

Penn State Track and Field

2008 Women's Outdoor Performance List

100-Meter Dash

NCAA Regional: 11.75
Penn State: 11.21 - Connie Moore (2004)

Mark	Athlete	Meet	Place
11.57w Q	Aleesha Barber	.BT	2nd
11.63 Q	Barber	.BT	2nd Pre
11.69x	Shavon Greaves	.JOWens	3rd
11.80	Greaves	.ORE	1st
11.85	Shana Cox	.PO	1st
11.99	Caitlin DeFusco	.ORE	2nd
12.13	Dominique Blake	.PO	3rd
13.04	Candace Carson	.PO	5th

200-Meter Dash

NCAA Regional: 23.96
Penn State: 22.45 - Connie Moore (2004)

22.92 w	Shana Cox	.ER	1st
23.76 M	Gayle Hunter	.NCAA	1st
23.96 Q	Dominique Blake	.BT	4th
24.19	Shavon Greaves	.BT	7th Pre
24.71	Caitlin DeFusco	.ORE	3rd
27.16	Candace Carson	.Buck	12th

400-Meter Dash

NCAA Regional: 54.61
Penn State: 51.15 - Shana Cox (2006)

50.84 R	Shana Cox	.ER	1st
52.15	Dominique Blake	.ER	2nd
55.13	Gayle Hunter	.PO	1st
55.47	Aleesha Barber	.PO	2nd
55.90	Fawn Dorr	.Buck	1st
55.97	Briene Simmons	.PO	3rd
58.49	Megan Duncan	.Buck	5th

800-Meter Run

NCAA Regional: 2:09.80
Penn State: 2:04.37 - Tammy Hart (1985)

2:09.55 Q	Briene Simmons	.AzSt	6th Inv
2:11.25	Megan Hutchinson	.BT	12th Pre
2:12.55	Bridget Franek	.PO	2nd
2:12.94	Leah Rosenfeld	.JOWens	11th
2:13.18	Fiana York	.PO	3rd
2:14.86	Fawn Dorr	.ORE	8th
2:15.50	Kerry Swayne	.Buck	5th
2:16.24	Liz Kearins	.Buck	7th
2:18.40	Meghan Noecker	.ORE	7th Inv
2:19.92 M	Gayle Hunter	.NCAA	5th
2:19.96	Nikki Bohnsack	.ORE	8th

1500-Meter Run

NCAA Regional: 4:27.80
Penn State: 4:16.96 - Doreen Startare (1983)

4:23.03 Q	Bridget Franek	.AzSt	8th Inv
4:24.62 Q	Leah Rosenfeld	.BT	2nd Pre
4:29.71	Meghan Noecker	.JOWens	6th
4:32.87	Kathryn Fitzgerald	.JOWens	8th
4:45.74	Nikki Bohnsack	.Buck	6th
4:47.54	Sonja Hinish	.Buck	8th
4:48.58	Katie Shelley	.Buck	10th

5000 Meters

NCAA Regional: 16:52.00
Penn State: 15:32.53 - Kathy Mills (1978)

16:45.34 Q	Bridget Franek	.BT	7th
16:45.46 Q	Leah Rosenfeld	.BT	8th
16:48.39 Q	Cheryl Spring	.PR	12th COA
17:44.34	Jessica Babcock	.ORE	14th
17:50.50	Claire Percival	.BT	22nd

100-Meter Hurdles

NCAA Regional: 13.92
Penn State: 12.90 - Aleesha Barber (2008)

12.83 w Q	Aleesha Barber	.BT	1st
12.90 R	Barber	.ER	2nd
13.49 w Q	Gayle Hunter	.BT	7th Pre
13.70 M	Hunter	.NCAA	4th

400-Meter Hurdles

NCAA Regional: 1:00.82
Penn State: 57.00 - Aleesha Barber (2007)

57.45	Aleesha Barber	.ER	5th
57.88	Fawn Dorr	.ER	7th
59.53 Q	Megan Duncan	.PR	2nd

NCAA Regional: 10:50.25

Penn State: 9:58.56 - Bridget Franek (2008)

