

2015 PENN STATE MEN'S TRACK AND FIELD OUTDOOR PERFORMANCE LIST

MEN'S 100-METERS

PSU: 10.1 - Mike Sands, 1975
Decathlon: 10.99 - Rob Cardina, 2014

10.61 w +3.0	Xavier Smith	May-8
10.62 w +3.0	Malik Moffett - UNA	May-8
10.72 w +3.0	Cody Minnig	May-8
11.20 -0.9	Brian Leap - UNA	April-12
11.52 -3.2	Bryce Williams	April-12

MEN'S 200-METERS

PSU: 20.23 - Michael Timpson, 1986

21.24 +0.0	Malik Moffett - UNA	April-12
21.46 +0.1	Xavier Smith	May-8
22.18 +0.0	Alex Shisler	April-12
22.66 +0.0	Sancho Barrett	April-12
23.50 +0.0	Riley Gaibler	April-12

MEN'S 400-METERS

PSU: 45.20 - Mike Sands, 1975
Decathlon: 47.65 - Brian Kelley, 1991

47.38	Alex Shisler	May-8
48.33	Robert Rhodes	April-12
49.27	Riley Gaibler	April-12
50.78	Brad Rivera	April-12

MEN'S 800 METERS

PSU: 1:45.28 - Casimir Loxsom, 2011

1:45.58	Brannon Kidder	May-2
1:48.54	Robby Creese	April-3
1:49.04	Robert Rhodes	April-3
1:52.77	Ryan Brennan	May-16
1:53.50	Brad Rivera	May-8
1:53.72	Bobby Hill	April-18
1:53.98	Mason Post - UNA	May-8
1:53.99	Will Cather - UNA	May-1
1:54.21	Tommy Louro - UNA	May-8

MEN'S 1500-METERS

PSU: 3:38.82 - Brannon Kidder, 2014
Decathlon: 4:21.05 - Tom Kleban, 1989

3:39.02	Robby Creese	May-2
3:44.57	Brannon Kidder	April-11
3:48.56	Matt Fischer	April-3
3:49.30	Bobby Hill	May-2
3:54.20	Jordan Makins	April-11
3:54.37	Wade Endress - UNA	April-11
3:55.15	Cody Amengual	April-11
4:00.65	Conner Quinn	May-1
4:01.96	Austin Pondel	May-1
4:02.99	Tommy Louro - UNA	April-11
4:08.32	Will Cather - UNA	April-11

MEN'S MILE RUN

PSU: 3:58.4 - Larry Mangan, 1980

MEN'S 3,000-METERS

PSU: 7:54.0 - George Malley, 1977

MEN'S 5,000-METERS

PSU: 13:34.0 - Greg Fredericks, 1972

14:02.09	Glen Burkhardt	April-23
14:02.60	Matt Fischer	April-23
14:35.07	Ean DiSilvio	April-11
14:45.65	Conner Quinn - UNA	April-11
14:47.85	Austin Pondel	April-11
15:52.63	Jack Miller	April-11

MEN'S 10,000-METERS

PSU: 28:08.0 - Greg Fredericks, 1972

29:31.42	Glen Burkhardt	May-15
29:51.69	Matt Fischer	May-15

MEN'S 110-METER HURDLES

PSU: 13.56 - Guy Rose, 2001
Decathlon: 14.45 - Rick Kleban, 1987

13.69	Sancho Barrett	June-28
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MEN'S 400-METER HURDLES

PSU: 48.69 - Mike Shine, 1976

MEN'S 3000-METER STEEPLECHASE

PSU: 8:22.5 - George Malley, 1977

9:06.14	Cody Amengual	May-1
9:07.10	Ean DiSilvio	May-2

MEN'S 4x100-METER RELAY

PSU: 39.63 - Davis, Hackman, Shine, Sands, 1975

41.37	Barrett, Smith, Minnig, Shisler	May-8
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MEN'S 4x200-METER RELAY

PSU: 1:23.85 - Langan, Lolagne, Campisi, Terrell, 2005

1:26.50	Smith, Barrett, Minnig, Shisler	April-4
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MEN'S 4x400-METER RELAY

PSU: 3:01.52 - Nadolsky, Br. Bennett-Green, Loxsom, Gehret, 2012

3:11.19	Smith, Rhodes, Kidder, Shisler	May-17
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3:12.32	Smith, Rhodes, Gaibler, Shisler	April-18
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MEN'S 4x800-METER RELAY

PSU: 7:11.17 - Watson, Shisler, Mills, Moore, 1985

7:22.22	Brennan, Kidder, Rhodes, Creese	April-4
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7:26.54	Makins, Creese, Rhodes, Kidder	April-25
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MEN'S SPRINT MEDLEY RELAY

PSU: 3:17.10 - Nadolsky, Gehret, Loxsom, Foster, 2011

3:21.29	Smith, Barrett, Shisler, Kidder	April-24
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MEN'S DISTANCE MEDLEY RELAY

