



2020-21 WOMEN'S HOCKEY

2020-21 Schedule & Results

16-2-2, 16-2-2 CHA

PHASE 1

DATE	OPPONENT	TIME/RESULT
11/29	*LINDENWOOD	W, 3-0
11/30	*LINDENWOOD	W, 4-1
12/5	*SYRACUSE	W, 2-1
12/6	*SYRACUSE	T, 2-2 (OT)
12/11	*at Syracuse	W, 4-3 (OT)
12/12	*at Syracuse	L, 2-4

PHASE 2

DATE	OPPONENT	TIME/RESULT
1/8	*at Robert Morris	W, 3-2
1/9	*at Robert Morris	W, 4-1
1/15	*at RIT	PPD
1/16	*at RIT	PPD
1/23	*RIT	PPD
1/24	*RIT	PPD
1/23	*MERCYHURST	W, 2-1
1/24	*MERCYHURST	W, 4-1
1/29	*at Lindenwood	W, 6-2
1/30	*at Lindenwood	T, 2-2 (OT)
2/5	*ROBERT MORRIS	W, 2-1
2/6	*ROBERT MORRIS	W, 4-2
2/9	*RIT	W, 2-0
2/10	*RIT	W, 7-1
2/19	*at RIT	W, 5-0
2/20	*at RIT	W, 5-0
2/26	*at Mercyhurst	W, 5-2
2/27	*at Mercyhurst	L, 2-3 (OT)
3/5	^vs. Syracuse	2 P.M.
3/6	^CHA Championship	6 P.M.

* College Hockey America Game

^ CHA Tournament (Held in Erie, Pa. at Erie Insurance Arena)

Rankings listed at time of matchup (USCHO/USA Hockey)

All times EST | Hyperlinks direct to game recaps

College Hockey America announced the first phase of the 2020-21 regular season schedule November 23, 2020 and the second phase January 4, 2021. All games are subject to change.

For the latest information regarding Penn State women's hockey's schedule, visit GoPSUsports.com/whky-schedule.

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GoPSUsports.com

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VS.



#7/7 PENN STATE NITTANY LIONS
HEAD COACH: JEFF KAMPERSAL
(16-2-2, 16-2-2 CHA)

SYRACUSE ORANGE
HEAD COACH: PAUL FLANAGAN
(11-8-1, 8-6-1 CHA)

NEED TO KNOW

CHA SEMIFINALS

- The No. 7/7 Penn State women's hockey team begins the 2021 postseason in its fourth-straight CHA semifinal round. They take on the Syracuse Orange searching to qualify for its first CHA Championship game.

THE MATCHUP

- Penn State found success against the Orange this season with a 2-1-1 overall record, but Syracuse has historically had the edge in the all-time series, leading 27-4-7.
- The coaching matchup between Jeff Kampersal (379 wins) and Paul Flanagan (417 wins) pits two of the top 10 winningest division one women's hockey coaches against each other.

IMPORTANT NUMBERS

7

Penn State had a record seven student-athletes selected to All-CHA teams as announced March 3, including the CHA Player and Rookie of the Year Kiara Zanon and the CHA Goalie of the Year Josie Bothun.

12

Penn State has 12 wins in its last 14 games dating back to the beginning of the 2021 calendar year. That included a 13-game unbeaten streak Jan. 8-Feb. 26 (12-0-1), which is the second-longest unbeaten streak in the country this year.

2

Two Nittany Lions have been nominated for individual national awards. Kiara Zanon is a top-10 finalist for the Patty Kazmaier Award and Josie Bothun is one of eight finalists for the HCA Goalie of the Year.

3

When Penn State scores at least three goals this season, the Nittany Lions are undefeated (12-0). That includes a 10-0 mark when scoring four-or-more goals.

2020-21 LEADERS

Points

Kiara Zanon	30
Natalie Heising	20
Julie Gough	19
3 Tied	14

Goals

Julie Gough	11
Olivia Wallin	11
Kiara Zanon	10
2 Tied	7

Assists

Kiara Zanon	20
Natalie Heising	13
Lyndie Lobdell	13

Power Play Goals

Amy Dobson	3
Jessica Adolfsson	2
Julie Gough	2
2 Tied	1

Blocked Shots

Rene Gangarosa	36
Jessica Adolfsson	32
Izzy Heminger	27
2 Tied	24

Save Percentage

Josie Bothun	.936
Annie Spring	.857



2020-21 PENN STATE WOMEN'S HOCKEY

2020-21 ROSTER

No.	Name	Yr.	Pos.	Ht.	S/C	Hometown	Last Team
3	Alyssa Machado	Fr.	F	5-6	R	Mississauga, Ontario	Oakville Jr. Hornets
4	Maeve Connolly	Fr.	F	5-4	L	West Roxbury, Mass.	Noble & Greenough School
6	Carrie Byrnes	Fr.	F	5-4	L	Eden Prairie, Minn.	Eden Prairie Area High School
7	Olivia Wallin	Fr.	F	5-7	R	Oakville, Ontario	Etobicoke Jr. Dolphins
11	Kiara Zanon	Fr.	F	5-5	L	Fairport, N.Y.	USA U18 Nat'l Team/Kingston Jr. Wolves
13	Rene Gangarosa	Jr.	D	5-10	L	Rochester, N.Y.	Niagara Jr. Purple Eagles
14	Julie Gough	So.	F	5-8	R	Newcastle, Ontario	Durham West Lightning
15	Jessica Adolfsson	Jr.	D	5-9	L	Linkoping, Sweden	Swedish Nat'l Team/Djurgardens IF
18	Amy Dobson	Jr.	D	5-6	L	Hamilton, Ontario	Oakville Junior Hornets
20	Natalie Heising	Sr.	F	5-5	R	Wayzata, Minn.	USA U18 Nat'l Team/Wayzata HS
21	Anna Promersberger	Jr.	F	5-8	R	Fargo, N.D.	Shattuck St. Marys
23	Jess Ciarrocchi	Fr.	F	5-4	R	West Chester, Pa.	The Hill School
24	Lyndie Lobdell	Fr.	D	5-7	R	Aurora, Ill.	USA U18 Nat'l Team/Chicago Mission
26	Mallory Uihlein	So.	D	5-7	R	Edina, Minn.	USA U18 Nat'l Team/Edina HS
27	Izzy Heminger	Jr.	D	5-4	R	Dublin, Ohio	Ohio AAA Blue Jackets
28	Mikayla Lantto	So.	F	5-10	R	Palmer, Alaska	Detroit Belle Tire U19
29	Rachel Weiss	So.	F	5-7	R	Calgary, Alberta	Canada U18 Nat'l Team/Pursuit of Excellence
30	Josie Bothun	Fr.	G	5-6	L	Wyoming, Minn.	Forest Lake Area HS
31	Annie Spring	Fr.	G	5-6	L	Winnetka, Ill.	Chicago Mission
32	Cam Leonard	RS Jr.	G	5-7	L	Cary, N.C.	Choate Rosemary Hall
35	Jenna Brenneman	RS Sr.	G	5-7	L	Eagan, Minn.	Clarkson Univ./Breck School

