



# TRACK & FIELD

## 2016 Penn State Women's Indoor Performance List

### WOMEN'S 60-METER DASH PSU: Shavon Greaves, 7.24 (2010)

7.52	Keianna Albury	Jan-16
7.60	Quenee Dale	Jan-16
7.67	Lauren Costa	Feb-12
7.68	Deja Davis	Jan-9
7.73	Dannielle Gibson	Jan-16
7.83	Ashley Rankine	Jan-30

### WOMEN'S 200-METER DASH PSU: Connie Moore, 22.60 (2010)

24.67	Tichina Rhodes	Jan-9
24.70	Lauren Costa	Feb-20
24.73	Deja Davis	Feb-6
24.80	Keianna Albury	Jan-31
24.86	Quenee Dale	Feb-6
25.14	Megan Osborne	Jan-9
25.37	Ashley Rankine	Feb-20

### WOMEN'S 400-METER DASH PSU: Shana Cox, 52.31 (2007)

54.94	Tichina Rhodes	Feb-26
56.41	Megan Osborne	Feb-6
56.96	Deja Davis	Feb-26
57.28	Rachael DeCecco	Jan-31
59.99	Elyse Skerpon	Jan-16

### WOMEN'S 500-METER DASH PSU: Shana Cox, 1:09.19 (2007)

1:17.14	Rachael DeCecco	Jan-9
1:18.70	Elyse Skerpon	Jan-9

### WOMEN'S 600-METER RUN PSU: Briene Simmons, 1:29.81 (2008)

1:32.75	Frances Bull	Feb-20
1:33.23	Sarah Jane Underwood	Feb-6
1:34.26	Rachael DeCecco	Feb-20
1:35.71	Victoria Crawford	Feb-6
1:38.19	Tal Ben-Artzi	Jan-16
1:42.26	Madeline Holmberg	Jan-16

### WOMEN'S 800-METER RUN PSU: Briene Simmonds, 2:05.67 (2007)

2:07.43	Sarah Jane Underwood	Feb-27
2:11.16	Frances Bull	Jan-31
2:12.14	Julie Kocjancic	Feb-6
2:12.25	Victoria Crawford	Jan-31
2:12.53	Greta Lindsley	Feb-20
2:15.80	Grace Trucilla (UNA)	Feb-20
2:17.11	Caitlyn Poss	Feb-20
2:17.37	Hannah Catalano	Feb-20
2:17.88	Nicole O'Donnell	Feb-20
2:17.92	Sommers Moyer	Jan-31
2:18.87	Gretchen Mills	Feb-20

### WOMEN'S 1000-METER RUN PSU: Tori Gerlach, 2:43.15 (2016)

<b>2:43.15</b>	<b>Tori Gerlach</b>	<b>Jan-16</b>
2:49.54	Sarah Jane Underwood	Jan-16
2:50.67	Julie Kocjancic	Jan-16
2:55.01	Victoria Crawford	Jan-16
2:58.38	Hannah Catalano (UNA)	Jan-31
3:00.56	Gretchen Mills	Jan-31

### WOMEN'S MILE RUN PSU: Tori Gerlach, 4:37.83 (2016)

<b>4:37.83</b>	<b>Tori Gerlach</b>	<b>Jan-31</b>
4:42.90	Julie Kocjancic	Feb-12
4:45.59	Elizabeth Chikotas	Jan-16
4:48.72	Tessa Barrett	Jan-16
4:52.82	Greta Lindsley	Feb-6

5:01.78	Lisa Bennatan	Jan-16
5:01.79	Cara Ulizio	Feb-20
5:14.97	Megan Hellman (UNA)	Feb-20
5:19.36	Tess Kearns	Feb-20

### WOMEN'S 3000-METER RUN PSU: Bridget Franek, 9:10.04 (2009)

9:12.88	Tori Gerlach	Feb-26
9:16.49	Tessa Barrett	Feb-26
9:17.58	Elizabeth Chikotas	Jan-30

### WOMEN'S 5000-METER RUN PSU: Tessa Barrett, 15:46.08 (2016)

<b>15:46.08</b>	<b>Tessa Barrett</b>	<b>Feb-12</b>
15:20.49	Tori Gerlach	Feb-27
16:04.66	Elizabeth Chikotas	Feb-12