PSU: 9:24.68 - Kidder, Bennett-Green, Loxsom, Creese, 2013

9:59.79	Hill, Gaibler, Rivera, Burkhardt	April-4
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MEN'S 4xMILE RELAY

PSU: 16:18.5 - Rapp, Snyder, Wyatt, Mangan, 1979

MEN'S HIGH JUMP

PSU: 7-3.25 (2.22) - Coney, 1985/Hendershot, 2013
Decathlon: 7-0.25 (2.14) - Rob Cardina, 2014

MEN'S POLE VAULT

PSU: 17-5.50 (5.32) - John Vellenoweth, 2009
Decathlon: 16-2.50 (4.94), Rick Kleban, 1985

15-11.25 (4.86)	Dylan Bilka - UNA	May-8
15-9 (4.80)	Patrick Anderson	April-12
15-3 (4.65)	Brandon Teribery	April-24

MEN'S LONG JUMP

PSU: 25-11 (7.90) - David Coney, 1985
Decathlon: 23-7.25 (7.19) - Dave Masgay, 1987

25-0 (7.62) +0.7	Malik Moffett - UNA	April-11
24-5 (7.44) +1.6	Brian Leap - UNA	May-8
23-9 (7.24) w + 2.1	Steve Waithe	May-16
23-7.25 (7.19) w +2.4	Bryce Williams	May-8
22-8 (6.91) +1.0	Cody Minnig	May-16

MEN'S TRIPLE JUMP

PSU: 54-6 (16.61) - Antonio Davis, 1993

52-8.25 (16.06) w +2.2	Steve Waithe	May-17
52-0.5 (15.86) +0.3	Brian Leap - UNA	May-8
50-2 (15.29) w +2.1	Bryce Williams	May-17

MEN'S SHOT PUT

PSU: 69-2 (21.08) - Joe Kovacs, 2012
Decathlon: 48-9.50 (14.87) - Barry Walsh, 1989

68-5.25 (20.86)	Darrell Hill	May-8
57-1.5 (17.41)	Jon Yohman	May-8
54-4.75 (16.58)	Will Pope	May-8
52-2.25 (15.60)	Morgan Shigo - UNA	May-8

MEN'S DISCUS

PSU: 207-5 (63.22) - Brian Milne, 1992
Decathlon: 155-3 (47.32) - James Cook, 1997

171-5 (52.25)	Jon Yohman	April-11
164-8 (50.20)	Darrell Hill	April-18
149-1 (45.44)	Morgan Shigo - UNA	May-1

MEN'S HAMMER

PSU: 218-6 (66.60) - Al Jackson, 1976

198-5 (60.48)	Kory Decesaris	May-15
185-5 (56.52)	Justin Berg	May-15
176-6 (53.79)	Morgan Shigo - UNA	May-1

MEN'S JAVELIN

PSU: 249-5 (76.02) - Michael Shuey, 2014
Decathlon: 206-2 (62.83) - Shawn Colligan, 2008

242-8 (73.98)	Michael Shuey	April-18
229-2 (69.84)	Ryan Kerr	May-17
203-1 (61.91)	Cole Proffitt	May-8
185-3 (56.47)	Robert Cardina	April-3
176-0 (53.65)	Tyler Hope	April-18

MEN'S DECATHLON

PSU: 7,685 - Rick Kleban, 1985
Day One: 4,087 - Rob Cardina, 2014
Day Two: 3,774 - James Cook, 1997

Key -
BOLD - School Record;
ITALICS - Non- Standard NCAA Event
M - Mark from Multi-Event Competition;
w - Wind Aided (+2.0)
UNA - Unattached;
i - Contested Indoors (Weather)

2015 PENN STATE WOMEN'S TRACK AND FIELD OUTDOOR PERFORMANCE LIST

WOMEN'S 100-METERS

PSU: 11.21 - **Connie Moore, 2003**

11.96 +1.0	Typhane Booker - UNA	May-8
11.99 +1.0	Queene Dale	May-8
12.21 w +2.6	Deja Davis	April-18
12.51 -2.4	Dannielle Gibson	April-12
12.59 +0.2	Ashley Rankine	April-18

WOMEN'S 200-METERS

PSU: 22.45 - **Connie Moore, 2004**

24.11 +0.0	Dynasty McGee	April-12
24.50 +0.0	Deja Davis	April-12
24.52 +0.0	Megan Osborne	April-12
24.49 -1.4	Typhane Booker - UNA	May-8
24.76 -1.4	Tichina Rhodes	May-8
25.91 w +2.3	Ashley Rankine	April-18
26.68 +1.9	Tal Ben-Artzi - M	May-15
28.49 +1.9	Natalie Shiffler - M	May-15

WOMEN'S 400-METERS

PSU: 50.84 - **Shana Cox, 2008**

53.54	Dynasty McGee	April-3
53.65	Tichina Rhodes	May-16
56.21	Megan Osborne	May-16

WOMEN'S 800-METERS

PSU: 2:03.09 - **Bekka Simko, 2012**

2:12.06	Julie Kocjancic	April-18
2:12.49	Victoria Crawford	May-8
2:12.70	Greta Lindsley	April-3
2:14.03	Cara Ulizio	April-18
2:16.52	Tal Ben-Artzi - M	May-16
2:38.68	Natalie Shiffler - M	May-16

