

Jim Thorpe Invite Outdoor || Nittany Lion Track

Friday || May 3, 2024



FINAL Time Schedule

THROWING EVENTS - **Start Time 2:00 PM || Rolling Time Schedule**

2:00 PM Men Javelin Throw
 Women Javelin Throw (To Follow M Jav)
 Men Shot Put (To Follow W Jav)
 Women Shot Put (To Follow M SP)

4:00 PM Men's Hammer Throw (To Follow W SP)
(estimated) Women Hammer Throw (To Follow M HT)
 Men Discus Throw (To Follow W HT)

JUMPING EVENTS - **Start Time 2:00 PM || Rolling Time Schedule**

2:00 PM Women Long Jump
 Men Long Jump (To Follow W LJ)
 Women Triple Jump (To Follow M LJ)
 Men Triple Jump (To Follow W TJ)

2:00 PM Women Pole Vault
 Men Pole Vault (Follows W PV)
 Women High Jump (Follows M PV)
 Men's High Jump (Follows W HJ)

RUNNING EVENTS (All Events are FINALS)

3:30 PM Women 800 Meter Run
3:35 PM Men 800 Meter Run
3:50 PM Men 110 Meter Hurdles
4:00 PM Women 100 Meter Dash
4:05 PM Men 100 Meter Dash
4:10 PM Women 400 Meter Dash
4:15 PM Men 400 Meter Dash
4:20 PM Men 1500 Meter Run
4:35 PM Men 400 Meter Hurdles
4:50 PM Women 200 Meter Dash
4:55 PM Men 200 Meter Dash
5:05 PM Women 3000 Meter Run