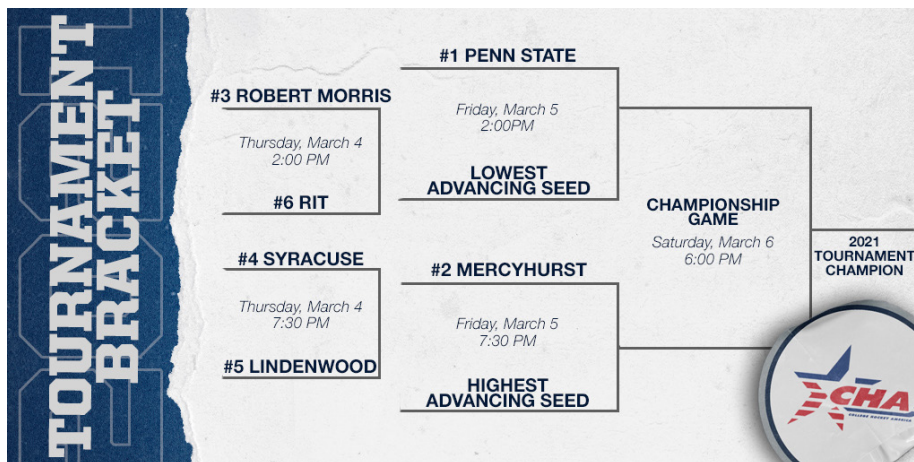
Head Coach: Jeff Kampersal (Fourth Season)
Assistant Coach: Allison Coomey (Fourth Season)
Assistant Coach: Melissa Samoskevich (First Season)
Director of Operations: Krista Patronick

Equipment Manager: Logan Fischer
Athletic Trainer: Emily Stoeckel
Captain: Natalie Heising
Alternate Captains: Rene Gangarosa, Anna Promersberger

ALPHABETICAL ROSTER		PRONUNCIATION GUIDE		LIONS BY STATE	LIONS BY COUNTRY
No.	Name	Adolfsson	Add-ULF-son	Alaska (1): Lantto	Canada (5): Dobson, Gough, Machado, Wallin, Weiss
15	Jessica Adolfsson	Brenneman	BREN-uh-man	Illinois (2): Lobdell, Spring	Sweden (1): Adolfsson
30	Josie Bothun	Bothun	BAWTH-un	Massachusetts (1): Connolly	United States (15): Byrnes, Bothun, Brenneman, Ciarrocchi, Connolly, Gangarosa, Heising, Heminger, Lantto, Leonard, Lobdell, Promersberger, Spring, Uihlein, Zanon
35	Jenna Brenneman	Ciarrocchi	Chir-ROW-key	Minnesota (5): Byrnes, Bothun, Brenneman, Heising, Uihlein	
6	Carrie Byrnes	Gangarosa	GAIN-gah-row-sah	New York (2): Gangarosa, Zanon	LIONS BY ELIGIBILITY
23	Jess Ciarrocchi	Gough	GOFF	North Carolina (1): Leonard	Senior (2): Brenneman, Heising
4	Maeve Connolly	Heising	HI-sing	North Dakota (1): Promersberger	Junior (6): Adolfsson, Dobson, Gangarosa, Heminger, Leonard, Promersberger
18	Amy Dobson	Lantto	LAN-toe	Pennsylvania (1): Ciarrocchi	Sophomore (4): Gough, Lantto, Uihlein, Weiss
13	Rene Gangarosa	Promersberger	PROM-ers-burg-er	LIONS BY PROVINCE	Freshmen (9): Byrnes, Bothun, Ciarrocchi, Connolly, Lobdell, Machado, Spring, Wallin, Zanon
14	Julie Gough	Samoskevich	SAM-a-skeh-vich	Alberta (1): Weiss	
20	Natalie Heising	Uihlein	YOU-line	Ontario (4): Dobson, Gough, Machado, Wallin	
27	Izzy Heminger	Wallin	WALL-eeen		
28	Mikayla Lantto	Kiara Zanon	Kee-ARE-ah ZAN-in		
32	Cam Leonard				
24	Lyndie Lobdell				
3	Alyssa Machado				
21	Anna Promersberger				
31	Annie Spring				
26	Mallory Uihlein				
7	Olivia Wallin				
29	Rachel Weiss				
11	Kiara Zanon				
		LIONS BY POSITION			
		Defense (6): Adolfsson, Dobson, Gangarosa, Heminger, Lobdell, Uihlein			
		Forward (11): Byrnes, Ciarrocchi, Connolly, Gough, Heising, Lantto, Machado, Promersberger, Wallin, Weiss, Zanon			
		Goalie (4): Bothun, Brenneman, Leonard, Spring			



2020-21 CHA TOURNAMENT



PSU IN THE CHA TOURNAMENT

2013		PSU Seed: #6
CHA FIRST ROUND (Best of Three)		
March 1	at RIT	L 0-1
March 2	at RIT	L (OT) 2-3

2014		PSU Seed: #6
CHA FIRST ROUND (Best of Three)		
Feb. 28	at RIT	L (OT) 2-3
March 1	at RIT	L 0-3

2015		PSU Seed: #4
CHA FIRST ROUND (Best of Three)		
Feb. 27	vs. Lindenwood	W 1-0
Feb. 28	vs. Lindenwood	W 3-1
CHA SEMIFINALS		
March 2	vs. Syracuse (at Mercyhurst)	L 0-2

2016		PSU Seed: #3
CHA FIRST ROUND (Best of Three)		
Feb. 26	vs. RIT	W 2-0
Feb. 27	vs. RIT	W 3-2
CHA SEMIFINALS		
March 4	vs. Syracuse (Buffalo, N.Y.)	L (3OT) 2-3

2017		PSU Seed: #4
CHA FIRST ROUND		
March 2	vs. RIT (Buffalo, N.Y.)	L 1-2

2018		PSU Seed: #4
CHA FIRST ROUND		
March 1	vs. Lindenwood (Buffalo, N.Y.)	W 2-1
CHA SEMIFINALS		
March 2	vs. Robert Morris (Buffalo, N.Y.)	L 2-7

2019		PSU Seed: #4
CHA FIRST ROUND		
March 6	vs. RIT (Buffalo, N.Y.)	W 4-1
CHA SEMIFINALS		
March 7	vs. Robert Morris (Buffalo, N.Y.)	L 1-2

2020		PSU Seed: #4
CHA FIRST ROUND		
March 5	vs. RIT (Buffalo, N.Y.)	W 4-1
CHA SEMIFINALS		
March 6	vs. Mercyhurst	L 1-4

CHA FIRST ROUND RECORD	7-5
CHA SEMIFINALS RECORD	0-5
CHA FINAL RECORD	0-0
PENN STATE ALL-TIME	7-10

ALL-TIME CHA CHAMPIONS

Year	Regular Season	Tournament
2002-03	Mercyhurst	Mercyhurst
2003-04	Mercyhurst	Mercyhurst
2004-05	Mercyhurst	Mercyhurst
2005-06	Mercyhurst	Mercyhurst
2006-07	Mercyhurst	Mercyhurst
2007-08	Mercyhurst	Mercyhurst
2008-09	Mercyhurst	Mercyhurst
2009-10	Mercyhurst	Mercyhurst
2010-11	Mercyhurst	Mercyhurst
2011-12	Mercyhurst	Robert Morris
2012-13*	Mercyhurst	Mercyhurst
2013-14	Mercyhurst	RIT
2014-15	Mercyhurst	RIT
2015-16	Mercyhurst	Mercyhurst
2016-17	Robert Morris	Robert Morris
2017-18	Robert Morris	Mercyhurst
2018-19	Robert Morris	Syracuse
2019-20	Mercyhurst	Mercyhurst

*Penn State's first season in the league

PENN STATE ALL-TIME CHA TOURNAMENT SCORING

Name	Years	Goals	Assists	Points
Natalie Heising	2017-20	6	1	7
Amy Petersen	2013-17	1	6	7
Laura Bowman	2013-17	3	3	6
Shannon Yoxheimer	2012-16	5	1	6
Shea Nelson	2017-20	1	4	5
Bella Sutton	2014-18	3	2	5
Brooke Madsen	2016-20	2	2	4
Katie McMillan	2016-20	1	2	3
Hannah Bramm	2014-16	1	1	2
Kelsey Crow	2015-19	0	2	2
Taylor Gross	2012-14	1	1	2
Katie Rankin	2017-20	0	2	2
Kelly Seward	2013-17	0	2	2
Christi Vetter	2014-19	0	2	2
Abby Welch	2016-20	2	0	2
9 Tied				1

Bold denotes current Nittany Lion.