WOMEN'S 1500-METERS

PSU: 4:15.20 - **Marta Klebe, 2014**

4:22.93	Tori Gerlach	April-11
4:23.24	Elizabeth Chikotas	April-11
4:29.90	Greta Lindsley	April-11
4:32.66	Julie Kocjancic	April-11
4:38.59	Lauren Mills	April-3
4:44.24	Cara Ulizio	May-1
4:45.43	Abbie Benson	May-8
4:49.86	Hannah Catalano - UNA	May-8
5:13.38	Victoria Scutti - UNA	April-11

WOMEN'S MILE RUN

PSU: 4:40.65 - **Bridget Franek, 2010**

WOMEN'S 3,000-METERS

PSU: 9:08.04 - **Kathy Mills, 1978**

WOMEN'S 5,000-METERS

PSU: 15:32.53 - **Kathy Mills, 1978**

15:58.79	Tori Gerlach	May-30
16:05.46	Elizabeth Chikotas	April-23
17:23.96	Lauren Mills	April-11
18:06.63	Megan Hellman - UNA	April-11

WOMEN'S 10,000-METERS

PSU: 32:57.33 - **Kara Millhouse, 2012**

WOMEN'S 100-METER HURDLES

PSU: 12.85 - **Aleesha Barber, 2010**

13.71 +1.7	Shelley Black	May-16
13.79 +0.8	Queene Dale	May-16
15.23 +0.8	Tal Ben-Artzi	May-15
15.62 +0.8	Natalie Shiffler - M	May-15

WOMEN'S 400-METER HURDLES

PSU: 55.57 - **Fawn Dorr, 2010**

57.72	Kiah Seymour - UNA	May-1
1:00.72	Shelley Black	April-3
1:02.93	Rachael DeCecco	May-1

WOMEN'S 3000-METER STEEPLECHASE

PSU: 9:32.35 - **Bridget Franek, 2010**

9:53.98	Tori Gerlach	May-29
10:33.41	Stephanie Aldrich	May-16
10:48.92	Abbie Benson	May-16

4x100-METER RELAY

PSU: 44.25 - **Fox, Aduba, Shoaff, Moore, 2003**

46.02	Osborne, Davis, Dale, McGee	April-4
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46.33	Gibson, Davis, Osborne, Dale	April-18
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46.56	Davis, Dale, Osborne, Black	May-8
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46.60	Gibson, Davis, Dale, McGee	April-12
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4x200-METER RELAY

PSU: 1:33.09 - **Jones, McGee, Howell, Seymour, 2014**

1:35.52	Osborne, Davis, Dale, McGee	April-25
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4x400-METER RELAY

PSU: 3:27.69 - **Blake, Barber, Hunter, Cox, 2008**

3:36.11	Davis, Rhodes, Black, McGee	May-30
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3:37.59	Osborne, McGee, Rhodes, Davis	April-25
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4x800-METER RELAY

PSU: 8:39.44 - **Lane, Simko, Fisher, Ryan, 2011**

8:53.41	Chikotas, Gerlach, Lindsley, Crawford	April-4
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8:55.25	Kocjancic, Crawford, Ulizio, Lindsley	April-25
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SPRINT MEDLEY RELAY

PSU: 3:47.90 - **Blake, Barber, Cox, Simmons, 2007**

DISTANCE MEDLEY RELAY

PSU: 11:08.41 - **Simko, Iheoma, Klebe, Millhouse, 2012**

11:49.17	Kocjancic, Black, Crawford, Lindsley	April-24
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4x1500-METER RELAY

PSU: 17:57.28 - **Noecker, Franek, Rosenfeld, Percival, 2007**

WOMEN'S HIGH JUMP

PSU: 6-0 (1.83) - **Shelley Mitchell, 1992**

5-11.25 (1.81)	Ahmenah Richardson	April-23
5-8 (1.73)	Megan McCloskey	May-1
5-7 (1.70)	Sarah Palmer	May-8
5-5.75 (1.67)	Tal Ben-Artzi - M	April-21
5-5.25 (1.66)	Natalie Shiffler	April-12

WOMEN'S POLE VAULT

PSU: 13-3.50 (4.05) - **Lexi Masterson, 2014**

13-1.75 (4.01)	Lexi Masterson	April-18
12-10.25 (3.92)	Hannah Mulhern	May-8
12-9.25 (3.90)	Kasey Kemp	April-24
12-2.50 (3.72)	Erin Knabe	April-12

WOMEN'S LONG JUMP

PSU: 21-6 (6.55) - **Chi-Chi Aduba, 2004**

20-2.25 (6.15) +1.3	Dannielle Gibson	May-16
17-8.25 (5.39) -0.1	Jada Jones	April-12
17-6 (5.33) +1.0	Tal Ben-Artzi - M	May-16
16-10.5 (5.14) +1.0	Natalie Shiffler	April-12

