

PENN STATE MEN'S GYMNASTICS

12-time NCAA Champions - 1948, 1953, 1954, 1957, 1959, 1960, 1961, 1965, 1976, 2000, 2004, 2007 4x Big Ten Champions - 2003, 2008, 2015, 2019 | 56 Individual NCAA Champions | 340 All-Americans

2024 NCAA Men's Gymnastics Championships | Columbus, Ohio | April 19-20

PENN STATE NITTANY LIONS 10-5 (1-3 BIG TEN)

Head Coach.....Randy Jepson

2024 SCHEDULE

10-5 OVERALL, 1-3 Big Ten

JANUARY

5 ARMY W, 393.800-370.450 12-13 at West Point Open 1/5, 401.300 20 at Navy 3/5, 385.200

FEBRUARY

3 at Nebraska L, 406.800-403.200 10 OHIO State W, 407.500-399.300 23-25 at Winter Cup Completed

MARCH

2 SPRINGFIELD W, 403.100-381.650 17 at Michigan L, 425.600-413.600 23 Illinois L, 406.500-405.950

APRII

5-6 at B1G Championships (Champaign, Ill.) 5/5, 404.050 19-20 NCAA Championships (Columbus, Ohio) 7 p.m./6 p.m.

NCAA Championships

QUICK NOTES

- » Michael Jaroh won the 2024 Big Ten high bar title with a career high score of 14.325.
- » Josh Karnes took third in the all-around in the conference championships with a score of 83,000
- Michael Artlip placed third on floor with a career high score of 14.225.
 The trio earned All-Big Ten first team
- The trio earned All-Big Ten first team honors for their performances at the championships.
- » Akseli Karsikas, Kacper Garnczarek, Matt Underhill, Artlip, Jaroh and Karnes all qualified for Big Ten finals.
- » Penn State is tied with Oklahoma with 12 National Championship titles. The most recent victory for the Nittany Lions was in 2007.
- » Head coach Randy Jepson has won three national titles throughout his tenure at Penn State.
- » Penn State earned their highest score of the season in a loss at Michigan (413.600).

MEET INFORMATION

- » Date: Friday, April 19 Saturday, April 20
- » Time: 7 p.m. | 6 p.m.
- » Location: Columbus, Ohio
- » Venue: Covelli Center
- » Live Stats: Stat Broadcaster
- » Stream: NCAA
- » Admission: ohiostatebuckeyes.com

ROAD TO NATIONALS RANKINGS

- # Team Name
- 1 Stanford
- 2 Oklahoma
- 3 Nebraska
- 4 Michigan
- 5 Illinois
- 6 Ohio State
- 7 Penn State
- 8 California
- 9 Navy
- 10 Air Force
- 11 Springfield
- 12 Greenfield

BIG TEN FINISH

- # Team Name
- 1 Michigan
- 2 Illinois
- 3 Nebraska
- 4 Ohio State
- 5 Penn State

2024 PENN STATE NITTANY LIONS

<u>Name</u>	Event	Year	Height	Hometown	High School (Last College)
Bobby Alessio	AA	Fr.	5-3	Belleville, N.J.	Laurel Springs School
Michael Artlip	AA	Sr.	5-5	Bellaire, Texas St	rake Jesuit College Prepatory
Brandon Campbell	PH	Sr.	5-9	Goffstown, N.H.	Bishop Guertin
Matt Cormier	AA	Sr.	5-5	Milton, Mass.	Milton
Ethan Dick	AA	Sr.	5-7	Herald Island, Auckl	and, New Zeland Rosmini
Luke Esparo	AA	Fr.	5-6	Wallingford, Ct.	Mart T. Sheehan
Will Fleck	AA	So.	5-5	Fairfax, Va.	James W, Robinson
Kacper Garnczarek	AA	So.	5-10	Katowice, Silesian	Katowice
Michael Jaroh	AA	Sr.	5-7	Northville, Mich.	Connections Academy
Josh Karnes	AA	Jr.	5-4	Erie, Pa.	Erie
Akseli Karsikas	AA	Fr.	5-4	Oulu, Finland	Kastellin lukio
Caleb Melton	AA	So.	5-9	Woodbridge, Va.	Charles J. Colgan
lan Raubal	AA	So.	5-8	Zurich, Switzerland	Gymnasium Biel Seeland
Derek Schlagenhau	f PH	Jr.	5-8	Windsor, Colo.	Fossil Ridge
Landon Simpson	AA	Fr.	5-7	Bellefonte, Pa.	Bellefonte Area
Matt Underhill	SR/VT	So.	5-5	Oconomowoc, Wisc	. Brookefield Academy
Nate Warren	SR/PB	Gr.	5-5	Centre Hall, Pa.	Penns Valley

