423@psu.edu
Hockey OfficePegula Ice Arena
University Drive
University Park, PA 16802
Office Phone(814) 867-7458

#### **TEAM INFORMATION**

2019-20 Overall Record	13-15-8
2019-20 CHA Record	7-8-5
Postseason Finish	CHA Semifinals
Letterwinners Returning	/Lost15/9
Newcomers	9
Twitter	@PennStateWHKY
Instagram	@PennStateWHKY
FacebookPenn	StateWomensHockey

#### RECOGNIZED NATIONALLY

- Penn State received its first-ever national ranking in the USCHO.com women's division I hockey poll Jan. 11 when the Nittany Lions were ranked 10th overall. They were also ranked 10th the next day in the USA Today/USA Hockey Magazine poll, also a program first.
- In this week's version of the polls, Penn State is ranked 8th in both the USCHO. com and USA Today/USA Hockey Magazine polls, marking the sixth-straight week the Nittany Lions have been ranked in the top ten.
- The Nittany Lions had received votes in the two national polls before breaking through as a ranked squad Jan. 11-12. They had received votes in both polls just two times in program history previous to this season (Oct. 1-2, 2018 after upset at #5 Colgate and Dec. 15, 2014 after sweep of #6 Mercyhurst)

#### **LAST TIME OUT: RIT**

- Penn State continued its program record unbeaten streak to 10 games with a sweep of RIT last Tuesday and Wednesday at Pegula Ice Arena. The Nittany Lions also finished their home schedule with an unbeaten record at 9-0-1.
- Penn State took game one 2-0 on Tuesday with Josie Bothun needing just 12 saves to earn her second shutout. Julie Gough and Amy Dobson scored Penn State's goals after getting through a tough RIT defensive setup.
- Penn State had a record-setting game two in their 7-1 win. The team's 7 goals were the most scored in a conference game ever. Kiara Zanon had 6 points in the game (1G, 5A), shattering PSU's previous individual high of four. Natalie Heising and Julie Gough also set individual game highs with four and three points apiece.

#### HAVING A RECORD YEAR

 Penn State has set multiple team and individual records this season and are on track to set even more program bests.

#### **Team Records**

- Scoring average 3.31 g/g (previous high: 2.11 g/p, 2016-17)
- Points per game 8.86 pt/g (5.42, 2016-17)
- Goals-allowed average 1.50 (1.81, 2015-16
- SOG per game 39.6 (30.33, 2018-19)

#### **Individual Records**

- Points per game Kiara Zanon 1.50 ppg (Laura Bowman, 0.97 ppg, 2016-17)
- Assists per game Kiara Zanon 1.00 apg (Amy Petersen, 0.57, 2015-16)
- Wins Josie Bothun 13 wins (13, Chantal Burke 19-20 and Jenna Brenneman 18-19)
- GAA Josie Bothun 1.39 (Celine Whitlinger 1.51, 2015-16)
- Save percentage Josie Bothun .949 (Chantal Burke, .935, 2019-20)

#### FROZEN FOUR IN HOCKEY VALLEY

- The NCAA Women's Frozen Four will be hosted twice by Penn State at Pegula Ice Arena this decade; 2022 and 2026.
- First, the Nittany Lions will host the tournament at Pegula Ice Arena for the first time in school history March 18-20, 2022. This will include two NCAA semifinals along with the National Championship game.
- The announcement was made by the NCAA on April 18, 2017. The Nittany Lions are currently in just their ninth season as a varsity program in 2020-21.
- A second announcement from the on October 14, 2020 granted Penn State a second hosting opportunity for the Frozen Four in 2026.

## 2020-21 COLLEGE HOCKEY AMERICA SEASON STANDINGS

	<b>CHA Points</b>	<b>CHA Record</b>	CHA Pct.	Overall	Pct.	Home	Away	Neutral	Streak
<b>Penn State</b>	28	13-1-2	0.875	13-1-2	0.875	9-0-1	4-1-1	0-0-0	W4
Robert Morris	23	11-5-1	0.676	11-5-1	0.676	6-2-0	5-3-1	0-0-0	W2
Mercyhurst	13	6-5-1	0.542	6-5-1	0.542	2-1-1	4-4-0	0-0-0	L1
Syracuse	11	5-6-1	0.458	5-8-1	0.393	2-6-0	3-2-1	0-0-0	W2
Lindenwood	5	2-9-1	0.208	2-9-1	0.208	0-5-1	2-4-0	0-0-0	L2
RIT	2	1-12	0.077	1-12	0.077	0-6	1-6	0-0	L9
								*1	6 10 2021

\*As of Feb 18, 2021



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#### **UP ON HEISING**

- Senior forward Natalie Heising became the second Nittany Lion to score 50 career goals after her first-period score Nov. 30 against Lindenwood. (Laura Bowman, '17, 61 goals). She currently has 51 career goals.
- Heising surpassed Shannon Yoxheimer ('16) for third on the all-time PSU scoring list with her 81st point Nov. 30.
   She is three points shy of becoming the third Nittany Lion to reach 100 career points.
- Heising tops the PSU record book with 19 power play goals. Her 10 PPG in 17-18 tied the NCAA lead and set a program single-season record. Her 11 gamewinning scores total also tops the PSU all-time list.
- Heising was named the 2017-18 CHA Rookie of the Year, becoming the first Nittany Lion to win the award. In her freshman year, she set the all-time single-season PSU goals record (19).