2020-21 PENN STATE WOMEN'S HOCKEY

PENN STATE UNIVERSITY

Location University Park, Pa.
 Founded.....1855
 Enrollment..... 46,270
 Nickname.....Nittany Lions
 Colors.....Blue and White
 Conference...College Hockey America (CHA)
 Home Facility Pegula Ice Arena (5,782)
 President..... Dr. Eric J. Barron
 V.P. Intercollegiate Athletics.... Sandy Barbour
 Senior Women's Administrator Charmelle Green
 Faculty Representative.....Dennis Scanlon
 Hockey Administrator.....Michael Cross
 Athletics Website..... www.GoPSUsports.com

COACHING STAFF

Head Coach Jeff Kampersal
 Fourth Season at Penn State
 52-46-30 School Record
 379-307-87 Career Record (25th Season)
 Alma Mater — Princeton, '92
 jdk55@psu.edu
 Associate Head Coach..... Allison Coomey
 Fourth Season (Niagara, '02)
 aec72@psu.edu
 Assistant Coach.....Melissa Samoskevich
 First Season (Quinnipiac, '19)
 mfs6423@psu.edu
 Hockey OfficePegula Ice Arena
 University Drive
 University Park, PA 16802
 Office Phone..... (814) 867-7458

TEAM INFORMATION

2019-20 Overall Record13-15-8
 2019-20 CHA Record7-8-5
 Postseason Finish..... CHA Semifinals
 Letterwinners Returning/Lost15/9
 Newcomers.....9
 Twitter.....@PennStateWHKY
 Instagram@PennStateWHKY
 Facebook.....PennStateWomensHockey



The 2020-21 Nittany Lions pose after their regular-season championship clinching win, 5-0, at RIT Friday, Feb. 19, 2021. (Photo: Eakin Howard, RIT Athletics)

2020-21 CHA REGULAR SEASON CHAMPS

- With its 5-0 win Friday, Feb. 19 at RIT, Penn State clinched its first ever CHA regular season championship in team history. Penn State had never finished higher than 3rd in the CHA standings (2017-18).
- Penn State completed the regular season with a 16-2-2 record. Its 16 wins were the most of any team in the country in regular-season play.
- Penn State received its first-ever national ranking in the USCHO.com women's division I hockey poll Jan. 11 when the Nittany Lions were ranked 10th overall. They were also ranked 10th the next day in the USA Today/USA Hockey Magazine poll, also a program first.
- In this week's version of the polls, Penn State is ranked 7th in both polls, its highest rank ever, and marking the eighth-straight week the Nittany Lions have been ranked in the top ten.
- The Nittany Lions are 12-1-1 in the 2021 calendar year. Their 13-game unbeaten streak Jan. 8-Feb. 26 was the second longest unbeaten streak in the country this season (Northeastern, 19 games).
- The Nittany Lions rank third in scoring defense (1.45 goals per game) and fourth in the nation in both scoring offense (3.50 goals per game) and scoring margin (+2.05).

HAVING A RECORD YEAR

Team Records

- Scoring average - 3.50 g/g (previous high: 2.11 g/p, 2016-17)
- Points per game - 9.55 pt/g (5.42, 2016-17)
- Goals-allowed average - 1.45 (1.81, 2015-16)
- SOG per game - 39.0 (30.33, 2018-19)

Individual Records

- Points per game - Kiara Zanon 1.50 ppg (Laura Bowman, 0.97 ppg, 2016-17)
- Assists per game - Kiara Zanon 1.0 apg (Amy Petersen, 0.57, 2015-16)
- Wins - Josie Bothun 16 wins NEW RECORD (13, Chantal Burke 19-20 and Jenna Brenneman 18-19)
- GAA - Josie Bothun 1.36 (Celine Whitlinger 1.51, 2015-16)
- Save percentage - Josie Bothun .947 (Chantal Burke, .935, 2019-20)

FROZEN FOUR IN HOCKEY VALLEY

- The NCAA Women's Frozen Four will be hosted twice by Penn State at Pegula Ice Arena this decade; 2022 and 2026.
- The Nittany Lions will host the tournament at Pegula Ice Arena for the first time in school history March 18-20, 2022. A second announcement from the on October 14, 2020 granted Penn State a second hosting opportunity for the Frozen Four in 2026.

2020-21 COLLEGE HOCKEY AMERICA SEASON STANDINGS

	CHA Points	CHA Record	CHA Pct.	Overall	Pct.	Home	Away	Neutral	Streak
1. Penn State	34	16-2-2	0.850	16-2-2	0.850	9-0-1	7-2-1	0-0-0	L1
2. Mercyhurst	21	10-6-1	0.618	10-6-1	0.618	6-2-1	4-4-0	0-0-0	W1
3. Robert Morris	23	11-7-1	0.605	13-7-1	0.643	8-4-0	5-3-1	0-0-0	L2
4. Syracuse	17	8-6-1	0.567	10-8-1	0.553	4-6-0	6-2-1	0-0-0	W7
5. Lindenwood	5	2-13-1	0.156	2-13-1	0.156	0-6-1	2-7-0	0-0-0	L6
6. RIT	2	1-14	0.067	1-14	0.067	0-8	1-6	0-0	L11

Records as of March 3, 2021



KIARA ZANON NAMED PATTY KAZMAIER AWARD FINALIST

JOSIE BOTHUN NAMED HCA GOALIE OF THE YEAR FINALIST



- Freshman forward Kiara Zanon became the first Nittany Lion to be chosen a Top-10 finalist for the 2021 Patty Kazmaier Award by USA Hockey Feb. 25. She also became the first Nittany Lion to be named CHA Player of the Year and the second CHA Rookie of the Year in team history March 3 after her historic 2020-21 regular season.
- Zanon leads CHA in points with 30 (10G, 20A), a mark that ranks third nationally and leads all rookies in the country. She posted a program-record six point game (1G, 5A) in Penn State's 7-1 win over RIT Feb. 10, 2021.
- A speedy skater with a game-breaking playmaking ability, Zanon has either scored or assisted on seven game-winning scores for Penn State this season and a team-best +24 rating.
- In a shortened 2020-21 season, Zanon is poised to break several Penn State records, including ppg and apg. Her nine multi-point games this season set a new program high despite playing just 20 games.
- Freshman goaltender Josie Bothun was nominated for the first-ever Hockey Commissioners Association women's hockey Goalie of the Year award thanks to her spectacular in goal for the Nittany Lions making timely saves in big moments.
- The 2020-21 CHA Goaltender of the Year, Bothun's 16 wins in 2020-21 is a Penn State single-season record. She initially broke the mark at 15 wins reached in just 18 starts.
- Bothun's 1.23 GAA and .951 save percentage are both on pace to shatter Penn State single-season records.
- She has 13 games with at least 20 saves this season, including three wins with at least 30 saves this season. In her only loss, she stopped a season high 42 shots Dec. 12 at Syracuse.
- Bothun has won three CHA goaltender of the month honors in November, January and February plus three weekly CHA awards (2 goaltender, 1 rookie).