Head Coach: Randy Jepson (Penn State '82), 33rd Season Associate Head Coach: Tony Beck (Penn State '13), Eighth Season Assistant Coach: Carlos Vazquez (Temple '84), 12th Season

CAPTAINS: Matt Cormier & Ian Raubal

2023 SCHEDULE/RESULTS

Date	Opponent	Location	Time	Result
Jan. 7	ARMY WEST POINT	UNIVERSITY PARK, PA	4.4 p.m.	W, 402.900-378.300
Jan. 13-14	at West Point Open	West Point, N.Y.	7 p.m.	1st/5, 407.600
Jan. 21	at Navy Open	Annapolis, Md.	2 p.m.	2nd/8, 395.450
Jan. 28	NEBRASKA*	UNIVERSITY PARK, PA	4.1 p.m.	L, 398.00-399.550
Feb. 4	at Illinois*	Champaign, III.	5 p.m.	L, 401.750-408.800
Feb. 11	MICHIGAN*	UNIVERSITY PARK, PA	4.4 p.m.	W, 407.600-401,450
Feb. 24-26	at Winter Cup	Louisville, KY.		No Team Scores
Mar. 3	WILLIAM & MARY*	UNIVERSITY PARK, PA	4.6 p.m.	W, 400.900-386.000
Mar. 11	at Ohio State with Oklahoma	Columbus, Ohio	3:30 p.m.	2nd/3, 404.450
Mar. 19	at William & Mary*	Williamsburg, Va.	1:00 p.m.	W, 396.400-382.750
Mar. 31-Apr. 1	Big Ten Championship	Columbus, Ohio	8 p.m.	2nd/5, 410.700
Apr. 14-15	NCAA CHAMPIONSHIP	UNIVERSITY PARK, PA	4.7 p.m.	6th/6, 412.057

BOLD CAPS INDICATES HOME MEET $\,\cdot\,$ All times Eastern $\,\cdot\,$ * - Big Ten Opponent

2023 TOP TEAM PERFORMANCES							
Floor Exercise NCAA Champs Prelims68.9984/14 at Big Ten Champs 68.950 3/31 Army 68.850 1/7 NCAA Champs 68.566 4/15 Michigan 67.300 2/11	Vault at Navy Open 72.150 1/21 at Illinois 72.050 2/4 NCAA Champs 71.765 4/15 Michigan 71.700 2/11 at Big Ten Champs 71.600 3/31	Team Score NCAA Champs Prelims415.2904/14 NCAA Champs 412.057 4/15 at Big Ten Champs 410.700 3/31 Michigan 407.600 2/11 at West Point Open 407.600 1/13 at OSU w OU 404.450 3/11 Army 402.900 1/7					
Pommel Horse NCAA Champs Prelims67.066 4/14 at William & Mary 67.050 3/19 at West Point Open 66.650 1/13 NCAA Champs 66.565 4/15 William & Mary 66.150 3/3	Parallel Bars NCAA Champs Prelims70.697 4/14 at OSU w OU 70.100 3/11 at Big Ten Champs 69.850 3/31 Michigan 68.850 2/11 NCAA Champs 69.832 4/15						
Still Rings NCAA Champs Prelims69.865 4/14 Nebraska 69.600 1/28 Army 69.650 1/7 NCAA Champs 68.965 4/15 at Big Ten Champs 68.900 3/31	High Bar at William & Mary 68.300 3/19 at Big Ten Champs 67.850 3/31 NCAA Champs Prelims66.466 4/14 NCAA Champs 66.364 4/15 Army 66.200 1/7						

