

# 2023-24 MERCYHURST HOCKEY

17 REGULAR SEASON CONFERENCE TITLES | 15 CONFERENCE CHAMPIONSHIP TITLES | 10 NCAA TOURNAMENT APPEARANCES

Mercyhurst Lakers

VS

Penn State Nittany Lions



Feb. 2

Pegula Ice Arena | University Park, Pa.  
6:00 p.m.

14-13-1 Overall  
10-4-0 CHA

16-11-1 Overall  
11-3-0 CHA



## 2023-24 MERCYHURST SCHEDULE

### September

23 vs Post  
24 vs Post  
29 at St. Lawrence  
30 at St. Lawrence

W, 5-0  
W, 2-0  
L, 5-1  
L, 6-5 OT

### October

6 vs St. Cloud State  
7 vs St. Cloud State  
13 at Colgate  
14 at Colgate  
20 vs Cornell  
21 vs Cornell

W, 2-0  
L, 1-0  
L, 7-0  
L, 5-1  
T, 3-3  
L, 3-1

27 vs Robert Morris\*  
28 vs Robert Morris\*

W, 9-2  
L, 3-2

### November

3 at RIT\*  
4 at RIT\*  
10 at Princeton  
11 at Princeton

W, 3-1  
L, 3-2 OT  
L, 4-3  
L, 5-1

17 vs Penn State\*

W, 4-0

18 vs Penn State\*

L, 3-1

### December

1 at Lindenwood\*  
2 at Lindenwood\*

W, 8-5  
W, 4-1

### January

5 at Yale  
6 at Yale  
12 vs Syracuse\*  
13 vs Syracuse\*  
19 at Robert Morris\*  
20 at Robert Morris\*  
26 vs RIT\*  
27 vs RIT\*

L, 2-0  
W, 2-0  
W, 2-1  
W, 6-2  
W, 6-1  
L, 2-1  
W, 4-1  
W, 5-2

### February

2 at Penn State\*  
3 at Penn State\*  
2 vs Lindenwood\*  
3 vs Lindenwood\*  
16 at Syracuse\*  
17 at Syracuse\*

6:00 PM  
2:00 PM  
3:00 PM  
12:00 PM  
6:00 PM  
3:00 PM

Home Games **BOLD**

\*College Hockey America Contests

## BY THE NUMBERS

Lakers	Stat Category	Nittany Lions
14-13-1 (10-4-0)	Record (Conf.)	16-11-1 (11-3-0)
Sara Boucher	Goals Leaders	Tessa Janecke
Sara Boucher	Assist Leaders	Tessa Janecke
Sara Boucher	Points Leaders	Tessa Janecke
3.0	Goals/Game	3.4
2.4	Goals Allowed/Game	2.2
32.6	Shots on Goal/Game	35.6
.295%	Powerplay Win %	.245%
.823%	Penalty Kill %	.783%
.924%	Save %	.914%
.514%	Faceoff Win %	.577%

## AT A GLANCE

### Preseason Poll and Recognition

The preseason poll has the Lakers finishing second in the CHA. The Lakers came in with 25 points and received one first place vote. The only team picked ahead of them was Penn State with 30 points and five first place votes. The CHA also announced the preseason awards like that includes multiple Lakers. Henlee Mahoney was picked as the Co-Rookie of the Year. Mahoney joins the Lakers after two years of junior hockey for the Stony Creek Sabres of the OWHL. The Niagara Falls, Ontario native took home MVP honors, and was a team captain at Saint Michael Catholic High School.

### Lakers vs Nittany Lions

The Lakers lead the all-time series 25-15-9 dating back to 2012. The Nittany Lions hold a 10-6-4 record at home in this series. The Nittany Lions have won five of the last seven over the Lakers including the CHA championship a season ago. In the first matchup between these two teams this season, the series was split. The Lakers shut out the Nittany Lions 4-0 in game one, and the Nittany Lions turned around and took game two 3-1.

### Last Time Out

This past weekend the Lakers swept RIT to improve to 14-13-1 overall and 10-4 in the CHA. In game one four different Lakers score in a 4-1 win. Sara Boucher, Sofia Nuutinen, Chantal Ste-Croix, and Thea Johansson all scored in the game. Four different players had two points in the win. Ena Nystrom stopped 21 shots in the win. In game two RIT went up 2-0 at the end of the first period. The Lakers went on to score five unanswered goals to grab a 5-2 win. Mary Kromer, Sara Boucher (2), and Olivia Cvar (2) were the goal scorers in the win. Vanessa Upson, Sydney Pedersen, and Thea Johansson each had two assists. Ena Nystrom stopped 22 shots, bringing her weekend total to 43.