RECORD SEVEN NITTANY LIONS NAMED ALL-CHA NOMINEES

- Penn State had seven student-athletes named to 2020-21 All-CHA teams, the most in a single season in program history.

ALL-CHA FIRST TEAM

- D Jessica Adolffson, G Josie Bothun, F Natalie Heising, F Kiara Zanon

ALL-CHA SECOND TEAM

- D Izzy Heminger

ALL-CHA ROOKIE TEAM

- G Josie Bothun, D Lyndie Lobdell, F Olivia Wallin, F Kiara Zanon

CHA INDIVIDUAL SPORTSMANSHIP AWARD

- F Natalie Heising

CHA COACH OF THE YEAR

- Jeff Kampersal





2020-21 PENN STATE WOMEN'S HOCKEY

UP ON HEISING

- Senior forward and captain Natalie Heising became the second Nittany Lion to score 50 career goals after her first-period score Nov. 30. (Laura Bowman, '17, 61 goals). She currently has 51 career goals.
- Heising surpassed Shannon Yoxheimer ('16) for third on the all-time PSU scoring list with her 81st point Nov. 30. She is three points shy of becoming the third Nittany Lion to reach 100 career points. (Laura Bowman and Amy Petersen)
- Heising tops the PSU record book with 19 power play goals. Her 10 PPG in 17-18 tied the NCAA lead and set a program single-season record. Her 11 game-winning scores total also tops the PSU all-time list.
- Heising was named the 2017-18 CHA Rookie of the Year, becoming the first Nittany Lion to win the award. In her freshman year, she set the all-time single-season PSU goals record (19).

D IT UP WITH THE CREW

- Junior defender and alternate captain Rene Gangarosa set the PSU all-time season mark for points by a defender with 18 (6G, 12A) in 2019-20. She led the 2019-20 Nittany Lions with five power-play scores. An great all-around player, she has four assists in her last 5 games and sports a +18 rating this season.
- Junior defender Izzy Heminger has now been named to back-to-back All-CHA Second teams. Her 41 career points ranks third among all program defenders.
- Sophomore defender Mallory Uihlein is one of three Nittany Lions the last three seasons to be named to the All-CHA Rookie Team. She tied the team high with nine assists and had 11 total points in 2019-20 and has added nine in 2020-21. She tied a single-game best with three assists Feb. 20 at RIT.
- Set to graduate after the 2020-21 season, junior defender Jessica Adolfsson shined in her 2020-21 season and was named All-CHA First Team after missing most of 2019-20 with an injury. Her great shot adds another threat on the power play with her six career PP goals.

ELECTRIC FRESHMAN SKATERS

- Forward Olivia Wallin's 11 goals are second most in the CHA. Armed with maybe the best pure shot on the team, her four game winners are also second most in the country.
- Defender Lyndie Lobdell tops all rookie conference defenders with 14 points on a goal and 13 helpers. She is yet another great defender in PSU's d-corps with a great ability to both defend PSU's zone while also leading the breakout and entry into the offensive end.
- Forward Maeve Connolly posted back-to-back multi-point games for the first time Feb. 19-20 at RIT. She had two assists in game one followed by a goal and a helper in game two. She has 10 points this season on 3G, 7A.
- Forward Jess Ciarrocchi is tough player to face. She a speedy and ferocious forechecker and is adept at drawing penalties who can also score with eight points (3G, 5A) this season.
- Forward Carrie Byrnes is a crafty playmaker with five points. She scored PSU's first goal of the season.
- Forward Alyssa Machado is a tenacious presence with great speed and strength to win puck battles all over the ice. She scored her first career goal Jan. 29 at Lindenwood and added a second score Feb. 26 at Mercyhurst.

EXPERIENCED AND IMPROVING FAST

- Sophomore Julie Gough could very well be Penn State's most improved player from a season ago. She netted her first career hat trick at RIT Feb. 19 and is tied for the team lead in goals with 11 after posting only three in her entire freshman season. Gough has been on a scoring tear since the turn to the 2021 calendar year with 17 points (10G, 7A).
- Junior Amy Dobson has three multi-point games this season and has caught fire entering the postseason with six points (2G, 4A) in her last four games.
- Sophomore Rachel Weiss has used her game-breaking speed to score four goals this season, including drawing and scoring on a penalty shot in her career-best two-goal, three-point game Jan. 29.
- Junior forward and alternate captain Anna Promersberger returned to the lineup Feb. 19-20 after missing time since Dec. with an injury. She has four assists this year.
- Sophomore forward Mikayla Lantto adds more team speed and depth. She has two points in eight games this season.

USCHO.COM WOMEN'S COLLEGE HOCKEY POLL (3/1/21)

TEAM	RECORD	LAST
1 Northeastern	18-1-1	2
2 Wisconsin	12-3-1	1
3 Ohio State	11-5-0	3
4 Minnesota	11-7-1	4
5 Minnesota Duluth	11-5-0	7
6 Colgate	13-6-1	5
7 Penn State	16-2-2	8
8 Boston College	14-5-0	6
9 Providence	11-6-1	10
10 Quinnipiac	10-5-0	9

Others: Clarkson 8, St. Lawrence, 7, Mercyhurst 2, Syracuse 1
Italics Indicates 2020-21 Opponent

USA TODAY/USA HOCKEY MAGAZINE WOMEN'S COLLEGE HOCKEY POLL (3/2/21)

TEAM	RECORD	LAST
1 Wisconsin	12-3-1	1
2 Northeastern	18-1-1	3
3 Ohio State	11-5-0	2
4 Minnesota	11-7-1	4
5 Minnesota Duluth	11-5-0	7
6 Colgate	13-6-1	5
7 Penn State	16-2-2	8
8 Boston College	14-5-0	6
9 Providence	11-6-1	10
10 Clarkson	8-8-1	9

Others: Quinnipiac 11, St. Lawrence 5, Mercyhurst 3
Italics Indicates 2020-21 Opponent



THE HEART OF HOCKEY VALLEY

- Pegula Ice Arena is a state-of-the-art college hockey facility built not only to house the Penn State varsity and club hockey programs, but to serve as a central hub to local hockey enthusiasts in central Pennsylvania.
- The 5,782-capacity arena rink, which also boasts the 1,000-seat "Roar Zone" student section, is among the best collegiate hockey facilities in the country. It has hosted multiple events outside of Penn State hockey contests, including NHL Preseason contests, most recently featuring the Buffalo Sabres and the Pittsburgh Penguins Sept. 16, 2019. A community ice rink has also enabled the facility to host youth hockey tournaments, figure skating programs, ice shows, and community open skates.
- The facility was brought to fruition by an initial \$88 million donation - the largest in University history - from Terry and Kim Pegula, who, through their gift, helped Penn State realize its goal of Division I hockey. At the ceremonial groundbreaking on April 20, 2012, the Pegulas added \$14 million to the project to lift the total donation to \$102 million. The first Penn State women's hockey contest in Pegula was played Oct. 19, 2013 vs. Union.

THE LAST TIME PENN STATE...