WOMEN'S TRIPLE JUMP

PSU: 44-6.75 (13.58) - **Chi-Chi Aduba, 2004**

42-9.75 (13.05) +1.6	Dannielle Gibson	April-3
38-2 (11.63) +0.0	Jada Jones	May-8

WOMEN'S SHOT PUT

PSU: 56-3.25 (17.15) - **Rachel Fatherly, 2015**

56-3.25 (17.15)	Rachel Fatherly	May-17
52-6 (16.00)	Obeng Marfo	May-17
49-0.25 (14.94)	Alyssa Robinson	May-8
35-2.5 (10.73)	Tal Ben-Artzi - M	May-15
31-2 (9.50)	Natalie Shiffler - M	April-21

WOMEN'S DISCUS

PSU: 185-1 (56.42) - **Deshaya Williams, 2003**

170-1 (51.86)	Obeng Marfo	May-16
154-4 (47.05)	Rachel Fatherly	May-8

WOMEN'S HAMMER

PSU: 219-1 (66.78) - **Jen Leatherman, 2006**

191-9 (58.44)	Rachel Fatherly	May-15
191-2 (58.27)	Annjolie Vester	May-15
180-10 (55.13)	Alyssa Robinson	May-8
170-0 (51.82)	Obeng Marfo	May-8

WOMEN'S JAVELIN

PSU: 178-6 (54.41) - **Laura Loht, 2014**

153-4 (46.75)	Anna Bailey	May-16
146-9 (44.72)	Kayla Zoschg	April-11
141-0 (42.99)	Natalie Shiffler	April-11
97-3 (29.65)	Tal Ben-Artzi - M	May-16

WOMEN'S HEPTATHLON

PSU: 5,797 - **Gayle Hunter, 2009**

4,937	Tal Ben-Artzi	May-16
4,300	Natalie Shiffler	April-22

Key -

BOLD - School Record

ITALICS - Non-Standard NCAA Event

M - Mark from Multi-Event Competition

w - Wind Aided (+2.0)

UNA - Unattached;

i - Contested Indoors (Weather)

PENN STATE MEN'S TRACK AND FIELD

ALL-TIME TOP 10 OUTDOOR PERFORMANCE LIST

100-Meter Dash

1	10.34 (10.1 MT)	Mike Sands	1975
2	10.44	Mike Shine	1976
3	10.46	Ryan Olkowski	2002
4	10.47	Michael Timpson	1987
5	10.49	Bob Brown	1961
6	10.50	Alex Langan	2006
7	10.54	Barney Ewell	1941
8	10.54	Brian Littlejohn	1984
9	10.55	Steve Hackman	1976
10	10.56	Paul Lankford	1980
	10.56	Greg Miller	2000

200-Meter Dash

1	20.23	Michael Timpson	1986
2	20.58	Alex Sands	1975
3	20.59	Ryan Olkowski	2002
4	20.62	Brady Gehret	2012
5	21.01	Ernie Terrell	2002
6	21.02	Barney Ewell	1942
	21.02	Art Pollard	1955
8	21.13	Brandon Bennett-Green	2012
9	21.14	Brian Littlejohn	1984
10	21.15	Greg Miller	2000

400-Meter Dash

1	45.20	Mike Sands	1975
2	45.22	Brady Gehret	2012
3	45.94	Brandon Bennett-Green	2012
4	46.12	Byron Robinson	2014
5	46.14	Paul Lankford	1980
6	46.62	Ernie Terrell	2002
7	46.74	Mike Cadau	2009
8	46.91	Ben Karcz	2002
9	46.95	Alex Shisler	2014
10	46.98	Mike Shine	1976

800-Meter Run

1	1:45.28	Casimir Loxsom	2011
2	1:45.58	Brannon Kidder	2015
3	1:45.96	Randy Moore	1985
4	1:46.62	Ray Levitre	1987
5	1:46.78	Ryan Foster	2009
6	1:46.81	Chris Mills	1987
7	1:46.82	Ken Wynn	1983
8	1:46.85	Samuel Borchers	2011
9	1:47.63	Mike Cook	1982
10	1:47.83	Mark Miller	2008

1500-Meter Run

1	3:38.82	Brannon Kidder	2014
2	3:38.99	Steve Balkey	1987
3	3:39.02	Robby Creese	2015
4	3:39.25	Larry Mangan	1980
5	3:39.57	Ryan Foster	2011
6	3:42.08	Doug Walter	1990
7	3:42.12	David McMillan	1988
8	3:42.2	George Malley	1977
	3:42.2	Mike Wyatt	1977
10	3:42.54	Owen Dawson	2012

5000 Meters

1	13:34.0	Greg Fredericks	1972
2	13:36.3	Robert Snyder	1978
3	13:42.1	Alan Scharu	1980
4	13:50.54	Steve Brown	1989
5	13:52.4	Paul Stemmer	1977
6	13:53.2	George Malley	1976
7	13:55.0	Jeff Adkins	1982
8	13:56.1	Charlie Maguire	1974
9	13:57.1	Gary Gittings	1973
10	13:57.33	Sam Masters	2013