### WOMEN'S 60-METER HURDLES PSU: Evonne Britton, 8.10 (2014)

8.26	Quenee Dale	Jan-16
8.73	Madeline Holmberg	Jan-9
9.43	Tal Ben-Artzi	Jan-16
10.05	Abigail Stultz	Feb-20

### WOMEN'S 4x200-METER RELAY PSU: Osborne, Seymour, McGee, Jones, 1:35.65 (2014)

### WOMEN'S 4x400-METER RELAY PSU: McGee, Jones, Rhodes, Seymour, 3:33.13 (2014)

3:43.03	Osborne, Bull, Davis, Rhodes	Feb-6
3:55.96	DeCecco, Crawford, Skerpon, Albury	Jan-16
3:59.54	Dale, Costa, Rankine, Albury	Jan-9
3:59.72	Rankine, DeCecco, Crawford, Costa	Jan-31

### WOMEN'S 4x800-METER RELAY PSU: Cassel, Gerken, Hart, Stever, 8:45.60 (1984)

8:45.85	Kocjancic, Crawford, Chikotas, Gerlach	Jan-9
9:09.16	Lindsley, Underwood, Ulizio, Bennatan	Jan-9

### WOMEN'S DISTANCE MEDLEY RELAY PSU: Lane, Iheoma, Simko, Millhouse, 11:05.16 ('12)

11:28.72	Kocjancic, Rhodes, Underwood, Lindsley	Feb-26
11:35.10	Kocjancic, Bull, Crawford, Underwood	Feb-6
11:43.09	Crawford, DeCecco, Underwood, Chikotas	Jan-9
11:54.27	Gerlach, Skerpon, Uzilio, Kocjancic	Jan-9

### WOMEN'S HIGH JUMP PSU: Antoinette O'Carroll, 5-11.25/1.81 (1987) Brittany Maun, 5-11.25/1.81 (2010)

5-9.75 (1.77)^	Megan McCloskey	Feb-6
5-9.75 (1.77)	Ahmenah Richardson	Feb-6
5-3 (1.60)	Tal Ben-Artzi	Feb-20
5-3 (1.60)	Abigail Stultz (UNA)	Feb-20

### WOMEN'S POLE VAULT PSU: Lexi Masterson, 13-6.25/4.20 (2016)

<b>13-9.75 (4.21)</b>	<b>Lexi Masterson</b>	<b>Feb-26</b>
13-6.50 (4.13)	Hannah Mulhern	Feb-6
13-1.75 (4.01)	Kasey Kemp	Feb-26
12-7.25 (3.84)	Megan Fry	Jan-16
12-7.25 (3.84)	Erin Knabe	Jan-31

### WOMEN'S LONG JUMP PSU: Gayle Hunter, 20-11.25/6.38 (2009)

20-0.5 (6.11)	Dannielle Gibson	Jan-30
19-4.75 (5.91)	Madeline Holmberg	Feb-26
18-11.25 (5.77)	Kaitlyn Lopez	Feb-20
17-1.25 (5.21)	Olivia Giambra (UNA)	Feb-20
16-8.75 (5.10)	Tal Ben-Artzi	Jan-16
15-8.75 (4.79)	Abigail Stultz	Jan-16

### WOMEN'S TRIPLE JUMP PSU: Chi-Chi Aduba, 44-1.50/13.45 (2003)

43-1.50 (13.14)	Dannielle Gibson	Jan-16
41-0.25 (12.50)	Kaitlyn Lopez	Feb-26
37-0.50 (11.29)	Olivia Giambra (UNA)	Feb-20
36-2 (11.02)	Abigail Stultz (UNA)	Feb-20

### WOMEN'S SHOT PUT PSU: Rachel FATHERLY, 56-8/17.27 (2016)

<b>56-8 (17.27)</b>	<b>Rachel FATHERLY</b>	<b>Feb-6</b>
52-9.50 (16.09)	Obeng Marfo	Feb-26
52-2.25 (15.91)	Alyssa Robinson	Feb-26
37-2.50 (11.34)^	Madeline Holmberg	Jan-29
35-1 (10.69)	Tal Ben-Artzi	Feb-6

### WOMEN'S 20-LB WEIGHT THROW PSU: Jennifer Leatherman, 74-10/22.82 (2006)

67-5.50 (20.56)	Rachel FATHERLY	Feb-27
62-10 (19.15)	Alyssa Robinson	Feb-27
59-2.25 (18.04)	Obeng Marfo	Feb-5

### WOMEN'S PENTATHLON PSU: Gayle Hunter, 4,342 (2009)

3711	Madeline Holmberg	Feb-5
3648	Tal Ben-Artzi	Feb-5

KEY -  
**BOLD** - School Record; m - Mark from Multi-Events; \* - Flat to bank conversion,  
 UNA - Unattached, #Heptathlon, ^ Pentathlon



