



# ALASKA ANCHORAGE



## 2023-24 SEAWOLF HOCKEY

GoSeawolves.com

UAA MEDIA RELATIONS • ALASKA AIRLINES CENTER RM 124B • MAILING: 3211 PROVIDENCE DR • ANCHORAGE, ALASKA  
HOCKEY SID: Ian Marks • OFFICE: (907) 786-4625 • EMAIL: irmarks@alaska.edu

### SEAWOLF HOCKEY 2023-24 SCHEDULE 3-3-0

Sept. 29	VANCOUVER ISLAND (exh.)	W, 7-2
Oct. 7	UMASS LOWELL	W, 3-2 OT
Oct. 8	UMASS LOWELL	L, 2-1
Oct. 13	at Lake Superior State	L, 5-1
Oct. 14	at Lake Superior State	W, 3-2
Oct. 20	AIR FORCE	W, 3-1
Oct. 21	AIR FORCE	L, 4-3 OT
Oct. 26	at #14/15 Penn State	3 pm
Oct. 27	at #14/15 Penn State	3 pm
Nov. 3	at Alaska Fairbanks <sup>^</sup>	7:07 pm
Nov. 4	at Alaska Fairbanks <sup>^</sup>	7:07 pm
Nov. 10	ROBERT MORRIS	7:07 pm
Nov. 11	ROBERT MORRIS	4:07 pm
Nov. 17	at Arizona State	5 pm
Nov. 19	at Arizona State	11 am
Nov. 24	at Wisconsin	TBA
Nov. 25	at Wisconsin	TBA
Dec. 1	ALASKA FAIRBANKS <sup>^</sup>	7:07 pm
Dec. 2	ALASKA FAIRBANKS <sup>^</sup>	6:07 pm
Dec. 8	at Massachusetts	3 pm
Dec. 9	at Massachusetts	3 pm
Jan. 13	at Alaska Fairbanks <sup>^</sup>	7:07 pm
Jan. 19	at Providence	3 pm
Jan. 20	at Providence	3 pm
Feb. 3	ALASKA FAIRBANKS <sup>^</sup>	5:07 pm
Feb. 10	LONG ISLAND	6:07 pm
Feb. 11	LONG ISLAND	5:07 pm
Feb. 16	at Lindenwood	TBA
Feb. 17	at Lindenwood	TBA
Feb. 23	at Augustana	4:07 pm
Feb. 24	at Augustana	3:07 pm
Mar. 1	STONEHILL	7:07 pm
Mar. 2	STONEHILL	3:07 pm
Mar. 8	ARIZONA STATE	7:07 pm
Mar. 9	ARIZONA STATE	5:07 pm

Home games in all CAPS / All times Alaska  
<sup>^</sup> Alaska Airlines Governor's Cup



**Oct. 26-27 • 3 pm**  
Alaska Anchorage at  
No. 14/15 Penn State  
**Live Video** - GoSeawolves.com  
**Live Stats** - GoSeawolves.com



Alaska Anchorage will play at No. 14/15 Penn State in College Station, Penn., this Thursday and Friday.

#### Series

Alaska Anchorage is 0-3-2 all-time against Penn State. The Nittany Lions won both the games (6-3, 3-1) against the Seawolves played in State College in 2016.

#### Point Streak

Max Helgeson and Ben Almquist are each riding four-game point streaks. Helgeson, who leads the team in both goals (four) and points (seven), has scored three goals and three assists during his four-game point streak. Almquist, who ranks second on the team with six points, has scored two goals and three assists during his four-game point streak.

#### Multi-Point Game

Three Seawolves recorded multi-point games in last week's loss to Air Force. Max Helgeson scored one goal and two assists, and Ben Almquist finished with two goals. Porter Schachle notched his first two assists of the season in the loss.

#### First Points

Alaska Anchorage had five players record their first points of the season in last week's win over Air Force. Aiden Westin scored his first career goal at 6:37 of the first period. Carson Kosobud and Davis Goukler each assisted on the goal for their first points of the year. Riley Thompson and Connor Marritt each recorded their first points thanks to assists on Matt Allen's game-winning goal at 13:16 of the second period.

#### Goaltending

Jared Whale has started five of six games this season (3-2-0) and has posted a .925 save percentage and a 2.16 goals against average.