10,000 Meters

1	28:08.0	Greg Fredericks	1972
2	28:29.4	Charlie Maguire	1974
3	28:38.3	Eric Carter	1987
4	28:42.80	Paul Stemmer	1976
5	28:55.33	Kyle Dawson	2012
6	29:11.71	John Ziegler	1979
7	29:15.73	Tyler McCandless	2010
8	29:25.58	Mark Wimmer	1994
9	29:27.6	George Malley	1975
10	29:30.6	Alan Scharu	1980

110 Hurdles

1	13.56	Guy Rose	2001
2	13.69	Sancho Barrett	2015
3	13.73	Paul Lankford	1980
4	13.80	Michael Timpson	1988
5	13.87	Mike Shine	1976
6	13.96	Ron Jules	2008
7	14.06	John Whelan	1997
8	14.08	Sam Harris	1988
9	14.09	Brian Derby	2002
	14.09	Barry Robinson	1985

400 Hurdles

1	48.69	Mike Shine	1976
2	49.55	Paul Lankford	1981
3	49.72	Brian Derby	2003
4	50.10	Jaret Campisi	2005
5	50.49	Bill Austin	1978
6	50.54	Michael Timpson	1988
7	50.61	Barry Robinson	1985
8	50.67	Kevin Cripasuk	1992
9	50.75	Byron Robinson	2014
10	50.76	Brian Kelly	1993

3000-Meter Steeplechase

1	8:22.54	George Malley	1977
2	8:37.7	Rick Garcia	1983
3	8:40.4	Bruce Baden	1977
4	8:42.85	Eric Carter	1988
5	8:47.03	Larry Mangan	1980
6	8:48.1	Paul Mackley	1985
7	8:49.45	Brian Laird	1989
8	8:50.9	Jim Allahand	1972
9	8:51.84	Chris Foster	2005
10	8:53.71	Andy Scott	1991

4x100-Meter Relay

1	39.63	Davis, Hackman, Shine, Sands	1975
2	39.88	Finkel, Singleton, Sands, Scott	1973
3	40.18	Shine, Hackman, Singleton, Sands	1974
4	40.40	Rose, Reeves, Miller, Olkowski,	2001
5	40.48	Finkel, Hackman, Singleton, Sands	1974

4x400-Meter Relay

1	3:01.52	Nadolsky, Br. Bennett-Green,	2012
		Loxsom, Gehret	
2	3:04.78	Nadolsky, Gilmore,	2012
		Gehret, Br. Bennett-Green	
3	3:06.21	Gilmore, Shisler,	2012
		Bennett-Green, Bennett-Green	
4	3:06.50	Br. Bennett-Green, Gehret	2012
		Loxsom, Mpanduki	
5	3:07.19	Nadolsky, Loxsom	2011

High Jump

1	7-3.25 (2.22)	David Coney	1985
		Jon Hendershot	2013
3	7-3 (2.21)	Paul Souza	1983
4	7-2.5 (2.20)	Ryan Fritz	2007
5	7-2.25 (2.19)	Sean Reilly	2013
6	7-1.75 (2.18)	David Kriz	1995
7	7-0.5 (2.15)	Ryan Olkowski	1999
8	7-0.25 (2.14)	Nick Plack	2000
		Rob Cardina	2014
10	7-0 (2.13)	Aaron Gawne	1993

Pole Vault

1	17-5.5 (5.32)	John Vellenoweth	2009
2	17-5 (5.31)	Mason Ternay	1991
3	17-0 (5.18)	Dave Bollinger	2004
4	16-10 (5.13)	Rick Kleban	1985
5	16-8.75 (5.10)	Dylan Bilka	2014
6	16-7.25 (5.06)	Ron Campbell	1985
		Bradford Lawrence	2009
8	16-6.75 (5.05)	Kevin Dare	2001
		Nick Fegley	2003
10	16-6 (5.03)	Ken Stoffer	1983

Long Jump

1	25-11 (7.90)	David Coney	1985
2	25-9 (7.86)	Rob Boulware	1986
		Steve Pina	1996
4	25-8.75 (7.84)	George Audu	1999
		John Gorham	1999
6	25-6 (7.77)	Antonio Davis	1993
7	25-2.75 (7.69)	Ryan Olkowski	2000
8	25-0.75 (7.64)	Chavous Nichols	2004
-	25-0 (7.62) w +3.7	Doug Moppert	2011
9	24-10.50 (7.58)	Al Bates	1928
10	24-9 (7.54)	Michael Timpson	1986