# TRACK & FIELD

## 2016 Penn State Men's Indoor Performance List

### MEN'S 60-METER DASH

PSU: Xavier Smith, 6.68 (2016)

6.68	Xavier Smith	Jan-30
6.79	Malik Moffett	Jan-9
6.86	Dan Chisena	Feb-26
6.91	Cody Minnig	Feb-6
6.93	Anton Porter	Feb-12
7.18	Robert Cardina	Feb-6

### MEN'S 200-METER DASH

PSU: Ryan Olkowski, 20.98 (2002)

21.02	Malik Moffett	Jan-31
21.02	Xavier Smith	Feb-26
21.45	Alex Shisler	Jan-9
21.65	Dan Chisena	Feb. 5
21.85	Anton Porter	Feb-12
22.01	Samuel Reiser	Jan-16
22.12	Lamont Higgins (UNA)	Jan-9
22.63	Peter Hughey	Feb-20

### MEN'S 400-METER DASH

PSU: Brady Gehret, 46.22 (2011)

47.27	Alex Shisler	Feb-26
47.83	Samuel Reiser	Feb-26
48.79	Isaiah Harris	Feb-12
48.82	Lamont Higgins (UNA)	Jan-31
49.15	Peter Hughey	Feb-6
50.01	Riley Gaibler	Jan-16

### MEN'S 500-METER DASH

PSU: Casimir Loxsom, 1:01.28 (2011)

1:03.84	Samuel Reiser	Jan-9
1:05.09	Riley Gaibler	Jan-31
1:06.68	David Marrington	Jan-31

### MEN'S 600-METER RUN

PSU: Casimir Loxsom, 1:15.42 (2013)

1:17.50	Isaiah Harris	Feb-20
1:17.58	Robert Rhodes	Feb-26
1:18.80	Jordan Makins	Feb-20
1:20.40	Riley Gaibler	Feb-20
1:20.55	Mason Post	Feb-20
1:21.20	Joseph Phifer	Feb-6
1:22.02	Brad Rivera	Feb-6
1:23.95	David Marrington (UNA)	Feb-20

### MEN'S 800-METER RUN

PSU: Isaiah Harris, 1:46.24 (2016)

1:46.24	Isaiah Harris	Feb-27
1:47.01	Brannon Kidder	Jan-31
1:48.96	Jordan Makins	Feb-27
1:50.30	Robert Rhodes	Jan-31
1:51.84	Bobby Hill	Feb-12
1:53.21	Joseph Phifer	Jan-31
1:53.62	Brad Rivera	Feb-20
1:53.63	Will Cather	Jan-16
1:53.83	Tommy Louro	Feb-20
1:53.98	Mason Post	Jan-31

### MEN'S 1000-METER RUN

PSU: Brannon Kidder, 2:18.26 (2016)

2:18.26	Brandon Kidder	Jan-16
2:21.89	Robby Creese (UNA)	Jan-16
2:30.81	Tommy Louro	Jan-16
2:56.40	Robert Cardina#	Jan-29

### MEN'S 1500-METER RUN

3:41.36	Robby Creese (UNA)	Jan-30
---------	--------------------	--------

3:48.15	Colin Abert	Jan-30
3:57.32	John McGowan	Jan-30

### MEN'S MILE RUN

PSU: Robby Creese, 3:57.11 (2013)

4:03.92	Colin Albert	Feb-20
4:05.89	Robby Creese (UNA)	Jan-9
4:06.17	Bobby Hill	Feb-5
4:06.32	Timothy McGowan	Feb-20
4:06.86	Jordan Makins	Jan-16
4:07.16	Brannon Kidder	Feb-26
4:11.01	Glen Burkhardt	Jan-16
4:12.53	John McGowan	Jan-9
4:14.02	Luke Gavigan (UNA)	Jan-31
4:18.17	Tommy Louro	Jan-31
4:19.35	Will Cather	Jan-31

### MEN'S 3000-METER RUN

PSU: Robby Creese, 7:50.36 (2015)

8:01.65	Robby Creese (UNA)	Feb-12
8:05.83	Timothy McGowan	Jan-30
8:07.59	Ean DiSilvio	Feb-6
8:08.94	Colin Albert	Feb-12
8:21.59	John McGowan	Jan-16
8:40.86	John Dugan	Jan-30

### MEN'S 5000-METER RUN

PSU: Steve Brown, 13:52.36 (1990)