#### Score First

UAA has scored first in five of its six games this season.

#### Lead after two

Alaska Anchorage is 3-1-0 when leading after two periods and 0-2-0 when trailing or tied after two.

#### Conference Mixer

Alaska Anchorage is one of five independents in college hockey but will play schools from four of the six conferences and each of the other six independents. Alaska Anchorage will not face a member of the ECAC or the NCHC, but will play four games against Arizona State this season.

#### Last Time Out

Alaska Anchorage split last weekend's home series against Air Force. The Seawolves won the first game 3-1 before dropping the second 4-3 in overtime.

#### Looking Ahead

Alaska Anchorage will head north to battle in-state rival Alaska Fairbanks in the first two of six games of the Alaska Airlines Governor's Cup Nov. 3-4.

**SEAWOLF HOCKEY 2023-24 RECORD BREAKDOWN**

Overall Record	3-3-0	When UAA Scores First	3-2-0
		When Opponent Scores First	0-1-0
Home Record	2-2-0	When Leading After 1st Period	1-1-0
Road Record	1-1-0	When Trailing After 1st Period	0-1-0
Neutral Site Record	0-0-0	When Tied After 1st Period	2-1-0
		When Leading After 2nd Period	3-1-0
		When Trailing After 2nd Period	0-1-0
		When Tied After 2nd Period	0-1-0
Last 5 Games	2-3-0	When Scoring on the Power Play	2-2-0
Last 10 Games	3-3-0	When Scoreless on the PP	1-1-0
When Outshooting Opp.	1-0-0	When Opp. Scores on PP	1-2-0
When UAA Out-shot	2-2-0	When Opp. Scoreless on PP	2-1-0
Ties Opponents on Shots	0-0-0		
In One-Goal Games	2-2-0		
In Two-Goal Games	1-0-0		
In Three-Goal Games	0-0-0	October	3-3-0
In 4+ Goal Games	0-1-0	November	0-0-0
In Overtime Games	1-1-0	December	0-0-0
Tuesday Games	0-0-0	January	0-0-0
Thursday Games	0-0-0	February	0-0-0
Friday Games	1-1-0	March	0-0-0
Saturday Games	2-1-0		
Sunday Games	0-1-0		
40+ shots on goal	0-0-0	Allowing 40 or more shots	0-1-0
30-39 shots on goal	1-1-0	Allowing 30-39 shots	2-0-0
20-29 shots on goal	2-2-0	Allowing 20-29 shots	2-2-0
10-19 shots on goal	0-0-0	Allowing 10-19 shots	0-0-0

**THE LAST TIME ...** a Seawolf scored the following in a single game:

2 Goals	Ben Almquist vs. Air Force (10/21/23)
3 Goals	Max Helgeson vs. Lindenwood (3/11/23)
4 Goals	Brett Cameron vs. Bemidji State (12/6/14)
5 Goals	Cary Fisher vs. Gustavus Adolphus (2/4/88)
3 Points	Max Helgeson (1-2--3) vs. Air Force (10/21/23)
4 Points	Blake Tatchell (2-2--4) vs. American Interntaional (10/17/15)
	Jeremiah Luedtke (0-4--4) American Interntaional (10/17/15)
5 Points	David Vallieres (4-1--5) vs. Michigan Tech (11/4/95)
6+ Points	Doug Spooner (3-5--8) vs. Gustavus Adolphus (2/4/88)

**UAA goaltender made 50 saves:**

Jared Whale (52 saves) at UMass Lowell (12/30/22)

**UAA goaltender made 40 saves:**

Jared Whale (40 saves) at Maine (1/7/23)

**UAA goaltender received an assist:**

Joey Lamoreaux vs. Lindenwood (3/11/23)

**UAA attempted a penalty shot:**

Malcolm Hayes vs. Alaska Fairbanks (3/2/19)

**UAA made a penalty shot:**

Alex Jackstadt vs. Alaska Fairbanks (12/11/15) — 2nd in program

**An opposing player attempted a penalty shot:**

Joel Janatuinen (North Dakota), missed on Kris Carlson (11/23/18)

**An opposing player scored a penalty shot:**

William Rapuzzi, CC, scored on Chris Kamal (2/2/13)

**UAA scored an empty net goal:**

Davis Goukler at LIU (2/25/23)