### What's at Stake

The Nittany Lions are in first place in the CHA with an 11-3 record in the conference, and the Lakers are in second place in the CHA with a 10-4 record in the conference. The top two seeds in the CHA tournament will host a home playoff series, so the winner will boost themselves into first place and could host throughout the entire CHA tournament.

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# LAKER STAT LEADERS



## GOALS LEADERS

**#14 Sara Boucher - 15**  
2023-24: 28 GP, 15 G, 18 A, 33 PTS  
**#20 Thea Johansson - 13**  
2023-24: 28 GP, 13 G, 10 A, 23 PTS  
**#24 Vanessa Upson - 10**  
2023-24: 28 GP, 10 G, 15 A, 25 PTS



## ASSISTS LEADERS

**#14 Sara Boucher - 18**  
2023-24: 28 GP, 15 G, 18 A, 33 PTS  
**#25 Sydney Pedersen - 16**  
2023-24: 28 GP, 5 G, 16 A, 21 PTS  
**#24 Vanessa Upson - 15**  
2023-24: 28 GP, 10 G, 15 A, 25 PTS



## POINTS LEADERS

**#14 Sara Boucher - 33**  
2023-24: 28 GP, 15 G, 18 A, 33 PTS  
**#24 Vanessa Upson - 25**  
2023-24: 28 GP, 10 G, 15 A, 25 PTS  
**#22 Sofia Nuutinen - 24**  
2023-24: 26 GP, 9 G, 15 A, 24 PTS



## GOALTENDING LEADERS (GAA)

**#31 Ena Nystrom - 2.26**  
2023-24: 28 GP, 14-12-1, 2.26 GAA, .926 SV%  
**#1 Erika Lind - 5.23**  
2023-24: 2 GP, 0-1-0, 5.23 GAA, .884 SV%  
**#29 Clara Karunakar - 0.00**  
2023-24: 0 GP, 0-0-0, 0.00 GAA, .000 SV%



## GOALTENDING LEADERS (SV%)

**#31 Ena Nystrom - .926%**  
2023-24: 28 GP, 14-12-1, 2.26 GAA, .926 SV%  
**#1 Erika Lind - .884%**  
2023-24: 2 GP, 0-1-0, 5.23 GAA, .884 SV%  
**#29 Clara Karunakar - .000%**  
2023-24: 0 GP, 0-0-0, 0.00 GAA, .000 SV%

# 2023-24 NUMERICAL ROSTER

#	Name	Yr.	Pos.	Ht.	Shoots	Hometown/Prev. Team
1	Erika Lind	Fr.	G	6'0"	L	Edmonton, Alta./Northern Alberta Extreme
2	Sydney Wegner	Jr.	F	5'7"	R	Mount Dora, Fla./Willison Northampton
3	Megan McKay	So.	D	5'9"	L	Zionsville, Ind./Bishop Kearny Selects
4	Grace Nelles	Sr.	F	5'10"	L	St. Anns, Ont./Stoney Creek Jr. Sabres
5	Anna Barrington	Fr.	D	5'4"	L	St. Johns, N.L./Brampton Canadettes
6	Sami Gendron	So.	D	5'5"	R	Rockland, Ont./Nepean Wildcats (OWHL)
8	Sofia Ljung	Fr.	D	5'7"	L	Hudiksvall, Sweden/Sweden U18
9	Olivia Cvar	Gr.	F	5'8"	L	Stonewall, Man./St. Cloud State (WCHA)
10	Emmi Mourujärvi	Fr.	D	5'7"	L	Posio, Finland/TPS
11	Makayla Javier	So.	D	5'6"	R	West Chester, Pa./Philadelphia Jr. Flyers
12	Marielle Parks	Jr.	F	5'6"	L	Erie, Pa./Niagara Jr. Purple Eagles
14	Sara Boucher (C)	Sr.	F	5'7"	L	Burlington, Ont./Oakville Hornets
16	Henlee Mahoney	Fr.	F	5'7"	R	Niagara Falls, Ont./Stoney Creek Sabres
18	Mary Kromer (A)	Sr.	F	5'7"	L	Angola, N.Y./Stoney Creek Jr. Sabres
19	Jade Maisonneuve	So.	F	5'4"	R	St-Isidore, Ont./Nepean Wildcats (OWHL)
20	Thea Johansson	So.	F	5'7"	L	Ljungby, Sweden/Swedish National Team
21	Riley Johnson	So.	F	5'4"	R	Farmington, Mich./Honeybaked 19U
22	Sofia Nuutinen	Fr.	D	5'7"	L	Vaanta, Finland/Finland 18U
23	Sofia Skriver	Fr.	F	5'4"	L	Silkeborg, Denmark/Danish National Team
24	Vanessa Upson (A)	Jr.	F	5'5"	L	Stoney Creek, Ont./Hamilton Jr. Bulldogs
25	Sydney Pedersen	Jr.	D	5'8"	L	Milestone, Sask./Regina Rebels
26	Chantal Ste-Croix	Sr.	F	5'4"	L	Brampton, Ont./Stoney Creek Jr. Sabres
27	Mary Sweetapple	So.	D	5'8"	L	Centre Burlington, N.S./Ridley College
28	Kylee Mahoney	Jr.	F	5'7"	L	Niagara Falls, Ont./Oakville Jr. Hornets
29	Clara Karunakar	Fr.	G	5'5"	L	Scarborough, Ont./Durham West Lightning
31	Ena Nyström (A)	Fr.	G	5'10"	L	Stavenger, Norway/RPI (ECAC)