Triple Jump

1.	54-6 (16.61)	Antonio Davis	1993
2	54-3.75 (16.55)	Chavous Nichols	2004
~	53-4.25 (16.26)w	Steve Waithe	2015
3	53-1.50 (16.19)	Clarence Smith	2009
4.	52-11.50 (16.14)	Steve Waithe	2014
5	52-8.25 (16.06)	Ricardo Hall	1990
6	51-8.50 (15.76)	Hanif Johnson	2011
7	51-6.50 (15.71)	Brian Leap	2014
8	51-1 (15.57)	Warren Rockwell	1966
9	50-7 (15.42)	Steve Pina	1995
10	50-6 (15.39)	Jay Pagana	2007

Shot Put

1	69-2 (21.08)	Joe Kovacs	2012
2	68-5.25 (20.86)	Darrell Hill	2015
3	65-5 (19.94)	C.J. Hunter	1990
4	64-2.50 (19.57)	Blake Eaton	2010
5	64-0.25 (19.51)	Knut Hjeltnes	1975
6	61-11.75 (18.89)	Logan Caldwell	2012
7	61-3.25 (18.68)	Greg Reynier	1986
8	61-1.25 (18.62)	Phil Caraher	1990
9	59-7 (18.16)	Dane Miller	2004
10	57-10.50 (17.64)	Mike Valenti	1983

Discus

1	207-5 (63.22)	Brian Milne	1992
2	201-10 (61.52)	Knut Hjeltnes	1975
3	186-9 (56.90)	Gary Williky	1979
4	186-3 (56.78)	Blake Eaton	2011
5	184-0 (56.08)	Joe Kovacs	2011
6	183-6 (55.93)	Will Barr	2012
7	177-11 (54.23)	Dan Diaz	2003
8	176-10 (53.90)	Steve Meyers	2006
9	175-3 (53.41)	Adam Thielemann	2009
10	175-1 (53.36)	Sean Farrell	1980

Hammer

1	218-6 (66.60)	Alvin Jackson	1976
2	207-10 (63.35)	Will Barr	2013
3	203-0 (61.88)	Neal McNutt	1998
4	201-9 (61.50)	Joe Kovacs	2011
5	198-5 (60.49)	Tyler Hoffman	2008
6	198-5 (60.48)	Kory Decesaris	2015
7	197-0 (60.04)	Todd Shenk	1984
8	194-7 (59.30)	Cory Eck	2010
9	193-9 (59.07)	Jon Hart	2005
10	190-0 (57.92)	Aaron Ross	2005

Javelin

1	249-5 (76.02)	Michael Shuey	2014
2	239-9 (73.09)	Allen Pettner	2007
3	237-1 (72.26)	Troy Burkholder	1997
4	233-8 (71.22)	Carl Wolter	1996
5	233-4 (71.13)	Tanner Evak	2009
6	231-3 (70.48)	Brian Stumpf	2003
7	230-3 (70.19)	Matt Moyer	2004
8	229-2 (69.84)	Ryan Kerr	2015
9	227-8 (69.40)	Rob Austin	1995
10	225-7 (68.76)	Dave Matson	1999

Decathlon

1	7685	Rick Kleban	1985
2	7666	Rob Cardina	2014
3	7600	James Cook	1996
4	7588	Dave Masgay	1987
5	7472	Barry Walsh	1989
6	7424	J.T. Kuretick	2003
7	7415	Brian Kelley	1991
8	7361	Shawn Colligan	2008
9	7119	Anya Uzoh	2012
10	7097	Chris Morrissey	2008

Final as of June 28, 2015

PENN STATE WOMEN'S TRACK AND FIELD

ALL-TIME TOP 10 OUTDOOR PERFORMANCE LIST

100-Meter Dash

1	11.21	Connie Moore	2004
2	11.27	Shavon Greaves	2010
3	11.29	Mahogany Jones	2014
4	11.56	Kamilah Salaam	2004
~	11.60 w + 2.4	Kirsten Nieuwendam	2012
5	11.63 (11.57w)	Aleesha Barber	2008
6	11.68	Vivian Riddick	1983
7	11.70	Sara Shoaff	2006
8	11.72	Caitlin DeFusco	2010
9	11.78	Tiffany Glenn	1999
10	11.80	Jackie Brown	1991

200-Meter Dash

1	22.45	Connie Moore	2004
2	22.90 (22.68w)	Mahogany Jones	2014
3	23.07	Shavon Greaves	2010
4	23.15 (22.92w)	Shana Cox	2008
5	23.47	Kirsten Nieuwendam	2012
6	23.61	Kamilah Salaam	2004
7	23.66	Kiah Seymour	2014
8	23.70	Sara Shoaff	2005
9	23.81 (23.56w)	Gayle Hunter	2008
10	23.85	Debbie Lewis	1980

400-Meter Dash

1	50.84	Shana Cox	2008
2	52.15	Dominique Blake	2008
3	52.51	Fawn Dorr	2010
4	53.14	Dynasty McGee	2014
5	53.17	Ije Iheoma	2012
6	53.65	Tichina Rhodes	2015
7	53.74	Laila Brock	1998
	53.74	Janice Carter	1988
9	53.80	Tammie Hart	1981
10	54.15	Shavon Greaves	2010