#### **DIT UP WITH THE CREW**

- Junior defender Rene Gangarosa set the PSU all-time season mark for points by a defender with 18 (6G, 12A).
   She led the 2019-20 Nittany Lions with five power-play scores. She has three assists in her last three games.
- Junior defender Izzy Heminger was named to the All-CHA Second Team after her 16-point season (4G, 12A). Her 39 career points ranks third among all program defenders.
- Sophomore defender Mallory Uihlein became the second Nittany Lion defender in the last two seasons to be named to the All-CHA Rookie Team. She tied the team high with nine assists and had 11 total points and netted her first goal of the season Jan. 29 at Lindenwood.
- Junior defender and 2018-19 All-Rookie team performer Jessica Adolfsson returns to the lineup after missing most of 2019-20 with an injury. She adds another threat on the power play with her six career PP goals, with her most recent being Jan. 9 at RMU.

#### **ELECTRIC FRESHMEN SKATERS**

- Penn State has already seen the impact its freshmen class can bring to the team in 2020-21 as the rookie class has accounted for 45.6 percent of Penn State's offense through 12 games (53 points).
- Forward Kiara Zanon leads the CHA in points with 24 (8G, 16A), a mark that ranks third nationally and leads all rookies in the country.
- Forward Olivia Wallin leads the CHA and all rookies in the country with 8 goals, tied with Zanon
- Defender Lyndie Lobdell tops all rookie conference defenders with 11 points on 11 helpers.
- Maeve Connolly (6 pts) and Jess Ciarrocchi (5 pts) have formed a tough duo to deal with. Carrie Byrnes added three assists at RMU Jan. 8-9. Forward Alyssa Machado made her PSU debut Jan. 23-24 and scored her first career goal Jan. 29 at LU.

#### **COOL CALM AND COLLECTED**

- Freshman goaltender Josie Bothun holds a stellar 13-1-2 record through her first 16 starts for Penn State, including setting a record for the longest unbeaten streak to start a career in goal for Penn State at five games (4-0-1).
- Bothun has already tied the program record for wins in a seaosn at 13 wins.
- Despite the loss to Syracuse Dec. 12, Bothun set a season-high with 42 saves. She recently had 36 saves in the win over RMU Feb. 6.

#### **EXPERIENCED FORWARDS**

- Junior Amy Dobson notched her first career multi-point game Jan. 23 and currently 8 points (5G, 3A), including a team-best 3 PPG.
- Sophomore Julie Gough has been an excellent playmaker and finisher this season with 14 points (7G, 7A) and is adept at winning puck battles on the wall and in front of the net.
- Sophomore Rachel Weiss has used her game-breaking speed to score four goals this season, including drawing and scoring on a penalty shot in her two-goal/three-point game Jan. 29.

TEAM COMPARISON						
PENN STATE RIT						
13-1-2	1-12-0					
13-1-2	1-12-0					
<b>me</b> 3.31	0.69					
<b>me</b> 1.50	4.15					
633	250					
39.6	19.2					
89	15					
3.9	3.5					
14.5 (8/55)	5.5 (3/55)					
87.9 (51/58)	80.5 (33/41)					
412	459					
2	1					
	PENN STATE  13-1-2  13-1-2  me 3.31  me 1.50  633  39.6  89  3.9  14.5 (8/55)  87.9 (51/58)  412					

#### **TOP SKATERS COMPARISON PENN STATE Points** Zanon (24) Haywood (6) Goals 2 Tied (8) Haywood (3) **Assists** Zanon (16) Haywood (3) **Shots** Zanon (83) Haywood (31) +/-2 Tied (+16) Nolan (-2) **Saves** Bothun (406) Liotta (204) Save Pct. Bothun (.949) Liotta (.932) GAA Bothun (1.39) Liotta (2.85) **Record** Bothun (13-1-2) Liotta (1-3-0)

# USCHO.COM WOMEN'S COLLEGE HOCKEY POLL (2/15/21)

	TEAM	RECORD	LAST POLL
1	Wisconsin	9-2-1	1
2	Northeastern	15-1-1	3
3	Ohio State	11-5-0	4
4	Minnesota	9-7-1	2
5	Colgate	11-4-1	5
6	Boston College	13-3-0	T6
7	Minnesota Duluth	8-4-0	T6
8	Penn State	13-1-2	8
9	Clarkson	8-6-1	9
10	Providence	10-5-1	10

Others: Robert Morris 7, Quinnipiac 1, Vermont 1 Italics Indicates 2020-21 Opponent