Mark	Athlete	Meet	Place
9:58.56 Q R	Bridget Franek	.BT	1st
10:33:53 Q	Claire Percival	.BT	6th
10:34.25 Q	Cheryl Spring	.BT	7th
10:56.24	Sonja Hinish	.PR	11th COA

4x100-Meter Relay

NCAA Regional: 45.70
Penn State: 44.35 - Laurie Fox, Chioma Aduba, Sara Shoaff, Connie Moore (2003)

44.86	Greaves, Cox, Barber, Blake	.ER	6th Pre
46.24	Barber, Blake, DeFusco, Greaves	.PR	23rd Pre
46.94	Greaves, Cox, Barber, Blake	.ORE	2nd

4x400-Meter Relay

NCAA Regional: 3:43.30
Penn State: 3:28.92 - Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox (2008)

3:27.69	Blake, Barber, Hunter, Cox	.NCAA	1st
	(52.5, 51.9, 52.4, 50.4)		
3:28.92	Blake, Barber, Hunter, Cox	.ER	1st
	(52.5, 51.2, 52.6, 52.4)		
3:32.90 Q	Simmons, Blake, Dorr, Cox	.AzSt	1st
	(54.9, 52.3, 53.1, 51.8)		
3:33.40 Q	Blake, Barber, Hunter, Dorr	.PR	2nd Pre
	(52.4, 53.5, 53.1, 54.4)		
3:37.52 Q	Duncan, Barber, Cox, Blake	.ORE	1st
3:41.98 Q	Barber, Greaves, Simmons, Blake	.Buck	1st
3:44.51	Simmons, Blake, Dorr, Duncan	.JOWens	2nd
4:03.01	Kearins, Hutchinson, Swayne, York	.Buck	4th

4x800-Meter Relay

Penn State: 8:41.09 - Kathy Byrnes, Penny Fales, Sandy Miller, Lea Ventura (1978)

9:03.58	Hutchinson, York, Fitzgerald, Swayne	.PR	6th
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4x1500-Meter Relay

Penn State: Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival (2007)

18:05.56	Rosenfeld, Franek, Percival, Noecker	.PR	5th COA
	(4:29.5, 4:22.4, 4:38.3, 4:35.4)		

High Jump

NCAA Regional: 5-8.75 (1.75)
Penn State: 6-0 (1.83) - Shelley Mitchell (1992)

5-7.25 (1.71)	Brittany Maun	.BT	T-8th
5-5 (1.65)	Bianca Fung	.Buck	T-2nd
5-4.25 (1.63)	Gayle Hunter	.NCAA	21st

Pole Vault

NCAA Regional: 12-7.50 (3.85)
Penn State: 13-1.50 (4.00) - Sara Dougherty (2004)

11-11.75 (3.65)	Caitlin Fairbairn	.Buck	2nd
11-7.75 (3.55)	Rachel NeMoyer	.BT	17th

Long Jump

NCAA Regional: 19-8.25 (6.00)
Penn State: 21-6 (6.55) - Chioma Aduba (2004)

21-04.75 (6.52) Q	Gayle Hunter	.NCAA	5th
20-8 (6.30) Q	Hunter	.BT	5th
20-1.50 (6.13) Q	Bianca Fung	.BT	8th
19-10.75 (6.06)w Q	Lena Bettis	.JOWens	9th

Triple Jump

NCAA Regional: 40-5 (12.32)
Penn State: 44-6.75 (13.58) - Chioma Aduba (2004)

42-9.5 (13.04)w Q	Lena Bettis	.BT	3rd
42-5.25 (12.93) x	Gayle Hunter	.BT	5th
40-6 (12.34) x	Christina Sgriccia	.BT	7th
40-5 (12.32) Q	Gabriela Baiter	.BT	8th

Shot Put

NCAA Regional: 46-11 (14.30)
Penn State: 55-4.75 (16.88) - Ja'Nai O'Connor (2004)

48-0.50 (14.64) Q	Emma Schmelzer	.ORE	1st
43-3.25 (13.19)	Bradlee Foerschner	.JOWens	15th
38-02 (11.63) M	Gayle Hunter	.BT	5th

NCAA Regional: 155-2 (47.30)

Penn State: 185-1 (56.42) - Deshaya Williams (2003)

