



FIELD HOCKEY TEAM CAMP TENTATIVE SCHEDULE

Equipment:

- Field Hockey Stick(s)
- Field Hockey Shoes (cross trainers or turf shoes)
- **Mouth guard required**
- **Skin guards required**
- Goalies should bring own equipment (goalie pads)
- Rain gear recommended, depending on weather
- Personal water bottle
- No personal equipment will be shared during camp

Thursday, July 25

12:00 p.m. - 1:00 p.m.	Final Registration
1:15	Camp meeting**- dressed ready to play (outside dorm)
1:30 p.m.	Instructional Session
4:30	Dinner
6:15	Instructional Session/Games
10:30	In Dorm/Lights out

Friday, July 26

7:30 a.m.	Breakfast
9:00	Instructional Session
11:30	Lunch
1:30 p.m.	Instructional Session
4:30	Dinner
6:15	Instructional Session/Games
10:30	In Dorm/Lights out

Saturday, July 27

7:30 a.m.	Breakfast
9:00	Games
11:15	Closing comments / All are welcome to attend!
11:30	Check out, Turn in room keys

Please arrange for a specific time and place to pick up your camper.

NOTE **Camp meeting is open to and optional for parent(s)/legal guardian(s). The camp meeting allows the opportunity to meet the camp director and camp staff members and have questions answered.