14:09.66	Glen Burkhardt	Feb-27
14:19.43	Timothy McGowan	Feb-27
14:19.66	Ean DiSilvio	Feb-12
15:07.13	John Dugan	Feb-20
15:07.61	Jack Miller (UNA)	Feb-20
15:08.44	Brady Bobbitt (UNA)	Feb-20
15:33.33	Tanner Quiggle (UNA)	Feb-20
16:05.65	Liam Raeshler (UNA)	Feb-20

### MEN'S 60-METER HURDLES

PSU: Guy Rose, 7.69 (2001)

8.30	Robert Cardina#	Jan-29
8.53	Luke Rarig	Jan-9

### MEN'S 4x200-METER RELAY

PSU: Mpanduki, Gilmore, Br. Bennett-Green, Nadolsky, 1:24.70 (2013)

### MEN'S 4x400-METER RELAY

PSU: Nadolsky, Bennett-Green, Loxsom, Gehret, 3:05.22 (2012)

3:09.01	Shisler, Reiser, Smith, Harris	Jan-16
3:16.86	Gaibler, Kidder Rhodes, Cardina	Feb-6
3:19.37	Hughey, Porter Rhodes, Minnig	Jan-31
3:19.50	Hughey, Rhodes Porter, Moffett	Jan-16
3:21.40	Post, Phifer Cather, Rivera	Feb-6
3:21.50	Gaibler, Post, Phifer, Minnig	Jan-16
3:22.77	Rarig, Gaibler, Porter, Phifer	Jan-9

### MEN'S 4X800-METER RELAY

PSU: Balkey, McMillan, Mills, Levitre, 7:21.37 (1987) Watkins, Kidder, West, Loxsom, 7:21.37 (2013)

7:25.28	Makins, Hill, Harris, Kidder	Jan-9
7:37.16	Cather, Phifer, Rivera, Post	Jan-9

### MEN'S DISTANCE MEDLEY RELAY

PSU: Kidder, Bennett-Green, Watkins, Creese, 9:26.59 (2014)

9:27.20	Makins, Shisler Harris, Kidder	Jan-31
9:56.58	Kidder, Hughey, Hill, DiSilvio	Jan-9
10:07.02	Hill, Rhodes Post, Louro	Feb-12
10:09.58	Louro, Hughey Phifer, Cather	Feb-6

### MEN'S HIGH JUMP

PSU: Paul Souza, 7-4.25/2.24 (1982)

7-1.5 (2.17)	Chisom Ifedi	Jan-9
6-9.00 (2.06)	Robert Cardina	Jan-9
6-7.00 (2.01)	Devin Bradham	Jan-9

### MEN'S POLE VAULT

PSU: John Vellenoweth, 17-0.75/5.20 (2009)

16-0 (4.88)	Patrick Anderson	Feb-27
13-3.5 (4.05)#	Robert Cardina	Jan-29

### MEN'S LONG JUMP

PSU: David Coney, 25-11/7.90 (1986)

24-5.50 (7.45)	Malik Moffett	Jan-16
24-2.25 (7.37)	Brian Leap (UNA)	Feb-20
22-7 (6.88)	Robert Cardina	Feb-12
22-6.50 (6.87)	Chisom Ifedi	Feb-26
22-6.25 (6.86)	Cody Minnig	Feb-20
21-3.50 (6.49)	Kobren Frederick	Jan-9
19-7.50 (5.98)	Luke Rarig	Jan-9

### MEN'S TRIPLE JUMP

PSU: Chavous Nichols, 53-0.75 (16.17)

53-2.25 (16.21)	Brian Leap (UNA)	Jan-31
47-10 (14.58)	Kobren Frederick	Feb-20

### MEN'S SHOT PUT

PSU: Darrell Hill, 67-3.50/20.51 (2015)

58-11.75 (17.98)	Jon Yohman	Feb-26
55-3.75 (16.86)	Morgan Shigo	Feb-26
53-2.75 (16.22)	Will Pope	Feb-6
51-4.5 (15.66)	David Lucas (UNA)	Jan-31
42-9.75 (13.05)	Robert Cardina	Feb-6

### MEN'S 35-LB WEIGHT THROW

PSU: Will Barr, 70-6.5/21.50 (2014)

64-0.25 (19.51)	Morgan Shigo	Feb-27
62-3 (18.97)	Justin Berg (UNA)	Feb-5
60-10.5 (18.55)	Kory Decesaris	Feb-20
55-3.75 (16.86)	David Lucas	Jan-30
48-4.50 (14.74)	Xavier Tyler	Feb-20

### MEN'S HEPTATHLON

PSU: Rob Cardina, 5,511 (2014)

