



## GIRLS LACROSSE PROSPECT DAY CAMP I TENTATIVE SCHEDULE

**Equipment:** Lacrosse Stick(s)  
**Goggles and mouth guards are mandatory**  
Cleated shoes for grass  
Shoes for artificial turf  
Goalkeepers should bring all necessary gear (pads & helmet)  
Rain gear recommended, depending on weather  
Personal water bottle  
No personal equipment will be shared during camp.

### **Monday, June 17, 2024**

10:15 a.m. – 11:00 a.m.	Check-In, <b>Panzer Stadium</b>
11:00 a.m.	Meet the Penn State Coaches
11:30 a.m. – 1:30 p.m.	Session 1 – Skills & Small Sided Drills
1:30 p.m. – 2:15 p.m.	<b>Lunch</b> (included in camp fee)
2:15 p.m. – 2:45 p.m.	Campus Tour
2:45 p.m. – 5:00 p.m.	Session 2 – Small Sided Drills & Games
5:00 p.m.	Camp Ends, Depart, <b>Panzer Stadium</b>