## USA TODAY/USA HOCKEY MAGAZINE WOMEN'S COLLEGE HOCKEY POLL (2/16/21)

	TEAM	RECORD	LAST POLL
1	Wisconsin	9-2-1	1
2	Ohio State	11-5-0	4
3	Northeastern	15-1-1	3
4	Minnesota	9-7-1	2
5	Colgate	11-4-1	5
6	Boston College	13-3-0	7
7	Minnesota Duluth	8-4-0	6
8	Penn State	13-1-2	8
9	Clarkson	8-6-1	9
10	Providence	10-5-1	10

Others: Robert Morris 3, Quinnipiac 2, Vermont 1 Italics Indicates 2020-21 Opponent



#### **2020-21 CAPTAINS**

- Senior forward Natalie Heising was named captain by her peers for the 2020-21 campaign alongside althernate captains Rene Gangarosa and Anna Promersberger.
- Heising scored a team-best 13 goals in 2019-20 and served as the team's alternate captain the past two seasons.
- Gangarosa set a new program best with 18 points as a defender in 2019-20.
- Promersberger scored five points and played valuable minutes on the team's penalty-killing unit for the 2019-20 season

#### THE HEART OF HOCKEY VALLEY

- Pegula Ice Arena is a state-of-the-art college hockey facility built not only to house the Penn State varsity and club hockey programs, but to serve as a central hub to local hockey enthusiasts in central Pennsylvania.
- The 5,782-capacity arena rink, which also boasts the 1,000-seat "Roar Zone" student section, is among the best collegiate hockey facilities in the country. It has hosted multiple events outside of Penn State hockey contests, including NHL Preseason contests, most recently featuring the Buffalo Sabres and the Pittsburgh Penguins Sept. 16, 2019. A second community ice rink has also enabled the facility to host youth hockey tournaments, figure skating programs, ice shows, and community open skates.
- The facility was brought to fruition by an initial \$88 million donation - the largest in University history - from Terry and Kim Pegula, who, through their gift, helped Penn State realize its goal of Division I hockey. At the ceremonial groundbreaking on April 20, 2012, the Pegulas added \$14 million to the project to lift the total donation to \$102 million. The first Penn State women's hockey contest in Pegula was played Oct. 19, 2013 vs. Union.

#### THE LAST TIME PENN STATE...

ire lasi iime penn siaie				
Scored O goals	2/28/20	vs. Mercyhurst (0-3)		
Scored 1 goal	3/06/20	vs. Mercyhurst (1-4)		
Scored 2 goals	2/9/21	vs. RIT (2-0)		
Scored 3 goals	1/8/21	at Robert Morris (3-2)		
Scored 4 goals	2/6/21	vs. Robert Morris (4-2)		
Scored 5 goals	2/22/20	at Lindenwood (5-1)		
Scored 6 goals	1/29/21	at Lindenwood (6-2)		
Scored 7 goals	2/10/21	vs. RIT (7-1)		
Scored 8 goals	10/7/16	at Union (8-1)		
Scored 9 goals	Never			
Scored 10 goals	1/4/13	vs. Chatham (10-0)		
Allowed O goals	11/29/20	vs Lindenwood (3-0)		
Allowed 1 goal	2/10/21	vs. RIT (7-1)		
Allowed 2 goals	2/6/21	vs. Robert Morris (4-2)		
Allowed 3 goals	2/28/20	vs. Mercyhurst (0-3)		
Allowed 4 goals	3/06/20	vs. Mercyhurst (1-4)		
Allowed 5 goals	11/2/19	at RMU (0-5)		
Allowed 6+ goals	10/4/19	at #1/1 Wisconsin (0-7)		
Won in overtime	10/21/17	at Merrimack (4-3 OT)		
Lost in overtime	10/27/18	at Mercyhurst (4-5 OT)		
Tied	1/30/21	at Lindenwood (2-2, OT)		
Played a ranked team	11/30/19	vs. #7/6 Clarkson (1-3)		
Beat a ranked team	9/29/18	at #5 Colgate (4-2)		
Attempted 10-19 shots	3/06/20	19 vs. Mercyhurst (1-4)		
Attempted 20-29 shots Attempted 30-39 shots	2/6/21 2/5/21	29, vs. Robert Morris (4-2) 30, vs. Robert Morris (2-1)		
Attempted 40-49 shots	2/3/21	44, vs. RIT (7-1)		
Attempted 50-59 shots	11/30/20	58, vs. Lindenwood (4-1)		
Attempted 60-69 shots	11/3/12	64 vs. Sacred Heart (8-2)		
Attempted 70+ shots	1/5/13	71 vs. Chatham (4-0)		
Allowed 0-9 shots	10/11/19	9 vs. RPI (2-0)		
Allowed 10-19 shots	2/9/21	12, vs. RIT (2-0)		
Allowed 20-29 shots	2/10/21	20, vs. RIT (7-1)		
Allowed 30-39 shots	1/23/21	33, vs. Mercyhurst (2-1)		
Allowed 40-49 shots	10/5/19	40 vs. Mercyhurst (1-4)		
Allowed 50-59 shots	12/31/16	53 at Princeton (5-5 OT)		
Allowed 60-69 shots	3/4/16	64 at Syracuse (2-3, 30T)		
Allowed 70+ shots	12/1/12	71 at #4 Mercyhurst (1-7)		
Tallied 5-9 assists	1/29/21	9, at Lindenwood (6-2)		
Tallied 10-15 assists	2/10/21	13 vs. RIT (7-1)		
Tallied 15+ assists	1/4/13	17 vs. Chatham (10-0)		
Scored 10-19 points	2/6/21	10 vs. Robert Morris (4-2)		
Scored 20+ points	2/10/21	20, vs. RIT (7-1)		
Scored 2 power-play goals	11/30/20	vs Lindenwood (4-1)		
Scored 3 power-play goals	2/24/18	vs. Lindenwood (6-0)		
Allowed 2 power-play goals		at Lindenwood (2-2, OT)		
Allowed 3 power-play goals		vs. #10 Boston University (1-5)		
Had 5 different goal scorers		vs. RIT (7-1)		
Had 6 different goal scorers		at Sacred Heart (6-1)		
Had 7 different goal scorers		vs. Chatham (10-0)		
Had 8 different goal scorers		vs. Sacred Heart (8-2) at RIT (0-3)		
Did not commit a penalty	2/22/19	at R11 (U-3)		