5255	Robert Cardina	Jan-31
------	----------------	--------

# All-Time Women's Top Five Indoor Performances

## WOMEN'S 60-METER DASH

PSU: 7.24, Shavon Greaves (2010)

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.41	Toyin Augustus, 2001
5.	7.46	Kamilah Salaam, 2005

## WOMEN'S 200-METER DASH

PSU: 22.60, Connie Moore (2004)

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

## WOMEN'S 400-METER DASH

PSU: 52.31, Shana Cox (2007)

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

## WOMEN'S 500-METER DASH

PSU: 1:09.19, Shana Cox (2007)

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

## WOMEN'S 600-METER RUN

PSU: 1:29.81, Briene Simmons (2008)

1.	1:29.81	Briene Simmons, 2008
2.	1:30.22	Erica Bosler, 1998
3.	1:30.42	Ijeoma Iheoma, 2011
4.	1:31.35	Bekka Simko, 2011
5.	1:31.68	Fawn Dorr, 2008

## WOMEN'S 800-METER RUN

PSU: 2:05.67, Briene Simmons (2007)

1.	2:05.67	Briene Simmons, 2007
2.	2:06.88	Bekka Simko, 2012
3.	<b>2:07.43</b>	<b>Sarah Jane Underwood, 2016</b>
4.	2:08.33	Marta Klebe, 2014
5.	2:08.75	Maura Ryan, 2011

## WOMEN'S 1000-METER RUN

PSU: 2:43.15, Tori Gerlach (2016)

1.	<b>2:43.15</b>	<b>Tori Gerlach, 2016</b>
2.	2:44.24	Caitlin Lane, 2012
3.	2:47.28	Marta Klebe, 2014
4.	2:48.17	Sarah Jane Underwood, 2014
5.	2:48.21	Briene Simmons, 2007

## WOMEN'S MILE RUN

PSU: 4:37.83, Tori Gerlach (2016)

1.	<b>4:37.83</b>	<b>Tori Gerlach, 2016</b>
2.	4:37.95	Bridget Franek, 2010
3.	4:38.37	Caitlin Lane, 2011
4.	4:40.76	Kim McGreevy, 1997
5.	4:41.51	Patty Murnane, 1982

## WOMEN'S 3000-METER RUN

PSU: 9:10.04, Bridget Franek (2009)

1.	9:10.04	Bridget Franek, 2009
2.	9:10.76	Tori Gerlach, 2014
3.	9:13.06	Paula Renzi, 1985
4.	9:15.16	Caitlin Lane, 2012
5.	9:17.48	Kara Millhouse, 2012

## WOMEN'S 5000-METER RUN

PSU: 15:46.08, Tessa Barrett (2016)

1.	<b>15:46.08</b>	<b>Tessa Barrett, 2016</b>
2.	15:53.50	Paula Renzi, 1985
3.	15:56.76	Bridget Franek, 2010
4.	16:04.64	Tori Gerlach, 2015
5.	<b>16:04.66</b>	<b>Elizabeth Chikotas, 2016</b>

## WOMEN'S 60-METER HURDLES

PSU: 8.10, Evonne Britton (2014)

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.22	Toyin Augustus, 2001
5.	<b>8.26</b>	<b>Queenee Dale, 2016</b>
4.	8.31	Brittney Howell, 2014

## WOMEN'S 4X400-METER RELAY

PSU: 3:33.13, McGee, Jones, Rhodes, Seymour (2014)

1.	3:33.13	McGee, Jones, Rhodes, Seymour, 2014
2.	3:33.49	Blake, Simmons, Cox, Barber, 2007
3.	3:34.00	Blake, Cox, Barber, Dorr, 2008
	3:34.00	Anyanwu, Iheoma, Greaves, Duncan, '11
5.	3:34.04	Cox, Simmons, Barber, Blake, 2006

## WOMEN'S DISTANCE MEDLEY

PSU: 11:05.16, Lane, Iheoma, Simko, Millhouse, (2012)

1.	11:05.16	Lane, Iheoma, Simko, Millhouse, '12 (3:22, 53.5, 2:07.5, 4:41.1)
2.	11:14.78	Hutchinson, Cox, Simmons, Franek, '07
3.	11:18.96	Simko, Iheoma, Klebe, Ridder, '12
4.	11:21.00	Heyer, Dweh, Bosler, McGreevy, '97
5.	11:21.39	Benson, McGee, Underwood, Klebe, '13