Mark	Athlete	Meet	Place
168-8 (51.40)	Emma Schmelzer	.NCAA	Prelims
112-8 (34.34)	Bradlee Foerschner	.PO	4th

Hammer

NCAA Regional: 177-8 (54.15)
Penn State: 219-1 (66.78) - Jen Leatherman (2006)

Mark	Athlete	Meet	Place
168-00 (51.21)	Emma Schmelzer	.AzSt	11th
158-11 (48.43)	Bradlee Foerschner	.BT	13th

Javelin

NCAA Regional: 142-6 (43.35)
Penn State: 176-0 (53.64) - Karlee McQuillen (2008)

Mark	Athlete	Meet	Place
176-2 (53.70) R	Karlee McQuillen	.NCAA	Prelims
165-0 (50.29)	Heidi Nadeau	.ER	3rd
159-1 (48.48) Q	Kim Hanslovan	.ER	6th
126-5 (38.53) M	Gayle Hunter	.BT	3rd

Heptathlon

NCAA Auto: 5500
NCAA Provisional: 6050
Penn State: 5711 - Gayle Hunter (2007)

Mark	Athlete	Meet	Place
5710	Gayle Hunter	.NCAA	5th

2008 Regional Qualifiers

100m	Aleesha Barber	11.57
200m	Shana Cox	23.15
	Gayle Hunter	23.81
	Dominique Blake	23.96
400m	Shana Cox	52.00
	Dominique Blake	52.78
800m	Briene Simmons	2:09.55
1500m	Bridget Franek	4:23.03
	Leah Rosenfeld	4:24.62
5000m	Bridget Franek	16:45.34
	Leah Rosenfeld	16:45.46
	Cheryl Spring	16:48.39
100mH	Aleesha Barber	12.83
400mH	Fawn Dorr	58.77
	Megan Duncan	59.53
	Aleesha Barber	59.92
3000mSC	Bridget Franek	9:58.56
	Claire Percival	10:38.14
	Cheryl Spring	10:43.13
4x400m	Blake, Barber, Hunter, Cox	3:31.44
	Blake, Barber, Hunter, Dorr	3:33.40
	Simmons, Blake, Dorr, Cox	3:32.90
	Duncan, Barber, Cox, Blake	3:37.52
	Barber, Greaves, Simmons, Blake	3:41.98
Long Jump	Gayle Hunter	20-10 (6.35)
	Bianca Fung	20-0.50 (6.11)
	Lena Bettis	19-10.75 (6.06)
Triple Jump	Lena Bettis	42-9.5 (13.04)
	Gayle Hunter	42-2 (12.85)
	Gabriela Baiter	40-5 (12.32)
Shot Put	Emma Schmelzer	48-0.50 (14.64)
Discus	Emma Schmelzer	163-3 (49.75)
Javelin	Karlee McQuillen	176-0 (53.64)
	Heidi Nadeau	155-8 (47.45)
	Kim Hanslovan	152-7 (46.50)
Hept	Gayle Hunter	5558 A

Season Schedule

April 2-3	Texas Relays	.TEX
April 5	Oregon Pepsi Team Challenge	.ORE
April 11-12	Bison Outdoor Classic (Unatt. Only)	.Bison
April 12	Sun Angel Track Classic	.AZST
April 19	Bucknell Team Challenge	.BUCK
April 24-26	Penn Relays	.PR
May 3	Jesse Owens Classic	.JOWens
May 10	PENN STATE OPEN	.PO
May 16-18	Big Ten Championships	.BT
May 30-31	NCAA East Regional	.ER
June 11-14	NCAA Championships	.NCAA
June 20-22	USATF Junior Championships	.USJ
June 27 - July 6	USA Olympic Trials	.OLYT

Penn State Track and Field

2008 Men's Outdoor Performance List

100-Meter Dash

NCAA Regional: 10.55

Penn State: 10.1 - Mike Sands (1975)

Decathlon: 11.01 - Rick Kleban (1985), Shawn Colligan (2008)

