



## BOYS ICE HOCKEY ELITE HIGH SCHOOL CAMP TENTATIVE SCHEDULE

### Equipment:

- Skates (not provided)
- Hockey Equipment (not provided)
- Hockey Sticks (bring several)
- Street Hockey Sticks (bring several)
- Supporters
- **Neck Guards recommended**
- **Helmet with face guard mandatory**
- **Mouth Guard mandatory**
- Sneakers, shorts, work-out clothing for off-ice activities
- Personal water bottle
- No personal equipment will be shared during camp

*\*\*\*Schedule subject to change. Final schedule will be provided at check-in.*

### Friday, July 12, 2024

9:15 a.m. - 10:00 a.m.	Check-In, <b>Pegula Ice Arena, Gate C</b>
10:00 a.m. - 10:15 a.m.	Introduction
10:15 a.m. - 12:30 p.m.	Morning Session
12:30 p.m. - 1:15 p.m.	<b>Lunch</b> (provided in fee)
1:15 p.m. - 3:30 p.m.	Afternoon Session
4:00 p.m.	Depart, <b>Pegula Ice Arena, Gate C</b>

### Saturday, July 13, 2024

8:00 a.m. - 8:15 a.m.	Check-In, <b>Pegula Ice Arena, Gate C</b>
8:15 a.m. - 8:45 a.m.	Warm-up
8:45 a.m. - 11:30 a.m.	Morning Session
11:30 a.m. - 12:30 p.m.	<b>Lunch</b> (provided in fee)
12:45 p.m. - 3:30 p.m.	Afternoon Session
4:00 p.m.	Depart, <b>Pegula Ice Arena, Gate C</b>

### Sunday, July 14, 2024

8:00 a.m. - 8:15 a.m.	Check-In, <b>Pegula Ice Arena, Gate C</b>
8:15 a.m. - 8:45 a.m.	Warm-up
8:45 a.m. - 11:30 a.m.	Morning Session
11:30 a.m. - 12:30 p.m.	<b>Lunch</b> (provided in fee)
12:45 p.m. - 3:30 p.m.	Afternoon Session
4:00 p.m.	Depart, <b>Pegula Ice Arena, Gate C</b>

*\*\*\* The sessions each day will include on-ice & off-ice sessions, stick handling and coaches talks.*