**UAA scored a shorthanded goal:**

Trey deGraaf at Lake Superior State (1/24/20)

**UAA swept a two-game series at Seawolf Sports Complex:**

1/10-11/14 vs. Minnesota State (2-1, 3-1)

**UAA swept a two-game road series:**

12/30-31/22 at No. 13 UMass Lowell (4-2, 3-2)

**An opponent swept a two-game road series:**

1/6-7/23 at Maine (1-0, 4-3 OT)

**An opponent swept a two-game series at Seawolf Sports Complex:**

12/16-17/2019 vs. Alaska Fairbanks (4-0, 1-0)

**UAA shut out an opponent:**

2/25/23 at Long Island 4-0 (Joey Lamoreaux, 37 saves)

**UAA shut out an opponent on the road:**

2/25/23 at Long Island 4-0 (Joey Lamoreaux, 37 saves)

**UAA was shut out:**

3/3/23 vs Arizona State, 5-0

**UAA beat a ranked opponent:**

12/31/22 at No. 13 UMass Lowell, 3-2

**Polls**

**USCHO.com**

*Oct. 23*

- Minnesota
- Denver
- Boston College
- North Dakota
- Quinnipiac
- Michigan
- Michigan State
- Providence
- Boston University
- Western Michigan
- Cornell
- Minnesota Duluth
- Harvard
- Penn State
- Ohio State
- Arizona State
- Northeastern
- Wisconsin
- Massachusetts
- Merrimack

**USA Hockey/The Rink Live**

*October 23*

- Minnesota
- Denver
- Boston College
- North Dakota
- Quinnipiac
- Michigan
- Providence
- Michigan State
- Boston University
- Western Michigan
- Minnesota Duluth
- Cornell
- Arizona State
- Wisconsin
- Penn State
- Ohio State
- Harvard
- Northeastern
- Massachusetts
- Omaha

**ALPHABETICAL ROSTER**

No.	Name	Pos.
20	Matt Allen	F
11	Ben Almquist	F
21	Ben Anderson	F
77	Brett Bamber	D
37	Carter Belitski	F
9	Conor Cole	F
26	Dylan Finlay	D
8	William Gilson	D
74	Alex Gomez	F
4	Davis Goukler	D
23	Maximilion Helgeson	F
25	Caleb Huffman	D
28	Matt Johnson	F
13	Matt Kinash	F
7	Carson Kosobud	D
12	Mitch Lafay	F
6	Brandon Lajoie	F
32	Joey Lamoreaux	G
14	Connor Marritt	F
43	Karter McNarland	F
19	Rowan Miller	F
33	Greg Orosz	G
2	Max Osborne	D
79	Porter Schachle	F
29	Adam Tisdale	F
17	Gunnar VanDamme	D
22	Aiden Westin	F
30	Jared Whale	G
86	Jarred White	F

**SCORING BY CLASS**

	G	A	P	PPG	GW
Seniors	2	8	10	3	1
Juniors	6	2	8	5	2
Sophomores	0	6	6	1	0
Freshmen	3	3	6	3	0

**UAA ACTIVE CAREER LEADERS**

**GOALS**

Maximilion Helgeson.. 15  
 Matt Allen..... 10  
 Ben Almquist ..... 11  
 Connor Marritt ..... 8  
 Adam Tisdale..... 8

**ASSISTS**

Ben Almquist ..... 22  
 Connor Marritt ..... 17  
 Max Helgeson..... 14  
 Matt Allen..... 11

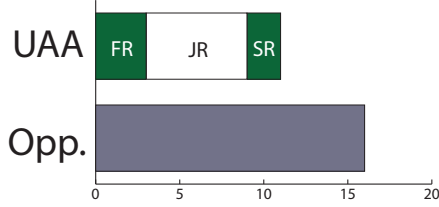
**POINTS**

Ben Almquist ..... 33  
 Max Helgeson..... 28  
 Connor Marritt ..... 25  
 Matt Allen..... 21

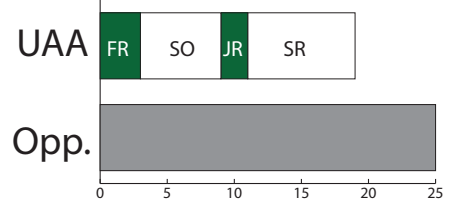
**GAMES PLAYED**

Adam Tisdale..... 106  
 Connor Marritt ..... 90  
 Ben Almquist ..... 76  
 Porter Schachle ..... 67  
 Matt Allen..... 41