2023 TOP INDIVIDUAL PERFORMANCES

FX (Sandy, 15.850; 2008)	I Rings (Rosent	thal. 16.300; 2012)	ı PB (Rodría	uez, 15.800; 2013)
Matt Cormier 14.650 1/13	lan Raubal	14.500 1/13	Josh Karnes	15.033 4/14
Matt Cormier 14.600 2/11	Matt Underhill	14.300 4/14	Josh Karnes	14.700 2/11
Matt Cormier 14.500 1/7	Matt Underhill	14.250 3/31	Josh Karnes	14.633 4/15
Matt Cormier 14.450 3/31 Josh Karnes 14.400 3/31	Matt Underhill Ian Raubal	14.233 4/15 14.200 4/15	Josh Karnes Josh Karnes	14.550 3/11 14.550 3/31
JUSTI Karries 14.400 3/31	Michael Jaroh	14.200 4/13	Josii Kairies	14.550 3/31
PH (Hernandez, 15.950; 2015)	Nate Warren	14.200 1/7	HB (Bur	bar, 16.000; 2013)
Chase Clingman 14.400 2/11	Michael Jaroh	14.200 1/28	Matt Cormier	14.050 1/7
Chase Clingman 14.150 3/31			Michael Artlip	14.000 3/19
Josh Karnes 14.100 3/11) /- II	40 400 0000	lan Raubal	14.000 3/19
Derek Schlagenhauf 14.050 1/14	Vault (Klurma		Matt Cormier	13.966 4/15
Michael Jaroh 14.000 1/7	Matt Cormier Matt Cormier	14.850 2/11 14.800 1/7	Matt Cormier	13.950 3/31
	Matt Cormier	14.750 1/21	AA (Sar	ndy, 91.550; 2008)
	Josh Karnes	14.733 4/15	Josh Karnes	83.965 4/14
	Josh Karnes	14.666 4/14	Josh Karnes	83.950 3/11
			Josh Karnes	83.750 2/11
			Matt Cormier	83.031 4/14
			Josh Karnes	82.964 4/15

2024 MEET-BY-MEET RESULTS Date Opponent PH HB Total Jan. 7 Army West Point 61.450 65.000 65.250 68.850 65.500 67.750 393.800 Jan. 13-14 at West Point Open 68.200 66.000 67.350 70.300 64.800 64.650 401.300 Jan. 20 at Navy Open 60.800 61.700 65.700 69.750 65.950 62.500 385.200 71.300 Feb. 3 67.700 62 950 66.550 67.350 67.350 403.200 at Nebraska Feb. 10 OHIO STATE 66.900 66.800 67.150 70.850 70.200 65.600 407.500 Feb. 23/25 at Winter Cup NO TEAM RESULTS March 3 SPRINGFIELD. 66.500 65.950 66.000 70.750 68.450 65.450 403.100 March 17 at Michigan 68.600 65.400 71.200 72.100 68.550 68.750 413.600 66.250 67.650 64.750 405.950 March 23 ILLINOIS 66.950 71.800 68 550 April 5-6 at Big Ten Champs 66.950 68.250 70.500 67.900 404.050 64.150 66.300 April 19-20 at NCAA Champs