# ROSTER INFO

## PRONUNCIATIONS

4. Grace Nelles.....	NELL-iss
6. Sofia Ljung.....	LUNG
9. Olivia Cvar.....	suh-VAR
10. Emmi Mourujärvi.....	more-oo-ARE-vee
11. Makayla Javier.....	hav-E-air
14. Sara Boucher.....	boo-SHAY
19. Jade Maisonneuve.....	may-suh-NOOV
20. Thea Johansson.....	tea-UH YO-HAN-SUHN
22. Sofia Nuutinen.....	YUN-BE, Sweden
26. Chantal Ste-Croix.....	noo-fin-EN
31. Ena Nyström.....	shawn-TALL shay-QUA
	eh-NUH

## CLASS BREAKDOWN

Grad Students.....	2
Seniors.....	4
Juniors.....	6
Sophomores.....	6
Freshmen.....	8

## POSITION BREAKDOWN

Forwards.....	14
Defenseman.....	9
Goalenders.....	3

## COUNTRY BREAKDOWN

Canada.....	14
United States.....	6
Sweden.....	2
Finland.....	2
Denmark.....	1
Norway.....	1

## STATE/PROV. BREAKDOWN

Florida.....	1	Alberta.....	1
Indiana.....	1	Manitoba.....	1
Michigan.....	1	Newfoundland.....	1
New York.....	1	Nova Scotia.....	1
Pennsylvania.....	1	Ontario.....	9
		Quebec.....	1
		Saskatchewan.....	2

## COACHING STAFF

Head Coach.....	Mike Sisti (26th Season)
Assistant Coach.....	Tomasso Bucco (2nd Season)
Assistant Coach.....	Trey Flesch (2nd Season)
Director of Hockey Ops.....	
Equipment Manager.....	Mike Kwasnoki (6th Season)
Athletic Trainer.....	Kristian Hill (3rd Season)
Strength and Conditioning Coach.....	Tyler Travis (10th Season)

## MERCYHURST FACTS

Location.....	Erie, Pennsylvania
Enrollment.....	3,000
Founded.....	1926
President.....	Dr. Kathleen Getz
Assistant Vice President for Athletics.....	Brad Davis
Colors.....	Navy Blue, Forest Green, White
Conference.....	Atlantic Hockey Association
Home Facility.....	Mercyhurst Ice Center
Ice Size.....	200x65
Capacity.....	1,900
Website.....	hurstathletics.com
Twitter.....	@HurstMensHockey
Instagram.....	@mercyhursthockey
Home Live Video.....	FlaHockey.tv