Scored 0 goals	2/28/20	vs. Mercyhurst (0-3)
Scored 1 goal	3/6/20	vs. Mercyhurst (1-4)
Scored 2 goals	2/27/21	at Mercyhurst (2-3 OT)
Scored 3 goals	1/8/21	at Robert Morris (3-2)
Scored 4 goals	2/6/21	vs. Robert Morris (4-2)
Scored 5 goals	2/26/21	at Mercyhurst (5-2)
Scored 6 goals	1/29/21	at Lindenwood (6-2)
Scored 7 goals	2/10/21	vs. RIT (7-1)
Scored 8 goals	10/7/16	at Union (8-1)
Scored 9 goals	Never	
Scored 10 goals	1/4/13	vs. Chatham (10-0)
Allowed 0 goals	12/20/21	at RIT (5-0)
Allowed 1 goal	2/10/21	vs. RIT (7-1)
Allowed 2 goals	2/26/21	at Mercyhurst (5-2)
Allowed 3 goals	2/27/21	at Mercyhurst (2-3 OT)
Allowed 4 goals	3/6/20	vs. Mercyhurst (1-4)
Allowed 5 goals	11/2/19	at RMU (0-5)
Allowed 6+ goals	10/4/19	at #1/1 Wisconsin (0-7)
Won in overtime	12/11/20	at Syracuse (4-3 OT)
Lost in overtime	2/27/21	at Mercyhurst (2-3 OT)
Tied	1/30/21	at Lindenwood (2-2, OT)
Played a ranked team	11/30/19	vs. #7/6 Clarkson (1-3)
Beat a ranked team	9/29/18	at #5 Colgate (4-2)
Attempted 10-19 shots	3/6/20	19 vs. Mercyhurst (1-4)
Attempted 20-29 shots	2/27/21	29, at Mercyhurst (2-3 OT)
Attempted 30-39 shots	2/20/21	37, at RIT (5-0)
Attempted 40-49 shots	2/10/21	44, vs. RIT (7-1)
Attempted 50-59 shots	2/19/21	52, at RIT (5-0)
Attempted 60-69 shots	11/3/12	64 vs. Sacred Heart (8-2)
Attempted 70+ shots	1/5/13	71 vs. Chatham (4-0)
Allowed 0-9 shots	10/11/19	9 vs. RPI (2-0)
Allowed 10-19 shots	2/20/21	12, at RIT (5-0)
Allowed 20-29 shots	2/26/21	23, at Mercyhurst (5-2)
Allowed 30-39 shots	2/27/21	30, at Mercyhurst (2-3 OT)
Allowed 40-49 shots	10/5/19	40 vs. Mercyhurst (1-4)
Allowed 50-59 shots	12/31/16	53 at Princeton (5-5 OT)
Allowed 60-69 shots	3/4/16	64 at Syracuse (2-3, 3OT)
Allowed 70+ shots	12/1/12	71 at #4 Mercyhurst (1-7)
Tallied 5-9 assists	2/26/21	9, at Mercyhurst (5-2)
Tallied 10-15 assists	2/20/21	10, at RIT (5-0)
Tallied 15+ assists	1/4/13	17 vs. Chatham (10-0)
Scored 10-19 points	2/20/21	15, at RIT (5-0)
Scored 20+ points	2/10/21	20, vs. RIT (7-1)
Scored 2 power-play goals	11/30/20	vs Lindenwood (4-1)
Scored 3 power-play goals	2/24/18	vs. Lindenwood (6-0)
Allowed 2 power-play goals	1/30/21	at Lindenwood (2-2, OT)
Allowed 3 power-play goals	10/26/19	vs. #10 Boston University (1-5)
Had 5 different goal scorers	2/20/21	5, at RIT (5-0)
Had 6 different goal scorers	10/20/12	at Sacred Heart (6-1)
Had 7 different goal scorers	1/4/13	vs. Chatham (10-0)
Had 8 different goal scorers	11/3/12	vs. Sacred Heart (8-2)
Did not commit a penalty	2/22/19	at RIT (0-3)

THE LAST TIME A PENN STATE PLAYER...

Scored 2 goals	2/10/21	Kiara Zanon at Mercyhurst (5-2)
Scored 3 goals	2/19/21	Julie Gough at RIT (5-0)
Had 3+ assists	2/19/21	3 assists, Kiara Zanon at RIT (7-1)
Had 4 points	10/7/16	Laura Bowman / Amy Petersen at Union (8-1)
Had 5+ points	2/10/21	6 points, Kiara Zanon vs. RIT (7-1)
Had 10+ shots	12/11/20	12, Kiara Zanon at Syracuse (4-3 OT)
Made 40-49 saves	12/12/20	42, Josie Bothun at Syracuse (12/12/20)
Made 50-59 saves	11/1/14	50, Hannah Ehresmann at Syracuse (2-2 OT)
Made 60+ saves	3/4/16	61, Celine Whitlinger vs. Syracuse (2-3 3OT)
Had a solo shutout	2/20/21	Josie Bothun at RIT (5-0)
Had a combined shutout	1/5/13	Celine Whitlinger/Brooke Meyer vs. Chatham (4-0)
Scored a short-handed goal	2/10/21	Natalie Heising vs. RIT (7-1)



2020-21 PENN STATE WOMEN'S HOCKEY

TEAM COMPARISON

	PSU	SU
Overall record	16-2-2	11-8-1
Conference record	16-2-2	8-6-1
Goals scored per game	3.50	3.20
Goals allowed per game	1.45	1.80
Shots per game	39.0	35.9
Assists	121	100
Penalties per game	3.5	4.4
Power-play pct.	13.8 (9/65)	17.9 (14/78)
Penalty-kill pct.	87.7 (57/65)	92.4 (73/79)
Saves	485	588
Shutouts	4	3

TOP SKATERS COMPARISON

	PENN STATE	SYRACUSE
Points	Zanon (30)	Moloughney (23)
Goals	2 Tied (11)	DiGirolamo (10)
Assists	Zanon (20)	2 Tied (14)
Shots	Zanon (97)	2 Tied (95)
+/-	2 Tied (+24)	DiGirolamo (+14)
Saves	Bothun (479)	Small (533)
Save Pct.	Bothun (.947)	Small (.942)
GAA	Bothun (1.36)	Small (1.88)
Record	Bothun (16-2-2)	Small (9-8-11)

HONORS & AWARDS

WHCA National Rookie of the Month

Kiara Zanon December

CHA Player of the Month

Julie Gough January
Natalie Heising November

CHA Goalie of the Month

Josie Bothun February
Josie Bothun January
Josie Bothun November

CHA Rookie of the Month

Kiara Zanon January
Kiara Zanon January
Kiara Zanon December

CHA Player of the Week

Amy Dobson Jan. 25
Jessica Adolfsson Jan. 12

CHA Goalie of the Week

Josie Bothun Feb. 1
Josie Bothun Dec. 7

CHA Rookie of the Week

Kiara Zanon March 3
Kiara Zanon Feb. 15
Kiara Zanon Feb. 1
Josie Bothun Jan. 25
Carrie Byrnes Jan. 12
Kiara Zanon Dec. 7

* For the full list of awards, see page 46 of the Penn State Women's Hockey Yearbook online at GoPSUSports.com/whky-yearbook