## WOMEN'S HIGH JUMP

PSU: 5-11.25 (1.81), Antoinette O'Carroll (1987)  
5-11.25 (1.81), Brittany Maun (2010)

1.	5-11.25 (1.81)	Brittany Maun, 2010
	5-11.25 (1.81)	Antoinette O'Carroll, 1987
3.	5-10.50 (1.79)	Erika Morgan, 2013
4.	5-9.75 (1.77)	Jen Aylward, 2001
	<b>5-9.75 (1.77)</b>	<b>Ahmenah Richardson, 2016</b>
	<b>5-9.75 (1.77)</b>	<b>Megan McCloskey, 2016</b>

## WOMEN'S POLE VAULT

PSU: 13-9.25 (4.20), Lexi Masterson (2016)

1.	<b>13-9.25 (4.20)</b>	<b>Lexi Masterson, 2016</b>
2.	<b>13-6.50 (4.13)</b>	<b>Hannah Mulhern, 2016</b>
3.	13-5.50 (4.11)	Sara Dougherty, 2004
4.	<b>13-1.75 (4.01)</b>	<b>Kasey Kemp, 2016</b>
5.	12-11.50 (3.95)	Jocelyn Witmer, 2010
	12-11.50 (3.95)	Caitlin Fairbairn, 2010

## WOMEN'S LONG JUMP

PSU: 20-11.25 (6.38), Gayle Hunter (2009)

1.	20-11.25 (6.38)	Gayle Hunter, 2009
2.	20-8 (6.30)	Chi-Chi Aduba, 2003
	20-8 (6.30)	Shakeema Walker, 1999
4.	20-7.50 (6.28)	Carmen Mann, 1990
5.	20-4.50 (6.21)	Brittney Howell, 2014

## WOMEN'S TRIPLE JUMP

PSU: 44-1.50 (13.45), Chi-Chi Aduba (2009)

1.	44-1.50 (13.45)	Chi-Chi Aduba, 2004
2.	<b>43-1.50 (13.14)</b>	<b>Dannielle Gibson, 2016</b>
3.	42-4.75 (12.92)	Marlene Ricketts, 2013
4.	41-11.50 (12.79)	Gabriela Baiter, 2008
5.	41-9.25 (12.73)	Lena Bettis, 2007
	41-9.25 (12.73)	Shakeema Walker, 1998

## WOMEN'S SHOT PUT

PSU: 56-8 (17.27), Rachel Fatherly (2016)

1.	<b>56-8 (17.27)</b>	<b>Rachel Fatherly, 2016</b>
2.	56-5.25 (17.20)	Ja'Nai O'Connor, 2004
3.	53-6 (16.31)	Elaine Sobansky, 1983
4.	53-5 (16.28)	Jen Leatherman, 2006
5.	<b>51-10.5 (15.81)</b>	<b>Obeng Marfo, 2016</b>

## WOMEN'S 20-LB WEIGHT

PSU: 74-10.50 (22.82), Jen Leatherman (2006)

1.	74-10.50 (22.82)	Jen Leatherman, 2006
2.	69-2 (21.08)	Rachel Fatherly, 2015
3.	68-6 (20.88)	Melissa Kurzdorfer, 2014
4.	66-3 (20.19)	Kate Johnston, 2005
5.	64-6 (19.66)	Deshaya Williams, 2003

## WOMEN'S PENTATHLON

PSU: 4,342, Gayle Hunter (2009)

1.	4,342	Gayle Hunter, 2009
2.	4,202	Brittney Howell, 2014
3.	3,988	Carla Criste, 1985
4.	3,861	Tal Ben-Artzi, 2014
5.	3,805	Amber Strouse, 2007

**BOLD - Denotes Current Season Performance**

# All-Time Men's Top Five Indoor Performances

## MEN'S 60-METER DASH

PSU: 6.68, Xavier Smith (2016)

1. 6.68 Xavier Smith, 2016
2. 6.76 Ernie Terrell, 2003
3. 6.77\* Michael Timpson, 1986
4. 6.79 Malik Moffett, 2016
5. 6.80\* Barney Ewell, 1942

\* Converted time from 60 yards to 55 meters

## MEN'S 200-METER DASH

PSU: 20.98, Ryan Olkowski (2002)

1. 20.98 Ryan Olkowski, 2002
2. 21.02 Malik Moffett, 2016
- 21.02 Xavier Smith, 2016
4. 21.11 Michael Timpson, 1989
5. 21.18 Greg Miller, 2001

## MEN'S 400-METER DASH

PSU: 46.22, Brady Gehret (2011)