#### THE LAST TIME A PENN STATE PLAYER...

Scored 2 goals	2/10/21	Julie Gough & Natalie Heising vs. RIT (7-1)
Scored 3 goals	3/5/20	Natalie Heising vs. RIT (4-1)
Had 3+ assists	2/10/21	5 assists, Kiara Zanon
Had 4 points	10/7/16	vs. RIT (7-1) Laura Bowman / Amy Petersen
Had 5+ points	2/10/21	at Union (8-1) 6 points, Kiara Zanon
Had 10+ shots	12/11/20	vs. RIT (7-1) 12, Kiara Zanon
Made 40-49 saves	12/12/20	at Syracuse (4-3 OT) 42, Josie Bothun
Made 50-59 saves	11/1/14	at Syracuse (12/12/20) 50, Hannah Ehresmann
Made 60+ saves	3/4/16	at Syracuse (2-2 OT) 61, Celine Whitlinger
Had a solo shutout	• •	vs. Syracuse (2-3 3OT)  Josie Bothun
nau a solo silutout	11/29/20	vs. Lindenwood (3-0)
Had a combined shutout	1/5/13	Celine Whitlinger/Brooke Meyer
Scored a short-handed goal	2/10/21	vs. Chatham (4-0) Natalie Heising vs. RIT (7-1)





### **HONORS & AWARDS**

#### 2020-21

WHCA National Rookie of the Month
-----------------------------------

Kiara Zanon December

#### **CHA Player of the Month**

Julie Gough January Natalie Heising November

#### **CHA Goalie of the Month**

Josie Bothun January Josie Bothun November

#### CHA Rookie of the Month

Kiara Zanon January Kiara Zanon December

### **CHA Player of the Week**

Amy Dobson Jan. 25 Jessica Adolfsson Jan. 12

#### **CHA Goalie of the Week**

Josie Bothun Feb. 1 Josie Bothun Dec. 7

#### **CHA Rookie of the Week**

Kiara Zanon	Feb. 15
Kiara Zanon	Feb. 1
Josie Bothun	Jan. 25
Carrie Byrnes	Jan. 12
Kiara Zanon	Dec. 7

<sup>\*</sup> For the full list of awards, see page 46 of the Penn State Women's Hockey Yearbook online at GoPSUSports.com/whky-yearbook.

#### **2020-21 RECORD BREAKDOWN**

5050-51 KECOKD BKEVKDOMN
9-0-1at home
4-1-1on the road
0-0-0 neutral site
1-0-2 in overtime
10-1-0when scoring first
3-0-2when opponent scores first
7-0-0when leading after the 1st period
1-0-2 when trailing after the 1st period
5-1-0 when tied after the 1st period
9-0-0when leading after the 1st period
1-0-1when trailing after the 2nd period
3-1-1
11-0-2when out-shooting opponent
1-1-0 when out-shot by opponent
1-0-0 when taking same # of shots
6-0-1when winning more faceoffs
7-1-1when losing more faceoffs
0-0-0when tied in faceoffs
8-0-1 when taking more penalties
4-1-1when taking fewer penalties
1-0-0 when taking the same # of penalties
6-0-0when scoring a power play goal
7-1-2when not scoring a power play goal
3-1-2when allowing a power play goal
10-0-0when not allowing a power play goal
0-0-0 when scoring 0 goals
0-0-0 when scoring 1 goal
4-1-2when scoring 2 goals
2-0-0when scoring 3 goals
7-0-0 when scoring 4+ goals
2-0-0 when allowing 0 goals
5-0-0when allowing 1 goal
3-0-2when allowing 2 goals
1-0-0when allowing 3 goals
0-1-0 when allowing 4+ goals
2-0-0. in November
2-1-1in December
5-0-1 in January
•
4-0-0in February
0-0-0in March
1-0-0
1-0-0on Tuesday
1-0-0 on Wednesday
0-0-0on Thursday
4-0-0on Friday
4-1-1on Saturday
2-0-1on Sunday
6-1-2during the day
5-0-0 at night
13-1-2vs. CHA
0-0-0vs. ECAC Hockey
0-0-0vs. Hockey East
0-0-0vs. WCHA
0-0-0 vs. ranked opponents
13-1-2 vs. unranked opponents
7-0-1
6-1-1when unranked
4-0-0 one-goal games
4 0 0 One-goal games