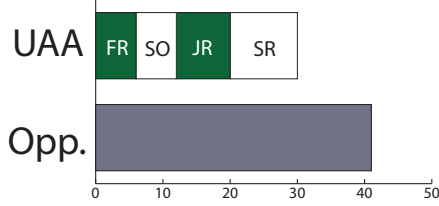
**GOALS**



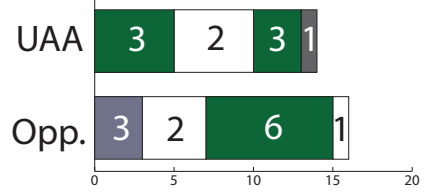
**ASSISTS**



**POINTS**



**GOALS BY PERIOD**



**Multi-Point Games in 2023-24**

- Porter Schachle, at LSSU (Oct. 14) ..... 2 G
- Ben Almquist, vs. AFA (Oct. 21) ..... 2 G
- Max Helgeson, vs. AFA (Oct. 21) ..... 1 G, 2A
- Porter Schachle, vs. AFA (Oct. 21) ..... 2 A

**Point Streaks**

- Max Helgeson, 3 GP (Mar. 4-Oct. 7) ..... 6 G
- Matt Allen, 2 GP (Oct. 7-8) ..... 1 G, 1 A
- Gunnar VanDamme, 2 GP (Oct. 7-8) ..... 2 A
- Max Helgeson, 4 GP (Oct. 13-Present) 3 G, 3 A
- Ben Almquist, 4 GP (Oct. 13-Present). 2 G, 3 A
- Brett Bamber, 3 GP (Oct. 13-20) ..... 3 A



**Matt Shasby**

Head Coach • Second Season

**Trevor Stewart**

Associate Head Coach • Second Season

**Aaron McPheters**

Assistant Coach • First Season

## 2023-24 ALASKA ANCHORAGE SEAWOLVES

### 2023-24 SCHEDULE AND RESULTS

Date	Opponent	UAA-OPP Time/Result	UAA/OPP Shots	UAA/OPP Power Play	Penalties	Goaltender	Attend.
Sept. 29	VANCOUVER ISLAND (exh.)	W, 7-2	64-11	0-5/1-3	4-8/6-15	Whale	750
Oct. 7	UMASS LOWELL	W, 3-2 OT	20-36	0-1/0-5	5-10/1-2	Whale (1-0-0)	750
Oct. 8	UMASS LOWELL	L, 2-1	22-28	1-4/0-3	4-8/5-10	Whale (1-1-0)	650
Oct. 13	at Lake Superior State	L, 5-1	35-41	1-3/1-5	6-12/4-8	Lamoreaux (0-1-0)	1,429
Oct. 14	at Lake Superior State	W, 3-2	39-28	1-3/0-4	5-10/4-8	Whale (2-1-0)	1,589
Oct. 20	AIR FORCE	W, 3-1	24-33	1-4/1-4	6-23/6-23	Whale (3-1-0)	874
Oct. 21	AIR FORCE	L, 4-3 OT	28-22	0-3/1-3	4-8/4-11	Whale (3-2-0)	715
Oct. 26	at Penn State	3 pm					
Oct. 27	at Penn State	3 pm					
Nov. 3	at Alaska Fairbanks^	7:07 pm					
Nov. 4	at Alaska Fairbanks^	7:07 pm					
Nov. 10	ROBERT MORRIS	7:07 pm					
Nov. 11	ROBERT MORRIS	4:07 pm					
Nov. 17	at Arizona State	7 pm					
Nov. 19	at Arisona State	1 pm					
Nov. 24	at Wisconsin	TBA					
Nov. 25	at Wisconsin	TBA					
Dec. 1	ALASKA FAIRBANKS^	7:07 pm					
Dec. 2	ALASKA FAIRBANKS^	6:07 pm					
Dec. 8	at Massachusetts	TBA					
Dec. 9	at Massachusetts	TBA					
Jan. 13	at Alaska Fairbanks^	7:07 pm					
Jan. 19	at Providence	3 pm					
Jan. 20	at Providence	3 pm					
Feb. 3	ALASKA FAIRBANKS^	5:07 pm					
Feb. 10	LONG ISLAND	6:07 pm					
Feb. 11	LONG ISLAND	5:07 pm					
Feb. 16	at Lindenwood	TBA					
Feb. 17	at Lindenwood	TBA					
Feb. 23	at Augustana	4:07 pm					
Feb. 24	at Augustana	3:07 pm					
Mar. 1	STONEHILL	7:07 pm					
Mar. 2	STONEHILL	3:07 pm					
Mar. 8	ARIZONA STATE	7:07 pm					
Mar. 9	ARIZONA STATE	5:07 pm					