# 2023-24 ALPHABETICAL ROSTER

#	Name	Yr.	Pos.	Ht.	Shoots	Hometown/Prev. Team
5	Anna Barrington	Fr.	D	5'4"	L	St. Johns, N.L./Brampton Canadettes
14	Sara Boucher (C)	Sr.	F	5'7"	L	Burlington, Ont./Oakville Hornets
9	Olivia Cvar	Gr.	F	5'8"	L	Stonewall, Man./St. Cloud State (WCHA)
6	Sami Gendron	So.	D	5'5"	R	Rockland, Ont./Nepean Wildcats (OWHL)
11	Makayla Javier	So.	D	5'6"	R	West Chester, Pa./Philadelphia Jr. Flyers
20	Thea Johansson	So.	F	5'7"	L	Ljungby, Sweden/Swedish National Team
21	Riley Johnson	So.	F	5'4"	R	Farmington, Mich./Honeybaked 19U
18	Mary Kromer (A)	Sr.	F	5'7"	L	Angola, N.Y./Stoney Creek Jr. Sabres
1	Erika Lind	Fr.	G	6'0"	L	Edmonton, Alta./Northern Alberta Extreme
8	Sofia Ljung	Fr.	D	5'7"	L	Hudiksvall, Sweden/Sweden U18
16	Henlee Mahoney	Fr.	F	5'7"	R	Niagara Falls, Ont./Stoney Creek Sabres
28	Kylee Mahoney	Jr.	F	5'7"	L	Niagara Falls, Ont./Oakville Jr. Hornets
19	Jade Maisonneuve	So.	F	5'4"	R	St-Isidore, Ont./Nepean Wildcats (OWHL)
3	Megan McKay	So.	D	5'9"	L	Zionsville, Ind./Bishop Kearny Selects
10	Emmi Mourujärvi	Fr.	D	5'7"	L	Posio, Finland/TPS
4	Grace Nelles	Sr.	F	5'10"	L	St. Anns, Ont./Stoney Creek Jr. Sabres
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27	Mary Sweetapple	So.	D	5'8"	L	Centre Burlington, N.S./Ridley College
24	Vanessa Upson (A)	Jr.	F	5'5"	L	Stoney Creek, Ont./Hamilton Jr. Bulldogs
2	Sydney Wegner	Jr.	F	5'7"	R	Mount Dora, Fla./Willison Northampton
29	Clara Karunakar	Fr.	G	5'5"	L	Scarborough, Ont./Durham West Lightning

# 2023-24 ROSTER



**#1 Erika Lind**  
23-24: 2 GP 0-1-0 | .884 SV | 5.23 GAA  
Career: 2 GP 0-1-0 | .884 SV | 5.23 GAA



**#2 Sydney Wegner**  
23-24: 6 GP 0-1-1  
Career: 37 GP 1-3-4



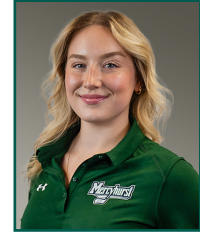
**#3 Megan McKay**  
23-24: 28 GP 2-18-16  
Career: 86 GP 5-23-28



**#4 Grace Nelles**  
23-24: 21 GP 0-1-1  
Career: 106 GP 13-12-25



**#5 Anna Barrington**  
23-24: 1 GP 0-0-0  
Career: 1 GP 0-0-0



**#6 Sami Gendron**  
23-24: 10 GP 0-2-2  
Career: 43 GP 0-6-6



**#8 Sofia Ljung**  
23-24: 28 GP 3-9-12  
Career: 28 GP 3-9-12



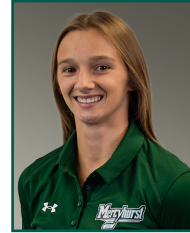
**#9 Olivia Cvar**  
23-24: 27 GP 7-11-18  
Career: 160 GP 32-30-62