#### **SCORING BREAKDOWN**

#### **SCORING BY CLASS**

Class	G	Α	Points
Freshmen	22	40	62
Sophomores	12	15	25
Juniors	12	21	33
Seniors	7	13	20
Totals	53	89	142

#### **SCORING BY POSITION**

Position	G	Α	Points
Forwards	45	57	102
Defense	8	32	40
Goaltenders	0	0	0
Totals	53	89	116

#### **SPECIAL TEAMS**

Power Play	Goals	Att.	Pct.
Home	6	37	.162
Away	2	18	.111
Neutral	0	0	.000
Total	8	55	.145
Nonconference	0	0	.000
CHA Reg. Season	8	55	.145
CHA Tournament	0	0	.000

Kills	Att.	Pct.
34	37	.919
17	21	.809
0	0	.000
51	58	.879
0	0	.000
51	58	.879
0	0	.000
	34 17 0 <b>51</b> 0 51	34 37 17 21 0 0 <b>51 58</b> 0 0 51 58





## JEFF KAMPERSAL HEAD COACH

Fourth Season Princeton, '92

**OVERALL RECORD** 

376-306-88 (25th Season)

**PENN STATE RECORD** 49-45-30 (4th Season)

#### YEAR-BY-YEAR

1996-97	13-16
1997-98	12-16-2
1998-99	15-14-1
1999-00	11-13-5
2000-01	13-13-3
2001-02	15-11-3
2002-03	20-9-2
2003-04	20-11
2004-05	16-10-5
2005-06	21-8-4
2006-07	16-12-3
2007-08	14-12-6
2008-09	18-11-2
2009-10	13-14-4
2010-11	16-14-1
2011-12	12-15-4
2012-13	11-16-2
2013-14	14-13-4
2014-15	15-14-2
2015-16	22-9-2
2016-17	20-10-3
2017-18	10-15-11
2018-19	13-14-9
2019-20	13-15-8
2020-21	13-1-2

TOTAL 376-306-88

## **HEAD COACH JEFF KAMPERSAL**

One of the winningest and well-respected coaches in women's ice hockey history, Jeff Kampersal enters his fourth season at the helm of the Penn State program in 2020-21. His coaching excellence at both the collegiate level and the international level with USA Hockey has brought a steadying veteran leadership to the up-and-coming Nittany Lions.

Heading into the 2020-21 season, Kampersal ranks sixth in career victories among active Division I women's hockey coaches with 363, a total that also ranks seventh all-time.

Penn State has reached the College Hockey America semifinals for three-straight seasons for the first time in its history under Kampersal's direction.

Kampersal's team has showcased defensive excellence since his arrival, highlighted in the 2019-20 season by seven total shutout victories, a single-season program high. Penn State's increased competitiveness has resulted in marquee program victories of late, including a win over fifth-ranked Colgate, 4-2, in 2018-19, the highest-ranked win in program history.

The 2019-20 Nittany Lions added three more All-CHA award recipients for now 11 honorees over the past three seasons. That total is tied for the most conference honorees in any three-year stretch.

Kampersal's arrival impacted Penn state immediately on the ice in his first season in 2017-18, when Penn State allowed a CHA-best 1.92 goals per game, an improvement of more than a goal per game from the previous season.

In addition to his on-ice guidance, Kampersal has built and sustained a program culture of excelence both in the classroom and in the community. Since Kampersal's arrival in Hockey Valley, Penn State women's hockey recorded back-to-back perfect academic progress rates according to the latest NCAA APR reports, which measures eligibility, retention and graduation of the program's student-athletes. The Nittany Lions have also had 66 All-CHA Academic team honorees and 61 Academic All-Big Ten winners during his tenure.

The 2018-19 team captain Kelsey Crow was the recipient of Penn State's prestigious Eric A. Walker Award, an award given to a graduating Penn State senior who has best represented the university through extracurricular activities and community service.

Kampersal was named Penn State head coach on June 1, 2017. The head coach of the Princeton Tigers for 21 seasons, Kampersal garnered ECAC Hockey Coach of the Year honors three times and Ivy League Coach of the Year accolades twice. He guided the Tigers to two Ivy League Championships (2005-06 & 2015-16) and two NCAA Tournament appearances (2005-06 & 2015-16).

Kampersal's student-athletes earned 68 All-Eastern College Athletic Conference (ECAC) Hockey honors, 54 All-Ivy League selections, five Patty Kazmaier Award nominees and two American Hockey Coaches Association (AHCA) All-America plaudits. During his final two seasons at Princeton, Kampersal guided the Tigers to a 42-19-5 cumulative record that included the 2016 Ivy League Championship and an NCAA Tournament at-large berth.