Mark	Athlete	Meet	Place
10.61w	Andrew Cope	.BT	7th
10.67	Cope	.BT	8th Pre
10.87	Sam Hill	.BT	14th Pre
11.01 M	Shawn Colligan	.BT	2nd
11.14 M	Chris Morrissey	.BT	3rd
11.63 M	R.J. Slater	.BT	12th

200-Meter Dash

NCAA Regional: 21.35

Penn State: 20.23 - Michael Timpson (1986)

21.60	Sam Hill	.BT	10th Pre
21.97	Andrew Cope	.BT	17th Pre
22.82	Shawn Colligan	.PO	5th
22.87	Andrew Sobieski (UNA)	.PO	6th

400-Meter Dash

NCAA Regional: 47.20

Penn State: 45.20 - Mike Sands (1975)

Decathlon: 47.65 - Brian Kelley (1991)

47.80	Mike Cadau	.AzSt	5th
48.05	Lionel Williams	.Buck	3rd
48.43 M	Shawn Colligan	.BT	1st
49.60 M	Chris Morrissey	.BT	2nd
49.79	Andrew Sobieski (UNA)	.PO	3rd
51.56	Mike Syrnick (UNA)	.Bison	34th
53.06 M	R.J. Slater	.BT	13th

800-Meter Run

NCAA Regional: 1:50.40

Penn State: 1:45.96 - Randy Moore (1986)

1:47.83	Mark Miller	.JOWens	2nd
1:49.94 Q	Samuel Borchers	.ORE	1st
1:50.78	Lionel Williams	.BT	4th Pre
1:51.17	Mike Cadau	.PO	1st
1:51.68	Owen Dawson	.PO	3rd
1:51.74	Mark Horton	.ORE	7th
1:55.40	Matt Groves (UNA)	.PO	5th
1:56.65	Kevin Fuller	.PO	6th
1:56.65	Chris Ferry (UNA)	.Bison	18th
1:57.18	Mike Syrnick (UNA)	.Bison	27th
1:58.79	Cody Edling	.Buck	11th
1:59.58	Tim Johnson	.ORE	8th Inv
2:00.90	Teddy Quinn (UNA)	.Bison	64th

1500-Meter Run

NCAA Regional: 3:47.80

Penn State: 3:38.99 - Steve Balkey (1987)

Decathlon: 4:21.05 - Tom Kleban (1989)

3:47.32 Q	Samuel Borchers	.JOWens	3rd
3:52.07	Tim Johnson	.JOWens	9th
3:54.03	Lucas Zarzeczny	.Buck	3rd
3:54.67	Owen Dawson	.ORE	8th
3:54.80	Brian Fuller	.AzSt	6th
3:55.11	Dennis Pollow	.Buck	5th
3:56.67	Teddy Quinn (UNA)	.Bison	5th
4:39.36 M	Shawn Colligan	.BT	4th
4:48.16 M	Chris Morrissey	.TEX	8th
4:51.33 M	R.J. Slater	.PR	4th

3000 Meters

Penn State: 7:54.0 - George Malley (1977)

8:46.49	Dennis O'Connor	.PO	1st
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5000 Meters

NCAA Regional: 14:12.00

Penn State: 13:34.0 - Greg Fredericks (1972)

14:40.17	Lucas Zarzeczny	.PR	12th OD
14:41.13	Dennis Pollow	.PR	14th Col
14:46.50	Teddy Quinn (UNA)	.PR	20th OD
15:02.34	John Mahoney	.BT	17th

110-Meter Hurdles

NCAA Regional: 14.30

Penn State: 13.56 - Guy Rose (2001)

Decathlon: 14.45 - Rick Kleban (1987)

13.83x	Ron Jules	.BT	2nd
13.96w Q	Jules	.JOWens	3rd
14.10 Q	Jules	.BT	3rd Pre
14.49x	Adam Stanowick	.JOWens	7th
14.65	Stanowick	.AzSt	7th
14.79 M	Shawn Colligan	.TEX	7th
14.94w	Chris Morrissey	.JOWens	15th
16.90 M	R.J. Slater	.PR	4th

400-Meter Hurdles

NCAA Regional: 52.51

Penn State: 48.69 - Mike Shine (1976)

Mark	Athlete	Meet	Place
52.89	Ron Jules	.PR	15th
54.08	Adam Stanowick	.PR	37th
54.16	Shawn Colligan	.JOWens	10th