**#10 Emmi Mourujärvi**  
23-24: 28 GP 0-1-1  
Career: 28 GP 0-1-1



**#11 Makayla Javier**  
23-24: 28 GP 1-2-3  
Career: 63 GP 5-12-17



**#12 Marielle Parks**  
23-24: 28 GP 6-3-9  
Career: 100 GP 20-14-34



**#14 Sara Boucher**  
23-24: 28 GP 15-18-33  
Career: 177 GP 65-63-128



**#16 Henlee Mahoney**  
23-24: 18 GP 1-1-2  
Career: 18 GP 1-1-2



**#18 Mary Kromer**  
23-24: 28 GP 1-2-3  
Career: 82 GP 2-11-13



**#19 Jade Maisonneuve**  
23-24: 17 GP 0-2-2  
Career: 36 GP 0-3-3



**#20 Thea Johansson**  
23-24: 28 GP 13-10-23  
Career: 66 GP 29-30-59



**#21 Riley Johnson**  
23-24: 18 GP 0-0-0  
Career: 33 GP 1-1-2



**#22 Sofia Nuutinen**  
23-24: 28 GP 9-16-24  
Career: 28 GP 9-16-24



**#23 Sofia Skriver**  
23-24: 24 GP 0-0-0  
Career: 24 GP 0-0-0



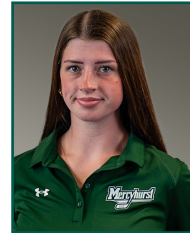
**#24 Vanessa Upson**  
23-24: 28 GP 10-16-25  
Career: 100 GP 45-47-92



**#25 Sydney Pedersen**  
23-24: 28 GP 8-16-21  
Career: 99 GP 18-45-63



**#26 Chantal Ste-Croix**  
23-24: 28 GP 5-8-11  
Career: 116 GP 30-23-53



**#27 Mary Sweetapple**  
23-24: 28 GP 0-3-3  
Career: 93 GP 3-14-17



**#28 Kylee Mahoney**  
23-24: 28 GP 5-8-11  
Career: 72 GP 12-18-30



**#29 Clara Karunakar**  
23-24: 0 GP 0-0-0 | .000 SV | 0.00 GAA  
Career: 0 GP 0-0-0 | .000 SV | 0.00 GAA



**#31 Ena Nyström**  
23-24: 28 GP 14-12-1 | .928 SV | 2.26 GAA  
Career: 84 GP 46-35-3 | .930 SV | 2.18 GAA

# 2023-24 ROSTER OVERVIEW

## A Large Freshman Class

The Lakers welcome in a new recruiting class that features eight freshmen. Erika Lind (Edmonton, Canada), Anna Barrington (St. Johns, Newfoundland), Sofia Ljung (Hudiksvall, Sweden), Emmi Mourujarvi (Posio, Finland), Henlee Mahoney (Niagara Falls, Ontario), Sofia Nuutinen (Vantaa, Finland), Sofia Skriver (Silkeborg, Denmark), and Clara Karunakar (Scarborough, Ontario). They also brought in Olivia Cvar, a transfer from St. Cloud State.

## International Success

The Lakers traveled to Huddinge, Sweden for a Foreign Tour. From July 25-29, the Lakers played the Swedish National team, the Swedish Olympic team, and the Swedish Developmental team. Although they lost all four games, the team played competitive hockey. This trip allowed the Lakers to play some top-notch talent, as well as get some tune up games in before the season. It also allowed the girls to see a part of the world that not many have had the chance to see before.

## Returning to the Mercyhurst Ice Center

Coming back to the Lakers is the leader in points Sara Boucher. The Burlington, Ontario native finished the season with 17 goals and 21 assists for 38 points which led the team. Boucher earned All-CHA Second Team honors. Also, back for the Lakers is Thea Johansson. The Ljungby, Sweden native finished the season with 16 goals and 20 assists for 36 points which was second on the team. Johansson earned All-CHA Second Team honors, as well as All-CHA Rookie Team honors. Ena Nystrom will be back in the net for the Lakers this season. Nystrom started 29 games for the Lakers a season ago, saving 733 shots, for a save percentage of .924, and posting 15 wins. Nystrom earned All-CHA First Team honors.

## A Look at the Coaching Staff

Head Coach Michael Sisti will begin his 25th season with the program. With him on the bench are assistants Trey Flesch, Tommaso Bucci, and Emily Ach. Flesch and Bucci are both in their second years with the program, and Ach is entering her first season.

# 2023-24 CHA AWARDS

Player	Award	#
Sofia Nuutinen	Rookie of the Week	3x
Thea Johansson	Forward of the Month	1x
Sofia Nuutinen	Rookie of the Month	2x
Sara Boucher	Forward of the Week	1x
Sydney Pedersen	Defender of the Week	3x
Olivia Cvar	Forward of the Week	1x
Ena Nystrom	Goaltender of the Week	3x
Makayla Javier	Defender of the Week	1x
Sydney Pedersen	Defender of the Month	2x
Vanessa Upson	Forward of the Week	1x
Megan McKay	Defender of the Week	1x
Sofia Ljung	Rookie of the Week	1x
Ena Nystrom	Goaltender of the Month	1x