The 2016-17 campaign saw Princeton compile an overall record of 20-10-3, falling to eventual national champion Clarkson in the ECAC Tournament semifinals. During the season, the Tigers recorded seven wins over ranked teams, had a Patty Kazmaier top-10 finalist, the USCHO.com National Rookie of the Year, six All-Ivy League members and four All-ECAC members, including the Goalie and Rookie of the Year. Princeton was ranked No. 9 in the final 2016-17 USCHO.com poll.

In 2015-16, Kampersal directed Princeton to its winningest season in program history to date. The Tigers compiled a 22-9-2 record, won the Ivy League title, had an NCAA Tournament bid and Kampersal earned Ivy League and ECAC Hockey Coach of the Year honors.

Kampersal's experience as a coach with USA Hockey includes guiding the USA Women's Hockey Under-18 Team to silver medals at the 2013 and 2014 International Ice Hockey Federation (IIHF) World Women's U18 Championships. He also served on the coaching staff of the USA Women's Select Festival from 2004-06.

A 1992 Princeton graduate with a degree in psychology, Kampersal served as the men's hockey team's captain as a senior. An All-Ivy League and All-ECAC selection, Kampersal was awarded the 1941 Championship Trophy, given to the Princeton player who best represents the winning spirit of the 1941 championship team.

From Beverly, Massachusetts, Kampersal played high school hockey at St. John's Prep in Danvers, Massachusetts, and was inducted into the school's Hall of Fame in 2009.

A 10th-round selection of the National Hockey League's New York Islanders in the 1988 entry draft, Kampersal played for the ECHL's Richmond Renegades and the AHL's Capital District Islanders.

Kampersal and his wife, Eileen, have a daughter, Keira, and a son, Jack.





## **KAMPERSAL COACHING FILE**

Head Coaching	g Experience
2017-Present	Penn State
1996-2017	Princeton
International Coad	ching Experience
2011-14	
<b>2004-06</b> USA	
	vvernerra delega i estival dederi
Playing Ex	perience
1992-93	
1992-93	9
1988-92	•
1985-88	
1303 00	
Division I Women's Hock Victories - Active	
Victories - Active	
victories - All-Time	/tn
Coaching	Honors
<b>ECAC Hockey Coach of the Year</b>	
	02, 2005-06, 2008-09, 2015-16
Ivy League Coach of the Year	
, _cague couem or one roun	2014-15, 2015-16
	2011 10, 2010 10
Accolades Under C	Coach Kampersal
All-ECAC Hockey Honors	
All-Ivy League Selections	
All-CHA Hockey Honors	
Patty Kazmaier Nominees	
Ivy League Rookie of the Year	
Ivy League Player of the Year	
AHCA All-America Plaudits	
CHA Rookie of the Year	



## **WINNINGEST NCAA DIVISION 1 WOMEN'S HOCKEY COACHES**

#	NAME	WINS	GAMES	WINNING %	SCHOOL
1.	MARK JOHNSON	533	674	.826	Wisconsin
2.	MIKE SISTI	504	753	.708	Mercyhurst
3.	KATEY STONE	494	801	.650	Harvard
4.	BRAD FROST	411	527	.813	Minnesota
5.	PAUL FLANAGAN	413	776	.574	St. Lawrence/Syracuse
6.	Shannon Miller	383	577	.707	Minnesota-Duluth
7.	JEFF KAMPERSAL	376	770	.545	Princeton/Penn State
8.	KATIE KING CROWLEY	334	501	.718	Boston College
9.	Heather Linstad	322	692	.524	Northeastern/UConn
10.	Bob Deraney	319	680	.523	Providence



### **SEASON RESULTS AND STATISTICS**

Team Statistics	PSU	OPP
SHOTS		
Goals-Shots	53-632	24-437
Goals Per Game	3.3	1.5
Shot Pct	.084	.055
Shots Per Game	39.5	27.3
Assists	89	37
Saves	413	578
POWER PLAYS		
Goals-Opportunities	7-55	7-57
Conversion Pct	.127	.123
GOALIE BREAKDOWN		
Total	53	24
Power Play	7	7
Short Handed	2	0
Empty Net	3	1
Unassisted	3	3
Overtime	1	0
Hat Tricks	0	0
PENALTIES		
Total	63	59
Minutes	159	118
Per Game	3.9	3.7
Minutes Per Game	9.9	7.4
Minor	57	59
Major	3	0
10 Min Misconduct	0	0
Game Misconduct	3	0
Gross Misconduct	0	0
Match Misconduct	0	0
FACEOFFS		
Won-Lost	440-464	464-440
Percentage	.487	.513
ATTENDANCE		
Total	1,379	0
Dates-Avg Per Date	10/138	6/
Neutral Site #-Avg	0/	-
Neutrai Site #-AVg	U/	