BOLD - SEASON HIGH

2024 AWARDS AND ACCOLADES

Outlet	Award	Gymnast	Date
Big Ten	Gymnast to Watch	Josh Karnes	12/20
Big Ten	Gymnast to Watch	Ian Raubal	12/20
Big Ten	Gymnast of the Week	Josh Karnes	1/8
Big Ten	Freshman of the Week	Landon Simpson	1/8
Big Ten	Gymnast of the Week	Josh Karnes	2/26
Big Ten	Gymnast of the Week	Josh Karnes	3/4
Big Ten	Freshman of the Week	Luke Esparo	3/4
Big Ten	Co-Specialist of the Week	Michael Jaroh	3/18
Big Ten	Freshman of the Week	Luke Esparo	3/18
Big Ten	Gymnast of the Week	Josh Karnes	3/25
Big Ten	Freshman of the Week	Luke Esparo	3/25
CGA	Rookie of the Week	Luke Esparo	3/27
CGA	Gymnast of the Week	Josh Karnes	3/27
CGA	Regular Season All-Amer.	Michael Artlip	4/4
CGA	Regular Season All-Amer.	Luke Esparo	4/4
CGA	Regular Season All-Amer.	Josh Karnes	4/4
Big Ten	All-Conference First Team	Michael Jaroh	4/6
Big Ten	All-Conference First Team	Josh Karnes	4/6
Big Ten	All-Conference First Team	Michael Artlip	4/6

2024 TEAM EVENT RANKINGS

Event	Average	High Score	Rank
FX	65.888	68.600	7
PH	65.883	66.800	9
SR	67.383	71.200	6
VT	71.317	72.100	8
PB	68.117	70.200	4
HB	67.883	68.750	4

*As of April 4, 2024

2024 SEASON HIGH SCORES

First	Last	Floor	Phorse	Rings	Vault	Pbars	Highbar	AA
Nathaniel	Warren			14.2000				
Michael	Artlip	14.0000	13.6000	12.3000	14.6000	13.7500	13.9000	81.4000
Brandon	Campbell		12.6000					
Matt	Cormier	14.4000	12.6000	-12.55	-13.20	14.4000	13.3500	80.6000
Michael	Jaroh		14.7000	14.1500	14.5000	14.2000		
Ethan	Dick	12.8000	13.7500	13.2000	14.0500	13.7500		
Josh	Karnes	14.5000	13.6000	14.1500	14.6500	14.9000	14.0500	82.8500
Derek	Schlagenhauf		13.8000					
Will	Fleck	13.6000	13.5000				12.1500	
Kacper	Garnczarek	13.7500			14.1500	13.8000	13.9500	
Caleb	Melton				14.6500			
lan	Raubal	12.5500	11.8000	14.2500	-13.85	14.5500	13.8500	78.7000
Matthew	Underhill	13.5000		14.2000	14.5000			
Luke	Esparo	13.7500	-11.7000	14.4500	14.5500	12.1000	11.5000	76.5000
Akseli	Karsikas	13.7000	-12.20	13.7500	13.7000	11.6500	13.8500	77.2000
Landon	Simpson		13.6500		14.6000	13.7000		

2024 PENN STATE MEN'S GYMNASTICS



BOBBY ALESSIO FR. | AA | 5-3 Belleville, N.J.



MICHAEL ARTLIP SR. | AA | 5-9 Bellaire, Texas



BRANDON CAMPBELL SR. | PH | 6-1 Goffstown, N.H.



MATT CORMIER SR. | AA | 5-5 Milton, Mass.



ETHAN DICK SR. | AA | 5-7 Auckland, New Zealand



LUKE ESPARO FR. | AA | 5-6 Wallingford, Ct.



WILL FLECK SO. | AA | 5-5 Fairfax, Va.



KACPER GARNCZAREK SO. | AA | 5-10 Katowice, Silesian



MICHAEL JAROH SR. | AA | 5-7 Northville, Mich.



JOSH KARNES JR. | AA | 5-4 Erie, Pa.



AKSELI KARSIKAS FR. | AA | 5-4 Oulu, Finland



CALEB MELTON SO. | AA | 5-9 Woodbridge, Va.



IAN RAUBAL SO. | AA | 5-8 Zurich, Switzerland



DEREK SCHLAGENHAUF JR. | PH | 5-8 Windsor, Colo.



LANDON SIMPSON FR. | AA | 5-7 Bellefonte, Pa.



MATT UNDERHILL SO. | SR, VT | 5-5 Oconomowoc, Wisc.



NATE WARREN GR. | SR, PB | 5-5 Centre Hall, Pa.



TONY BECK Associate Head Coach



CARLOS VASQUEZ Assistant Head Coach



RANDY JEPSON Head Coach