



CROSS-COUNTRY

Harry Groves Spiked Shoe Invitational

@ Penn State University

Friday, September 8th, 2023

High School Meet and Entry Information

Jenna Gearing

Director of Operations for Track & Field/Cross Country
203 Multi Sport Facility, University Park, PA 16802
jig5364@psu.edu

Important Dates:

Tuesday, August 1st - Entries Open on DirectAthletics.com @ 12:01 AM
Monday, August 14th - Deadline to Request Meet Entry
Tuesday, September 5th - Entry Fee Due on DirectAthletics.com @ 11:59 PM
Tuesday, September 5th - Entries Close on DirectAthletics.com @ 11:59 PM
Thursday, September 7th - Practice Day
Friday, September 8th - Date of Competition (Morning Races)

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The Harry Groves Spiked Shoe Invitational

The annual Harry Groves Spiked Shoe Invitational event is named after long-time Nittany Lion men's track and field and cross country coach: Harry Groves. Groves spent nearly forty years at the helm of the men's program, beginning in 1968 until retiring at the conclusion of the 2006 track and field season. Groves is a 2001 USTCA Hall of Fame inductee, was named national Coach of the Year on five occasions and is a 26-time Regional Coach of the Year honoree. The Invitational is hosted each fall and features high school and collegiate races.

TENTATIVE Harry Groves Spiked Shoe Time Schedule

10:00 AM	Women's College 6k
10:45 AM	Men's College 5.2 Miles
11:30 AM	HS Girls' 5k
12:15 PM	HS Boys' 5k

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Entry Information, Fees, and Procedures**Entry Form**

Teams must submit entry form to Director of Operations, Jenna Gearing, by **Monday, August 14th** to be eligible for competition. Entry forms can be emailed (jig5364@psu.edu).

*** We will accept up to 35 teams per gender. You will be notified via email of your entry status following receipt of the entry form. ***

Entry Procedure

All entries need to be done online through Direct Athletics - www.directathletics.com. You may change your entry until the deadline. Please delete any runners that you are certain will not be competing in the meet before the entry deadline. If you are not sure, leave them in the meet.

If you are not on Direct Athletics "Invited Teams" list, please contact Jenna Gearing at jig5364@psu.edu, to discuss potential entry.

Entry Deadline

Tuesday, Sept. 5th, 2022 @ 11:59 p.m.; Entries will open on DirectAthletics by Tuesday, August 1st @ 12:01 AM.

Entry Limit

Teams may run up to **15 runners** per gender in the varsity race. There will be NO JV race.

Entry Fee

Single Gender: \$250 per team (\$500 for combined gender programs)

Non-Scoring Teams (Less than five athletes): \$25 per individual

Entry Fee Deadline: All Entries fees will be paid online via DirectAthletics! **** NO ENTRY FEES will be accepted at the meet. ****

Please note: The Direct Athletics processing charge is not included in the entry fee.

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Pre-Meet and Race Day Information

Practice Day (Thursday, September 7th):

The course will be open for inspection from 4:30-6:00 p.m.

- **Note: On-site parking for teams must follow the same guidelines on both the Practice Day and Meet Day. Please reference the parking attachment emailed by Myles Dread for additional information.**
- *The course will still be open to golfers during practice time, so please be mindful of this window.*
- **If you plan on doing strides of any kind, please use the finish line stretch.**

Packet Pickup:

Packet pickup will be available during practice (4:30-5:30 PM) on Thursday or prior to competition on Friday (Beginning at 8:15 AM).

TENTATIVE RACE DAY TIMELINE:

8:00-9:45 AM	Course Open for Inspection
8:15 AM	Packets Available for Pick Up
9:45 AM	Women's College 6K Called to Start
9:50 AM	National Anthem
10:00 AM	Women's College 6K Begins
10:30 AM	Men's College 5.2 Miles Called to Start
10:45 AM	Men's College 5.2 Miles Begins
11:15 AM	HS Girls' 5K Called to Start
11:30 AM	HS Girls' 5K Begins
12:00 PM	HS Boys' 5K Called to Start
12:15 PM	HS Boy's 5K Begins
TBA	HS Awards (Adjacent to Finish Line)

Awards (HS ONLY)

- * The top 10 finishers per gender will receive awards
- * The TOP THREE TEAMS per gender will receive t-shirts (7 per team)
- * The TOP THREE TEAMS per gender will also receive an awards plaque

Team Camps/Course Guidelines

Please keep team camps AWAY from the starting line. Team camps should be on the field below the starting line (between the starting line and the parking lot) and away from all fairway and greens. Please avoid all greens and fairways. PLEASE inform any parents, fans, etc., of this as well. **Please NOTE - NO TEAM CAMPS OR WARMUPS will be permitted on fenced in rugby fields.**

Additional Meet Information

Results

Results can be found on PTTiming.com. They will be posted on TFRRS & GoPSUsports.com at the conclusion of the day.

Athletic Training

Certified athletic trainers will be on-site for all practices and competitions. In addition, an ambulance and EMS crew will be available on Friday for the races. Mount Nittany Medical Center is approximately five miles away from the Blue/White Courses and the emergency room phone number is 814-231-7000.

Recommended Hotel

Hampton Inn - (814) 231-1590 || 1.8 Miles to Course

Directions to Course/Parking

Take 322 Business/Atherton St and follow to campus. Due to construction in the parking lots near the course, parking information for practice and competition days will be communicated at a later date. Parking on competition day (Friday) will be reserved STRICTLY for TEAMS AND OFFICIALS. All spectators must pay to park.