Date	Opponent	WL	Score	Att.
11/29/20	Lindenwood	W	3-0	128
11/30/20	Lindenwood	W	4-1	127
12/05/20	Syracuse	W	2-1	125
12/06/20	Syracuse	Т	2-2	126
12/11/20	at Syracuse	W	4-3	0
12/12/20	at Syracuse	L	2-4	0
1/08/21	at Robert Morris	W	3-2	0
1/09/21	at Robert Morris	W	4-1	0
1/23/21	Mercyhurst	W	2-1	140
1/24/21	Mercyhurst	W	4-1	143
1/29/21	at Lindenwood	W	6-2	0
1/30/21	at Lindenwood	Т	2-2	0
2/05/21	Robert Morris	W	2-1	162
2/06/21	Robert Morris	W	4-2	173
2/09/21	RIT	W	2-0	122
2/10/21	RIT	W	7-1	133





### **INDIVIDUAL STATISTICS**

			Shots					Goals									1					
#	Player	GP	G	Α	PTS	SH	SH%	+/-	PEN-MIN	MIN	MAJ	ОТН	PP	SH	FG	GW	GT	ОТ	HT	PN	UA	BLK
11	Zanon, Kiara	16	8	16	24	83	.096	+16	4-8	4	0	0	0	1	2	3	0	1	0	0	2	19
20	Heising, Natalie	16	7	13	20	74	.095	+16	2-4	2	0	0	1	1	1	0	0	0	0	0	0	7
14	Gough, Julie	16	7	7	14	43	.163	+13	6-12	6	0	0	1	0	2	2	0	0	0	0	0	10
24	Lobdell, Lyndie	16	0	11	11	48	.000	+13	9-18	9	0	0	0	0	0	0	0	0	0	0	0	18
27	Heminger, Izzy	16	2	8	10	45	.044	+14	7-25	5	1	1	0	0	0	0	0	0	0	0	0	22
7	Wallin, Olivia	14	8	1	9	40	.200	+5	6-12	6	0	0	0	0	2	2	1	0	0	0	1	2
18	Dobson, Amy	16	5	3	8	54	.093	+4	2-4	2	0	0	3	0	0	2	1	0	0	0	0	20
15	Adolfsson, Jessica	16	4	4	8	38	.105	+10	4-19	2	1	1	2	0	0	1	0	0	0	0	0	28
29	Weiss, Rachel	10	4	2	6	21	.190	+8	4-19	2	1	1	0	0	0	1	0	0	0	0	0	8
4	Connolly, Maeve	16	2	4	6	28	.071	+4	2-4	2	0	0	0	0	2	0	0	0	0	0	0	4
26	Uihlein, Mallory	16	1	5	6	22	.045	+11	1-2	1	0	0	0	0	0	1	0	0	0	0	0	18
6	Byrnes, Carrie	16	2	3	5	28	.071	+3	2-4	2	0	0	0	0	1	1	0	0	0	0	0	3
23	Ciarrocchi, Jess	16	1	4	5	23	.043	+5	4-8	4	0	0	0	0	0	0	0	0	0	0	0	4
13	Gangarosa, Rene	16	1	4	5	63	.016	+10	3-6	3	0	0	0	0	0	0	0	0	0	0	0	27
3	Machado, Alyssa	8	1	1	2	7	.143	+5	3-6	3	0	0	0	0	0	0	0	0	0	0	0	1
21	Promersberger, Anna	5	0	2	2	11	.000	+1	1-2	1	0	0	0	0	0	0	0	0	0	0	0	6
28	Lantto, Mikayla	4	0	1	1	4	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	Bothun, Josie	16	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	0
31	Spring, Annie	5	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	0
TM	Team	8	0	0	0	0	.000	0	3-6	3	0	0	0	0	0	0	0	0	0	0	0	0
	Totals	16	53	89	142	632	.084	+138	63-159	57	3	3	7	2	10	13	2	1	0	0	3	197
	Opponents	16	24	37	61	437	.055	-141	59-118	59	0	0	7	0	6	1	0	0	0	0	3	240

			Goa	Sa	ves	Record					Goals Allowed					
#	Goalie	GP-GS	MIN	GA	AVG	SV	SV%	W	L	Т	SHO	PP	SH	EN	PEN	SOG
30	Bothun, Josie	16-16	950:57	22	1.39	407	.949	13	1	2	2	6	0	0	0	0
31	Spring, Annie	5-0	20:00	1	3.00	6	.857	0	0	0	0	1	0	0	0	0
TM	Team	8-0	01:18	1	92.31	0	.000	0	0	0	0	0	0	1	0	0
	Totals	16-0	972:15	25	1.48	413	.945	13	1	2	2	7	0	1	0	0
	Opponents	16-0	953:47	53	3.33	578	.916	1	13	2	0	7	2	3	1	0



### INDIVIDUAL GAME HIGHS

#### **#3 Alyssa Machado**

Points: 1, 2x last at Lindenwood, 1/30/21 Goals: 1, at Lindenwood, 1/29/21 Assists: 1, at Lindenwood, 1/30/21

#### **#4 Maeve Connolly**

Points: 1, 5x last vs. Mercyhurst 1/24/21 Goals: 1, 2x last at Robert Morris, 1/9/21 Assists: 1, 4x last vs. RIT 2/9/21

#### **#6 Carrie Byrnes**

Points: 2, at Robert Morris, 1/8/21 Goals: 1, 2x last vs. Syracuse, 12/6/20 Assists: 2, at Robert Morris, 1/8/21