Home games in all CAPS / All times Alaska / \* WCHA games / ^ Alaska Airlines Governor's Cup

### 2023-24 SEAWOLF HOCKEY ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr.	S/C	Hometown (Previous Team/League)
2	Max Osborne	D	L	5-10	175	Sr.	Anchorage Saint John's University
4	Davis Goukler	D	L	6-1	195	So.	Atlanta, Ga. Shreveport (NAHL)
6	Brandon Lajoie	F	L	5-11	180	So.	Eagle River St. Cloud (NAHL)
7	Carson Kosobud	D	L	6-0	186	Jr.	Moorhead, Minn. Arizona State University
8	William Gilson	D	R	6-0	170	So.	Old Greenwich, Conn. Aberdeen (NAHL)
9	Conor Cole	F	L	5-10	183	So.	St. John's, New Foundland Maryland (NAHL)
10	Riley Thompson	F	R	6-3	190	Fr.	Ottawa, Ontario Smith Falls (CCHA)
11	Ben Almquist	F	L	6-0	175	Sr.	Victoria, Minn. University of Minnesota Duluth
12	Mitch Lafay	F	L	6-6	215	Fr.	Stratford, Ontario Trenton (OJHL)
13	Matt Kinash	F	L	6-0	185	Sr.	Edmonton, Alberta UMass Lowell
14	Connor Marritt	F	L	6-1	174	Sr.	Kelowna, British Columbia Northern Michigan University
17	Gunnar VanDamme	D	L	6-0	190	Fr.	Pittsford, NY Maryland (NAHL)
19	Rowan Miller	F	R	5-11	160	So.	Phoenix, Ariz. Prince George (BCHL)
20	Matt Allen	F	R	5-10	168	Sr.	Minco, Okla. UMass Lowell
21	Ben Anderson	F	R	6-5	210	Fr.	Crystal, Minn. Wisconsin (NAHL)
22	Aiden Westin	F	R	6-1	185	Fr.	Anchorage, Alaska Anchorage (NAHL)
23	Maximillion Helgeson	F	R	6-1	185	Jr.	Anchorage Lindenwood University
25	Caleb Huffman	D	L	6-4	190	So.	Anchorage, Alaska Kenai Brown Bears (NAHL)
26	Dylan Finlay	D	L	6-1	178	So.	L'ile-Bizard, Quebec Powell River Kings
28	Matt Johnson	F	L	6-1	195	So.	Calgary, Alberta Anchorage (NAHL)
29	Adam Tisdale	F	L	5-9	171	Gr.	Cochrane, Alberta Sacred Heart University
30	Jared Whale	G	L	5-11	195	So.	Calgary, Alberta Olds (AJHL)
32	Joey Lamoreaux	G	L	6-1	183	Sr.	Shorewood, Wis. St. Cloud State University
33	Greg Orosz	G	L	6-3	190	Fr.	Gyor, Hungary Odessa (NAHL)
37	Carter Belitski	F	R	6-1	180	So.	Regina, Saskatchewan Drumheller (AJHL)
43	Karter McNarland	F	L	5-11	170	Fr.	Saskatoon, Saskatchewan Powell (BCHL)
74	Alex Gomez	F	L	6-4	185	So.	Parker, Colo. New Mexico (NAHL)
77	Brett Bamber	D	R	5-9	175	So.	St. Albert, Alberta Drayton Valley (AJHL)
79	Porter Schachle	F	L	6-4	205	Jr.	Wasilla, Alaska University of Vermont
86	Jarred White	F	L	5-10	195	Sr.	Edmonton, Alberta Western Michigan University