## CHA STANDINGS

Team	Points	CHA GP	CHA W-L-T	OW-OL	SW	GF-GA	Overall GP	W-L-T	GF-GA
Penn State	22	14	11-3-0	0-1	0	59-22	28	16-11-1	94-61
Mercyhurst	20	14	10-4-0	0-1	0	57-27	28	14-13-1	83-66
Robert Morris	14	14	7-7-0	1-0	0	34-49	28	10-16-0	60-86
Lindenwood	11	14	6-8-1	1-0	0	42-57	26	10-15-1	74-84
RIT	10	14	5-8-0	2-1	0	37-45	27	11-14-2	66-69
Syracuse	7	14	3-10-1	0-1	0	30-49	28	6-20-2	60-118

## 2023-24 PRESEASON POLL

Team	Points (FPV)
Penn State	30
Mercyhurst	26
Robert Morris	23
Syracuse	15
Lindenwood	14
RIT	13

## ABOUT COLLEGE HOCKEY AMERICA

College Hockey America (CHA) formed in the fall of 2002 with four teams — Findlay (Ohio), Mercyhurst and Wayne State (Mich.) from the Great Lakes Women's Hockey Association and Niagara from the ECAC.

In the league's first year of competition, 2002-03, each member played two games against each of the other conference schools. Mercyhurst won the regular-season title with a 6-0 record. The Lakers continued on to win the first-ever CHA postseason tournament, held at the City Sports Center Arena in Detroit, with victories over Wayne State and Findlay.

The league has seen several changes in membership since 2002. Mercyhurst is the lone remaining original member. Findlay dropped women's ice hockey after the 2003-04 season and was replaced in the CHA by Quinnipiac, which played the previous season as a Division I independent. The Bobcats played one year in CHA before joining their men's team in the ECAC. Robert Morris replaced Quinnipiac prior to the 2005-06 season to keep membership at four. Syracuse was added as a fifth member for the 2008-09 season, and the league schedule increased to 16 games, four head-to-head games against each of the other members.

Commissioner Robert DeGregorio oversaw another period of transition, ushering in three new members, Lindenwood, Penn State and RIT, for the start of the 2012-13 season. Niagara dropped women's ice hockey during the same offseason, leaving the league with six members.

Robert Morris, winners of three CHA regular season crowns, saw its program eliminated by the university following the 2020-21 campaign, dropping league membership to five institutions for the 2021-22. RMU reinstated its program on Dec. 2021 and was readmitted to the CHA on March 3, 2022. The Colonials will return to competition in the CHA in 2023-24 to bring the active membership back to six teams.

## LAST TIME IT HAPPENED

Overtime Win.....2/5/22 vs RIT, 3-2  
 Overtime Loss.....11/4/23 vs RIT, 3-2  
 Lakers Score 10+.....1/5/23 vs Post, 13-0  
 Opponent Scores 10+.....1/25/02 vs Dartmouth, 11-1  
 Shutout.....11/17/23 vs Penn State, 4-0  
 Opponent Shutout.....1/5/24 vs Yale, 2-0  
 Lakers 50+ SOG.....9/24/23 vs Post, 52  
 Laker Hat Trick.....10/27/23, Sara Boucher vs Robert Morris  
 Laker 4+ Goals.....1/6/19, Emma Nuutinen (4) vs Colgate  
 Laker with 5+ Points.....1/5/23, Liliane Perreault (5) vs Post  
 Laker with 10+ SOG.....11/20/21, Sara Boucher (14) vs RIT  
 Laker with 40+ Saves.....1/6/24, Ena Nystrom (46) vs Yale  
 Laker with 50+ Saves.....3/9/05, Desi Clark (78) vs Harvard

## ATHLETIC COMMUNICATIONS

### Jacob Ennett

Athletic Communications Graduate Assistant  
 (906) 458-2159  
[jennet39@lakers.mercyhurst.edu](mailto:jennet39@lakers.mercyhurst.edu)

### Postgame Press Conferences

Coach Sisti and requested players will be available to the media after a ten-minute cooling off period.

### Weekly Press Conference

Coach Sisti will be available to the media each Tuesday at location TBD.

### Interview Requests

To request an interview with Coach Sisti or players throughout the week, please contact Jacob Ennett to arrange a mutually agreed upon time for the interview.



# 25 SEASONS WITH COACH SISTI



Mike Sisti starts his 25th year, during the 2023-24 season, as head coach of the women's hockey program, the only head coach the program has ever known.

