



## PENN STATE HIGH SCHOOL TEAM CAMP TENTATIVE SCHEDULE

### **Equipment:**

- Knee pads
- Volleyball or All court type shoes
- Personal water bottle
- No personal equipment will be shared during camp.

### **Friday, July 19, 2024**

12:00 p.m. – 1:00 p.m.	Check-In
1:15 p.m.	Meet outside dorm (dressed to play)/Walk to <b>Rec Hall</b> <u>or</u> <b>IM Bldg.</b>
1:30 p.m.	Camp Introduction/Demo
1:45 p.m.	Session 1
4:00 p.m.	Walk to Dorm
4:30 p.m.	<b>Dinner</b> (Dining Commons)
6:00 p.m.	Walk to Rec Hall, <b>All Campers</b>
6:30 p.m.	Session 2
9:00 p.m.	Walk to Dorm
10:30 p.m.	Lights Out

### **Saturday, July 20, 2024**

7:30 a.m.	<b>Breakfast</b> (Dining Commons)
8:30 a.m.	Walk to <b>Rec Hall</b> <u>or</u> <b>IM Bldg.</b>
9:00 a.m.	Session 3
11:30 a.m.	Walk To Dorm
12:00 p.m.	<b>Lunch</b> (Dining Commons)
1:30 p.m.	Walk to <b>Rec Hall</b> <u>or</u> <b>IM Bldg.</b>
2:00 p.m.	Session 4
4:00 p.m.	Walk to Dorm
4:30 p.m.	<b>Dinner</b> (Dining Commons)
6:00 p.m.	Walk to Rec Hall, <b>All Campers</b>
6:30 p.m.	Session 5
9:00 p.m.	Walk to Dorm
10:30 p.m.	Lights Out



# SPORT CAMPS

GoPSUsports.com/camps

## Sunday, July 21, 2024

7:30 a.m.	<b>Breakfast</b> (Dining Commons)
8:30 a.m.	Walk to Rec Hall, <b>All Campers</b>
9:00 a.m.	Session 6
11:45 a.m.	Camp Closing Remarks
12:00 p.m.	Walk to Dorm
12:15 p.m.	Check Out, Turn in Room Keys, Depart