1. 46.22 Brady Gehret, 2011
2. 46.55 Bernard Bennett-Green, 2014
3. 46.73 Byron Robinson, 2014
4. 46.74 Brandon Bennett-Green, 2014
5. 46.81 Michael Timpson, 1987

## MEN'S 500-METER DASH

PSU: 1:01.28, Casimir Loxsom (2011)

1. 1:01.28 Casimir Loxsom, 2011
2. 1:02.58 Ben Karcz, 2000
3. 1:02.75 Ernie Terrell, 2003
4. 1:02.81 Mike Cadau, 2009
5. 1:03.01 Bernard Bennett-Green, 2014

## MEN'S 600-METER RUN

PSU: 1:15.42, Casimir Loxsom (2013)

1. 1:15.42 Casimir Loxsom, 2013
2. 1:16.89 Ben Karcz, 2001
3. 1:16.98 Brannon Kidder, 2015
4. 1:17.65 Lionel Williams, 2009
5. 1:17.50 Isaiah Harris, 2016

## Notable Performances

- \* 1:16.92 Casimir Loxsom, 2010
- \* American Junior Record
- \* 1:15.79 Casimir Loxsom, 2013
- \* American Collegiate Record
- \* 1:15.42 Casimir Loxsom, 2013
- \* All-Time Collegiate and American Best

## MEN'S 800-METER RUN

PSU: 1:46.24, Isaiah Harris (2016)

1. 1:46.24 Isaiah Harris, 2016
2. 1:46.98 Casimir Loxsom, 2013
3. 1:47.01 Brannon Kidder, 2016
4. 1:47.32 Ryan Foster, 2010
5. 1:47.77 Owen Dawson, 2010

## Notable Performances

- 1:47.48 Ryan Foster, 2010
- \* Australian National Record

## MEN'S 1000-METER RUN

PSU: 2:18.26, Brannon Kidder (2016)

1. 2:18.26 Brannon Kidder, 2016
2. 2:19.53 Robby Creese, 2012
3. 2:19.60 Ryan Foster, 2010
4. 2:21.95 Ricky West, 2013
5. 2:21.98 Owen Dawson, 2010

## Notable Performances

- \* 2:18.26 Brannon Kidder, 2016
- \* Collegiate Record
- \* 2:19.53 Robby Creese, 2012
- \* American Collegiate, American Junior Record
- \* 2:19.60 Ryan Foster, 2010
- \* Australian National Record

## MEN'S MILE RUN

PSU: 3:57.11, Robby Creese (2013)

1. 3:57.11 Robby Creese, 2013
2. 3:57.13 Brannon Kidder, 2015
3. 3:58.49 Ryan Foster, 2011
4. 4:01.98 Samuel Borchers, 2008
5. 4:02.3 Greg Fredericks, 1972

## MEN'S 3000-METER RUN

PSU: 7:50.36, Robby Creese (2015)

1. 7:50.36 Robby Creese, 2015
2. 7:54.52 Sam Masters, 2013
3. 8:00.78 Ken Frazier, 1989
4. 8:02.05 John Zishka, 1981
5. 8:04.21 Matt Fischer, 2014

## Converted Marks

1. 7:53.58 Greg Fredericks, 1972
2. 7:54.50 Robert Snyder, 1979
3. 8:02.24 George Malley, 1977

## MEN'S 5000-METER RUN

PSU: 13:52.36, Steve Brown (1990)

1. 13:52.36 Steve Brown, 1990
2. 13:58.55 Eric Carter, 1986

## Converted Marks

1. 13:46.42 Paul Stemmer, 1976
2. 13:46.94 Alan Scharsu, 1980
3. 13:59.71 Charlie Maguire, 1974

## MEN'S 60-METER HURDLES

PSU: 7.69, Guy Rose (2001)

1. 7.69 Guy Rose, 2001
2. 7.82 Michael Timpson, 1986
3. 7.83 John Whelan, 1998
4. 7.85 Mike Shine, 1975
5. 7.86 Ron Jules, 2007

## MEN'S 4X400-METER RELAY

PSU: 3:05.22, Nadolsky, Bennett-Green, Loxsom, Gehret 2012

1. 3:05.22 Nadolsky (46.8), Bennett-Green (46.6), Loxsom (46.1), Gehret (45.8), 2012
- 3:07.27 Nadolsky, Williams, Loxsom, Gehret, 2011
- 3:07.72 Nadolsky, Gehret, Loxsom, Gilmore, 2012
- 3:07.83 Robinson, Be. Bennett-Green, Nadolsky, Br. Bennett-Green, 2014
- 3:08.03 Mpanduki, Loxsom, Gilmore, Br. Bennett-Green, 2013