800-Meter Run

1	2:03.09	Bekka Simko	2012
2	2:04.37	Tammie Hart	1985
3	2:04.72	Briene Simmons	2006
4	2:05.66	Janice Carter	1985
5	2:05.69	Erica Bosler	1998
6	2:06.68	Terry Pioli	1981
7	2:06.80	Maura Ryan	2011
8	2:07.26	Judi Cassel	1995
9	2:07.32	Marta Klebe	2013
10	2:08.09	Teressa DiPerna	1989

1500-Meter Run

1	4:15.20	Marta Klebe	2014
2	4:16.96	Doreen Startare	1993
3	4:17.40	Kim McGreevy	1997
4	4:17.54	Mary Rawe	1981
5	4:18.33	Bridget Franek	2010
6	4:19.83	Patty Murnane	1981
7	4:20.11	Bekka Simko	2012
8	4:20.40	Caitlin Lane	2010
9	4:21.10	Heather Carmichael	1980
10	4:21.31	Susanne Heyer	1999

5000 Meters

1	15:32.52	Kathy Mills	1978
2	15:46.08	Bridget Franek	2010
3	15:53.50	Paula Renzi	1985
4	15:58.79	Tori Gerlach	2015
5	16:05.46	Elizabeth Chikotas	2015
6	16:06.32	Kim Kelly	1993
7	16:08.74	Leigha Anderson	2014
8	16:09.38	Stacy Prey	1990
9	16:11.93	Brooklyne Ridder	2013
10	16:12.00	Kris Bankes	1978

10,000 Meters

1	32:57.33	Kara Millhouse	2012
2	33:52.32	Leigha Anderson	2014
3	34:00.00	Natalie Updegrove	1983
4	34:02.52	Kim Kelly	1993
5	34:02.80	Kris Kelly	1993
6	34:09.00	Kelli Hunt	1993
7	34:20.10	Donna Fidler	1999
8	34:24.07	Peggy Cleary	1980
9	34:31.75	Cheryl Spring	2010
10	34:39.89	Molly Landreth	2003

100 Hurdles

1	12.85	Aleesha Barber	2010
2	13.03	Evonne Britton	2014
3	13.35	Gayle Hunter	2009
4	13.36	Toyin Augustus	2001
5	13.45	Brittney Howell	2014
6	13.71	Shelley Black	2015
7	13.79	Queenie Dale	2015
8	13.83	Kamilah Salaam	2006
	13.83	Monique Walker	2006
10	14.13	Pam Connell	1991

400 Hurdles

1	55.57	Fawn Dorr	2010
2	55.88	Kiah Seymour	2014
3	57.00	Aleesha Barber	2007
4	57.32	Evonne Britton	2010
5	57.35	Megan Duncan	2011
6	57.88	Shelley Mitchell	1991
7	58.45	Tammie Hart	1982
8	58.60	Ernestine Marsh	1987
9	58.77	Kim Markel	2007
10	58.93	Doris Anyanwu	2012

3,000-Meter Steeplechase

1	9:32.35	Bridget Franek	2010
2	9:53.98	Tori Gerlach	2015
3	10:07.78	Molly Landreth	2003
4	10:07.86	Natalie Bower	2013
5	10:16.91	Tracey Brauksieck	2003
6	10:20.33	Lindsey Graybill	2012
7	10:20.76	Abbie Benson	2014
8	10:24.01	Claire Percival	2007
9	10:26.41	Nicole Lord	2010
10	10:28.82	Emily Giannotti	2012

4x100-Meter Relay

1	44.25	Fox, Shoaff, Moore Aduba	2003
2	44.38	Salaam, Aduba, Shoaff, Moore	2004
3	44.57	Greaves, DeFusco, Barber, Dorr	2010
4	44.64	Gibson, Jones, McGee, Seymour	2014
5	44.80	Cox, Walker, Salaam, Shoaff	2006

4x400-Meter Relay

1	3:27.69	Blake, Barber, Hunter, Cox	2008
2	3:30.34	Barber, Greaves, Hunter, Dorr	2009
3	3:30.35	Anyanwu, Greaves, Iheoma, Duncan	2011
4	3:30.74	Barber, Greaves, Anyanwu, Dorr	2010
5	3:31.17	McGee, Jones, Rhodes, Seymour	2014

High Jump

1	6-0 (1.83)	Shelley Mitchell	1992
2	5-11.25 (1.81)	Pam Connell	1991
	5-11.25 (1.81)	Ahmenah Richardson	2015
4	5-11 (NMC)	Antoinette O'Carroll	1987
5	5-10.75 (1.80)	Erika Morgan	2013
6	5-10.5 (1.79)	Karen Krawick	1980
	5-10.5 (1.79)	Jenny Williams	1987
	5-10.5 (1.79)	Leslie Lippincott	1991
	5-10.5 (1.79)	Holly Jones	1992
10	5-10 (1.78)	Deb Ford	1988
	5-10 (1.78)	India McCoy	2014
	5-10 (1.78)	Brittney Howell	2014