2020-21 RECORD BREAKDOWN

9-0-1	at home
7-2-1	on the road
0-0-0	neutral site
1-0-2	in overtime
13-1-0	when scoring first
3-1-2	when opponent scores first
10-0-0	when leading after the 1st period
1-1-2	when trailing after the 1st period
5-1-0	when tied after the 1st period
12-0-0	when leading after the 2nd period
1-1-1	when trailing after the 2nd period
3-1-1	when tied after the 2nd period
14-0-2	when out-shooting opponent
1-2-0	when out-shot by opponent
1-0-0	when taking same # of shots
8-0-1	when winning more faceoffs
8-2-1	when losing more faceoffs
0-0-0	when tied in faceoffs
8-1-1	when taking more penalties
7-1-1	when taking fewer penalties
1-0-0	when taking the same # of penalties
7-0-0	when scoring a power play goal
9-2-2	when not scoring a power play goal
4-1-2	when allowing a power play goal
12-1-0	when not allowing a power play goal
0-0-0	when scoring 0 goals
0-0-0	when scoring 1 goal
4-2-2	when scoring 2 goals
2-0-0	when scoring 3 goals
10-0-0	when scoring 4+ goals
4-0-0	when allowing 0 goals
5-0-0	when allowing 1 goal
4-0-2	when allowing 2 goals
1-1-0	when allowing 3 goals
0-1-0	when allowing 4+ goals
2-0-0	in November
2-1-1	in December
5-0-1	in January
7-1-0	in February
0-0-0	in March
1-0-0	on Monday
1-0-0	on Tuesday
1-0-0	on Wednesday
0-0-0	on Thursday
6-0-0	on Friday
5-2-1	on Saturday
2-0-1	on Sunday
7-2-2	during the day
6-0-0	at night
16-2-2	vs. CHA
0-0-0	vs. ECAC Hockey
0-0-0	vs. Hockey East
0-0-0	vs. WCHA
0-0-0	vs. ranked opponents
16-2-2	vs. unranked opponents
10-1-1	when ranked
6-1-1	when unranked
4-1-0	one-goal games

SCORING BREAKDOWN

SCORING BY CLASS

Class	G	A	Points
Freshmen	32	53	85
Sophomores	17	21	38
Juniors	14	34	48
Seniors	7	13	20
Totals	70	121	191

SCORING BY POSITION

Position	G	A	Points
Forwards	61	68	123
Defense	9	40	48
Goaltenders	0	0	0
Totals	70	108	171

SPECIAL TEAMS

Power Play	Goals	Att.	Pct.
Home	6	37	.162
Away	3	28	.107
Neutral	0	0	.000
Total	9	65	.138
Nonconference	0	0	.000
CHA Reg. Season	9	65	.138
CHA Tournament	0	0	.000

Penalty Kill	Kills	Att.	Pct.
Home	34	37	.919
Away	23	28	.821
Neutral	0	0	.000
Total	57	65	.877
Nonconference	0	0	.000
CHA Reg. Season	57	65	.877
CHA Tournament	0	0	.000



HEAD COACH JEFF KAMPERSAL



JEFF KAMPERSAL

HEAD COACH

Fourth Season
Princeton, '92

OVERALL RECORD

379-307-88 (25th Season)

PENN STATE RECORD

52-46-30 (4th Season)

YEAR-BY-YEAR

1996-97	13-16
1997-98	12-16-2
1998-99	15-14-1
1999-00	11-13-5
2000-01	13-13-3
2001-02	15-11-3
2002-03	20-9-2
2003-04	20-11
2004-05	16-10-5
2005-06	21-8-4
2006-07	16-12-3
2007-08	14-12-6
2008-09	18-11-2
2009-10	13-14-4
2010-11	16-14-1
2011-12	12-15-4
2012-13	11-16-2
2013-14	14-13-4
2014-15	15-14-2
2015-16	22-9-2
2016-17	20-10-3
2017-18	10-15-11
2018-19	13-14-9
2019-20	13-15-8
2020-21	16-2-2

TOTAL 379-307-88

One of the winningest and well-respected coaches in women's ice hockey history, Jeff Kampersal has taken the Penn State women's hockey program to new heights in his fourth season at the helm of the Penn State program in 2020-21. The 2020-21 CHA Coach of the Year has led a record-breaking team to its first CHA regular season championship and a 16-2-2 regular season record.

His coaching excellence at both the collegiate level and the international level with USA Hockey has brought a steadying veteran leadership to the up-and-coming Nittany Lions.

Kampersal currently ranks sixth in career victories among active Division I women's hockey coaches with 379, a total that also ranks seventh all-time.

Penn State's 2020-21 team secured its first No. 1 seed in the College Hockey America tournament and is on pace to break several team records both offensively and defensively. Seven of his players on the 2020-21 squad received All-CHA honors, a program record. Under Kampersal's direction, Kiara Zanon became the first Patty Kazmaier finalist in team history and Josie Bothun was chosen as the team's first national goalie of the year finalist.

Kampersal's team has showcased defensive excellence since his arrival, highlighted in the 2019-20 season by seven total shutout victories, a single-season program high. Penn State's increased competitiveness has resulted in marquee program victories of late, including a win over fifth-ranked Colgate, 4-2, in 2018-19, the highest-ranked win in program history.

The 2019-20 Nittany Lions added three more All-CHA award recipients for now 11 honorees over the past three seasons. That total is tied for the most conference honorees in any three-year stretch.

Kampersal's arrival impacted Penn State immediately on the ice in his first season in 2017-18, when Penn State allowed a CHA-best 1.92 goals per game, an improvement of more than a goal per game from the previous season.

In addition to his on-ice guidance, Kampersal has built and sustained a program culture of excellence both in the classroom and in the community. Since Kampersal's arrival in Hockey Valley, Penn State women's hockey recorded back-to-back perfect academic progress rates according to the latest NCAA APR reports, which measures eligibility, retention and graduation of the program's student-athletes. The Nittany Lions have also had 66 All-CHA Academic team honorees and 61 Academic All-Big Ten winners during his tenure.

The 2018-19 team captain Kelsey Crow was the recipient of Penn State's prestigious Eric A. Walker Award, an award given to a graduating Penn State senior who has best represented the university through extracurricular activities and community service.

Kampersal was named Penn State head coach on June 1, 2017. The head coach of the Princeton Tigers for 21 seasons, Kampersal garnered ECAC Hockey Coach of the Year honors three times and Ivy League Coach of the Year accolades twice.

He guided the Tigers to two Ivy League Championships (2005-06 & 2015-16) and two NCAA Tournament appearances (2005-06 & 2015-16).

Kampersal's student-athletes earned 68 All-Eastern College Athletic Conference (ECAC) Hockey honors, 54 All-Ivy League selections, five Patty Kazmaier Award nominees and two American Hockey Coaches Association (AHCA) All-America plaudits. During his final two seasons at Princeton, Kampersal guided the Tigers to a 42-19-5 cumulative record that included the 2016 Ivy League Championship and an NCAA Tournament at-large berth.

The 2016-17 campaign saw Princeton compile an overall record of 20-10-3, falling to eventual national champion Clarkson in the ECAC Tournament semifinals. During the season, the Tigers recorded seven wins over ranked teams, had a Patty Kazmaier top-10 finalist, the USCHO.com National Rookie of the Year, six All-Ivy League members and four All-ECAC members, including the Goalie and Rookie of the Year. Princeton was ranked No. 9 in the final 2016-17 USCHO.com poll.

In 2015-16, Kampersal directed Princeton to its winningest season in program history to date. The Tigers compiled a 22-9-2 record, won the Ivy League title, had an NCAA Tournament bid and Kampersal earned Ivy League and ECAC Hockey Coach of the Year honors.

Kampersal's experience as a coach with USA Hockey includes guiding the USA Women's Hockey Under-18 Team to silver medals at the 2013 and 2014 International Ice Hockey Federation (IIHF) World Women's U18 Championships. He also served on the coaching staff of the USA Women's Select Festival from 2004-06.