## MEN'S 4X800-METER RELAY

PSU: 7:21.37 (2 Teams)

- Balkey, McMillan, Mills, Levitre, 7:21.37 (1987)
  - Watkins, Kidder, West, Loxsom, 7:21.37 (2013)
1. 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
  - 7:22.10 Watkins, Kidder, West, Loxsom, 2013
  3. 7:22.10 Makins, Brennan, Kidder, Creese, 2015
  4. 7:24.38 Watson, Shiffer, Levitre, Mills, 1986

## Converted from 2-Mile Relay

1. 7:21.42 McLaughlin, Moore, Wynn, Cook, 1983
2. 7:23.38 Watson, Shisler, Mills, Moore, 1985

## MEN'S DISTANCE MEDLEY RELAY

PSU: 9:26.59 Kidder, Bennett Green, Watkins, Creese 2014

1. 9:26.59 Kidder, Bennett-Green, Watkins, Creese, '14
2. 9:27.20 Makins, Shisler, Harris, Kidder, '16
3. 9:28.36 Kidder, Rhodes, Watkins, Creese, '15
4. 9:32.21 Kidder, Shisler, Watkins, Creese, '15
5. 9:32.94 Borchers, Cadau, Foster, Johnson, '09

## MEN'S HIGH JUMP

PSU: 7-4.25 (2.24), Paul Souza (1982)

1. 7-4 1/4 (2.24) Paul Souza, 1982
2. 7-3 1/4 (2.22) Ryan Fritz, 2007
3. 7-2.75 (2.20) Jon Hendershot, 2014
4. 7-2 3/4 (2.20) Ryan Olkowski, 1999
5. 7-1 3/4 (2.18) Sean Reilly, 2012

## MEN'S POLE VAULT

PSU: 17-0.75 (5.20), John Vellenoweth (2009)

1. 17-0 3/4 (5.20) John Vellenoweth, 2009
2. 17-0 (5.18) Mason Ternay, 1992
3. 16-9 1/2 (5.12) Ron Campbell, 1985
4. 16-9 1/2 (5.12) Rick Kleban, 1985
5. 16-8 3/4 (5.10) Dave Bollinger, 2004
- 16-8 3/4 (5.10) Brad Lawrence, 2010

## MEN'S LONG JUMP

PSU: 25-11 (7.90), David Coney (1986)

1. 25-11 1/4 (7.91) Dave Coney, 1986
2. 25-10 3/4 (7.89) Antonio Davis, 1993
3. 25-8 (7.82) George Audu, 1999
4. 25-5 1/2 (7.76) Rob Boulware, 1986
5. 25-4 1/2 (7.73) John Gorham, 1999

## MEN'S TRIPLE JUMP

PSU: 53-0.75 (16.17), Chavous Nichols (2003)

1. 53-0 3/4 (16.17) Chavous Nichols, 2003
2. 52-6 3/4 (16.02) Brian Leap, 2015
3. 52-6 (16.00) Clarence Smith, 2009
- 52-6 (16.00) Steve Waithe, 2014
5. 52-4 1/4 (15.95) Ricardo Hall, 1990
- 52-4 1/4 (15.95) Antonio Davis, 1994

## MEN'S SHOT PUT

PSU: 67-3 1/2 (20.51), Darrell Hill (2015)

1. 67-3 1/2 (20.51) Darrell Hill, 2015
2. 65-7 (19.99) C.J. Hunter, 1990
3. 65-1 1/4 (19.84) Joe Kovacs, 2011
4. 62-6 1/2 (19.05) Phil Caraher, 1991
5. 62-1 1/4 (18.93) Blake Eaton, 2011

## MEN'S 35-LB WEIGHT

PSU: 70-6.5 (21.50), Will Barr (2014)

1. 70-6 1/2 (21.50) Will Barr, 2014
2. 66-5 3/4 (20.26) Dorian Lowe, 2002
3. 66-2 1/4 (20.17) Scott Vernon, 2005
4. 65-9 3/4 (20.06) Neal McNutt, 1998
5. 65-9 (20.04) Tyler Hoffman, 2008

## MEN'S HEPTATHLON

PSU: 5,511, Rob Cardina (2014)

1. 5,511 Rob Cardina, 2014
2. 5,500 James Cook, 1998
3. 5,419 Chris Morrissey, 2008
4. 5,367 Anya Uzoh, 2012
5. 5,239 Shawn Colligan, 2008