NMC - No Metric Conversion

Pole Vault

1	13-3.5 (4.05)	Lexi Masterson	2014
2	13-1.5 (4.00)	Sara Dougherty	2004
3	12-10.25 (3.92)	Hannah Mulhern	2015
4	12-9.5 (3.90)	Jocelyn Witmer	2010
	12-9.5 (3.90)	Erin Knabe	2014
	12-9.5 (3.90)	Kasey Kemp	2015
7	12-8.25 (3.87)	Caitlin Fairbairn	2010
8	12-6.25 (3.82)	Amanda Palenchar	2012
9	12-5.5 (3.80)	Kelly Nesbit	2005
10	12-2 (3.71)	Lindsey McDonnell	2002

Long Jump

1	21-6 (6.55)	Chi-Chi Aduba	2004
2	21-4.75 (6.52)	Gayle Hunter	2008
3	20-10.75 (6.37)	Carmen Mann	1989
	20-10.75 (6.37)	Shakeema Walker	1999
	20-10.75 (6.37)	Brittney Howell	2014
~	20-10.5 (6.36) w	Bianca Fung	2009
6	20-5.25 (6.25)	Bianca Fung	2009
7	20-4.5 (6.21)	Vivian Riddick	1982
8	20-4.25 (6.20)	Monique Gillman	1997
9	20-3 (6.17)	Lena Bettis	2007
10	20-2.25 (6.15)	Dannielle Gibson	2015

Triple Jump

1	44-6.75 (13.58)	Chi-Chi Aduba	2004
2	44-3 (13.48)	Shakeema Walker	1999
3	43-1 (13.13)	Carmen Mann	1990
4	42-9.75 (13.05)	Dannielle Gibson	2015
5	42-3.50 (12.89)	Tanaya Lloyd	2012
6	42-2.75 (12.87)	Marlene Ricketts	2014
7	41-7 (12.67)	Lena Bettis	2007
8	41-2.50 (12.56)	Gayle Hunter	2007
	41-2.50 (12.56)	Alicia Porro	1992
10	40-9 (12.42)	Hanna Humphreys	1984

Shot Put

1	56-3.25 (17.15)	Rachel Fatherly	2015
2	55-4.75 (16.88)	Ja'Nai O'Connor	2004
3	55-0 (16.76)	Elaine Sobansky	1984
4	53-8.25 (16.36)	Jennifer Leatherman	2006
5	52-6 (16.00)	Jane Swenson	2011
	52-6 (16.00)	Obeng Marfo	2015
7	51-6.5 (15.71)	Melissa Kurzdorfer	2014
8	51-6.25 (15.70)	Deshaya Williams	2003
9	51-1.5 (15.58)	Emma Schmelzer	2009
10	49-11.25 (15.22)	Alyssa Robinson	2014

Discus

1	185-1 (56.41)	Deshaya Williams	2001
2	173-4 (52.83)	Christen Clemson	2007
3	170-1 (51.86)	Obeng Marfo	2015
4	170-0 (51.82)	Jennifer Leatherman	2006
5	167-7 (51.08)	Elaine Sobansky	1984
6	167-4 (51.01)	Emma Schmelzer	2007
7	166-8 (50.82)	Melissa Kurzdorfer	2013
8	161-5 (49.21)	Rachel Fatherly	2014
9	157-6 (48.02)	Taylor McNally	2011
10	156-7 (47.72)	Lexi Benamati	2004

Hammer

1	219-1 (66.78)	Jennifer Leatherman	2006
2	207-10 (63.35)	Melissa Kurzdorfer	2012
3	197-3 (60.12)	Kate Johnston	2003
4	191-9 (58.44)	Rachel Fatherly	2015
5	191-2 (58.27)	Annie Vester	2015
6	190-10 (58.16)	Deshaya Williams	2003
7	186-11 (56.97)	Helen Higgins	2007
8	180-10 (55.13)	Alyssa Robinson	2015
9	178-3 (54.35)	Emma Schmelzer	2009
10	174-3 (53.11)	Robbin Shomper	2003

Javelin

1	178-6 (54.41)	Laura Loht	2014
2	178-4 (54.35)	Kim Hanslovan	2009
3	177-10 (54.02)	Lauren Kenney	2013
4	176-2 (53.70)	Karlee McQuillen	2008
5	169-3 (51.58)	Carrie Karabinos	1999
6	167-2 (50.96)	Heidi Nadeau	2007
7	167-1 (50.92)	Brianne Johnson	2001
8	159-4 (48.56)	Ashley Colley	2002
9	156-3 (47.62)	Kristen Eash	2004
10	155-9 (47.47)	Diana Bruch	2005

Heptathlon

1	5797	Gayle Hunter	2009
2	5706	Pam Connell	1991
3	5625	Brittney Howell	2014
4	5420	Carmen Mann	1990
5	5407	Shelley Mitchell	1992
6	5311	Carla Criste	1986
7	4937	Tal Ben-Artzi	2015
8	4919	Amber Strouse	2007
9	4917	Holly Jones	1992
10	4878	Felicia Cooksey	1999

Final as of June 28, 2015