A 1992 Princeton graduate with a degree in psychology, Kampersal served as the men's hockey team's captain as a senior. An All-Ivy League and All-ECAC selection, Kampersal was awarded the 1941 Championship Trophy, given to the Princeton player who best represents the winning spirit of the 1941 championship team.

From Beverly, Massachusetts, Kampersal played high school hockey at St. John's Prep in Danvers, Massachusetts, and was inducted into the school's Hall of Fame in 2009.

A 10th-round selection of the National Hockey League's New York Islanders in the 1988 entry draft, Kampersal played for the ECHL's Richmond Renegades and the AHL's Capital District Islanders.

Kampersal and his wife, Eileen, have a daughter, Keira, and a son, Jack.



KAMPERSAL COACHING FILE

Head Coaching Experience

2017-Present Penn State
 1996-2017 Princeton

International Coaching Experience

2011-14 USA Hockey U18 Head Coach
 2004-06 USA Women's Select Festival Coach

Playing Experience

1992-93 Richmond Renegades
 1992-93 Capital District Islanders
 1988-92 Princeton
 1985-88 St. John's Prep (Mass.)

Division I Women's Hockey Coaching Rankings

Victories - Active 6th
 Victories - All-Time 7th

Coaching Honors

CHA Coach of the Year 2020-21
 ECAC Hockey Coach of the Year 4 Times
 2001-02, 2005-06, 2008-09, 2015-16
 Ivy League Coach of the Year 2 Times
 2014-15, 2015-16

Accolades Under Coach Kampersal

All-ECAC Hockey Honors 68
 All-Ivy League Selections 54
 All-CHA Hockey Honors 20
 Patty Kazmaier Nominees 6
 Ivy League Rookie of the Year 3
 Ivy League Player of the Year 2
 AHCA All-America Plaudits 2
 CHA Rookie of the Year 2
 CHA Player of the Year 1
 CHA Goaltender of the Year 1

Kampersal's Teams

2

NCAA Tournament
Appearances

Ivy League
Championships

2

4

ECAC Semifinal
Appearances

ECAC
Tournament
Appearances

17

1

CHA Regular Season
Championship

CHA Semifinal
Appearances

4

WINNINGEST NCAA DIVISION 1 WOMEN'S HOCKEY COACHES

#	NAME	WINS	GAMES	WINNING %	SCHOOL
1.	MARK JOHNSON	534	676	.825	Wisconsin
2.	MIKE SISTI	508	758	.709	Mercyhurst
3.	KATEY STONE	494	801	.650	Harvard
4.	PAUL FLANAGAN	417	780	.578	St. Lawrence/Syracuse
5.	BRAD FROST	413	531	.811	Minnesota
6.	Shannon Miller	383	577	.707	Minnesota-Duluth
7.	JEFF KAMPERSAL	379	774	.547	Princeton/ Penn State
8.	KATIE KING CROWLEY	335	504	.715	Boston College
9.	Heather Linstad	322	692	.524	Northeastern/UConn
10.	Bob Deraney	319	680	.523	Providence

ALL CAPS indicates active coaches.



SEASON RESULTS AND STATISTICS

Team Statistics	PSU	OPP	Date	Opponent	WL	Score	Att.
SHOTS			11/29/20	Lindenwood	W	3-0	128
Goals-Shots	70-779	29-515	11/30/20	Lindenwood	W	4-1	127
Goals Per Game	3.5	1.5	12/05/20	Syracuse	W	2-1	125
Shot Pct	.090	.056	12/06/20	Syracuse	T	2-2	126
Shots Per Game	39.0	25.8	12/11/20	at Syracuse	W	4-3	0
Assists	121	42	12/12/20	at Syracuse	L	2-4	0
Saves	486	708	1/08/21	at Robert Morris	W	3-2	0
POWER PLAYS			1/09/21	at Robert Morris	W	4-1	0
Goals-Opportunities	8-65	8-64	1/23/21	Mercyhurst	W	2-1	140
Conversion Pct	.123	.125	1/24/21	Mercyhurst	W	4-1	143
GOALIE BREAKDOWN			1/29/21	at Lindenwood	W	6-2	0
Total	70	29	1/30/21	at Lindenwood	T	2-2	0
Power Play	8	8	2/05/21	Robert Morris	W	2-1	162
Short Handed	2	0	2/06/21	Robert Morris	W	4-2	173
Empty Net	3	1	2/09/21	RIT	W	2-0	122
Unassisted	3	5	2/10/21	RIT	W	7-1	133
Overtime	1	1	2/19/21	at RIT	W	5-0	0
Hat Tricks	1	0	2/20/21	at RIT	W	5-0	0
PENALTIES			2/26/21	at Mercyhurst	W	5-2	98
Total	70	70	2/27/21	at Mercyhurst	L	2-3	97
Minutes	173	140					
Per Game	3.5	3.5					
Minutes Per Game	8.7	7.0					
Minor	64	70					
Major	3	0					
10 Min Misconduct	0	0					
Game Misconduct	3	0					
Gross Misconduct	0	0					
Match Misconduct	0	0					
FACEOFFS							
Won-Lost	542-570	570-542					
Percentage	.487	.513					
ATTENDANCE							
Total	1,379	195					
Dates-Avg Per Date	10/138	10/20					
Neutral Site #-Avg	0/	-					



2020-21 PENN STATE WOMEN'S HOCKEY

INDIVIDUAL STATISTICS

#	Player	GP	Shots					+/-	Penalties				Goals										BLK
			G	A	PTS	SH	SH%		PEN-MIN	MIN	MAJ	OTH	PP	SH	FG	GW	GT	OT	HT	PN	UA		
11	Zanon, Kiara	20	10	20	30	97	.103	+24	4-8	4	0	0	0	1	3	4	0	1	0	0	2	24	
20	Heising, Natalie	16	7	13	20	74	.095	+16	2-4	2	0	0	1	1	1	0	0	0	0	0	7		
14	Gough, Julie	20	11	8	19	57	.193	+17	7-14	7	0	0	2	0	2	2	0	0	1	0	12		
7	Wallin, Olivia	18	11	3	14	54	.204	+7	6-12	6	0	0	0	0	4	4	1	0	0	1	3		
18	Dobson, Amy	20	7	7	14	60	.117	+11	2-4	2	0	0	3	0	0	2	1	0	0	0	23		
24	Lobdell, Lyndie	20	1	13	14	65	.015	+24	11-22	11	0	0	0	0	0	0	0	0	0	0	21		
27	Heminger, Izzy	20	2	10	12	53	.038	+16	7-25	5	1	1	0	0	0	0	0	0	0	0	27		
15	Adolfsson, Jessica	20	4	7	11	49	.082	+12	4-19	2	1	1	2	0	0	1	0	0	0	0	32		
4	Connolly, Maeve	20	3	7	10	34	.088	+8	2-4	2	0	0	0	0	2	0	0	0	0	0	8		
26	Uihlein, Mallory	20	1	8	9	27	.037	+11	3-6	3	0	0	0	0	0	1	0	0	0	0	24		
29	Weiss, Rachel	14	4	4	8	29	.138	+12	4-19	2	1	1	0	0	0	1	0	0	0	0	9		
23	Ciarrocchi, Jess	20	3	5	8	29	.103	+12	4-8	4	0	0	0	0	0	0	0	0	0	0	8		
13	Gangarosa, Rene	20	1	6	7	77	.013	+18	4-8	4	0	0	0	0	0	0	0	0	0	0	36		
6	Byrnes, Carrie	20	2	3	5	32	.063	+4	2-4	2	0	0	0	0	1	1	0	0	0	0	4		
3	Machado, Alyssa	12	2	2	4	12	.167	+5	4-8	4	0	0	0	0	0	0	0	0	0	0	5		
21	Promersberger, Anna	9	0	4	4	23	.000	+2	1-2	1	0	0	0	0	0	0	0	0	0	0	8		
28	Lanttto, Mikayla	8	1	1	2	7	.143	+1	0-0	0	0	0	0	0	0	0	0	0	0	0	1		
30	Bothun, Josie	20	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0		
31	Spring, Annie	5	0	0	0	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0		
TM	Team	8	0	0	0	0	.000	0	3-6	3	0	0	0	0	0	0	0	0	0	0	0		
	Totals	20	70	121	191	779	.090	+200	70-173	64	3	3	8	2	13	16	2	1	1	0	3	252	
	Opponents	20	29	42	71	515	.056	-203	70-140	70	0	0	8	0	7	2	0	1	0	0	5	293	