Sisti claimed a record of 21-14-2 in the 2022-23 season. He claimed his 550th win in the CHA Semifinal game against Syracuse.

On December 11th, 2020 Sisti became the second Division I Women's Hockey Head Coach to reach 500 career wins and just the third women's hockey coach to reach this mark. The Lakers defeated the RIT Tigers 5-1 with Liliane Perreault scoring twice while Sarah Nelles, Megan Korzack, and Emily Pinto scored once.

Sisti has turned a small-college women's hockey program into one of Division I's premier powers. The Lakers have won 550 games, have captured 17 regular season conference titles, 15 conference championship titles, and made 10 consecutive trips to the national tournament - an NCAA record - before the streak was halted in the 2014 season. Sisti has 369 wins compared to just 58 losses in conference play during his tenure as the Lakers' head coach. Among other notables, Sisti recruited and coached Meghan Agosta, who became a four-time All-American while at Mercyhurst, the leading scorer in Division I women's hockey history, a three-time Olympic gold medalist for Team Canada, and hockey MVP of the 2010 Vancouver Olympic Games. Forward Vicki Bendus garnered the team's first Patty Kazmaier Award in 2010 while Agosta was a four-time finalist for the sport's highest honor.

After three years as an assistant men's coach at Canisius College in Buffalo, Sisti came to Mercyhurst in 1993 and spent his first six years as men's varsity assistant coach and then associate head coach. He was named head coach of the new women's program in March of 1999.

His efforts with the women's program have earned him numerous honors. Sisti was named Division I Coach of the Year in 2005 and USCHO.com Coach of the Year in 2007. He has been recognized as a finalist for Division I Coach of the Year on six occasions. Conference coaches have also named him coach of the year six times - five times in the CHA.

Off the ice, Sisti has developed his players into outstanding student-athletes. For 16 consecutive years, the team's cumulative grade point average has been above a 3.0. The Lakers have also been very active in the community. The team annually donates over 200 hours on various community service projects, and spends time at several local schools instructing students on life skills.

Prior to coaching, Sisti played four years of collegiate hockey at Canisius College. A four-year letterwinner, Sisti ranks among Canisius's best in several categories, including career points (163) and goals (74). He also shares the school record for most goals in a game with four and holds the single-season record for hat tricks with six. Sisti helped the Griffs to a 21-11-0 record with 13 goals and 19 assists as a freshman. He was named the team's top forward for his 33-goal, 57-point effort in 1988-89, and served as team captain for his senior season in 1989-90. A 1990 graduate of Canisius, Sisti was inducted into the Canisius Athletic Hall of Fame in 2002.

A native of Buffalo, N.Y., Sisti and wife, Nicole, reside in Erie.

## CAREER RECORD

1999-00	Mercyhurst	23-6-0	N/A	2012-13	Mercyhurst	29-7-1	17-3-0
2000-01	Mercyhurst	9-15-1	5-1-1	2013-14	Mercyhurst	24-9-4	15-3-2
2001-02	Mercyhurst	24-8-1	8-0-0	2014-15	Mercyhurst	23-9-3	14-5-1
2002-03	Mercyhurst	25-8-1	6-0-0	2015-16	Mercyhurst	19-11-5	14-3-3
2003-04	Mercyhurst	26-6-4	11-1-0	2016-17	Mercyhurst	15-18-2	11-8-1
2004-05	Mercyhurst	28-7-2	11-0-1	2017-18	Mercyhurst	18-15-4	13-4-3
2005-06	Mercyhurst	23-8-6	10-0-2	2018-19	Mercyhurst	15-14-5	12-6-2
2006-07	Mercyhurst	32-2-3	11-0-1	2019-20	Mercyhurst*	21-10-5	13-4-3
2007-08	Mercyhurst	26-8-3	11-2-1	2020-21	Mercyhurst	10-7-1	10-6-1
2008-09	Mercyhurst	31-6-0	16-0-0	2021-22	Mercyhurst	21-12-2	10-6-0
2009-10	Mercyhurst	30-3-3	14-1-1	2022-23	Mercyhurst	21-14-2	13-4-2
2010-11	Mercyhurst	29-6-0	16-0-0	2023-24	Mercyhurst	14-13-1	10-4-0
2011-12	Mercyhurst	23-8-3	8-1-3				



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