3000-Meter Steeplechase

NCAA Regional: 9:07.00

Penn State: 8:22.5 - George Malley (1977)

8:59.7h	Mike Syrnick (UNA)	.Bison	1st
9:08.38	John Mahoney	.PR	6th COL
9:27.9h	Owen Dawson	.Buck	2nd

4x100-Meter Relay

NCAA Regional: 40.66

Penn State: 39.63

Jack Davis, Steve Hackman, Mike Shine, Mike Sands (1975)

41.84	Cope, Jules, Hill, Stanowick	.BT	9th Pre
42.03	Cope, Hill, Jules, Stanowick	.PR	42nd
42.24	Stanowick, Jules, Cope, Hill	.Buck	3rd
42.24	Cope, Hill, Jules, Stanowick	.PO	1st
42.45	Cope, Hill, Jules, Stanowick	.JOWens	11th
42.75	Cope, Jules, Hill, Stanowick	.ORE	3rd

4x200-Meter Relay

Penn State: 1:23.50

Alex Langan, Chris Lolagne, Jaret Campisi, Ernie Terrell (2005)

1:27.18	Cope, Stanowick, Hill, Jules	.PR	23rd Pre
1:28.16	Cope, Hill, Jules, Stanowick	.PR	7th IC

4x400-Meter Relay

NCAA Regional: 3:10.00

Penn State: 3:08.22

Steve Janci, Munya Maraire, Duane Reeves, Ben Karz (2000)

3:10.34	Cadua, Jules, Williams, Miller	.BT	4th
3:12.76	Williams, Cadua, Jules, Miller	.ORE	2nd
3:13.47	Williams, Jules, Miller, Cadua	.JOWens	4th
3:15.68	Williams, Jules, Cadua, Stanowick	.Buck	1st

4x800-Meter Relay

Penn State: 7:11.17

Vance Watson, Steve Shisler, Chris Mills, Randy Moore (1986)

7:26.30	Cadua, Williams, Borchers, Miller	.PR	5th COA
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High Jump

NCAA Regional: 6-10.75 (2.10)

Penn State: 7-3.50 (2.22) - David Coney (1985)

Decathlon: 6-8 (2.03) - Barry Walsh (1989)

6-09.75 (2.08)	Ryan Fritz (UNA)	.PO	1st
6-04 (1.93) M	Chris Morrissey	.TEX	T-6th
6-04 (1.93) M	Shawn Colligan	.PR	1st
5-10 (1.78) M	R.J. Slater	.PR	6th

Pole Vault

NCAA Regional: 16-6.75 (5.05)

Penn State: 17-5 (5.31) - Mason Ternay (1991)

Decathlon: 16-2.50 (4.94) - Rick Kleban (1985)

16-0.75 (4.09)	John Vellenoweth	.PO	1st
15-7 (4.75)	Brad Lawrence	.BT	13th
14-7.25 (4.45)	Devon Purves	.ORE	10th
14-3.25 (4.35) M	Chris Morrissey	.TEX	T-9th
14-3.25 (4.35)	Bryan Getz	.Buck	T-5th
14-3.25 (4.35) M	R.J. Slater	.PR	T-1st
13-7.25 (4.15) M	Shawn Colligan	.BT	10th

Long Jump

NCAA Regional: 24-1 (7.34)

Penn State: 25-11 (7.90) - David Coney (1985)

Decathlon: 23-7.25 (7.19) - Dave Masgay (1987)

24-04.25 (7.42) x	Ryan Taylor	.BT	7th
24-3.50 (7.40) w Q	Taylor	.BT	XXX
23-5.50 (7.15)	Taylor	.Buck	1st
22-05.25 (6.84) M	Shawn Colligan	.BT	2nd
21-10.25 (6.66) M	Chris Morrissey	.PR	3rd
21-07.50 (6.59) M	R.J. Slater	.PR	8th
21-4 (6.50)	David Stone (UNA)	.PO	3rd
21-3.25 (6.48)	Clarence Smith	.ORE	9th
21-1.25 (6.43)	Jay Pagana	.ORE	10th