#### **#7 Olivia Wallin**

Points: 2, at Syracuse, 12/12/20 Goals: 2, at Syracuse, 12/12/20 Assists 1, at Syracuse, 12/11/20

#### #11 Kiara Zanon

Points: 6, vs. RIT, 2/10/21 Goals: 1, 8x last vs. RIT, 2/10/21 Assists: 5, vs. RIT, 2/10/21

#### **#13 Rene Gangarosa**

Points: 2, 4x last at RIT, 2/15/20 Goals: 2, at Providence, 10/18/19 Assists: 2, 3x last vs. RIT, 2/10/21

#### #14 Julie Gough

Points: 3, vs. RIT, 2/10/21 Goals: 2, vs. RIT, 2/10/21 Assists: 2, at Lindenwood, 1/29/21

#### **#15 Jessica Adolfsson**

Points: 2, 2x last at Robert Morris, 1/9/21 Goals: 2, at Robert Morris, 1/9/21 Assists: 1, 13x, last vs. RIT, 2/10/21

#### **#18 Amy Dobson**

Points: 2, vs. Mercyhurst, 1/23/21 Goals: 1, 7x last vs. RMU, 2/6/21 Assists: 1, 6x last vs. Mercyhurst 1/24/21

#### #20 Natalie Heising

Points - 4, vs. RIT, 2/10/21 Goals - 3, 2x last vs. RIT, 3/5/20 Assists - 2, 6x last vs. RIT, 2/10/21

#### **#21 Anna Promersberger**

Points: 1, 13x, last vs. Syracuse, 12/6/20 Goals: 1, 4x, last vs RIT, 3/5/20 Assists: 1, 9x, last vs. Syracuse, 12/6/20

#### #23 Jess Ciarrocchi

Points: 1, 4x last vs. Mercyhurst 1/24/21 Goals: 1, vs. Mercyhurst 1/24/21 Assists: 1, 4x last vs. Robert Morris, 2/6/21

#### **#24 Lyndie Lobdell**

Points: 2, vs. Lindenwood, 11/30/20 Goals: ----

Assists: 2, vs. Lindenwood, 11/30/20

#### #26 Mallory Uihlein

Points: 3, at Vermont, 11/29/19 Goals: 1, 3x last at Lindenwood, 1/29/21 Assists: 3, at Vermont, 11/29/19

#### **#27 Izzy Heminger**

Points: 3, at RPI, 11/16/18 Goals: 2, vs. RPI, 10/12/19 Assists: 2, 3x last vs RMU. 2/6/21

#### **#29 Rachel Weiss**

Points: 3, at Lindenwood, 1/29/21 Goals: 2, 4x, at Lindenwood, 1/29/21 Assists: 1, 11x, last at Lindenwood, 1/29/21

#### #30 Josie Bothun

Saves: 42, at Syracuse, 12/12/20 Shutouts: 2, vs. RIT, 2/9/21

#### **#30 Annie Spring**

Saves: 6, vs. RIT, 2/10/21 Shutouts: ----

#### **#32 Cam Leonard**

Saves: 26, 2x last at Robert Morris, 11/1/19 Shutouts: ----

#### #35 Jenna Brenneman

Saves: 35, vs. Lindenwood, 1/19/18 Shutouts: 4, last vs. Lindenwood, 1/20/19

# **BROADCAST ROSTER**



Alyssa Machado Freshman • Forward Mississauga, Ontario



Maeve Connolly Freshman • Forward West Roxbury, Mass..



Carrie Byrnes Freshman • Forward Eden Prairie, Minn.



Olivia Wallin Freshman • Forward Oakville, Ontario



Kiara Zanon Freshman • Forward Fairport, N.Y.



Rene Gangarosa Junior • Defense Rochester, N.Y.



Julie Gough Sophomore • Forward Newcastle, Ontario



Jessica Adolfsson Junior • Defense Linkoping, Sweden



Amy Dobson Junior • Defense Hamilton, Ontario



Natalie Heising Senior • Forward Wayzata, Minn.



Anna Promersberger Junior • Forward Fargo, N.D.



Jess Ciarrocchi Freshman • Defense West Chester, Pa.



Lyndie Lobdell Freshman • Defense Aurora, III.



Malloy Uihlein Sophomore • Defense Edina, Minn.



Izzy Heminger Junior • Defenseman Dublin, Ohio



Mikayla Lantto Sophomore • Forward Palmer, Alaska



Rachel Weiss Sophomore • Forward Calgary, Alberta



Josie Bothun Freshman • Goaltender Wyoming, Minn.



Annie Spring Freshman • Goaltender Winnetka, III.



Cam Leonard RS Junior • Goaltender Cary, N.C.



Jenna Brenneman Senior • Goaltender Eagan, Minn.



Jeff Kampersal Head Coach Fourth Season



Allison Coomey Associate Head Coach Fourth Season



Melissa Samoskevich Assistant Coach First Season



Krista Patronick Director of Operations Second Season



Logan Fischer Equipment Manager Third Season



Emily Stoeckel Athletic Trainer Fifth Season