#	Goalie	GP-GS	Goal Average			Saves		Record				Goals Allowed				
			MIN	GA	AVG	SV	SV%	W	L	T	SHO	PP	SH	EN	PEN	SOG
30	Bothun, Josie	20-20	1150:57	27	1.41	480	.947	16	2	2	3	7	0	0	0	0
31	Spring, Annie	5-0	20:00	1	3.00	6	.857	0	0	0	0	1	0	0	0	0
TM	Team	8-0	01:18	1	92.31	0	.000	0	0	0	0	0	0	1	0	0
	Totals	20-0	1172:15	30	1.48	486	.944	16	2	2	3	8	0	1	0	0
	Opponents	20-0	1153:47	70	3.64	708	.910	2	16	2	0	8	2	3	1	0



INDIVIDUAL GAME HIGHS

#3 Alyssa Machado

Points: 1, 4x last at Mercyhurst, 2/26/21
Goals: 1, 2x last at Mercyhurst, 2/26/21
Assists: 1, 2x last at RIT, 2/19/21

#4 Maeve Connolly

Points: 2, 2x last at RIT 2/20/21
Goals: 1, 3x last at RIT, 2/20/21
Assists: 2 at RIT 2/19/21

#6 Carrie Byrnes

Points: 2, at Robert Morris, 1/8/21
Goals: 1, 2x last vs. Syracuse, 12/6/20
Assists: 2, at Robert Morris, 1/8/21

#7 Olivia Wallin

Points: 2, at Syracuse, 12/12/20
Goals: 2, at Syracuse, 12/12/20
Assists 1, 3x last at Mercyhurst, 2/27/21

#11 Kiara Zanon

Points: 6, vs. RIT, 2/10/21
Goals: 2, at Mercyhurst, 2/26/21
Assists: 5, vs. RIT, 2/10/21

#13 Rene Gangarosa

Points: 2, 5x last at Mercyhurst, 2/26/21
Goals: 2, at Providence, 10/18/19
Assists: 2, 4x last at Mercyhurst, 2/26/21

#14 Julie Gough

Points: 3, 2x last at RIT, 2/19/21
Goals: 3, at RIT, 2/19/21
Assists: 2, at Lindenwood, 1/29/21

#15 Jessica Adolfsson

Points: 2, 2x last at Robert Morris, 1/9/21
Goals: 2, at Robert Morris, 1/9/21
Assists: 2, at RIT, 2/20/21

#18 Amy Dobson

Points: 2, 3x last at Mercyhurst, 2/26/21
Goals: 1, 9x last at Mercyhurst, 2/26/21
Assists: 1, 10x last at Mercyhurst 2/27/21

#20 Natalie Heising

Points - 4, vs. RIT, 2/10/21
Goals - 3, 2x last vs. RIT, 3/5/20
Assists - 2, 6x last vs. RIT, 2/10/21

#21 Anna Promersberger

Points: 1, 13x, last vs. Syracuse, 12/6/20
Goals: 1, 4x, last vs RIT, 3/5/20
Assists: 1, 11x, last at Mercyhurst, 2/26/21

#23 Jess Ciarrocchi

Points: 1, 4x last vs. Mercyhurst 1/24/21
Goals: 1, 3x last at RIT 2/20/21
Assists: 1, 5x last at Mercyhurst, 2/26/21

#24 Lyndie Lobdell

Points: 2, vs. Lindenwood, 11/30/20
Goals: 1, at Mercyhurst, 2/27/21
Assists: 2, vs. Lindenwood, 11/30/20

#26 Mallory Uihlein

Points: 3, 2x last at RIT, 2/20/21
Goals: 1, 3x last at Lindenwood, 1/29/21
Assists: 3, 2x last at RIT, 2/20/21

#27 Izzy Heminger

Points: 3, at RPI, 11/16/18
Goals: 2, vs. RPI, 10/12/19
Assists: 2, 3x last vs RMU. 2/6/21

#29 Rachel Weiss

Points: 3, at Lindenwood, 1/29/21
Goals: 2, 4x, at Lindenwood, 1/29/21
Assists: 1, 13x, last at Mercyhurst, 2/26/21

#30 Josie Bothun

Saves: 42, at Syracuse, 12/12/20
Shutouts: 4, last at RIT, 2/20/21

#30 Annie Spring

Saves: 6, vs. RIT, 2/10/21
Shutouts: ----

#32 Cam Leonard

Saves: 26, 2x last at Robert Morris, 11/1/19
Shutouts: ----

#35 Jenna Brenneman

Saves: 35, vs. Lindenwood, 1/19/18
Shutouts: 4, last vs. Lindenwood, 1/20/19

BROADCAST ROSTER



Alyssa Machado
Freshman • Forward
Mississauga, Ontario



Maeve Connolly
Freshman • Forward
West Roxbury, Mass..



Carrie Byrnes
Freshman • Forward
Eden Prairie, Minn.



Olivia Wallin
Freshman • Forward
Oakville, Ontario



Kiara Zanon
Freshman • Forward
Fairport, N.Y.



Rene Gangarosa
Junior • Defense
Rochester, N.Y.



Julie Gough
Sophomore • Forward
Newcastle, Ontario



Jessica Adolffson
Junior • Defense
Linkoping, Sweden



Amy Dobson
Junior • Defense
Hamilton, Ontario



Natalie Heising
Senior • Forward
Wayzata, Minn.



Anna Promersberger
Junior • Forward
Fargo, N.D.



Jess Ciarrocchi
Freshman • Defense
West Chester, Pa.



Lyndie Lobdell
Freshman • Defense
Aurora, Ill.



Malloy Uihlein
Sophomore • Defense
Edina, Minn.



Izzy Heminger
Junior • Defenseman
Dublin, Ohio



Mikayla Lantto
Sophomore • Forward
Palmer, Alaska



Rachel Weiss
Sophomore • Forward
Calgary, Alberta



Josie Bothun
Freshman • Goaltender
Wyoming, Minn.



Annie Spring
Freshman • Goaltender
Winnetka, Ill.



Cam Leonard
RS Junior • Goaltender
Cary, N.C.



Jenna Brenneman
Senior • Goaltender
Eagan, Minn.



Jeff Kampersal
Head Coach
Fourth Season



Allison Coomey
Associate Head Coach
Fourth Season



Melissa Samoskevich
Assistant Coach
First Season



Krista Patronick
Director of Operations
Second Season



Logan Fischer
Equipment Manager
Third Season



Emily Stoeckel
Athletic Trainer
Fifth Season