Triple Jump

NCAA Regional: 49-2.50 (15.00)

Penn State: 54-6 (16.61) - Antonio Davis (1993)

Mark	Athlete	Meet	Place
52-10.25 (16.11)	Clarence Smith	.NCAA	9th
51-9.25 (15.78) w Q	Ryan Taylor	.BT	3rd
51-4.25 (15.65) w Q	Jay Pagana	.BT	4th

Shot Put

NCAA Regional: 55-1.50 (16.80)

Penn State: 65-5 (19.94) - C.J. Hunter (1990)

Decathlon: 48-9.50 (14.87) - Barry Walsh (1989)

56-9.50 (17.31)	Blake Eaton	.Buck	1st
47-11.25 (14.61)	Joe Kovacs (UNA)	.PO	2nd
45-5.75 (13.86)	Tyler Hoffman	.ORE	7th
42-4 (12.90) M	Chris Morrissey	.BT	2nd
40-09.00 (12.42) M	Shawn Colligan	.TEX	15th
36-06.25 (11.13) M	R.J. Slater	.PR	6th

Discus

NCAA Regional: 169-7 (51.70)

Penn State: 207-5 (63.22) - Brian Milne (1992)

160-9 (48.99)	Cory Eck	.BT	9th
160-5 (48.89)	Adam Thielemann	.JOWens	17th
158-2 (48.22)	Blake Eaton	.PO	1st
140-4 (42.77)	Joe Kovacs (UNA)	.PO	6th
127-11 (38.99) M	Shawn Colligan	.TEX	10th
124-0 (37.80) M	R.J. Slater	.PR	3rd
121-8 (37.08)	Chris Morrissey	.Buck	11th
111-8 (34.05)	Jeff Wisinski (UNA)	.PO	8th

Hammer

NCAA Regional: 186-4 (56.80)

Penn State: 218-6 (66.60) - Al Jackson (1976)

198-5 (60.49) Q	Tyler Hoffman	.AzSt	8th
177-11 (54.22)	Frank Duca	.BT	13th
172-11 (52.70)	Adam Thielemann	.Buck	3rd
167-8 (51.11)	Cory Eck	.Buck	5th

Javelin

NCAA Regional: 202-1 (61.60)

Penn State: 239-9 (73.09) - Allen Pettner (2007)

Decathlon: 206-2 (62.83) - Shawn Colligan (2008)

218-10 (66.70) Q	Tanner Evak	.ORE	2nd
206-8 (63.00) Q	Harold Dunn	.ORE	3rd
206-2 (62.83) MQD	Shawn Colligan	.BT	1st
171-5 (52.24) M	R.J. Slater	.PR	1st
173-6 (52.89) M	Chris Morrissey	.BT	3rd

Decathlon

NCAA Auto: 7500

NCAA Provisional: 6900

Penn State: 7685 - Rick Kleban (1985)

7361 P	Shawn Colligan	.BT	2nd
7097 P	Chris Morrissey	.BT	4th
6373	R.J. Slater	.PR	4th

2008 Regional Qualifiers

800m	Mark Miller	1:49.51
	Samuel Borchers	1:49.94
1500m	Samuel Borchers	3:47.32
110mH	Ron Jules	14.17
Long Jump	Ryan Taylor	24-3.50 (7.40)
Triple Jump	Clarence Smith	52-2.75 (15.92)
	Ryan Taylor	51-9.25 (15.78)
	Jay Pagana	51-4.25 (15.65)
Shot Put	Blake Eaton	56-9.50 (17.31)
Hammer	Tyler Hoffman	198-5 (60.49)
Javelin	Tanner Evak	218-10 (66.70)
	Harold Dunn	206-8 (63.00)
	Shawn Colligan	206-2 (62.83)
Decathlon	Chris Morrissey	7361 - Provisional
	Shawn Colligan	7097 - Provisional

Season Schedule

April 2-3	Texas Relays	.TEX
April 5	Oregon Pepsi Team Challenge	.ORE
April 12	Sun Angel Track Classic	.AzSt
April 11-12	Bison Outdoor Classic (Unatt. ONLY)	.Bison
April 19	Bucknell Team Challenge	.Buck
April 24-26		